**Sunday, September 25, 2016**

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| 06:00 AM | **TBA:**  TBC | ++ |

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| 06:30 AM | **Amazing Facts: History's Holy Hoax**  Religious program. | **PG**  +AMFA02-023+ |

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| 07:00 AM | **Tomorrow's World: What Happened to God? (R)**  Religious program. | **PG**  +TOMW02-037+ |

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| 07:30 AM | **Leading The Way: Rebuilding Our Broken Walls - Part 3**  Religious program. | **PG**  +LWAY03-030+ |

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| 08:00 AM | **David Jeremiah: The 144,000**  Religious program. | **PG**  +DAJE2-053+ |

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| 08:30 AM | **It Is Written Oceania: How To Get More Out Of Guidance (R)**  A Religious Program. | **PG**  +IIW7-008+ |

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| 09:00 AM | **TBA:**  TBC | ++ |

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| 09:30 AM | **Best Houses Australia (R)**  Join author and host Gary Takle on a quest to discover what really makes a house work. Explore some of the most exciting and stunning houses in the country and meet the professionals who create them. | **G**  +BHOZ05-010+ |

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| 10:00 AM | **Home And Away Catch-Up (R) ’CC’**  Missed Home and Away this week? Catch up on 7TWO! | **PG (S,V)**  +HAWC16-732+ |

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| 03:30 PM | **Escape To The Country: Pembrokeshire (R)**  Nicki Chapman heads to Pembrokeshire with 700,000 pounds to help a couple achieve the life style change they've always dreamt of. | **G**  +ETTC13-001+ |

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| 04:30 PM | **Escape To The Country: Suffolk (R)**  Alistair Appleton is on a mission to help a couple fulfil a childhood dream and swap the fast lanes of London for an artistic life in the Suffolk countryside. | **G**  +ETTC13-002+ |

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| 05:30 PM | **Intolerant Cooks: What’s up your goat? NEW EPISODE**  After being eaten alive by Meredith Dairy goats, Karen Martini and Richard Barassi make turkey meatballs in yoghurt sauce, reinvent pasta salad with goats curd, & chargrill lamb with pumpkin and feta. | **G**  +INTC02-005+ |

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| 06:00 PM | **Mighty Cruise Ships: Ibn Battuta ’CC’ NEW EPISODE**  These Mighty Cruise Ships go anywhere adventure calls. | **G**  +MTYS7-005+ |

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| 07:00 PM | **For The Love Of Dogs NEW EPISODE**  With unprecedented behind the scenes access to this famous institution, For the Love of Dogs shows how sick and abused dogs are brought back to health and given a new, happier life. | **PG**  +FTLD03-006+ |

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| 07:30 PM | **World's Most Extreme: World's Most Extreme Roads (R) ’CC’**  A look into the most remote, surprising and death-defying roads in the world including the Russian highway that is washed away by mud each year and the Chinese-Tibetan road prone to avalanches. | **PG (D)**  +WOME-002+ |

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| 08:30 PM | **Escape To The Country: Dorset (R)**  Aled Jones heads to Dorset to help a couple move back to the county where they first fell in love. Then, Aled discovers Dorset's remarkable historic links to this British military invention. | **G**  +ETTC20-017+ |

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| 09:30 PM | **The House That $100K Built: Tricks Of The Trade: Jamielee & Lee / Suzanne & Antonio NEW EPISODE**  Jaimelee and Lee want different things. Can Piers possibly deliver both? Then, a young family attempt to transform their gloomy flat. | **G**  +HOTT02-001+ |

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| 10:45 PM | **Islands On The Edge (R)**  Scotland’s Hebrides are Europe’s final frontier against the Atlantic Ocean. This landmark wildlife series introduces an unforgettable wild animal cast struggling to survive on the Islands on the Edge. | **PG**  +IOTE-001+ |

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| 11:45 PM | **Mighty Cruise Ships: Ibn Battuta (R) ’CC’ NEW EPISODE**  These Mighty Cruise Ships go anywhere adventure calls. | **G**  +MTYS7-005+ |

