**Sunday, December 18, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **Dr Oz: The Holiday Cheat Sheet: Eat Your Way Through The Season Without Gaining A Pound (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-046+ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Andrew O'Keefe and Monique Wright for all the latest news, sport and weather. | +WSUN16-048+ |

|  |  |  |
| --- | --- | --- |
| 10:00 AM | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSU16-051+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Kochie's Business Builders ’CC’** David Koch provides practical advice to small and medium-sized business owners to help cement future growth and success. | **G** +KHBB10-008+ |

|  |  |  |
| --- | --- | --- |
| 12:30 PM | **The Quest: Battle Dome ’CC’** Twelve people are beckoned to save a besieged kingdom in the pursuit to become the One True Hero, in this reality adventure series. | **PG** +QUES-004+ |

|  |  |  |
| --- | --- | --- |
| 01:30 PM | **Sunday Afternoon Movie: Girls vs. Monster (R) ’CC’ (2012)** When a teenager unknowingly releases a monster from containment, she learns her parents are monster hunters and must embark on a journey save them. Starring:BRENDAN MEYER,BRIAN PALERMO,KERRIS DORSEY,KATHERINE MCNAMARA,OLIVIA HOLT,TRACY DAWSON | **PG (H,V)**+WDF51-017+ |

|  |  |  |
| --- | --- | --- |
| 03:30 PM | **Motorway Patrol (R) ’CC’** Tonight, police take on a couple of World Champion arm wrestlers and a visitor from the Taranaki talks his way into the cells for a sleep. | **PG** +MOTP14-006+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Better Homes And Gardens (R) ’CC’** Joh and her husband Todd are visited by Dr Harry, who tries to find out why their dog is so yappy. Karen shares a barbecue prawn recipe for Christmas. Adam makes the ultimate slip n' slide. | **G** +BHAG21-043+ |

|  |  |  |
| --- | --- | --- |
| 05:00 PM | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF16-089+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **Sydney Weekender ’CC’** Mike visits Yanga National Park, home of the endangered Southern Bell Frog. Rose heads to The Classic Cupcake Co in Mosman to make her own cupcake. Fliss heads to the riverside town of Bellingen.  | **G** +7SWE23-047+ |

|  |  |  |
| --- | --- | --- |
| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNS16-353+ |

|  |  |  |
| --- | --- | --- |
| 07:00 PM | **Sunday Night ’CC’** Melissa Doyle leads a team of Australia's best reporters, breaking the stories that matter. | +SNIT16-038+ |

|  |  |  |
| --- | --- | --- |
| 08:00 PM | **Border Security: America's Front Line ’CC’** In Michigan, the canine unit uncovers double trouble. Bloodstained baggage is found at Detroit Metro Airport. In New York, an air passenger is shaking in secondary. | **PG** +BORA01-006+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Special Event: 2016 Woolworths' Carols In The Domain ’CC’** Celebrate Christmas with some of Australia’s best-loved entertainers including Ky Baldwin, Jay Laga’aia, Dami Im, Shannon Noll & Georgie Parker. Hosted by David Koch, Samantha Armytage and more.  | **G** +AUMS32-001+ |

|  |  |  |
| --- | --- | --- |
| 11:00 PM | **Special: Molly: Counting Down The Hits ’CC’ PREMIERE**Molly Meldrum hand picks some of the best video clips from the 70’s and 80’s and, along with special guests, tells the stories behind the hits! | **PG** +AUMS33-001+ |

|  |  |  |
| --- | --- | --- |
| 12:30 AM | **The Big Adventure (R) ’CC’** Twelve Aussies compete in extreme conditions for a life-changing prize. As their skills and smarts are tested, a fortune lies waiting. Who will dig their way to victory? | **PG** +BADV-005+ |

|  |  |  |
| --- | --- | --- |
| 01:40 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-073+ |

|  |  |  |
| --- | --- | --- |
| 02:00 AM | **Home Shopping: Golden Age of Country (A2830GAC02S) (R) ’CC’** Shopping program. | **G** +BDP-624+ |

|  |  |  |
| --- | --- | --- |
| 02:30 AM | **Home Shopping** | ++ |

|  |  |  |
| --- | --- | --- |
| 03:00 AM | **Home Shopping: Powerfit Gym (A2830PWF08S) (R) ’CC’** Shopping program. | **G** +BDP-620+ |

|  |  |  |
| --- | --- | --- |
| 03:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-015+ |

|  |  |  |
| --- | --- | --- |
| 04:00 AM | **Meet The Press ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM16-051+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-252+ |

|  |  |  |
| --- | --- | --- |
| 05:30 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-252+ |

