



# SYDNEY PROGRAM GUIDE

Sunday 07th June 2020

**06:00 am Mass For You At Home** CC G

**ALL NEW EPISODES**

Religious.

**06:30 am Hillsong** CC G

**ALL NEW EPISODES**

Religious.

**07:00 am Joseph Prince** CC PG

**ALL NEW EPISODES**

**326 - Make Grace Your Way Of Life**

Religious

**07:30 am Joel Osteen** CC G

**ALL NEW EPISODES**

**The Jo840 - Shaking Is For Shifting**

Religious.

**08:00 am Three Veg And Meat (Rpt)** CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

**08:30 am Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**09:00 am My Market Kitchen (Rpt)** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**09:30 am Studio 10 Sunday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!



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**12:00 pm Jamie's 15 Minute Meals (Rpt)** CC G

Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food.

Starring: Jamie Oliver

## SPECIAL ENCORE PRESENTATION

**12:30 pm MasterChef Australia Encore (Rpt)** CC G

Each round in today's immunity challenge is worth 10 points and the contestant with the highest score at the end of round three will win immunity and be free from elimination on Sunday.

**02:00 pm Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**02:30 pm Everyday Gourmet With Justine Schofield (Rpt)** CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**03:00 pm My Market Kitchen (Rpt)** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**03:30 pm Farm To Fork (Rpt)** CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

## ALL NEW EPISODES

**04:00 pm Whichcar** CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

## ALL NEW EPISODES

**04:30 pm RPM** CC

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.



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<b>05:00 pm 10 News First</b>	CC	<p><b>LIVE</b></p> <p>Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>
<b>06:00 pm 10 News First (Rpt)</b>	CC	<p><b>LIVE</b></p> <p>Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>
<b>06:30 pm The Sunday Project</b>	CC	<p><b>ALL NEW EPISODES</b></p> <p>Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.</p>
<b>07:30 pm MasterChef Australia</b>	CC G	<p><b>ALL NEW EPISODES</b></p> <p>Who will make top 10 in this Australia-themed pressure test.</p>
<b>09:00 pm FBI: Most Wanted</b>	CC MA15+ Strong Violence	<p><b>ALL NEW EPISODES</b></p> <p><b><u>Predators</u></b></p> <p>When a domineering man and his girlfriend embark on a terrifying multi-state killing spree, the team races to find a pattern behind the deranged couple's seemingly random acts of extreme violence.</p> <p>Starring: Julian McMahon, Roxy Sternberg, Kellan Lutz, Keisha Castle-Hughes, Nathaniel Arcand</p>
<b>10:00 pm FBI (Rpt)</b>	CC M Violence	<p><b><u>This Land Is Your Land</u></b></p> <p>Agent Bell and Zidan's search for an abducted former chemist who assisted Syrian President al-Assad develop biological weapons, leads them to an extremist family with a deadly plan.</p> <p>Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel</p>
<b>11:00 pm The Sunday Project Encore (Rpt)</b>	CC	<p><b>SPECIAL ENCORE PRESENTATION</b></p> <p>Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.</p>



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## Sunday 07th June 2020

<b>12:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
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<b>04:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>

**05:00 am** **The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

## Monday 08th June 2020

<b>06:00 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC G	The fashion show is still in progress when Ivy spots Liam and Steffy making eyes at each other. Meanwhile, Aly becomes delusional as she watches the show, seeing things completely out of proportion.
<b>06:30 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC PG	Ridge learns his attempt to sabotage Quinn backfired. Meanwhile, Zende gives Sasha a word of warning to stay away from Nicole for the time being.
<b>07:00 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC G	During the flight to Australia Ridge breathes down Rick's neck, trying to lay down the law. At arrival, Brooke lets the kids escape to the hotel while she drags Ridge along sightseeing.
<b>07:30 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC G	Ridge may enjoy sightseeing in Sydney with Brooke, but he still tries everything to keep Phoebe apart from Rick.
<b>08:00 am</b>	<b>Studio 10</b>	CC PG	<b>ALL NEW EPISODES</b> Maggie Beer, Bryce Dallas-Howard, Deborra Lee Furness and the fit granny wowing the world. Plus, the latest Masterchefs to hand over their aprons join us live as the competition really gets sizzling!
<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Coarse Language, Mature Themes	<b>ALL NEW EPISODES</b> Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.
<b>01:00 pm</b>	<b>MasterChef Australia Encore</b> (Rpt)	CC G	<b>SPECIAL ENCORE PRESENTATION</b> Who will make top 10 in this Australia-themed pressure test.
<b>02:30 pm</b>	<b>Entertainment Tonight</b>	CC	<b>ALL NEW EPISODES</b> Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



# SYDNEY PROGRAM GUIDE

Monday 08th June 2020

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Good Chef Bad Chef** CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm Best Of The Bold & The Beautiful (Rpt)** CC PG

Ridge and Quinn agree to put an end to their encounters. Meanwhile, Sally suffers the consequences of attending an event she was not invited to.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Monday 08th June 2020

**07:30 pm MasterChef Australia** CC

## ALL NEW EPISODES

What's behind the wall?

