



SYDNEY PROGRAM GUIDE

Sunday 07th July 2019

06:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
06:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:30 am	Key Of David	PG	The Key of David, a religious program, covers important issues of today with a unique perspective.
08:00 am	2019 Super Rugby		REPLAY <u>Final: Crusaders V Jaguares</u> Relive all the action from the 2019 Super Rugby Championship Final when the Crusaders take on the Jaguares from AMI Stadium, Christchurch.
10:00 am	Hogan's Heroes (Rpt)	G	<u>War Takes A Holiday</u> Hogan convinces Klink and the Gestapo that the war is over so that they will release some prisoners. Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary
10:30 am	Pooches At Play (Rpt)	CC G	Join hosts Gyton Grantley & dog trainer Lara Shannon, as they provide all the health, training and other pet care tips you need to know to keep your furry, feathered and scaly friends healthy & happy.
11:00 am	Shark Tank (Rpt)	CC PG Coarse Language, Mature Themes	First in the tank are entrepreneurs seeking investment for their drone education program, then two best mates ask for 1M for a brewery and a 17 yr old fronts the sharks about his doughnut business.
12:00 pm	Escape Fishing With ET (Rpt)	CC G	Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.



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12:30 pm **Mighty Machines** (Rpt)

PG

Mighty machines delivers the latest news, reviews and comparisons of all types of big, high-horsepower heavy machinery, from on and off-road trucks to tractors, harvesters, excavators and loaders.

01:00 pm **Hogan's Heroes** (Rpt)

G

War Takes A Holiday

Hogan convinces Klink and the Gestapo that the war is over so that they will release some prisoners.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary

01:30 pm **The Doctors**

PG
Mature Themes

A risky overnight challenge for teens; tips for retiring early; what items to toss or keep in one's home; ways to poop better in just one minute; biggest trends for helping back pain.

02:30 pm **Mission Impossible** (Rpt)

PG
Violence

The Ransom

When the daughter of a friend of Briggs' has been kidnapped and will die unless the IMF crushes a grand jury investigation, the team must snatch a trial witness out of a heavily guarded hotel room.

Starring: Steven Hill, Barbara Bain, Martin Landau, Greg Morris

Guest Starring: William Smithers

03:30 pm **Mission Impossible** (Rpt)

PG
Mild Violence

Spool There Was, A

In a deadly race with enemy secret police, Rollin Hand and Cinnamon Carter are sent on a mission to locate and retrieve a wire recording which holds vital data on a chemical-warfare project.

Starring: Martin Landau, Barbara Bain, Steven Hill

Guest Starring: Curt Lowens

04:30 pm **Fishing Edge** (Rpt)

G

Lee heads inland to Albury to meet up with Nick Sedgwick where the boys go in search of Murray Cod and some big yellow belly in the Murray River.

ALL NEW EPISODES

05:00 pm **I Fish**

G

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

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05:30 pm Attenborough: Saving The Panda (Rpt)	PG Sexual References	<u>Natural World: Saving The Panda</u>
		Giant pandas were on the brink of extinction but now they are coming back. The Chengdu Research Base in China is at the heart of a project to breed 300 pandas and introduce them back to the wild.
06:30 pm Bondi Rescue (Rpt)	CC PG Mature Themes	Lifeguards focus their security camera on a man assaulting women in the surf. Police are called to the scene but can they get there before the perpetrator gets away?
07:00 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	Nicola faces another challenge in the form of a sinking boat off Bondi. Meanwhile, the lifeguards play a prank on Harrison when they recruit international football superstar Alessandro Del Piero.
07:30 pm NCIS (Rpt)	CC M WS	<u>Jurisdiction</u> The NCIS team is forced to work with the CGIS agency to solve a murder of a Navy found dead after trying to find sunken treasure. Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray
08:30 pm NCIS (Rpt)	CC M WS Violence, Mature Themes	<u>Guilty Pleasure</u> The death of a Navy officer leads DiNozzo and the team into the world of high-priced call girls, relying on D.C. Madam Holly Snow to help them catch a killer. Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray
09:30 pm MotoGP 2019		<u>LIVE</u> <u>Race 9 Germany Grand Prix</u> Join us on 10 Bold for all the action from Race 9 of the 2019 MotoGP Championship German Grand Prix from the Hockenheim Circuit, Germany. Race start 10:00pm (AEST).
11:00 pm Car Crash Global (Rpt)	PG Violence	A series looking at jaw-dropping crashes, miracle escapes and bad driving along with dramatic video and interviews from victims and eyewitnesses.



Sunday 07th July 2019

12:00 am CSI: Miami (Rpt)

MA15+
Violence

Deep Freeze

Robbery appears to be the motive when a legendary football hero is stabbed to death, but the case hits a snag when the lab can't take the body because of the victim's wish to be cryogenically frozen.

Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo, Eva Larue

01:00 am Diagnosis Murder (Rpt)

M
Violence,
Drug References

Never Say Die

Steve enlists troubled teenager Tommy to work as community service at a boxing club after too many brushes with the law.

Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke

02:00 am 48 Hours (Rpt)

CC M
Mature Themes

In The Name Of Hate

The parents of Blaze Bernstein, a brilliant Ivy League student allegedly murdered because he was gay and Jewish, tell their story.

03:00 am The Doctors (Rpt)

PG
Mature Themes

Parent alert: what to look out for on your child's phone. DIY piercing guns - are they dangerous? A surprising sign that indicates a couple will divorce.

04:00 am The Doctors (Rpt)

M

A new way hackers can access your information; underarm cysts that come and go; a glue for mending bones; health benefits of eating fruit and vegetable skins.

05:00 am The Doctors

PG
Mature Themes

Why some residences are requiring your dog's DNA to catch Puppy Poopetrators. Could the opioid crisis have a grim silver lining?



Monday 08th July 2019

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07:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
08:00 am	Mission: Impossible (Rpt)	PG Violence	<p><u>The Ransom</u></p> <p>When the daughter of a friend of Briggs' has been kidnapped and will die unless the IMF crushes a grand jury investigation, the team must snatch a trial witness out of a heavily guarded hotel room.</p> <p>Starring: Steven Hill, Barbara Bain, Martin Landau, Greg Morris</p> <p>Guest Starring: William Smithers</p>
09:00 am	I Fish (Rpt)	G	<p>Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.</p>
09:30 am	Hogan's Heroes (Rpt)	G	<p><u>War Takes A Holiday</u></p> <p>Hogan convinces Klink and the Gestapo that the war is over so that they will release some prisoners.</p> <p>Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary</p>
10:00 am	Cheers (Rpt)	PG	<p><u>Dark Imaginings</u></p> <p>Sam's date with a younger woman turns into a Raquetball contest against Woody and when Sam gets hurt he sneaks out of the bar and into the hospital.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>
10:30 am	Cheers (Rpt)	PG	<p><u>Save The Last Dance For Me</u></p> <p>Carla asks Sam to partner her in a dance contest where their main competition is Nick and Loretta.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>



Monday 08th July 2019

11:00 am **Building Invincible** (Rpt)

PG
Mature Themes

Earthquake Bridge

Spanning 3.5kms of water, San Francisco's Bay Bridge is one of the most earthquake-proof bridges in the world. Built between America's most active earthquake faults, it's under constant threat.

12:00 pm **Star Trek** (Rpt)

PG
Mature Themes

Plato's Stepchildren

A battle of wills ensues when the arrogant, telekinetic inhabitants of Platonius order the Enterprise officers to remain on their planet, forcing them to perform humiliating acts for their amusement.

Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Nichelle Nichols

Guest Starring: Barbara Babcock, Michael Dunn

01:00 pm **Star Trek** (Rpt)

PG

Wink Of An Eye

A group of beings existing in a state of incredible acceleration beam up unseen with Kirk from the planet Scalos and invade the Enterprise, with the Captain the only one capable of stopping them.

Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Nichelle Nichols, George Takei, Majel Barrett

Guest Starring: Jason Evers

02:00 pm **Jake And The Fatman** (Rpt)

PG
Violence

Where Or When Part 2

While posing as an arms dealer to get the ammo he needs to prove Delaney's story, Jake ends up under the covers with the buyer.

Starring: William Conrad, Joe Penny

03:00 pm **Diagnosis Murder** (Rpt)

PG
Violence

The Mouth That Roared

An outgoing radio host who's hunting for her birth mother is suspected of murdering a phony mother.

Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke

04:00 pm **Star Trek: The Next Generation** (Rpt)

PG
Mature Themes

Man Of The People

Deanna becomes attracted to an alien ambassador. Shortly thereafter, she starts aging rapidly and begins to exhibit violent tendencies.

Starring: Patrick Stewart, Marina Sirtis, Jonathan Frakes, Michael Dorn, Brent Spiner, LeVar Burton, Gates McFadden



Monday 08th July 2019

05:00 pm Star Trek: Voyager (Rpt)	PG Mature Themes	<p><u>Real Life</u></p> <p>The Doctor decides he should create a holographic family in order to expand himself. When B'Elanna is disgusted by its unrealistic perfectionism, she alters the program.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
06:00 pm Judge Judy (Rpt)	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.</p>
06:30 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	<p><u>Bondi Rescue Best Of Part 1</u></p> <p>We take a swim down memory beach as we revisit the very best moments from seasons past.</p>
07:00 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	<p><u>Bondi Rescue Best Of Part 2</u></p> <p>The lifeguards have had some incredible experiences and in this episode we take a swim down memory beach as we revisit the very best moments from the past.</p>
07:30 pm NCIS (Rpt)	CC M	<p><u>Crescent City</u></p> <p>When the body of a Congressman and former NCIS agent washes ashore in New Orleans, Gibbs reunites with a former colleague in a joint investigation between the two field offices and the FBI.</p> <p>Starring: Mark Harmon, Michael Weatherly, Sean Murray, Pauley Perrette, Rocky Carroll, David McCallum</p>
08:30 pm Law & Order: SVU (Rpt)	CC M WS Mature Themes	<p><u>Underbelly</u></p> <p>After a third young teen is found dead, Stabler and Beck investigate a paw print tattoo on her lower back, which leads them to Broder House, a foster home for young girls.</p> <p>Starring: Christopher Meloni, Mariska Hargitay, Richard Belzer, Dann Florek, Ice T, Connie Nielsen</p>
09:30 pm Law & Order: SVU (Rpt)	CC M WS Mature Themes	<p><u>Cage</u></p> <p>After a van containing two young children ends up in the river, Beck finds herself drawn to the young girl, and the investigation into a tape found in the vehicle turns up a mysterious death.</p> <p>Starring: Christopher Meloni, Mariska Hargitay, Richard Belzer, Dann Florek, Ice T, Connie Nielsen</p>



Monday 08th July 2019

10:30 pm 48 Hours: NCIS

M
Mature Themes

ALL NEW EPISODES

Ncis: Deadly Lies

Did a duplicitous online love affair between two people who never met lead to an innocent Marine being murdered?

11:30 pm CSI: Miami (Rpt)

MA15+
Violence,
Drug Use

Sunblock

A man is killed during an eclipse. Twelve hours later, a woman is murdered in similar fashion and Horatio suspects that he may be dealing with a serial killer who targets his victims only at night.

Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo, Eva Larue

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am MotoGP 2019 (Rpt)

REPLAY

Race 9 Germany Grand Prix

Join us on 10 Bold for all the action from Race 9 of the 2019 MotoGP Championship German Grand Prix from the Hockenheim Circuit, Germany. Race start 10:00pm (AEST).

