**Sunday, December 18, 2016**

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| 06:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 AM | **Amazing Facts: Who Is Jesus?** Religious program. | **PG** +AMFA02-039+ |

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| 07:00 AM | **Tomorrow's World: John 3:16 - So Misunderstood** Religious program. | **PG** +TOMW03-020+ |

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| 07:30 AM | **Leading The Way: Counting Stars When You See None: Counting Stars Will Be Put To The Test** Religious program. | **PG** +LWAY03-046+ |

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| 08:00 AM | **David Jeremiah: The Sights And Sounds Of Christmas On Broadway - Part 1** Religious program. | **PG** +DAJE2-065+ |

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| 08:30 AM | **It Is Written: Cusco : City Of Gold** Religious program. | **PG** +IIW12-064+ |

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| 09:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 09:30 AM | **Inside Volleyball** A dedicated panel show exploring all things Volleyball from Australia's HelloWorld Indoor & Beach Volleyroos, as well as the best International Volleyball action from around the globe. | +INVB01-003+ |

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| 10:00 AM | **Home And Away Catch-Up (R) ’CC’** Missed Home and Away this week? Catch up on 7TWO! | **PG (V,A)**+HAWC16-744+ |

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| 12:30 PM | **Special: 2016 Sydney International Beach Festival ’CC’** Headlining the International Beach Festival in 2016 is the QS6000 Sydney International Womens Pro, a showcase of competitive beach-break surfing at its finest.  | +SPSP16-031+ |

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| 01:00 PM | **Nick Knowles' Original Features: Pear Tree Cottage (R)** Nick Knowles explores a cottage in Warwickshire that is estimated to be between 200 and 500 years old. | **G** +NKOF-008+ |

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| 02:00 PM | **Anthony Bourdain: No Reservations: Sydney (R)** Sydney embodies the surf culture, beach culture and restaurant culture of Australia. It’s a big city with it’s own personality that we explore to the fullest. | **PG** +NORE08-010+ |

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| 03:00 PM | **New Zealand From Above: Southern North Island and Volcanic Plateau (R)** Take a look at the wild and rugged land of the North Island, backdrop for the Land Of Shadow in the Lord Of The Rings trilogy. | **G** +NZFA-004+ |

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| 04:00 PM | **New Zealand On A Plate: Auckland ’CC’** From the very best of New Zealand's scenery to the very best of NZ's food, we're serving up a treat with this food show! | **G** +NZOP06-007+ |

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| 04:30 PM | **Annabel Langbein: The Freerange Cook (R)** Annabel Langbein reveals the pleasures of her free-range cooking style. | **G** +ALFC03-007+ |

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| 05:00 PM | **Sean's Kitchen (R) ’CC’**  Follow Sean Connolly, one of Australia’s most well-respected and celebrated chefs, in his bid to showcase outstanding South Australian produce in his new restaurant named Sean’s Kitchen. | **G** +SEKI02-001+ |

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| 05:30 PM | **Sean's Kitchen (R) ’CC’**  Follow Sean Connolly, one of Australia’s most well-respected and celebrated chefs, in his bid to showcase outstanding South Australian produce in his new restaurant named Sean’s Kitchen. | **G** +SEKI02-002+ |

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| 06:00 PM | **The Zoo (R) ’CC’** A vet team is about to attempt the world's first rhino IVF. Then, keepers are anxiously waiting for Frala the gorilla to give birth. | **G** +ZOOT-004+ |

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| 06:30 PM | **Animal Airport ’CC’ NEW EPISODE** Senior staff are being secretive while preparing for a huge influx of animals from an undisclosed location and Tristan and Michelle get a surprise when a shipment of tarantulas has some escapees. | **PG** +ANDE2-007+ |

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| 07:00 PM | **Dog Patrol: Petrol Can Thieves ’CC’ NEW EPISODE**Delta dog team Paul and Epic chase some Petrol thieves, Corrections drug dog Ben sniffs out illegal contraband during a Manawatu Prison release morning. | **PG** +STFC5-004+ |

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| 07:30 PM | **Escape To The Country: County Down (R)** Jonnie Irwin hops over the Irish sea to the Mourne Mountains in Northern Ireland. With 270,000 pounds in the budget she's on the lookout for the perfect retirement package. | **G** +ETTC15-003+ |

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| 08:30 PM | **Escape To The Country: Kent (R)** Jules Hudson heads to Kent to help a Canadian couple cut their ties to London and find a family home in the country for £650,000. | **G** +ETTC20-042+ |

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| 09:30 PM | **Art Of The Architect: Otaki NEW EPISODE**Architects Hugh Tennant and Ewan Brown are creating a building that is not only workable but shrouded in meaning. | **G** +ARTO01-006+ |

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| 10:30 PM | **Nick Knowles' Original Features: Salvage Sisters (R)** Nick Knowles explores the incredible design history of UK homes. Nick meets two sisters who are restoring the period charm of their Victorian house near Bristol. | **G** +NKOF-007+ |

