



SYDNEY PROGRAM GUIDE

Sunday 31st May 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious.

07:00 am Joseph Prince CC PG

ALL NEW EPISODES

325 - Win The Battle Over Hopelessness

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

You Have The Cure

Religious.

08:00 am Three Veg And Meat (Rpt) CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

08:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

09:00 am My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

09:30 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!



SYDNEY PROGRAM GUIDE

Sunday 31st May 2020

12:00 pm This Is Mexico (Rpt) CC PG

Take a journey into the heart of the real Mexico. Discover the food, architecture, culture, and of course the people of this amazing land.

12:30 pm Taste Of Australia With Hayden Quinn (Rpt) CC G

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

01:00 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

01:15 pm MasterChef Australia Encore (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Contestants must create a dish inspired by one of seven classic fairytales. With an open pantry and garden, the contestant with the best dish and the strongest concept will win immunity.

02:30 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

03:00 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

03:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:00 pm Whichcar CC PG

ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

04:30 pm RPM CC

ALL NEW EPISODES

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.



SYDNEY PROGRAM GUIDE

Sunday 31st May 2020

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm 10 News First (Rpt)

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

With her current single 'Rain On Me' going gangbusters & her sixth studio album ready for release, Lisa Wilkinson goes Gaga For Gaga, the only Australian TV interview with Lady Gaga! don't miss it!

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Contestants must make a dish that has two different flavoured ice-creams that only work when they are eaten together. In round two, they must make a dish using one of five unusual flavour pairings.

09:00 pm FBI: Most Wanted

CC M
Strong Violence,
Mature Themes

ALL NEW EPISODES

Ghosts

After the disappearance of his daughter is ignored by police, a man takes matters into his own hands. When his search escalates to murder, the team must track him down before he claims any more lives.

Starring: Julian McMahon, Roxy Sternberg, Kellan Lutz, Keisha Castle-Hughes, Nathaniel Arcand

10:00 pm FBI (Rpt)

CC M
Violence

Cop And Robbers

Maggie and OA hunt down a ruthless group of robbers who are posing as NYPD officers to target armored trucks.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel



SYDNEY PROGRAM GUIDE

Sunday 31st May 2020

11:00 pm The Sunday Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

With her current single 'Rain On Me' going gangbusters & her sixth studio album ready for release, Lisa Wilkinson goes Gaga For Gaga, the only Australian TV interview with Lady Gaga! don't miss it!

12:00 am Home Shopping (Rpt)

Home Shopping

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Monday 01st June 2020

06:00 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	Worried about who knows the truth, Ridge begs Brooke to stay away from Bill. Meanwhile, Steffy shines as she models in the Intimates fashion show.
06:30 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	The fashion challenge between Forrester Creations and Jackie M. Designs begins, but neither side knows that Bill Spencer has fixed the contest.
07:00 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	Katie finds out and confronts Bill about fixing the fashion contests between Forrester Creations and Jackie M. Designs.
07:30 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC G	It's the day Forrester Creations presents the new Hope for the Future collection. Meanwhile, Steffy keeps bugging the nervous creator & the rest of the family with her obvious ambition to steal Liam.
08:00 am	Studio 10	CC PG	ALL NEW EPISODES Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.
12:00 pm	Dr Phil	CC PG Mature Themes	ALL NEW EPISODES Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.
01:00 pm	MasterChef Australia Encore (Rpt)	CC	SPECIAL ENCORE PRESENTATION Contestants must make a dish that has two different flavoured ice-creams that only work when they are eaten together. In round two, they must make a dish using one of five unusual flavour pairings.
02:30 pm	Entertainment Tonight	CC	ALL NEW EPISODES Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



SYDNEY PROGRAM GUIDE

Monday 01st June 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG
Violence

At the Sydney Originals store opening, Ridge 'proudly' presents Rick as international division chief and Phoebe as perfume face, then the love-birds sneak off to the bridal suite.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Monday 01st June 2020

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Contestants cook a sweet or savoury style dish championing a citrus fruit of their choice. In round two, they use the same fruit but their dish must be in the opposite style.

