



# SYDNEY PROGRAM GUIDE

Sunday 19th July 2020

<b>06:00 am</b>	<b>Mass For You At Home</b>	CC G	<p><b>ALL NEW EPISODES</b></p> <p>Religious.</p>
<b>06:30 am</b>	<b>Hillsong</b>	CC G	<p><b>ALL NEW EPISODES</b></p> <p>Religious.</p>
<b>07:00 am</b>	<b>Joseph Prince</b>	CC G	<p><b>ALL NEW EPISODES</b></p> <p><b><u>332 - Be Led By His Anointing And Win</u></b></p> <p>Religious</p>
<b>07:30 am</b>	<b>Joel Osteen</b>	CC G	<p><b>ALL NEW EPISODES</b></p> <p><b><u>Jo773r - The Chain Breaker</u></b></p> <p>Religious.</p>
<b>08:00 am</b>	<b>Everyday Gourmet With Justine Schofield (Rpt)</b>	CC G	<p>Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.</p>
<b>08:30 am</b>	<b>The Living Room Encore (Rpt)</b>	CC G	<p>After moving four times in five years, Michelle and Liam settled down in a time warp townhouse that's one big nod to this dope decade but their kitchen is in need of a time machine.</p>
<b>09:30 am</b>	<b>Studio 10 Sunday</b>	CC PG	<p>See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!</p>
<b>12:00 pm</b>	<b>Good Chef Bad Chef (Rpt)</b>	CC G	<p>Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.</p>
<b>12:30 pm</b>	<b>My Market Kitchen (Rpt)</b>	CC G	<p>Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.</p>



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**01:00 pm Farm To Fork (Rpt)** CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

## SPECIAL ENCORE PRESENTATION

**01:15 pm MasterChef Australia Encore (Rpt)** CC G

In tonight's elimination challenge contestants must choose to use either ingredients from an ordinary pantry or an extraordinary pantry. Which favourite contestant will go?

**02:30 pm Australia By Design: Architecture** CC G

## ALL NEW EPISODES

Australia By Design: Architecture, uncovers the outstanding projects that exemplify excellence in Australian architectural design.

**03:00 pm Australia By Design: Interiors** CC G

## ALL NEW EPISODES

Australia By Design: Interiors takes us into the heart of the design process and looks at the psychology of interpreting space and creating an environment.

**03:30 pm Whichcar** CC PG

## ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

**04:00 pm Supercars: Highlights** CC

## Supercars Sydney (Sun)

Highlights of the 2020 Supercars Championship from the Truck Assist Sydney SuperSprint at the Sydney Motorsport Park.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Sunday Project** CC

## LIVE

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.



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**07:30 pm MasterChef Australia**

CC

## ALL NEW EPISODES

In today's Semi-Final challenge, our top three contestants compete for a place in the Grand Final. At the end of today's challenge, three become two.

**09:00 pm FBI**

CC M  
Violence

## SEASON PREMIERE

### Little Egypt

A case becomes personal for OA when a bomb detonates at a restaurant in Queens. What seems like a terrorist attack reveals itself to be more complex, and OA goes undercover to prevent another incident.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, Ebonée Noel, John Boyd

**10:00 pm FBI (Rpt)**

CC M  
Violence

### Partners In Crime

Maggie and OA are on a mission to find a couple who are behind a spree of violent armed robberies that resulted in the death of an off-duty cop, but the female robber's identity confounds the team.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

Guest Starring: Isiah Whitlock Jr

**11:00 pm NCIS (Rpt)**

CC M  
Violence

### Trapped

After a petty officer is found murdered on a golf course, McGee spends hours on the victim's ham radio trying to locate a key witness.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

**12:00 am The Sunday Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

**01:00 am Home Shopping (Rpt)**

Home Shopping

**01:30 am Home Shopping (Rpt)**

Home Shopping

**02:00 am Home Shopping (Rpt)**

Home Shopping



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**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

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**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