03:30 am Cheers (Rpt)

PG

Save The Last Dance For Me

Carla asks Sam to partner her in a dance contest where their main competition is Nick and Loretta.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

04:00 am Diagnosis Murder (Rpt)

PG
Violence

The Mouth That Roared

An outgoing radio host who's hunting for her birth mother is suspected of murdering a phony mother.

Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke



Monday 08th July 2019

05:00 am **The Doctors**

PG

Chef Rocco DiSpirito gives comic Louie Anderson a food makeover; a 3-year-old with a small heart valve; high heels and the uterus.



Tuesday 09th July 2019

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07:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
08:00 am	Star Trek: Voyager (Rpt)	PG Mature Themes	<u>Real Life</u> The Doctor decides he should create a holographic family in order to expand himself. When B'Elanna is disgusted by its unrealistic perfectionism, she alters the program. Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill
09:00 am	Jake And The Fatman (Rpt)	PG Violence	<u>Where Or When Part 2</u> While posing as an arms dealer to get the ammo he needs to prove Delaney's story, Jake ends up under the covers with the buyer. Starring: William Conrad, Joe Penny
10:00 am	Cheers (Rpt)	PG	<u>Fear Is My Co-Pilot</u> A flying daredevil that Diane travelled with across Europe takes her and Sam for a ride and dies at 20,000 feet up. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
10:30 am	Cheers (Rpt)	PG	<u>Banditos</u> Diane feels depressed and left out of the gang's activities so Frasier organises a day just for her-at the opera. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer



Tuesday 09th July 2019

<p>11:00 am Bondi Rescue (Rpt)</p>	<p>CC PG Coarse Language, Mature Themes</p>	<p><u>Bondi Rescue Best Of Part 1</u> We take a swim down memory beach as we revisit the very best moments from seasons past.</p>
<p>11:30 am Bondi Rescue (Rpt)</p>	<p>CC PG Coarse Language, Mature Themes</p>	<p><u>Bondi Rescue Best Of Part 2</u> The lifeguards have had some incredible experiences and in this episode we take a swim down memory beach as we revisit the very best moments from the past.</p>
<p>12:00 pm Star Trek (Rpt)</p>	<p>PG</p>	<p><u>The Empath</u> Kirk, Spock and McCoy find themselves subjected to horrible tortures in an alien laboratory with an enigmatic mute woman who may hold the key to their salvation. Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei Guest Starring: Kathryn Hays</p>
<p>01:00 pm Star Trek (Rpt)</p>	<p>PG Violence</p>	<p><u>Elaan Of Troyius</u> To avert a war, Kirk must tame a shrew when he undertakes a stormy mission of peace by taking the arrogant, demanding high priestess of a warrior people to her arranged marriage with an enemy ruler. Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, Nichelle Nichols, George Takei, Walter Koenig, Majel Barrett Guest Starring: France Nuyen, Tony Young</p>
<p>02:00 pm Jake And The Fatman (Rpt)</p>	<p>PG Violence</p>	<p><u>Street Of Dreams</u> A young graffiti artist who witnessed a murder paints himself into a corner when the killers identify him. Starring: William Conrad, Joe Penny</p>
<p>03:00 pm Diagnosis Murder (Rpt)</p>	<p>PG Violence</p>	<p><u>The Seven Deadly Sins</u> Mark matches wits with a beautiful jewel thief who's being framed for murder. Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke</p>
<p>04:00 pm Star Trek: The Next Generation (Rpt)</p>	<p>PG Mature Themes</p>	<p><u>Relics</u> Montgomery Scott is discovered suspended in a transporter beam 75 years after he disappeared. After the Enterprise crew re-materialise him, he has a hard time adjusting to the new future. Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden Guest Starring: James Doohan</p>



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05:00 pm	Star Trek: Voyager (Rpt)	PG	<p><u>Distant Origin</u></p> <p>An alien palaeontologist discovers a common ancestral link between his people and humans. He believes that this proves that his people, the Voth, evolved on Earth and migrated to the Delta Quadrant.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
06:00 pm	Judge Judy (Rpt)	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.</p>
06:30 pm	Bondi Rescue (Rpt)	CC PG Coarse Language	<p>With a record 234 rescues performed in Bondi on one day, Australia's prettiest playground can quickly become a nightmare for tourists not used to the precarious surf conditions.</p>
07:00 pm	Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	<p>A miscommunication between lifeguards leads to panic as they search for a swimmer lost in the surf. Plus, lifeguards sound the alarm and clear thousands of frantic swimmers from shark infested water.</p>
07:30 pm	NCIS (Rpt)	CC M Violence	<p><u>Crescent City Part II</u></p> <p>Gibbs & Special Agent Pride chase leads in New Orleans after evidence points to a copycat of the infamous Privileged Killer. Meanwhile, Bishop sends DiNozzo a special souvenir from the Crescent City.</p> <p>Starring: Mark Harmon, Michael Weatherly, Sean Murray, Pauley Perrette, Rocky Carroll, David McCallum</p>
08:30 pm	CSI: Miami	M Violence	<p><u>Chain Reaction</u></p> <p>A model is electrocuted on a runway, and CSI discovers that the case is connected to a heroin smuggling ring involving a designer and the prisoner who held Horatio's son hostage.</p> <p>Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo, Eva Larue</p>
09:25 pm	CSI: Miami	M Strong Violence	<p><u>Permanent Vacation</u></p> <p>In what appears to be a gang initiation gone wrong, a family vacation turns deadly when a couple's son is murdered and the parents take justice into their own hands.</p> <p>Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo</p> <p>Guest Starring: Dean Cain</p>



Tuesday 09th July 2019

10:20 pm **The Mentalist**

M
Violence

Blood For Blood

A protected witness under Van Pelt's watch who is set to testify against a drug dealer is shot and killed, and the key to solving the mystery may lie in his daughter's repressed memories.

Starring: Simon Baker, Robin Tunney, Amanda Righetti, Tim Kang, Owain Yeoman

Guest Starring: Yancy Butler

11:15 pm **The Mentalist**

M
Violence

Red Gold

A modern-day prospector's death is investigated and Lisbon is injured, prompting Hightower to join Jane in the field for the first time.

Starring: Simon Baker, Robin Tunney, Tim Kang, Amanda Righetti, Owain Yeoman, Aunjanue Ellis

12:10 am **Home Shopping** (Rpt)

Home Shopping

12:40 am **Home Shopping** (Rpt)

Home Shopping

01:10 am **Home Shopping** (Rpt)

Home Shopping

01:40 am **Home Shopping** (Rpt)

Home Shopping

02:10 am **Jake And The Fatman** (Rpt)

PG
Violence

Street Of Dreams

A young graffiti artist who witnessed a murder paints himself into a corner when the killers identify him.

Starring: William Conrad, Joe Penny

03:05 am **Star Trek: The Next Generation** (Rpt)

PG
Mature Themes

Relics

Montgomery Scott is discovered suspended in a transporter beam 75 years after he disappeared. After the Enterprise crew re-materialise him, he has a hard time adjusting to the new future.

Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden

Guest Starring: James Doohan



Tuesday 09th July 2019

04:05 am Cheers (Rpt)

PG

Fear Is My Co-Pilot

A flying daredevil that Diane travelled with across Europe takes her and Sam for a ride and dies at 20,000 feet up.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

04:35 am Cheers (Rpt)

PG

Banditos

Diane feels depressed and left out of the gang's activities so Frasier organises a day just for her—at the opera.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

05:05 am The Doctors

PG

Can putting a "Do Not Touch" sign on your pram protect your baby from germs? Hack or Wack: Kourtney Kardashian's burn remedy and Mariah Carey's flawless skin secret. We put them to the test.



Wednesday 10th July 2019

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08:00 am	Star Trek: Voyager (Rpt)	PG	<p><u>Distant Origin</u></p> <p>An alien palaeontologist discovers a common ancestral link between his people and humans. He believes that this proves that his people, the Voth, evolved on Earth and migrated to the Delta Quadrant.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
09:00 am	Jake And The Fatman (Rpt)	PG Violence	<p><u>Street Of Dreams</u></p> <p>A young graffiti artist who witnessed a murder paints himself into a corner when the killers identify him.</p> <p>Starring: William Conrad, Joe Penny</p>
10:00 am	Cheers (Rpt)	PG	<p><u>Relief Bartender</u></p> <p>Woody fears for his job when Sam hires a second bartender.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>
10:30 am	Cheers (Rpt)	PG	<p><u>Strange Bedfellows (1)</u></p> <p>Local councilwoman Janet Eldridge comes to Cheers as part of her re-election campaign and Sam finds himself smitten with her.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>



Wednesday 10th July 2019

11:00 am Bondi Rescue (Rpt)	CC PG Coarse Language	With a record 234 rescues performed in Bondi on one day, Australia's prettiest playground can quickly become a nightmare for tourists not used to the precarious surf conditions.
11:30 am Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	A miscommunication between lifeguards leads to panic as they search for a swimmer lost in the surf. Plus, lifeguards sound the alarm and clear thousands of frantic swimmers from shark infested water.
12:00 pm Star Trek (Rpt)	PG Violence	<p><u>Whom Gods Destroy</u></p> <p>Kirk and Spock fall into the hands of former starship captain Garth of Izar, the murderous, shape-shifting leader of an inmate revolt at an intergalactic insane asylum.</p> <p>Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Nichelle Nichols, George Takei</p> <p>Guest Starring: Steve Ihnat, Yvonne Craig, Keye Luke</p>
01:00 pm Star Trek (Rpt)	PG	<p><u>Let That Be Your Last Battlefield</u></p> <p>The crew of the Enterprise tackle racial intolerance when they encounter Bele, who is white on his left side and black on the right, and is hunting Lokai, whose colouration is reversed.</p> <p>Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Nichelle Nichols, George Takei, Walter Koenig, Majel Barrett</p> <p>Guest Starring: Frank Gorshin, Lou Antonio</p>
02:00 pm Jake And The Fatman (Rpt)	PG Violence	<p><u>I'll Never Be The Same</u></p> <p>Jake is distraught over his accidental shooting of a 14-year-old boy, but an Internal Affairs cop has to tell him to cool it after her own investigation heats up.</p> <p>Starring: William Conrad, Joe Penny</p>
03:00 pm Diagnosis Murder (Rpt)	PG Violence, Mild Coarse Language	<p><u>Santa Claude</u></p> <p>Hospital horticulturist Claude is revealed to be an escaped convict living under an assumed name for the past 10 years. Mark fights to shelter Claude from extradition, striving to prove his innocence.</p> <p>Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke</p>



Wednesday 10th July 2019

04:00 pm Star Trek: The Next Generation (Rpt)	PG	<u>Schisms</u>
		Members of the Enterprise crew start suffering from a strange form of tiredness and no recollection of having slept well the night before.
		Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, LeVar Burton, Michael Dorn, Gates McFadden, Marina Sirtis
05:00 pm Star Trek: Voyager (Rpt)	PG Mild Violence	<u>Displaced</u>
		One by one, the crew of Voyager go missing and are replaced by strangers who claim they have no idea how they arrived.
		Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill
06:00 pm Judge Judy (Rpt)	CC PG	Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.
06:30 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes, Nudity	When Matt Dee is on the beach, the good, the bad, the ugly and the downright weird take place. Plus, a woman is found lifeless between the flags, not breathing and without a pulse.
07:00 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	First-year trainee Jethro James is a 19-year-old surfer from nearby Clovelly. The deep-thinker has a cheeky side but don't be fooled: he is serious about his lifeguarding career.
07:30 pm NCIS (Rpt)	CC M	<u>Alleged</u>
		After a Navy officer is found dead on a rural road, the NCIS team must ascertain if the murder was the result of a bar fight or because he knew too much about an attack on a fellow female officer.
		Starring: Mark Harmon, Michael Weatherly, Sean Murray, Pauley Perrette, Rocky Carroll, David McCallum
08:30 pm NCIS: Los Angeles (Rpt)	CC M	<u>Active Measures</u>
		When Callen goes rogue and embarks on a secret mission that leaves Sam and the team in the dark, Hetty demands that his operation be shut down and tasks the team with finding him.
		Starring: LI Cool J , Chris O'Donnell, Daniela Ruah



Wednesday 10th July 2019

09:25 pm NCIS: Los Angeles (Rpt)

CC M
Violence

Citadel

Agent Talia Del Campo turns to the team for help after her partner is murdered. Also, after Kensi grows suspicious that Deeks is hiding something, he surprises her by introducing her to his mother.

