

MELBOURNE PROGRAMME GUIDE

Sunday 04th October 2009



06:00 am	Mass For You At Home	WS G	Enjoy Mass in the comfort of your own home.
06:30 am	Hillsong With Brian Houston	WS G	Religious Program
07:00 am	Totally Wild (Rpt)	CC C WS	Explore the natural beauty of Australia's native flora and fauna with the Totally Wild team.
07:30 am	Pearlie	CC	<u>Dial A Dilemma / Throwing Down</u> It's magic in the city with Pearlie, a colourful comedy about a fashionable, urban fairy.
08:00 am	Meet The Press	CC WS	Network Ten's premier political program. Join Paul Bongiorno as he interviews the main players on the Australian public affairs stage, and covers the issues making news in Federal politics.
08:30 am	Video Hits	G	Video Hits is Australia's #1 music show. Hosted by Faustina 'Fuzzy' Agolley & Hayden Guppy, it features the best new music and classic tunes. Plus interviews, live event shows and huge competitions.
10:00 am	Video Hits	PG Sexual References, Mild Coarse Language	Video Hits is Australia's #1 music show. Hosted by Faustina 'Fuzzy' Agolley & Hayden Guppy, it features the best new music and classic tunes. Plus interviews, live event shows and huge competitions.
11:00 am	Video Hits Presents		<u>Video Hits Presents: The Big Day Out</u> Australia's number one music show brings you specials with interviews and music from the world's hottest acts.
12:00 pm	IFish	WS G	Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.
01:00 pm	Next Wave	WS	Australia's junior surf pros showcase their incredible talents as we follow their journey to be among the nation's greatest junior surfers.
01:30 pm	The Biggest Loser	WS PG	It's the big finale as one contestant is voted off and joins the 16 others for a chance at winning the \$100,000 "at home" prize. Finally, the remaining three will find out who was voted as this year's Biggest Loser and the winner of \$250,000.
03:00 pm	Olivia's Walk	WS	<u>Olivia's Walk</u> In April of 2008 Olivia Newton-John undertook an epic 21 day journey along the Great Wall of China. This documentary is a behind the scenes account of the journey undertaken by a unique group of people brought together to walk with Olivia.

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04:00 pm	MacGyver (Rpt)	PG Some Violence	Blow Out A terrorist attempts to kill Nikki believing she is able to identify him before he can carry out his next assignment. Starring: Richard Dean Anderson
05:00 pm	TEN News At Five	CC	A full half hour of news with extensive coverage of local, national and international news and weather.
05:30 pm	Sports Tonight	CC	Coverage of all the day's local, national, and international sporting news. If it happened in sports today, you'll see it on Sports Tonight.
06:00 pm	The Simpsons (Rpt)	CC PG	It's A Mad, Mad, Mad Mad Marge When Marge forces Otto to choose between rock'n'roll or his bride to be, Marge quickly finds herself hostess to a now-single Becky. Starring: Dan Castellaneta, Nancy Cartwright, Julie Kavner, Yeardley Smith
06:30 pm	Talkin' 'bout Your Generation (Rpt)	CC PG WS Mild Coarse Language	Hold on to your rib cages as comic & TV host Shaun Micallef & his regular team GENerals Amanda Keller, Charlie Pickering & Josh Thomas are joined by celebrity guests: Marcia Hines, Matt Welsh & Dave Thornton in this hilarious, inter-generational quiz show
07:30 pm	Australian Idol	CC PG WS	LIVE Final 8 Tonight, our Idols are painting the stage P!nk as they select from her ever growing catalogue of hits. The show will kick off with another emotional farewell before the remaining Idols take to the stage to perform their interpretation of P!nk songs.
09:30 pm	Rove	CC M WS	Join funny man and three time Gold Logie winner Rove McManus for the best celebrity interviews, live bands, special guests and loads more. Tonight's guests include: Vince Vaughn, Jason Bateman.
10:40 pm	Californication (Rpt)	WS MA15+ Sexual References, Frequent Coarse Language, Drug Use	The Great Ashby When Hank ends up in prison, Becca refuses to bail him out. So Hank is instead forced to share a cell with Ashby, a man accused of domestic abuse, and who wants to work on a script with Hank when they're on the outside. Starring: David Duchovny, Natasha McElhone, Evan Handler, Madeline Zima
11:15 pm	Formula One Grand Prix	WS	Race 15 Japanese Grand Prix ONE & TEN exclusively present the 2009 Formula 1 Fuji Television Japanese Grand Prix LIVE from the Suzuka Circuit.
01:30 am	Moto GP	WS	Round 14 Portugal The MotoGP heads to the Grande Premio De Portugal in Estoril and marks a return of Casey Stoner to the race. Can he come back from illness and knock Valentino Rossi from the top of the standings.