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| 11:30 PM | **Sean's Kitchen (R) ’CC’**  Follow Sean Connolly, one of Australia’s most well-respected and celebrated chefs, in his bid to showcase outstanding South Australian produce in his new restaurant named Sean’s Kitchen. | **G** +SEKI02-001+ |

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| 12:00 AM | **Sean's Kitchen (R) ’CC’**  Follow Sean Connolly, one of Australia’s most well-respected and celebrated chefs, in his bid to showcase outstanding South Australian produce in his new restaurant named Sean’s Kitchen. | **G** +SEKI02-002+ |

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| 12:30 AM | **The Zoo (R) ’CC’** A vet team is about to attempt the world's first rhino IVF. Then, keepers are anxiously waiting for Frala the gorilla to give birth. | **G** +ZOOT-004+ |

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| 01:00 AM | **Dog Patrol: Petrol Can Thieves (R) ’CC’** Delta dog team Paul and Epic chase some Petrol thieves, Corrections drug dog Ben sniffs out illegal contraband during a Manawatu Prison release morning. | **PG** +STFC5-004+ |

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| 01:30 AM | **New Zealand From Above: Southern North Island and Volcanic Plateau (R)** Take a look at the wild and rugged land of the North Island, backdrop for the Land Of Shadow in the Lord Of The Rings trilogy. | **G** +NZFA-004+ |

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| 02:30 AM | **Special: Inside Ireland (R) ’CC’ (2001)** AFL legend, Robert Dipierdomenico follows the All Australian AFL side as they tackle the Gaelic footballers on their own turf. Starring: ANDREW MCLEOD,JAMES HIRD,JIM STYNES,ROBERT DIPIERDOMENICO | **G** +AMS2-064+ |

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| 03:30 AM | **Escape To The Country: County Down (R)** Jonnie Irwin hops over the Irish sea to the Mourne Mountains in Northern Ireland.  | **G** +ETTC15-003+ |

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| 04:30 AM | **Animal Airport (R) ’CC’** Senior staff are being secretive while preparing for a huge influx of animals from an undisclosed location and Tristan and Michelle get a surprise when a shipment of tarantulas has some escapees. | **PG** +ANDE2-007+ |

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| 05:00 AM | **New Zealand On A Plate: Auckland (R) ’CC’** From the very best of New Zealand's scenery to the very best of NZ's food, we're serving up a treat with this food show! | **G** +NZOP06-007+ |

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| 05:30 AM | **Annabel Langbein: The Freerange Cook (R)** Annabel Langbein reveals the pleasures of her free-range cooking style. | **G** +ALFC03-007+ |

**Monday, December 19, 2016**

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| 06:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 AM | **ZooMoo Lost ’CC’** Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C** +ZOMO01-111+ |

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| 07:30 AM | **The Wild Adventures of Blinky Bill: The Crankynator / Time Machine ’CC’** Blinky unwittingly unleashes a force of horrifying cleanliness when he invites Cranky’s mother to visit Greenpatch. Then, a dangerous croc is rumoured to be closing in on Greenpatch. | **C** +BLIN01-011+ |

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| 08:00 AM | **Jay's Jungle: I Like Jumping Over Waves! (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-018+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-074+ |

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| 09:00 AM | **Home And Away (R) ’CC’** Angel makes her decision about the baby. Nelson is convinced to visit the burns unit. Pippa receives a phonecall from Dodge's prospective employees. | **PG** +HAW2-867+ |

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| 09:30 AM | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCS16-051+ |

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| 10:30 AM | **Meet The Press (R) ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM16-051+ |

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| 11:30 AM | **Best Houses Australia (R)** Gary explores a home with breathtaking water views in Gippsland, a house that oozes beachside chic, a small but cleverly designed place and some stunning architectural design in Melbourne. | **PG** +BHOZ04-002+ |

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| 12:00 PM | **Dr Oz: Real Housewife Of Atlanda Claudia Jordan On Her Embarassing Condition (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-121+ |

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| 01:00 PM | **Art Of The Architect: Otaki (R)** Architects Hugh Tennant and Ewan Brown are creating a building that is not only workable but shrouded in meaning. | **G** +ARTO01-006+ |

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| 02:00 PM | **The Zoo (R) ’CC’** A vet team is about to attempt the world's first rhino IVF. Then, keepers are anxiously waiting for Frala the gorilla to give birth. | **G** +ZOOT-004+ |

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| 02:30 PM | **Dog Patrol: Petrol Can Thieves (R) ’CC’** Delta dog team Paul and Epic chase some Petrol thieves, Corrections drug dog Ben sniffs out illegal contraband during a Manawatu Prison release morning. | **PG** +STFC5-004+ |

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| 03:00 PM | **The Great Outdoors (R) ’CC’** The world's most romantic holidays. Ernie reveals the island where Australian couples are saving a fortune on weddings. Create your own perfume in France. | **G** +GO17-008+ |

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| 04:00 PM | **Escape To The Country: Kent (R)** Jules Hudson heads to Kent to help a Canadian couple cut their ties to London and find a family home in the country for £650,000. | **G** +ETTC20-042+ |