08:40 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have Urzila Carlson, Lloyd Langford, Celia Pacquola, Ed Kavalee and Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:40 pm Kinne Tonight

CC M
Coarse Language

ALL NEW EPISODES

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

10:10 pm How To Stay Married Encore (Rpt)

CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

When Em's pompous father and stepmother come over for a family BBQ, Greg attempts to ask them for money while Em stokes the fires of familial conflict to generate material for her book.

10:40 pm The Graham Norton Show Encore (Rpt)

CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Join the hilarious and cheeky Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Katy Perry, Steve Carrell, Dakota Johnson, Alan Carr & John Legend

11:20 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Monday 01st June 2020

12:20 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guest Trevor Noah. Plus, a musical performance by Willie, Lukas and Micah Nelson.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Tuesday 02nd June 2020

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

08:00 am Studio 10 CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil CC PG
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Contestants cook a sweet or savoury style dish championing a citrus fruit of their choice. In round two, they use the same fruit but their dish must be in the opposite style.

02:15 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Tuesday 02nd June 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG
Sexual References

In out-of-control rage, Ridge had knocked down Rick. Ridge declares Phoebe and he are to never to see each-other at all, which only makes them run outside together, still in jacuzzi bathing suites.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Tuesday 02nd June 2020

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Contestants discover they must create a dish inspired by chef Coskun Uysal's chicken rice pudding dessert. With this in mind, they must create their own dessert featuring a meat or protein.

08:45 pm How To Stay Married

CC PG
Sexual References,
Coarse Language

ALL NEW EPISODES

Greg's has to wait at home for the NBN technician but he is tempted away from his post by a once-in-a-lifetime Aldi special buy, and his absence means that all the family's problems fall in Em's lap.

09:15 pm NCIS (Rpt)

CC M
Mature Themes

Fragments

After a 50-year-old tape recording left by a murder victim is found so the team tries to exonerate the Marine serving a life sentence for the crime.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:15 pm NCIS: Los Angeles

CC M
Violence

ALL NEW EPISODES

Missing Time

NCIS investigates the disappearance of an officer who was looking into a UFO sighting, and Anna makes a bold decision about her future.

11:15 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:15 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



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Tuesday 02nd June 2020

01:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>

05:00 am **The Talk**

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Wednesday 03rd June 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Mature Themes
01:00 pm	MasterChef Australia Encore (Rpt)	CC
02:15 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

SPECIAL ENCORE PRESENTATION

Contestants discover they must create a dish inspired by chef Coskun Uysal's chicken rice pudding dessert. With this in mind, they must create their own dessert featuring a meat or protein.

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Wednesday 03rd June 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG

The wait is over! Bold And The Beautiful are in Australia! Steffy and Ivy are the focus of a photo shoot in front of the Sydney Opera House. Meanwhile, Sally is torn between her mission and Thomas.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Wednesday 03rd June 2020

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Today's mystery box ingredients are decided entirely by the luck of the draw, with numbered lottery balls corresponding to 25 ingredients on display.

08:45 pm Tommy

CC M
Mature Themes

SERIES PREMIERE

In Dreams Begin Responsibility

Multiple Emmy Award-winner Edie Falco stars as a former high-ranking NYPD officer who becomes the first female chief of police for Los Angeles, on the series premiere of TOMMY.

09:45 pm Bull (Rpt)

CC M
Mature Themes

Gag Order

Bull agrees to help Chunk's daughter when her journalism professor faces jail time for stealing proprietary information from a dating app developer.

10:45 pm Elementary

CC M

ALL NEW EPISODES

The Latest Model

Holmes and Watson receive a shocking request to collaborate from their foe, Odin Reichenbach, when the tech billionaire asks them to test his new crime prevention system.

11:45 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:45 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Wednesday 03rd June 2020

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Thursday 04th June 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Mature Themes
01:00 pm	MasterChef Australia Encore (Rpt)	CC
02:15 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

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SPECIAL ENCORE PRESENTATION

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ALL NEW EPISODES

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ALL NEW EPISODES



SYDNEY PROGRAM GUIDE

Thursday 04th June 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG

The wait is over! Bold And The Beautiful are in Australia! Steffy and Liam get married in Sydney. Meanwhile, Wyatt sulks over a few drinks knowing that his ex-wife and brother are tying the knot.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

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07:30 pm MasterChef Australia CC

ALL NEW EPISODES

Each round in today's immunity challenge is worth 10 points and the contestant with the highest score at the end of round three will win immunity and be free from elimination on Sunday.



SYDNEY PROGRAM GUIDE

Thursday 04th June 2020

09:00 pm Law & Order: S.V.U (Rpt)

CC M
Violence,
Mature Themes

Dearly Beloved

The SVU investigates a he-said, she-said case when a woman crashes her therapist's wedding to accuse him of sexual assault.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Shiri Appleby

10:00 pm To Be Advised

11:00 pm Blue Bloods

CC M
Mature Themes

ALL NEW EPISODES

The First 100 Days

Frank tries to convince Mayor Chase to work better with others. Danny obsesses over a perp who vandalized several NYPD vehicles with anti-cop graffiti. Eddie and her partner find a crime-solving dog.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Sami Gayle

12:00 am The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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01:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

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02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Thursday 04th June 2020

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Friday 05th June 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Mature Themes
01:00 pm	To Be Advised	
02:00 pm	Jamie: Keep Cooking And Carry On (Rpt)	CC G
02:30 pm	Jamie: Keep Cooking And Carry On (Rpt)	CC G

SPECIAL ENCORE PRESENTATION

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ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

SPECIAL ENCORE PRESENTATION

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

SPECIAL ENCORE PRESENTATION

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.



SYDNEY PROGRAM GUIDE

Friday 05th June 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG

Steffy gives Thomas her brutally honest opinion about him inviting Sally to her wedding. Meanwhile, Brooke and Eric reminisce about their relationship.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Friday 05th June 2020

07:30 pm Jamie: Keep Cooking And Carry On CC G

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

08:00 pm Jamie: Keep Cooking And Carry On CC G

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

08:30 pm The Graham Norton Show CC

ALL NEW EPISODES

Join the hilarious Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Lady Gaga, Chris evens, Michelle Dockery, Josh Gad, Michaela Cole & Niall Horan.

09:10 pm Have You Been Paying Attention? Encore (Rpt) CC M

Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have Urzila Carlson, Lloyd Langford, Celia Pacquola, Ed Kavalee and Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

10:10 pm How To Stay Married Encore (Rpt) CC PG
Sexual References,
Coarse Language

SPECIAL ENCORE PRESENTATION

Greg's has to wait at home for the NBN technician but he is tempted away from his post by a once-in-a-lifetime Aldi special buy, and his absence means that all the family's problems fall in Em's lap.

10:40 pm To Be Advised

11:10 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Friday 05th June 2020

12:10 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 06th June 2020

06:00 am	I Fish (Rpt)	CC PG	Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.
			ALL NEW EPISODES
06:30 am	Leading The Way With Dr. Michael Youssef	CC G	Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.
			SPECIAL ENCORE PRESENTATION
07:00 am	Escape Fishing With ET (Rpt)	CC G	Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.
07:30 am	What's Up Down Under (Rpt)	CC G	Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.
08:00 am	All 4 Adventure (Rpt)	CC PG	All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.
09:00 am	Whichcar (Rpt)	CC PG	Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.
09:30 am	Studio 10 Saturday	CC PG	See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!
12:00 pm	Foodie Adventures With Ash Pollard (Rpt)	CC G	<u>Italy, Venice & San Daniele - Joel Creasey</u> Ash Pollard travels to Italy where she visits Venice & San Daniele, the town world famous for its prosciutto. Ash recreates what she has learnt for Joel Creasey and her friends back in Melbourne.
12:30 pm	Pooches At Play (Rpt)	CC G	<u>Melbourne / Mornington Peninsula</u> The team check out things to see and do with your pooch in Melbourne & Mornington Peninsula. Lara meets the Australian Search and Rescue dog team that are helping Australia's Emergency Services.



SYDNEY PROGRAM GUIDE

Saturday 06th June 2020

01:00 pm To Be Advised

02:00 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

02:30 pm Seafood Escape With Andrew Ettingshausen (Rpt) CC G

Andrew ET Ettingshausen teams up with some of Australia's toughest Australian fishing crews and creative chefs to reveal the journey from ocean depths to culinary delights in Seafood Escape.

03:00 pm What's Up Down Under CC G

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

03:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:00 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt) CC PG
Coarse Language,
Mature Themes

Jessie rescues an American tourist from relatively calm waters, which results in a CPR effort from not just the Lifeguards but also paramedics and the Jewish Medical Response team.



