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|  | **SYDNEY PROGRAM GUIDE** |
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| **Sunday 12th June 2022** |
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|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **Mass For You At Home** | CC | G |  |
| Weekly Catholic Mass for those unable to travel to church. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 am** |  | **Turning Point With David Jeremiah** | CC | PGMature Themes |  |
| The history of the righteous farmer Naboth and the covetous and wicked King Ahab reveals God's ultimate forgiveness when someone repents of their sin. |
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|  | **ALL NEW EPISODES** |
|  | **07:00 am** |  | **Joseph Prince** | CC | G | **426 - Now Is The Time Of Favor** |
| Religious program. |
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|  | **ALL NEW EPISODES** |
|  | **07:30 am** |  | **Joel Osteen** | CC | G |  |
| Religious. |
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|  | **08:00 am** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  |
| Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **08:30 am** |  | **The Living Room Encore** (Rpt) | CC |  |  |
| Did you know both Amanda and Chris were avid beekeepers? Tonight, we’ll put their honey to the test! Miguel visits a café to add a tasty treat to the menu, while Barry has the perfect DIY for renters. |
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|  | **09:30 am** |  | **Studio 10: Sunday** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **12:00 pm** |  | **MasterChef Australia Encore** (Rpt) | CC |  |  |
| Vying for a shot at immunity, contestants are split into two teams for a service challenge. Each team must curate a three-course menu for either the Japanese or Italian restaurant they are cooking in. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **01:15 pm** |  | **MasterChef Australia Encore** (Rpt) | CC |  |  |
| You have a ticket to the silver screen for a movie food immunity challenge. After a popcorn taste test, the remaining competitors must create a blockbuster flavour chop top that will thrill filmgoers. |
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|  | **02:30 pm** |  | **My Market Kitchen** (Rpt) | CC | G |  |
| Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. |
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|  | **03:00 pm** |  | **Destination Dessert** (Rpt) | CC | G |  |
| Join us as we travel across Australia, taking the roads less travelled, supporting local businesses and discovering a world of flavour and adventure in our own backyard. |
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|  | **03:30 pm** |  | **Bondi Rescue** (Rpt) | CC | PGCoarse Language,Mature Themes |  |
| Harrison's life is put on the line when he attempts to save a brother and sister who, in their panic, start to drown the lifeguard that is there to rescue them. |
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|  | **04:00 pm** |  | **Farm To Fork** (Rpt) | CC | PG |  |
| Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home. |
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|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **Taste Of Australia With Hayden Quinn** | CC |  |  |
| Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture. |
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|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Sunday Project** | CC |  |  |
| Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics. |
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|  | **ALL NEW EPISODES** |
|  | **07:30 pm** |  | **MasterChef Australia** | CC |  |  |
| The MasterChef kitchen welcomes 12 emerging home cooks and 12 of MasterChef’s most loved past contestants. Together they will share their love of food and compete to become Australia's next MasterChef |
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|  | **ALL NEW EPISODES** |
|  | **09:00 pm** |  | **NCIS: Hawaii** | CC | MViolence | **Boom** |
| Tennant and her NCIS unit must take down a notorious team of international thieves using WWII explosives on armored trucks before they complete their final big job and disappear.Starring: Vanessa Lachey, Alex Tarrant, Enver Gjokaj, Noah Mills, Yasmine Al-Bustami, Jason Antoon |
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|  | **10:00 pm** |  | **FBI** (Rpt) | CC | MViolence | **Straight Flush** |
| When five prominent men are killed playing poker, the team's investigation brings them into contact with a lieutenant in Antonio Vargas' drug cartel, triggering a showdown between Isobel and Vargas.Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **11:00 pm** |  | **The Sunday Project Encore** (Rpt) | CC |  |  |
| Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics. |
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|  | **12:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **12:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **01:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **CBS Mornings** | CC |  |  |
| CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. |
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|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day. |
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|  | **07:00 am** |  | **Judge Judy** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC |  |  |
| Unable to contain his true feelings, Carter professes his love to Quinn. Ridge intervenes when Taylor and Brooke bicker. |
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|  | **LIVE** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. |
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|  | **ALL NEW EPISODES** |
|  | **12:00 pm** |  | **Dr Phil** | CC |  |  |
| Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **01:00 pm** |  | **MasterChef Australia Encore** (Rpt) | CC |  |  |