**08:40 pm Have You Been Paying Attention?** CC M  
Sexual References, Coarse Language, Mature Themes, Nudity, May Contain:

## ALL NEW EPISODES

Have our contestants Denise Scott, Marty Sheargold, Melanie Bracewell, Ed Kavalee and Sam Pang been paying attention? Our quizmaster & host Tom Gleisner are about to find out!

**09:40 pm Kinne Tonight** CC M  
Sexual References, Coarse Language

## ALL NEW EPISODES

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

**10:10 pm How To Stay Married Encore (Rpt)** CC PG  
Sexual References, Coarse Language

## SPECIAL ENCORE PRESENTATION

Greg's has to wait at home for the NBN technician but he is tempted away from his post by a once-in-a-lifetime Aldi special buy, and his absence means that all the family's problems fall in Em's lap.

**10:40 pm The Graham Norton Show Encore (Rpt)** CC PG  
Mature Themes

## SPECIAL ENCORE PRESENTATION

Join the hilarious Graham Norton as interviews some of the most well-known faces in the world. Tonight's guests: Lady Gaga, Chris evens, Michelle Dockery, Josh Gad, Michaela Cole & Niall Horan.

**11:20 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:20 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Stephen Colbert welcomes guests Chair of the Congressional Black Caucus, Karen Bass & Judd Apatow.



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**05:00 am** **The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.





# SYDNEY PROGRAM GUIDE

Tuesday 09th June 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>CBS This Morning</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Mature Themes
<b>01:00 pm</b>	<b>MasterChef Australia Encore</b> (Rpt)	CC
<b>02:10 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

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**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

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**04:00 pm Good Chef Bad Chef** CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm Best Of The Bold & The Beautiful (Rpt)** CC PG

Katie confronts Ridge about the current state of his and Brooke's relationship. Meanwhile, Coco and RJ get to know each other better.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

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**06:30 pm The Project** CC

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**07:30 pm MasterChef Australia** CC

## ALL NEW EPISODES

Benjamin Cooper, Executive Chef of Chin Chin Melbourne sets tonight's pressure test where contestants must recreate his jungle curry with rice and roti... without a recipe.



# SYDNEY PROGRAM GUIDE

Tuesday 09th June 2020

**08:40 pm How To Stay Married**

CC M  
Sexual References

## ALL NEW EPISODES

After a sobering cyber-safety information night, Greg and Em decide to install a secret surveillance app on Sophie's phone and are shocked to discover her sexting with a boy from school.

**09:10 pm NCIS (Rpt)**

CC M  
Violence

## Beneath The Surface

At a Halloween crime scene, Torres recognizes the NCIS victim as a former friend from federal law enforcement training, and Jimmy thinks his lab may be haunted!

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

**10:10 pm NCIS: Los Angeles**

CC M  
Frequent Violence

## ALL NEW EPISODES

### Fortune Favors The Brave

**11:10 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

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**12:10 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Stephen Colbert welcomes guest Vice President Joe Biden.

**01:00 am Home Shopping (Rpt)**

### Home Shopping

**01:30 am Home Shopping (Rpt)**

### Home Shopping

**02:00 am Home Shopping (Rpt)**

### Home Shopping

**02:30 am Home Shopping (Rpt)**

### Home Shopping



# SYDNEY PROGRAM GUIDE

## Tuesday 09th June 2020

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

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Wednesday 10th June 2020

<b>06:00 am</b>	<b>Entertainment Tonight (Rpt)</b>	CC
<b>06:30 am</b>	<b>CBS This Morning</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b>	CC M Violence, Coarse Language, Drug Use
<b>01:00 pm</b>	<b>MasterChef Australia Encore (Rpt)</b>	CC
<b>02:10 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Judge Judy (Rpt)</b>	CC PG

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

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Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

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**03:00 pm Judge Judy** CC PG

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**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Good Chef Bad Chef** CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm Best Of The Bold & The Beautiful (Rpt)** CC G

Bill admits to having a fling with Quinn before he and Brooke were back together. Meanwhile, Wyatt and Hope decide not to let family drama interfere with their relationship.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

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**06:30 pm The Project** CC

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# SYDNEY PROGRAM GUIDE

Wednesday 10th June 2020

**07:30 pm MasterChef Australia**

CC

## ALL NEW EPISODES

Today's mystery box is all about smoke. Contestants can use any method of smoking as long as one element has been smoked with a smoking gun.

**08:40 pm Tommy**

CC M  
Mature Themes

## SERIES PREMIERE

### In Dreams Begin Responsibility

Multiple Emmy Award-winner Edie Falco stars as a former high-ranking NYPD officer who becomes the first female chief of police for Los Angeles, on the series premiere of TOMMY.

**09:40 pm Bull (Rpt)**

CC M  
Mature Themes

### Redemption, A

Bull helps a man who changed his identity after unwittingly assisting in a robbery; Bull must convince the jury that the man has redeemed himself by living an upstanding life for years.

**10:40 pm Elementary**

CC M

## ALL NEW EPISODES

### Unfriended

Holmes and Watson reluctantly enlist the help of Holmes's father to publicise the crime prevention system of Odin Reichenbach.

**11:40 pm The Project Encore (Rpt)**

CC

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**12:40 am The Late Show With Stephen Colbert**

CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:30 am Home Shopping (Rpt)**

### Home Shopping



# SYDNEY PROGRAM GUIDE

## Wednesday 10th June 2020

**02:00 am Home Shopping** (Rpt)

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**04:00 am Home Shopping** (Rpt)

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**05:00 am The Talk**

CC PG  
Mature Themes

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<b>06:30 am</b>	<b>CBS This Morning</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Drug References, Mature Themes
<b>01:00 pm</b>	<b>MasterChef Australia Encore</b> (Rpt)	CC
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<b>02:30 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG
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## ALL NEW EPISODES

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**04:00 pm Good Chef Bad Chef** CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm Best Of The Bold & The Beautiful** CC PG

Ridge grows increasingly worried about Brooke's safety and welfare as he continues he's search for her in Barbados.

**05:00 pm 10 News First** CC

## LIVE

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**07:30 pm MasterChef Australia** CC

## ALL NEW EPISODES

Today's immunity challenge is all about resourcefulness. The contestants are each presented with a pumpkin and have 90 minutes to cook three dishes that feature the pumpkin in some way.



# SYDNEY PROGRAM GUIDE

Thursday 11th June 2020

**08:40 pm Celebrity Gogglebox USA**

CC M  
Coarse Language,  
Mature Themes

## SERIES PREMIERE

Celebrities watch all the same TV shows as us, so let's join them on the couch and hear what they have to say about them. Join Rob Lowe, Meghan Trainor, The Osbournes, JoJo Siwa and many more!

**09:40 pm Law & Order: S.V.U (Rpt)**

CC M  
Strong Adult Themes

## Exchange

Benson helps a teenaged exchange student after she's assaulted by a cab driver.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

**10:40 pm To Be Advised**

**11:40 pm Blue Bloods**

CC M  
Violence

## Puzzle Palace

Erin must trust a sociopath who claims he has evidence to convict a murderer; Danny tries to arrest a notorious gangster, and Frank faces backlash when he suspends an officer for violent behavior,

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

**12:40 am The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**01:40 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**02:30 am Home Shopping (Rpt)**

## Home Shopping



# SYDNEY PROGRAM GUIDE

## Thursday 11th June 2020

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Friday 12th June 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>CBS This Morning</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Coarse Language, Drug References
<b>01:00 pm</b>	<b>The Dog House Encore</b> (Rpt)	CC PG
<b>02:00 pm</b>	<b>Jamie: Keep Cooking And Carry On</b> (Rpt)	CC G
<b>02:30 pm</b>	<b>Jamie: Keep Cooking And Carry On</b> (Rpt)	CC G

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

## SPECIAL ENCORE PRESENTATION

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.



# SYDNEY PROGRAM GUIDE

Friday 12th June 2020

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Good Chef Bad Chef** CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm Best Of The Bold & The Beautiful (Rpt)** CC G

It's a race against time, as Brooke mounts her horse and gallops to the beach house to stop the wedding between Ridge and Taylor.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Friday 12th June 2020

**07:30 pm Jamie: Keep Cooking And Carry On** CC G

## ALL NEW EPISODES

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

**08:00 pm Jamie: Keep Cooking And Carry On** CC G

## ALL NEW EPISODES

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

**08:30 pm The Graham Norton Show** CC

## SEASON FINALE

Join Graham Norton as he interviews Daniel Radcliffe, Jamie Foxx, Michael B. Jordan, Robert Downey Jr, Justin Timberlake, Jim Carrey, Margot Robbie & More! The Highlights from the pre-lockdown shows!

**09:10 pm Have You Been Paying Attention? Encore (Rpt)** CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## SPECIAL ENCORE PRESENTATION

Have our contestants Denise Scott, Marty Sheargold, Melanie Bracewell, Ed Kavalee and Sam Pang been paying attention? Our quizmaster & host Tom Gleisner are about to find out!

**10:10 pm How To Stay Married Encore (Rpt)** CC M  
Sexual References

## SPECIAL ENCORE PRESENTATION

After a sobering cyber-safety information night, Greg and Em decide to install a secret surveillance app on Sophie's phone and are shocked to discover her sexting with a boy from school.

**10:40 pm To Be Advised**

**11:10 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Friday 12th June 2020

**12:10 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:00 am Home Shopping** (Rpt)

**Home Shopping**

**01:30 am Home Shopping** (Rpt)

**Home Shopping**

**02:00 am Home Shopping** (Rpt)

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**04:00 am Home Shopping** (Rpt)

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**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am Home Shopping** (Rpt)

**Home Shopping**

**05:30 am Home Shopping** (Rpt)

**Home Shopping**





# SYDNEY PROGRAM GUIDE

Saturday 13th June 2020

<b>06:00 am</b>	<b>I Fish</b> (Rpt)	CC G	Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.
			<b>ALL NEW EPISODES</b>
<b>06:30 am</b>	<b>Leading The Way With Dr. Michael Youssef</b>	CC G	Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.
			<b>SPECIAL ENCORE PRESENTATION</b>
<b>07:00 am</b>	<b>Escape Fishing With ET</b> (Rpt)	CC G	Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.
<b>07:30 am</b>	<b>What's Up Down Under</b> (Rpt)	CC G	Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.
<b>08:00 am</b>	<b>All 4 Adventure</b> (Rpt)	CC PG Coarse Language	All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.
<b>09:00 am</b>	<b>Whichcar</b> (Rpt)	CC PG	Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.
<b>09:30 am</b>	<b>Studio 10 Saturday</b>	CC PG	See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!
<b>12:00 pm</b>	<b>Foodie Adventures With Ash Pollard</b> (Rpt)	CC G	<b><u>Thailand, Bangkok - Casey Donovan</u></b> Ash explores the Bangkok cuisine, learning from Michelin starred and roadside chefs alike. She recreates the dishes back in her Melbourne kitchen for Casey Donovan and her pals.
<b>12:30 pm</b>	<b>Pooches At Play</b> (Rpt)	CC G	<b><u>Melbourne To Geelong</u></b> The Pooches At Play team begin their caravanning adventure, providing plenty of tips for a road trip with your pet, including packing, car travel safety, food and anxiety tips and much more!



# SYDNEY PROGRAM GUIDE

Saturday 13th June 2020

**01:00 pm The Dog House Encore** (Rpt) CC PG

## SPECIAL ENCORE PRESENTATION

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

**02:00 pm Everyday Gourmet With Justine Schofield** (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**02:30 pm Jamie's 15 Minute Meals** (Rpt) CC G

Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food.

Starring: Jamie Oliver

**03:00 pm What's Up Down Under** CC G

## ALL NEW EPISODES

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

**03:30 pm Farm To Fork** (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**04:00 pm Good Chef Bad Chef** (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm My Market Kitchen** (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



# SYDNEY PROGRAM GUIDE

Saturday 13th June 2020

**06:00 pm Bondi Rescue (Rpt)** CC PG  
Coarse Language, Mature Themes  
When monster waves lash Bondi, new team members Boo and trainee Lachie must tackle the dangerous conditions to complete a mass rescue.

**06:30 pm Bondi Rescue (Rpt)** CC PG  
Coarse Language  
With a record 234 rescues performed in Bondi on one day, Australia's prettiest playground can quickly become a nightmare for tourists not used to the precarious surf conditions.

**07:00 pm The Dog House** CC PG  
**ALL NEW EPISODES**  
Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

**08:00 pm Ambulance Australia: Ultimate Emergencies (Rpt)** CC M  
Coarse Language, Mature Themes  
Behind the lights and sirens of Ambulance Australia the paramedics face their toughest and most touching emergency call outs.

**09:30 pm 999: What's Your Emergency** CC M  
Coarse Language, Drug Use, Mature Themes  
**ALL NEW EPISODES**  
**I've Had A Lady's Foot Come Off**  
A man has chopped into his foot with an axe while cutting firewood. A two-vehicle collision has split one of the cars in half, and emergency personnel deal with a fatal street-sweeper accident.

**10:30 pm One Born Every Minute Australia (Rpt)** CC M  
Mature Themes  
Each year Australia sees over 300,000 new bundles of joy enter the world. You're invited to be a part of the experience through cameras rolling around the clock capturing each life changing moment.

**11:30 pm Blue Bloods Encore (Rpt)** CC M  
Violence  
**SPECIAL ENCORE PRESENTATION**  
**Puzzle Palace**  
Erin must trust a sociopath who claims he has evidence to convict a murderer; Danny tries to arrest a notorious gangster, and Frank faces backlash when he suspends an officer for violent behavior,  
  
Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray



# SYDNEY PROGRAM GUIDE

Saturday 13th June 2020

<b>12:30 am</b>	<b>Bull</b> (Rpt)	CC M Mature Themes	<p><b><u>Redemption, A</u></b></p> <p>Bull helps a man who changed his identity after unwittingly assisting in a robbery; Bull must convince the jury that the man has redeemed himself by living an upstanding life for years.</p>
<b>01:30 am</b>	<b>Elementary Encore</b> (Rpt)	CC M	<p><b>SPECIAL ENCORE PRESENTATION</b></p> <p><b><u>Unfriended</u></b></p> <p>Holmes and Watson reluctantly enlist the help of Holmes's father to publicise the crime prevention system of Odin Reichenbach.</p>
<b>02:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>03:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>03:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>04:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>Truth Link</b>	G	<p><b>ALL NEW EPISODES</b></p> <p><b><u>Catching Hope When Facing Sickness</u></b></p> <p>For hope and courage in a time of unrest and uncertainty, William Ilerua explores what hope looks like for those facing sickness and ill-health.</p>
<b>05:00 am</b>	<b>Hour Of Power</b>	G	<p><b>ALL NEW EPISODES</b></p> <p>Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.</p>



# SYDNEY PROGRAM GUIDE

Sunday 14th June 2020

**06:00 am Mass For You At Home** CC G

**ALL NEW EPISODES**

Religious.

**06:30 am Hillsong** CC G

**ALL NEW EPISODES**

Religious.

**07:00 am Joseph Prince** CC PG

**ALL NEW EPISODES**

**327 - Present Help In Times Of Trouble**

Religious

**07:30 am Joel Osteen** CC G

**ALL NEW EPISODES**

**Jo841 - Rebooting**

Religious.

**08:00 am Three Veg And Meat (Rpt)** CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

**08:30 am Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**09:00 am My Market Kitchen (Rpt)** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**09:30 am Studio 10 Sunday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!



# SYDNEY PROGRAM GUIDE

Sunday 14th June 2020

**12:00 pm Jamie's 15 Minute Meals (Rpt)** CC G

Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food.

Starring: Jamie Oliver

**12:30 pm Luxury Escapes (Rpt)** CC PG

### **South Africa / South Australia**

In this episode of Luxury Escapes, it's all about the Beautiful South. South Africa's vibrant urban culture of Johannesburg and one of the world's best food and wine destinations: South Australia!

**01:00 pm MasterChef Australia Encore (Rpt)** CC

### **SPECIAL ENCORE PRESENTATION**

Today's immunity challenge is all about resourcefulness. The contestants are each presented with a pumpkin and have 90 minutes to cook three dishes that feature the pumpkin in some way.

**02:15 pm Everyday Gourmet With Justine Schofield (Rpt)** CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**02:30 pm Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**03:00 pm My Market Kitchen (Rpt)** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**03:30 pm Farm To Fork (Rpt)** CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**04:00 pm Whichcar** CC PG

### **ALL NEW EPISODES**

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.



# SYDNEY PROGRAM GUIDE

Sunday 14th June 2020

04:30 pm RPM

CC

## ALL NEW EPISODES

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.

05:00 pm 10 News First

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm 10 News First (Rpt)

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Sunday Project

CC

## ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

## ALL NEW EPISODES

Charlie Carrington of Melbourne restaurant, Atlas sets today's elimination challenge focusing on food from different countries. The contestant with the least impressive dish will be sent home.

09:00 pm FBI: Most Wanted

CC M  
Violence,  
Drug References

## ALL NEW EPISODES

### Silkworm

When a former counter-intelligence officer is caught leaking classified information to a foreign government and attacks his former partners, the team must track him down before he escapes the country.

Starring: Julian McMahon, Roxy Sternberg, Kellan Lutz, Keisha Castle-Hughes, Nathaniel Arcand



# SYDNEY PROGRAM GUIDE

Sunday 14th June 2020

10:00 pm To Be Advised

11:00 pm The Sunday Project Encore (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

12:00 am Home Shopping (Rpt)

Home Shopping

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.





# SYDNEY PROGRAM GUIDE

## Monday 15th June 2020

<b>06:00 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore (Rpt)</b>	CC PG	Eric and Stefanie have a violent row over how to welcome and forgive her mother. She's furious to be told her anger and looks recall her abusive father. Meanwhile, Ridge and Brooke make up in bed.
<b>06:30 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore (Rpt)</b>	CC PG Violence	At the Sydney Originals store opening, Ridge 'proudly' presents Rick as international division chief and Phoebe as perfume face, then the love-birds sneak off to the bridal suite.
<b>07:00 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore (Rpt)</b>	CC PG Sexual References	In out-of-control rage, Ridge had knocked down Rick. Ridge declares Phoebe and he are to never to see each-other at all, which only makes them run outside together, still in jacuzzi bathing suites.
<b>07:30 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore (Rpt)</b>	CC PG	The wait is over! Bold And The Beautiful are in Australia! Steffy and Ivy are the focus of a photo shoot in front of the Sydney Opera House. Meanwhile, Sally is torn between her mission and Thomas.

### ALL NEW EPISODES

<b>08:00 am</b>	<b>Studio 10</b>	CC PG	Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.
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### ALL NEW EPISODES

<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Coarse Language, Mature Themes	Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.
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### SPECIAL ENCORE PRESENTATION

<b>01:00 pm</b>	<b>MasterChef Australia Encore (Rpt)</b>	CC	Charlie Carrington of Melbourne restaurant, Atlas sets today's elimination challenge focusing on food from different countries. The contestant with the least impressive dish will be sent home.
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# SYDNEY PROGRAM GUIDE

Monday 15th June 2020

<b>02:30 pm</b>	<b>Entertainment Tonight</b>	CC
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG
<b>03:30 pm</b>	<b>My Market Kitchen</b>	CC G
<b>04:00 pm</b>	<b>Good Chef Bad Chef</b>	CC G
<b>04:30 pm</b>	<b>Best Of The Bold &amp; The Beautiful (Rpt)</b>	CC PG
<b>05:00 pm</b>	<b>10 News First</b>	CC
<b>06:00 pm</b>	<b>10 News First (Rpt)</b>	CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

Liam vents to Eric about his resentment toward Quinn. Meanwhile, Quinn sets up a romantic approach to letting Eric know that she's in town to see him.

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



# SYDNEY PROGRAM GUIDE

Monday 15th June 2020

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm MasterChef Australia** CC

## ALL NEW EPISODES

In today's golden box mystery box challenge, the contestants have to create a dish using one or more of the golden ingredients. The top four dishes will battle it out in tomorrow's immunity challenge.

**08:40 pm Have You Been Paying Attention?** CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## ALL NEW EPISODES

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

**09:40 pm Kinne Tonight** CC

## ALL NEW EPISODES

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

**10:10 pm How To Stay Married Encore (Rpt)** CC M  
Sexual References

## SPECIAL ENCORE PRESENTATION

After a sobering cyber-safety information night, Greg and Em decide to install a secret surveillance app on Sophie's phone and are shocked to discover her sexting with a boy from school.

**10:40 pm To Be Advised**

**11:40 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Monday 15th June 2020

**12:40 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:30 am Home Shopping** (Rpt)

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**04:00 am Home Shopping** (Rpt)

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**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk** CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Tuesday 16th June 2020

**06:00 am Entertainment Tonight (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**06:30 am CBS This Morning** CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

**08:00 am Studio 10** CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil** CC PG  
Coarse Language, Mature Themes

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm MasterChef Australia Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

In today's golden box mystery box challenge, the contestants have to create a dish using one or more of the golden ingredients. The top four dishes will battle it out in tomorrow's immunity challenge.

**02:10 pm Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm Judge Judy (Rpt)** CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Tuesday 16th June 2020

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Good Chef Bad Chef** CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm Best Of The Bold & The Beautiful (Rpt)** CC PG

Whip is worried that Ridge and Taylor might get closer again. Meanwhile, The Forresters and Logans keep hope alive for the survivors and Steffy flashes back to the pain of losing Phoebe.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Tuesday 16th June 2020

**07:30 pm MasterChef Australia**

CC

## ALL NEW EPISODES

Every five minutes an ingredient that can be used in their cook is revealed to our contestants. They can start cooking at any time but only have access to the ingredients revealed up to that point.

**08:40 pm How To Stay Married**

CC M  
Sexual References

## ALL NEW EPISODES

Em's determined to finally tell Greg about the book she's writing. An unexpected dinner invitation sees Em take drastic action to prevent Greg finding out the wrong way.

**09:10 pm NCIS (Rpt)**

CC M

## Thousand Words, A

A street artist's mural is stolen, and the investigation leads to a conspiracy regarding a Navy contractor.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

**10:10 pm NCIS: Los Angeles**

CC M  
Violence

## ALL NEW EPISODES

### Knock Down

**11:10 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:10 am The Late Show With Stephen Colbert**

CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



# SYDNEY PROGRAM GUIDE

Tuesday 16th June 2020

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.





# SYDNEY PROGRAM GUIDE

Wednesday 17th June 2020

**06:00 am Entertainment Tonight (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**06:30 am CBS This Morning** CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

**08:00 am Studio 10** CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil** CC PG  
Coarse Language, Mature Themes

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm MasterChef Australia Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Every five minutes an ingredient that can be used in their cook is revealed to our contestants. They can start cooking at any time but only have access to the ingredients revealed up to that point.

**02:10 pm Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm Judge Judy (Rpt)** CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Wednesday 17th June 2020

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Good Chef Bad Chef** CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm Best Of The Bold & The Beautiful (Rpt)** CC G

Steffy tries to make sure that Hope can't find Liam, and Bill helps her out to achieve that. Meanwhile, Rick and Hope try to find Liam on their own.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Wednesday 17th June 2020

**07:30 pm Bondi Rescue**

CC PG  
Coarse Language,  
Mature Themes

**08:00 pm Bondi Rescue**

CC

## ALL NEW EPISODES

Australia's East Coast has been devastated by drought and fires. While the fires continue to blaze, the smoke impacts the lifeguards visibility, quality of air and their ability to protect beachgoers.

**08:30 pm Tommy**

CC M  
Violence

## ALL NEW EPISODES

### There Are No Strangers Here

Tommy works to keep her officers in line when one of their own turns up dead, and some want to take extreme measures to find the perpetrator.

**09:30 pm Bull (Rpt)**

CC M  
Strong Violence,  
Mature Themes

### Justified

A friend from Bull's past enlists his services to help convince a jury that a domestic abuse survivor who shot her husband in his sleep is not guilty of murder.

**10:30 pm Elementary**

CC M

## ALL NEW EPISODES

### Reichenbach Falls

Tech billionaire Odin Reichenbach inadvertently provides Holmes and Watson with a lead that could give them evidence that brings him to justice.

**11:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am The Late Show With Stephen Colbert**

CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



# SYDNEY PROGRAM GUIDE

## Wednesday 17th June 2020

<b>01:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>02:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>02:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>03:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>03:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>

**05:00 am** **The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Thursday 18th June 2020

**06:00 am Entertainment Tonight (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**06:30 am CBS This Morning** CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

**08:00 am Studio 10** CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil** CC PG  
Coarse Language,  
Drug References,  
Mature Themes

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm To Be Advised**

**02:00 pm Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm Judge Judy (Rpt)** CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Thursday 18th June 2020

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Good Chef Bad Chef** CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm Best Of The Bold & The Beautiful (Rpt)** CC G

While on the plane to Paris, Liam tells Ivy all about his romantic plans to meet Hope and make her his wife. Meanwhile, in a press conference the media hounds Wyatt about the death of Ricardo Montemayo.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Celebrity Gogglebox USA** CC M  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Tyra Banks, Justin Long, Raven Symone, Reggie Bush, The Osbournes and more!



# SYDNEY PROGRAM GUIDE

Thursday 18th June 2020

**08:30 pm Law & Order: S.V.U**

CC M  
Violence,  
Strong Adult Themes

## ALL NEW EPISODES

### Murdered At A Bad Address

The case of a teenage girl assaulted in the projects leads to a startling discovery, and Benson puts her trust in someone from her past.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

Guest Starring: Wentworth Miller

**09:30 pm Law & Order: S.V.U (Rpt)**

CC M  
Violence

## ALL NEW EPISODES

Diss  
When a pop star is assaulted in her home, the SVU investigates the public feud between her rapper husband and a competing record artist. Meanwhile, Fin's family ties to a suspect takes him off the case.

Starring: Mariska Hargitay, Ice T , Peter Scanavino

Guest Starring: Snoop Dogg, Amber Stevens West, Orlando Jones

**10:30 pm Blue Bloods**

CC M  
Violence,  
Mature Themes

## ALL NEW EPISODES

### Hide In Plain Sight

Danny is faced with tracking down a drug dealer after two young models are found dead from overdoses. Eddie and Jamie team up to determine who the mastermind is behind a robbery in their building.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

Guest Starring: Stacy Keach

**11:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



# SYDNEY PROGRAM GUIDE

## Thursday 18th June 2020

<b>01:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>02:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
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<b>04:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>

**05:00 am** **The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.





# SYDNEY PROGRAM GUIDE

Friday 19th June 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>CBS This Morning</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Mature Themes
<b>01:00 pm</b>	<b>The Dog House Encore</b> (Rpt)	CC PG
<b>02:00 pm</b>	<b>Jamie: Keep Cooking And Carry On</b> (Rpt)	CC G
<b>02:30 pm</b>	<b>Jamie: Keep Cooking And Carry On</b> (Rpt)	CC G

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

## SPECIAL ENCORE PRESENTATION

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

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# SYDNEY PROGRAM GUIDE

Friday 19th June 2020

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Good Chef Bad Chef** CC G

## SEASON FINALE

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm Best Of The Bold & The Beautiful (Rpt)** CC PG

Brooke receives a very pleasant and unexpected visitor in Monte Carlo. Maya is upset when Rick doesn't come in time to see her show.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm 10 News First (Rpt)** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Friday 19th June 2020

**07:30 pm Jamie: Keep Cooking And Carry On** CC G

## ALL NEW EPISODES

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

**08:00 pm Jamie: Keep Cooking And Carry On** CC G

Jamie prepares a risotto using frozen veg, a versatile veg-packed sauce that you can bag up and freeze and a delicious eggless chocolate pudding.

**08:30 pm Have You Been Paying Attention? Encore (Rpt)** CC M

Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## SPECIAL ENCORE PRESENTATION

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

**09:30 pm How To Stay Married Encore (Rpt)** CC M

Sexual References

## SPECIAL ENCORE PRESENTATION

Em's determined to finally tell Greg about the book she's writing. An unexpected dinner invitation sees Em take drastic action to prevent Greg finding out the wrong way.

**10:00 pm Kinne Tonight (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

**10:30 pm To Be Advised**

**11:30 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



# SYDNEY PROGRAM GUIDE

## Friday 19th June 2020

<b>01:30 am Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
<b>02:00 am Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
<b>02:30 am Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
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<b>04:30 am Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
<b>05:00 am Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
<b>05:30 am Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>



# SYDNEY PROGRAM GUIDE

## Saturday 20th June 2020

**06:00 am Australian Fishing Championship (Rpt)** CC PG

Australian Fishing Championship season 16 features Liam Carruthers and Mark Healey for Team BCF versus Matt Langford and Mitch Cone for Team Jack Link's across the Mackay region.

**06:30 am Leading The Way With Dr. Michael Youssef** CC G

### ALL NEW EPISODES

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

**07:00 am Escape Fishing With ET (Rpt)** CC G

### SPECIAL ENCORE PRESENTATION

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

**07:30 am What's Up Down Under (Rpt)** CC G

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

**08:00 am All 4 Adventure (Rpt)** CC PG  
Coarse Language

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

**09:00 am Whichcar (Rpt)** CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

**09:30 am Studio 10 Saturday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

**12:00 pm Foodie Adventures With Ash Pollard (Rpt)** CC G

### Fiji - Steve Price

Ash discovers the fresh, vibrant flavours of Fiji, learning from top international and local chefs. Her dinner guest this week is Steve Price.

**12:30 pm Pooches At Play (Rpt)** CC G

### Torquay To Bells Beach

The team check out pet friendly things to do with your dog when visiting Torquay and Jan Juc along the Great Ocean Road. Tips include after-beach grooming and other useful health & training advice.



# SYDNEY PROGRAM GUIDE

Saturday 20th June 2020

**01:00 pm The Dog House Encore** (Rpt) CC PG

## SPECIAL ENCORE PRESENTATION

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

**02:00 pm Bondi Rescue Kathmandu Coast To Coast** CC

## SPECIAL EVENT

**Bondi Rescue Kathmandu Coast To Coast**

**03:00 pm What's Up Down Under** CC

## ALL NEW EPISODES

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

**03:30 pm Good Chef Bad Chef** (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:00 pm Farm To Fork** (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**04:30 pm My Market Kitchen** (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Bondi Rescue** (Rpt) CC PG  
Coarse Language,  
Mature Themes

Trainee Lachie will find out if he has made a big enough impression on Hoppo and the team to earn him a permanent spot on the Bondi lifeguard squad.

**06:30 pm Bondi Rescue** (Rpt) CC PG  
Coarse Language,  
Medical Procedures

Jethro is faced with the most challenging rescue of his career and the Lifeguards suddenly become the ones in danger when the 4WD buggy is swamped by waves.



# SYDNEY PROGRAM GUIDE

Saturday 20th June 2020

**07:00 pm The Dog House**

CC PG  
Mature Themes

## ALL NEW EPISODES

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

**08:00 pm Ambulance (Rpt)**

CC M  
Mature Themes

First responders try to help a man trapped beneath a tram. Meanwhile, call handler Laura offers life saving advice to a panicked 999 caller and decides on the spot to change the direction of her life.

**09:00 pm 999: What's Your Emergency**

CC M  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

### You Wouldn't Leave An Animal This Long

With unbearable waiting times, crews help a schoolgirl whose life is threatened by anaphylactic shock, a woman who's been badly cut in a pub fight, and an elderly women who has fractured her hip.

**10:00 pm One Born Every Minute Australia (Rpt)**

CC M

Each year Australia sees over 300,000 new bundles of joy enter the world. You're invited to be a part of the experience through cameras rolling around the clock capturing each life changing moment.

**11:00 pm Blue Bloods Encore (Rpt)**

CC M  
Violence,  
Mature Themes

## SPECIAL ENCORE PRESENTATION

### Hide In Plain Sight

Danny is faced with tracking down a drug dealer after two young models are found dead from overdoses. Eddie and Jamie team up to determine who the mastermind is behind a robbery in their building.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

Guest Starring: Stacy Keach

**12:00 am To Be Advised**

**01:00 am Elementary Encore (Rpt)**

CC M

## SPECIAL ENCORE PRESENTATION

### Reichenbach Falls

Tech billionaire Odin Reichenbach inadvertently provides Holmes and Watson with a lead that could give them evidence that brings him to justice.



# SYDNEY PROGRAM GUIDE

## Saturday 20th June 2020

**02:00 am Home Shopping (Rpt)**

**Home Shopping**

**02:30 am Home Shopping (Rpt)**

**Home Shopping**

**03:00 am Home Shopping (Rpt)**

**Home Shopping**

**03:30 am Home Shopping (Rpt)**

**Home Shopping**

**04:00 am Home Shopping (Rpt)**

**Home Shopping**

**04:30 am Truth Link**

G

### **ALL NEW EPISODES**

#### **Catching Hope In Times Of Hardship**

For hope and courage in a time of unrest and uncertainty, William lererua explores what it means to deal with hardship caused by sudden changes in circumstance.

**05:00 am Hour Of Power**

G

### **ALL NEW EPISODES**

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.