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| 05:00 PM | **60 Minute Makeover: Walton-On-Thames, Surrey (R)** Incredible house transformations in only one hour. | **PG** +SMM09-018+ |

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| 06:00 PM | **Deal Or No Deal (R) ’CC’** Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G** +DEAL10-021+ |

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| 06:30 PM | **Bargain Hunt: Anglesey 20 (R)** Teams head to the spectacular Welsh isle of Anglesey to hunt for the best bargains. Then, Tim explores a nineteenth century English stately home, which was built to look like a Norman castle. | **G** +BHUN31-027+ |

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| 07:30 PM | **7TWO Special: Craziest Christmas Lights (R) ’CC’ (2013)** Craziest Christmas Lights follows some of the most festive and bizarre homeowners as they transform their houses into festive wonderlands for Christmas. | **G** +SPEC4-288+ |

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| 08:30 PM | **Blue Murder: Cry Me A River - Part 1 (R)** DCI Janine Lewis strives to solve a gritty murder whilst pregnant and facing a disintegrating marriage.  | **M (V,S)**+BLUM-001+ |

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| 09:30 PM | **Waking The Dead: Waterloo Part 1 ’CC’** Boyd is being moved out of the Cold Case Unit, but first he decides to take on the unsolved mystery of 16 homeless boys from Waterloo Bridge who disappeared in the 1980's. | **MA (V,A)**+WAKD09-009+ |

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| 10:30 PM | **Downton Abbey (R) ’CC’** In London, the family prepares for Rose's 'coming out' event. When the Crawleys are implicated in a scandal that threatens the monarchy, Robert goes to great lengths to protect them. | **PG (A)**+DOAB4-009+ |

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| 11:30 PM | **Bargain Hunt: Anglesey 20 (R)** Teams head to the spectacular Welsh isle of Anglesey to hunt for the best bargains. Then, Tim explores a nineteenth century English stately home, which was built to look like a Norman castle. | **G** +BHUN31-027+ |

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| 12:30 AM | **Special: Craziest Christmas Lights (R) ’CC’ (2013)** Craziest Christmas Lights follows some of the most festive and bizarre homeowners as they transform their houses into festive wonderlands for Christmas. | **G** +SPEC4-288+ |

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| 01:30 AM | **Waking The Dead: Waterloo Part 1 (R) ’CC’** Boyd is being moved out of the Cold Case Unit, but first he decides to take on the unsolved mystery of 16 homeless boys from Waterloo Bridge who disappeared in the 1980's. | **MA (V,A)**+WAKD09-009+ |

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| 02:30 AM | **Best Houses Australia (R)** Gary explores a home with breathtaking water views in Gippsland, a house that oozes beachside chic, a small but cleverly designed place and some stunning architectural design in Melbourne. | **PG** +BHOZ04-002+ |

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| 03:30 AM | **Dr Oz: Real Housewife Of Atlanda Claudia Jordan On Her Embarassing Condition (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-121+ |

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| 04:30 AM | **The Great Outdoors (R) ’CC’** The world's most romantic holidays. Ernie reveals the island where Australian couples are saving a fortune on weddings. Create your own perfume in France. | **G** +GO17-008+ |

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| 05:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-074+ |

**Tuesday, December 20, 2016**

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| 06:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 AM | **ZooMoo Lost ’CC’** Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C** +ZOMO01-112+ |

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| 07:30 AM | **The Wild Adventures of Blinky Bill: Mine For The Taking / The Escape ’CC’ SEASON FINAL**Blinky and Jacko search for gold on a quest to retrieve Blinky’s compass. Then, Mayor Cranky’s annual lecture looms and Blinky must find a way to get out of it. | **C** +BLIN01-012+ |

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| 08:00 AM | **Jay's Jungle: Why Do I Get Goosebumps? (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-019+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-075+ |

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| 09:00 AM | **Home And Away (R) ’CC’** Shannon introduces Mandy to the Ross household. Steven moves in with Kelly. Dodge helps Jack get a band to play at the concert. | **PG** +HAW2-868+ |

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| 09:30 AM | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-253+ |

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| 12:00 PM | **Dr Oz: The Surprising Way To Break Your Carb Addiction (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-122+ |

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| 01:00 PM | **Mr Selfridge (R) ’CC’** Harry scores a massive coup when world-famous ballerina Anna Pavlova agrees to visit the store. Feeling coolness in Harry's affections, a disgruntled Ellen leans on Frank for support. | **PG (A,V)**+MRSE-004+ |

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| 02:00 PM | **Mr Selfridge (R) ’CC’** Ellen tells Rose about her affair with Harry, whilst Beatrice lets slip that she saw Roddy and Rose kiss. It all causes Harry to hit rock bottom, as he drinks and relives a traumatic childhood memory. | **PG (A,V,L)**+MRSE-005+ |

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| 03:00 PM | **The Great Outdoors: Wonders Of The World (R) ’CC’** Tom Williams sees the Grand Canyon by chopper, Jennifer Hawkins experiences the awesome power of Victoria Falls. | **G** +GO17-009+ |

