



# SYDNEY PROGRAM GUIDE

Sunday 01st December 2019

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Religious program.

**06:30 am Hillsong** CC G

## ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

**07:00 am Joseph Prince New Creation Church** CC G

## ALL NEW EPISODES

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

**07:30 am Joel Osteen** CC G

## ALL NEW EPISODES

### Beating Bitterness

Religious.

**08:00 am Behind The Sash Encore (Rpt)** CC PG

## SPECIAL ENCORE PRESENTATION

Follows four powerful women as they travel the nation and abroad to shine a light on issues of injustice whilst searching for the next Mrs Australia.

**09:00 am Discover Japan: Kyushu With Liv Phyland (Rpt)** CC G

Join Liv Phyland on Discover Japan as she explores the beautiful prefectures of Kyushu. Liv introduces us to the nature, local culture and foods which are characteristic to this fascinating Island.

**09:30 am Studio 10 Sunday** CC PG

## ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



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**12:00 pm The Offroad Adventure Show** CC G

## SEASON PREMIERE

Four ultimate touring 4WDs, two all-new thrillseeking hosts, tackling our toughest adventures yet,, discovering spectacular campsites and bucket list adventures along the way.

**01:00 pm All 4 Adventure** CC PG  
Coarse Language

## SEASON PREMIERE

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

**02:00 pm Pat Callinan's 4x4 Adventures** CC G

## SEASON PREMIERE

### Flinders To The Back Of Broken Hill

Australia's foremost 4x4 expert "MR 4X4" Pat Callinan takes you on some of his all-time favourite four-wheel drive adventures.

**03:00 pm Australia By Design: Interiors** CC G

## ALL NEW EPISODES

Australia by Design: Interiors showcases Australia's most creative and innovative interior designs and speaks to the designers to uncover the stories behind their pursuit of design excellence.

**03:30 pm RV Daily Foodie Trails** CC

## SEASON PREMIERE

Welcome to RV Daily's Foodie Trails, where we scratch beneath the surface of regional Australia to find the best-kept food secrets and meet the authentic local characters behind them.

**04:00 pm Seafood Escape With Andrew Ettingshausen** CC G

## SEASON PREMIERE

Andrew ET Ettingshausen teams up with some of Australia's toughest Australian fishing crews and creative chefs to reveal the journey from ocean depths to culinary delights in Seafood Escape.

**04:30 pm Farm To Fork (Rpt)** CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.



# SYDNEY PROGRAM GUIDE

Sunday 01st December 2019

**05:00 pm 10 News First**

CC

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Bondi Rescue (Rpt)**

CC PG  
Coarse Language

Ryan, Jethro and Harries are on duty when some early morning beach walkers run up to the tower to say they think they have seen a body near North Bondi.

**06:30 pm The Sunday Project**

CC

## ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

**07:30 pm The Graham Norton Show**

CC

## ALL NEW EPISODES

Join the hilarious and cheeky Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Hillary Clinton, Chelsea Clinton, Jamie Oliver, David Mitchell & Kesha.

**08:30 pm NCIS**

CC M

## ALL NEW EPISODES

### Musical Chairs

The NCIS team investigates the murder of a musician in the Navy's most elite band.

**09:30 pm NCIS (Rpt)**

CC M

### Tailing Angie

When the lead suspect of an unsolved and high-profile robbery case is released from prison, the NCIS team resumes their investigation with an undercover stakeout.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

**10:30 pm FBI (Rpt)**

CC M  
Violence

### This Land Is Your Land

Agent Bell and Zidan's search for an abducted former chemist who assisted Syrian President al-Assad develop biological weapons, leads them to an extremist family with a deadly plan.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel



# SYDNEY PROGRAM GUIDE

Sunday 01st December 2019

**11:30 pm The Sunday Project Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

**12:30 am Home Shopping** (Rpt)

**Home Shopping**

**01:00 am Home Shopping** (Rpt)

**Home Shopping**

**01:30 am Home Shopping** (Rpt)

**Home Shopping**

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS This Morning** CC

## ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Monday 02nd December 2019

**06:00 am The Talk (Rpt)**

CC PG  
Mature Themes

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am Celebrity Name Game (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

### Kate McCartney & Jane Hall

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Kate McCartney & Jane Hall.

**08:00 am The Bold & The Beautiful (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Ridge is incredulous to learn that Hope manipulated Thomas into sharing his son. Meanwhile, Steffy and Liam share a tender moment together and vow to spend time as a family.

**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

**12:00 pm Dr. Phil**

CC M  
Mature Themes

## ALL NEW EPISODES

### 18407 - Killer Cop Sentenced: Victim's Family Reacts

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm The Amazing Race Australia Encore (Rpt)**

CC PG  
Coarse Language

## SPECIAL ENCORE PRESENTATION

Would you rather spend the day doing laundry by hand or sorting through different species of fish? And what if that decision could cost you \$250,000?



# SYDNEY PROGRAM GUIDE

Monday 02nd December 2019

<b>02:10 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Neighbours Encore (Rpt)</b>	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG
<b>03:30 pm</b>	<b>Everyday Gourmet With Justine Schofield (Rpt)</b>	CC G
<b>04:00 pm</b>	<b>Farm To Fork</b>	CC G
<b>04:30 pm</b>	<b>The Bold &amp; The Beautiful</b>	CC PG
<b>05:00 pm</b>	<b>10 News First</b>	CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## SPECIAL ENCORE PRESENTATION

Paul is torn between staying with critically ill David and supporting Terese through her drinking problem. With the class action drama and Kirsha leaving, Dipi is feeling a rift between her and Shane.

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

## ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

## ALL NEW EPISODES

Furious, Ridge demands hard answers from Brooke and Hope. Meanwhile, Brooke covers for Hope and attempts to diffuse the situation between her and Ridge.

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



# SYDNEY PROGRAM GUIDE

Monday 02nd December 2019

**06:00 pm** **Celebrity Name Game**

CC PG

## ALL NEW EPISODES

### Shannon Noll & Pete Rowsthorn

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Shannon Noll & Pete Rowsthorn.

**06:30 pm** **The Project**

CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm** **The Amazing Race Australia**

CC PG  
Coarse Language

## ALL NEW EPISODES

The final four teams make their way to Thailand. Teams are faced with their toughest eating challenge yet, with every contestant having to take part in order to get their next clue.

**08:40 pm** **Celeste Barber: Challenge Accepted**

CC MA15+  
Sexual References,  
Coarse Language

## SPECIAL EVENT

### Celeste Barber: Challenge Accepted

Hilarious social media super star, Celeste Barber explains the stories behind her most famous images, her new relationship with famous people, the trolls, fans and comments that get under her skin.