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| 12:45 AM | **Psychic TV Ep: 4: Psychic TV Ep: 4 (2016)**  Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience. | **M**  +PSYC01-004+ |

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| 03:45 AM | **Escape To The Country: Pembrokeshire (R)**  Nicki Chapman heads to Pembrokeshire with 700,000 pounds to help a couple achieve the life style change they've always dreamt of. | **G**  +ETTC13-001+ |

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| 05:00 AM | **Dr Oz: Paleo Solution For The Pain ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-065+ |

**Monday, September 26, 2016**

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| 06:00 AM | **TBA:**  TBC | ++ |

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| 06:30 AM | **TBA:**  TBC | ++ |

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| 07:00 AM | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-026+ |

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| 07:30 AM | **In Your Dreams (R) ’CC’**  Sophie goes on a rescue mission to stop Philipp from landing back in gaol. | **C**  +INYD2-005+ |

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| 08:00 AM | **Toybox: Stay-cation (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-046+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-014+ |

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| 09:00 AM | **Home And Away (R) ’CC’**  The plane wreckage is found with one fatality. Michael goes off in search of two missing people. | **PG**  +HAW2-807+ |

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| 09:30 AM | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS16-039+ |

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| 10:30 AM | **Meet The Press (R)**  Chuck Todd interviews newsmakers from around the world. | +NBCM16-039+ |

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| 11:30 AM | **Best Houses Australia (R)**  Join author and host Gary Takle on a quest to discover what really makes a house work. Explore some of the most exciting and stunning houses in the country and meet the professionals who create them. | **G**  +BHOZ05-010+ |

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| 12:00 PM | **Escape To The Country: Dorset (R)**  Aled Jones heads to Dorset to help a couple move back to the county where they first fell in love. Then, Aled discovers Dorset's remarkable historic links to this British military invention. | **G**  +ETTC20-017+ |

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| 01:00 PM | **Lovejoy: Loveknots (R) NEW EPISODE**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY03-008+ |

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| 02:00 PM | **The Great Outdoors (R) ’CC’**  Join Ernie on Easter Island, where giant stone statues are silent survivors of a mysterious civilisation. Hospitality Top End style, see how far $60 can take you. | **G**  +GO15-021+ |

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| 03:00 PM | **The Zoo (R) ’CC’**  Petra the Pygmy Hippo is about to give birth and a precious Brush-Tailed Rock Wallaby Joey is carefully swapped from one pouch to another. | **G**  +ZOOT2-005+ |

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| 03:30 PM | **RSPCA Animal Rescue (R) ’CC’**  An injured baby swan needs rescuing but it still gives RSPCA inspectors a run for their money. Narrated by ANTHONY FIELD. | **G**  +ANRS-011+ |

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| 04:00 PM | **Medical Emergency (R) ’CC’**  A teenager with suspected spinal injuries is faced with the reality that he may never walk again. | **PG**  +MDEM4-001+ |

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| 04:30 PM | **60 Minute Makeover: Crawley, West Sussex (R)**  60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG**  +SMM6-060+ |

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| 05:30 PM | **60 Minute Makeover: Barkingside (R)**  The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG**  +SMM7-078+ |

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| 06:30 PM | **Bargain Hunt: Cheltenham 28 (R)**  Cheltenham is the location today for more antique buying and selling with Tim Wonnacott and experts Colin Young and James Lewis. | **G**  +BHUN29-031+ |

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| 07:30 PM | **Rosemary & Thyme: Arabicas & The Early Spider (R) ’CC’**  When Rosemary and Laura set out to create a wild garden at a pop star's Gothic pile, they discover bones belonging to a racehorse. Starring:ABIGAIL CRUTTENDEN,JOE TUCKER,TILLY BLACKWOOD | **PG**  +RAT-002+ |

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| 08:30 PM | **Wallander: The Man Who Smiled (R) ’CC’**  Wallander is approached by an old friend, Sten Torstenssen, who asks him to look into his father Gustaf's death. | **M (A,V)**  +WLDR02-002+ |

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| 10:30 PM | **Air Crash Investigations: Into The Eye Of The Storm (R) ’CC’**  Investigators must figure out why a crew of skilled hurricane hunters were nearly killed after an engine fire crippled their aircraft mid-flight. | **PG**  +MDAY13-006+ |