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02:40 am Motorcycle Racing: FIM 250CC Championship WS

Round 14 Portugal

Join racing teams from around the world for Round 14 of the 250cc class of the MotoGP.

03:45 am Video Hits Up Late PG

03:55 am Video Hits Up Late (Rpt) PG

04:00 am The CBS Early Show

Morning talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.

MELBOURNE PROGRAMME GUIDE

Monday 05th October 2009



06:00 am TEN Early News

CC

Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.

07:00 am Toasted TV

G

Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.

07:05 am Dinosaur King

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The Dinosaurs are back, and they're bigger, badder and better than ever as they race around the world and through time to save their parents and battle new and more nefarious enemies.

07:25 am Toasted TV

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07:30 am Scope

CC C
WS

Things That Are Really Big

So what exactly does it mean to be big? The heaviest? The tallest? The longest? The widest? Join Dr Rob as we go in search of some giant animals, find out how to build a massive bridge and look at the ins and outs of a very large musical instrument.

08:00 am Toasted TV

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08:05 am Rollbots

Welcome to Flip City, home of the Rollbots. Armed with specialised BotMods, these remarkable 'bots can retract their limbs, curl up into a ball and roll like mad! Get ready for a high speed roll down the trax!

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08:30 am Puzzle Play (Rpt)

CC P
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Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.

09:00 am 9am With David & Kim

CC PG
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David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.

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11:00 am	TEN News	CC		Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil (Rpt)	CC PG Adult Themes		<u>Obsessions</u> Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.
01:00 pm	The Oprah Winfrey Show (Rpt)	CC PG		<u>Oprah's Clean Up Your Messy House Tour</u> Watch out! Peter Walsh and his clutter crew could strike any time, anywhere! What happens when he goes door-to-door on a mission to help viewers get rid of their clutter? Plus, he shares the plan that will help you get organised a little bit at a time.
02:00 pm	Ready Steady Cook	CC PG WS		Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy	CC		Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Dharma & Greg (Rpt)	PG Sexual References		<u>The First Thanksgiving</u> After Dharma, Larry and Abby give a farm-full of turkeys their freedom, Dharma volunteers to make Thanksgiving dinner for the family. But Greg is not offering up thanks when he's the last to know that Dharma might have more than just a bird in the oven. Starring: Jenna Elfman, Thomas Gibson
04:00 pm	Huey's Cooking Adventures	WS G		Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:30 pm	The Bold & The Beautiful	CC		The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.
05:00 pm	TEN News At Five	CC		
06:00 pm	The Simpsons (Rpt)	CC G		<u>Sunday, Cruddy Sunday</u> Guest Starring: Dolly Parton, Rupert Murdoch Homer and his friends eagerly anticipate attending the Super Bowl, until a ticketing mix-up threatens to keep them from seeing the game. Starring: Dan Castellaneta, Nancy Cartwright, Julie Kavner, Yeardley Smith
06:30 pm	Neighbours	CC G WS		Kate and Donna are forced to face their dreams.

MELBOURNE PROGRAMME GUIDE

Monday 05th October 2009



07:00 pm **The 7PM Project**

CC PG
WS

The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm **Are You Smarter Than A 5th Grader?**

CC
WS

It is embarrassing, entertaining and downright torture for our contestants as they try to prove that they are smarter than a 5th grader. Hosted by Rove McManus. Tonight's guests include: Dave Hughes and Merrick & Rosso.

