



## SYDNEY PROGRAM GUIDE

Sunday 21st July 2019

**06:00 am Home Shopping (Rpt)**

**Home Shopping**

**06:30 am Home Shopping (Rpt)**

**Home Shopping**

**07:00 am Home Shopping (Rpt)**

**Home Shopping**

**07:30 am Key Of David**

PG

The Key of David, a religious program, covers important issues of today with a unique perspective.

**08:00 am Rugby: Wallabies v South Africa (Rpt) CC**

**REPLAY**

**South Africa V Qantas Wallabies**

Join us LIVE for all the action between the South African Springboks and the Qantas Wallabies from Ellis Park, Johannesburg. Kick-off: 1:05am (AEST).

**10:15 am Hogan's Heroes (Rpt)**

G

**Monkey Business**

Hogan's latest escapee is a chimp from the local zoo who helps them deliver a radio part to the underground.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary

**10:45 am Shark Tank (Rpt)**

CC PG

Shark Tank brings together five superstars of business willing to put their own money on the line to invest in new products and ideas. What will be presented to the tank this week?

**11:50 am Red Bull Air Race**

**Lake Balaton, Hungary Highlights - 30min**

The Red Bull Air Race is an exciting competition in which the world's most talented pilots are up against each other in a race based on speed, precision and skill.

**12:20 pm Escape Fishing With ET (Rpt)**

CC G

Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.



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<b>12:50 pm</b>	<b>Mighty Machines</b> (Rpt)	G	Mighty machines delivers the latest news, reviews and comparisons of all types of big, high-horsepower heavy machinery, from on and off-road trucks to tractors, harvesters, excavators and loaders.
<b>01:20 pm</b>	<b>Healthy Homes Australia</b> (Rpt)	CC G	Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.
<b>01:50 pm</b>	<b>The Doctors</b>	PG Mature Themes	The Doctors investigates the Vitamin B12 injection craze. Can your dreams save your life? Can eating seafood help you get pregnant?
<b>02:50 pm</b>	<b>Mission: Impossible</b> (Rpt)	PG Mild Violence	<b><u>Zubrovnik's Ghost</u></b> Rollin Hand and Barney Collier are sent to investigate the case of a scientist thought to be spying for the Communists - on orders from her dead husband's ghost.  Starring: Martin Landau, Greg Morris, Steven Hill  Guest Starring: Martine Bartlett, Beatrice Straight
<b>04:00 pm</b>	<b>Pooches At Play</b> (Rpt)	CC G	<b><u>Melbourne To Geelong</u></b> The Pooches At Play team begin their caravanning adventure, providing plenty of tips for a road trip with your pet, including packing, car travel safety, food and anxiety tips and much more!
<b>04:30 pm</b>	<b>What's Up Down Under</b> (Rpt)	CC G	Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.
<b>05:00 pm</b>	<b>I Fish</b>	G	<b>ALL NEW EPISODES</b>  Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.
<b>05:30 pm</b>	<b>Attenborough: Clever Monkeys</b> (Rpt)	PG Violence	<b><u>Natural World: Clever Monkeys</u></b> David Attenborough's entertaining romp through the world of monkeys has a serious side: for when we look at monkeys, we can see ourselves. From memory to morality, monkeys are our basic blueprint.



Sunday 21st July 2019

**06:30 pm Bondi Rescue (Rpt)**

CC PG  
Mature Themes

With its sparkling charm and picture-perfect scenery, hundreds of tourists flock to Bondi every single day. However the Lifeguards are on edge due to extreme weather conditions and large crowds.

**07:00 pm Bondi Rescue (Rpt)**

CC PG  
Coarse Language,  
Medical Procedures

Jethro is faced with the most challenging rescue of his career and the Lifeguards suddenly become the ones in danger when the 4WD buggy is swamped by waves.

**07:30 pm NCIS (Rpt)**

CC M  
WS Violence

**Borderland**

The team tries to track down a serial killer, while Abby heads south of the border to give a speech with McGee in tow.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

**08:30 pm NCIS (Rpt)**

CC M  
WS Mature Themes

**Patriot Down**

When a colleague's murder sends shockwaves through the team, Gibbs uncovers a surprising link to the crime.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

**09:30 pm The Moon Landing: 50th Anniversary (Rpt)**

CC G

**SPECIAL ENCORE PRESENTATION**

**Moon Landing: ONE Hour That Changed The World**

The story of the nail biting final hour before Neil Armstrong's famous steps, packed with details driven by powerful footage and audio recordings from the time and mission control in Houston.

**10:30 pm 48 Hours (Rpt)**

CC M  
Mature Themes

**The Mysterious Death Of Casey Kasem**

Years after radio legend Casey Kasem died, his wife, Jean Kasem, reveals her version of her husband's final days; levels allegations of murder in a lawsuit; and discusses a heated family feud.

**11:30 pm CSI: Miami (Rpt)**

M  
Violence

**Stand Your Ground**

An attempt to kill Calleigh puts not only her personal life at risk, but also her career.

Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo, Eva Larue



Sunday 21st July 2019

<b>12:30 am RPM</b> (Rpt)	CC	Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.
<b>01:30 am Diagnosis Murder</b> (Rpt)	M Drug References, Mature Themes	<b><u>The Killer Within</u></b> A med student is sent to a rehab program to kick drugs. Once there, she's wrongly accused of murdering a fellow patient. Mark sets his sights on bringing down the real culprit.  Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke
<b>02:30 am Hogan's Heroes</b> (Rpt)	G	<b><u>Monkey Business</u></b> Hogan's latest escapee is a chimp from the local zoo who helps them deliver a radio part to the underground.  Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary
<b>03:00 am The Doctors</b> (Rpt)	PG	Whether school nurses should administer medicinal marijuana; a Los Angeles couple helps homeless children celebrate their special day; a beauty product may be a risk for the eyes.
<b>04:00 am The Doctors</b>	PG Sexual References	Mum of four under fire for sedating kids on long flights. At what point do you feel comfortable doing private things in front of your partner? Can drinking baking soda help you lose weight?
<b>05:00 am The Doctors</b>	M Sexual References	Suffering stroke after oral sex; airpods and cancer risk; can the "blue pill" treat cancer? The new fitness trend that ditches the scale.



## Monday 22nd July 2019

<b>06:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>06:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>08:00 am</b>	<b>RPM</b> (Rpt)	CC	Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.
<b>09:00 am</b>	<b>I Fish</b> (Rpt)	G	Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.
<b>09:30 am</b>	<b>Hogan's Heroes</b> (Rpt)	G	<b><u>Drums Along The Dusseldorf</u></b> A German truck carrying an experimental jet fuel is the latest target for Hogan and his men. When all efforts to sabotage the shipment fail, Carter gets down to business with the remaining weaponry.  Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary
<b>10:00 am</b>	<b>Cheers</b> (Rpt)	PG	<b><u>Chambers Vs Malone</u></b> Sam proposes to Diane again and ends up charged with assault and battery when she turns him down again.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
<b>10:30 am</b>	<b>Cheers</b> (Rpt)	PG	<b><u>Diamond Sam</u></b> Sam regrets trying to buy Diane an engagement ring that is a cheap imitation.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer



Monday 22nd July 2019

11:00 am <b>Building Invincible</b> (Rpt)	G	<b><u>Hurricane-Proof Ballpark</u></b>
		Miami's futuristic new ballpark looks more like a space-ship than a sporting arena that is directly in the firing line of the most powerful hurricanes to hit the States.
12:00 pm <b>Star Trek</b> (Rpt)	PG	<b><u>Mudd's Women</u></b>
		The U.S.S. Enterprise picks up untrustworthy entrepreneur Harry Mudd accompanied by three beautiful women who immediately put a spell on all the male crew members.
		Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, George Takei, Nichelle Nichols
		Guest Starring: Roger C. Carmel, Karen Steele
01:00 pm <b>The Mentalist</b> (Rpt)	PG Violence	<b><u>Rose Colored Glasses</u></b>
		Rigsby goes undercover at a high school reunion when the team investigates a double homicide that may be linked to an old prank, and Jane is forced to perform an elaborate ruse to find the killer.
		Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti
02:00 pm <b>Jake And The Fatman</b> (Rpt)	PG Violence	<b><u>Just You, Just Me</u></b>
		Jake gets romantic with a wheelchair-using store owner, who refuses to give in after a threat from a street gang.
		Starring: William Conrad, Joe Penny
03:00 pm <b>Diagnosis Murder</b> (Rpt)	PG Violence	<b><u>Resting Place, A</u></b>
		Dr. Sloan goes undercover as a patient in a retirement home to solve the murder of an ex-cop.
		Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke
04:00 pm <b>Star Trek: The Next Generation</b> (Rpt)	G	<b><u>Aquiel</u></b>
		Geordi falls in love with a lieutenant who is the prime suspect in a murder case.
		Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden



Monday 22nd July 2019

05:00 pm <b>Star Trek: Voyager</b> (Rpt)	PG	<b><u>The Raven</u></b>
		As Janeway attempts to gain passage through alien territory, Seven of Nine believes that she is being contacted by the Borg.
		Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill
06:00 pm <b>Judge Judy</b> (Rpt)	CC PG	
		Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.
06:30 pm <b>Bondi Rescue</b> (Rpt)	CC PG	
		It's Christmas Day on Bondi Beach and the lifeguards patience is being tested by beachgoers. Later on, will Trainee Tommy be able to wrangle a highly venomous sea snake before it does any damage?
07:00 pm <b>Bondi Rescue</b> (Rpt)	CC PG Mature Themes	
		The tempers of the Bondi lifeguards are put to the test as they face the deadliest summer yet as they encounter heatwaves, bag thieves, street hoodlums, sharks, cuts, broken bones & countless rescues.
07:30 pm <b>NCIS</b> (Rpt)	CC M Violence	<b><u>So IT Goes</u></b>
		When a case reveals a connection to Ducky's estranged childhood best friend, he finds himself reminiscing about the choices he made in his past and the subsequent impact they had on his adult life.
		Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen
08:30 pm <b>Law &amp; Order: SVU</b> (Rpt)	CC M WS Violence, Mature Themes	<b><u>Burned</u></b>
		Stabler and Benson find themselves on opposite sides when Valerie Sennet accuses her estranged husband, Miles Sennet, of breaking into her home and raping her.
		Starring: Christopher Meloni, Mariska Hargitay, Richard Belzer, Dann Florek, Ice T
		Guest Starring: Blair Underwood, Micheal Michelle
09:30 pm <b>My Life Is Murder</b> (Rpt)	CC M Violence, Coarse Language	<b>SPECIAL ENCORE PRESENTATION</b>
		<b><u>The Boyfriend Experience</u></b>
		Former detective Alexa Crowe is lured into the world of murder and mystery when her friend and colleague asks her to look into the death of a woman who fell from the balcony of a male escort.



Monday 22nd July 2019

**10:30 pm 48 Hours: NCIS**

M  
Mature Themes

### ALL NEW EPISODES

#### **Ncis: Roadmap To Murder**

The murder of a Navy communications officer after using an ATM leads NCIS agents and police on a trail of twisted relationships, lies and secret double lives.

**11:30 pm CSI: Miami (Rpt)**

M  
Strong Violence

#### **Csi: My Nanny**

A nanny is murdered, and the suspects in her death include members of the wealthy family she was working for, her boss, her fellow nannies, and her ex-boyfriend.

Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo, Eva Larue

**12:30 am Home Shopping (Rpt)**

#### **Home Shopping**

**01:00 am Home Shopping (Rpt)**

#### **Home Shopping**

**01:30 am Home Shopping (Rpt)**

#### **Home Shopping**

**02:00 am The Mentalist (Rpt)**

PG  
Violence

#### **Rose Colored Glasses**

Rigsby goes undercover at a high school reunion when the team investigates a double homicide that may be linked to an old prank, and Jane is forced to perform an elaborate ruse to find the killer.

Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti

**03:00 am Star Trek: Voyager (Rpt)**

PG

#### **The Raven**

As Janeway attempts to gain passage through alien territory, Seven of Nine believes that she is being contacted by the Borg.

Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill

**04:00 am Matlock (Rpt)**

M  
Violence

#### **The Captain**

Matlock does the investigating when his friend, a burned-out police captain, constructs an elaborate frame to escape a young cop's accusation of murder.

Starring: Andy Griffith, Nancy Stafford, Julie Sommars





Monday 22nd July 2019

05:00 am **The Doctors**

M  
Mature Themes

Roaches, stink bugs and ticks, oh my! How you can protect your home from creepy crawlers. Could a simple blood test determine how likely you are to develop Alzheimer's?



Tuesday 23rd July 2019

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06:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
08:00 am	Star Trek: Voyager (Rpt)	PG	<p><u>The Raven</u></p> <p>As Janeway attempts to gain passage through alien territory, Seven of Nine believes that she is being contacted by the Borg.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
09:00 am	Jake And The Fatman (Rpt)	PG Violence	<p><u>Just You, Just Me</u></p> <p>Jake gets romantic with a wheelchair-using store owner, who refuses to give in after a threat from a street gang.</p> <p>Starring: William Conrad, Joe Penny</p>
10:00 am	Cheers (Rpt)	PG	<p><u>Spellbound</u></p> <p>Nick vows to take Diane away from Sam when Sam defends Loretta's efforts to ditch Nick and start her own singing career.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>
10:30 am	Cheers (Rpt)	PG	<p><u>Never Love A Goalie (1)</u></p> <p>Carla and the new goalie of the hockey team start dating. Fraiser gets into a fight and goes to jail. Meanwhile, Diane is called upon to serve jury duty and tells them things she's not supposed to.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>



Tuesday 23rd July 2019

<b>11:00 am Bondi Rescue</b> (Rpt)	CC PG	It's Christmas Day on Bondi Beach and the lifeguards patience is being tested by beachgoers. Later on, will Trainee Tommy be able to wrangle a highly venomous sea snake before it does any damage?
<b>11:30 am Bondi Rescue</b> (Rpt)	CC PG Mature Themes	The tempers of the Bondi lifeguards are put to the test as they face the deadliest summer yet as they encounter heatwaves, bag thieves, street hoodlums, sharks, cuts, broken bones & countless rescues.
<b>12:00 pm Matlock</b> (Rpt)	M Violence	<b><u>The Vendetta</u></b> A distraught man takes three of Matlock's friends hostage, and they try to dissuade the gunman from violence with tales of Matlock's cunning detective work and courtroom prowess.  Starring: Andy Griffith, Nancy Stafford, Julie Sommars
<b>01:00 pm The Mentalist</b> (Rpt)	M Violence, Mature Themes	<b><u>Redemption</u></b> While the unit tackles a murder case involving a woman who stole a million dollars from her employer, Jane and Lisbon are stunned to discover that the Red John case has been assigned to another team.  Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti
<b>02:00 pm Jake And The Fatman</b> (Rpt)	PG Violence	<b><u>Stormy Weather Part 1</u></b> Jake and a reporter fight for leads when a ritualistic murder occurs.  Starring: William Conrad, Joe Penny
<b>03:00 pm Diagnosis Murder</b> (Rpt)	PG Violence, Mature Themes	<b><u>Murder At Bbq Bob's</u></b> Steve teams with a Naval Investigator when the apparent suicide of a military officer turns into a cold-blooded murder.  Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke



Tuesday 23rd July 2019

<b>04:00 pm</b>	<b>Star Trek: The Next Generation</b> (Rpt)	G	<p><b><u>Face Of The Enemy</u></b></p> <p>Troi is abducted and surgically altered by the Romulans as part of a ploy to smuggle intelligence operatives into the Federation.</p> <p>Starring: Patrick Stewart, Marina Sirtis, Jonathan Frakes, Brent Spiner, Michael Dorn</p>
<b>05:00 pm</b>	<b>Star Trek: Voyager</b> (Rpt)	PG	<p><b><u>Scientific Method</u></b></p> <p>As more of the crew begin suffering from mysterious ailments with each passing hour, Seven of Nine assists the Doctor in learning who or what is causing them, and more importantly, how to stop them.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
<b>06:00 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.</p>
<b>06:30 pm</b>	<b>Bondi Rescue</b> (Rpt)	CC PG Coarse Language, Mature Themes	<p>The temperature is rising and there are tens of thousands of people on the beach when the lifeguards are called out to a large rescue. Later, can Harries play cupid and find a partner for Singlets?</p>
<b>07:00 pm</b>	<b>Bondi Rescue</b> (Rpt)	CC PG Coarse Language, Mature Themes	<p>Bondi's lifeguards can handle big crowds, rip currents and deadly surf but what happens when the rescue is on Bondi's busiest street?</p>
<b>07:30 pm</b>	<b>NCIS</b> (Rpt)	CC M Violence	<p><b><u>Choke Hold</u></b></p> <p>The NCIS team is assigned to a joint terrorism task force by the Secretary of the Navy after a Naval research scientist is murdered and the chief suspect is wanted by the Russian government.</p> <p>Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen</p>
<b>08:30 pm</b>	<b>CSI: Miami</b>	MA15+ Strong Violence	<p><b><u>Guerillas In The Mist</u></b></p> <p>Three gunrunners are killed by a new high-tech weapon called "The Vaporizer." The CEO of the defense contractor that made the weapon then also turns up dead after Horatio interviews him.</p> <p>Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo, Eva Larue</p>



Tuesday 23rd July 2019

**09:25 pm CSI: Miami**

M  
Violence,  
Mature Themes

**Miami Confidential**

A woman killed in a meth lab turns out to be an informant. CSI discovers that she was having a relationship with her married FBI handler, and that she was also pregnant.

Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo, Eva Larue

**10:20 pm The Mentalist**

M  
Violence,  
Mature Themes

**The Red Mile**

A man who believed he had once been abducted by aliens is found murdered and his body is subsequently stolen from the coroner's van.

Starring: Simon Baker, Robin Tunney, Tim Kang, Amanda Righetti, Owain Yeoman

Guest Starring: Frances Conroy

**11:15 pm The Mentalist**

M  
Violence

**Every Rose Has It's Thorn**

The owner of a matchmaking service is murdered, and Jane sets out to prove that his manipulative wife is the killer.

Starring: Simon Baker, Robin Tunney, Tim Kang, Amanda Righetti, Owain Yeoman

Guest Starring: Morena Baccarin

**12:10 am Home Shopping (Rpt)**

**Home Shopping**

**12:40 am Home Shopping (Rpt)**

**Home Shopping**

**01:10 am Home Shopping (Rpt)**

**Home Shopping**

**01:40 am Home Shopping (Rpt)**

**Home Shopping**

**02:10 am Jake And The Fatman (Rpt)**

PG  
Violence

**Stormy Weather Part 1**

Jake and a reporter fight for leads when a ritualistic murder occurs.

Starring: William Conrad, Joe Penny



Tuesday 23rd July 2019

<b>03:05 am Star Trek: The Next Generation (Rpt)</b>	G	<b><u>Face Of The Enemy</u></b>
		Troi is abducted and surgically altered by the Romulans as part of a ploy to smuggle intelligence operatives into the Federation.
		Starring: Patrick Stewart, Marina Sirtis, Jonathan Frakes, Brent Spiner, Michael Dorn
<b>04:05 am Cheers (Rpt)</b>	PG	<b><u>Spellbound</u></b>
		Nick vows to take Diane away from Sam when Sam defends Loretta's efforts to ditch Nick and start her own singing career.
		Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
<b>04:35 am Cheers (Rpt)</b>	PG	<b><u>Never Love A Goalie (1)</u></b>
		Carla and the new goalie of the hockey team start dating. Fraiser gets into a fight and goes to jail. Meanwhile, Diane is called upon to serve jury duty and tells them things she's not supposed to.
		Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
<b>05:05 am The Doctors</b>	M	
		Gun violence: training kids to treat bullet wounds? The Doctors tackles the controversial topic.



Wednesday 24th July 2019

06:00 am	Home Shopping		<u>Home Shopping</u>
06:30 am	Home Shopping		<u>Home Shopping</u>
07:00 am	Home Shopping		<u>Home Shopping</u>
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08:00 am	Star Trek: Voyager (Rpt)	PG	<p><u>Scientific Method</u></p> <p>As more of the crew begin suffering from mysterious ailments with each passing hour, Seven of Nine assists the Doctor in learning who or what is causing them, and more importantly, how to stop them.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
09:00 am	Jake And The Fatman (Rpt)	PG Violence	<p><u>Stormy Weather Part 1</u></p> <p>Jake and a reporter fight for leads when a ritualistic murder occurs.</p> <p>Starring: William Conrad, Joe Penny</p>
10:00 am	Cheers (Rpt)	PG	<p><u>Never Love A Goalie (2)</u></p> <p>Diane believes the defendant in her court case is guilty, she is amazed when his wife drops the chargers. They then come into Cheers for a drink. Meanwhile, everyone thinks Carla is a jinx for Eddie.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>
10:30 am	Cheers (Rpt)	PG	<p><u>ONE Last Fling</u></p> <p>Diane overhears Sam discuss his sadness at spending the rest of his life with one girl. Stunned, Diane suggests that they burn up their remaining physical desires.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>



## Wednesday 24th July 2019

<b>11:00 am Bondi Rescue</b> (Rpt)	CC PG Coarse Language, Mature Themes	The temperature is rising and there are tens of thousands of people on the beach when the lifeguards are called out to a large rescue. Later, can Harries play cupid and find a partner for Singlets?
<b>11:30 am Bondi Rescue</b> (Rpt)	CC PG Coarse Language, Mature Themes	Bondi's lifeguards can handle big crowds, rip currents and deadly surf but what happens when the rescue is on Bondi's busiest street?
<b>12:00 pm Matlock</b> (Rpt)	M Violence	<b><u>The Mayor, Pt 1</u></b> Matlock blows into the Windy City when he's hired by a reporter to defend a 60s radical accused of assassinating Chicago's mayor.  Starring: Andy Griffith, Nancy Stafford, Julie Sommars
<b>01:00 pm The Mentalist</b> (Rpt)	M Violence, Mature Themes	<b><u>The Scarlett Letter</u></b> A senator's intern falls to her death amid rumours she was having an affair with the senator's husband. While the case unfolds, Jane learns that Bosco may have some new leads on the Red John case.  Starring: Simon Baker, Robin Tunney, Tim Kang, Amanda Righetti, Terry Kinney  Guest Starring: Paul Michael Glaser
<b>02:00 pm Jake And The Fatman</b> (Rpt)	PG Violence	<b><u>Stormy Weather Part 2</u></b> With McCabe on the ropes, Jake identifies the triggerman.  Starring: William Conrad, Joe Penny
<b>03:00 pm Diagnosis Murder</b> (Rpt)	PG Mild Coarse Language	<b><u>Two Birds With ONE Sloan</u></b> Mark appears on a quiz show to uncover the killer of a game show contestant.  Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke
<b>04:00 pm Star Trek: The Next Generation</b> (Rpt)	PG Mild Violence	<b><u>Tapestry</u></b> Captain Picard is treated for a critical injury, which causes his artificial heart to fail and then appears to pass into the afterlife. There he finds Q waiting to greet him.  Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, Gates McFadden, Marina Sirtis  Guest Starring: John De Lancie, Ned Vaughn