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| 11:30 PM | **Bargain Hunt: Cheltenham 28 (R)**  Cheltenham is the location today for more antique buying and selling with Tim Wonnacott and experts Colin Young and James Lewis. | **G**  +BHUN29-031+ |

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| 12:30 AM | **Lovejoy: Loveknots (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY03-008+ |

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| 01:30 AM | **Air Crash Investigations: Into The Eye Of The Storm (R) ’CC’**  Investigators must figure out why a crew of skilled hurricane hunters were nearly killed after an engine fire crippled their aircraft mid-flight. | **PG**  +MDAY13-006+ |

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| 02:30 AM | **Dr Oz: Oz Investigates Water Pills: Are They Safe? ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG (S,A)**  +DROZ06-094+ |

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| 03:30 AM | **Dr Oz: Belly Blaster: What To Ear For A Slimmer Tummy ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-091+ |

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| 04:30 AM | **This Rugged Coast: Dead Men's Silver (R)**  Ben Cropp explores the tragedy of shipwreck in an unknown land where lust for treasure and greed can seal the fate of innocent men. | **G**  +TRC-009+ |

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| 05:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-013+ |

**Tuesday, September 27, 2016**

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| 06:30 AM | **TBA:**  TBC | ++ |

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| 07:00 AM | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-027+ |

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| 07:30 AM | **In Your Dreams (R) ’CC’**  Lili’s dream to revamp the castle café soon becomes a nightmare for everyone. | **C**  +INYD2-006+ |

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| 08:00 AM | **Toybox: Dinophobia (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-047+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-015+ |

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| 09:00 AM | **Home And Away (R) ’CC’**  Donna promises to give Travis' proposal serious consideration. Michael locates the missing girl, and promises to be there for her. | **PG**  +HAW2-808+ |

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| 09:30 AM | **NBC Today (R)**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT16-193+ |

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| 12:00 PM | **Air Crash Investigations: Into The Eye Of The Storm (R) ’CC’**  Investigators must figure out why a crew of skilled hurricane hunters were nearly killed after an engine fire crippled their aircraft mid-flight. | **PG**  +MDAY13-006+ |

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| 01:00 PM | **Lovejoy: Smoke Your Nose (R) NEW EPISODE**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY03-009+ |

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| 02:00 PM | **The Great Outdoors: Bargain Holidays In The Sun (R) ’CC’**  Escape Winter with the best travel deals ever. Save big bucks sunning yourself in Queensland, Vanuatu, Mauritius, the Cook Islands, WA, Fiji and more. | **G**  +GO15-022+ |

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| 03:00 PM | **Surf Patrol (R) ’CC’**  A fine Summer's day in Surfer's Paradise has drawn thousands to the beach, but their fun is cut short when a seven-year-old boy goes missing. | **G**  +SPTL-001+ |

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| 03:30 PM | **Crash Investigation Unit: Not My Time To Go (R) ’CC’**  Young lives are changed forever on a busy stretch of freeway after a crash so startling it baffles even investigators. | **PG**  +CIU2-001+ |

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| 04:00 PM | **Medical Emergency (R) ’CC’**  Daniel requires urgent surgery on his broken back if he is ever to walk again. Narrated by Chris Gabardi. | **PG**  +MDEM4-002+ |

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| 04:30 PM | **60 Minute Makeover: Pen-y-Graig, South Wales (R)**  60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG**  +SMM6-061+ |

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| 05:30 PM | **60 Minute Makeover: Colchester (R)**  The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG**  +SMM7-079+ |

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| 06:30 PM | **Bargain Hunt: Newark 32 (R)**  Tonight, teams are let loose at the massive Newark fair. Jeremy Lamond's Blue team are happy to spend, spend, spend, whilst Paul Laidlaw's Red team struggle to buy anything. | **G**  +BHUN29-032+ |

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| 07:30 PM | **Kingdom NEW EPISODE**  Peter Kingdom is a compassionate solicitor whose life is overshadowed by the mysterious disappearance of his brother. | **M (S)**  +KINM02-003+ |

