



SYDNEY PROGRAM GUIDE

Sunday 16th June 2019

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious program.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious.

07:00 am Joesph Prince New Creation Church CC G

ALL NEW EPISODES

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Public Display, A

Religious.

08:00 am The Living Room Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Barry shares some reno tips to help asthmatic twins breathe easy, Chris shifts gears and gets ready to race across the desert and Miguel challenges one of Melbourne's most decorated chefs to a pie-off

09:00 am Luxury Escapes (Rpt) CC G

Thailand- Khao Lak And Broome

Join Sophie Falkiner and Shane Jolley as they discover the tropical havens and natural beauty of Khao Lak in Thailand and Broome in Western Australia.

09:30 am Studio 10 Sunday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



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12:00 pm **Everyday Gourmet With Justine Schofield** (Rpt) CC G

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

12:20 pm **The Cook's Pantry With Matt Sinclair** (Rpt) CC G

Cook's Pantry With Matt Sinclair, The 13

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

12:50 pm **Good Chef Bad Chef** (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

01:20 pm **My Market Kitchen** (Rpt) CC G

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

01:50 pm **Everyday Gourmet With Justine Schofield** (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

02:20 pm **MasterChef Australia Encore** (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Maggie Beer is back for today's elimination challenge which will take place over two rounds. In round one the contestants must celebrate herbs from the garden, in round two they must feature spices.

03:30 pm **RPM** CC

ALL NEW EPISODES

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

04:00 pm **Supercars: Highlights** CC

ALL NEW EPISODES

Supercars Darwin (Sun)

Highlights of race 16 of the Virgin Australia Supercars Championship at Hidden Valley Raceway, Darwin.



SYDNEY PROGRAM GUIDE

Sunday 16th June 2019

05:00 pm 10 News First

CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language

With its sparkling charm & picture-perfect scenery, hundreds of tourists flock to Bondi every single day. However, how will the beach-goers react when the lifeguards sound the shark alarm?

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC PG

ALL NEW EPISODES

Kicking off Sweet Week, molecular master Heston Blumenthal enters the MasterChef kitchen with a mystery box for the contestants.

09:10 pm FBI

CC M
Violence

ALL NEW EPISODES

Invisible

When the daughter of a wealthy family is kidnapped in an attempt to gain notorious internet fame, Maggie and OA discover the kidnapper's plans go far beyond abduction in order to never be forgotten.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

Guest Starring: Chris Diamantopoulos

10:10 pm FBI

CC M
Violence

ALL NEW EPISODES

Apex

Maggie and Dana struggle to find justice for victims murdered by a serial killer who left a ghoulish mark on his victims, while the mayor limits the investigation in order to prevent economic losses.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel



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Sunday 16th June 2019

11:05 pm NCIS (Rpt)

CC M

Handle With Care

Gibbs and the team work to clear the name of a retired Marine after cyanide is found in one of the care packages he sent to active-duty Marines.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

12:00 am The Sunday Project (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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03:00 am Home Shopping (Rpt)

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03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 17th June 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Liam sets up a romantic dinner for Hope. Meanwhile, Flo and Zoe think of coming clean when they learn that Hope and Liam are divorcing.

08:00 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Rhonda Burchmore & Cal Wilson

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Rhonda Burchmore & Cal Wilson.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC M
Violence,
Sexual References,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Kicking off Sweet Week, molecular master Heston Blumenthal enters the MasterChef kitchen with a mystery box for the contestants.



SYDNEY PROGRAM GUIDE

Monday 17th June 2019

02:40 pm Entertainment Tonight

CC

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:00 pm Judge Judy

CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen

CC G

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

04:00 pm Everyday Gourmet With Justine Schofield

CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm The Bold & The Beautiful

CC PG

ALL NEW EPISODES

Steffy confronts Thomas about the true reason he wants Hope in Douglas's life. Meanwhile, a horrified Xander demands answers from Zoe about Beth.

05:00 pm 10 News First

CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm Celebrity Name Game

CC PG
Sexual References

ALL NEW EPISODES

Ed Kavalee & Ash London

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Ed Kavalee & Ash London.



SYDNEY PROGRAM GUIDE

Monday 17th June 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

In a surprise twist, our bottom three contestants from the cereal Invention Test have been thrown straight into a pressure test. Aprons on, it's time to cook a unique creation by Kate Reid.

08:40 pm Have You Been Paying Attention?

CC

ALL NEW EPISODES

Have Ash London, Marty Sheargold and Melanie Bracewell Been Paying Attention? Hosted by Tom Gleisner, this is a fast-paced and irreverent look at the week that has been.

09:40 pm Kinne Tonight

CC M
Coarse Language

ALL NEW EPISODES

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

10:10 pm Mr Black Encore (Rpt)

CC M
Sexual References,
Mature Themes

SPECIAL ENCORE PRESENTATION

Angela tells Fin he must get Mr. Black's blessing before they can get married but Mr Black is going to make Fin work for it.

10:40 pm To Be Advised

11:40 pm The Project Encore (Rpt)

CC

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SYDNEY PROGRAM GUIDE

Monday 17th June 2019

12:40 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Aubrey Plaza & Dan Abrams.

01:30 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

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04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 18th June 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Steffy confronts Thomas about the true reason he wants Hope in Douglas's life. Meanwhile, a horrified Xander demands answers from Zoe about Beth.

08:00 am Celebrity Name Game Encore (Rpt)

CC PG
Sexual References

SPECIAL ENCORE PRESENTATION

Ed Kavalee & Ash London

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Ed Kavalee & Ash London.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC M
Sexual References,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

In a surprise twist, our bottom three contestants from the cereal Invention Test have been thrown straight into a pressure test. Aprons on, it's time to cook a unique creation by Kate Reid.



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Tuesday 18th June 2019

02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

Andrea puts the next phase of her plan into action. Chloe is enraged after Ebony tells her to back off, and she looks for advice from Kyle, who tells her to keep out of it.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Thomas prompts Steffy to remember moments she's had with Liam. Xander and Zoe's relationship is tested when Zoe admits a dark secret.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Tuesday 18th June 2019

06:00 pm Celebrity Name Game	CC PG	<p>ALL NEW EPISODES <u>Natarsha Belling & Pete Rowsthorn</u> Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Natarsha Belling & Pete Rowsthorn.</p>
06:30 pm The Project	CC	<p>ALL NEW EPISODES Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.</p>
07:30 pm MasterChef Australia	CC	<p>ALL NEW EPISODES Sweet Week continues with an Immunity ice cream challenge. In round two, the best cook will go up against chef Alice Wright.</p>
08:40 pm Mr Black	CC M Sexual References, Nudity	<p>SEASON FINALE Mr. Black overhears a bombshell; Fin has a son! In a clever break-up stunt, Mr. Black has his beautiful friend Julia paint Fin nude. When they hit it off, Mr. Black makes sure to let Angela know.</p>
09:40 pm NCIS (Rpt)	CC M Violence	<p><u>Philly</u> When a missing MI6 Officer is linked to a murdered petty officer, Gibbs sends Quinn and Bishop to Philadelphia to work with MI6 Officer Clayton Reeves. Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama</p>
10:35 pm NCIS (Rpt)	CC M Violence	<p><u>Shell Game</u> When a petty officer escapes from her kidnapper, the team finds a connection to her missing husband. Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama</p>



SYDNEY PROGRAM GUIDE

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11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Dax Shepard & Preet Bharara. Plus musical performance by Lukas Nelson & Promise of the Real.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

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04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 19th June 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Thomas prompts Steffy to remember moments she's had with Liam. Xander and Zoe's relationship is tested when Zoe admits a dark secret.

08:00 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Natarsha Belling & Pete Rowsthorn

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Natarsha Belling & Pete Rowsthorn.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Five Bedrooms Encore (Rpt)

CC M
Sexual References,
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Liz begins to catch on to Heather and Ben's suspicious behaviour and an unforeseen medical emergency rocks the worlds of our housemates. Harry embarks on another date with Policeman Pete.

01:00 pm MasterChef Australia Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Sweet Week continues with an Immunity ice cream challenge. In round two, the best cook will go up against chef Alice Wright.



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Wednesday 19th June 2019

02:10 pm	Entertainment Tonight	CC
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05:00 pm	10 News First	CC

ALL NEW EPISODES

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SPECIAL ENCORE PRESENTATION

Shaun goes to Mark to ask him if he still loves Elly, and offers to leave town if it would make it easier for them to reconcile. Andrea scrambles to hide Heather from Willow.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Guilt overpowers Flo when she learns the news about Hope and Liam. Ridge plays devil's advocate with Brooke about Hope, Liam and Steffy.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



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Wednesday 19th June 2019

06:00 pm Celebrity Name Game

CC PG
Mild Coarse
Language

ALL NEW EPISODES

Susie Youssef & Brendan "Jonesy" Jones

Celebrity Name Game pairs Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Susie Youssef & Brendan "Jonesy" Jones.

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Today's team challenge requires contestants to create a delicious, sweet dish that is identical in look, texture and flavour to their teammate's dish. Today, communication is key!

08:40 pm Five Bedrooms

CC M
Sexual References,
Coarse Language

ALL NEW EPISODES

Heather is turning 50 and to kick off the birthday festivities, Heather learns that her receptionist is dating Colin. Meanwhile, Liz drags Heather home against her will for Ainslie's birthday shin-dig

09:40 pm Bull

CC M

ALL NEW EPISODES

Separate Together

Bull and his romantic rival join forces, when her niece and husband are charged with armed robbery.

10:40 pm Sports Tonight

CC

ALL NEW EPISODES

Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.

11:10 pm The Project Encore (Rpt)

CC

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CC PG
Mature Themes

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CC PG

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Guilt overpowers Flo when she learns the news about Hope and Liam. Ridge plays devil's advocate with Brooke about Hope, Liam and Steffy.

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CC PG
Mild Coarse
Language

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ALL NEW EPISODES

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SPECIAL ENCORE PRESENTATION

Elly hopes she and Mark are on the verge of reconciling after their kiss. Andrea manages her mother's expectations by using all her powers of persuasion to keep Heather safely out of sight.

ALL NEW EPISODES

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ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Thomas pushes back against Carter when he offers Hope advice about her marriage. Meanwhile, Xander argues with Flo and Zoe about doing the right thing.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Thursday 20th June 2019

06:00 pm Celebrity Name Game	CC PG Mature Themes	<p>ALL NEW EPISODES</p> <p><u>Merv Hughes & Tom Ballard</u></p> <p>Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Merv Hughes & Tom Ballard.</p>
06:30 pm The Project	CC	<p>ALL NEW EPISODES</p> <p>Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.</p>
07:30 pm MasterChef Australia	CC	<p>ALL NEW EPISODES</p> <p>In a very challenging cook, the contestants must make a sweet dish without using refined sugar.</p>
08:40 pm Taboo	CC M Sexual References, Coarse Language, Mature Themes	<p>ALL NEW EPISODES</p> <p>Harley Breen spends time getting to know people who have been victims of racism. Based on his experience, he performs a stand-up routine about them - with his new friends sitting in the front row.</p>
09:40 pm Law & Order: SVU	CC M Violence, Sexual References, Mature Themes	<p>SEASON FINALE</p> <p><u>End Game</u></p> <p>Lt. Benson suspects Rob Miller is behind the death of a girl found dead in the Hudson River. Despite having only circumstantial evidence ADA Stone takes the case to court before Miller can kill again.</p> <p>Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester</p>
10:35 pm Blue Bloods (Rpt)	CC M Violence	<p><u>School Of Hard Knocks</u></p> <p>After a gang-related schoolyard shooting, Danny and Baez try to prevent further violence. Erin tries to help a friend who is mixed up in an illegal gambling ring, and Gov. Mendez tries to frame Frank.</p> <p>Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Len Cariou, Sami Gayle</p> <p>Guest Starring: David Zayas, Ernie Hudson, Raphael Sbarge, Tunie Tamara</p>



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12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Ice Cube and Tig Notaro.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 21st June 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Thomas pushes back against Carter when he offers Hope advice about her marriage. Meanwhile, Xander argues with Flo and Zoe about doing the right thing.

08:00 am Celebrity Name Game Encore (Rpt)

CC PG
Mature Themes

SPECIAL ENCORE PRESENTATION

Merv Hughes & Tom Ballard

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Merv Hughes & Tom Ballard.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC M
Mature Themes

SPECIAL ENCORE PRESENTATION

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm The Living Room Encore (Rpt)

CC

Peter Walsh and Barry Du Bois help bring some order to a chaotically cluttered living room, Dr Chris Brown finds himself in the Mungo National Park, and Miguel whips up some Indian comfort food.



SYDNEY PROGRAM GUIDE

Friday 21st June 2019

02:00 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

As Heather lurks around the Lassiters complex, Andrea is rattled when pestered by Ian. Terese is mid-meltdown as Roxy and Paul continue to give her the cold shoulder.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Brooke pleads with Hope to reconsider her next move. Meanwhile, Liam calls Thomas out on the reasons he's invested in Hope and Steffy.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Friday 21st June 2019

06:00 pm Celebrity Name Game

CC PG
Sexual References

ALL NEW EPISODES

Casey Donovan & Amos Gill

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Casey Donovan & Amos Gill.

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Living Room

CC

ALL NEW EPISODES

Barry transforms a garage into a play centre, Kara has all the tips to make your bedroom extra cos, Miguel embraces his inner merman & Chris takes a peek at the secret life of an anxious Schnauzer.

08:30 pm The Graham Norton Show

CC M
Sexual References

ALL NEW EPISODES

Join the hilarious and cheeky Graham Norton as he hosts Andrew Scott, Stephen Fry, Paloma Faith and Bastille.

09:30 pm Have You Been Paying Attention? (Rpt) CC

SPECIAL ENCORE PRESENTATION

Have Ash London, Marty Sheargold and Melanie Bracewell Been Paying Attention? Hosted by Tom Gleisner, this is a fast-paced and irreverent look at the week that has been.

10:30 pm To Be Advised

SPECIAL ENCORE PRESENTATION

11:00 pm Mr Black Encore (Rpt)

CC M
Sexual References,
Nudity

Mr. Black overhears a bombshell; Fin has a son! In a clever break-up stunt, Mr. Black has his beautiful friend Julia paint Fin nude. When they hit it off, Mr. Black makes sure to let Angela know.



SYDNEY PROGRAM GUIDE

Friday 21st June 2019

12:00 am The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

01:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Russell Crowe and Chicago Mayor Lori Lightfoot. Plus a musical performance by The Raconteurs.

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 22nd June 2019

06:00 am	Reel Action (Rpt)	CC G	Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.
06:30 am	Escape Fishing With ET (Rpt)	CC G	Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.
07:00 am	RPM (Rpt)	CC	Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.
07:30 am	WhichCar (Rpt)	CC PG	Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.
08:00 am	What's Up Down Under (Rpt)	CC PG	Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.
08:30 am	Good Chef Bad Chef (Rpt)	CC G	Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
09:00 am	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
09:30 am	Studio 10 Saturday	CC PG	ALL NEW EPISODES See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.
12:00 pm	Dr. Phil	CC PG Mature Themes	Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.



SYDNEY PROGRAM GUIDE

Saturday 22nd June 2019

01:00 pm The Renovation King (Rpt) CC G

Make An Entrance

Every home is a castle, whether it's taken a few knocks, desperately in need of expansion or crying out for a little TLC. Barry Du Bois is the man with a plan to turn the humblest place into a palace.

01:30 pm The Home Team (Rpt) CC G

Tune in and get inspired to do that job you've been putting off for too long... The Home Team are your team of dedicated DIY'ers. Learn affordable ways to make your home stylish, cozy and sustainable.

02:00 pm Healthy Homes Australia CC G

ALL NEW EPISODES

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

02:30 pm The Cook's Pantry With Matt Sinclair (Rpt) CC G

Cook's Pantry With Matt Sinclair, The 14

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

03:00 pm Foodie Adventures With Ash Pollard (Rpt) CC G

Fiji - Steve Price

Ash discovers the fresh, vibrant flavours of Fiji, learning from top international and local chefs. Her dinner guest this week is Steve Price.

03:30 pm What's Up Down Under CC G

ALL NEW EPISODES

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

04:00 pm The Living Room Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Barry transforms a garage into a play centre, Kara has all the tips to make your bedroom extra cos, Miguel embraces his inner merman & Chris takes a peek at the secret life of an anxious Schnauzer.