08:30 pm **Good News Week**

CC
WS

Join Paul McDermott along with team members Mikey Robins and Claire Hooper as they decipher, dissect, deconstruct and hilariously misrepresent the news from the week. Tonight's guests include Wendy Harmer, Jimeoin & Steven Gates.

10:00 pm **Little Britain USA**

CC MA15+
WS Sexual References,
Nudity

Guest Starring: Paul Rudd

Old favourites Lou & Andy, receptionist Carol Beer, Bubbles DeVere & Fat Fighter Marjorie Dawes join a host of new characters including retired astronaut Bing Gordyn as this classic British sketch show takes over the U.S.A.

Starring: David Walliams, Matt Lucas

10:35 pm **Nurse Jackie**

CC MA15+
WS Some Coarse
Language,
Drug Use

Chicken Soup

An elderly man is admitted into Jackie's care with heart failure but refuses to accept further treatment. Aware that he is dying, he insists his wife's chicken soup is the only medicine he needs.

Starring: Edie Falco, Peter Facinelli, Eve Best, Haaz Sleiman, Merritt Wever

11:10 pm **TEN Late News With Sports Tonight**

CC

Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.

11:55 pm **Medium (Rpt)**

CC M
WS Adult Themes

Very Merry Maggie

Allison has unsettling visions about a father abusing his young son, who in turn seeks comfort in a talking doll that may be delivering sinister messages to the child. Meanwhile, health issues rattle Joe as he takes on a looming project deadline.

Starring: Patricia Arquette, Jake Weber, Miguel Sandoval, Sofia Vassilieva, Maria Lark, David Cubitt

12:45 am **The Late Show With David Letterman**

WS PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.

01:30 am **Home Shopping**

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02:00 am Home Shopping

02:30 am Kenneth Copeland WS PG
Religious Program

03:00 am Life Today With James Robison WS PG
Religious Program

03:30 am This Is Your Day With Benny Hinn WS G
Religious Program

03:55 am Video Hits Up Late (Rpt) PG

04:00 am The CBS Early Show
Morning talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.

MELBOURNE PROGRAMME GUIDE

Tuesday 06th October 2009



06:00 am **TEN Early News**

CC

Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.

07:00 am **Toasted TV**

G

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07:05 am **Dinosaur King**

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07:25 am **Toasted TV**

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07:30 am **Totally Wild**

CC C
WS

The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.

08:00 am **Toasted TV**

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08:05 am **Rollbots**

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08:30 am **Puzzle Play (Rpt)**

CC P
WS

Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.

09:00 am **9am With David & Kim**

CC PG
WS

David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.

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11:00 am	TEN News	CC		Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil (Rpt)	CC PG Adult Themes		<u>Relationship Reality Check</u> Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.
01:00 pm	The Oprah Winfrey Show (Rpt)	CC PG		<u>Dr. Oz Reports: The Science Of Beauty</u> Dr. Oz presents the latest science behind looking and feeling beautiful. First, we'll get a look at a state of the art machine that can predict how our skin will age. Then, did you know that your hair can reveal potential health problems?
02:00 pm	Ready Steady Cook	CC PG WS		Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy	CC		Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Dharma & Greg (Rpt)	PG Sexual References		<u>Instant Dharma</u> Guest Starring: Laurie Metcalf, Drew Carey Dharma's parents arrive for their weekly yoga class only to find Dharma in tears because all her other students have deserted her for the popular self-defense class across the hall. Starring: Jenna Elfman, Thomas Gibson
04:00 pm	Huey's Cooking Adventures	WS G		Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:30 pm	The Bold & The Beautiful	CC		The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.
05:00 pm	TEN News At Five	CC		
06:00 pm	The Simpsons (Rpt)	CC G		<u>Homer To The Max</u> Guest Starring: Ed Begley Jr Homer changes his name when a dimwitted television show character named "Homer Simpson" becomes an overnight sensation. Starring: Dan Castellana, Nancy Cartwright, Julie Kavner, Yeardley Smith

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06:30 pm Neighbours

CC G
WS

Kate blames her family for her failure; and Donna is determined to prove herself at work, but how much will she sacrifice for her career?