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| 08:30 PM | **Inspector Morse: Inspector Morse: Deceived By Flight (R) ’CC’**  Inspector Morse and Sergeant Lewis delve into the minds and morals of the aristocracy in their attempt to solve another baffling case. Starring:ADAM TOMLINSON,ANN BRYSON,ANDREW PAUL,BRYAN PRINGLE,CHARLES COLLINGWOOD,DANIEL MASSEY,JANE BOOKER,GEOFFREY BEEVERS,ELIN JENKINS,DAVID SHAW PARKER,MARTIN CHAMBERLAIN,KEVIN WHATELY,KIT JACKSON,JOHN PATRICK,PETER AMORY,NICKY HENSON,NORMAN RODWAY,NAT PARKER,SHARON MAUGHAN,STEPHEN MOORE | **PG (V)**  +INM-010+ |

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| 10:50 PM | **The Border: Traffic (R)**  A brand new season of the series expands to follow not only Customs and Border Protection as they patrol the US-Mexico border, but also local law enforcement charged with keeping things safe in the border towns of South Texas. | **PG**  +TBOR7-001+ |

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| 11:50 PM | **Bargain Hunt: Newark 32 (R)**  Tonight, teams are let loose at the massive Newark fair. Jeremy Lamond's Blue team are happy to spend, spend, spend, whilst Paul Laidlaw's Red team struggle to buy anything. | **G**  +BHUN29-032+ |

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| 12:50 AM | **Lovejoy: Smoke Your Nose (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY03-009+ |

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| 01:50 AM | **Dr Oz: Oprah Winfrey: Her Health Epiphany ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-070+ |

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| 02:50 AM | **Dr Oz: Jennifer Aniston's Breakout Role: Shining A Spotlight On A Hidden Epidemic In America ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-069+ |

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| 03:50 AM | **Dr Oz: Oz Viewers Who Saved Their Own Lives ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG (A)**  +DROZ06-068+ |

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| 05:00 AM | **This Rugged Coast: Lure Of The Pearl (R)**  Ben Cropp looks at the magical treasures that are born in oysters. | **G**  +TRC-008+ |

**Wednesday, September 28, 2016**

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| 06:00 AM | **TBA:**  TBC | ++ |

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| 06:30 AM | **TBA:**  TBC | ++ |

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| 07:00 AM | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-028+ |

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| 07:30 AM | **In Your Dreams (R) ’CC’**  Ben displays his new magic tricks - but will they be enough to thwart Hermann’s latest scheme to take over the castle? | **C**  +INYD2-007+ |

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| 08:00 AM | **Toybox: Crazy Cups (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-048+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-016+ |

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| 09:00 AM | **Home And Away (R) ’CC’**  Angel has no response to Shannon when she tries to apologise. Sally tells Gus that he is on his own when she finds out that he lied to her. | **PG**  +HAW2-809+ |

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| 09:30 AM | **NBC Today (R)**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT16-194+ |

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| 12:00 PM | **The Border: Traffic (R)**  A brand new season of the series expands to follow not only Customs and Border Protection as they patrol the US-Mexico border, but also local law enforcement charged with keeping things safe in the border towns of South Texas. | **PG**  +TBOR7-001+ |

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| 01:00 PM | **Lovejoy: Kids (R) NEW EPISODE**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY03-010+ |

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| 02:00 PM | **The Great Outdoors (R) ’CC’**  Sonia Kruger brings us the World's Biggest Ballroom Competition. Plus the German fairytale castle that inspired Disneyland. Starring:SONIA KRUGER | **G**  +GO15-023+ |

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| 03:00 PM | **House Doctor (Design For Living) (R)**  Ann Maurice has to design a scheme for her client’s house that will suit both partners, which proves to be quite a challenge. | **G**  +HDDL01-001+ |

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| 04:00 PM | **Medical Emergency (R) ’CC’**  A motorcycling accident could mean the end of a season or even a career. Narrated by Chris Gabardi. | **PG**  +MDEM4-003+ |