Starring: LI Cool J , Chris O'Donnell, Daniela Ruah

10:20 pm To Be Advised

11:15 pm NCIS (Rpt)

CC M
Violence

Crescent City Part II

Gibbs & Special Agent Pride chase leads in New Orleans after evidence points to a copycat of the infamous Privileged Killer. Meanwhile, Bishop sends DiNozzo a special souvenir from the Crescent City.

Starring: Mark Harmon, Michael Weatherly, Sean Murray, Pauley Perrette, Rocky Carroll, David McCallum

12:10 am Home Shopping

Home Shopping

12:40 am Home Shopping (Rpt)

Home Shopping

01:10 am Home Shopping (Rpt)

Home Shopping

01:40 am Home Shopping (Rpt)

Home Shopping

02:10 am Star Trek: The Next Generation (Rpt)

PG

Schisms

Members of the Enterprise crew start suffering from a strange form of tiredness and no recollection of having slept well the night before.

Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, LeVar Burton, Michael Dorn, Gates McFadden, Marina Sirtis

03:05 am Star Trek: Voyager (Rpt)

PG
Mild Violence

Displaced

One by one, the crew of Voyager go missing and are replaced by strangers who claim they have no idea how they arrived.

Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill



Wednesday 10th July 2019

04:05 am **Diagnosis Murder** (Rpt)

PG
Violence,
Mild Coarse
Language

Santa Claude

Hospital horticulturist Claude is revealed to be an escaped convict living under an assumed name for the past 10 years. Mark fights to shelter Claude from extradition, striving to prove his innocence.

Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke

05:05 am **The Doctors**

M

Bourbon that contains beaver secretion; an Olympian's nephew gets a life-changing surgery. the hazards of baby car-seat accessories; giving orange juice more nutrients.



Thursday 11th July 2019

06:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
06:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
08:00 am	Sports Tonight (Rpt)	CC	Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.
08:30 am	Mighty Machines (Rpt)	PG	Mighty machines delivers the latest news, reviews and comparisons of all types of big, high-horsepower heavy machinery, from on and off-road trucks to tractors, harvesters, excavators and loaders.
09:00 am	Jake And The Fatman (Rpt)	PG Violence	<u>I'll Never Be The Same</u> Jake is distraught over his accidental shooting of a 14-year-old boy, but an Internal Affairs cop has to tell him to cool it after her own investigation heats up. Starring: William Conrad, Joe Penny
10:00 am	Cheers (Rpt)	PG	<u>Strange Bedfellows (2)</u> Sam and Janet's relationship is getting stronger and stronger and when Diane gets more jealous, Janet suggests that Sam fire Diane to sever all ties with his past. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
10:30 am	Cheers (Rpt)	PG	<u>Strange Bedfellows (3)</u> In the fourth season finale, Diane tries to apologise to Sam but ends up asking Janet some personal questions which causes Sam to throw her out of the bar. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer



Thursday 11th July 2019

11:00 am Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes, Nudity	When Matt Dee is on the beach, the good, the bad, the ugly and the downright weird take place. Plus, a woman is found lifeless between the flags, not breathing and without a pulse.
11:30 am Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	First-year trainee Jethro James is a 19-year-old surfer from nearby Clovelly. The deep-thinker has a cheeky side but don't be fooled: he is serious about his lifeguarding career.
12:00 pm Star Trek (Rpt)	G	<p><u>The Mark Of Gideon</u></p> <p>Captain Kirk finds himself trapped on a deserted Enterprise. Meanwhile, Spock - on the real Enterprise - must use diplomacy to deal with the uncooperative inhabitants of Gideon and locate Kirk.</p> <p>Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, Nichelle Nichols, George Takei, Walter Koenig</p> <p>Guest Starring: Sharon Acker, Richard Derr</p>
01:00 pm Star Trek (Rpt)	PG	<p><u>That Which Survives</u></p> <p>An Enterprise landing party is stranded on a planet replete with inexplicable phenomena, and a beautiful but lethal siren whose touch means instant death.</p> <p>Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, Nichelle Nichols, George Takei</p> <p>Guest Starring: Lee Meriwether, Booker Bradshaw, Kenneth Washington</p>
02:00 pm Jake And The Fatman (Rpt)	PG Violence	<p><u>I Could Write A Book</u></p> <p>McCabe comes up with a novel way to solve the murder of a writer, whose ex-wife wanted to close the book on his latest, a roman á clef.</p> <p>Starring: William Conrad, Joe Penny</p>
03:00 pm Diagnosis Murder (Rpt)	PG Mild Violence	<p><u>Man Overboard</u></p> <p>Mark takes on a temporary assignment as physician on a cruise ship and sleuths to uncover the killer of a disagreeable man.</p> <p>Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke</p>



Thursday 11th July 2019

04:00 pm Star Trek: The Next Generation (Rpt)	PG	<p><u>True Q</u></p> <p>A young intern visiting the Enterprise captures the interest of Q when she starts displaying Q-like powers.</p> <p>Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, LeVar Burton, Gates McFadden, Marina Sirtis</p> <p>Guest Starring: Olivia d'Abo, John De Lancie</p>
05:00 pm Star Trek: Voyager (Rpt)	PG Mild Violence	<p><u>Worse Case Scenario</u></p> <p>Torres finds a holodeck program, created by an unknown author, which shows the former Maquis crew members taking over Voyager. Later Tuvok admits he was the real author of the program.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
06:00 pm Judge Judy (Rpt)	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.</p>
06:30 pm Bondi Rescue (Rpt)	CC PG Mature Themes	<p>Chappo rushes in for a life and death rescue in the monster swells, but things don't go as planned.</p>
07:00 pm Bondi Rescue (Rpt)	CC PG Mature Themes, Nudity	<p>It's Christmas time on Bondi Rescue but the festive spirit turns deadly with a nasty combination of alcohol and surf.</p>
07:30 pm NCIS (Rpt)	CC M Drug References, Mature Themes	<p><u>Shooter</u></p> <p>When a Marine photographer disappears prior to providing his testimony in an Army court-martial hearing, the NCIS team investigates the murder he witnessed to find a clue to his whereabouts.</p> <p>Starring: Mark Harmon, Michael Weatherly, Sean Murray, Pauley Perrette, Rocky Carroll, David McCallum</p>
08:30 pm Hawaii Five-0 (Rpt)	CC M	<p><u>Kahu</u></p> <p>After someone foolishly tries to carjack McGarrett, he and Catherine meet a boy whose father is missing and may be in serious trouble in the backwoods of Oahu.</p> <p>Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Grace Park, Michelle Borth, Masi Oka</p> <p>Guest Starring: George Takei</p>



Thursday 11th July 2019

ALL NEW EPISODES

<p>09:30 pm Seal Team</p>	<p>CC M Strong Violence</p>	<p><u>Hold What You Got</u> Bravo Team partners with the Mexican Marines to hunt the head of one of the most powerful and lethal drug cartels in Mexico. Starring: David Boreanaz, Max Thieriot, Jessica Pare, Neil Brown Jr., A.J. Buckley, Judd Lormand</p>
<p>10:30 pm NCIS (Rpt)</p>	<p>CC M</p>	<p><u>Alleged</u> After a Navy officer is found dead on a rural road, the NCIS team must ascertain if the murder was the result of a bar fight or because he knew too much about an attack on a fellow female officer. Starring: Mark Harmon, Michael Weatherly, Sean Murray, Pauley Perrette, Rocky Carroll, David McCallum</p>
<p>11:30 pm NCIS: Los Angeles (Rpt)</p>	<p>CC M</p>	<p><u>Active Measures</u> When Callen goes rogue and embarks on a secret mission that leaves Sam and the team in the dark, Hetty demands that his operation be shut down and tasks the team with finding him. Starring: LI Cool J , Chris O'Donnell, Daniela Ruah</p>
<p>12:30 am Home Shopping (Rpt)</p>		<p><u>Home Shopping</u></p>
<p>01:00 am Home Shopping (Rpt)</p>		<p><u>Home Shopping</u></p>
<p>01:30 am Home Shopping (Rpt)</p>		<p><u>Home Shopping</u></p>
<p>02:00 am Star Trek: The Next Generation (Rpt)</p>	<p>PG</p>	<p><u>True Q</u> A young intern visiting the Enterprise captures the interest of Q when she starts displaying Q-like powers. Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, LeVar Burton, Gates McFadden, Marina Sirtis Guest Starring: Olivia d'Abo, John De Lancie</p>
<p>03:00 am Star Trek: Voyager (Rpt)</p>	<p>PG Mild Violence</p>	<p><u>Worse Case Scenario</u> Torres finds a holodeck program, created by an unknown author, which shows the former Maquis crew members taking over Voyager. Later Tuvok admits he was the real author of the program. Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>



Thursday 11th July 2019

04:00 am **Diagnosis Murder** (Rpt)

PG
Mild Violence

Man Overboard

Mark takes on a temporary assignment as physician on a cruise ship and sleuths to uncover the killer of a disagreeable man.

Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke

05:00 am **Cheers** (Rpt)

PG

Strange Bedfellows (2)

Sam and Janet's relationship is getting stronger and stronger and when Diane gets more jealous, Janet suggests that Sam fire Diane to sever all ties with his past.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

05:30 am **Cheers** (Rpt)

PG

Strange Bedfellows (3)

In the fourth season finale, Diane tries to apologise to Sam but ends up asking Janet some personal questions which causes Sam to throw her out of the bar.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer



Friday 12th July 2019

06:00 am Home Shopping (Rpt)

Home Shopping

06:30 am Home Shopping (Rpt)

Home Shopping

07:00 am Home Shopping (Rpt)

Home Shopping

07:30 am Home Shopping (Rpt)

Home Shopping

08:00 am MotoGP 2019 (Rpt)

REPLAY

Race 9 Germany Grand Prix

Join us on 10 Bold for all the action from Race 9 of the 2019 MotoGP Championship German Grand Prix from the Hockenheim Circuit, Germany. Race start 10:00pm (AEST).

09:30 am Australian Rally Championship (Rpt)

Arc Tasmania

Highlights from the Subaru Rally Tasmania from the forests of Launceston.