SYDNEY PROGRAM GUIDE

Saturday 06th June 2020

06:30 pm Bondi Rescue (Rpt)

CC PG
Violence,
Coarse Language,
Mature Themes

The lifeguards take the beach buggy into the streets as they chase down an aggressive beachgoer wielding a knife.

07:00 pm The Dog House

CC PG

ALL NEW EPISODES

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

08:00 pm Ambulance Australia: Ultimate Emergencies (Rpt)

CC M
Coarse Language,
Medical Procedures

Behind the lights and sirens of Ambulance Australia the paramedics face their toughest and most touching emergency call outs.

09:30 pm 999: What's Your Emergency

CC M
Coarse Language,
Drug Use

ALL NEW EPISODES

Cannabitch

With the increasing use of cannabis affecting society, a young man's sloppy marijuana fuelled driving attracts the police's attention, while cases of dealing and threatening behaviour are investigated.

10:30 pm One Born Every Minute Australia (Rpt)

CC M
Mature Themes

Each year Australia sees over 300,000 new bundles of joy enter the world. You're invited to be a part of the experience through cameras rolling around the clock capturing each life changing moment.

11:30 pm Blue Bloods Encore (Rpt)

CC M
Mature Themes

SPECIAL ENCORE PRESENTATION

The First 100 Days

Frank tries to convince Mayor Chase to work better with others. Danny obsesses over a perp who vandalized several NYPD vehicles with anti-cop graffiti. Eddie and her partner find a crime-solving dog.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Sami Gayle

12:30 am Bull (Rpt)

CC M
Mature Themes

Gag Order

Bull agrees to help Chunk's daughter when her journalism professor faces jail time for stealing proprietary information from a dating app developer.

01:30 am Elementary Encore (Rpt)

CC M

SPECIAL ENCORE PRESENTATION

The Latest Model

Holmes and Watson receive a shocking request to collaborate from their foe, Odin Reichenbach, when the tech billionaire asks them to test his new crime prevention system.



SYDNEY PROGRAM GUIDE

Saturday 06th June 2020

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Truth Link

G

ALL NEW EPISODES

Catching Hope When Facing Fear

For hope and courage in a time of unrest and uncertainty, William Ilerua explores the challenges and fears that come with change.

05:00 am Hour Of Power

G

ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.



SYDNEY PROGRAM GUIDE

Sunday 07th June 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious.

07:00 am Joseph Prince CC PG

ALL NEW EPISODES

326 - Make Grace Your Way Of Life

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

The Jo840 - Shaking Is For Shifting

Religious.

08:00 am Three Veg And Meat (Rpt) CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

08:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

09:00 am My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

09:30 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!



SYDNEY PROGRAM GUIDE

Sunday 07th June 2020

12:00 pm Jamie's 15 Minute Meals (Rpt) CC G

Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food.

Starring: Jamie Oliver

SPECIAL ENCORE PRESENTATION

12:30 pm MasterChef Australia Encore (Rpt) CC

Each round in today's immunity challenge is worth 10 points and the contestant with the highest score at the end of round three will win immunity and be free from elimination on Sunday.

02:00 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

02:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

03:00 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

03:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

04:00 pm Whichcar CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

ALL NEW EPISODES

04:30 pm RPM CC

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.



SYDNEY PROGRAM GUIDE

Sunday 07th June 2020

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm 10 News First (Rpt)

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

It's an Australia-themed pressure test. First up contestants must cook a delicious savoury pie and sauce. The bottom four must then create a dish celebrating what Australia means to them.

09:00 pm FBI: Most Wanted

CC MA15+
Strong Violence

ALL NEW EPISODES

Predators

When a domineering man and his girlfriend embark on a terrifying multi-state killing spree, the team races to find a pattern behind the deranged couple's seemingly random acts of extreme violence.