07:00 pm The 7PM Project

CC PG
WS

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07:30 pm The Spearman Experiment

CC
WS

Hosted by Magda Szubanski, The Spearman Experiment is a pop-culture program that uses online polling to count down and rank the nation's most celebrated moments. This is a countdown show that's interactive, current and very much 'of the people'.

08:30 pm NCIS

CC
WS

Reunion

The team discovers the bizarre death of a Marine and his two friends may be linked to their past, but it's Gibbs who ends up taking a trip down memory lane.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

09:30 pm Lie To Me

CC
WS

SEASON PREMIERE

The Core Of IT

Season Two continues with new cases, new lies and life-changing situations for The Lightman Group as they encounter a woman with multiple-personality disorder whose lies as one personality may be true for another personality.

Starring: Tim Roth, Kelli Williams, Brendan Hines, Monica Raymund

10:30 pm TEN Late News With Sports Tonight

CC

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11:15 pm The Late Show With David Letterman

WS PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.

12:00 am Tell Me You Love Me

WS

This relationship drama follows the lives of three couples in committed relationships, but have intimacy problems. Jamie & Hugo have doubts about fidelity, Carolyn & Palek are trying to have a baby, while Katie & David are parents without time for sex.

Starring: Ally Walker, Adam Scott, Sonya Walger, Jane Alexander

01:00 am Home Shopping

01:30 am Home Shopping

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02:00 am Home Shopping

02:30 am Kenneth Copeland WS PG
Religious Program

03:00 am Life Today With James Robison WS PG
Religious Program

03:30 am This Is Your Day With Benny Hinn WS G
Religious Program

03:55 am Video Hits Up Late (Rpt) PG

04:00 am The CBS Early Show
Morning talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.

MELBOURNE PROGRAMME GUIDE

Wednesday 07th October 2009



06:00 am **TEN Early News**

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07:00 am **Toasted TV**

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07:30 am **Totally Wild**

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The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.

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08:30 am **Puzzle Play (Rpt)**

CC P
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09:00 am **9am With David & Kim**

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12:00 pm	Dr Phil (Rpt)	CC PG		<u>Huge Holiday Headaches</u> Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.
01:00 pm	The Oprah Winfrey Show (Rpt)	CC PG		<u>Why We Can't Stop Talking About Eat, Pray, Love!</u> Millions still cannot get enough of "Eat, Pray, Love" and Oprah can't either! Rock-star author Elizabeth Gilbert is back with what she wants you to know! Plus, she shares what her life is like now. Also, your overwhelming response to "Eat, Pray, Love"
02:00 pm	Ready Steady Cook	CC PG WS		Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy	CC		Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Dharma & Greg (Rpt)	PG Sexual References		<u>Haus Arrest</u> Guest Starring: Lindsay Sloane When Dharma discovers that Greg's niece has invited a boyfriend over unannounced, she lowers the disciplinary boom and Jennifer runs away. As punishment, Dharma and Jane take her along on a wacky shopping trip pretending to be monolingual German tourists. Starring: Jenna Elfman, Thomas Gibson
04:00 pm	Huey's Cooking Adventures	WS G		Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:30 pm	The Bold & The Beautiful	CC		The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.
05:00 pm	TEN News At Five	CC		
06:00 pm	The Simpsons (Rpt)	CC G		<u>I'm With Cupid</u> Guest Starring: Elton John Apu showers his wife with Valentine's Day surprises, making men throughout Springfield look like cheapskates. Starring: Dan Castellaneta, Nancy Cartwright, Julie Kavner, Yeardley Smith

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06:30 pm Neighbours

CC G
WS

Dan clashes with his family as he tries to explain giving away the money to Sam; and Rebecca gives Paul an ultimatum: either get Donna back home or else.