10:00 am Cheers (Rpt)

PG
Mature Themes

The Proposal

After Sam's shocking proposal, Diane fears that Sam is merely on the rebound after breaking up with Janet.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

10:30 am Cheers (Rpt)

PG

The Cape Cod

Diane follows Sam to Cape Cod in an effort to ruin his weekend with another woman.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

11:00 am Bondi Rescue (Rpt)

CC PG
Mature Themes

Chappo rushes in for a life and death rescue in the monster swells, but things don't go as planned.

11:30 am Bondi Rescue (Rpt)

CC PG
Mature Themes,
Nudity

It's Christmas time on Bondi Rescue but the festive spirit turns deadly with a nasty combination of alcohol and surf.



Friday 12th July 2019

12:00 pm Star Trek (Rpt)	PG	<p><u>The Lights Of Zetar</u></p> <p>The Enterprise is caught in an energy phenomena that enters the mind of Scotty's new girlfriend Mira, who reveals that the lights are actually ethereal beings from a long-dead planet.</p> <p>Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Nichelle Nichols, George Takei, Walter Koenig, Majel Barrett</p> <p>Guest Starring: Jan Shutan</p>
01:00 pm Star Trek (Rpt)	PG	<p><u>Requiem For Methuselah</u></p> <p>In search for a cure to a plague which has struck the Enterprise, the crew discovers a planet inhabited by a man of extraordinary historical accomplishments and his beautiful female companion.</p> <p>Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Nichelle Nichols</p> <p>Guest Starring: James Daly, Louise Sorel</p>
02:00 pm Jake And The Fatman (Rpt)	PG Violence	<p><u>Two Different Worlds</u></p> <p>Jake investigates a serious case of sibling rivalry when a disturbed woman hires an equally disturbed man to kill her twin sister.</p> <p>Starring: William Conrad, Joe Penny</p>
03:00 pm Diagnosis Murder (Rpt)	PG Mild Violence, Mature Themes	<p><u>Frontier Dad</u></p> <p>Steve goes undercover as a TV stunt man to discover who's trying to kill an abrasive young star.</p> <p>Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke</p>
04:00 pm Star Trek: The Next Generation (Rpt)	G	<p><u>Fistful Of Datas, A</u></p> <p>Worf and his son, Alexander, become trapped in the holodeck when their Wild West program malfunctions. They must find a way to defeat the holographic bandits who have Data's appearance and abilities.</p> <p>Starring: Patrick Stewart, Brent Spiner, Michael Dorn, LeVar Burton, Marina Sirtis, Gates McFadden, Jonathan Frakes</p>
05:00 pm Star Trek: Voyager (Rpt)	PG Mild Violence	<p><u>Scorpion, Part 1</u></p> <p>The inevitable finally happens, as Voyager enters Borg space. However, they soon encounter a new threat, in a species even more powerful and dangerous than the Borg. Guest Starring: John Rhys-Davies.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>



Friday 12th July 2019

06:00 pm Judge Judy (Rpt)	CC PG	Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.
06:30 pm Bondi Rescue (Rpt)	CC PG Mature Themes	Lifeguards focus their security camera on a man assaulting women in the surf. Police are called to the scene but can they get there before the perpetrator gets away?
07:00 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	Nicola faces another challenge in the form of a sinking boat off Bondi. Meanwhile, the lifeguards play a prank on Harrison when they recruit international football superstar Alessandro Del Piero.
07:30 pm Walker, Texas Ranger (Rpt)	M Violence	<u>The Wedding Pt. 1</u> A hit team targets a future wedding for two cops and their friends including the best man and maid-of-honour Alex Cahill. Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson
08:30 pm Walker, Texas Ranger (Rpt)	M Violence	<u>The Wedding Pt. 2</u> Alex's life hangs in the balance after being shot by a criminal during her friend's wedding. The Rangers track down the team who attacked during the wedding. Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson
09:30 pm Walker, Texas Ranger (Rpt)	M Violence	<u>Royal Heist</u> Garrett Stone, who Walker helps put away years prior, is paroled and resumes his life of crime. Triviette infiltrates his gang to bring him back to justice once again. Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson
10:30 pm Walker, Texas Ranger (Rpt)	M Violence	<u>War Cry</u> Walker investigates a mystery illness sweeping across the children on a Cherokee reservation. When suspicion falls on a nearby factory, he must prevent the Cherokee from waging vigilante justice. Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson



Friday 12th July 2019

11:30 pm **Hawaii Five-0** (Rpt)

CC M

Kahu

After someone foolishly tries to carjack McGarrett, he and Catherine meet a boy whose father is missing and may be in serious trouble in the backwoods of Oahu.

Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Grace Park, Michelle Borth, Masi Oka

Guest Starring: George Takei

12:30 am **Home Shopping** (Rpt)

Home Shopping

01:00 am **Home Shopping** (Rpt)

Home Shopping

01:30 am **Home Shopping** (Rpt)

Home Shopping

02:00 am **Star Trek: The Next Generation** (Rpt)

G

Fistful Of Datas, A

Worf and his son, Alexander, become trapped in the holodeck when their Wild West program malfunctions. They must find a way to defeat the holographic bandits who have Data's appearance and abilities.

Starring: Patrick Stewart, Brent Spiner, Michael Dorn, LeVar Burton, Marina Sirtis, Gates McFadden, Jonathan Frakes

03:00 am **Walker, Texas Ranger** (Rpt)

M
Violence

The Wedding Pt. 1

A hit team targets a future wedding for two cops and their friends including the best man and maid-of-honour Alex Cahill.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

04:00 am **Walker, Texas Ranger** (Rpt)

M
Violence

The Wedding Pt. 2

Alex's life hangs in the balance after being shot by a criminal during her friend's wedding. The Rangers track down the team who attacked during the wedding.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

05:00 am **Walker, Texas Ranger** (Rpt)

M
Violence

Royal Heist

Garrett Stone, who Walker helps put away years prior, is paroled and resumes his life of crime. Triviette infiltrates his gang to bring him back to justice once again.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson



Saturday 13th July 2019

06:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
06:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
08:00 am	Cheers (Rpt)	PG Mature Themes	<u>The Proposal</u> After Sam's shocking proposal, Diane fears that Sam is merely on the rebound after breaking up with Janet. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
08:30 am	Cheers (Rpt)	PG	<u>The Cape Cad</u> Diane follows Sam to Cape Cod in an effort to ruin his weekend with another woman. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
09:00 am	The Doctors	PG Mature Themes	Could inducing labour at 39 weeks be beneficial to mum and baby? How does going off birth control affect your body? New food combinations that are either totally buzzworthy or a big bust.
10:00 am	Hogan's Heroes (Rpt)	G	<u>Duel Of Honor</u> Hogan helps Klink prepare for a hasty trip to Argentina when he finds himself in a duel. Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary
10:30 am	Hogan's Heroes (Rpt)	G	<u>Axis Annie</u> Using the German propaganda radio network, Hogan gets information to the underground. Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary



Saturday 13th July 2019

11:00 am	I Fish (Rpt)	G	Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.
11:30 am	Building Invincible (Rpt)	PG	<p><u>Tornado Tower</u></p> <p>Reaching 423 metres into the sky, The Trump International Hotel and Tower in Chicago is no ordinary building. It has been built to withstand some of the most powerful winds and tornadoes on the planet</p>
12:30 pm	Dunlop Super2 Championship		<p><u>Dunlop Super2 Championship - Townsville</u></p> <p>Highlights of round 10 of the Dunlop Super2 championship from the Townsville 400 at the Reid Park street circuit.</p>
01:30 pm	SuperUtes Championship		<p><u>Superutes Championship - Townsville</u></p> <p>Highlights from round 4 of the SuperUtes races from the Townsville 400 at the Reid Park street circuit.</p>
02:30 pm	Car Crash Global (Rpt)	PG Violence	A series looking at jaw-dropping crashes, miracle escapes and bad driving along with dramatic video and interviews from victims and eyewitnesses.
03:30 pm	Attenborough: Saving The Panda (Rpt)	PG Sexual References	<p><u>Natural World: Saving The Panda</u></p> <p>Giant pandas were on the brink of extinction but now they are coming back. The Chengdu Research Base in China is at the heart of a project to breed 300 pandas and introduce them back to the wild.</p>
04:30 pm	Mighty Machines		<p>ALL NEW EPISODES</p> <p>Mighty machines delivers the latest news, reviews and comparisons of all types of big, high-horsepower heavy machinery, from on and off-road trucks to tractors, harvesters, excavators and loaders.</p>
05:00 pm	Reel Action	CC G	<p>ALL NEW EPISODES</p> <p>Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.</p>
05:30 pm	Escape Fishing With ET	CC G	<p>ALL NEW EPISODES</p> <p>Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.</p>



Saturday 13th July 2019

06:00 pm COPS (Rpt)

WS PG
Coarse Language,
Drug References

Coast To Coast

Chase down the bad boys and girls caught in the net of law enforcement agents. COPS is on the streets and on patrol to serve and protect law-abiding citizen and make the mean streets safer.

06:30 pm Scorpion (Rpt)

CC PG
Mature Themes

Nuke Kids On The Block

While decommissioning an old nuclear missile, a simple accident causes Team Scorpion to endure exposure to toxic vapour while trying to prevent the nuke from detonating.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jadyn Wong, Ari Stidham

07:30 pm MacGyver

M

ALL NEW EPISODES

Guts + Fuel + Hope

MacGyver and Riley must find a way to drive a tanker filled with liquid oxygen through a region occupied by rebels and deliver it to a children's hospital.

Starring: Lucas Till, George Eads

08:30 pm NCIS: New Orleans

CC M
Violence

The Abyss

The NCIS team partner with the Coast Guard Investigative Service to probe a double homicide aboard a research boat. Meanwhile, Lasalle tracks down his estranged brother.

Starring: Scott Bakula, Lucas Black, Zoe McLellan, C C H Ponder, Rob Kerkovich

09:30 pm NCIS: New Orleans (Rpt)

CC M
Mature Themes

The Walking Dead

Pride and the NCIS team hurry to solve the impending murder of a Navy Lieutenant who's been poisoned with a lethal dose of radiation.

Starring: Scott Bakula, Lucas Black, Zoe McLellan, C C H Ponder, Rob Kerkovich

10:30 pm Horse Racing: July Cup 2019

LIVE

July Cup

Live from Newmarket, England. One of the most valuable and prestigious sprints of the British Flat racing calendar, the July Cup has a record of attracting the best contenders.



Saturday 13th July 2019

02:00 am COPS (Rpt)

WS PG
Coarse Language,
Drug References

Coast To Coast

Chase down the bad boys and girls caught in the net of law enforcement agents. COPS is on the streets and on patrol to serve and protect law-abiding citizen and make the mean streets safer.

02:30 am MotoGP 2019 (Rpt)

REPLAY

Race 9 Germany Grand Prix

Join us on 10 Bold for all the action from Race 9 of the 2019 MotoGP Championship German Grand Prix from the Hockenheim Circuit, Germany. Race start 10:00pm (AEST).

04:00 am The Doctors (Rpt)

PG

Chef Rocco DiSpirito gives comic Louie Anderson a food makeover; a 3-year-old with a small heart valve; high heels and the uterus.