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| 04:30 PM | **60 Minute Makeover: Bolton, Lancashire (R)**  60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG**  +SMM6-062+ |

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| 05:30 PM | **60 Minute Makeover: Otford (R)**  The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG**  +SMM7-080+ |

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| 06:30 PM | **Bargain Hunt: Kent 1 (R)**  Two male partners play a canny game while an aunt and niece comb through a heady array of shiny objects. Meanwhile, Tim Wonnacott heads to Scotney Castle in nearby Royal Tunbridge Wells. | **G**  +BHUN30-001+ |

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| 07:30 PM | **Doc Martin: Aromatherapy (R) ’CC’**  Martin tries to help a local radio host, Caroline Bosman, with her dependency to alcohol and prescription drugs. Starring:ANGELINE BALL,HUGH LLOYD,FELICITY MONTAGU,KATHERINE PARKINSON,TRISTAN STURROCK | **PG**  +DOCM2-004+ |

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| 08:30 PM | **Lewis: Old School Ties (R) ’CC’**  When a female student is found murdered in a hotel room, Lewis and Hathaway are drawn into a case driven by dangerous sexual politics. Starring:ALEX MCSWEENEY,JAMES RUSSELL,FRANCES ALBERY,DON GALLAGHER,EMMA CAMPBELL WEBSTER,OWEN TEALE,TOM HARPER,STUART MILLIGAN,SARAH QUINTRELL | **M (V)**  +LEWS-002+ |

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| 10:30 PM | **Waking The Dead: Care Part 2 NEW EPISODE**  The investigation into Claire Somers' death has seemingly unleashed a predator straight from the darkest childhood nightmare. | **MA (V,A)**  +WAKD09-004+ |

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| 11:45 PM | **Bargain Hunt: Kent 1 (R)**  Two male partners play a canny game while an aunt and niece comb through a heady array of shiny objects. Meanwhile, Tim Wonnacott heads to Scotney Castle in nearby Royal Tunbridge Wells. | **G**  +BHUN30-001+ |

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| 12:45 AM | **Lovejoy: Kids (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY03-010+ |

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| 02:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 02:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 04:00 AM | **Dr Oz: The Vitamin Americans Aren't Getting Enough Of ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-066+ |

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| 05:00 AM | **This Rugged Coast: Where Ocean Giants Meet (R)**  Ben Cropp takes a fascinating look at great white sharks and other ocean giants living around Western Australia. | **G**  +TRC-010+ |

**Thursday, September 29, 2016**

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| 06:00 AM | **TBA:**  TBC | ++ |

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| 06:30 AM | **TBA:**  TBC | ++ |

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| 07:00 AM | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-029+ |

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| 07:30 AM | **In Your Dreams (R) ’CC’**  Sam finds musical inspiration with a local boy, putting the future of the band in jeopardy. | **C**  +INYD2-008+ |

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| 08:00 AM | **Toybox: Our Room Rules (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-049+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-017+ |

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| 09:00 AM | **Home And Away (R) ’CC’**  Donna gives Travis her answer to his proposal to move to the Antarctic. Just as Selina and Curtis are feeling comfortable together, Selina gets a letter from her first true love. | **PG**  +HAW2-810+ |

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| 09:30 AM | **NBC Today (R)**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT16-195+ |

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| 12:00 PM | **Doc Martin: Aromatherapy (R) ’CC’**  Martin tries to help a local radio host, Caroline Bosman, with her dependency to alcohol and prescription drugs. Starring:ANGELINE BALL,HUGH LLOYD,FELICITY MONTAGU,KATHERINE PARKINSON,TRISTAN STURROCK | **PG**  +DOCM2-004+ |

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| 01:00 PM | **Lovejoy: Members Only (R) NEW EPISODE**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY03-011+ |

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| 02:00 PM | **The Great Outdoors (R) ’CC’**  Shark Attack! Jennifer Hawkins goes face -to-face with Great White Sharks in the world's deadliest waters. Tom Williams discovers the best hotel room anywhere, in the mythical land of Shangri-La. | **G**  +GO15-024+ |