07:00 pm The 7PM Project

CC PG
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07:30 pm Celebrity MasterChef

08:30 pm NCIS: Los Angeles

CC
WS

The Only Easy Day

A case involving the murder of a drug dealer turns personal for Special Agent Sam Hanna when he discovers his former Navy Seal comrades are involved.

Starring: Chris Odonnell, LI Cool J, Rocky Carroll, Peter Cambor, Daniela Ruah

09:30 pm NCIS

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WS PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.

12:00 am Eureka

WS

It's Not Easy Being Green

When the bowling team from Area 51 hits town, the long-standing rivalry is reignited, and a prank goes horribly wrong.

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02:00 am Home Shopping

02:30 am Kenneth Copeland

WS PG

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07:05 am **Horseland**

G

Saddle-up and take a ride with the gang from Horseland! Follow the antics and adventures of a group of kids as they raise, race and ride their horses on the Horseland Ranch

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01:00 pm	The Oprah Winfrey Show (Rpt)	CC PG		<u>Tent Cities In America: A Lisa Ling Special Report</u> The economic crisis is causing increasing homelessness. Lisa Ling follows a family who went from living in a condo and driving a Lincoln Navigator a year ago, to sleeping in homeless shelters and carrying all their possessions in garbage bags.
02:00 pm	Ready Steady Cook	CC PG WS		Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy	CC		Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Dharma & Greg (Rpt)	PG Sexual References		<u>Do You Want Fries With That?</u> Greg discovers that he has a suppressed passion for cooking, so he informs his disturbed parents that he is starting a new career as a short-order cook in a hamburger joint. This prompts Edward to confess his own secret talent: hairdressing. Starring: Jenna Elfman, Thomas Gibson
04:00 pm	Huey's Cooking Adventures	WS G		Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:30 pm	The Bold & The Beautiful	CC		The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.
05:00 pm	TEN News At Five	CC		
06:00 pm	The Simpsons (Rpt)	CC G		<u>Marge Simpson In "Screaming Yellow Honkers"</u> Guest Starring: Hank Williams Jr. Marge discovers the pleasures of driving a sport utility vehicle, that is, until her aggressive highway habits catch the attention of Chief Wiggum. Starring: Dan Castellana, Nancy Cartwright, Julie Kavner, Yeardley Smith
06:30 pm	Neighbours	CC G WS		Dan's continued support of Sam now endangers his relationship with Ben, with Libby and with Susan; and Lou's return prompts a battle of wills between Lyn and Paul. Who will recruit Lou to their side?

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07:00 pm **The 7PM Project**

CC PG
WS

The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm **Glee**

CC
WS

Preggers

Kurt joins the football team just to impress his father. Finn and Quinn's relationship has a shocking development.

Starring: Matthew Morrison, Chris Colfer, Jayma Mays, Lea Michele, Kevin McHale

08:30 pm **Rush**

CC
WS

Lawson extracts an undercover operative from a drug syndicate only to discover she's crossed the line.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

09:30 pm **Burn Notice**

CC M
WS

Truth & Reconciliation

Guest Starring: Michael Shanks, Clarence Williams III

Under pressure from Sam and Fiona, Michael reluctantly decides to help bring a Haitian murderer to justice.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless

10:30 pm **TEN Late News With Sports Tonight**

CC

Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.

11:15 pm **The Late Show With David Letterman**

WS PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.

12:00 am **The Poker Star**

WS

Joe Hachem deals 11 contestants through a series of challenges as much about life as they are about cards.

01:00 am **Home Shopping**

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Kenneth Copeland**

WS PG

Religious Program

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03:00 am Life Today With James Robison WS PG

Religious Program

03:30 am This Is Your Day With Benny Hinn WS G

Religious Program

03:55 am Video Hits Up Late (Rpt) G

04:00 am The CBS Early Show

Morning talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.

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06:00 am TEN Early News

CC

Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.