05:00 am Hogan's Heroes (Rpt)

G

Duel Of Honor

Hogan helps Klink prepare for a hasty trip to Argentina when he finds himself in a duel.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary

05:30 am Hogan's Heroes (Rpt)

G

Axis Annie

Using the German propaganda radio network, Hogan gets information to the underground.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary



Sunday 14th July 2019

06:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
06:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:30 am	Key Of David	PG	The Key of David, a religious program, covers important issues of today with a unique perspective.
08:00 am	Building Invincible (Rpt)	PG	<u>Tornado Tower</u> Reaching 423 metres into the sky, The Trump International Hotel and Tower in Chicago is no ordinary building. It has been built to withstand some of the most powerful winds and tornadoes on the planet
09:00 am	Hogan's Heroes (Rpt)	G	<u>What Time Does The Balloon Go Up?</u> Hogan helps an escapee go out of camp in a balloon. Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary
09:30 am	Hogan's Heroes (Rpt)	G	<u>Lebeau And The Little Old Lady</u> LeBeau says that he keeps rendezvousing with a little old lady who is actually young and beautiful. Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary
10:00 am	Hogan's Heroes (Rpt)	G	<u>How To Escape From A Prison Camp Without Really Trying</u> Hogan has trouble trying to get thirty prisoners out of camp. Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary
10:30 am	Pooches At Play (Rpt)	CC G	Join hosts Gyton Grantley & dog trainer Lara Shannon, as they provide all the health, training and other pet care tips you need to know to keep your furry, feathered and scaly friends healthy & happy.



Sunday 14th July 2019

11:00 am Shark Tank (Rpt)

CC PG
Coarse Language

Shark Tank brings together five superstars of business willing to put their own money on the line to invest in new products and ideas. What will be presented to the tank this week?

12:00 pm Escape Fishing With ET (Rpt)

CC G

Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.

12:30 pm Mighty Machines (Rpt)

PG

Mighty machines delivers the latest news, reviews and comparisons of all types of big, high-horsepower heavy machinery, from on and off-road trucks to tractors, harvesters, excavators and loaders.

01:00 pm Healthy Homes Australia (Rpt)

CC G

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

01:30 pm Porsche Carrera Cup Championship

Porsche Carrera Cup Championship - Townsville

Highlights from round 4 of the Porsche Carrera Cup Australia championship from the Townsville 400 at the Reid Park street circuit.

02:30 pm The Doctors

PG

A doctor is sued for violating patient privacy; deadly pregnancy complication on the rise; secrets to weight loss and better sex by changing one meal a day.

03:30 pm Mission Impossible (Rpt)

PG
Mild Violence

The Carriers

Enemy agents are learning how to act like typical Americans in a plot to spread a plague virus throughout the U.S. IMF infiltrates this group and wind up in a recreation of a typical American town.

Starring: Steven Hill, Barbara Bain, Martin Landau, Greg Morris

Guest Starring: George Takei, Arthur Hill



Sunday 14th July 2019

04:30 pm What's Up Down Under (Rpt) CC G

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

05:00 pm I Fish G

ALL NEW EPISODES

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

05:30 pm Attenborough And The Giant Egg (Rpt) CC G

Attenborough And The Giant Egg

Sir David Attenborough returns to Madagascar on a personal quest. In 1960, he acquired a giant egg of the extinct bird known as the "elephant bird." He's back to investigate this remarkable bird.

06:30 pm Bondi Rescue (Rpt) CC PG
Coarse Language, Mature Themes

A man is dragged unconscious from the water and without a pulse. Reidy and Beardy attach the defibrillator and oxygen mask and begin resuscitation. Can the boys bring him back?

07:00 pm Bondi Rescue (Rpt) CC PG
Coarse Language, Mature Themes

At the south end of the beach, a man screams in pain when he dislocates his hip. The lifeguards are taken by surprise when the man's friend then has a seizure just metres away, but not everything is as it seems.

07:30 pm NCIS (Rpt) CC M
WS Violence

Moonlighting

When an NCIS polygraph specialist's night job takes a dangerous turn, Gibbs, Fornell and the team have to uncover the truth.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

08:30 pm NCIS (Rpt) CC M
WS

Obsession

DiNozzo becomes obsessed with finding a woman whose brother has been murdered, while the team searches for the man's killer.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray



Sunday 14th July 2019

09:30 pm Law & Order: SVU (Rpt)

CC M
WS Violence,
Mature Themes

Weak

Benson enlists the help of a former cop turned psychiatrist in apprehending a serial rapist and murderer who attacks disabled women.

Starring: Christopher Meloni, Mariska Hargitay, Richard Belzer, Dann Florek, Ice T

10:30 pm 48 Hours (Rpt)

CC M
Mature Themes

Cold Blooded Killer

Go deep into the swamps of Florida for the strange case of duck hunter missing since 2000, who is said to have been eaten by alligators, and the investigation that led police elsewhere.

11:30 pm CSI: Miami (Rpt)

M
Violence

Chain Reaction

A model is electrocuted on a runway, and CSI discovers that the case is connected to a heroin smuggling ring involving a designer and the prisoner who held Horatio's son hostage.

Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo, Eva Larue

12:30 am RPM (Rpt)

CC

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

01:30 am Diagnosis Murder (Rpt)

M
Mature Themes

Today Is The Last Day Of The Rest Of My Life

Dr. Sloan crusades to keep a physician assisted suicide advocate from practicing her trade.

Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke

02:30 am Hogan's Heroes (Rpt)

G

Lebeau And The Little Old Lady

LeBeau says that he keeps rendezvousing with a little old lady who is actually young and beautiful.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary



Sunday 14th July 2019

03:00 am The Doctors (Rpt)

PG
Mature Themes

Could inducing labour at 39 weeks be beneficial to mum and baby? How does going off birth control affect your body? New food combinations that are either totally buzzworthy or a big bust.

04:00 am The Doctors (Rpt)

M

Bourbon that contains beaver secretion; an Olympian's nephew gets a life-changing surgery. the hazards of baby car-seat accessories; giving orange juice more nutrients.

05:00 am The Doctors

PG

A road rage incident leads to poop; a man poisoned by a dead rattlesnake fights for his life; groundbreaking treatment for breast cancer; the risk of smoking to a child's hearing.



Monday 15th July 2019

06:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
06:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
08:00 am	RPM (Rpt)	CC	Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.
09:00 am	I Fish (Rpt)	G	Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.
09:30 am	Hogan's Heroes (Rpt)	G	<u>How To Escape From A Prison Camp Without Really Trying</u> Hogan has trouble trying to get thirty prisoners out of camp. Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary
10:00 am	Cheers (Rpt)	PG	<u>Money Dearest</u> Cliff's ecstatic when his mother decides to marry a wealthy man until the groom decides to give it all away to charity. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
10:30 am	Cheers (Rpt)	PG Sexual References	<u>Abnormal Psychology</u> Diane tries to help Lilith, the lady psychologist attracted to Frasier, to soften her appearance and surprise Frasier during their television debate. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer



Monday 15th July 2019

<p>11:00 am Building Invincible (Rpt)</p>	<p>PG</p>	<p><u>Tornado Tower</u> Reaching 423 metres into the sky, The Trump International Hotel and Tower in Chicago is no ordinary building. It has been built to withstand some of the most powerful winds and tornadoes on the planet</p>
<p>12:00 pm Star Trek (Rpt)</p>	<p>PG</p>	<p><u>The Way To Eden</u> The Enterprise captures a group of idealistic hippies who are led by a fanatic named Sevrin who is determined to lead his followers to the idyllic planet Eden. Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, George Takei, Walter Koenig, Majel Barrett Guest Starring: Charles Napier, Skip Homeier, Mary Linda Rapelye</p>
<p>01:00 pm Star Trek (Rpt)</p>	<p>PG</p>	<p><u>The Cloud Minders</u> Kirk and Spock are caught up in a revolution on a planet where intellectuals and artists live in a Utopian cloud city in the sky while the rest of the population toil underground in dangerous mines. Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Nichelle Nichols Guest Starring: Jeff Corey, Diana Ewing, Fred Williamson, Charlene Polite</p>
<p>02:00 pm Jake And The Fatman (Rpt)</p>	<p>PG Violence</p>	<p><u>Every Time We Say Goodbye</u> New investigator Neely goes undercover to catch her model friend's murderer. Starring: William Conrad, Joe Penny</p>
<p>03:00 pm Diagnosis Murder (Rpt)</p>	<p>PG Mild Violence, Mature Themes</p>	<p><u>Too Many Cooks</u> Mark investigates when a philandering chef is murdered during a televised charity cook-off. Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke</p>
<p>04:00 pm Star Trek: The Next Generation (Rpt)</p>	<p>G</p>	<p><u>Rascals</u> A transporter accident transforms Picard, Ro Laren, Guinan and Keiko O'Brien into small children who appear to be about 12 years old. Matters become complicated when the Ferengi seize the Enterprise. Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden, Marina Sirtis, Colm Meaney Guest Starring: Whoopi Goldberg</p>



Monday 15th July 2019

05:00 pm Star Trek: Voyager (Rpt)	PG	<p><u>Scorpion, Part 2</u></p> <p>Capt. Janeway forges an unlikely alliance with the Borg. In exchange for safe passage through Borg space, Voyager will provide the Borg with medical technology to defeat Species 8472.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
06:00 pm Judge Judy (Rpt)	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.</p>
06:30 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	<p>A dramatic fight breaks out when a man confronts a photographer taking pictures of his topless girlfriend. Meanwhile, Deano performs a mass rescue for a group not taking their situation seriously.</p>
07:00 pm Bondi Rescue (Rpt)	CC PG Sexual References, Coarse Language, Mature Themes	<p>The boys and girl in blue are convinced they have seen it all. But when a man waddles to the tower with a horrendous dog bite on his manhood, the Bondi lifeguards cannot believe their eyes.</p>
07:30 pm NCIS (Rpt)	CC M	<p><u>The Admiral's Daughter</u></p> <p>Director Vance gives DiNozzo a special assignment to bring home an Admiral's daughter from Paris, but he must turn to the NCIS team for help after he enters a controversial crime scene.</p> <p>Starring: Mark Harmon, Michael Weatherly, Sean Murray, Pauley Perrette, Rocky Carroll, David McCallum</p>
08:30 pm Law & Order: SVU (Rpt)	CC M WS Mature Themes	<p><u>Choreographed</u></p> <p>After Danielle Masoner dies in Central Park, Stabler follows the leads to a homeless man who turns out to be a better witness than he thought.</p> <p>Starring: Christopher Meloni, Mariska Hargitay, Richard Belzer, Dann Florek, Ice T</p>
09:30 pm Law & Order: SVU (Rpt)	CC M WS Mature Themes	<p><u>Scheherezade</u></p> <p>Stabler's parish priest asks him to visit a terminally ill cancer patient. Stabler looks into the man's past and learns that he was once involved in a series of unsolved bank robberies.</p> <p>Starring: Christopher Meloni, Mariska Hargitay, Richard Belzer, Dann Florek, Ice T</p> <p>Guest Starring: Brian Dennehy</p>



Monday 15th July 2019

10:30 pm 2019 FORMULA 1 BRITISH GRAND PRIX

2019 Formula 1 British Grand Prix

Highlights from the 2019 Formula 1 British Grand Prix from the Silverstone Circuit, England.