**09:40 pm** **Just For Laughs Australia**

CC M  
Sexual References,  
Coarse Language

## ALL NEW EPISODES

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Rove McManus, Ivan Aristeguieta, Simon Taylor and Tommy Little.

**10:10 pm** **Just For Laughs Australia**

CC MA15+  
Sexual References,  
Coarse Language

## SEASON FINALE

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Reggie Watts, Justin Hamilton, Nina Oyama and Tommy Little.



# SYDNEY PROGRAM GUIDE

## Monday 02nd December 2019

**10:40 pm Montreal Comedy Festival Just For Laughs (Rpt)**

CC M  
Sexual References,  
Coarse Language

### **2017 Montreal Comedy Festival, Just For Laughs #1**

Tommy Little presents the 2017 Montreal Comedy Festival featuring live stand up from Amy Schumer, Arj Baker, Danny Bhoj, Carl Barron, Wil Anderson, Ronny Chieng and many more.

**11:40 pm The Project Encore (Rpt)**

CC

### **SPECIAL ENCORE PRESENTATION**

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:40 am The Late Show With Stephen Colbert**

CC PG

### **ALL NEW EPISODES**

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Jennifer Aniston & Thomas Middleditch.

**01:30 am Home Shopping (Rpt)**

**Home Shopping**

**02:00 am Home Shopping (Rpt)**

**Home Shopping**

**02:30 am Home Shopping (Rpt)**

**Home Shopping**

**03:00 am Home Shopping (Rpt)**

**Home Shopping**

**03:30 am Home Shopping (Rpt)**

**Home Shopping**

**04:00 am Home Shopping (Rpt)**

**Home Shopping**

**04:30 am CBS This Morning**

CC

### **ALL NEW EPISODES**

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.





# SYDNEY PROGRAM GUIDE

Tuesday 03rd December 2019

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am Celebrity Name Game (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

### Shannon Noll & Pete Rowsthorn

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Shannon Noll & Pete Rowsthorn.

**08:00 am The Bold & The Beautiful (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Furious, Ridge demands hard answers from Brooke and Hope. Meanwhile, Brooke covers for Hope and attempts to diffuse the situation between her and Ridge.

**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

**12:00 pm Dr. Phil**

CC PG  
Sexual References,  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

### 18023 - No Smart Phone, No Computer But That Doesn't Stop My Teen

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.



# SYDNEY PROGRAM GUIDE

Tuesday 03rd December 2019

**01:00 pm The Amazing Race Australia Encore** CC PG  
(Rpt) Coarse Language

## SPECIAL ENCORE PRESENTATION

The final four teams make their way to Thailand. Teams are faced with their toughest eating challenge yet, with every contestant having to take part in order to get their next clue.

**02:10 pm Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm Neighbours Encore** (Rpt) CC PG

## SPECIAL ENCORE PRESENTATION

Paul demands Kyle drop the class action, or he will make his life hell. With his remaining kidney failing, David desperately needs to find a donor kidney. Ned has begun counselling.

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm Everyday Gourmet With Justine Schofield** (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:00 pm Farm To Fork** CC G

## ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**04:30 pm The Bold & The Beautiful** CC PG

## ALL NEW EPISODES

Hope struggles with telling Ridge about why Thomas is MIA. Meanwhile, Steffy and Ridge worry about Thomas after learning of his indecent proposal to Hope.



# SYDNEY PROGRAM GUIDE

Tuesday 03rd December 2019

05:00 pm 10 News First

CC

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm Celebrity Name Game

CC PG

## ALL NEW EPISODES

### Charlie Pickering & Sarah Harris

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Charlie Pickering & Sarah Harris.

06:30 pm The Project

CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Amazing Race Australia

CC

## SEASON FINALE

In the final leg of the race, our teams battle it out in Australia's Top End. In a race where every second counts, the first team to cross the finish line will take home a \$250,000 cash prize!

08:30 pm ONE Born Every Minute Australia

CC M  
Mature Themes

## ALL NEW EPISODES

Each year Australia sees over 300,000 new bundles of joy enter the world. You're invited to be a part of the experience through cameras rolling around the clock capturing each life changing moment.

09:30 pm NCIS Encore (Rpt)

CC M

### Musical Chairs

The NCIS team investigates the murder of a musician in the Navy's most elite band.

10:30 pm NCIS: Los Angeles (Rpt)

CC M

### All Is Bright

The team investigates a ransomware attack that takes out the entire power grid for west L.A. and paralyses the city. Also, as the first holiday season since the death of Sam's wife approaches



# SYDNEY PROGRAM GUIDE

Tuesday 03rd December 2019

**11:30 pm The Project Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Speaker of the House Nancy Pelosi.

**01:30 am Home Shopping** (Rpt)

**Home Shopping**

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS This Morning** CC

## ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Wednesday 04th December 2019

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am Celebrity Name Game (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

### Charlie Pickering & Sarah Harris

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Charlie Pickering & Sarah Harris.

**08:00 am The Bold & The Beautiful (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Hope struggles with telling Ridge about why Thomas is MIA. Meanwhile, Steffy and Ridge worry about Thomas after learning of his indecent proposal to Hope.

**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

**12:00 pm Dr. Phil**

CC PG  
Coarse Language

## ALL NEW EPISODES

### 18030 - Dr. Phil, Only You Can Answer My Question

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.



# SYDNEY PROGRAM GUIDE

Wednesday 04th December 2019

01:00 pm **To Be Advised**

02:10 pm **Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm **Neighbours Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

When Ned shows up for his grudge match, he finds none other than Bea in the ring with him. Pierce misses his wedding rehearsal with Chloe.

03:00 pm **Judge Judy**

CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm **Everyday Gourmet With Justine Schofield (Rpt)**

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:00 pm **Farm To Fork**

CC G

## ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:30 pm **The Bold & The Beautiful**

CC PG

## ALL NEW EPISODES

Thomas makes a surprise visit to a guilty Hope just to prove a point. Meanwhile, Ridge confides in Shauna that he may have lost Thomas forever.

05:00 pm **10 News First**

CC

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm **Celebrity Name Game**

CC PG

## ALL NEW EPISODES

### Stephanie Rice & Tahir

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Stephanie Rice & Tahir.



# SYDNEY PROGRAM GUIDE

Wednesday 04th December 2019

**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm The Unicorn**

CC PG  
Sexual References

## ALL NEW EPISODES

### No Small Parts

Grace gets the lead in the school musical, but Wade realizes that the teachers are giving her special treatment after he hears her sing. Delia and Forrest are volunteered for soccer snack bar duty.

Starring: Walton Goggins, Rob Corddry, Omar Miller, Michaela Watkins, Maya Lynne Robinson

**08:00 pm The Unicorn**

CC PG  
Sexual References

## ALL NEW EPISODES

### Three Men Out

With an empty house at his disposal while his girls are away for the weekend, Wade visits a local hot spot to meet women instead of using his dating app, and Forrest and Ben decide to be his wing men.

