**Sunday, December 04, 2016**

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| 06:00 AM | **Dr Oz: 10 Minute Remedies For Your Back Pain (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-073+ |

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| 07:00 AM | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Andrew O'Keefe and Monique Wright for all the latest news, sport and weather. | +WSUN16-046+ |

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| 10:00 AM | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSU16-049+ |

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| 12:00 PM | **2016 Australian PGA Golf: Day 4 ’CC’** The Australian PGA Championship featuring world no. 6 Adam Scott, Englishman Ian Poulter and popular Australian Marc Leishman comes from Royal Pines Golf Club on the Gold Coast. | +APGF16-004+ |

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| 05:00 PM | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF16-085+ |

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| 05:30 PM | **Melbourne Weekender** Join Cameron Ling and the team as they show you the latest dining experiences, events and family fun the city has to offer. Plus, see the great weekend escapes you can enjoy across Victoria. | **G** +MELW15-025+ |

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| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNM16-339+ |

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| 07:00 PM | **Sunday Night ’CC’** Melissa Doyle leads a team of Australia's best reporters, breaking the stories that matter. | +SNIT16-036+ |

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| 08:00 PM | **Border Security: America's Frontline ’CC’** A traveller claims he’s flown in for a wedding, but officers don’t believe his vows. Meanwhile, in Detroit, an unconventional Canadian is fuming in secondary. | **PG** +BORA01-002+ |

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| 08:30 PM | **Sunday Night Movie: The Shawshank Redemption (R) ’CC’** Red, serving a life sentence, and Andy, a mild-mannered banker wrongly convicted of murder, forge an unlikely bond in prison that will span more than twenty years. Based on a novella by Stephen King. Starring:BOB GUNTON,CLANCY BROWN,GIL BELLOWS,JAMES WHITMORE,MORGAN FREEMAN,WILLIAM SADLER,TIM ROBBINS | **M (L,A,V,S)**+WBFF01-041+ |

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| 11:30 PM | **Car Crash TV (R) ’CC’** Tonight's episode looks at trucks on the road. The heavyweight machines are crucial for carrying cargo all around the globe. Due to their sheer size and weight, everyone knows when things go wrong. | **PG** +CARC-005+ |

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| 12:00 AM | **The Big Adventure (R) ’CC’** Twelve Aussies compete in extreme conditions for a life-changing prize. As their skills and smarts are tested, a fortune lies waiting. Who will dig their way to victory? | **PG** +BADV-003+ |

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| 01:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-067+ |

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| 02:00 AM | **TBA: (R)** TBC | ++ |

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| 03:00 AM | **TBA: (R)** TBC | ++ |

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| 03:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-011+ |

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| 04:00 AM | **Meet The Press ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM16-049+ |

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| 05:00 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-242+ |

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| 05:30 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-242+ |

 **Monday, December 05, 2016**

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| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-242+ |

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| 09:00 AM | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics.  | **PG** +TMSW16-211+ |

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| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-223+ |

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| 12:00 PM | **Midday Movie: Stolen Youth (R) ’CC’ (1996)** Old feelings of betrayal resurface, renewing a bitter rift between two girlfriends when one learns that the other seduced her son. Starring:ASHLEIGH ASTON MOORE,ASHLEY MCDONOGH,BRIAN AUSTIN GREEN,HARLEY JANE KOZAK,JEREMY RENNER,KATIE WRIGHT,JOHN GETZ,JOHN CARROLL LYNCH,NEAL LERNER,SHARON LAWRENCE | **M (S,A)**+WILF-004+ |

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| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-213+ |

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| 03:00 PM | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE06-010+ |

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| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANM16-233+ |

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| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU04-016+ |

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| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNM16-340+ |

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| 07:00 PM | **Home and Away ’CC’** Justin and Kat put their lives on the line trying to find out if Ranae’s part of the syndicate.Hunter inadvertently pushes Olivia towards Mason. | **PG (V)**+HAAW09-110+ |