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| 03:00 PM | **Property Ladder: Eleonora Lieberman (R)**  Eleonora takes her first step in renovating with a ranch-style home in Houston. Only problem is, she's never renovated before, and her prize house needs major roof, foundation and plumbing repairs. | **PG**  +PROL-011+ |

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| 04:00 PM | **Medical Emergency (R) ’CC’**  An elderly woman suffers head injuries, and a semi-trailer crash could result in the loss of a leg. Narrated by Chris Gabardi. | **PG**  +MDEM4-004+ |

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| 04:30 PM | **60 Minute Makeover: Shoreditch, London (R)**  60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG**  +SMM6-063+ |

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| 05:30 PM | **60 Minute Makeover: Windsor (R)**  60 Minute Makeover returns to do more incredible house transformations in only one hour. | **PG**  +SMM08-001+ |

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| 06:30 PM | **Bargain Hunt: Cornwall 6 (R)**  Tim Wonnacott and team head to the Royal Cornwall Showground in Wadebridge to track down well priced treasures. Then, Tim pays a visit to the iconic and bracing location that is St Michael's Mount. | **G**  +BHUN30-002+ |

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| 07:30 PM | **Father Brown: The Flying Stars NEW EPISODE**  Father Brown becomes embroiled with a theatrical family when he discovers that a supposed tragic drowning was actually murder. | **M (V)**  +FBRO01-002+ |

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| 08:30 PM | **Murdoch Mysteries: Confederate Treasure / Dial M For Murdoch NEW EPISODE**  Murdoch risks Canadian-American relations when he discovers part of a coded message on a decades-old body. Then, Murdoch reveals the elaborate workings of an unlikely gang of thieves. | **M (V)**  +MMYS04-704+ |

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| 10:30 PM | **Some Mothers Do 'ave 'em: The Psychiatrist (R) ’CC’**  Frank comes to the conclusion that he is a failure, and goes to visit a psychiatrist who does his best to bolster Frank's confidence. Starring:BERNARD HEPTON,JANE HYLTON,JOHN SCOTT MARTIN,ROLAND MACLEOD | **PG**  +SMHE-006+ |

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| 11:00 PM | **One Foot In The Grave: The Return of the Speckled Band (R) ’CC’**  It's holiday time for the Meldrews but Victor's scared of flying. Things get worse when suburbia is invaded by reptiles. | **PG**  +ONFG-006+ |

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| 11:45 PM | **Bargain Hunt: Cornwall 6 (R)**  Tim Wonnacott and team head to the Royal Cornwall Showground in Wadebridge to track down well priced treasures. Then, Tim pays a visit to the iconic and bracing location that is St Michael's Mount. | **G**  +BHUN30-002+ |

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| 12:45 AM | **Psychic TV Ep: 5: Psychic TV Ep: 5 (2016)**  Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience. | **M**  +PSYC01-005+ |

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| 03:45 AM | **Some Mothers Do 'ave 'em: The Hospital Visit (R) ’CC’**  Frank's visits to Betty, who is recuperating after an operation, are purgatory for the nurses. Starring:DAPHNE OXENFORD,ELIZABETH BEGLEY,ELIZABETH SLADEN,DEDDIE DAVIES,JOHN D COLLINS,KATE BROWN,RALPH WATSON,ROSEMARY DA COSTA,NORMAN MITCHELL | **PG**  +SMHE-005+ |

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| 04:15 AM | **One Foot In The Grave: The Eternal Quadrangle (R) ’CC’**  When Margaret discovers Victor has been painting a nude, she regrets her encouragement for him to take up a new hobby. | **PG**  +ONFG-005+ |

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| 05:00 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-016+ |

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**Friday, September 30, 2016**

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| 07:00 AM | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-030+ |

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| 07:30 AM | **In Your Dreams (R) ’CC’**  Reality TV comes to the castle and Lili gets a reality check! | **C**  +INYD2-009+ |

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| 08:00 AM | **Toybox: Magnetic Forces (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-050+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-018+ |

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| 09:00 AM | **Home And Away (R) ’CC’**  Curtis is disappointed that Selina has not broken the news to Nelson. Irene is dumbstruck to find that O'Reilly's gift is an engagement ring. | **PG**  +HAW2-811+ |