Starring: Walton Goggins, Rob Corddry, Omar Miller, Michaela Watkins, Maya Lynne Robinson

**08:30 pm Playing For Keeps**

CC M  
Violence,  
Sexual References,  
Coarse Language,  
Mature Themes

## SEASON FINALE

As Travis works on Maddie's marital surprise and Tahlia launches her swimwear collection to rave reviews, one climatic night will change everything for the men and women of the Southern Jets Club.

**09:30 pm To Be Advised**

**10:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Wednesday 04th December 2019

11:30 pm **The Late Show With Stephen Colbert** CC PG

### ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Steve Carell. Plus, a musical performance by Toby Keith.

12:30 am **Home Shopping** (Rpt)

**Home Shopping**

01:00 am **Home Shopping** (Rpt)

**Home Shopping**

01:30 am **Home Shopping** (Rpt)

**Home Shopping**

02:00 am **Home Shopping** (Rpt)

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03:00 am **Home Shopping** (Rpt)

**Home Shopping**

03:30 am **Home Shopping** (Rpt)

**Home Shopping**

04:00 am **Home Shopping** (Rpt)

**Home Shopping**

04:30 am **CBS This Morning** CC

### ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.





# SYDNEY PROGRAM GUIDE

Thursday 05th December 2019

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am Celebrity Name Game (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

### Stephanie Rice & Tahir

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Stephanie Rice & Tahir.

**08:00 am The Bold & The Beautiful (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Thomas makes a surprise visit to a guilty Hope just to prove a point. Meanwhile, Ridge confides in Shauna that he may have lost Thomas forever.

**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

**12:00 pm Dr. Phil**

CC M  
Mature Themes

## ALL NEW EPISODES

### 18012 - Family Divided: Torn Between Two Men

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm To Be Advised**



# SYDNEY PROGRAM GUIDE

Thursday 05th December 2019

<b>02:00 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Neighbours Encore (Rpt)</b>	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG
<b>03:30 pm</b>	<b>Everyday Gourmet With Justine Schofield (Rpt)</b>	CC G
<b>04:00 pm</b>	<b>Farm To Fork</b>	CC G
<b>04:30 pm</b>	<b>The Bold &amp; The Beautiful</b>	CC PG
<b>05:00 pm</b>	<b>10 News First</b>	CC
<b>06:00 pm</b>	<b>Celebrity Name Game</b>	CC PG

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## SPECIAL ENCORE PRESENTATION

Chloe pushes Hendrix away, appalled that he kissed her. Susan senses something is seriously wrong in the close friendship between Finn and Elly.

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

## ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

## ALL NEW EPISODES

Shauna proves to Ridge that she is there for him when Brooke is not. Meanwhile, Thomas taunts Brooke to tell Ridge the truth about the secret she's been keeping.

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

## ALL NEW EPISODES

### Benita Collings & George Spartels

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Benita Collings & George Spartels.



# SYDNEY PROGRAM GUIDE

Thursday 05th December 2019

**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Jamie Oliver's Ultimate Veg**

CC G

## ALL NEW EPISODES

Jamie is encouraging everyone to stop thinking of vegetables as side dishes to meat. He says vegetables can steal the show and he wants to show us how through a variety of delicious recipes.

**08:30 pm Law & Order: S.V.U (Rpt)**

CC M  
Violence,  
Mature Themes

### Unholiest Alliance

With Olivia benched, the rest of the team try to discover who is responsible for the underage sex trafficking ring: the Catholic Church or a group of vice cops who are implicating Captain Tucker.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Raúl Esparza, Peter Gallagher, Andy Karl, Robert John Burke

Guest Starring: Michael O'Keefe, Abigail Savage, John Ales, J.D. Williams, Frank Vincent

**09:30 pm Law & Order: S.V.U (Rpt)**

CC M  
Violence

### Sheltered Outcasts

Carisi goes undercover at a homeless shelter to find out if one of the former sex offender residents is the suspect in a series of neighbourhood rapes.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Raúl Esparza

Guest Starring: Michael Rapaport, Kevin Tighe, Scott Grimes

**10:30 pm To Be Advised**

**11:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Eddie Redmayne. Plus, a musical performance by Pharrell Williams.



# SYDNEY PROGRAM GUIDE

## Thursday 05th December 2019

**01:30 am Home Shopping** (Rpt)

**Home Shopping**

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS This Morning**

CC

### **ALL NEW EPISODES**

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Friday 06th December 2019

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am Celebrity Name Game (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

### Benita Collings & George Spartels

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Benita Collings & George Spartels.

**08:00 am The Bold & The Beautiful (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Shauna proves to Ridge that she is there for him when Brooke is not. Meanwhile, Thomas taunts Brooke to tell Ridge the truth about the secret she's been keeping.

**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

**12:00 pm Dr. Phil**

CC M  
Mature Themes

## ALL NEW EPISODES

### 18402 - Rodney Reed's Death Row Countdown Pt.1

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.



# SYDNEY PROGRAM GUIDE

Friday 06th December 2019

**01:00 pm The Living Room Encore** (Rpt) CC PG

## SPECIAL ENCORE PRESENTATION

Barry helps finish off your DIY's before summer begins, Chris visits Antarctica and Miguel prepares two salmon dishes- perfect for entertaining guests. Plus, Robert Irwin drops in for Hot Or Not.

**02:00 pm Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm Neighbours Encore** (Rpt) CC PG

## SPECIAL ENCORE PRESENTATION

Susan confronts Finn about his feelings for Elly. How far will Shane go to stop Dipi and Gary's blossoming friendship?

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm Everyday Gourmet With Justine Schofield** (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:00 pm Farm To Fork** CC G

## ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**04:30 pm The Bold & The Beautiful** CC PG

## ALL NEW EPISODES

Hope and Thomas share the news that she is his new mother to an elated Douglas. Meanwhile, In an emotionally charged moment, Brooke and Ridge's relationship becomes forever changed.

**05:00 pm 10 News First** CC

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



# SYDNEY PROGRAM GUIDE

Friday 06th December 2019

**06:00 pm Celebrity Name Game** CC PG

## ALL NEW EPISODES

### Anna Poliviou & Sashi Cheliah

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Anna Poliviou & Sashi Cheliah.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm The Living Room** CC

## ALL NEW EPISODES

**08:30 pm The Graham Norton Show Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the hilarious and cheeky Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Hillary Clinton, Chelsea Clinton, Jamie Oliver, David Mitchell & Kesha.

**09:30 pm Just For Laughs Australia (Rpt)** CC M  
Sexual References,  
Coarse Language

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Guests include: Tommy Little, Troy Kinne, Cal Wilson and Ismo.

**10:00 pm Just For Laughs Australia (Rpt)** CC M  
Sexual References,  
Coarse Language,  
Drug References

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Rhys Nicholson, Lizzy Hoo, Harley Breen and Tommy Little.

**10:30 pm Taboo (Rpt)** CC M  
Sexual References,  
Coarse Language,  
Mature Themes

Harley Breen spends time getting to know people who are terminally ill. Based on his experience, he performs a stand-up routine about them - with his new friends sitting in the front row.



# SYDNEY PROGRAM GUIDE

Friday 06th December 2019

**11:30 pm** **The Project Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am** **The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Scarlett Johansson & Joe Pera.

**01:30 am** **Home Shopping** (Rpt)

**Home Shopping**

**02:00 am** **Home Shopping** (Rpt)

**Home Shopping**

**02:30 am** **Home Shopping** (Rpt)

**Home Shopping**

**03:00 am** **Home Shopping** (Rpt)

**Home Shopping**

**03:30 am** **Home Shopping** (Rpt)

**Home Shopping**

**04:00 am** **Home Shopping** (Rpt)

**Home Shopping**

**04:30 am** **Home Shopping** (Rpt)

**Home Shopping**

**05:00 am** **Home Shopping** (Rpt)

**Home Shopping**

**05:30 am** **Home Shopping** (Rpt)

**Home Shopping**





# SYDNEY PROGRAM GUIDE

## Saturday 07th December 2019

**06:00 am I Fish (Rpt)** CC G

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

### SPECIAL ENCORE PRESENTATION

**06:30 am Seafood Escape With Andrew Ettingshausen (Rpt)** CC G

Andrew ET Ettingshausen teams up with some of Australia's toughest Australian fishing crews and creative chefs to reveal the journey from ocean depths to culinary delights in Seafood Escape.

### SPECIAL ENCORE PRESENTATION

**07:00 am Rv Daily Foodie Trails (Rpt)** CC

Welcome to RV Daily's Foodie Trails, where we scratch beneath the surface of regional Australia to find the best-kept food secrets and meet the authentic local characters behind them.

### SPECIAL ENCORE PRESENTATION

**07:30 am All 4 Adventure (Rpt)** CC PG  
Coarse Language

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

### SPECIAL ENCORE PRESENTATION

**08:30 am Maxing Out (Rpt)** CC PG

With just 3 months to train, Mat Rogers, Steve Willis (Commando), Susie O'Neil & Danny Wills will compete in an iron distance race. It's a journey that will take our celebrities to the brink & beyond.

### ALL NEW EPISODES

**09:30 am Studio 10 Saturday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.

**12:00 pm Luxury Escapes (Rpt)** CC PG

### Zurich / Tasmania

In this episode of Luxury Escapes, we discover the perfect blend by combining the rustic charm of Tasmania with the urban sophistication of Zurich, Switzerland's most stylish city.



# SYDNEY PROGRAM GUIDE

Saturday 07th December 2019

**12:30 pm** **The Living Room Encore** (Rpt) CC

**01:30 pm** **Healthy Homes Australia** CC G

**02:00 pm** **Buy To Build** (Rpt) CC G

**02:30 pm** **Maxing Out** CC PG

**03:30 pm** **What's Up Down Under** CC G

**04:00 pm** **Farm To Fork** (Rpt) CC G

**04:30 pm** **Discover Japan: Kyushu With Liv Phyland** CC G

**05:00 pm** **10 News First** CC

## SPECIAL ENCORE PRESENTATION

### ALL NEW EPISODES

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

Buy to Build offers a look at the country's latest display homes and land developments and matches the perfect combination for our weekly couple.

### SEASON FINALE

With just 3 months to train, Mat Rogers, Steve Willis (Commando), Susie O'Neil & Danny Wills will compete in an iron distance race. It's a journey that will take our celebrities to the brink & beyond.

### ALL NEW EPISODES

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

### ALL NEW EPISODES

Join Liv Phyland on Discover Japan as she explores the beautiful prefectures of Kyushu. Liv introduces us to the nature, local culture and foods which are characteristic to this fascinating Island.

### ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



# SYDNEY PROGRAM GUIDE

Saturday 07th December 2019

**06:00 pm** **Luxury Escapes**

CC PG

## ALL NEW EPISODES

### Italy

In this episode of Luxury Escapes we immerse ourselves in the seductive charms of Italy's timeless beauty, exploring its irresistible combination of historical grandeur and modern chic.

**06:30 pm** **Jamie's Quick & Easy Food** (Rpt)

CC G

Jamie kicks off with seared scallops with black pudding and mash. There's also rib-eye steak, sesame seared tuna, chocolate rye cookies, messy meatball buns, almond pastry puff and chicken pot pie.

Starring: Jamie Oliver

**07:30 pm** **Ambulance Australia** (Rpt)

CC M  
Violence,  
Mature Themes

A shortage in ambulances. Long wait times for patients. A horrific motor vehicle accident. Brain injury. A house fire. Suspected domestic violence. All this in the day-in-the-life of a paramedic.

**08:45 pm** **Ambulance** (Rpt)

CC M  
Coarse Language,  
Mature Themes

During a 12-hour night shift with North West Ambulance Service, call handler Elly tackles an increasing volume of calls, and there are surprises for paramedics April and Clare.

**10:00 pm** **999: What's Your Emergency**

CC M  
Mature Themes

## ALL NEW EPISODES

### Life's Not Fair Is It? When You Get Old, IT Becomes Even Unfairer

This episode explores how the emergency services cope with issues involving elderly people, from traffic accidents to the cruel effects of dementia.

**11:00 pm** **NCIS Encore** (Rpt)

CC M

## SPECIAL ENCORE PRESENTATION

### Musical Chairs

The NCIS team investigates the murder of a musician in the Navy's most elite band.

**12:00 am** **Elementary** (Rpt)

CC M  
Violence

### Moving Targets

When a reality show contestant is murdered, Holmes and Watson zero in on another competitor as a suspect, a former war criminal who may be the most skilled killer they've ever pursued.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn



# SYDNEY PROGRAM GUIDE

## Saturday 07th December 2019

<b>01:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>01:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>02:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>02:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>03:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>03:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>

<b>04:00 am</b>	<b>Beyond The Search</b> (Rpt)	PG	<b>ALL NEW EPISODES</b> <b><u>Beyond Pain - The Search For Answers</u></b> Do you want to live a life without pain? Why do bad things happen to good people, or how could a loving God allow pain? Beyond Pain searches for credible answer to this dilemma.
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<b>04:30 am</b>	<b>Leading The Way With Dr. Michael Youssef</b>	G	<b>ALL NEW EPISODES</b> <b><u>Clash Of Kingdoms - The Rich Young Ruler, A</u></b>
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<b>05:00 am</b>	<b>Hour Of Power</b>	G	<b>ALL NEW EPISODES</b>
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# SYDNEY PROGRAM GUIDE

Sunday 08th December 2019

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Religious program.

**06:30 am Hillsong** CC G

## ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

**07:00 am Joseph Prince New Creation Church** CC G

## ALL NEW EPISODES

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

**07:30 am Joel Osteen** CC G

## ALL NEW EPISODES

### The Fight For Your Future

Religious.

**08:00 am Behind The Sash Encore (Rpt)** CC PG  
Mature Themes

## SPECIAL ENCORE PRESENTATION

Follows four powerful women as they travel the nation and abroad to shine a light on issues of injustice whilst searching for the next Mrs Australia.

**09:00 am Discover Japan: Kyushu With Liv Phyland (Rpt)** CC G

Join Liv Phyland on Discover Japan as she explores the beautiful prefectures of Kyushu. Liv introduces us to the nature, local culture and foods which are characteristic to this fascinating Island.

**09:30 am Studio 10 Sunday** CC PG

## ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



# SYDNEY PROGRAM GUIDE

Sunday 08th December 2019

**12:00 pm The Offroad Adventure Show** CC G

## ALL NEW EPISODES

Four ultimate touring 4WDs, two all-new thrillseeking hosts, tackling our toughest adventures yet,, discovering spectacular campsites and bucket list adventures along the way.

**01:00 pm All 4 Adventure** CC PG

## ALL NEW EPISODES

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

**02:00 pm Pat Callinan's 4x4 Adventures** CC

## ALL NEW EPISODES

### Melbourne's Best 4x4 Tracks

Australia's foremost 4x4 expert "MR 4X4" Pat Callinan takes you on some of his all-time favourite four-wheel drive adventures.

**03:00 pm Australia By Design: Interiors** CC

## ALL NEW EPISODES

Australia by Design: Interiors showcases Australia's most creative and innovative interior designs and speaks to the designers to uncover the stories behind their pursuit of design excellence.

**03:30 pm RV Daily Foodie Trails** CC

## ALL NEW EPISODES

Welcome to RV Daily's Foodie Trails, where we scratch beneath the surface of regional Australia to find the best-kept food secrets and meet the authentic local characters behind them.

**04:00 pm Seafood Escape With Andrew Ettingshausen** CC G

## ALL NEW EPISODES

Andrew ET Ettingshausen teams up with some of Australia's toughest Australian fishing crews and creative chefs to reveal the journey from ocean depths to culinary delights in Seafood Escape.

**04:30 pm Farm To Fork (Rpt)** CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.



# SYDNEY PROGRAM GUIDE

Sunday 08th December 2019

**05:00 pm 10 News First**

CC

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Bondi Rescue (Rpt)**

CC PG  
Coarse Language,  
Mature Themes

The lifeguards are still coming to terms with the worst tragedy on Bondi Beach in decades when Singlets attempts his first rescue since the incident. Plus, why is Hoppo telling kids to swim in a rip?

**06:30 pm The Sunday Project**

CC

## ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

**07:30 pm The Graham Norton Show**

CC

## ALL NEW EPISODES

Join the hilarious and cheeky Graham Norton as interviews some of the biggest stars in the world. Tonight's guests: Dwayne Johnson, Kevin Hart, Jodie Whittaker, Sir Michael Palin & Harry Styles.

**08:30 pm NCIS**

CC

## ALL NEW EPISODES

[Irl](#)

The team investigates a petty officer's murder that was live-streamed on a popular gaming app. Gibbs is asked to look after his 11 year old neighbour, when his mom must leave on a last-minute trip.

**09:30 pm NCIS (Rpt)**

CC M  
Violence

## [What Child Is This?](#)

The team's holiday plans are put on hold after the murder investigation of a Navy veteran includes the discovery of a newborn baby with no identification.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll



# SYDNEY PROGRAM GUIDE

## Sunday 08th December 2019

**10:30 pm** **FBI** (Rpt)

CC M  
Strong Violence

### Compromised

A key witness and a U.S. marshal living in a witness protection program are ambushed and killed, and Maggie and OA must track down the person responsible for leaking information that led to their murders.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

**11:30 pm** **The Sunday Project Encore** (Rpt)

CC

### **SPECIAL ENCORE PRESENTATION**

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

**12:30 am** **Home Shopping** (Rpt)

### Home Shopping

**01:00 am** **Home Shopping** (Rpt)

### Home Shopping

**01:30 am** **Home Shopping** (Rpt)

### Home Shopping

**02:00 am** **Home Shopping** (Rpt)

### Home Shopping

**02:30 am** **Home Shopping** (Rpt)

### Home Shopping

**03:00 am** **Home Shopping** (Rpt)

### Home Shopping

**03:30 am** **Home Shopping** (Rpt)

### Home Shopping

**04:00 am** **Home Shopping** (Rpt)

### Home Shopping

**04:30 am** **CBS This Morning**

CC

### **ALL NEW EPISODES**

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.





# SYDNEY PROGRAM GUIDE

Monday 09th December 2019

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am Celebrity Name Game (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

### Anna Poliviou & Sashi Cheliah

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Anna Poliviou & Sashi Cheliah.

**08:00 am The Bold & The Beautiful (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Hope and Thomas share the news that she is his new mother to an elated Douglas. Meanwhile, In an emotionally charged moment, Brooke and Ridge's relationship becomes forever changed.

**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

**12:00 pm Dr. Phil**

CC M  
Mature Themes

## ALL NEW EPISODES

### 18405 - What Happened To Stacey? What The Evidence Shows Pt.2

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.



# SYDNEY PROGRAM GUIDE

Monday 09th December 2019

<b>01:00 pm</b>	<b>NCIS Encore</b> (Rpt)	CC
<b>02:00 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Neighbours Encore</b> (Rpt)	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG
<b>03:30 pm</b>	<b>Everyday Gourmet With Justine Schofield</b> (Rpt)	CC G
<b>04:00 pm</b>	<b>Farm To Fork</b>	CC G
<b>04:30 pm</b>	<b>The Bold &amp; The Beautiful</b>	CC PG
<b>05:00 pm</b>	<b>10 News First</b>	CC

## SPECIAL ENCORE PRESENTATION

### It!

The team investigates a petty officer's murder that was live-streamed on a popular gaming app. Gibbs is asked to look after his 11 year old neighbour, when his mom must leave on a last-minute trip.

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## SPECIAL ENCORE PRESENTATION

Pierce and Chloe celebrate last minute hen's and buck's nights with their neighbours. Claudia Watkins is back in Erinsborough. What is she scheming?

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

## ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

## ALL NEW EPISODES

Separately, Brooke tells Liam and Hope while Ridge tells Shauna what happened last night. Meanwhile, Hope comes clean with Liam about her encounter with Thomas at Forrester Creations.

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



# SYDNEY PROGRAM GUIDE

Monday 09th December 2019

**06:00 pm Celebrity Name Game** CC PG

## ALL NEW EPISODES

### Georgie Carroll & Danny Green

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Georgie Carroll & Danny Green.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Jamie's Quick & Easy Christmas Special (Rpt)** CC G

### Jamie's Quick & Easy Christmas Special

All the flavour, but none of the fuss, as Jamie Oliver applies his quick and easy principles to cooking at a fabulous Christmas feast.

**08:30 pm Em Rusciano: Rage & Rainbows** CC MA15+  
Sexual References,  
Coarse Language,  
Mature Themes

## SPECIAL EVENT

### Em Rusciano- Rage & Rainbows

Em is finally giving voice that gnawing rage we all try to hide. It is more than a show. It's a festival for anyone who's felt fed-up & exhausted, but still maintains a passion for sequins.

**10:00 pm Kitty Flanagan: Hello Kitty (Rpt)** CC M  
Sexual References,  
Coarse Language

### Kitty Flanagan: Hello Kitty

Watch as Kitty answers all the difficult questions... What's wrong with teenagers? Why are babies so angry? And of course, are all women who own cats mental?

**11:30 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Pharrell Williams & Chris Parnell.



# SYDNEY PROGRAM GUIDE

## Monday 09th December 2019

**01:30 am Home Shopping** (Rpt)

**Home Shopping**

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS This Morning**

CC

### **ALL NEW EPISODES**

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Tuesday 10th December 2019

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am Celebrity Name Game (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

### Georgie Carroll & Danny Green

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Georgie Carroll & Danny Green.

**08:00 am The Bold & The Beautiful (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Separately, Brooke tells Liam and Hope while Ridge tells Shauna what happened last night. Meanwhile, Hope comes clean with Liam about her encounter with Thomas at Forrester Creations.

**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

**12:00 pm Dr. Phil**

CC PG  
Sexual References,  
Coarse Language,  
Drug Use,  
Mature Themes

## ALL NEW EPISODES

### 18001 - From Star Cheerleader To Juvenile Delinquent

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.



# SYDNEY PROGRAM GUIDE

Tuesday 10th December 2019

**01:00 pm NCIS Encore** (Rpt)

CC M  
Violence

## What Child Is This?

The team's holiday plans are put on hold after the murder investigation of a Navy veteran includes the discovery of a newborn baby with no identification.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

**02:00 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm Neighbours Encore** (Rpt)

CC PG

## SPECIAL ENCORE PRESENTATION

**03:00 pm Judge Judy**

CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm Everyday Gourmet With Justine Schofield** (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:00 pm Farm To Fork**

CC G

## ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**04:30 pm The Bold & The Beautiful**

CC PG

## ALL NEW EPISODES

Sally makes a big faux-pas while discussing wedding plans with Wyatt. Meanwhile, Shauna surprises Ridge with her patience and understanding followed by a kiss.

**05:00 pm 10 News First**

CC

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



# SYDNEY PROGRAM GUIDE

Tuesday 10th December 2019

**06:00 pm** **Celebrity Name Game**

CC PG

## ALL NEW EPISODES

### Rove & Erika Heynatz

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Rove & Erika Heynatz.

**06:30 pm** **The Project**

CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm** **Ambulance Australia (Rpt)**

CC M  
Mature Themes

As the calls come in, all sense of quiet turns to chaos. A young man has been found after a suspected seizure. His life is now in the hands of paramedics. Can they treat him in time?

**08:40 pm** **ONE Born Every Minute Australia**

CC M  
Mature Themes

## SEASON FINALE

Each year Australia sees over 300,000 new bundles of joy enter the world. You're invited to be a part of the experience through cameras rolling around the clock capturing each life changing moment.

**09:40 pm** **NCIS Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

### Irl

The team investigates a petty officer's murder that was live-streamed on a popular gaming app. Gibbs is asked to look after his 11 year old neighbour, when his mom must leave on a last-minute trip.

**10:40 pm** **NCIS: Los Angeles (Rpt)**

CC M

### Under Pressure

When napalm is discovered at a crime scene, the team investigates the only casualty for possible links to terrorism.

**11:35 pm** **The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Tuesday 10th December 2019

**12:35 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:30 am Home Shopping** (Rpt)

Home Shopping

**02:00 am Home Shopping** (Rpt)

Home Shopping

**02:30 am Home Shopping** (Rpt)

Home Shopping

**03:00 am Home Shopping** (Rpt)

Home Shopping

**03:30 am Home Shopping** (Rpt)

Home Shopping

**04:00 am Home Shopping** (Rpt)

Home Shopping

**04:30 am CBS This Morning** CC

## ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.





# SYDNEY PROGRAM GUIDE

Wednesday 11th December 2019

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am Celebrity Name Game (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

### Rove & Erika Heynatz

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Rove & Erika Heynatz.

**08:00 am The Bold & The Beautiful (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Sally makes a big faux-pas while discussing wedding plans with Wyatt. Meanwhile, Shauna surprises Ridge with her patience and understanding followed by a kiss.

**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

**12:00 pm Dr. Phil**

CC PG  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

### 18029 - Explosive Anger And Addiction

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.



# SYDNEY PROGRAM GUIDE

Wednesday 11th December 2019

**01:00 pm** **FBI Encore** (Rpt)

CC M  
Strong Violence

## SPECIAL ENCORE PRESENTATION

### Compromised

A key witness and a U.S. marshal living in a witness protection program are ambushed and killed, and Maggie and OA must track down the person responsible for leaking information that led to their murders.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

**02:00 pm** **Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm** **Neighbours Encore** (Rpt)

CC PG

## SPECIAL ENCORE PRESENTATION

## ALL NEW EPISODES

**03:00 pm** **Judge Judy**

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm** **Everyday Gourmet With Justine Schofield** (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:00 pm** **Farm To Fork**

CC G

## ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**04:30 pm** **The Bold & The Beautiful**

CC PG

## ALL NEW EPISODES

Quinn gets Shauna to fess up after witnessing her lock lips with Ridge. Meanwhile, Wyatt questions Sally's intentions before making a declaration about his future.

**05:00 pm** **10 News First**

CC

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



# SYDNEY PROGRAM GUIDE

Wednesday 11th December 2019

**06:00 pm** **Celebrity Name Game**

CC PG

## ALL NEW EPISODES

### Matt Moran & Mel Buttle

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Matt Moran & Mel Buttle.

**06:30 pm** **The Project**

CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm** **The Unicorn**

CC PG  
Mature Themes

## ALL NEW EPISODES

### Wade Delayed

Wade freaks out on the plane as he prepares to fly home at the realisation that he is the sole caretaker of his children, and Delia is thrown for a loop while picking up the girls from school for Wade.

Starring: Walton Goggins, Rob Corrdry, Omar Miller, Michaela Watkins, Maya Lynne Robinson

Guest Starring: Missi Pyle

**08:00 pm** **The Unicorn**

CC PG  
Sexual References,  
Coarse Language

## ALL NEW EPISODES

### Turkeys And Traditions

Wade and the girls tackle hosting a traditional Thanksgiving dinner for friends and extended family. Also, Ben attempts to make a fried turkey for the first time.

Starring: Walton Goggins, Rob Corrdry, Omar Miller, Michaela Watkins, Maya Lynne Robinson

**08:30 pm** **Montreal Comedy Festival Just For Laughs**

CC

## SPECIAL EVENT

### 2018 Montreal Comedy Festival, Just For Laughs #2

Tommy Little presents some of the funniest stand up you will ever see from the 2018 Montreal Comedy Festival. Featuring Hannah Gadsby, Joel Creasey, Jeff Dunham, Fortune Feimster, Jo Koy and more.

**09:30 pm** **To Be Advised**



# SYDNEY PROGRAM GUIDE

Wednesday 11th December 2019

**11:00 pm Taboo** (Rpt)

CC M  
Sexual References,  
Coarse Language,  
Mature Themes

Harley Breen spends time getting to know people who have been victims of racism. Based on his experience, he performs a stand-up routine about them - with his new friends sitting in the front row.

**12:00 am The Project Encore** (Rpt)

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**01:00 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS This Morning**

CC

## ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Thursday 12th December 2019

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am Celebrity Name Game (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

### Matt Moran & Mel Buttle

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Matt Moran & Mel Buttle.

**08:00 am The Bold & The Beautiful (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Quinn gets Shauna to fess up after witnessing her lock lips with Ridge. Meanwhile, Wyatt questions Sally's intentions before making a declaration about his future.

**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

**12:00 pm Dr. Phil**

CC M  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

### 18027 - The Trouble With Taylor

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.



# SYDNEY PROGRAM GUIDE

Thursday 12th December 2019

**01:00 pm Jamie Oliver's Ultimate Veg Encore** CC G  
(Rpt)

## SPECIAL ENCORE PRESENTATION

Jamie is encouraging everyone to stop thinking of vegetables as side dishes to meat. He says vegetables can steal the show and he wants to show us how through a variety of delicious recipes.

**02:00 pm Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm Neighbours Encore** (Rpt) CC PG

## SPECIAL ENCORE PRESENTATION

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm Everyday Gourmet With Justine Schofield** (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:00 pm Farm To Fork** CC G

## ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**04:30 pm The Bold & The Beautiful** CC PG

## ALL NEW EPISODES

Ridge and Steffy call Thomas out for having granted joint custody of Douglas to Hope. Meanwhile, Grateful, Hope and Liam spend their first Thanksgiving reunited with their baby, Beth.

**05:00 pm 10 News First** CC

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



# SYDNEY PROGRAM GUIDE

Thursday 12th December 2019

<b>06:00 pm</b> <b>Celebrity Name Game</b>	CC PG	<p><b>ALL NEW EPISODES</b>  <b><u>Mikey Robins &amp; Becky Lucas</u></b>            Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Mikey Robins &amp; Becky Lucas.</p>
<b>06:30 pm</b> <b>The Project</b>	CC	<p><b>ALL NEW EPISODES</b>            Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.</p>
<b>07:30 pm</b> <b>Jamie Oliver's Ultimate Veg</b>	CC PG	<p><b>ALL NEW EPISODES</b>            Jamie is encouraging everyone to stop thinking of vegetables as side dishes to meat. He says vegetables can steal the show and he wants to show us how through a variety of delicious recipes.</p>
<b>08:30 pm</b> <b>Law &amp; Order: S.V.U (Rpt)</b>	CC M Violence, Mature Themes	<p><b><u>Fashionable Crimes</u></b>            A fashion photographer is accused of raping a model during a shoot, but his successful older designer brother tries to make the case go away.             Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Raúl Esparza             Guest Starring: Richard Belzer, Griffin Dunne, Fisher Stevens, Virginia Gardner</p>
<b>09:30 pm</b> <b>Law &amp; Order: S.V.U (Rpt)</b>	CC M Mature Themes	<p><b><u>Assaulting Reality</u></b>            A reality show contestant claims sexual assault against a male co-star. SVU investigates and unintentionally become part of the show, thanks to the producers.             Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Raúl Esparza, Robert John Burke             Guest Starring: Michael Gross, Wendie Malick, Larisa Oleynik, Mather Zickel, Comfort Clinton, Adam Gregory</p>
<b>10:30 pm</b> <b>Blue Bloods (Rpt)</b>	CC M Violence, Drug Use	<p><b><u>Pain Killers</u></b>            Baez gets an accidental overdose after she and Danny join a narcotics task force. Meanwhile, Jamie works to protect a rehabilitated sex offender, and Frank forms an unlikely alliance in City Hall.             Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez, Len Cariou, Sami Gayle             Guest Starring: David Zayas, Christian Campbell</p>



# SYDNEY PROGRAM GUIDE

Thursday 12th December 2019

**11:30 pm The Project Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:30 am Home Shopping** (Rpt)

**Home Shopping**

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS This Morning** CC

## ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.





# SYDNEY PROGRAM GUIDE

Friday 13th December 2019

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am Celebrity Name Game (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

### Mikey Robins & Becky Lucas

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Mikey Robins & Becky Lucas.

**08:00 am The Bold & The Beautiful (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Ridge and Steffy call Thomas out for having granted joint custody of Douglas to Hope. Meanwhile, Grateful, Hope and Liam spend their first Thanksgiving reunited with their baby, Beth.

**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

**12:00 pm Dr. Phil**

CC PG  
Mature Themes

## ALL NEW EPISODES

### 18007 - When Social Media Turns Antisocial

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.



# SYDNEY PROGRAM GUIDE

Friday 13th December 2019

<b>01:00 pm</b>	<b>The Living Room Encore</b> (Rpt)	CC
<b>02:00 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Neighbours Encore</b> (Rpt)	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG
<b>03:30 pm</b>	<b>Everyday Gourmet With Justine Schofield</b> (Rpt)	CC G
<b>04:00 pm</b>	<b>Farm To Fork</b>	CC G
<b>04:30 pm</b>	<b>The Bold &amp; The Beautiful</b>	CC PG
<b>05:00 pm</b>	<b>10 News First</b>	CC

## SPECIAL ENCORE PRESENTATION

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## SPECIAL ENCORE PRESENTATION

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

## ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

## ALL NEW EPISODES

After a verbal round with Liam, Thomas decides to up his game in obtaining his true desire. Meanwhile, Steffy confronts Hope about her part in keeping a terrible secret about Thomas.

