



# SYDNEY PROGRAM GUIDE

Sunday 28th June 2020

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Religious.

**06:30 am Hillsong** CC G

## ALL NEW EPISODES

Religious.

**07:00 am Joseph Prince** CC PG

## ALL NEW EPISODES

**329 - Eat The Communion Fresh**

Religious

**07:30 am Joel Osteen** CC G

## ALL NEW EPISODES

**Jo843 - IT Has To Go Back**

Religious.

**08:00 am Three Veg And Meat (Rpt)** CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

**08:30 am Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**09:00 am My Market Kitchen (Rpt)** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**09:30 am Global Goal: Unite For Our Future** CC PG  
Coarse Language,  
Mature Themes,  
May Contain:

## SPECIAL EVENT

**Global Goal: Unite For Our Future**

A campaign to ensure COVID-19 treatment for everyone everywhere. Performances by Coldplay, Jennifer Hudson, Justin Bieber and Quavo, Miley Cyrus, Shakira, Usher & Chloe x Halle. Host: Dwayne Johnson.



# SYDNEY PROGRAM GUIDE

## Sunday 28th June 2020

**11:30 am Jamie's 15 Minute Meals (Rpt)** CC G

Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food.

Starring: Jamie Oliver

**12:00 pm Jamie's 15 Minute Meals (Rpt)** CC G

Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food.

Starring: Jamie Oliver

**12:30 pm Luxury Escapes (Rpt)** CC G

### **Barcelona**

In this episode of Luxury Escapes we explore the enchanted city of Barcelona, a place so magical it's like it leapt from the pages of a fairy tale.

**01:00 pm MasterChef Australia Encore (Rpt)** CC G

### **SPECIAL ENCORE PRESENTATION**

Three heavy hitters of the competition go head to head. Who will make top 6?

**02:15 pm Everyday Gourmet With Justine Schofield (Rpt)** CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**02:30 pm Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**03:00 pm My Market Kitchen (Rpt)** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**03:30 pm Whichcar** CC PG

### **ALL NEW EPISODES**

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.



# SYDNEY PROGRAM GUIDE

Sunday 28th June 2020

<b>04:00 pm Supercars: Highlights</b>	CC
<b>05:00 pm 10 News First</b>	CC
<b>06:30 pm The Sunday Project</b>	CC
<b>07:30 pm MasterChef Australia</b>	CC G
<b>09:00 pm FBI: Most Wanted</b>	CC M Violence, Mature Themes
<b>10:00 pm FBI (Rpt)</b>	CC M Violence
<b>11:00 pm The Sunday Project Encore (Rpt)</b>	CC

## ALL NEW EPISODES

### Supercars Sydney (Sun)

Highlights of the 2020 Virgin Australia Supercars Championship from the Sydney SuperNight at Sydney Motorsport Park.

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

## ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

## ALL NEW EPISODES

In today's elimination contestants are challenged to cook a classic dish. Could this be Reynold's final cook in the MasterChef kitchen?

## ALL NEW EPISODES

### Ride Or Die

After a manipulative student commits murder in a fit of jealousy, the team races to capture her before she escapes across the border; Jess teaches Tali how to stand up to bullies.

Starring: Julian McMahon, Roxy Sternberg, Kellan Lutz, Keisha Castle-Hughes, Nathaniel Arcand

### The Armorer's Faith

When an illegal arms broker-turned-informant is assassinated before boarding a flight for the U.S, OA assumes his identity and goes undercover to stop the sale of dangerous weapons.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward

Guest Starring: Billy Burke, Hermione Lynch

## SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

## Sunday 28th June 2020

<b>12:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>12:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>01:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>01:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>02:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>02:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>03:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>03:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>

**05:00 am** **The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

## Monday 29th June 2020

<b>06:00 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC G	Bill admits to having a fling with Quinn before he and Brooke were back together. Meanwhile, Wyatt and Hope decide not to let family drama interfere with their relationship.
<b>06:30 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC PG	Ridge grows increasingly worried about Brooke's safety and welfare as he continues he's search for her in Barbados.
<b>07:00 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC G	It's a race against time, as Brooke mounts her horse and gallops to the beach house to stop the wedding between Ridge and Taylor.
<b>07:30 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC PG	Liam vents to Eric about his resentment toward Quinn. Meanwhile, Quinn sets up a romantic approach to letting Eric know that she's in town to see him.
<b>08:00 am</b>	<b>Studio 10</b>	CC PG	<b>ALL NEW EPISODES</b> Real life survivors relive their chillingly close calls with some of the world's most frightening creatres. Their miraculous escapes and agonising recoveries
<b>12:00 pm</b>	<b>Dr Phil</b> (Rpt)	CC PG Sexual References, Drug References, Mature Themes	Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.
<b>01:00 pm</b>	<b>MasterChef Australia Encore</b> (Rpt)	CC G	<b>SPECIAL ENCORE PRESENTATION</b> In today's elimination contestants are challenged to cook a classic dish. Could this be Reynold's final cook in the MasterChef kitchen?
<b>02:30 pm</b>	<b>Entertainment Tonight</b>	CC	<b>ALL NEW EPISODES</b> Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG	<b>ALL NEW EPISODES</b> Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Monday 29th June 2020

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## SEASON PREMIERE

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm Best Of The Bold & The Beautiful (Rpt)** CC G

An acquaintance from Genoa City arrives at the Forrester Creations' fashion show with more than the new collection on her mind.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm MasterChef Australia** CC

## ALL NEW EPISODES

Today's mystery box is inspired by colour. The dish can be sweet or savoury and contestants can access the pantry with the garden also in play. So why is Melissa so emotional?

**08:40 pm Have You Been Paying Attention?** CC M

## ALL NEW EPISODES

Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

Have Ed Kavalee, Urzila Carlson, Marty Sheargold, Kitty Flanagan & Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!



# SYDNEY PROGRAM GUIDE

Monday 29th June 2020

**09:40 pm Kinne Tonight**

CC M  
Sex Scenes,  
Coarse Language

## ALL NEW EPISODES

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

**10:10 pm How To Stay Married Encore (Rpt)**

CC M  
Sexual References,  
Coarse Language

## SPECIAL ENCORE PRESENTATION

As Greg and Em try to resolve the tension over Em's book, the Butler House prepares for Brad and Nadia's wedding.

**10:40 pm Celebrity Gogglebox USA Encore (Rpt)**

CC M  
Coarse Language

## SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Tyra Banks, Jesse McCartney, Justin Long, Raven Symone, The Osbournes and more!

**11:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am The Late Show With Stephen Colbert**

CC PG

## ALL NEW EPISODES

Stephen Colbert welcomes guest Keegan-Michael Key, CEO of the Robin Hood Foundation, Wes Moore.

**01:30 am Home Shopping (Rpt)**

**Home Shopping**

**02:00 am Home Shopping (Rpt)**

**Home Shopping**

**02:30 am Home Shopping (Rpt)**

**Home Shopping**

**03:00 am Home Shopping (Rpt)**

**Home Shopping**

**03:30 am Home Shopping (Rpt)**

**Home Shopping**



# SYDNEY PROGRAM GUIDE

**Monday 29th June 2020**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk**

CC PG  
Mature Themes

## **ALL NEW EPISODES**

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.





# SYDNEY PROGRAM GUIDE

Tuesday 30th June 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>CBS This Morning</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b> (Rpt)	CC PG Mature Themes
<b>01:00 pm</b>	<b>MasterChef Australia Encore</b> (Rpt)	CC
<b>02:10 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

CC PG  
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

## SPECIAL ENCORE PRESENTATION

Today's mystery box is inspired by colour. The dish can be sweet or savoury and contestants can access the pantry with the garden also in play. So why is Melissa so emotional?

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# SYDNEY PROGRAM GUIDE

Tuesday 30th June 2020

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm Best Of The Bold & The Beautiful (Rpt)** CC PG

Wyatt submits his resignation in order to move on to a life without Steffy. Meanwhile, Steffy makes an attempt to resolve her issues with Thomas.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm MasterChef Australia** CC

## ALL NEW EPISODES

In the battle for top 5, contestants must choose two cloches and cook with the ingredients underneath. They can give up one cloche and select a third, however they must cook with the third ingredient.

**08:40 pm The Montreal Comedy Festival** CC MA15+  
Sexual References,  
Coarse Language

## ALL NEW EPISODES

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Comedians include: Peter Helliar, Rhys Nicholson, Tiffany Haddish, Fortune Feimster & Nath Valvo.



# SYDNEY PROGRAM GUIDE

Tuesday 30th June 2020

<b>09:40 pm NCIS (Rpt)</b>	CC M	<p><b><u>Tailing Angie</u></b></p> <p>When the lead suspect of an unsolved and high-profile robbery case is released from prison, the NCIS team resumes their investigation with an undercover stakeout.</p> <p>Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll</p>
<b>10:40 pm NCIS: Los Angeles</b>	CC M Strong Violence, Mature Themes	<p><b>SEASON FINALE</b></p> <p><b><u>Code Of Conduct</u></b></p> <p>Sam, Callen and Rountree travel to Afghanistan to help with a sensitive case after two SEALs claim their chief murdered an unarmed prisoner.</p>
<b>11:30 pm The Project Encore (Rpt)</b>	CC	<p><b>SPECIAL ENCORE PRESENTATION</b></p> <p>Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.</p>
<b>12:30 am The Late Show With Stephen Colbert</b>	CC PG	<p><b>ALL NEW EPISODES</b></p> <p>Stephen Colbert welcomes guest Senator Cory Booker, and musical performance by Brian Wilson</p>
<b>01:30 am Home Shopping (Rpt)</b>		<b><u>Home Shopping</u></b>
<b>02:00 am Home Shopping (Rpt)</b>		<b><u>Home Shopping</u></b>
<b>02:30 am Home Shopping (Rpt)</b>		<b><u>Home Shopping</u></b>
<b>03:00 am Home Shopping (Rpt)</b>		<b><u>Home Shopping</u></b>
<b>03:30 am Home Shopping (Rpt)</b>		<b><u>Home Shopping</u></b>
<b>04:00 am Home Shopping (Rpt)</b>		<b><u>Home Shopping</u></b>



# SYDNEY PROGRAM GUIDE

Tuesday 30th June 2020

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Wednesday 01st July 2020

<b>06:00 am</b>	<b>Entertainment Tonight (Rpt)</b>	CC
<b>06:30 am</b>	<b>CBS This Morning</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil (Rpt)</b>	CC PG Drug References
<b>01:00 pm</b>	<b>MasterChef Australia Encore (Rpt)</b>	CC
<b>02:10 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Judge Judy (Rpt)</b>	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

## SPECIAL ENCORE PRESENTATION

In the battle for top 5, contestants must choose two cloches and cook with the ingredients underneath. They can give up one cloche and select a third, however they must cook with the third ingredient.

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## ALL NEW EPISODES

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# SYDNEY PROGRAM GUIDE

Wednesday 01st July 2020

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm Best Of The Bold & The Beautiful (Rpt)** CC PG

Steffy and Liam disagree on Bill's deviant lie as well as how it should be handled. Meanwhile, Eric advises Sheila regarding her future plans to live in Los Angeles.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Bondi Rescue** CC PG  
Coarse Language

## ALL NEW EPISODES

The Lifeguards investigate a UFO on Bondi's iconic shores - that is, an unidentified-floating-object of course. Will it be a whale, boat, or something out of this world?

**08:00 pm Bondi Rescue** CC PG  
Coarse Language

It's Christmas at Bondi and hordes of revellers overwhelm lifeguards. Jake racks up hundreds of rescues on his jet ski and Jackson must run through the packed crowd to rescue a drunk woman in a rip.



# SYDNEY PROGRAM GUIDE

Wednesday 01st July 2020

**08:30 pm Tommy**

CC M  
Mature Themes

## ALL NEW EPISODES

### 19 Hour Day

Tommy must decide how to deploy the LAPD's resources when a climate change protest brings riots and a bomb threat at the same time as a mudslide shuts down a major freeway.

**09:30 pm Bull (Rpt)**

CC M  
Mature Themes

### Death Sentence

Bull's team defies going through the motions at a client's Death Sentencing Hearing for a man Bull believes is innocent and go on the offensive by re-investigating the crimes.

**10:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**11:30 pm The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Stephen Colbert welcomes guest Jake Tapper, and musical performance by Tame Impala

**12:30 am Home Shopping (Rpt)**

Home Shopping

**01:00 am Home Shopping (Rpt)**

Home Shopping

**01:30 am Home Shopping (Rpt)**

Home Shopping

**02:00 am Home Shopping (Rpt)**

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**03:00 am Home Shopping (Rpt)**

Home Shopping



# SYDNEY PROGRAM GUIDE

## Wednesday 01st July 2020

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.





# SYDNEY PROGRAM GUIDE

Thursday 02nd July 2020

**06:00 am Entertainment Tonight (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**06:30 am CBS This Morning** CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

**08:00 am Studio 10** CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil (Rpt)** CC PG  
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

**01:00 pm Dr Phil** CC PG  
Mature Themes

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**02:00 pm Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm Judge Judy (Rpt)** CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Thursday 02nd July 2020

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm Best Of The Bold & The Beautiful (Rpt)** CC PG

Dollar Bill basks in his success and envisions his beloved skyscraper with his evil scheme ablaze. Meanwhile, Quinn & Sheila go for round two when Quinn discovers the secret Sheila has been keeping.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Celebrity Gogglebox USA** CC

## ALL NEW EPISODES

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Lindsay Lohan & Aliana Lohan, Curtis Stone, Tyra Banks, The Osbournes & more!

**08:30 pm Law & Order: S.V.U** CC M  
Sexual References,  
Drug References,  
Mature Themes

## We Dream Of Machine Elves

Rollins goes undercover to find a "wizard" whose students are drugging and sexually assaulting tourists, while Benson helps the victims sort out their memories from their psychedelic hallucinations.

Starring: Mariska Hargitay, Ice T, Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

Guest Starring: Adam Arkin



# SYDNEY PROGRAM GUIDE

Thursday 02nd July 2020

**09:30 pm Law & Order: S.V.U** (Rpt)

CC M  
Violence,  
Sexual References,  
Mature Themes

## End Game

Lt. Benson suspects Rob Miller is behind the death of a girl found dead in the Hudson River. Despite having only circumstantial evidence ADA Stone takes the case to court before Miller can kill again.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

**10:30 pm Blue Bloods**

CC M  
Violence,  
Mature Themes

## **SEASON FINALE**

### Family Secrets

After Sean Reagan gets a DNA match to an unknown cousin while doing an ancestry assignment, Frank must work out the best course of action to take in order to welcome his grandchild into the family.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

Guest Starring: Will Hochman

**11:30 pm The Project Encore** (Rpt)

CC

## **SPECIAL ENCORE PRESENTATION**

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am The Late Show With Stephen Colbert** CC PG

## **ALL NEW EPISODES**

Stephen Colbert welcomes Chair of the Congressional Black Caucus, Rep. Karen Bass, Andrew Ross Sorkin. With musical guest Grace Potter with Jackson Browne, Marcus King and Lucius.

**01:30 am Home Shopping** (Rpt)

Home Shopping

**02:00 am Home Shopping** (Rpt)

Home Shopping

**02:30 am Home Shopping** (Rpt)

Home Shopping

**03:00 am Home Shopping** (Rpt)

Home Shopping



# SYDNEY PROGRAM GUIDE

## Thursday 02nd July 2020

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Friday 03rd July 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>CBS This Morning</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b> (Rpt)	CC PG Mature Themes
<b>01:00 pm</b>	<b>The Dog House Encore</b> (Rpt)	CC PG Mature Themes
<b>02:00 pm</b>	<b>Jamie: Keep Cooking And Carry On</b> (Rpt)	CC G
<b>02:30 pm</b>	<b>Jamie: Keep Cooking And Carry On</b> (Rpt)	CC G

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

## SPECIAL ENCORE PRESENTATION

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

Using store cupboard ingredients, Jamie shows us how to make a simple flatbread and turn it into a pizza pie, and makes a heart-warming, versatile beef and ale stew.



# SYDNEY PROGRAM GUIDE

Friday 03rd July 2020

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm Best Of The Bold & The Beautiful (Rpt)** CC PG

Steffy attempts to get Liam to back off of blackmailing Dollar Bill. Meanwhile, Quinn's visit to Sheila turns into a no-holds-barred catfight.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm The Living Room** CC

## SEASON PREMIERE

The Living Room returns to 10! Amanda, Chris, Barry and Miguel are back to serve up a multitude of uplifting and inspiring stories, with the guarantee of laughs along the way.



# SYDNEY PROGRAM GUIDE

Friday 03rd July 2020

**08:30 pm Have You Been Paying Attention? Encore** (Rpt)

CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## SPECIAL ENCORE PRESENTATION

Have Ed Kavalee, Urzila Carlson, Marty Sheargold, Kitty Flanagan & Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

**09:30 pm Kinne Tonight** (Rpt)

CC M  
Sex Scenes,  
Coarse Language

## SPECIAL ENCORE PRESENTATION

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

**10:00 pm Celebrity Gogglebox USA Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Lindsay Lohan & Aliana Lohan, Curtis Stone, Tyra Banks, The Osbournes & more!

**11:00 pm The Project Encore** (Rpt)

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:00 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Stephen Colbert welcomes guest Charlamagne Tha God, with musical performance by Tunde Adebimpe of TV On The Radio

**01:00 am Home Shopping** (Rpt)

**Home Shopping**

**01:30 am Home Shopping** (Rpt)

**Home Shopping**

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**



# SYDNEY PROGRAM GUIDE

## Friday 03rd July 2020

<b>03:00 am</b>	<b>Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
<b>03:30 am</b>	<b>Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
<b>04:00 am</b>	<b>Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
<b>05:00 am</b>	<b>Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
<b>05:30 am</b>	<b>Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>





# SYDNEY PROGRAM GUIDE

Saturday 04th July 2020

**06:00 am Australian Fishing Championship (Rpt)** CC G

Australian Fishing Championship season 16 features Liam Carruthers and Mark Healey for Team BCF versus Matt Langford and Mitch Cone for Team Jack Link's across the Mackay region.

**06:30 am Leading The Way With Dr. Michael Youssef** CC G

## ALL NEW EPISODES

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

**07:00 am Escape Fishing With ET (Rpt)** CC G

## SPECIAL ENCORE PRESENTATION

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

**07:30 am What's Up Down Under (Rpt)** CC G

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

**08:00 am All 4 Adventure (Rpt)** CC G

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

**09:00 am Whichcar (Rpt)** CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

**09:30 am Studio 10 Saturday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

**12:00 pm Foodie Adventures With Ash Pollard (Rpt)** CC PG  
Mild Coarse Language

## Italy, Lurisia & Dolceacqua - Nazeem Hussain

Ash heads to the hidden villages of northern Italy to discover rustic local flavours and healing waters. Her dinner guest this week is Nazeem Hussain.

**12:30 pm Pooches At Play (Rpt)** CC G

## Goldfields

The team explore the caravan capital of Victoria, Ballarat, to see why it's such a great place to stay for you and your pooch and Lara visits Guide Dogs Australia to talk about their important work.



# SYDNEY PROGRAM GUIDE

Saturday 04th July 2020

**01:00 pm The Dog House Encore (Rpt)** CC PG  
Mature Themes

## SPECIAL ENCORE PRESENTATION

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

**02:00 pm Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**02:30 pm My Market Kitchen (Rpt)** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**03:00 pm What's Up Down Under** CC

## ALL NEW EPISODES

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

**03:30 pm Farm To Fork (Rpt)** CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**04:00 pm To Be Advised**

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Bondi Rescue (Rpt)** CC PG  
Coarse Language,  
Mature Themes

When a backpacker has a violent seizure for over 15 minutes, team leader Beardy fears long-term consequences.

**06:30 pm Bondi Rescue (Rpt)** CC PG  
Coarse Language,  
Mature Themes

It's been a long hot summer and as Bondi swells with beach lovers, the lifeguards feel the pressure. This year's unpredictable events are really going to test the boys and girls in blue.



# SYDNEY PROGRAM GUIDE

Saturday 04th July 2020

**07:00 pm The Dog House**

CC PG

## SEASON FINALE

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

**08:00 pm Ambulance (Rpt)**

CC M  
Coarse Language,  
Mature Themes

At the end of another busy day, Advanced Paramedic Luke puts his specialist training to use when he is dispatched to a life threatening motorcycle accident that has created multiple 999 calls.

**09:00 pm Ambulance (Rpt)**

CC PG  
Coarse Language,  
Mature Themes

Joining ambulance crews in Greater Manchester as they tackle the freezing winter conditions. Advanced Paramedic, Jon, treats a homeless man who has spent the night in a van.

**10:00 pm One Born Every Minute Australia (Rpt)**

CC M  
Mature Themes

Each year Australia sees over 300,000 new bundles of joy enter the world. You're invited to be a part of the experience through cameras rolling around the clock capturing each life changing moment.

**11:00 pm Tommy Encore (Rpt)**

CC M  
Mature Themes

## SPECIAL ENCORE PRESENTATION

### 19 Hour Day

Tommy must decide how to deploy the LAPD's resources when a climate change protest brings riots and a bomb threat at the same time as a mudslide shuts down a major freeway.

**12:00 am Blue Bloods (Rpt)**

CC M  
Violence,  
Mature Themes

### Family Secrets

After Sean Reagan gets a DNA match to an unknown cousin while doing an ancestry assignment, Frank must work out the best course of action to take in order to welcome his grandchild into the family.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray

Guest Starring: Will Hochman

**01:00 am Home Shopping (Rpt)**

### Home Shopping



# SYDNEY PROGRAM GUIDE

## Saturday 04th July 2020

**01:30 am Home Shopping** (Rpt)

**Home Shopping**

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Truth Link**

G

### **ALL NEW EPISODES**

#### **Catching Hope When Dealing With Anger**

For hope and courage in a time of unrest and uncertainty, William Ilerua explores how to deal with frustration in a way that honours God and protects people.

**05:00 am Hour Of Power**

G

### **ALL NEW EPISODES**

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.



# SYDNEY PROGRAM GUIDE

Sunday 05th July 2020

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Religious.

**06:30 am Hillsong** CC G

## ALL NEW EPISODES

Religious.

**07:00 am Joseph Prince** CC PG

## ALL NEW EPISODES

**The 330 - Holy Spirit Convicts Us Of Righteousness**

Religious

**07:30 am Joel Osteen** CC G

## ALL NEW EPISODES

**Jo844 - Your Time Is Coming**

Religious.

**08:00 am Three Veg And Meat (Rpt)** CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.

**08:30 am To Be Advised**

**09:30 am Studio 10 Sunday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

**12:00 pm Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**12:30 pm My Market Kitchen (Rpt)** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.



# SYDNEY PROGRAM GUIDE

Sunday 05th July 2020

<b>01:00 pm</b>	<b>MasterChef Australia Encore</b> (Rpt)	CC
<b>02:15 pm</b>	<b>Farm To Fork</b> (Rpt)	CC G
<b>02:30 pm</b>	<b>Australia By Design: Architecture</b>	CC G
<b>03:00 pm</b>	<b>Australia By Design: Interiors</b>	CC G
<b>03:30 pm</b>	<b>Everyday Gourmet With Justine Schofield</b> (Rpt)	CC G
<b>04:00 pm</b>	<b>Whichcar</b>	CC PG
<b>04:30 pm</b>	<b>RPM</b>	CC
<b>05:00 pm</b>	<b>10 News First</b>	CC
<b>06:30 pm</b>	<b>The Sunday Project</b>	CC

## SPECIAL ENCORE PRESENTATION

In the battle for top 5, contestants must choose two cloches and cook with the ingredients underneath. They can give up one cloche and select a third, however they must cook with the third ingredient.

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

## ALL NEW EPISODES

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

## ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

## ALL NEW EPISODES

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

## LIVE



# SYDNEY PROGRAM GUIDE

Sunday 05th July 2020

**07:30 pm MasterChef Australia**

CC

## ALL NEW EPISODES

Phil Wood from two of Victoria's finest restaurants, reveals that round one is a pressure test. Contestants have 75 minutes to replicate his dish, potatoes duchess with shiitakes and cauliflower.

**09:00 pm FBI: Most Wanted**

CC M  
Violence,  
Mature Themes

## ALL NEW EPISODES

### Grudge

The team searches for a cyberstalker who vows revenge on those he believes wronged him; someone from Hana's past offers her help on the case, but at a price she's not willing to pay.

Starring: Julian McMahon, Roxy Sternberg, Kellan Lutz, Keisha Castle-Hughes, Nathaniel Arcand

**10:00 pm FBI (Rpt)**

CC M  
Violence

### Identity Crisis

After a judge and her daughter are gunned down in the street, Maggie's search for the killer leads her to reconnect with a former FBI classmate who is struggling with her undercover identity.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

**11:00 pm NCIS (Rpt)**

CC M  
Violence

### Skeleton Crew

In the midst of a storm that has shut down Washington, D.C. and knocked out power, the NCIS team investigates the kidnapping of a sailor, which sends Torres and Bishop out to sea to track evidence.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

**12:00 am The Sunday Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

**01:00 am Home Shopping (Rpt)**

### Home Shopping

**01:30 am Home Shopping (Rpt)**

### Home Shopping



# SYDNEY PROGRAM GUIDE

## Sunday 05th July 2020

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.





# SYDNEY PROGRAM GUIDE

## Monday 06th July 2020

<b>06:00 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC PG	Whip is worried that Ridge and Taylor might get closer again. Meanwhile, The Forresters and Logans keep hope alive for the survivors and Steffy flashes back to the pain of losing Phoebe.
<b>06:30 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC G	Steffy tries to make sure that Hope can't find Liam, and Bill helps her out to achieve that. Meanwhile, Rick and Hope try to find Liam on their own.
<b>07:00 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC G	While on the plane to Paris, Liam tells Ivy all about his romantic plans to meet Hope and make her his wife. Meanwhile, in a press conference the media hounds Wyatt about the death of Ricardo Montemayo.
<b>07:30 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC PG	Brooke receives a very pleasant and unexpected visitor in Monte Carlo. Maya is upset when Rick doesn't come in time to see her show.
<b>08:00 am</b>	<b>Studio 10</b>	CC PG	<b>ALL NEW EPISODES</b> Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.00am weekdays on 10.
<b>12:00 pm</b>	<b>Dr Phil</b> (Rpt)	CC PG Coarse Language, Drug References, Mature Themes	<b>18401 - Jackass Star's Road To Rehab: Bam's Cry For Help, A</b> Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.
<b>01:00 pm</b>	<b>MasterChef Australia Encore</b> (Rpt)	CC	<b>SPECIAL ENCORE PRESENTATION</b> Phil Wood from two of Victoria's finest restaurants, reveals that round one is a pressure test. Contestants have 75 minutes to replicate his dish, potatoes duchess with shiitakes and cauliflower.



# SYDNEY PROGRAM GUIDE

Monday 06th July 2020

<b>02:30 pm</b>	<b>Entertainment Tonight</b>	CC
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG
<b>03:30 pm</b>	<b>My Market Kitchen</b>	CC G
<b>04:00 pm</b>	<b>Everyday Gourmet With Justine Schofield</b>	CC G
<b>04:30 pm</b>	<b>Best Of The Bold &amp; The Beautiful (Rpt)</b>	CC PG
<b>05:00 pm</b>	<b>10 News First</b>	CC
<b>06:30 pm</b>	<b>The Project</b>	CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

Heartbroken at the hurt she's caused, Flo desperately attempts to salvage her relationship with Wyatt. An epic showdown between Liam and Thomas results in Hope learning that Beth is alive!

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Monday 06th July 2020

**07:30 pm MasterChef Australia** CC

## ALL NEW EPISODES

The pressure is on in as the makers of the top three dishes from the mystery box challenge will battle it out tomorrow for one last chance at winning immunity this season.

**08:40 pm Have You Been Paying Attention?** CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## ALL NEW EPISODES

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

**09:40 pm Kinne Tonight** CC

## SEASON FINALE

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

**10:10 pm Celebrity Gogglebox USA Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Lindsay Lohan & Aliana Lohan, Curtis Stone, Tyra Banks, The Osbournes & more!

**11:10 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:10 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Stephen Colbert welcomes guest Jake Gyllenhaal, with musical performance by M. Ward

**01:00 am Home Shopping (Rpt)**

**Home Shopping**

**01:30 am Home Shopping (Rpt)**

**Home Shopping**



# SYDNEY PROGRAM GUIDE

## Monday 06th July 2020

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Tuesday 07th July 2020

<b>06:00 am</b>	<b>Entertainment Tonight (Rpt)</b>	CC
<b>06:30 am</b>	<b>CBS This Morning</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil (Rpt)</b>	CC PG Coarse Language, Mature Themes
<b>01:00 pm</b>	<b>MasterChef Australia Encore (Rpt)</b>	CC
<b>02:10 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Judge Judy (Rpt)</b>	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.00am weekdays on 10.

## 18006 - Scammed By An Imposter Posing As Miranda Lambert

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

## SPECIAL ENCORE PRESENTATION

The pressure is on in as the makers of the top three dishes from the mystery box challenge will battle it out tomorrow for one last chance at winning immunity this season.

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Tuesday 07th July 2020

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm Best Of The Bold & The Beautiful (Rpt)** CC PG

Katie is taken in by Bill's overt attentiveness and demonstrative behaviour. Meanwhile, Sally shuts Wyatt down when he arrives at Forrester concerned about her well-being.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm MasterChef Australia** CC

## ALL NEW EPISODES

With no set rules in place, the contestants must mutually decide the cook time to create a dish, sweet or savoury, that best proves to the judges they have come back to win.

**08:40 pm The Montreal Comedy Festival** CC MA15+  
Sexual References

## ALL NEW EPISODES

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Comedians include: Becky Lucas, Wanda Sykes, Jim Jefferies, Tommy Little, Ronny Chieng and Ismo.



# SYDNEY PROGRAM GUIDE

Tuesday 07th July 2020

**09:40 pm NCIS (Rpt)**

CC M  
Violence

### What Child Is This?

The team's holiday plans are put on hold after the murder investigation of a Navy veteran includes the discovery of a newborn baby with no identification.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

**10:40 pm NCIS: Los Angeles (Rpt)**

CC M  
Violence

### Warrior Of Peace

Callen's father is apprehended as part of an exchange for two American photographers being held hostage in Iran.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

**11:40 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:40 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:30 am Home Shopping (Rpt)**

Home Shopping

**02:00 am Home Shopping (Rpt)**

Home Shopping

**02:30 am Home Shopping (Rpt)**

Home Shopping

**03:00 am Home Shopping (Rpt)**

Home Shopping

**03:30 am Home Shopping (Rpt)**

Home Shopping



# SYDNEY PROGRAM GUIDE

Tuesday 07th July 2020

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.





# SYDNEY PROGRAM GUIDE

Wednesday 08th July 2020

**06:00 am Entertainment Tonight (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**06:30 am CBS This Morning** CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

**08:00 am Studio 10** CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.00am weekdays on 10.

**12:00 pm Dr Phil (Rpt)** CC PG  
Sexual References,  
Coarse Language,  
Mature Themes

## 18014 - Desperate For Insta Fame

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm MasterChef Australia Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

With no set rules in place, the contestants must mutually decide the cook time to create a dish, sweet or savoury, that best proves to the judges they have come back to win.

**02:10 pm Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm Judge Judy (Rpt)** CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Wednesday 08th July 2020

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm To Be Advised**

## LIVE

**05:00 pm 10 News First** CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Bondi Rescue** CC PG  
Coarse Language,  
Mature Themes

## SEASON FINALE

As thousands flock Bondi at the height of Coronavirus and social distancing, the State Police Minister arrives to bar people from the beach - the first time it's been done since World War 2.

**08:00 pm Bondi Rescue** CC PG  
Coarse Language,  
Drug Use,  
Mature Themes

It's New Year's Day and things get serious when a teenager overdoses. In the water Chappo pulls two teenagers onto his board, but faces a dilemma when two men further out start going under water.



# SYDNEY PROGRAM GUIDE

Wednesday 08th July 2020

**08:30 pm Tommy**

CC M  
Mature Themes

## ALL NEW EPISODES

### To Take A Hostage

When a concert promoter who is accused of defrauding his customers takes hostages in a restaurant, Tommy sends Cooper and Diaz to manage the situation until she can arrive.

**09:30 pm Bull (Rpt)**

CC M  
Mature Themes

### The Ground Beneath Their Feet

Bull returns to work with a new rich client for the firm to represent - an insurance company is being sued by a dying mother for denying coverage of her liver transplant.

**10:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**11:30 pm The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**12:30 am Home Shopping (Rpt)**

Home Shopping

**01:00 am Home Shopping (Rpt)**

Home Shopping

**01:30 am Home Shopping (Rpt)**

Home Shopping

**02:00 am Home Shopping (Rpt)**

Home Shopping

**02:30 am Home Shopping (Rpt)**

Home Shopping



# SYDNEY PROGRAM GUIDE

## Wednesday 08th July 2020

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Thursday 09th July 2020

<b>06:00 am</b>	<b>Entertainment Tonight (Rpt)</b>	CC
<b>06:30 am</b>	<b>CBS This Morning</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil (Rpt)</b>	CC PG Coarse Language, Mature Themes
<b>01:00 pm</b>	<b>The Dog House Encore (Rpt)</b>	CC PG
<b>02:00 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Judge Judy (Rpt)</b>	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.00am weekdays on 10.

## 18004 - Caught Between Two Brittanys

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

## SPECIAL ENCORE PRESENTATION

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Thursday 09th July 2020

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm To Be Advised**

## LIVE

**05:00 pm 10 News First** CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Celebrity Gogglebox USA** CC

## ALL NEW EPISODES

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Lindsay Lohan & Aliana Lohan, Curtis Stone, Tyra Banks, The Osbournes & more!

**08:30 pm Law & Order: S.V.U** CC M  
Violence,  
Sexual References,  
Strong Adult Themes

## ALL NEW EPISODES

### Can't Be Held Accountable Pt.1

A fellow detective asks the SVU for help when he suspects his two daughters are being groomed by the influential and predatory owner of a modeling agency for teenage girls.

Starring: Mariska Hargitay, Ice T, Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

Guest Starring: Nicholas Turturro



# SYDNEY PROGRAM GUIDE

Thursday 09th July 2020

**09:30 pm Law & Order: S.V.U** (Rpt)

CC M  
Mature Themes

## Man Up

Teenager Sam Conway shows evidence of rape but refuses to name his attacker. Meanwhile, Benson and Rollins confess to some major life changes.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Kurt Fuller, Dylan Walsh, George Newbern

**10:30 pm Blue Bloods** (Rpt)

CC M  
Strong Violence

## 22

Danny takes a case involving a drug cartel member who he believes torched his house. Erin is given a promotion but finds herself in a challenging situation and Jamie refuses to stop riding with Eddie.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray, Len Cariou, Sami Gayle

Guest Starring: Lou Diamond Phillips, Aasif Mandvi

**11:30 pm The Project Encore** (Rpt)

CC

## **SPECIAL ENCORE PRESENTATION**

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am The Late Show With Stephen Colbert**

CC PG

## **ALL NEW EPISODES**

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:30 am Home Shopping** (Rpt)

Home Shopping

**02:00 am Home Shopping** (Rpt)

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**02:30 am Home Shopping** (Rpt)

Home Shopping

**03:00 am Home Shopping** (Rpt)

Home Shopping

**03:30 am Home Shopping** (Rpt)

Home Shopping



# SYDNEY PROGRAM GUIDE

Thursday 09th July 2020

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.





# SYDNEY PROGRAM GUIDE

Friday 10th July 2020

**06:00 am Entertainment Tonight (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**06:30 am CBS This Morning** CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

**08:00 am Studio 10** CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.00am weekdays on 10.

**12:00 pm Dr Phil (Rpt)** CC PG  
Sexual References,  
Mature Themes

## 18003 - Did He Murder His Wife?

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm To Be Advised**

**02:00 pm Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm Judge Judy (Rpt)** CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.



# SYDNEY PROGRAM GUIDE

Friday 10th July 2020

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm To Be Advised**

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm The Living Room** CC

## ALL NEW EPISODES

Siblings Monica and Natalie are both health care workers who have been so busy helping others, it's time they get a little help themselves. Cue the fab four!

**08:30 pm Have You Been Paying Attention? Encore (Rpt)** CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## SPECIAL ENCORE PRESENTATION

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

**09:30 pm Kinne Tonight Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

**10:00 pm Celebrity Gogglebox USA Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Lindsay Lohan & Aliana Lohan, Curtis Stone, Tyra Banks, The Osbournes & more!



# SYDNEY PROGRAM GUIDE

Friday 10th July 2020

**11:00 pm The Project Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:00 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:00 am Home Shopping** (Rpt)

**Home Shopping**

**01:30 am Home Shopping** (Rpt)

**Home Shopping**

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

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**03:30 am Home Shopping** (Rpt)

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**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am Home Shopping** (Rpt)

**Home Shopping**

**05:30 am Home Shopping** (Rpt)

**Home Shopping**



# SYDNEY PROGRAM GUIDE

## Saturday 11th July 2020

**06:00 am Unknown Road Adventures (Rpt)** CC G

Unknown Road Adventures is based on remote fishing adventures.

**06:30 am Leading The Way With Dr. Michael Youssef** CC G

### ALL NEW EPISODES

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

**07:00 am Escape Fishing With ET (Rpt)** CC G

### SPECIAL ENCORE PRESENTATION

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

**07:30 am What's Up Down Under (Rpt)** CC

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

**08:00 am All 4 Adventure (Rpt)** CC PG

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

**09:00 am Whichcar (Rpt)** CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

**09:30 am Studio 10 Saturday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

**12:00 pm Foodie Adventures With Ash Pollard (Rpt)** CC PG

### Thailand, Trat - Dane Swan

Ash leaves the Bangkok tourist trail in search of the perfect Phad Thai and discovers some luxurious hideaways. She recreates the dishes she has learnt for Dane Swan and her friends.

**12:30 pm Pooches At Play (Rpt)** CC G

Join hosts Gyton Grantley & dog trainer Lara Shannon, as they provide all the health, training and other pet care tips you need to know to keep your furry, feathered and scaly friends healthy & happy.



# SYDNEY PROGRAM GUIDE

Saturday 11th July 2020

**01:00 pm The Dog House Encore** (Rpt) CC PG

## SPECIAL ENCORE PRESENTATION

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

**02:00 pm Everyday Gourmet With Justine Schofield** (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**02:30 pm My Market Kitchen** (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**03:00 pm What's Up Down Under** CC

## ALL NEW EPISODES

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

**03:30 pm Farm To Fork** (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**04:00 pm To Be Advised**

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Bondi Rescue** (Rpt) CC PG  
Coarse Language,  
Mature Themes

It's been a long hot summer and as Bondi swells with beach lovers, the lifeguards feel the pressure. This year's unpredictable events are really going to test the boys and girls in blue.

**06:30 pm Bondi Rescue** (Rpt) CC PG

A man is reported to have fallen from cliffs, but when Jesse arrives the situation takes an unexpected turn. Later the police chopper arrives and the story takes another, far more tragic turn.



# SYDNEY PROGRAM GUIDE

Saturday 11th July 2020

**07:00 pm The Children's Hospital**

CC PG  
Mature Themes

## SERIES PREMIERE

A behind-the-scenes look at the Royal Aberdeen Children's Hospital, exploring the lives of patients and staff at one of Scotland's busiest hospitals.

**07:30 pm Ambulance**

CC M  
Sexual References,  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

A potentially fatal stabbing, alcohol poisoning, broken ankles, substance abuse and cardiac arrests are just some of the difficult jobs the crews face in Liverpool during St. Patrick's Day celebrations

**08:30 pm Beecham House**

CC M

## SERIES PREMIERE

John Beecham, a former soldier in the East India Company, arrives at a grand mansion determined to leave the past behind him and start a new life, but he carries in his arms a secret.

**09:30 pm Ocean's Eleven (Rpt)(2001)**

CC M  
Coarse Language

## MOVIE

Danny Ocean puts together a rag-tag group of con artists and ex-cons for the heist to end all heists, daring to rob 150 million dollars from a vault that serves three of Las Vegas' biggest casinos.

Starring: George Clooney, Brad Pitt, Matt Damon, Julia Roberts, Andy Garcia

**11:50 pm Tommy Encore (Rpt)**

CC M  
Mature Themes

## SPECIAL ENCORE PRESENTATION

### To Take A Hostage

When a concert promoter who is accused of defrauding his customers takes hostages in a restaurant, Tommy sends Cooper and Diaz to manage the situation until she can arrive.

**12:50 am Blue Bloods (Rpt)**

CC M  
Strong Violence

## 22

Danny takes a case involving a drug cartel member who he believes torched his house. Erin is given a promotion but finds herself in a challenging situation and Jamie refuses to stop riding with Eddie.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray, Len Cariou, Sami Gayle

Guest Starring: Lou Diamond Phillips, Aasif Mandvi



# SYDNEY PROGRAM GUIDE

## Saturday 11th July 2020

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Truth Link**

G

### **ALL NEW EPISODES**

#### **Catching Hope When Dealing With Distancing**

We were designed to live in community. How do we keep these connections near when we have to distance ourselves for an uncertain period of time?

**05:00 am Hour Of Power**

G

### **ALL NEW EPISODES**

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.