Wednesday 24th July 2019

<b>05:00 pm</b>	<b>Star Trek: Voyager</b> (Rpt)	PG	<p><b><u>Year Of Hell, Part 1</u></b></p> <p>The Krenim Imperium is attempting to return to its former glory by using a temporal weapon ship that can erase entire species of their enemies from existence.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
<b>06:00 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.</p>
<b>06:30 pm</b>	<b>Bondi Rescue</b> (Rpt)	CC PG Violence, Coarse Language, Mature Themes	<p>Lifeguards are confronted by an inconsolable mother suffering heatstroke who has lost her 3-year-old child. Later, Tommy and Harrison treat hundreds of people suffering bluebottle stings.</p>
<b>07:00 pm</b>	<b>Bondi Rescue</b> (Rpt)	CC PG Violence, Coarse Language, Mature Themes	<p>Harries and Jake head to North Bondi where they find a man dazed and confused after suffering a brutal attack. And, who will come out on top in one of the hardest lifeguard challenges of all time?</p>
<b>07:30 pm</b>	<b>NCIS</b> (Rpt)	CC M Violence	<p><b><u>The San Dominick</u></b></p> <p>During a joint Coast Guard and NCIS training exercise at sea, Gibbs and CGIS Agent Borin spot a deceased man overboard, who is discovered to be a missing crew member from a ship 60 nautical miles away.</p> <p>Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen</p>
<b>08:30 pm</b>	<b>NCIS: Los Angeles</b> (Rpt)	CC M	<p><b><u>Blame IT On Rio</u></b></p> <p>When his prisoner escapes from custody on a flight from Singapore to Los Angeles, NCIS Special Agent DiNozzo teams up with the NCIS Los Angeles team for the search.</p> <p>Starring: LI Cool J , Chris O'Donnell, Daniela Ruah</p>
<b>09:25 pm</b>	<b>NCIS: Los Angeles</b> (Rpt)	CC M Frequent Violence	<p><b><u>Unspoken</u></b></p> <p>The NCIS team searches for Sam's former partner, Ruiz, who disappears during an undercover operation to buy a deadly explosive.</p> <p>Starring: LI Cool J , Chris O'Donnell, Daniela Ruah</p>



Wednesday 24th July 2019

10:20 pm NCIS (Rpt)

CC M  
Violence

**So IT Goes**

When a case reveals a connection to Ducky's estranged childhood best friend, he finds himself reminiscing about the choices he made in his past and the subsequent impact they had on his adult life.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen

11:15 pm NCIS (Rpt)

CC M  
Violence

**Choke Hold**

The NCIS team is assigned to a joint terrorism task force by the Secretary of the Navy after a Naval research scientist is murdered and the chief suspect is wanted by the Russian government.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen

12:10 am Home Shopping (Rpt)

**Home Shopping**

12:40 am Home Shopping (Rpt)

**Home Shopping**

01:10 am Home Shopping (Rpt)

**Home Shopping**

01:40 am Home Shopping (Rpt)

**Home Shopping**

02:10 am Star Trek: The Next Generation (Rpt)

PG  
Mild Violence

**Tapestry**

Captain Picard is treated for a critical injury, which causes his artificial heart to fail and then appears to pass into the afterlife. There he finds Q waiting to greet him.

Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, Gates McFadden, Marina Sirtis

Guest Starring: John De Lancie, Ned Vaughn

03:05 am Star Trek: Voyager (Rpt)

PG

**Year Of Hell, Part 1**

The Krenim Imperium is attempting to return to its former glory by using a temporal weapon ship that can erase entire species of their enemies from existence.

Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill



Wednesday 24th July 2019

**04:05 am Diagnosis Murder (Rpt)**

PG  
Mild Coarse  
Language

**Two Birds With ONE Sloan**

Mark appears on a quiz show to uncover the killer of a game show contestant.

Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke

**05:05 am The Doctors**

M

The Doctors discusses the opioid epidemic and the new restrictions some states are implementing in hopes to save lives. Could you injure your child by swinging them by their arms?



Thursday 25th July 2019

<b>06:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>06:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>08:00 am</b>	<b>Sports Tonight</b> (Rpt)	CC	Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.
<b>08:30 am</b>	<b>Mighty Machines</b> (Rpt)	G	Mighty machines delivers the latest news, reviews and comparisons of all types of big, high-horsepower heavy machinery, from on and off-road trucks to tractors, harvesters, excavators and loaders.
<b>09:00 am</b>	<b>Jake And The Fatman</b> (Rpt)	PG Violence	<b><u>Stormy Weather Part 2</u></b> With McCabe on the ropes, Jake identifies the triggerman.  Starring: William Conrad, Joe Penny
<b>10:00 am</b>	<b>Cheers</b> (Rpt)	PG	<b><u>Dog Bites Cliff</u></b> Diane asks Sam for a couple of weeks off so she can visit a Buddhist monastery. Meanwhile, Cliff enters Cheers suffering from a dog bite, and is convinced by Fraiser to sue the owner.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
<b>10:30 am</b>	<b>Cheers</b> (Rpt)	PG	<b><u>Dinner At Eight-Ish</u></b> Sam & Diane are surprised to hear that Frasier has asked Lilith to move in with him, & the four agree they should get together for a quiet dinner. However, the past comes back to haunt Sam & Fraiser.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer



Thursday 25th July 2019

11:00 am <b>Bondi Rescue</b> (Rpt)	CC PG Violence, Coarse Language, Mature Themes	Lifeguards are confronted by an inconsolable mother suffering heatstroke who has lost her 3-year-old child. Later, Tommy and Harrison treat hundreds of people suffering bluebottle stings.
11:30 am <b>Bondi Rescue</b> (Rpt)	CC PG Violence, Coarse Language, Mature Themes	Harries and Jake head to North Bondi where they find a man dazed and confused after suffering a brutal attack. And, who will come out on top in one of the hardest lifeguard challenges of all time?
12:00 pm <b>Matlock</b> (Rpt)	M Violence	<b><u>The Mayor, Pt 2</u></b> O'Neill tracks the mayor's killer to Texas while Matlock uncovers the motive...a dirty real-estate deal involving a respected judge.  Starring: Andy Griffith, Nancy Stafford, Julie Sommars
01:00 pm <b>The Mentalist</b> (Rpt)	M Violence, Mature Themes	<b><u>Red Badge</u></b> Teresa is accused of murdering a paroled child molester she had previously arrested. As the CBI investigate, Jane offers to hypnotise a reluctant Teresa to unblock her memory and clear her name.  Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti  Guest Starring: Jake Busey
02:00 pm <b>Jake And The Fatman</b> (Rpt)	PG Violence	<b><u>You'll Never Know</u></b> Jake is caught up in the politics of friendship when a city-councilman buddy is the most likely candidate to have committed a murder.  Starring: William Conrad, Joe Penny
03:00 pm <b>To Be Advised</b>		
05:00 pm <b>Star Trek: Voyager</b> (Rpt)	PG	<b><u>Year Of Hell, Part 2</u></b> Working with only a skeleton crew, Captain Janeway desperately attempts to repair Voyager in order to stop Annorax.  Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill



Thursday 25th July 2019

<b>06:00 pm Judge Judy</b> (Rpt)	CC PG	Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.
<b>06:30 pm Bondi Rescue</b> (Rpt)	CC PG Coarse Language	Ryan, Jethro and Harries are on duty when some early morning beach walkers run up to the tower to say they think they have seen a body near North Bondi.
<b>07:00 pm Bondi Rescue</b> (Rpt)	CC PG Coarse Language, Nudity	When the biggest swell of the year rolls in, big wave surfer Jesse decides to test new recruits Tommy & Jules. Training is one thing but how will Tommy manage to rescue two intoxicated patients?
<b>07:30 pm NCIS</b> (Rpt)	CC M Mature Themes	<b><u>Parental Guidance Suggested</u></b> The NCIS team must determine if the murder of a Navy commander's wife is linked to her profession as a therapist or an act of terrorism after finding the commander's name on a Jihadist target list.  Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen
<b>08:30 pm Hawaii Five-0</b> (Rpt)	CC M Frequent Violence	<b><u>Olelo Ho'opa'i Make</u></b> When Chin is kidnapped, dressed as an inmate and dropped in to a maximum security prison in the middle of the night, will he escape before he is recognised as Five-0?  Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Grace Park, Michelle Borth  Guest Starring: Daniel Baldwin, Jason Scott Lee, Will Yun Lee, Lindsay Price, Ian Anthony Dale
<b>09:30 pm Seal Team</b>	CC M Strong Violence	<b><u>ALL NEW EPISODES</u></b> <b><u>Parallax</u></b> Jason and Mandy go undercover as a couple on vacation at an upscale night club in Mexico City in order to track down one of Andres Doza's cartel members.  Starring: David Boreanaz, Max Thieriot, Jessica Pare, Neil Brown Jr., A.J. Buckley, Toni Trucks, Judd Lormand
<b>10:30 pm NCIS</b> (Rpt)	CC M Violence	<b><u>The San Dominick</u></b> During a joint Coast Guard and NCIS training exercise at sea, Gibbs and CGIS Agent Borin spot a deceased man overboard, who is discovered to be a missing crew member from a ship 60 nautical miles away.  Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen



Thursday 25th July 2019

<b>11:30 pm NCIS: Los Angeles</b> (Rpt)	CC M	<p><b><u>Blame IT On Rio</u></b></p> <p>When his prisoner escapes from custody on a flight from Singapore to Los Angeles, NCIS Special Agent DiNozzo teams up with the NCIS Los Angeles team for the search.</p> <p>Starring: LI Cool J , Chris O'Donnell, Daniela Ruah</p>
<b>12:30 am Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>01:00 am Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>01:30 am Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>02:00 am Jake And The Fatman</b> (Rpt)	PG Violence	<p><b><u>You'll Never Know</u></b></p> <p>Jake is caught up in the politics of friendship when a city-councilman buddy is the most likely candidate to have committed a murder.</p> <p>Starring: William Conrad, Joe Penny</p>
<b>03:00 am Matlock</b> (Rpt)	M Violence	<p><b><u>The Mayor, Pt 2</u></b></p> <p>O'Neill tracks the mayor's killer to Texas while Matlock uncovers the motive...a dirty real-estate deal involving a respected judge.</p> <p>Starring: Andy Griffith, Nancy Stafford, Julie Sommars</p>
<b>04:00 am The Mentalist</b> (Rpt)	M Violence, Mature Themes	<p><b><u>Red Badge</u></b></p> <p>Teresa is accused of murdering a paroled child molester she had previously arrested. As the CBI investigate, Jane offers to hypnotise a reluctant Teresa to unblock her memory and clear her name.</p> <p>Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti</p> <p>Guest Starring: Jake Busey</p>
<b>05:00 am The Doctors</b>	M Medical Procedures	<p>We go inside the operating room as a dancer gets stem cell surgery on her knee after years of pain. Parents fired up over graphic sex education book.</p>



Friday 26th July 2019

<b>06:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>06:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>08:00 am</b>	<b>Star Trek: Voyager</b> (Rpt)	PG	<b><u>Year Of Hell, Part 2</u></b> Working with only a skeleton crew, Captain Janeway desperately attempts to repair Voyager in order to stop Annorax.  Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill
<b>09:00 am</b>	<b>Jake And The Fatman</b> (Rpt)	PG Violence	<b><u>You'll Never Know</u></b> Jake is caught up in the politics of friendship when a city-councilman buddy is the most likely candidate to have committed a murder.  Starring: William Conrad, Joe Penny
<b>10:00 am</b>	<b>Cheers</b> (Rpt)	PG	<b><u>Simon Says</u></b> Fraiser's good friend, a marriage counsellor, is in town and Diane seeks him out for advice. Diane is stunned to hear that her and Sam are not made for each other.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
<b>10:30 am</b>	<b>Cheers</b> (Rpt)	PG	<b><u>The Godfather, Part III</u></b> Sam's goddaughter Joyce Pantusso has come to Boston for a visit. Not wanting her to get into trouble, Sam asks Woody to help her out and show her around.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer





Friday 26th July 2019

<b>11:00 am Bondi Rescue</b> (Rpt)	CC PG Coarse Language	Ryan, Jethro and Harries are on duty when some early morning beach walkers run up to the tower to say they think they have seen a body near North Bondi.
<b>11:30 am Bondi Rescue</b> (Rpt)	CC PG Coarse Language, Nudity	When the biggest swell of the year rolls in, big wave surfer Jesse decides to test new recruits Tommy & Jules. Training is one thing but how will Tommy manage to rescue two intoxicated patients?
<b>12:00 pm Matlock</b> (Rpt)	M Violence	<b><u>The Black Widow</u></b> Matlock gets another shot at a case when a recently paroled client is again accused of murdering his wife after she turns up alive and rich.  Starring: Andy Griffith, Nancy Stafford, Julie Sommars
<b>01:00 pm The Mentalist</b> (Rpt)	M Violence, Mature Themes	<b><u>Red Menace</u></b> The CBI team encounters one of California's most dangerous motorcycle gangs while investigating the death of their attorney.  Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti  Guest Starring: Mark Pellegrino
<b>02:00 pm Jake And The Fatman</b> (Rpt)	PG Violence	<b><u>There'll Be Some Changes Made</u></b> A singer rocked by substance abuse tries to get her career back on track, but the murderer who's stalking her doesn't want the beat to go on.  Starring: William Conrad, Joe Penny
<b>03:00 pm Cheers</b> (Rpt)	PG	<b><u>Simon Says</u></b> Fraiser's good friend, a marriage counsellor, is in town and Diane seeks him out for advice. Diane is stunned to hear that her and Sam are not made for each other.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer



Friday 26th July 2019

03:30 pm **To Be Advised**

05:00 pm **Star Trek: Voyager** (Rpt)

PG

**Random Thoughts**

While on shore leave on a planet of telepaths, B'Elanna is arrested for a murder that is blamed on her violent thoughts.

Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill

06:00 pm **Judge Judy** (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

06:30 pm **Bondi Rescue** (Rpt)

CC PG  
Mature Themes

With its sparkling charm and picture-perfect scenery, hundreds of tourists flock to Bondi every single day. However the Lifeguards are on edge due to extreme weather conditions and large crowds.

07:00 pm **Bondi Rescue** (Rpt)

CC PG  
Coarse Language,  
Medical Procedures

Jethro is faced with the most challenging rescue of his career and the Lifeguards suddenly become the ones in danger when the 4WD buggy is swamped by waves.

07:30 pm **Walker, Texas Ranger** (Rpt)

M  
Violence

**Paradise Trail**

To celebrate Walker's birthday, CD gives a book on the early life of Hayes Cooper. CD relates the adventure of the legendary Ranger protecting a wagon train from outlaws.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

08:30 pm **Walker, Texas Ranger** (Rpt)

M  
Violence

**Eyes Of A Ranger**

An aspiring country singer faces a slick-talking talent agent, who is the mastermind behind a drug cartel that Walker is trying to bring down.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson



Friday 26th July 2019

**09:30 pm Walker, Texas Ranger: Trial By Fire**  
(Rpt)(2005)

M  
Violence

## MOVIE

A youngster finds a missile system component, and is relentlessly pursued by a criminal gang and the authorities.

Starring: Chuck Norris, Janine Turner, Sheree J Wilson, Judson Mills, Andre Kristoff, Bret Loehr

**11:30 pm Hawaii Five-0** (Rpt)

CC M  
Frequent Violence

### Olelo Ho'opa'i Make

When Chin is kidnapped, dressed as an inmate and dropped in to a maximum security prison in the middle of the night, will he escape before he is recognised as Five-0?

Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Grace Park, Michelle Borth

Guest Starring: Daniel Baldwin, Jason Scott Lee, Will Yun Lee, Lindsay Price, Ian Anthony Dale

**12:30 am Home Shopping** (Rpt)

### Home Shopping

**01:00 am Home Shopping** (Rpt)

### Home Shopping

**01:30 am Home Shopping** (Rpt)

### Home Shopping

**02:00 am The Mentalist** (Rpt)

M  
Violence,  
Mature Themes

### Red Menace

The CBI team encounters one of California's most dangerous motorcycle gangs while investigating the death of their attorney.

Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti

Guest Starring: Mark Pellegrino

**03:00 am Walker, Texas Ranger** (Rpt)

M  
Violence

### Paradise Trail

To celebrate Walker's birthday, CD gives a book on the early life of Hayes Cooper. CD relates the adventure of the legendary Ranger protecting a wagon train from outlaws.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

**04:00 am Walker, Texas Ranger** (Rpt)

M  
Violence

### Eyes Of A Ranger

An aspiring country singer faces a slick-talking talent agent, who is the mastermind behind a drug cartel that Walker is trying to bring down.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson



Friday 26th July 2019

05:00 am **The Doctors** (Rpt)

PG  
Mature Themes

The Doctors investigates the Vitamin B12 injection craze. Can your dreams save your life? Can eating seafood help you get pregnant?



Saturday 27th July 2019

<b>06:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>06:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>08:00 am</b>	<b>Cheers</b> (Rpt)	PG	<p><b><u>Simon Says</u></b></p> <p>Fraiser's good friend, a marriage counsellor, is in town and Diane seeks him out for advice. Diane is stunned to hear that her and Sam are not made for each other.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>
<b>08:30 am</b>	<b>The Doctors</b>	PG Medical Procedures	<p>The Doctors investigates dangerous contact lenses. Bye bye bunions! How a new procedure is getting rid of them with less downtime. Can lifting weights fight depression?</p>
<b>09:30 am</b>	<b>Hogan's Heroes</b> (Rpt)	G	<p><b><u>Clearance Sale At The Black Market</u></b></p> <p>After seeing something he shouldn't have, Schultz is ordered to the Russian front.</p> <p>Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary</p>
<b>10:00 am</b>	<b>Hogan's Heroes</b> (Rpt)	G	<p><b><u>Klink Vs. The Gonculator</u></b></p> <p>To convince Klink to bring an electronics expert, who wants to defect, to Stalag 13, Hogan leads Klink to believe that a rabbit trap is really a secret electronic device.</p> <p>Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary</p>
<b>10:30 am</b>	<b>I Fish</b> (Rpt)	G	<p>Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.</p>



Saturday 27th July 2019

**11:00 am Jake And The Fatman** (Rpt)

PG  
Violence

**There'll Be Some Changes Made**

A singer rocked by substance abuse tries to get her career back on track, but the murderer who's stalking her doesn't want the beat to go on.

Starring: William Conrad, Joe Penny

**12:00 pm Mission: Impossible** (Rpt)

PG  
Mild Violence

**The Widow**

Jim Phelps is the new leader of the Impossible Missions Force and his first mission requires him to devise an operation which will drive a wedge between two drug lords and their customers.

Starring: Peter Graves, Barbara Bain, Martin Landau, Greg Morris

Guest Starring: William Windom

**01:00 pm Star Trek: Voyager** (Rpt)

PG

**Random Thoughts**

While on shore leave on a planet of telepaths, B'Elanna is arrested for a murder that is blamed on her violent thoughts.

Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill

**02:00 pm Attenborough: Clever Monkeys** (Rpt)

PG  
Violence

**Natural World: Clever Monkeys**

David Attenborough's entertaining romp through the world of monkeys has a serious side: for when we look at monkeys, we can see ourselves. From memory to morality, monkeys are our basic blueprint.

**03:00 pm Australian Off-Road Championship**

**Finke Desert Race**

The Tatts Finke Desert Race is an off road, multi terrain two-day race for bikes, cars, buggies and quads through desert country from Alice Springs to the small Aputula (Finke) community.

**04:30 pm Mighty Machines**

G

**ALL NEW EPISODES**

Mighty machines delivers the latest news, reviews and comparisons of all types of big, high-horsepower heavy machinery, from on and off-road trucks to tractors, harvesters, excavators and loaders.



Saturday 27th July 2019

**05:00 pm Reel Action**

CC G

### ALL NEW EPISODES

Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.

**05:30 pm Escape Fishing With ET (Rpt)**

CC G

Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.

**06:00 pm COPS (Rpt)**

WS PG  
Coarse Language,  
Drug References

### Coast To Coast

Be a fly on the wall as COPS chase down law evaders, go on a domestic abuse call out and see things turn violent among residents when a tow truck turns up.

**06:30 pm Scorpion (Rpt)**

CC PG

### Queen Scary

At Halloween, Team Scorpion takes on a case to prove the existence of ghosts on the Queen Mary but find an all-too-real disaster when they locate a "ghost ship" on a deadly collision course.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jacyn Wong, Ari Stidham

**07:30 pm MacGyver**

M  
Violence

### ALL NEW EPISODES

#### Murdoc + Macgyver + Murdoc

Murdoc abducts MacGyver's girlfriend to force Mac to help him rescue his son from a kidnapper; a dangerous person from Murdoc's personal life shows up, giving Mac a glimpse into the villain's past.

Starring: Lucas Till, George Eads

**08:30 pm Supercars: Highlights**

CC

### Supercars Ipswich (Sat)

Highlights of the 2019 Supercars Championship from the Century Batteries Ipswich SuperSprint at Queensland Raceway.

**09:30 pm NCIS: New Orleans (Rpt)**

CC M  
Violence

### Le Carnivale De LA Mort

The NCIS team needs to solve the murder of a Petty Officer by examining the parades and parties that led to his death. Meanwhile, Pride has to make a tough decision.

Starring: Scott Bakula, Lucas Black, Zoe McLellan, C C H Pounder, Rob Kerkovich



Saturday 27th July 2019

**10:30 pm Horse Racing: King George 2019**

## LIVE

### King George

Live from Ascot, England. It is Britain's most prestigious open-age flat race, and its roll of honour features some of the most highly acclaimed horses of the sport's recent history.

**01:00 am 48 Hours: NCIS (Rpt)**

M  
Mature Themes

### Ncis: Roadmap To Murder

The murder of a Navy communications officer after using an ATM leads NCIS agents and police on a trail of twisted relationships, lies and secret double lives.

**02:00 am RPM (Rpt)**

CC

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

**03:00 am The Doctors (Rpt)**

M  
Mature Themes

Roaches, stink bugs and ticks, oh my! How you can protect your home from creepy crawlers. Could a simple blood test determine how likely you are to develop Alzheimer's?

**04:00 am The Doctors (Rpt)**

M

Gun violence: training kids to treat bullet wounds? The Doctors tackles the controversial topic.

**05:00 am Hogan's Heroes (Rpt)**

G

### Clearance Sale At The Black Market

After seeing something he shouldn't have, Schultz is ordered to the Russian front.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary

**05:30 am Hogan's Heroes (Rpt)**

G

### Klink Vs. The Gonculator

To convince Klink to bring an electronics expert, who wants to defect, to Stalag 13, Hogan leads Klink to believe that a rabbit trap is really a secret electronic device.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary





## Sunday 28th July 2019

**06:00 am Home Shopping** (Rpt)

**Home Shopping**

**06:30 am Home Shopping** (Rpt)

**Home Shopping**

**07:00 am Home Shopping** (Rpt)

**Home Shopping**

**07:30 am Key Of David**

PG

The Key of David, a religious program, covers important issues of today with a unique perspective.

**08:00 am Rugby: Wallabies v Argentina** (Rpt)

CC

### **REPLAY**

**Qantas Wallabies V Argentina**

Join us LIVE for all the action between the Wallabies and Argentina at Suncorp Stadium, Brisbane. Kick-off: 8:00pm (AEST).

**11:00 am Escape Fishing With ET** (Rpt)

CC G

Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.

**11:30 am Red Bull Air Race**

**Lake Balaton, Hungary Highlights - 60min**

The Red Bull Air Race is an exciting competition in which the world's most talented pilots are up against each other in a race based on speed, precision and skill.

**12:30 pm Mighty Machines** (Rpt)

G

Mighty machines delivers the latest news, reviews and comparisons of all types of big, high-horsepower heavy machinery, from on and off-road trucks to tractors, harvesters, excavators and loaders.

**01:00 pm Healthy Homes Australia** (Rpt)

CC G

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

**01:30 pm The Doctors**

PG  
Mature Themes

At home with with Real Housewives' Gretchen Rossi and Slade Smiley. Could you get germs and bacteria from new clothes? Are elementary school kids sending nudes?



Sunday 28th July 2019

<b>02:30 pm Mission Impossible</b> (Rpt)	PG	<p><b><u>Elena</u></b></p> <p>Rollin Hand is sent to investigate the case of a beautiful Latin American IMF agent who has suddenly started to act suspiciously. Is she still on the right side - and is she losing her sanity?</p> <p>Starring: Steven Hill, Martin Landau</p> <p>Guest Starring: Barbara Luna, Abraham Sofaer</p>
<b>03:30 pm Hogan's Heroes</b> (Rpt)	G	<p><b><u>How To Catch A Papa Bear</u></b></p> <p>The Gestapo sets a trap for the elusive underground agent known as 'Papa Bear' and Newkirk gets caught.</p> <p>Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary</p>
<b>04:00 pm Pooches At Play</b> (Rpt)	CC G	<p><b><u>Torquay To Bells Beach</u></b></p> <p>The team check out pet friendly things to do with your dog when visiting Torquay and Jan Juc along the Great Ocean Road. Tips include after-beach grooming and other useful health &amp; training advice.</p>
<b>04:30 pm What's Up Down Under</b> (Rpt)	CC G	<p>Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.</p>
<b>05:00 pm I Fish</b>	G	<p><b>ALL NEW EPISODES</b></p> <p>Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.</p>
<b>05:30 pm Great Natural Wonders Of The World</b> (Rpt)	CC G	<p><b><u>Great Natural Wonders Of The World</u></b></p> <p>David Attenborough sets out on an intrepid journey across 7 continents to celebrate the wealth of natural features that makes Planet Earth so varied, so distinctive and so spectacularly beautiful.</p> <p>Starring: David Attenborough</p>
<b>06:30 pm Bondi Rescue</b> (Rpt)	CC PG Coarse Language	<p>Trainee Tommy learns a valuable lesson when he completes one of the funniest rescues of the season. Meanwhile, Troy races to rescue a young girl drowning directly in front of the tower.</p>



Sunday 28th July 2019

**07:00 pm Bondi Rescue** (Rpt)

CC PG

The lifeguards are presented with a two year old girl who is trapped in a locked car in sweltering heat. Plus, lifeguards Jethro and Corey spot a bag thief on the beach.

**07:30 pm NCIS** (Rpt)

CC M  
Violence

### SEASON FINALE

#### Rule Fifty-ONE

Gibbs comes face-to-face with a drug cartel in Mexico and in order to save the lives of his colleagues, he must make a devastating choice.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

**08:30 pm Supercars: Highlights** (Rpt)

CC

#### Supercars Ipswich (Sun)

Highlights of the 2019 Supercars Championship from the Century Batteries Ipswich SuperSprint at Queensland Raceway.

**09:30 pm Law & Order: SVU** (Rpt)

CC M  
WS Violence,  
Mature Themes

#### Haunted

Fin is reunited with his son as he risks his life to save two children, one caught in the middle of a robbery, the other from the junkie who set the child's mother up for murder.

Starring: Christopher Meloni, Mariska Hargitay, Richard Belzer, Dann Florek, Ice T

**10:30 pm 48 Hours** (Rpt)

CC M  
Mature Themes

#### Defending Dj

48 Hours brings viewers a story of dedicated parents and their struggle to restore their son's reputation after he was shot dead by a police officer.

**11:30 pm CSI: Miami** (Rpt)

MA15+  
Strong Violence

#### Guerillas In The Mist

Three gunrunners are killed by a new high-tech weapon called "The Vaporizer." The CEO of the defense contractor that made the weapon then also turns up dead after Horatio interviews him.

Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo, Eva Larue

**12:30 am RPM** (Rpt)

CC

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.



Sunday 28th July 2019

**01:00 am Red Bull Air Race** (Rpt)

**Lake Balaton, Hungary Highlights - 60min**

The Red Bull Air Race is an exciting competition in which the world's most talented pilots are up against each other in a race based on speed, precision and skill.

**02:00 am Mission: Impossible** (Rpt)

PG

**Elena**

Rollin Hand is sent to investigate the case of a beautiful Latin American IMF agent who has suddenly started to act suspiciously. Is she still on the right side - and is she losing her sanity?

Starring: Steven Hill, Martin Landau

Guest Starring: Barbara Luna, Abraham Sofaer

**03:00 am The Doctors** (Rpt)

PG

Medical Procedures

The Doctors investigates dangerous contact lenses. Bye bye bunions! How a new procedure is getting rid of them with less downtime. Can lifting weights fight depression?

**04:00 am The Doctors**

PG

Dating behind bars: the pros and cons. How childhood eating impacts adult diet. The secret tea with great health benefits.

**05:00 am The Doctors**

PG

A restaurant recently started using oil made from gene-edited soybeans. California's first Surgeon General speaks on childhood adversity.



## Monday 29th July 2019

<b>06:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>06:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>08:00 am</b>	<b>RPM</b> (Rpt)	CC	Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.
<b>08:30 am</b>	<b>Monster Jam</b> (Rpt)	G	<b><u>Nashville - Triple Threat Series Central</u></b> Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 tonne machines are the perfect sports entertainment with action packed viewing.
<b>09:30 am</b>	<b>I Fish</b> (Rpt)	G	Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.
<b>10:00 am</b>	<b>Cheers</b> (Rpt)	PG	<b><u>Norm's First Hurrah</u></b> Norm elaborates on his new position with a top CPA firm and is caught in his little white lies when the gang decides to surprise him at work.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
<b>10:30 am</b>	<b>Cheers</b> (Rpt)	PG	<b><u>Cheers: The Motion Picture</u></b> The gang tries to reassure a nervous Mr. and Mrs. Boyd back in Indiana that Woody is fine and has wonderful friends in Boston by making a home movie of an average day at Cheers.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer



Monday 29th July 2019

11:00 am	<b>Mission: Impossible</b> (Rpt)	PG	<p><b><u>The Short Tail Spy</u></b></p> <p>The IMF must prevent the murder of a professor who has defected to the West, and Cinnamon does her job all too well when the mission requires her to feign love for one of the assassins.</p> <p>Starring: Steven Hill, Barbara Bain, Greg Morris</p> <p>Guest Starring: Albert Dekker, Joseph Sirola, Eric Braeden</p>
12:00 pm	<b>Matlock</b> (Rpt)	M Violence	<p><b><u>The Other Woman</u></b></p> <p>Matlock analyses the case of a psychiatrist accused of murdering the abusive husband of an emotionally disturbed patient, whose missing diary may hold the key.</p> <p>Starring: Andy Griffith, Nancy Stafford, Julie Sommars</p>
01:00 pm	<b>The Mentalist</b> (Rpt)	M Violence, Mature Themes	<p><b><u>Red Scare</u></b></p> <p>When a wealthy architect dies, locals claim he was killed by the ghost of an old bootlegger that haunts the mansion he was about to renovate.</p> <p>Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti</p> <p>Guest Starring: Frances Fisher</p>
02:00 pm	<b>Jake And The Fatman</b> (Rpt)	PG Violence	<p><b><u>Pennies From Heaven</u></b></p> <p>Jake wishes he could come up with a happy ending for the "Fairy Godmother", who's been giving money to the homeless from a bank robber's booty.</p> <p>Starring: William Conrad, Joe Penny</p>
03:00 pm	<b>Diagnosis Murder</b> (Rpt)	PG Mature Themes	<p><b><u>Swan Song</u></b></p> <p>Mark's old friend visits and begins exhibiting erratic behaviour while dodging attempts on her life. Mark attempts to fight through her defensive barriers to help her.</p> <p>Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke</p>
04:00 pm	<b>Star Trek: The Next Generation</b> (Rpt)	PG	<p><b><u>Birthright, Part 1</u></b></p> <p>While visiting Deep Space Nine, Worf learns that his father is still alive and being held captive in a secret Romulan prison camp.</p> <p>Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden, Marina Sirtis</p> <p>Guest Starring: Alexander Siddig, James Cromwell</p>



Monday 29th July 2019

<b>05:00 pm</b>	<b>Star Trek: Voyager</b> (Rpt)	PG	<p><b><u>Concerning Flight</u></b></p> <p>When pirates steal some of Voyager's technology, Janeway &amp; Tuvok search their home world and discover her holographic Leonardo Da Vinci who helps them in their search. Guest Starring: John Rhys-Davies</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
<b>06:00 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.</p>
<b>06:30 pm</b>	<b>Bondi Rescue</b> (Rpt)	CC PG Coarse Language, Mature Themes	<p>The lifeguards are still coming to terms with the worst tragedy on Bondi Beach in decades when Singlets attempts his first rescue since the incident. Plus, why is Hoppo telling kids to swim in a rip?</p>
<b>07:00 pm</b>	<b>Bondi Rescue</b> (Rpt)	CC PG	<p>During the festive season, Bondi swells with international visitors. Swapping snowflakes for sunscreen, many of them are unaware that lifeguards do not patrol the beach after 7pm.</p>
<b>07:30 pm</b>	<b>NCIS</b> (Rpt)	CC M	<p><b><u>The Searchers</u></b></p> <p>Gibbs takes a case to heart when the NCIS team exposes a fraudulent charity that preys on the families and friends of missing military personnel.</p> <p>Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen</p>
<b>08:30 pm</b>	<b>Law &amp; Order: SVU</b> (Rpt)	CC M WS Mature Themes	<p><b><u>Outsider</u></b></p> <p>Tutuola reluctantly works on a case involving the rape of a co-ed after his son Ken feels responsible for catching the rapist.</p> <p>Starring: Christopher Meloni, Mariska Hargitay, Richard Belzer, Dann Florek, Ice T</p>
<b>09:30 pm</b>	<b>Law &amp; Order: SVU</b> (Rpt)	CC M WS Mature Themes	<p><b><u>Loophole</u></b></p> <p>Stabler ends up being out of commission after a perpetrator high on drugs throws him through a window at the station. Benson teams up with Munch and Tutuola to investigate a mysterious packet of photos.</p> <p>Starring: Christopher Meloni, Mariska Hargitay, Richard Belzer, Dann Florek, Ice T</p>



Monday 29th July 2019

**10:30 pm 2019 FORMULA 1 GERMAN GRAND PRIX**

**2019 Formula 1 Germany Grand Prix**

Highlights from the 2019 Formula 1 German Grand Prix from the Hockenheimring Circuit, Germany.

**11:30 pm CSI: Miami (Rpt)**

M  
Violence,  
Mature Themes

**Miami Confidential**

A woman killed in a meth lab turns out to be an informant. CSI discovers that she was having a relationship with her married FBI handler, and that she was also pregnant.

Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo, Eva Larue

**12:30 am Home Shopping (Rpt)**

**Home Shopping**

**01:00 am Home Shopping (Rpt)**

**Home Shopping**

**01:30 am Home Shopping (Rpt)**

**Home Shopping**

**02:00 am The Mentalist (Rpt)**

M  
Violence,  
Mature Themes

**Red Scare**

When a wealthy architect dies, locals claim he was killed by the ghost of an old bootlegger that haunts the mansion he was about to renovate.

Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti

Guest Starring: Frances Fisher

**03:00 am Star Trek: Voyager (Rpt)**

PG

**Concerning Flight**

When pirates steal some of Voyager's technology, Janeway & Tuvok search their home world and discover her holographic Leonardo Da Vinci who helps them in their search. Guest Starring: John Rhys-Davies

Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill

**04:00 am Matlock (Rpt)**

M  
Violence

**The Other Woman**

Matlock analyses the case of a psychiatrist accused of murdering the abusive husband of an emotionally disturbed patient, whose missing diary may hold the key.

Starring: Andy Griffith, Nancy Stafford, Julie Sommars





Monday 29th July 2019

05:00 am **The Doctors**

M

An engaged couple trying to lose weight for their wedding...will they hit their goals? The best workouts for your 40s, 50s, 60s and beyond. Ask the Dentist: cracks in your teeth, toddler bad breath.



Tuesday 30th July 2019

<b>06:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>06:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>08:00 am</b>	<b>Star Trek: Voyager</b> (Rpt)	PG	<p><b><u>Concerning Flight</u></b></p> <p>When pirates steal some of Voyager's technology, Janeway &amp; Tuvok search their home world and discover her holographic Leonardo Da Vinci who helps them in their search. Guest Starring: John Rhys-Davies</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
<b>09:00 am</b>	<b>Jake And The Fatman</b> (Rpt)	PG Violence	<p><b><u>Pennies From Heaven</u></b></p> <p>Jake wishes he could come up with a happy ending for the "Fairy Godmother", who's been giving money to the homeless from a bank robber's booty.</p> <p>Starring: William Conrad, Joe Penny</p>
<b>10:00 am</b>	<b>Cheers</b> (Rpt)	PG	<p><b><u>House Is Not A Home, A</u></b></p> <p>Diane is haunted by the memories of the couple who lived a long and happy life together in the home she and Sam have purchased.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>
<b>10:30 am</b>	<b>Cheers</b> (Rpt)	PG	<p><b><u>I Do And Adieu</u></b></p> <p>In the fifth season finale, Dr. Sumner Sloane returns to Cheers on Diane and Sam's wedding day to tell her that a publisher is interested in one of her class manuscripts.</p> <p>Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer</p>



Tuesday 30th July 2019

<b>11:00 am Mission: Impossible</b> (Rpt)	PG Mild Violence	<p><b><u>The Legacy</u></b></p> <p>The IMF must bankrupt a scheme by neo-Nazis who are intent on recovering Hitler's hidden millions, which they plan to use to finance a Fourth Reich.</p> <p>Starring: Steven Hill, Barbara Bain, Martin Landau, Greg Morris</p> <p>Guest Starring: John Crawford</p>
<b>12:00 pm Matlock</b> (Rpt)	M Violence	<p><b><u>The Starlet</u></b></p> <p>An old flame asks Matlock to represent her daughter, a talent-show contestant who's been accused of murdering the blackmailer who came in second.</p> <p>Starring: Andy Griffith, Nancy Stafford, Julie Sommars</p>
<b>01:00 pm The Mentalist</b> (Rpt)	M Violence, Mature Themes	<p><b><u>Black Gold And Red Blood</u></b></p> <p>Jane helps the investigating team solve a young man's murder on oil-rich land from his jail cell after being arrested for spying on Bosco.</p> <p>Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti, Terry Kinney</p>
<b>02:00 pm Jake And The Fatman</b> (Rpt)	PG Violence	<p><b><u>I Can't Believe I'm Losing You</u></b></p> <p>When Jake's girlfriend is injured in a bomb blast, he and Derek review possible suspects.</p> <p>Starring: William Conrad, Joe Penny</p>
<b>03:00 pm Diagnosis Murder</b> (Rpt)	PG Violence, Mature Themes	<p><b><u>Out Of The Past (1)</u></b></p> <p>An old friend of med student Alex Martin is mixed up in the murder investigation of an LA 'madam'. Mark suspects Alex's friend may be more deeply involved in the madam's business than she lets on.</p> <p>Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke</p>
<b>04:00 pm Star Trek: The Next Generation</b> (Rpt)	PG Mild Violence	<p><b><u>Birthright, Part 2</u></b></p> <p>In search of his father, Worf is captured in a distant prison camp by the Romulans, where he learns why the other captives did not attempt an escape years before.</p> <p>Starring: Patrick Stewart, Michael Dorn, Jonathan Frakes, LeVar Burton</p> <p>Guest Starring: Alan Scarfe</p>



Tuesday 30th July 2019

<b>05:00 pm</b>	<b>Star Trek: Voyager</b> (Rpt)	PG	<p><b><u>Mortal Coil</u></b></p> <p>Neelix is killed during an away mission, but is revived using modified Borg technology. Following his experience, Neelix soon begins to question the afterlife.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
<b>06:00 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.</p>
<b>06:30 pm</b>	<b>Bondi Rescue</b> (Rpt)	CC PG Medical Procedures	<p>A local Bondi surf photographer helps lifeguards save a Nepalese tourist, but the battle to keep him alive continues on the sand.</p>
<b>07:00 pm</b>	<b>Bondi Rescue</b> (Rpt)	CC PG Coarse Language	<p>Bondi's chiselled lifeguards get an "abs'olute run for their money when Manpower Australia make a surprise visit to the tower. Singlets races to a rescue in the buggy and gets a surprise passenger.</p>
<b>07:30 pm</b>	<b>NCIS</b> (Rpt)	CC M	<p><b><u>Semper Fortis</u></b></p> <p>Gibbs searches for a way to help a Navy Hospital Corpsman arrested after providing unlicensed, yet necessary, medical care at the scene of a hit and run accident.</p> <p>Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen</p>
<b>08:30 pm</b>	<b>CSI: Miami</b>	M Violence	<p><b><u>Raising Caine</u></b></p> <p>The mother of Horatio's child surfaces and becomes a prime suspect in her husband's murder. She also comes under suspicion when the witness in Kyle's trial suddenly disappears before she can testify.</p> <p>Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo</p> <p>Guest Starring: Elizabeth Berkley</p>
<b>09:25 pm</b>	<b>CSI: Miami</b>	M Violence	<p><b><u>You May Now Kill The Bride</u></b></p> <p>A high profile wedding is interrupted with a gunshot killing a supermodel wife-to-be leaving a baseball phenomenon unwed and a possible suspect.</p> <p>Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Jonathan Togo, Eva Larue</p>



Tuesday 30th July 2019

**10:20 pm The Mentalist**

M  
Violence

**Redacted**

The team investigates two attempted robberies, including one that left an electronics store owner dead, and another involving Donny Culpepper, the man Jane hired to break into LaRoche's home.

Starring: Simon Baker, Robin Tunney, Tim Kang, Amanda Righetti, Owain Yeoman

Guest Starring: Pruitt Taylor Vince

**11:15 pm The Mentalist**

M  
Violence

**Like A Redheaded Stepchild**

A prison guard is murdered outside of a jewelry store, and Jane suspects an inmate is responsible. Rigsby is forced to turn to his ex-con father to help solve the case.

Starring: Simon Baker, Robin Tunney, Tim Kang, Amanda Righetti, Owain Yeoman

Guest Starring: William Forsythe

**12:10 am Home Shopping (Rpt)**

**Home Shopping**

**12:40 am Home Shopping (Rpt)**

**Home Shopping**

**01:10 am Home Shopping (Rpt)**

**Home Shopping**

**01:40 am Home Shopping (Rpt)**

**Home Shopping**

**02:10 am Jake And The Fatman (Rpt)**

PG  
Violence

**I Can't Believe I'm Losing You**

When Jake's girlfriend is injured in a bomb blast, he and Derek review possible suspects.

Starring: William Conrad, Joe Penny

**03:05 am Star Trek: The Next Generation (Rpt)**

PG  
Mild Violence

**Birthright, Part 2**

In search of his father, Worf is captured in a distant prison camp by the Romulans, where he learns why the other captives did not attempt an escape years before.

Starring: Patrick Stewart, Michael Dorn, Jonathan Frakes, LeVar Burton

Guest Starring: Alan Scarfe



Tuesday 30th July 2019

**04:05 am Cheers (Rpt)**

PG

**House Is Not A Home, A**

Diane is haunted by the memories of the couple who lived a long and happy life together in the home she and Sam have purchased.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

**04:35 am Cheers (Rpt)**

PG

**I Do And Adieu**

In the fifth season finale, Dr. Sumner Sloane returns to Cheers on Diane and Sam's wedding day to tell her that a publisher is interested in one of her class manuscripts.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

**05:05 am The Doctors**

Abandoned your diet lately? The Doctors discusses the top six ways diets are ruined and tips to succeed. The skin care products you might be over-using that could negatively affect your skin.



## Wednesday 31st July 2019

<b>06:00 am</b>	<b>Home Shopping</b>		<b><u>Home Shopping</u></b>
<b>06:30 am</b>	<b>Home Shopping</b>		<b><u>Home Shopping</u></b>
<b>07:00 am</b>	<b>Home Shopping</b>		<b><u>Home Shopping</u></b>
<b>07:30 am</b>	<b>Home Shopping</b>		<b><u>Home Shopping</u></b>
<b>08:00 am</b>	<b>Star Trek: Voyager (Rpt)</b>	PG	<b><u>Mortal Coil</u></b> Neelix is killed during an away mission, but is revived using modified Borg technology. Following his experience, Neelix soon begins to question the afterlife.  Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill
<b>09:00 am</b>	<b>Jake And The Fatman (Rpt)</b>	PG Violence	<b><u>I Can't Believe I'm Losing You</u></b> When Jake's girlfriend is injured in a bomb blast, he and Derek review possible suspects.  Starring: William Conrad, Joe Penny
<b>10:00 am</b>	<b>Cheers (Rpt)</b>	PG	<b><u>Home Is The Sailor</u></b> Pull up a bar stool and enjoy a drink where everybody knows your name. Sam, Carla, Norm, Cliff and the rest of the gang are waiting for you at Cheers.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
<b>10:30 am</b>	<b>Cheers (Rpt)</b>	PG	<b><u>'I' On Sports</u></b> Pull up a bar stool and enjoy a drink where everybody knows your name. Sam, Carla, Norm, Cliff and the rest of the gang are waiting for you at Cheers.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer



## Wednesday 31st July 2019

<b>11:00 am Mission: Impossible</b> (Rpt)	PG Mild Violence	<p><b><u>The Reluctant Dragon</u></b></p> <p>The IMF penetrates the Iron Curtain to free a scientist who has developed a revolutionary antimissile system, only to discover that he doesn't want to leave.</p> <p>Starring: Steven Hill, Martin Landau, Greg Morris</p> <p>Guest Starring: Joseph Campanella, John Colicos, Mala Powers</p>
<b>12:00 pm Matlock</b> (Rpt)	M Violence	<p><b><u>The Psychic</u></b></p> <p>Matlock doesn't have to be psychic to know he'll defend the clairvoyant who claimed she'd be arrested for a murder before the crime took place.</p> <p>Starring: Andy Griffith, Nancy Stafford, Julie Sommars</p>
<b>01:00 pm The Mentalist</b> (Rpt)	M Violence, Mature Themes	<p><b><u>Red Bulls</u></b></p> <p>Minelli orders Patrick and his team to work together with Bosco in order to locate a kidnapped woman who is being held for ransom.</p> <p>Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti, Terry Kinney</p>
<b>02:00 pm Jake And The Fatman</b> (Rpt)	PG Violence	<p><b><u>All Through The Night</u></b></p> <p>A psychiatrist convicted of patient abuse goes crazy with revenge, messing with Neely's mind and trying to drive her to suicide.</p> <p>Starring: William Conrad, Joe Penny</p>
<b>03:00 pm Diagnosis Murder</b> (Rpt)	PG Violence, Sexual References, Mature Themes	<p><b><u>Out Of The Past (2)</u></b></p> <p>An old friend of med student Alex Martin is mixed up in the murder investigation of an LA 'madam'. Mark suspects Alex's friend may be more deeply involved in the madam's business than she lets on.</p> <p>Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke</p>
<b>04:00 pm Star Trek: The Next Generation</b> (Rpt)	PG Mild Violence	<p><b><u>Starship Mine</u></b></p> <p>Captain Picard uncovers a plot to steal the highly dangerous compound trillithium from the Enterprise's engines while it is in dry-dock for seemingly routine maintenance.</p> <p>Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, LeVar Burton, Gates McFadden, Marina Sirtis, Michael Dorn</p> <p>Guest Starring: Tim Russ</p>





### Wednesday 31st July 2019

<b>05:00 pm</b>	<b>Star Trek: Voyager</b> (Rpt)	PG	<p><b><u>Waking Moments</u></b></p> <p>The crew is "attacked" by a species of alien that live in the human dream state. It is up to Chakotay, with extensive knowledge about the dream state, to save the ship and its crew.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
<b>06:00 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.</p>
<b>06:30 pm</b>	<b>Bondi Rescue</b> (Rpt)	CC PG Medical Procedures	<p>The Bondi rescue lifeguards are pushed to their limits dealing with a myriad of alcohol and drug affected beach goers. Will the record-breaking heat and crowds prove too much for the lifeguards?</p>
<b>07:00 pm</b>	<b>Bondi Rescue</b> (Rpt)	CC PG Coarse Language	<p>Harrison faces an impossible choice with two swimmers in trouble and only one rescue board. Plus, how will the boys react when international supermodel Heidi Klum visits the lifeguard tower?</p>
<b>07:30 pm</b>	<b>NCIS</b> (Rpt)	CC M Violence	<p><b><u>Grounded</u></b></p> <p>DiNozzo, Bishop and her husband, who are stuck at Dulles airport due to inclement weather, work an NCIS case involving an elevated terrorist threat to Northeast airports.</p> <p>Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen</p>
<b>08:30 pm</b>	<b>NCIS: Los Angeles</b> (Rpt)	CC M Violence, Mature Themes	<p><b><u>An Unlocked Mind</u></b></p> <p>Kensi and Deeks go undercover in a cult to rescue a Department of Defense employee who is brainwashed into revealing classified information.</p> <p>Starring: LI Cool J , Chris O'Donnell, Daniela Ruah</p>
<b>09:25 pm</b>	<b>NCIS: Los Angeles</b> (Rpt)	CC M Violence	<p><b><u>The Long Goodbye</u></b></p> <p>The team searches for Jada, the woman Sam led to asylum in the U.S. four years ago, after she goes missing. Meanwhile, Kensi goes undercover with DEA agent Talia Del Campo.</p> <p>Starring: LI Cool J , Chris O'Donnell, Daniela Ruah</p>