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



# SYDNEY PROGRAM GUIDE

Friday 13th December 2019

**06:00 pm Celebrity Name Game** CC PG

## ALL NEW EPISODES

### Bonnie Anderson & Alan Fletcher

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Bonnie Anderson & Alan Fletcher.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm The Living Room** CC

## ALL NEW EPISODES

**08:30 pm The Graham Norton Show Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the hilarious and cheeky Graham Norton as interviews some of the biggest stars in the world. Tonight's guests: Dwayne Johnson, Kevin Hart, Jodie Whittaker, Sir Michael Palin & Harry Styles.

**09:30 pm To Be Advised**

**10:30 pm Taboo (Rpt)** CC MA15+  
Coarse Language,  
Strong Adult  
Themes,  
Nudity

Harley Breen spends time getting to know people living with mental illness. Based on his experience, he performs a stand-up routine about them - with his new friends sitting in the front row.

**11:30 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Friday 13th December 2019

**12:30 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:30 am Home Shopping** (Rpt)

**Home Shopping**

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am Home Shopping** (Rpt)

**Home Shopping**

**05:30 am Home Shopping** (Rpt)

**Home Shopping**



# SYDNEY PROGRAM GUIDE

## Saturday 14th December 2019

**06:00 am I Fish (Rpt)** CC G

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

### SPECIAL ENCORE PRESENTATION

**06:30 am Seafood Escape With Andrew Ettingshausen (Rpt)** CC G

Andrew ET Ettingshausen teams up with some of Australia's toughest Australian fishing crews and creative chefs to reveal the journey from ocean depths to culinary delights in Seafood Escape.

### SPECIAL ENCORE PRESENTATION

**07:00 am Rv Daily Foodie Trails (Rpt)** CC

Welcome to RV Daily's Foodie Trails, where we scratch beneath the surface of regional Australia to find the best-kept food secrets and meet the authentic local characters behind them.

### SPECIAL ENCORE PRESENTATION

**07:30 am All 4 Adventure (Rpt)** CC PG

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

### SPECIAL ENCORE PRESENTATION

**08:30 am Maxing Out (Rpt)** CC PG

With just 3 months to train, Mat Rogers, Steve Willis (Commando), Susie O'Neil & Danny Wills will compete in an iron distance race. It's a journey that will take our celebrities to the brink & beyond.

### ALL NEW EPISODES

**09:30 am Studio 10 Saturday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.

**12:00 pm Jay's Longest Melanoma March (Rpt)** CC G

### Flinders To The Back Of Broken Hill

Australia's foremost 4x4 expert "MR 4X4" Pat Callinan takes you on some of his all-time favourite four-wheel drive adventures.



# SYDNEY PROGRAM GUIDE

Saturday 14th December 2019

**01:00 pm** **Luxury Escapes** (Rpt) CC PG

## Italy

In this episode of Luxury Escapes we immerse ourselves in the seductive charms of Italy's timeless beauty, exploring its irresistible combination of historical grandeur and modern chic.

**01:30 pm** **Healthy Homes Australia** CC G

## ALL NEW EPISODES

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

**02:00 pm** **Buy To Build** (Rpt) CC G

Buy to Build offers a look at the country's latest display homes and land developments and matches the perfect combination for our weekly couple.

**02:30 pm** **The Living Room Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

**03:30 pm** **What's Up Down Under** CC G

## SEASON FINALE

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

**04:00 pm** **Farm To Fork** (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**04:30 pm** **Discover Japan: Kyushu With Liv Phyland** CC G

## ALL NEW EPISODES

Join Liv Phyland on Discover Japan as she explores the beautiful prefectures of Kyushu. Liv introduces us to the nature, local culture and foods which are characteristic to this fascinating Island.

**05:00 pm** **10 News First** CC

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



# SYDNEY PROGRAM GUIDE

Saturday 14th December 2019

<b>06:00 pm</b> <b>Luxury Escapes</b>	CC	<p><b>SEASON FINALE</b>  <u><b>London / Hong Kong / Silverseas</b></u>            In this episode of Luxury Escapes, we experience two of the world's most exciting cities, from the regal magnificence of London-England to the hustle and bustle of Hong Kong.</p>
<b>06:30 pm</b> <b>Everyday Gourmet Christmas Special</b>	CC	<p><b>SPECIAL EVENT</b>  <u><b>Everyday Gourmet Christmas Special 2019</b></u>            Justine Schofield invites special guests into the kitchen to cook up Christmas inspired recipes for a big Christmas feast.</p>
<b>07:30 pm</b> <b>Ambulance</b> (Rpt)	CC M Drug Use, Mature Themes	<p>An insight into the ambulance service, from the highly-pressurised control room to the crews on the streets. This is an honest snapshot of the ambulance services daily dilemmas and pressures.</p>
<b>08:45 pm</b> <b>Ambulance</b> (Rpt)	CC M Coarse Language, Mature Themes	<p>An insight into the ambulance service, from the highly-pressurised control room to the crews on the streets. This is an honest snapshot of the ambulance services daily dilemmas and pressures.</p>
<b>10:00 pm</b> <b>999: What's Your Emergency</b>	CC MA15+ Strong Adult Themes	<p><b>ALL NEW EPISODES</b>  <u><b>It's A Sad State When You Can't Afford A Cinema Ticket</b></u>            From zero-hours contracts to long working hours, this episode explores how the emergency services deal with issues arising from rising levels of stress and anxiety in the workplace.</p>
<b>11:00 pm</b> <b>NCIS Encore</b> (Rpt)	CC	<p><b>SPECIAL ENCORE PRESENTATION</b>  <u><b>Irl</b></u>            The team investigates a petty officer's murder that was live-streamed on a popular gaming app. Gibbs is asked to look after his 11 year old neighbour, when his mom must leave on a last-minute trip.</p>
<b>12:00 am</b> <b>Elementary</b> (Rpt)	CC M Violence, Drug References	<p><u><b>Scrambled</b></u>            Holmes and Watson investigate a murder that puts them in the crosshairs of one of NYC's deadliest gangs. Also, Holmes' behavior becomes erratic when he secretly interacts with a mysterious woman.             Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn</p>



# SYDNEY PROGRAM GUIDE

## Saturday 14th December 2019

<b>01:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>01:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>02:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>02:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>03:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>03:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>

**04:00 am** **Beyond The Search** (Rpt) PG

### ALL NEW EPISODES

#### **Beyond Belief - The Search For Truth**

Ancient scrolls contain a narrative that places our world in the middle of the cosmic drama. Beyond Belief looks for confirmation that what these texts contain can be trusted as true.

**04:30 am** **Leading The Way With Dr. Michael Youssef** G

### ALL NEW EPISODES

#### **The Secret Of Blessings**

**05:00 am** **Hour Of Power** G

### ALL NEW EPISODES