 **Monday, December 19, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-252+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics.  | **PG** +TMSW16-221+ |

|  |  |  |
| --- | --- | --- |
| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-233+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Midday Movie: Search For The Santa Paws (R) ’CC’ (2010)** When Santa and Paws learn that children have lost the Chistmas spirit, they take a trip to NYC. When Santa loses his memory,Paws, a girl named Quinn and a group of magical dogs must save Christmas! Starring:DIEDRICH BADER,KAITLYN MAHER,REESE ALEXANDER,SAHAR BINIAZ,RICHARD RIEHLE,MITCHEL MUSSO | **G** +WDF51-012+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-223+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE06-020+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANN16-243+ |

|  |  |  |
| --- | --- | --- |
| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU03-061+ |

|  |  |  |
| --- | --- | --- |
| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNS16-354+ |

|  |  |  |
| --- | --- | --- |
| 07:00 PM | **Home and Away ’CC’ SEASON FINAL**Billie’s world is rocked by news of Mick’s release. The arsonist prepares to strike again. One of the Morgans is left clinging to life. An unwelcome visitor returns to the Bay. | **PG (V,A)**+HAAW09-750+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Christmas Movie: Love Actually (R) ’CC’ (2003)** A romantic comedy following several interlinked individuals as they fall in and out of love in the lead-up to Christmas. Will they find happiness or forever be searching? Starring:ALAN RICKMAN,BILL NIGHY,COLIN FIRTH,GREGOR FISHER,HUGH GRANT,EMMA THOMPSON,KRIS MARSHALL,LIAM NEESON,KEIRA KNIGHTLEY,SIENNA GUILLORY | **M (N,L,S)**+NBCR7-002+ |

|  |  |  |
| --- | --- | --- |
| 11:20 PM | **TBA:**  | ++ |

|  |  |  |
| --- | --- | --- |
| 12:30 AM | **Packed To The Rafters: The Things We Do For Love (R) ’CC’** Despite Coby trying to hide his true feelings, it's becoming obvious that he has the hots for Frankie. But it seems Coby may be setting himself up for a fail. Is Frankie interested in someone else? | **PG** +PTTR5-004+ |

|  |  |  |
| --- | --- | --- |
| 01:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-074+ |

|  |  |  |
| --- | --- | --- |
| 02:00 AM | **Home Shopping: Powerfit Gym (A2830PWF08S) (R) ’CC’** Shopping program. | **G** +BDP-620+ |

|  |  |  |
| --- | --- | --- |
| 02:30 AM | **Home Shopping: Nopalea (NOPA080616C) (R) ’CC’** Home Shopping | **G** +EMCO-013+ |

|  |  |  |
| --- | --- | --- |
| 03:00 AM | **Home Shopping** | ++ |

|  |  |  |
| --- | --- | --- |
| 03:30 AM | **Home Shopping: Health Centre Massage Chair (A2830HCM03S) (R) ’CC’** Shopping program. | **G** +BDP-588+ |

|  |  |  |
| --- | --- | --- |
| 04:00 AM | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-253+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-253+ |

|  |  |  |
| --- | --- | --- |
| 05:30 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-253+ |

