



SYDNEY PROGRAM GUIDE

Sunday 17th May 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious.

07:00 am Joseph Prince CC PG

ALL NEW EPISODES

323 - Answers For Dark Nights And Difficult Seasons

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

The Guardian Of Your Soul

Religious.

08:00 am Three Veg And Meat (Rpt) CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

08:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

09:00 am My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

09:30 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!



SYDNEY PROGRAM GUIDE

Sunday 17th May 2020

12:00 pm This Is Mexico (Rpt) CC PG

Take a journey into the heart of the real Mexico. Discover the food, architecture, culture, and of course the people of this amazing land.

SPECIAL ENCORE PRESENTATION

12:30 pm MasterChef Australia Encore (Rpt) CC PG

Katy Perry guest judges a very special "Hot N Cold" challenge to honour the iconic MasterChef theme song. The contestant with the best dish will find themselves safe from Sunday's elimination.

03:00 pm Taste Of Australia With Hayden Quinn (Rpt) CC G

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

03:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

04:00 pm Whichcar (Rpt) CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

ALL NEW EPISODES

04:30 pm RPM CC

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

LIVE

06:00 pm 10 News First (Rpt) CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Sunday 17th May 2020

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Contestants are cooking off against the other contestant on their bench. The best dish from each bench will be safe, while the remaining contestants must cook in the elimination round.

09:00 pm FBI: Most Wanted

CC M
Strong Violence

ALL NEW EPISODES

Invisible

When a military veteran suffering from PTSS snaps after the death of his brother in arms, the decorated sniper's expert abilities push the team to their limits.

Starring: Julian McMahon, Roxy Sternberg, Kellan Lutz, Keisha Castle-Hughes, Nathaniel Arcand

10:00 pm FBI (Rpt)

CC M
Violence

Doomsday

FBI Special Agents Maggie Bell and OA Zidan investigate the death of a safety inspector and its possible connection to a leak at a nuclear power plant.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

11:00 pm The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

12:00 am Home Shopping (Rpt)

Home Shopping



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05:00 am **The Talk**

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Monday 18th May 2020

06:00 am Best Of The Bold & The Beautiful Encore (Rpt) CC PG

Liam and Hope have their beach wedding, with moving speeches from Ridge and even Bill. For absent but nearby-witnessing Steffy, it's a perfect nightmare, complete with seagull poop and a fall in sea.

06:30 am Best Of The Bold & The Beautiful Encore (Rpt) CC PG

Caroline confides in Carter about her plans for a future with Rick. Meanwhile, Katie discovers some news about her heart condition.

07:00 am Best Of The Bold & The Beautiful Encore (Rpt) CC G

Nicole confronts Thomas about the reason behind his unusual behaviour. Elsewhere, irate over Steffy's betrayal of Ivy, Wyatt vows to exact revenge against her and Liam.

07:30 am Best Of The Bold & The Beautiful Encore (Rpt) CC PG

Liam is conflicted as to whether he should accept Steffy's invitation to join her at the wedding. Meanwhile, Brooke and Ridge's wedding begins.

08:00 am Studio 10 CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil CC PG
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Contestants are cooking off against the other contestant on their bench. The best dish from each bench will be safe, while the remaining contestants must cook in the elimination round.



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Monday 18th May 2020

02:30 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful CC G

Forrester Creations much Delayed Spring collection fashion show is now underway.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

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06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Jo Barrett and Matt Stone from Oakridge Wines mentor today's service challenge with each team cooking a sweet or savoury menu. The team with the least impressive menu face tomorrow's pressure test.

08:45 pm Have You Been Paying Attention?

CC M

Sexual References,
Coarse Language,
Mature Themes,

Nudity,
May Contain:

ALL NEW EPISODES

Have our contestants Glenn Robbins, Kitty Flanagan, Amanda Keller, Sam Pang and Ed Kavalee been paying attention? Our quizmaster & host Tom Gleisner are about to find out!

09:45 pm How To Stay Married Encore (Rpt)

CC M

Mature Themes

SPECIAL ENCORE PRESENTATION

When Brad announces his plans to propose to new flame Nadia, Greg and Em seize the opportunity to right the wrongs of their own botched proposal seventeen years earlier.