Starring: Julian McMahon, Roxy Sternberg, Kellan Lutz, Keisha Castle-Hughes, Nathaniel Arcand

10:00 pm To Be Advised

11:00 pm The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Sunday 07th June 2020

12:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
12:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
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04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>

05:00 am **The Talk**

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Monday 08th June 2020

06:00 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC G	The fashion show is still in progress when Ivy spots Liam and Steffy making eyes at each other. Meanwhile, Aly becomes delusional as she watches the show, seeing things completely out of proportion.
06:30 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	Ridge learns his attempt to sabotage Quinn backfired. Meanwhile, Zende gives Sasha a word of warning to stay away from Nicole for the time being.
07:00 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC G	During the flight to Australia Ridge breathes down Rick's neck, trying to lay down the law. At arrival, Brooke lets the kids escape to the hotel while she drags Ridge along sightseeing.
07:30 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC G	Ridge may enjoy sightseeing in Sydney with Brooke, but he still tries everything to keep Phoebe apart from Rick.
08:00 am	Studio 10	CC PG	<p>ALL NEW EPISODES</p> <p>Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.</p>
12:00 pm	Dr Phil	CC PG Mature Themes	<p>ALL NEW EPISODES</p> <p>Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.</p>
01:00 pm	MasterChef Australia Encore (Rpt)	CC	<p>SPECIAL ENCORE PRESENTATION</p> <p>It's an Australia-themed pressure test. First up contestants must cook a delicious savoury pie and sauce. The bottom four must then create a dish celebrating what Australia means to them.</p>



SYDNEY PROGRAM GUIDE

Monday 08th June 2020

02:30 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Good Chef Bad Chef	CC G
04:30 pm	Best Of The Bold & The Beautiful (Rpt)	CC PG
05:00 pm	10 News First	CC
06:00 pm	10 News First (Rpt)	CC
06:30 pm	The Project	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

Ridge and Quinn agree to put an end to their encounters. Meanwhile, Sally suffers the consequences of attending an event she was not invited to.

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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SYDNEY PROGRAM GUIDE

Monday 08th June 2020

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Teams of two must create two dishes using a chosen ingredient. Dishes must be identical in taste and appearance but they will not be able to see each other while they cook, so communication is key.

08:40 pm Have You Been Paying Attention?

CC M

Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:40 pm Kinne Tonight

CC

ALL NEW EPISODES

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

10:10 pm How To Stay Married Encore (Rpt)

CC PG

Sexual References,
Coarse Language

SPECIAL ENCORE PRESENTATION

Greg's has to wait at home for the NBN technician but he is tempted away from his post by a once-in-a-lifetime Aldi special buy, and his absence means that all the family's problems fall in Em's lap.

10:40 pm The Graham Norton Show Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the hilarious Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Lady Gaga, Chris evens, Michelle Dockery, Josh Gad, Michaela Cole & Niall Horan.

11:20 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:20 am The Late Show With Stephen Colbert

CC PG

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Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Monday 08th June 2020

01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
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04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>

05:00 am **The Talk**

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Tuesday 09th June 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Mature Themes
01:00 pm	MasterChef Australia Encore (Rpt)	CC
02:10 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

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Teams of two must create two dishes using a chosen ingredient. Dishes must be identical in taste and appearance but they will not be able to see each other while they cook, so communication is key.

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ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Tuesday 09th June 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG

Katie confronts Ridge about the current state of his and Brooke's relationship. Meanwhile, Coco and RJ get to know each other better.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

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06:30 pm The Project CC

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SYDNEY PROGRAM GUIDE

Tuesday 09th June 2020

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Benjamin Cooper, Executive Chef of Chin Chin Melbourne sets tonight's pressure test where contestants must recreate his jungle curry with rice and roti... without a recipe.

08:40 pm How To Stay Married

CC M
Sexual References

ALL NEW EPISODES

After a sobering cyber-safety information night, Greg and Em decide to install a secret surveillance app on Sophie's phone and are shocked to discover her sexting with a boy from school.

09:10 pm NCIS (Rpt)

CC M
Violence

Beneath The Surface

At a Halloween crime scene, Torres recognizes the NCIS victim as a former friend from federal law enforcement training, and Jimmy thinks his lab may be haunted!

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:10 pm NCIS: Los Angeles

CC M
Frequent Violence

ALL NEW EPISODES

Fortune Favors The Brave

11:10 pm The Project Encore (Rpt)

CC

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05:00 am **The Talk**

CC PG
Mature Themes

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Wednesday 10th June 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	To Be Advised	
01:00 pm	MasterChef Australia Encore (Rpt)	CC
02:10 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG

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ALL NEW EPISODES



SYDNEY PROGRAM GUIDE

Wednesday 10th June 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC G

Bill admits to having a fling with Quinn before he and Brooke were back together. Meanwhile, Wyatt and Hope decide not to let family drama interfere with their relationship.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

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07:30 pm MasterChef Australia CC

ALL NEW EPISODES

Today's mystery box is all about smoke. Contestants can use any method of smoking as long as one element has been smoked with a smoking gun. The top four will cook in tomorrow's immunity challenge.



SYDNEY PROGRAM GUIDE

Wednesday 10th June 2020

08:40 pm Tommy

CC M
Violence

ALL NEW EPISODES

There Are No Strangers Here

Tommy works to keep her officers in line when one of their own turns up dead, and some want to take extreme measures to find the perpetrator.

09:40 pm Bull (Rpt)

CC PG
Mild Coarse
Language,
Drug References,
Mature Themes

Bad Medicine

Bull helps a doctor who illegally purchased a marijuana-derived oil to treat her patients; the case gets complicated when she is arrested for having intent to distribute.

10:40 pm Elementary

CC M

ALL NEW EPISODES

Unfriended

Holmes and Watson reluctantly enlist the help of Holmes's father to publicise the crime prevention system of Odin Reichenbach.

11:40 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:40 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Wednesday 10th June 2020

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Thursday 11th June 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Drug References, Mature Themes
01:00 pm	MasterChef Australia Encore (Rpt)	CC
02:10 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

SPECIAL ENCORE PRESENTATION

Today's mystery box is all about smoke. Contestants can use any method of smoking as long as one element has been smoked with a smoking gun. The top four will cook in tomorrow's immunity challenge.

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Thursday 11th June 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful CC PG

Ridge grows increasingly worried about Brooke's safety and welfare as he continues he's search for her in Barbados.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Thursday 11th June 2020

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Today's immunity challenge is all about resourcefulness. The contestants are each presented with a pumpkin and have 90 minutes to cook three dishes that feature the pumpkin in some way.

08:40 pm Celebrity Gogglebox USA

CC M
Coarse Language

SERIES PREMIERE

Celebrities watch all the same TV shows as us, so let's join them on the couch and hear what they have to say about them. Join Rob Lowe, Meghan Trainor, The Osbournes, JoJo Siwa and many more!

09:40 pm Law & Order: S.V.U (Rpt)

CC M
Violence,
Mature Themes

The Good Girl

Benson and the team work to uncover a pregnant teenager's secret when she refuses to name the baby's father.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Stephen Tobolowsky

10:40 pm Blue Bloods

CC M
Violence

Puzzle Palace

Erin must trust a sociopath who claims he has evidence to convict a murderer; Danny tries to arrest a notorious gangster, and Frank faces backlash when he suspends an officer for violent behavior,

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

11:40 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:40 am The Late Show With Stephen Colbert

CC PG

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SYDNEY PROGRAM GUIDE

Thursday 11th June 2020

01:30 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Friday 12th June 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Coarse Language, Drug References
01:00 pm	To Be Advised	
02:00 pm	Jamie: Keep Cooking And Carry On (Rpt)	CC G
02:30 pm	Jamie: Keep Cooking And Carry On (Rpt)	CC G
03:00 pm	Judge Judy	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

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ALL NEW EPISODES



SYDNEY PROGRAM GUIDE

Friday 12th June 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC G

It's a race against time, as Brooke mounts her horse and gallops to the beach house to stop the wedding between Ridge and Taylor.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Jamie: Keep Cooking And Carry On CC G

ALL NEW EPISODES

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.



SYDNEY PROGRAM GUIDE

Friday 12th June 2020

08:00 pm Jamie: Keep Cooking And Carry On CC G

ALL NEW EPISODES

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

08:30 pm The Graham Norton Show CC

SEASON FINALE

Join Graham Norton as he interviews Daniel Radcliffe, Jamie Foxx, Michael B. Jordan, Robert Downey Jr, Justin Timberlake, Jim Carrey, Margot Robbie & More! The Highlights from the pre-lockdown shows!

09:10 pm Have You Been Paying Attention? Encore (Rpt) CC M

Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

10:10 pm How To Stay Married Encore (Rpt) CC M

Sexual References

SPECIAL ENCORE PRESENTATION

After a sobering cyber-safety information night, Greg and Em decide to install a secret surveillance app on Sophie's phone and are shocked to discover her sexting with a boy from school.

10:40 pm To Be Advised

11:10 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:10 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Friday 12th June 2020

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05:30 am Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 13th June 2020

06:00 am I Fish (Rpt) CC G

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

ALL NEW EPISODES

06:30 am Leading The Way With Dr. Michael Youssef CC G

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

SPECIAL ENCORE PRESENTATION

07:00 am Escape Fishing With ET (Rpt) CC G

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

07:30 am What's Up Down Under (Rpt) CC G

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

08:00 am All 4 Adventure (Rpt) CC PG
Coarse Language

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

09:00 am Whichcar (Rpt) CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm Foodie Adventures With Ash Pollard (Rpt) CC G

Thailand, Bangkok - Casey Donovan

Ash explores the Bangkok cuisine, learning from Michelin starred and roadside chefs alike. She recreates the dishes back in her Melbourne kitchen for Casey Donovan and her pals.

12:30 pm Pooches At Play (Rpt) CC G

Melbourne To Geelong

The Pooches At Play team begin their caravanning adventure, providing plenty of tips for a road trip with your pet, including packing, car travel safety, food and anxiety tips and much more!



SYDNEY PROGRAM GUIDE

Saturday 13th June 2020

01:00 pm To Be Advised

02:00 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

02:30 pm Jamie's 15 Minute Meals (Rpt) CC G

Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food.

Starring: Jamie Oliver

03:00 pm What's Up Down Under CC

ALL NEW EPISODES

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

03:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:00 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt) CC PG
Coarse Language,
Mature Themes

When monster waves lash Bondi, new team members Boo and trainee Lachie must tackle the dangerous conditions to complete a mass rescue.

06:30 pm Bondi Rescue (Rpt) CC PG
Coarse Language

With a record 234 rescues performed in Bondi on one day, Australia's prettiest playground can quickly become a nightmare for tourists not used to the precarious surf conditions.



SYDNEY PROGRAM GUIDE

Saturday 13th June 2020

07:00 pm The Dog House

CC PG

ALL NEW EPISODES

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

08:00 pm Ambulance Australia: Ultimate Emergencies (Rpt)

CC M
Coarse Language,
Mature Themes

Behind the lights and sirens of Ambulance Australia the paramedics face their toughest and most touching emergency call outs.

09:30 pm 999: What's Your Emergency

CC M
Coarse Language,
Drug Use,
Mature Themes

ALL NEW EPISODES

I've Had A Lady's Foot Come Off

A man has chopped into his foot with an axe while cutting firewood. A two-vehicle collision has split one of the cars in half, and emergency personnel deal with a fatal street-sweeper accident.

10:30 pm One Born Every Minute Australia (Rpt)

CC M
Mature Themes

Each year Australia sees over 300,000 new bundles of joy enter the world. You're invited to be a part of the experience through cameras rolling around the clock capturing each life changing moment.

11:30 pm Blue Bloods Encore (Rpt)

CC M
Violence

SPECIAL ENCORE PRESENTATION

Puzzle Palace

Erin must trust a sociopath who claims he has evidence to convict a murderer; Danny tries to arrest a notorious gangster, and Frank faces backlash when he suspends an officer for violent behavior,

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

12:30 am Bull (Rpt)

CC PG
Mild Coarse
Language,
Drug References,
Mature Themes

Bad Medicine

Bull helps a doctor who illegally purchased a marijuana-derived oil to treat her patients; the case gets complicated when she is arrested for having intent to distribute.

01:30 am Elementary Encore (Rpt)

CC M

SPECIAL ENCORE PRESENTATION

Unfriended

Holmes and Watson reluctantly enlist the help of Holmes's father to publicise the crime prevention system of Odin Reichenbach.



SYDNEY PROGRAM GUIDE

Saturday 13th June 2020

02:30 am Home Shopping (Rpt)

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Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Truth Link

G

ALL NEW EPISODES

Catching Hope When Facing Sickness

For hope and courage in a time of unrest and uncertainty, William Ilerua explores what hope looks like for those facing sickness and ill-health.

05:00 am Hour Of Power

G

ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.