 **Tuesday, December 20, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-253+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics.  | **PG** +TMSW16-222+ |

|  |  |  |
| --- | --- | --- |
| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-234+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Midday Movie: Santa Paws 2: The Santa Pups (R) ’CC’ (2012)** When Mrs. Claus travels to Pineville, the Santa Pups stow away on her sled. But when the town's Christmas spirit begins to disappear, they must race to save Christmas around the world.  | **G** +WDF51-014+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-224+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE06-021+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANN16-244+ |

|  |  |  |
| --- | --- | --- |
| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU03-062+ |

|  |  |  |
| --- | --- | --- |
| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNS16-355+ |

|  |  |  |
| --- | --- | --- |
| 07:00 PM | **Highway Cops ’CC’ SEASON PREMIERE**It's Man Vs Fence on the streets of Hokitika, a driver is sprung pushing his luck and royalty descends on Nelson. | **PG** +HPNZ2-001+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **First Dates UK ’CC’** Historical re-enactor Rory hopes to woo cross-stitcher Maddie. Also, beautician Steph hopes to find her knight in shining armour in fireman Rich. | **M (L)**+FDUK03-005+ |

|  |  |  |
| --- | --- | --- |
| 08:40 PM | **Ramsay's Kitchen Nightmares: The Fenwick Arms - Revisited ’CC’** Gordon returns to the Fenwick Arms, and finds that new competition is threatening the pub's survival.  | **MA (L)**+RAKN03-006+ |

|  |  |  |
| --- | --- | --- |
| 09:40 PM | **Ramsay's Hotel Hell: The Roosevelt (R) ’CC’** Ramsay checks into the Roosevelt Hotel, where the owner is more interested in dressing up like Sherlock Holmes for murder mystery nights than he is in updating the hotel's musty décor. Starring:GORDON RAMSAY | **M (L)**+HELL01-006+ |

|  |  |  |
| --- | --- | --- |
| 10:40 PM | **Chicago Fire: Two T's ’CC’** Casey continues his run for alderman, but a citywide propaganda attack against his campaign makes him reconsider his candidacy.  | **M (D,A,V)**+CHIF04-016+ |

|  |  |  |
| --- | --- | --- |
| 11:35 PM | **The Goldbergs: Edward 'Eddie The Eagle' Edwards ’CC’ NEW EPISODE**As Barry loses his standing as a champion athlete at school, Murray refuses to let Beverly help out at the furniture store. | **PG** +GOLB03-016+ |

|  |  |  |
| --- | --- | --- |
| 12:00 AM | **Mr Selfridge (R) ’CC’** Harry is rattled by news of the death of an ex-employee and Rose is forced to tell Harry that Roddy is making a nuisance of himself. But when Harry confronts him, he's shocked by what Roddy tells him. | **PG (A)**+MRSE-009+ |

|  |  |  |
| --- | --- | --- |
| 01:00 AM | **Cougar Town: Saving Grace (R) ’CC’** The Cul-De-Sac Crew form a dodgeball league, but Andy's attention toward another girl leads to a brawl with a group of pre-teens. | **PG** +CGRT4-011+ |

|  |  |  |
| --- | --- | --- |
| 01:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-094+ |

|  |  |  |
| --- | --- | --- |
| 02:00 AM | **Home Shopping: Powerfit Gym (A2830PWF08S) (R) ’CC’** Shopping program. | **G** +BDP-620+ |

|  |  |  |
| --- | --- | --- |
| 02:30 AM | **Home Shopping** | ++ |

|  |  |  |
| --- | --- | --- |
| 03:00 AM | **Home Shopping: Golden Age of Country (A2830GAC02S) (R) ’CC’** Shopping program. | **G** +BDP-624+ |

|  |  |  |
| --- | --- | --- |
| 03:30 AM | **Home Shopping: Hurricane Spin Mop (HMOP2830C10956) (R)** Shopping program. | **PG** +GSD-025+ |

|  |  |  |
| --- | --- | --- |
| 04:00 AM | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-254+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-254+ |

|  |  |  |
| --- | --- | --- |
| 05:30 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-254+ |

 **Wednesday, December 21, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-254+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics.  | **PG** +TMSW16-223+ |

|  |  |  |
| --- | --- | --- |
| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-235+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Midday Movie: Good Luck Charlie, It's Christmas! (R) ’CC’ (2011)** A family roadtrip to see the grandparents goes horribly wrong when they find themselves stranded, have their luggage stolen and must survive a zany Christmas with Grandpa and Grandma Blankenhooper. Starring:BRADLEY STEVEN PERRY,BRIDGIT MENDLER,JASON DOLLEY,ERIC ALLAN KRAMER,LEIGH-ALLYN BAKER,MIA TALERICO | **PG (V)**+WDF49-002+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-225+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE06-022+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANN16-245+ |