11:30 pm CSI: Miami (Rpt)

M
Strong Violence

Permanent Vacation

In what appears to be a gang initiation gone wrong, a family vacation turns deadly when a couple's son is murdered and the parents take justice into their own hands.

Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo

Guest Starring: Dean Cain

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Jake And The Fatman (Rpt)

PG
Violence

Every Time We Say Goodbye

New investigator Neely goes undercover to catch her model friend's murderer.

Starring: William Conrad, Joe Penny

03:00 am Star Trek: Voyager (Rpt)

PG

Scorpion, Part 2

Capt. Janeway forges an unlikely alliance with the Borg. In exchange for safe passage through Borg space, Voyager will provide the Borg with medical technology to defeat Species 8472.

Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill

04:00 am Diagnosis Murder (Rpt)

PG
Mild Violence,
Mature Themes

Too Many Cooks

Mark investigates when a philandering chef is murdered during a televised charity cook-off.

Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke



Monday 15th July 2019

05:00 am The Doctors

M

Hot headlines: keto crotch! Herbalist kills teen! Teen spikes dad's drink!
Ask the Gyno: does coffee steaming vagina induce labour?



Tuesday 16th July 2019

06:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
06:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
08:00 am	Star Trek: Voyager (Rpt)	PG	<p><u>Scorpion, Part 2</u></p> <p>Capt. Janeway forges an unlikely alliance with the Borg. In exchange for safe passage through Borg space, Voyager will provide the Borg with medical technology to defeat Species 8472.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
09:00 am	Jake And The Fatman (Rpt)	PG Violence	<p><u>Every Time We Say Goodbye</u></p> <p>New investigator Neely goes undercover to catch her model friend's murderer.</p> <p>Starring: William Conrad, Joe Penny</p>
10:00 am	Cheers (Rpt)	PG	<p><u>House Of Horrors With Formal Dining And Used Brick</u></p> <p>Cliff finds a reasonably priced older home for Carla to buy that turns out to be haunted.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>
10:30 am	Cheers (Rpt)	PG Sexual References	<p><u>Tan N' Wash</u></p> <p>The gang insists on getting in on Norm's new business investment then complains bitterly when it looks like a washout.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>



Tuesday 16th July 2019

11:00 am Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	A dramatic fight breaks out when a man confronts a photographer taking pictures of his topless girlfriend. Meanwhile, Deano performs a mass rescue for a group not taking their situation seriously.
11:30 am Bondi Rescue (Rpt)	CC PG Sexual References, Coarse Language, Mature Themes	The boys and girl in blue are convinced they have seen it all. But when a man waddles to the tower with a horrendous dog bite on his manhood, the Bondi lifeguards cannot believe their eyes.
12:00 pm Star Trek (Rpt)	PG	<p><u>The Savage Curtain</u></p> <p>Kirk and Spock fight alongside Abe Lincoln and Vulcan leader Surak against Genghis Khan and Klingon founder Kahless, so a powerful alien called Yarnek can observe "good and evil".</p> <p>Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Nichelle Nichols, George Takei, Walter Koenig</p>
01:00 pm Star Trek (Rpt)	PG	<p><u>All Our Yesterdays</u></p> <p>Kirk, Spock and McCoy are sent through time by a machine called the Atavachron, with Kirk landing in the Middle Ages, where he's accused of witchcraft, and Spock and McCoy arriving in the Ice Age.</p> <p>Starring: William Shatner, Leonard Nimoy, Deforest Kelley</p> <p>Guest Starring: Mariette Hartley, Ian Wolfe</p>
02:00 pm Jake And The Fatman (Rpt)	PG Violence	<p><u>Come Along With Me</u></p> <p>Transplanted investigator Neely teams with Jake to investigate a series of murders linked to an organ-theft scheme on behalf of a wealthy man in need of a new liver.</p> <p>Starring: William Conrad, Joe Penny</p>
03:00 pm Diagnosis Murder (Rpt)	PG Violence, Coarse Language, Mature Themes	<p><u>Jake's Women</u></p> <p>Mark is stunned to learn that his late friend Jake was married to two women. Steve juggles the investigation of Jake's murder and a blossoming relationship.</p> <p>Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke</p>



Tuesday 16th July 2019

04:00 pm Star Trek: The Next Generation (Rpt)	G	<u>The Quality Of Life</u>
		Capt. Picard must determine if certain mining machines qualify as "life forms," and whether they can be sacrificed to save humans on the mining site, when an emergency arises.
		Starring: Patrick Stewart, Brent Spiner, LeVar Burton, Jonathan Frakes, Gates McFadden, Michael Dorn, Marina Sirtis
05:00 pm Star Trek: Voyager (Rpt)	PG	<u>The Gift</u>
		Seven Of Nine tries to resist as her natural human physiology tries to regenerate. Meanwhile, Kes' telekinetic powers grow to such a point that she can no longer control them.
		Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill
06:00 pm Judge Judy (Rpt)	CC PG	
		Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.
06:30 pm Bondi Rescue (Rpt)	CC PG	
		A cyclonic swell hits Bondi Beach with 12 foot waves sucking beachgoers out to sea. It is Harries' most challenging rescue of the season as he and his patient are slammed repeatedly into the rocks.
07:00 pm Bondi Rescue (Rpt)	CC PG	
		An inexperienced surfer is sucked into a vortex. Yatesy paddles into 10 foot swell for a rescue that doesn't go to plan, finding himself washed up on the rocks with his patient nowhere to be seen.
07:30 pm NCIS (Rpt)	CC M Violence	<u>Honor Thy Father</u>
		The NCIS team investigate whether a fire on a U.S. Navy ship that served as a secret detention site for terrorists was accidental or an intentional diversion for an escape.
		Starring: Mark Harmon, Michael Weatherly, Sean Murray, Pauley Perrette, Rocky Carroll, David McCallum
08:30 pm CSI: Miami	M Violence	<u>Stand Your Ground</u>
		An attempt to kill Calleigh puts not only her personal life at risk, but also her career.
		Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo, Eva Larue



Tuesday 16th July 2019

09:25 pm CSI: Miami

M
Strong Violence

CSI: My Nanny

A nanny is murdered, and the suspects in her death include members of the wealthy family she was working for, her boss, her fellow nannies, and her ex-boyfriend.

Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo, Eva Larue

10:20 pm The Mentalist

M
Violence

Red Queen

Jane finds his life at risk after evidence in the murder of an antiques dealer found dead in a museum indicates that the suspect may be a member of the CBI team.

Starring: Simon Baker, Robin Tunney, Tim Kang, Amanda Righetti, Owain Yeoman, Aunjanue Ellis

11:15 pm The Mentalist

M
Violence,
Drug References

Bloodstream

A doctor is found murdered on a golf course, and the team thinks the killer is in a hospital. Meanwhile, LaRoche demotes Agent Lisbon and puts Cho in charge of the team as they investigate the murder.

Starring: Simon Baker, Robin Tunney, Tim Kang, Amanda Righetti, Owain Yeoman

Guest Starring: Cameron Daddo

12:10 am Home Shopping (Rpt)

Home Shopping

12:40 am Home Shopping (Rpt)

Home Shopping

01:10 am Home Shopping (Rpt)

Home Shopping

01:40 am Home Shopping (Rpt)

Home Shopping

02:10 am Jake And The Fatman (Rpt)

PG
Violence

Come Along With Me

Transplanted investigator Neely teams with Jake to investigate a series of murders linked to an organ-theft scheme on behalf of a wealthy man in need of a new liver.

Starring: William Conrad, Joe Penny



Tuesday 16th July 2019

03:05 am Star Trek: The Next Generation (Rpt)

G

The Quality Of Life

Capt. Picard must determine if certain mining machines qualify as "life forms," and whether they can be sacrificed to save humans on the mining site, when an emergency arises.

Starring: Patrick Stewart, Brent Spiner, LeVar Burton, Jonathan Frakes, Gates McFadden, Michael Dorn, Marina Sirtis

04:05 am Cheers (Rpt)

PG

House Of Horrors With Formal Dining And Used Brick

Cliff finds a reasonably priced older home for Carla to buy that turns out to be haunted.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

04:35 am Cheers (Rpt)

PG
Sexual References

Tan N' Wash

The gang insists on getting in on Norm's new business investment then complains bitterly when it looks like a washout.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

05:05 am The Doctors

M

American's most common sexual fantasy; fashion hacks; healthy poke cones and hummus shakes; the secret cleaning hack you that will blow you away.



Wednesday 17th July 2019

06:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
06:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:00 am	Home Shopping		<u>Home Shopping</u>
07:30 am	Home Shopping		<u>Home Shopping</u>
08:00 am	Star Trek: Voyager (Rpt)	PG	<p><u>The Gift</u></p> <p>Seven Of Nine tries to resist as her natural human physiology tries to regenerate. Meanwhile, Kes' telekinetic powers grow to such a point that she can no longer control them.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
09:00 am	Jake And The Fatman (Rpt)	PG Violence	<p><u>Come Along With Me</u></p> <p>Transplanted investigator Neely teams with Jake to investigate a series of murders linked to an organ-theft scheme on behalf of a wealthy man in need of a new liver.</p> <p>Starring: William Conrad, Joe Penny</p>
10:00 am	Cheers (Rpt)	PG	<p><u>Young Dr. Weinstein</u></p> <p>Stung by Diane's attitude, Sam tries to impress her by getting reservations at the most exclusive restaurant in Boston.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>
10:30 am	Cheers (Rpt)	PG	<p><u>Knights Of The Scimitar</u></p> <p>Cliff prods a reluctant Norm to join his lodge and Sam thinks Diane has invented a suitor to make him jealous.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>



Wednesday 17th July 2019

11:00 am Bondi Rescue (Rpt) CC PG

A cyclonic swell hits Bondi Beach with 12 foot waves sucking beachgoers out to sea. It is Harries' most challenging rescue of the season as he and his patient are slammed repeatedly into the rocks.

11:30 am Bondi Rescue (Rpt) CC PG

An inexperienced surfer is sucked into a vortex. Yatesy paddles into 10 foot swell for a rescue that doesn't go to plan, finding himself washed up on the rocks with his patient nowhere to be seen.

12:00 pm Star Trek (Rpt) PG

Turnabout Intruder

After receiving a severe dose of mysterious radiation, Captain Kirk's insane ex-lover Dr. Janice Lester forcibly switches bodies with him in order to take command of the Enterprise.

Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, Nichelle Nichols, George Takei, Walter Koenig, Majel Barrett

Guest Starring: Sandra Smith

01:00 pm Star Trek (Rpt) PG Violence

Where No Man Has Gone Before

The U.S.S. Enterprise encounter an unknown force that transforms two crew members into superior god-like beings.

Starring: William Shatner, Leonard Nimoy, James Doohan, George Takei, Paul Fix

Guest Starring: Gary Lockwood, Sally Kellerman

02:00 pm Jake And The Fatman (Rpt) PG Violence

Last Dance

A last-minute confession isn't good for McCabe's soul as it casts doubt on the guilt of the man McCabe is trying for murder.

Starring: William Conrad, Joe Penny

03:00 pm Diagnosis Murder (Rpt) PG Mild Violence, Mature Themes

Murder By Remote

A devious home security programmer plots to murder the children of everyone involved in the accidental death of his son.

Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke



Wednesday 17th July 2019

<p>04:00 pm Star Trek: The Next Generation (Rpt)</p>	<p>G</p>	<p><u>Chain Of Command, Part 1</u></p> <p>Picard is pulled from his post as captain of the Enterprise to lead a top-secret espionage mission into Cardassia with Worf and Dr. Crusher.</p> <p>Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden, Marina Sirtis</p> <p>Guest Starring: Ronny Cox, David Warner</p>
<p>05:00 pm Star Trek: Voyager (Rpt)</p>	<p>PG</p>	<p><u>Day Of Honour</u></p> <p>Captain Janeway tries to help a group of aliens whose species was almost entirely assimilated by the Borg. Meanwhile, the Klingon "Day of Honour" turns into a string of bad luck for B'Elanna.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
<p>06:00 pm Judge Judy (Rpt)</p>	<p>CC PG</p>	<p>Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.</p>
<p>06:30 pm Bondi Rescue (Rpt)</p>	<p>CC PG Mild Coarse Language, Mature Themes</p>	<p>This episode is jam-packed with adrenaline, laughs and tears as the season ends on a personal note for the lifeguards.</p>
<p>07:00 pm Bondi Rescue (Rpt)</p>	<p>CC PG Coarse Language</p>	<p>Today's episode is jam-packed with adrenaline, laughs and tears as the season ends on a personal note for the lifeguards.</p>
<p>07:30 pm NCIS (Rpt)</p>	<p>CC M Frequent Violence</p>	<p><u>Twenty Klicks</u></p> <p>Gibbs and McGee travel to Russia to safely escort home an NCIS computer engineer connected to classified intel, but their mission is compromised when they're hunted by a Russian mercenary group.</p> <p>Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen</p>
<p>08:30 pm NCIS: Los Angeles (Rpt)</p>	<p>CC M Violence</p>	<p><u>Driving Miss Diaz</u></p> <p>The NCIS Los Angeles team investigates a 20-year old Peruvian massacre after a well-known fashion model, believed to be one of the survivors, is now a potential target.</p> <p>Starring: LI Cool J , Chris O'Donnell, Daniela Ruah</p>



Wednesday 17th July 2019

09:25 pm NCIS: Los Angeles (Rpt)

CC M

Command And Control

Callen and Sam mysteriously receive a cell phone and the caller threatens the lives of innocent people if the two don't do exactly what he says.

Starring: LI Cool J , Chris O'Donnell, Daniela Ruah

10:20 pm To Be Advised

11:15 pm NCIS (Rpt)

CC M
Violence

Honor Thy Father

The NCIS team investigate whether a fire on a U.S. Navy ship that served as a secret detention site for terrorists was accidental or an intentional diversion for an escape.

Starring: Mark Harmon, Michael Weatherly, Sean Murray, Pauley Perrette, Rocky Carroll, David McCallum

12:10 am Home Shopping (Rpt)

Home Shopping

12:40 am Home Shopping (Rpt)

Home Shopping

01:10 am Home Shopping (Rpt)

Home Shopping

01:40 am Home Shopping (Rpt)

Home Shopping

02:10 am Star Trek: The Next Generation (Rpt)

G

Chain Of Command, Part 1

Picard is pulled from his post as captain of the Enterprise to lead a top-secret espionage mission into Cardassia with Worf and Dr. Crusher.

Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden, Marina Sirtis

Guest Starring: Ronny Cox, David Warner

03:05 am Star Trek: Voyager (Rpt)

PG

Day Of Honour

Captain Janeway tries to help a group of aliens whose species was almost entirely assimilated by the Borg. Meanwhile, the Klingon "Day of Honour" turns into a string of bad luck for B'Elanna.

Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill



Wednesday 17th July 2019

04:05 am Diagnosis Murder (Rpt)

PG
Mild Violence,
Mature Themes

Murder By Remote

A devious home security programmer plots to murder the children of everyone involved in the accidental death of his son.

Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke

05:05 am The Doctors

M

The pros and cons of subscription prescriptions; the power of dreams; how to stop from going hungry to hangry.



Thursday 18th July 2019

06:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
06:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
08:00 am	Sports Tonight (Rpt)	CC	Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.
08:30 am	Mighty Machines (Rpt)	PG	Mighty machines delivers the latest news, reviews and comparisons of all types of big, high-horsepower heavy machinery, from on and off-road trucks to tractors, harvesters, excavators and loaders.
09:00 am	Jake And The Fatman (Rpt)	PG Violence	<u>Last Dance</u> A last-minute confession isn't good for McCabe's soul as it casts doubt on the guilt of the man McCabe is trying for murder. Starring: William Conrad, Joe Penny
10:00 am	Cheers (Rpt)	PG	<u>Thanksgiving Orphans</u> The gang gathers at Carla's house for a Thanksgiving dinner of frozen turkey and overdone peas. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
10:30 am	Cheers (Rpt)	PG	<u>Everyone Imitates Art</u> Diane becomes obsessed with tracking down a poem she's sure Sam plagiarised and had published in a literary magazine that has repeatedly turned her work down. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer



Thursday 18th July 2019

11:00 am Bondi Rescue (Rpt)	CC PG Mild Coarse Language, Mature Themes	This episode is jam-packed with adrenaline, laughs and tears as the season ends on a personal note for the lifeguards.
11:30 am Bondi Rescue (Rpt)	CC PG Coarse Language	Today's episode is jam-packed with adrenaline, laughs and tears as the season ends on a personal note for the lifeguards.
12:00 pm Star Trek (Rpt)	PG Mild Violence	<p><u>The Man Trap</u></p> <p>To celebrate 50 years of Star Trek, ONE presents the original Star Trek series. The U.S.S Enterprise arrives on a planet when the crew members start dying from a sudden lack of salt in their bodies.</p> <p>Starring: William Shatner, Leonard Nimoy, DeForest Kelley, George Takei, Nichelle Nichols, Grace Lee Whitney</p> <p>Guest Starring: Jeanne Bal, Alfred Ryder</p>
01:00 pm Star Trek (Rpt)	PG Mature Themes	<p><u>Charlie X</u></p> <p>Kirk and Spock match wits with a space orphan with psychic ability claiming to be the only survivor of a spaceship crash.</p> <p>Starring: William Shatner, Leonard Nimoy, DeForest Kelley, Nichelle Nichols, Grace Lee Whitney</p> <p>Guest Starring: Robert Walker Jr.</p>
02:00 pm Jake And The Fatman (Rpt)	PG Violence	<p><u>Come Closer To Me</u></p> <p>Jake goes undercover with a team of thieves to determine a hit man's next victim.</p> <p>Starring: William Conrad, Joe Penny</p>
03:00 pm Diagnosis Murder (Rpt)	PG Violence, Mature Themes	<p><u>Teacher's Pet</u></p> <p>A young med student is suspected of killing her abusive husband after her story of murderous burglars turns out to be nothing but lies.</p> <p>Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke</p>
04:00 pm Star Trek: The Next Generation (Rpt)	PG Mild Violence	<p><u>Chain Of Command, Part 2</u></p> <p>Picard is captured and tortured by the Cardassians, while Riker tries to prevent a Federation attack on Cardassia.</p> <p>Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden, Marina Sirtis</p> <p>Guest Starring: Ronny Cox, David Warner</p>



Thursday 18th July 2019

05:00 pm Star Trek: Voyager (Rpt)	PG	<p><u>Nemesis</u></p> <p>When Chakotay is stranded on a planet that is in the middle of a major war, he violates the Prime Directive by helping the soldiers that discover him.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
06:00 pm Judge Judy (Rpt)	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.</p>
06:30 pm Bondi Rescue (Rpt)	CC PG Coarse Language	<p>Bondi's never seen a summer quite like this! Record heat, record crowds, record waves, and record rescues!</p>
07:00 pm Bondi Rescue (Rpt)	CC PG Coarse Language	<p>A tornado hits Bondi, but that doesn't stop a group of tourists hitting the beach and getting in serious danger. Plus, Glick offers some sage advice to Prime Minister Malcom Turnbull.</p>
07:30 pm NCIS (Rpt)	CC M	<p><u>Kill The Messenger</u></p> <p>When a Navy Lieutenant is killed on his way to a private meeting with the President, the team must determine if the murder was a mugging (known to the area) or a targeted hit to keep intel secret.</p> <p>Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen</p>
08:30 pm Hawaii Five-0 (Rpt)	CC M	<p><u>Kapu</u></p> <p>A college professor is murdered, but who is the killer: his boss, his teaching assistant, or one of his students? Kono is assigned to protect an annoying witness released from federal prison.</p> <p>Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Grace Park</p> <p>Guest Starring: Jeff Fahey, Will Yun Lee, Andrew Lawrence, Matt Jones, Janel Parrish</p>
09:30 pm Seal Team	CC M Strong Violence	<p>ALL NEW EPISODES</p> <p><u>Outside The Wire</u></p> <p>Bravo Team continues to follow tips that will lead to Andres Doza, the head of one of the most powerful and lethal drug cartels in Mexico</p> <p>Starring: David Boreanaz, Max Thieriot, Jessica Pare, Neil Brown Jr., A.J. Buckley, Toni Trucks</p>



Thursday 18th July 2019

10:30 pm NCIS (Rpt)	CC M Frequent Violence	<u>Twenty Klicks</u> Gibbs and McGee travel to Russia to safely escort home an NCIS computer engineer connected to classified intel, but their mission is compromised when they're hunted by a Russian mercenary group. Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen
11:30 pm NCIS: Los Angeles (Rpt)	CC M Violence	<u>Driving Miss Diaz</u> The NCIS Los Angeles team investigates a 20-year old Peruvian massacre after a well-known fashion model, believed to be one of the survivors, is now a potential target. Starring: LI Cool J , Chris O'Donnell, Daniela Ruah
12:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
01:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
01:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
02:00 am Star Trek: The Next Generation (Rpt)	PG Mild Violence	<u>Chain Of Command, Part 2</u> Picard is captured and tortured by the Cardassians, while Riker tries to prevent a Federation attack on Cardassia. Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden, Marina Sirtis Guest Starring: Ronny Cox, David Warner
03:00 am Star Trek: Voyager (Rpt)	PG	<u>Nemesis</u> When Chakotay is stranded on a planet that is in the middle of a major war, he violates the Prime Directive by helping the soldiers that discover him. Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill
04:00 am Diagnosis Murder (Rpt)	PG Violence, Mature Themes	<u>Teacher's Pet</u> A young med student is suspected of killing her abusive husband after her story of murderous burglars turns out to be nothing but lies. Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke



Thursday 18th July 2019

05:00 am Cheers (Rpt)

PG

Thanksgiving Orphans

The gang gathers at Carla's house for a Thanksgiving dinner of frozen turkey and overdone peas.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

05:30 am Cheers (Rpt)

PG

Everyone Imitates Art

Diane becomes obsessed with tracking down a poem she's sure Sam plagiarised and had published in a literary magazine that has repeatedly turned her work down.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer



Friday 19th July 2019

06:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
06:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
08:00 am	2019 FORMULA 1 BRITISH GRAND PRIX (Rpt)		<u>2019 Formula 1 British Grand Prix</u> Highlights from the 2019 Formula 1 British Grand Prix from the Silverstone Circuit, England.
09:00 am	Jake And The Fatman (Rpt)	PG Violence	<u>Come Closer To Me</u> Jake goes undercover with a team of thieves to determine a hit man's next victim. Starring: William Conrad, Joe Penny
10:00 am	Cheers (Rpt)	PG	<u>The Book Of Samuel</u> Woody delves into Sam's legendary black book to find a date to impress his former girlfriend, who is coming to Cheers to introduce her fiancé. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
10:30 am	Cheers (Rpt)	PG	<u>Dance, Diane, Dance</u> Frasier's effort to lighten a dance instructor's harsh criticism of Diane's efforts backfires when she decides to audition for the Boston Ballet. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
11:00 am	Bondi Rescue (Rpt)	CC PG Coarse Language	Bondi's never seen a summer quite like this! Record heat, record crowds, record waves, and record rescues!
11:30 am	Bondi Rescue (Rpt)	CC PG Coarse Language	A tornado hits Bondi, but that doesn't stop a group of tourists hitting the beach and getting in serious danger. Plus, Glick offers some sage advice to Prime Minister Malcom Turnbull.