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| 04:00 PM | **Surf Patrol (R) ’CC’** A group of novice surfers from Korea create chaos for lifesavers on patrol. Elsewhere, a teenager loses consciousness during her surf rescue exam. Then, a mysterious shape is spotted, causing alarm for beachgoers. | **G** +SPTL-007+ |

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| 04:30 PM | **Animal Airport ’CC’** Mel is on duty for the arrival of some dogs on their way to Crufts, and Tara and Tristan get to the bottom of a bad smelling shipment of geckos and it's not good news. | **PG** +ANDE2-008+ |

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| 05:00 PM | **60 Minute Makeover: Wallington, Surrey (R)** Incredible house transformations in only one hour. | **PG** +SMM09-019+ |

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| 06:00 PM | **Deal Or No Deal (R) ’CC’** Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G** +DEAL10-050+ |

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| 06:30 PM | **Bargain Hunt: Ardingly 26 (R)** A stand-up comedian and her partner compete against two teachers to find the best bargains in Ardingly, West Sussex. Then, Tim takes time out to admire the rare antiques at nearby Standsted Park. | **G** +BHUN31-028+ |

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| 07:30 PM | **The Indian Doctor: Trapped (R) ’CC’** Prem, Emlyn and Owen are trapped deep underground following the accident at the mine. Meanwhile, an unknowing Kamini is left to deal with the patients in the surgery and with an AWOL Dan.  | **PG (A)**+INDO3-004+ |

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| 08:30 PM | **Endeavour: Coda ’CC’ NEW EPISODE** As Endeavour Morse takes his sergeant's exam, a garment factory owner is shot dead outside a bank during a wage snatch. | **M (V)**+ENDV03-004+ |

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| 10:30 PM | **Downton Abbey (R) ’CC’** Isobel finds herself with an admirer while Edith is wrestling with a moral dilemma. Robert goes to great lengths to protect his family from a scandal. | **PG (A)**+DOAB4-010+ |

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| 11:30 PM | **Bargain Hunt: Ardingly 26 (R)** A stand-up comedian and her partner compete against two teachers to find the best bargains in Ardingly, West Sussex. Then, Tim takes time out to admire the rare antiques at nearby Standsted Park. | **G** +BHUN31-028+ |

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| 12:30 AM | **Mr Selfridge (R) ’CC’** Harry scores a massive coup when world-famous ballerina Anna Pavlova agrees to visit the store. Feeling coolness in Harry's affections, a disgruntled Ellen leans on Frank for support. | **M** +MRSE-004+ |

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| 01:30 AM | **Mr Selfridge (R) ’CC’** Ellen tells Rose about her affair with Harry, whilst Beatrice lets slip that she saw Roddy and Rose kiss. It all causes Harry to hit rock bottom, as he drinks and relives a traumatic childhood memory. | **M** +MRSE-005+ |

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| 02:30 AM | **Surf Patrol (R) ’CC’** In Southern Sydney, a mock rescue exercise is cut short when lifesavers receive a real-life call for help. | **G** +SPTL-006+ |

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| 03:00 AM | **Deal Or No Deal (R) ’CC’** Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G** +DEAL10-050+ |

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| 03:30 AM | **Dr Oz: The Surprising Way To Break Your Carb Addiction (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-122+ |

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| 04:30 AM | **The Great Outdoors: Wonders Of The World (R) ’CC’** Tom Williams sees the Grand Canyon by chopper, Jennifer Hawkins experiences the awesome power of Victoria Falls. | **G** +GO17-009+ |

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| 05:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-075+ |

**Wednesday, December 21, 2016**

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| 06:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 AM | **ZooMoo Lost ’CC’** Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C** +ZOMO01-113+ |

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| 07:30 AM | **Bottersnikes and Gumbles: Eau de Gumble / Beyond Reasonable Drought ’CC’ NEW EPISODE**In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-021+ |

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| 08:00 AM | **Jay's Jungle: Why Do I Get Hiccups? (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-020+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-076+ |

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| 09:00 AM | **Home And Away (R) ’CC’** Shannon is shattered by Mandy's criticism. Angel, Shane and Dylan are off to Disneyland. Jack finds his school locker has been vandalised and filled with burnt paper. | **PG** +HAW2-869+ |

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| 09:30 AM | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-254+ |

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| 12:00 PM | **Dr Oz: The Half-Ton Killer And The Crime That Rocked Headlines (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG (A,D)**+DROZ06-123+ |

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| 01:00 PM | **The Indian Doctor: Trapped (R) ’CC’** Prem, Emlyn and Owen are trapped deep underground following the accident at the mine. Meanwhile, an unknowing Kamini is left to deal with the patients in the surgery and with an AWOL Dan.  | **PG (A)**+INDO3-004+ |

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| 02:00 PM | **Air Crash Investigations: Queens Catastrophe (R) ’CC’** When American Airlines Flight 587 crashed into Queens, New York after 9/11, it was considered an act of terror - until evidence proved otherwise. | **PG** +MDAY13-005+ |