Wednesday 31st July 2019

10:20 pm NCIS (Rpt)	CC M	<b><u>The Searchers</u></b>
		Gibbs takes a case to heart when the NCIS team exposes a fraudulent charity that preys on the families and friends of missing military personnel.
		Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen
11:15 pm NCIS (Rpt)	CC M	<b><u>Semper Fortis</u></b>
		Gibbs searches for a way to help a Navy Hospital Corpsman arrested after providing unlicensed, yet necessary, medical care at the scene of a hit and run accident.
		Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen
12:10 am Home Shopping (Rpt)		<b><u>Home Shopping</u></b>
12:40 am Home Shopping (Rpt)		<b><u>Home Shopping</u></b>
01:10 am Home Shopping (Rpt)		<b><u>Home Shopping</u></b>
01:40 am Home Shopping (Rpt)		<b><u>Home Shopping</u></b>
02:10 am Star Trek: The Next Generation (Rpt)	PG Mild Violence	<b><u>Starship Mine</u></b>
		Captain Picard uncovers a plot to steal the highly dangerous compound trillithium from the Enterprise's engines while it is in dry-dock for seemingly routine maintenance.
		Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, LeVar Burton, Gates McFadden, Marina Sirtis, Michael Dorn
		Guest Starring: Tim Russ
03:05 am Mission: Impossible (Rpt)	PG Mild Violence	<b><u>The Reluctant Dragon</u></b>
		The IMF penetrates the Iron Curtain to free a scientist who has developed a revolutionary antimissile system, only to discover that he doesn't want to leave.
		Starring: Steven Hill, Martin Landau, Greg Morris
		Guest Starring: Joseph Campanella, John Colicos, Mala Powers



Wednesday 31st July 2019

**04:05 am Diagnosis Murder (Rpt)**

PG  
Violence,  
Sexual References,  
Mature Themes

**Out Of The Past (2)**

An old friend of med student Alex Martin is mixed up in the murder investigation of an LA 'madam'. Mark suspects Alex's friend may be more deeply involved in the madam's business than she lets on.

Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke

**05:05 am The Doctors**

Could the medical device you're using to save your life be putting you in danger? Trauma survivor shares story of hope and courage. The Doctors taste test beer made out of sewage water.



## Thursday 01st August 2019

<b>06:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>06:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>08:00 am</b>	<b>Sports Tonight</b> (Rpt)	CC	Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.
<b>08:30 am</b>	<b>Mighty Machines</b> (Rpt)	G	Mighty machines delivers the latest news, reviews and comparisons of all types of big, high-horsepower heavy machinery, from on and off-road trucks to tractors, harvesters, excavators and loaders.
<b>09:00 am</b>	<b>Jake And The Fatman</b> (Rpt)	PG Violence	<b><u>All Through The Night</u></b> A psychiatrist convicted of patient abuse goes crazy with revenge, messing with Neely's mind and trying to drive her to suicide.  Starring: William Conrad, Joe Penny
<b>10:00 am</b>	<b>Cheers</b> (Rpt)	PG	<b><u>Little Carla, Happy At Last (1)</u></b> Pull up a bar stool and enjoy a drink where everybody knows your name. Sam, Carla, Norm, Cliff and the rest of the gang are waiting for you at Cheers.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
<b>10:30 am</b>	<b>Cheers</b> (Rpt)	PG	<b><u>Little Carla, Happy At Last (2)</u></b> Pull up a bar stool and enjoy a drink where everybody knows your name. Sam, Carla, Norm, Cliff and the rest of the gang are waiting for you at Cheers.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer



Thursday 01st August 2019

<b>11:00 am Bondi Rescue</b> (Rpt)	CC PG Medical Procedures	A local Bondi surf photographer helps lifeguards save a Nepalese tourist, but the battle to keep him alive continues on the sand.
<b>11:30 am Bondi Rescue</b> (Rpt)	CC PG Coarse Language	Bondi's chiselled lifeguards get an "abs"olute run for their money when Manpower Australia make a surprise visit to the tower. Singlets races to a rescue in the buggy and gets a surprise passenger.
<b>12:00 pm Matlock</b> (Rpt)	M Violence	<b><u>The Thief, Pt 1</u></b> A coin dealer hires Matlock when he's accused of murder, and Tyler puts in his two cents when Matlock lets another PI in on the case.  Starring: Andy Griffith, Nancy Stafford, Julie Sommars
<b>01:00 pm The Mentalist</b> (Rpt)	M Violence, Mature Themes	<b><u>Price Above Rubies, A</u></b> Patrick and the team investigate a wealthy jeweler's murder while they attend a black-tie fundraiser for the CBI.  Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti
<b>02:00 pm Jake And The Fatman</b> (Rpt)	PG Violence	<b><u>Ain't Misbehavin'</u></b> Bondswoman Ethel Mae Haven dons disguises to help bail her client out of a murder charge after his life is threatened.  Starring: William Conrad, Joe Penny
<b>03:00 pm Diagnosis Murder</b> (Rpt)	PG Violence	<b><u>Death By Design</u></b> Mark tries to identify the guilty party after his office decorator is found dead.  Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke
<b>04:00 pm Star Trek: The Next Generation</b> (Rpt)	G	<b><u>Lessons</u></b> Picard must choose between love and command when he must make a decision that could place the woman he has fallen in love with on a potentially deadly and high-risk mission.  Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden, Marina Sirtis  Guest Starring: Wendy Hughes



Thursday 01st August 2019

05:00 pm <b>Star Trek: Voyager</b> (Rpt)	PG	<b><u>Message In A Bottle</u></b>
		Using an alien communications net, Voyager sends their Doctor to the Federation ship USS Prometheus only to find that it has been taken over by Romulans. Guest Starring: Andy Dick
		Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill
06:00 pm <b>Judge Judy</b> (Rpt)	CC PG	Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.
06:30 pm <b>Bondi Rescue</b> (Rpt)	CC PG Coarse Language, Nudity	When the biggest swell of the year rolls in, big wave surfer Jesse decides to test new recruits Tommy & Jules. Training is one thing but how will Tommy manage to rescue two intoxicated patients?
07:00 pm <b>Bondi Rescue</b> (Rpt)	CC PG Coarse Language	Trainee Tommy learns a valuable lesson when he completes one of the funniest rescues of the season. Meanwhile, Troy races to rescue a young girl drowning directly in front of the tower.
07:30 pm <b>NCIS</b> (Rpt)	CC M Violence, Sexual References	<b><u>House Rules</u></b>
		The NCIS team consult with three cyber-terrorists they imprisoned after a citywide Internet shutdown the week before Christmas.
		Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen
08:30 pm <b>Hawaii Five-0</b>	CC M Violence	<b>ALL NEW EPISODES</b>
		<b><u>Mai Ka Po Mai Ka 'oia'io (Truth Comes From The Night)</u></b>
		Five-0 delves into the world of super heroes and comic books when a renowned urban vigilante is killed after making a citizen's arrest. Also, Adam gets closer to finding out who killed his sister.
		Starring: Alex O'Loughlin, Scott Caan, Chi McBride, Meaghan Rath, Beulah Koale, Ian Anthony Dale, Jorge Garcia
09:30 pm <b>Seal Team</b>	CC M Strong Violence	<b>ALL NEW EPISODES</b>
		<b><u>Santa Muerte</u></b>
		Following an ambush, the SEAL team suspects someone on the inside is leaking information to the cartel.
		Starring: David Boreanaz, Max Thieriot, Jessica Pare, Neil Brown Jr., A.J. Buckley, Toni Trucks



Thursday 01st August 2019

**10:30 pm NCIS (Rpt)**

CC M  
Violence

**Grounded**

DiNozzo, Bishop and her husband, who are stuck at Dulles airport due to inclement weather, work an NCIS case involving an elevated terrorist threat to Northeast airports.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray, Emily Wickersham, Rocky Carroll, Brian Dietzen

**11:30 pm NCIS: Los Angeles (Rpt)**

CC M  
Violence,  
Mature Themes

**An Unlocked Mind**

Kensi and Deeks go undercover in a cult to rescue a Department of Defense employee who is brainwashed into revealing classified information.

Starring: LI Cool J , Chris O'Donnell, Daniela Ruah

**12:30 am Home Shopping (Rpt)**

**Home Shopping**

**01:00 am Home Shopping (Rpt)**

**Home Shopping**

**01:30 am Home Shopping (Rpt)**

**Home Shopping**

**02:00 am Star Trek: The Next Generation (Rpt)**

G

**Lessons**

Picard must choose between love and command when he must make a decision that could place the woman he has fallen in love with on a potentially deadly and high-risk mission.

Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden, Marina Sirtis

Guest Starring: Wendy Hughes

**03:00 am Matlock (Rpt)**

M  
Violence

**The Thief, Pt 1**

A coin dealer hires Matlock when he's accused of murder, and Tyler puts in his two cents when Matlock lets another PI in on the case.

Starring: Andy Griffith, Nancy Stafford, Julie Sommars

**04:00 am Diagnosis Murder (Rpt)**

PG  
Violence

**Death By Design**

Mark tries to identify the guilty party after his office decorator is found dead.

Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke



Thursday 01st August 2019

**05:00 am The Doctors**

The Doctors discusses the wackiest health headlines. Hilarious photos of toddlers in a fake tan mess and how to safely clean up a bad tan.





## Friday 02nd August 2019

<b>06:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>06:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>07:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>08:00 am</b>	<b>2019 FORMULA 1 GERMAN GRAND PRIX</b> (Rpt)		<b><u>2019 Formula 1 Germany Grand Prix</u></b> Highlights from the 2019 Formula 1 German Grand Prix from the Hockenheimring Circuit, Germany.
<b>09:00 am</b>	<b>Jake And The Fatman</b> (Rpt)	PG Violence	<b><u>Ain't Misbehavin'</u></b> Bondswoman Ethel Mae Haven dons disguises to help bail her client out of a murder charge after his life is threatened.  Starring: William Conrad, Joe Penny
<b>10:00 am</b>	<b>Cheers</b> (Rpt)	PG	<b><u>The Crane Mutiny</u></b> The gang tries to convince Frasier that Rebecca desires him after he quarrels with Lilith and Rebecca replaces Sam's picture with one of herself.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
<b>10:30 am</b>	<b>Cheers</b> (Rpt)	PG	<b><u>Paint Your Office</u></b> Norm gets to know Rebecca better when he paints her office as a way of paying off his bar tab.  Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
<b>11:00 am</b>	<b>Bondi Rescue</b> (Rpt)	CC PG Medical Procedures	The Bondi rescue lifeguards are pushed to their limits dealing with a myriad of alcohol and drug affected beach goers. Will the record-breaking heat and crowds prove too much for the lifeguards?



