



SYDNEY PROGRAM GUIDE

Sunday 15th September 2019

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious program.

06:30 am Hillsong CC G

ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

07:00 am Blackmore's Sydney Running Festival 2019 LIVE CC

LIVE

Blackmore's Sydney Running Festival 2019

Catch all the excitement of the Blackmores Sydney Marathon where the world's best athletes battle to take out the prestigious title in this iconic event.

10:00 am Studio 10 Sunday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.

12:30 pm Luxury Escapes (Rpt) CC PG

Perth / Myanmar

In this episode of Luxury Escapes, we take a leap into the magical past of Myanmar and discover Perth's bright future as the most laid-back, sun-drenched, luxury travel destination in Australia.

01:00 pm Places We Go (Rpt) CC PG

Places We Go is series about real travel, hosted by real travellers. Jennifer Adams and Clint Bizzell take viewers on a journey to some of most stunning destinations around Australia and the World.

01:30 pm The Living Room Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Peter Walsh helps a stylist part way with her props, Dr Chris Brown has a photo-off in Tasmania's stunning Cradle Mountain and Miguel Maestre and Barry Du Bois support R U OK? Day by making cruffins.



SYDNEY PROGRAM GUIDE

Sunday 15th September 2019

02:30 pm Australia By Design: Innovations CC G

ALL NEW EPISODES

Innovations is about Australian ingenuity and design excellence, it's about inspiration, disruption & changing the game. Innovations continues to bring to light the best of Australian innovation.

03:00 pm Australia By Design: Landscapes CC G

SEASON PREMIERE

We visit Australia's most creative landscape designs, interview the designers & the key players to uncover the human stories behind their pursuit of design excellence.

03:30 pm RPM CC

ALL NEW EPISODES

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

04:00 pm Supercars Highlights CC

Supercars Auckland (Sun)

Highlights of the 2019 Virgin Australia Supercars Championship from the ITM Auckland SuperSprint at Pukekohe Park Raceway in New Zealand.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt) CC PG
Mature Themes

With its sparkling charm and picture-perfect scenery, hundreds of tourists flock to Bondi every single day. However the Lifeguards are on edge due to extreme weather conditions and large crowds.

06:30 pm The Sunday Project CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.



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Sunday 15th September 2019

07:30 pm Ambulance Australia: Ultimate Emergencies

CC PG
Coarse Language,
Medical Procedures

ALL NEW EPISODES

Behind the lights and sirens of Ambulance Australia the paramedics face their toughest and most touching emergency call outs.

09:00 pm Instinct

CC M
Violence

ALL NEW EPISODES

Go Figure

Dylan and Lizzie work to uncover why an Olympic-hopeful figure skater is killed while on the ice. Also, Ryan's case heats up and lands him and Dylan in unusual circumstances.

Starring: Alan Cumming, Bojana Novakovic

10:00 pm Instinct (Rpt)

CC M
Violence

Bye Bye Birdie

Dylan and Lizzie look into the attempted murder of a successful author; Lizzie gets closer to learning the truth about the death of her fiancé, who was killed while under cover.

Starring: Alan Cumming, Bojana Novakovic

11:00 pm The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

12:00 am Home Shopping (Rpt)

Home Shopping

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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03:00 am Home Shopping (Rpt)

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Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 16th September 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Shauna comes clean to Quinn while imploring her friend to help free Flo from prison. Meanwhile, Ridge becomes furious when he happens to see Liam scolding an unconscious Thomas.

08:00 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Richard Reid & Angela Bishop

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Richard Reid & Angela Bishop.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Coarse Language

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm Australian Survivor Encore (Rpt)

CC PG
Coarse Language

SPECIAL ENCORE PRESENTATION

No-one is safe at this point in the game, leaving all contestants desperate to get their hands on the Immunity necklace to buy themselves another day in camp.



SYDNEY PROGRAM GUIDE

Monday 16th September 2019

02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Good Chef Bad Chef (Rpt)	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

Mark is stunned to hear Pierce's secret and urges him to tell Chloe the truth. Chloe goes to Pierce's house to look for him but is greeted by a young man, half naked. Who is he?