SYDNEY PROGRAM GUIDE

Saturday 22nd June 2019

05:00 pm 10 News First

CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Jamie's Quick & Easy Food (Rpt)

CC G

Jamie cooks delicious smoky chorizo salmon, potato and artichoke al forno, lovely lamb hotpots, chickpea chard pork, dukkah beef carpaccio, a rustic fish pie, egg fried rice and walnut-whip affogato.

Starring: Jamie Oliver

07:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language,
Mature Themes

Jessie rescues an American tourist from relatively calm waters, which results in a CPR effort from not just the Lifeguards but also paramedics and the Jewish Medical Response team.

07:30 pm Ambulance

CC M
Mature Themes

ALL NEW EPISODES

This episode follows staff on a Friday night shift. With a deadly house fire tying up resources, there are very real concerns that there won't be enough ambulances for all the patients needing them.

08:45 pm Ambulance (Rpt)

CC M
Violence,
Coarse Language,
Medical Procedures

There has been a nasty car accident & a young driver requires a life-saving procedure by the road-side which can only be done by a doctor and the control room is in full swing with another busy shift

10:00 pm One Born Every Minute

CC

SEASON FINALE

Rachel always wanted to be a genetic parent, but now her partner Lauren is carrying their second child. Meanwhile, Laura and Paul welcome the arrival of their second child - making 10 between them!

11:00 pm Hawaii Five-0 (Rpt)

CC M
Violence

REPLAY

Mimiki Ke Kai, Ahuwale Ka Papa Leho

Crime spikes when a heat wave hits Oahu, causing McGarrett and Danny to hunt down a bank thief, and Tani and Junior's car is stolen while they're on duty.

Starring: Alex O'Loughlin, Scott Caan, Chi McBride, Meaghan Rath, Beulah Koale, Jorge Garcia



SYDNEY PROGRAM GUIDE

Saturday 22nd June 2019

12:00 am Elementary (Rpt)

CC M
Violence

The Geek Interpreter

Holmes and Watson race to locate a missing woman. Meanwhile, Holmes' friend becomes the prime suspect in the woman's disappearance.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power With Bobby Schuller

G

ALL NEW EPISODES

Religious program.



SYDNEY PROGRAM GUIDE

Sunday 23rd June 2019

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious program.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious.

07:00 am Joesph Prince New Creation Church CC G

ALL NEW EPISODES

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Fresh New Attitude, A

Religious.

08:00 am The Living Room Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Peter Walsh and Barry Du Bois help bring some order to a chaotically cluttered living room, Dr Chris Brown finds himself in the Mungo National Park, and Miguel whips up some Indian comfort food.

09:00 am The Placemakers CC PG

ALL NEW EPISODES

There's a building revolution going on in Australian cities where people are transforming spaces we live into places we love and you'll see the very best of them right here on The Placemakers.

09:30 am Studio 10 Sunday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



SYDNEY PROGRAM GUIDE

Sunday 23rd June 2019

12:00 pm	Luxury Escapes (Rpt)	CC PG	<p><u>London And Fiji</u></p> <p>Join Shane in London as he discovers the city's most forward thinking restaurants, bars, hotels & fashion houses. Plus, Sophie uncovers the stunning Namale Resort and Spa in Tropical Fiji.</p>
12:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	<p>Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen</p>
12:50 pm	The Cook's Pantry With Matt Sinclair (Rpt)	CC G	<p><u>Cook's Pantry With Matt Sinclair, The 15</u></p> <p>Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.</p>
01:20 pm	Good Chef Bad Chef (Rpt)	CC G	<p>Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.</p>
01:50 pm	My Market Kitchen (Rpt)	CC G	<p>Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.</p>
02:20 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	<p>Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.</p>
02:50 pm	MasterChef Australia Encore (Rpt)	CC	<p>SPECIAL ENCORE PRESENTATION</p> <p>In a very challenging cook, the contestants must make a sweet dish without using refined sugar.</p>
04:00 pm	RPM	CC	<p>ALL NEW EPISODES</p> <p>Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.</p>



SYDNEY PROGRAM GUIDE

Sunday 23rd June 2019

05:00 pm 10 News First

CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language

With a record 234 rescues performed in Bondi on one day, Australia's prettiest playground can quickly become a nightmare for tourists not used to the precarious surf conditions.

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

09:10 pm FBI

CC MA15+
Strong Violence

ALL NEW EPISODES

Most Wanted

Maggie teams up with members of the FBI's Fugitives Department to track down a man wanted for murder who has now been placed on America's top 10 most wanted list.

Starring: Missy Peregrym, Sela Ward, Jeremy Sisto

Guest Starring: Julian McMahon, Matthew Lillard, Peter Facinelli

10:10 pm FBI (Rpt)

CC M
Violence

Green Birds

After eight people are fatally poisoned at a deli in New York City, agents Maggie Bell and OA Zidan trace the crime to an unlikely culprit and conduct a sting operation to prevent further attacks.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

11:10 pm NCIS (Rpt)

CC M

ONE Man's Trash

Gibbs and Ducky see an antique war stick on television, and it could be the missing murder weapon to a 16-year-old cold case.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama



SYDNEY PROGRAM GUIDE

Sunday 23rd June 2019

12:05 am The Sunday Project (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 24th June 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Brooke pleads with Hope to reconsider her next move. Meanwhile, Liam calls Thomas out on the reasons he's invested in Hope and Steffy.

08:00 am Celebrity Name Game Encore (Rpt)

CC PG
Sexual References

SPECIAL ENCORE PRESENTATION

Casey Donovan & Amos Gill

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Casey Donovan & Amos Gill.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC M
Violence,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION



SYDNEY PROGRAM GUIDE

Monday 24th June 2019

02:40 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Zoe and Flo realize that they are forever bonded by Reese's deed. Meanwhile, Xander demands to speak to Liam and Hope alone before they sign anything.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Beau Ryan & Tahir

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Beau Ryan & Tahir.



SYDNEY PROGRAM GUIDE

Monday 24th June 2019

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia CC

ALL NEW EPISODES

08:40 pm Have You Been Paying Attention? CC

ALL NEW EPISODES

Hosted by Tom Gleisner, Have You Been Paying Attention? is a fast-paced and irreverent look at the news with five comedians competing to see who can remember the most about the events of the week.

09:40 pm Kinne Tonight CC

ALL NEW EPISODES

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

10:10 pm Mr Black Encore (Rpt) CC M
Sexual References,
Nudity

SPECIAL ENCORE PRESENTATION

Mr. Black overhears a bombshell; Fin has a son! In a clever break-up stunt, Mr. Black has his beautiful friend Julia paint Fin nude. When they hit it off, Mr. Black makes sure to let Angela know.

11:10 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:10 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Naomi Watts. Plus a musical performance by The Raconteurs.



SYDNEY PROGRAM GUIDE

Monday 24th June 2019

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 25th June 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Zoe and Flo realize that they are forever bonded by Reese's deed. Meanwhile, Xander demands to speak to Liam and Hope alone before they sign anything.

08:00 am Celebrity Name Game Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Beau Ryan & Tahir

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Beau Ryan & Tahir.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION



SYDNEY PROGRAM GUIDE

Tuesday 25th June 2019

02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Flo shares confidential information with Thomas. Meanwhile, Hope and Brooke argue about Hope's choice to annul her marriage to Liam.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Alan Fletcher & Ryan Moloney

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Alan Fletcher & Ryan Moloney.



SYDNEY PROGRAM GUIDE

Tuesday 25th June 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

08:40 pm Body Hack

CC

SEASON PREMIERE

09:40 pm NCIS (Rpt)

CC M
Violence

Home Of The Brave

Torres breaks protocol when he identifies a suspect that is wanted by ICE. Meanwhile, Abby, McGee, and Bishop try to woo Anthony DiNozzo, Sr. into subletting his son's apartment.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

10:35 pm NCIS (Rpt)

CC M

Enemy Combatant

Bishop questions her previous work at the NSA when she's sent to Gitmo to collect evidence for a Navy chaplain murder case. In the meantime, her brothers visit for Thanksgiving.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Tuesday 25th June 2019

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 26th June 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Flo shares confidential information with Thomas. Meanwhile, Hope and Brooke argue about Hope's choice to annul her marriage to Liam.

08:00 am Celebrity Name Game Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Alan Fletcher & Ryan Moloney

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Alan Fletcher & Ryan Moloney.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Five Bedrooms Encore (Rpt)

CC M
Sexual References,
Coarse Language

SPECIAL ENCORE PRESENTATION

Heather is turning 50 and to kick off the birthday festivities, Heather learns that her receptionist is dating Colin. Meanwhile, Liz drags Heather home against her will for Ainslie's birthday shin-dig

01:00 pm MasterChef Australia Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION



SYDNEY PROGRAM GUIDE

Wednesday 26th June 2019

02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Zoe questions Xander's devotion. Meanwhile, disbelief turns to anger when Thomas realizes that Steffy unwittingly has Hope's baby.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Hans & Dave Thornton

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Hans & Dave Thornton.



SYDNEY PROGRAM GUIDE

Wednesday 26th June 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

08:40 pm Five Bedrooms

CC

ALL NEW EPISODES

Following Heather's surprise party, the housemates try to put their differences aside for Mia's visit. What that didn't expect was the household to erupt with the most violent bout of food poisoning.

09:40 pm Bull

CC M
Violence

ALL NEW EPISODES

Split Hairs

New York's City's chief medical examiner, is charged with tampering with evidence on the case that made her career.

10:40 pm Sports Tonight

CC

ALL NEW EPISODES

Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.

11:10 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:10 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Wednesday 26th June 2019

01:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
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02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
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03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>

04:30 am **CBS This Morning**

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 27th June 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Zoe questions Xander's devotion. Meanwhile, disbelief turns to anger when Thomas realizes that Steffy unwittingly has Hope's baby.

08:00 am Celebrity Name Game Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Hans & Dave Thornton

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Hans & Dave Thornton.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC M
Violence,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION



SYDNEY PROGRAM GUIDE

Thursday 27th June 2019

02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Nath Valvo & Lisa Curry

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Nath Valvo & Lisa Curry.



SYDNEY PROGRAM GUIDE

Thursday 27th June 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

08:40 pm Taboo

CC

ALL NEW EPISODES

Harley Breen spends time getting to know people living with mental illness. Based on his experience, he performs a stand-up routine about them - with his new friends sitting in the front row.

09:40 pm Law & Order: SVU (Rpt)

CC MA15+
Strong Violence,
Strong Adult Themes

Devil's Dissections

Another body washes ashore on the beach where serial killer Gregory Yates buried his many victims. Rollins believes a copycat may be the killer when Yates reveals shocking new information.

Starring: Mariska Hargitay, Ice T, Kelli Giddish, Peter Scanavino, Raúl Esparza, Tunie Tamara

Guest Starring: Dallas Roberts, Elizabeth Marvel, Jefferson Mays

10:30 pm Blue Bloods (Rpt)

CC M
Violence,
Mature Themes

Legacy

Nicky is sexually harassed by her new boss; Frank must regain the public's trust after a rookie cop is caught on video questioning a pedestrian's immigration status.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Len Cariou, Sami Gayle

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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SYDNEY PROGRAM GUIDE

Thursday 27th June 2019

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

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Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 28th June 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

08:00 am Celebrity Name Game Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nath Valvo & Lisa Curry

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Nath Valvo & Lisa Curry.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm The Living Room Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Barry transforms a garage into a play centre, Kara has all the tips to make your bedroom extra cos, Miguel embraces his inner merman & Chris takes a peek at the secret life of an anxious Schnauzer.



SYDNEY PROGRAM GUIDE

Friday 28th June 2019

02:00 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC

ALL NEW EPISODES

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ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Tristan Macmanus & Sharna Burgess

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Tristan MacManus & Sharna Burgess.



SYDNEY PROGRAM GUIDE

Friday 28th June 2019

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Living Room CC

ALL NEW EPISODES

Barry shares his baby-proofing tips, Chris helps restore the reefs of Tahiti and Miguel revamps a retro-classic chicken dish & makes a delicious brownie in a mug.

08:30 pm The Graham Norton Show CC

ALL NEW EPISODES

Join the hilarious and cheeky Graham Norton as he hosts Madonna, Sir Ian McKellen, Danny Boyle, Lily James, Himesh Patel & Sheryl Crow.

09:30 pm Have You Been Paying Attention?(Rpt) CC

SPECIAL ENCORE PRESENTATION

Hosted by Tom Gleisner, Have You Been Paying Attention? is a fast-paced and irreverent look at the news with five comedians competing to see who can remember the most about the events of the week.

10:30 pm To Be Advised

11:00 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Friday 28th June 2019

01:00 am Home Shopping (Rpt)	<u>Home Shopping</u>
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05:00 am Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 29th June 2019

06:00 am	Reel Action (Rpt)	CC G	Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.
06:30 am	Escape Fishing With ET (Rpt)	CC G	Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.
07:00 am	RPM (Rpt)	CC	Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.
08:00 am	WhichCar (Rpt)	CC PG	Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.
08:30 am	What's Up Down Under (Rpt)	CC G	Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.
09:00 am	Good Chef Bad Chef (Rpt)	CC G	Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
09:30 am	Studio 10 Saturday	CC PG	ALL NEW EPISODES See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.
12:00 pm	Dr. Phil	CC PG Mature Themes	Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.



SYDNEY PROGRAM GUIDE

Saturday 29th June 2019

01:00 pm The Renovation King (Rpt) CC G

Artist Studio

Every home is a castle, whether it's taken a few knocks, desperately in need of expansion or crying out for a little TLC. Barry Du Bois is the man with a plan to turn the humblest place into a palace.

01:30 pm The Home Team (Rpt) CC G

Tune in and get inspired to do that job you've been putting off for too long... The Home Team are your team of dedicated DIY'ers. Learn affordable ways to make your home stylish, cozy and sustainable.

02:00 pm Healthy Homes Australia CC G

ALL NEW EPISODES

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

02:30 pm The Cook's Pantry With Matt Sinclair (Rpt) CC G

Cook's Pantry With Matt Sinclair, The 16

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

03:00 pm Foodie Adventures With Ash Pollard (Rpt) CC G

Monaco - Kris Smith

Ash heads to glamorous Monaco this week and discovers it's hidden local secrets. Her dinner guest this week is Kris Smith.

03:30 pm What's Up Down Under CC G

ALL NEW EPISODES

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

04:00 pm The Living Room Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Barry shares his baby-proofing tips, Chris helps restore the reefs of Tahiti and Miguel revamps a retro-classic chicken dish & makes a delicious brownie in a mug.



SYDNEY PROGRAM GUIDE

Saturday 29th June 2019

05:00 pm 10 News First

CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Jamie's Quick & Easy Food (Rpt)

CC G

Cooking comes alive as Jamie whips up delicious lamb kofta hotbreads, gnarly peanut chicken, pappa al pomodoro soup, crispy skin lemon sole, yummy peach & almond alaska and honey berry filo smash.

Starring: Jamie Oliver

07:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language,
Medical Procedures

Jethro is faced with the most challenging rescue of his career and the Lifeguards suddenly become the ones in danger when the 4WD buggy is swamped by waves.

07:30 pm Ambulance

CC M
Strong Adult Themes

ALL NEW EPISODES

This episode follows ambulance crews in the wake of England's defeat at the 2018 World Cup.

08:45 pm 999: What's Your Emergency

CC

SEASON PREMIERE

You've Got More Chance Of Getting A Kebab Off The Queen Than Me

This episode examines the rise in racially-aggravated hate crimes in Wiltshire, including race hate through social media, and a nine-year-old girl facing racist language for the first time.

09:45 pm To Be Advised

10:45 pm Hawaii Five-0 (Rpt)

CC

ALL NEW EPISODES

A'ohe Kio Pohaku Nalo I Ke Alo Pali

Jerry accompanies Junior as he escorts a fallen soldier home to Oahu. Meanwhile, McGarrett and Danny discover a body when they delve into the highly profitable black market for sand.

Starring: Alex O'Loughlin, Scott Caan, Chi McBride, Meaghan Rath, Beulah Koale, Jorge Garcia



SYDNEY PROGRAM GUIDE

Saturday 29th June 2019

11:35 pm Elementary (Rpt)

CC M
Violence

Fit To Be Tied

Holmes and Watson's deadly conflict with Sherlock's former friend intensifies when their newest victim appears to be the serial killer's latest prey.

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power With Bobby Schuller

G

ALL NEW EPISODES

Religious program.