## Monday 20th July 2020

<b>06:00 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC PG Violence	Stephanie is in complete rage when she finds out about Brooke and Thorne. Stephanie then goes to confront Brooke, but Brooke wont let her in as she's scared of what Stephanie may do.
<b>06:30 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC G	An acquaintance from Genoa City arrives at the Forrester Creations' fashion show with more than the new collection on her mind.
<b>07:00 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC PG	Wyatt submits his resignation in order to move on to a life without Steffy. Meanwhile, Steffy makes an attempt to resolve her issues with Thomas.
<b>07:30 am</b>	<b>Best Of The Bold &amp; The Beautiful Encore</b> (Rpt)	CC PG	Steffy and Liam disagree on Bill's deviant lie as well as how it should be handled. Meanwhile, Eric advises Sheila regarding her future plans to live in Los Angeles.
<b>08:00 am</b>	<b>Studio 10</b>	CC PG	<b>ALL NEW EPISODES</b>  Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.
<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Coarse Language, Mature Themes	<b>ALL NEW EPISODES</b>  Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.
<b>01:00 pm</b>	<b>MasterChef Australia Encore</b> (Rpt)	CC	<b>SPECIAL ENCORE PRESENTATION</b>  In today's Semi-Final challenge, our top three contestants compete for a place in the Grand Final. At the end of today's challenge, three become two.
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG	<b>ALL NEW EPISODES</b>  Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Monday 20th July 2020

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm The Bold & The Beautiful (Rpt)** CC PG

Flo grabs an unexpected opportunity to sneak a peek at Sally's records on Penny's laptop. Meanwhile, Quinn refuses to apologize to Katie for bringing out the truth about Bill and Brooke's kiss.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm MasterChef Australia** CC

## SEASON FINALE

After a long culinary journey the two finalists are competing for a \$250,000 cash prize and the title of MasterChef Australia 2020.

**09:00 pm Have You Been Paying Attention?** CC M

## ALL NEW EPISODES

Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

Have Tim McDonald, Geraldine Hickey, Lloyd Langford, Melanie Bracewell, Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!



# SYDNEY PROGRAM GUIDE

Monday 20th July 2020

10:00 pm **To Be Advised**

11:30 pm **The Project Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am **The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Stephen Colbert welcomes guest Senator Kamala Harris, with musical performance by Milky Chance and Jack Johnson

01:30 am **Home Shopping** (Rpt)

Home Shopping

02:00 am **Home Shopping** (Rpt)

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03:00 am **Home Shopping** (Rpt)

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04:00 am **Home Shopping** (Rpt)

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04:30 am **Home Shopping** (Rpt)

Home Shopping

05:00 am **The Talk** CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Tuesday 21st July 2020

**06:00 am Entertainment Tonight**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**06:30 am CBS This Morning**

CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

**08:00 am Studio 10**

CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil**

CC PG  
Sexual References,  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm To Be Advised**

**02:30 pm Entertainment Tonight**

CC

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Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**03:00 pm Judge Judy**

CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen**

CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.





# SYDNEY PROGRAM GUIDE

Tuesday 21st July 2020

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm The Bold & The Beautiful (Rpt)** CC PG

Wyatt's guilt over asking Sally to move out deepens after a conversation with Katie and Quinn. Meanwhile, Flo plays a devious trick on Sally in hope of exposing her as a fraud.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Bachelor In Paradise** CC PG  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

While two singles are off flirting up a storm, another storm is brewing back in Paradise as one individual threatens to leave, and one is not far off following suit.

**09:00 pm The Montreal Comedy Festival (Rpt)** CC M  
Sexual References,  
Coarse Language,  
Mature Themes

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Comedians include: Jim Jefferies, Tom Papa, Dane Cook, Howie Mandel & Tacarra Williams.

**10:00 pm NCIS (Rpt)** CC M

## The Last Link

An old family friend pleads with Gibbs to join him on a road trip to search for a missing military ID. Meanwhile, a Navy lieutenant in NCIS protective custody is poisoned by an infamous drug dealer.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll



# SYDNEY PROGRAM GUIDE

## Tuesday 21st July 2020

**11:00 pm NCIS: Los Angeles** (Rpt)

CC M  
Violence

### Vendetta

Callen and Sam join forces with Anna and the ATF when Arkady warns NCIS that a notorious international weapons dealer has returned to the states.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

**12:00 am The Project Encore** (Rpt)

CC

### **SPECIAL ENCORE PRESENTATION**

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**01:00 am The Late Show With Stephen Colbert** CC PG

### **ALL NEW EPISODES**

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**02:00 am Home Shopping** (Rpt)

### Home Shopping

**02:30 am Home Shopping** (Rpt)

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**03:00 am Home Shopping** (Rpt)

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**04:30 am Home Shopping** (Rpt)

### Home Shopping

**05:00 am The Talk**

CC PG  
Mature Themes

### **ALL NEW EPISODES**

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Wednesday 22nd July 2020

**06:00 am Entertainment Tonight (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**06:30 am CBS This Morning** CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

**08:00 am Studio 10** CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil** CC M  
Strong Adult Themes

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm To Be Advised**

**02:30 pm Entertainment Tonight** CC

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Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.



# SYDNEY PROGRAM GUIDE

Wednesday 22nd July 2020

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm The Bold & The Beautiful (Rpt)** CC PG

Wyatt is shocked when Quinn unexpectedly takes Katie's side regarding Flo and Sally. Meanwhile, Flo gains the upper hand on Sally who is proving to be a formidable opponent.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Bachelor In Paradise** CC PG  
Sexual References,  
Coarse Language

## ALL NEW EPISODES

As the drama continues to unfold from a tumultuous Bula Banquet, one Bachelor feels he has gone too far, and contemplates leaving Paradise.

**09:30 pm Tommy** CC M  
Violence

## ALL NEW EPISODES

### VIC

Racial tension rises between the LAPD and the African American community, following the murder of a notable community activist.

**10:30 pm Bull (Rpt)** CC M  
Violence

### Excessive Force

The team consult the NYPD on the defence of a police officer accused of excessive force in the shooting of a man. The social politics surrounding the case create tension within their own ranks.



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Wednesday 22nd July 2020

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**12:30 am The Late Show With Stephen Colbert** CC PG

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**04:30 am Home Shopping** (Rpt)

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**05:00 am The Talk** CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Thursday 23rd July 2020

**06:00 am Entertainment Tonight (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**06:30 am CBS This Morning** CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

**08:00 am Studio 10** CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil** CC PG  
Coarse Language,  
Drug References,  
Mature Themes

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**01:00 pm To Be Advised**

**02:30 pm Entertainment Tonight** CC

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**03:00 pm Judge Judy** CC PG

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**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

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**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm The Bold & The Beautiful (Rpt)** CC PG

Bill helps Wyatt work through his feelings of guilt and responsibility for Sally and Flo. Meanwhile, Penny's arrival causes Sally and Flo's argument to escalate into the danger zone.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

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**07:30 pm Celebrity Gogglebox USA** CC

## ALL NEW EPISODES

Celebrities watch all the same TV shows as us, so let's join them on the couch and hear what they have to say about them. Join Raven-Symone, The Osbournes, JoJo Siwa, Tyra Banks and Curtis Stone.

**08:30 pm Law & Order: S.V.U** CC M  
Mature Themes

## ALL NEW EPISODES

### Must Be Held Accountable Pt.2

A desperate and angry Frank Bucci takes matters into his own hands, while SVU learn that the judge who acquitted Getz as well as his defense attorney may be hiding some sinister secrets.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

Guest Starring: Nicholas Turturro



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Thursday 23rd July 2020

**09:30 pm Law & Order: S.V.U** (Rpt)

CC M  
Strong Adult Themes

## Zero Tolerance

After a young girl is inadvertently rescued from a sex trafficker, Olivia must take drastic measures to reunite her with her mother. Meanwhile, Rollins makes a decision about her rocky relationship.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Carl Weathers, George Newbern

**10:30 pm Blue Bloods** (Rpt)

CC M  
Violence

## Mind Games

Danny investigates a case involving a woman who shot her husband while she was drunk. Jamie and Eddie navigate their changing work-life dynamic. Anthony ignores Erin's orders to drop an assault case.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray, Len Cariou, Sami Gayle

Guest Starring: Victor Slezak

**11:30 pm The Project Encore** (Rpt)

CC

## **SPECIAL ENCORE PRESENTATION**

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am The Late Show With Stephen Colbert**

CC PG

## **ALL NEW EPISODES**

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Thursday 23rd July 2020

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.



# SYDNEY PROGRAM GUIDE

Friday 24th July 2020

**06:00 am Entertainment Tonight (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**06:30 am CBS This Morning** CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.

**08:00 am Studio 10** CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil** CC PG  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm The Living Room Encore (Rpt)** CC G

## SPECIAL ENCORE PRESENTATION

After moving four times in five years, Michelle and Liam settled down in a time warp townhouse that's one big nod to this dope decade but their kitchen is in need of a time machine.

**02:00 pm Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm Judge Judy (Rpt)** CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Friday 24th July 2020

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm The Bold & The Beautiful (Rpt)** CC PG

Donna goes to Katie in an attempt to mediate between her & Brooke. Later, Bill apologizes to Katie, but she's not ready to hear it yet. Sally uses Penny's quick thinking to her advantage with Wyatt.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

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**07:30 pm The Living Room** CC

## ALL NEW EPISODES

Amanda, Barry, Chris and Miguel set off to Lismore to pay a visit to the selfless carers at a local animal rescue centre which relies heavily on public donations.



# SYDNEY PROGRAM GUIDE

Friday 24th July 2020

**08:30 pm Have You Been Paying Attention? Encore** (Rpt)

CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## SPECIAL ENCORE PRESENTATION

Have Tim McDonald, Geraldine Hickey, Lloyd Langford, Melanie Bracewell, Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

**09:30 pm Celebrity Gogglebox USA Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV shows as us, so let's join them on the couch and hear what they have to say about them. Join Raven-Symone, The Osbournes, JoJo Siwa, Tyra Banks and Curtis Stone.

**10:30 pm The Project Encore** (Rpt)

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**11:30 pm The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**12:30 am Home Shopping** (Rpt)

[Home Shopping](#)

**01:00 am Home Shopping** (Rpt)

[Home Shopping](#)

**01:30 am Home Shopping** (Rpt)

[Home Shopping](#)

**02:00 am Home Shopping** (Rpt)

[Home Shopping](#)

**02:30 am Home Shopping** (Rpt)

[Home Shopping](#)



# SYDNEY PROGRAM GUIDE

## Friday 24th July 2020

<b>03:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>03:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>05:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>05:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>



# SYDNEY PROGRAM GUIDE

## Saturday 25th July 2020

**06:00 am Unknown Road Adventures (Rpt)** CC G

Unknown Road Adventures is based on remote fishing adventures.

**06:30 am Leading The Way With Dr. Michael Youssef** CC G

### ALL NEW EPISODES

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

**07:00 am Escape Fishing With ET (Rpt)** CC G

### SPECIAL ENCORE PRESENTATION

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

**07:30 am What's Up Down Under (Rpt)** CC G

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

**08:00 am All 4 Adventure (Rpt)** CC PG  
Coarse Language

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

**09:00 am Whichcar (Rpt)** CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

**09:30 am Studio 10 Saturday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

**12:00 pm The Children's Hospital (Rpt)** CC PG  
Mature Themes

### SPECIAL ENCORE PRESENTATION

A behind-the-scenes look at the Royal Aberdeen Children's Hospital, exploring the lives of patients and staff at one of Scotland's busiest hospitals.

**12:40 pm The Living Room Encore (Rpt)** CC

Amanda, Barry, Chris and Miguel set off to Lismore to pay a visit to the selfless carers at a local animal rescue centre which relies heavily on public donations.



# SYDNEY PROGRAM GUIDE

Saturday 25th July 2020

**01:40 pm Farm To Fork (Rpt)** CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**02:00 pm Pooches At Play** CC G

## ALL NEW EPISODES

Hosted by Dog Trainer and Behaviourist Lara Shannon and Morgan Burrett, Pooches at Play is a Lifestyle TV Show all about dogs and our relationship with them.

**02:30 pm Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**03:00 pm What's Up Down Under** CC

## ALL NEW EPISODES

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

**03:30 pm My Market Kitchen (Rpt)** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield (Rpt)** CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm Taste Of Australia With Hayden Quinn** CC G

## SEASON PREMIERE

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Secret Life Of Four Year Olds (Rpt)** CC G

Four... a magical age where futures are forged, friendships are made & emotions run high. We eavesdrop on the ups & downs, tantrums, triumphs, friendships and fallouts through the eyes of a child.



# SYDNEY PROGRAM GUIDE

Saturday 25th July 2020

**07:00 pm The Children's Hospital**

CC PG  
Mature Themes

## ALL NEW EPISODES

A behind-the-scenes look at the Royal Aberdeen Children's Hospital, exploring the lives of patients and staff at one of Scotland's busiest hospitals.

**07:40 pm Ambulance**

CC

## ALL NEW EPISODES

North West Ambulance Service mobilises extra resources as thousands of visitors arrive in Liverpool for the Grand National weekend. Crews attend emergencies at the racecourse and beyond.

**08:50 pm Beecham House**

CC M

## ALL NEW EPISODES

A murder throws John's plans of staying in Delhi into jeopardy. A person close within the household reveals his true colours with dangerous consequences.

**09:50 pm Ocean's Thirteen (Rpt)(2007)**

CC PG  
Mild Violence,  
Sexual References,  
Mild Coarse  
Language

## MOVIE

It's bolder. Riskier. The most dazzling heist yet. Double- crossing Vegas kingpin Willy Bank has gone too far. Danny Ocean's crew wants to hit him where it hurts: in his wallet...

Starring: George Clooney, Brad Pitt, Al Pacino, Matt Damon, Elliott Gould

**12:15 am Tommy Encore (Rpt)**

CC M  
Violence

## SPECIAL ENCORE PRESENTATION

### VIC

Racial tension rises between the LAPD and the African American community, following the murder of a notable community activist.

**01:00 am Home Shopping (Rpt)**

**Home Shopping**

**01:30 am Home Shopping (Rpt)**

**Home Shopping**

**02:00 am Home Shopping (Rpt)**

**Home Shopping**





# SYDNEY PROGRAM GUIDE

## Saturday 25th July 2020

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Truth Link

G

### ALL NEW EPISODES

#### Catching Hope In Times Of Change

We have adjusted to many changes in recent weeks, but one thing has been a constant through this crisis - God; His love and gifts will never fail.

05:00 am Hour Of Power

G

### ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.



# SYDNEY PROGRAM GUIDE

Sunday 26th July 2020

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Religious.

**06:30 am Hillsong** CC G

## ALL NEW EPISODES

Religious.

**07:00 am Joseph Prince** CC G

## ALL NEW EPISODES

**The 333 - Lord Of Time And Space--part 2**

Religious

**07:30 am Joel Osteen** CC G

## ALL NEW EPISODES

**Jo846 - Bless Yourself**

Religious.

**08:00 am My Market Kitchen (Rpt)** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**08:30 am The Living Room Encore (Rpt)** CC

Amanda, Barry, Chris and Miguel set off to Lismore to pay a visit to the selfless carers at a local animal rescue centre which relies heavily on public donations.

**09:30 am Studio 10 Sunday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

**12:00 pm To Be Advised**

**02:00 pm Luxury Escapes (Rpt)** CC PG

## **Zurich / Tasmania**

In this episode of Luxury Escapes, we discover the perfect blend by combining the rustic charm of Tasmania with the urban sophistication of Zurich, Switzerland's most stylish city.



# SYDNEY PROGRAM GUIDE

Sunday 26th July 2020

**02:30 pm Australia By Design: Architecture** CC G

## ALL NEW EPISODES

Australia By Design: Architecture, uncovers the outstanding projects that exemplify excellence in Australian architectural design.

**03:00 pm Australia By Design: Interiors** CC G

## ALL NEW EPISODES

Australia By Design: Interiors takes us into the heart of the design process and looks at the psychology of interpreting space and creating an environment.

**03:30 pm Everyday Gourmet With Justine Schofield (Rpt)** CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:00 pm Whichcar** CC PG

## ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

**04:30 pm RPM** CC

## ALL NEW EPISODES

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Sunday Project** CC

## LIVE

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Bachelor In Paradise** CC PG  
Sexual References,  
Coarse Language

## ALL NEW EPISODES



# SYDNEY PROGRAM GUIDE

Sunday 26th July 2020

**09:00 pm FBI**

CC M  
Violence

## ALL NEW EPISODES

### The Lives Of Others

The son of a prominent "mommy blogger" is kidnapped, and the FBI must sweep through her two million followers to find the culprit, who may have staked out her house by viewing her vlog posts.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd

Guest Starring: Sebastian Arcelus

**10:00 pm FBI (Rpt)**

CC M  
Violence

### Exposed

After an investigative journalist is murdered, the team links the suspected assassin to past hits. The case also strikes a chord with Maggie, reminding her of the tragic death of her reporter husband.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

**11:00 pm NCIS (Rpt)**

CC M  
Violence,  
Mature Themes

### Burden Of Proof

After a convicted felon swears the NCIS agency framed him for murder a decade ago, Gibbs begins his own investigation, starting with a new autopsy by Ducky.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

## SPECIAL ENCORE PRESENTATION

**12:00 am The Sunday Project Encore (Rpt)**

CC

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

**01:00 am Home Shopping (Rpt)**

Home Shopping

**01:30 am Home Shopping (Rpt)**

Home Shopping

**02:00 am Home Shopping (Rpt)**

Home Shopping

**02:30 am Home Shopping (Rpt)**

Home Shopping

**03:00 am Home Shopping (Rpt)**

Home Shopping



# SYDNEY PROGRAM GUIDE

## Sunday 26th July 2020

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS This Morning**

CC

### **ALL NEW EPISODES**

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Monday 27th July 2020

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Judge Judy Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**07:30 am The Bold & The Beautiful (Rpt)**

CC PG

Donna goes to Katie in an attempt to mediate between her & Brooke. Later, Bill apologizes to Katie, but she's not ready to hear it yet. Sally uses Penny's quick thinking to her advantage with Wyatt.

**08:00 am Studio 10**

CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil**

CC PG  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm To Be Advised**

**02:30 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



# SYDNEY PROGRAM GUIDE

Monday 27th July 2020

**03:00 pm Judge Judy**

CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen**

CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield**

CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm The Bold & The Beautiful**

## ALL NEW EPISODES

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Bachelor In Paradise**

CC PG  
Sexual References,  
Coarse Language,  
Nudity

## ALL NEW EPISODES

**09:00 pm Have You Been Paying Attention?**

CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## ALL NEW EPISODES

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!



# SYDNEY PROGRAM GUIDE

Monday 27th July 2020

**10:00 pm** **Celebrity Gogglebox USA Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV shows as us, so let's join them on the couch and hear what they have to say about them. Join Raven-Symone, The Osbournes, JoJo Siwa, Tyra Banks and Curtis Stone.

**11:00 pm** **The Project Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:00 am** **The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:00 am** **Home Shopping** (Rpt)

**Home Shopping**

**01:30 am** **Home Shopping** (Rpt)

**Home Shopping**

**02:00 am** **Home Shopping** (Rpt)

**Home Shopping**

**02:30 am** **Home Shopping** (Rpt)

**Home Shopping**

**03:00 am** **Home Shopping** (Rpt)

**Home Shopping**

**03:30 am** **Home Shopping** (Rpt)

**Home Shopping**

**04:00 am** **Home Shopping** (Rpt)

**Home Shopping**

**04:30 am** **CBS This Morning** CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.





# SYDNEY PROGRAM GUIDE

Tuesday 28th July 2020

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Judge Judy Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**07:30 am The Bold & The Beautiful Encore**

## SPECIAL ENCORE PRESENTATION

**08:00 am Studio 10**

CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm To Be Advised**

**02:30 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**03:00 pm Judge Judy**

CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Tuesday 28th July 2020

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm The Bold & The Beautiful** CC PG

## ALL NEW EPISODES

Wyatt walks into the beach house and is dismayed by what he sees. Meanwhile, Bill tells Katie he will accept any consequence from his actions, except losing Katie and their family.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Bachelor In Paradise** CC PG

Coarse Language,  
Mature Themes

## ALL NEW EPISODES

**09:00 pm Just For Laughs Uncut** CC MA15+  
Sexual References,  
Coarse Language

## SERIES PREMIERE

Nothing is off-limits in Just For Laughs Uncut where the biggest comics in the business showcase their raunchiest material. Catch Natasha Leggero, Tom Gleeson & Hannibal Burrell. Host Nikki Osborne.



# SYDNEY PROGRAM GUIDE

Tuesday 28th July 2020

**09:30 pm NCIS (Rpt)**

CC M  
Violence,  
Mature Themes

## She

A malnourished and confused girl is found hiding in a storage unit - the team suspects that she is the daughter of a Navy recruit who disappeared 10 years ago.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello

**10:30 pm NCIS: Los Angeles (Rpt)**

CC M  
Violence

## Outside The Lines

Sam and Hidoko are sent under cover after a cryptocurrency farm is robbed of over \$10 million in bitcoin codes.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

**11:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:30 am Home Shopping (Rpt)**

Home Shopping

**02:00 am Home Shopping (Rpt)**

Home Shopping

**02:30 am Home Shopping (Rpt)**

Home Shopping

**03:00 am Home Shopping (Rpt)**

Home Shopping

**03:30 am Home Shopping (Rpt)**

Home Shopping



# SYDNEY PROGRAM GUIDE

Tuesday 28th July 2020

**04:00 am Home Shopping** (Rpt)

Home Shopping

**04:30 am CBS This Morning**

CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Wednesday 29th July 2020

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Judge Judy Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**07:30 am The Bold & The Beautiful Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Wyatt walks into the beach house and is dismayed by what he sees. Meanwhile, Bill tells Katie he will accept any consequence from his actions, except losing Katie and their family.

**08:00 am Studio 10**

CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil**

CC PG  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm To Be Advised**

**02:30 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



# SYDNEY PROGRAM GUIDE

Wednesday 29th July 2020

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm The Bold & The Beautiful** CC PG

## ALL NEW EPISODES

Dr. Escobar and Flo are shocked by Sally's pregnancy plan and plead with her not to proceed. Also, Steffy heads out on her motorcycle for some quality "me" time and is involved in an accident.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Bachelor In Paradise** CC PG  
Sexual References,  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES



# SYDNEY PROGRAM GUIDE

Wednesday 29th July 2020

09:00 pm Tommy

CC M  
Violence

## ALL NEW EPISODES

### The Swatting Game

Tommy must find a criminal who makes fake 911 calls; as Tommy conducts the search, the perpetrator threatens to reveal private information about members of the police force.

10:00 pm Bull (Rpt)

CC M

### Justice For Cable

Business becomes personal for Bull when TAC assists with a civil suit against the bank that funded the terrorists responsible for Cable's death.

11:00 pm The Project Encore (Rpt)

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am The Late Show With Stephen Colbert CC PG

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01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



# SYDNEY PROGRAM GUIDE

**Wednesday 29th July 2020**

**04:00 am Home Shopping (Rpt)**

**Home Shopping**

**04:30 am CBS This Morning**

CC

## **ALL NEW EPISODES**

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.





# SYDNEY PROGRAM GUIDE

Thursday 30th July 2020

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Judge Judy Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**07:30 am The Bold & The Beautiful Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Dr. Escobar and Flo are shocked by Sally's pregnancy plan and plead with her not to proceed. Also, Steffy heads out on her motorcycle for some quality "me" time and is involved in an accident.

**08:00 am Studio 10**

CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil**

CC PG  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm To Be Advised**

**02:30 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



# SYDNEY PROGRAM GUIDE

Thursday 30th July 2020

**03:00 pm Judge Judy**

CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen**

CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield**

CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm The Bold & The Beautiful**

CC

## ALL NEW EPISODES

Bill is shocked when he realises he hit Steffy with his car while she was out riding her motorcycle. He frantically calls 9-1-1, and Steffy is rushed to the ER.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Celebrity Gogglebox USA**

CC M  
Sexual References,  
Coarse Language

## ALL NEW EPISODES

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Tyra Banks, JoJo Siwa, Raven-Symone, Jodie Sweetin, The Osbournes & more!



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**08:30 pm Law & Order: S.V.U**

CC M  
Mature Themes

## ALL NEW EPISODES

### She Paints For Vengeance

After a sexual assault investigation is stalled for months, an artist who moonlights as a stripper puts her accusations against a popular athlete on a billboard.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

Guest Starring: Tonya Glanz

**09:30 pm Law & Order: S.V.U (Rpt)**

CC M  
Strong Violence,  
Mature Themes

### Revenge

As a string of break-in assaults grows more violent, the cops investigate an online incel group to identify a suspect.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Callie Thorne

**10:30 pm Blue Bloods (Rpt)**

CC M  
Violence,  
Mature Themes

### Black Out

When New York City experiences a major blackout, cops scramble to contain the resulting chaos, and Frank uncovers some unpleasant truths about his department in the aftermath.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray, Len Cariou, Sami Gayle

Guest Starring: Aasif Mandvi

**11:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

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**12:30 am The Late Show With Stephen Colbert**

CC PG

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Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:30 am Home Shopping (Rpt)**

### Home Shopping



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**Home Shopping**

**04:30 am CBS This Morning**

CC

### **ALL NEW EPISODES**

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Friday 31st July 2020

**06:00 am The Talk**

CC

## ALL NEW EPISODES

**07:00 am Judge Judy Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

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CC

## SPECIAL ENCORE PRESENTATION

Bill is shocked when he realises he hit Steffy with his car while she was out riding her motorcycle. He frantically calls 9-1-1, and Steffy is rushed to the ER.

**08:00 am Studio 10**

CC PG

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

**12:00 pm Dr Phil**

CC PG  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm The Living Room Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Amanda, Barry, Chris and Miguel set off to Lismore to pay a visit to the selfless carers at a local animal rescue centre which relies heavily on public donations.

**02:00 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



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### ALL NEW EPISODES

**04:30 pm The Bold & The Beautiful**

CC

Wyatt demands Sally tell him where Flo is and begins to search for her. Bill calls Ridge to let him know Steffy was in an accident and Brooke and Ridge rush to the hospital to see her.

### LIVE

**05:00 pm 10 News First**

CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

### ALL NEW EPISODES

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Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Friday 31st July 2020

**07:30 pm The Living Room**

CC

## ALL NEW EPISODES

The Living Room returns to 10! Amanda, Chris, Barry and Miguel are back to serve up a multitude of uplifting and inspiring stories, with the guarantee of laughs along the way.

**08:30 pm Have You Been Paying Attention? Encore (Rpt)**

CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## SPECIAL ENCORE PRESENTATION

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

**09:30 pm To Be Advised**

## SPECIAL ENCORE PRESENTATION

**10:00 pm Celebrity Gogglebox USA Encore (Rpt)** **NO  
CC**

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Tyra Banks, JoJo Siwa, Raven-Symone, Jodie Sweetin, The Osbournes & more!

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**Home Shopping**

**01:30 am Home Shopping (Rpt)**

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# SYDNEY PROGRAM GUIDE

## Friday 31st July 2020

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# SYDNEY PROGRAM GUIDE

## Saturday 01st August 2020

**06:00 am Unknown Road Adventures (Rpt)** CC G

Unknown Road Adventures is based on remote fishing adventures.

**06:30 am Leading The Way With Dr. Michael Youssef** CC G

### ALL NEW EPISODES

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

**07:00 am Escape Fishing With ET (Rpt)** CC

### SPECIAL ENCORE PRESENTATION

Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.

**07:30 am What's Up Down Under (Rpt)** CC

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

**08:00 am All 4 Adventure (Rpt)** CC PG

All 4 Adventure returns for its 11th action-packed season as the boys explore the Coastlines of the Cape.

**09:00 am Whichcar (Rpt)** CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

**09:30 am Studio 10 Saturday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

**12:00 pm To Be Advised**

**12:40 pm Farm To Fork (Rpt)** CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**01:00 pm The Living Room Encore (Rpt)** CC

The Living Room returns to 10! Amanda, Chris, Barry and Miguel are back to serve up a multitude of uplifting and inspiring stories, with the guarantee of laughs along the way.



# SYDNEY PROGRAM GUIDE

Saturday 01st August 2020

**02:00 pm Pooches At Play** CC G

## ALL NEW EPISODES

Hosted by Dog Trainer and Behaviourist Lara Shannon and Morgan Burrett, Pooches at Play is a Lifestyle TV Show all about dogs and our relationship with them.

**02:30 pm Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**03:00 pm My Market Kitchen (Rpt)** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**03:30 pm Everyday Gourmet With Justine Schofield (Rpt)** CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:00 pm Farm To Fork (Rpt)** CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**04:30 pm Taste Of Australia With Hayden Quinn** CC G

## ALL NEW EPISODES

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Secret Life Of Four Year Olds (Rpt)** CC G

Four... a magical age where futures are forged, friendships are made & emotions run high. We eavesdrop on the ups & downs, tantrums, triumphs, friendships and fallouts through the eyes of a child.

**07:00 pm The Children's Hospital** CC PG  
Mature Themes

## ALL NEW EPISODES

A behind-the-scenes look at the Royal Aberdeen Children's Hospital, exploring the lives of patients and staff at one of Scotland's busiest hospitals.



# SYDNEY PROGRAM GUIDE

Saturday 01st August 2020

**07:40 pm Ambulance**

CC

## ALL NEW EPISODES

**08:50 pm Beecham House**

CC M

## ALL NEW EPISODES

John realises he has no choice but to reveal the truth about his past and the baby's identity knowing that this could jeopardise the safety of his child.

**09:50 pm One Born Every Minute (Rpt)**

CC M  
Mature Themes

Young doctors Nikoletta and Andreas are expecting their first baby. Can Andreas put his medical training to one side and concentrate on his fatherly responsibilities during labour?

**10:50 pm Tommy Encore (Rpt)**

CC M  
Violence

## SPECIAL ENCORE PRESENTATION

### The Swatting Game

Tommy must find a criminal who makes fake 911 calls; as Tommy conducts the search, the perpetrator threatens to reveal private information about members of the police force.

**11:50 pm NCIS: Los Angeles (Rpt)**

CC M  
Violence

### Party Crashers

After Hetty turns in retirement papers and then disappears, Executive Assistant Director Shay Mosley arrives in Los Angeles to oversee the team and immediately makes staffing changes.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

**01:00 am NCIS: Los Angeles (Rpt)**

CC M  
Violence

### Se Murio El Payaso

When the daughter of a notorious counterfeiter arrives in Los Angeles, Sam goes under cover as a financier. Meanwhile, Callen partners with Anna to track the family's latest scheme.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

**02:00 am Home Shopping (Rpt)**

### Home Shopping



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## Saturday 01st August 2020

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**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Truth Link**

G

### **ALL NEW EPISODES**

#### **Catching Hope When Dealing With Uncertainty**

Amidst a very uncertain season of life, it's important to hold onto hope. This week we discover how the most certain of things is yet to come: a face to face encounter with Jesus.

**05:00 am Hour Of Power**

G

### **ALL NEW EPISODES**

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.