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

The Forresters, Logans and Spencers struggle with whether or not Thomas will survive his injuries. Meanwhile, Detective Sanchez hits Ridge and Brooke hard with questions about Thomas's accident.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Monday 16th September 2019

06:00 pm Celebrity Name Game

CC PG

ALL NEW EPISODES

Rove McManus & Ranger Stacey

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Rove McManus & Ranger Stacey.

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Australian Survivor

CC PG
Coarse Language

ALL NEW EPISODES

With the end in sight, every move the contestants make could be the difference between making the final three or being voted out of the game.

08:30 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have contestants Ed Kavalee, Urzila Carlson, Tim McDonald, Kitty Flanagan & Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm Part Time Private Eyes Encore (Rpt)

CC PG
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Part Time Private Eyes

Spying can be a mother of a job. In an attempt to find work between school pick and drop off, two mums at a local primary school find themselves working together as Private Investigators.

10:00 pm I Am... Roxy! Encore (Rpt)

CC M
Coarse Language

SPECIAL ENCORE PRESENTATION

I Am... Roxy!

Dive into the daily madness of PR guru, talent manager, reality star, author, socialite, business maestro, wife and mum-of-two Roxy Jacenko. There's never a dull moment on the Roxy-rollercoaster!



SYDNEY PROGRAM GUIDE

Monday 16th September 2019

10:30 pm My Life Is Murder Encore (Rpt) CC M
Violence,
Sexual References

SPECIAL ENCORE PRESENTATION

Fake Empire

When a clairvoyant contacts the police about a murder, offering details that have never been released to the public, Alexa jumps at the opportunity to prove that clairvoyants are frauds.

11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

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12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Curtis "50 Cent" Jackson and Jillian Bell. Plus catch a musical performance by Tori Kelly.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

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Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 17th September 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

The Forresters, Logans and Spencers struggle with whether or not Thomas will survive his injuries. Meanwhile, Detective Sanchez hits Ridge and Brooke hard with questions about Thomas's accident.

08:00 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Rove McManus & Ranger Stacey

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Rove McManus & Ranger Stacey.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

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12:00 pm Dr. Phil

CC PG
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm Australian Survivor Encore (Rpt)

CC PG
Coarse Language

SPECIAL ENCORE PRESENTATION

With the end in sight, every move the contestants make could be the difference between making the final three or being voted out of the game.



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Tuesday 17th September 2019

02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Good Chef Bad Chef (Rpt)	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC PG Sexual References

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Sally and Wyatt become playful after sharing a tender and unexpected kiss. Meanwhile, Brooke worries as Thomas begins to answer Det. Sanchez's questions about his accident.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Sam Simmons & Tahir

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Sam Simmons & Tahir.



SYDNEY PROGRAM GUIDE

Tuesday 17th September 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Australian Survivor

CC

SEASON FINALE

On the last day, the final two contestants head to their last Tribal Council where they have to convince the Jury that they deserve the title of Sole Survivor.

09:00 pm NCIS (Rpt)

CC M

Fake IT 'til You Make IT

After Reeves sees his friend get kidnapped, the NCIS team discovers the primary suspect disappeared two days ago with confidential military information.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

10:00 pm NCIS (Rpt)

CC M
Violence

Trapped

After a petty officer is found murdered on a golf course, McGee spends hours on the victim's ham radio trying to locate a key witness.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

11:00 pm The Project Encore (Rpt)

CC

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12:00 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert as he interviews Tom Hiddleston; Marie Osmond, co-host of CBS's "The Talk".



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Tuesday 17th September 2019

01:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
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04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>

04:30 am **CBS This Morning**

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 18th September 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Sally and Wyatt become playful after sharing a tender and unexpected kiss. Meanwhile, Brooke worries as Thomas begins to answer Det. Sanchez's questions about his accident.

08:00 am Celebrity Name Game Encore (Rpt)

CC PG
Sexual References

SPECIAL ENCORE PRESENTATION

Sam Simmons & Tahir

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Sam Simmons & Tahir.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Australian Survivor Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

On the last day, the final two contestants head to their last Tribal Council where they have to convince the Jury that they deserve the title of Sole Survivor.



SYDNEY PROGRAM GUIDE

Wednesday 18th September 2019

01:45 pm The Bachelor Australia Encore (Rpt) CC PG
Coarse Language

SPECIAL ENCORE PRESENTATION

It's Hometowns, and Matt travels around Australia to meet the nearest and dearest of the final four girls competing for his heart.

03:30 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm The Bold & The Beautiful CC PG

ALL NEW EPISODES

While Shauna visits her in jail, Flo comes to comprehend the immense impact of her actions. Brooke is in utter disbelief that Ridge doesn't believe her story about Thomas.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm Celebrity Name Game CC PG
Sexual References

ALL NEW EPISODES

John Foreman & Christie Whelan Browne

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebs: John Foreman & Christie Whelan Browne.

06:30 pm The Project CC

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Wednesday 18th September 2019

07:30 pm The Bachelor Australia

CC

ALL NEW EPISODES

To help him decide, Matt has planned an adventurous and romantic date with each girl. All three women lay their emotions on the line, but who will make it to the final rose ceremony?

08:40 pm My Life Is Murder

CC M
Mature Themes

SEASON FINALE

Mirror Mirror

When a cosmetic surgeon dies after self-administering an anti-wrinkle drug, Alexa immerses herself the world of the beautiful and the vain to uncover what really happened to the bright young doctor.

09:40 pm Bull

CC M
Mature Themes

SEASON FINALE

Pillar Of Salt

Bull must convince a jury that an alleged murder was actually a tragic accident when TAC represents a woman charged in her 3-year-old stepdaughter's death; Benny gives Bull some surprising news.

10:35 pm Sports Tonight

CC

ALL NEW EPISODES

Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.

11:05 pm The Project Encore (Rpt)

CC

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12:05 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Stephen Colbert interviews Senator Elizabeth Warren & the cast of "The Brady Bunch": Barry Williams, Maureen McCormick, Christopher Knight, Eve Plumb, Mike Lookinland & Susan Olsen.



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Wednesday 18th September 2019

01:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 19th September 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

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CC

SPECIAL ENCORE PRESENTATION

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CC PG

SPECIAL ENCORE PRESENTATION

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08:00 am Celebrity Name Game Encore (Rpt)

CC PG
Sexual References

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John Foreman & Christie Whelan Browne

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebs: John Foreman & Christie Whelan Browne.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

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12:00 pm Dr. Phil (Rpt)

CC PG
Mature Themes

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01:00 pm The Bachelor Australia (Rpt)

CC

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ALL NEW EPISODES

On a warpath for answers, Ridge explodes at Flo declaring that she will get what she deserves. Meanwhile, Stunned by Brooke's confession, Bill pays an unexpected visit to Thomas in the hospital.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Jett Kenny & Tanya Hennessey

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Jett Kenny & Tanya Hennessey.



SYDNEY PROGRAM GUIDE

Thursday 19th September 2019

06:30 pm	The Project	CC	
07:30 pm	The Bachelor Australia	CC	
09:10 pm	Gogglebox	CC	
10:10 pm	Carpool Karaoke Special With Celine Dion	CC	PG Coarse Language
11:10 pm	The Project Encore (Rpt)	CC	
12:10 am	The Late Show With Stephen Colbert	CC	PG

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SEASON FINALE

As the sun sets, the time has come for Matt to make one of the hardest decisions of his life. With emotions and hearts on the line, who will he choose to be with forever?

ALL NEW EPISODES

No show is safe in the brand new season of Gogglebox which takes the audience into the lounge rooms of some of Australia's most opinionated, outspoken, funny and avid TV viewers.

SPECIAL EVENT

Late Late Show Carpool Karaoke Special, The With Celine Dion

James Corden straps in for a very special Carpool Karaoke special with music icon, Celine Dion. Expect powerhouse performances of all the iconic hits from this legendary Canadian songstress.

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ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Billy Crystal. Plus catch a musical performance by Thomas Rhett.



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04:30 am **CBS This Morning**

CC

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SYDNEY PROGRAM GUIDE

Friday 20th September 2019

06:00 am The Talk

CC PG
Mature Themes

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12:00 pm The Bachelor Australia (Rpt)

CC

SPECIAL ENCORE PRESENTATION

As the sun sets, the time has come for Matt to make one of the hardest decisions of his life. With emotions and hearts on the line, who will he choose to be with forever?



SYDNEY PROGRAM GUIDE

Friday 20th September 2019

01:40 pm The Living Room Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Matt and Barry help a couple turn a muddy yard into a garden that will work for both kids and adults. Chris talks about sleeping with our pets and Miguel Maestre hosts a cook off.

02:40 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm The Bold & The Beautiful CC PG

ALL NEW EPISODES

The Logan sisters band together in an effort to help Brooke in her time of trouble. While, Ridge is disconcerted when Det. Sanchez brings up Thomas and his involvement in the death of Emma Barber.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Friday 20th September 2019

06:00 pm Celebrity Name Game CC PG

ALL NEW EPISODES

Gyton Grantley & Nath Valvo

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Gyton Grantley & Nath Valvo.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Living Room CC

ALL NEW EPISODES

The Living Room brace for the World Cup in Japan. Amanda chats with Wallabies great, Kurtly Beale, Miguel makes a Mexican-Japanese dish and Barry carves out a pair of chopsticks and a serving board.

08:30 pm Have You Been Paying Attention? (Rpt) CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have contestants Ed Kavalee, Urzila Carlson, Tim McDonald, Kitty Flanagan & Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm The Montreal Comedy Festival (Rpt) CC MA15+
Sexual References,
Coarse Language

The Montreal Comedy Festival Offensive

Tommy Little presents some of the funniest stand up from the Montreal Comedy Festival. Featuring Amy Schumer, Margaret Cho, Hannibal Buress, Whitney Cummings, Tim Minchin, Jimmy Carr and more!

10:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Friday 20th September 2019

11:30 pm The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Taraji P. Henson and Aasif Mandvi, from the new CBS drama "Evil".

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 21st September 2019

06:00 am	Reel Action (Rpt)	CC G	Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.
06:30 am	Escape Fishing With ET (Rpt)	CC G	Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.
07:00 am	RPM (Rpt)	CC	Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.
07:30 am	What's Up Down Under (Rpt)	CC G	Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.
08:00 am	All 4 Adventure (Rpt)	CC PG Coarse Language, Mature Themes	Jase and Simon return for another action-packed series as they set out to retrace the steps of early explorers deep into the desolate heartland of this vast continent.
09:00 am	The Loop	CC PG Mild Violence, Sexual References, Coarse Language, Drug References	<p>ALL NEW EPISODES</p> <p><u>The Loop 400th</u></p> <p>The Loop's 400th episode extravaganza! Join Scott Tweedie and Liv Phyland as they countdown the Top 25 greatest songs of all time! Special guests: Dannii Minogue, Shannon Noll, Dami Im & loads more.</p>
11:30 am	Good Chef Bad Chef (Rpt)	CC G	Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
12:00 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.



SYDNEY PROGRAM GUIDE

Saturday 21st September 2019

12:30 pm The Living Room Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

The Living Room brace for the World Cup in Japan. Amanda chats with Wallabies great, Kurtly Beale, Miguel makes a Mexican-Japanese dish and Barry carves out a pair of chopsticks and a serving board.

01:30 pm Luxury Escapes (Rpt) CC PG

Perth / Myanmar

In this episode of Luxury Escapes, we take a leap into the magical past of Myanmar and discover Perth's bright future as the most laid-back, sun-drenched, luxury travel destination in Australia.

02:00 pm Rugby World Cup: Australia V Fiji CC

LIVE

Australia Vs Fiji

Join us for all the action of the Rugby World Cup 2019 where Australia verses Fiji from the Sapporo Dome, Sapporo. Kick-off: 2:45pm (AEST).

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Luxury Escapes 2019 CC G

ALL NEW EPISODES

Barcelona

In this episode of Luxury Escapes we explore the enchanted city of Barcelona, a place so magical it's like it leapt from the pages of a fairy tale.

06:30 pm Bondi Rescue (Rpt) CC PG
Coarse Language,
Nudity

When the biggest swell of the year rolls in, big wave surfer Jesse decides to test new recruits Tommy & Jules. Training is one thing but how will Tommy manage to rescue two intoxicated patients?

07:00 pm The Notebook (Rpt)(2004) CC PG
Sexual References,
Coarse Language,
Mature Themes

MOVIE

Mill worker Noah returns from World War II on the eve of his soul mate Allie's marriage. As the mismatched couple's passion is rekindled, it soon becomes clear that their romance is anything but over.

Starring: Ryan Gosling, Rachel McAdams, James Garner, Gena Rowlands, James Marsden, Sam Shepard, Joan Allen, David Thornton



SYDNEY PROGRAM GUIDE

Saturday 21st September 2019

09:30 pm To Be Advised

11:00 pm To Be Advised

12:00 am Elementary (Rpt)

CC M
Violence

Crowned Clown, Downtown Brown

When Holmes and Watson investigate a clown's murder upstate, they discover a connection between his death and the creation of a new weaponized virus.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Beyond The Search

PG

ALL NEW EPISODES

Beyond Lost - The Search For Rescue

When you are lost, a GPS is helpful. But when you are trapped, you require a rescue plan. The Beyond team share amazing rescue stories that will give you hope.

04:30 am Leading The Way With Dr. Michael Youssef

G

ALL NEW EPISODES

Counting Stars In An Empty Sky Pt.2

05:00 am Hour Of Power

G

ALL NEW EPISODES



SYDNEY PROGRAM GUIDE

Sunday 22nd September 2019

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious program.

06:30 am Hillsong CC G

ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

07:00 am Joseph Prince New Creation Church CC G

ALL NEW EPISODES

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Unclutter Your Mind

Religious.

08:00 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

08:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

09:00 am Places We Go (Rpt) CC PG

Places We Go is series about real travel, hosted by real travellers. Jennifer Adams and Clint Bizzell take viewers on a journey to some of most stunning destinations around Australia and the World.

09:30 am Studio 10 Sunday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



SYDNEY PROGRAM GUIDE

Sunday 22nd September 2019

12:00 pm The Living Room Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Matt and Barry help a couple turn a muddy yard into a garden that will work for both kids and adults. Chris talks about sleeping with our pets and Miguel Maestre hosts a cook off.

01:00 pm Jay's Longest Melanoma March CC

SPECIAL EVENT

Jay's Longest Melanoma March

11-year melanoma cancer survivor Jay Allen is back for his 3rd walk. Jay walks from Adelaide to Sydney to raise money for the Melanoma Institute Australia and to bring attention to a worthy cause.

02:00 pm Buy To Build CC G

ALL NEW EPISODES

Buy to Build offers a look at the country's latest display homes and land developments and matches the perfect combination for our weekly couple.

02:30 pm Australia By Design: Innovations CC PG

ALL NEW EPISODES

Innovations is about Australian ingenuity and design excellence, it's about inspiration, disruption & changing the game. Innovations continues to bring to light the best of Australian innovation.

03:00 pm Australia By Design: Landscapes CC PG

ALL NEW EPISODES

We visit Australia's most creative landscape designs, interview the designers & the key players to uncover the human stories behind their pursuit of design excellence.

03:30 pm Luxury Escapes (Rpt) CC G

Barcelona

In this episode of Luxury Escapes we explore the enchanted city of Barcelona, a place so magical it's like it leapt from the pages of a fairy tale.

04:00 pm RPM CC

ALL NEW EPISODES

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.



SYDNEY PROGRAM GUIDE

Sunday 22nd September 2019

05:00 pm 10 News First

CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt)

CC PG

It's Christmas Day on Bondi Beach and the lifeguards patience is being tested by beachgoers. Later on, will Trainee Tommy be able to wrangle a highly venomous sea snake before it does any damage?

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm Ambulance Australia: Ultimate Emergencies

CC

ALL NEW EPISODES

Behind the lights and sirens of Ambulance Australia the paramedics face their toughest and most touching emergency call outs.

09:00 pm Instinct

CC M
Violence

ALL NEW EPISODES

Manhunt

It's all hands on deck to track down the Sleeping Beauty Killer when Ryan & Dylan's biggest lead in the case takes them to a faceoff aboard a ship. Also, Dylan receives troubling news from his father.

Starring: Alan Cumming, Bojana Novakovic

10:00 pm To Be Advised

11:00 pm The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Sunday 22nd September 2019

12:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
12:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>

04:30 am **CBS This Morning**

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 23rd September 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

The Logan sisters band together in an effort to help Brooke in her time of trouble. While, Ridge is disconcerted when Det. Sanchez brings up Thomas and his involvement in the death of Emma Barber.

08:00 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Gyton Grantley & Nath Valvo

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Gyton Grantley & Nath Valvo.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm Dr Phil (Rpt)

CC PG
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.



SYDNEY PROGRAM GUIDE

Monday 23rd September 2019

02:00 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Good Chef Bad Chef (Rpt)	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Dollar Bill takes action to help Brooke find cold, hard evidence against Thomas. Meanwhile, Ridge lambasts Thomas as his son recounts to him the series of events on the night that Emma died.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Dave Hughes

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Dave Hughes.



SYDNEY PROGRAM GUIDE

Monday 23rd September 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Masked Singer Australia

CC

SERIES PREMIERE

Celebrities battle it out in song with one major twist; each singer's identity is concealed from the audience and our guessing panel, Jackie O, Danni Minogue, Dave Hughes and Lindsay Lohan.

08:30 pm Have You Been Paying Attention?

CC

M

Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have contestants Ed Kavalee, Geraldine Hickey, Glenn Robbins, Celia Pacquola & Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm Carl Barron - Drinking With A Fork (Rpt)

CC

MA15+

Sexual References,
Coarse Language

Carl Barron - Drinking With A Fork

Annoying birds, bad joggers and whistling while you talk are some of the subjects Carl Barron covers in his relatable style. Sit back and watch one of this country's greatest comedic minds at work.

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Monday 23rd September 2019

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 24th September 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Dollar Bill takes action to help Brooke find cold, hard evidence against Thomas. Meanwhile, Ridge lambasts Thomas as his son recounts to him the series of events on the night that Emma died.

08:00 am Celebrity Name Game Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Dave Hughes

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Dave Hughes.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil (Rpt)

CC PG
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Tuesday 24th September 2019

02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Good Chef Bad Chef (Rpt)	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Steffy rages against Thomas for the harm he's done to her, Hope, Liam, Beth and Kelly. Meanwhile, Ridge unexpectedly finds himself holding the keys to Flo and Thomas's futures.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Dannii Minogue & Jackie O

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Dannii Minogue & Jackie O.



SYDNEY PROGRAM GUIDE

Tuesday 24th September 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Masked Singer Australia

CC

ALL NEW EPISODES

Celebrities battle it out in song with one major twist; each singer's identity is concealed from the audience and our guessing panel, Jackie O, Danni Minogue, Dave Hughes and Lindsay Lohan.

08:30 pm BH90210

CC M
Mature Themes

SERIES PREMIERE

The Reunion

Having gone their separate ways since the "Beverly Hills, 90210" ended 19 years ago, the cast reunites at a fan convention in Las Vegas, causing old flames, feuds and feelings to reignite.

09:30 pm NCIS (Rpt)

CC M
Violence,
Mature Themes

Burden Of Proof

After a convicted felon swears the NCIS agency framed him for murder a decade ago, Gibbs begins his own investigation, starting with a new autopsy by Ducky.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

10:30 pm NCIS: Los Angeles (Rpt)

CC M
Violence

Se Murio El Payaso

When the daughter of a notorious counterfeiter arrives in Los Angeles, Sam goes under cover as a financier. Meanwhile, Callen partners with Anna to track the family's latest scheme.

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Tuesday 24th September 2019

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

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Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 25th September 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Steffy rages against Thomas for the harm he's done to her, Hope, Liam, Beth and Kelly. Meanwhile, Ridge unexpectedly finds himself holding the keys to Flo and Thomas's futures.

08:00 am Celebrity Name Game Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Dannii Minogue & Jackie O

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Dannii Minogue & Jackie O.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil (Rpt)

CC PG
Sexual References,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm My Market Kitchen (Rpt)

CC G

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.



SYDNEY PROGRAM GUIDE

Wednesday 25th September 2019

01:30 pm **Luxury Escapes** (Rpt) CC G

Japan

In this episode of Luxury Escapes, we discover the sublime complexity in the land of the Rising Sun, Japan - a country that does both the weird and the wonderful a whole lot better than anyone else.

02:00 pm **Entertainment Tonight** CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm **Neighbours Encore** (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

03:00 pm **Judge Judy** CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm **Good Chef Bad Chef** (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:00 pm **Everyday Gourmet With Justine Schofield** CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm **The Bold & The Beautiful** CC PG

ALL NEW EPISODES

Ridge makes a difficult decision based upon what he thinks is best for his son, Thomas. Meanwhile, Steffy unleashes her fury on Flo & Brooke shares her feelings regarding Thomas to Donna and Katie.

05:00 pm **10 News First** CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Wednesday 25th September 2019

06:00 pm **Celebrity Name Game**

CC

ALL NEW EPISODES

Osher Gunsberg & Melody Thornton

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Osher Gunsberg & Melody Thornton.

06:30 pm **The Project**

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm **Bondi Rescue**

CC PG
Coarse Language,
Mature Themes

ALL NEW EPISODES

Bondi Rescue 14/009 & 13/009

When a backpacker has a violent seizure for over 15 minutes, team leader Beardy fears long-term consequences. And a miscommunication during a serious rescue could cost two people their lives.

08:30 pm **Muriel's Wedding (Rpt)(1994)**

CC M
Sexual References,
Coarse Language

MOVIE

Socially inept Muriel and best friend Rhonda decide to leave their humdrum small-town life behind and head for the big city...where they end up having the ABBAolutely joyous adventure of their lives!

Starring: Toni Collette, Rachel Griffiths, Sophie Lee, Bill Hunter, Dan Wyllie

10:35 pm **Sports Tonight**

CC

ALL NEW EPISODES

Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.

11:05 pm **The Project Encore (Rpt)**

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Wednesday 25th September 2019

12:05 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 26th September 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Ridge makes a difficult decision based upon what he thinks is best for his son, Thomas. Meanwhile, Steffy unleashes her fury on Flo & Brooke shares her feelings regarding Thomas to Donna and Katie.

08:00 am Celebrity Name Game Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Osher Gunsberg & Melody Thornton

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Osher Gunsberg & Melody Thornton.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm Dr. Phil (Rpt)

CC PG
Drug References,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.



SYDNEY PROGRAM GUIDE

Thursday 26th September 2019

02:00 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Good Chef Bad Chef (Rpt)	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Trouble brews in paradise when Ridge explains to Brooke the deal he made for Flo and Thomas. Meanwhile, Sally puts her self-worth on full display to Wyatt who admires her integrity and beauty.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Luke McGregor & Dr Chris Brown

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Luke McGregor & Dr Chris Brown.



SYDNEY PROGRAM GUIDE

Thursday 26th September 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Jamie Oliver's Ultimate Veg

CC

ALL NEW EPISODES

Jamie is encouraging everyone to put veggies front and centre! Jamie thinks it's time we stopped thinking of them as side dishes to meat. Vegetables can steal the show and he wants to show us how.

08:30 pm Gogglebox

CC

ALL NEW EPISODES

No show is safe in the brand new season of Gogglebox which takes the audience into the lounge rooms of some of Australia's most opinionated, outspoken, funny and avid TV viewers.

09:30 pm To Be Advised

10:30 pm Blue Bloods (Rpt)

CC M
Violence

The Enemy Of My Enemy

Erin's trial against a notorious human trafficker is jeopardised when the presiding judge is mysteriously found dead. Danny and Baez are put on the case to investigate foul play.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez, Len Cariou, Sami Gayle

Guest Starring: Whoopi Goldberg, Tia Carrere, Tunie Tamara

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Thursday 26th September 2019

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 27th September 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Trouble brews in paradise when Ridge explains to Brooke the deal he made for Flo and Thomas. Meanwhile, Sally puts her self-worth on full display to Wyatt who admires her integrity and beauty.

08:00 am Celebrity Name Game Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Luke McGregor & Dr Chris Brown

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Luke McGregor & Dr Chris Brown.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil (Rpt)

CC PG
Sexual References,
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm The Living Room Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

The Living Room brace for the World Cup in Japan. Amanda chats with Wallabies great, Kurtly Beale, Miguel makes a Mexican-Japanese dish and Barry carves out a pair of chopsticks and a serving board.



SYDNEY PROGRAM GUIDE

Friday 27th September 2019

02:00 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Good Chef Bad Chef (Rpt)	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

The fight between Brooke and Ridge over Thomas ends with him leaving and her reeling. Meanwhile, Shauna pays an unwelcome visit to Brooke, who pushes Shauna out of her house.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Nazeem Hussain & Nikki Britton

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Nazeem Hussain & Nikki Britton.



SYDNEY PROGRAM GUIDE

Friday 27th September 2019

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Living Room CC

ALL NEW EPISODES

08:30 pm Have You Been Paying Attention?(Rpt) CC M

Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have contestants Ed Kavalee, Geraldine Hickey, Glenn Robbins, Celia Pacquola & Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm To Be Advised

11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

[Home Shopping](#)

02:00 am Home Shopping (Rpt)

[Home Shopping](#)



SYDNEY PROGRAM GUIDE

Friday 27th September 2019

02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 28th September 2019

06:00 am Reel Action (Rpt) CC G

Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.

06:30 am Escape Fishing With ET (Rpt) CC G

Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.

07:00 am RPM (Rpt) CC

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

08:00 am WhichCar (Rpt) CC PG

Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.

08:30 am All 4 Adventure (Rpt) CC G

Jase and Simon return for another action-packed series as they set out to retrace the steps of early explorers deep into the desolate heartland of this vast continent.

09:30 am Studio 10 Saturday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.

12:00 pm Creative Generation 2019 CC

SPECIAL EVENT

Creative Generation 2019

01:30 pm The Living Room Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION



SYDNEY PROGRAM GUIDE

Saturday 28th September 2019

02:30 pm	Luxury Escapes (Rpt)	CC	<p><u>Barcelona</u></p> <p>In this episode of Luxury Escapes we explore the enchanted city of Barcelona, a place so magical it's like it leapt from the pages of a fairy tale.</p>
03:00 pm	Places We Go (Rpt)	CC PG	<p>Places We Go is series about real travel, hosted by real travellers. Jennifer Adams and Clint Bizzell take viewers on a journey to some of most stunning destinations around Australia and the World.</p>
03:30 pm	What's Up Down Under	CC PG	<p>ALL NEW EPISODES</p> <p>Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.</p>
04:00 pm	To Be Advised		
05:00 pm	10 News First	CC	<p>ALL NEW EPISODES</p> <p>Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>
06:00 pm	Luxury Escapes 2019	CC	<p>ALL NEW EPISODES</p> <p><u>Malaysia / Washington</u></p> <p>In this episode of we visit to Washington DC, the capital of all things USA, and reach a state of total tranquillity on the island of Langkawi, Malaysia's premiere tropical island paradise.</p>
06:30 pm	Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	<p>Bondi's lifeguards can handle big crowds, rip currents and deadly surf but what happens when the rescue is on Bondi's busiest street?</p>
07:00 pm	To Be Advised		
08:00 pm	To Be Advised		
09:00 pm	To Be Advised		



SYDNEY PROGRAM GUIDE

Saturday 28th September 2019

10:30 pm Elementary (Rpt)

CC M
Violence

Over A Barrel

A man takes hostages, including Joan, and threatens to execute them unless Holmes finds the person responsible for the death of his son.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn

11:25 pm Todd Sampson's Body Hack (Rpt)

CC MA15+
Violence,
Coarse Language,
Strong Adult Themes

In the first episode, Todd travels to The Gaza Strip. He arrives during the March of Return protests where to date, over 28,000 people have been injured and 280 killed in the weekly protests.

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Beyond The Search

PG

ALL NEW EPISODES

Beyond Guilt - The Search For Peace

We all have to deal with guilt at some point in our lives. Beyond Guilt talks with Emmanuel Jal, a child soldier in the Sudanese civil war, and reveals how he dealt with his guilt.

04:30 am Leading The Way With Dr. Michael Youssef

G

ALL NEW EPISODES

Counting Stars In An Empty Sky Pt.3



SYDNEY PROGRAM GUIDE

Saturday 28th September 2019

ALL NEW EPISODES

05:00 am Hour Of Power

G