10:15 pm To Be Advised

10:55 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

11:55 pm The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guests Senator Amy Klobuchar & Mayor Pete Buttigieg. Plus, a musical performance by HAIM.



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05:00 am **The Talk**

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Tuesday 19th May 2020

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

08:00 am Studio 10 CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil CC PG
Coarse Language,
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Jo Barrett and Matt Stone from Oakridge Wines mentor today's service challenge with each team cooking a sweet or savoury menu. The team with the least impressive menu face tomorrow's pressure test.

02:00 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Tuesday 19th May 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

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03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG

Worried about who knows the truth, Ridge begs Brooke to stay away from Bill. Meanwhile, Steffy shines as she models in the Intimates fashion show.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



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Tuesday 19th May 2020

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Contestants must replicate chef Peter Gunn's "Black Box" from his restaurant Ides. The contestant with the least impressive dish will be going home.

08:45 pm How To Stay Married

CC PG
Coarse Language

ALL NEW EPISODES

Greg hatches a 'foolproof' plan to earn funds for the family holiday by selling the mighty TurboMax mixer, while Em juggles having Chloe at work for the day.

09:15 pm NCIS (Rpt)

CC M
Violence,
Mature Themes

Boom

The team investigates an explosion outside the home of a Navy petty officer and a popular reality TV star.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:15 pm NCIS: Los Angeles

CC M
Violence

ALL NEW EPISODES

Alsiyadun

When Fatima is captured while on a mission and held for ransom, Callen and Sam enlist an undercover CIA agent to help get her back.

11:15 pm The Project Encore (Rpt)

CC

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12:15 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

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01:00 am Home Shopping (Rpt)

Home Shopping



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Tuesday 19th May 2020

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Wednesday 20th May 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	The Secrets She Keeps (Rpt)	CC M Violence, Coarse Language, Mature Themes
01:00 pm	MasterChef Australia Encore (Rpt)	CC
02:15 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

SPECIAL ENCORE PRESENTATION

Agatha has created her perfect family with her baby and Hayden. But an old flame of Agatha's threatens to thwart her plans.

SPECIAL ENCORE PRESENTATION

Contestants must replicate chef Peter Gunn's "Black Box" from his restaurant Ides. The contestant with the least impressive dish will be going home.

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Wednesday 20th May 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG

The fashion challenge between Forrester Creations and Jackie M. Designs begins, but neither side knows that Bill Spencer has fixed the contest.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

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Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia CC

ALL NEW EPISODES

Contestants must create a vegan dish using at least one ingredient from the mystery box set by vegan chef, Shannon Martinez. The top four dishes will cook off in tomorrow's immunity challenge.



SYDNEY PROGRAM GUIDE

Wednesday 20th May 2020

08:45 pm The Secrets She Keeps

CC M
Coarse Language,
Strong Adult Themes

ALL NEW EPISODES

At a vigil for Baby Ben, Meghan and Agatha come face-to-face. Agatha panics over Baby Rory's deteriorating health.

09:45 pm Bull (Rpt)

CC M
Violence

Witness For The Prosecution

The DA hires Bull to help convict an infamous drug dealer who murdered a police officer but avoided jail by feigning schizophrenia.

10:45 pm Elementary

CC M

ALL NEW EPISODES

Miss Understood

Cassie Lenuc seeks the help of Holmes and Watson in solving a murder but they believe she has an ulterior motive.

11:45 pm The Project Encore (Rpt)

CC

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12:45 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

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01:30 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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SYDNEY PROGRAM GUIDE

Wednesday 20th May 2020

04:00 am Home Shopping (Rpt)

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04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



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Thursday 21st May 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Mature Themes
01:00 pm	MasterChef Australia Encore (Rpt)	CC
02:15 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG

SPECIAL ENCORE PRESENTATION

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ALL NEW EPISODES

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03:00 pm Judge Judy CC PG

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03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

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04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG

Katie finds out and confronts Bill about fixing the fashion contests between Forrester Creations and Jackie M. Designs.

05:00 pm 10 News First CC

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06:00 pm 10 News First (Rpt) CC

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Thursday 21st May 2020

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Tonight's immunity challenge is fought in two rounds. In one round contestants must create a delicious dish using instant noodles. The top two from round one must make a nostalgic and comforting dish.

