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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **06:00 am** |  | **Mass For You At Home** | CC | G |  | | Weekly Catholic Mass for those unable to travel to church. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 am** |  | **Turning Point With David Jeremiah** | CC | PG Mature Themes |  | | Celebrate Christmas with music and joy. This special Christmas event features Dr. Jeremiah, Charles Billingsley, Dennis Swanberg, and more. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **07:00 am** |  | **Joseph Prince: New Creation Church** | CC | G | **454 - Faith That Delights The Lord** | | Religious program. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **07:30 am** |  | **Joel Osteen** | CC | G |  | | Religious. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Jamie: Easy Meals At Christmas** (Rpt) | CC | G |  | | Jamie’s back with delicious festive recipes for Christmas time. Whether you’re cooking for fewer guests or want to rustle up easy edible gifts to share, embrace the holiday season and keep cooking! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **09:00 am** |  | **Destination Dessert** | CC |  |  | | From the coastlines to the red centre, discover the best spots to eat, stay and play. Pack your bags and join the team as they explore Australia, reminding you that life is short – make it sweet. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:30 am** |  | **Studio 10: Sunday** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **A Baby Reindeer's First Christmas** (Rpt) | CC | PG Mild Themes | **Baby Reindeer's First Christmas, A** | | A community of herders in the Scottish Highlands prepare young reindeer for their first Christmas, including an orphaned reindeer calf battling against the odds. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **12:30 pm** |  | **Terry Pratchett's The Abominable Snow Baby** (Rpt) | CC | G | **Terry Pratchett's The Abominable Snow Baby** | | Sir Terry's best-selling short stories tells the story of an English town which is thrown into disarray by a huge snowfall and the dramatic appearance of a 14-feet tall Abominable Snow Baby. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **Jamie: Easy Meals At Christmas** (Rpt) | CC | G |  | | Jamie’s back with delicious festive recipes for Christmas time. Whether you’re cooking for fewer guests or want to rustle up easy edible gifts to share, embrace the holiday season and keep cooking! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 pm** |  | **Jamie: Together At Christmas** (Rpt) | CC | G | **Jamie: Together At Christmas** | | Jamie gets our festive mouths watering with Bramble cocktails, scrumptious garlic bread, stunning beef Bourguignon with chestnut and bacon sprinkle and a Christmassy Winter bombe ice-cream dessert.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Jamie: Together At Christmas** (Rpt) | CC | G | **Jamie: Together At Christmas** | | Jamie outdoes Christmas Dinner with an epic mixed roast of pork belly, roast chicken and topside of beef plus all the luxurious sides. Dessert is a panettone sticky toffee with caramel sauce drizzle. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 pm** |  | **Jamie's ONE-Pan Christmas** (Rpt) | CC | G | **Jamie's ONE-Pan Christmas** | | Jamie gets festive with a range of delicious no-fuss Christmas recipes. There’s a salmon gravadlax starter, brand new ways to do the turkey, roasties, Brussels & a fun new take on the Yorkshire pud! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:00 pm** |  | **Bondi Rescue** (Rpt) | CC | PG |  | | A rough tackle brings a game of beach gridiron to a shuddering halt. Is it the intense pain or five hours of drinking that leads to the patient leaving a mess on the promenade? | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **LIVE** | |  | **06:30 pm** |  | **National Basketball League** | CC |  | **Round 12: Sydney Kings V Melbourne United** | | Round 12 clash, live from Qudos Bank Arena, Sydney Kings take on Melbourne United. Match start 6.30pm (AEDT). | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 pm** |  | **The Cheap Seats** (Rpt) | CC | M Coarse Language, Mature Themes, May Contain: |  | | Taking a fun look at the year that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald. Joining in on the action are Mel Tracina, Titus O'Reily and special guest Sam Pang. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **09:30 pm** |  | **Book Club** (Rpt) (2018) | CC | M Sexual References, Coarse Language |  | | Four lifelong friends have their lives turned upside down when their monthly book club tackles the infamous "50 Shades of Grey."  Starring: Jane Fonda, Diane Keaton, Candice Bergen, Mary Steenburgen, Andy Garcia | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **11:35 pm** |  | **A Quiet Place** (Rpt) (2018) | CC | M Violence, Horror |  | | A grieving family is forced to go to extreme lengths and navigate their lives in total silence when mysterious creatures that hunt by sound threaten their survival. If they hear you, they hunt you.  Starring: Emily Blunt, John Krasinski, Millicent Simmonds, Noah Jupe | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Butter Chicken and Salmon.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Darryl The Kookaburra** | | Darryl the Kookaburra has been hit by a car and Head Vet Dr Bree needs to operate on his wing to save him and after months of rehab two Green Sea Turtles are ready to be released back into the wild. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Drug References, Mature Themes |  | | Ridge was a star football player and athlete in high school with dreams of studying agriculture, but began experimenting with drugs and alcohol. Dr. Phil offers advice to Ridge and his worried family. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG |  | | The Fab Four are joined by some very special dinner guests, as Jimmy and Jane Barnes cook up a storm to showcase their all new cook book. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Salmon Tacos and Aubergine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Raiders Of The Lost Ark** (1981) | CC | M Violence |  | | In 1936, archaeologist and bullwhip-wielding adventurer Indiana Jones is hired by the U.S. government to find the Ark of the Covenant before Adolf Hitler's Nazis can obtain its awesome powers.  Starring: Harrison Ford, Karen Allen, John Rhys-Davies, Denholm Elliott, Paul Freeman | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Toad In The Hole, Ice Blocks and Steak.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Mild Coarse Language, Mature Themes | **Jack The Carpet Python** | | Jack the Python has had a run in with a tractor and needs surgery to repair his throat. Prickles the Echidna has been hit by a car and Dr Bree works to pop his dislocated leg back into place. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil meets Cecilie and Pernilla, who believed they had met Prince Charming on Tinder – but had no idea they were dealing with alleged international con man Simon Leviev"The Tinder Swindler" | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG Sexual References |  | | When a dog needs a helping paw, it's Dr Chris to the rescue! Miguel and Baz visit The Bateman’s Bay NSW Fire Brigade to say thanks for their hard work during fire season . Plus, Hack Off and Help Desk | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Pork Fillet and Prawn Curry.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Indiana Jones And The Temple Of Doom** (1984) | CC | PG Violence |  | | In 1935, Indiana Jones arrives in India and is asked to find a mystical stone. He then stumbles upon a secret cult committing enslavement and human sacrifices in the catacombs of an ancient palace.  Starring: Harrison Ford, Kate Capshaw, Ke Huy Quan, Amrish Puri, Roshan Seth | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **10:00 pm** |  | **The Hunger Games: Catching Fire** (Rpt) (2013) | CC | M Violence, Mature Themes |  | | After their victory sparks a rebellion in the Districts, Katniss and Peeta are shocked when President Snow thrusts them into a deadly 75th Anniversary Hunger Games that could change Panem forever.  Starring: Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth, Philip Seymour Hoffman, Donald Sutherland | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **12:45 am** |  | **The Project Encore** (Rpt) | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **01:45 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  | | Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Jerk Chicken, Hummus and Rocky Road.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Sophia The Flying Fox** | | Dr Bree and the team check out a 5 week old Flying Fox with a sore wing. A Green Sea Turtle has had a run in with a boat propellor and a Python has injured himself stealing a chicken for dinner. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil and The Behaviour Panel weigh in on Jussie Smollett’s body language in court, and discuss the slap between Will Smith and Chris Rock at the Oscars. Do these behaviours reveal deeper meanings? | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG |  | | Miguel visits Fish King Josh Niland’s new digs for a bit of a cook and Chris gets his camel on in the Northern Territory, while Baz helps a mechanic who’s house needs a reno as badly as his wardrobe. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **10:05 pm** |  | **The Hunger Games: Mockingjay Part 2** (2015) | CC | M Violence, Mature Themes, Horror |  | | Katniss and a team of rebels from District 13 prepare for the final battle that will decide the fate of Panem.  Starring: Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth, Donald Sutherland, Woody Harrelson | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **12:45 am** |  | **The Project Encore** (Rpt) | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **01:45 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  | | Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **SYDNEY PROGRAM GUIDE** | |  | | | **Friday 30th December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Salmon Tacos and Aubergine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Manda The Wombat** | | Manda the Wombat has problems with her teeth. Cher the Squirrel Glider possum won’t survive in the wild unless Dr Bree can repair her injured eye. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil conducts an exclusive interview with Anna Delvey from the detention facility where she currently is being held, and asks some tough questions. What does fake German heiress Anna have to say? | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | G |  | | Miguel teams up with special guest Jamie Durie to clean up a school’s vegie patch. Chris surfs Fiji’s world famous break and Barry repurposes a few garden pots to create a birdfeeder for the backyard. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Burgers and Crispy Chicken.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Second Act** (Rpt) (2018) | CC | M Sexual References, Coarse Language |  | | A department store worker reinvents her life and her life-story and shows Madison Avenue that street smarts are as valuable as book smarts -- and it's never too late for a second act.  Starring: Jennifer Lopez, Vanessa Hudgens, Leah Remini, Milo Ventimiglia, Treat Williams | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **Reel Action** (Rpt) | CC | G | **Snapper** | | Guesty catches up with Tom Rocher casting soft plastics into the foam with a spectacular backdrop to tangle with some hard pulling reds. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 am** |  | **Leading The Way With Dr. Michael Youssef** | CC | G |  | | Dr Michael Youssef speaks about the Word of God and offers hope. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:00 am** |  | **Escape Fishing With ET** (Rpt) | CC | G |  | | Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Well Traveller** (Rpt) | CC |  |  | | Be a well traveller! Layne Beachley is joined by well-known and everyday Australians as they share life-changing wellness experiences in some of Australia’s favourite holiday destinations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Freshly Picked With Simon Toohey** (Rpt) | CC | G |  | | Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **What's Up Down Under** (Rpt) | CC | G |  | | Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:00 am** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:30 am** |  | **Farm To Fork** (Rpt) | CC | PG |  | | Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **10:00 am** |  | **The Lion Queen** (Rpt) | CC | PG | **The Lion Queen** | | Follow the captivating and heart wrenching life story of Malika as she grows from little cub to powerful lioness in a celebration of female strength and resilience. Narrated by Angela Bassett. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **12:00 pm** |  | **The Living Room** (Rpt) | CC | G |  | | Stylist Chyka Keebaugh helps Baz with a rental makeover. Miguel makes Italian inspired woodfired pizza at home and Chris builds a home among the gumtrees for some furry friends. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Offroad Adventure Show** (Rpt) | CC | G |  | | This season Borgy, Leash, Jamie and Jess are taking on two epic 4wd adventures crossing the states of NSW and VIC using only the dirt. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 pm** |  | **All 4 Adventure** (Rpt) | CC | PG Mild Coarse Language |  | | Jase and Simon rescue stranded travellers north of Cape York. They head off-shore into the Torres Strait before travelling south for a cool change on the wild west coast of Tassie. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Pat Callinan's 4x4 Adventures** (Rpt) | CC | G |  | | Explore Australia's most breathtaking destinations off-the-beaten-track with our very own ‘Mr 4X4’, Pat Callinan. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 pm** |  | **Farm To Fork** (Rpt) | CC | G |  | | Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Roast Chicken and Prawn Linguine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **06:00 pm** |  | **Sister ACT 2: Back In The Habit** (Rpt) (1993) | CC | G |  | | The sisters of St. Catherine's convince showgirl Deloris Van Cartier to get back in the habit to teach music to a group of rowdy Catholic students whose run-down school is slated for closure.  Starring: Whoopi Goldberg, Lauryn Hill, Maggie Smith, Kathy Najimy, James Coburn | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **08:15 pm** |  | **Muriel's Wedding** (Rpt) (1994) | CC | M Sexual References, Coarse Language |  | | Socially inept Muriel and best friend Rhonda decide to leave their humdrum small-town life behind and head for the big city...where they end up having the ABBAsolutely joyous adventure of their lives!  Starring: Toni Collette, Rachel Griffiths, Sophie Lee, Bill Hunter, Dan Wyllie | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **10:20 pm** |  | **Mad Max: Fury Road** (2015) | CC | MA15+ Strong Violence, Mature Themes |  | | In a post-apocalyptic wasteland, Furiosa rebels against a tyrannical ruler to search for her homeland with a group of female prisoners, a psychotic worshipper, and a troubled drifter named Max.  Starring: Tom Hardy, Charlize Theron, Nicholas Hoult, Zoe Kravitz, Megan Gale | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:45 am** |  | **The Graham Norton Show** (Rpt) | CC | M Violence, Sexual References, Coarse Language | **Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy** | | Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **Authentic** |  | PG |  | | Authentic is the flagship television program of the Voice of Prophecy. Pastor Shawn Boonstra, pursues the deepest questions of human existence and tackles the issues we all face as humans. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **SYDNEY PROGRAM GUIDE** | |  | | | **Saturday 31st December 2022** | | |  | | | | | | | |
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| |  |  | | --- | --- | |  | **MELBOURNE PROGRAM GUIDE** | |  | | | **Sunday 25th December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **06:00 am** |  | **Mass For You At Home** | CC | G |  | | Weekly Catholic Mass for those unable to travel to church. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 am** |  | **Turning Point With David Jeremiah** | CC | PG Mature Themes |  | | Celebrate Christmas with music and joy. This special Christmas event features Dr. Jeremiah, Charles Billingsley, Dennis Swanberg, and more. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **07:00 am** |  | **Joseph Prince: New Creation Church** | CC | G | **454 - Faith That Delights The Lord** | | Religious program. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **07:30 am** |  | **Joel Osteen** | CC | G |  | | Religious. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Jamie: Easy Meals At Christmas** (Rpt) | CC | G |  | | Jamie’s back with delicious festive recipes for Christmas time. Whether you’re cooking for fewer guests or want to rustle up easy edible gifts to share, embrace the holiday season and keep cooking! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **09:00 am** |  | **Destination Dessert** | CC |  |  | | From the coastlines to the red centre, discover the best spots to eat, stay and play. Pack your bags and join the team as they explore Australia, reminding you that life is short – make it sweet. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:30 am** |  | **Studio 10: Sunday** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **A Baby Reindeer's First Christmas** (Rpt) | CC | PG Mild Themes | **Baby Reindeer's First Christmas, A** | | A community of herders in the Scottish Highlands prepare young reindeer for their first Christmas, including an orphaned reindeer calf battling against the odds. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **12:30 pm** |  | **Terry Pratchett's The Abominable Snow Baby** (Rpt) | CC | G | **Terry Pratchett's The Abominable Snow Baby** | | Sir Terry's best-selling short stories tells the story of an English town which is thrown into disarray by a huge snowfall and the dramatic appearance of a 14-feet tall Abominable Snow Baby. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **Jamie: Easy Meals At Christmas** (Rpt) | CC | G |  | | Jamie’s back with delicious festive recipes for Christmas time. Whether you’re cooking for fewer guests or want to rustle up easy edible gifts to share, embrace the holiday season and keep cooking! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 pm** |  | **Jamie: Together At Christmas** (Rpt) | CC | G | **Jamie: Together At Christmas** | | Jamie gets our festive mouths watering with Bramble cocktails, scrumptious garlic bread, stunning beef Bourguignon with chestnut and bacon sprinkle and a Christmassy Winter bombe ice-cream dessert.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Jamie: Together At Christmas** (Rpt) | CC | G | **Jamie: Together At Christmas** | | Jamie outdoes Christmas Dinner with an epic mixed roast of pork belly, roast chicken and topside of beef plus all the luxurious sides. Dessert is a panettone sticky toffee with caramel sauce drizzle. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 pm** |  | **Jamie's ONE-Pan Christmas** (Rpt) | CC | G | **Jamie's ONE-Pan Christmas** | | Jamie gets festive with a range of delicious no-fuss Christmas recipes. There’s a salmon gravadlax starter, brand new ways to do the turkey, roasties, Brussels & a fun new take on the Yorkshire pud! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:00 pm** |  | **Bondi Rescue** (Rpt) | CC | PG |  | | A rough tackle brings a game of beach gridiron to a shuddering halt. Is it the intense pain or five hours of drinking that leads to the patient leaving a mess on the promenade? | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **LIVE** | |  | **06:30 pm** |  | **National Basketball League** | CC |  | **Round 12: Sydney Kings V Melbourne United** | | Round 12 clash, live from Qudos Bank Arena, Sydney Kings take on Melbourne United. Match start 6.30pm (AEDT). | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 pm** |  | **The Cheap Seats** (Rpt) | CC | M Coarse Language, Mature Themes, May Contain: |  | | Taking a fun look at the year that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald. Joining in on the action are Mel Tracina, Titus O'Reily and special guest Sam Pang. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **09:30 pm** |  | **Book Club** (Rpt) (2018) | CC | M Sexual References, Coarse Language |  | | Four lifelong friends have their lives turned upside down when their monthly book club tackles the infamous "50 Shades of Grey."  Starring: Jane Fonda, Diane Keaton, Candice Bergen, Mary Steenburgen, Andy Garcia | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **11:35 pm** |  | **A Quiet Place** (Rpt) (2018) | CC | M Violence, Horror |  | | A grieving family is forced to go to extreme lengths and navigate their lives in total silence when mysterious creatures that hunt by sound threaten their survival. If they hear you, they hunt you.  Starring: Emily Blunt, John Krasinski, Millicent Simmonds, Noah Jupe | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Butter Chicken and Salmon.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Darryl The Kookaburra** | | Darryl the Kookaburra has been hit by a car and Head Vet Dr Bree needs to operate on his wing to save him and after months of rehab two Green Sea Turtles are ready to be released back into the wild. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Drug References, Mature Themes |  | | Ridge was a star football player and athlete in high school with dreams of studying agriculture, but began experimenting with drugs and alcohol. Dr. Phil offers advice to Ridge and his worried family. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG |  | | The Fab Four are joined by some very special dinner guests, as Jimmy and Jane Barnes cook up a storm to showcase their all new cook book. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Salmon Tacos and Aubergine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Raiders Of The Lost Ark** (1981) | CC | M Violence |  | | In 1936, archaeologist and bullwhip-wielding adventurer Indiana Jones is hired by the U.S. government to find the Ark of the Covenant before Adolf Hitler's Nazis can obtain its awesome powers.  Starring: Harrison Ford, Karen Allen, John Rhys-Davies, Denholm Elliott, Paul Freeman | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **09:55 pm** |  | **The Hunger Games** (Rpt) (2012) | CC | M Violence, Mature Themes |  | | Katniss Everdeen takes her younger sister's place in The Hunger Games: a televised competition in which two teenagers from each of the twelve Districts of Panem are chosen to fight to the death.  Starring: Jennifer Lawrence, Josh Hutcherson, Woody Harrelson, Stanley Tucci, Liam Hemsworth | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **12:40 am** |  | **The Project Encore** (Rpt) | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **01:40 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  | | Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **MELBOURNE PROGRAM GUIDE** | |  | | | **Tuesday 27th December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Toad In The Hole, Ice Blocks and Steak.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Mild Coarse Language, Mature Themes | **Jack The Carpet Python** | | Jack the Python has had a run in with a tractor and needs surgery to repair his throat. Prickles the Echidna has been hit by a car and Dr Bree works to pop his dislocated leg back into place. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil meets Cecilie and Pernilla, who believed they had met Prince Charming on Tinder – but had no idea they were dealing with alleged international con man Simon Leviev"The Tinder Swindler" | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG Sexual References |  | | When a dog needs a helping paw, it's Dr Chris to the rescue! Miguel and Baz visit The Bateman’s Bay NSW Fire Brigade to say thanks for their hard work during fire season . Plus, Hack Off and Help Desk | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Pork Fillet and Prawn Curry.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Indiana Jones And The Temple Of Doom** (1984) | CC | PG Violence |  | | In 1935, Indiana Jones arrives in India and is asked to find a mystical stone. He then stumbles upon a secret cult committing enslavement and human sacrifices in the catacombs of an ancient palace.  Starring: Harrison Ford, Kate Capshaw, Ke Huy Quan, Amrish Puri, Roshan Seth | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **10:00 pm** |  | **The Hunger Games: Catching Fire** (Rpt) (2013) | CC | M Violence, Mature Themes |  | | After their victory sparks a rebellion in the Districts, Katniss and Peeta are shocked when President Snow thrusts them into a deadly 75th Anniversary Hunger Games that could change Panem forever.  Starring: Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth, Philip Seymour Hoffman, Donald Sutherland | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **12:45 am** |  | **The Project Encore** (Rpt) | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **01:45 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  | | Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Jerk Chicken, Hummus and Rocky Road.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Sophia The Flying Fox** | | Dr Bree and the team check out a 5 week old Flying Fox with a sore wing. A Green Sea Turtle has had a run in with a boat propellor and a Python has injured himself stealing a chicken for dinner. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil and The Behaviour Panel weigh in on Jussie Smollett’s body language in court, and discuss the slap between Will Smith and Chris Rock at the Oscars. Do these behaviours reveal deeper meanings? | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG |  | | Miguel visits Fish King Josh Niland’s new digs for a bit of a cook and Chris gets his camel on in the Northern Territory, while Baz helps a mechanic who’s house needs a reno as badly as his wardrobe. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **10:05 pm** |  | **The Hunger Games: Mockingjay Part 2** (2015) | CC | M Violence, Mature Themes, Horror |  | | Katniss and a team of rebels from District 13 prepare for the final battle that will decide the fate of Panem.  Starring: Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth, Donald Sutherland, Woody Harrelson | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **12:45 am** |  | **The Project Encore** (Rpt) | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **01:45 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  | | Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **MELBOURNE PROGRAM GUIDE** | |  | | | **Friday 30th December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Salmon Tacos and Aubergine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Manda The Wombat** | | Manda the Wombat has problems with her teeth. Cher the Squirrel Glider possum won’t survive in the wild unless Dr Bree can repair her injured eye. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil conducts an exclusive interview with Anna Delvey from the detention facility where she currently is being held, and asks some tough questions. What does fake German heiress Anna have to say? | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | G |  | | Miguel teams up with special guest Jamie Durie to clean up a school’s vegie patch. Chris surfs Fiji’s world famous break and Barry repurposes a few garden pots to create a birdfeeder for the backyard. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **MELBOURNE PROGRAM GUIDE** | |  | | | **Friday 30th December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Burgers and Crispy Chicken.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Second Act** (Rpt) (2018) | CC | M Sexual References, Coarse Language |  | | A department store worker reinvents her life and her life-story and shows Madison Avenue that street smarts are as valuable as book smarts -- and it's never too late for a second act.  Starring: Jennifer Lopez, Vanessa Hudgens, Leah Remini, Milo Ventimiglia, Treat Williams | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **09:35 pm** |  | **Hustlers** (Rpt) (2019) | CC | MA15+ Sexual References, Coarse Language, Nudity |  | | When the 2008 economic collapse hits their Wall Street clientele hard, Destiny and Ramona concoct a plan with their fellow nightclub strippers to turn the tables on these greedy power players.  Starring: Jennifer Lopez, Constance Wu, Julia Stiles, Cardi B, Lizzo | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **11:45 pm** |  | **The Project Encore** (Rpt) | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **12:45 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  | | Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **05:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **MELBOURNE PROGRAM GUIDE** | |  | | | **Saturday 31st December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **Reel Action** (Rpt) | CC | G | **Snapper** | | Guesty catches up with Tom Rocher casting soft plastics into the foam with a spectacular backdrop to tangle with some hard pulling reds. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 am** |  | **Leading The Way With Dr. Michael Youssef** | CC | G |  | | Dr Michael Youssef speaks about the Word of God and offers hope. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:00 am** |  | **Escape Fishing With ET** (Rpt) | CC | G |  | | Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Well Traveller** (Rpt) | CC |  |  | | Be a well traveller! Layne Beachley is joined by well-known and everyday Australians as they share life-changing wellness experiences in some of Australia’s favourite holiday destinations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Freshly Picked With Simon Toohey** (Rpt) | CC | G |  | | Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **What's Up Down Under** (Rpt) | CC | G |  | | Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:00 am** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:30 am** |  | **Farm To Fork** (Rpt) | CC | PG |  | | Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **10:00 am** |  | **The Lion Queen** (Rpt) | CC | PG | **The Lion Queen** | | Follow the captivating and heart wrenching life story of Malika as she grows from little cub to powerful lioness in a celebration of female strength and resilience. Narrated by Angela Bassett. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **MELBOURNE PROGRAM GUIDE** | |  | | | **Saturday 31st December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **12:00 pm** |  | **The Living Room** (Rpt) | CC | G |  | | Stylist Chyka Keebaugh helps Baz with a rental makeover. Miguel makes Italian inspired woodfired pizza at home and Chris builds a home among the gumtrees for some furry friends. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Offroad Adventure Show** (Rpt) | CC | G |  | | This season Borgy, Leash, Jamie and Jess are taking on two epic 4wd adventures crossing the states of NSW and VIC using only the dirt. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 pm** |  | **All 4 Adventure** (Rpt) | CC | PG Mild Coarse Language |  | | Jase and Simon rescue stranded travellers north of Cape York. They head off-shore into the Torres Strait before travelling south for a cool change on the wild west coast of Tassie. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Pat Callinan's 4x4 Adventures** (Rpt) | CC | G |  | | Explore Australia's most breathtaking destinations off-the-beaten-track with our very own ‘Mr 4X4’, Pat Callinan. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 pm** |  | **Farm To Fork** (Rpt) | CC | G |  | | Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Roast Chicken and Prawn Linguine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **06:00 pm** |  | **Sister ACT 2: Back In The Habit** (Rpt) (1993) | CC | G |  | | The sisters of St. Catherine's convince showgirl Deloris Van Cartier to get back in the habit to teach music to a group of rowdy Catholic students whose run-down school is slated for closure.  Starring: Whoopi Goldberg, Lauryn Hill, Maggie Smith, Kathy Najimy, James Coburn | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **MELBOURNE PROGRAM GUIDE** | |  | | | **Saturday 31st December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **08:15 pm** |  | **Muriel's Wedding** (Rpt) (1994) | CC | M Sexual References, Coarse Language |  | | Socially inept Muriel and best friend Rhonda decide to leave their humdrum small-town life behind and head for the big city...where they end up having the ABBAsolutely joyous adventure of their lives!  Starring: Toni Collette, Rachel Griffiths, Sophie Lee, Bill Hunter, Dan Wyllie | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **10:20 pm** |  | **Mad Max: Fury Road** (2015) | CC | MA15+ Strong Violence, Mature Themes |  | | In a post-apocalyptic wasteland, Furiosa rebels against a tyrannical ruler to search for her homeland with a group of female prisoners, a psychotic worshipper, and a troubled drifter named Max.  Starring: Tom Hardy, Charlize Theron, Nicholas Hoult, Zoe Kravitz, Megan Gale | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:45 am** |  | **The Graham Norton Show** (Rpt) | CC | M Violence, Sexual References, Coarse Language | **Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy** | | Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **Authentic** |  | PG |  | | Authentic is the flagship television program of the Voice of Prophecy. Pastor Shawn Boonstra, pursues the deepest questions of human existence and tackles the issues we all face as humans. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **MELBOURNE PROGRAM GUIDE** | |  | | | **Saturday 31st December 2022** | | |  | | | | | | | |
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| |  |  | | --- | --- | |  | **BRISBANE PROGRAM GUIDE** | |  | | | **Sunday 25th December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **06:00 am** |  | **Mass For You At Home** | CC | G |  | | Weekly Catholic Mass for those unable to travel to church. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 am** |  | **Turning Point With David Jeremiah** | CC | PG Mature Themes |  | | Celebrate Christmas with music and joy. This special Christmas event features Dr. Jeremiah, Charles Billingsley, Dennis Swanberg, and more. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **07:00 am** |  | **Joseph Prince: New Creation Church** | CC | G | **454 - Faith That Delights The Lord** | | Religious program. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **07:30 am** |  | **Joel Osteen** | CC | G |  | | Religious. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Jamie: Easy Meals At Christmas** (Rpt) | CC | G |  | | Jamie’s back with delicious festive recipes for Christmas time. Whether you’re cooking for fewer guests or want to rustle up easy edible gifts to share, embrace the holiday season and keep cooking! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **09:00 am** |  | **Destination Dessert** | CC |  |  | | From the coastlines to the red centre, discover the best spots to eat, stay and play. Pack your bags and join the team as they explore Australia, reminding you that life is short – make it sweet. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:30 am** |  | **Studio 10: Sunday** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **A Baby Reindeer's First Christmas** (Rpt) | CC | PG Mild Themes | **Baby Reindeer's First Christmas, A** | | A community of herders in the Scottish Highlands prepare young reindeer for their first Christmas, including an orphaned reindeer calf battling against the odds. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **12:30 pm** |  | **Terry Pratchett's The Abominable Snow Baby** (Rpt) | CC | G | **Terry Pratchett's The Abominable Snow Baby** | | Sir Terry's best-selling short stories tells the story of an English town which is thrown into disarray by a huge snowfall and the dramatic appearance of a 14-feet tall Abominable Snow Baby. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **Jamie: Easy Meals At Christmas** (Rpt) | CC | G |  | | Jamie’s back with delicious festive recipes for Christmas time. Whether you’re cooking for fewer guests or want to rustle up easy edible gifts to share, embrace the holiday season and keep cooking! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 pm** |  | **Jamie: Together At Christmas** (Rpt) | CC | G | **Jamie: Together At Christmas** | | Jamie gets our festive mouths watering with Bramble cocktails, scrumptious garlic bread, stunning beef Bourguignon with chestnut and bacon sprinkle and a Christmassy Winter bombe ice-cream dessert.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Jamie: Together At Christmas** (Rpt) | CC | G | **Jamie: Together At Christmas** | | Jamie outdoes Christmas Dinner with an epic mixed roast of pork belly, roast chicken and topside of beef plus all the luxurious sides. Dessert is a panettone sticky toffee with caramel sauce drizzle. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 pm** |  | **Jamie's ONE-Pan Christmas** (Rpt) | CC | G | **Jamie's ONE-Pan Christmas** | | Jamie gets festive with a range of delicious no-fuss Christmas recipes. There’s a salmon gravadlax starter, brand new ways to do the turkey, roasties, Brussels & a fun new take on the Yorkshire pud! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **06:00 pm** |  | **Happy Feet** (Rpt) (2006) | CC | G |  | | Mumble is different to all the other Emperor Penguins. Born without the ability to sing, he'll have to resort to some fancy footwork and tap dance his way into the heart of his one true love.  Starring: Elijah Wood, Brittany Murphy, Robin Williams, Hugh Jackman, Nicole Kidman, Hugo Weaving, Magda Szubanski | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **08:05 pm** |  | **The Cheap Seats** (Rpt) | CC | M Coarse Language, Mature Themes, May Contain: |  | | Taking a fun look at the year that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald. Joining in on the action are Mel Tracina, Titus O'Reily and special guest Sam Pang. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **09:15 pm** |  | **Book Club** (Rpt) (2018) | CC | M Sexual References, Coarse Language |  | | Four lifelong friends have their lives turned upside down when their monthly book club tackles the infamous "50 Shades of Grey."  Starring: Jane Fonda, Diane Keaton, Candice Bergen, Mary Steenburgen, Andy Garcia | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **11:20 pm** |  | **A Quiet Place** (Rpt) (2018) | CC | M Violence, Horror |  | | A grieving family is forced to go to extreme lengths and navigate their lives in total silence when mysterious creatures that hunt by sound threaten their survival. If they hear you, they hunt you.  Starring: Emily Blunt, John Krasinski, Millicent Simmonds, Noah Jupe | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Butter Chicken and Salmon.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Darryl The Kookaburra** | | Darryl the Kookaburra has been hit by a car and Head Vet Dr Bree needs to operate on his wing to save him and after months of rehab two Green Sea Turtles are ready to be released back into the wild. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Drug References, Mature Themes |  | | Ridge was a star football player and athlete in high school with dreams of studying agriculture, but began experimenting with drugs and alcohol. Dr. Phil offers advice to Ridge and his worried family. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG |  | | The Fab Four are joined by some very special dinner guests, as Jimmy and Jane Barnes cook up a storm to showcase their all new cook book. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Salmon Tacos and Aubergine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Raiders Of The Lost Ark** (1981) | CC | M Violence |  | | In 1936, archaeologist and bullwhip-wielding adventurer Indiana Jones is hired by the U.S. government to find the Ark of the Covenant before Adolf Hitler's Nazis can obtain its awesome powers.  Starring: Harrison Ford, Karen Allen, John Rhys-Davies, Denholm Elliott, Paul Freeman | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **BRISBANE PROGRAM GUIDE** | |  | | | **Tuesday 27th December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Toad In The Hole, Ice Blocks and Steak.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Mild Coarse Language, Mature Themes | **Jack The Carpet Python** | | Jack the Python has had a run in with a tractor and needs surgery to repair his throat. Prickles the Echidna has been hit by a car and Dr Bree works to pop his dislocated leg back into place. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil meets Cecilie and Pernilla, who believed they had met Prince Charming on Tinder – but had no idea they were dealing with alleged international con man Simon Leviev"The Tinder Swindler" | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG Sexual References |  | | When a dog needs a helping paw, it's Dr Chris to the rescue! Miguel and Baz visit The Bateman’s Bay NSW Fire Brigade to say thanks for their hard work during fire season . Plus, Hack Off and Help Desk | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Pork Fillet and Prawn Curry.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Indiana Jones And The Temple Of Doom** (1984) | CC | PG Violence |  | | In 1935, Indiana Jones arrives in India and is asked to find a mystical stone. He then stumbles upon a secret cult committing enslavement and human sacrifices in the catacombs of an ancient palace.  Starring: Harrison Ford, Kate Capshaw, Ke Huy Quan, Amrish Puri, Roshan Seth | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **10:00 pm** |  | **The Hunger Games: Catching Fire** (Rpt) (2013) | CC | M Violence, Mature Themes |  | | After their victory sparks a rebellion in the Districts, Katniss and Peeta are shocked when President Snow thrusts them into a deadly 75th Anniversary Hunger Games that could change Panem forever.  Starring: Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth, Philip Seymour Hoffman, Donald Sutherland | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **12:45 am** |  | **The Project Encore** (Rpt) | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **01:45 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  | | Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Jerk Chicken, Hummus and Rocky Road.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Sophia The Flying Fox** | | Dr Bree and the team check out a 5 week old Flying Fox with a sore wing. A Green Sea Turtle has had a run in with a boat propellor and a Python has injured himself stealing a chicken for dinner. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil and The Behaviour Panel weigh in on Jussie Smollett’s body language in court, and discuss the slap between Will Smith and Chris Rock at the Oscars. Do these behaviours reveal deeper meanings? | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG |  | | Miguel visits Fish King Josh Niland’s new digs for a bit of a cook and Chris gets his camel on in the Northern Territory, while Baz helps a mechanic who’s house needs a reno as badly as his wardrobe. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **10:05 pm** |  | **The Hunger Games: Mockingjay Part 2** (2015) | CC | M Violence, Mature Themes, Horror |  | | Katniss and a team of rebels from District 13 prepare for the final battle that will decide the fate of Panem.  Starring: Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth, Donald Sutherland, Woody Harrelson | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **12:45 am** |  | **The Project Encore** (Rpt) | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **01:45 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  | | Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **BRISBANE PROGRAM GUIDE** | |  | | | **Friday 30th December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Salmon Tacos and Aubergine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Manda The Wombat** | | Manda the Wombat has problems with her teeth. Cher the Squirrel Glider possum won’t survive in the wild unless Dr Bree can repair her injured eye. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil conducts an exclusive interview with Anna Delvey from the detention facility where she currently is being held, and asks some tough questions. What does fake German heiress Anna have to say? | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | G |  | | Miguel teams up with special guest Jamie Durie to clean up a school’s vegie patch. Chris surfs Fiji’s world famous break and Barry repurposes a few garden pots to create a birdfeeder for the backyard. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Burgers and Crispy Chicken.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Second Act** (Rpt) (2018) | CC | M Sexual References, Coarse Language |  | | A department store worker reinvents her life and her life-story and shows Madison Avenue that street smarts are as valuable as book smarts -- and it's never too late for a second act.  Starring: Jennifer Lopez, Vanessa Hudgens, Leah Remini, Milo Ventimiglia, Treat Williams | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **Reel Action** (Rpt) | CC | G | **Snapper** | | Guesty catches up with Tom Rocher casting soft plastics into the foam with a spectacular backdrop to tangle with some hard pulling reds. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 am** |  | **Leading The Way With Dr. Michael Youssef** | CC | G |  | | Dr Michael Youssef speaks about the Word of God and offers hope. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:00 am** |  | **Escape Fishing With ET** (Rpt) | CC | G |  | | Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Well Traveller** (Rpt) | CC |  |  | | Be a well traveller! Layne Beachley is joined by well-known and everyday Australians as they share life-changing wellness experiences in some of Australia’s favourite holiday destinations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Freshly Picked With Simon Toohey** (Rpt) | CC | G |  | | Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **What's Up Down Under** (Rpt) | CC | G |  | | Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:00 am** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:30 am** |  | **Farm To Fork** (Rpt) | CC | PG |  | | Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **10:00 am** |  | **The Lion Queen** (Rpt) | CC | PG | **The Lion Queen** | | Follow the captivating and heart wrenching life story of Malika as she grows from little cub to powerful lioness in a celebration of female strength and resilience. Narrated by Angela Bassett. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **12:00 pm** |  | **The Living Room** (Rpt) | CC | G |  | | Stylist Chyka Keebaugh helps Baz with a rental makeover. Miguel makes Italian inspired woodfired pizza at home and Chris builds a home among the gumtrees for some furry friends. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Offroad Adventure Show** (Rpt) | CC | G |  | | This season Borgy, Leash, Jamie and Jess are taking on two epic 4wd adventures crossing the states of NSW and VIC using only the dirt. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 pm** |  | **All 4 Adventure** (Rpt) | CC | PG Mild Coarse Language |  | | Jase and Simon rescue stranded travellers north of Cape York. They head off-shore into the Torres Strait before travelling south for a cool change on the wild west coast of Tassie. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Pat Callinan's 4x4 Adventures** (Rpt) | CC | G |  | | Explore Australia's most breathtaking destinations off-the-beaten-track with our very own ‘Mr 4X4’, Pat Callinan. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 pm** |  | **Farm To Fork** (Rpt) | CC | G |  | | Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Roast Chicken and Prawn Linguine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **06:00 pm** |  | **Sister ACT 2: Back In The Habit** (Rpt) (1993) | CC | G |  | | The sisters of St. Catherine's convince showgirl Deloris Van Cartier to get back in the habit to teach music to a group of rowdy Catholic students whose run-down school is slated for closure.  Starring: Whoopi Goldberg, Lauryn Hill, Maggie Smith, Kathy Najimy, James Coburn | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **08:15 pm** |  | **Muriel's Wedding** (Rpt) (1994) | CC | M Sexual References, Coarse Language |  | | Socially inept Muriel and best friend Rhonda decide to leave their humdrum small-town life behind and head for the big city...where they end up having the ABBAsolutely joyous adventure of their lives!  Starring: Toni Collette, Rachel Griffiths, Sophie Lee, Bill Hunter, Dan Wyllie | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **10:20 pm** |  | **Mad Max: Fury Road** (2015) | CC | MA15+ Strong Violence, Mature Themes |  | | In a post-apocalyptic wasteland, Furiosa rebels against a tyrannical ruler to search for her homeland with a group of female prisoners, a psychotic worshipper, and a troubled drifter named Max.  Starring: Tom Hardy, Charlize Theron, Nicholas Hoult, Zoe Kravitz, Megan Gale | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:45 am** |  | **The Graham Norton Show** (Rpt) | CC | M Violence, Sexual References, Coarse Language | **Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy** | | Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **Authentic** |  | PG |  | | Authentic is the flagship television program of the Voice of Prophecy. Pastor Shawn Boonstra, pursues the deepest questions of human existence and tackles the issues we all face as humans. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **BRISBANE PROGRAM GUIDE** | |  | | | **Saturday 31st December 2022** | | |  | | | | | | | |
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| |  |  | | --- | --- | |  | **ADELAIDE PROGRAM GUIDE** | |  | | | **Sunday 25th December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **06:00 am** |  | **Mass For You At Home** | CC | G |  | | Weekly Catholic Mass for those unable to travel to church. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 am** |  | **Turning Point With David Jeremiah** | CC | PG Mature Themes |  | | Celebrate Christmas with music and joy. This special Christmas event features Dr. Jeremiah, Charles Billingsley, Dennis Swanberg, and more. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **07:00 am** |  | **Joseph Prince: New Creation Church** | CC | G | **454 - Faith That Delights The Lord** | | Religious program. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **07:30 am** |  | **Joel Osteen** | CC | G |  | | Religious. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Jamie: Easy Meals At Christmas** (Rpt) | CC | G |  | | Jamie’s back with delicious festive recipes for Christmas time. Whether you’re cooking for fewer guests or want to rustle up easy edible gifts to share, embrace the holiday season and keep cooking! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **09:00 am** |  | **Destination Dessert** | CC |  |  | | From the coastlines to the red centre, discover the best spots to eat, stay and play. Pack your bags and join the team as they explore Australia, reminding you that life is short – make it sweet. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:30 am** |  | **Studio 10: Sunday** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **A Baby Reindeer's First Christmas** (Rpt) | CC | PG Mild Themes | **Baby Reindeer's First Christmas, A** | | A community of herders in the Scottish Highlands prepare young reindeer for their first Christmas, including an orphaned reindeer calf battling against the odds. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **12:30 pm** |  | **Terry Pratchett's The Abominable Snow Baby** (Rpt) | CC | G | **Terry Pratchett's The Abominable Snow Baby** | | Sir Terry's best-selling short stories tells the story of an English town which is thrown into disarray by a huge snowfall and the dramatic appearance of a 14-feet tall Abominable Snow Baby. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **Jamie: Easy Meals At Christmas** (Rpt) | CC | G |  | | Jamie’s back with delicious festive recipes for Christmas time. Whether you’re cooking for fewer guests or want to rustle up easy edible gifts to share, embrace the holiday season and keep cooking! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 pm** |  | **Jamie: Together At Christmas** (Rpt) | CC | G | **Jamie: Together At Christmas** | | Jamie gets our festive mouths watering with Bramble cocktails, scrumptious garlic bread, stunning beef Bourguignon with chestnut and bacon sprinkle and a Christmassy Winter bombe ice-cream dessert.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Jamie: Together At Christmas** (Rpt) | CC | G | **Jamie: Together At Christmas** | | Jamie outdoes Christmas Dinner with an epic mixed roast of pork belly, roast chicken and topside of beef plus all the luxurious sides. Dessert is a panettone sticky toffee with caramel sauce drizzle. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 pm** |  | **Jamie's ONE-Pan Christmas** (Rpt) | CC | G | **Jamie's ONE-Pan Christmas** | | Jamie gets festive with a range of delicious no-fuss Christmas recipes. There’s a salmon gravadlax starter, brand new ways to do the turkey, roasties, Brussels & a fun new take on the Yorkshire pud! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **06:00 pm** |  | **Happy Feet** (Rpt) (2006) | CC | G |  | | Mumble is different to all the other Emperor Penguins. Born without the ability to sing, he'll have to resort to some fancy footwork and tap dance his way into the heart of his one true love.  Starring: Elijah Wood, Brittany Murphy, Robin Williams, Hugh Jackman, Nicole Kidman, Hugo Weaving, Magda Szubanski | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **08:05 pm** |  | **The Cheap Seats** (Rpt) | CC | M Coarse Language, Mature Themes, May Contain: |  | | Taking a fun look at the year that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald. Joining in on the action are Mel Tracina, Titus O'Reily and special guest Sam Pang. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **09:15 pm** |  | **Book Club** (Rpt) (2018) | CC | M Sexual References, Coarse Language |  | | Four lifelong friends have their lives turned upside down when their monthly book club tackles the infamous "50 Shades of Grey."  Starring: Jane Fonda, Diane Keaton, Candice Bergen, Mary Steenburgen, Andy Garcia | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **11:20 pm** |  | **A Quiet Place** (Rpt) (2018) | CC | M Violence, Horror |  | | A grieving family is forced to go to extreme lengths and navigate their lives in total silence when mysterious creatures that hunt by sound threaten their survival. If they hear you, they hunt you.  Starring: Emily Blunt, John Krasinski, Millicent Simmonds, Noah Jupe | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Butter Chicken and Salmon.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Darryl The Kookaburra** | | Darryl the Kookaburra has been hit by a car and Head Vet Dr Bree needs to operate on his wing to save him and after months of rehab two Green Sea Turtles are ready to be released back into the wild. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Drug References, Mature Themes |  | | Ridge was a star football player and athlete in high school with dreams of studying agriculture, but began experimenting with drugs and alcohol. Dr. Phil offers advice to Ridge and his worried family. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG |  | | The Fab Four are joined by some very special dinner guests, as Jimmy and Jane Barnes cook up a storm to showcase their all new cook book. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Salmon Tacos and Aubergine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Raiders Of The Lost Ark** (1981) | CC | M Violence |  | | In 1936, archaeologist and bullwhip-wielding adventurer Indiana Jones is hired by the U.S. government to find the Ark of the Covenant before Adolf Hitler's Nazis can obtain its awesome powers.  Starring: Harrison Ford, Karen Allen, John Rhys-Davies, Denholm Elliott, Paul Freeman | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **09:55 pm** |  | **The Hunger Games** (Rpt) (2012) | CC | M Violence, Mature Themes |  | | Katniss Everdeen takes her younger sister's place in The Hunger Games: a televised competition in which two teenagers from each of the twelve Districts of Panem are chosen to fight to the death.  Starring: Jennifer Lawrence, Josh Hutcherson, Woody Harrelson, Stanley Tucci, Liam Hemsworth | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **12:40 am** |  | **The Project Encore** (Rpt) | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **01:40 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  | | Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **ADELAIDE PROGRAM GUIDE** | |  | | | **Tuesday 27th December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Toad In The Hole, Ice Blocks and Steak.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Mild Coarse Language, Mature Themes | **Jack The Carpet Python** | | Jack the Python has had a run in with a tractor and needs surgery to repair his throat. Prickles the Echidna has been hit by a car and Dr Bree works to pop his dislocated leg back into place. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil meets Cecilie and Pernilla, who believed they had met Prince Charming on Tinder – but had no idea they were dealing with alleged international con man Simon Leviev"The Tinder Swindler" | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG Sexual References |  | | When a dog needs a helping paw, it's Dr Chris to the rescue! Miguel and Baz visit The Bateman’s Bay NSW Fire Brigade to say thanks for their hard work during fire season . Plus, Hack Off and Help Desk | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Pork Fillet and Prawn Curry.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Indiana Jones And The Temple Of Doom** (1984) | CC | PG Violence |  | | In 1935, Indiana Jones arrives in India and is asked to find a mystical stone. He then stumbles upon a secret cult committing enslavement and human sacrifices in the catacombs of an ancient palace.  Starring: Harrison Ford, Kate Capshaw, Ke Huy Quan, Amrish Puri, Roshan Seth | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **10:00 pm** |  | **The Hunger Games: Catching Fire** (Rpt) (2013) | CC | M Violence, Mature Themes |  | | After their victory sparks a rebellion in the Districts, Katniss and Peeta are shocked when President Snow thrusts them into a deadly 75th Anniversary Hunger Games that could change Panem forever.  Starring: Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth, Philip Seymour Hoffman, Donald Sutherland | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **12:45 am** |  | **The Project Encore** (Rpt) | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **01:45 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  | | Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Jerk Chicken, Hummus and Rocky Road.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Sophia The Flying Fox** | | Dr Bree and the team check out a 5 week old Flying Fox with a sore wing. A Green Sea Turtle has had a run in with a boat propellor and a Python has injured himself stealing a chicken for dinner. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil and The Behaviour Panel weigh in on Jussie Smollett’s body language in court, and discuss the slap between Will Smith and Chris Rock at the Oscars. Do these behaviours reveal deeper meanings? | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG |  | | Miguel visits Fish King Josh Niland’s new digs for a bit of a cook and Chris gets his camel on in the Northern Territory, while Baz helps a mechanic who’s house needs a reno as badly as his wardrobe. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **10:05 pm** |  | **The Hunger Games: Mockingjay Part 2** (2015) | CC | M Violence, Mature Themes, Horror |  | | Katniss and a team of rebels from District 13 prepare for the final battle that will decide the fate of Panem.  Starring: Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth, Donald Sutherland, Woody Harrelson | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **12:45 am** |  | **The Project Encore** (Rpt) | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **01:45 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  | | Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **ADELAIDE PROGRAM GUIDE** | |  | | | **Friday 30th December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Salmon Tacos and Aubergine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Manda The Wombat** | | Manda the Wombat has problems with her teeth. Cher the Squirrel Glider possum won’t survive in the wild unless Dr Bree can repair her injured eye. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil conducts an exclusive interview with Anna Delvey from the detention facility where she currently is being held, and asks some tough questions. What does fake German heiress Anna have to say? | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | G |  | | Miguel teams up with special guest Jamie Durie to clean up a school’s vegie patch. Chris surfs Fiji’s world famous break and Barry repurposes a few garden pots to create a birdfeeder for the backyard. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **ADELAIDE PROGRAM GUIDE** | |  | | | **Friday 30th December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Burgers and Crispy Chicken.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Second Act** (Rpt) (2018) | CC | M Sexual References, Coarse Language |  | | A department store worker reinvents her life and her life-story and shows Madison Avenue that street smarts are as valuable as book smarts -- and it's never too late for a second act.  Starring: Jennifer Lopez, Vanessa Hudgens, Leah Remini, Milo Ventimiglia, Treat Williams | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **ADELAIDE PROGRAM GUIDE** | |  | | | **Friday 30th December 2022** | | |  | | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **Reel Action** (Rpt) | CC | G | **Snapper** | | Guesty catches up with Tom Rocher casting soft plastics into the foam with a spectacular backdrop to tangle with some hard pulling reds. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 am** |  | **Leading The Way With Dr. Michael Youssef** | CC | G |  | | Dr Michael Youssef speaks about the Word of God and offers hope. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:00 am** |  | **Escape Fishing With ET** (Rpt) | CC | G |  | | Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Well Traveller** (Rpt) | CC |  |  | | Be a well traveller! Layne Beachley is joined by well-known and everyday Australians as they share life-changing wellness experiences in some of Australia’s favourite holiday destinations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Freshly Picked With Simon Toohey** (Rpt) | CC | G |  | | Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **What's Up Down Under** (Rpt) | CC | G |  | | Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:00 am** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:30 am** |  | **Farm To Fork** (Rpt) | CC | PG |  | | Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **10:00 am** |  | **The Lion Queen** (Rpt) | CC | PG | **The Lion Queen** | | Follow the captivating and heart wrenching life story of Malika as she grows from little cub to powerful lioness in a celebration of female strength and resilience. Narrated by Angela Bassett. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **12:00 pm** |  | **The Living Room** (Rpt) | CC | G |  | | Stylist Chyka Keebaugh helps Baz with a rental makeover. Miguel makes Italian inspired woodfired pizza at home and Chris builds a home among the gumtrees for some furry friends. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Offroad Adventure Show** (Rpt) | CC | G |  | | This season Borgy, Leash, Jamie and Jess are taking on two epic 4wd adventures crossing the states of NSW and VIC using only the dirt. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 pm** |  | **All 4 Adventure** (Rpt) | CC | PG Mild Coarse Language |  | | Jase and Simon rescue stranded travellers north of Cape York. They head off-shore into the Torres Strait before travelling south for a cool change on the wild west coast of Tassie. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Pat Callinan's 4x4 Adventures** (Rpt) | CC | G |  | | Explore Australia's most breathtaking destinations off-the-beaten-track with our very own ‘Mr 4X4’, Pat Callinan. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 pm** |  | **Farm To Fork** (Rpt) | CC | G |  | | Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Roast Chicken and Prawn Linguine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **06:00 pm** |  | **Sister ACT 2: Back In The Habit** (Rpt) (1993) | CC | G |  | | The sisters of St. Catherine's convince showgirl Deloris Van Cartier to get back in the habit to teach music to a group of rowdy Catholic students whose run-down school is slated for closure.  Starring: Whoopi Goldberg, Lauryn Hill, Maggie Smith, Kathy Najimy, James Coburn | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **ADELAIDE PROGRAM GUIDE** | |  | | | **Saturday 31st December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **08:15 pm** |  | **Muriel's Wedding** (Rpt) (1994) | CC | M Sexual References, Coarse Language |  | | Socially inept Muriel and best friend Rhonda decide to leave their humdrum small-town life behind and head for the big city...where they end up having the ABBAsolutely joyous adventure of their lives!  Starring: Toni Collette, Rachel Griffiths, Sophie Lee, Bill Hunter, Dan Wyllie | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **10:20 pm** |  | **Mad Max: Fury Road** (2015) | CC | MA15+ Strong Violence, Mature Themes |  | | In a post-apocalyptic wasteland, Furiosa rebels against a tyrannical ruler to search for her homeland with a group of female prisoners, a psychotic worshipper, and a troubled drifter named Max.  Starring: Tom Hardy, Charlize Theron, Nicholas Hoult, Zoe Kravitz, Megan Gale | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:45 am** |  | **The Graham Norton Show** (Rpt) | CC | M Violence, Sexual References, Coarse Language | **Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy** | | Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **Authentic** |  | PG |  | | Authentic is the flagship television program of the Voice of Prophecy. Pastor Shawn Boonstra, pursues the deepest questions of human existence and tackles the issues we all face as humans. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **ADELAIDE PROGRAM GUIDE** | |  | | | **Saturday 31st December 2022** | | |  | | | | | | | |
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| |  |  | | --- | --- | |  | **PERTH PROGRAM GUIDE** | |  | | | **Sunday 25th December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **06:00 am** |  | **Mass For You At Home** | CC | G |  | | Weekly Catholic Mass for those unable to travel to church. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 am** |  | **Turning Point With David Jeremiah** | CC | PG Mature Themes |  | | Celebrate Christmas with music and joy. This special Christmas event features Dr. Jeremiah, Charles Billingsley, Dennis Swanberg, and more. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **07:00 am** |  | **Joseph Prince: New Creation Church** | CC | G | **454 - Faith That Delights The Lord** | | Religious program. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **07:30 am** |  | **Joel Osteen** | CC | G |  | | Religious. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Jamie: Easy Meals At Christmas** (Rpt) | CC | G |  | | Jamie’s back with delicious festive recipes for Christmas time. Whether you’re cooking for fewer guests or want to rustle up easy edible gifts to share, embrace the holiday season and keep cooking! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **09:00 am** |  | **Destination Dessert** | CC |  |  | | From the coastlines to the red centre, discover the best spots to eat, stay and play. Pack your bags and join the team as they explore Australia, reminding you that life is short – make it sweet. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:30 am** |  | **Studio 10: Sunday** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **A Baby Reindeer's First Christmas** (Rpt) | CC | PG Mild Themes | **Baby Reindeer's First Christmas, A** | | A community of herders in the Scottish Highlands prepare young reindeer for their first Christmas, including an orphaned reindeer calf battling against the odds. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **12:30 pm** |  | **Terry Pratchett's The Abominable Snow Baby** (Rpt) | CC | G | **Terry Pratchett's The Abominable Snow Baby** | | Sir Terry's best-selling short stories tells the story of an English town which is thrown into disarray by a huge snowfall and the dramatic appearance of a 14-feet tall Abominable Snow Baby. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **Jamie: Easy Meals At Christmas** (Rpt) | CC | G |  | | Jamie’s back with delicious festive recipes for Christmas time. Whether you’re cooking for fewer guests or want to rustle up easy edible gifts to share, embrace the holiday season and keep cooking! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 pm** |  | **Jamie: Together At Christmas** (Rpt) | CC | G | **Jamie: Together At Christmas** | | Jamie gets our festive mouths watering with Bramble cocktails, scrumptious garlic bread, stunning beef Bourguignon with chestnut and bacon sprinkle and a Christmassy Winter bombe ice-cream dessert.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Jamie: Together At Christmas** (Rpt) | CC | G | **Jamie: Together At Christmas** | | Jamie outdoes Christmas Dinner with an epic mixed roast of pork belly, roast chicken and topside of beef plus all the luxurious sides. Dessert is a panettone sticky toffee with caramel sauce drizzle. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 pm** |  | **Jamie's ONE-Pan Christmas** (Rpt) | CC | G | **Jamie's ONE-Pan Christmas** | | Jamie gets festive with a range of delicious no-fuss Christmas recipes. There’s a salmon gravadlax starter, brand new ways to do the turkey, roasties, Brussels & a fun new take on the Yorkshire pud! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **06:00 pm** |  | **Happy Feet** (Rpt) (2006) | CC | G |  | | Mumble is different to all the other Emperor Penguins. Born without the ability to sing, he'll have to resort to some fancy footwork and tap dance his way into the heart of his one true love.  Starring: Elijah Wood, Brittany Murphy, Robin Williams, Hugh Jackman, Nicole Kidman, Hugo Weaving, Magda Szubanski | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **08:05 pm** |  | **The Cheap Seats** (Rpt) | CC | M Coarse Language, Mature Themes, May Contain: |  | | Taking a fun look at the year that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald. Joining in on the action are Mel Tracina, Titus O'Reily and special guest Sam Pang. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **09:15 pm** |  | **Book Club** (Rpt) (2018) | CC | M Sexual References, Coarse Language |  | | Four lifelong friends have their lives turned upside down when their monthly book club tackles the infamous "50 Shades of Grey."  Starring: Jane Fonda, Diane Keaton, Candice Bergen, Mary Steenburgen, Andy Garcia | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **11:20 pm** |  | **A Quiet Place** (Rpt) (2018) | CC | M Violence, Horror |  | | A grieving family is forced to go to extreme lengths and navigate their lives in total silence when mysterious creatures that hunt by sound threaten their survival. If they hear you, they hunt you.  Starring: Emily Blunt, John Krasinski, Millicent Simmonds, Noah Jupe | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Butter Chicken and Salmon.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Darryl The Kookaburra** | | Darryl the Kookaburra has been hit by a car and Head Vet Dr Bree needs to operate on his wing to save him and after months of rehab two Green Sea Turtles are ready to be released back into the wild. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Drug References, Mature Themes |  | | Ridge was a star football player and athlete in high school with dreams of studying agriculture, but began experimenting with drugs and alcohol. Dr. Phil offers advice to Ridge and his worried family. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG |  | | The Fab Four are joined by some very special dinner guests, as Jimmy and Jane Barnes cook up a storm to showcase their all new cook book. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Salmon Tacos and Aubergine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Raiders Of The Lost Ark** (1981) | CC | M Violence |  | | In 1936, archaeologist and bullwhip-wielding adventurer Indiana Jones is hired by the U.S. government to find the Ark of the Covenant before Adolf Hitler's Nazis can obtain its awesome powers.  Starring: Harrison Ford, Karen Allen, John Rhys-Davies, Denholm Elliott, Paul Freeman | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Toad In The Hole, Ice Blocks and Steak.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Mild Coarse Language, Mature Themes | **Jack The Carpet Python** | | Jack the Python has had a run in with a tractor and needs surgery to repair his throat. Prickles the Echidna has been hit by a car and Dr Bree works to pop his dislocated leg back into place. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil meets Cecilie and Pernilla, who believed they had met Prince Charming on Tinder – but had no idea they were dealing with alleged international con man Simon Leviev"The Tinder Swindler" | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG Sexual References |  | | When a dog needs a helping paw, it's Dr Chris to the rescue! Miguel and Baz visit The Bateman’s Bay NSW Fire Brigade to say thanks for their hard work during fire season . Plus, Hack Off and Help Desk | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Pork Fillet and Prawn Curry.