



SYDNEY PROGRAM GUIDE

Sunday 08th December 2019

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious program.

06:30 am Hillsong CC G

ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

07:00 am Joseph Prince New Creation Church CC G

ALL NEW EPISODES

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

07:30 am Joel Osteen CC G

ALL NEW EPISODES

The Fight For Your Future

Religious.

08:00 am Behind The Sash Encore (Rpt) CC PG
Mature Themes

SPECIAL ENCORE PRESENTATION

Follows four powerful women as they travel the nation and abroad to shine a light on issues of injustice whilst searching for the next Mrs Australia.

09:00 am Discover Japan: Kyushu With Liv Phyland (Rpt) CC G

Join Liv Phyland on Discover Japan as she explores the beautiful prefectures of Kyushu. Liv introduces us to the nature, local culture and foods which are characteristic to this fascinating Island.

09:30 am Studio 10 Sunday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



SYDNEY PROGRAM GUIDE

Sunday 08th December 2019

12:00 pm The Offroad Adventure Show CC G

ALL NEW EPISODES

Four ultimate touring 4WDs, two all-new thrillseeking hosts, tackling our toughest adventures yet, discovering spectacular campsites and bucket list adventures along the way.

01:00 pm All 4 Adventure CC PG

ALL NEW EPISODES

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

02:00 pm Pat Callinan's 4x4 Adventures CC G

ALL NEW EPISODES

Melbourne's Best 4x4 Tracks

Australia's foremost 4x4 expert "MR 4X4" Pat Callinan takes you on some of his all-time favourite four-wheel drive adventures.

03:00 pm RV Daily Foodie Trails CC G

ALL NEW EPISODES

Welcome to RV Daily's Foodie Trails, where we scratch beneath the surface of regional Australia to find the best-kept food secrets and meet the authentic local characters behind them.

03:30 pm Australia By Design: Interiors CC G

ALL NEW EPISODES

Australia by Design: Interiors showcases Australia's most creative and innovative interior designs and speaks to the designers to uncover the stories behind their pursuit of design excellence.

04:00 pm Seafood Escape With Andrew Ettingshausen CC G

ALL NEW EPISODES

Andrew ET Ettingshausen teams up with some of Australia's toughest Australian fishing crews and creative chefs to reveal the journey from ocean depths to culinary delights in Seafood Escape.

04:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.



SYDNEY PROGRAM GUIDE

Sunday 08th December 2019

05:00 pm 10 News First

CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language,
Mature Themes

The lifeguards are still coming to terms with the worst tragedy on Bondi Beach in decades when Singlets attempts his first rescue since the incident. Plus, why is Hoppo telling kids to swim in a rip?

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm The Graham Norton Show

CC M
Sexual References,
Coarse Language,
Mature Themes,
May Contain:

ALL NEW EPISODES

Join the hilarious and cheeky Graham Norton as interviews some of the biggest stars in the world. Tonight's guests: Dwayne Johnson, Kevin Hart, Jodie Whittaker, Sir Michael Palin & Harry Styles.

08:30 pm NCIS

CC M

ALL NEW EPISODES

Irl

The team investigates a petty officer's murder that was live-streamed on a popular gaming app. Gibbs is asked to look after his 11 year old neighbour, when his mom must leave on a last-minute trip.

09:30 pm NCIS (Rpt)

CC M
Violence

What Child Is This?

The team's holiday plans are put on hold after the murder investigation of a Navy veteran includes the discovery of a newborn baby with no identification.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll



SYDNEY PROGRAM GUIDE

Sunday 08th December 2019

10:30 pm **FBI** (Rpt)

CC M
Strong Violence

Compromised

A key witness and a U.S. marshal living in a witness protection program are ambushed and killed, and Maggie and OA must track down the person responsible for leaking information that led to their murders.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

11:30 pm **The Sunday Project Encore** (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

12:30 am **Home Shopping** (Rpt)

Home Shopping

01:00 am **Home Shopping** (Rpt)

Home Shopping

01:30 am **Home Shopping** (Rpt)

Home Shopping

02:00 am **Home Shopping** (Rpt)

Home Shopping

02:30 am **Home Shopping** (Rpt)

Home Shopping

03:00 am **Home Shopping** (Rpt)

Home Shopping

03:30 am **Home Shopping** (Rpt)

Home Shopping

04:00 am **Home Shopping** (Rpt)

Home Shopping

04:30 am **CBS This Morning**

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 09th December 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Hope and Thomas share the news that she is his new mother to an elated Douglas. Meanwhile, In an emotionally charged moment, Brooke and Ridge's relationship becomes forever changed.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC M
Mature Themes

ALL NEW EPISODES

18405 - What Happened To Stacey? What The Evidence Shows Pt.2

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm NCIS Encore (Rpt)

CC M

SPECIAL ENCORE PRESENTATION

Irl

The team investigates a petty officer's murder that was live-streamed on a popular gaming app. Gibbs is asked to look after his 11 year old neighbour, when his mom must leave on a last-minute trip.



SYDNEY PROGRAM GUIDE

Monday 09th December 2019

| | | |
|-----------------|--|-------|
| 02:00 pm | Entertainment Tonight | CC |
| 02:30 pm | Judge Judy (Rpt) | CC PG |
| 03:00 pm | Judge Judy | CC PG |
| 03:30 pm | Everyday Gourmet With Justine Schofield (Rpt) | CC G |
| 04:00 pm | Farm To Fork | CC G |
| 04:30 pm | The Bold & The Beautiful | CC PG |
| 05:00 pm | 10 News First | CC |
| 06:30 pm | The Project | CC |

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Separately, Brooke tells Liam and Hope while Ridge tells Shauna what happened last night. Meanwhile, Hope comes clean with Liam about her encounter with Thomas at Forrester Creations.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Monday 09th December 2019

| | | | |
|-----------------|---|---|--|
| 07:30 pm | Jamie's Quick & Easy Christmas Special (Rpt) | CC G | <p><u>Jamie's Quick & Easy Christmas Special</u></p> <p>All the flavour, but none of the fuss, as Jamie Oliver applies his quick and easy principles to cooking at a fabulous Christmas feast.</p> |
| 08:30 pm | Em Rusciano: Rage & Rainbows | CC MA15+ Sexual References, Coarse Language, Mature Themes | <p>SPECIAL EVENT</p> <p><u>Em Rusciano- Rage & Rainbows</u></p> <p>Em is finally giving voice that gnawing rage we all try to hide. It is more than a show. It's a festival for anyone who's felt fed-up & exhausted, but still maintains a passion for sequins.</p> |
| 10:00 pm | Kitty Flanagan: Hello Kitty (Rpt) | CC M Sexual References, Coarse Language | <p><u>Kitty Flanagan: Hello Kitty</u></p> <p>Watch as Kitty answers all the difficult questions... What's wrong with teenagers? Why are babies so angry? And of course, are all women who own cats mental?</p> |
| 11:30 pm | The Project Encore (Rpt) | CC | <p>SPECIAL ENCORE PRESENTATION</p> <p>Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.</p> |
| 12:30 am | The Late Show With Stephen Colbert | CC PG | <p>ALL NEW EPISODES</p> <p>Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Pharrell Williams & Chris Parnell. Plus, a musical performance by The Weeknd.</p> |
| 01:30 am | Home Shopping (Rpt) | | <u>Home Shopping</u> |
| 02:00 am | Home Shopping (Rpt) | | <u>Home Shopping</u> |
| 02:30 am | Home Shopping (Rpt) | | <u>Home Shopping</u> |
| 03:00 am | Home Shopping (Rpt) | | <u>Home Shopping</u> |



SYDNEY PROGRAM GUIDE

Monday 09th December 2019

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 10th December 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Separately, Brooke tells Liam and Hope while Ridge tells Shauna what happened last night. Meanwhile, Hope comes clean with Liam about her encounter with Thomas at Forrester Creations.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Sexual References,
Coarse Language,
Drug Use,
Mature Themes

ALL NEW EPISODES

18001 - From Star Cheerleader To Juvenile Delinquent

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm NCIS Encore (Rpt)

CC M
Violence

What Child Is This?

The team's holiday plans are put on hold after the murder investigation of a Navy veteran includes the discovery of a newborn baby with no identification.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll



SYDNEY PROGRAM GUIDE

Tuesday 10th December 2019

| | | |
|-----------------|--|-------|
| 02:00 pm | Entertainment Tonight | CC |
| 02:30 pm | Judge Judy (Rpt) | CC PG |
| 03:00 pm | Judge Judy | CC PG |
| 03:30 pm | Everyday Gourmet With Justine Schofield (Rpt) | CC G |
| 04:00 pm | Farm To Fork | CC G |
| 04:30 pm | The Bold & The Beautiful | CC PG |
| 05:00 pm | 10 News First | CC |
| 06:30 pm | The Project | CC |

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Sally makes a big faux-pas while discussing wedding plans with Wyatt. Meanwhile, Shauna surprises Ridge with her patience and understanding followed by a kiss.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Tuesday 10th December 2019

| | | |
|--|-----------------------|--|
| 07:30 pm Ambulance Australia (Rpt) | CC M Mature Themes | As the calls come in, all sense of quiet turns to chaos. A young man has been found after a suspected seizure. His life is now in the hands of paramedics. Can they treat him in time? |
| 08:40 pm ONE Born Every Minute Australia | CC M Mature Themes | <p>SEASON FINALE</p> <p>Each year Australia sees over 300,000 new bundles of joy enter the world. You're invited to be a part of the experience through cameras rolling around the clock capturing each life changing moment.</p> |
| 09:40 pm NCIS Encore (Rpt) | CC M | <p>SPECIAL ENCORE PRESENTATION</p> <p><u>It</u></p> <p>The team investigates a petty officer's murder that was live-streamed on a popular gaming app. Gibbs is asked to look after his 11 year old neighbour, when his mom must leave on a last-minute trip.</p> |
| 10:40 pm NCIS: Los Angeles (Rpt) | CC M | <p><u>Under Pressure</u></p> <p>When napalm is discovered at a crime scene, the team investigates the only casualty for possible links to terrorism.</p> |
| 11:35 pm The Project Encore (Rpt) | CC | <p>SPECIAL ENCORE PRESENTATION</p> <p>Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.</p> |
| 12:35 am The Late Show With Stephen Colbert | CC PG | <p>ALL NEW EPISODES</p> <p>Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Saoirse Ronan & Tom Brokaw.</p> |
| 01:30 am Home Shopping (Rpt) | | <u>Home Shopping</u> |
| 02:00 am Home Shopping (Rpt) | | <u>Home Shopping</u> |



SYDNEY PROGRAM GUIDE

Tuesday 10th December 2019

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 11th December 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Sally makes a big faux-pas while discussing wedding plans with Wyatt. Meanwhile, Shauna surprises Ridge with her patience and understanding followed by a kiss.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Coarse Language,
Mature Themes

ALL NEW EPISODES

18029 - Explosive Anger And Addiction

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm FBI Encore (Rpt)

CC M
Strong Violence

SPECIAL ENCORE PRESENTATION

Compromised

A key witness and a U.S. marshal living in a witness protection program are ambushed and killed, and Maggie and OA must track down the person responsible for leaking information that led to their murders.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel



SYDNEY PROGRAM GUIDE

Wednesday 11th December 2019

| | | |
|-----------------|--|-------|
| 02:00 pm | Entertainment Tonight | CC |
| 02:30 pm | Judge Judy (Rpt) | CC PG |
| 03:00 pm | Judge Judy | CC PG |
| 03:30 pm | Everyday Gourmet With Justine Schofield (Rpt) | CC G |
| 04:00 pm | Farm To Fork | CC G |
| 04:30 pm | The Bold & The Beautiful | CC PG |
| 05:00 pm | 10 News First | CC |
| 06:30 pm | The Project | CC |

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Quinn gets Shauna to fess up after witnessing her lock lips with Ridge. Meanwhile, Wyatt questions Sally's intentions before making a declaration about his future.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Wednesday 11th December 2019

| | | |
|--|---|--|
| 07:30 pm Bondi Rescue (Rpt) | CC PG Coarse Language, Mature Themes | It's been a long hot summer and as Bondi swells with beach lovers, the lifeguards feel the pressure. This year's unpredictable events are really going to test the boys and girls in blue. |
| 08:00 pm Bondi Rescue (Rpt) | CC PG Drug References | It's been a long hot summer and as Bondi swells with beach lovers, the lifeguards feel the pressure. This year's unpredictable events are really going to test the boys and girls in blue. |
| 08:30 pm Montreal Comedy Festival Just For Laughs | CC MA15+ Sexual References, Coarse Language | <p>SPECIAL EVENT <u>2018 Montreal Comedy Festival, Just For Laughs #2</u></p> <p>Tommy Little presents some of the funniest stand up you will ever see from the 2018 Montreal Comedy Festival. Featuring Hannah Gadsby, Joel Creasey, Jeff Dunham, Fortune Feimster, Jo Koy and more.</p> |
| 09:30 pm To Be Advised | | |
| 11:00 pm Taboo (Rpt) | CC M Sexual References, Coarse Language, Mature Themes | Harley Breen spends time getting to know people who have been victims of racism. Based on his experience, he performs a stand-up routine about them - with his new friends sitting in the front row. |
| 12:00 am The Project Encore (Rpt) | CC | <p>SPECIAL ENCORE PRESENTATION</p> <p>Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.</p> |
| 01:00 am The Late Show With Stephen Colbert | CC PG | <p>ALL NEW EPISODES</p> <p>Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Clive Owen & Florence Pugh. Plus, a musical performance by Jon Batiste.</p> |



SYDNEY PROGRAM GUIDE

Wednesday 11th December 2019

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 12th December 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Quinn gets Shauna to fess up after witnessing her lock lips with Ridge. Meanwhile, Wyatt questions Sally's intentions before making a declaration about his future.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC M
Coarse Language,
Mature Themes

ALL NEW EPISODES

18027 - The Trouble With Taylor

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Jamie Oliver's Ultimate Veg Encore (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Jamie is encouraging everyone to stop thinking of vegetables as side dishes to meat. He says vegetables can steal the show and he wants to show us how through a variety of delicious recipes.



SYDNEY PROGRAM GUIDE

Thursday 12th December 2019

| | | |
|-----------------|--|-------|
| 02:00 pm | Entertainment Tonight | CC |
| 02:30 pm | Judge Judy (Rpt) | CC PG |
| 03:00 pm | Judge Judy | CC PG |
| 03:30 pm | Everyday Gourmet With Justine Schofield (Rpt) | CC G |
| 04:00 pm | Farm To Fork | CC G |
| 04:30 pm | The Bold & The Beautiful | CC PG |
| 05:00 pm | 10 News First | CC |
| 06:30 pm | The Project | CC |

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Ridge and Steffy call Thomas out for having granted joint custody of Douglas to Hope. Meanwhile, Grateful, Hope and Liam spend their first Thanksgiving reunited with their baby, Beth.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Thursday 12th December 2019

07:30 pm Jamie Oliver's Ultimate Veg CC PG

ALL NEW EPISODES

Jamie is encouraging everyone to stop thinking of vegetables as side dishes to meat. He says vegetables can steal the show and he wants to show us how through a variety of delicious recipes.

08:30 pm Law & Order: S.V.U (Rpt) CC M
Violence,
Mature Themes

Fashionable Crimes

A fashion photographer is accused of raping a model during a shoot, but his successful older designer brother tries to make the case go away.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Raúl Esparza

Guest Starring: Richard Belzer, Griffin Dunne, Fisher Stevens, Virginia Gardner

09:30 pm Law & Order: S.V.U (Rpt) CC M
Mature Themes

Assaulting Reality

A reality show contestant claims sexual assault against a male co-star. SVU investigates and unintentionally become part of the show, thanks to the producers.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Raúl Esparza, Robert John Burke

Guest Starring: Michael Gross, Wendie Malick, Larisa Oleynik, Mather Zickel, Comfort Clinton, Adam Gregory

10:30 pm Blue Bloods (Rpt) CC M
Violence,
Drug Use

Pain Killers

Baez gets an accidental overdose after she and Danny join a narcotics task force. Meanwhile, Jamie works to protect a rehabilitated sex offender, and Frank forms an unlikely alliance in City Hall.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez, Len Cariou, Sami Gayle

Guest Starring: David Zayas, Christian Campbell

11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Ed Harris & Samantha Power. Plus, a musical performance by Thomas Rhett.



SYDNEY PROGRAM GUIDE

Thursday 12th December 2019

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 13th December 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Ridge and Steffy call Thomas out for having granted joint custody of Douglas to Hope. Meanwhile, Grateful, Hope and Liam spend their first Thanksgiving reunited with their baby, Beth.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Mature Themes

ALL NEW EPISODES

18007 - When Social Media Turns Antisocial

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm The Living Room Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Barry creates a practical display rack for Amanda's jewellery, Dr Chris Brown investigates why Amanda's dog is glued to the TV and Miguel and Amanda try and pull of the notoriously difficult soufflé.



SYDNEY PROGRAM GUIDE

Friday 13th December 2019

| | | |
|-----------------|--|-------|
| 02:00 pm | Entertainment Tonight | CC |
| 02:30 pm | Judge Judy (Rpt) | CC PG |
| 03:00 pm | Judge Judy | CC PG |
| 03:30 pm | Everyday Gourmet With Justine Schofield (Rpt) | CC G |
| 04:00 pm | Farm To Fork | CC G |
| 04:30 pm | The Bold & The Beautiful | CC PG |
| 05:00 pm | 10 News First | CC |
| 06:30 pm | The Project | CC |

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

After a verbal round with Liam, Thomas decides to up his game in obtaining his true desire. Meanwhile, Steffy confronts Hope about her part in keeping a terrible secret about Thomas.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Friday 13th December 2019

07:30 pm The Living Room CC

ALL NEW EPISODES

Cherie Barber helps a couple get their home ready for sale, Dr Chris Brown meets The Bionic Snake Catcher and Miguel serves up salmon in two special ways.

08:30 pm The Graham Norton Show Encore (Rpt) CC M

Sexual References,
Coarse Language,
Mature Themes,
May Contain:

SPECIAL ENCORE PRESENTATION

Join the hilarious and cheeky Graham Norton as interviews some of the biggest stars in the world. Tonight's guests: Dwayne Johnson, Kevin Hart, Jodie Whittaker, Sir Michael Palin & Harry Styles.

09:30 pm To Be Advised

10:30 pm Taboo (Rpt) CC

MA15+
Coarse Language,
Strong Adult
Themes,
Nudity

Harley Breen spends time getting to know people living with mental illness. Based on his experience, he performs a stand-up routine about them - with his new friends sitting in the front row.

11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Adam Schiff.

01:30 am Home Shopping (Rpt)

[Home Shopping](#)

02:00 am Home Shopping (Rpt)

[Home Shopping](#)



SYDNEY PROGRAM GUIDE

Friday 13th December 2019

| | | |
|-----------------|----------------------------|-----------------------------|
| 02:30 am | Home Shopping (Rpt) | <u>Home Shopping</u> |
| 03:00 am | Home Shopping (Rpt) | <u>Home Shopping</u> |
| 03:30 am | Home Shopping (Rpt) | <u>Home Shopping</u> |
| 04:00 am | Home Shopping (Rpt) | <u>Home Shopping</u> |
| 04:30 am | Home Shopping (Rpt) | <u>Home Shopping</u> |
| 05:00 am | Home Shopping (Rpt) | <u>Home Shopping</u> |
| 05:30 am | Home Shopping (Rpt) | <u>Home Shopping</u> |



SYDNEY PROGRAM GUIDE

Saturday 14th December 2019

06:00 am I Fish (Rpt) CC G

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

SPECIAL ENCORE PRESENTATION

06:30 am Seafood Escape With Andrew Ettingshausen (Rpt) CC G

Andrew ET Ettingshausen teams up with some of Australia's toughest Australian fishing crews and creative chefs to reveal the journey from ocean depths to culinary delights in Seafood Escape.

SPECIAL ENCORE PRESENTATION

07:00 am Rv Daily Foodie Trails (Rpt) CC G

Welcome to RV Daily's Foodie Trails, where we scratch beneath the surface of regional Australia to find the best-kept food secrets and meet the authentic local characters behind them.

SPECIAL ENCORE PRESENTATION

07:30 am All 4 Adventure (Rpt) CC PG

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

SPECIAL ENCORE PRESENTATION

08:30 am Maxing Out (Rpt) CC PG

With just 3 months to train, Mat Rogers, Steve Willis (Commando), Susie O'Neil & Danny Wills will compete in an iron distance race. It's a journey that will take our celebrities to the brink & beyond.

ALL NEW EPISODES

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.

12:00 pm Jay's Longest Melanoma March (Rpt) CC G

Flinders To The Back Of Broken Hill

Australia's foremost 4x4 expert "MR 4X4" Pat Callinan takes you on some of his all-time favourite four-wheel drive adventures.



SYDNEY PROGRAM GUIDE

Saturday 14th December 2019

01:00 pm Luxury Escapes (Rpt) CC PG

Italy

In this episode of Luxury Escapes we immerse ourselves in the seductive charms of Italy's timeless beauty, exploring its irresistible combination of historical grandeur and modern chic.

01:30 pm Healthy Homes Australia CC G

ALL NEW EPISODES

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

02:00 pm Buy To Build (Rpt) CC G

Buy to Build offers a look at the country's latest display homes and land developments and matches the perfect combination for our weekly couple.

02:30 pm The Living Room Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Cherie Barber helps a couple get their home ready for sale, Dr Chris Brown meets The Bionic Snake Catcher and Miguel serves up salmon in two special ways.

03:30 pm What's Up Down Under CC G

SEASON FINALE

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

04:00 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:30 pm Discover Japan: Kyushu With Liv Phyland CC G

ALL NEW EPISODES

Join Liv Phyland on Discover Japan as she explores the beautiful prefectures of Kyushu. Liv introduces us to the nature, local culture and foods which are characteristic to this fascinating Island.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Saturday 14th December 2019

06:00 pm **Luxury Escapes** CC

SEASON FINALE

London / Hong Kong / Silverseas

In this episode of Luxury Escapes, we experience two of the world's most exciting cities, from the regal magnificence of London-England to the hustle and bustle of Hong Kong.

06:30 pm **Everyday Gourmet Christmas Special** CC

SPECIAL EVENT

Everyday Gourmet Christmas Special 2019

Justine Schofield invites special guests into the kitchen to cook up Christmas inspired recipes for a big Christmas feast.

07:30 pm **How To Lose A Guy In 10 Days (Rpt)** CC
(2003)

MOVIE

A ladies man bets that he can make a woman fall in love with him in 10 days. Unfortunately for him, he falls in love with a woman who has just been assigned an article: How to Lose a Guy in 10 Days.

Starring: Matthew McConaughey, Kate Hudson, Adam Goldberg, Kathryn Hahn, Annie Parisse

09:55 pm **Ambulance (Rpt)** CC M
Drug Use,
Mature Themes

An insight into the ambulance service, from the highly-pressurised control room to the crews on the streets. This is an honest snapshot of the ambulance services daily dilemmas and pressures.

11:10 pm **999: What's Your Emergency** CC MA15+
Strong Adult Themes

ALL NEW EPISODES

It's A Sad State When You Can't Afford A Cinema Ticket

From zero-hours contracts to long working hours, this episode explores how the emergency services deal with issues arising from rising levels of stress and anxiety in the workplace.

12:10 am **Elementary (Rpt)** CC M
Violence,
Drug References

Scrambled

Holmes and Watson investigate a murder that puts them in the crosshairs of one of NYC's deadliest gangs. Also, Holmes' behavior becomes erratic when he secretly interacts with a mysterious woman.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn



SYDNEY PROGRAM GUIDE

Saturday 14th December 2019

| | | | |
|-----------------|----------------------------|--|-----------------------------|
| 01:00 am | Home Shopping (Rpt) | | <u>Home Shopping</u> |
| 01:30 am | Home Shopping (Rpt) | | <u>Home Shopping</u> |
| 02:00 am | Home Shopping (Rpt) | | <u>Home Shopping</u> |
| 02:30 am | Home Shopping (Rpt) | | <u>Home Shopping</u> |
| 03:00 am | Home Shopping (Rpt) | | <u>Home Shopping</u> |
| 03:30 am | Home Shopping (Rpt) | | <u>Home Shopping</u> |

| | | | |
|-----------------|--------------------------------|----|--|
| 04:00 am | Beyond The Search (Rpt) | PG | ALL NEW EPISODES <u>Beyond Belief - The Search For Truth</u> Ancient scrolls contain a narrative that places our world in the middle of the cosmic drama. Beyond Belief looks for confirmation that what these texts contain can be trusted as true. |
|-----------------|--------------------------------|----|--|

| | | | |
|-----------------|---|---|--|
| 04:30 am | Leading The Way With Dr. Michael Youssef | G | ALL NEW EPISODES <u>The Secret Of Blessings</u> |
|-----------------|---|---|--|

| | | | |
|-----------------|----------------------|---|-------------------------|
| 05:00 am | Hour Of Power | G | ALL NEW EPISODES |
|-----------------|----------------------|---|-------------------------|



SYDNEY PROGRAM GUIDE

Sunday 15th December 2019

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious program.

06:30 am Hillsong CC G

ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

07:00 am Joseph Prince New Creation Church CC G

ALL NEW EPISODES

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Everything Serves His Plan

Religious.

08:00 am Behind The Sash Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Follows four powerful women as they travel the nation and abroad to shine a light on issues of injustice whilst searching for the next Mrs Australia.

09:00 am Discover Japan: Kyushu With Liv Phyland (Rpt) CC G

Join Liv Phyland on Discover Japan as she explores the beautiful prefectures of Kyushu. Liv introduces us to the nature, local culture and foods which are characteristic to this fascinating Island.

09:30 am Studio 10 Sunday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



SYDNEY PROGRAM GUIDE

Sunday 15th December 2019

12:00 pm The Offroad Adventure Show CC G

ALL NEW EPISODES

Four ultimate touring 4WDs, two all-new thrillseeking hosts, tackling our toughest adventures yet, discovering spectacular campsites and bucket list adventures along the way.

01:00 pm All 4 Adventure CC PG

ALL NEW EPISODES

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

02:00 pm Pat Callinan's 4x4 Adventures CC

ALL NEW EPISODES

Sydney's Best 4x4 Tracks

Australia's foremost 4x4 expert "MR 4X4" Pat Callinan takes you on some of his all-time favourite four-wheel drive adventures.

03:00 pm RV Daily Foodie Trails CC

ALL NEW EPISODES

Welcome to RV Daily's Foodie Trails, where we scratch beneath the surface of regional Australia to find the best-kept food secrets and meet the authentic local characters behind them.

03:30 pm Australia By Design: Interiors CC G

ALL NEW EPISODES

Australia by Design: Interiors showcases Australia's most creative and innovative interior designs and speaks to the designers to uncover the stories behind their pursuit of design excellence.

04:00 pm Seafood Escape With Andrew Ettingshausen CC G

ALL NEW EPISODES

Andrew ET Ettingshausen teams up with some of Australia's toughest Australian fishing crews and creative chefs to reveal the journey from ocean depths to culinary delights in Seafood Escape.

04:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.



SYDNEY PROGRAM GUIDE

Sunday 15th December 2019

05:00 pm 10 News First

CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language,
Mature Themes

Bondi's lifeguards can handle big crowds, rip currents and deadly surf but what happens when the rescue is on Bondi's busiest street?

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm The Graham Norton Show

CC M
Sexual References,
Coarse Language,
Mature Themes,
May Contain:

ALL NEW EPISODES

Join the hilarious and cheeky Graham Norton as interviews Dame Judi Dench, Hugh Grant, Matthew McConaughey, Michael Buble, Jennifer Hudson, & Coldplay.

08:30 pm NCIS (Rpt)

CC M
Mature Themes

Toil And Trouble

The secretary of defense shuts down Gibbs' murder investigation and demands that McGee and Torres be arrested for their actions in the case.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

09:30 pm NCIS (Rpt)

CC M

The Last Link

An old family friend pleads with Gibbs to join him on a road trip to search for a missing military ID. Meanwhile, a Navy lieutenant in NCIS protective custody is poisoned by an infamous drug dealer.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:30 pm FBI (Rpt)

CC M
Violence

The Armorer's Faith

When an illegal arms broker-turned-informant is assassinated before boarding a flight for the U.S, OA assumes his identity and goes undercover to stop the sale of dangerous weapons.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward

Guest Starring: Billy Burke, Hermione Lynch



SYDNEY PROGRAM GUIDE

Sunday 15th December 2019

11:30 pm The Sunday Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 16th December 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

After a verbal round with Liam, Thomas decides to up his game in obtaining his true desire. Meanwhile, Steffy confronts Hope about her part in keeping a terrible secret about Thomas.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Sexual References,
Coarse Language,
Mature Themes

ALL NEW EPISODES

18403 - Chrisley Knows Best Reality Star Lindsay: Allegations Of Lies

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Jamie's Quick & Easy Christmas Special (Rpt)

CC G

Jamie's Quick & Easy Christmas Special

All the flavour, but none of the fuss, as Jamie Oliver applies his quick and easy principles to cooking at a fabulous Christmas feast.



SYDNEY PROGRAM GUIDE

Monday 16th December 2019

| | | |
|-----------------|--|-------|
| 02:00 pm | Entertainment Tonight | CC |
| 02:30 pm | Judge Judy (Rpt) | CC PG |
| 03:00 pm | Judge Judy | CC PG |
| 03:30 pm | Everyday Gourmet With Justine Schofield (Rpt) | CC G |
| 04:00 pm | Farm To Fork | CC G |
| 04:30 pm | The Bold & The Beautiful | CC PG |
| 05:00 pm | 10 News First | CC |
| 06:30 pm | The Project | CC |

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Thomas uses Douglas in his pitch to Hope to return to work with him. Meanwhile, Divorce papers in hand, Ridge makes a passionate plea to Brooke with a way for them to mend their marriage.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Monday 16th December 2019

07:30 pm Christmas With The Australian Women's Weekly CC

SPECIAL EVENT

Christmas With The Australians Women's Weekly

08:30 pm Montreal Comedy Festival Just For Laughs (Rpt) CC M
Sexual References,
Coarse Language

2018 Montreal Comedy Festival, Just For Laughs #1

The festival returns for another year of laughs, guffaws and applause, featuring stand up from some of the most famous comedians around the world.

09:30 pm Akmal: Transparent (Rpt) CC MA15+
Strong Coarse
Language

Akmal - Transparent

See Akmal at his best as he tackles every subject from reality TV, through to politics. Make sure you have Paramedics on call to transport you to hospital as your sides split from laughter!

11:00 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Mark Harmon.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Monday 16th December 2019

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 17th December 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Thomas uses Douglas in his pitch to Hope to return to work with him. Meanwhile, Divorce papers in hand, Ridge makes a passionate plea to Brooke with a way for them to mend their marriage.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Medical Procedures

ALL NEW EPISODES

18002 - Dying To Be Hot

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Christmas With The Australian Women's Weekly (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Christmas With The Australians Women's Weekly



SYDNEY PROGRAM GUIDE

Tuesday 17th December 2019

| | | |
|-----------------|--|-------|
| 02:00 pm | Entertainment Tonight | CC |
| 02:30 pm | Judge Judy (Rpt) | CC PG |
| 03:00 pm | Judge Judy | CC PG |
| 03:30 pm | Everyday Gourmet With Justine Schofield (Rpt) | CC G |
| 04:00 pm | Farm To Fork | CC G |
| 04:30 pm | The Bold & The Beautiful | CC PG |
| 05:00 pm | 10 News First | CC |
| 06:30 pm | The Project | CC |

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Steffy tells her brother Thomas to stay in his lane in regards to Hope. Meanwhile, Clearly not on the same page, Brooke conveys to Ridge exactly what it will take for them to reunite.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Tuesday 17th December 2019

| | | |
|--|---|--|
| 07:30 pm Ambulance Australia (Rpt) | CC M Coarse Language, Mature Themes | Paramedics are called to a bomb threat at Sydney airport, while good friends Mosh and Kren are called to a 35-week pregnant woman who hasn't felt her baby move in 10 hours and has severe bleeding. |
| 08:30 pm Ambulance Australia (Rpt) | CC M Coarse Language, Mature Themes | Ambulance Australia follows people in the business of saving lives, going beyond the flashing lights to the heart & soul of heroes. |
| 09:30 pm NCIS (Rpt) | CC M Violence, Mature Themes | <u>She</u> A malnourished and confused girl is found hiding in a storage unit - the team suspects that she is the daughter of a Navy recruit who disappeared 10 years ago. Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello |
| 10:30 pm NCIS: Los Angeles (Rpt) | CC M Violence, Mature Themes | <u>Cac Tu Nhan</u> While Hetty is being tortured by her captors in Vietnam, Eric and Nell find a clue to her whereabouts, prompting the team to organize a rescue mission with very little information. |
| 11:30 pm The Project Encore (Rpt) | CC | SPECIAL ENCORE PRESENTATION Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently. |
| 12:30 am The Late Show With Stephen Colbert | CC PG | ALL NEW EPISODES Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists. |
| 01:30 am Home Shopping (Rpt) | | <u>Home Shopping</u> |
| 02:00 am Home Shopping (Rpt) | | <u>Home Shopping</u> |



SYDNEY PROGRAM GUIDE

Tuesday 17th December 2019

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 18th December 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Steffy tells her brother Thomas to stay in his lane in regards to Hope. Meanwhile, Clearly not on the same page, Brooke conveys to Ridge exactly what it will take for them to reunite.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Sexual References,
Coarse Language,
Mature Themes

ALL NEW EPISODES

18040 - Liar Liar: Which Sister Is Telling The Truth

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Everyday Gourmet Christmas Special (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Everyday Gourmet Christmas Special 2019

Justine Schofield invites special guests into the kitchen to cook up Christmas inspired recipes for a big Christmas feast.



SYDNEY PROGRAM GUIDE

Wednesday 18th December 2019

| | | |
|-----------------|--|-------|
| 02:00 pm | Entertainment Tonight | CC |
| 02:30 pm | Judge Judy (Rpt) | CC PG |
| 03:00 pm | Judge Judy | CC PG |
| 03:30 pm | Everyday Gourmet With Justine Schofield (Rpt) | CC G |
| 04:00 pm | Farm To Fork | CC G |
| 04:30 pm | The Bold & The Beautiful | CC PG |
| 05:00 pm | 10 News First | CC |
| 06:30 pm | The Project | CC |

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Liam is concerned that Hope is ignoring red flags about Thomas. Meanwhile, Eric learns of Ridge and Brooke's impending divorce from Quinn and Shauna.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Wednesday 18th December 2019

07:30 pm Jamie's Easy Christmas Countdown CC

SPECIAL EVENT

Jamie's Easy Christmas Countdown

Jamie's back again this year to help you get ready for Christmas! Whatever you're planning he has all the tips and tricks you need to take the pressure off and still have a cracking feast.

08:30 pm Montreal Comedy Festival Just For Laughs (Rpt) CC MA15+
Sexual References,
Coarse Language

The Montreal Comedy Festival Offensive

Tommy Little presents some of the funniest stand up from the Montreal Comedy Festival. Featuring Amy Schumer, Margaret Cho, Hannibal Buress, Whitney Cummings, Tim Minchin, Jimmy Carr and more!

09:30 pm Carl Barron: Drinking With A Fork (Rpt) CC MA15+
Sexual References,
Coarse Language

Carl Barron - Drinking With A Fork

Annoying birds, bad joggers and whistling while you talk are some of the subjects Carl Barron covers in his relatable style. Sit back and watch one of this country's greatest comedic minds at work.

11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Wednesday 18th December 2019

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 19th December 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Liam is concerned that Hope is ignoring red flags about Thomas. Meanwhile, Eric learns of Ridge and Brooke's impending divorce from Quinn and Shauna.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Coarse Language,
Mature Themes

ALL NEW EPISODES

18037 - Extreme Mama's Boy

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Jamie Oliver's Ultimate Veg Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Jamie is encouraging everyone to stop thinking of vegetables as side dishes to meat. He says vegetables can steal the show and he wants to show us how through a variety of delicious recipes.



SYDNEY PROGRAM GUIDE

Thursday 19th December 2019

| | | |
|-----------------|--|-------|
| 02:00 pm | Entertainment Tonight | CC |
| 02:30 pm | Judge Judy (Rpt) | CC PG |
| 03:00 pm | Judge Judy | CC PG |
| 03:30 pm | Everyday Gourmet With Justine Schofield (Rpt) | CC G |
| 04:00 pm | Farm To Fork | CC G |
| 04:30 pm | The Bold & The Beautiful | CC PG |
| 05:00 pm | 10 News First | CC |
| 06:30 pm | The Project | CC |

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Hope and Steffy get competitive and go full force for the fashion competition. Meanwhile, Wyatt explains to Liam why his relationship with Sally went from "in" to "complicated".

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Thursday 19th December 2019

07:30 pm Jamie Oliver's Ultimate Veg

CC PG

SEASON FINALE

Jamie is encouraging everyone to stop thinking of vegetables as side dishes to meat. He says vegetables can steal the show and he wants to show us how through a variety of delicious recipes.

08:30 pm Law & Order: S.V.U (Rpt)

CC M
Violence,
Strong Adult Themes

Intersecting Lives

SVU build a strong case against a corrections officer with a spotless record who is accused of sexually assaulting female inmates. After his arrest, his union targets Barba and the SVU squad.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Raúl Esparza, Andy Karl

Guest Starring: Brad Garrett, Bill Duke

09:30 pm Law & Order: S.V.U (Rpt)

CC M
Violence,
Mature Themes

Heartfelt Passages

The life of an SVU detective hangs in the balance when the case involving a corrections officer accused of rape turns deadly.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Raúl Esparza, Andy Karl, Peter Gallagher, Robert John Burke

Guest Starring: Brad Garrett, Bill Duke

10:30 pm Blue Bloods (Rpt)

CC M
Violence

Heavy Is The Head

Jamie asks Erin to drop charges against a man who rescued a woman from a hostage situation. Danny and Baez work a car theft case and discover that the leader is a mobster they've dealt with before.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez, Len Cariou, Sami Gayle

SPECIAL ENCORE PRESENTATION

11:30 pm The Project Encore (Rpt)

CC

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

ALL NEW EPISODES

12:30 am The Late Show With Stephen Colbert CC PG

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Thursday 19th December 2019

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 20th December 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Hope and Steffy get competitive and go full force for the fashion competition. Meanwhile, Wyatt explains to Liam why his relationship with Sally went from "in" to "complicated".

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Mature Themes

ALL NEW EPISODES

18025 - DNA Drama: A Family In Turmoil

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm The Living Room Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Cherie Barber helps a couple get their home ready for sale, Dr Chris Brown meets The Bionic Snake Catcher and Miguel serves up salmon in two special ways.



SYDNEY PROGRAM GUIDE

Friday 20th December 2019

| | | |
|-----------------|--|-------|
| 02:00 pm | Entertainment Tonight | CC |
| 02:30 pm | Judge Judy (Rpt) | CC PG |
| 03:00 pm | Judge Judy | CC PG |
| 03:30 pm | Everyday Gourmet With Justine Schofield (Rpt) | CC G |
| 04:00 pm | Farm To Fork | CC G |
| 04:30 pm | The Bold & The Beautiful | CC PG |
| 05:00 pm | 10 News First | CC |
| 06:30 pm | The Project | CC |

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

In an attempt to avoid a Ridge and Brooke reunion, Thomas pressures Shauna to go after his father. Meanwhile, Liam asks for Steffy's help in exposing Thomas and his dangerous schemes.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Friday 20th December 2019

07:30 pm The Living Room CC

SEASON FINALE

The team make a foolproof Christmas pudding, Barry and Amanda make the perfect little Santa house, Chris helps disadvantaged pets and Amanda learns how the Salvation Army help those at Christmas time.