Friday 19th July 2019

12:00 pm Star Trek (Rpt)

PG
Mild Violence,
Mature Themes

The Naked Time

A highly communicable virus spreads rapidly through the Enterprise's ranks, removing the crew's emotional inhibitions to a dangerous degree and driving them into unique forms of madness.

Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Nichelle Nichols, Grace Lee Whitney, Majel Barrett, Bruce Hyde

01:00 pm Star Trek (Rpt)

PG
Mature Themes

The Enemy Within

While orbiting the planet Alfa 177, the U.S.S. Enterprise experiences a transporter malfunction which splits Captain Kirk into two halves: one meek and indecisive, the other violent and ill tempered.

Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Grace Lee Whitney

02:00 pm Jake And The Fatman (Rpt)

PG
Violence

Since I Fell For You

A former girlfriend Derek thought was dead returns to his life, hoping they'll have more than a ghost of a chance against the mob, which is after her.

Starring: William Conrad, Joe Penny

03:00 pm Diagnosis Murder (Rpt)

PG
Violence,
Mature Themes

The Unluckiest Bachelor In L.A.

Steve meets a new girlfriend on a television game show and then investigates when she's killed. Steve suspects her estranged brother, a doctor at Community General.

Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke

04:00 pm Star Trek: The Next Generation (Rpt)

PG

Ship In A Bottle

While performing holodeck maintenance, Barclay accesses the stored hologram of Professor Moriarty, who wreaks havoc on board the Enterprise.

Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, LeVar Burton, Gates McFadden

Guest Starring: Daniel Davis, Stephanie Beacham, Dwight Schultz

05:00 pm Star Trek: Voyager (Rpt)

PG

Revelsion

B'Elanna and the Doctor respond to a distress call and come to the aid of a malfunctioning hologram.

Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill



Friday 19th July 2019

06:00 pm Judge Judy (Rpt)	CC PG	Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.
06:30 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	A man is dragged unconscious from the water and without a pulse. Reidy and Beardy attach the defibrillator and oxygen mask and begin resuscitation. Can the boys bring him back?
07:00 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	At the south end of the beach, a man screams in pain when he dislocates his hip. The lifeguards are taken by surprise when the man's friend then has a seizure just metres away, but not everything is as it seems.
07:30 pm Walker, Texas Ranger (Rpt)	M Violence	<u>Code Of The West</u> An escaped convict embarks on a deadly pursuit to kill every person who was involved in his sentencing. His top target is the kind old judge who the convict intends to return the favour by executing. Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson
08:30 pm Walker, Texas Ranger (Rpt)	M Violence	<u>Children Of Halloween</u> A Satanic symbol found at the crime scenes suggests abducted children are going to be sacrificed on Halloween. Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson
09:30 pm Walker, Texas Ranger (Rpt)	M Violence	<u>Survival</u> A camping trip turns nightmarish when Alex is kidnapped by deranged brothers, and the men must come to the rescue. Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson
10:30 pm Walker, Texas Ranger (Rpt)	M Violence	<u>Second Chance</u> A former member of the IRA brings his daughter to Dallas for medical treatment. However, Irish radicals follow them to Texas to kidnap her. The Rangers must find her before she dies from her illness. Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson



Friday 19th July 2019

11:30 pm Hawaii Five-0 (Rpt)

CC M

Kapu

A college professor is murdered, but who is the killer: his boss, his teaching assistant, or one of his students? Kono is assigned to protect an annoying witness released from federal prison.

Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Grace Park

Guest Starring: Jeff Fahey, Will Yun Lee, Andrew Lawrence, Matt Jones, Janel Parrish

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Nash Bridges (Rpt)

M
Violence,
Mature Themes

Fair Game

A serial killer who picks up passengers in a cab and then murders them stalks the city. Meanwhile, Cassidy struggles with whether she wants to continue to be a cop.

Starring: Don Johnson, Jodi Lyn O'Keefe, Cheech Marin

03:00 am Walker, Texas Ranger (Rpt)

M
Violence

Code Of The West

An escaped convict embarks on a deadly pursuit to kill every person who was involved in his sentencing. His top target is the kind old judge who the convict intends to return the favour by executing.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

04:00 am Walker, Texas Ranger (Rpt)

M
Violence

Children Of Halloween

A Satanic symbol found at the crime scenes suggests abducted children are going to be sacrificed on Halloween.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

05:00 am Walker, Texas Ranger (Rpt)

M
Violence

Survival

A camping trip turns nightmarish when Alex is kidnapped by deranged brothers, and the men must come to the rescue.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson



Saturday 20th July 2019

06:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
06:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
08:00 am	Cheers (Rpt)	PG	<u>Dance, Diane, Dance</u> Frasier's effort to lighten a dance instructor's harsh criticism of Diane's efforts backfires when she decides to audition for the Boston Ballet. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
08:30 am	The Doctors	PG	Whether school nurses should administer medicinal marijuana; a Los Angeles couple helps homeless children celebrate their special day; a beauty product may be a risk for the eyes.
09:30 am	Hogan's Heroes (Rpt)	G	<u>The Collector General</u> A collection of stolen art comes to Stalag 13 and Hogan decides to steal it. Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary
10:00 am	Hogan's Heroes (Rpt)	G	<u>The Ultimate Weapon</u> Hogan makes the Germans think that Schultz has ESP to get them to move their anti-aircraft defenses. Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary
10:30 am	I Fish (Rpt)	G	Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.



Saturday 20th July 2019

11:00 am **Jake And The Fatman** (Rpt)

PG
Violence

Since I Fell For You

A former girlfriend Derek thought was dead returns to his life, hoping they'll have more than a ghost of a chance against the mob, which is after her.

Starring: William Conrad, Joe Penny

12:00 pm **Diagnosis Murder** (Rpt)

PG
Violence,
Mature Themes

The Unluckiest Bachelor In L.A.

Steve meets a new girlfriend on a television game show and then investigates when she's killed. Steve suspects her estranged brother, a doctor at Community General.

Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke

01:00 pm **Building Invincible** (Rpt)

G

Hurricane-Proof Ballpark

Miami's futuristic new ballpark looks more like a space-ship than a sporting arena that is directly in the firing line of the most powerful hurricanes to hit the States.

02:00 pm **Attenborough And The Giant Egg** (Rpt) CC G

Attenborough And The Giant Egg

Sir David Attenborough returns to Madagascar on a personal quest. In 1960, he acquired a giant egg of the extinct bird known as the "elephant bird." He's back to investigate this remarkable bird.

03:00 pm **Australian Off-Road Championship**

Finke Desert Race

The Tatts Finke Desert Race is an off road, multi terrain two-day race for bikes, cars, buggies and quads through desert country from Alice Springs to the small Aputula (Finke) community.

04:30 pm **Mighty Machines**

ALL NEW EPISODES

Mighty machines delivers the latest news, reviews and comparisons of all types of big, high-horsepower heavy machinery, from on and off-road trucks to tractors, harvesters, excavators and loaders.

05:00 pm **Reel Action**

CC

ALL NEW EPISODES

Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.



Saturday 20th July 2019

05:30 pm Escape Fishing With ET

CC G

ALL NEW EPISODES

Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.

06:00 pm COPS (Rpt)

WS PG
Drug References,
Mature Themes

Coast To Coast

COPS is the trailblazing observational show that pioneered a genre. We take you on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

06:30 pm Scorpion (Rpt)

CC PG
Violence

Sci Hard

Team Scorpion is taken hostage by a group attempting a virtual heist at a tech convention and must outwit their captors utilising the cutting edge technology on display.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jady Wong, Ari Stidham

Guest Starring: Andy Buckley, Kevin Weisman, Amir Talai, Kevin Daniels

07:30 pm MacGyver

M
Violence

ALL NEW EPISODES

Dia De Muertos + Sicarious + Family

Mac and Jack rush to Mexico to help capture the leader of a drug cartel while the country celebrates Dia de Muertos.

Starring: Lucas Till, George Eads

08:30 pm NCIS: New Orleans (Rpt)

CC M
Violence

Careful What You Wish For

An NCIS agent is killed during a security detail for the Vice Chief of Naval Operations. Meanwhile, Brody is placed under investigation and her furtive past is reevaluated.

Starring: Scott Bakula, Lucas Black, Zoe McLellan, C C H Pounder, Rob Kerkovich

09:25 pm NCIS: New Orleans (Rpt)

CC M
Violence

Le Carnivale De LA Mort

The NCIS team needs to solve the murder of a Petty Officer by examining the parades and parties that led to his death. Meanwhile, Pride has to make a tough decision.

Starring: Scott Bakula, Lucas Black, Zoe McLellan, C C H Pounder, Rob Kerkovich



Saturday 20th July 2019

10:20 pm Seal Team (Rpt)	CC M Strong Violence	<u>Outside The Wire</u> Bravo Team continues to follow tips that will lead to Andres Doza, the head of one of the most powerful and lethal drug cartels in Mexico Starring: David Boreanaz, Max Thieriot, Jessica Pare, Neil Brown Jr., A.J. Buckley, Toni Trucks
11:15 pm NCIS: Los Angeles (Rpt)	CC M	<u>Command And Control</u> Callen and Sam mysteriously receive a cell phone and the caller threatens the lives of innocent people if the two don't do exactly what he says. Starring: LI Cool J , Chris O'Donnell, Daniela Ruah
12:10 am 48 Hours (Rpt)	CC M Mature Themes	<u>What Happened In Apartment 4c?</u> Friends of a man missing in NYC use social media to track the final steps their friend took that night - steps that ultimately led to his death.
01:10 am RPM (Rpt)	CC	Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.
02:10 am 2019 FORMULA 1 BRITISH GRAND PRIX (Rpt)		<u>2019 Formula 1 British Grand Prix</u> Highlights from the 2019 Formula 1 British Grand Prix from the Silverstone Circuit, England.
03:10 am The Doctors (Rpt)	M	Hot headlines: keto crotch! Herbalist kills teen! Teen spikes dad's drink! Ask the Gyno: does coffee steaming vagina induce labour?
04:05 am The Doctors (Rpt)	M	American's most common sexual fantasy; fashion hacks; healthy poke cones and hummus shakes; the secret cleaning hack you that will blow you away.
05:00 am Hogan's Heroes (Rpt)	G	<u>The Collector General</u> A collection of stolen art comes to Stalag 13 and Hogan decides to steal it. Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary



Saturday 20th July 2019

05:30 am Hogan's Heroes (Rpt)

G

The Ultimate Weapon

Hogan makes the Germans think that Schultz has ESP to get them to move their anti-aircraft defenses.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary