



SYDNEY PROGRAM GUIDE

Sunday 21st June 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious.

07:00 am Joseph Prince CC PG

ALL NEW EPISODES

328 - As Jesus Is, So Are You

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Jo842 - Ready To Rise

Religious.

08:00 am Three Veg And Meat (Rpt) CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

08:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

09:00 am My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

09:30 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!



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Sunday 21st June 2020

12:00 pm Jamie's 15 Minute Meals (Rpt) CC G

Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food.

Starring: Jamie Oliver

12:30 pm Luxury Escapes (Rpt) CC PG

Perth / Myanmar

In this episode of Luxury Escapes, we take a leap into the magical past of Myanmar and discover Perth's bright future as the most laid-back, sun-drenched, luxury travel destination in Australia.

01:00 pm MasterChef Australia Encore (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Every five minutes an ingredient that can be used in their cook is revealed to our contestants. They can start cooking at any time but only have access to the ingredients revealed up to that point.

02:15 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

02:30 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

03:00 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

03:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:00 pm Whichcar CC PG

ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.



SYDNEY PROGRAM GUIDE

Sunday 21st June 2020

04:30 pm RPM

CC

ALL NEW EPISODES

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Tonight's elimination will take place over two rounds, the first of which is the classic blind taste test The first four contestants who guess incorrectly will go into round two.

09:00 pm FBI: Most Wanted

CC M
Violence

ALL NEW EPISODES

Ironbound

After a small-town police officer claims he's the victim of a conspiracy and takes revenge on those he believes are responsible for his downfall, Jess and the team learn that he might be right.

Starring: Julian McMahon, Roxy Sternberg, Kellan Lutz, Keisha Castle-Hughes, Nathaniel Arcand

10:00 pm FBI(Rpt)

CC M
Strong Violence

Compromised

A key witness and a U.S. marshal living in a witness protection program are ambushed and killed, and Maggie and OA must track down the person responsible for leaking information that led to their murders.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel



SYDNEY PROGRAM GUIDE

Sunday 21st June 2020

11:00 pm The Sunday Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

12:00 am Home Shopping (Rpt)

Home Shopping

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Monday 22nd June 2020

06:00 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	The wait is over! Bold And The Beautiful are in Australia! Steffy and Liam get married in Sydney. Meanwhile, Wyatt sulks over a few drinks knowing that his ex-wife and brother are tying the knot.
06:30 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	Steffy gives Thomas her brutally honest opinion about him inviting Sally to her wedding. Meanwhile, Brooke and Eric reminisce about their relationship.
07:00 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	Ridge and Quinn agree to put an end to their encounters. Meanwhile, Sally suffers the consequences of attending an event she was not invited to.
07:30 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	Katie confronts Ridge about the current state of his and Brooke's relationship. Meanwhile, Coco and RJ get to know each other better.
08:00 am	Studio 10	CC PG	ALL NEW EPISODES After four years of heartache trying to have a baby. Meet the 51 year old carrying a child for her daughter and son-in-law. Inside their incredible journey of loss and love.
12:00 pm	Dr Phil	CC M Sexual References, Mature Themes	ALL NEW EPISODES Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.
01:00 pm	MasterChef Australia Encore (Rpt)	CC	SPECIAL ENCORE PRESENTATION Tonight's elimination will take place over two rounds, the first of which is the classic blind taste test. The first four contestants who guess incorrectly will go into round two.



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Monday 22nd June 2020

02:30 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Good Chef Bad Chef (Rpt)	CC G
04:30 pm	Best Of The Bold & The Beautiful (Rpt)	CC PG
05:00 pm	10 News First	CC
06:30 pm	The Project	CC
07:30 pm	MasterChef Australia	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

An epic fashion showdown for charity gets underway with Forrester Creations and Spectra Fashions. Meanwhile, Sally is confused by Thomas' actions.

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

ALL NEW EPISODES

The judges reveal that today contestants need to use ALL the ingredients in their mystery box to create two dishes - a sweet and savoury dish in 75 minutes.



SYDNEY PROGRAM GUIDE

Monday 22nd June 2020

08:40 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have Ed Kavalee, Melanie Bracewell, Tim McDonald, Celia Pacquola and Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:40 pm Kinne Tonight

CC M
Sexual References,
Coarse Language

ALL NEW EPISODES

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

10:10 pm How To Stay Married Encore (Rpt)

CC M
Sexual References

SPECIAL ENCORE PRESENTATION

Em's determined to finally tell Greg about the book she's writing. An unexpected dinner invitation sees Em take drastic action to prevent Greg finding out the wrong way.

10:40 pm Celebrity Gogglebox USA Encore (Rpt)

CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Tyra Banks, Justin Long, Raven Symone, Reggie Bush, The Osbournes and more!

11:40 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:40 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guests Killer Mike & Chris Hayes.

01:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Monday 22nd June 2020

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

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03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Tuesday 23rd June 2020

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

08:00 am Studio 10 CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil CC PG
Coarse Language,
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

The judges reveal that today contestants need to use ALL the ingredients in their mystery box to create two dishes - a sweet and savoury dish in 75 minutes.

02:10 pm Entertainment Tonight CC

ALL NEW EPISODES

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02:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



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Tuesday 23rd June 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

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03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef (Rpt) CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC G

A Fourth of July photo shoot takes place at the Forrester Mansion and everyone has a wonderful time. Pam and Charlie arrive dressed as George and Martha Washington.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia CC

ALL NEW EPISODES

Three heavy hitters of the competition go head to head. Who will make top 6?



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Tuesday 23rd June 2020

08:40 pm How To Stay Married

CC M
Sexual References,
Coarse Language

SEASON FINALE

As Greg and Em try to resolve the tension over Em's book, the Butler House prepares for Brad and Nadia's wedding.

09:10 pm NCIS (Rpt)

CC M
Violence,
Mature Themes

Friendly Fire

McGee and Bishop travel to Afghanistan after a murder case in the states is linked to a string of soldiers killed by friendly fire overseas.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:10 pm NCIS: Los Angeles

CC M
Violence

ALL NEW EPISODES

Murder Of Crows

The team helps a former NCIS tech operator search for her missing ex-partner, whom they fear might be working with the gun runners they failed to take down years ago.

11:10 pm Tommy Encore (Rpt)

CC M
Violence

SPECIAL ENCORE PRESENTATION

There Are No Strangers Here

Tommy works to keep her officers in line when one of their own turns up dead, and some want to take extreme measures to find the perpetrator.

12:10 am The Project Encore (Rpt)

CC

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01:10 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guest James Corden & Ibram X. Kendi. Plus, a musical performance by Bright Eyes.

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping



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03:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Wednesday 24th June 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Violence, Coarse Language, Mature Themes
01:00 pm	MasterChef Australia Encore (Rpt)	CC
02:10 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

SPECIAL ENCORE PRESENTATION

Three heavy hitters of the competition go head to head. Who will make top 6?

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SYDNEY PROGRAM GUIDE

Wednesday 24th June 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef (Rpt) CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful CC PG
Violence

Jack Declares his love for Stephanie. Meanwhile, Shelia Admits what she did to Lauren was wrong, but will her apology keep Lauren from calling the police on Shelia?

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Bondi Rescue CC PG
Coarse Language,
Mature Themes

ALL NEW EPISODES

Two brothers share an extraordinary tale of how they used resuscitation techniques learned by watching Bondi Rescue on someone who was struck by lightning.

08:00 pm Bondi Rescue CC PG
Mature Themes

A tourist is found unresponsive on the shoreline, her sister translates as lifeguards treat her for a spinal injury. Maxi is splitting his time working both as a firefighter and a lifeguard.



SYDNEY PROGRAM GUIDE

Wednesday 24th June 2020

08:30 pm Tommy

CC M
Violence,
Mature Themes

ALL NEW EPISODES

Lifetime Achievement

Mayor Buddy Gray asks Tommy to personally oversee the investigation when a Hollywood producer is attacked during a party at his home by a woman who claims he tried to sexually assault her first.

09:30 pm Bull (Rpt)

CC M
Violence,
Mature Themes

Reckless

Bull's team takes on a seemingly unwinnable case; a mute man faces the death penalty if he's found guilty of murder and arson; Bull is stunned to learn that his ex-wife is remarrying.