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| 03:00 PM | **The Great Outdoors: The Best Of Europe 2008 (R) ’CC’** Ernie looks at what's new in London, Manchester and Newcastle Upon Tyne. How to stay in the south of France for just $19 a night. | **G** +GO17-010+ |

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| 04:00 PM | **The Border: Cash And Corruption (R)** A brand new season of the series expands to follow not only Customs and Border Protection as they patrol the US-Mexico border, but also local law enforcement charged with keeping things safe in the border towns of South Texas. | **PG** +TBOR7-005+ |

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| 05:00 PM | **60 Minute Makeover: St Albans (R)** Incredible house transformations in only one hour. | **PG** +SMM09-020+ |

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| 06:00 PM | **Deal Or No Deal (R) ’CC’** Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G** +DEAL10-034+ |

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| 06:30 PM | **Bargain Hunt: London 29 (R)** Teams travel to London's Portobello Road in search of antique gems and collectables. Then, Tim also takes a visit to Fenton House in Hampstead. | **G** +BHUN31-029+ |

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| 07:30 PM | **Australia Beyond 2020: Australia Beyond 2020 (R) ’CC’** Simon Reeve and Angela Cox explore Australia’s future. Smart houses, driverless cars, magic make-up mirrors, and drone deliveries. Discover technology that will make life smarter... Beyond 2020. | **PG** +AUMS28-001+ |

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| 08:30 PM | **Inspector Morse: Fat Chance (R) ’CC’** After a young woman aspiring to the priesthood dies while taking her exams, possibly from poison, Morse connects the death to a weight loss company.  | **M (A,V)**+INM-016+ |

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| 10:30 PM | **Suspects** Follow DS Jack Weston, DC Charlie Steele and their senior DI Martha Bellamy of Greater London Police as they investigate hard hitting cases in their own way. | **M (V,L)**+SUPT4-002+ |

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| 11:30 PM | **Bargain Hunt: London 29 (R)** Teams travel to London's Portobello Road in search of antique gems and collectables. Then, Tim also takes a visit to Fenton House in Hampstead. | **G** +BHUN31-029+ |

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| 12:30 AM | **Dr Oz: The Half-Ton Killer And The Crime That Rocked Headlines (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG (A,D)**+DROZ06-123+ |

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| 01:30 AM | **Deal Or No Deal (R) ’CC’** Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G** +DEAL10-034+ |

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| 02:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 02:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 04:00 AM | **Surf Patrol (R) ’CC’** A group of novice surfers from Korea create chaos for lifesavers on patrol. Elsewhere, a teenager loses consciousness during her surf rescue exam. Then, a mysterious shape is spotted, causing alarm for beachgoers. | **G** +SPTL-007+ |

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| 04:30 AM | **The Great Outdoors: The Best Of Europe 2008 (R) ’CC’** Ernie looks at what's new in London, Manchester and Newcastle Upon Tyne. How to stay in the south of France for just $19 a night. | **G** +GO17-010+ |

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| 05:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-076+ |

**Thursday, December 22, 2016**

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| 06:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 AM | **ZooMoo Lost ’CC’** Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C** +ZOMO01-114+ |

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| 07:30 AM | **Bottersnikes and Gumbles: Where's Willy / Better In Than Out ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-022+ |

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| 08:00 AM | **Jay's Jungle: Lots Of Things Are Squares Shaped (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-021+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-077+ |

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| 09:00 AM | **Home And Away (R) ’CC’** Kelly spends sleepless nights after a patient asks her to murder someone. Shannon's admiration for Mandy increases. Dodge plans to frame Steven for a crime. | **PG** +HAW2-870+ |

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| 09:30 AM | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-255+ |

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| 12:00 PM | **Dr Oz: Acetaminophen Warning: Oz Uncovers The Risk Hiding In Your Medicine Cabinet (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG (A)**+DROZ06-126+ |

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| 01:00 PM | **The Border: War Games (R)** A brand new season of the series expands to follow not only Customs and Border Protection as they patrol the US-Mexico border, but also local law enforcement charged with keeping things safe in the border towns of South Texas. | **PG** +TBOR7-002+ |

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| 02:00 PM | **Air Crash Investigations: Into The Eye Of The Storm (R) ’CC’** Investigators must figure out why a crew of skilled hurricane hunters were nearly killed after an engine fire crippled their aircraft mid-flight. | **PG** +MDAY13-006+ |

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| 03:00 PM | **The Great Outdoors (R) ’CC’** The best family holiday ideas, including the budget park with something for kids of all ages. See Victoria's Great Ocean Road without using a drop of petrol. | **G** +GO15-045+ |

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| 04:00 PM | **RSPCA Animal Rescue (R) ’CC’** When two dogs are killed for attacking livestock, the RSPCA in Sydney investigates who's in the wrong. Narrated by ANTHONY FIELD | **G** +ANRS2-010+ |

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| 04:30 PM | **Air Rescue (R) ’CC’** A man clips a tree while mountain bike riding. The team has a precarious 150m winch to get him to safety! Also, a walker in a remote location requires a delicate rescue. | **PG** +AIRR04-004+ |