07:00 am Toasted TV

G

Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.

07:05 am Avatar: The Legend Of Aang

G

Appa's Lost Days

When the hostile Fire Nation threatens to enslave the Water, Earth and Air Nations, a reluctant and irresponsible boy must face his destiny as the Avatar, the Chosen One who can restore the world order.

07:25 am Toasted TV

G

Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.

07:30 am Totally Wild

CC C
WS

The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.

08:00 am Toasted TV

G

Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.

08:05 am Bakugan

G

Mysterious cards appear in front of the children of the world, with the powers to summon monsters from an alternate dimension.

08:25 am Toasted TV

G

Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.

08:30 am Puzzle Play (Rpt)

CC P
WS

Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.

09:00 am 9am With David & Kim

CC PG
WS

David Reyne and Kim Watkins look at the news, views and issues that matter to you and your lifestyle; and bring you the latest from the worlds of cooking, celebrity, fashion and health.

11:00 am TEN News

CC

Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.

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12:00 pm Dr Phil (Rpt)

CC PG
Adult Themes

Body Obsessed Boys

Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.

01:00 pm The Oprah Winfrey Show (Rpt)

CC PG

Beauty Secrets From Around The World

What does "beautiful" mean around the globe? We'll take you to Japan where women tell how they keep their skin firm and youthful. Then, who has the most sought-after hair on the planet? And the nation where big backsides and stretch marks make you sexier!

02:00 pm Ready Steady Cook

CC PG
WS

Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.

03:00 pm Judge Judy

CC

Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.

03:30 pm Dharma & Greg (Rpt)

PG
Sexual References

Old Yeller

Dharma goes to a city auction and becomes the proud owner of a 1968 yellow school bus.

Starring: Jenna Elfman, Thomas Gibson

04:00 pm Huey's Cooking Adventures

WS G

Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.

04:30 pm The Bold & The Beautiful

CC

The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.

05:00 pm TEN News At Five

CC

06:00 pm The Simpsons (Rpt)

CC G

Make Room For Lisa

Lisa exhibits signs of stress when she is forced into sharing Bart's bedroom. Meanwhile, Marge becomes addicted to eavesdropping on mobile phone conversations.

Starring: Dan Castellana, Nancy Cartwright, Julie Kavner, Yeardley Smith

06:30 pm Neighbours

CC G
WS

Kate's dreams for a green Deb go up in smoke when she's sabotaged; Paul's embargo on Lyn may lead to the loss of a community icon; and the Kennedy-Fitzgeralds struggle to come together and work as a team.

07:00 pm The 7PM Project

CC PG
WS

The news but not as you know it. Join some of Australia's funniest and smartest, as they dissect, digest and re-constitute the daily news, events and hottest topics.

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07:30 pm **The Simpsons Hour (Rpt)**

CC PG

Viva Ned Flanders

Guest Starring: Justin Hayward

Homer shows Flanders how to enjoy life by taking him to Las Vegas.

Starring: Dan Castellaneta, Nancy Cartwright, Julie Kavner, Yeardley Smith

08:00 pm **The Simpsons Hour (Rpt)**

CC PG

Wild Barts Can't Be Broken

Guest Starring: Cyndi Lauper

The children of Springfield rebel after Wiggum enforces a curfew.

Starring: Dan Castellaneta, Nancy Cartwright, Julie Kavner, Yeardley Smith

08:30 pm **Simpsons Movie, The (2007)**

CC
WS

NETWORK PREMIERE

Guest Starring: Tom Hanks

After Homer accidentally pollutes the town's water supply, Springfield is encased in a gigantic dome by the EPA and the Simpsons family are declared fugitives.

Starring: Dan Castellaneta, Julie Kavner, Nancy Cartwright, Yeardley Smith, Hank Azaria, Harry Shearer

10:30 pm **Go Girls**

WS PG
Some Coarse
Language,
Adult Themes

I Should Be So Lucky (July)

A launch party creates havoc for Cody, Amy and Britta while Kevin seizes the day.