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Indiana Jones And The Temple Of Doom** (1984) | CC | PG Violence |  | | In 1935, Indiana Jones arrives in India and is asked to find a mystical stone. He then stumbles upon a secret cult committing enslavement and human sacrifices in the catacombs of an ancient palace.  Starring: Harrison Ford, Kate Capshaw, Ke Huy Quan, Amrish Puri, Roshan Seth | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **10:00 pm** |  | **The Hunger Games: Catching Fire** (Rpt) (2013) | CC | M Violence, Mature Themes |  | | After their victory sparks a rebellion in the Districts, Katniss and Peeta are shocked when President Snow thrusts them into a deadly 75th Anniversary Hunger Games that could change Panem forever.  Starring: Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth, Philip Seymour Hoffman, Donald Sutherland | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **12:45 am** |  | **The Project Encore** (Rpt) | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **01:45 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  | | Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Jerk Chicken, Hummus and Rocky Road.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Sophia The Flying Fox** | | Dr Bree and the team check out a 5 week old Flying Fox with a sore wing. A Green Sea Turtle has had a run in with a boat propellor and a Python has injured himself stealing a chicken for dinner. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil and The Behaviour Panel weigh in on Jussie Smollett’s body language in court, and discuss the slap between Will Smith and Chris Rock at the Oscars. Do these behaviours reveal deeper meanings? | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | PG |  | | Miguel visits Fish King Josh Niland’s new digs for a bit of a cook and Chris gets his camel on in the Northern Territory, while Baz helps a mechanic who’s house needs a reno as badly as his wardrobe. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **10:05 pm** |  | **The Hunger Games: Mockingjay Part 2** (2015) | CC | M Violence, Mature Themes, Horror |  | | Katniss and a team of rebels from District 13 prepare for the final battle that will decide the fate of Panem.  Starring: Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth, Donald Sutherland, Woody Harrelson | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **12:45 am** |  | **The Project Encore** (Rpt) | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **01:45 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  | | Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **CBS Mornings** | CC |  |  | | CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  | | --- | --- | |  | **PERTH PROGRAM GUIDE** | |  | | | **Friday 30th December 2022** | | |  | | | | | | | |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **06:30 am** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Salmon Tacos and Aubergine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **SPECIAL ENCORE PRESENTATION** | |  | **07:00 am** |  | **Entertainment Tonight Encore** (Rpt) | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  | | Justine Schofield along with special guests, present a variety of delicious recipes for the home cook. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **Studio 10** | CC | PG |  | | Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **11:00 am** |  | **Wildlife Rescue Australia** (Rpt) | CC | PG Medical Procedures | **Manda The Wombat** | | Manda the Wombat has problems with her teeth. Cher the Squirrel Glider possum won’t survive in the wild unless Dr Bree can repair her injured eye. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PG Mature Themes |  | | Dr. Phil conducts an exclusive interview with Anna Delvey from the detention facility where she currently is being held, and asks some tough questions. What does fake German heiress Anna have to say? | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Living Room** (Rpt) | CC | G |  | | Miguel teams up with special guest Jamie Durie to clean up a school’s vegie patch. Chris surfs Fiji’s world famous break and Barry repurposes a few garden pots to create a birdfeeder for the backyard. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **ALL NEW EPISODES** | |  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  | | Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  | | Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  | | Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:00 pm** |  | **Farm To Fork** | CC | G |  | | Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Burgers and Crispy Chicken.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 pm** |  | **The Project** | CC |  |  | | Join the Project hosts as they dissect and digest the daily news, events and hottest topics. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **07:30 pm** |  | **Second Act** (Rpt) (2018) | CC | M Sexual References, Coarse Language |  | | A department store worker reinvents her life and her life-story and shows Madison Avenue that street smarts are as valuable as book smarts -- and it's never too late for a second act.  Starring: Jennifer Lopez, Vanessa Hudgens, Leah Remini, Milo Ventimiglia, Treat Williams | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **06:00 am** |  | **Reel Action** (Rpt) | CC | G | **Snapper** | | Guesty catches up with Tom Rocher casting soft plastics into the foam with a spectacular backdrop to tangle with some hard pulling reds. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **06:30 am** |  | **Leading The Way With Dr. Michael Youssef** | CC | G |  | | Dr Michael Youssef speaks about the Word of God and offers hope. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:00 am** |  | **Escape Fishing With ET** (Rpt) | CC | G |  | | Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **07:30 am** |  | **Well Traveller** (Rpt) | CC |  |  | | Be a well traveller! Layne Beachley is joined by well-known and everyday Australians as they share life-changing wellness experiences in some of Australia’s favourite holiday destinations. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:00 am** |  | **Freshly Picked With Simon Toohey** (Rpt) | CC | G |  | | Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **08:30 am** |  | **What's Up Down Under** (Rpt) | CC | G |  | | Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit! | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:00 am** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  | | Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **09:30 am** |  | **Farm To Fork** (Rpt) | CC | PG |  | | Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **10:00 am** |  | **The Lion Queen** (Rpt) | CC | PG | **The Lion Queen** | | Follow the captivating and heart wrenching life story of Malika as she grows from little cub to powerful lioness in a celebration of female strength and resilience. Narrated by Angela Bassett. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | **12:00 pm** |  | **The Living Room** (Rpt) | CC | G |  | | Stylist Chyka Keebaugh helps Baz with a rental makeover. Miguel makes Italian inspired woodfired pizza at home and Chris builds a home among the gumtrees for some furry friends. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **01:00 pm** |  | **The Offroad Adventure Show** (Rpt) | CC | G |  | | This season Borgy, Leash, Jamie and Jess are taking on two epic 4wd adventures crossing the states of NSW and VIC using only the dirt. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:00 pm** |  | **All 4 Adventure** (Rpt) | CC | PG Mild Coarse Language |  | | Jase and Simon rescue stranded travellers north of Cape York. They head off-shore into the Torres Strait before travelling south for a cool change on the wild west coast of Tassie. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 pm** |  | **Pat Callinan's 4x4 Adventures** (Rpt) | CC | G |  | | Explore Australia's most breathtaking destinations off-the-beaten-track with our very own ‘Mr 4X4’, Pat Callinan. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 pm** |  | **Farm To Fork** (Rpt) | CC | G |  | | Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:30 pm** |  | **Jamie's Easy Meals For Every Day** (Rpt) | CC | G |  | | Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Roast Chicken and Prawn Linguine.  Starring: Jamie Oliver | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **LIVE** | |  | **05:00 pm** |  | **10 News First** | CC |  |  | | Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **06:00 pm** |  | **Sister ACT 2: Back In The Habit** (Rpt) (1993) | CC | G |  | | The sisters of St. Catherine's convince showgirl Deloris Van Cartier to get back in the habit to teach music to a group of rowdy Catholic students whose run-down school is slated for closure.  Starring: Whoopi Goldberg, Lauryn Hill, Maggie Smith, Kathy Najimy, James Coburn | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | **MOVIE** | |  | **08:15 pm** |  | **Muriel's Wedding** (Rpt) (1994) | CC | M Sexual References, Coarse Language |  | | Socially inept Muriel and best friend Rhonda decide to leave their humdrum small-town life behind and head for the big city...where they end up having the ABBAsolutely joyous adventure of their lives!  Starring: Toni Collette, Rachel Griffiths, Sophie Lee, Bill Hunter, Dan Wyllie | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **MOVIE** | |  | **10:20 pm** |  | **Mad Max: Fury Road** (2015) | CC | MA15+ Strong Violence, Mature Themes |  | | In a post-apocalyptic wasteland, Furiosa rebels against a tyrannical ruler to search for her homeland with a group of female prisoners, a psychotic worshipper, and a troubled drifter named Max.  Starring: Tom Hardy, Charlize Theron, Nicholas Hoult, Zoe Kravitz, Megan Gale | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **12:45 am** |  | **The Graham Norton Show** (Rpt) | CC | M Violence, Sexual References, Coarse Language | **Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy** | | Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** | |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |  | | | | | | **ALL NEW EPISODES** | |  | **04:30 am** |  | **Authentic** |  | PG |  | | Authentic is the flagship television program of the Voice of Prophecy. Pastor Shawn Boonstra, pursues the deepest questions of human existence and tackles the issues we all face as humans. | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | | | | | | |
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