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| 05:00 PM | **60 Minute Makeover: Morriston, Swansea (R)** Incredible house transformations in only one hour. | **PG** +SMM09-021+ |

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| 06:00 PM | **Deal Or No Deal (R) ’CC’** Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G** +DEAL10-029+ |

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| 06:30 PM | **Bargain Hunt: Kent 24 (R)** Teams do battle bargain spotting at the Kent County Showground while Tim takes a trip to visit Chiddingstone Castle. | **G** +BHUN31-030+ |

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| 07:30 PM | **Special: One Foot In The Grave Xmas 1997 (R) ’CC’ (2010)** All seems to be going well for the Meldrews for a change. But disaster is never long absent from the Meldrew household. Starring: ANNETTE CROSBIE,MARIAN MCLOUGHLIN,RICHARD WILSON,OWEN BRENMAN,TIM BROOKE-TAYLOR | **PG** +BBCS4-011+ |

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| 08:30 PM | **Murdoch Mysteries: The Knockdown / Elementry, My Dear Murdoch (R)** Black professional boxer Amos Robinson is supposed to throw a fight to a local Tornto favorite, which ends in being murdered. Then, a local clairvoyant leads them to a freshly buried murder victim. | **M (V)**+MMYS01-702+ |

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| 10:30 PM | **Mr Selfridge** Mae’s love life, Harry’s judgement, Selfridge’s and Whiteley’s are now all under the spotlight of a tabloid frenzy. Serious questions about Harry’s financial stability are rife. | **PG (A)**+MRSE04-010+ |

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| 11:30 PM | **Bargain Hunt: Kent 24 (R)** Teams do battle bargain spotting at the Kent County Showground while Tim takes a trip to visit Chiddingstone Castle. | **G** +BHUN31-030+ |

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| 12:30 AM | **Deal Or No Deal (R) ’CC’** Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G** +DEAL10-029+ |

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| 01:30 AM | **Special: France: Soaring With The Senses - Part 1 (R) (1991)** Greg Grainger journeys through beautiful France in a hot air balloon sampling the cuisine and culture. Starring :GREG GRAINGER | **PG** +AMS-533+ |

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| 02:30 AM | **Special: France: Soaring With The Senses - Part 2 (R) (1991)** Greg Grainger continues his inspiring and adventurous tour of France, a vibrant country with spectacular scenery and exciting culture. Starring: GREG GRAINGER | **PG** +AMS-534+ |

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| 03:30 AM | **Dr Oz: Anti-Ageing Round Up: The Best Solutions To Save Your Face (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **M (A)**+DROZ06-124+ |

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| 04:30 AM | **The Great Outdoors (R) ’CC’** The best family holiday ideas, including the budget park with something for kids of all ages. See Victoria's Great Ocean Road without using a drop of petrol. | **G** +GO15-045+ |

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| 05:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Friday, December 23, 2016**

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| 06:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 AM | **ZooMoo Lost ’CC’ SEASON FINAL**Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C** +ZOMO01-115+ |

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| 07:30 AM | **Bottersnikes and Gumbles: Wise Guy / Gum Fu Gamble ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-023+ |

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| 08:00 AM | **Jay's Jungle: Animals Like Different Temperatures (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-022+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-078+ |

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| 09:00 AM | **Home And Away (R) ’CC’** Selina tries to convince Mrs. Clarke to live. Jack gives up on the concert, dumping all the work in Shannon's lap. | **PG** +HAW2-871+ |

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| 09:30 AM | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-256+ |

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| 12:00 PM | **Dr Oz: Are Your Quirky Food Habits Normal Or Nuts? (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-125+ |

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| 01:00 PM | **How Britain Worked: Park (R)** Guy's project this week is one of the more surprising legacies of the Victorian period - the public park. | **PG** +GMIW-005+ |

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| 02:00 PM | **Special: One Foot In The Grave Xmas 1997 (R) ’CC’ (2010)** All seems to be going well for the Meldrews for a change. But disaster is never long absent from the Meldrew household. Starring: ANNETTE CROSBIE,MARIAN MCLOUGHLIN,RICHARD WILSON,OWEN BRENMAN,TIM BROOKE-TAYLOR | **PG** +BBCS4-011+ |

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| 03:30 PM | **Australia's Best Backyards (R) ’CC’** JAMIE DURIE explores a tropical paradise near Brisbane, and the plant compared to a Porsche. | **G** +ABBY2-002+ |

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| 04:00 PM | **Special Event: Woolworths Carols by Candlelight ’CC’** Adelaide’s biggest and much-loved Christmas Carols event hosted by Seven Adelaide’s Rosanna Mangiarelli, Mark Soderstrom and Amelia Mulcahy. With all proceeds going to Novita Children’s Services. | **G** +AUMS31-001+ |

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| 06:00 PM | **Deal Or No Deal (R) ’CC’** Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G** +DEAL10-008+ |