Starring: Anna Hutchison, Jay Ryan, Alix Bushnell, Bronwyn Turei

11:30 pm **TEN Late News**

CC

Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.

12:00 am **Sports Tonight**

CC

If your passion is sport then Sports Tonight delivers the goods with unprecedented coverage of all sports from Australia and around the world. If it happened in sports today, you'll see it on Sports Tonight.

12:30 am **The Late Show With David Letterman**

WS PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more.

01:15 am **Angel (Rpt)**

M
Some Violence,
Horror

Reunion

Angel is a vampire with a soul. He has arrived in Los Angeles to leave his past behind and find a place that he can call his own.

02:05 am **Pirate Master**

WS PG

The male contestants are the minority this week, which spurs the female contingent on to ensure they topple the male hierarchy. Captain Azmyth seems to be going back on his original vow to split the winnings equally and starts taking a much bigger share.

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03:00 am Home Shopping

03:30 am Home Shopping

04:00 am Home Shopping

04:30 am Home Shopping

05:00 am Home Shopping

05:30 am Home Shopping

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Saturday 10th October 2009



06:00 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
06:05 am	Teenage Mutant Ninja Turtles: Back To The Sewer	G	<u>City Under Siege</u> A cartoon about four mutant turtles, raised in the New York City sewers by Master Splinter, who teaches them how to be experts at martial arts.
06:30 am	Dork Hunters From Outer Space	G	<u>The Final</u> The fate of the universe rests in the hands of three teenage Aliens and two teen Earthlings who must save the galaxy while struggling to cope with life as average teenagers.
07:00 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Chaotic	G	Tom and Kaz delve deeper into Chaotic and quickly confront freaky new Creatures, uncover strange new Locations and scan awesome new BattleGear and Mugic.
07:20 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Spongebob Squarepants (Rpt)	G	<u>Texas/ Walking Small</u> Deep down in the Pacific Ocean in the city of Bikini Bottom lives a square yellow sea sponge. SpongeBob lives in a pineapple with his pet snail, Gary, loves his job as a fry cook at the Krusty Krab, and has a knack for getting into trouble without trying.
07:55 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:00 am	iCarly	G	<u>I Spy A Mean Teacher</u> Carly is a teenager who lives with her twenty-six year old brother and guardian Spencer, and produces her own web casts from a studio she constructed in the attic of her home.
08:25 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.

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08:30 am	H20: Just Add Water (Rpt)	CC C WS	Three teenage girls - all different - suddenly find they've got extraordinary power over water. Their lives will change forever. They'll learn more about their own potential and the power of friendship.
09:00 am	Totally Wild (Rpt)	CC C WS	Explore the natural beauty of Australia's native flora and fauna with the Totally Wild team.
09:30 am	Pearlie	CC	<u>Mothballs / Snip And Snit</u> It's magic in the city with Pearlie, a colourful comedy about a fashionable, urban fairy.
10:00 am	Video Hits	PG Sexual References, Mild Coarse Language	Video Hits is Australia's #1 music show. Hosted by Faustina 'Fuzzy' Agolley & Hayden Guppy, it features the best new music and classic tunes. Plus interviews, live event shows and huge competitions.
12:00 pm	Out Of The Blue	CC PG WS	Against her better judgement, Peta agrees to a deal to stay married to Marcus in order to keep a dangerous criminal behind bars. Sam is one step closer to finding out who killed his parents. Starring: Clayton Watson, Katherine Hicks, Charlotte Gregg, Diane Craig, Zoe Carides, Daniel Henshall, Ryan Johnson
12:30 pm	Out Of The Blue	CC PG WS Adult Themes	Gabby agrees to Paul's impromptu marriage proposal, but they receive some very bad news after the ultrasound. Stavva becomes Tess' birthing partner when the baby comes unexpectedly. Starring: Clayton Watson, Katherine Hicks, Charlotte Gregg, Diane Craig, Zoe Carides, Daniel Henshall, Ryan Johnson
01:00 pm	Netball World Series	WS G	<u>Day 1 Highlights</u> An exciting new Netball format - the World Netball Series sees the world's best netballers compete in a round robin tournament in Manchester, England. In Day 1 action the Aussie Diamonds face Jamaica and Malawi.
03:00 pm	One Tree Hill	WS	<u>ONE Million Billionth Of A Millisecond On A Sunday Morning</u> Tree Hill residents are surprised to learn that Luke and Peyton have decided to tie the knot, Brooke tries to adjust to life after the robbery, Nathan and Haley receive devastating news and Nanny Carrie's return creates more blanks than answers. Starring: Chad Michael Murray, Sophia Bush, James Lafferty, Hilarie Burton
04:00 pm	MacGyver (Rpt)	PG Some Violence	<u>Kill Zone</u> After cutting corners in research, an impulsive scientist unwittingly creates a mutant organism that speeds up the ageing process. Starring: Richard Dean Anderson