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| 09:30 AM | **NBC Today (R)**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT16-196+ |

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| 12:00 PM | **Better Homes And Gardens (R) ’CC’**  Joh, Adam and Jason team up to make the ultimate garden display. Karen and Fast Ed cook up an amazing spring BBQ feast. Dr Harry introduces us to some unusual pets. | **G**  +BHAG21-036+ |

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| 01:00 PM | **Lovejoy: Highland Fling NEW EPISODE**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY03-012+ |

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| 02:00 PM | **The Great Outdoors (R) ’CC’**  Nicole and Keith's Honeymoon Hideaway - we take you to the Tahitian resort and see exactly why it's on Hollywood's A-List. Starring:DOMINIC PURCELL | **G**  +GO15-025+ |

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| 03:00 PM | **Property Ladder U.K. Revisited NEW EPISODE**  Follow amateur developers as they renovate their properties in the hope of making a profit. | **G**  +PLUK01-001+ |

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| 04:00 PM | **Best Houses Australia (R)**  Join author and host Gary Takle on a quest to discover what really makes a house work. Explore some of the most exciting and stunning houses in the country and meet the professionals who create them. | **G**  +BHOZ05-010+ |

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| 04:30 PM | **60 Minute Makeover: Exmouth, Devon (R)**  60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG**  +SMM6-064+ |

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| 05:30 PM | **60 Minute Makeover: Southam (R)**  Designer Derek Taylor visits Southam, Coventry, to transform the home of a mother-of-seven who has had a rough year. | **PG**  +SMM08-002+ |

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| 06:30 PM | **Bargain Hunt: Shrewsbury 12 (R)**  Four female contestants try to make good decisions at the fair with help from auctioneer Colin Young and collectibles buff David Harper. | **G**  +BHUN30-003+ |

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| 07:30 PM | **Mr Selfridge NEW EPISODE**  It’s been 20 years since Selfridge’s first opened, and the store is still going strong. As Selfridge’s invests in a bold new technology department, Harry prepares to unveil his London legacy. | **PG (V)**  +MRSE04-001+ |

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| 08:30 PM | **Escape To The Country: Cotswolds (R)**  Alistair Appleton takes on the challenge of finding a country residence in the Cotswolds for a couple of globetrotting teachers. | **G**  +ETTC19-050+ |

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| 09:30 PM | **Escape To The Country: Central Scotland (R)**  Denise Nurse helps a GP and his wife relocate to Stirling in Scotland. Away from the property search, Denise visits the Falkirk Wheel, the only rotating boat lift in the world. | **G**  +ETTC19-052+ |

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| 10:30 PM | **Escape To The Country: Shropshire (R)**  Jules Hudson helps a couple find a rustic and laid-back retirement in Shropshire. | **G**  +ETTC13-020+ |

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| 11:30 PM | **Bargain Hunt: Shrewsbury 12 (R)**  Four female contestants try to make good decisions at the fair with help from auctioneer Colin Young and collectibles buff David Harper. | **G**  +BHUN30-003+ |

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| 12:30 AM | **Psychic TV Ep: 6: Psychic TV Ep: 6 (2016)**  Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience. | **M**  +PSYC01-006+ |

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| 03:30 AM | **Property Ladder U.K. Revisited (R)**  Follow amateur developers as they renovate their properties in the hope of making a profit. | **G**  +PLUK01-001+ |

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| 04:30 AM | **Air Rescue (R) ’CC’**  A mother of five is crushed in her car after smashing into a tree just moments from home. A two year-old falls off her mini quad-bike at night, leaving the crew to fly in pitch darkness to save her. | **PG**  +AIRR2-001+ |

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| 05:00 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-017+ |

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**Saturday, October 01, 2016**

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| 07:30 AM | **TBA:**  TBC | ++ |

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| 08:00 AM | **The Travel Bug: South Korea - Part 1 NEW EPISODE**  The Travel Bug is taking viewers far and wide! | **G**  +TRBG06-002+ |

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| 09:00 AM | **Home In WA ’CC’ NEW EPISODE**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA19-017+ |

