



# SYDNEY PROGRAM GUIDE

Sunday 05th April 2020

**06:00 am Mass For You At Home** CC G

### ALL NEW EPISODES

Religious.

**06:30 am Hillsong** CC G

### ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

**07:00 am Joseph Prince** CC G

### ALL NEW EPISODES

#### Inherit God's Promises By Faith, Not Works

Religious

**07:30 am Joel Osteen** CC G

### ALL NEW EPISODES

#### No More Distractions

Religious.

**08:00 am Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**08:30 am Three Veg And Meat (Rpt)** CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

**09:00 am Taste Of Australia With Hayden Quinn (Rpt)** CC G

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

**09:30 am Studio 10 Sunday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!



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<b>12:00 pm</b>	<b>Jamie &amp; The Nonnas</b> (Rpt)	CC G	<p><b><u>Basilicata</u></b></p> <p>Jamie heads to breathtaking Basilicata in search of some seriously old school Italian recipes, with the help of a family of shepherds and an 89-year-old macaroni master.</p>
<b>01:00 pm</b>	<b>Everyday Gourmet With Justine Schofield</b> (Rpt)	CC G	<p>Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.</p>
<b>01:30 pm</b>	<b>RV Daily Foodie Trails</b> (Rpt)	CC PG	<p>Welcome to RV Daily's Foodie Trails, where we scratch beneath the surface of regional Australia to find the best-kept food secrets and meet the authentic local characters behind them.</p>
<b>02:00 pm</b>	<b>Three Veg And Meat</b> (Rpt)	CC G	<p>Olivia Andrews, best-selling author &amp; Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.</p>
<b>02:30 pm</b>	<b>Good Chef Bad Chef</b> (Rpt)	CC G	<p>Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.</p>
<b>03:00 pm</b>	<b>My Market Kitchen</b> (Rpt)	CC G	<p>Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.</p>
<b>03:30 pm</b>	<b>Farm To Fork</b> (Rpt)	CC G	<p>Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.</p>
<b>04:00 pm</b>	<b>Whichcar</b>	CC PG	<p><b>ALL NEW EPISODES</b></p> <p>Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.</p>
<b>04:30 pm</b>	<b>RPM</b>	CC	<p><b>ALL NEW EPISODES</b></p> <p>Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.</p>



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<b>05:00 pm</b>	<b>10 News First</b>	CC	
<b>06:00 pm</b>	<b>10 News First (Rpt)</b>	CC	
<b>06:30 pm</b>	<b>The Sunday Project</b>	CC	
<b>07:30 pm</b>	<b>Jamie Oliver: Keep Cooking and Carry On</b>	CC	G
<b>08:30 pm</b>	<b>Homefest: James Corden's Late Late Show Special</b>	CC	PG
<b>09:30 pm</b>	<b>The Graham Norton Show (Rpt)</b>	CC	M
<b>10:30 pm</b>	<b>Hughesy We Have A Problem (Rpt)</b>	CC	M Sexual References, Mature Themes
<b>11:30 pm</b>	<b>The Sunday Project Encore (Rpt)</b>	CC	

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

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## ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

## SEASON PREMIERE

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

## SPECIAL EVENT

### Homefest: James Corden's Late Late Show Special

In a special like no other, James Corden chats with his usual slew of celebrities from the safety of his garage. Performances by Dua Lipa, Billie Eilish, BTS & more from their homes across the globe.

Join the hilarious and cheeky Graham Norton as he hosts Madonna, Sir Ian McKellen, Danny Boyle, Lily James, Himesh Patel & Sheryl Crow.

Hughesy, Nazeem Hussain, Tom Ballard, Cal Wilson and Meshel Laurie tackle the first world problems we just can't seem to solve.

## SPECIAL ENCORE PRESENTATION

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<b>12:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>01:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>01:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
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<b>03:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>03:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>

**04:30 am** **CBS This Morning** CC

### ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Monday 06th April 2020

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am The Bold & The Beautiful (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Bridget makes a surprise trip to Los Angeles to attend Ridge and Brooke's reunion party. meanwhile, Things quickly go south for Brooke and Bill as Quinn's plan plays out to party guests.

**08:00 am Studio 10**

CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil (Rpt)**

CC PG  
Coarse Language,  
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

**01:00 pm Jamie & Jimmy's Food Fight Club (Rpt)** CC PG

Chef Jamie Oliver and TV presenter Jimmy Doherty have been friends since childhood. In this cookery programme, the two team up at their cafe on Southend Pier to make weekend feasts

