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|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Sunday 22nd November 2020** |
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|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **Mass For You At Home** | CC | G |  |
| Religious. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 am** |  | **Hillsong** | CC | G |  |
| Religious. |
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|  | **ALL NEW EPISODES** |
|  | **07:00 am** |  | **Joseph Prince** | CC | G | **350 - There's Life When You See Jesus In The Word** |
| Religious |
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|  | **ALL NEW EPISODES** |
|  | **07:30 am** |  | **Joel Osteen** | CC | G | **Jo858 - The Hot Winds Of Testing** |
| Religious. |
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|  | **08:00 am** |  | **Pooches At Play** (Rpt) | CC | G |  |
| Hosted by Dog Trainer and Behaviourist Lara Shannon and Morgan Burrett, Pooches at Play is a Lifestyle TV Show all about dogs and our relationship with them. |
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|  | **08:30 am** |  | **The Living Room Encore** (Rpt) | CC | PG |  |
| The Living Room returns to 10! Amanda, Chris, Barry and Miguel are back to serve up a multitude of uplifting and inspiring stories, with the guarantee of laughs along the way. |
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|  | **09:30 am** |  | **Studio 10 Sunday** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am. |
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|  | **12:00 pm** |  | **Good Chef Bad Chef** (Rpt) | CC | G |  |
| Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat. |
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|  | **12:30 pm** |  | **Roads Less Travelled** (Rpt) | CC |  |  |
| An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia’s natural beauty. |
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|  | **01:00 pm** |  | **Taste Of Australia With Hayden Quinn** (Rpt) | CC | G |  |
| Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy. |
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|  | **01:30 pm** |  | **This Is Mexico** (Rpt) | CC | G |  |
| Discover the untold stories, the quirky characters and the spectacular food of the island of Tasmania. |
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|  | **02:00 pm** |  | **10 Travlr Northern Territory** (Rpt) | CC |  | **10 Travlr Northern Territory** |
| Discover the people and places of the breathtaking Northern Territory. Explore all the ways this sunburnt region is unique͘ in every sense and learn that Summer in the NT is not what you might expect. |
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|  | **ALL NEW EPISODES** |
|  | **02:30 pm** |  | **By Design Heroes** | CC | G |  |
| Take an intimate look at the exceptional people behind design success stories. Find out where they began, how they built their vision and the pivotal moments that formed their path to success. |
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|  | **03:00 pm** |  | **Jamie & The Nonnas** (Rpt) | CC | G | **Puglia** |
| Jamie heads for one of the hottest food destinations in Italy, making hand-crafted pasta, a special seafood stew, and the region's answer to paella. |
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|  | **04:00 pm** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  |
| Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet. |
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|  | **04:30 pm** |  | **Farm To Fork** (Rpt) | CC | PG |  |
| Courtney Roulston, Michael Weldon and Sarah Todd highlight some of Australia's freshest and best produce to create recipes that will inspire you to recreate at home. |
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|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **LIVE** |
|  | **06:00 pm** |  | **10 News First** (Rpt) | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Sunday Project** | CC |  |  |
| Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics. |
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|  | **ALL NEW EPISODES** |
|  | **07:30 pm** |  | **The Graham Norton Show** | CC |  |  |
| Join the hilarious and cheeky Graham Norton as he chats with Hugh Grant, Nigella Lawson, Jamie Foxx, Tina Fey, Amy Adams, Romesh Ranganathan & Dua Lipa.Guest Starring: Hugh Grant, Nigella Lawson, Jamie Foxx, Amy Adams, Tina Fey, Dua Lipa |
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|  | **SEASON PREMIERE** |
|  | **08:30 pm** |  | **FBI: Most Wanted** | CC |  | **Rampage** |
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|  | **ALL NEW EPISODES** |
|  | **09:30 pm** |  | **Blood And Treasure** | CC | MAction Violence | **Code Of The Hawaladar** |
| Danny poses as arms dealer Aiden Shaw in order to extract information on the location of terrorist Karim Farouk, who has obtained a clue to the location of the sarcophagus of Cleopatra.Starring: Matt Barr, Sofia Pernas, Katia Winter, Michael James Shaw, Oded Fehr, Mark Gagliardi |
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|  | **ALL NEW EPISODES** |
|  | **10:25 pm** |  | **Blood And Treasure** | CC | MAction Violence | **The Secret Of Macho Grande** |
| A vital clue leads Danny and Lexi to an Austrian castle where the Germans may have hidden Cleopatra's sarcophagus during World War II.Starring: Matt Barr, Sofia Pernas, Katia Winter, James Callis, Oded Fehr, Mark Gagliardi |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **11:20 pm** |  | **The Sunday Project Encore** (Rpt) | CC |  |  |
| Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics. |
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|  | **12:20 am** |  | **NCIS** (Rpt) | CC | M | **Irl** |