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| 06:30 PM | **7TWO Christmas Movie: A Christmas Carol (R) ’CC’ (2009)** Jim Carrey and Colin Firth lead an all-star cast in Disney's adventurous thrill ride that captures the enchanting and fantastical essence of the classic Dickens tale. Starring: BOB HOSKINS,CARY ELWES,COLIN FIRTH,GARY OLDMAN,JIM CARREY,ROBIN WRIGHT PENN | **PG (A,H)**+WDF47-010+ |

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| 08:30 PM | **Special Presentation: 2016 Woolworths' Carols In The Domain (R) ’CC’** Celebrate Christmas with some of Australia’s best-loved entertainers including Ky Baldwin, Jay Laga’aia, Dami Im, Shannon Noll & Georgie Parker. Hosted by David Koch, Samantha Armytage and more.  | **G** +AUMS32-001+ |

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| 11:00 PM | **Front Of House (R)** The team have just three days to transform the facade and garden of a dull semi-detached house. Can they makeover this dull home into a Mediterranean theme paradise in such a short time? | **G** +FOHO-004+ |

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| 11:30 PM | **Best Houses Australia (R)** Join author and host Gary Takle on a quest to discover what really makes a house work. Explore some of the most exciting and stunning houses in the country and meet the professionals who create them. | **G** +BHOZ05-022+ |

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| 12:00 AM | **How Britain Worked: Park (R)** Guy's project this week is one of the more surprising legacies of the Victorian period - the public park. | **PG** +GMIW-005+ |

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| 01:00 AM | **Deal Or No Deal (R) ’CC’** Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G** +DEAL10-008+ |

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| 01:30 AM | **Special: In The Footsteps Of The Pharaohs (R) (1997)** Take a journey through Egypt, visiting remainders of the country's prolific ancient civilisation. Starring:GREG GRAINGER | **G** +AMS-855+ |

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| 02:30 AM | **The Great Outdoors (R) ’CC’** Springtime in Europe, and one of the most spectacular sights on earth - the never-ending Tulip fields of Holland. Jennifer Hawkins swims with the gentle giants of the sea. | **G** +GO15-020+ |

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| 03:30 AM | **Surf Patrol (R) ’CC’** A group of novice surfers from Korea create chaos for lifesavers on patrol. Elsewhere, a teenager loses consciousness during her surf rescue exam. Then, a mysterious shape is spotted, causing alarm for beachgoers. | **G** +SPTL-007+ |

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| 04:00 AM | **Dr Oz: Are Your Quirky Food Habits Normal Or Nuts? (R) ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-125+ |

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| 05:00 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-078+ |

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| 05:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

**Saturday, December 24, 2016**

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| 06:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:00 AM | **House Calls To The Rescue (R) ’CC’** Jo Griggs and the team help transform an ugly hot space into a dream courtyard, and discover Don Bradman's plate in the process. | **G** +HSCL-011+ |

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| 09:00 AM | **Room For Improvement (R) ’CC’** John and Tracey have thrown in their jobs to start a Bed and Breakfast down the coast, but their sea change needs help... and fast! | **G** +RFI3-005+ |

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| 09:30 AM | **Room For Improvement (R) ’CC’** Don't miss the biggest cash-back ever, as the team creates a little magic for a big-hearted Aussie Mum. | **G** +RFI3-006+ |

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| 10:00 AM | **Vasili's Garden: Craig Castree From Werribee (R)** Vasili’s Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **G** +VASI01-008+ |

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| 10:30 AM | **Hot Property (R) ’CC’** An Australian soldier, fresh from duty in Afghanistan, is auctioning his house. But is it ready to go to market? Hosted by Michael Caton. | **G** +HOTP8-007+ |

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| 11:00 AM | **Hot Property (R) ’CC’** A man builds a chook shed modelled on Buckingham Palace. Will the Royal chooks like it? Hosted by Michael Caton. | **G** +HOTP8-008+ |

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| 11:30 AM | **Best Houses Australia (R)** Gary Takle takes a look through a new home with unique taste, a contemporary home designed for a corner block, a home built at an old brewery and a stand out quirky industrial home. | **G** +BHOZ04-003+ |

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| 12:00 PM | **The Travel Bug: Thailand (R)** Morgan heads to where he first got his taste for travel – Thailand. He explores the chaos of Bangkok and Phuket, checks out the surrounds and takes a look at a few of the secret areas. | **PG** +TRBG05-001+ |

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| 01:00 PM | **Home In WA ’CC’ NEW EPISODE**Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA19-028+ |

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| 01:30 PM | **Out Of The Blue: Italy ’CC’ NEW EPISODE** A South Australian series which takes viewers to some of the world's most picturesque seaside locations. Includes lifestyle, scenery, fishing and plenty of seafood cooking expertise. Hosted by Michael Keelan and Michael Angelakis | **G** +OOTB-192+ |

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| 02:00 PM | **Creek To Coast ’CC’ NEW EPISODE** Queensland's ultimate outdoor adventure show, featuring the very latest in camping, cruising, fishing and four-wheel-driving. | **G** +7CTC16-039+ |

