|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|

|  |
| --- |
| **SYDNEY PROGRAM GUIDE** |
|  |
| **Sunday 11th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **Mass For You At Home** | CC | G |  |
| Weekly Catholic Mass for those unable to travel to a church. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **06:30 am** |  | **Hillsong** | CC | G |  |
| Religious |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **07:00 am** |  | **Joseph Prince** | CC | G | **380 - How To See Many Beautiful Days** |
| Religious program. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **07:30 am** |  | **Joel Osteen** | CC | G | **Jo885 -** |
| Religous |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **08:00 am** |  | **Pooches At Play** (Rpt) | CC | G |  |
| Ever considered fostering a greyhound, owning an Aussie Shepherd or raising a Guide Dog puppy? It's all in this episode, plus plenty more dog training tips and health advice. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **08:30 am** |  | **Destination Dessert** (Rpt) | CC | G |  |
| Destination Dessert is the ultimate travel show for the sweet tooth! Exploring NSW in our first series, discovering the sweeter things in life. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **09:00 am** |  | **Australia By Design: Innovations** (Rpt) | CC | PG |  |
| Australia by Design: Innovations is all about Australian innovation, ingenuity and design excellence. It's about inspiration, disruption, changing the game and the next big thing. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **09:30 am** |  | **Studio 10: Sunday** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **12:00 pm** |  | **Left Off The Map** (Rpt) | CC | G |  |
| Discover the untold stories, the quirky characters and the spectacular food of the island of Tasmania. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Sunday 11th July 2021** |
|  |

 |
|

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **12:30 pm** |  | **Freshly Picked With Simon Toohey** (Rpt) | CC | G |  |
| Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:00 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  |
| Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:30 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  |
| Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:00 pm** |  | **Three Veg And Meat** (Rpt) | CC | G |  |
| Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:30 pm** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  |
| Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **03:00 pm** |  | **MasterChef Australia Encore** (Rpt) | CC |  |  |
| The finalists enter the MasterChef kitchen to discover today's advantage challenge will see the winner cooking in the Finale. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **04:00 pm** |  | **Farm To Fork** (Rpt) | CC | PG |  |
| Courtney Roulston, Michael Weldon and Sarah Todd highlight some of Australia's freshest and best produce to create recipes that will inspire you to recreate at home. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **04:30 pm** |  | **Three Blue Ducks** (Rpt) | CC | PGCoarse Language |  |
| Andy Allen aims to dazzle his peers by creating a new age Asian beef salad. He and fellow chefs Mark and Daz search for exotic flavours in Cabramatta. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Sunday 11th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Sunday Project** | CC |  |  |
| Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **07:30 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **09:30 pm** |  | **FBI** | CC | MViolence | **Uncovered** |
| The team must infiltrate a drug trafficking gang after a chemical plant robbery leaves two customs agents dead. Maggie gains new insight into Nestor's character when he offers his help on the case,Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **10:30 pm** |  | **FBI** (Rpt) | CC | MViolence | **Fallout** |
| After a businessman with a history of harassment claims against him is killed, the team suspects that one of his many accusers may be behind ordering the man's murder.Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, Ebonée Noel, John Boyd |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **11:30 pm** |  | **FBI** (Rpt) | CC | MViolence,Drug Use,Mature Themes | **Family Man** |
| After a senator's daughter is kidnapped and held for ransom, the FBI must find the little girl before their time limit expires. In order to do so, they must dig into the senator's past for clues.Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée NoelGuest Starring: Eion Bailey, Ashley Williams |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **12:30 am** |  | **The Sunday Project Encore** (Rpt) | CC |  |  |
| Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Sunday 11th July 2021** |
|  |

 |
|

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **CBS This Morning** | CC |  |  |
| CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Monday 12th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sharon Osbourne, Sheryl Underwood, Eve and Carrie Ann Inaba on “The Talk” as they discuss current events, pop culture and trending topics of the day. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:00 am** |  | **Judge Judy Encore** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC | PG |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **LIVE** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PGCoarse Language,Mature Themes |  |
| Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:00 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **03:00 pm** |  | **Judge Judy** | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **My Market Kitchen** | CC | G |  |
| Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Monday 12th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Everyday Gourmet With Justine Schofield** | CC | G |  |
| Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC | PG |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **07:30 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **09:00 pm** |  | **Have You Been Paying Attention?** | CC | MSexual References,Coarse Language,Mature Themes,Nudity,May Contain: |  |
| Have Ed Kavalee, Sam Pang and our contestants been paying attention? The guest quizmasters & host Tom Gleisner are about to find out! |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **10:00 pm** |  | **Just For Laughs** | CC | MCoarse Language |  |
| JustFor Laughs Australia Stand-up comedy recorded live from the Sydney Opera House. Hosted by Nick Cody, featuring; Aaron Chen, Georgie Carrol & Nath Valvo. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **10:30 pm** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Monday 12th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **ALL NEW EPISODES** |
|  | **11:30 pm** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **12:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **CBS This Morning** | CC |  |  |
| CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Tuesday 13th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sharon Osbourne, Sheryl Underwood, Eve and Carrie Ann Inaba on “The Talk” as they discuss current events, pop culture and trending topics of the day. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:00 am** |  | **Judge Judy Encore** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC | PG |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **LIVE** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PGCoarse Language,Mature Themes |  |
| Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:00 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **02:30 pm** |  | **Entertainment Tonight** | CC |  |  |
| Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **03:00 pm** |  | **Judge Judy** | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Tuesday 13th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **My Market Kitchen** | CC | G |  |
| Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Everyday Gourmet With Justine Schofield** | CC | G |  |
| Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC | PG |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **07:30 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **09:30 pm** |  | **NCIS** (Rpt) | CC | M | **Going Mobile** |
| After the body of a Marine Lieutenant is found hidden under an 18-wheeler, the NCIS team tracks the vehicle's previous locations to pinpoint the crime scene and suspect. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **10:30 pm** |  | **NCIS** (Rpt) | CC | MViolence | **Someone Else’s Shoes** |
| The team links a bizarre crime scene at a cemetery to a string of attacks on homeless veterans; Vance orders McGee, Bishop and Torres to hours of evidence garage cleanup for withholding information. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Tuesday 13th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **11:30 pm** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **12:30 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **CBS This Morning** | CC |  |  |
| CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Wednesday 14th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sharon Osbourne, Sheryl Underwood, Eve and Carrie Ann Inaba on “The Talk” as they discuss current events, pop culture and trending topics of the day. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:00 am** |  | **Judge Judy Encore** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC | PG |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **LIVE** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PGSexual References,Mature Themes |  |
| Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:00 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **03:00 pm** |  | **Judge Judy** | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **My Market Kitchen** | CC | G |  |
| Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Wednesday 14th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Everyday Gourmet With Justine Schofield** | CC | G |  |
| Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **07:30 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **08:30 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **09:30 pm** |  | **Bull** (Rpt) | CC | MMature Themes | **The Flying Carpet** |
| Bull represents a large insurance company and its clients, married pizzeria owners who are being sued for negligence by a teenager who was injured while climbing their rooftop signage. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **10:30 pm** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **11:30 pm** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Wednesday 14th July 2021** |
|  |

 |
|

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **12:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **CBS This Morning** | CC |  |  |
| CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Thursday 15th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sharon Osbourne, Sheryl Underwood, Eve and Carrie Ann Inaba on “The Talk” as they discuss current events, pop culture and trending topics of the day. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:00 am** |  | **Judge Judy Encore** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **LIVE** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PGCoarse Language,Mature Themes |  |
| Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:00 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:00 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:30 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **03:00 pm** |  | **Judge Judy** | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Thursday 15th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **My Market Kitchen** | CC | G |  |
| Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Everyday Gourmet With Justine Schofield** | CC | G |  |
| Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **07:30 pm** |  | **Diana's Decades** | CC | PGSexual References,Coarse Language,Drug References,Mature Themes |  |
| Princess Diana began the 80s a shy bride and ended it as the most photographed woman in the world. From Dynasty Di to Pop Princess to AIDS champion this was the decade in which Diana found her voice. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **08:30 pm** |  | **Law & Order: S.V.U** (Rpt) | CC | MViolence,Sexual References,Strong Adult Themes | **Can't Be Held Accountable Pt.1** |
| A fellow detective asks the SVU for help when he suspects his two daughters are being groomed by the influential and predatory owner of a modeling agency for teenage girls.Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray HyderGuest Starring: Nicholas Turturro |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Thursday 15th July 2021** |
|  |

 |
|

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **09:30 pm** |  | **Law & Order: S.V.U** (Rpt) | CC | MMature Themes | **Must Be Held Accountable Pt.2** |
| A desperate and angry Frank Bucci takes matters into his own hands, while SVU learn that the judge who acquitted Getz as well as his defense attorney may be hiding some sinister secrets.Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray HyderGuest Starring: Nicholas Turturro |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **10:30 pm** |  | **Blue Bloods** | CC | MViolence,Mature Themes | **The Common Good** |
| Frank asks Erin to help with policy reform he privately backs but can't publicly support. A high-profile streamer's murder sees Danny and Baez become enmeshed in the world of competitive video gaming.Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Len Cariou |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **11:30 pm** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **12:30 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Thursday 15th July 2021** |
|  |

 |
|

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **CBS This Morning** | CC |  |  |
| CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Friday 16th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sharon Osbourne, Sheryl Underwood, Eve and Carrie Ann Inaba on “The Talk” as they discuss current events, pop culture and trending topics of the day. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:00 am** |  | **Judge Judy Encore** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **LIVE** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **12:00 pm** |  | **Dr Phil** (Rpt) | CC | PGMature Themes |  |
| Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:00 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  |
| Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:30 pm** |  | **Farm To Fork** (Rpt) | CC | PG |  |
| Courtney Roulston, Michael Weldon and Sarah Todd highlight some of Australia's freshest and best produce to create recipes that will inspire you to recreate at home. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Friday 16th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **ALL NEW EPISODES** |
|  | **03:00 pm** |  | **Judge Judy** | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **My Market Kitchen** | CC | G |  |
| Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Everyday Gourmet With Justine Schofield** | CC | G |  |
| Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **07:30 pm** |  | **The Living Room** | CC |  |  |
| We're heating things up by exploring a Scandinavian way of embracing the cold called Hygge! Loosely meaning warm and cosy, Hygge is a way of getting the most out of life no matter how bad the weather. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Friday 16th July 2021** |
|  |

 |
|

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **08:30 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **09:30 pm** |  | **The Graham Norton Show** (Rpt) | CC | MCoarse Language,Mature Themes |  |
| Join the hilarious and cheeky Graham Norton as he chats with Jessie Buckley, Bill Bailey, David Walliams, Octavia Spencer, Frank Gardner & Dermot Kennedy.Guest Starring: Bill Bailey, David Walliams, Octavia Spencer |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **10:30 pm** |  | **The Montreal Comedy Festival** (Rpt) | CC | MSexual References,Coarse Language | **2017 Montreal Comedy Festival, Just For Laughs #4** |
| Tommy Little presents the 2017 Montreal Comedy Festival featuring live stand up from Wil Anderson, David Spade, Noel Fielding, Tim Minchin, Hughesy, DeAnne Smith, Jimmy Carr and many many more. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **11:30 pm** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **12:30 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Friday 16th July 2021** |
|  |

 |
|

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **04:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **05:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **05:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Saturday 17th July 2021** |
|  |

 |
|

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **06:00 am** |  | **What’s Up Down Under** (Rpt) | CC | G |  |
| Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **06:30 am** |  | **Leading The Way** | CC | G |  |
| Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **07:00 am** |  | **Escape Fishing With ET** (Rpt) | CC |  |  |
| Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **07:30 am** |  | **The Offroad Adventure Show** (Rpt) | CC | G |  |
| Four ultimate touring 4WDs, two all-new thrillseeking hosts, tackling our toughest adventures yet, discovering spectacular campsites and bucket list adventures along the way. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **08:30 am** |  | **RV Daily Foodie Trails** (Rpt) | CC | G |  |
| Welcome to RV Daily's Foodie Trails, where we scratch beneath the surface of regional Australia to find the best-kept food secrets and meet the authentic local characters behind them. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **09:00 am** |  | **Places We Go** (Rpt) | CC | PG |  |
| Places We Go is series about real travel, hosted by real travellers. Jennifer Adams and Clint Bizzell take viewers on a journey to some of most stunning destinations around Australia and the World. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **09:30 am** |  | **Studio 10: Saturday** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **SPECIAL ENCORE PRESENTATION** |
|  | **12:00 pm** |  | **The Living Room Encore** (Rpt) | CC |  |  |
| We're heating things up by exploring a Scandinavian way of embracing the cold called Hygge! Loosely meaning warm and cosy, Hygge is a way of getting the most out of life no matter how bad the weather. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Saturday 17th July 2021** |
|  |

 |
|

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **01:00 pm** |  | **The Dog House** (Rpt) | CC | PG |  |
| Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **02:00 pm** |  | **Pooches At Play** | CC | G |  |
| Learn about owning a Kelpie, how your pet can become a su-paw-star, and preparing your puppy for their first groom. Plus, discover how therapy dogs are helping children re-engage with education. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **02:30 pm** |  | **By Design Heroes** | CC | G | **Paul Hunt** |
| Paul Hunt is a graphic artist best known for creating some of the most well known and loved emojis. Today is World Emoji Day and we expolre their most famous work including the love heart. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **03:00 pm** |  | **What's Up Down Under** | CC | G |  |
| Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit! |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:30 pm** |  | **Farm To Fork** (Rpt) | CC | PG |  |
| Courtney Roulston, Michael Weldon and Sarah Todd highlight some of Australia's freshest and best produce to create recipes that will inspire you to recreate at home. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **04:00 pm** |  | **Taste Of Australia With Hayden Quinn** (Rpt) | CC | G |  |
| Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **04:30 pm** |  | **Three Blue Ducks** (Rpt) | CC | PGMild Coarse Language |  |
| Chef Daz hosts a VIP event at the Ducks' flagship venue, The Farm in Byron Bay. The guests are the top chefs of the region and Daz has to put a lifetime of cooking, into this single moment. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Saturday 17th July 2021** |
|  |

 |
|

|  |  |
| --- | --- |
|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **06:00 pm** |  | **Jamie's Easy Meals For Every Day** | CC | G |  |
| Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Salmon Tacos and Aubergine.Starring: Jamie Oliver |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **06:30 pm** |  | **Bondi Rescue** (Rpt) | CC | PGCoarse Language,Drug References,Mature Themes |  |
| American Superstar Comedian, Conan O'Brien, tries his hand at lifeguarding - with hilarious results. And on the promenade Singlets treats a rollerblader with a severely dislocated knee. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **07:00 pm** |  | **The Dog House** (Rpt) | CC | PGMature Themes |  |
| Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **08:00 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **09:00 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **10:00 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **11:00 pm** |  | **To Be Advised** |  |  |  |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **12:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **12:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Saturday 17th July 2021** |
|  |

 |
|

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **01:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **04:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
|  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **ALL NEW EPISODES** |
|  | **05:00 am** |  | **Hour Of Power** |  | G |  |
| Religious. |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

 |
|  |  |  |  |  |
| Last Updated 25th Jun 2021 - 19:02 | © Network Ten Pty Limited ABN 91 052 515 250 |  |  |  |  |
|  |  |  |  |  |