**02:00 pm Entertainment Tonight**

CC

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



# SYDNEY PROGRAM GUIDE

Monday 06th April 2020

<b>02:30 pm Judge Judy (Rpt)</b>	CC PG	Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.
		<b>ALL NEW EPISODES</b>
<b>03:00 pm Judge Judy</b>	CC PG	Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.
		<b>ALL NEW EPISODES</b>
<b>03:30 pm My Market Kitchen</b>	CC G	Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.
		<b>ALL NEW EPISODES</b>
<b>04:00 pm Good Chef Bad Chef</b>	CC G	Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
		<b>ALL NEW EPISODES</b>
<b>04:30 pm The Bold &amp; The Beautiful</b>	CC PG	Everyone, especially Katie and Ridge, are in utter disbelief at the video they just witnessed. Meanwhile, Quinn enjoys the fallout with inner satisfaction as Brooke pays the price for her betrayal.
		<b>LIVE</b>
<b>05:00 pm 10 News First</b>	CC	Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.
		<b>LIVE</b>
<b>06:00 pm 10 News First (Rpt)</b>	CC	Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



# SYDNEY PROGRAM GUIDE

Monday 06th April 2020

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm The Montreal Comedy Festival** CC M  
Sexual References, Coarse Language, Mature Themes

## SPECIAL EVENT

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Comedians include: Jim Jefferies, Tom Papa, Dane Cook, Howie Mandel & Tacarra Williams.

**08:30 pm Hughesy, We Have A Problem** CC M  
Sexual References, Coarse Language

## ALL NEW EPISODES

Hughesy, Akmal Saleh, Merricks Watts, Denise Scott and Em Rusciano tackle the first world problems we just can't seem to solve.

**09:30 pm Em Rusciano- Rage & Rainbows (Rpt)** CC MA15+  
Sexual References, Coarse Language, Mature Themes

## Em Rusciano- Rage & Rainbows

Em is finally giving voice to that gnawing rage we all try to hide. It is more than a show. It's a festival for anyone who's felt fed-up & exhausted, but still maintains a passion for sequins.

**11:00 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

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**12:00 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Stephen Colbert welcomes guest John Krasinski. Plus, a musical performance by Rachael & Vilray.

**01:00 am Home Shopping (Rpt)**

## Home Shopping



# SYDNEY PROGRAM GUIDE

## Monday 06th April 2020

**01:30 am Home Shopping** (Rpt)

**Home Shopping**

**02:00 am Home Shopping** (Rpt)

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**Home Shopping**

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**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk**

### ALL NEW EPISODES

CC PG  
Mature Themes

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.





# SYDNEY PROGRAM GUIDE

Tuesday 07th April 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>CBS This Morning</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b> (Rpt)	CC PG Mature Themes
<b>01:00 pm</b>	<b>Coronavirus: How To Isolate Yourself</b> (Rpt)	CC PG Mature Themes
<b>02:00 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

## Coronavirus: How To Isolate Yourself

The world faces a health crisis on an unprecedented scale and self-isolation is key to slowing the spread of the coronavirus. Learn how to self-isolate successfully and why it's important we do so.

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

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# SYDNEY PROGRAM GUIDE

Tuesday 07th April 2020

**03:30 pm My Market Kitchen** CC G

### ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Good Chef Bad Chef** CC G

### ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm The Bold & The Beautiful** CC PG

### ALL NEW EPISODES

The fallout from the video of Brooke and Bill kissing is enormous. Unable to keep quiet any longer, Quinn admits she uploaded the video to Brooke's digital photo frame.

**05:00 pm 10 News First** CC

### LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

### LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

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Tuesday 07th April 2020

**07:30 pm Coronavirus Australia: Our Story** CC

## SPECIAL EVENT

### Coronavirus Australia: Our Story

Explore how Australians at home and around the world experience life during COVID-19. Hear from celebrities, those simply living the new normal & the people making a difference in our uncertain times.

**08:30 pm NCIS** CC M  
Violence,  
Mature Themes

## ALL NEW EPISODES

### Schooled

**09:30 pm NCIS: Los Angeles** CC M  
Violence

## ALL NEW EPISODES

### Answers

While the team investigates the theft of a computer virus, Callen and Sam consider their future at the agency.

**10:30 pm NCIS: Los Angeles (Rpt)** CC M  
Frequent Violence,  
Mature Themes

### Goodbye, Vietnam

NCIS joins Hetty's team from the Vietnam War in a dangerous rescue mission to save Hetty from her captors in Vietnam. Mosley calls in Nell's sister to assist the team in LA.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

**11:30 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:30 am Home Shopping (Rpt)**

### Home Shopping



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Tuesday 07th April 2020

02:00 am Home Shopping (Rpt)

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Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Wednesday 08th April 2020

<b>06:00 am</b>	<b>Entertainment Tonight (Rpt)</b>	CC
<b>06:30 am</b>	<b>CBS This Morning</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil (Rpt)</b>	CC PG Coarse Language, Mature Themes
<b>01:00 pm</b>	<b>Jamie &amp; Jimmy's Food Fight Club (Rpt)</b>	CC G
<b>02:00 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Judge Judy (Rpt)</b>	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG
<b>03:30 pm</b>	<b>My Market Kitchen</b>	CC G

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

Jamie Oliver and Jimmy Doherty show you how to make blowout feasts designed to add some serious culinary wow factor to your weekends.

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Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

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## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.



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Wednesday 08th April 2020

**04:00 pm Good Chef Bad Chef** CC G

### ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm The Bold & The Beautiful** CC PG

### ALL NEW EPISODES

Bill pleads for Katie's forgiveness. Brooke and Quinn fiercely confront one another. Ridge makes a powerful decision about his relationships with Brooke and Shauna.

**05:00 pm 10 News First** CC

### LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

### LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

### ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Bondi Rescue** CC

### ALL NEW EPISODES

When a car free falls off a ledge, tumbling upside down onto one of the Australia's busiest walking tracks, the Lifeguards venture off the sand to help keep beach goers safe.



# SYDNEY PROGRAM GUIDE

Wednesday 08th April 2020

**08:00 pm Bondi Rescue**

CC

## ALL NEW EPISODES

Tragedy strikes when a husband and wife are washed off rocks by a massive wave. The Lifeguards search desperately for the couple, hoping that the rescue mission doesn't become a body retrieval.

**08:30 pm Bull**

CC M  
Mature Themes

## ALL NEW EPISODES

### Missing

Bull represents a woman who is guilty of kidnapping her niece years ago to stop the girl's father from abusing her.

**09:30 pm Bull (Rpt)**

CC M  
Violence

### Grey Areas

Bull takes on his friend as a client when he is sued for malpractice following a patient's deadly rampage.

**10:30 pm Elementary**

CC M

## ALL NEW EPISODES

### Gutshot

Holmes & Watson try to work a stateside investigation from London when someone close to them is gravely wounded by an unknown perpetrator in the U.S.

**11:30 pm The Project Encore (Rpt)**

CC

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**12:30 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

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**01:30 am Home Shopping (Rpt)**

### Home Shopping

**02:00 am Home Shopping (Rpt)**

### Home Shopping



# SYDNEY PROGRAM GUIDE

## Wednesday 08th April 2020

**02:30 am Home Shopping** (Rpt)

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**03:00 am Home Shopping** (Rpt)

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**04:00 am Home Shopping** (Rpt)

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**04:30 am Home Shopping** (Rpt)

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**05:00 am The Talk**

CC PG  
Mature Themes

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Thursday 09th April 2020

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<b>06:30 am</b>	<b>CBS This Morning</b>	CC
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<b>01:00 pm</b>	<b>To Be Advised</b>	
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<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG
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**04:00 pm Good Chef Bad Chef** CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm The Bold & The Beautiful** CC PG

## ALL NEW EPISODES

Not realizing that Ridge is already with Shauna, Brooke vows to Quinn that she won't break up her marriage. Bill agrees to allow Katie her space but also promises to fight for their marriage.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

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**06:30 pm The Project** CC

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Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Ambulance Australia (Rpt)** CC M  
Violence,  
Coarse Language,  
Mature Themes

Ambulance Australia follows people in the business of saving lives, going beyond the flashing lights to the heart & soul of heroes.

**08:30 pm Gogglebox** CC

## ALL NEW EPISODES

Australia's favourite Goggleboxers are back to sort through the best and worst TV shows of the week with their brutally honest and well trusted critiques.



# SYDNEY PROGRAM GUIDE

Thursday 09th April 2020

09:30 pm **To Be Advised**

10:30 pm **Blue Bloods**

CC M  
Violence

## ALL NEW EPISODES

### Bones To Pick

After a woman's body is found at a men's-only club, Danny and Baez investigate if her death was an accident. Frank asks Abigail and Sid to discover if the chief of Internal Affairs is having an affair.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez

11:30 pm **The Project Encore (Rpt)**

CC

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Home Shopping

02:00 am **Home Shopping (Rpt)**

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02:30 am **Home Shopping (Rpt)**

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03:00 am **Home Shopping (Rpt)**

Home Shopping

03:30 am **Home Shopping (Rpt)**

Home Shopping

04:00 am **Home Shopping (Rpt)**

Home Shopping



# SYDNEY PROGRAM GUIDE

Thursday 09th April 2020

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk**

CC PG  
Mature Themes

## **ALL NEW EPISODES**

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Friday 10th April 2020

<b>06:00 am Entertainment Tonight (Rpt)</b>	CC
<b>06:30 am CBS This Morning</b>	CC
<b>08:00 am Studio 10</b>	CC PG
<b>12:00 pm Dr Phil (Rpt)</b>	CC PG Coarse Language
<b>01:00 pm Easter With The Australian Women's Weekly (Rpt)</b>	CC PG Mature Themes
<b>02:00 pm Entertainment Tonight</b>	CC
<b>02:30 pm Judge Judy (Rpt)</b>	CC PG
<b>03:00 pm Judge Judy</b>	CC PG

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

## Easter With The Australian Women's Weekly

Hosted by Sarah Harris, Easter with The Australian Women's Weekly has something for everyone. From kids craft and Easter styling ideas to celebrity interviews and of course delicious Easter treats.

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Friday 10th April 2020

**03:30 pm My Market Kitchen** CC G

### ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Good Chef Bad Chef** CC G

### ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm The Bold & The Beautiful** CC PG

### ALL NEW EPISODES

Sally decides to get on Flo's good side and makes a surprising gesture towards Flo. Dr. Penny Escobar is becoming increasingly unnerved by Sally's behavior.

**05:00 pm 10 News First** CC

### LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

### LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

### ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Friday 10th April 2020

**07:30 pm To Be Advised**

**08:30 pm To Be Advised**

**09:30 pm The Graham Norton Show (Rpt)** CC M

Join the hilarious and cheeky Graham Norton as he chats to Tom Hanks, Gwyneth Paltrow, Tom Holland, Jake Gyllenhaal and Stormzy.

Guest Starring: Tom Hanks, Gwyneth Paltrow, Tom Holland, Jake Gyllenhaal, Stormzy

**10:30 pm Just For Laughs (Rpt)** CC MA15+  
Sexual References,  
Coarse Language

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Matt Okine, Nikki Osborne, Ivan Decker and Tommy Little.

**11:00 pm Strassman: Itede (Rpt)** CC M  
Sexual References,  
Coarse Language

**Strassman - Itede**  
Join international comedy star David Strassman for this hilarious live performance. iTedE uproariously parodies our technology-laden lives.

## SPECIAL ENCORE PRESENTATION

**12:50 am The Project Encore (Rpt)** CC

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

## ALL NEW EPISODES

**01:55 am The Late Show With Stephen Colbert** CC PG

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**03:00 am Home Shopping (Rpt)**

**Home Shopping**

**03:30 am Home Shopping (Rpt)**

**Home Shopping**



# SYDNEY PROGRAM GUIDE

## Friday 10th April 2020

**04:00 am Home Shopping (Rpt)**

**Home Shopping**

**04:30 am Home Shopping (Rpt)**

**Home Shopping**

**05:00 am Home Shopping (Rpt)**

**Home Shopping**

**05:30 am Home Shopping (Rpt)**

**Home Shopping**





# SYDNEY PROGRAM GUIDE

Saturday 11th April 2020

**06:00 am I Fish (Rpt)** CC G

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

## ALL NEW EPISODES

**06:30 am Leading The Way With Dr. Michael Youssef** CC G

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

## SPECIAL ENCORE PRESENTATION

**07:00 am Escape Fishing With ET (Rpt)** CC G

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

**07:30 am What's Up Down Under (Rpt)** CC PG

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

**08:00 am The Offroad Adventure Show (Rpt)** CC G

Four ultimate touring 4WDs, two all-new thrillseeking hosts, tackling our toughest adventures yet, discovering spectacular campsites and bucket list adventures along the way.

**09:00 am Whichcar (Rpt)** CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

**09:30 am Studio 10 Saturday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

**12:00 pm Seafood Escape With Andrew Ettingshausen (Rpt)** CC G

Andrew ET Ettingshausen teams up with some of Australia's toughest Australian fishing crews and creative chefs to reveal the journey from ocean depths to culinary delights in Seafood Escape.

**12:30 pm Everyday Gourmet With Justine Schofield (Rpt)** CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.



# SYDNEY PROGRAM GUIDE

Saturday 11th April 2020

**01:00 pm The Living Room (Rpt)** CC PG

Barry helps finish a laundry renovation in 6 days, Miguel serves up a kangaroo fillet, Matt shares secrets to a well-manicured hedge and the team checks in with Chris from his trek to Antarctica.

**02:00 pm Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**02:30 pm My Market Kitchen (Rpt)** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**03:00 pm What's Up Down Under** CC G

## ALL NEW EPISODES

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

**03:30 pm Farm To Fork (Rpt)** CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**04:00 pm Taste Of Australia With Hayden Quinn** CC G

## ALL NEW EPISODES

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

**04:30 pm Three Veg And Meat (Rpt)** CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



# SYDNEY PROGRAM GUIDE

Saturday 11th April 2020

**06:00 pm To Be Advised**

**07:00 pm To Be Advised**

**07:30 pm To Be Advised**

**08:00 pm Ambulance Australia (Rpt)**

CC M  
Mature Themes

An airline passenger with chest pain, work-place rescue and a life or death situation for an elderly patient. How do our ambo's face these challenges?

**09:00 pm Ambulance (Rpt)**

CC M  
Drug References,  
Mature Themes

Over a busy weekend in Manchester, North West Ambulance Service paramedics Andrea and Glynn attend car crash victim, while Debbie and Shaun try to persuade a homeless man to go to hospital.

**10:00 pm 999: What's Your Emergency? (Rpt)**

CC MA15+  
Strong Adult Themes

**It's A Sad State When You Can't Afford A Cinema Ticket**

From zero-hours contracts to long working hours, this episode explores how the emergency services deal with issues arising from rising levels of stress and anxiety in the workplace.

**11:00 pm Blue Bloods Encore (Rpt)**

CC M  
Violence

**SPECIAL ENCORE PRESENTATION**

**Bones To Pick**

After a woman's body is found at a men's-only club, Danny and Baez investigate if her death was an accident. Frank asks Abigail and Sid to discover if the chief of Internal Affairs is having an affair.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez

**12:00 am Bull Encore (Rpt)**

CC M  
Mature Themes

**SPECIAL ENCORE PRESENTATION**

**Missing**

Bull represents a woman who is guilty of kidnapping her niece years ago to stop the girl's father from abusing her.

**01:00 am Elementary Encore (Rpt)**

CC M

**SPECIAL ENCORE PRESENTATION**

**Gutshot**

Holmes & Watson try to work a stateside investigation from London when someone close to them is gravely wounded by an unknown perpetrator in the U.S.



# SYDNEY PROGRAM GUIDE

## Saturday 11th April 2020

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am The Aussie Pastor**

PG

### **ALL NEW EPISODES**

#### **Ap20197 - Life After Death Pt 2**

Part Two. The eternal question that what happens to you after you die is one everyone asks at one time or another in their lives.

**05:00 am Hour Of Power**

G

### **ALL NEW EPISODES**

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.



# SYDNEY PROGRAM GUIDE

Sunday 12th April 2020

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Religious.

**06:30 am Hillsong** CC G

## ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

**07:00 am Joseph Prince** CC PG

## The Best News You'll Ever Hear

Religious

**07:30 am Joel Osteen** CC G

## ALL NEW EPISODES

### Keep Your Joy

Religious.

**08:00 am Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**08:30 am Three Veg And Meat (Rpt)** CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

**09:00 am Taste Of Australia With Hayden Quinn (Rpt)** CC G

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

**09:30 am Studio 10 Sunday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

**12:00 pm Jamie's 15 Minute Meals (Rpt)** CC G

Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food.

Starring: Jamie Oliver



# SYDNEY PROGRAM GUIDE

Sunday 12th April 2020

**12:30 pm Easter With The Australian Women's Weekly (Rpt)** CC PG  
Mature Themes

**Easter With The Australian Women's Weekly.**

Hosted by Sarah Harris, Easter with The Australian Women's Weekly has something for everyone. From kids craft and Easter styling ideas to celebrity interviews and of course delicious Easter treats.

**01:30 pm To Be Advised**

**02:30 pm Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**03:00 pm My Market Kitchen (Rpt)** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**03:30 pm Farm To Fork (Rpt)** CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**04:00 pm Whichcar** CC PG

**ALL NEW EPISODES**

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

**04:30 pm RPM** CC

**ALL NEW EPISODES**

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.

**05:00 pm 10 News First** CC

**LIVE**

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm 10 News First (Rpt)** CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



# SYDNEY PROGRAM GUIDE

Sunday 12th April 2020

**06:30 pm The Sunday Project** CC

## ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

**07:30 pm Jamie Oliver: Keep Cooking And Carry On** CC G

## ALL NEW EPISODES

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

**08:30 pm The Montreal Comedy Festival** CC MA15+ Sexual References

## SPECIAL EVENT

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Comedians include: Becky Lucas, Wanda Sykes, Jim Jefferies, Tommy Little, Ronny Chieng and Ismo.

**09:30 pm FBI (Rpt)** CC MA15+ Strong Violence

### Most Wanted

Maggie teams up with members of the FBI's Fugitives Department to track down a man wanted for murder who has now been placed on America's top 10 most wanted list.

Starring: Missy Peregrym, Sela Ward, Jeremy Sisto

Guest Starring: Julian McMahon, Matthew Lillard, Peter Facinelli

**10:30 pm FBI (Rpt)** CC M Strong Violence

### Conflict Of Interest

The team must take down a dangerous drug ring after an American diplomat is killed while being used as an unwitting pawn in a smuggling operation.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

**11:30 pm The Sunday Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

## Sunday 12th April 2020

<b>12:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>01:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>01:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>02:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>02:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>03:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>03:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>

**05:00 am** **The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.





# SYDNEY PROGRAM GUIDE

Monday 13th April 2020

**06:00 am The Bold & The Beautiful (Rpt)** CC PG

## SPECIAL ENCORE PRESENTATION

The fallout from the video of Brooke and Bill kissing is enormous. Unable to keep quiet any longer, Quinn admits she uploaded the video to Brooke's digital photo frame.

**06:30 am The Bold & The Beautiful (Rpt)** CC PG

Bill pleads for Katie's forgiveness. Brooke and Quinn fiercely confront one another. Ridge makes a powerful decision about his relationships with Brooke and Shauna.

**07:00 am The Bold & The Beautiful (Rpt)** CC PG

Not realizing that Ridge is already with Shauna, Brooke vows to Quinn that she won't break up her marriage. Bill agrees to allow Katie her space but also promises to fight for their marriage.

**07:30 am The Bold & The Beautiful (Rpt)** CC PG

Sally decides to get on Flo's good side and makes a surprising gesture towards Flo. Dr. Penny Escobar is becoming increasingly unnerved by Sally's behavior.

**08:00 am Studio 10** CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil (Rpt)** CC PG  
Drug References,  
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

**01:00 pm Jamie & Jimmy's Food Fight Club (Rpt)** CC G

Jamie Oliver and Jimmy Doherty show you how to make blowout feasts designed to add some serious culinary wow factor to your weekends.



# SYDNEY PROGRAM GUIDE

Monday 13th April 2020

<b>02:00 pm Entertainment Tonight</b>	CC
<b>02:30 pm Judge Judy (Rpt)</b>	CC PG
<b>03:00 pm Judge Judy</b>	CC PG
<b>03:30 pm My Market Kitchen</b>	CC G
<b>04:00 pm Good Chef Bad Chef</b>	CC G
<b>04:30 pm The Bold &amp; The Beautiful</b>	CC PG
<b>05:00 pm 10 News First</b>	CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

## ALL NEW EPISODES

Steffy and Zoe work on the new Forrester Fall Collection. Wyatt asks Sally to do something significant for him. Flo pays an unexpected visit to Penny to see what she can find out about Sally illness.

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



# SYDNEY PROGRAM GUIDE

Monday 13th April 2020

**06:00 pm 10 News First (Rpt)** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm MasterChef Australia** CC

## SEASON PREMIERE

**09:20 pm Hughesy, We Have A Problem** CC M

Sexual References,  
Mature Themes

## ALL NEW EPISODES

Hughesy, Nazeem Hussain, Ross Noble, Cal Wilson and Sarah Harris tackle the first world problems we just can't seem to solve.

**10:20 pm Just For Laughs (Rpt)** CC M

Sexual References,  
Coarse Language

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Rove McManus, Ivan Aristeguieta, Simon Taylor and Tommy Little.

**10:50 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**11:50 pm The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



# SYDNEY PROGRAM GUIDE

## Monday 13th April 2020

<b>01:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>01:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>02:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>02:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>03:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>03:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>

**05:00 am** **The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Tuesday 14th April 2020

**06:00 am Entertainment Tonight (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**06:30 am CBS This Morning** CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

**08:00 am Studio 10** CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil (Rpt)** CC PG  
Drug References, Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

**01:00 pm To Be Advised**

**02:50 pm Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.



# SYDNEY PROGRAM GUIDE

Tuesday 14th April 2020

**04:00 pm Good Chef Bad Chef** CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm The Bold & The Beautiful** CC PG

## ALL NEW EPISODES

Sally tells Wyatt she's willing to get treatment but will need something from him in return. Meanwhile, Flo spots intriguing evidence while interrogating Dr. Escobar about Sally's condition.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm MasterChef Australia** CC

## ALL NEW EPISODES

**09:00 pm NCIS** CC M  
Frequent Violence

## ALL NEW EPISODES

Blarney.



# SYDNEY PROGRAM GUIDE

Tuesday 14th April 2020

**10:00 pm NCIS (Rpt)** CC M  
Violence

### Lost Time

The team investigates the murder of a Marine Sergeant who was hailed as a war hero; Gibbs turns to Dr. Confalone for advice after uncharacteristically abandoning the team at a crime scene.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

**11:00 pm The Project Encore (Rpt)** CC

### **SPECIAL ENCORE PRESENTATION**

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:00 am The Late Show With Stephen Colbert** CC PG

### **ALL NEW EPISODES**

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:00 am Home Shopping (Rpt)**

Home Shopping

**01:30 am Home Shopping (Rpt)**

Home Shopping

**02:00 am Home Shopping (Rpt)**

Home Shopping

**02:30 am Home Shopping (Rpt)**

Home Shopping

**03:00 am Home Shopping (Rpt)**

Home Shopping

**03:30 am Home Shopping (Rpt)**

Home Shopping

**04:00 am Home Shopping (Rpt)**

Home Shopping



# SYDNEY PROGRAM GUIDE

Tuesday 14th April 2020

**04:30 am Home Shopping** (Rpt)

Home Shopping

**05:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.





# SYDNEY PROGRAM GUIDE

Wednesday 15th April 2020

<b>06:00 am Entertainment Tonight (Rpt)</b>	CC
<b>06:30 am CBS This Morning</b>	CC
<b>08:00 am Studio 10</b>	CC PG
<b>12:00 pm Dr Phil (Rpt)</b>	CC PG Coarse Language
<b>01:00 pm To Be Advised</b>	
<b>02:30 pm Entertainment Tonight</b>	CC
<b>03:00 pm Judge Judy</b>	CC PG
<b>03:30 pm My Market Kitchen</b>	CC G

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

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Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

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Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.



# SYDNEY PROGRAM GUIDE

Wednesday 15th April 2020

**04:00 pm Good Chef Bad Chef** CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm The Bold & The Beautiful** CC PG

## ALL NEW EPISODES

Quinn attempts to control the damage done in her relationship with Eric. Meanwhile, Together in Las Vegas, Ridge and Shauna's connection becomes undeniable.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm MasterChef Australia** CC

## ALL NEW EPISODES

**08:30 pm Bull** CC PG  
Mature Themes

## ALL NEW EPISODES

### The Invisible Woman

An expert on anthrax is accused of orchestrating a series of anthrax attacks; Bull sets out to prove the city was in such a rush to calm the public's hysteria, they arrested the wrong person.



# SYDNEY PROGRAM GUIDE

## Wednesday 15th April 2020

<b>09:30 pm Bull</b> (Rpt)	CC M Violence	<p><b><u>Kill Shot</u></b></p> <p>A widow hires Bull when the police decide that she is the most likely suspect in her husband's death.</p>
<b>10:30 pm Elementary</b>	CC M	<p><b>ALL NEW EPISODES</b></p> <p><b><u>The Price Of Admission</u></b></p> <p>Watson helps the NYPD investigate a murder at a storage facility that caters to wealthy clients with items they want hidden from customs agents.</p>
<b>11:30 pm The Project Encore</b> (Rpt)	CC	<p><b>SPECIAL ENCORE PRESENTATION</b></p> <p>Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.</p>
<b>12:30 am The Late Show With Stephen Colbert</b>	CC PG	<p><b>ALL NEW EPISODES</b></p> <p>Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds &amp; talented artists.</p>
<b>01:30 am Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>02:00 am Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>02:30 am Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>03:00 am Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>03:30 am Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>04:00 am Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>04:30 am Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>





# SYDNEY PROGRAM GUIDE

Wednesday 15th April 2020

**05:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Thursday 16th April 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>CBS This Morning</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b> (Rpt)	CC PG Mature Themes
<b>01:00 pm</b>	<b>To Be Advised</b>	
<b>02:10 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG
<b>03:30 pm</b>	<b>My Market Kitchen</b>	CC G

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CC PG  
Mature Themes

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# SYDNEY PROGRAM GUIDE

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## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm The Bold & The Beautiful** CC PG

## ALL NEW EPISODES

Katie shuts Donna down when she pushes for offering forgiveness to Brooke. Meanwhile, Brooke searches for Ridge while reminiscing about their romantic moments together.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

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**07:30 pm MasterChef Australia** CC

## ALL NEW EPISODES

**08:30 pm Gogglebox** CC

## ALL NEW EPISODES

Australia's favourite Goggleboxers are back to sort through the best and worst TV shows of the week with their brutally honest and well trusted critiques.



# SYDNEY PROGRAM GUIDE

Thursday 16th April 2020

09:30 pm **To Be Advised**

10:30 pm **Blue Bloods**

CC M  
Violence

## ALL NEW EPISODES

### Be Careful What You Wish For

After an EMT is shot and killed, Danny and Baez work to determine who is behind a chain of ambulance robberies. Frank defends New York's homeless community after the mayor puts a new law in place.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez

11:30 pm **The Project Encore (Rpt)**

CC

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12:30 am **The Late Show With Stephen Colbert** CC PG

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01:30 am **Home Shopping (Rpt)**

Home Shopping

02:00 am **Home Shopping (Rpt)**

Home Shopping

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Home Shopping

03:00 am **Home Shopping (Rpt)**

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04:00 am **Home Shopping (Rpt)**

Home Shopping



# SYDNEY PROGRAM GUIDE

Thursday 16th April 2020

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG  
Mature Themes

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# SYDNEY PROGRAM GUIDE

Friday 17th April 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>CBS This Morning</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b> (Rpt)	CC PG Drug References, Mature Themes
<b>01:00 pm</b>	<b>To Be Advised</b>	
<b>02:00 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG
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Friday 17th April 2020

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## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm The Bold & The Beautiful** CC PG

## ALL NEW EPISODES

Falling deeper in love, Shauna surprises Ridge with a personal VIP Las Vegas experience. Meanwhile, Sally's anxiety goes through the roof when she realizes that Flo has had an effect on Penny.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Jamie Oliver: Keep Cooking And Carry On** CC G

## ALL NEW EPISODES

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.



# SYDNEY PROGRAM GUIDE

Friday 17th April 2020

**08:00 pm The Graham Norton Show** CC

**08:30 pm The Graham Norton Show (Rpt)** CC M  
Coarse Language

**09:30 pm Just For Laughs** CC M  
Sexual References,  
Coarse Language

**10:30 pm The Project Encore (Rpt)** CC

**11:30 pm The Late Show With Stephen Colbert** CC PG

**12:30 am Home Shopping (Rpt)**

**01:00 am Home Shopping (Rpt)**

**01:30 am Home Shopping (Rpt)**

**02:00 am Home Shopping (Rpt)**

**02:30 am Home Shopping (Rpt)**

**03:00 am Home Shopping (Rpt)**

## SEASON PREMIERE

Join the hilarious and cheeky Graham Norton as he chats with Anne Hathaway, Rebel Wilson, Jodie Comer, Daniel Radcliffe and singer Mabel.

## Just For Laughs

## SPECIAL ENCORE PRESENTATION

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## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

## Home Shopping

## Home Shopping

## Home Shopping

## Home Shopping

## Home Shopping

## Home Shopping



# SYDNEY PROGRAM GUIDE

## Friday 17th April 2020

<b>03:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>05:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>05:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>



# SYDNEY PROGRAM GUIDE

Saturday 18th April 2020

**06:00 am I Fish (Rpt)** CC PG

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

### ALL NEW EPISODES

**06:30 am Leading The Way With Dr. Michael Youssef** CC G

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

### SPECIAL ENCORE PRESENTATION

**07:00 am Escape Fishing With ET (Rpt)** CC G

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

**07:30 am What's Up Down Under (Rpt)** CC G

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

**08:00 am Pat Callinan's 4x4 Adventures (Rpt)** CC G

### Sydney's Best 4x4 Tracks

Australia's foremost 4x4 expert "MR 4X4" Pat Callinan takes you on some of his all-time favourite four-wheel drive adventures.

**09:00 am Whichcar (Rpt)** CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

**09:30 am Studio 10 Saturday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

**12:00 pm To Be Advised**

**01:30 pm To Be Advised**

### ALL NEW EPISODES

**03:00 pm What's Up Down Under** CC

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.



# SYDNEY PROGRAM GUIDE

Saturday 18th April 2020

**03:30 pm** **Everyday Gourmet With Justine Schofield** (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

## SEASON FINALE

**04:00 pm** **Taste Of Australia With Hayden Quinn** CC G

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

**04:30 pm** **Three Veg And Meat** (Rpt) CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

**05:00 pm** **10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm** **Takeaway Reheated** **NO CC**

## SEASON PREMIERE

**07:00 pm** **Bondi Rescue** (Rpt) CC PG  
Coarse Language,  
Mature Themes

When monster waves lash Bondi, new team members Boo and trainee Lachie must tackle the dangerous conditions to complete a mass rescue.

**07:30 pm** **Bondi Rescue** (Rpt) CC PG  
Coarse Language

With a record 234 rescues performed in Bondi on one day, Australia's prettiest playground can quickly become a nightmare for tourists not used to the precarious surf conditions.

**08:00 pm** **Ambulance Australia** (Rpt) CC M  
Coarse Language,  
Mature Themes

Ambulance Australia follows people in the business of saving lives, going beyond the flashing lights to the heart & soul of heroes.

**09:00 pm** **Ambulance** (Rpt) CC M  
Coarse Language,  
Mature Themes

During a 12-hour night shift with North West Ambulance Service, call handler Elly tackles an increasing volume of calls, and there are surprises for paramedics April and Clare.



# SYDNEY PROGRAM GUIDE

Saturday 18th April 2020

<p><b>10:00 pm 999: What's Your Emergency?</b> (Rpt)</p>	<p>CC M Coarse Language, Drug References</p>	<p><b><u>Let's Babysit Until The Parents Turn Up Then</u></b> In Wiltshire more and more young people are challenging the police's authority. With over 88,000 under-18s arrested in the UK in 2016, are young people being given too many chances or not enough?</p>
<p><b>11:00 pm Blue Bloods Encore</b> (Rpt)</p>	<p>CC M Violence</p>	<p><b>SPECIAL ENCORE PRESENTATION</b> <b><u>Be Careful What You Wish For</u></b> After an EMT is shot and killed, Danny and Baez work to determine who is behind a chain of ambulance robberies. Frank defends New York's homeless community after the mayor puts a new law in place.  Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez</p>
<p><b>12:00 am Bull Encore</b> (Rpt)</p>	<p>CC PG Mature Themes</p>	<p><b>SPECIAL ENCORE PRESENTATION</b> <b><u>The Invisible Woman</u></b> An expert on anthrax is accused of orchestrating a series of anthrax attacks; Bull sets out to prove the city was in such a rush to calm the public's hysteria, they arrested the wrong person.</p>
<p><b>01:00 am Elementary Encore</b> (Rpt)</p>	<p>CC M</p>	<p><b>SPECIAL ENCORE PRESENTATION</b> <b><u>The Price Of Admission</u></b> Watson helps the NYPD investigate a murder at a storage facility that caters to wealthy clients with items they want hidden from customs agents.</p>
<p><b>02:00 am Home Shopping</b> (Rpt)</p>		<p><b><u>Home Shopping</u></b></p>
<p><b>02:30 am Home Shopping</b> (Rpt)</p>		<p><b><u>Home Shopping</u></b></p>
<p><b>03:00 am Home Shopping</b> (Rpt)</p>		<p><b><u>Home Shopping</u></b></p>
<p><b>03:30 am Home Shopping</b> (Rpt)</p>		<p><b><u>Home Shopping</u></b></p>
<p><b>04:00 am Home Shopping</b> (Rpt)</p>		<p><b><u>Home Shopping</u></b></p>
<p><b>04:30 am The Aussie Pastor</b></p>	<p>PG</p>	<p><b>ALL NEW EPISODES</b> <b><u>Ap20198 - The Sabbath</u></b> The seventh-day Sabbath is one of the most ignored and unknown teachings in all the Bible. Few realise its significance or its relevance.</p>



# SYDNEY PROGRAM GUIDE

Saturday 18th April 2020

05:00 am Hour Of Power

G

## ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.