|  |  |  |
| --- | --- | --- |
| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU03-063+ |

|  |  |  |
| --- | --- | --- |
| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNS16-356+ |

|  |  |  |
| --- | --- | --- |
| 07:00 PM | **Highway Cops ’CC’** A race on gravel roads to locate a distress signal deep in the back country of Oamaru. A driver’s stack-up becomes his downfall and a car that’s literally held together with a piece of string. | **PG** +HPNZ2-002+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **Highway Patrol: Witches, Wizards And Pots Of Gold ’CC’** Police are naturally suspicious when they spot a ute with a number plate cover controlled by a remote. | **PG** +HWYP8-001+ |

|  |  |  |
| --- | --- | --- |
| 08:00 PM | **Air Rescue ’CC’** A man clips a tree while mountain bike riding. The team has a precarious 150m winch to get him to safety! Also, a walker in a remote location requires a delicate rescue. | **PG** +AIRR04-004+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Gold Coast Medical ’CC’** A former champion boxer mauled by a shark fought back with a punch, can the doctors give him back his left hook? Also, a tumour the size of an apple is found growing in a woman’s brain. | **M (A)**+GMED01-006+ |

|  |  |  |
| --- | --- | --- |
| 09:30 PM | **The Blacklist: Dr. Adrian Shaw / Dr. Adrian Shaw - Conclusion ’CC’ DOUBLE EPISODE**Red directs the Task Force to track down an individual who provides new identities to criminals on the run. Also, Kirk’s escape leads Red to offer a cure for his disease in exchange for Liz’s freedom | **MA (V)**+BLKL04-703+ |

|  |  |  |
| --- | --- | --- |
| 11:30 PM | **Hannibal: The Wrath Of The Lamb ’CC’ SEASON FINAL**Will hatches a cunning plot to slay Francis Dolarhyde, using Hannibal Lecter in his ploy. Bedelia voices concern about the perilous plan as Will continues his game with Hannibal. | **MA (H)**+HANI03-013+ |

|  |  |  |
| --- | --- | --- |
| 12:30 AM | **Formal Wars (R) ’CC’** Rock chick Reanna and her friend Sam have their parents' planning their formal. But with Reanna's mum planning to cover up her tattoos, and Sam's dad stuck in the 1970's style it's not quite the style they had envisioned. | **PG** +FWAR-003+ |

|  |  |  |
| --- | --- | --- |
| 01:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-075+ |

|  |  |  |
| --- | --- | --- |
| 02:00 AM | **Home Shopping: Health Centre Massage Chair (A2830HCM03S) (R) ’CC’** Shopping program. | **G** +BDP-588+ |

|  |  |  |
| --- | --- | --- |
| 02:30 AM | **Home Shopping: Nopalea (NOPA080616C) (R) ’CC’** Home Shopping | **G** +EMCO-013+ |

|  |  |  |
| --- | --- | --- |
| 03:00 AM | **Home Shopping: Power Pressure Cooker (PPCO2830A10137) (R)** Shopping program. | **G** +GSD-024+ |

|  |  |  |
| --- | --- | --- |
| 03:30 AM | **Home Shopping: Powerfit Gym (A2830PWF08S) (R) ’CC’** Shopping program. | **G** +BDP-620+ |

|  |  |  |
| --- | --- | --- |
| 04:00 AM | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-255+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-255+ |

|  |  |  |
| --- | --- | --- |
| 05:30 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-255+ |

 **Thursday, December 22, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-255+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics.  | **PG** +TMSW16-224+ |

|  |  |  |
| --- | --- | --- |
| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-236+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Christmas Midday Movie: Love At The Christmas Table (R) ’CC’ (2012)** A romantic tale about two friends who have spent every Christmas at the kid's table since being toddlers. Nearly 30 years later, Sam realizes Katherine is the one, but worries the past will interfere. Starring:DANICA MCKELLAR,LEA THOMPSON,SCOTT PATTERSON | **PG (A)**+AETN01-021+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-226+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE06-023+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANN16-246+ |

|  |  |  |
| --- | --- | --- |
| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU03-064+ |

|  |  |  |
| --- | --- | --- |
| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNS16-357+ |

|  |  |  |
| --- | --- | --- |
| 07:00 PM | **Highway Cops ’CC’** A scrub fire has highway patrol scrambling near Lowburn, a speeding couple are forced to detour on honeymoon and a truckie is caught with his straps down. | **PG** +HPNZ2-003+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **First Dates UK ’CC’** Jewish atheist Ori goes on a date with Nadia, a schoolteacher and former judo champion. Also, English student Nathania hopes for a happy ending with singer/songwriter Daniel. | **M (L,S,A)**+FDUK03-006+ |

|  |  |  |
| --- | --- | --- |
| 08:40 PM | **Ramsay's Kitchen Nightmares: Piccolo Teatro (R) ’CC’** Follow chef Gordon Ramsay as he attempts to save failing restaurants. Tonight, Gordon heads to vegetarian restaurant Piccolo Teatro where a lacklustre menu is holding them back. Starring:GORDON RAMSAY | **M (N,L)**+RAKN04-002+ |

|  |  |  |
| --- | --- | --- |
| 09:40 PM | **The Big Bang Theory: The Einstein Approximation / The Large Hadron Collision / The Excelsior Acquisition (R) ’CC’** Sheldon's case of "physicist's block" while searching for the answer to a physics problem leads him to work at the Cheesecake Factory with Penny. | **PG** +BBTH03-720+ |

|  |  |  |
| --- | --- | --- |
| 11:05 PM | **Katherine Mills: Mind Games ’CC’ SEASON FINAL**Acclaimed magician Katherine Mills blends her extraordinary understanding of popular psychological science with astonishing trickery and illusion, making us question what is real. | **PG** +KMMG-004+ |

|  |  |  |
| --- | --- | --- |
| 12:05 AM | **Men At Work: Uncle Gibbs (R) ’CC’** Gibbs' effort to convince his nephew to attend medical school in New York City inadvertently persuades him to abandon school altogether. Milo believes that his thrift store vest is a lucky charm. | **PG** +MATW2-007+ |

|  |  |  |
| --- | --- | --- |
| 12:30 AM | **Men At Work: The Gibbs-Orcism (R) ’CC’** The discovery that his new girlfriend has a past with Milo and Gibbs gives Tyler some disturbing - and mood killing - visions. Neal and Amy struggle with a wedding anniversary curse. | **M** +MATW2-008+ |

|  |  |  |
| --- | --- | --- |
| 01:00 AM | **Men At Work: Long Distance Tyler (R) ’CC’** Tyler is faced with having a long distance relationship when his girlfriend moves to Brooklyn. Gibbs and Milo compete to date the same woman. | **M** +MATW2-009+ |

|  |  |  |
| --- | --- | --- |
| 01:30 AM | **Men At Work: Weekend At P.J's (R) ’CC’ SEASON FINAL**At their boss' wedding, Gibbs gets caught between two beautiful women, and Neal tries to outshine Amy's ex-boyfriend. Tyler and Milo are divided on how to decorate their apartment. | **M** +MATW2-010+ |

|  |  |  |
| --- | --- | --- |
| 02:00 AM | **Home Shopping: Bambillo Mattress Topper (A2830BMT04S) (R) ’CC’** Shopping program. | **G** +BDP-564+ |

|  |  |  |
| --- | --- | --- |
| 02:30 AM | **Home Shopping** | ++ |

|  |  |  |
| --- | --- | --- |
| 03:00 AM | **Home Shopping: Health Centre Massage Chair (A2830HCM03S) (R) ’CC’** Shopping program. | **G** +BDP-588+ |

|  |  |  |
| --- | --- | --- |
| 03:30 AM | **Home Shopping: Powerfit Gym (A2830PWF08S) (R) ’CC’** Shopping program. | **G** +BDP-620+ |

|  |  |  |
| --- | --- | --- |
| 04:00 AM | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-256+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-256+ |

|  |  |  |
| --- | --- | --- |
| 05:30 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-256+ |