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| 07:30 PM | **The Big Bang Theory: The Pirate Solution / The Creepy Candy Coating Corollary (R) ’CC’** Raj must find a new job or be sent back to India. Sheldon, however, has a solution -- which leaves Leonard and Penny dealing with Howard as third wheel. | **PG** +BBTH03-711+ |

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| 08:30 PM | **Monday Night Movie: Gladiator (R) ’CC’ (2000)** When a Roman general is betrayed and his family murdered by a corrupt prince, he comes to Rome as a gladiator to seek revenge, which sees him fighting in front of thousands in the Coliseum. Starring:CONNIE NIELSEN,DJIMON HOUNSOU,DEREK JACOBI,JOAQUIN PHOENIX,RICHARD HARRIS,RUSSELL CROWE,OLIVER REED | **M (A,V)**+NBCR7-004+ |

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| 11:40 PM | **Car Crash TV (R) ’CC’** A look at unpredictable events on the road, from drivers pulling out of nowhere, a whole herd of sheep running out in front of your car, or even being run off the road into a pond.  | **PG** +CARC-006+ |

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| 12:10 AM | **Packed To The Rafters: Great Expectations (R) ’CC’** Frankie is having trouble finding her place at Dave's, and what he considers to be chivalry, she perceives as sexism. Meanwhile, Ben is having trouble with asking Emma to stay the night. | **PG (A)**+PTTR5-002+ |

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| 01:05 AM | **Formal Wars (R) ’CC’** Country girl Stephanie and label princess Victoria hand over the formal planning to their parents. They both yant a hot pink hummer as their formal transport - however Victoria's mum has other ideas. | **PG** +FWAR-001+ |

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| 02:00 AM | **TBA: (R)** TBC | ++ |

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| 02:30 AM | **Home Shopping: Nopalea (NOPA080616C) (R) ’CC’** Home Shopping | **G** +EMCO-013+ |

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| 03:00 AM | **TBA:** TBC | ++ |

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| 03:30 AM | **TBA: (R)** TBC | ++ |

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| 04:00 AM | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-243+ |

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| 05:00 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-243+ |

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| 05:30 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-243+ |

 **Tuesday, December 06, 2016**

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| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-243+ |

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| 09:00 AM | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics.  | **PG** +TMSW16-212+ |

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| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-224+ |

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| 12:00 PM | **Midday Movie: An American Affair (R) ’CC’ (1997)** Love and political ambition both run afoul when two friends discover they are sleeping with the same man in a bizarre love triangle. Starring:CORBIN BERNSEN,JAYNE HEITMEYER,MARYAM DABO,ROBERT VAUGHN,ROB STEWART,THOMAS G. WAITES | **M (S,V)**+WILF-022+ |

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| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-214+ |

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| 03:00 PM | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE06-011+ |

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| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANM16-234+ |

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| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU04-017+ |

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| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNM16-341+ |

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| 07:00 PM | **Home and Away ’CC’** Ranae pursues the Morgans. Justin makes a risky call that could put all their lives in danger. Zac and Bianca bond… will they cross a line? | **PG (V)**+HAAW09-111+ |

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| 07:30 PM | **First Dates UK ’CC’** Tonight, a security guard is searching for someone like his mother, and his date, an exotic dancer, wants someone how knows how to treat a lady. Also, a software designer meets a free spirit. | **M (L,S)**+FDUK03-003+ |

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| 08:40 PM | **Ramsay's Kitchen Nightmares: The Fenwick Arms (R) ’CC’** Gordon tackles The Fenwick Arms pub in rural Lancashire. The pub is run by a landlord who, after thirty years in the business and a quadruple heart-bypass, still puts in 120 hours a week. | **MA (L)**+RAKN03-002+ |

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| 09:40 PM | **Never Teach Your Wife To Drive ’CC’** This hair-raising series follows three couples out on the road, exposing all the drama and mayhem of a driving lesson, but without the restraint of a professional instructor.  | **PG** +NTWD01-002+ |

