



SYDNEY PROGRAM GUIDE

Sunday 02nd February 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

07:00 am Joseph Prince CC G

ALL NEW EPISODES

Reversing The Curse Through The Holy Communion

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Kiss IT Goodbye

Religious.

08:00 am Snap Happy (Rpt) CC G

If you like photography then you'll love Snap Happy. This show will inspire and equip you to become a better photographer.

08:30 am This Is Mexico (Rpt) CC PG

Take a journey into the heart of the real Mexico. Discover the food, architecture, culture, and of course the people of this amazing land.

09:00 am Tasting Australia With Hayden Quinn (Rpt) CC G

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

09:30 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm The Offroad Adventure Show CC G

ALL NEW EPISODES

Four ultimate touring 4WDs, two all-new thrillseeking hosts, tackling our toughest adventures yet, discovering spectacular campsites and bucket list adventures along the way.



SYDNEY PROGRAM GUIDE

Sunday 02nd February 2020

01:00 pm All 4 Adventure

CC PG
Coarse Language

SEASON FINALE

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

02:00 pm Farm To Fork (Rpt)

CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

02:30 pm RV Daily Foodie Trails (Rpt)

CC G

Welcome to RV Daily's Foodie Trails, where we scratch beneath the surface of regional Australia to find the best-kept food secrets and meet the authentic local characters behind them.

03:00 pm I'm A Celebrity...Get Me Out Of Here! Encore (Rpt)

CC PG
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

The remaining celebrities will be tested on their knowledge of dearly departed campmates while perched above a dunk tank. Splash!

04:00 pm Whichcar

CC PG

ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

04:30 pm RPM Summer Series

CC

Summer Series

Hosted by 10 Sport's Kate Peck, RPM Summer Series delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language,
Mature Themes

The tower is on high alert when a swimmer's quick dip results in a possible spinal injury and the lifeguards farewell a much-loved member of the squad.



SYDNEY PROGRAM GUIDE

Sunday 02nd February 2020

06:30 pm The Sunday Project CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm I'm A Celebrity...Get Me Out Of Here! CC PG
Coarse Language,
Mature Themes

SEASON FINALE

This is it. Over four weeks of forgoing fake tans, flushing toilets, and food that doesn't arrive in sacks, it is time to crown the mighty King or Queen of the Jungle.

09:00 pm The Graham Norton Show Encore (Rpt) CC M
Mature Themes

SPECIAL ENCORE PRESENTATION

Join the hilarious Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Jamie Foxx, Michael B Jordan, Jennifer Saunders, Sir Patrick Stewart & Michael Kiwanuka

10:00 pm Hughesy, We Have A Problem Encore (Rpt) CC M
Sexual References,
Coarse Language

SPECIAL ENCORE PRESENTATION

Hughesy is joined by Tanya Hennessy, Harley Breen, Denise Scott, Cass Thorburn and Sam Simmons to tackle the first world problems we just can't seem to solve.

11:00 pm NCIS Encore (Rpt) CC M

Flight Plan

The NCIS team investigates an F-18 crash and the subsequent disappearance of the pilot who operated the aircraft. Also, McGee reluctantly discusses a very personal decision with his teammates.

12:00 am The Sunday Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.



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Sunday 02nd February 2020

01:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>

04:30 am **CBS This Morning** CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 03rd February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Wyatt and Flo reconnect and agree to attend to the family meeting that Katie has called, together. Meanwhile, All hell breaks loose when Brooke learns about Shauna and Ridge's stolen kisses.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC PG
Sexual References,
Coarse Language,
Mature Themes

ALL NEW EPISODES

18036 - What Were They Thinking? When Sentencing Seems To Make No Sense

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm I'm A Celebrity...Get Me Out Of Here! Encore (Rpt)

CC PG
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

This is it. Over four weeks of forgoing fake tans, flushing toilets, and food that doesn't arrive in sacks, it is time to crown the mighty King or Queen of the Jungle.



SYDNEY PROGRAM GUIDE

Monday 03rd February 2020

02:30 pm Judge Judy (Rpt)	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.</p> <p>ALL NEW EPISODES</p> <p>Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.</p>
03:00 pm Judge Judy	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.</p>
03:30 pm Everyday Gourmet With Justine Schofield (Rpt)	CC G	<p>Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.</p> <p>ALL NEW EPISODES</p>
04:00 pm Farm To Fork	CC G	<p>Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.</p> <p>ALL NEW EPISODES</p>
04:30 pm The Bold & The Beautiful	CC PG	<p>Katie gathers her family and friends and makes a request that no one saw coming. Meanwhile, Quinn and Brooke's argument quickly escalates ending with the two declaring war upon each other.</p> <p>LIVE</p> <p>Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.</p>
05:00 pm 10 News First	CC	<p>LIVE</p> <p>Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.</p>
06:00 pm 10 News First (Rpt)	CC	<p>ALL NEW EPISODES</p> <p>Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.</p>
06:30 pm The Project	CC	



SYDNEY PROGRAM GUIDE

Monday 03rd February 2020

07:30 pm Australian Survivor: All Stars CC PG
Coarse Language

SEASON PREMIERE

The best competition on TV is bigger than ever. The biggest villains, game players and heroes, are seeking redemption and competing against each other in the first ever Australian Survivor: All Stars.

09:15 pm Hughesy, We Have A Problem CC

ALL NEW EPISODES

Hughesy, Shaun Micallef, Nazeem Hussain, Judith Lucy & Em Rusciano tackle the first world problems we just can't seem to solve.

10:15 pm Celeste Barber: Challenge Accepted (Rpt) CC MA15+
Sexual References,
Coarse Language

Celeste Barber: Challenge Accepted

Hilarious social media super star, Celeste Barber explains the stories behind her most famous images, her new relationship with famous people, the trolls, fans and comments that get under her skin.

11:15 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:15 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Edie Falco & Fortune Feimster.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Monday 03rd February 2020

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 04th February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Katie gathers her family and friends and makes a request that no one saw coming. Meanwhile, Quinn and Brooke's argument quickly escalates ending with the two declaring war upon each other.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Coarse Language,
Mature Themes

18043 - Love Stoned-My Daughter Is Addicted To A Toxic Man

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Tuesday 04th February 2020

02:50 pm Entertainment Tonight

CC

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

03:00 pm Judge Judy

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm Everyday Gourmet With Justine Schofield (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

04:00 pm Farm To Fork

CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG

Wyatt finds himself in the challenging position of turning down a beautiful woman in lingerie. Meanwhile, Eric is forced into the fray and attempts to quell the fight between Brooke and Quinn.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt)

CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Tuesday 04th February 2020

07:30 pm Australian Survivor: All Stars

CC PG
Coarse Language

ALL NEW EPISODES

Proving it's game on, things heat up between tribe mates, with new alliances being formed and others being kept in the dark. An intense Tribal Council sees a much loved character say goodbye.

09:00 pm NCIS

CC M
Mature Themes

ALL NEW EPISODES

Sound Off

After a body is found at an aerial vehicle testing site, the NCIS team must determine if the death was murder or an accident; Palmer carefully interviews medical examiner assistant candidates.

10:00 pm NCIS: Los Angeles

CC M
Violence

ALL NEW EPISODES

Yellow Jack

The murder of a Naval lieutenant leads the team investigating a potential ebola outbreak.

11:00 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Tuesday 04th February 2020

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 05th February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Wyatt finds himself in the challenging position of turning down a beautiful woman in lingerie. Meanwhile, Eric is forced into the fray and attempts to quell the fight between Brooke and Quinn.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Coarse Language,
Drug References,
Mature Themes

18041 - Gun Toting, Pot Smoking, And Only 11 Years Old

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Wednesday 05th February 2020

02:45 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G
04:00 pm	Farm To Fork	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	10 News First (Rpt)	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Refusing to accept Wyatt's words, Sally makes it difficult for him to break up with her. Meanwhile, Quinn vows that Brooke will pay the consequences for meddling in her marriage to Eric.

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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SYDNEY PROGRAM GUIDE

Wednesday 05th February 2020

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Australian Survivor: All Stars

CC PG
Coarse Language

ALL NEW EPISODES

They don't call it All Stars for nothing, and this episode proves just how cutthroat Survivor royalty can be with the most epic Tribal Council the show has seen.

09:00 pm Bull

CC M
Sexual References,
Mature Themes

ALL NEW EPISODES

Billboard Justice

Taylor becomes personally involved in having Bull help a dancer bring a civil suit against a real estate mogul who assaulted her at a gentlemen's club.

10:00 pm Bull (Rpt)

CC M
Violence

Play The Hand You're Dealt

Bull navigates the unfamiliar rules of a Native American tribal court when his college roommate is accused of committing murder on his reservation. Also, Bull meets Marissa's new boyfriend.

11:00 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Wednesday 05th February 2020

01:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>

04:30 am **CBS This Morning**

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 06th February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Refusing to accept Wyatt's words, Sally makes it difficult for him to break up with her. Meanwhile, Quinn vows that Brooke will pay the consequences for meddling in her marriage to Eric.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Coarse Language,
Mature Themes

18031 - My Beautiful Daughter Has Spiraled Into A Homeless Hair Hoarder

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Thursday 06th February 2020

02:40 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G
04:00 pm	Farm To Fork	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	10 News First (Rpt)	CC

ALL NEW EPISODES

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ALL NEW EPISODES

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Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Sally shows up at Flo's apartment to set the record straight on her and Wyatt's relationship. Meanwhile, Thomas hits pay-day when Hope allows him to comfort her over her break up with Liam.

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Thursday 06th February 2020

06:30 pm The Project

CC

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07:30 pm Ambulance Australia

CC M
Drug References,
Mature Themes

SEASON PREMIERE

A sudden car crash in front of their ambulance forces Pete and Phil to perform one of the most extraordinary resuscitations from a deadly heart attack ever captured on film.

08:30 pm Law & Order: S.V.U

CC M
Violence,
Mature Themes

ALL NEW EPISODES

Down Low In Hell's Kitchen

A serial predator targeting men in gay bars proves difficult to catch, until a celebrity comes forward with his story.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino

Guest Starring: Joseph Lyle Taylor, Curtis Armstrong

09:30 pm Law & Order: S.V.U (Rpt)

CC M
Sexual References,
Drug References,
Strong Adult Themes

Plastic

A woman accuses a celebrity plastic surgeon and his girlfriend of rape. The squad go on the offensive when video emerges of the couple engaging in more apparent instances of rape, .

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino

Guest Starring: Mark Feuerstein, Alyssa Sutherland

10:30 pm Blue Bloods

CC M
Violence

ALL NEW EPISODES

Naughty Or Nice

Frank is rattled upon learning the DA keeps a list of officers he considers unreliable. Danny recruits a retired mobster to assist in an investigation, and a predator poses as a ride-share driver.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

Guest Starring: Dan Hedaya



SYDNEY PROGRAM GUIDE

Thursday 06th February 2020

11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

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12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 07th February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Sally shows up at Flo's apartment to set the record straight on her and Wyatt's relationship. Meanwhile, Thomas hits pay-day when Hope allows him to comfort her over her break up with Liam.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Mature Themes

18038 - Black And Blue Blackout Drunk

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm The Living Room (Rpt)

CC PG

Barry Du Bois, Amanda Keller and Matt Leacy revive a dull community centre garden, Dr Chris Brown goes Stargazing and Miguel whips up a fast and delicious BBQ side dish.



SYDNEY PROGRAM GUIDE

Friday 07th February 2020

02:00 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G
04:00 pm	Farm To Fork	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	10 News First (Rpt)	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

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Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Quinn's fire is fueled when Eric tells her about Shauna's living arrangement. Meanwhile, Thomas interferes with Steffy telling Liam the truth by promising her the outcome she deserves.

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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SYDNEY PROGRAM GUIDE

Friday 07th February 2020

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Graham Norton Show

CC M
Coarse Language

ALL NEW EPISODES

Join the hilarious and cheeky Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Robert Downey Jr, Emma Thompson, Hugh Laurie, Terry Gilliam & Sara Bareilles

08:30 pm To Be Advised

09:30 pm To Be Advised

10:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

11:30 pm The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 07th February 2020

02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 08th February 2020

06:00 am	I Fish (Rpt)	G	Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.
ALL NEW EPISODES			
06:30 am	Leading The Way With Dr. Michael Youssef	CC G	Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.
07:00 am	What's Up Down Under (Rpt)	CC G	Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.
SPECIAL ENCORE PRESENTATION			
07:30 am	All 4 Adventure (Rpt)	CC PG Coarse Language	All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.
08:30 am	Pat Callinan's 4x4 Adventures (Rpt)	CC G	<u>Brisbane's Best 4x4 Tracks</u> Australia's foremost 4x4 expert "MR 4X4" Pat Callinan takes you on some of his all-time favourite four-wheel drive adventures.
09:30 am	Studio 10 Saturday	CC PG	See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!
12:00 pm	Pooches At Play (Rpt)	CC G	<u>Adelaide</u> The team head to Hahndorf which has been voted South Australia's most pet-friendly town. Meet the Australian Lions Hearing dogs, that provide services for the hearing impaired throughout Australia.
12:30 pm	The Living Room (Rpt)	CC PG	Barry helps fix a kitchen catastrophe; Dr Chris Brown meets a family with an unusual household pet; Miguel cooks a much-loved Armenian dish & Kara shares thrifty tips to transform your child's room.
01:30 pm	10travlr New Zealand (Rpt)	CC G	10travlr New Zealand takes Liv Phyland & Scott Tweedie to explore Auckland, Christchurch and surrounds. They hit the road, take to the sky and meet amazing people behind the energy and Kia Ora spirit.



SYDNEY PROGRAM GUIDE

Saturday 08th February 2020

02:00 pm Australia By Design: Interiors (Rpt) CC G

Australia by Design: Interiors showcases Australia's most creative and innovative interior designs and speaks to the designers to uncover the stories behind their pursuit of design excellence.

02:30 pm Luxury Escapes (Rpt) CC PG

Zurich / Tasmania

In this episode of Luxury Escapes, we discover the perfect blend by combining the rustic charm of Tasmania with the urban sophistication of Zurich, Switzerland's most stylish city.

03:00 pm What's Up Down Under CC G

ALL NEW EPISODES

Summer Series

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

03:30 pm This Is Mexico CC PG

ALL NEW EPISODES

Take a journey into the heart of the real Mexico. Discover the food, architecture, culture, and of course the people of this amazing land.

04:00 pm Taste Of Australia With Hayden Quinn CC G

ALL NEW EPISODES

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

04:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Jamie & The Nonnas (Rpt) CC G

Naples

Jamie heads to the pizza capital of Italy, to seek out the recipes the locals love to eat and is blown away by acquapazza - fish poached in 'crazy water'.



SYDNEY PROGRAM GUIDE

Saturday 08th February 2020

07:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language,
Mature Themes

A miscommunication during a serious rescue could cost two people their lives. Mouse & Jess must overcome their anxiety & administer adrenaline to a young woman suffering from an allergic reaction.

07:30 pm To Be Advised

08:30 pm Ambulance

CC M
Mature Themes

ALL NEW EPISODES

Call handler Laura offers life saving advice to a panicked 999 caller, the call makes such a deep impact that she decides on the spot to change the direction of her life.

09:45 pm 999: What's Your Emergency (Rpt)

CC M
Coarse Language,
Drug Use,
Mature Themes

He's Certainly Not Here To Look At The Railway Museum

Following criminalisation of once legal highs, crack and heroin are on the up and users and dealers are getting younger as organised gangs flood small local communities with drugs.

10:45 pm To Be Advised

11:40 pm To Be Advised

12:35 am To Be Advised

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 08th February 2020

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Beyond The Search (Rpt)

PG

ALL NEW EPISODES

Beyond Hell - The Search For Love

Is Hell a real place? If so, what does that tell us about a God who claims to be loving? For many, life on earth really is like hell. Beyond hell reveals a place of peace beyond the misery.

05:00 am Hour Of Power

G

ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.



SYDNEY PROGRAM GUIDE

Sunday 09th February 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

07:00 am Joseph Prince CC G

ALL NEW EPISODES

Practical Marriage & Relationship Truths

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

You Are Enough

Religious.

08:00 am Snap Happy (Rpt) CC G

If you like photography then you'll love Snap Happy. This show will inspire and equip you to become a better photographer.

08:30 am This Is Mexico (Rpt) CC PG

Take a journey into the heart of the real Mexico. Discover the food, architecture, culture, and of course the people of this amazing land.

09:00 am Tasting Australia With Hayden Quinn (Rpt) CC G

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

09:30 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm The Offroad Adventure Show CC G

ALL NEW EPISODES

Four ultimate touring 4WDs, two all-new thrillseeking hosts, tackling our toughest adventures yet, discovering spectacular campsites and bucket list adventures along the way.



SYDNEY PROGRAM GUIDE

Sunday 09th February 2020

01:00 pm The Living Room (Rpt) CC PG

Barry makes a hidden room, without making any extensions to the house, Chris snorkels in the waters of Shelly Beach, Miguel makes soul food in Memphis and Kara whips up a thrifty bedhead in no time.

02:00 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

02:10 pm To Be Advised

04:00 pm Whichcar CC PG

ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

04:30 pm RPM Summer Series CC

Summer Series

Hosted by 10 Sport's Kate Peck, RPM Summer Series delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt) CC PG
Coarse Language,
Mature Themes

Harrison's life is put on the line when he attempts to save a brother and sister who, in their panic, start to drown the lifeguard that is there to rescue them.

06:30 pm The Sunday Project CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Sunday 09th February 2020

07:30 pm Dancing With The Stars CC

SEASON PREMIERE

Strap on your dancing shoes and shine your sequins! Dancing With The Stars is back and ready to jump and jive its way onto screens tonight's the sparkly season premiere.

09:30 pm The Graham Norton Show Encore (Rpt) CC M
Coarse Language

SPECIAL ENCORE PRESENTATION

Join the hilarious and cheeky Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Robert Downey Jr, Emma Thompson, Hugh Laurie, Terry Gilliam & Sara Bareilles

10:30 pm To Be Advised

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

11:30 pm The Sunday Project Encore (Rpt) CC

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Sunday 09th February 2020

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 10th February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Quinn's fire is fueled when Eric tells her about Shauna's living arrangement. Meanwhile, Thomas interferes with Steffy telling Liam the truth by promising her the outcome she deserves.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Coarse Language,
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Monday 10th February 2020

02:40 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G
04:00 pm	Farm To Fork	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	10 News First (Rpt)	CC

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ALL NEW EPISODES

Disheartened, Sally decides to take care of herself first. Meanwhile, Quinn makes it clear to Eric and Ridge that she will not back down to anyone, especially Brooke.

LIVE

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SYDNEY PROGRAM GUIDE

Monday 10th February 2020

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Australian Survivor: All Stars

CC PG
Coarse Language

ALL NEW EPISODES

When both tribes meet at the reward challenge, what they're fighting for isn't what it seems to the disappointment of the winning tribe.

09:00 pm Hughesy, We Have A Problem

CC

ALL NEW EPISODES

Hughesy, Tommy Little, Tom Ballard, Cal Wilson & Meshel Laurie tackle the first world problems we just can't seem to solve.

10:00 pm Just For Laughs Australia

CC M
Sexual References,
Coarse Language

Just For Laughs

Just For Laughs featuring stand-up comedy from Australia and beyond. Starring: Rove McManus, Tommy Little, Ivan Aristeguieta, Simon Taylor, Greg Proops, Gen Fricker and Sam Campbell.

11:00 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

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01:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Monday 10th February 2020

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 11th February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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07:30 am Judge Judy Encore (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Disheartened, Sally decides to take care of herself first. Meanwhile, Quinn makes it clear to Eric and Ridge that she will not back down to anyone, especially Brooke.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Tuesday 11th February 2020

02:40 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G
04:00 pm	Farm To Fork	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	10 News First (Rpt)	CC

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ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Katie counsels Wyatt about Flo and Sally and assures him that Sally is a survivor. Meanwhile, in an epic showdown, Brooke and Quinn both lay claim to the Forrester family.

LIVE

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SYDNEY PROGRAM GUIDE

Tuesday 11th February 2020

06:30 pm The Project

CC

ALL NEW EPISODES

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07:30 pm Australian Survivor: All Stars

CC PG
Coarse Language,
Nudity

ALL NEW EPISODES

With a romance sparking between two tribe mates, will a power couple be formed and hold strong as the game progresses?

09:00 pm NCIS

CC M
Violence,
Drug References

ALL NEW EPISODES

On Fire

After Torres and Bishop are victims of a hit-and-run, Torres fights for his life in the ICU.

10:00 pm NCIS: Los Angeles

CC M
Violence

ALL NEW EPISODES

Provenance

The NCIS team searches for a stolen painting valued at \$40 million after online chatter indicates the artwork is being sold on the black market to fund terrorist activity.

11:00 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:00 am The Late Show With Stephen Colbert

CC PG

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01:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Tuesday 11th February 2020

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 12th February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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07:30 am Judge Judy Encore (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Katie counsels Wyatt about Flo and Sally and assures him that Sally is a survivor. Meanwhile, in an epic showdown, Brooke and Quinn both lay claim to the Forrester family.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

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12:00 pm Dr Phil

CC PG
Coarse Language,
Mature Themes

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01:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Wednesday 12th February 2020

02:40 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G
04:00 pm	Farm To Fork	CC G
04:30 pm	The Bold & The Beautiful	CC
05:00 pm	10 News First	CC
06:00 pm	10 News First (Rpt)	CC

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ALL NEW EPISODES

Quinn loses the internal battle with her dark side and goes to the point of no return with Brooke. Meanwhile, Wyatt seeks counsel from Liam concerning how badly he's hurt Sally by reuniting with Flo

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SYDNEY PROGRAM GUIDE

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06:30 pm The Project

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ALL NEW EPISODES

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07:30 pm Australian Survivor: All Stars

CC PG
Coarse Language

ALL NEW EPISODES

Needing to pull together to ensure success reward and immunity wins, both tribes put their differences aside and fight a hard fight to win.

09:00 pm Bull

CC M
Mature Themes

ALL NEW EPISODES

Into The Mystic

A woman who has a reputation for aggressive behavior is on trial for her husband's murder, but she claims to have no memory of it due to an alcohol-induced blackout.

10:00 pm Bull (Rpt)

CC M

The Exception To The Rule

Bull travels to a small town on a personal mission to help his high school sweetheart, Allison sue a local factory that she believes is making residents ill by contaminating the water.

11:00 pm The Project Encore (Rpt)

CC

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12:00 am The Late Show With Stephen Colbert

CC PG

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01:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Wednesday 12th February 2020

01:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
04:30 am	CBS This Morning	CC	ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 13th February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy Encore (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Quinn loses the internal battle with her dark side and goes to the point of no return with Brooke. Meanwhile, Wyatt seeks counsel from Liam concerning how badly he's hurt Sally by reuniting with Flo

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC M
Drug References,
Mature Themes

ALL NEW EPISODES

18032 - Former Anchorwoman And Beauty Queen Wife: Is She Addicted?

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Thursday 13th February 2020

02:00 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G
04:00 pm	Farm To Fork	CC G
04:30 pm	The Bold & The Beautiful	CC
05:00 pm	10 News First	CC
06:00 pm	10 News First (Rpt)	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

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Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

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Thomas seizes an opportunity and suggests to Quinn that they partner up to banish Brooke. Meanwhile, Brooke is unamused when Liam blames himself, not Thomas, for the kiss he shared with Steffy.

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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SYDNEY PROGRAM GUIDE

Thursday 13th February 2020

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Ambulance Australia

CC M
Violence,
Drug References,
Mature Themes

ALL NEW EPISODES

In the midst of the graveyard shift, the Operations Centre springs into action, when a five-patient stabbing from a home invasion is reported in Brisbane's North.

08:30 pm Law & Order: S.V.U

CC M
Strong Adult Themes

ALL NEW EPISODES

The Burden Of Our Choices

Rollins clashes with the parents of a teenaged runaway. The squad comes together for a special event.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino

Guest Starring: Zach Gilford, Peter Hermann

09:30 pm Law & Order: S.V.U (Rpt)

CC MA15+
Violence,
Strong Adult Themes

Dear Ben

When a serial rapist strikes again after two decades of silence, Stone discovers that his father worked on the case before it went cold, and resolves to uncover the elusive criminal.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Jude Ciccolella

10:30 pm Blue Bloods

CC M
Violence

ALL NEW EPISODES

Behind The Smile

Jamie asks Erin for help apprehending a perp who shot at him. Eddie clashes with her new boss, and Danny drags Baez into a case involving a suspicious grieving couple.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

Guest Starring: Stephanie Kurtzuba



SYDNEY PROGRAM GUIDE

Thursday 13th February 2020

11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

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Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 14th February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

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07:30 am Judge Judy Encore (Rpt)

CC PG

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CC

SPECIAL ENCORE PRESENTATION

Thomas seizes an opportunity and suggests to Quinn that they partner up to banish Brooke. Meanwhile, Brooke is unamused when Liam blames himself, not Thomas, for the kiss he shared with Steffy.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC PG
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Jamie & The Nonnas (Rpt)

CC G

Naples

Jamie heads to the pizza capital of Italy, to seek out the recipes the locals love to eat and is blown away by acquapazza - fish poached in 'crazy water'.



SYDNEY PROGRAM GUIDE

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ALL NEW EPISODES

Carter tells Zoe she is beautiful before questioning the validity of her relationship with Thomas. Meanwhile, sparks reignite between Steffy and Liam as they spend family time together with Kelly.

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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SYDNEY PROGRAM GUIDE

Friday 14th February 2020

06:30 pm The Project CC

ALL NEW EPISODES

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07:30 pm The Graham Norton Show CC

ALL NEW EPISODES

Join the hilarious Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Margot Robbie, Daniel Kaluuya, Jodie Turner-Smith, Jim Carrey & Lewis Capaldi.

08:30 pm He's Just Not That Into You (Rpt)(2009) CC M
Sexual References,
Coarse Language

MOVIE

Friends and lovers try to navigate their way through the complexities of modern relationships. Beth wants commitment, Gigi is tired of waiting by the phone...what are they doing wrong?

Starring: Ben Affleck, Drew Barrymore, Jennifer Aniston, Scarlett Johansson, Bradley Cooper

11:05 pm To Be Advised

01:05 am The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

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02:05 am The Late Show With Stephen Colbert CC PG

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Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Friday 14th February 2020

03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 15th February 2020

06:00 am	I Fish (Rpt)	G	Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.
			ALL NEW EPISODES
06:30 am	Leading The Way With Dr. Michael Youssef	CC G	Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.
07:00 am	What's Up Down Under (Rpt)	CC G	Summer Series Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.
07:30 am	The Offroad Adventure Show (Rpt)	CC G	Four ultimate touring 4WDs, two all-new thrillseeking hosts, tackling our toughest adventures yet, discovering spectacular campsites and bucket list adventures along the way.
08:30 am	Pat Callinan's 4x4 Adventures (Rpt)	CC G	Building The Ultimate 4x4 Australia's foremost 4x4 expert "MR 4X4" Pat Callinan takes you on some of his all-time favourite four-wheel drive adventures.
09:30 am	Studio 10 Saturday	CC PG	See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!
12:00 pm	Pooches At Play (Rpt)	CC G	Sydney To Newcastle The team visit pet-friendly attractions in Sydney and Newcastle. Hear about the important work of volunteer group Dog Rescue Newcastle and get some training tips and advice for looking after a Husky.
12:30 pm	The Living Room (Rpt)	CC PG	Miguel has a recipe for a delicious veggie-packed gozleme, Cherie shares her tips to maximise profits with minimum spend for your short-term rental & Bachelorette Angie Kent pops by for puppy trivia.
01:30 pm	Australia By Design: Innovations (Rpt)	CC G	Innovations is about Australian ingenuity and design excellence, it's about inspiration, disruption & changing the game. Innovations continues to bring to light the best of Australian innovation.



SYDNEY PROGRAM GUIDE

Saturday 15th February 2020

02:00 pm Australia By Design: Interiors (Rpt) CC G

Australia by Design: Interiors showcases Australia's most creative and innovative interior designs and speaks to the designers to uncover the stories behind their pursuit of design excellence.

02:30 pm Luxury Escapes (Rpt) CC PG

Perth / Myanmar

In this episode of Luxury Escapes, we take a leap into the magical past of Myanmar and discover Perth's bright future as the most laid-back, sun-drenched, luxury travel destination in Australia.

03:00 pm What's Up Down Under CC G

ALL NEW EPISODES

Summer Series

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

03:30 pm This Is Mexico CC PG

SEASON FINALE

Take a journey into the heart of the real Mexico. Discover the food, architecture, culture, and of course the people of this amazing land.

04:00 pm Taste Of Australia With Hayden Quinn CC G

ALL NEW EPISODES

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

04:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Jamie & The Nonnas (Rpt) CC G

Basilicata

Jamie heads to breathtaking Basilicata in search of some seriously old school Italian recipes, with the help of a family of shepherds and an 89-year-old macaroni master.



SYDNEY PROGRAM GUIDE

Saturday 15th February 2020

07:00 pm Bondi Rescue (Rpt)

CC PG
Mature Themes

New recruit Josh experiences a day he will never forget. It's been a long hot summer with the lifeguards protecting beachgoers at the unpredictable Bondi Beach.

07:30 pm To Be Advised

ALL NEW EPISODES

08:30 pm Ambulance

CC M
Sexual References,
Mature Themes

Joining the team from North West Ambulance Service for a 12-hour Friday night shift. Paramedics Alice and Lauren respond to an urgent 999 call for a baby who is not breathing.

09:45 pm 999: What's Your Emergency? (Rpt)

CC MA15+
Strong Coarse
Language

Let's Not Forget Robin Hood Was A Criminal

This episode explores a troubling rise in domestic burglaries, from people caught stealing food to thieves targeting wealthy individuals. And a woman dials 999 when she hears someone in her house.

10:45 pm To Be Advised

11:40 pm To Be Advised

12:35 am To Be Advised

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

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SYDNEY PROGRAM GUIDE

Saturday 15th February 2020

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Beyond The Search (Rpt)

PG

ALL NEW EPISODES

Beyond Warning - The Search For Safety

When Mt St Helens was about to erupt, Harry Truman was faced with a dilemma. The Beyond team talk with survivors of tragedies that will help you when considering your response to the Bible's warnings.

05:00 am Hour Of Power

G

ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.