 **Friday, December 23, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-256+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics.  | **PG** +TMSW16-225+ |

|  |  |  |
| --- | --- | --- |
| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-237+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Christmas Midday Movie: 12 Dates Of Christmas (R) ’CC’ (2011)** A story that follows Kate, a young woman who after a horrible blind date on Christmas Eve, wakes up to find she is re-living that same day and date all over again! Starring:AMY SMART,BENJAMIN AYRES,JAYNE EASTWOOD,MARK-PAUL GOSSELAAR,JENNIFER KYDD,PETER MACNEILL | **PG (A)**+WDF49-005+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-227+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE06-024+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANN16-247+ |

|  |  |  |
| --- | --- | --- |
| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, hosted by Andrew O’Keefe. | **G** +CHAU01-063+ |

|  |  |  |
| --- | --- | --- |
| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNS16-358+ |

|  |  |  |
| --- | --- | --- |
| 07:00 PM | **Better Homes And Gardens Summer ’CC’** Jo meets up with Bindi Irwin for a special tour of Australia Zoo. Dr Harry visits Trowunna Wildlife Park, who are helping to save the Tasmanian Devil. Adam checks out a kids fitness course.  | **G** +BHGS13-004+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Friday Night Movie: Inception (R) ’CC’ FIRST TIME ON SEVEN**A thief, who steals corporate secrets through use of dream-sharing technology, is given the inverse task of planting an idea into the mind of a CEO. Starring:CILLIAN MURPHY,LEONARDO DICAPRIO,KEN WATANABE,JOSEPH GORDON-LEVITT,TOM HARDY,ELLEN PAGE | **M (V)**+WBFF01-027+ |

|  |  |  |
| --- | --- | --- |
| 11:30 PM | **Car Crash TV (R) ’CC’** One of the most dangerous ways to travel is by motorbike. Tonight, we find out that when things go wrong for these daredevils, there is very little stopping them coming face to face with the tarmac.  | **PG** +CARC-009+ |

|  |  |  |
| --- | --- | --- |
| 12:00 AM | **Mr Selfridge (R) ’CC’ SEASON FINAL**Harry's excitement about a 'royal' visitor to the store is tempered by an invitation to the first night of Ellen Love's play. Lois pleads with Rose that Harry needs her now more than ever. | **PG (A)**+MRSE-010+ |

|  |  |  |
| --- | --- | --- |
| 01:00 AM | **Young, Lazy And Driving Us Crazy (R) ’CC’** Tonight, the group meet for the first time when they move in to a share house together. Their first work placement is in hotel for the day but not everyone is willing to work. | **PG** +YDLA-001+ |

|  |  |  |
| --- | --- | --- |
| 02:00 AM | **Home Shopping: Golden Age of Country (A2830GAC02S) (R) ’CC’** Shopping program. | **G** +BDP-624+ |

|  |  |  |
| --- | --- | --- |
| 02:30 AM | **Home Shopping: Nopalea (NOPA080616C) (R) ’CC’** Home Shopping | **G** +EMCO-013+ |

|  |  |  |
| --- | --- | --- |
| 03:00 AM | **Home Shopping: Hurricane Spin Mop (HMOP2830C10956) (R)** Shopping program. | **PG** +GSD-025+ |

|  |  |  |
| --- | --- | --- |
| 03:30 AM | **Home Shopping: Powerfit Gym (A2830PWF08S) (R) ’CC’** Shopping program. | **G** +BDP-620+ |

|  |  |  |
| --- | --- | --- |
| 04:00 AM | **Dr Oz: Souping: The New Nutrient Packed Way To Detox (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG (A)**+DROZ06-057+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-257+ |

 **Saturday, December 24, 2016**

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Andrew O'Keefe and Monique Wright for all the latest news, sport and weather.  | +SSUN16-052+ |

|  |  |  |
| --- | --- | --- |
| 10:00 AM | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSA16-052+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **The Quest: Under Siege ’CC’** Twelve people are beckoned to save a besieged kingdom in the pursuit to become the One True Hero, in this reality adventure series. | **PG** +QUES-005+ |