09:00 pm The Graham Norton Show Encore (Rpt) CC M

Sexual References,
Coarse Language,
Mature Themes,
May Contain:

SPECIAL ENCORE PRESENTATION

Join the hilarious and cheeky Graham Norton as interviews Dame Judi Dench, Hugh Grant, Matthew McConaughey, Michael Buble, Jennifer Hudson, & Coldplay.

10:00 pm Arj Barker: Organic (Rpt) CC M

Sexual References,
Coarse Language

Arj Barker - Organic

Arj Barker starts with the finest free-range topics and nurtures them until they're full of wholesome hilarity and ready for a tellin'. Remember, his cruelty-free jokes are ALWAYS tested on animals.

11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 20th December 2019

| | | |
|-----------------|----------------------------|-----------------------------|
| 02:30 am | Home Shopping (Rpt) | <u>Home Shopping</u> |
| 03:00 am | Home Shopping (Rpt) | <u>Home Shopping</u> |
| 03:30 am | Home Shopping (Rpt) | <u>Home Shopping</u> |
| 04:00 am | Home Shopping (Rpt) | <u>Home Shopping</u> |
| 04:30 am | Home Shopping (Rpt) | <u>Home Shopping</u> |
| 05:00 am | Home Shopping (Rpt) | <u>Home Shopping</u> |
| 05:30 am | Home Shopping (Rpt) | <u>Home Shopping</u> |



SYDNEY PROGRAM GUIDE

Saturday 21st December 2019

06:00 am I Fish (Rpt) CC G

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

SPECIAL ENCORE PRESENTATION

06:30 am Seafood Escape With Andrew Ettingshausen (Rpt) CC G

Andrew ET Ettingshausen teams up with some of Australia's toughest Australian fishing crews and creative chefs to reveal the journey from ocean depths to culinary delights in Seafood Escape.

SPECIAL ENCORE PRESENTATION

07:00 am Rv Daily Foodie Trails (Rpt) CC

Welcome to RV Daily's Foodie Trails, where we scratch beneath the surface of regional Australia to find the best-kept food secrets and meet the authentic local characters behind them.

SPECIAL ENCORE PRESENTATION

07:30 am All 4 Adventure (Rpt) CC PG

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

SPECIAL ENCORE PRESENTATION

08:30 am Jamie's Easy Christmas Countdown (Rpt) CC

Jamie's Easy Christmas Countdown

Jamie's back again this year to help you get ready for Christmas! Whatever you're planning he has all the tips and tricks you need to take the pressure off and still have a cracking feast.

09:30 am Studio 10 Saturday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.

12:00 pm The Living Room Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

The team make a foolproof Christmas pudding, Barry and Amanda make the perfect little Santa house, Chris helps disadvantaged pets and Amanda learns how the Salvation Army help those at Christmas time.



SYDNEY PROGRAM GUIDE

Saturday 21st December 2019

01:30 pm Healthy Homes Australia CC G

ALL NEW EPISODES

Home, garden, lifestyle or build – Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

02:00 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

02:30 pm Everyday Gourmet Christmas Special (Rpt) CC

SPECIAL ENCORE PRESENTATION

Everyday Gourmet Christmas Special 2019

Justine Schofield invites special guests into the kitchen to cook up Christmas inspired recipes for a big Christmas feast.

03:30 pm Christmas With The Australian Women's Weekly (Rpt) CC

SPECIAL ENCORE PRESENTATION

Christmas With The Australians Women's Weekly

04:30 pm Discover Japan: Kyushu With Liv Phyland CC G

SEASON FINALE

Join Liv Phyland on Discover Japan as she explores the beautiful prefectures of Kyushu. Liv introduces us to the nature, local culture and foods which are characteristic to this fascinating Island.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt) CC PG
Coarse Language,
Mature Themes

There has never been a rescue at Bondi Beach like this in 70 years as tragedy strikes when two unconscious patients are discovered in the water. The lifeguards will need to act quick to save lives.

07:00 pm School Of Rock (Rpt)(2003) CC PG
Mild Coarse
Language

MOVIE

Hell-raising guitarist Dewey Finn worships the power of rock & roll. Down and out and in need of money he accepts a job as a substitute teacher at the prestigious Horace Green Elementary School.

Starring: Jack Black, Joan Cusack, Mike White, Sarah Silverman



SYDNEY PROGRAM GUIDE

Saturday 21st December 2019

09:20 pm Ambulance (Rpt)

CC M
Coarse Language,
Strong Adult Themes

An insight into the ambulance service, from the highly-pressurised control room to the crews on the streets. This is an honest snapshot of the ambulance services daily dilemmas and pressures.

10:35 pm Ambulance (Rpt)

CC M
Coarse Language,
Mature Themes

An insight into the ambulance service, from the highly-pressurised control room to the crews on the streets. This is an honest snapshot of the ambulance services daily dilemmas and pressures.

11:50 pm 999: What's Your Emergency

CC M
Coarse Language,
Drug References

ALL NEW EPISODES

Let's Babysit Until The Parents Turn Up Then

In Wiltshire more and more young people are challenging the police's authority. With over 88,000 under-18s arrested in the UK in 2016, are young people being given too many chances or not enough?

12:45 am Elementary (Rpt)

CC M
Violence,
Mature Themes

Hurt Me, Hurt You

Holmes & Watson pursue an elusive criminal as a gang war erupts in NYC. While the NYPD work to contain the violence, the two investigate the murder that appears to have ignited the city-wide conflict.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Beyond The Search (Rpt)

PG

ALL NEW EPISODES

Beyond Heroes - The Search For A Saviour

Everyone is searching for a hero, but do we need a hero or are we looking for something much bigger? Beyond Heroes investigates this theme at Comicon International in San Diego.



SYDNEY PROGRAM GUIDE

Saturday 21st December 2019

04:30 am **Leading The Way With Dr. Michael Youssef** G

ALL NEW EPISODES

05:00 am **Hour Of Power** G

ALL NEW EPISODES