08:45 pm Law & Order: S.V.U (Rpt)

CC MA15+
Strong Adult Themes

Facing Demons

The SVU investigate the death of a man they believe to be a paedophile. When they dig deeper, they realise that things are not what they seem and the case hits close to home.

Starring: Mariska Hargitay, Ice T , Philip Winchester, Kelli Giddish

Guest Starring: Dean Winters, William Sadler

09:40 pm Law & Order: S.V.U (Rpt)

CC M
Mature Themes

Missing

A young girl is found in the boot of an abandoned car, and the SVU pursues a suspect to a puppet theatre. The case takes an even more disturbing turn when the body of another child is discovered.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Chloe Webb

10:35 pm Blue Bloods

CC M
Frequent Violence

ALL NEW EPISODES

The Fog Of War

Danny works with Texas Ranger Waylon Gates to find the Lone Star Killer. Also, Internal Affairs accuses Jamie of not supervising properly when a fellow cop is mistakenly shot and killed on his watch.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

Guest Starring: Lyle Lovett

11:30 pm The Project Encore (Rpt)

CC

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04:00 am Home Shopping (Rpt)

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04:30 am Home Shopping (Rpt)

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05:00 am The Talk

CC PG
Mature Themes

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SYDNEY PROGRAM GUIDE

Friday 22nd May 2020

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

08:00 am Studio 10 CC PG

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Mature Themes

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01:00 pm To Be Advised

02:00 pm Entertainment Tonight CC

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02:30 pm Jamie's 15 Minute Meals (Rpt) CC G

Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food.

Starring: Jamie Oliver

03:00 pm Judge Judy CC PG

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Friday 22nd May 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

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04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC G

It's the day Forrester Creations presents the new Hope for the Future collection. Meanwhile, Stefy keeps bugging the nervous creator & the rest of the family with her obvious ambition to steal Liam.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

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06:30 pm The Project CC

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07:30 pm Jamie Oliver: Keep Cooking And Carry On CC G

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.



SYDNEY PROGRAM GUIDE

Friday 22nd May 2020

08:00 pm **Jamie Oliver: Keep Cooking And Carry On** CC G

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

08:30 pm **The Graham Norton Show** CC

ALL NEW EPISODES

Join Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Will Ferrell, Miranda Hart, Mark Ruffalo, Paul Mescal, Daisy Edgar-Jones & Billy Porter.

09:10 pm **To Be Advised**

10:10 pm **To Be Advised**

10:40 pm **The Project Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

11:40 pm **The Late Show With Stephen Colbert** CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

12:30 am **Home Shopping** (Rpt)

Home Shopping

01:00 am **Home Shopping** (Rpt)

Home Shopping

01:30 am **Home Shopping** (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 22nd May 2020

02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 23rd May 2020

06:00 am I Fish (Rpt) CC G

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

ALL NEW EPISODES

06:30 am Leading The Way With Dr. Michael Youssef CC G

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

SPECIAL ENCORE PRESENTATION

07:00 am Escape Fishing With ET (Rpt) CC G

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

07:30 am What's Up Down Under (Rpt) CC G

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

08:00 am Pat Callinan's 4x4 Adventures (Rpt) CC G

Building The Ultimate 4x4

Australia's foremost 4x4 expert "MR 4X4" Pat Callinan takes you on some of his all-time favourite four-wheel drive adventures.

09:00 am Whichcar (Rpt) CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm Jamie's 15 Minute Meals (Rpt) CC G

Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food.

Starring: Jamie Oliver

12:30 pm Pooches At Play (Rpt) CC G

Sydney To Newcastle

The team visit pet-friendly attractions in Sydney and Newcastle. Hear about the important work of volunteer group Dog Rescue Newcastle and get some training tips and advice for looking after a Husky.



SYDNEY PROGRAM GUIDE

Saturday 23rd May 2020

01:00 pm To Be Advised

02:00 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

02:30 pm Seafood Escape With Andrew Ettingshausen (Rpt) CC G

Andrew ET Ettingshausen teams up with some of Australia's toughest Australian fishing crews and creative chefs to reveal the journey from ocean depths to culinary delights in Seafood Escape.

03:00 pm What's Up Down Under CC G

ALL NEW EPISODES

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

03:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Takeaway Reheated CC PG

SEASON FINALE

Lisa Wilkinson is playing the puppet who must do and say anything Chris and Julia tell her to as she interviews prospective Dog Carers to take care of her rather unusual dog sitting needs.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt) CC PG
Coarse Language

In the throes of massive swell and unpredictable weather, the Bondi lifeguards push each other to their limits in the annual lifeguard challenge.

06:30 pm Bondi Rescue (Rpt) CC PG
Coarse Language,
Mature Themes

The tower is on high alert when a swimmer's quick dip results in a possible spinal injury and the lifeguards farewell a much-loved member of the squad.



SYDNEY PROGRAM GUIDE

Saturday 23rd May 2020

07:00 pm The Dog House

CC PG

ALL NEW EPISODES

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

08:00 pm Ambulance Australia (Rpt)

CC M
Coarse Language,
Mature Themes

It's one of the busiest days of the year for paramedics, Australia Day. Faced with an increase in alcohol related calls Sam & Tammy attend to a man passed out in the middle of the road in his car.

09:00 pm Ambulance (Rpt)

CC M
Strong Adult Themes

This episode follows ambulance crews in the wake of England's defeat at the 2018 World Cup.

10:00 pm One Born Every Minute Australia (Rpt)

CC M
Mature Themes

Each year Australia sees over 300,000 new bundles of joy enter the world. You're invited to be a part of the experience through cameras rolling around the clock capturing each life changing moment.

11:00 pm Blue Bloods Encore (Rpt)

CC M
Frequent Violence

SPECIAL ENCORE PRESENTATION

The Fog Of War

Danny works with Texas Ranger Waylon Gates to find the Lone Star Killer. Also, Internal Affairs accuses Jamie of not supervising properly when a fellow cop is mistakenly shot and killed on his watch.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

Guest Starring: Lyle Lovett

12:00 am Bull (Rpt)

CC M
Violence

Witness For The Prosecution

The DA hires Bull to help convict an infamous drug dealer who murdered a police officer but avoided jail by feigning schizophrenia.

01:00 am Elementary Encore (Rpt)

CC M

SPECIAL ENCORE PRESENTATION

Miss Understood

Cassie Lenuc seeks the help of Holmes and Watson in solving a murder but they believe she has an ulterior motive.

02:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 23rd May 2020

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am The Aussie Pastor

PG

ALL NEW EPISODES

Ap20207 - My Refuge

God gives us a gift that very few people know about. In this gift you will find healing, renewal and peace.

05:00 am Hour Of Power

G

ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.



SYDNEY PROGRAM GUIDE

Sunday 24th May 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious.

07:00 am Joseph Prince CC PG

ALL NEW EPISODES

324 - Experience The Grace Revolution

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Power Thinking

Religious.

08:00 am Three Veg And Meat (Rpt) CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

08:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

09:00 am My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

09:30 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!



SYDNEY PROGRAM GUIDE

Sunday 24th May 2020

12:00 pm This Is Mexico (Rpt) CC PG

Take a journey into the heart of the real Mexico. Discover the food, architecture, culture, and of course the people of this amazing land.

12:30 pm Taste Of Australia With Hayden Quinn (Rpt) CC G

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

01:00 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

01:15 pm MasterChef Australia Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Tonight's immunity challenge is fought in two rounds. In one round contestants must create a delicious dish using instant noodles. The top two from round one must make a nostalgic and comforting dish.

02:30 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

03:00 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

03:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:00 pm Whichcar CC PG

ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

04:30 pm RPM CC

ALL NEW EPISODES

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.



SYDNEY PROGRAM GUIDE

Sunday 24th May 2020

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm 10 News First (Rpt)

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Josh Niland of The Fish Butchery breaks down a kingfish for each of the contestants to choose a cut to cook with. The contestant with the least impressive dish will be going home.

09:00 pm FBI: Most Wanted

CC M
Violence,
Mature Themes

ALL NEW EPISODES

Prophet

A cult leader and his most trusted followers go on the run after he orders the murder of his own family. As Jess and the team race to find them, they uncover the self-proclaimed prophet's conman past.

Starring: Julian McMahon, Roxy Sternberg, Kellan Lutz, Keisha Castle-Hughes, Nathaniel Arcand

10:00 pm FBI (Rpt)

CC M
Violence,
Drug Use,
Mature Themes

Family Man

After a senator's daughter is kidnapped and held for ransom, the FBI must find the little girl before their time limit expires. In order to do so, they must dig into the senator's past for clues.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

Guest Starring: Eion Bailey, Ashley Williams



SYDNEY PROGRAM GUIDE

Sunday 24th May 2020

11:00 pm The Sunday Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

12:00 am Home Shopping (Rpt)

Home Shopping

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Monday 25th May 2020

06:00 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC G	Bill's henchman Oliver makes sure the paparazzi keep on Hope's tail when she attempts to attend the fashion week incognito.
06:30 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	Eric and Stephanie convince Thorne to return to Forrester on a part-time basis. Meanwhile, Ridge senses Brooke is up to something when she tells him to start the press conference with her.
07:00 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	The gang at Spectra Fashions prep for their fashion show. Meanwhile, Bill shares with Wyatt the plan he has for the old Spectra building.
07:30 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC G	Forrester Creations much Delayed Spring collection fashion show is now underway.
08:00 am	Studio 10	CC PG	ALL NEW EPISODES Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.
12:00 pm	Dr Phil	CC PG Mature Themes	ALL NEW EPISODES Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.
01:00 pm	MasterChef Australia Encore (Rpt)	CC	SPECIAL ENCORE PRESENTATION Josh Niland of The Fish Butchery breaks down a kingfish for each of the contestants to choose a cut to cook with. The contestant with the least impressive dish will be going home.
02:30 pm	Entertainment Tonight	CC	ALL NEW EPISODES Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



SYDNEY PROGRAM GUIDE

Monday 25th May 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC G

The fashion show is still in progress when Ivy spots Liam and Steffy making eyes at each other. Meanwhile, Aly becomes delusional as she watches the show, seeing things completely out of proportion.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Monday 25th May 2020

07:30 pm MasterChef Australia CC

ALL NEW EPISODES

Each team must cook two dishes - one main and one dessert. Each contestant has 20 minutes to cook and they have just 45 seconds to hand over the dish to the next contestant in the relay.

08:30 pm Have You Been Paying Attention? CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm Kinne Tonight CC

SEASON PREMIERE

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

10:00 pm To Be Advised

10:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

11:30 pm The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Monday 25th May 2020

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Tuesday 26th May 2020

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

08:00 am Studio 10 CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil CC PG
Coarse Language,
Drug References,
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Each team must cook two dishes - one main and one dessert. Each contestant has 20 minutes to cook and they have just 45 seconds to hand over the dish to the next contestant in the relay.

02:00 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Tuesday 26th May 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG

Ridge learns his attempt to sabotage Quinn backfired. Meanwhile, Zende gives Sasha a word of warning to stay away from Nicole for the time being.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Tuesday 26th May 2020

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Queen of chocolate and guest chef, Kirsten Tibballs reveals for today's pressure test, the contestants must create her wow-factor dessert, the meljito.

08:30 pm How To Stay Married

CC M
Coarse Language,
Mature Themes

ALL NEW EPISODES

When Em's pompous father and stepmother come over for a family BBQ, Greg attempts to ask them for money while Em stokes the fires of familial conflict to generate material for her book.

09:00 pm To Be Advised

09:40 pm NCIS (Rpt)

CC M
Violence

Third Wheel

Gibbs' holiday at his remote cabin is interrupted by a surprise visit from friends and a call from NCIS about a robber hiding in the woods nearby.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:40 pm NCIS: Los Angeles

CC M
Violence,
Mature Themes

ALL NEW EPISODES

Watch Over Me

When an FBI agent is killed while trying to track the location of an undercover agent, NCIS must find the missing agent before the criminals find him.

11:40 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:40 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Tuesday 26th May 2020

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Wednesday 27th May 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	To Be Advised	
01:00 pm	MasterChef Australia Encore (Rpt)	CC
02:00 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

SPECIAL ENCORE PRESENTATION

Queen of chocolate and guest chef, Kirsten Tibballs reveals for today's pressure test, the contestants must create her wow-factor dessert, the meljito.

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Wednesday 27th May 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC G

During the flight to Australia Ridge breathes down Rick's neck, trying to lay down the law. At arrival, Brooke lets the kids escape to the hotel while she drags Ridge along sightseeing.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia CC

ALL NEW EPISODES

The contestants lift the lids of their mystery box to find a photo sent by their loved ones. The contestants have 60 minutes to create a dish inspired by the memory in their family photo.



SYDNEY PROGRAM GUIDE

Wednesday 27th May 2020

08:30 pm The Secrets She Keeps

CC M
Violence,
Coarse Language,
Mature Themes

SEASON FINALE

Agatha is on the run with Baby Rory. Will Meghan get her baby boy back?

09:30 pm Bull (Rpt)

CC M
Mature Themes

Absolution

Bull seizes the opportunity to make amends for losing a case that sent an innocent man to prison. Danny is reluctant to work with Cable's replacement.

10:30 pm Elementary

CC M

ALL NEW EPISODES

On The Scent

In the wake of a sculptor's murder in New York, Holmes and Watson must determine whether a long dormant serial killer has resurfaced.

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

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01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

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03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Wednesday 27th May 2020

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Thursday 28th May 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	To Be Advised	
01:00 pm	MasterChef Australia Encore (Rpt)	CC
02:00 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

SPECIAL ENCORE PRESENTATION

The contestants lift the lids of their mystery box to find a photo sent by their loved ones. The contestants have 60 minutes to create a dish inspired by the memory in their family photo.

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Thursday 28th May 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC G

Ridge may enjoy sightseeing in Sydney with Brooke, but he still tries everything to keep Phoebe apart from Rick.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia CC

ALL NEW EPISODES

Contestants must create a dish inspired by one of seven classic fairytales. With an open pantry and garden, the contestant with the best dish and the strongest concept will win immunity.



SYDNEY PROGRAM GUIDE

Thursday 28th May 2020

08:30 pm Law & Order: S.V.U (Rpt)

CC M
Mature Themes

Blackout

When defence attorney Nikki Staines is raped after a police charity event, Benson reluctantly looks to her own for a suspect.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Gallagher

Guest Starring: Callie Thorne, Titus Welliver

09:30 pm Law & Order: S.V.U (Rpt)

CC M
Violence,
Mature Themes

Dearlly Beloved

The SVU investigates a he-said, she-said case when a woman crashes her therapist's wedding to accuse him of sexual assault.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Shiri Appleby

10:30 pm Blue Bloods

CC M
Violence,
Mature Themes

ALL NEW EPISODES

Vested Interest

Jamie is under investigation after his police vest is found on a perp, Frank debates whether to protect an old friend whose home was invaded, and Danny investigates a suspicious death at a hotel

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

Guest Starring: Ed Asner

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Thursday 28th May 2020

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Friday 29th May 2020

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

08:00 am Studio 10 CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil CC PG
Coarse Language,
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

02:00 pm Jamie Oliver: Keep Cooking And Carry On (Rpt) CC G

SPECIAL ENCORE PRESENTATION

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

02:30 pm Jamie Oliver: Keep Cooking And Carry On (Rpt) CC G

SPECIAL ENCORE PRESENTATION

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.



SYDNEY PROGRAM GUIDE

Friday 29th May 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG

Eric and Stefanie have a violent row over how to welcome and forgive her mother. She's furious to be told her anger and looks recall her abusive father. Meanwhile, Ridge and Brooke make up in bed.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Friday 29th May 2020

07:30 pm **Jamie Oliver: Keep Cooking And Carry On** CC G

ALL NEW EPISODES

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

08:00 pm **Jamie Oliver: Keep Cooking And Carry On** CC G

ALL NEW EPISODES

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

08:30 pm **The Graham Norton Show** CC

ALL NEW EPISODES

Join the hilarious and cheeky Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Katy Perry, Steve Carrell, Dakota Johnson & John Legend.

09:10 pm **To Be Advised**

10:10 pm **To Be Advised**

10:40 pm **To Be Advised**

11:10 pm **The Project Encore (Rpt)** CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:10 am **The Late Show With Stephen Colbert** CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Friday 29th May 2020

01:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 30th May 2020

06:00 am I Fish (Rpt) CC G

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

ALL NEW EPISODES

06:30 am Leading The Way With Dr. Michael Youssef CC G

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

SPECIAL ENCORE PRESENTATION

07:00 am Escape Fishing With ET (Rpt) CC G

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

07:30 am What's Up Down Under (Rpt) CC G

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

08:00 am Pat Callinan's 4x4 Adventures (Rpt) CC G

Forster To Coffs (The Back Way)

Australia's foremost 4x4 expert "MR 4X4" Pat Callinan takes you on some of his all-time favourite four-wheel drive adventures.

09:00 am Whichcar (Rpt) CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm Bondi Rescue (Rpt) CC PG
Coarse Language

In the throes of massive swell and unpredictable weather, the Bondi lifeguards push each other to their limits in the annual lifeguard challenge.

12:30 pm Pooches At Play (Rpt) CC G

Brisbane To The Sunshine Coast

Learn what to do with your dog when in Brisbane or travelling to the Sunshine Coast. Meet a Noosa local surfing pup and learn about the Young Diggers Dog Squad helping diggers cope with PTSD.



SYDNEY PROGRAM GUIDE

Saturday 30th May 2020

01:00 pm To Be Advised

02:00 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

02:30 pm Seafood Escape With Andrew Ettingshausen (Rpt) CC G

Andrew ET Ettingshausen teams up with some of Australia's toughest Australian fishing crews and creative chefs to reveal the journey from ocean depths to culinary delights in Seafood Escape.

03:00 pm What's Up Down Under CC

ALL NEW EPISODES

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

03:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:00 pm Three Veg And Meat (Rpt) CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

04:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt) CC PG
Coarse Language,
Mature Themes

A miscommunication during a serious rescue could cost two people their lives. Mouse & Jess must overcome their anxiety & administer adrenaline to a young woman suffering from an allergic reaction.



SYDNEY PROGRAM GUIDE

Saturday 30th May 2020

06:30 pm Bondi Rescue (Rpt)

CC PG
Coarse Language,
Mature Themes

Harrison's life is put on the line when he attempts to save a brother and sister who, in their panic, start to drown the lifeguard that is there to rescue them.

07:00 pm The Dog House

CC PG

ALL NEW EPISODES

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

08:00 pm Ambulance Australia: Ultimate Emergencies (Rpt)

CC M
Coarse Language,
Strong Adult Themes

Behind the lights and sirens of Ambulance Australia the paramedics face their toughest and most touching emergency call outs.

09:30 pm 999: What's Your Emergency

CC M
Coarse Language,
Mature Themes

ALL NEW EPISODES

People Like To Be Liked, Don't They

As they deal with lonely people, Emergency Services help a 71-yr-old who has fallen from her bed and is unable to get up, and another women is arrested for being drunk and disorderly in a public place.

10:30 pm One Born Every Minute Australia (Rpt)

CC M
Mature Themes

Each year Australia sees over 300,000 new bundles of joy enter the world. You're invited to be a part of the experience through cameras rolling around the clock capturing each life changing moment.

11:30 pm Blue Bloods Encore (Rpt)

CC M
Violence,
Mature Themes

SPECIAL ENCORE PRESENTATION

Vested Interest

Jamie is under investigation after his police vest is found on a perp, Frank debates whether to protect an old friend whose home was invaded, and Danny investigates a suspicious death at a hotel

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

Guest Starring: Ed Asner

12:30 am Bull (Rpt)

CC M
Mature Themes

Absolution

Bull seizes the opportunity to make amends for losing a case that sent an innocent man to prison. Danny is reluctant to work with Cable's replacement.



SYDNEY PROGRAM GUIDE

Saturday 30th May 2020

01:30 am Elementary Encore (Rpt) CC M

SPECIAL ENCORE PRESENTATION

On The Scent

In the wake of a sculptor's murder in New York, Holmes and Watson must determine whether a long dormant serial killer has resurfaced.

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am The Aussie Pastor PG

ALL NEW EPISODES

Ap20208 - Trial Bay

Do I have to be chained to my addictions? Is there a way out? Or was I born this way and that is it?

05:00 am Hour Of Power G

ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.