## Friday 02nd August 2019

11:30 am <b>Bondi Rescue</b> (Rpt)	CC PG Coarse Language	Harrison faces an impossible choice with two swimmers in trouble and only one rescue board. Plus, how will the boys react when international supermodel Heidi Klum visits the lifeguard tower?
12:00 pm <b>Matlock</b> (Rpt)	M Violence	<b><u>The Thief, Pt 2</u></b> Tyler and Matlock suspect Linda is being blackmailed by the killer.  Starring: Andy Griffith, Nancy Stafford, Julie Sommars
01:00 pm <b>The Mentalist</b> (Rpt)	M Violence, Mature Themes	<b><u>Throwing Fire</u></b> While examining a crime scene where a baseball scout is found murdered, a ball hits Jane in the head and he flashes back to his childhood with his overbearing father and time as a carnival psychic.  Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti  Guest Starring: Nick Chinlund
02:00 pm <b>Jake And The Fatman</b> (Rpt)	PG Violence	<b><u>Nightmare</u></b> An ex-footballer turned cop teams with Jake to sack a serial killer.  Starring: William Conrad, Joe Penny
03:00 pm <b>Diagnosis Murder</b> (Rpt)	PG Mild Violence, Mature Themes	<b><u>Blind Man's Bluff</u></b> After being involved in an accident that resulted in her going blind, a young woman seeks Mark's help to find the criminals.  Starring: Dick Van Dyke, Victoria Rowell, Barry Van Dyke
04:00 pm <b>Star Trek: The Next Generation</b> (Rpt)	G	<b><u>The Chase</u></b> Enterprise races against the Cardassians and the Klingons to find the answer to a universal riddle. Capt. Picard is driven to find the answer, as one of his professors died in pursuit of the riddle.  Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden, Marina Sirtis



## Friday 02nd August 2019

<b>05:00 pm</b>	<b>Star Trek: Voyager</b> (Rpt)	PG	<p><b><u>Hunters</u></b></p> <p>The Voyager crew is excited to begin receiving messages from Starfleet using the newly discovered communications array. However, they soon face a new threat from a violent species of hunters.</p> <p>Starring: Kate Mulgrew, Robert Beltran, Roxann Dawson, Robert Duncan McNeill</p>
<b>06:00 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.</p>
<b>06:30 pm</b>	<b>Bondi Rescue</b> (Rpt)	CC PG	<p>The lifeguards are presented with a two year old girl who is trapped in a locked car in sweltering heat. Plus, lifeguards Jethro and Corey spot a bag thief on the beach.</p>
<b>07:00 pm</b>	<b>Bondi Rescue</b> (Rpt)	CC PG Coarse Language, Mature Themes	<p>The lifeguards are still coming to terms with the worst tragedy on Bondi Beach in decades when Singlets attempts his first rescue since the incident. Plus, why is Hoppo telling kids to swim in a rip?</p>
<b>07:30 pm</b>	<b>Walker, Texas Ranger</b> (Rpt)	M Violence	<p><b><u>On The Border</u></b></p> <p>A corrupt sheriff fakes an accident to disguise his murder of a trucker who refused to help his drug smuggling.</p> <p>Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson</p>
<b>08:30 pm</b>	<b>Walker, Texas Ranger</b> (Rpt)	M Violence	<p><b><u>Lost Boys</u></b></p> <p>Carlos' nephew is in trouble with the law when a gun is found in his room. The gun was used to kill a cop and hidden there by one of his friends.</p> <p>Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson</p>
<b>09:30 pm</b>	<b>Walker, Texas Ranger</b> (Rpt)	M Violence	<p><b><u>Special Witness</u></b></p> <p>A girl with Down's Syndrome is the only witness to Trent's stabbing attack, and the Rangers need her to identify the assailant.</p> <p>Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson</p>



Friday 02nd August 2019

<b>10:30 pm</b>	<b>Walker, Texas Ranger</b> (Rpt)	M Violence	<p><b><u>The Principal</u></b></p> <p>A principal of a high school has his suspicions about a teacher who may be involved in the sudden influx of drug usage on campus. The Rangers try and bust him but with disastrous results.</p> <p>Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson</p>
<b>11:30 pm</b>	<b>NCIS: New Orleans</b> (Rpt)	CC M Violence	<p><b><u>My Brother's Keeper</u></b></p> <p>The NCIS team checks out a lethal hit and run to determine whether the murder was tied to a Navy recruiter's career or her role as a foster mother to two brothers.</p> <p>Starring: Scott Bakula, Lucas Black, Zoe McLellan, C C H Pounder, Rob Kerkovich</p>
<b>12:30 am</b>	<b>Home Shopping</b> (Rpt)		<p><b><u>Home Shopping</u></b></p>
<b>01:00 am</b>	<b>Home Shopping</b> (Rpt)		<p><b><u>Home Shopping</u></b></p>
<b>01:30 am</b>	<b>Home Shopping</b> (Rpt)		<p><b><u>Home Shopping</u></b></p>
<b>02:00 am</b>	<b>The Mentalist</b> (Rpt)	M Violence, Mature Themes	<p><b><u>Throwing Fire</u></b></p> <p>While examining a crime scene where a baseball scout is found murdered, a ball hits Jane in the head and he flashes back to his childhood with his overbearing father and time as a carnival psychic.</p> <p>Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti</p> <p>Guest Starring: Nick Chinlund</p>
<b>03:00 am</b>	<b>Walker, Texas Ranger</b> (Rpt)	M Violence	<p><b><u>On The Border</u></b></p> <p>A corrupt sheriff fakes an accident to disguise his murder of a trucker who refused to help his drug smuggling.</p> <p>Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson</p>
<b>04:00 am</b>	<b>Walker, Texas Ranger</b> (Rpt)	M Violence	<p><b><u>Lost Boys</u></b></p> <p>Carlos' nephew is in trouble with the law when a gun is found in his room. The gun was used to kill a cop and hidden there by one of his friends.</p> <p>Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson</p>



Friday 02nd August 2019

05:00 am Walker, Texas Ranger (Rpt)

M  
Violence

**Special Witness**

A girl with Down's Syndrome is the only witness to Trent's stabbing attack, and the Rangers need her to identify the assailant.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson



Saturday 03rd August 2019

**06:00 am Home Shopping** (Rpt)

**Home Shopping**

**06:30 am Home Shopping** (Rpt)

**Home Shopping**

**07:00 am Home Shopping** (Rpt)

**Home Shopping**

**07:30 am Home Shopping** (Rpt)

**Home Shopping**

**08:00 am Cheers** (Rpt)

PG

**The Crane Mutiny**

The gang tries to convince Frasier that Rebecca desires him after he quarrels with Lilith and Rebecca replaces Sam's picture with one of herself.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

**08:30 am Cheers** (Rpt)

PG

**Paint Your Office**

Norm gets to know Rebecca better when he paints her office as a way of paying off his bar tab.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

**09:00 am The Doctors**

PG  
Medical Procedures

Live in the OR: neck lift surgery and reveal. Gwyneth Paltrow's spiritual advisor shares top tips for wellness. What to eat for a whiter and happier smile.

**10:00 am Hogan's Heroes** (Rpt)

G

**Hogan's Trucking Service**

Colonel Crittendon shows up again and messes up Hogan's plans to destroy a ball bearing plant.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary

**10:30 am Hogan's Heroes** (Rpt)

G

**To The Gestapo With Love**

The Gestapo brings three lovely ladies into the camp to interrogate the prisoners.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary



## Saturday 03rd August 2019

**11:00 am** **I Fish** (Rpt)

G

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

**11:30 am** **Jake And The Fatman** (Rpt)

PG  
Violence

### Nightmare

An ex-footballer turned cop teams with Jake to sack a serial killer.

Starring: William Conrad, Joe Penny

**12:30 pm** **Dunlop Super2 Championship**

### Dunlop Super2 Championship - Ipswich

Highlights of round 4 of the Dunlop Super2 championship from the Ipswich SuperSprint at the Queensland Raceway circuit.

**01:30 pm** **SuperUtes Championship**

### Superutes Championship - Ipswich

Highlights from round 5 of the SuperUtes races from the Ipswich SuperSprint at the Queensland Raceway circuit.

**02:30 pm** **Mission: Impossible** (Rpt)

PG

### The Frame

The IMF team pose as caterers at a private dinner party for mob bosses, with an elaborate scheme to frame the kingpin who arranged the deaths of four Government officials.

Starring: Steven Hill, Barbara Bain, Martin Landau, Greg Morris

Guest Starring: Simon Oakland

**03:30 pm** **Great Natural Wonders Of The World** (Rpt) CC G

### Great Natural Wonders Of The World

David Attenborough sets out on an intrepid journey across 7 continents to celebrate the wealth of natural features that makes Planet Earth so varied, so distinctive and so spectacularly beautiful.

Starring: David Attenborough

**04:30 pm** **Mighty Machines**

## ALL NEW EPISODES

Mighty machines delivers the latest news, reviews and comparisons of all types of big, high-horsepower heavy machinery, from on and off-road trucks to tractors, harvesters, excavators and loaders.



Saturday 03rd August 2019

**05:00 pm Reel Action**

CC

### ALL NEW EPISODES

Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.

**05:30 pm Escape Fishing With ET (Rpt)**

CC G

Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.

**06:00 pm COPS (Rpt)**

WS PG  
Drug References

### Coast To Coast

Accept no substitute - COPS is the pioneer of reality television. Ride along in pursuit of law-breakers and assailants as law enforcement agents patrol the streets to serve and protect America.

**06:30 pm Scorpion (Rpt)**

CC PG  
Mild Violence

### Go With The Flo(Rence)

A device that can prevent a nuclear meltdown is lost in the LA sewers and it is up to Team Scorpion to find it while dealing with a new tenant next door who wants the team to keep their noise down.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jady Wong, Ari Stidham, Tina Majorino

Guest Starring: Amy Louise Pemberton

**07:30 pm MacGyver**

M  
Violence

### ALL NEW EPISODES

#### Scavengers + Hard Drive + Dragonfly

Matty sends the team to Ghana to recover a hard drive from an e-waste landfill that is run by a powerful and violent man, leading them to speculate about what could be on the device.

Starring: Lucas Till, George Eads

**08:30 pm NCIS: New Orleans (Rpt)**

CC M  
Violence

### More Now

Pride becomes convinced his nemesis 'Baitfish' has returned and in an attempt to locate him, he instructs the team to investigate crime scenes and chase leads from New Orleans to Charleston, S.C.

Starring: Scott Bakula, Lucas Black, Zoe McLellan, C C H Pounder, Rob Kerkovich





## Saturday 03rd August 2019

**09:30 pm NCIS: New Orleans** (Rpt)

CC M  
Violence,  
Medical Procedures

### The List

A sailor is killed in a strip club and the murder weapon is linked to two other unsolved homicides. Meanwhile, Brody's ex-fiancé pays her a surprise visit.

Starring: Scott Bakula, Lucas Black, Zoe McLellan, C C H Pounder, Rob Kerkovich

**10:30 pm Horse Racing: Goodwood 2019**

### **LIVE**

#### Glorious Goodwood

Set against the magnificent backdrop of the Sussex countryside, the 'Glorious Goodwood' is a summer season highlight. The six furlong cavalry charge of the Unibet Stewards Cup is a sight to behold.

**01:00 am COPS** (Rpt)

WS PG  
Drug References

### Coast To Coast

Accept no substitute - COPS is the pioneer of reality television. Ride along in pursuit of law-breakers and assailants as law enforcement agents patrol the streets to serve and protect America.

**01:30 am RPM** (Rpt)

CC

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

**02:00 am 2019 FORMULA 1 GERMAN GRAND PRIX** (Rpt)

### 2019 Formula 1 Germany Grand Prix

Highlights from the 2019 Formula 1 German Grand Prix from the Hockenheimring Circuit, Germany.

**03:00 am The Doctors** (Rpt)

M

An engaged couple trying to lose weight for their wedding...will they hit their goals? The best workouts for your 40s, 50s, 60s and beyond. Ask the Dentist: cracks in your teeth, toddler bad breath.

**04:00 am The Doctors** (Rpt)

Abandoned your diet lately? The Doctors discusses the top six ways diets are ruined and tips to succeed. The skin care products you might be over-using that could negatively affect your skin.



Saturday 03rd August 2019

05:00 am **Hogan's Heroes** (Rpt)

G

**Hogan's Trucking Service**

Colonel Crittendon shows up again and messes up Hogan's plans to destroy a ball bearing plant.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary

05:30 am **Hogan's Heroes** (Rpt)

G

**To The Gestapo With Love**

The Gestapo brings three lovely ladies into the camp to interrogate the prisoners.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary