



SYDNEY PROGRAM GUIDE

Sunday 06th October 2019

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious program.

06:30 am Hillsong CC G

ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

07:00 am Joseph Prince New Creation Church CC G

ALL NEW EPISODES

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Call IT In

Religious.

08:00 am Australia By Design: Landscapes (Rpt) CC PG

We visit Australia's most creative landscape designs, interview the designers & the key players to uncover the human stories behind their pursuit of design excellence.

08:30 am The Living Room Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Barry checks out a house that's taken recycling to a whole other level, Chris and Miguel take the ultimate road trip, Matt Leacy shows us how to manicure a hedge and Miguel makes osso bucco.

09:30 am Studio 10 Sunday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



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12:00 pm Australia By Design: Innovations (Rpt) CC G

Innovations is about Australian ingenuity and design excellence, it's about inspiration, disruption & changing the game. Innovations continues to bring to light the best of Australian innovation.

12:30 pm Jamie's Ultimate Veg (Rpt) CC G

Jamie is encouraging everyone to stop thinking of vegetables as side dishes to meat. He says vegetables can steal the show and he wants to show us how through a variety of delicious recipes.

01:30 pm Buy To Build CC G

SEASON FINALE

Buy to Build offers a look at the country's latest display homes and land developments and matches the perfect combination for our weekly couple.

02:00 pm Healthy Homes Australia (Rpt) CC G

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

02:30 pm Australia By Design: Innovations CC G

ALL NEW EPISODES

Innovations is about Australian ingenuity and design excellence, it's about inspiration, disruption & changing the game. Innovations continues to bring to light the best of Australian innovation.

03:00 pm Australia By Design: Landscapes CC PG

ALL NEW EPISODES

We visit Australia's most creative landscape designs, interview the designers & the key players to uncover the human stories behind their pursuit of design excellence.

03:30 pm Luxury Escapes (Rpt) CC PG

New York

In this episode of Luxury Escapes, Sophie takes a giant bite out of the Big Apple, the freshest and juiciest city in the USA, or dare we say... the world?



SYDNEY PROGRAM GUIDE

Sunday 06th October 2019

04:00 pm RPM

CC

ALL NEW EPISODES

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

05:00 pm 10 News First

CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt)

CC PG
Mature Themes

The tempers of the Bondi lifeguards are put to the test as they face the deadliest summer yet as they encounter heatwaves, bag thieves, street hoodlums, sharks, cuts, broken bones & countless rescues.

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm The Graham Norton Show

CC M
Sexual References,
Coarse Language,
Mature Themes,
May Contain:

ALL NEW EPISODES

Join the hilarious and cheeky Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Renee Zellweger, Lenny Henry, Louis Theroux, Andrew Ridgeley & Elbow.

08:30 pm Instinct

CC M
Violence,
Mature Themes

SEASON FINALE

Grey Matter

A gruesome discovery in a city pond leads Dylan and Lizzie to investigate a young man's hug, while Andy rescues one of Dylan's students from a legal bind.

Starring: Alan Cumming, Bojana Novakovic



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Sunday 06th October 2019

09:30 pm NCIS (Rpt)

CC M
Violence

Destiny's Child

Gibbs is assigned the role of acting director while the team searches worldwide for Director Vance's whereabouts.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:30 pm FBI (Rpt)

CC M
Strong Violence

Pilot

After a bomb explosion devastates a residential building, special agents Maggie Bell and Omar Adom "OA" Zidan of the New York office of the FBI investigate a possible war between rival gangs.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

11:30 pm The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

12:30 am Home Shopping (Rpt)

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01:00 am Home Shopping (Rpt)

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Sunday 06th October 2019

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 07th October 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Anthony "harries" Carrol & Bruce "hoppo" Hopkins

Celebrity Name Game puts regular Aussies with celebrities in a race to guess names, places and characters from pop culture. Today's celebrities: Anthony "Harries" Carrol & Bruce "Hoppo" Hopkins

08:00 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Quinn grills Sally about her current relationship with Wyatt. Meanwhile, Shauna urges Flo to fight for Wyatt and not allow Sally to come between her and her true love.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm The Masked Singer Australia Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Celebrities battle it out in song with one major twist; each singer's identity is concealed from the audience and our guessing panel, Jackie O, Dannii Minogue, Dave Hughes and Lindsay Lohan.



SYDNEY PROGRAM GUIDE

Monday 07th October 2019

02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Good Chef Bad Chef (Rpt)	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC PG

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

Pierce gives Hendrix him an ultimatum - if he can get a full time job, Pierce will consider letting him leave school. Humiliated by Mark's comments, there's a strong sense Roxy is done with Mark.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Brooke stands her ground with Ridge about Thomas. Meanwhile, Wyatt accidentally opens the gift he received from Flo while he's with Sally.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Harley Breen & Patrick Aboud

Celebrity Name Game puts regular Aussies with celebs in a race against the clock to guess names, places & characters from pop culture. Today's celebs: Harley Breen & Patrick Aboud.



SYDNEY PROGRAM GUIDE

Monday 07th October 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts Waleed Aly, Carrie Bickmore, Tommy Little & Steve Price. Plus, our guest panellists Rove McManus & Tove Lo as they dissect and digest the daily news, events and hottest topics.

07:30 pm The Masked Singer Australia

CC PG
Coarse Language

ALL NEW EPISODES

Celebrities battle it out in song with one major twist; each singer's identity is concealed from the audience and our guessing panel, Jackie O, Dannii Minogue, Dave Hughes and Lindsay Lohan.

08:30 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have contestants Ed Kavalee, Melanie Bracewell, Lawrence Mooney, Kitty Flanagan & Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm Just For Laughs

CC M
Sexual References,
Coarse Language,
Drug References

ALL NEW EPISODES

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Rhys Nicholson, Lizzy Hoo, Harley Breen and Tommy Little.

10:00 pm Kinne Tonight (Rpt)

CC M
Sexual References,
Coarse Language

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

10:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts Waleed Aly, Carrie Bickmore, Tommy Little & Steve Price. Plus, our guest panellists Rove McManus & Tove Lo as they dissect and digest the daily news, events and hottest topics.

11:30 pm The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Jon Hamm. Plus catch a special appearance by New York Mets First Baseman Pete Alonso.



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04:30 am	CBS This Morning	CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 08th October 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Harley Breen & Patrick Aboud

Celebrity Name Game puts regular Aussies with celebs in a race against the clock to guess names, places & characters from pop culture. Today's celebs: Harley Breen & Patrick Aboud.

08:00 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Brooke stands her ground with Ridge about Thomas. Meanwhile, Wyatt accidentally opens the gift he received from Flo while he's with Sally.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm To Be Advised



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02:00 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G
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05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC PG

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

Shane's thrilled when one of his leads on Mackenzie's father looks like coming through. Chloe, Mark and Aaron are worried sick about their mother when she fails to come home.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Wyatt makes a surprise proposal to Sally. Meanwhile, A panicked Bill calls an ambulance for Katie. Plus, Brooke balks when Ridge says he doesn't trust Bill.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Lehmo & Nikki Britton

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Lehmo & Nikki Britton.



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06:30 pm The Project

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ALL NEW EPISODES

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07:30 pm The Masked Singer Australia

CC

ALL NEW EPISODES

Celebrities battle it out in song with one major twist; each singer's identity is concealed from the audience and our guessing panel, Jackie O, Dannii Minogue, Dave Hughes and Lindsay Lohan.

08:30 pm BH90210

CC M
Mature Themes

ALL NEW EPISODES

The Photo Shoot

Tori starts to feel the pressure of balancing the cast's requirements for the reboot and goes to extremes to get Shannen on board. To move things along, the cast turns to a familiar face for help.

09:30 pm NCIS (Rpt)

CC M
Violence

Ready Or Not

The team's Thanksgiving plans are put on hold while they track an elusive international arms dealer in D.C. who recently murdered an MI6 officer who was Sloane's close friend.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

10:30 pm NCIS: Los Angeles (Rpt)

CC M
Violence

Plain Sight

After a million dollars of weapons are stolen, the team tracks the evidence to a wealthy charity event, prompting Mosley to be added to the guest list with Callen & Sam as her security detail.

11:30 pm The Project Encore (Rpt)

CC

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Tuesday 08th October 2019

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Neil deGrasse Tyson & Former National Security Advisor and Ambassador Susan Rice.

01:30 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 09th October 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

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07:30 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Lehmo & Nikki Britton

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08:00 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Wyatt makes a surprise proposal to Sally. Meanwhile, A panicked Bill calls an ambulance for Katie. Plus, Brooke balks when Ridge says he doesn't trust Bill.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

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12:00 pm Dr. Phil (Rpt)

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Sexual References,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm Jamie's Ultimate Veg (Rpt)

CC G

Jamie is encouraging everyone to stop thinking of vegetables as side dishes to meat. He says vegetables can steal the show and he wants to show us how through a variety of delicious recipes.



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Wednesday 09th October 2019

02:00 pm	Entertainment Tonight	CC
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ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

Scarlett realises Ned is missing Yashvi, and she makes it her mission to get him alone and seduce him. Mackenzie is fighting nerves over seeing her father, Grant, again.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Sally and Wyatt celebrate their engagement. Meanwhile, Ridge, Brooke, Donna and Bill huddle around Katie's hospital bed expressing their love to her.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Catherine Cox & Liz Ellis

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Catherine Cox & Liz Ellis.



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06:30 pm The Project

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07:30 pm The Bachelorette Australia

CC

SEASON PREMIERE

The Bachelorette Australia is back and Angie Kent is here to find love! There are puppies, bouquets of flowers, a throne, silver platters, lots of eligible men and... her brother?

09:15 pm Swinging Safari (2018)

CC M
Sex Scenes,
Coarse Language,
Mature Themes

MOVIE PREMIERE

1970s Australia: a time of boxed wine and bad hair. A 200-ton blue whale washes up on a local beach and the kids reckon it's grouse. Meanwhile, their mums and dads are joining the sexual revolution.

Starring: Guy Pearce, Kylie Minogue, Radha Mitchell, Julian McMahon, Asher Keddie

11:15 pm Sports Tonight

CC

ALL NEW EPISODES

Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.

11:45 pm The Project Encore (Rpt)

CC

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CC PG

SPECIAL ENCORE PRESENTATION

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08:30 am Studio 10

CC PG

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ALL NEW EPISODES

Ridge and Bill throw jabs at one another at the hospital. Meanwhile, Wyatt reminds Quinn what Flo stole when she reminds him that Sally isn't to be trusted.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Scott McLaughlin & Dave Reynolds

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Thursday 10th October 2019

07:30 pm The Bachelorette Australia CC

ALL NEW EPISODES

The first single date of the series sees one very lucky Bachelor join Angie for very special 24 hours of intimate glamping in the wild. And a drama-filled cocktail party leaves the boys speechless.

08:40 pm Gogglebox CC

ALL NEW EPISODES

No show is safe in the brand new season of Gogglebox which takes the audience into the lounge rooms of some of Australia's most opinionated, outspoken, funny and avid TV viewers.

09:40 pm Law & Order: S.V.U (Rpt) CC M
Mature Themes

Depravity Standard

A child abductor's trial gets complicated when a plea deal is rejected, so Barba is forced to use evidence that is decades old, leading to a confrontation between him and former colleague Dr. Huang.

Starring: Mariska Hargitay, Ice T, Kelli Giddish, Peter Scanavino, Raúl Esparza

Guest Starring: Tom Sizemore, B.D. Wong, Robin Weigert, Mili Avital, Kathryn Meisle, Joe Grifasi, Alex Karpovsky

10:40 pm Blue Bloods (Rpt) CC M
Violence,
Drug Use

The Forgotten

Danny and Baez investigate the murder of a single mother whose ex-husband has a history of violence. Also, Frank deals with the fallout when Mayor Dutton eliminates solitary confinement in prisons.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez, Len Cariou, Sami Gayle, Lorraine Bracco

11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

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12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert as he interviews Jonathan Van Ness, Brett Gelman, Elizabeth Warren, Bernie Sanders & Mayor Pete Buttigieg. Plus, music by Big Thief.



SYDNEY PROGRAM GUIDE

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02:00 am Home Shopping (Rpt)

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Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 11th October 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Scott McLaughlin & Dave Reynolds

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Scott McLaughlin & Dave Reynolds.

08:00 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Ridge and Bill throw jabs at one another at the hospital. Meanwhile, Wyatt reminds Quinn what Flo stole when she reminds him that Sally isn't to be trusted.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm Supercars Bathurst 1000

CC

LIVE

Supercars - Bathurst 1000 Day 1



SYDNEY PROGRAM GUIDE

Friday 11th October 2019

05:00 pm 10 News First

CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm Celebrity Name Game

CC PG

ALL NEW EPISODES

Tim Campbell & Anthony Callea

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Tim Campbell & Anthony Callea.

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Living Room

CC

ALL NEW EPISODES

Barry makes a hidden room, without making any extensions to the house, Chris snorkels in the waters of Shelly Beach, Miguel makes soul food in Memphis and Kara whips up a thrifty bedhead in no time.

08:30 pm Rugby World Cup: Australia V Georgia CC

LIVE

Australia Vs Georgia

Join us for all the action of the Rugby World Cup 2019 where Australia verses Georgia from Shizuoka Stadium Ecopa. Kick-off: 9:15pm (AEDT).

11:30 pm Have You Been Paying Attention?(Rpt) CC

M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have contestants Ed Kavalee, Melanie Bracewell, Lawrence Mooney, Kitty Flanagan & Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!



SYDNEY PROGRAM GUIDE

Friday 11th October 2019

12:30 am The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

01:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 12th October 2019

06:00 am Reel Action (Rpt) CC G

Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.

06:30 am Escape Fishing With ET (Rpt) CC G

Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.

07:00 am RPM (Rpt) CC

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

08:00 am WhichCar (Rpt) CC PG

Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.

08:30 am What's Up Down Under (Rpt) CC G

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

09:00 am Studio 10 Saturday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.

11:30 am Supercars Bathurst 1000 CC

LIVE

Supercars - Bathurst 1000 Day 2

06:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Saturday 12th October 2019

07:00 pm To Be Advised

08:10 pm To Be Advised

09:20 pm School Of Rock (Rpt)(2003)

CC PG
Mild Coarse
Language

MOVIE

Hell-raising guitarist Dewey Finn worships the power of rock & roll. Down and out and in need of money he accepts a job as a substitute teacher at the prestigious Horace Green Elementary School.

Starring: Jack Black, Joan Cusack, Mike White, Sarah Silverman

11:40 pm Elementary (Rpt)

CC M
Violence

Wrong Side Of The Road

Holmes' former protege, Kitty Winter, returns to New York after a three-year absence to warn him that a killer is eliminating everyone involved with a case they worked on together in London.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn

12:30 am Todd Sampson's Body Hack (Rpt)

CC MA15+
Violence,
Strong Adult

Themes,
Nudity

Todd explores the rituals of Ethiopia. From the bloody ritual of male stick fighting to the extraordinary whipping of women - this episode challenges our concepts of sacrifice, tradition and love.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 12th October 2019

04:00 am Beyond The Search

PG

ALL NEW EPISODES

Beyond Burnout - The Search For Rest

Electrical devices aren't the only things that burn out. People and relationships also suffer from overload. In this digital age where we're bombarded with multiple messages, how do we survive?

04:30 am Leading The Way With Dr. Michael Youssef

G

ALL NEW EPISODES

Tks 10th Anniversary

05:00 am Hour Of Power

G

ALL NEW EPISODES



SYDNEY PROGRAM GUIDE

Sunday 13th October 2019

06:00 am	Mass For You At Home (Rpt)	CC G	Religious program.
06:30 am	Hillsong (Rpt)	CC G	Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.
07:00 am	Joseph Prince (Rpt)	CC G	Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.
07:30 am	Supercars Bathurst 1000	CC	<p>LIVE <u>Supercars - Bathurst 1000 Day 3</u></p>
06:30 pm	The Sunday Project	CC	<p>ALL NEW EPISODES</p> <p>Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.</p>
07:30 pm	The Graham Norton Show	CC M Sexual References, Coarse Language, Mature Themes, May Contain:	<p>ALL NEW EPISODES</p> <p>Join the hilarious and cheeky Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Bruce Springsteen, Robert De Niro, Paul Rudd & James Blunt.</p>
08:30 pm	NCIS	CC M Frequent Violence	<p>SEASON PREMIERE <u>Out Of The Darkness</u></p> <p>Ziva surprises Gibbs with a cryptic warning, prompting him to question why she remained underground for years while being presumed dead by family and friends.</p>
09:30 pm	NCIS (Rpt)	CC M Violence, Mature Themes	<p><u>Love They Neighbor</u></p> <p>A Navy lieutenant is found murdered in his hot tub; the team interviews families in the victim's peculiar neighbourhood; Torres must face the consequences after a volatile night out with Palmer.</p> <p>Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll</p>



SYDNEY PROGRAM GUIDE

Sunday 13th October 2019

10:30 pm **FBI** (Rpt)

CC M
Violence

Green Birds

After eight people are fatally poisoned at a deli in New York City, agents Maggie Bell and OA Zidan trace the crime to an unlikely culprit and conduct a sting operation to prevent further attacks.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

11:30 pm **The Sunday Project Encore** (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

12:30 am **Home Shopping** (Rpt)

Home Shopping

01:00 am **Home Shopping** (Rpt)

Home Shopping

01:30 am **Home Shopping** (Rpt)

Home Shopping

02:00 am **Home Shopping** (Rpt)

Home Shopping

02:30 am **Home Shopping** (Rpt)

Home Shopping

03:00 am **Home Shopping** (Rpt)

Home Shopping

03:30 am **Home Shopping** (Rpt)

Home Shopping

04:00 am **Home Shopping** (Rpt)

Home Shopping

04:30 am **CBS This Morning**

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 14th October 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Tim Campbell & Anthony Callea

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Tim Campbell & Anthony Callea.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

Ridge and Bill throw jabs at one another at the hospital. Meanwhile, Wyatt reminds Quinn what Flo stole when she reminds him that Sally isn't to be trusted.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil (Rpt)

CC PG
Coarse Language

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Monday 14th October 2019

02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Judge Judy	CC PG
04:00 pm	The Bold & The Beautiful	CC PG
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

Excitement bubbles as Yashvi, Harlow and Mackenzie get ready for their school formal. Paul and Terese anxiously wait to hear if any footage has been recorded on the hidden camera.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

Thomas breaks the rules and pays a visit to Douglas. Meanwhile, Flo becomes concerned when she realizes the depth of Shauna's burgeoning feelings for Ridge.

ALL NEW EPISODES

Ridge and Thomas share an important father son moment before Ridge leaves to take Douglas on his playdate. Meanwhile, Brooke flips when she finds Thomas in her house and demands that he leave.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Monday 14th October 2019

06:00 pm Celebrity Name Game	CC PG	<p>ALL NEW EPISODES <u>Susie Youssef & Gen Fricker</u> Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Susie Youssef & Gen Fricker.</p>
06:30 pm The Project	CC	<p>ALL NEW EPISODES Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.</p>
07:30 pm The Masked Singer Australia	CC	<p>ALL NEW EPISODES Celebrities battle it out in song with one major twist; each singer's identity is concealed from the audience and our guessing panel, Jackie O, Dannii Minogue, Dave Hughes and Lindsay Lohan.</p>
08:30 pm Have You Been Paying Attention?	CC M Sexual References, Coarse Language, Mature Themes, Nudity, May Contain:	<p>ALL NEW EPISODES Have contestants Ed Kavalee, Urzila Carlson, Mick Molloy, Celia Pacquola, Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!</p>
09:30 pm Just For Laughs	CC	<p>ALL NEW EPISODES Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Peter Helliar, Becky Lucas, Al Del Bene and Tommy Little.</p>
10:00 pm Kinne Tonight (Rpt)	CC M Sexual References, Coarse Language, Mature Themes	<p>ALL NEW EPISODES Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.</p>
10:30 pm The Montreal Comedy Festival (Rpt)	CC PG Sexual References, Coarse Language	<p>2017 Montreal Comedy Festival, Just For Laughs #3 Tommy Little presents the 2017 Montreal Comedy Festival featuring live stand up from Ismo Leikola, Gabriel Iglesias, Sarah Tiana, Aussie Adam Hills and many many more.</p>



SYDNEY PROGRAM GUIDE

Monday 14th October 2019

11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 15th October 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Susie Youssef & Gen Fricker

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Susie Youssef & Gen Fricker.

08:00 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Ridge and Thomas share an important father son moment before Ridge leaves to take Douglas on his playdate. Meanwhile, Brooke flips when she finds Thomas in her house and demands that he leave.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Tuesday 15th October 2019

02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G
04:00 pm	Good Chef Bad Chef (Rpt)	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC PG

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Shauna assures Ridge that she will be there for him if Brooke cannot. Meanwhile, After an epic fight with Brooke, Thomas declares war on her and the Logans.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Shannon Noll & Ian "Dicko" Dickson

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Shannon Noll & Ian "Dicko" Dickson.



SYDNEY PROGRAM GUIDE

Tuesday 15th October 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Masked Singer Australia

CC

ALL NEW EPISODES

Celebrities battle it out in song with one major twist; each singer's identity is concealed from the audience and our guessing panel, Jackie O, Dannii Minogue, Dave Hughes and Lindsay Lohan.

08:30 pm The Masked Singer: Unmasked

CC

ALL NEW EPISODES

Celebrities battle it out in song with one major twist; each singer's identity is concealed from the audience and our guessing panel, Jackie O, Dannii Minogue, Dave Hughes and Lindsay Lohan.

09:30 pm To Be Advised

10:30 pm NCIS: Los Angeles (Rpt)

CC M

Mountebank

Sam goes undercover as a day trader after a prominent investment banker with ties to a Russian oligarch is murdered.

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Tuesday 15th October 2019

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 16th October 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Shannon Noll & Ian "Dicko" Dickson

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Shannon Noll & Ian "Dicko" Dickson.

08:00 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Shauna assures Ridge that she will be there for him if Brooke cannot. Meanwhile, After an epic fight with Brooke, Thomas declares war on her and the Logans.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Wednesday 16th October 2019

02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G
04:00 pm	Good Chef Bad Chef (Rpt)	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC PG

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

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Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Bill encounters Shauna at the hospital and warns her to stay away from the Logan women. Meanwhile, Thomas manipulates Danny into dropping a bombshell on Brooke that will fracture her marriage.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Colin Lane & Melinda Schneider

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Colin Lane & Melinda Schneider.



SYDNEY PROGRAM GUIDE

Wednesday 16th October 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Bachelorette Australia

CC

ALL NEW EPISODES

Angie organises a date combining two of her favourite things – Bachelors and rescue dogs. At the cocktail party things get tense when one Bachelor breaks the boy code.

08:40 pm Playing For Keeps

CC M
Coarse Language,
Drug References

SEASON PREMIERE

Everyone's favourite WAGs are back and they're bringing scandal, drama, heat and outrageous controversies with them. Strap yourselves in: this is set to be a bumpy ride.

09:40 pm BH90210

CC M
Sexual References

ALL NEW EPISODES

The Table Read

The first table read is a major disappointment and when the cast attempts to rewrite the script they struggle to agree on storylines. Meanwhile, Shannen questions her decision to join the reboot.

10:40 pm Sports Tonight

CC

ALL NEW EPISODES

Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.

11:10 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Wednesday 16th October 2019

12:05 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 17th October 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Colin Lane & Melinda Schneider

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Colin Lane & Melinda Schneider.

08:00 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Bill encounters Shauna at the hospital and warns her to stay away from the Logan women. Meanwhile, Thomas manipulates Danny into dropping a bombshell on Brooke that will fracture her marriage.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC M
Violence,
Sexual References,
Strong Adult Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Thursday 17th October 2019

02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G
04:00 pm	Good Chef Bad Chef (Rpt)	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC PG

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Shauna confesses to Flo that she kissed Ridge when he was passed out drunk. Meanwhile, Ridge is floored when Brooke confronts him about the night he spent with Shauna Fulton.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Yvie Jones & Angie Kent

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Yvie Jones & Angie Kent.



SYDNEY PROGRAM GUIDE

Thursday 17th October 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Bachelorette Australia

CC

ALL NEW EPISODES

Angie's BFF takes the boys to a bachelorette party to get to know the men who are hoping to steal her bestie's heart. At the cocktail party, there are secret kisses, tears and pissed-off bachelors.

08:40 pm Gogglebox

CC

SEASON FINALE

No show is safe in the brand new season of Gogglebox which takes the audience into the lounge rooms of some of Australia's most opinionated, outspoken, funny and avid TV viewers.

09:40 pm To Be Advised

10:40 pm Blue Bloods (Rpt)

CC M
Violence

Brushed Off

When a famous basketball player is found dead in his apartment of an apparent drug overdose, Danny looks into ties to old friends in a local gang.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez, Len Cariou, Sami Gayle

Guest Starring: Mimi Rogers, Stacy Keach

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Thursday 17th October 2019

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

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Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 18th October 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Yvie Jones & Angie Kent

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Yvie Jones & Angie Kent.

08:00 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Shauna confesses to Flo that she kissed Ridge when he was passed out drunk. Meanwhile, Ridge is floored when Brooke confronts him about the night he spent with Shauna Fulton.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Drug References,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm The Living Room Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Barry makes a hidden room, without making any extensions to the house, Chris snorkels in the waters of Shelly Beach, Miguel makes soul food in Memphis and Kara whips up a thrifty bedhead in no time.



SYDNEY PROGRAM GUIDE

Friday 18th October 2019

02:00 pm	Entertainment Tonight	CC
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Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Thomas attempts to persuade Shauna to help him break up Brooke and Ridge. Meanwhile, Liam agrees to help Hope keep Thomas as far away from Douglas as possible.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Sandra Sully & Matt Burke

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Sandra Sully & Matt Burke.



SYDNEY PROGRAM GUIDE

Friday 18th October 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Living Room

CC

ALL NEW EPISODES

Miguel has a recipe for a delicious veggie-packed gozleme, Cherie shares her tips to maximise profits with minimum spend for your short-term rental & Bachelorette Angie Kent pops by for puppy trivia.

08:30 pm To Be Advised

09:30 pm Have You Been Paying Attention? (Rpt) CC

M

Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have contestants Ed Kavalee, Urzila Carlson, Mick Molloy, Celia Pacquola, Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

10:30 pm To Be Advised

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Friday 18th October 2019

01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
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05:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 19th October 2019

06:00 am	Reel Action (Rpt)	CC	Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.
06:30 am	Escape Fishing With ET (Rpt)	CC G	Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.
07:00 am	WhichCar (Rpt)	CC PG	Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.
07:30 am	Seafood Escape With Andrew Ettingshausen (Rpt)	CC G	Host Andrew Ettingshausen joins top Australian Chefs on board commercial fishing boats to find out what it takes to put Seafood on our tables.
08:00 am	What's Up Down Under (Rpt)	CC G	Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.
08:30 am	All 4 Adventure (Rpt)	CC PG Mild Coarse Language	Follow a couple of modern-day adventurers on rugged expeditions into some of the remotest corners and wildest frontiers of Australia.
09:30 am	Studio 10 Saturday	CC PG	<p>ALL NEW EPISODES</p> <p>See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.</p>
12:00 pm	Jamie's Super Food Family Classics (Rpt)	CC G	<p>Jamie embarks on a super-food journey around the world! First stop takes him to Sardinia for some rare local pasta, followed by Switzerland for a Swiss chard lunch & then to South Korea for kimchi.</p> <p>Starring: Jamie Oliver</p>



SYDNEY PROGRAM GUIDE

Saturday 19th October 2019

01:00 pm Australia By Design: Innovations (Rpt) CC G

Innovations is about Australian ingenuity and design excellence, it's about inspiration, disruption & changing the game. Innovations continues to bring to light the best of Australian innovation.

ALL NEW EPISODES

01:30 pm Healthy Homes Australia CC G

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

02:00 pm Australia By Design: Landscapes (Rpt) CC G

We visit Australia's most creative landscape designs, interview the designers & the key players to uncover the human stories behind their pursuit of design excellence.

SPECIAL EVENT

02:30 pm Bondi Rescue: Road Boss Rally CC

Bondi Rescue: Road Boss Rally

The Bondi Rescue team Reidy, Corey & Whippet compete in the legendary Road Boss Rally. When not racing or making mischief the boys raise awareness & money for drought effected towns in NSW & QLD.

ALL NEW EPISODES

03:30 pm What's Up Down Under CC G

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

SPECIAL ENCORE PRESENTATION

04:00 pm The Living Room Encore (Rpt) CC

Miguel has a recipe for a delicious veggie-packed gozleme, Cherie shares her tips to maximise profits with minimum spend for your short-term rental & Bachelorette Angie Kent pops by for puppy trivia.

ALL NEW EPISODES

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Saturday 19th October 2019

06:00 pm	Rugby World Cup: Quarter Final	CC	<p>LIVE <u>Quarter Final 1</u></p> <p>Join us for all the action of the first Quarter Final of the Rugby World Cup 2019 from Oita Stadium. Kick-off: 6:15pm (AEDT).</p>
08:30 pm	To Be Advised		
09:40 pm	To Be Advised		
10:50 pm	To Be Advised		
11:50 pm	Elementary (Rpt)	CC M Violence	<p><u>Fidelity</u></p> <p>Joan and Kitty try to prove that a string of murders, stemming from an old case Sherlock and Kitty solved in London, is connected to an international government conspiracy.</p> <p>Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn</p>
01:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
01:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
04:00 am	Beyond The Search	PG	<p>ALL NEW EPISODES <u>Beyond Counterfeit - The Search For The Real Thing</u></p> <p>Few experiences are as soul-destroying as falling victim to a scam. In the great cosmic conflict, humankind bought into a scam about God's intentions and character.</p>



SYDNEY PROGRAM GUIDE

Saturday 19th October 2019

04:30 am **Leading The Way With Dr. Michael Youssef** G

ALL NEW EPISODES

Counting Stars In An Empty Sky Pt.5

05:00 am **Hour Of Power** G

ALL NEW EPISODES