



SYDNEY PROGRAM GUIDE

Sunday 05th July 2020

<p>06:00 am Mass For You At Home CC G</p>	<p>ALL NEW EPISODES</p> <p>Religious.</p>
<p>06:30 am Hillsong CC G</p>	<p>ALL NEW EPISODES</p> <p>Religious.</p>
<p>07:00 am Joseph Prince CC PG</p>	<p>ALL NEW EPISODES</p> <p><u>The 330 - Holy Spirit Convicts Us Of Righteousness</u></p> <p>Religious</p>
<p>07:30 am Joel Osteen CC G</p>	<p>ALL NEW EPISODES</p> <p><u>Jo844 - Your Time Is Coming</u></p> <p>Religious.</p>
<p>08:00 am Three Veg And Meat (Rpt) CC G</p>	<p>Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.</p>
<p>08:30 am To Be Advised</p>	
<p>09:30 am Studio 10 Sunday CC PG</p>	<p>See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!</p>
<p>12:00 pm Good Chef Bad Chef (Rpt) CC G</p>	<p>Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.</p>
<p>12:30 pm My Market Kitchen (Rpt) CC G</p>	<p>Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.</p>



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01:00 pm MasterChef Australia Encore (Rpt) CC G

SPECIAL ENCORE PRESENTATION

In the battle for top 5, contestants must choose two cloches and cook with the ingredients underneath. They can give up one cloche and select a third, however they must cook with the third ingredient.

02:15 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

02:30 pm Australia By Design: Architecture CC G

ALL NEW EPISODES

03:00 pm Australia By Design: Interiors CC G

ALL NEW EPISODES

03:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:00 pm Whichcar CC PG

ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

04:30 pm RPM CC

ALL NEW EPISODES

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Sunday Project CC

LIVE



SYDNEY PROGRAM GUIDE

Sunday 05th July 2020

07:30 pm MasterChef Australia CC

ALL NEW EPISODES

Do not miss this elimination. Phil Wood from two of Victoria's finest restaurants, reveals a pressure test. Contestants must replicate his dish of potatoes duchess with shiitakes and cauliflower.

09:00 pm FBI: Most Wanted CC M
Violence, Mature Themes

ALL NEW EPISODES

Grudge

The team searches for a cyberstalker who vows revenge on those he believes wronged him; someone from Hana's past offers her help on the case, but at a price she's not willing to pay.

Starring: Julian McMahon, Roxy Sternberg, Kellan Lutz, Keisha Castle-Hughes, Nathaniel Arcand

10:00 pm FBI (Rpt) CC M
Violence

Identity Crisis

After a judge and her daughter are gunned down in the street, Maggie's search for the killer leads her to reconnect with a former FBI classmate who is struggling with her undercover identity.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

11:00 pm NCIS (Rpt) CC M
Violence

Skeleton Crew

In the midst of a storm that has shut down Washington, D.C. and knocked out power, the NCIS team investigates the kidnapping of a sailor, which sends Torres and Bishop out to sea to track evidence.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

12:00 am The Sunday Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Sunday 05th July 2020

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Monday 06th July 2020

06:00 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	Whip is worried that Ridge and Taylor might get closer again. Meanwhile, The Forresters and Logans keep hope alive for the survivors and Steffy flashes back to the pain of losing Phoebe.
06:30 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC G	Steffy tries to make sure that Hope can't find Liam, and Bill helps her out to achieve that. Meanwhile, Rick and Hope try to find Liam on their own.
07:00 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC G	While on the plane to Paris, Liam tells Ivy all about his romantic plans to meet Hope and make her his wife. Meanwhile, in a press conference the media hounds Wyatt about the death of Ricardo Montemayo.
07:30 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	Brooke receives a very pleasant and unexpected visitor in Monte Carlo. Maya is upset when Rick doesn't come in time to see her show.
08:00 am	Studio 10	CC PG	<p>ALL NEW EPISODES</p> <p>The woman left for dead as a newborn. Her miracle survival and her heart-wrenching 30 year quest to find her mother. Plus, powerhouse Lizzo goes back, recounting the highs and lows during her rise to fame</p>
12:00 pm	Dr Phil (Rpt)	CC PG Coarse Language, Drug References, Mature Themes	<p>18401 - Jackass Star's Road To Rehab: Bam's Cry For Help, A</p> <p>Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.</p>
01:00 pm	MasterChef Australia Encore (Rpt)	CC	<p>SPECIAL ENCORE PRESENTATION</p> <p>Do not miss this elimination. Phil Wood from two of Victoria's finest restaurants, reveals a pressure test. Contestants must replicate his dish of potatoes duchess with shiitakes and cauliflower.</p>



SYDNEY PROGRAM GUIDE

Monday 06th July 2020

02:30 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	Best Of The Bold & The Beautiful (Rpt)	CC PG
05:00 pm	10 News First	CC
06:30 pm	The Project	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

Heartbroken at the hurt she's caused, Flo desperately attempts to salvage her relationship with Wyatt. An epic showdown between Liam and Thomas results in Hope learning that Beth is alive!

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Monday 06th July 2020

07:30 pm MasterChef Australia CC

ALL NEW EPISODES

The race to finals week is on! The makers of the top three dishes from the mystery box challenge will battle it out tomorrow for one last chance at winning immunity this season.

08:40 pm Have You Been Paying Attention? CC M
Sexual References, Coarse Language, Mature Themes, Nudity, May Contain:

ALL NEW EPISODES

Have Glenn Robbins Anne Edmonds, Hayley Sproull, Ed Kavalee and Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:40 pm Kinne Tonight CC M
Sexual References, Coarse Language

SEASON FINALE

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

10:10 pm Celebrity Gogglebox USA Encore (Rpt) CC M
Coarse Language, Mature Themes

SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Lindsay Lohan & Aliana Lohan, Curtis Stone, Tyra Banks, The Osbournes & more!

11:10 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:10 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guests Jake Gyllenhaal, with musical performance by M. Ward

01:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Monday 06th July 2020

01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>

05:00 am **The Talk**

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Tuesday 07th July 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Coarse Language, Mature Themes
01:00 pm	MasterChef Australia Encore (Rpt)	CC
02:10 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

He was the king of the mountain. Now, a new Peter Brock tell-all takes a no-holds barred look at this life. But what does his family have to say about it?

18006 - Scammed By An Imposter Posing As Miranda Lambert

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

SPECIAL ENCORE PRESENTATION

The race to finals week is on! The makers of the top three dishes from the mystery box challenge will battle it out tomorrow for one last chance at winning immunity this season.

ALL NEW EPISODES

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Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Tuesday 07th July 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm Best Of The Bold & The Beautiful (Rpt) CC PG

Katie is taken in by Bill's overt attentiveness and demonstrative behaviour. Meanwhile, Sally shuts Wyatt down when he arrives at Forrester concerned about her well-being.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia CC

ALL NEW EPISODES

Who will make the finals? With no set rules in place, the contestants must mutually decide the cook time to create a dish, sweet or savoury, that best proves to the judges they have come back to win.

08:40 pm The Montreal Comedy Festival CC MA15+
Sexual References

ALL NEW EPISODES

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Comedians include: Becky Lucas, Wanda Sykes, Jim Jefferies, Tommy Little, Ronny Chieng and Ismo.



SYDNEY PROGRAM GUIDE

Tuesday 07th July 2020

09:40 pm NCIS (Rpt)

CC M
Violence

What Child Is This?

The team's holiday plans are put on hold after the murder investigation of a Navy veteran includes the discovery of a newborn baby with no identification.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:40 pm NCIS: Los Angeles (Rpt)

CC M
Violence

Warrior Of Peace

Callen's father is apprehended as part of an exchange for two American photographers being held hostage in Iran.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

11:40 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:40 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Stephen Colbert welcomes sports analyst and former NFL athlete Emmanuel Acho, and Chris Wallace.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

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SYDNEY PROGRAM GUIDE

Tuesday 07th July 2020

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Wednesday 08th July 2020

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

08:00 am Studio 10 CC PG

ALL NEW EPISODES

In a split-second teenager Claire Freeman's life changed forever. Hear how she would claw back from the brink of death to conquer her catwalk dreams. Plus, 'Bold' star Heather Tom is live!

12:00 pm Dr Phil (Rpt) CC PG
Sexual References,
Coarse Language,
Mature Themes

18014 - Desperate For Insta Fame

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Who will make the finals? With no set rules in place, the contestants must mutually decide the cook time to create a dish, sweet or savoury, that best proves to the judges they have come back to win.

02:10 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

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Wednesday 08th July 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm To Be Advised

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Bondi Rescue CC PG
Coarse Language,
Mature Themes

SEASON FINALE

As thousands flock Bondi at the height of Coronavirus and social distancing, the State Police Minister arrives to bar people from the beach - the first time it's been done since World War 2.

08:00 pm Bondi Rescue CC PG
Coarse Language,
Drug Use,
Mature Themes

It's New Year's Day and things get serious when a teenager overdoses. In the water Chappo pulls two teenagers onto his board, but faces a dilemma when two men further out start going under water.



SYDNEY PROGRAM GUIDE

Wednesday 08th July 2020

08:30 pm Tommy

CC M
Mature Themes

ALL NEW EPISODES

To Take A Hostage

When a concert promoter who is accused of defrauding his customers takes hostages in a restaurant, Tommy sends Cooper and Diaz to manage the situation until she can arrive.

09:30 pm Bull (Rpt)

CC M
Mature Themes

The Ground Beneath Their Feet

Bull returns to work with a new rich client for the firm to represent - an insurance company is being sued by a dying mother for denying coverage of her liver transplant.

10:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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11:30 pm The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guest Stacey Abrams, Megan Rapinoe, with musical performance by The Flaming Lips

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Wednesday 08th July 2020

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Thursday 09th July 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Coarse Language, Mature Themes
01:00 pm	The Dog House Encore (Rpt)	CC PG
02:00 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.00am weekdays on 10.

18004 - Caught Between Two Brittanys

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

SPECIAL ENCORE PRESENTATION

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

ALL NEW EPISODES

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Thursday 09th July 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm To Be Advised

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

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07:30 pm Celebrity Gogglebox USA CC

ALL NEW EPISODES

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Lindsay Lohan & Aliana Lohan, Curtis Stone, Tyra Banks, The Osbournes & more!

08:30 pm Law & Order: S.V.U CC M
Violence,
Sexual References,
Strong Adult Themes

ALL NEW EPISODES

Can't Be Held Accountable Pt.1

A fellow detective asks the SVU for help when he suspects his two daughters are being groomed by the influential and predatory owner of a modeling agency for teenage girls.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

Guest Starring: Nicholas Turturro



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Thursday 09th July 2020

09:30 pm Law & Order: S.V.U (Rpt)

CC M
Mature Themes

Man Up

Teenager Sam Conway shows evidence of rape but refuses to name his attacker. Meanwhile, Benson and Rollins confess to some major life changes.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Kurt Fuller, Dylan Walsh, George Newbern

10:30 pm Blue Bloods (Rpt)

CC M
Strong Violence

22

Danny takes a case involving a drug cartel member who he believes torched his house. Erin is given a promotion but finds herself in a challenging situation and Jamie refuses to stop riding with Eddie.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray, Len Cariou, Sami Gayle

Guest Starring: Lou Diamond Phillips, Aasif Mandvi

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:30 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guests Kumail Nanjiani, with musical performance by Andra Day and special appearance by Elmo

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

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Home Shopping

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SYDNEY PROGRAM GUIDE

Thursday 09th July 2020

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Friday 10th July 2020

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

08:00 am Studio 10 CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.00am weekdays on 10.

12:00 pm Dr Phil (Rpt) CC PG
Sexual References, Mature Themes

18003 - Did He Murder His Wife?

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01:00 pm To Be Advised

02:00 pm Entertainment Tonight CC

ALL NEW EPISODES

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02:30 pm Judge Judy (Rpt) CC PG

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03:00 pm Judge Judy CC PG

ALL NEW EPISODES

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03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Friday 10th July 2020

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

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04:30 pm To Be Advised

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

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07:30 pm The Living Room CC PG

ALL NEW EPISODES

Siblings Monica and Natalie are both health care workers who have been so busy helping others, it's time they get a little help themselves. Cue the fab four!

08:30 pm Have You Been Paying Attention? Encore (Rpt) CC M
Sexual References, Coarse Language, Mature Themes, Nudity, May Contain:

SPECIAL ENCORE PRESENTATION

Have Glenn Robbins Anne Edmonds, Hayley Sproull, Ed Kavalee and Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm Kinne Tonight Encore (Rpt) CC M
Sexual References, Coarse Language

SPECIAL ENCORE PRESENTATION

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.



SYDNEY PROGRAM GUIDE

Friday 10th July 2020

10:00 pm **Celebrity Gogglebox USA Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Lindsay Lohan & Aliana Lohan, Curtis Stone, Tyra Banks, The Osbournes & more!

11:00 pm **The Project Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am **The Late Show With Stephen Colbert** CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guests journalist Wesley Lowery, and filmmaker, actor, and comedian Judd Apatow

01:00 am **Home Shopping** (Rpt)

Home Shopping

01:30 am **Home Shopping** (Rpt)

Home Shopping

02:00 am **Home Shopping** (Rpt)

Home Shopping

02:30 am **Home Shopping** (Rpt)

Home Shopping

03:00 am **Home Shopping** (Rpt)

Home Shopping

03:30 am **Home Shopping** (Rpt)

Home Shopping

04:00 am **Home Shopping** (Rpt)

Home Shopping

04:30 am **Home Shopping** (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 10th July 2020

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 11th July 2020

06:00 am Unknown Road Adventures (Rpt) CC G

Unknown Road Adventures is based on remote fishing adventures.

06:30 am Leading The Way With Dr. Michael Youssef CC G

ALL NEW EPISODES

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

07:00 am Escape Fishing With ET (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

07:30 am What's Up Down Under (Rpt) CC G

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

08:00 am All 4 Adventure (Rpt) CC PG

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

09:00 am Whichcar (Rpt) CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm Foodie Adventures With Ash Pollard (Rpt) CC PG

Thailand, Trat - Dane Swan

Ash leaves the Bangkok tourist trail in search of the perfect Phad Thai and discovers some luxurious hideaways. She recreates the dishes she has learnt for Dane Swan and her friends.

12:30 pm Pooches At Play (Rpt) CC G

Join hosts Gyton Grantley & dog trainer Lara Shannon, as they provide all the health, training and other pet care tips you need to know to keep your furry, feathered and scaly friends healthy & happy.



SYDNEY PROGRAM GUIDE

Saturday 11th July 2020

SPECIAL ENCORE PRESENTATION

01:00 pm The Dog House Encore (Rpt) CC PG

Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.

02:00 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

02:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

03:00 pm What's Up Down Under CC

ALL NEW EPISODES

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

03:30 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:00 pm To Be Advised

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt) CC PG
Coarse Language,
Mature Themes

It's been a long hot summer and as Bondi swells with beach lovers, the lifeguards feel the pressure. This year's unpredictable events are really going to test the boys and girls in blue.

06:30 pm Bondi Rescue (Rpt) CC PG

A man is reported to have fallen from cliffs, but when Jesse arrives the situation takes an unexpected turn. Later the police chopper arrives and the story takes another, far more tragic turn.



SYDNEY PROGRAM GUIDE

Saturday 11th July 2020

07:00 pm The Children's Hospital

CC PG
Mature Themes

SERIES PREMIERE

A behind-the-scenes look at the Royal Aberdeen Children's Hospital, exploring the lives of patients and staff at one of Scotland's busiest hospitals.

07:30 pm Ambulance

CC M
Sexual References,
Coarse Language,
Mature Themes

ALL NEW EPISODES

A potentially fatal stabbing, alcohol poisoning, broken ankles, substance abuse and cardiac arrests are just some of the difficult jobs the crews face in Liverpool during St. Patrick's Day celebrations

08:40 pm Beecham House

CC M

SERIES PREMIERE

John Beecham, a former soldier in the East India Company, arrives at a grand mansion determined to leave the past behind him and start a new life, but he carries in his arms a secret.

