



SYDNEY PROGRAM GUIDE

Sunday 16th July 2023

06:00 am Friends (Rpt)

CC G

The One With All The Rugby

Ross takes on a rugby challenge from some of Emily's old friends from England in order to impress her. Meanwhile, Chandler runs into Janice and tries to avoid restarting his relationship with her.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale

06:30 am Friends (Rpt)

CC PG

The One With The Fake Party

With two days left until Emily's departure back to England, Rachel throws a fake party for her, just so that she can see Joshua outside of work.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale

07:00 am Friends (Rpt)

CC PG

The One With The Free Porn

Chandler and Joey find an unscrambled porn channel on their TV and refuse to turn it off for fear of losing it. Meanwhile, Phoebe receives some surprising news.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale, Giovanni Ribisi, Debra Jo Rupp

07:30 am Friends (Rpt)

CC PG

The One With Rachel's New Dress

A very pregnant Phoebe is asked to name one of the triplets. Emily offers to show Susan around London. Rachel tries to prepare the perfect evening for herself and Joshua.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale, John Bennett Perry, Debra Jo Rupp

08:00 am The Middle (Rpt)

PG

Quarry Story, A

Mike gives Sue a job at the quarry, Axl helps Mike's dad fix the sink, Frankie has to work at Ehlert Motors for one more day to earn her expired paycheck, and Brick starts watching old game shows.

Starring: Patricia Heaton, Neil Flynn

08:30 am The Middle (Rpt)

PG

Hecks On A Train

Aunt Edie has passed away so the Hecks take a train to South Dakota to take her body to its final resting place.

Starring: Patricia Heaton, Neil Flynn



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09:00 am **The Middle** (Rpt)

PG

Valentine's Day VI

Brick learns that his quirky girlfriend wants him to kiss her on Valentine's Day. Axl struggles with the fact that his girlfriend doesn't want to do anything romantic.

Starring: Patricia Heaton, Neil Flynn

09:30 am **The Big Bang Theory** (Rpt)

PG

The Anxiety Optimization

When Sheldon becomes stuck in a rut with his work, the gang try to help him by raising his stress levels. Howard teases Raj with a game called 'Emily or Cinnamon'.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

10:00 am **The Big Bang Theory** (Rpt)

PG

The Troll Manifestation

Leonard and Sheldon defend themselves against criticism from an online bully, while the girls confront embarrassing moments from their pasts.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

Guest Starring: Stephen Hawking

10:30 am **The Middle** (Rpt)

PG

The Answer

Sue wants to back out of her engagement to Darrin, but she doesn't know how to do it. Meanwhile, Axl uses what he has learned in his psychology class to try and "cure" Brick.

Starring: Patricia Heaton, Neil Flynn

11:00 am **The Middle** (Rpt)

PG

Steaming Pile Of Guilt

Frankie is overwhelmed with guilt upon realising that she and the family forgot to celebrate Brick's 13th birthday; Sue wants to be included in the yearbook and Devin breaks up with Axl.

Starring: Patricia Heaton, Neil Flynn

11:30 am **Friends** (Rpt)

CC PG

The One With The Dirty Girl

Ross's new girlfriend seems nearly perfect until he visits her house. Chandler helps Joey pick out a thoughtful present for Kathy's birthday & Rachel attempts to finish a crossword puzzle by herself.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Paget Brewster, Rebecca Romijn, Gretchen Wyler



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Sunday 16th July 2023

12:00 pm Friends (Rpt)

CC PG

The One Where Chandler Crosses The Line

Chandler must decide between the girl of his dreams and his best friend when he and Kathy share a passionate kiss. Meanwhile, nobody wants to tell Ross how awful his keyboard playing is.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Paget Brewster

12:30 pm Friends (Rpt)

CC PG

The One With Chandler In A Box

Chandler agrees to spend Thanksgiving in a shipping crate as penance for kissing Kathy. The gang decides to give each other Secret Santa gifts.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Paget Brewster, Michael Vartan

01:00 pm Friends (Rpt)

CC PG

One Where They Are Going To Party! The

Chandler and Ross's college friend Gandalf is planning to come to town. Ross and Chandler are very excited until Gandalf cancels. However, they decide to make their own party with Joey's help.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

01:30 pm Friends (Rpt)

CC PG

The One With The Girl From Poughkeepsie

Ross must decide whether to continue dating a girl he must travel two-and-a-half hours to see. Chandler sets Rachel up with a coworker who misunderstands her intentions.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

02:00 pm Friends (Rpt)

CC PG

The One With Phoebe's Uterus

Phoebe considers her options when her brother asks her to carry their child. Joey works as a tour guide at Ross's museum. Meanwhile, Chandler fears that he can't meet Kathy's sexual expectations.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Paget Brewster, Teri Garr, Giovanni Ribisi, Debra Jo Rupp

02:30 pm Friends (Rpt)

CC PG

The One With The Embryos

Joey and Chandler guess all the items that Monica and Rachel had in a bag after coming home from the market. Meanwhile, Phoebe goes to the doctor to get the embryos implanted in her uterus.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Paget Brewster, Giovanni Ribisi, Debra Jo Rupp



SYDNEY PROGRAM GUIDE

Sunday 16th July 2023

03:00 pm **Friends** (Rpt)

CC PG

The One With Rachel's Crush

Chandler can't deal with the fact that Kathy simulates sex, with a very handsome man in her new play. Meanwhile, Monica wants to play hostess again now that Joey has the bigger apartment.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Paget Brewster

03:30 pm **Friends** (Rpt)

CC PG

The One With Joey's Dirty Day

After a three-day fishing trip with his dad, Joey is in a jam when he doesn't have time to take a shower before going to the set of Charlton Heston's new movie.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale, Charlton Heston

04:00 pm **Friends** (Rpt)

CC G

The One With All The Rugby

Ross takes on a rugby challenge from some of Emily's old friends from England in order to impress her. Meanwhile, Chandler runs into Janice and tries to avoid restarting his relationship with her.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale

04:30 pm **The Middle** (Rpt)

PG

Flirting With Disaster

Frankie fears that her bad remark about Axl's hot friend may have been overheard. Sue takes Brick to a Planet Nowhere convention. Tag asks Mike for help on his driver's test.

Starring: Patricia Heaton, Neil Flynn

05:00 pm **The Middle** (Rpt)

PG

The Waiting Game

Frankie nervously waits to see if Sue got into any of the colleges she applied to.

Starring: Patricia Heaton, Neil Flynn

05:30 pm **The Middle** (Rpt)

PG

Operation Infiltration

Frankie accompanies Brick on a school field trip and attempts to help her socially inept son make friends with a couple of boys.

Starring: Patricia Heaton, Neil Flynn



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Sunday 16th July 2023

06:00 pm **The Big Bang Theory** (Rpt)

PG

The Septum Deviation

Sheldon panics when Leonard announces he has to go into the hospital for surgery and Raj discovers his parents have divorced.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

06:25 pm **The Big Bang Theory** (Rpt)

PG

The Champagne Reflection

While Sheldon retires "Fun With Flags", Leonard, Howard and Raj look for something significant in a dead professor's research, and Bernadette finds out what her colleagues really think of her.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

06:50 pm **The Big Bang Theory** (Rpt)

PG

The Clean Room Infiltration

Amy hosts a traditional Victorian Christmas Eve dinner as Raj's father comes to visit, while the guys try to shoo out a bird they let into the university clean room.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

07:15 pm **The Big Bang Theory** (Rpt)

PG

The Space Probe Disintegration

Raj worries a probe he designed will not work in outer space, while Leonard and Sheldon go shopping with Penny and Amy.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

07:40 pm **The Big Bang Theory** (Rpt)

PG

The Anxiety Optimization

When Sheldon becomes stuck in a rut with his work, the gang try to help him by raising his stress levels. Howard teases Raj with a game called 'Emily or Cinnamon'.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

08:05 pm **The Big Bang Theory** (Rpt)

PG

The Troll Manifestation

Leonard and Sheldon defend themselves against criticism from an online bully, while the girls confront embarrassing moments from their pasts.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

Guest Starring: Stephen Hawking



SYDNEY PROGRAM GUIDE

Sunday 16th July 2023

08:30 pm **The Big Bang Theory** (Rpt)

M
Sexual References

The Colonization Application

A trip to the pet store ends in a fight after Amy learns Sheldon has applied for a one-way mission to colonise Mars. Meanwhile, Leonard surprises Penny and Raj gets into trouble snooping.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

09:00 pm **Friends** (Rpt)

CC PG

The One With The Fake Party

With two days left until Emily's departure back to England, Rachel throws a fake party for her, just so that she can see Joshua outside of work.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale

09:30 pm **Friends** (Rpt)

CC PG

The One With The Free Porn

Chandler and Joey find an unscrambled porn channel on their TV and refuse to turn it off for fear of losing it. Meanwhile, Phoebe receives some surprising news.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale, Giovanni Ribisi, Debra Jo Rupp

10:00 pm **Friends** (Rpt)

CC PG

The One With Rachel's New Dress

A very pregnant Phoebe is asked to name one of the triplets. Emily offers to show Susan around London. Rachel tries to prepare the perfect evening for herself and Joshua.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale, John Bennett Perry, Debra Jo Rupp

10:30 pm **Friends** (Rpt)

CC PG

The One With All The Haste

Ross wants Emily to stay as she prepares to leave again. Phoebe is wearing "Santa" pants. Monica and Rachel try to bribe Joey and Chandler into giving up their apartment for Knicks tickets.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale, Michael Condor

11:00 pm **Friends** (Rpt)

CC PG

The One With All The Wedding Dresses

A snoring Joey is keeping Chandler awake, forcing Chandler to take him to a sleep clinic. Ross asks Monica to pick up Emily's wedding dress for him, and Monica decides to try it on.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow



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Sunday 16th July 2023

11:30 pm **Friends** (Rpt)

CC PG

The One With The Invitation

Ross and Emily discuss who to invite to their wedding. He wants to invite Rachel while Emily thinks it's odd.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale

12:00 am **Home Shopping** (Rpt)

Home Shopping

12:30 am **Home Shopping** (Rpt)

Home Shopping

01:00 am **Home Shopping** (Rpt)

Home Shopping

01:30 am **Late Late Show With James Corden** (Rpt)

M

Max Greenfield; Alec Benjamin

Join James Corden, the lovable Englishman of late night television as he chats with guests Max Greenfield & Alec Benjamin.

02:30 am **Late Late Show With James Corden** (Rpt)

M

Colin Hanks, Mackenzie Davis

The Late Late Show host James Corden chats with Colin Hanks about his role in the Paramount+ mini series "The Offer" and is joined by Canadian actress Mackenzie Davis.

03:30 am **The Bold And The Beautiful** (Rpt)

CC PG

Thomas makes a surprise visit to a guilty Hope just to prove a point. Meanwhile, Ridge confides in Shauna that he may have lost Thomas forever.

04:00 am **The Bold And The Beautiful** (Rpt)

CC PG

Shauna proves to Ridge that she is there for him when Brooke is not. Meanwhile, Thomas taunts Brooke to tell Ridge the truth about the secret she's been keeping.

04:30 am **Home Shopping** (Rpt)

Home Shopping

05:00 am **Home Shopping** (Rpt)

Home Shopping

05:30 am **Home Shopping** (Rpt)

Home Shopping



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06:00 am Friends (Rpt)

CC PG

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Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale, Michael Condor

06:30 am Friends (Rpt)

CC PG

The One With All The Wedding Dresses

A snoring Joey is keeping Chandler awake, forcing Chandler to take him to a sleep clinic. Ross asks Monica to pick up Emily's wedding dress for him, and Monica decides to try it on.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

07:00 am The Big Bang Theory (Rpt)

PG

The Comic Book Store Regeneration

Howard receives some shocking news as everyone prepares for the re-opening of the comic book store. Meanwhile, Penny tries to teach Sheldon how to "let it go", but can't follow her own advice.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

07:30 am The Big Bang Theory (Rpt)

PG

The Intimacy Acceleration

Sheldon and Penny agree to participate in an unusual experiment. Leonard, Amy, Raj and Emily spend the evening trying to escape a room with a "zombie".

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

08:00 am Friends (Rpt)

CC PG

The One With The Invitation

Ross and Emily discuss who to invite to their wedding. He wants to invite Rachel while Emily thinks it's odd.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale

08:30 am Friends (Rpt)

CC PG

The One With The Worst Best Man Ever

Phoebe is tired of being pregnant and experiencing major mood swings. Ross chooses Joey as his best man, so Joey begins planning a bachelor party, while the girls decide to throw Phoebe a baby shower.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale



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Monday 17th July 2023

09:00 am Friends (Rpt)

CC PG

The One With Ross's Wedding Part 1

The gang, minus Phoebe and Rachel, travels to London to prepare for Ross' wedding. While in London, Chandler gets annoyed with Joey's overexcited antics.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale, Richard Branson, Sarah Ferguson

09:30 am The Big Bang Theory (Rpt)

PG

The Leftover Thermalization

Tension arises when a magazine fails to mention Leonard in an article about the paper he co-wrote with Sheldon, and a blackout at Mrs. Wolowitz's home leads to a final family dinner in her honor.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

10:00 am The Big Bang Theory (Rpt)

PG

The Skywalker Incursion

When Leonard and Sheldon are invited to speak at UC Berkeley, they take a detour to try and meet one of their idols.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

10:30 am Friends (Rpt)

CC PG

The One With Ross's Wedding Part 2

Phoebe tries to get in touch with someone to warn them that Rachel's on the way to the wedding. Meanwhile, Ross and Emily's parents meet at the wedding rehearsal dinner.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale, Tom Conti, Elliott Gould, Hugh Laurie, Jennifer Saunders, June Whitfield, Christina Pickles

11:00 am Friends (Rpt)

CC PG
WS

The One After Ross Says Rachel

In the aftermath of his Freudian slip, Ross tries to rescue his marriage with Emily. Meanwhile, Chandler and Monica try and find a moment alone in order to continue their affair while overseas.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale, Tom Conti, Elliott Gould, Jennifer Saunders, June Whitfield, Christina Pickles

11:30 am The Middle (Rpt)

PG

Siblings And Sombreros

Frankie takes an unconventional approach to an argument between Sue and Axl over a sombrero. Mike is shocked to learn that Brick has been awarded with the middle school's Athlete.

Starring: Patricia Heaton, Neil Flynn



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Monday 17th July 2023

12:00 pm **The Middle** (Rpt)

PG

Food Courting

Brick gets in trouble for disrespecting his mother, Axl refuses to come to town to help Mike after his 21st birthday, and Sue gets a job offer from a competitor at the food court.

Starring: Patricia Heaton, Neil Flynn

12:30 pm **The Middle** (Rpt)

PG

Two Of A Kind

Frankie and Mike find themselves caught in the middle of a long standing family feud when Frankie's Uncle Dutch contacts her dad.

Starring: Patricia Heaton, Neil Flynn

01:00 pm **The Big Bang Theory** (Rpt)

PG
Sexual References

The Fortification Implementation

Howard meets the half-brother he never knew he had. Penny is invited to appear on Wil Wheaton's podcast.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

Guest Starring: Kevin Smith, Wil Wheaton

01:30 pm **The Big Bang Theory** (Rpt)

PG

The Communication Deterioration

When Raj is asked to create a message on the off chance a NASA mission discovers alien life, the guys fight over what he should do, while Penny contemplates returning to acting.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

02:00 pm **The Big Bang Theory** (Rpt)

PG

The Graduation Transmissio

Howard questions his engineering abilities when he and Sheldon can't get a toy drone to fly. A cancelled flight nearly prevents Leonard from giving the commencement address at his former high school.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

02:30 pm **The Big Bang Theory** (Rpt)

PG

The Maternal Combustion

Personalities collide when Leonard and Sheldon's mothers meet for the first time. Bernadette reaches her limit with Howard and Stuart.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

Guest Starring: Christine Baranski, Laurie Metcalf



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Monday 17th July 2023

03:00 pm **The King Of Queens** (Rpt)

PG

Taste Buds

Doug manipulates Carrie via Arthur to get things done his way. Meanwhile, Spence is first on line to see a new movie.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

03:30 pm **The King Of Queens** (Rpt)

PG

Bed Spread

After Doug breaks their bed, Doug and Carrie find that temporarily having separate beds is improving their marriage.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

04:00 pm **Becker** (Rpt)

CC PG
WS

I Have Friends I Haven't Used Yet

Becker's old college roommate Rick Cooper, who is a recovering alcoholic, comes to town to make amends. Meanwhile, Linda accuses Margaret of having an affair.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

Guest Starring: Kelsey Grammer

04:30 pm **Becker** (Rpt)

CC PG
WS

The Pain In The Neck

Becker's patient turns to Christian Science; Linda continues her long distance relationship as an LA Woman; Bob discovers he's 1/64th Native American.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

Guest Starring: Kelsey Grammer

05:00 pm **Frasier** (Rpt)

PG

Daphne Hates Sherry

Sherry's meddling in Daphne's personal life hits a new low when she hands out Daphne's phone number to strangers.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler

Guest Starring: Marsha Mason

05:30 pm **Frasier** (Rpt)

PG

Are You Being Served?

Niles seeks counsel from both Martin and Frasier when Maris serves him with divorce papers.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler



SYDNEY PROGRAM GUIDE

Monday 17th July 2023

06:00 pm **Friends** (Rpt)

CC PG
WS

The One With All The Kissing

Ross continues to try and mend his marriage to Emily. When Chandler accidentally kisses Monica in front of everyone before leaving for work, he tries to recover by kissing everyone.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

06:30 pm **Friends** (Rpt)

CC PG
WS

The One-Hundredth

Phoebe goes into labour and is stuck with a doctor who is obsessed with the show "Happy Days". While Phoebe delivers triplets, Joey experiences his own pain from kidney stones.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Giovanni Ribisi, Debra Jo Rupp

07:00 pm **Friends** (Rpt)

CC PG
WS

The One Where Phoebe Hates Pbs

The gang discovers that Phoebe hates PBS after Joey agrees to help out with a pledge drive. Emily tells Ross she'll give him a second chance only if he cuts all ties with Rachel.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale

07:30 pm **Friends** (Rpt)

CC PG
WS

The One With The Kips

Chandler and Monica plan a trip to Atlantic City for some private time. Ross has to tell Rachel that he can't be friends with her anymore.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

08:00 pm **The Big Bang Theory** (Rpt)

PG
Sexual References

The Commitment Determination

As Sheldon presses Leonard and Penny to set a wedding date, he encounters major changes in his relationship with Amy. Meanwhile, Howard and Bernadette struggle to ask Stuart to move out.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

08:30 pm **The Big Bang Theory** (Rpt)

PG
Sexual References

The Matrimonial Momentum

Penny struggles with Leonard's confession that he kissed another woman as they prepare to get married in Las Vegas. Sheldon doesn't know what to do after Amy pushes pause on their relationship.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar



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09:00 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Separation Oscillation

Leonard and Penny try to work through their marital issues. Sheldon films a special episode of 'Fun with Flags' and Bernadette feels guilty about withholding a secret from Penny.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

09:30 pm Seinfeld (Rpt)

CC PG

The Heart Attack

After suffering what he thinks is a heart attack, George discovers he has inflamed tonsils and seeks alternative medicine to heal.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

Guest Starring: Stephen Tobolowsky

10:00 pm Seinfeld (Rpt)

CC PG

The Deal

Jerry and Elaine believe that they have found a foolproof way to start having sex again yet still remain just friends, but they quickly start encountering problems.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

10:30 pm Seinfeld (Rpt)

CC PG

The Baby Shower

Kramer convinces Jerry to get illegal cable. Elaine holds a baby shower for a former girlfriend of George, on whom he wants revenge for a callous incident.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

11:00 pm Seinfeld (Rpt)

CC G

The Chinese Restaurant

Jerry, Elaine and George stop for a quick Chinese meal before seeing "Plan 9 From Outer Space", but George needs the payphone he can't have, Jerry needs the name he can't recall and Elaine needs food.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander

Guest Starring: James Hong

11:30 pm Seinfeld (Rpt)

CC PG

The Busboy

George tries to apologise to a busboy after one of his comments got him fired, but he only makes things worse. Elaine tries to get a male houseguest out of her apartment.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards



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12:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
12:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
01:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
01:30 am	Late Late Show With James Corden (Rpt)	M	<p><u>Live From London: President Joe Biden, Billie Eilish, David Harbour, Alanis Morissette</u></p> <p>The Late Late Show returns to the UK with a lineup of A-list guests. Tonight, "Take a Break: White House" with President Joe Biden, plus Billie Eilish, David Harbour, and music from Alanis Morissette</p>
02:30 am	Late Late Show With James Corden (Rpt)	M Mature Themes	<p><u>Colin Farrell, Brendan Gleeson, Stand-Up Comedy Performance By Chris Martin</u></p> <p>Join James Corden as Colin Farrell and Brendan Gleeson talk about their performances in the Oscar-nominated The Banshees of Inisherin, followed by stand-up comedy from Chris Martin.</p>
03:30 am	Seinfeld (Rpt)	CC PG	<p><u>The Heart Attack</u></p> <p>After suffering what he thinks is a heart attack, George discovers he has inflamed tonsils and seeks alternative medicine to heal.</p> <p>Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards</p> <p>Guest Starring: Stephen Tobolowsky</p>
04:00 am	Seinfeld (Rpt)	CC PG	<p><u>The Deal</u></p> <p>Jerry and Elaine believe that they have found a foolproof way to start having sex again yet still remain just friends, but they quickly start encountering problems.</p> <p>Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards</p>
04:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
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SYDNEY PROGRAM GUIDE

Tuesday 18th July 2023

06:00 am **The Late Show With Stephen Colbert** CC PG
(Rpt)

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

07:00 am **Becker** (Rpt) CC PG
WS

I Have Friends I Haven't Used Yet

Becker's old college roommate Rick Cooper, who is a recovering alcoholic, comes to town to make amends. Meanwhile, Linda accuses Margaret of having an affair.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

Guest Starring: Kelsey Grammer

07:30 am **Becker** (Rpt) CC PG
WS

The Pain In The Neck

Becker's patient turns to Christian Science; Linda continues her long distance relationship as an LA Woman; Bob discovers he's 1/64th Native American.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

Guest Starring: Kelsey Grammer

08:00 am **Seinfeld** (Rpt) CC PG

The Baby Shower

Kramer convinces Jerry to get illegal cable. Elaine holds a baby shower for a former girlfriend of George, on whom he wants revenge for a callous incident.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

08:30 am **Seinfeld** (Rpt) CC G

The Chinese Restaurant

Jerry, Elaine and George stop for a quick Chinese meal before seeing "Plan 9 From Outer Space", but George needs the payphone he can't have, Jerry needs the name he can't recall and Elaine needs food.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander

Guest Starring: James Hong

09:00 am **Seinfeld** (Rpt) CC PG

The Busboy

George tries to apologise to a busboy after one of his comments got him fired, but he only makes things worse. Elaine tries to get a male houseguest out of her apartment.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards



SYDNEY PROGRAM GUIDE

Tuesday 18th July 2023

09:30 am **The King Of Queens** (Rpt)

PG

Taste Buds

Doug manipulates Carrie via Arthur to get things done his way. Meanwhile, Spence is first on line to see a new movie.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

10:00 am **The King Of Queens** (Rpt)

PG

Bed Spread

After Doug breaks their bed, Doug and Carrie find that temporarily having separate beds is improving their marriage.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

10:30 am **Frasier** (Rpt)

PG

Daphne Hates Sherry

Sherry's meddling in Daphne's personal life hits a new low when she hands out Daphne's phone number to strangers.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler

Guest Starring: Marsha Mason

11:00 am **Frasier** (Rpt)

PG

Are You Being Served?

Niles seeks counsel from both Martin and Frasier when Maris serves him with divorce papers.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler

11:30 am **Becker** (Rpt)

CC PG
WS

I Have Friends I Haven't Used Yet

Becker's old college roommate Rick Cooper, who is a recovering alcoholic, comes to town to make amends. Meanwhile, Linda accuses Margaret of having an affair.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

Guest Starring: Kelsey Grammer

12:00 pm **Becker** (Rpt)

CC PG
WS

The Pain In The Neck

Becker's patient turns to Christian Science; Linda continues her long distance relationship as an LA Woman; Bob discovers he's 1/64th Native American.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

Guest Starring: Kelsey Grammer



SYDNEY PROGRAM GUIDE

Tuesday 18th July 2023

12:30 pm **Seinfeld** (Rpt)

CC PG

The Heart Attack

After suffering what he thinks is a heart attack, George discovers he has inflamed tonsils and seeks alternative medicine to heal.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

Guest Starring: Stephen Tobolowsky

01:00 pm **Seinfeld** (Rpt)

CC PG

The Deal

Jerry and Elaine believe that they have found a foolproof way to start having sex again yet still remain just friends, but they quickly start encountering problems.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

01:30 pm **Seinfeld** (Rpt)

CC PG

The Baby Shower

Kramer convinces Jerry to get illegal cable. Elaine holds a baby shower for a former girlfriend of George, on whom he wants revenge for a callous incident.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

02:00 pm **Seinfeld** (Rpt)

CC G

The Chinese Restaurant

Jerry, Elaine and George stop for a quick Chinese meal before seeing "Plan 9 From Outer Space", but George needs the payphone he can't have, Jerry needs the name he can't recall and Elaine needs food.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander

Guest Starring: James Hong

02:30 pm **Seinfeld** (Rpt)

CC PG

The Busboy

George tries to apologise to a busboy after one of his comments got him fired, but he only makes things worse. Elaine tries to get a male houseguest out of her apartment.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

03:00 pm **The King Of Queens** (Rpt)

PG

Pole Lox

Doug convinces Carrie to take pole dancing lessons, but is disappointed when she puts on a show for him.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt



SYDNEY PROGRAM GUIDE

Tuesday 18th July 2023

03:30 pm **The King Of Queens** (Rpt)

PG

Vocal Discord

When Doug and Carrie accidentally get a transcription of one of their arguments, they decide marriage counselling might not be a bad idea.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

04:00 pm **Becker** (Rpt)

CC PG
WS

Nightmare On Becker Street

Becker's neighbour Mrs Firth takes a liking to him; the diner acquires a seemingly invincible fly; Linda breaks up with her long distance boyfriend.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

04:30 pm **Becker** (Rpt)

CC PG
WS

The Job

Fed up with his practice, John applies for a research position in Baltimore - without telling his friends. His suspicious behaviour then leads them to believe he's either sick or on drugs.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

05:00 pm **Frasier** (Rpt)

PG

Ask Me No Questions

Frasier is touched when Niles asks his advice on whether he and Maris are meant to be together.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

05:30 pm **Frasier** (Rpt)

PG

Odd Man Out

After dining at a "couples" restaurant alone, Frasier realises the void that single living leaves in his life. Guest Starring: "Terminator's" Sarah Connor, Linda Hamilton.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

Guest Starring: Linda Hamilton

06:00 pm **Friends** (Rpt)

CC PG
WS

The One With The Yeti

Monica and Rachel are afraid of a hairy new neighbour until he gets a haircut. Phoebe is surprised that she enjoys wearing mink. Ross confronts Emily and refuses to stop associating with Rachel.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale



SYDNEY PROGRAM GUIDE

Tuesday 18th July 2023

06:30 pm Friends (Rpt)

CC PG
WS

The One Where Ross Moves In

After getting kicked out of his apartment, Ross moves in temporarily with Chandler and Joey, driving all three of them crazy. Phoebe dates a health inspector.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

07:00 pm Friends (Rpt)

CC PG
WS

The One With All The Thanksgivings

The gang reminisce past terrible Thanksgiving experiences, and Chandler tells Monica that he loves her.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Morgan Fairchild, Elliott Gould, Christina Pickles

07:30 pm Friends (Rpt)

CC PG
WS

The One With Ross's Sandwich

Ross becomes upset when someone at work takes his sandwich from the refrigerator and eats it. Joey finds himself in a terrible mess when he tries to cover for Chandler and Monica's dating.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

08:00 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Bachelor Party Corrosion

The guys's skills are put to the test when they get a flat tire on the way to Mexico for Leonard's bachelor party. The girls throw Penny a mini-bachelorette party.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

08:30 pm The Big Bang Theory (Rpt)

PG

The 2003 Approximation

An impending change to his living arrangements inspires Sheldon to revert to 2003, before he met Penny and Leonard. Raj and Howard form a band for the comic book store.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

09:00 pm The Big Bang Theory (Rpt)

PG

The Perspiration Implementation

Kripke expresses interest in Amy while leading a fencing lesson for the guys. Meanwhile, Stuart seeks help from the girls in getting more women interested in the comic book store.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar



SYDNEY PROGRAM GUIDE

Tuesday 18th July 2023

09:30 pm Mom (Rpt)

PG
Mature Themes

Texas Pete And A Parking Lot Carnival

With Bonnie's therapist Trevor in a stupor over his divorce, it's up to Bonnie and Tammy to bring him back to reality. Also, Christy comes to Marjorie's aid when she has trouble adjusting to a new job

Starring: Allison Janney, Anna Faris, Jaime Pressly, William Fichtner, Kristen Johnston

Guest Starring: Rainn Wilson

09:55 pm Mom (Rpt)

PG
Mature Themes

Big Sad Eyes And An Antique Hot Dog

The ladies' friendships are tested when they live in close quarters during a sober retreat.

Starring: Allison Janney, Anna Faris, Jaime Pressly, Kristen Johnston, Mimi Kennedy, Beth Hall

10:20 pm Becker (Rpt)

CC PG
WS

Nightmare On Becker Street

Becker's neighbour Mrs Firth takes a liking to him; the diner acquires a seemingly invincible fly; Linda breaks up with her long distance boyfriend.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

10:45 pm Becker (Rpt)

CC PG
WS

The Job

Fed up with his practice, John applies for a research position in Baltimore - without telling his friends. His suspicious behaviour then leads them to believe he's either sick or on drugs.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

11:10 pm Frasier (Rpt)

PG

Ask Me No Questions

Frasier is touched when Niles asks his advice on whether he and Maris are meant to be together.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

11:35 pm Frasier (Rpt)

PG

Odd Man Out

After dining at a "couples" restaurant alone, Frasier realises the void that single living leaves in his life. Guest Starring: "Terminator's" Sarah Connor, Linda Hamilton.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

Guest Starring: Linda Hamilton



SYDNEY PROGRAM GUIDE

Tuesday 18th July 2023

12:00 am Home Shopping (Rpt)

[Home Shopping](#)

12:30 am Home Shopping (Rpt)

[Home Shopping](#)

01:00 am Home Shopping (Rpt)

[Home Shopping](#)

01:30 am **The Late Show With Stephen Colbert** (Rpt) CC PG

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

02:30 am **Late Late Show With James Corden** (Rpt) M
Mature Themes

[Bob Odenkirk, Melanie Lynskey, Tori Kelly](#)

James Corden chats with Bob Odenkirk of the new comedy series Lucky Hank, Melanie Lynskey of the psychological thriller Yellowjackets and emotive gospel singer Tori Kelly performs.

03:30 am **The Bold And The Beautiful** (Rpt) CC PG

Hope and Thomas share the news that she is his new mother to an elated Douglas. Meanwhile, In an emotionally charged moment, Brooke and Ridge's relationship becomes forever changed.

04:00 am **The Bold And The Beautiful** (Rpt) CC PG

Separately, Brooke tells Liam and Hope while Ridge tells Shauna what happened last night. Meanwhile, Hope comes clean with Liam about her encounter with Thomas at Forrester Creations.

04:30 am Home Shopping (Rpt)

[Home Shopping](#)

05:00 am Home Shopping (Rpt)

[Home Shopping](#)

05:30 am Home Shopping (Rpt)

[Home Shopping](#)



SYDNEY PROGRAM GUIDE

Wednesday 19th July 2023

06:00 am **The Late Show With Stephen Colbert** CC PG
(Rpt)

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

07:00 am **The Middle** (Rpt) PG

While You Were Sleeping

Frankie and Mike's date night is ruined when both fall asleep; Axl and Brick try to invent the next big thing and Sue is invited to the prom by a handsome store greeter.

Starring: Patricia Heaton, Neil Flynn

07:30 am **The Middle** (Rpt) PG

Mother's Day Reservations

Mike's incompetence threatens to ruin Frankie's Mother's Day. Mike tells Axl, Sue, and Brick to put some effort into a gift for Frankie. Frankie asks the kids how they would differ from her as parents

Starring: Patricia Heaton, Neil Flynn

08:00 am **Friends** (Rpt) CC PG
WS

The One With All The Kissing

Ross continues to try and mend his marriage to Emily. When Chandler accidentally kisses Monica in front of everyone before leaving for work, he tries to recover by kissing everyone.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

08:30 am **Friends** (Rpt) CC PG
WS

The One-Hundredth

Phoebe goes into labour and is stuck with a doctor who is obsessed with the show "Happy Days". While Phoebe delivers triplets, Joey experiences his own pain from kidney stones.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Giovanni Ribisi, Debra Jo Rupp

09:00 am **Friends** (Rpt) CC PG
WS

The One Where Phoebe Hates Pbs

The gang discovers that Phoebe hates PBS after Joey agrees to help out with a pledge drive. Emily tells Ross she'll give him a second chance only if he cuts all ties with Rachel.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Helen Baxendale



SYDNEY PROGRAM GUIDE

Wednesday 19th July 2023

09:30 am **The King Of Queens** (Rpt)

PG

Pole Lox

Doug convinces Carrie to take pole dancing lessons, but is disappointed when she puts on a show for him.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

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PG

Vocal Discord

When Doug and Carrie accidentally get a transcription of one of their arguments, they decide marriage counselling might not be a bad idea.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

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PG

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Frasier is touched when Niles asks his advice on whether he and Maris are meant to be together.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

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Odd Man Out

After dining at a "couples" restaurant alone, Frasier realises the void that single living leaves in his life. Guest Starring: "Terminator's" Sarah Connor, Linda Hamilton.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

Guest Starring: Linda Hamilton

11:30 am **Becker** (Rpt)

CC PG
WS

Nightmare On Becker Street

Becker's neighbour Mrs Firth takes a liking to him; the diner acquires a seemingly invincible fly; Linda breaks up with her long distance boyfriend.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

12:00 pm **Becker** (Rpt)

CC PG
WS

The Job

Fed up with his practice, John applies for a research position in Baltimore - without telling his friends. His suspicious behaviour then leads them to believe he's either sick or on drugs.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert



SYDNEY PROGRAM GUIDE

Wednesday 19th July 2023

12:30 pm **The Big Bang Theory** (Rpt)

PG
Sexual References

The Commitment Determination

As Sheldon presses Leonard and Penny to set a wedding date, he encounters major changes in his relationship with Amy. Meanwhile, Howard and Bernadette struggle to ask Stuart to move out.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

01:00 pm **The Big Bang Theory** (Rpt)

PG
Sexual References

The Matrimonial Momentum

Penny struggles with Leonard's confession that he kissed another woman as they prepare to get married in Las Vegas. Sheldon doesn't know what to do after Amy pushes pause on their relationship.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

01:30 pm **The Middle** (Rpt)

PG

The Graduate

Sue prepares for her graduation and worries the day won't go perfectly. Meanwhile, Brick gets the opportunity to skip a year in school and Axl grows concerned about Devin's fun summer pictures.

Starring: Patricia Heaton, Neil Flynn

02:00 pm **The Middle** (Rpt)

PG

Risky Business

Frankie is stunned when Mike wants in on one of his brother's crazy business ideas. Axl desperately tries to prove that he is capable of riding his dad's motorcycle.

Starring: Patricia Heaton, Neil Flynn

02:30 pm **The Middle** (Rpt)

PG

Land Of The Lost

Sue's chance at a big date is ruined when she loses Brick, who is visiting her on campus. Mike is down and Frankie brings in reinforcements to find out why.

Starring: Patricia Heaton, Neil Flynn

03:00 pm **The King Of Queens** (Rpt)

PG

Consummate Professional

Carrie finds out that while dating, Doug lied about getting a job to get her to sleep with him.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt



SYDNEY PROGRAM GUIDE

Wednesday 19th July 2023

03:30 pm **The King Of Queens** (Rpt)

PG

Like Hell

Doug and Carrie both have feelings of not being entirely popular at their workplaces, and both overcompensate to rectify the situation.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

04:00 pm **Becker** (Rpt)

CC PG
WS

Thanks For Not Smoking

John feels like climbing the walls after Chris bans smoking from the diner; Bob convinces Jake that Amanda is cheating on him; Linda persuades John to treat a friend's dog.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

04:30 pm **Becker** (Rpt)

CC PG
WS

Amanda Moves Out

Becker's in withdrawal from cigarettes and driving everybody crazy; Jake's girlfriend leaves him for a deliveryman; Chris awaits her delivery of Supersculpt Leave-In Hair Conditioner.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

05:00 pm **Frasier** (Rpt)

PG

Frasier's Imaginary Friend

Frasier returns from Acapulco after a torrid affair with a supermodel/zoologist who's sworn him to secrecy regarding her identity. Will anyone believe Frasier when he finally divulges her identity?

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler

Guest Starring: Sela Ward

05:30 pm **Frasier** (Rpt)

PG

The Gift Horse

Frasier and Niles compete to buy their father the best birthday present, culminating with Niles buying Martin's old police horse and Frasier giving him a huge television.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

Guest Starring: Marsha Mason

06:00 pm **Friends** (Rpt)

CC PG
WS

The One With The Inappropriate Sister

Phoebe collects money for the Salvation Army during the holidays. A bored Ross creates havoc in Joey and Chandler's lives. Rachel is disturbed by her date's inappropriate relationship with his sister.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow



SYDNEY PROGRAM GUIDE

Wednesday 19th July 2023

06:30 pm Friends (Rpt)

CC PG
WS

The One With All The Resolutions

The friends all make New Year's resolutions, but it looks like Rachel's resolution to stop gossiping is going to be the hardest to keep when she finds out about Chandler and Monica's dating.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

07:00 pm Friends (Rpt)

CC PG
WS

The One With Chandler's Work Laugh

An upset Ross dates Janice after discovering that Emily is getting remarried. Monica hates the fake laugh that Chandler uses in response to his boss' terrible jokes.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

07:30 pm Friends (Rpt)

CC PG
WS

The One With Joey's Bag

Phoebe meets her father at her grandmother's funeral. Chandler discovers that Monica gives bad massages. Rachel dresses Joey for an audition, complete with a man's shoulder bag.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Bob Balaban

08:00 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Helium Insufficiency

Leonard and Sheldon go to great lengths to secure the helium they need during a nation-wide shortage. Meanwhile, the rest of the gang try to find Amy a new boyfriend on a dating app.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

08:30 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Spock Resonance

While being interviewed for a documentary about Spock from Star Trek, Sheldon struggles to suppress his emotions about Amy. Howard and Bernadette butt heads over renovating his mother's house.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

08:55 pm The Big Bang Theory (Rpt)

PG

The Mystery Date Observation

Sheldon, Howard and Raj post an ad online to find a new girlfriend for Sheldon. Penny and Bernadette decide to spy when Amy is secretive about who she is dating.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar



SYDNEY PROGRAM GUIDE

Wednesday 19th July 2023

09:20 pm **Two And A Half Men** (Rpt)

M
Sexual References

Gorp. Fnark. Schmegle.

Chelsea invites her beautiful college roommate to stay at the house while she gets over a bad breakup. Charlie struggles to resist his temptations toward Gail.

Starring: Charlie Sheen, Jon Cryer

09:45 pm **Two And A Half Men** (Rpt)

M
Sexual References

Captain Terry's Spray-On Hair

Charlie is crushed when he discovers he hasn't been satisfying Chelsea. Meanwhile, Alan attempts to cure his thinning hair cheaply that proves to be a disaster.

Starring: Charlie Sheen, Jon Cryer

10:10 pm **Two And A Half Men** (Rpt)

PG
Sexual References

Give Me Your Thumb

Alan suggests that Chelsea get breast-reduction surgery, and Charlie kicks him out.

Starring: Charlie Sheen, Jon Cryer

10:35 pm **Two And A Half Men** (Rpt)

PG
Sexual References,
Mature Themes

Untainted By Filth

Charlie and Alan wake up together in bed with a strange woman. Meanwhile, Jake and Chelsea have a conversation about Charlie's past flings.

Starring: Charlie Sheen, Jon Cryer

11:00 pm **Frasier** (Rpt)

PG

Frasier's Imaginary Friend

Frasier returns from Acapulco after a torrid affair with a supermodel/zoologist who's sworn him to secrecy regarding her identity. Will anyone believe Frasier when he finally divulges her identity?

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler

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The Gift Horse

Frasier and Niles compete to buy their father the best birthday present, culminating with Niles buying Martin's old police horse and Frasier giving him a huge television.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

Guest Starring: Marsha Mason



SYDNEY PROGRAM GUIDE

Wednesday 19th July 2023

12:00 am Home Shopping (Rpt)

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12:30 am Home Shopping (Rpt)

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01:00 am Home Shopping (Rpt)

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01:30 am **The Late Show With Stephen Colbert** (Rpt) CC PG

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

02:30 am **Late Late Show With James Corden** (Rpt) M
Mature Themes

[Owen Wilson; Jeff Goldblum; Performance By Lior Suchard](#)

Owen Wilson talks about becoming a Bob Ross-esque star in Paint and Jeff Goldblum describes the disruption in Asteroid City. The mentalist and self-described "mystifier" Lior Suchard performs.

03:30 am **The Bold And The Beautiful** (Rpt) CC PG

Sally makes a big faux-pas while discussing wedding plans with Wyatt. Meanwhile, Shauna surprises Ridge with her patience and understanding followed by a kiss.

04:00 am **The Bold And The Beautiful** (Rpt) CC PG

Quinn gets Shauna to fess up after witnessing her lock lips with Ridge. Meanwhile, Wyatt questions Sally's intentions before making a declaration about his future.

04:30 am Home Shopping (Rpt)

[Home Shopping](#)

05:00 am Home Shopping (Rpt)

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SYDNEY PROGRAM GUIDE

Thursday 20th July 2023

06:00 am The Late Show With Stephen Colbert CC PG
(Rpt)

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

07:00 am Becker (Rpt) CC PG
WS

Thanks For Not Smoking

John feels like climbing the walls after Chris bans smoking from the diner; Bob convinces Jake that Amanda is cheating on him; Linda persuades John to treat a friend's dog.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

07:30 am Becker (Rpt) CC PG
WS

Amanda Moves Out

Becker's in withdrawal from cigarettes and driving everybody crazy; Jake's girlfriend leaves him for a deliveryman; Chris awaits her delivery of Supersculpt Leave-In Hair Conditioner.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

08:00 am Friends (Rpt) CC PG
WS

The One With The Kips

Chandler and Monica plan a trip to Atlantic City for some private time. Ross has to tell Rachel that he can't be friends with her anymore.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

08:30 am Friends (Rpt) CC PG
WS

The One With The Yeti

Monica and Rachel are afraid of a hairy new neighbour until he gets a haircut. Phoebe is surprised that she enjoys wearing mink. Ross confronts Emily and refuses to stop associating with Rachel.

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Guest Starring: Helen Baxendale

09:00 am Friends (Rpt) CC PG
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The One Where Ross Moves In

After getting kicked out of his apartment, Ross moves in temporarily with Chandler and Joey, driving all three of them crazy. Phoebe dates a health inspector.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow



SYDNEY PROGRAM GUIDE

Thursday 20th July 2023

09:30 am **The King Of Queens** (Rpt)

PG

Consummate Professional

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Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

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WS

Amanda Moves Out

Becker's in withdrawal from cigarettes and driving everybody crazy; Jake's girlfriend leaves him for a deliveryman; Chris awaits her delivery of Supersculpt Leave-In Hair Conditioner.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert



SYDNEY PROGRAM GUIDE

Thursday 20th July 2023

12:30 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Separation Oscillation

Leonard and Penny try to work through their marital issues. Sheldon films a special episode of 'Fun with Flags' and Bernadette feels guilty about withholding a secret from Penny.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

01:00 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Bachelor Party Corrosion

The guys's skills are put to the test when they get a flat tire on the way to Mexico for Leonard's bachelor party. The girls throw Penny a mini-bachelorette party.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

01:30 pm The Middle (Rpt)

PG

Halloween Vi: Tick Tock Death

Each member of the Heck family finds themselves in situations reminiscent of "The Twilight Zone."

Starring: Patricia Heaton, Neil Flynn

02:00 pm The Middle (Rpt)

PG

Homecoming li: The Tailgate

At the annual homecoming tailgate, Frankie worries that her mother will ruin things, Sue takes a familiar role, Axl is sick as a dog, and Mike asks Brick to help him win the cornhole tournament.

Starring: Patricia Heaton, Neil Flynn

02:30 pm The Middle (Rpt)

PG

Thanksgiving VII

Frankie clashes with a coworker at her Thanksgiving job, Sue offers to work to see a guy she likes, Axl has an embarrassing moment at the bar, and Mike and Brick are bored at home after a blackout.

Starring: Patricia Heaton, Neil Flynn

03:00 pm The King Of Queens (Rpt)

PG

Sandwiched Out

A sandwich named for Deacon at Coopers ruffles Doug's feathers. Meanwhile, Carrie schemes to prevent Holly from moving to Manhattan.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

Guest Starring: Neil Sedaka



SYDNEY PROGRAM GUIDE

Thursday 20th July 2023

03:30 pm **The King Of Queens** (Rpt)

PG

Shear Torture

Doug's frequent hair salon visits make Carrie suspicious. Meanwhile, Spence has his own adventures en route to a sci-fi convention.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

Guest Starring: Adam West, Lou Ferrigno

04:00 pm **Becker** (Rpt)

CC PG
WS

MS. Fortune

A palm reader turns up at the diner. Much to his own dismay, Becker gets caught up in the excitement and lets her take a look at his palm.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

04:30 pm **Becker** (Rpt)

CC PG
WS

Mr. And Mrs. Conception

John gets frustrated when a childless couple come to him for conception advice and misconstrue everything he says.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

05:00 pm **Frasier** (Rpt)

PG

The Kid

Frasier prompts Roz to talk with her child's father, a 20-year-old waiter at Cafe Nervosa.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler

05:30 pm **Frasier** (Rpt)

PG

The 1000th Show

The whole town is abuzz over "Frasier Crane Day" as Frasier celebrates his 1000th broadcast with a large outdoor gala at the Seattle Space Needle.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler

06:00 pm **Friends** (Rpt)

CC PG
WS

The One Where Everybody Finds Out

Ross rents an apartment with a window facing Monica and Rachel's place. While checking out the apartment, Phoebe sees Monica and Chandler having sex and learns the truth.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow



SYDNEY PROGRAM GUIDE

Thursday 20th July 2023

06:30 pm Friends (Rpt)

CC PG
WS

The One With The Girl Who Hits Joey

Joey dates a girl who likes to playfully punch him. Ross makes enemies out of his new neighbours. Chandler freaks out about his relationship with Monica.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Soleil Moon Frye

07:00 pm Friends (Rpt)

CC PG
WS

The One With The Cop

After Phoebe finds a police badge, she uses it to do good deeds. Joey has a dream about Monica and becomes convinced he is in love with her.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Michael Rapaport, Nicole Robinson

07:30 pm Friends (Rpt)

CC PG
WS

The One With Rachel's Inadvertent Kiss

Rachel accidentally kisses the man interviewing her for a job. Joey becomes obsessed with a woman living in Ross' apartment complex. Monica becomes jealous of Phoebe and Gary.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Michael Rapaport

08:00 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Platonic Permutation

On Thanksgiving, Sheldon & Amy try to spend time together as friends, Howard reluctantly agrees to volunteer at the soup kitchen and Penny discovers that Leonard knows more about her than she thought.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

08:30 pm The Big Bang Theory (Rpt)

PG

The Earworm Reverberation

Sheldon has a revelation when he realises why a song was stuck in his head. Meanwhile, Amy invites Dave over for dinner despite their previously awkward date.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

09:00 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Opening Night Excitation

Leonard, Howard and Raj have to decide who will take their extra Star Wars movie ticket, while Sheldon plans something special for Amy's birthday.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar



SYDNEY PROGRAM GUIDE

Thursday 20th July 2023

09:30 pm **Seinfeld** (Rpt)

CC PG

The Note

Physical therapy proves painful for Jerry when his small talk leads to a misunderstanding. George visits the same clinic and freaks out after "it" moves during a massage from a male therapist.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

10:00 pm **Seinfeld** (Rpt)

CC PG

The Truth

George's relationship with a former Internal Revenue official eases Jerry's tax audit worries, until George dumps her for being pretentious. Kramer sees too much of Elaine while dating her roommate.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

Guest Starring: Valerie Mahaffey

10:30 pm **Seinfeld** (Rpt)

CC G

The Pen

Elaine regrets accompanying Jerry on a trip to Florida for a dinner in honour of his father, after an argument erupts with a neighbour about how Jerry acquired an astronaut pen that writes upside down

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Liz Sheridan, Barney Martin

11:00 pm **Seinfeld** (Rpt)

CC PG

The Dog

George and Elaine find they have little to say to each other when they get time alone, after Jerry is forced to stay home and care for the disobedient dog of a man he met on a plane.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

Guest Starring: Joseph Maher

11:30 pm **Seinfeld** (Rpt)

CC PG

The Library

The library asks Jerry about the raunchy book "Tropic of Cancer" he checked out in 1971 and never returned, so Jerry looks up an old girlfriend for help in his defense against a zealous library cop.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

Guest Starring: Philip Baker Hall

12:00 am **Home Shopping** (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Thursday 20th July 2023

12:30 am Home Shopping (Rpt)

[Home Shopping](#)

01:00 am Home Shopping (Rpt)

[Home Shopping](#)

01:30 am **The Late Show With Stephen Colbert** CC PG
(Rpt)

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

02:30 am **Late Late Show With James Corden** M
(Rpt) Mature Themes

[Andie Macdowell, Billy Porter, Stacey Ryan](#)

Join James Corden as Andie MacDowell unpacks the Hallmark movie The Way Home, Billy Porter discusses directing an episode of Accused and pop artist Stacey Ryan performs in Studio 56.

03:30 am **The Bold And The Beautiful** (Rpt) CC PG

Ridge and Steffy call Thomas out for having granted joint custody of Douglas to Hope. Meanwhile, Grateful, Hope and Liam spend their first Thanksgiving reunited with their baby, Beth.

04:00 am **The Bold And The Beautiful** (Rpt) CC PG

After a verbal round with Liam, Thomas decides to up his game in obtaining his true desire. Meanwhile, Steffy confronts Hope about her part in keeping a terrible secret about Thomas.

04:30 am Home Shopping (Rpt)

[Home Shopping](#)

05:00 am Home Shopping (Rpt)

[Home Shopping](#)

05:30 am Home Shopping (Rpt)

[Home Shopping](#)



SYDNEY PROGRAM GUIDE

Friday 21st July 2023

06:00 am The Late Show With Stephen Colbert CC PG
(Rpt)

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

07:00 am Becker (Rpt) CC PG
WS

MS. Fortune

A palm reader turns up at the diner. Much to his own dismay, Becker gets caught up in the excitement and lets her take a look at his palm.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

07:30 am Becker (Rpt) CC PG
WS

Mr. And Mrs. Conception

John gets frustrated when a childless couple come to him for conception advice and misconstrue everything he says.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

08:00 am Seinfeld (Rpt) CC G

The Pen

Elaine regrets accompanying Jerry on a trip to Florida for a dinner in honour of his father, after an argument erupts with a neighbour about how Jerry acquired an astronaut pen that writes upside down

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Liz Sheridan, Barney Martin

08:30 am Seinfeld (Rpt) CC PG

The Dog

George and Elaine find they have little to say to each other when they get time alone, after Jerry is forced to stay home and care for the disobedient dog of a man he met on a plane.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

Guest Starring: Joseph Maher

09:00 am Seinfeld (Rpt) CC PG

The Library

The library asks Jerry about the raunchy book "Tropic of Cancer" he checked out in 1971 and never returned, so Jerry looks up an old girlfriend for help in his defense against a zealous library cop.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

Guest Starring: Philip Baker Hall



SYDNEY PROGRAM GUIDE

Friday 21st July 2023

09:30 am	The King Of Queens (Rpt)	PG	<p><u>Sandwiched Out</u></p> <p>A sandwich named for Deacon at Coopers ruffles Doug's feathers. Meanwhile, Carrie schemes to prevent Holly from moving to Manhattan.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p> <p>Guest Starring: Neil Sedaka</p>
10:00 am	The King Of Queens (Rpt)	PG	<p><u>Shear Torture</u></p> <p>Doug's frequent hair salon visits make Carrie suspicious. Meanwhile, Spence has his own adventures en route to a sci-fi convention.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p> <p>Guest Starring: Adam West, Lou Ferrigno</p>
10:30 am	Frasier (Rpt)	PG	<p><u>The Kid</u></p> <p>Frasier prompts Roz to talk with her child's father, a 20-year-old waiter at Cafe Nervosa.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler</p>
11:00 am	Frasier (Rpt)	PG	<p><u>The 1000th Show</u></p> <p>The whole town is abuzz over "Frasier Crane Day" as Frasier celebrates his 1000th broadcast with a large outdoor gala at the Seattle Space Needle.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler</p>
11:30 am	Becker (Rpt)	CC PG WS	<p><u>MS. Fortune</u></p> <p>A palm reader turns up at the diner. Much to his own dismay, Becker gets caught up in the excitement and lets her take a look at his palm.</p> <p>Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert</p>
12:00 pm	Becker (Rpt)	CC PG WS	<p><u>Mr. And Mrs. Conception</u></p> <p>John gets frustrated when a childless couple come to him for conception advice and misconstrue everything he says.</p> <p>Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert</p>



SYDNEY PROGRAM GUIDE

Friday 21st July 2023

12:30 pm **Seinfeld** (Rpt)

CC PG

The Note

Physical therapy proves painful for Jerry when his small talk leads to a misunderstanding. George visits the same clinic and freaks out after "it" moves during a massage from a male therapist.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

01:00 pm **Seinfeld** (Rpt)

CC PG

The Truth

George's relationship with a former Internal Revenue official eases Jerry's tax audit worries, until George dumps her for being pretentious. Kramer sees too much of Elaine while dating her roommate.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

Guest Starring: Valerie Mahaffey

01:30 pm **Seinfeld** (Rpt)

CC G

The Pen

Elaine regrets accompanying Jerry on a trip to Florida for a dinner in honour of his father, after an argument erupts with a neighbour about how Jerry acquired an astronaut pen that writes upside down

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Liz Sheridan, Barney Martin

02:00 pm **Seinfeld** (Rpt)

CC PG

The Dog

George and Elaine find they have little to say to each other when they get time alone, after Jerry is forced to stay home and care for the disobedient dog of a man he met on a plane.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

Guest Starring: Joseph Maher

02:30 pm **Seinfeld** (Rpt)

CC PG

The Library

The library asks Jerry about the raunchy book "Tropic of Cancer" he checked out in 1971 and never returned, so Jerry looks up an old girlfriend for help in his defense against a zealous library cop.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

Guest Starring: Philip Baker Hall

03:00 pm **The King Of Queens** (Rpt)

PG

Inn Escapable

A trip to a bed & breakfast becomes more than Doug and Carrie can handle. Meanwhile, Arthur has a romantic dilemma of his own.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt



SYDNEY PROGRAM GUIDE

Friday 21st July 2023

03:30 pm **The King Of Queens** (Rpt)

PG

Move Doubt

Doug and Carrie hear conflicting reasons why Deacon and Kelly are not interested in becoming neighbours.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

04:00 pm **Becker** (Rpt)

CC PG
WS

Chris' Ex

When Chris's all-too-friendly ex-husband unexpectedly shows up and stays at her apartment, Becker tries everything he can to keep the divorced duo apart.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

04:30 pm **Becker** (Rpt)

CC PG
WS

Daydream Believer

John realises he still has feelings for Chris, but he fears she doesn't feel the same way about him. Meanwhile, Linda lives in fear that something bad is going to happen to her.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert

05:00 pm **Frasier** (Rpt)

PG

Voyage Of The Damned

Frasier is delighted to be a handpicked celebrity on a "luxury" cruise until he discovers it's luxurious in name only.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

05:30 pm **Frasier** (Rpt)

PG

My Fair Frasier

When Frasier starts dating a high-powered attorney, it is clear that he is not the one "wearing the pants" in their relationship.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

Guest Starring: Larry King, Lindsay Frost

06:00 pm **Friends** (Rpt)

CC PG
WS

The One Where Rachel Smokes

Rachel takes up smoking to feel more included at work. Joey auditions for a soup commercial with Ross's son Ben. Monica and Phoebe plan a surprise birthday party for Rachel.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow



SYDNEY PROGRAM GUIDE

Friday 21st July 2023

06:30 pm Friends (Rpt)

CC PG
WS

The One Where Ross Can't Flirt

As Joey's grandmother visits to watch him on TV, Ross has trouble flirting with the pizza delivery girl, and Rachel tries to find an earring of Monica's that she has misplaced.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

07:00 pm Friends (Rpt)

CC PG
WS

The One With The Ride Along

The guys go on a ride-along with Gary. Rachel accidentally deletes a message from Emily on Ross's answering machine.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Michael Rapaport

Voices: Helen Baxendale

07:30 pm Friends (Rpt)

CC PG
WS

The One With The Ball

Gary asks Phoebe to move in with him. Monica and Chandler join Ross and Joey in a game of catch that lasts for hours.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Michael Rapaport

08:00 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Sales Call Sublimation

Penny gets more than she bargained for when Leonard agrees to meet with a psychiatrist on her behalf to make a sale. Meanwhile, Sheldon and Raj collaborate on an astronomical discovery.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

08:30 pm The Big Bang Theory (Rpt)

PG

The Empathy Optimization

After being forced to deal with a sick Sheldon, the rest of the gang try to treat themselves to a Sheldon-free weekend.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

09:00 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Meemaw Materialization

Sheldon is thrilled when his Meemaw comes to visit, but his excitement fades when she butts heads with Amy. Raj meets a girl at the comic book store who makes him question his relationship with Emily.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar



SYDNEY PROGRAM GUIDE

Friday 21st July 2023

09:30 pm **Two And A Half Men** (Rpt)

M

That's Why They Call IT 'ball Room'

Charlie and Chelsea get into an argument about dancing at the wedding so they end up going to dance lessons together.

Starring: Charlie Sheen, Jon Cryer

10:00 pm **Two And A Half Men** (Rpt)

PG
Sexual References,
Coarse Language

Warning, It's Dirty

Charlie coaches Jake on the art of infidelity while his girlfriend is away for Christmas. Evelyn brings ailing TV personality, Marty Pepper, to Charlie's Christmas gathering.

Starring: Charlie Sheen, Jon Cryer

10:30 pm **Two And A Half Men** (Rpt)

M
Sexual References

Gorp. Fnark. Schmeagle.

Chelsea invites her beautiful college roommate to stay at the house while she gets over a bad breakup. Charlie struggles to resist his temptations toward Gail.

Starring: Charlie Sheen, Jon Cryer

11:00 pm **Two And A Half Men** (Rpt)

M
Sexual References

Captain Terry's Spray-On Hair

Charlie is crushed when he discovers he hasn't been satisfying Chelsea. Meanwhile, Alan attempts to cure his thinning hair cheaply that proves to be a disaster.

Starring: Charlie Sheen, Jon Cryer

11:30 pm **Frasier** (Rpt)

PG

Voyage Of The Damned

Frasier is delighted to be a handpicked celebrity on a "luxury" cruise until he discovers it's luxurious in name only.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

12:00 am **Home Shopping** (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 21st July 2023

12:30 am Home Shopping (Rpt)

[Home Shopping](#)

01:00 am Home Shopping (Rpt)

[Home Shopping](#)

01:30 am **The Late Show With Stephen Colbert** CC PG
(Rpt)

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

02:30 am **Late Late Show With James Corden** M
(Rpt)

[Live From London: Jamie Dornan, Tessa Thompson](#)

James Corden wraps up his return to Old Blighty, as he welcomes Jamie Dornan and Tessa Thompson to Freemasons Hall in London. There's sure to be some Love and Thunder on The Late Late Show tonight!

03:30 am **The Bold And The Beautiful** (Rpt) CC PG

Thomas uses Douglas in his pitch to Hope to return to work with him. Meanwhile, Divorce papers in hand, Ridge makes a passionate plea to Brooke with a way for them to mend their marriage.

04:00 am **The Bold And The Beautiful** (Rpt) CC PG

Steffy tells her brother Thomas to stay in his lane in regards to Hope. Meanwhile, Clearly not on the same page, Brooke conveys to Ridge exactly what it will take for them to reunite.

04:30 am Home Shopping (Rpt)

[Home Shopping](#)

05:00 am Home Shopping (Rpt)

[Home Shopping](#)

05:30 am **Joseph Prince: New Creation Church** CC G
(Rpt)

[482 - Discover Gods Way To Bless You](#)

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church.



SYDNEY PROGRAM GUIDE

Saturday 22nd July 2023

06:00 am **The Late Show With Stephen Colbert** CC PG
(Rpt)

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

07:00 am **The King Of Queens** (Rpt) PG

Inn Escapable

A trip to a bed & breakfast becomes more than Doug and Carrie can handle. Meanwhile, Arthur has a romantic dilemma of his own.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

07:30 am **The King Of Queens** (Rpt) PG

Move Doubt

Doug and Carrie hear conflicting reasons why Deacon and Kelly are not interested in becoming neighbours.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

08:00 am **Frasier** (Rpt) PG

Voyage Of The Damned

Frasier is delighted to be a handpicked celebrity on a "luxury" cruise until he discovers it's luxurious in name only.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

08:30 am **Frasier** (Rpt) PG

My Fair Frasier

When Frasier starts dating a high-powered attorney, it is clear that he is not the one "wearing the pants" in their relationship.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

Guest Starring: Larry King, Lindsay Frost

09:00 am **Becker** (Rpt) CC PG
WS

Chris' Ex

When Chris's all-too-friendly ex-husband unexpectedly shows up and stays at her apartment, Becker tries everything he can to keep the divorced duo apart.

Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert



SYDNEY PROGRAM GUIDE

Saturday 22nd July 2023

<p>09:30 am Becker (Rpt)</p>	<p>CC PG WS</p>	<p><u>Daydream Believer</u></p> <p>John realises he still has feelings for Chris, but he fears she doesn't feel the same way about him. Meanwhile, Linda lives in fear that something bad is going to happen to her.</p> <p>Starring: Ted Danson, Nancy Travis, Hattie Winston, Shawnee Smith, Alex Desert</p>
<p>10:00 am Friends (Rpt)</p>	<p>CC PG WS</p>	<p><u>The One With All The Thanksgivings</u></p> <p>The gang reminisce past terrible Thanksgiving experiences, and Chandler tells Monica that he loves her.</p> <p>Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow</p> <p>Guest Starring: Morgan Fairchild, Elliott Gould, Christina Pickles</p>
<p>10:30 am Friends (Rpt)</p>	<p>CC PG WS</p>	<p><u>The One With Ross's Sandwich</u></p> <p>Ross becomes upset when someone at work takes his sandwich from the refrigerator and eats it. Joey finds himself in a terrible mess when he tries to cover for Chandler and Monica's dating.</p> <p>Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow</p>
<p>11:00 am Friends (Rpt)</p>	<p>CC PG WS</p>	<p><u>The One With The Inappropriate Sister</u></p> <p>Phoebe collects money for the Salvation Army during the holidays. A bored Ross creates havoc in Joey and Chandler's lives. Rachel is disturbed by her date's inappropriate relationship with his sister.</p> <p>Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow</p>
<p>11:30 am The Big Bang Theory (Rpt)</p>	<p>PG</p>	<p><u>The Earworm Reverberation</u></p> <p>Sheldon has a revelation when he realises why a song was stuck in his head. Meanwhile, Amy invites Dave over for dinner despite their previously awkward date.</p> <p>Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar</p>
<p>12:00 pm The Big Bang Theory (Rpt)</p>	<p>PG Sexual References</p>	<p><u>The Opening Night Excitation</u></p> <p>Leonard, Howard and Raj have to decide who will take their extra Star Wars movie ticket, while Sheldon plans something special for Amy's birthday.</p> <p>Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar</p>



SYDNEY PROGRAM GUIDE

Saturday 22nd July 2023

12:30 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Sales Call Sublimation

Penny gets more than she bargained for when Leonard agrees to meet with a psychiatrist on her behalf to make a sale. Meanwhile, Sheldon and Raj collaborate on an astronomical discovery.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

01:00 pm The King Of Queens (Rpt)

PG

Inn Escapable

A trip to a bed & breakfast becomes more than Doug and Carrie can handle. Meanwhile, Arthur has a romantic dilemma of his own.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

01:30 pm The King Of Queens (Rpt)

PG

Move Doubt

Doug and Carrie hear conflicting reasons why Deacon and Kelly are not interested in becoming neighbours.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

02:00 pm MasterChef Australia (Rpt)

CC PG
Mild Coarse
Language,
Mild Themes

SPECIAL ENCORE PRESENTATION

Our Final 3 must keep up with Curtis Stone as he whips up a magnificent beef dish. The contestant whose plate most closely resembles Curtis' creation will earn a whopping advantage for the semi final.

03:30 pm MasterChef Australia (Rpt)

CC PG
Coarse Language,
Mild Themes

SPECIAL ENCORE PRESENTATION

05:00 pm Frasier (Rpt)

PG

My Fair Frasier

When Frasier starts dating a high-powered attorney, it is clear that he is not the one "wearing the pants" in their relationship.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

Guest Starring: Larry King, Lindsay Frost



SYDNEY PROGRAM GUIDE

Saturday 22nd July 2023

05:30 pm **The Middle** (Rpt)

PG

The Convention

Frankie and Mike live in luxury at a dental convention in Des Moines—incorrectly assuming that all expenses are paid. Axl becomes Sue's dorm roommate, and Grandpa Big Mike "babysits" Brick at home.

Starring: Patricia Heaton, Neil Flynn

06:00 pm **The Big Bang Theory** (Rpt)

PG
Sexual References

The Helium Insufficiency

Leonard and Sheldon go to great lengths to secure the helium they need during a nation-wide shortage. Meanwhile, the rest of the gang try to find Amy a new boyfriend on a dating app.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

06:25 pm **The Big Bang Theory** (Rpt)

PG
Sexual References

The Spock Resonance

While being interviewed for a documentary about Spock from Star Trek, Sheldon struggles to suppress his emotions about Amy. Howard and Bernadette butt heads over renovating his mother's house.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

06:50 pm **The Big Bang Theory** (Rpt)

PG

The Mystery Date Observation

Sheldon, Howard and Raj post an ad online to find a new girlfriend for Sheldon. Penny and Bernadette decide to spy when Amy is secretive about who she is dating.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

07:15 pm **The Big Bang Theory** (Rpt)

PG
Sexual References

The Platonic Permutation

On Thanksgiving, Sheldon & Amy try to spend time together as friends, Howard reluctantly agrees to volunteer at the soup kitchen and Penny discovers that Leonard knows more about her than she thought.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

07:45 pm **The Big Bang Theory** (Rpt)

PG

The Earworm Reverberation

Sheldon has a revelation when he realises why a song was stuck in his head. Meanwhile, Amy invites Dave over for dinner despite their previously awkward date.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar



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08:15 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Opening Night Excitation

Leonard, Howard and Raj have to decide who will take their extra Star Wars movie ticket, while Sheldon plans something special for Amy's birthday.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

08:45 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Sales Call Sublimation

Penny gets more than she bargained for when Leonard agrees to meet with a psychiatrist on her behalf to make a sale. Meanwhile, Sheldon and Raj collaborate on an astronomical discovery.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

09:15 pm The Big Bang Theory (Rpt)

PG

The Empathy Optimization

After being forced to deal with a sick Sheldon, the rest of the gang try to treat themselves to a Sheldon-free weekend.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

09:45 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Meemaw Materialization

Sheldon is thrilled when his Meemaw comes to visit, but his excitement fades when she butts heads with Amy. Raj meets a girl at the comic book store who makes him question his relationship with Emily.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

10:15 pm Friends (Rpt)

CC PG
WS

The One Where Rachel Smokes

Rachel takes up smoking to feel more included at work. Joey auditions for a soup commercial with Ross's son Ben. Monica and Phoebe plan a surprise birthday party for Rachel.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

10:45 pm Friends (Rpt)

CC PG
WS

The One Where Ross Can't Flirt

As Joey's grandmother visits to watch him on TV, Ross has trouble flirting with the pizza delivery girl, and Rachel tries to find an earring of Monica's that she has misplaced.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow



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11:15 pm **Friends** (Rpt)

CC PG
WS

The One With The Ride Along

The guys go on a ride-along with Gary. Rachel accidentally deletes a message from Emily on Ross's answering machine.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Michael Rapaport

Voices: Helen Baxendale

11:45 pm **Friends** (Rpt)

CC PG
WS

The One With The Ball

Gary asks Phoebe to move in with him. Monica and Chandler join Ross and Joey in a game of catch that lasts for hours.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Matt LeBlanc, Lisa Kudrow

Guest Starring: Michael Rapaport

12:15 am **Home Shopping** (Rpt)

Home Shopping

12:45 am **Home Shopping** (Rpt)

Home Shopping

01:15 am **Home Shopping** (Rpt)

Home Shopping

01:45 am **The Late Show With Stephen Colbert** (Rpt)

CC PG

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

02:45 am **Late Late Show With James Corden** (Rpt)

M

Olivia Rodrigo, Renate Reinsve, Cirque Du Soleil

Olivia Rodrigo joins James Corden to talk about her upcoming live concert film, Driving Home 2 U. Renate Reinsve chats about the BAFTAs, plus a mesmerising performance by Cirque du Soleil's OVO

03:40 am **The Bold And The Beautiful** (Rpt)

CC PG

Liam is concerned that Hope is ignoring red flags about Thomas. Meanwhile, Eric learns of Ridge and Brooke's impending divorce from Quinn and Shauna.

04:05 am **The Bold And The Beautiful** (Rpt)

CC PG

Hope and Steffy get competitive and go full force for the fashion competition. Meanwhile, Wyatt explains to Liam why his relationship with Sally went from "in" to "complicated".



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04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping