



SYDNEY PROGRAM GUIDE

Sunday 02nd August 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious.

07:00 am Joseph Prince CC G

ALL NEW EPISODES

The 334 - Spirit-Active Life—how To Make Spirit-Led Decisions

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Jo847 - From Valley To Victory

Religious.

08:00 am Taste Of Australia With Hayden Quinn (Rpt) CC G

Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.

08:30 am The Living Room Encore (Rpt) CC PG

Barry and Chris step up to the hotplate to create mouth-watering crispy miso salmon and symi prawns. Meanwhile, Miguel's off kitchen duty and into the bar as he serves up watermelon Margaritas.

09:30 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm Bachelor In Paradise Encore (Rpt) CC PG
Sexual References,
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

A battle of the rose continues with two singles vying for the same bachelor and one single makes a powerful confession at the Rose Ceremony, which leaves the group speechless.



SYDNEY PROGRAM GUIDE

Sunday 02nd August 2020

01:30 pm Jamie: Keep Cooking And Carry On CC G

Jamie shares tasty recipes that use whatever ingredients you can get our hands on such as a fish pie using ingredients from the freezer and a classic bread dough with an added twist.

02:00 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

02:30 pm Australia By Design: Architecture CC G

ALL NEW EPISODES

Australia By Design: Architecture, uncovers the outstanding projects that exemplify excellence in Australian architectural design.

03:00 pm Australia By Design: Interiors CC G

ALL NEW EPISODES

Australia By Design: Interiors takes us into the heart of the design process and looks at the psychology of interpreting space and creating an environment.

03:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:00 pm Whichcar CC PG

ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

04:30 pm RPM CC

ALL NEW EPISODES

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Sunday 02nd August 2020

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Bachelor In Paradise

CC PG
Sexual References,
Coarse Language,
Mature Themes

ALL NEW EPISODES

One Bachelorette with a date card decides to take her beau away from wandering eyes, and a new arrival has their eyes firmly set on the prize, and wastes no time getting to know the men in Paradise.

09:00 pm FBI

CC M
Violence

ALL NEW EPISODES

American Idol

A front-running female presidential candidate is targeted with a car bomb, and OA and Maggie must hurry to track down the bomber before they strike again.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, Ebonée Noel

Guest Starring: Sasha Alexander

10:00 pm FBI(Rpt)

CC M
Violence

Scorched Earth

A serial bomber appears to be targeting Wall Street's elite. Maggie and OA search for a suspect who seems dead-set on revenge, while Dana deals with a cocky profiler brought in to consult on the case.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward

Guest Starring: Josh Randall, Paulo Costanzo

11:00 pm NCIS(Rpt)

CC M

Voices

An NCIS person of interest in a bribery and fraud case is found murdered after a runner is led to his body by a strange voice.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

12:00 am The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.



SYDNEY PROGRAM GUIDE

Sunday 02nd August 2020

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 03rd August 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Wyatt demands Sally tell him where Flo is and begins to search for her. Bill calls Ridge to let him know Steffy was in an accident and Brooke and Ridge rush to the hospital to see her.

08:00 am Studio 10

CC PG

ALL NEW EPISODES

Nathan Cavaler was the Aussie child prodigy but gave it all away - now - he's ready to share why and get back on stage. Plus, Pete Helliar is live! And, Masterchef, Hayden Quinn is back in the kitchen

12:00 pm Dr Phil

CC PG
Sexual References,
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm Bachelor In Paradise (Rpt)

CC PG
Sexual References,
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

One Bachelorette with a date card decides to take her beau away from wandering eyes, and a new arrival has their eyes firmly set on the prize, and wastes no time getting to know the men in Paradise.



SYDNEY PROGRAM GUIDE

Monday 03rd August 2020

02:30 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen (Rpt)	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:30 pm	The Project	CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Monday 03rd August 2020

07:30 pm Bachelor In Paradise

CC PG
Sexual References,
Coarse Language

ALL NEW EPISODES

One determined Bachelorette puts pressure on her confused love interest, in an attempt to secure his rose and her time in Paradise.

09:00 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have Ed Kavalee, Melanie Bracewell, Marty Sheargold, Anne Edmonds, Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

10:00 pm Just For Laughs Uncut (Rpt)

CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Nothing is off-limits in Just For Laughs Uncut where the biggest comics showcase their raunchiest material. Comics: Jim Jefferies, Nick Cody, Iliza Shlesinger & Tim Minchin. Host: Nikki Osborne.

10:30 pm Celebrity Gogglebox USA Encore (Rpt)

CC M
Sexual References,
Coarse Language

SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV as us, so let's join them on the couch and hear what they have to say about them. Join Tyra Banks, JoJo Siwa, Raven-Symone, Jodie Sweetin, The Osbournes & more!

11:20 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guest Hasan Minhaj. Plus, musical performance by Jason Isbell and The 400 Unit

01:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Monday 03rd August 2020

02:00 am Home Shopping (Rpt)

Home Shopping

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Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 04th August 2020

06:00 am The Talk

CC PG
Mature Themes

SEASON FINALE

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC PG
Coarse Language,
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

02:30 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:00 pm Judge Judy

CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Tuesday 04th August 2020

03:30 pm My Market Kitchen (Rpt) CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm The Bold & The Beautiful CC PG

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Bachelor In Paradise CC PG
Sexual References,
Coarse Language,
Mature Themes

ALL NEW EPISODES

The remaining couples are faced with the news that no new singles will be sauntering into Paradise, making them dig deep to determine if they are in a mutually committed and loving relationship.

09:00 pm Just For Laughs Uncut CC MA15+
Sexual References,
Coarse Language,
Mature Themes

ALL NEW EPISODES

Nothing is off-limits in Just For Laughs Uncut where the biggest comics showcase their raunchiest material. Comics: Amy Schumer, Rhys Nicholson, Kyle Kinane & Bo Burnham. Host: Nikki Osborne.



SYDNEY PROGRAM GUIDE

Tuesday 04th August 2020

09:30 pm NCIS (Rpt)

CC M
Violence

Once Upon A Tim

McGee reluctantly visits his high school after the unique computer password he used as a teenager is linked to the murder of a department of defence contractor.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:30 pm NCIS: Los Angeles (Rpt)

CC M
Violence

Reentry

Callen, Sam & Nell travel to the Angeles Forest to search for pieces of a failed rocket launch, including a top-secret government device. Hetty tries to help Keane acclimate to life in the states.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

11:20 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guest W. Kamau Bell. Pus interview and musical performance by The Chicks

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Tuesday 04th August 2020

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 05th August 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC PG
Sexual References,
Coarse Language,
Mature Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

02:30 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:00 pm Judge Judy

CC PG

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Wednesday 05th August 2020

03:30 pm My Market Kitchen (Rpt) CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm The Bold & The Beautiful CC PG

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Bachelor In Paradise CC PG
Sexual References,
Coarse Language

ALL NEW EPISODES

Couples must decide whether they are ready to introduce their new partner to their family. Will their friends and family's opinion of their new love, bring their holiday romance back into reality?

09:00 pm Tommy CC M
Violence

ALL NEW EPISODES

Free To Go

Tommy tries to help a young woman who intentionally gets arrested to buy time for her political asylum request to be approved, and prevent her parents from forcing her to return home abroad.



SYDNEY PROGRAM GUIDE

Wednesday 05th August 2020

10:00 pm Bull (Rpt)

CC M
Violence,
Drug References

The Missing Piece

Bull joins the defence team of a seemingly unwinnable case when a doctor is put on trial for murder after his submission to a DNA database links him to a homicide.

10:50 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guests Jon Stewart.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 06th August 2020

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10

CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil

CC M
Strong Adult Themes

ALL NEW EPISODES

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01:00 pm Dr Phil

CC PG
Coarse Language,
Drug References,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

02:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



SYDNEY PROGRAM GUIDE

Thursday 06th August 2020

02:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

03:00 pm Judge Judy CC PG

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ALL NEW EPISODES

03:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

ALL NEW EPISODES

04:00 pm Everyday Gourmet With Justine Schofield CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful CC PG

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

06:30 pm The Project CC

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

ALL NEW EPISODES

07:30 pm Celebrity Gogglebox USA CC M
Mature Themes

Celebrities watch all the same TV shows as us, so let's join them on the couch and hear what they have to say about them. Join Curtis Stone, Tyra Banks, The Osbournes, JoJo Siwa, Raven-Symone & more!



SYDNEY PROGRAM GUIDE

Thursday 06th August 2020

08:30 pm Law & Order: S.V.U

CC M
Strong Adult Themes

ALL NEW EPISODES

The Longest Night Of Rain

Captain Tucker's retirement party ends in tragedy, and the dominoes begin to fall as Benson investigates a female cop's accusations of sexual assault by a superior officer.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

Guest Starring: Robert John Burke

09:30 pm Law & Order: S.V.U (Rpt)

CC M
Violence,
Mature Themes

Accredo

A member of a women's empowerment group is found murdered, leading the cops to the group's charismatic male leader. Meanwhile, Rollins keeps her pregnancy under wraps to avoid going on desk duty.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Sebastian Roche, Sarah Carter, Lili Simmons

10:30 pm Blue Bloods (Rpt)

CC M
Violence

Thicker Than Water

Danny and Baez investigate a murder attempt against a celebrated fertility doctor with a seemingly pristine reputation. Eddie is called to intervene in a Reagan family matter involving Danny's boys.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray, Len Cariou, Sami Gayle

Guest Starring: Vincent Spano

11:20 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guest Sherrilyn Ifill, President of the NAACP Legal Defense Fund, and Mike Birbiglia

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Thursday 06th August 2020

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Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 07th August 2020

06:00 am The Talk

CC PG
Mature Themes

SEASON FINALE

Join hosts Sharon Osbourne, Sheryl Underwood, Carrie Ann Inaba, Marie Osmond and Eve on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

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07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10

CC PG

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CC PG
Coarse Language,
Mature Themes

ALL NEW EPISODES

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01:00 pm The Living Room Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Barry and Chris step up to the hotplate to create mouth-watering crispy miso salmon and symi prawns. Meanwhile, Miguel's off kitchen duty and into the bar as he serves up watermelon Margaritas.

02:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Friday 07th August 2020

02:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

03:00 pm Judge Judy CC PG

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ALL NEW EPISODES

03:30 pm My Market Kitchen (Rpt) CC G

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ALL NEW EPISODES

04:00 pm Everyday Gourmet With Justine Schofield CC G

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LIVE

05:00 pm 10 News First CC

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ALL NEW EPISODES

06:30 pm The Project CC

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ALL NEW EPISODES

07:30 pm The Living Room CC PG

Amanda, Chris, Barry and Miguel step in to help an incredibly generous family who have dedicated their lives to "Superteens" a range of specially designed clothing for sick kids.



SYDNEY PROGRAM GUIDE

Friday 07th August 2020

08:30 pm Have You Been Paying Attention? Encore (Rpt)

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have Ed Kavalee, Melanie Bracewell, Marty Sheargold, Anne Edmonds, Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm To Be Advised

10:00 pm Celebrity Gogglebox USA Encore (Rpt)

CC M
Mature Themes

SPECIAL ENCORE PRESENTATION

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CC

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12:00 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guests Mary Trump.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 07th August 2020

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 08th August 2020

06:00 am Reel Action (Rpt) CC G

SEASON PREMIERE

Mahi Mahi (Dolphinfish) And Blue Swimmer Crabs

Guesty teams up with Sammy Hitzke and Brian Perry for an early morning assault on big Mahi Mahi with some cracking results. The boys finish the day off with a great catch of Blue Swimmer crabs.

06:30 am Leading The Way CC G

ALL NEW EPISODES

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

07:00 am Unknown Road Adventures (Rpt) CC G

Unknown Road Adventures is based on remote fishing adventures.

07:30 am What's Up Down Under (Rpt) CC G

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

08:00 am Pat Callinan's 4x4 Adventures (Rpt) CC G

Flinders To The Back Of Broken Hill

Australia's foremost 4x4 expert "MR 4X4" Pat Callinan takes you on some of his all-time favourite four-wheel drive adventures.

09:00 am Whichcar (Rpt) CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm Supercars Darwin CC

LIVE

Supercars: Darwin Day 1

Get revved up and ready for all the thrills and spills of the 2020 Supercars Championship LIVE from Hidden Valley Raceway, Darwin. Track coverage from 12:00pm (AEST).

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Saturday 08th August 2020

06:00 pm Bondi Rescue (Rpt)

CC PG
Violence,
Coarse Language,
Mature Themes

The lifeguards take the beach buggy into the streets as they chase down an aggressive beachgoer wielding a knife.

06:30 pm Bondi Rescue (Rpt)

CC PG
Coarse Language,
Mature Themes

Harrison's life is put on the line when he attempts to save a brother and sister who, in their panic, start to drown the lifeguard that is there to rescue them.

07:00 pm The Children's Hospital

CC PG
Medical Procedures

ALL NEW EPISODES

A behind-the-scenes look at the Royal Aberdeen Children's Hospital, exploring the lives of patients and staff at one of Scotland's busiest hospitals.

07:40 pm Ambulance

CC

ALL NEW EPISODES

08:50 pm Ambulance (Rpt)

CC M
Coarse Language,
Mature Themes

An insight into the ambulance service, from the highly-pressurised control room to the crews on the streets. This is an honest snapshot of the ambulance services daily dilemmas and pressures.

10:00 pm Beecham House

CC M

ALL NEW EPISODES

John is arrested, accused of stealing a precious diamond owned by the emperor. Who has betrayed John and who can save him? John is also shocked to discover that Margaret has left Delhi.

11:00 pm FBI Encore (Rpt)

CC M
Violence

SPECIAL ENCORE PRESENTATION

American Idol

A front-running female presidential candidate is targeted with a car bomb, and OA and Maggie must hurry to track down the bomber before they strike again.

Starring: Missy Peregrin, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, Ebonée Noel

Guest Starring: Sasha Alexander



SYDNEY PROGRAM GUIDE

Saturday 08th August 2020

12:00 am Law & Order: S.V.U. (Rpt)

CC M
Violence

Diss

When a pop star is assaulted in her home, the SVU investigates the public feud between her rapper husband and a competing record artist. Meanwhile, Fin's family ties to a suspect takes him off the case.

Starring: Mariska Hargitay, Ice T , Peter Scanavino

Guest Starring: Snoop Dogg, Amber Stevens West, Orlando Jones

01:00 am NCIS: Los Angeles (Rpt)

CC M
Violence

Assets

During the murder investigation of a Navy Lieutenant on leave in LA, the NCIS team uncovers classified surveillance briefs she smuggled into the city that may have been sold to a foreign buyer.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

02:00 am NCIS: Los Angeles (Rpt)

CC M
Violence

Plain Sight

After a million dollars of weapons are stolen, the team tracks the evidence to a wealthy charity event, prompting Mosley to be added to the guest list with Callen & Sam as her security detail.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Truth Link

G

ALL NEW EPISODES

Flight Path

05:00 am Hour Of Power

G

ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.



SYDNEY PROGRAM GUIDE

Sunday 09th August 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious.

07:00 am Joseph Prince CC G

ALL NEW EPISODES

The 335 - God Who Goes Before You

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Jo833 - Windows Of Grace

Religious.

08:00 am The Living Room Encore (Rpt) CC PG

Amanda, Chris, Barry and Miguel step in to help an incredibly generous family who have dedicated their lives to "Superteens" a range of specially designed clothing for sick kids.

09:00 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

11:30 am Supercars Darwin CC

LIVE

Supercars: Darwin Day 2

Get revved up and ready for all the thrills and spills of the 2020 Supercars Championship LIVE from Hidden Valley Raceway, Darwin. Track coverage from 11:30am (AEST).

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Sunday 09th August 2020

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Bachelor In Paradise

CC PG

SEASON FINALE

The couples must decide if they are ready to make a commitment and continue their relationship outside Paradise, or whether it was a summer fling that will wash away with the next high tide.

09:00 pm FBI

CC M
Violence

ALL NEW EPISODES

An Imperfect Science

Kristen wrestles with her commitment to the Bureau after a shooting at a nightclub, when it appears that the FBI may have ignored previous threats from a local white supremacist group.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, Ebonée Noel, John Boyd

10:00 pm FBI (Rpt)

CC M
Violence

Invisible

When the daughter of a wealthy family is kidnapped in an attempt to gain notorious internet fame, Maggie and OA discover the kidnapper's plans go far beyond abduction in order to never be forgotten.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

Guest Starring: Chris Diamantopoulos

11:00 pm NCIS (Rpt)

CC M
Violence

Ready Or Not

The team's Thanksgiving plans are put on hold while they track an elusive international arms dealer in D.C. who recently murdered an MI6 officer who was Sloane's close friend.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

12:00 am The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.



SYDNEY PROGRAM GUIDE

Sunday 09th August 2020

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 10th August 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC G
07:00 am	Judge Judy Encore (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC PG
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC M Drug Use, Mature Themes
01:00 pm	To Be Advised	
02:30 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

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SYDNEY PROGRAM GUIDE

Monday 10th August 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm The Bold & The Beautiful CC PG

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Masked Singer Australia CC PG

SEASON PREMIERE

Strap in for some fun as Jackie O, Danni Minogue, Dave Hughes and Urzila Carlson try to decipher the identities of twelve celebrity performers based on mind-bending clues. Host: Osher Gunsberg.

08:30 pm Have You Been Paying Attention? CC M

ALL NEW EPISODES

Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!



SYDNEY PROGRAM GUIDE

Monday 10th August 2020

09:30 pm Just For Laughs Uncut

CC MA15+
Sexual References,
Coarse Language

ALL NEW EPISODES

Nothing is off-limits in Just For Laughs Uncut where the biggest comics in the business showcase their raunchiest material. Catch Natasha Leggero, Tom Gleeson & Hannibal Burrell. Host Nikki Osborne.

10:00 pm Celebrity Gogglebox USA Encore (Rpt)

CC M
Mature Themes

SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV shows as us, so let's join them on the couch and hear what they have to say about them. Join Curtis Stone, Tyra Banks, The Osbournes, JoJo Siwa, Raven-Symone & more!

10:50 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guest James Corden, with musical performance by Bright Eyes, and special appearance by Laura Benanti

01:00 am Home Shopping (Rpt)

[Home Shopping](#)

01:30 am Home Shopping (Rpt)

[Home Shopping](#)

02:00 am Home Shopping (Rpt)

[Home Shopping](#)

02:30 am Home Shopping (Rpt)

[Home Shopping](#)

03:00 am Home Shopping (Rpt)

[Home Shopping](#)

03:30 am Home Shopping (Rpt)

[Home Shopping](#)



SYDNEY PROGRAM GUIDE

Monday 10th August 2020

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 11th August 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC G
07:00 am	Judge Judy Encore (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC PG
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC M Drug Use, Mature Themes
01:00 pm	To Be Advised	
02:00 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

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SYDNEY PROGRAM GUIDE

Tuesday 11th August 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen (Rpt) CC G

ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm The Bold & The Beautiful CC PG

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Masked Singer Australia CC PG

ALL NEW EPISODES

Our four showbiz sleuths Jackie O, Danni Minogue, Dave Hughes and Urzila Carlson are hard on their case, decoding cryptic clues, stalking potential instagram's and trying to guess the voice.



SYDNEY PROGRAM GUIDE

Tuesday 11th August 2020

08:30 pm Ocean's 8 (2018)

CC M
Coarse Language

MOVIE PREMIERE

Debbie Ocean gathers an all-female crew to attempt an impossible heist at New York City's yearly Met Gala.

10:40 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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11:40 pm The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

12:30 am Home Shopping (Rpt)

[Home Shopping](#)

01:00 am Home Shopping (Rpt)

[Home Shopping](#)

01:30 am Home Shopping (Rpt)

[Home Shopping](#)

02:00 am Home Shopping (Rpt)

[Home Shopping](#)

02:30 am Home Shopping (Rpt)

[Home Shopping](#)

03:00 am Home Shopping (Rpt)

[Home Shopping](#)

03:30 am Home Shopping (Rpt)

[Home Shopping](#)

04:00 am Home Shopping (Rpt)

[Home Shopping](#)



SYDNEY PROGRAM GUIDE

Tuesday 11th August 2020

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 12th August 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC G
07:00 am	Judge Judy Encore (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC PG
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Mature Themes
01:00 pm	Dr Phil	CC PG Coarse Language, Mature Themes
02:00 pm	Entertainment Tonight	CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

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SPECIAL ENCORE PRESENTATION

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SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

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ALL NEW EPISODES

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ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



SYDNEY PROGRAM GUIDE

Wednesday 12th August 2020

02:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

03:00 pm Judge Judy CC PG

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ALL NEW EPISODES

03:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

ALL NEW EPISODES

04:00 pm Everyday Gourmet With Justine Schofield CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful CC

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

06:30 pm The Project CC

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

SEASON PREMIERE

07:30 pm The Bachelor Australia CC

The candles are lit, the cheeseboards are chilling, and the red carpet is ready. Locky Gilbert, our tall, dark and handsome Bachelor is about to meet a bevy of beauties who will take his breath away.



SYDNEY PROGRAM GUIDE

Wednesday 12th August 2020

09:00 pm Tommy

CC M
Mature Themes

ALL NEW EPISODES

Packing Heat

Tommy is accused of professional impropriety when her relationship with sports agent Kiley Mills intersects with the LAPD's arrest of a local sports phenom found possessing an illegal firearm.

10:00 pm Bull (Rpt)

CC M
Mature Themes

Fool Me Twice

Bull and the team help one of their own when Marissa's restaurateur husband is charged with involuntary manslaughter after one of his employees dies in a kitchen fire allegedly caused by negligence.

10:50 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Wednesday 12th August 2020

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 13th August 2020

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

07:00 am Judge Judy Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

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07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10 CC PG

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

12:00 pm Dr Phil CC M
Sexual References,
Strong Adult Themes

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

02:40 pm Entertainment Tonight CC

ALL NEW EPISODES

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03:00 pm Judge Judy CC PG

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Thursday 13th August 2020

03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

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04:00 pm Everyday Gourmet With Justine Schofield CC G

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04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Bachelor Australia CC

ALL NEW EPISODES

First up is the single date Locky's been thinking about since the red carpet. Then it's the first group date where one bachelorette makes an impression so big it's felt throughout the mansion.

08:40 pm Celebrity Gogglebox USA CC

ALL NEW EPISODES

Celebrities watch all the same TV shows as us, so let's join them on the couch and hear what they have to say about them. Join Raven-Symone, The Osbournes, JoJo Siwa, Tyra Banks and Curtis Stone.



SYDNEY PROGRAM GUIDE

Thursday 13th August 2020

09:40 pm Law & Order: S.V.U (Rpt)

CC M
Strong Adult Themes

Exile

A young woman wakes up in the hospital with no memory of her assault, and Carisi's investigation stalls when she disappears.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Aimee Spring Fortier

10:40 pm Law & Order: S.V.U (Rpt)

CC M
Violence,
Strong Adult Themes

Caretaker

The SVU team wrestle with an unthinkable crime when a family is brutally murdered in their sleep and must unmask the deranged killer.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Sasha Alexander

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Thursday 13th August 2020

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 14th August 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC G
07:00 am	Judge Judy Encore (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Mature Themes
01:00 pm	The Living Room Encore (Rpt)	CC PG
02:00 pm	Entertainment Tonight	CC

SPECIAL ENCORE PRESENTATION

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Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

SPECIAL ENCORE PRESENTATION

Amanda, Chris, Barry and Miguel step in to help an incredibly generous family who have dedicated their lives to "Superteens" a range of specially designed clothing for sick kids.

ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



SYDNEY PROGRAM GUIDE

Friday 14th August 2020

02:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

03:00 pm Judge Judy CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

03:30 pm My Market Kitchen CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

ALL NEW EPISODES

04:00 pm Everyday Gourmet With Justine Schofield CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful CC

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

06:30 pm The Project CC

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

ALL NEW EPISODES

07:30 pm The Living Room CC

The Living Room returns to 10! Amanda, Chris, Barry and Miguel are back to serve up a multitude of uplifting and inspiring stories, with the guarantee of laughs along the way.



SYDNEY PROGRAM GUIDE

Friday 14th August 2020

08:30 pm Have You Been Paying Attention? Encore (Rpt)

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm Just For Laughs Uncut Encore (Rpt)

CC MA15+
Sexual References,
Coarse Language

SPECIAL ENCORE PRESENTATION

Nothing is off-limits in Just For Laughs Uncut where the biggest comics in the business showcase their raunchiest material. Catch Natasha Leggero, Tom Gleeson & Hannibal Burrell. Host Nikki Osborne.

10:00 pm Celebrity Gogglebox USA Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Celebrities watch all the same TV shows as us, so let's join them on the couch and hear what they have to say about them. Join Raven-Symone, The Osbournes, JoJo Siwa, Tyra Banks and Curtis Stone.

11:00 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:00 am Home Shopping (Rpt)

[Home Shopping](#)

01:30 am Home Shopping (Rpt)

[Home Shopping](#)

02:00 am Home Shopping (Rpt)

[Home Shopping](#)



SYDNEY PROGRAM GUIDE

Friday 14th August 2020

02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 15th August 2020

06:00 am Reel Action (Rpt) CC G

ALL NEW EPISODES

Lake Awoonga Barramundi

Barramundi are one of Australia's favourite sportfish. Guesty and Barney get a few tips from Gladstone Fly and Sportfishing guide Justin Nye to improve their chances.

06:30 am Leading The Way CC G

ALL NEW EPISODES

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

07:00 am What's Up Down Under (Rpt) CC G

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

07:30 am Pat Callinan's 4x4 Adventures (Rpt) CC G

Melbourne's Best 4x4 Tracks

Australia's foremost 4x4 expert "MR 4X4" Pat Callinan takes you on some of his all-time favourite four-wheel drive adventures.

08:30 am Whichcar (Rpt) CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

09:00 am Jamie: Keep Cooking And Carry On (Rpt) CC G

Using store cupboard ingredients, Jamie shows us how to make a simple flatbread and turn it into a pizza pie, and makes a heart-warming, versatile beef and ale stew.

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this game you never know what will happen next!

12:00 pm Jamie & Jimmy's Food Fight Club (Rpt) CC G

Jamie Oliver and Jimmy Doherty show you how to make blowout feasts designed to add some serious culinary wow factor to your weekends.

01:00 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.



SYDNEY PROGRAM GUIDE

Saturday 15th August 2020

01:30 pm Healthy Homes Australia CC

ALL NEW EPISODES

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

02:00 pm Pooches At Play CC G

ALL NEW EPISODES

Hosted by Dog Trainer and Behaviourist Lara Shannon and Morgan Burrett, Pooches at Play is a Lifestyle TV Show all about dogs and our relationship with them.

02:30 pm The Living Room Encore (Rpt) CC

The Living Room returns to 10! Amanda, Chris, Barry and Miguel are back to serve up a multitude of uplifting and inspiring stories, with the guarantee of laughs along the way.

03:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:00 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

04:30 pm Taste Of Australia With Hayden Quinn CC G

ALL NEW EPISODES

Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Saturday 15th August 2020

07:10 pm **To Be Advised**

08:20 pm **Ambulance**

CC

SEASON FINALE

09:30 pm **Ambulance (Rpt)**

CC M
Coarse Language,
Mature Themes

An insight into the ambulance service, from the highly-pressurised control room to the crews on the streets. This is an honest snapshot of the ambulance services daily dilemmas and pressures.

10:40 pm **Beecham House**

CC M

SEASON FINALE

After several days and nights in the cell John realises who has betrayed him. When John finally returns home, he finds the women surrounding an empty cot, sobbing. Who has taken baby August?

11:40 pm **Supercars: Highlights (Rpt)**

CC

Supercars Darwin (Sat)

Highlights of the 2020 Supercars Championship from the Darwin SuperSprint at the Hidden Valley Raceway.

12:40 am **NCIS: Los Angeles (Rpt)**

CC M

Mountebank

Sam goes undercover as a day trader after a prominent investment banker with ties to a Russian oligarch is murdered.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

01:30 am **NCIS: Los Angeles (Rpt)**

CC M

Can I Get A Witness?

LAPD Detective Whiting calls in a favour from Deeks after his former partner, LAPD Lieutenant Bates, goes rogue and only Deeks can bring him in.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

02:30 am **Home Shopping (Rpt)**

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 15th August 2020

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Truth Link

G

ALL NEW EPISODES

Systems Failure

05:00 am Hour Of Power

G

ALL NEW EPISODES

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.