



SYDNEY PROGRAM GUIDE

Sunday 23rd February 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

07:00 am Joseph Prince CC G

ALL NEW EPISODES

The Christmas Story - From Creation To The Cross

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

When God Doesn't Listen

Religious.

08:00 am This Is Mexico (Rpt) CC PG

Take a journey into the heart of the real Mexico. Discover the food, architecture, culture, and of course the people of this amazing land.

08:30 am Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

09:00 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

11:30 am Supercars Adelaide 500 CC

LIVE

Supercars: Adelaide 500 Day 3

Get revved up and ready for day 3 of the 2020 Supercars at the Adelaide 500. Don't miss a minute of the action on 10. Track coverage from 11:30am AEDT.

06:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Sunday 23rd February 2020

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm Dancing With The Stars

CC PG

ALL NEW EPISODES

Emotions run high as our celebrities step out on the dancefloor to tell the story behind the most influential, and life-changing year of their lives.

09:30 pm The Graham Norton Show Encore (Rpt) CC M
Coarse Language

SPECIAL ENCORE PRESENTATION

Join the hilarious and cheeky Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Mark Ruffal, David Schwimmer, Nick Mohammed, Tamsin Greig & Alicia Keys.

10:30 pm Hughesy, We Have A Problem Encore (Rpt) CC M
Sexual References,
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Hughesy, Tom Gleeson, Akmal Saleh, Steph Tisdell and Mel Buttle tackle the first world problems we just can't seem to solve.

11:30 pm The Sunday Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Sunday 23rd February 2020

02:30 am Home Shopping (Rpt)

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03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 24th February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Ridge and Brooke disagree about the reasons behind their continued breakup. Meanwhile, Thomas turns the tables on Hope when she confronts him about hurting Douglas.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC M
Sexual References,
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Australian Survivor: All Stars Encore (Rpt)

CC PG
Coarse Language

SPECIAL ENCORE PRESENTATION

Everyone's favourite Survivor reward is up for grabs - it's the Survivor Auction. However, the rules have changed and instead of using individual cash, each tribe has a communal kitty to pool from.



SYDNEY PROGRAM GUIDE

Monday 24th February 2020

02:45 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:00 pm Judge Judy

CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm Three Veg And Meat

CC G

ALL NEW EPISODES

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

04:00 pm Farm To Fork

CC G

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:30 pm The Bold & The Beautiful

CC PG

ALL NEW EPISODES

Katie reminds Sally that she's a fighter when Sally refuses to seek the help that she needs. Meanwhile, Zoe attempts to bond with Douglas who, in turn, only wants to spend time with Hope.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt)

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Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Monday 24th February 2020

06:30 pm The Project

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ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Australian Survivor: All Stars

CC PG
Coarse Language

ALL NEW EPISODES

After Tribe swap, things are a bit shaky for a few tribe members lost without their alliances. Tribe members scramble to show their loyalty, but will the vote be swayed in their favour?

09:00 pm Hughesy, We Have A Problem

CC

ALL NEW EPISODES

Hughesy, Tommy Little, Ross Noble, Denise Scott and Geraldine Hickey tackle the first world problems we just can't seem to solve.

10:00 pm Ross Noble: Brain Dump (Rpt)

CC M
Sexual References,
Coarse Language

Ross Noble - Brain Dump

Ross Noble lives in a very specific category of beast-brain..Behind a veil of absolute nonsense, the man is cunning and quick, building the absurdity of his jokes at just the right time.

11:00 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Joe Scarborough & Mika Brzezinski. Plus, a performance by 'The Tina Turner Musical'.

01:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Monday 24th February 2020

01:30 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 25th February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Katie reminds Sally that she's a fighter when Sally refuses to seek the help that she needs. Meanwhile, Zoe attempts to bond with Douglas who, in turn, only wants to spend time with Hope.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC PG
Coarse Language,
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Australian Survivor: All Stars Encore (Rpt)

CC PG
Coarse Language

SPECIAL ENCORE PRESENTATION

After Tribe swap, things are a bit shaky for a few tribe members lost without their alliances. Tribe members scramble to show their loyalty, but will the vote be swayed in their favour?



SYDNEY PROGRAM GUIDE

Tuesday 25th February 2020

02:40 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	Three Veg And Meat	CC G
04:00 pm	Farm To Fork	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	10 News First (Rpt)	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Things get intense when Hope and Zoe overhear Liam sling accusations at Thomas. Meanwhile, Flo comforts Wyatt as he attempts to process the pain of Sally's illness.

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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SYDNEY PROGRAM GUIDE

Tuesday 25th February 2020

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Australian Survivor: All Stars

CC PG
Coarse Language

ALL NEW EPISODES

With one Tribe on a winning streak, the opposing castaways need to put their alliances aside and really work together to ensure an immunity challenge win.

09:00 pm NCIS

CC M
Mature Themes

ALL NEW EPISODES

While investigating the suicide of a retired Navy officer who left a rare coin to the National Navy Museum, The team imagines themselves in his life story in order to piece together his death.

10:00 pm NCIS: Los Angeles

CC M
Violence

ALL NEW EPISODES

Concours D'elegance

The NCIS team links the theft of an undersea drone prototype to a video game streamer's elaborate party.

11:00 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:00 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



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Tuesday 25th February 2020

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04:30 am **CBS This Morning** CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 26th February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Things get intense when Hope and Zoe overhear Liam sling accusations at Thomas. Meanwhile, Flo comforts Wyatt as he attempts to process the pain of Sally's illness.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC PG
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Australian Survivor: All Stars Encore (Rpt)

CC PG
Coarse Language

SPECIAL ENCORE PRESENTATION

With one Tribe on a winning streak, the opposing castaways need to put their alliances aside and really work together to ensure an immunity challenge win.



SYDNEY PROGRAM GUIDE

Wednesday 26th February 2020

02:40 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	Three Veg And Meat	CC G
04:00 pm	Farm To Fork	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	10 News First (Rpt)	CC

ALL NEW EPISODES

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ALL NEW EPISODES

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ALL NEW EPISODES

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ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Vinny pushes back on Thomas when he realizes the pain he's causing Douglas. Meanwhile, Liam desperately attempts to have Zoe to see the truth about Thomas.

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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SYDNEY PROGRAM GUIDE

Wednesday 26th February 2020

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Australian Survivor: All Stars

CC PG
Coarse Language

ALL NEW EPISODES

The sun rises on an All Stars milestone – our castaways have hit the halfway mark and are one day closer to merge! One castaway aims to enact long awaited revenge but does everything go to plan?

08:30 pm Bull

CC M
Violence,
Mature Themes

ALL NEW EPISODES

Safe And Sound

Bull mounts the defense of an old college friend, who is charged with negligent homicide after his youngest child kills his eldest with his handgun.

09:30 pm Bull (Rpt)

CC M
Mature Themes

The Devil, The Detail

Bull agrees to help the parents of a former employee sue a drug company when their son commits suicide during a drug trial.

10:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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11:30 pm The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

12:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

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04:30 am **CBS This Morning** CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 27th February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Vinny pushes back on Thomas when he realizes the pain he's causing Douglas. Meanwhile, Liam desperately attempts to have Zoe to see the truth about Thomas.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC PG
Coarse Language,
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Thursday 27th February 2020

02:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm Judge Judy (Rpt)

CC PG

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03:00 pm Judge Judy

CC PG

ALL NEW EPISODES

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03:30 pm Three Veg And Meat

CC G

ALL NEW EPISODES

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

04:00 pm Farm To Fork

CC G

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:30 pm The Bold & The Beautiful

CC PG

ALL NEW EPISODES

Douglas tells Hope that he doesn't want anyone else to take her place as his mom. Meanwhile, Ridge tells Steffy to give Thomas another chance & Thomas is satisfied that his plan is working.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Thursday 27th February 2020

06:00 pm 10 News First (Rpt)

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06:30 pm The Project

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07:30 pm Ambulance Australia

CC M
Mature Themes

ALL NEW EPISODES

A woman stranded on a remote walking track, unable to make her way out, must rely on the help of Emergency Services as well as Senior Operations Supervisor, Brad to hatch a creative extrication.

08:30 pm Gogglebox

**NO
CC**

SEASON PREMIERE

09:30 pm Hughesy, We Have A Problem Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Hughesy, Tommy Little, Ross Noble, Denise Scott and Geraldine Hickey tackle the first world problems we just can't seem to solve.

10:30 pm Blue Bloods

CC M

ALL NEW EPISODES

The Price You Pay

Frank works to vindicate a detective accused of excessive force, while Danny investigates the murder of a rapper's bodyguard, and Eddie goes undercover to help Erin investigate a mysterious cult.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Sami Gayle

SPECIAL ENCORE PRESENTATION

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04:30 am CBS This Morning CC

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Friday 28th February 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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07:30 am Judge Judy (Rpt)

CC PG

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08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Douglas tells Hope that he doesn't want anyone else to take her place as his mom. Meanwhile, Ridge tells Steffy to give Thomas another chance & Thomas is satisfied that his plan is working.

08:30 am Studio 10

CC PG

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01:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Friday 28th February 2020

03:00 pm Judge Judy

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ALL NEW EPISODES

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03:30 pm Three Veg And Meat

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04:30 pm The Bold & The Beautiful

CC PG

ALL NEW EPISODES

Brooke informs Thomas that she's on to his game. Meanwhile, In front of the whole family, Thomas makes a grand speech and a proposal of marriage.

05:00 pm 10 News First

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LIVE

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06:00 pm 10 News First(Rpt)

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Friday 28th February 2020

07:30 pm The Graham Norton Show CC M

ALL NEW EPISODES

Join the hilarious and cheeky Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Justin Timberlake, Anna Kendrick, Oti Mabuse, Alan Carr & Sam Smith.

08:30 pm Hughesy, We Have A Problem Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Hughesy, Tommy Little, Ross Noble, Denise Scott and Geraldine Hickey tackle the first world problems we just can't seem to solve.

09:30 pm The Montreal Comedy Festival (Rpt) CC M
Sexual References,
Coarse Language

2018 Montreal Comedy Festival, Just For Laughs, Superstars #3

Tommy Little presents the 2018 Montreal Comedy Festival Just For Laughs featuring Danny Bhoj, Arj Barker, Kitty Flanagan, Craig Ferguson, Fiona O'Loughlin, Rachel Feinstein, Pete Holmes and more!

10:30 pm The Montreal Comedy Festival (Rpt) CC M
Sexual References,
Coarse Language

SPECIAL ENCORE PRESENTATION

2017 Montreal Comedy Festival, Just For Laughs #4

Tommy Little presents the 2017 Montreal Comedy Festival featuring live stand up, as well as classic clips from comedic icons.

11:30 pm The Project Encore (Rpt) CC

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02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 29th February 2020

06:00 am I Fish (Rpt) CC G

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

ALL NEW EPISODES

06:30 am Leading The Way With Dr. Michael Youssef CC G

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

SPECIAL ENCORE PRESENTATION

07:00 am Escape Fishing With ET (Rpt) CC G

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

07:30 am The Offroad Adventure Show (Rpt) CC G

Four ultimate touring 4WDs, two all-new thrillseeking hosts, tackling our toughest adventures yet, discovering spectacular campsites and bucket list adventures along the way.

08:30 am What's Up Down Under (Rpt) CC G

Summer Series

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

09:00 am Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm Pooches At Play (Rpt) CC G

Brisbane To The Sunshine Coast

Learn what to do with your dog when in Brisbane or travelling to the Sunshine Coast. Meet a Noosa local surfing pup and learn about the Young Diggers Dog Squad helping diggers cope with PTSD.

12:30 pm The Living Room (Rpt) CC PG

Barry helps finish off your DIY's before summer begins, Chris visits Antarctica and Miguel prepares two salmon dishes- perfect for entertaining guests. Plus, Robert Irwin drops in for Hot Or Not.



SYDNEY PROGRAM GUIDE

Saturday 29th February 2020

01:30 pm Buy To Build CC G

ALL NEW EPISODES

Buy to Build offers a look at the country's latest display homes and land developments and matches the perfect combination for our weekly couple.

02:00 pm Australia By Design: Interiors (Rpt) CC G

Australia by Design: Interiors showcases Australia's most creative and innovative interior designs and speaks to the designers to uncover the stories behind their pursuit of design excellence.

02:30 pm RV Daily Foodie Trails (Rpt) CC G

Welcome to RV Daily's Foodie Trails, where we scratch beneath the surface of regional Australia to find the best-kept food secrets and meet the authentic local characters behind them.

03:00 pm What's Up Down Under CC G

ALL NEW EPISODES

Summer Series

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

03:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:00 pm Taste Of Australia With Hayden Quinn CC G

ALL NEW EPISODES

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

04:30 pm Three Veg And Meat (Rpt) CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Saturday 29th February 2020

06:00 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Drug References, Mature Themes	American Superstar Comedian, Conan O'Brien, tries his hand at lifeguarding - with hilarious results. And on the promenade Singlets treats a rollerblader with a severely dislocated knee.
06:30 pm Bondi Rescue (Rpt)	CC PG	A man is reported to have fallen from cliffs, but when Jesse arrives the situation takes an unexpected turn. Later the police chopper arrives and the story takes another, far more tragic turn.
07:00 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	When a backpacker has a violent seizure for over 15 minutes, team leader Beardy fears long-term consequences.
07:30 pm Ambulance Australia (Rpt)	CC M Mature Themes	SPECIAL ENCORE PRESENTATION A woman stranded on a remote walking track, unable to make her way out, must rely on the help of Emergency Services as well as Senior Operations Supervisor, Brad to hatch a creative extrication.
08:30 pm Ambulance	CC M Mature Themes	ALL NEW EPISODES North West Ambulance Service faces the pressure of the busiest day of the winter so far with an overwhelming volume of calls including one who says he has a hand grenade and is threatening to use it.
09:45 pm 999: What's Your Emergency? (Rpt)	CC M Coarse Language, Mature Themes	<u>At 12 Years Old I Was Still Playing With My Little Pony, Not Beating Up My Parents</u> How much freedom should parents give young children? A three-year-old boy is found wandering the streets at night and a mum discovers her eight-year-old has been playing in woods used by drug users.
10:45 pm To Be Advised		
12:45 am Blue Bloods Encore (Rpt)	CC M	SPECIAL ENCORE PRESENTATION <u>The Price You Pay</u> Frank works to vindicate a detective accused of excessive force, while Danny investigates the murder of a rapper's bodyguard, and Eddie goes undercover to help Erin investigate a mysterious cult. Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Sami Gayle



SYDNEY PROGRAM GUIDE

Saturday 29th February 2020

01:35 am Bull Encore (Rpt)

CC M
Violence,
Mature Themes

SPECIAL ENCORE PRESENTATION

Safe And Sound

Bull mounts the defense of an old college friend, who is charged with negligent homicide after his youngest child kills his eldest with his handgun.

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am The Aussie Pastor

PG

ALL NEW EPISODES

Ap20191 - God's Highway

The habits we form become neural pathways. These neural pathways are the roads that our addictions travel on. Discover how to rebuild the neural pathways in your brain.

05:00 am Hour Of Power

G

ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.



SYDNEY PROGRAM GUIDE

Sunday 01st March 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

07:00 am Joseph Prince CC G

ALL NEW EPISODES

The Healing Power Of God's Gift Of Righteousness

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

It's Going To Happen Quickly.

Religious.

08:00 am Three Veg And Meat (Rpt) CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

08:30 am This Is Mexico (Rpt) CC PG

Take a journey into the heart of the real Mexico. Discover the food, architecture, culture, and of course the people of this amazing land.

09:00 am Taste Of Australia With Hayden Quinn (Rpt) CC G

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

09:30 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!



SYDNEY PROGRAM GUIDE

Sunday 01st March 2020

12:00 pm The Living Room (Rpt) CC PG

Barry creates a practical display rack for Amanda's jewellery, Dr Chris Brown investigates why Amanda's dog is glued to the TV and Miguel and Amanda try and pull of the notoriously difficult soufflé.

01:00 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

01:30 pm To Be Advised

ALL NEW EPISODES

03:30 pm Whichcar CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

ALL NEW EPISODES

04:00 pm RPM CC

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt) CC PG
Coarse Language,
Mature Themes

It's been a long hot summer and as Bondi swells with beach lovers, the lifeguards feel the pressure. This year's unpredictable events are really going to test the boys and girls in blue.

06:30 pm The Sunday Project CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Sunday 01st March 2020

07:30 pm Dancing With The Stars CC PG

ALL NEW EPISODES

Tonight's theme is music icons which means ample bangers and old school anthems as we sashay our way through the music that shaped our celebs.

09:30 pm The Graham Norton Show Encore (Rpt) CC M

SPECIAL ENCORE PRESENTATION

Join the hilarious and cheeky Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Justin Timberlake, Anna Kendrick, Oti Mabuse, Alan Carr & Sam Smith.

10:30 pm Hughesy, We Have A Problem Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Hughesy, Tommy Little, Ross Noble, Denise Scott and Geraldine Hickey tackle the first world problems we just can't seem to solve.

11:30 pm The Sunday Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Sunday 01st March 2020

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 02nd March 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Brooke informs Thomas that she's on to his game. Meanwhile, In front of the whole family, Thomas makes a grand speech and a proposal of marriage.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC PG
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Australian Survivor: All Stars Encore (Rpt)

CC PG
Coarse Language

SPECIAL ENCORE PRESENTATION

The sun rises on an All Stars milestone - our castaways have hit the halfway mark and are one day closer to merge! One castaway aims to enact long awaited revenge but does everything go to plan?



SYDNEY PROGRAM GUIDE

Monday 02nd March 2020

02:10 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:00 pm Judge Judy

CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm Three Veg And Meat

CC G

ALL NEW EPISODES

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

04:00 pm Farm To Fork

CC G

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:30 pm The Bold & The Beautiful

CC PG

ALL NEW EPISODES

Zoe makes a big request of Thomas before she will consider becoming his wife. Meanwhile, Brooke lashes out at Thomas; Ridge queries Thomas about his true intentions & Douglas tells Hope a secret.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Monday 02nd March 2020

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Australian Survivor: All Stars CC PG
Coarse Language

ALL NEW EPISODES

With one Tribe member knowing their name is on the parchment to be eliminated, a scramble ensues. Will friends suddenly become enemies?

09:00 pm Hughesy, We Have A Problem CC

ALL NEW EPISODES

Hughesy, Julia Morris, Hamish Blake, Anne Edmonds, Meshel Laurie tackle the first world problems we just can't seem to solve.

10:00 pm The Montreal Comedy Festival (Rpt) CC M
Sexual References,
Coarse Language

2018 Montreal Comedy Festival, Just For Laughs #1

The festival returns for another year of laughs, guffaws and applause, featuring stand up from some of the most famous comedians around the world.

11:00 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Monday 02nd March 2020

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 03rd March 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Zoe makes a big request of Thomas before she will consider becoming his wife. Meanwhile, Brooke lashes out at Thomas; Ridge queries Thomas about his true intentions & Douglas tells Hope a secret.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC PG
Coarse Language,
Drug References,
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Australian Survivor: All Stars Encore (Rpt)

CC PG
Coarse Language

SPECIAL ENCORE PRESENTATION

With one Tribe member knowing their name is on the parchment to be eliminated, a scramble ensues. Will friends suddenly become enemies?



SYDNEY PROGRAM GUIDE

Tuesday 03rd March 2020

02:40 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	Three Veg And Meat	CC G
04:00 pm	Farm To Fork	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	10 News First (Rpt)	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Hope intentionally interrupts an intimate moment between Thomas and Zoe. Meanwhile, Brooke brokers a deal with Ridge in regards to her relationship with Thomas.

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Tuesday 03rd March 2020

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Australian Survivor: All Stars

CC PG
Coarse Language

ALL NEW EPISODES

It's day 29 in Savusavu and the vibe amongst both Tribes is merge is imminent.

09:00 pm NCIS (Rpt)

CC M
Violence

Mona Lisa

Torres relies on his team's investigative skills after he wakes up on a dilapidated fishing boat, covered in blood and unable to remember the last 12 hours.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:00 pm NCIS: Los Angeles

CC M
Strong Violence

ALL NEW EPISODES

Human Resources

After a Navy lieutenant disappears from the scene of a car accident, the NCIS team processes the crime scene and discovers confidential information for retired Navy SEALs.

11:00 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Tuesday 03rd March 2020

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 04th March 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Hope intentionally interrupts an intimate moment between Thomas and Zoe. Meanwhile, Brooke brokers a deal with Ridge in regards to her relationship with Thomas.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC M
Sexual References,
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Australian Survivor: All Stars Encore (Rpt)

CC PG
Coarse Language

SPECIAL ENCORE PRESENTATION

It's day 29 in Savusavu and the vibe amongst both Tribes is merge is imminent.



SYDNEY PROGRAM GUIDE

Wednesday 04th March 2020

02:40 pm Entertainment Tonight	CC
03:00 pm Judge Judy	CC PG
03:30 pm Three Veg And Meat	CC G
04:00 pm Farm To Fork	CC G
04:30 pm The Bold & The Beautiful	CC PG
05:00 pm 10 News First	CC
06:00 pm 10 News First (Rpt)	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

Wyatt and Flo devise a plan to help a terminally ill Sally. Meanwhile, Katie makes it her mission to save Sally's job at Forrester Creations.

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Wednesday 04th March 2020

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Australian Survivor: All Stars

CC PG
Coarse Language

ALL NEW EPISODES

Still on a high from blindsiding another big player, some players are walking on air, while others are rethinking their rankings.

08:30 pm Bull

CC M
Mature Themes

ALL NEW EPISODES

The Flying Carpet

Bull represents a large insurance company and its clients, married pizzeria owners who are being sued for negligence by a teenager who was injured while climbing their rooftop signage.

09:30 pm Bull (Rpt)

CC M
Violence

Thanksgiving

As Thanksgiving approaches, Bull releases his team to enjoy the holiday with their families, only to find himself working a case solo when he agrees to help a boxer who is being tried for murder.

10:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

11:30 pm The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

12:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Wednesday 04th March 2020

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 05th March 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Wyatt and Flo devise a plan to help a terminally ill Sally. Meanwhile, Katie makes it her mission to save Sally's job at Forrester Creations.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC M
Drug Use

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

02:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



SYDNEY PROGRAM GUIDE

Thursday 05th March 2020

02:30 pm Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

03:00 pm Judge Judy

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

03:30 pm Three Veg And Meat

CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

ALL NEW EPISODES

04:00 pm Farm To Fork

CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG

Sally is stunned to learn that Ridge has salvaged her designs to use for his couture collection. Meanwhile, Flo and Wyatt share a tender moment together before making the ultimate sacrifice.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt)

CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Thursday 05th March 2020

06:30 pm **The Project**

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm **Ambulance Australia**

CC

ALL NEW EPISODES

When a motorbike rider falls traveling at high speed, his injuries are so severe that highly trained paramedic, Aaron, must turn the side of the road into an operating theatre to save his life.

08:30 pm **Gogglebox**

NO
CC

ALL NEW EPISODES

09:30 pm **Law & Order: S.V.U**

CC M
Violence,
Strong Adult Themes

ALL NEW EPISODES

Murdered At A Bad Address

The case of a teenage girl assaulted in the projects leads to a startling discovery, and Benson puts her trust in someone from her past.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

Guest Starring: Wentworth Miller

10:30 pm **Blue Bloods**

CC M
Violence,
Sexual References,
Mature Themes

ALL NEW EPISODES

Glass Houses

Frank deals with a former cop's gripe about his pension, Jamie helps a friend deal with illicit pictures of his daughter on the internet, and Danny hunts down a killer who shot his online prison pen-pal.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Len Cariou

11:30 pm **The Project Encore (Rpt)**

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Thursday 05th March 2020

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 06th March 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

08:00 am The Bold & The Beautiful (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Sally is stunned to learn that Ridge has salvaged her designs to use for his couture collection. Meanwhile, Flo and Wyatt share a tender moment together before making the ultimate sacrifice.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC PG
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Jamie's Super Food Family Classics (Rpt)

CC G

Jamie visits the mountains of Switzerland and the villages of Sardinia. He makes some chocolate porridge, super greens cannelloni and shepherd's pie with beans.

Starring: Jamie Oliver



SYDNEY PROGRAM GUIDE

Friday 06th March 2020

02:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:00 pm Judge Judy

CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm Three Veg And Meat

CC G

ALL NEW EPISODES

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

04:00 pm Farm To Fork

CC G

ALL NEW EPISODES

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:30 pm The Bold & The Beautiful

CC PG

ALL NEW EPISODES

Wyatt makes a stunning admission and proposal to an unsuspecting Sally. Meanwhile, Impressed by her niece's overwhelming show of compassion, Katie shares special bonding time with Flo.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Friday 06th March 2020

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Graham Norton Show CC

ALL NEW EPISODES

Best bits with Robert De Niro, Bruce Springsteen, Arnold Schwarzenegger, Dame Julie Andrews, Jennifer Aniston, Reese Witherspoon, Olivia Colman, Dwayne Johnson, Dame Judi Dench, Hugh Grant & Tom Hanks.

08:30 pm Hughesy, We Have A Problem Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Hughesy, Julia Morris, Hamish Blake, Anne Edmonds, Meshel Laurie tackle the first world problems we just can't seem to solve.

09:30 pm Arj Barker: Organic (Rpt) CC M
Sexual References,
Coarse Language

Arj Barker - Organic

Arj Barker starts with the finest free-range topics and nurtures them until they're full of wholesome hilarity and ready for a tellin'. Remember, his cruelty-free jokes are ALWAYS tested on animals.

11:00 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Friday 06th March 2020

01:00 am Home Shopping (Rpt)	<u>Home Shopping</u>
01:30 am Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am Home Shopping (Rpt)	<u>Home Shopping</u>
05:00 am Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 07th March 2020

06:00 am I Fish (Rpt) CC G

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

ALL NEW EPISODES

06:30 am Leading The Way With Dr. Michael Youssef CC G

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

SPECIAL ENCORE PRESENTATION

07:00 am Escape Fishing With ET (Rpt) CC G

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

07:30 am What's Up Down Under (Rpt) CC G

Summer Series

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

08:00 am The Offroad Adventure Show (Rpt) CC G

Four ultimate touring 4WDs, two all-new thrillseeking hosts, tackling our toughest adventures yet, discovering spectacular campsites and bucket list adventures along the way.

09:00 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm Pooches At Play (Rpt) CC G

Melbourne / Mornington Peninsula

The team check out things to see and do with your pooch in Melbourne & Mornington Peninsula. Lara meets the Australian Search and Rescue dog team that are helping Australia's Emergency Services.

12:30 pm The Living Room (Rpt) CC PG

Barry makes a hidden room, without making any extensions to the house, Chris snorkels in the waters of Shelly Beach, Miguel makes soul food in Memphis and Kara whips up a thrifty bedhead in no time.



SYDNEY PROGRAM GUIDE

Saturday 07th March 2020

01:30 pm Buy To Build CC G

ALL NEW EPISODES

Buy to Build offers a look at the country's latest display homes and land developments and matches the perfect combination for our weekly couple.

02:00 pm Australia By Design: Interiors (Rpt) CC G

Australia by Design: Interiors showcases Australia's most creative and innovative interior designs and speaks to the designers to uncover the stories behind their pursuit of design excellence.

02:30 pm RV Daily Foodie Trails (Rpt) CC PG

Welcome to RV Daily's Foodie Trails, where we scratch beneath the surface of regional Australia to find the best-kept food secrets and meet the authentic local characters behind them.

03:00 pm What's Up Down Under CC G

ALL NEW EPISODES

Summer Series

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

03:30 pm Three Veg And Meat (Rpt) CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

04:00 pm Taste Of Australia With Hayden Quinn CC G

ALL NEW EPISODES

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

04:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Saturday 07th March 2020

06:00 pm Bondi Rescue (Rpt)	CC		The lifeguards take the beach buggy into the streets as they chase down an aggressive beachgoer wielding a knife.
06:30 pm Bondi Rescue (Rpt)	CC		When monster waves lash Bondi, new team members Boo and trainee Lachie must tackle the dangerous conditions to complete a mass rescue.
07:00 pm Bondi Rescue (Rpt)	CC		With a record 234 rescues performed in Bondi on one day, Australia's prettiest playground can quickly become a nightmare for tourists not used to the precarious surf conditions.
SPECIAL ENCORE PRESENTATION			
07:30 pm Ambulance Australia (Rpt)	CC		When a motorbike rider falls traveling at high speed, his injuries are so severe that highly trained paramedic, Aaron, must turn the side of the road into an operating theatre to save his life.
ALL NEW EPISODES			
08:30 pm Ambulance	CC	M Coarse Language, Mature Themes	At the end of another busy day, Advanced Paramedic Luke puts his specialist training to use when he is dispatched to a life threatening motorcycle accident that has created multiple 999 calls.
09:45 pm 999: What's Your Emergency? (Rpt)	CC	MA15+ Sexual References, Coarse Language, Mature Themes	<u>We Deal With Sleazy Men Every Day Unfortunately</u> Wiltshire's police officers round up suspects in sex crime cases, receiving three times as many reports of voyeurism and male exposure as any other force in the UK.
10:45 pm Blue Bloods Encore (Rpt)	CC	M Violence, Sexual References, Mature Themes	<u>Glass Houses</u> Frank deals with a former cop's gripe about his pension, Jamie helps a friend deal with illicit pictures of his daughter on the internet, and Danny hunts down a killer who shot his online prison pen-pal. Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Len Cariou



SYDNEY PROGRAM GUIDE

Saturday 07th March 2020

11:40 pm Bull Encore (Rpt)

CC M
Mature Themes

SPECIAL ENCORE PRESENTATION

The Flying Carpet

Bull represents a large insurance company and its clients, married pizzeria owners who are being sued for negligence by a teenager who was injured while climbing their rooftop signage.

12:35 am Bull (Rpt)

CC M
Violence

Thanksgiving

As Thanksgiving approaches, Bull releases his team to enjoy the holiday with their families, only to find himself working a case solo when he agrees to help a boxer who is being tried for murder.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am The Aussie Pastor

PG

ALL NEW EPISODES

Ap20192 - Crossing Over To The Other Side

Life is full of storms and hardships. You can travel through the fiercest storm successfully.

05:00 am Hour Of Power

G

ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.