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| 10:40 PM | **Chicago Fire: All Hard Parts ’CC’** Lt. Severide confronts Chili about his suspicions regarding her erratic behavior, but she does not take too kindly to his intentions. Meanwhile, members of the firehouse rally around Lt. Casey. | **M (A)**+CHIF04-014+ |

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| 11:35 PM | **Grey's Anatomy: You Haven't Done Nothin' (R) ’CC’ SEASON FINAL**Believing he is going to jail tomorrow, Alex makes a big decision about his future. While the hospital is overrun with victims of a building collapse, Richard demands answers from Bailey about Eliza. | **M (A)**+GREY13-009+ |

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| 12:30 AM | **Mr Selfridge (R) ’CC’** Both Lois and Henri spot the threat of an ascendant Ellen Love and when Lasy Mae reveals to Rose the truth about Ellen and Harry's partnership - it spurs her to do something for herself. | **M** +MRSE-003+ |

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| 01:30 AM | **Cougar Town: Make It Better (R) ’CC’** Jules' dad, Chick, spends some time at her house while recovering from an injury. During his stay, Jules experiences extreme stomach pain, but she's too stubborn to let her dad know. | **M** +CGRT4-009+ |

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| 02:00 AM | **TBA: (R)** TBC | ++ |

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| 03:00 AM | **TBA:** TBC | ++ |

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| 03:30 AM | **Home Shopping: Hurricane Spin Mop (HMOP2830C10956) (R)** Shopping program. | **PG** +GSD-025+ |

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| 04:00 AM | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-244+ |

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| 05:00 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-244+ |

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| 05:30 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-244+ |

 **Wednesday, December 07, 2016**

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| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-244+ |

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| 09:00 AM | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics.  | **PG** +TMSW16-213+ |

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| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-225+ |

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| 12:00 PM | **Midday Movie: Loss Of Faith (R) ’CC’ (1997)** A crime novelist searches for a missing baby at his sister's request and makes painful discoveries about himself along the way. Starring:DAPHNE ZUNIGA,GABRIELLE BONI,LINDA ROY,JOHN RITTER,SAMANTHA EGGAR,RODDY MCDOWALL,MICHELE SCARABELLI,TONY NARDI,SOPHIE LORAIN | **M (V,L)**+WILF-023+ |

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| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-215+ |

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| 03:00 PM | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE06-012+ |

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| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANM16-235+ |

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| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU04-018+ |

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| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNM16-342+ |

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| 07:00 PM | **Home and Away ’CC’** Evelyn’s scared to move things forward with Matt. VJ, Ash and Billie are uncomfortable keeping Leah in the dark about Billie’s baby.  | **PG (A)**+HAAW09-112+ |

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| 07:30 PM | **Highway Patrol: Liar, Liar Pants On Fire (R) ’CC’** An officer pulls over an aggressive P Plater who was caught on her mobile phone and denies everything. An elderly woman’s driving lesson goes horribly wrong when she panics and hits the accelerator. | **PG** +HWYP7-009+ |

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| 08:00 PM | **Air Rescue ’CC’** Tonight, the helicopter crew searches for a walker lost in the bush. Also, some fishermen fear for their lives when their boat capsizes, and a woman is injured after her car lands upside-down.  | **PG** +AIRR04-002+ |

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| 08:30 PM | **Special Event: 6th AACTA Awards ’CC’** Join your favourite Australian film and television stars as they honour screen excellence at the sixth AACTA Awards.  | **PG** +AUMS24-001+ |

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| 10:45 PM | **Blindspot: Why Let Cooler Pasture Deform ’CC’** After Jane discovers that Sandstorm is gearing up for an imminent attack, she risks everything to send a secret SOS to her FBI team. Starring:ARCHIE PANJABI,ASHLEY JOHNSON,JAIMIE ALEXANDER,LUKE MITCHELL,ROB BROWN,MICHELLE HURD,SULLIVAN STAPLETON,AUDREY ESPARZA | **M (V)**+BDSP02-009+ |

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| 11:45 PM | **Hannibal: ..... And The Beast From The Sea ’CC’** With a full moon approaching, Jack and Will are certain that Francis Dolarhyde will strike again but they lack a solid lead; Alana gives Hannibal a chance for redemption. | **MA (V)**+HANI03-011+ |

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| 12:40 AM | **Red Widow: The Coke (R) ’CC’** Marta discovers the truth about the identity of Natalie's kidnapper and learns important new information about her husband's murder. Meanwhile, Kat and Ramos rekindle their illicit relationship. | **M** +REDW-007+ |

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| 01:35 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-069+ |

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| 02:00 AM | **TBA: (R)** TBC | ++ |

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| 02:30 AM | **Home Shopping: Nopalea (NOPA080616C) (R) ’CC’** Home Shopping | **G** +EMCO-013+ |

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| 03:00 AM | **Home Shopping: Power Pressure Cooker (PPCO2830A10137) (R)** Shopping program. | **G** +GSD-024+ |

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| 03:30 AM | **TBA: (R)** TBC | ++ |

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| 04:00 AM | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-245+ |

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| 05:00 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-245+ |

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| 05:30 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-245+ |

 **Thursday, December 08, 2016**

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| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-245+ |

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| 09:00 AM | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics.  | **PG** +TMSW16-214+ |

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| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-226+ |

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| 12:00 PM | **Midday Movie: Rites Of Passage (R) ’CC’ (1998)** An attorney decides to take a trip with his estranged father, but their plans change when they meet up with two escaped convicts. Starring:JASON BEHR,JAIMZ WOOLVETT,JAMES REMAR,DEAN STOCKWELL,MARIANNA ELLIOTT,JOSEPH KELL,ROBERT KEITH,RONDELL SHERIDAN,THOMAS G. WAITES | **M (V)**+WILF-038+ |

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| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-216+ |

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| 03:00 PM | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE06-013+ |

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| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANM16-236+ |

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| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU04-019+ |

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| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNM16-343+ |

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| 07:00 PM | **Home and Away ’CC’** Heath’s past comes back to haunt him. Ash nearly discovers the identity of Billie’s rapist. Matt’s attempt to help Phoebe backfires. | **PG (V,A)**+HAAW09-746+ |

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| 08:30 PM | **Katherine Mills: Mind Games ’CC’** Acclaimed magician Katherine Mills blends her extraordinary understanding of popular psychological science with astonishing trickery and illusion, making us question what is real. | **PG (H)**+KMMG-002+ |

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| 09:30 PM | **The Big Bang Theory: The Cornhusker Vortex / The Vengeance Formulation (R) ’CC’** Sheldon teaches Leonard how to understand football. Also, after he's humiliated on NPR, Sheldon vows to destroy Kripke. | **PG** +BBTH03-712+ |

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| 11:30 PM | **The Goldbergs: Weird Al ’CC’ NEW EPISODE**Adam’s plan to use a concert to reignite his relationship with Dana backfires. Barry and Erica worry that Murray is depressed. | **PG** +GOLB03-015+ |

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| 12:00 AM | **Men At Work: The New Boss (R) ’CC’ DOUBLE EPISODE**A new editor has the guys worried for their jobs. | **PG** +MATW2-003+ |

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| 12:30 AM | **Men At Work: Downshift (R) ’CC’** When his friends agree that Milo's romance with Molly is moving too fast, they coach him on how to "downshift" the relationship. Gibbs' single life is threatened when he babysits a dog. | **PG** +MATW2-004+ |

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| 01:00 AM | **How to Find Love Online (R) ’CC’ SEASON FINAL**In the modern world, everything is available online, even a romantic partner. Take a look inside the world of internet dating, from the first click to the first kiss. | **M** +FILO-002+ |

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| 02:00 AM | **TBA: (R)** TBC | ++ |

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| 02:30 AM | **TBA: (R)** TBC | ++ |

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| 03:00 AM | **TBA: (R)** TBC | ++ |

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| 03:30 AM | **TBA:** TBC | ++ |

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| 04:00 AM | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-246+ |

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| 05:00 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-246+ |

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| 05:30 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-246+ |

 **Friday, December 09, 2016**

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| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-246+ |

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| 09:00 AM | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics.  | **PG** +TMSW16-215+ |

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| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-227+ |

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| 12:00 PM | **Midday Movie: Breaking The Surface (R) ’CC’ (1996)** The real-life story of Olympic diver Greg Louganis who went through a difficult adolescence, only to emerge as a world-class diver. Starring:AKI ALEONG,BRUCE WEITZ,MARIO LOPEZ,JEFFREY MEEK,ROSEMARY DUNSMORE,PATRICK DAVID,MICHAEL MURPHY,MEGAN LEITCH | **M (A,V)**+WILF-011+ |

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| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-217+ |

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| 03:00 PM | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE06-014+ |

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| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANM16-237+ |

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| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU03-021+ |

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| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNM16-344+ |

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| 07:00 PM | **Better Homes And Gardens Summer: Countdown To Christmas ’CC’** Graham visits a garden full of rare plants that he has never seen. Fast Ed makes succulent tropical glazed ham. Joh and Pete check out a house where the floor doubles as brilliant storage space. | **G** +BHGS13-002+ |

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| 08:30 PM | **Christmas Movie: The Santa Clause (R) ’CC’ (1994)** Tim Allen stars as a divorced father whose strained relationship with his son begins to mend only after a bizarre twist of fate transforms him into the new Santa. Starring:ERIC LLOYD,DAVID KRUMHOLTZ,LARRY BRANDENBURG,MARY GROSS,JUDGE REINHOLD,PETER BOYLE,PAIGE TAMADA,WENDY CREWSON,TIM ALLEN | **G** +WDFR14-005+ |

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| 11:40 PM | **TBA:** TBC | ++ |

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| 12:40 AM | **Mr Selfridge (R) ’CC’** Harry scores a massive coup when world-famous ballerina Anna Pavlova agrees to visit the store. Feeling coolness in Harry's affections, a disgruntled Ellen leans on Frank for support. | **M** +MRSE-004+ |

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| 02:00 AM | **TBA: (R)** TBC | ++ |

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| 02:30 AM | **Home Shopping: Nopalea (NOPA080616C) (R) ’CC’** Home Shopping | **G** +EMCO-013+ |

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| 03:00 AM | **Home Shopping: Hurricane Spin Mop (HMOP2830C10956) (R)** Shopping program. | **PG** +GSD-025+ |

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| 03:30 AM | **TBA: (R)** TBC | ++ |

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| 04:00 AM | **Dr Oz: What To Eat For Your Personality Type (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-055+ |

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| 05:00 AM | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-247+ |

 **Saturday, December 10, 2016**

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| 06:00 AM | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-247+ |

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| 07:00 AM | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Andrew O'Keefe and Monique Wright for all the latest news, sport and weather.  | +SSUN16-050+ |

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| 10:00 AM | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSA16-050+ |

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| 12:00 PM | **The Quest: The Quest Begins ’CC’** Twelve people are beckoned to save a besieged kingdom in the pursuit to become the One True Hero, in this reality adventure series. | **PG** +QUES-001+ |

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| 01:00 PM | **Saturday Afternoon Movie: Beverly Hills Chihuahua 2 (R) ’CC’ (2011)** When chihuahua Chloe gives birth to a litter, the rambunctious little pups set out on a mission after Sam Cortez discovers that his parents are being evicted. Starring:BRIDGIT MENDLER,CHRISTINE LAKIN,GEORGE LOPEZ,EMILY OSMENT,FRENCH STEWART,ERNIE HUDSON,ELAINE HENDRIX,MADISON PETTIS,LORETTA DEVINE,MORGAN FAIRCHILD,ODETTE ANNABLE,MIGUEL FERRER,ZACHARY GORDON,TOM KENNY,SUSAN BLAKELY | **G** +WDF45-023+ |

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| 03:00 PM | **Surf Patrol (R) ’CC’** Lifesavers respond to reports of a peeping tom in a toilet block. Then, a teenage beachgoer is reported missing. | **G** +SPTL3-003+ |

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| 03:30 PM | **Motorway Patrol (R) ’CC’** Tonight, a low speed fleeing driver, a night of Korean theatre and some horsey business on the side of the motorway. | **PG** +MOTP14-005+ |

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| 04:00 PM | **Better Homes And Gardens Summer (R) ’CC’** Joh and Pete visit Stamp House in tripical Queensland. Fast Ed cooks a Sambal Coral Trout. Adam shows how to make a feature wall of shelves. Graham visits a striking succulents garden. | **G** +BHGS12-002+ |

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| 05:00 PM | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF16-086+ |

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| 05:30 PM | **Luxury Escapes ’CC’** An entertaining, contemporary and authentic journey through Australia’s most popular and surprisingly affordable, luxury holiday destinations. Hosted by Shane Jolley.  | **PG** +LUXE01-005+ |

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| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNM16-345+ |

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| 07:00 PM | **Family Movie: Wreck-It Ralph (R) ’CC’ (2012)** Video game villain, Wreck-It Ralph, longs to be the beloved Good Guy and sets out to fulfill his dream, but his quest soon brings havoc to the whole arcade where he lives. Starring:ALAN TUDYK,JANE LYNCH,JACK MCBRAYER,ED ONEILL,JOHN C. REILLY,MINDY KALING,SARAH SILVERMAN | **PG (V)**+WDF52-004+ |

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| 09:00 PM | **Saturday Night Movie: White House Down (R) ’CC’ (2013)** While on a tour of the White House with his young daughter, a Capitol policeman springs into action to save his child and protect the president from a heavily armed group of paramilitary invaders. Starring:CHANNING TATUM,JASON CLARKE,JAMES WOODS,JAMIE FOXX,MAGGIE GYLLENHAAL,JIMMI SIMPSON,JOEY KING,RICHARD JENKINS,RACHELLE LEFEVRE,MICHAEL MURPHY | **M (V,L)**+SPCF01-001+ |

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| 11:45 PM | **Car Crash TV (R) ’CC’** In this episode, we see what happens when the thermometer drops below zero and the drivers of the world are faced with snow problems.  | **PG** +CARC-007+ |

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| 12:15 AM | **Mr Selfridge (R) ’CC’** Ellen tells Rose about her affair with Harry, whilst Beatrice lets slip that she saw Roddy and Rose kiss. It all causes Harry to hit rock bottom, as he drinks and relives a traumatic childhood memory. | **M** +MRSE-005+ |

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| 01:15 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-070+ |

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| 02:00 AM | **Home Shopping: Nopalea (NOPA080616C) (R) ’CC’** Home Shopping | **G** +EMCO-013+ |

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| 03:00 AM | **TBA:** TBC | ++ |

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| 03:30 AM | **Home Shopping: Power Pressure Cooker (PPCO2830A10137) (R)** Shopping program. | **G** +GSD-024+ |

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| 04:00 AM | **It Is Written: Mysteries Of Sin : Mission Impossible** Religious program. | **PG** +IIW12-037+ |

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| 04:30 AM | **Sons And Daughters (R) ’CC’ DOUBLE EPISODE**Caroline goes shopping for a millionaire but ends up with more than she bargained for. The reason for Craig's strange behaviour makes a startling revelation. | **PG** +SAD-734+ |

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| 05:00 AM | **Sons And Daughters (R) ’CC’** Charlie goes to great lengths to impress a new man in her life. Fiona reacts unpredictably when Janice shocks her with news of an impending date. | **PG** +SAD-735+ |

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| 05:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-012+ |