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| 09:30 AM | **Great South East ’CC’ NEW EPISODE**  Explore leisure and recreation in South East Queensland. | **G**  +GSTH16-032+ |

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| 10:00 AM | **Creek To Coast ’CC’ NEW EPISODE**  Queensland's ultimate outdoor adventure show, featuring the very latest in camping, cruising, fishing and four-wheel-driving. | **G**  +7CTC16-028+ |

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| 10:30 AM | **Queensland Weekender ’CC’ NEW EPISODE**  Dean Miller and his team cover the length and breadth of Queensland with great suggestions for weekends, short breaks and holidays. | **G**  +7QWE16-031+ |

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| 11:00 AM | **WA Weekender ’CC’ NEW EPISODE**  WA Weekender showcases the best of WA and is packed full of ideas to fit every weekend. Be inspired by fascinating stories with everything from helpful hints to finding out where to take your family. | **G**  +WAWE03-030+ |

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| 11:30 AM | **Sydney Weekender (R) ’CC’**  Mike heads to Coonabarabran, the Astronomy capital of Australia. Rose leans about Sydney's indigenous heritage. Fliss visits Dungog, taking in 2 local markets and the newest restaurant in town. | **G**  +7SWE23-033+ |

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| 12:00 PM | **Seven's Horse Racing: Royal Randwick - Epsom Handicap / Flemington - Turnbull Stakes Day**  The feature race of Randwick’s Sydney Spring Racing Carnival, the Group 1, $500,000 Epsom handicap, headlines today’s action. The Group 1 Turnbull Stakes over 2000m sees the stars at Flemington. | +SHRC16-021+ |

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| 05:30 PM | **Anthony Bourdain: No Reservations: Boston (R)**  Anthony ventures to Boston. | **PG**  +NORE07-009+ |

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| 06:30 PM | **Islands On The Edge NEW EPISODE**  In most years winter is the hardest time in the Hebrides but once in a generation the spring turns out to be harder still as the Islands on the Edge are hit by the biggest storm in living memory. | **PG**  +IOTE-002+ |

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| 07:30 PM | **Hairy Bikers' Northern Exposure NEW EPISODE**  The Hairy Bikers are back on the road doing what they love most – biking and cooking. Dave Myers and Si King set off on a proper road-trip, their most ambitious and personal journey yet. | **PG**  +HBNE01-002+ |

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| 08:30 PM | **Escape To The Country: Leicestershire (R)**  Jules Hudson is in Leicestershire, helping a house-hunting couple swap life in a busy coastal town for the countryside. | **G**  +ETTC20-019+ |

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| 09:30 PM | **Selling Houses Australia: Mudgee (R) ’CC’**  A couple who are planning to have a baby via IVF attempt to sell their Mudgee home to fund the treatment. | **G**  +SEHO07-006+ |

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| 10:30 PM | **To Build Or Not To Build: Tucker And Finlayson NEW EPISODE**  Will jazz musician Tucker Finlayson and his daughter Kirstie hit the right note building a German kit-home in the heart of London’s expensive West Hampstead? | **G**  +TBNB2-015+ |

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| 11:30 PM | **Best Houses Australia**  Join author and host Gary Takle on a quest to discover what really makes a house work. Explore some of the most exciting and stunning houses in the country and meet the professionals who create them. | **G**  +BHOZ05-011+ |

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| 12:00 AM | **Anthony Bourdain: No Reservations: Boston (R)**  Anthony ventures to Boston. | **PG**  +NORE07-009+ |

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| 01:00 AM | **Psychic TV Ep: 7: Psychic TV Ep: 7 (2016)**  Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience. | **M**  +PSYC01-007+ |
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| 05:00 AM | **Queensland Weekender (R) ’CC’**  Dean Miller and his team cover the length and breadth of Queensland with great suggestions for weekends, short breaks and holidays. | **G**  +7QWE16-031+ |

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| 05:30 AM | **Creek To Coast (R) ’CC’**  Queensland's ultimate outdoor adventure show, featuring the very latest in camping, cruising, fishing and four-wheel-driving. | **G**  +7CTC16-028+ |