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05:00 pm TEN News At Five CC
A full half hour of news with extensive coverage of local, national and international news and weather.

05:30 pm Sports Tonight CC
Coverage of all the day's local, national, and international sporting news. If it happened in sports today, you'll see it on Sports Tonight.

06:00 pm The Simpsons (Rpt) CC PG
Bart The Mother
Bart tends to a nest filled with eggs after he inadvertently kills a bird with a BB gun.

Starring: Dan Castellaneta, Nancy Cartwright, Julie Kavner, Yeardley Smith

06:30 pm Ice Age: The Meltdown (Rpt) (2006) CC PG
WS Mild Violence
Diego, Manny and Sid return for more adventures in this smash hit sequel to Ice Age. Their valley is under threat as the melting ice threatens to destroy their home and end the Ice Age for good. The trio will have to unite and warn everyone of the danger.

Starring: Ray Romano, John Leguizamo, Denis Leary, Seann William Scott, Queen Latifah

08:30 pm Speed (Rpt) (1994) CC M
WS Some Violence, Some Coarse Language
A young cop must save the passengers of a bus that has a bomb set to explode if the bus goes below 50 MPH. Will he and his fellow SWAT members be able to stop the psychopathic bomber - or will the passengers be killed when the bus runs out of fuel?

Starring: Keanu Reeves, Dennis Hopper, Sandra Bullock, Jeff Daniels, Joe Morton, Alan Ruck

11:00 pm Dexter WS AV15+
Strong Violence, Frequent Coarse Language, Strong Adult Themes
The Damage A Man Can Do
Dexter and Miguel go through a new phase in their bond, Rita is having mood swings due to pregnancy and some new information about the "Skinner" comes to surface.

12:00 am Rock Of Love WS MA15+
Sexual References, Very Coarse Language
Since the days of heavy metal and spandex, women around the globe have worshipped 80s rock bad-boy Bret Michaels. Now, some lucky ladies get their chance for an 'Access-All-Areas' pass to Bret's heart and to share in his superstar lifestyle.

01:00 am Sex And The City (Rpt) WS M
Sex Scenes, Some Coarse Language
Oh Come, All Ye Faithful
Miranda's lover always showers afterwards, as he's a Catholic. Carrie discovers Mr. Big takes his mother to church on Sundays.

Starring: Sarah Jessica Parker, Cynthia Nixon, Kim Cattrall, Kristin Davis

01:30 am Sex And The City (Rpt) WS M
A Sex Scene, Very Coarse Language
Take Me Out To The Ballgame
After Carrie ends her relationship with Mr. Big, she dates a new member of the Yankees team, but they bump into Mr. Big and she realises she is not over him.

Starring: Sarah Jessica Parker, Cynthia Nixon, Kim Cattrall, Kristin Davis

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02:00 am Home Shopping

02:30 am Home Shopping

03:00 am Home Shopping

03:30 am Home Shopping

04:00 am Bayless Conley

WS G

Religious Program

04:30 am Leading The Way With Dr.
Michael Youssef

WS G

Religious Program

05:00 am Hour Of Power

WS G

Religious Program