09:40 pm Ocean's Eleven (Rpt)(2001)

CC M
Coarse Language

MOVIE

Danny Ocean puts together a rag-tag group of con artists and ex-cons for the heist to end all heists, daring to rob 150 million dollars from a vault that serves three of Las Vegas' biggest casinos.

Starring: George Clooney, Brad Pitt, Matt Damon, Julia Roberts, Andy Garcia

12:00 am Tommy Encore (Rpt)

CC M
Mature Themes

SPECIAL ENCORE PRESENTATION

To Take A Hostage

When a concert promoter who is accused of defrauding his customers takes hostages in a restaurant, Tommy sends Cooper and Diaz to manage the situation until she can arrive.

01:00 am Blue Bloods (Rpt)

CC M
Strong Violence

22

Danny takes a case involving a drug cartel member who he believes torched his house. Erin is given a promotion but finds herself in a challenging situation and Jamie refuses to stop riding with Eddie.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray, Len Cariou, Sami Gayle

Guest Starring: Lou Diamond Phillips, Aasif Mandvi



SYDNEY PROGRAM GUIDE

Saturday 11th July 2020

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Truth Link

G

ALL NEW EPISODES

Catching Hope When Dealing With Distancing

We were designed to live in community. How do we keep these connections near when we have to distance ourselves for an uncertain period of time?

05:00 am Hour Of Power

G

ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.



SYDNEY PROGRAM GUIDE

Sunday 12th July 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious.

07:00 am Joseph Prince CC G

ALL NEW EPISODES

The 331 - Lord Of Time And Space

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Jo845 - Victory Begins In The Dark

Religious.

08:00 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

08:30 am To Be Advised

09:30 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

12:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.



SYDNEY PROGRAM GUIDE

Sunday 12th July 2020

01:00 pm MasterChef Australia Encore (Rpt) CC

02:15 pm Farm To Fork (Rpt) CC G

02:30 pm Australia By Design: Architecture CC G

03:00 pm Australia By Design: Interiors CC G

03:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

04:00 pm Whichcar CC PG

04:30 pm RPM CC

05:00 pm 10 News First CC

06:30 pm The Sunday Project CC

SPECIAL ENCORE PRESENTATION

Who will make the finals? With no set rules in place, the contestants must mutually decide the cook time to create a dish, sweet or savoury, that best proves to the judges they have come back to win.

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

ALL NEW EPISODES

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

ALL NEW EPISODES

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

LIVE



SYDNEY PROGRAM GUIDE

Sunday 12th July 2020

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

In today's mammoth elimination challenge, the contestants discover not only will they be cooking a four-course meal for the MasterChef judges, but for six of the hottest chefs in the country.

09:00 pm FBI: Most Wanted

CC M
Violence

SEASON FINALE

Getaway

When a father and son bank robbing duo escape from a prison transport van on their way to trial, the team must hunt them down before they steal enough money to escape the country.

Starring: Julian McMahon, Roxy Sternberg, Kellan Lutz, Keisha Castle-Hughes, Nathaniel Arcand

10:00 pm FBI (Rpt)

CC M
Violence

New Dawn, A

An alt-right provocateur is murdered after giving a speech at a university. Maggie and OA investigate the school's more extreme political groups and rely on OA's sister, Amira, a student, for help.

Starring: Missy Peregrin, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

Guest Starring: Dennis Boutsikaris

11:00 pm NCIS (Rpt)

CC M

Fake IT 'til You Make IT

After Reeves sees his friend get kidnapped, the NCIS team discovers the primary suspect disappeared two days ago with confidential military information.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

12:00 am The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Sunday 12th July 2020

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Monday 13th July 2020

06:00 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	An epic fashion showdown for charity gets underway with Forrester Creations and Spectra Fashions. Meanwhile, Sally is confused by Thomas' actions.
06:30 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC G	A Fourth of July photo shoot takes place at the Forrester Mansion and everyone has a wonderful time. Pam and Charlie arrive dressed as George and Martha Washington.
07:00 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG Violence	Jack Declares his love for Stephanie. Meanwhile, Shelia Admits what she did to Lauren was wrong, but will her apology keep Lauren from calling the police on Shelia?
07:30 am	Best Of The Bold & The Beautiful Encore (Rpt)	CC PG	Macy finds Brooke hiding under Thorne and Macy's bed, Thorne is then questioned by Macy about how long Brooke has been trying to get with him and why Thorne hadn't told her about it.
08:00 am	Studio 10	CC PG	ALL NEW EPISODES Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.
12:00 pm	Dr Phil (Rpt)	CC PG Coarse Language, Mature Themes	<u>The 18011 - Wrath Of My Mother Wanda Pt.1</u> Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.
01:00 pm	MasterChef Australia Encore (Rpt)	CC	SPECIAL ENCORE PRESENTATION In today's mammoth elimination challenge, the contestants discover not only will they be cooking a four-course meal for the MasterChef judges, but for six of the hottest chefs in the country.



SYDNEY PROGRAM GUIDE

Monday 13th July 2020

02:30 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	To Be Advised	
05:00 pm	10 News First	CC
06:30 pm	The Project	CC
07:30 pm	MasterChef Australia	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

ALL NEW EPISODES

The contestants discover today's mystery box, covered in a Union Jack flag, has been set by guest chef Gordon Ramsay.



SYDNEY PROGRAM GUIDE

Monday 13th July 2020

08:40 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:40 pm Adam Hills: Take His Legs

CC M
Coarse Language

SPECIAL EVENT

Adam Hills: Take His Legs

Adam Hills assembles the best rugby players with physical disabilities across the UK to travel to Australia to take part in the first ever international PDRL match against the South Sydney Rabbitohs.

Starring: Adam Hills, Russell Crowe

10:40 pm Celebrity Gogglebox USA (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Lindsay Lohan & Aliana Lohan, Curtis Stone, Tyra Banks, The Osbournes & more!

11:40 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:40 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guests John Dickerson, Contributor for CBS News's "60 Minutes", plus with musical performance by Black Pumas

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Monday 13th July 2020

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Tuesday 14th July 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Coarse Language, Mature Themes
01:00 pm	MasterChef Australia Encore (Rpt)	CC
02:00 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

The 18301 - Good, The Bad And Wanda's Bipolar Pt.2

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

SPECIAL ENCORE PRESENTATION

The contestants discover today's mystery box, covered in a Union Jack flag, has been set by guest chef Gordon Ramsay.

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Tuesday 14th July 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm To Be Advised

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia CC

ALL NEW EPISODES

In tonight's elimination challenge contestants must choose to use either ingredients from an ordinary pantry or an extraordinary pantry.

08:40 pm The Montreal Comedy Festival CC MA15+
Sexual References

ALL NEW EPISODES

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Comedians include: Danny Bhoj, Dylan Moran, Orny Adams, Wanda Sykes & Michael Che.



SYDNEY PROGRAM GUIDE

Tuesday 14th July 2020

09:40 pm NCIS (Rpt)

CC M
Mature Themes

Toil And Trouble

The secretary of defense shuts down Gibbs' murder investigation and demands that McGee and Torres be arrested for their actions in the case.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:40 pm NCIS: Los Angeles (Rpt)

CC MA15+
Strong Violence

The Monster

While investigating a missing person, the team uncovers a killer who puts on shows for high-paying voyeurs. Mosley assigns Callen as her partner on a joint mission to arrest someone from her past.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

11:40 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Tuesday 14th July 2020

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Wednesday 15th July 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Mature Themes
01:00 pm	MasterChef Australia Encore (Rpt)	CC
02:10 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

The 18022 - Disappearance Of Jennifer Dulos

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

SPECIAL ENCORE PRESENTATION

In tonight's elimination challenge contestants must choose to use either ingredients from an ordinary pantry or an extraordinary pantry.

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Wednesday 15th July 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm To Be Advised

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Bachelor In Paradise CC PG
Sexual References,
Coarse Language,
Mature Themes,
Nudity

SEASON PREMIERE

Everyone deserves a second (or third!) chance at love and for our lucky singles, this new chapter begins in Paradise. So crack open some coconuts because Bachelor In Paradise is back.

09:00 pm Tommy CC M
Mature Themes

ALL NEW EPISODES

The Ninth Girl

The mayor pressures Tommy to quickly solve a high-profile kidnapping that captures the attention of the citizens of Los Angeles.



SYDNEY PROGRAM GUIDE

Wednesday 15th July 2020

10:00 pm Bull (Rpt)

CC M
Violence

Jury Duty

Bull finds himself on the opposite side when he serves jury duty while simultaneously mounting a defence for a woman on trial for killing her daughter's murderer.

11:00 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Wednesday 15th July 2020

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



SYDNEY PROGRAM GUIDE

Thursday 16th July 2020

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

08:00 am Studio 10 CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil (Rpt) CC PG
Coarse Language,
Drug References,
Mature Themes

18019 - Dr. Phil's 3000th Show

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

02:30 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.



SYDNEY PROGRAM GUIDE

Thursday 16th July 2020

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm To Be Advised

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Bachelor In Paradise CC PG

Sexual References,
Coarse Language,
Nudity

ALL NEW EPISODES

One single-minded Bachelorette receives a date card and wastes no time luring her dream guy. But her beau is quite the popular man in Paradise. Will she win his attention, or will his eyes wander?

09:00 pm Celebrity Gogglebox USA CC

ALL NEW EPISODES

Celebrities watch all the same TV shows as us, so let's join them on the couch and hear what they have to say about them. Join Curtis Stone, Tyra Banks, The Osbournes, JoJo Siwa, Raven-Symone & more!

10:00 pm Law & Order: S.V.U (Rpt) CC M
Violence,
Mature Themes

Man Down

In the dramatic conclusion to the season premiere, ADA Stone blames himself for the shocking verdict in Sam's case, and before Benson can offer help, Sam makes a tragic and deadly decision.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Kurt Fuller, Dylan Walsh



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Thursday 16th July 2020

11:00 pm Blue Bloods (Rpt)

CC M
Violence

Meet The New Boss

Danny and Baez track down a former NYPD detective who may be a threat to Frank's safety. Jamie is transferred to a new precinct with a lot of problems, and Baker investigates an SVU detective.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray, Len Cariou, Sami Gayle

Guest Starring: Craig Bierko, Aasif Mandvi, Bebe Neuwirth

12:00 am The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

01:00 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

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Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



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Friday 17th July 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	CBS This Morning	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG
01:00 pm	The Living Room Encore (Rpt)	CC PG
02:00 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

18020 - Ghosted: Why Are My Dates Disappearing?

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

SPECIAL ENCORE PRESENTATION

Siblings Monica and Natalie are both health care workers who have been so busy helping others, it's time they get a little help themselves. Cue the fab four!

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Friday 17th July 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm To Be Advised

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

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07:30 pm The Living Room CC

ALL NEW EPISODES

The Living Room returns to 10! Amanda, Chris, Barry and Miguel are back to serve up a multitude of uplifting and inspiring stories, with the guarantee of laughs along the way.

08:30 pm Have You Been Paying Attention? Encore (Rpt) CC M

Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!



SYDNEY PROGRAM GUIDE

Friday 17th July 2020

09:30 pm **Celebrity Gogglebox USA** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV shows as us, so let's join them on the couch and hear what they have to say about them. Join Curtis Stone, Tyra Banks, The Osbournes, JoJo Siwa, Raven-Symone & more!

10:30 pm **Adam Hills: Take His Legs** (Rpt) CC M
Coarse Language

SPECIAL ENCORE PRESENTATION

Adam Hills: Take His Legs

Adam Hills assembles the best rugby players with physical disabilities across the UK to travel to Australia to take part in the first ever international PDRL match against the South Sydney Rabbitohs.

Starring: Adam Hills, Russell Crowe

11:30 pm **The Project Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am **The Late Show With Stephen Colbert** CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am **Home Shopping** (Rpt)

Home Shopping

02:00 am **Home Shopping** (Rpt)

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03:00 am **Home Shopping** (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 17th July 2020

03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
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05:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 18th July 2020

06:00 am Unknown Road Adventures (Rpt) CC G

Unknown Road Adventures is based on remote fishing adventures.

06:30 am Leading The Way With Dr. Michael Youssef CC G

ALL NEW EPISODES

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

07:00 am Escape Fishing With ET (Rpt) CC

SPECIAL ENCORE PRESENTATION

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

07:30 am What's Up Down Under (Rpt) CC

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

08:00 am All 4 Adventure (Rpt) CC PG
Coarse Language

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

09:00 am Whichcar (Rpt) CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm To Be Advised

12:30 pm Three Veg And Meat (Rpt) CC G

Olivia Andrews, best-selling author & Marley Spoon Food Director, creates easy meals using MORE Veg and LESS Meat. These tasty dishes are better for your health, your budget and the planet.



SYDNEY PROGRAM GUIDE

Saturday 18th July 2020

01:00 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
01:30 pm	Good Chef Bad Chef (Rpt)	CC G	Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
SEASON PREMIERE			
02:00 pm	Pooches At Play	CC G	Hosted by Dog Trainer and Behaviourist Lara Shannon and Morgan Burrett, Pooches at Play is a Lifestyle TV Show all about dogs and our relationship with them.
02:30 pm	My Market Kitchen (Rpt)	CC G	Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.
ALL NEW EPISODES			
03:00 pm	What's Up Down Under	CC	Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.
03:30 pm	Farm To Fork (Rpt)	CC G	Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.
04:00 pm	To Be Advised		
LIVE			
05:00 pm	10 News First	CC	Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:00 pm	Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	The tower is on high alert when a swimmer's quick dip results in a possible spinal injury and the lifeguards farewell a much-loved member of the squad.



SYDNEY PROGRAM GUIDE

Saturday 18th July 2020

06:30 pm Bondi Rescue (Rpt)

CC PG
Coarse Language

It's been a long hot summer and as Bondi swells with beach lovers, the lifeguards feel the pressure. This year's unpredictable events are really going to test the boys and girls in blue.

07:00 pm The Children's Hospital

CC PG
Mature Themes

ALL NEW EPISODES

A behind-the-scenes look at the Royal Aberdeen Children's Hospital, exploring the lives of patients and staff at one of Scotland's busiest hospitals.

07:30 pm Ambulance

CC PG
Coarse Language,
Drug References,
Mature Themes

ALL NEW EPISODES

A cocaine binge, a horrifying traffic collision and a shocking accident involving a cherry picker are just some of the cases that the team of skilled paramedics must attend in tonight's episode.

08:40 pm Beecham House

CC M

ALL NEW EPISODES

John has finally fulfilled his dream of having his family reunited. But, the arrival of the mysterious Chandrika throws the household into chaos and jeopardises breaking the family apart.

09:40 pm Ocean's Twelve (Rpt)(2004)

CC M
Coarse Language

MOVIE

After being tracked down by casino boss Terry Benedict, Danny Ocean recruits one more team member to pull off three major European heists to pay off their debt to Benedict - or pay with their lives.

Starring: George Clooney, Brad Pitt, Matt Damon, Catherine Zeta-Jones, Julia Roberts

12:35 am Supercars Highlights (Rpt)

CC

Supercars Winton (Sat)

01:35 am Tommy Encore (Rpt)

CC M
Mature Themes

SPECIAL ENCORE PRESENTATION

The Ninth Girl

The mayor pressures Tommy to quickly solve a high-profile kidnapping that captures the attention of the citizens of Los Angeles.



SYDNEY PROGRAM GUIDE

Saturday 18th July 2020

02:30 am Home Shopping (Rpt)

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03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Truth Link

G

ALL NEW EPISODES

Catching Hope In Times Of Stress

It can be hard to find rest in a season of crisis. While much of our world is able to pause through Covid-19, how do we find our season of rest?

05:00 am Hour Of Power

G

ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.