|  |  |  |
| --- | --- | --- |
| 01:00 PM | **Christmas Midday Movie: Christmas With Holly (R) ’CC’ (2012)** Traumatised by her mother's death, six year old girl Holly stops talking, but is cared for by her three uncles. The story unfolds for all of them as they find the importance of family. Starring:ADAM BALDWIN,CATHERINE BERUBE,LUCY GALLINA,JOSIE GALLINA,NAOMI BLACKHALL-BUTLER,MAURALEA AUSTIN,SEAN FARIS | **G** +WDF51-008+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **Christmas Movie: A Christmas Carol (R) ’CC’ (2009)** Jim Carrey and Colin Firth lead an all star cast in Disney's adventurous thrill ride that captures the enchanting and fantastical essence of the classic Dickens tale. Starring:BOB HOSKINS,CARY ELWES,COLIN FIRTH,GARY OLDMAN,JIM CARREY,ROBIN WRIGHT PENN | **PG (A,H)**+WDF47-010+ |

|  |  |  |
| --- | --- | --- |
| 05:00 PM | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF16-090+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **Border Security - Australia's Front Line (R) ’CC’** There's a verbal stoush in Customs as an officer tries to uncover the truth The luck of the Irish may not be. Narrated by GRANT BOWLER. | **PG** +BORD-066+ |

|  |  |  |
| --- | --- | --- |
| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNS16-359+ |

|  |  |  |
| --- | --- | --- |
| 07:00 PM | **Christmas Movie: Dr Seuss' How The Grinch Stole Christmas! (R) ’CC’** Why is the Grinch such a grouch? No one knows, until a little girl turns both Whoville and the Grinch's world upside down, inside out and funny side up in her search for the true meaning of Christmas. Starring:BILL IRWIN,CHRISTIME BARANSKI,CLINT HOWARD,JIM CARREY,JEFFREY TAMBOR,MINDY STERLING,MOLLY SHANNON,TAYLOR MOMSEN | **G** +NBCR5-015+ |

|  |  |  |
| --- | --- | --- |
| 09:15 PM | **Saturday Night Movie: A Million Ways To Die In The West (R) ’CC’ (2014)** As a cowardly farmer begins to fall for the mysterious new woman in town, he must put his new-found courage to the test when her husband, a notorious gun-slinger, announces his arrival. Starring:AMANDA SEYFRIED,CHARLIZE THERON,GIOVANNI RIBISI,LIAM NEESON,NEIL PATRICK HARRIS,SARAH SILVERMAN,SETH MACFARLANE | **MA (O,S,V)**+NBCF31-006+ |

|  |  |  |
| --- | --- | --- |
| 11:30 PM | **Car Crash TV (R) ’CC’** This episode highlights the mayhem that ensues as a result of drivers who feel the need to be going the wrong way.  | **PG** +CARC-010+ |

|  |  |  |
| --- | --- | --- |
| 12:00 AM | **Young, Lazy And Driving Us Crazy (R) ’CC’** This week, the group is struggling to live on a food budget and tension is rising between Stacie and Nicola. Their second work placement is at the Sydney markets with a 2am start for them all. | **PG** +YDLA-002+ |

|  |  |  |
| --- | --- | --- |
| 01:00 AM | **Dr Oz: Dr Sanjay Gupta - 3 Things He Wants You To Know (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-051+ |

|  |  |  |
| --- | --- | --- |
| 02:00 AM | **Home Shopping: Nopalea (NOPA080616C) (R) ’CC’** Home Shopping | **G** +EMCO-013+ |

|  |  |  |
| --- | --- | --- |
| 02:30 AM | **Home Shopping** | ++ |

|  |  |  |
| --- | --- | --- |
| 03:30 AM | **Home Shopping: Power Pressure Cooker (PPCO2830A10137) (R)** Shopping program. | **G** +GSD-024+ |

|  |  |  |
| --- | --- | --- |
| 04:00 AM | **It Is Written: Silent Night : A Simple Melody (R)** Religious program. | **PG (A)**+IIW11-021+ |

|  |  |  |
| --- | --- | --- |
| 04:30 AM | **Sons And Daughters (R) ’CC’ DOUBLE EPISODE**Gordon reacts unpredictable when he is told about Patricia's death. Wayne uses Alison's own greed against her. | **PG** +SAD-738+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **Sons And Daughters (R) ’CC’** Wayne is framed by Alison in more ways than one. Susan's splendour in the grass with Ted Dawson turns out to be no picnic. | **PG** +SAD-739+ |

|  |  |  |
| --- | --- | --- |
| 05:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-016+ |