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| 02:30 PM | **Queensland Weekender ’CC’ NEW EPISODE**The Queensland Weekender team covers the length and breadth of this State with great suggestions for weekends, short breaks and holidays. | **G** +7QWE16-043+ |

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| 03:00 PM | **The Great Australian Doorstep (R)** Join Peter and Sheree Everitt on a trip around the stunning West Australian outback including areas such as Newman, Karijini National Park and Meekatharra. | **G** +GRAD6-001+ |

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| 03:30 PM | **Sydney Weekender (R) ’CC’** Mike visits Port Stephens for some quad bike adventuring, as well as checking out dolphins. Mel visits Gerringong, and learns how to make bread, butter, jam and more at Buena Vista Farm.  | **G** +7SWE23-045+ |

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| 04:00 PM | **Anthony Bourdain: No Reservations: Holiday Special (R)** No Reservations continues a beloved Holiday tradition as Tony experiences an unusual and disorienting holiday. | **PG** +NORE08-001+ |

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| 05:00 PM | **New Zealand From Above: Northland (R)** Experience an aerial journey over the Far North and see Auckland harbour being enjoyed by thousands of boat owners. Then, meet a craftsman who constructs stringed instruments from Kauri timber. | **G** +NZFA-005+ |

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| 06:00 PM | **How Britain Worked: Trawler (R)** This week, Guy Martin helps with the 500,000 pound restoration of the world's oldest surviving Brixham sailing trawler, a boat that created a quantum leap in the 19th century fishing industry. | **PG** +GMIW-004+ |

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| 07:00 PM | **One Foot In The Grave: Dramatic Fever (R) ’CC’** Victor writes a hilarious script for a new comedy series. Unfortunately, no-one else finds it funny, and Margaret takes up acting. | **PG** +ONFG2-003+ |

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| 07:30 PM | **Escape To The Country: Herefordshire (R)** Tonight, Denise Nurse helps a couple of ex-property developers who want to leave Hazlemere in Surrey, and head for the hills of Herefordshire. | **G** +ETTC12-014+ |

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| 08:30 PM | **Escape To The Country: North Wales (R)** Nicki Chapman is off to South Wales to help a couple relocate to North Wales. They need a 3 bedroom house, and would love a garden big enough for a veggie patch and a conservatory. | **G** +ETTC12-015+ |

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| 09:30 PM | **7TWO Saturday Night Movie: Wish You Were Here (2012)** Four friends take off to Cambodia for a fun holiday but it quickly takes a terrifying turn when one of them goes missing. One person knows the truth and it could tear their friendships apart. Starring: ANTONY STARR,FELICITY PRICE,JOEL EDGERTON,NICHOLAS CASSIM,WAYNE BLAIR,TERESA PALMER | **MA (V,A)**+SMIS-739+ |

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| 11:30 PM | **How Britain Worked: Trawler (R)** This week, Guy Martin helps with the 500,000 pound restoration of the world's oldest surviving Brixham sailing trawler, a boat that created a quantum leap in the 19th century fishing industry. | **PG** +GMIW-004+ |

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| 12:30 AM | **Best Houses Australia (R)** Gary Takle takes a look through a new home with unique taste, a contemporary home designed for a corner block, a home built at an old brewery and a stand out quirky industrial home. | **G** +BHOZ04-003+ |

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| 01:00 AM | **The Travel Bug: Thailand (R)** Morgan heads to where he first got his taste for travel – Thailand. He explores the chaos of Bangkok and Phuket, checks out the surrounds and takes a look at a few of the secret areas. | **PG** +TRBG05-001+ |

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| 02:00 AM | **House Calls To The Rescue (R) ’CC’** Jo Griggs and the team help transform an ugly hot space into a dream courtyard, and discover Don Bradman's plate in the process. | **G** +HSCL-011+ |

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| 03:00 AM | **Room For Improvement (R) ’CC’** John and Tracey have thrown in their jobs to start a Bed and Breakfast down the coast, but their sea change needs help... and fast! | **G** +RFI3-005+ |

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| 03:30 AM | **Room For Improvement (R) ’CC’** Don't miss the biggest cash-back ever, as the team creates a little magic for a big-hearted Aussie Mum. | **G** +RFI3-006+ |

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| 04:00 AM | **Creek To Coast (R) ’CC’** Queensland's ultimate outdoor adventure show, featuring the very latest in camping, cruising, fishing and four-wheel-driving. | **G** +7CTC16-039+ |

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| 04:30 AM | **Queensland Weekender (R) ’CC’** The Queensland Weekender team covers the length and breadth of this State with great suggestions for weekends, short breaks and holidays. | **G** +7QWE16-043+ |

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| 05:00 AM | **Home In WA (R) ’CC’** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA19-028+ |

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| 05:30 AM | **Sydney Weekender (R) ’CC’** Mike visits Port Stephens for some quad bike adventuring, as well as checking out dolphins. Mel visits Gerringong, and learns how to make bread, butter, jam and more at Buena Vista Farm.  | **G** +7SWE23-045+ |