10:30 pm Elementary

CC M

SERIES FINALE

Their Last Bow

Holmes and Watson battle with tech billionaire Odin Reichenbach and receive word of their old enemy and Sherlock's former love, Jamie Moriarty.

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:30 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guest Former National Security Advisor John Bolton. Plus, a musical performance by Leslie Odom Jr.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

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Home Shopping

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SYDNEY PROGRAM GUIDE

Wednesday 24th June 2020

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Thursday 25th June 2020

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

08:00 am Studio 10 CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil CC PG
Violence,
Coarse Language,
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Celebrity Gogglebox USA Encore (Rpt) CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Tyra Banks, Justin Long, Raven Symone, Reggie Bush, The Osbournes and more!

02:00 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Thursday 25th June 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

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03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful CC PG

Macy finds Brooke hiding under Thorne and Macy's bed, Thorne is then questioned by Macy about how long Brooke has been trying to get with him and why Thorne hadn't told her about it.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

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07:30 pm Celebrity Gogglebox USA CC M
Coarse Language

ALL NEW EPISODES

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Tyra Banks, Jesse McCartney, Justin Long, Raven Symone, The Osbournes and more!



SYDNEY PROGRAM GUIDE

Thursday 25th June 2020

08:30 pm Law & Order: S.V.U

CC M
Violence,
Sexual References,
Strong Adult Themes

ALL NEW EPISODES

Counselor, It's Chinatown

The SVU joins an undercover task force in busting a human trafficking ring in Chinatown.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

Guest Starring: Margaret Cho

09:30 pm Law & Order: S.V.U (Rpt)

CC M
Violence,
Mature Themes

Assumptions

After a Muslim woman is assaulted inside of a synagogue, SVU searches for two suspects that were spotted fleeing the scene of the crime. Meanwhile, Benson is dismayed to find Rob Miller out on bail.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Titus Welliver

10:30 pm Blue Bloods

CC M
Violence,
Mature Themes

SEASON FINALE

Hide In Plain Sight

Danny is faced with tracking down a drug dealer after two young models are found dead from overdoses. Eddie and Jamie team up to determine who the mastermind is behind a robbery in their building.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

Guest Starring: Stacy Keach

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guest Jon Stewart.

01:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Thursday 25th June 2020

02:00 am Home Shopping (Rpt)

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02:30 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Friday 26th June 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Mature Themes
01:00 pm	The Dog House Encore (Rpt)	CC PG Mature Themes
02:00 pm	Jamie: Keep Cooking And Carry On (Rpt)	CC G
02:30 pm	Jamie: Keep Cooking And Carry On (Rpt)	CC G

SPECIAL ENCORE PRESENTATION

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ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

SPECIAL ENCORE PRESENTATION

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

SPECIAL ENCORE PRESENTATION

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

Jamie prepares a risotto using frozen veg, a versatile veg-packed sauce that you can bag up and freeze and a delicious eggless chocolate pudding.



SYDNEY PROGRAM GUIDE

Friday 26th June 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

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03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm Best Of The Bold & The Beautiful CC PG
Violence

Stephanie is in complete rage when she finds out about Brooke and Thorne. Stephanie then goes to confront Brooke, but Brooke wont let her in as she's scared of what Stephanie may do.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Jamie: Keep Cooking And Carry On CC G

SEASON FINALE

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.



SYDNEY PROGRAM GUIDE

Friday 26th June 2020

08:00 pm Jamie: Keep Cooking And Carry On CC G

Using store cupboard ingredients, Jamie shows us how to make a simple flatbread and turn it into a pizza pie, and makes a heart-warming, versatile beef and ale stew.

08:30 pm Have You Been Paying Attention? Encore (Rpt) CC M

Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have Ed Kavalee, Melanie Bracewell, Tim McDonald, Celia Pacquola and Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm How To Stay Married Encore (Rpt) CC M

Sexual References,
Coarse Language

SPECIAL ENCORE PRESENTATION

As Greg and Em try to resolve the tension over Em's book, the Butler House prepares for Brad and Nadia's wedding.

10:00 pm Kinne Tonight (Rpt) CC M

Sexual References,
Coarse Language

SPECIAL ENCORE PRESENTATION

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

10:30 pm To Be Advised

11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Friday 26th June 2020

01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 27th June 2020

06:00 am Australian Fishing Championship (Rpt) CC G

Australian Fishing Championship season 16 features Liam Carruthers and Mark Healey for Team BCF versus Matt Langford and Mitch Cone for Team Jack Link's across the Mackay region.

06:30 am Leading The Way With Dr. Michael Youssef CC G

ALL NEW EPISODES

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

07:00 am Escape Fishing With ET (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

07:30 am What's Up Down Under (Rpt) CC G

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

08:00 am All 4 Adventure (Rpt) CC PG

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

09:00 am Whichcar (Rpt) CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm Foodie Adventures With Ash Pollard (Rpt) CC G

Monaco - Kris Smith

Ash heads to glamorous Monaco this week and discovers its hidden local secrets. Her dinner guest this week is Kris Smith.

12:30 pm Pooches At Play (Rpt) CC G

Warrnambool

The team continue along the Great Ocean Road to Warrnambool. Lara meets the "Ambassadogs" that are helping protect a local colony of Little Penguin. Plus learn flea & tick safety tips for travelling.



SYDNEY PROGRAM GUIDE

Saturday 27th June 2020

01:00 pm The Dog House Encore (Rpt) CC PG
Mature Themes

SPECIAL ENCORE PRESENTATION

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

02:00 pm Jamie's 15 Minute Meals (Rpt) CC G

Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food.

Starring: Jamie Oliver

02:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

03:00 pm What's Up Down Under CC G

ALL NEW EPISODES

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

03:30 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:00 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Saturday 27th June 2020

06:00 pm Bondi Rescue (Rpt)

CC PG
Mature Themes

New recruit Josh experiences a day he will never forget. It's been a long hot summer with the lifeguards protecting beachgoers at the unpredictable Bondi Beach.

06:30 pm Bondi Rescue (Rpt)

CC PG
Mature Themes

It's been a long hot summer and as Bondi swells with beach lovers, the lifeguards feel the pressure. This year's unpredictable events are really going to test the boys and girls in blue.

07:00 pm The Dog House

CC PG
Mature Themes

ALL NEW EPISODES

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

08:00 pm Ambulance (Rpt)

CC M
Violence,
Coarse Language,
Mature Themes

The staff of Manchester's North West Ambulance Service have to deal with the consequences of youth violence when they attend a 13 year old boy who has been stabbed.

09:00 pm Ambulance (Rpt)

CC M
Mature Themes

North West Ambulance Service faces the pressure of the busiest day of the winter so far with an overwhelming volume of calls including one who says he has a hand grenade and is threatening to use it.

10:00 pm One Born Every Minute Australia (Rpt)

CC M
Mature Themes

Each year Australia sees over 300,000 new bundles of joy enter the world. You're invited to be a part of the experience through cameras rolling around the clock capturing each life changing moment.

11:00 pm To Be Advised

12:00 am Supercars: Highlights (Rpt)

CC

Supercars Sydney (Sat)

Highlights of the 2020 Virgin Australia Supercars Championship from the Sydney SuperNight at Sydney Motorsport Park.



SYDNEY PROGRAM GUIDE

Saturday 27th June 2020

01:00 am Sex And The City 2 (Rpt)(2010)

CC MA15+
Strong Sex Scenes

MOVIE

While wrestling with the pressures of life, love, and work in Manhattan, Carrie, Miranda, and Charlotte join Samantha for a free trip to Abu Dhabi, where Samantha's ex is filming a new movie.

Starring: Sarah Jessica Parker, Kim Cattrall, Kristin Davis, Cynthia Nixon, Chris Noth

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Truth Link

G

ALL NEW EPISODES

Catching Hope When Dealing With Loss

For hope and courage in a time of unrest and uncertainty, William lererua explores the topic of grief when dealing with loss of a business, a career, or someone close.

05:00 am Hour Of Power

G

ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.



SYDNEY PROGRAM GUIDE

Sunday 28th June 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious.

07:00 am Joseph Prince CC PG

ALL NEW EPISODES

329 - Eat The Communion Fresh

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Jo843 - IT Has To Go Back

Religious.

08:00 am Three Veg And Meat (Rpt) CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

08:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

09:00 am My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

09:30 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!



SYDNEY PROGRAM GUIDE

Sunday 28th June 2020

12:00 pm Jamie's 15 Minute Meals (Rpt) CC G

Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food.

Starring: Jamie Oliver

12:30 pm Luxury Escapes (Rpt) CC G

Barcelona

In this episode of Luxury Escapes we explore the enchanted city of Barcelona, a place so magical it's like it leapt from the pages of a fairy tale.

01:00 pm MasterChef Australia Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Three heavy hitters of the competition go head to head. Who will make top 6?

02:15 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

02:30 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

03:00 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

03:30 pm Whichcar CC PG

ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

04:00 pm Supercars: Highlights CC

ALL NEW EPISODES

Supercars Sydney (Sun)

Highlights of the 2020 Virgin Australia Supercars Championship from the Sydney SuperNight at Sydney Motorsport Park.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Sunday 28th June 2020

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

09:00 pm FBI: Most Wanted

CC M
Violence,
Mature Themes

ALL NEW EPISODES

Ride Or Die

After a manipulative student commits murder in a fit of jealousy, the team races to capture her before she escapes across the border; Jess teaches Tali how to stand up to bullies.

Starring: Julian McMahon, Roxy Sternberg, Kellan Lutz, Keisha Castle-Hughes, Nathaniel Arcand

10:00 pm FBI (Rpt)

CC M
Violence

The Armorer's Faith

When an illegal arms broker-turned-informant is assassinated before boarding a flight for the U.S, OA assumes his identity and goes undercover to stop the sale of dangerous weapons.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward

Guest Starring: Billy Burke, Hermione Lynch

11:00 pm The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

12:00 am Home Shopping (Rpt)

Home Shopping

12:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Sunday 28th June 2020

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Monday 29th June 2020

06:00 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC G	Bill admits to having a fling with Quinn before he and Brooke were back together. Meanwhile, Wyatt and Hope decide not to let family drama interfere with their relationship.
06:30 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	Ridge grows increasingly worried about Brooke's safety and welfare as he continues he's search for her in Barbados.
07:00 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC G	It's a race against time, as Brooke mounts her horse and gallops to the beach house to stop the wedding between Ridge and Taylor.
07:30 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	Liam vents to Eric about his resentment toward Quinn. Meanwhile, Quinn sets up a romantic approach to letting Eric know that she's in town to see him.
08:00 am	Studio 10	CC PG	ALL NEW EPISODES Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.
12:00 pm	Dr Phil (Rpt)	CC PG Sexual References, Drug References, Mature Themes	SPECIAL ENCORE PRESENTATION Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.
01:00 pm	MasterChef Australia Encore (Rpt)	CC	ALL NEW EPISODES Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
02:30 pm	Entertainment Tonight	CC	ALL NEW EPISODES Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.
03:00 pm	Judge Judy	CC PG	



SYDNEY PROGRAM GUIDE

Monday 29th June 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

SEASON PREMIERE

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC G

An acquaintance from Genoa City arrives at the Forrester Creations' fashion show with more than the new collection on her mind.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia CC

ALL NEW EPISODES

08:40 pm Have You Been Paying Attention? CC M

Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:40 pm Kinne Tonight CC

ALL NEW EPISODES

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.



SYDNEY PROGRAM GUIDE

Monday 29th June 2020

10:10 pm How To Stay Married Encore (Rpt)

CC M
Sexual References,
Coarse Language

SPECIAL ENCORE PRESENTATION

As Greg and Em try to resolve the tension over Em's book, the Butler House prepares for Brad and Nadia's wedding.

10:40 pm To Be Advised

11:40 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:40 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Monday 29th June 2020

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Tuesday 30th June 2020

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

08:00 am Studio 10 CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil (Rpt) CC PG
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

02:10 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Tuesday 30th June 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG

Wyatt submits his resignation in order to move on to a life without Steffy. Meanwhile, Steffy makes an attempt to resolve her issues with Thomas.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia CC

ALL NEW EPISODES

08:40 pm NCIS (Rpt) CC M

Tailing Angie

When the lead suspect of an unsolved and high-profile robbery case is released from prison, the NCIS team resumes their investigation with an undercover stakeout.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll



SYDNEY PROGRAM GUIDE

Tuesday 30th June 2020

09:40 pm NCIS (Rpt)

CC M
Violence

What Child Is This?

The team's holiday plans are put on hold after the murder investigation of a Navy veteran includes the discovery of a newborn baby with no identification.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:40 pm NCIS: Los Angeles

CC M
Strong Violence,
Mature Themes

SEASON FINALE

Code Of Conduct

Sam, Callen and Rountree travel to Afghanistan to help with a sensitive case after two SEALs claim their chief murdered an unarmed prisoner.

11:40 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:40 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Tuesday 30th June 2020

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Wednesday 01st July 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Drug References
01:00 pm	MasterChef Australia Encore (Rpt)	CC
02:10 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

CC PG
Drug References

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Wednesday 01st July 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG

Steffy and Liam disagree on Bill's deviant lie as well as how it should be handled. Meanwhile, Eric advises Sheila regarding her future plans to live in Los Angeles.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Bondi Rescue CC PG
Coarse Language

ALL NEW EPISODES

08:00 pm Bondi Rescue CC PG
Coarse Language

It's Christmas at Bondi and hordes of revellers overwhelm lifeguards. Jake racks up hundreds of rescues on his jet ski and Jackson must run through the packed crowd to rescue a drunk woman in a rip.



SYDNEY PROGRAM GUIDE

Wednesday 01st July 2020

08:30 pm Tommy

CC M
Mature Themes

ALL NEW EPISODES

19 Hour Day

Tommy must decide how to deploy the LAPD's resources when a climate change protest brings riots and a bomb threat at the same time as a mudslide shuts down a major freeway.

09:30 pm Bull (Rpt)

CC M
Mature Themes

Death Sentence

Bull's team defies going through the motions at a client's Death Sentencing Hearing for a man Bull believes is innocent and go on the offensive by re-investigating the crimes.

10:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

11:30 pm The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Wednesday 01st July 2020

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Thursday 02nd July 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Mature Themes
01:00 pm	Dr Phil	CC PG Mature Themes
02:00 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

CC PG
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

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Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Thursday 02nd July 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG

Dollar Bill basks in his success and envisions his beloved skyscraper with his evil scheme ablaze. Meanwhile, Quinn & Sheila go for round two when Quinn discovers the secret Sheila has been keeping.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Celebrity Gogglebox USA CC M
Sexual References,
Coarse Language

ALL NEW EPISODES

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Tyra Banks, JoJo Siwa, Raven-Symone, Jodie Sweetin, The Osbournes & more!

08:30 pm Law & Order: S.V.U CC M
Sexual References,
Drug References,
Mature Themes

We Dream Of Machine Elves

Rollins goes undercover to find a "wizard" whose students are drugging and sexually assaulting tourists, while Benson helps the victims sort out their memories from their psychedelic hallucinations.

Starring: Mariska Hargitay, Ice T, Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

Guest Starring: Adam Arkin



SYDNEY PROGRAM GUIDE

Thursday 02nd July 2020

09:30 pm Law & Order: S.V.U (Rpt)

CC M
Violence,
Sexual References,
Mature Themes

End Game

Lt. Benson suspects Rob Miller is behind the death of a girl found dead in the Hudson River. Despite having only circumstantial evidence ADA Stone takes the case to court before Miller can kill again.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

10:30 pm Blue Bloods

CC M
Violence,
Mature Themes

SEASON FINALE

Family Secrets

After Sean Reagan gets a DNA match to an unknown cousin while doing an ancestry assignment, Frank must work out the best course of action to take in order to welcome his grandchild into the family.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

Guest Starring: Will Hochman

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:30 am The Late Show With Stephen Colbert CC PG

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Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

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SYDNEY PROGRAM GUIDE

Thursday 02nd July 2020

03:30 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

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04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Friday 03rd July 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Mature Themes
01:00 pm	The Dog House Encore (Rpt)	CC PG Mature Themes
02:00 pm	Jamie: Keep Cooking And Carry On (Rpt)	CC G
02:30 pm	Jamie: Keep Cooking And Carry On (Rpt)	CC G

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CC PG
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SPECIAL ENCORE PRESENTATION

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

Using store cupboard ingredients, Jamie shows us how to make a simple flatbread and turn it into a pizza pie, and makes a heart-warming, versatile beef and ale stew.



SYDNEY PROGRAM GUIDE

Friday 03rd July 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG

Steffy attempts to get Liam to back off of blackmailing Dollar Bill. Meanwhile, Quinn's visit to Sheila turns into a no-holds-barred catfight.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Living Room CC

SEASON PREMIERE

08:30 pm Have You Been Paying Attention? Encore (Rpt) CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!



SYDNEY PROGRAM GUIDE

Friday 03rd July 2020

09:30 pm Kinne Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

10:00 pm To Be Advised

11:00 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

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12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:00 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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SYDNEY PROGRAM GUIDE

Saturday 04th July 2020

06:00 am Australian Fishing Championship (Rpt) CC G

Australian Fishing Championship season 16 features Liam Carruthers and Mark Healey for Team BCF versus Matt Langford and Mitch Cone for Team Jack Link's across the Mackay region.

06:30 am Leading The Way With Dr. Michael Youssef CC G

ALL NEW EPISODES

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

07:00 am Escape Fishing With ET (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

07:30 am What's Up Down Under (Rpt) CC G

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

08:00 am All 4 Adventure (Rpt) CC G

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

09:00 am Whichcar (Rpt) CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm Foodie Adventures With Ash Pollard (Rpt) CC PG
Mild Coarse Language

Italy, Lurisia & Dolceacqua - Nazeem Hussain

Ash heads to the hidden villages of northern Italy to discover rustic local flavours and healing waters. Her dinner guest this week is Nazeem Hussain.

12:30 pm Pooches At Play (Rpt) CC G

Goldfields

The team explore the caravan capital of Victoria, Ballarat, to see why it's such a great place to stay for you and your pooch and Lara visits Guide Dogs Australia to talk about their important work.



SYDNEY PROGRAM GUIDE

Saturday 04th July 2020

01:00 pm The Dog House Encore (Rpt) CC PG
Mature Themes

SPECIAL ENCORE PRESENTATION

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

02:00 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

02:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

03:00 pm What's Up Down Under CC

ALL NEW EPISODES

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

03:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:00 pm To Be Advised

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt) CC PG
Coarse Language,
Mature Themes

When a backpacker has a violent seizure for over 15 minutes, team leader Beardy fears long-term consequences.

06:30 pm Bondi Rescue (Rpt) CC PG
Coarse Language,
Mature Themes

It's been a long hot summer and as Bondi swells with beach lovers, the lifeguards feel the pressure. This year's unpredictable events are really going to test the boys and girls in blue.



SYDNEY PROGRAM GUIDE

Saturday 04th July 2020

07:00 pm The Dog House

CC PG

SEASON FINALE

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

08:00 pm Ambulance (Rpt)

CC M
Coarse Language,
Mature Themes

At the end of another busy day, Advanced Paramedic Luke puts his specialist training to use when he is dispatched to a life threatening motorcycle accident that has created multiple 999 calls.

09:00 pm Ambulance (Rpt)

CC PG
Coarse Language,
Mature Themes

Joining ambulance crews in Greater Manchester as they tackle the freezing winter conditions. Advanced Paramedic, Jon, treats a homeless man who has spent the night in a van.

10:00 pm One Born Every Minute Australia (Rpt)

CC M
Mature Themes

Each year Australia sees over 300,000 new bundles of joy enter the world. You're invited to be a part of the experience through cameras rolling around the clock capturing each life changing moment.

11:00 pm To Be Advised

12:00 am Blue Bloods (Rpt)

CC M
Violence,
Mature Themes

Family Secrets

After Sean Reagan gets a DNA match to an unknown cousin while doing an ancestry assignment, Frank must work out the best course of action to take in order to welcome his grandchild into the family.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

Guest Starring: Will Hochman

01:00 am Home Shopping (Rpt)

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SYDNEY PROGRAM GUIDE

Saturday 04th July 2020

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03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Truth Link

G

ALL NEW EPISODES

Catching Hope When Dealing With Anger

For hope and courage in a time of unrest and uncertainty, William Ilerua explores how to deal with frustration in a way that honours God and protects people.

05:00 am Hour Of Power

G

ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.