| The MasterChef kitchen welcomes 12 emerging home cooks and 12 of MasterChef’s most loved past contestants. Together they will share their love of food and compete to become Australia's next MasterChef |
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|  | **ALL NEW EPISODES** |
|  | **02:30 pm** |  | **Entertainment Tonight** | CC |  |  |
| Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. |
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|  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final. |
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|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **My Market Kitchen** | CC |  |  |
| Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. |
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|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Good Chef Bad Chef** | CC | G |  |
| Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. |
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|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC |  |  |
| Deacon offers Brooke reassurance after her failed attempt with Ridge. Donna takes Eric on a trip down memory lane before making a stunning request. |
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|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts as they dissect and digest the daily news, events and hottest topics. |
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|  | **ALL NEW EPISODES** |
|  | **07:30 pm** |  | **MasterChef Australia** | CC |  |  |
| The MasterChef kitchen welcomes 12 emerging home cooks and 12 of MasterChef’s most loved past contestants. Together they will share their love of food and compete to become Australia's next MasterChef |
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|  | **ALL NEW EPISODES** |
|  | **08:40 pm** |  | **Have You Been Paying Attention?** | CC | MSexual References,Coarse Language,Mature Themes,Nudity,May Contain: |  |
| Have Ed Kavalee and Sam Pang been paying attention? The guest quizmaster and host Tom Gleisner are about to find out! |
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|  | **SPECIAL EVENT** |
|  | **09:40 pm** |  | **The Montreal Comedy Festival** | CC | MSexual References,Coarse Language | **Jfl Presents Montreal’s Hollywood Heroes** |
| The Montreal Comedy Festival brings another special teaming with comic talent. Catch sets by Iliza Schlesinger, Ronny Chieng, Tervor Noah, Gabriel Iglesias, Sir Patrick Stuart, Gina Yashere & more! |
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|  | **10:40 pm** |  | **Arj Barker: We Need To Talk** (Rpt) | CC | MSexual References,Coarse Language | **Arj Barker - We Need To Talk** |
| Australia's adopted son of comedy Arj Barker, returns to make fun of our obsession with technology, the trials of relationships and how our rage-filled culture is affecting our ability to connect. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **11:40 pm** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts as they dissect and digest the daily news, events and hottest topics. |
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|  | **ALL NEW EPISODES** |
|  | **12:40 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
| Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. |
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|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **CBS Mornings** | CC |  |  |
| CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. |
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|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day. |
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|  | **07:00 am** |  | **Judge Judy** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC |  |  |
| Deacon offers Brooke reassurance after her failed attempt with Ridge. Donna takes Eric on a trip down memory lane before making a stunning request. |
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|  | **LIVE** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. |
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|  | **ALL NEW EPISODES** |
|  | **12:00 pm** |  | **Dr Phil** | CC |  |  |
| Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness. |
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|  | **01:00 pm** |  | **MasterChef Australia Encore** (Rpt) | CC |  |  |
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|  | **ALL NEW EPISODES** |
|  | **02:10 pm** |  | **Entertainment Tonight** | CC |  |  |
| Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. |
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|  | **02:30 pm** |  | **Farm To Fork** (Rpt) | CC | PG |  |
| Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home. |
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|  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final. |
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|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **My Market Kitchen** | CC |  |  |
| Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. |
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|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Good Chef Bad Chef** | CC | G |  |
| Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. |
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|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC |  |  |
| Eric manages his entanglement with Donna while married to Quinn. Brooke surprises Ridge with a late-night visit and a plea to reunite. |
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|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts as they dissect and digest the daily news, events and hottest topics. |
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|  | **ALL NEW EPISODES** |
|  | **07:30 pm** |  | **MasterChef Australia** | CC |  |  |
| The MasterChef kitchen welcomes 12 emerging home cooks and 12 of MasterChef’s most loved past contestants. Together they will share their love of food and compete to become Australia's next MasterChef |
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|  | **ALL NEW EPISODES** |
|  | **08:40 pm** |  | **The Cheap Seats** | CC | MCoarse Language,Mature Themes,May Contain: |  |
| Melanie Bracewell and Tim McDonald take a look at the week that was. From major news stories, entertainment and viral videos The Cheap Seats is a Reader's Digest for those who just don't want to read. |
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|  | **SYDNEY PROGRAM GUIDE** |
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| **Tuesday 14th June 2022** |
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|  | **09:40 pm** |  | **NCIS** (Rpt) | CC | MFrequent Violence | **Blarney** |
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|  | **10:40 pm** |  | **NCIS** (Rpt) | CC | PGCoarse Language,Mature Themes | **The Arizona** |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **11:40 pm** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts as they dissect and digest the daily news, events and hottest topics. |
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|  | **ALL NEW EPISODES** |
|  | **12:40 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
| Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. |
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|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **CBS Mornings** | CC |  |  |
| CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. |
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| **Wednesday 15th June 2022** |
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|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day. |
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|  | **07:00 am** |  | **Judge Judy** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC |  |  |
| Eric manages his entanglement with Donna while married to Quinn. Brooke surprises Ridge with a late-night visit and a plea to reunite. |
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|  | **LIVE** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. |
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|  | **ALL NEW EPISODES** |
|  | **12:00 pm** |  | **Dr Phil** | CC |  |  |
| Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **01:00 pm** |  | **MasterChef Australia Encore** (Rpt) | CC |  |  |
| The MasterChef kitchen welcomes 12 emerging home cooks and 12 of MasterChef’s most loved past contestants. Together they will share their love of food and compete to become Australia's next MasterChef |
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|  | **ALL NEW EPISODES** |
|  | **02:10 pm** |  | **Entertainment Tonight** | CC |  |  |
| Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. |
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|  | **02:30 pm** |  | **Farm To Fork** (Rpt) | CC | PG |  |
| Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home. |
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|  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final. |
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|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **My Market Kitchen** | CC |  |  |
| Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. |
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|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Good Chef Bad Chef** | CC | G |  |
| Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. |
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|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC |  |  |
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|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts as they dissect and digest the daily news, events and hottest topics. |
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|  | **ALL NEW EPISODES** |
|  | **07:30 pm** |  | **MasterChef Australia** | CC |  |  |
| The MasterChef kitchen welcomes 12 emerging home cooks and 12 of MasterChef’s most loved past contestants. Together they will share their love of food and compete to become Australia's next MasterChef |
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|  | **ALL NEW EPISODES** |
|  | **08:40 pm** |  | **Five Bedrooms** | CC | MCoarse Language,Mature Themes | **Five Wishes** |
| High on love, Harry wants to bring his new man to his family's Diwali celebrations... and ends up causing a meltdown.Starring: Kat Stewart, Stephen Peacocke, Doris Younane, Katie Robertson, Roy Joseph |
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|  | **ALL NEW EPISODES** |
|  | **09:40 pm** |  | **Good Sam** | **NO CC** | MViolence,Mature Themes | **Pilot** |
| Dr. Sam Griffith is named Head of Cardiothoracic Surgery after her renowned boss falls into a coma. But her boss also happens to be her egotistical father, who wants his old job back when he wakes up.Starring: Sophia Bush, Jason Isaacs, Skye P. Marshall, Michael Stahl-David, Wendy Crewson, Edwin Hodge |
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|  | **ALL NEW EPISODES** |
|  | **10:40 pm** |  | **This Is Us** | CC | PGMature Themes | **The Train** |
| The Pearsons gather around Rebecca's bedside.Starring: Mandy Moore, Milo Ventimiglia, Sterling K. Brown, Justin Hartley, Chrissy Metz |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **11:30 pm** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts as they dissect and digest the daily news, events and hottest topics. |
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|  | **ALL NEW EPISODES** |
|  | **12:30 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
| Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. |
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|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC |  |  |
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|  | **LIVE** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. |
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|  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  |
| Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. |
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|  | **02:30 pm** |  | **Farm To Fork** (Rpt) | CC | PG |  |
| Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home. |
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|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **My Market Kitchen** | CC |  |  |
| Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. |
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|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Good Chef Bad Chef** | CC | G |  |
| Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. |
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|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC |  |  |
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|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts as they dissect and digest the daily news, events and hottest topics. |
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|  | **ALL NEW EPISODES** |
|  | **07:30 pm** |  | **MasterChef Australia** | CC |  |  |
| The MasterChef kitchen welcomes 12 emerging home cooks and 12 of MasterChef’s most loved past contestants. Together they will share their love of food and compete to become Australia's next MasterChef |
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|  | **ALL NEW EPISODES** |
|  | **08:40 pm** |  | **Law & Order: S.V.U** | CC | MStrong Adult Themes | **Sorry If IT Got Weird For You** |
| Velasco's experience as an SVU detective is put on trial after becoming embroiled in what appears to be a plot to take down the creator of a dating app, who is accused of rape by one of his staff.Starring: Mariska Hargitay, Peter Scanavino, Octavio Pisano, Ice T |
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|  | **09:40 pm** |  | **To Be Advised** |  |  |  |
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|  | **10:40 pm** |  | **To Be Advised** |  |  |  |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **11:40 pm** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts as they dissect and digest the daily news, events and hottest topics. |
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|  | **ALL NEW EPISODES** |
|  | **12:40 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
| Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. |
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|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **CBS Mornings** | CC |  |  |
| CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson. |
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|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day. |
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|  | **07:00 am** |  | **Judge Judy** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC |  |  |
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|  | **LIVE** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM. |
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|  | **ALL NEW EPISODES** |
|  | **12:00 pm** |  | **Dr Phil** | CC |  |  |
| Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **01:00 pm** |  | **The Living Room Encore** (Rpt) | CC |  |  |
| Did you know both Amanda and Chris were avid beekeepers? Tonight, we’ll put their honey to the test! Miguel visits a café to add a tasty treat to the menu, while Barry has the perfect DIY for renters. |
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|  | **ALL NEW EPISODES** |
|  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  |
| Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. |
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|  | **02:30 pm** |  | **Farm To Fork** (Rpt) | CC | PG |  |
| Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home. |
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|  | **03:00 pm** |  | **Judge Judy** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final. |
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|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **My Market Kitchen** | CC |  |  |
| Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes. |
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|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Good Chef Bad Chef** | CC | G |  |
| Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. |
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|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC |  |  |
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|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts as they dissect and digest the daily news, events and hottest topics. |
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|  | **ALL NEW EPISODES** |
|  | **07:30 pm** |  | **The Living Room** | CC |  |  |
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|  | **08:30 pm** |  | **To Be Advised** |  |  |  |
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|  | **09:30 pm** |  | **The Graham Norton Show** (Rpt) | CC | MSexual References,Coarse Language |  |
| Join the hilarious and cheeky Graham Norton as he chats with guests Tom Holland, Zendaya, Henry Cavill, Gugu Mbatha-Raw and Little Mix. |
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|  | **10:30 pm** |  | **Just For Laughs Uncut** (Rpt) | CC | MA15+Sexual References,Coarse Language | **Natasha Leggero, Garfunkel And Oates, Tom Gleeson & Hannibal Burress** |
| Nothing is off-limits in Just For Laughs Uncut where the biggest comics in the business showcase their raunchiest material. Catch Natasha Leggero, Tom Gleeson & Hannibal Burress. Host Nikki Osborne. |
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|  | **11:00 pm** |  | **Just For Laughs Uncut** (Rpt) | CC | MA15+Sexual References,Coarse Language | **Arj Barker, Aunty Donna, Jimmy Carr & Whitney Cummings** |
| Nothing is off-limits in Just For Laughs Uncut where the biggest comics in the world showcase their raunchiest material. Comics include: Arj Barker, Jimmy Carr & Whitney Cummings. Host: Nikki Osborne |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **11:30 pm** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts as they dissect and digest the daily news, events and hottest topics. |
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|  | **12:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **ALL NEW EPISODES** |
|  | **12:30 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
| Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations. |
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|  | **12:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **06:00 am** |  | **Good Chef Bad Chef** |  |  |  |
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|  | **ALL NEW EPISODES** |
|  | **06:30 am** |  | **Leading The Way With Dr. Michael Youssef** | CC | G | **2225 - Appropriating The Happiness That Is In You - Part 8: By Judging Carefully** |
| Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues. |
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|  | **ALL NEW EPISODES** |
|  | **07:00 am** |  | **Escape Fishing With ET** (Rpt) | CC |  |  |
| Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them. |
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|  | **07:30 am** |  | **Left Off The Map** |  |  |  |
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|  | **08:00 am** |  | **My Market Kitchen** |  |  |  |
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|  | **08:30 am** |  | **Pooches At Play** |  |  |  |
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|  | **09:00 am** |  | **Freshly Picked With Simon Toohey** |  |  |  |
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|  | **09:00 am** |  | **Australia By Design: Innovations** (Rpt) | CC | PG |  |
| Australia by Design: Innovations is all about Australian innovation, ingenuity and design excellence. It's about inspiration, disruption, changing the game and the next big thing. |
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|  | **09:30 am** |  | **Studio 10: Saturday** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus. |
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|  | **12:00 pm** |  | **Pat Callinan's 4x4 Adventures** |  |  |  |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **12:00 pm** |  | **The Living Room Encore** (Rpt) | CC |  |  |
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|  | **03:00 pm** |  | **Taste Of Australia With Hayden Quinn** (Rpt) | CC |  |  |
| Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture. |
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|  | **ALL NEW EPISODES** |
|  | **03:00 pm** |  | **What's Up Down Under** | CC |  |  |
| Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit! |
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|  | **03:30 pm** |  | **Farm To Fork** |  |  |  |
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|  | **04:00 pm** |  | **Taste Of Australia With Hayden Quinn** |  |  |  |
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|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **ALL NEW EPISODES** |
|  | **06:00 pm** |  | **Wildlife Rescue Australia** | CC | PGMild Coarse Language,Mature Themes | **Jack The Carpet Python** |
| Jack the Python has had a run in with a tractor and needs surgery to repair his throat. Prickles the Echidna has been hit by a car and Dr Bree works to pop his dislocated leg back into place. |
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|  | **06:00 pm** |  | **Bondi Rescue** | **NO CC** |  |  |
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|  | **06:30 pm** |  | **Bondi Rescue** | **NO CC** |  |  |
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|  | **ALL NEW EPISODES** |
|  | **07:00 pm** |  | **The Dog House** | CC | PG |  |
| Big boy Shane, the slobbery bulldog claims ownership of proud singleton Lisa by sitting on her, all 40 kilos of him. Meanwhile, Pebbles the sofa addict Is matched with David the workaholic ex-athlete. |
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|  | **08:00 pm** |  | **The Dog House** (Rpt) | CC | PG |  |
| Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest. |
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|  | **10:00 pm** |  | **My Life Is Murder** (Rpt) | CC | MViolence,Coarse Language | **The Boyfriend Experience** |
| Former detective Alexa Crowe is lured into the world of murder and mystery when her friend and colleague asks her to look into the death of a woman who fell from the balcony of a male escort. |
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|  | **10:00 pm** |  | **To Be Advised** |  |  |  |
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|  | **11:00 pm** |  | **My Life Is Murder** (Rpt) | CC | MViolence,Coarse Language | **The Locked Room** |
| A man is found shot dead in a motel room. The door has been chain-locked from the inside. How could someone kill him and escape when the door was locked from the inside? |
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|  | **12:00 am** |  | **Just For Laughs Australia** (Rpt) | CC | MSexual References,Coarse Language |  |
| Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Colin Mochrie and Brad Sherwood, Zoe Coombs Marr, Dilruk Jayasinha and Tommy Little. |
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|  | **12:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **12:30 am** |  | **Just For Laughs Australia** (Rpt) | CC | MA15+Sexual References,Coarse Language |  |
| Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Lehmo, Steph Tisdell, Damien Power and Tommy Little. |
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|  | **12:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **01:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **ALL NEW EPISODES** |
|  | **04:31 am** |  | **Authentic** |  | PG |  |
| Authentic is the flagship television program of the Voice of Prophecy. Pastor Shawn Boonstra, pursues the deepest questions of human existence and tackles the issues we all face as humans. |
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|  | **ALL NEW EPISODES** |
|  | **05:00 am** |  | **Hour Of Power** |  | G |  |
| Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus. |
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