| The team investigates a petty officer's murder that was live-streamed on a popular gaming app. Gibbs is asked to look after his 11 year old neighbour, when his mom must leave on a last-minute trip. |
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|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **CBS This Morning** | CC |  |  |
| CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture. |
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|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sharon Osbourne, Sheryl Underwood, Eve and Carrie Ann Inaba on “The Talk” as they discuss current events, pop culture and trending topics of the day. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:00 am** |  | **Judge Judy Encore** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC |  |  |
| Thomas is conflicted when Hope Mannequin makes a dark demand. A romantic proposal of marriage is alarmingly interrupted. |
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|  | **ALL NEW EPISODES** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am. |
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|  | **ALL NEW EPISODES** |
|  | **12:00 pm** |  | **Dr Phil** | CC | PGCoarse Language,Mature Themes |  |
| Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness. |
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|  | **01:00 pm** |  | **To Be Advised** |  |  |  |
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|  | **ALL NEW EPISODES** |
|  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  |
| Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. |
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|  | **02:30 pm** |  | **Three Veg And Meat** (Rpt) | CC | G |  |
| Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet. |
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|  | **ALL NEW EPISODES** |
|  | **03:00 pm** |  | **Judge Judy** | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
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|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **Left Off The Map** | CC | G |  |
| Discover the untold stories, the quirky characters and the spectacular food of the island of Tasmania. |
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|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Farm To Fork** | CC | PG |  |
| Courtney Roulston, Michael Weldon and Sarah Todd highlight some of Australia's freshest and best produce to create recipes that will inspire you to recreate at home. |
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|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC |  |  |
| Zende and Zoe are forced to come to terms with their unspoken feelings for each other. Wyatt pleads Quinn’s case to Eric asking him to give her one last chance. |
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|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
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|  | **07:30 pm** |  | **Bondi Rescue** (Rpt) | CC | PGCoarse Language |  |
| It's Christmas at Bondi and hordes of revellers overwhelm lifeguards. Jake racks up hundreds of rescues on his jet ski and Jackson must run through the packed crowd to rescue a drunk woman in a rip. |
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|  | **08:00 pm** |  | **Bondi Rescue** (Rpt) | CC | PGCoarse Language,Drug Use,Mature Themes |  |
| It's New Year's Day and things get serious when a teenager overdoses. In the water Chappo pulls two teenagers onto his board, but faces a dilemma when two men further out start going under water. |
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|  | **SEASON FINALE** |
|  | **08:30 pm** |  | **Have You Been Paying Attention?** | CC |  |  |
| Have our contestants been paying attention? Our quizmaster & host Tom Gleisner are about to find out! |
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|  | **ALL NEW EPISODES** |
|  | **09:30 pm** |  | **Just For Laughs Australia** | CC | MSexual References,Coarse Language,Drug References |  |
| Just For Laughs Australia recorded live from the Sydney Opera House. Hosted by Nick Cody and featuring Ben Lomas, Melanie Bracewell, Rhys Nicholson, Aaron Chen, Georgie Carroll & Nath Valvo. |
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|  | **10:30 pm** |  | **Kinne Tonight** (Rpt) | CC | MSexual References,Coarse Language |  |
| Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **11:00 pm** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
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|  | **ALL NEW EPISODES** |
|  | **12:00 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
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|  | **01:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **CBS This Morning** | CC |  |  |
| CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture. |
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|  | **SYDNEY PROGRAM GUIDE** |
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| **Tuesday 24th November 2020** |
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|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sharon Osbourne, Sheryl Underwood, Eve and Carrie Ann Inaba on “The Talk” as they discuss current events, pop culture and trending topics of the day. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:00 am** |  | **Judge Judy Encore** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC |  |  |
| Zende and Zoe are forced to come to terms with their unspoken feelings for each other. Wyatt pleads Quinn’s case to Eric asking him to give her one last chance. |
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|  | **ALL NEW EPISODES** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am. |
|  |  |  |  |  |  |  |
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|  | **ALL NEW EPISODES** |
|  | **12:00 pm** |  | **Dr Phil** | CC | PGCoarse Language,Mature Themes |  |
| Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness. |
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|  | **01:00 pm** |  | **To Be Advised** |  |  |  |
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|  | **ALL NEW EPISODES** |
|  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  |
| Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. |
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|  | **02:30 pm** |  | **Three Veg And Meat** (Rpt) | CC | G |  |
| Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet. |
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|  | **SYDNEY PROGRAM GUIDE** |
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| **Tuesday 24th November 2020** |
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|  | **ALL NEW EPISODES** |
|  | **03:00 pm** |  | **Judge Judy** | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
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|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **Left Off The Map** | CC | G |  |
| Discover the untold stories, the quirky characters and the spectacular food of the island of Tasmania. |
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|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Farm To Fork** | CC | PG |  |
| Courtney Roulston, Michael Weldon and Sarah Todd highlight some of Australia's freshest and best produce to create recipes that will inspire you to recreate at home. |
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|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC |  |  |
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|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
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|  | **07:30 pm** |  | **Ambulance Australia: Ultimate Emergencies** (Rpt) | CC | MCoarse Language,Mature Themes |  |
| Behind the lights and sirens of Ambulance Australia the paramedics face their toughest and most touching emergency call outs. |
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|  | **SEASON PREMIERE** |
|  | **09:00 pm** |  | **NCIS** | CC |  | **Sturgeon Season** |
| Gibbs and Fornell attempt to track down the leader of a drug ring who supplied drugs to Fornell's daughter; the team deals with the case of a missing cadaver from the NCIS autopsy room. |
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|  | **10:00 pm** |  | **NCIS** (Rpt) | CC | MFrequent Violence | **The North Pole** |
| Gibbs and the team assist Ziva with "the one thing" she said she would need to take care of before returning to see her family. |
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|  | **11:00 pm** |  | **NCIS** (Rpt) | CC | M | **In The Wind** |
| Gibbs must face the reality of his actions after he assists Ziva with "the one thing" she said she would need to take care of before returning to her family. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **12:00 am** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
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|  | **ALL NEW EPISODES** |
|  | **01:00 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
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|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **CBS This Morning** | CC |  |  |
| CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture. |
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|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sharon Osbourne, Sheryl Underwood, Eve and Carrie Ann Inaba on “The Talk” as they discuss current events, pop culture and trending topics of the day. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:00 am** |  | **Judge Judy Encore** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC |  |  |
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|  | **ALL NEW EPISODES** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am. |
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|  | **ALL NEW EPISODES** |
|  | **12:00 pm** |  | **Dr Phil** | CC | PGCoarse Language,Mature Themes |  |
| Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **01:00 pm** |  | **Jamie's Quick & Easy Food Encore** (Rpt) | CC | G |  |
| Jamie shares his simple Sicilian tuna pasta, his delicious sticky teriyaki aubergine and finally asparagus, eggs & French dressing, the perfect food when you need something simple and stress-free. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **01:30 pm** |  | **Jamie's Quick & Easy Food Encore** (Rpt) | CC | G |  |
| Jamie prepares his mouthwatering pan-seared lamb, his pear & gorgonzola farfalle – a delicious sophisticated pasta treat and a tasty but speedy sticky hoisin chicken. |
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|  | **ALL NEW EPISODES** |
|  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  |
| Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. |
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|  | **02:30 pm** |  | **Three Veg And Meat** (Rpt) | CC | G |  |
| Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet. |
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|  | **ALL NEW EPISODES** |
|  | **03:00 pm** |  | **Judge Judy** | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
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|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **Left Off The Map** | CC | G |  |
| Discover the untold stories, the quirky characters and the spectacular food of the island of Tasmania. |
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|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Farm To Fork** | CC | PG |  |
| Courtney Roulston, Michael Weldon and Sarah Todd highlight some of Australia's freshest and best produce to create recipes that will inspire you to recreate at home. |
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|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC |  |  |
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|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
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|  | **SERIES PREMIERE** |
|  | **07:30 pm** |  | **Jamie's Easy Meals For Every Day** | CC | G |  |
| Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Bolognese and Roast Chicken. |
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|  | **ALL NEW EPISODES** |
|  | **08:00 pm** |  | **Jamie's Easy Meals For Every Day** | CC | G |  |
| Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Cauliflower and Chicken Kiev. |
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|  | **ALL NEW EPISODES** |
|  | **08:30 pm** |  | **The Masked Singer USA** | CC |  |  |
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|  | **ALL NEW EPISODES** |
|  | **09:30 pm** |  | **Bull** | CC |  |  |
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|  | **10:30 pm** |  | **Bull** (Rpt) | CC | MMature Themes | **The Flying Carpet** |
| Bull represents a large insurance company and its clients, married pizzeria owners who are being sued for negligence by a teenager who was injured while climbing their rooftop signage. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **11:30 pm** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
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|  | **ALL NEW EPISODES** |
|  | **12:30 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
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|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **CBS This Morning** | CC |  |  |
| CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture. |
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|  | **SYDNEY PROGRAM GUIDE** |
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|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sharon Osbourne, Sheryl Underwood, Eve and Carrie Ann Inaba on “The Talk” as they discuss current events, pop culture and trending topics of the day. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:00 am** |  | **Judge Judy Encore** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC |  |  |
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|  | **ALL NEW EPISODES** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am. |
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|  | **ALL NEW EPISODES** |
|  | **12:00 pm** |  | **Dr Phil** | CC | PGCoarse Language,Mature Themes |  |
| Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness. |
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|  | **01:00 pm** |  | **To Be Advised** |  |  |  |
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|  | **01:30 pm** |  | **To Be Advised** |  |  |  |
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|  | **ALL NEW EPISODES** |
|  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  |
| Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. |
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|  | **02:30 pm** |  | **Three Veg And Meat** (Rpt) | CC | G |  |
| Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet. |
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|  | **ALL NEW EPISODES** |
|  | **03:00 pm** |  | **Judge Judy** | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
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|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **Left Off The Map** | CC | G |  |
| Discover the untold stories, the quirky characters and the spectacular food of the island of Tasmania. |
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|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Farm To Fork** | CC | PG |  |
| Courtney Roulston, Michael Weldon and Sarah Todd highlight some of Australia's freshest and best produce to create recipes that will inspire you to recreate at home. |
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|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC |  |  |
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|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
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|  | **ALL NEW EPISODES** |
|  | **07:30 pm** |  | **Jamie's Easy Meals For Every Day** | CC | G |  |
| Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Cannelloni and Prawn Kebabs. |
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|  | **ALL NEW EPISODES** |
|  | **08:00 pm** |  | **Jamie's Easy Meals For Every Day** | CC | G |  |
| Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Roast Chicken and Salmon. |
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|  | **ALL NEW EPISODES** |
|  | **08:30 pm** |  | **Law & Order: S.V.U** | CC | MMature Themes | **Garland's Baptism By Fire** |
| Deputy Chief Garland is forced to put friendships to one side after his church pastor is arrested. What at first appears to be a case of embezzlement soon turns into something far more sinister.Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder, Demore Barnes |
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|  | **09:30 pm** |  | **Law & Order: S.V.U** (Rpt) | CC | MStrong Adult Themes | **The Burden Of Our Choices** |
| The squad clash with the fundamentalist parents of a pregnant teenaged runaway. All hell breaks loose when an extreme Ohio District Attorney issues arrest warrants to the SVU for accessory to murder.Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter ScanavinoGuest Starring: Zach Gilford, Peter Hermann |
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|  | **ALL NEW EPISODES** |
|  | **10:30 pm** |  | **This Is Us** | CC |  | **Forty Pt. 2** |
| The Pearsons gather to celebrate their 40th birthday while musing about the day they were born. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **11:30 pm** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
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|  | **ALL NEW EPISODES** |
|  | **12:30 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
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|  | **SYDNEY PROGRAM GUIDE** |
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| **Thursday 26th November 2020** |
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|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **CBS This Morning** | CC |  |  |
| CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture. |
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|  | **SYDNEY PROGRAM GUIDE** |
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|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **The Talk** | CC | PGMature Themes |  |
| Join hosts Sharon Osbourne, Sheryl Underwood, Eve and Carrie Ann Inaba on “The Talk” as they discuss current events, pop culture and trending topics of the day. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:00 am** |  | **Judge Judy Encore** (Rpt) | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **07:30 am** |  | **The Bold & The Beautiful Encore** (Rpt) | CC |  |  |
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|  | **ALL NEW EPISODES** |
|  | **08:00 am** |  | **Studio 10** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am. |
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|  | **ALL NEW EPISODES** |
|  | **12:00 pm** |  | **Dr Phil** | CC |  |  |
| Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **01:00 pm** |  | **The Living Room Encore** (Rpt) | CC | PG |  |
| The Living Room returns to 10! Amanda, Chris, Barry and Miguel are back to serve up a multitude of uplifting and inspiring stories, with the guarantee of laughs along the way. |
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|  | **ALL NEW EPISODES** |
|  | **02:00 pm** |  | **Entertainment Tonight** | CC |  |  |
| Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks. |
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|  | **02:30 pm** |  | **Three Veg And Meat** (Rpt) | CC | G |  |
| Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet. |
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|  | **ALL NEW EPISODES** |
|  | **03:00 pm** |  | **Judge Judy** | CC | PG |  |
| Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. |
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|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **Left Off The Map** | CC | G |  |
| Discover the untold stories, the quirky characters and the spectacular food of the island of Tasmania. |
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|  | **ALL NEW EPISODES** |
|  | **04:00 pm** |  | **Farm To Fork** | CC | PG |  |
| Courtney Roulston, Michael Weldon and Sarah Todd highlight some of Australia's freshest and best produce to create recipes that will inspire you to recreate at home. |
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|  | **ALL NEW EPISODES** |
|  | **04:30 pm** |  | **The Bold & The Beautiful** | CC |  |  |
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|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 pm** |  | **The Project** | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
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|  | **ALL NEW EPISODES** |
|  | **07:30 pm** |  | **The Living Room** | CC | PG |  |
| The Living Room returns to 10! Amanda, Chris, Barry and Miguel are back to serve up a multitude of uplifting and inspiring stories, with the guarantee of laughs along the way. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **08:30 pm** |  | **Have You Been Paying Attention? Encore** (Rpt) | CC |  |  |
| Have our contestants been paying attention? Our quizmaster & host Tom Gleisner are about to find out! |
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|  | **09:30 pm** |  | **To Be Advised** |  |  |  |
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|  | **10:30 pm** |  | **Hughesy, We Have A Problem** (Rpt) | CC | MSexual References,Coarse Language |  |
| Hughesy, Peter Helliar, Joel Creasey, Em Rusciano, Nikki Britton tackle the first world problems we just can't seem to solve. |
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|  | **SPECIAL ENCORE PRESENTATION** |
|  | **11:30 pm** |  | **The Project Encore** (Rpt) | CC |  |  |
| Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
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|  | **ALL NEW EPISODES** |
|  | **12:30 am** |  | **The Late Show With Stephen Colbert** | CC | PG |  |
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|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **05:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **05:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **SYDNEY PROGRAM GUIDE** |
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|  | **ALL NEW EPISODES** |
|  | **06:00 am** |  | **Reel Action** (Rpt) | CC |  | **Snapper Wash Fishing** |
| Guesty and his old snapper fishing mate “Captain” Mark Phillips cast big soft plastics in search of an elusive red. |
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|  | **ALL NEW EPISODES** |
|  | **06:30 am** |  | **Leading The Way** | CC | G |  |
| Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues. |
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|  | **07:00 am** |  | **Places We Go** (Rpt) | CC | G |  |
| Places We Go is series about real travel, hosted by real travellers. Jennifer Adams and Clint Bizzell take viewers on a journey to some of most stunning destinations around Australia and the World. |
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|  | **07:30 am** |  | **Whichcar** (Rpt) | CC | PG |  |
| Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV. |
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|  | **08:00 am** |  | **What's Up Down Under** (Rpt) | CC | G |  |
| Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks. |
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|  | **08:30 am** |  | **Buy To Build** (Rpt) | CC | G |  |
| Buy to Build offers a look at the country's latest display homes and land developments and matches the perfect combination for our weekly couple. |
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|  | **09:00 am** |  | **Healthy Homes** (Rpt) | CC | G |  |
| Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction. |
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|  | **09:30 am** |  | **Studio 10 Saturday** | CC | PG |  |
| Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am. |
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|  | **12:00 pm** |  | **Jamie Oliver: The Naked Chef Bares All** (Rpt) | CC | PGCoarse Language | **20 Years Of Jamie Oliver** |
| It's been 20 years since Jamie Oliver exploded onto our screens and into our homes, Jamie has changed how we cook and eat over the last two decades, but how has the past 20 years changed him? |
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|  | **01:00 pm** |  | **The Living Room Encore** (Rpt) | CC | PG |  |
| The Living Room returns to 10! Amanda, Chris, Barry and Miguel are back to serve up a multitude of uplifting and inspiring stories, with the guarantee of laughs along the way. |
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|  | **02:00 pm** |  | **Taste Of Australia With Hayden Quinn** (Rpt) | CC | G |  |
| Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy. |
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|  | **02:30 pm** |  | **Everyday Gourmet With Justine Schofield** (Rpt) | CC | G |  |
| Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet. |
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|  | **03:00 pm** |  | **10 Travlr Northern Territory** (Rpt) | CC |  | **10 Travlr Northern Territory** |
| Discover the people and places of the breathtaking Northern Territory. Explore all the ways this sunburnt region is unique͘ in every sense and learn that Summer in the NT is not what you might expect. |
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|  | **ALL NEW EPISODES** |
|  | **03:30 pm** |  | **Roads Less Travelled** | CC |  |  |
| An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia’s natural beauty. |
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|  | **04:00 pm** |  | **Left Off The Map** (Rpt) | CC | G |  |
| Discover the untold stories, the quirky characters and the spectacular food of the island of Tasmania. |
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|  | **04:30 pm** |  | **Farm To Fork** (Rpt) | CC | PG |  |
| Courtney Roulston, Michael Weldon and Sarah Todd highlight some of Australia's freshest and best produce to create recipes that will inspire you to recreate at home. |
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|  | **LIVE** |
|  | **05:00 pm** |  | **10 News First** | CC |  |  |
| Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. |
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|  | **SYDNEY PROGRAM GUIDE** |
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| **Saturday 28th November 2020** |
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|  | **MOVIE** |
|  | **06:00 pm** |  | **Madagascar: Escape 2 Africa** (Rpt) (2008) | CC | PGMild Violence |  |
| The zoo animals and their new friends try to fly back to New York City, but crash-land on an African wildlife refuge, where Alex is reunited with his parents and he learns about his royal heritage.Starring: Ben Stiller, Chris Rock, David Schwimmer, Jada Pinkett Smith, Sacha Baron Cohen, Alec Baldwin |
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|  | **MOVIE** |
|  | **07:45 pm** |  | **Sister Act** (Rpt) (1992) | CC | PGMild Violence |  |
| When sassy lounge singer Deloris witnesses a mob crime, she is forced to hide as a nun in a quiet convent where she turns the nuns' tone-deaf choir into a soulful chorus of swingin', singing sisters.Starring: Whoopi Goldberg, Maggie Smith, Kathy Najimy, Harvey Keitel, Wendy Makkena |
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|  | **MOVIE PREMIERE** |
|  | **09:45 pm** |  | **Three Summers** (2017) | CC | MCoarse Language |  |
| At a summer music festival, the feisty lead singer of an Irish folk band meets a folk music-hating Theremin player and sparks literally fly.Starring: Robert Sheehan, Rebecca Breeds, Magda Szubanski, John Waters, Deborah Mailman |
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|  | **11:50 pm** |  | **Blue Bloods** (Rpt) | CC | M | **Disrupted** |
| Erin helps Anthony protect his daughter and ex-wife from a dangerous psychiatric patient. Danny and his neighbor learn their kids are dating, and Frank has a run-in with community activists.Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Sami Gayle |
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|  | **01:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **01:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **02:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **SYDNEY PROGRAM GUIDE** |
|  |
| **Saturday 28th November 2020** |
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|  | **02:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **03:30 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **04:00 am** |  | **Home Shopping** (Rpt) |  |  | **Home Shopping** |
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|  | **ALL NEW EPISODES** |
|  | **04:30 am** |  | **Truth Link** |  | G |  |
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|  | **ALL NEW EPISODES** |
|  | **05:00 am** |  | **Hour Of Power** |  | G |  |
| Religious. |
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