



# SYDNEY PROGRAM GUIDE

Sunday 23rd August 2020

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Religious.

**06:30 am Hillsong** CC G

## ALL NEW EPISODES

Religious.

**07:00 am Joseph Prince** CC G

## ALL NEW EPISODES

**337 - Anointing Oil For Healing And Protection**

Religious

**07:30 am Joel Osteen** CC G

## ALL NEW EPISODES

**Jo807r - You're Still Going To Get There**

Religious.

**08:00 am Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**08:30 am The Living Room Encore (Rpt)** CC G

Happy 60th Birthday Baz! Mike Munro pays a visit to present Barry with his very own "This Is Your Birthday" book, and family and friends reminisce and share stories of what makes Baz so special.

**09:30 am Studio 10 Sunday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

**12:00 pm Family Feud Encore (Rpt)** CC PG  
Mature Themes

## SPECIAL ENCORE PRESENTATION

Who most deserves to win \$100,000? Survey says, our frontline workers! Family Feud is back, giving Aussie battlers the chance to win our biggest cash prize ever.



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## Sunday 23rd August 2020

**01:00 pm Taste Of Australia With Hayden Quinn** CC G  
(Rpt)

Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.

**01:30 pm Jamie: Keep Cooking And Carry On** CC G  
(Rpt)

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

**02:00 pm Everyday Gourmet With Justine Schofield** CC G  
(Rpt)

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**02:30 pm Australia By Design: Architecture** CC G

### SEASON FINALE

Australia By Design: Architecture, uncovers the outstanding projects that exemplify excellence in Australian architectural design.

**03:00 pm Australia By Design: Interiors** CC G

### SEASON FINALE

Australia By Design: Interiors takes us into the heart of the design process and looks at the psychology of interpreting space and creating an environment.

**03:30 pm Whichcar** CC PG

### ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

**04:00 pm Supercars: Highlights** CC

### ALL NEW EPISODES

#### Supercars Darwin (Sun)

Highlights of the 2020 Supercars Championship from the CoreStaff Darwin SuperSprint at the Hidden Valley Raceway.

**05:00 pm 10 News First** CC

### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



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Sunday 23rd August 2020

**06:00 pm 10 News First (Rpt)**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Sunday Project**

CC

## ALL NEW EPISODES

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Family Feud**

CC G

## ALL NEW EPISODES

The Feud worth fighting for continues this week with the epic battle between the tight-knit team of paramedics and the West Wyalong nurses!

**08:30 pm FBI**

CC M  
Violence

## ALL NEW EPISODES

### Outsider

After a Wall Street investor is murdered, the team is led to an insider-trading ring that uses unconventional methods to gain information.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, Ebonée Noel, John Boyd

**09:30 pm FBI (Rpt)**

CC MA15+  
Strong Violence

### Most Wanted

Maggie teams up with members of the FBI's Fugitives Department to track down a man wanted for murder who has now been placed on America's top 10 most wanted list.

Starring: Missy Peregrym, Sela Ward, Jeremy Sisto

Guest Starring: Julian McMahon, Matthew Lillard, Peter Facinelli

**10:30 pm NCIS (Rpt)**

CC M  
Mature Themes

### Dark Secrets

After a seemingly happy and successful Navy Lieutenant appears to have taken her own life, Gibbs and the team conduct a thorough investigation, interviewing family and friends from her past & present.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

**11:30 pm The Sunday Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.



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<b>04:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>CBS This Morning</b>	<b>CC</b>

### ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Monday 24th August 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>Farm To Fork</b> (Rpt)	CC G
<b>07:00 am</b>	<b>Judge Judy Encore</b> (Rpt)	CC PG
<b>07:30 am</b>	<b>The Bold &amp; The Beautiful Encore</b> (Rpt)	CC PG
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Coarse Language, Mature Themes
<b>01:00 pm</b>	<b>The Masked Singer Australia Encore</b> (Rpt)	CC PG

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## SPECIAL ENCORE PRESENTATION

Ridge tells Steffy that Shauna is his wife, while Brooke seeks advice from Eric. Neither holds back when rivals Brooke and Quinn find themselves face-to-face

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

## SPECIAL ENCORE PRESENTATION

Jackie O, Dannii Minogue, Dave Hughes and Urzila Carlson wrack their brains to decipher the identities of the Bushranger singing a Lady Gaga classic and our Cactus performing pop hit "I Love It".



# SYDNEY PROGRAM GUIDE

Monday 24th August 2020

<b>02:15 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Judge Judy (Rpt)</b>	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG
<b>03:30 pm</b>	<b>My Market Kitchen</b>	CC G
<b>04:00 pm</b>	<b>Everyday Gourmet With Justine Schofield</b>	CC G
<b>04:30 pm</b>	<b>The Bold &amp; The Beautiful</b>	CC PG
<b>05:00 pm</b>	<b>10 News First</b>	CC

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Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

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## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

## ALL NEW EPISODES

Realizing he has a mountain to climb before Brooke will consider, Ridge makes a plea for forgiveness. Thomas convinces Steffy that calling Finn to help ease her pain is the right thing to do.

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



# SYDNEY PROGRAM GUIDE

Monday 24th August 2020

**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm The Masked Singer Australia**

CC PG

## ALL NEW EPISODES

The madness continues with Frillneck singing "Mad World", Dragonfly belting out Kesha and Queen singing "Diamonds Are a Girl's Best Friend" and as a group our masks sing a Justin Timberlake favourite!

**08:40 pm Have You Been Paying Attention?**

CC M

Sexual References,  
Coarse Language,  
Mature Themes,

Nudity,  
May Contain:

## ALL NEW EPISODES

Have Lloyd Langford, Amanda Keller, Kitty Flanagan, Sam Pang and Ed Kavalee been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

**09:40 pm Just For Laughs Uncut**

CC MA15+

Sexual References,  
Coarse Language,  
Strong Adult Themes

## ALL NEW EPISODES

Nothing is off-limits in Just For Laughs Uncut where the biggest comics in the business showcase their raunchiest material.

**10:10 pm Just For Laughs (Rpt)**

CC M

Sexual References,  
Coarse Language

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Guests include: Tommy Little, Troy Kinne, Cal Wilson and Ismo.

**10:40 pm The Project Encore (Rpt)**

CC

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Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**11:40 pm The Late Show With Stephen Colbert**

CC PG

## ALL NEW EPISODES

Stephen Colbert welcomes guest Senator Kamala Harris, with musical performance by Milky Chance & Jack Johnson



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<b>12:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
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<b>02:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
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<b>04:30 am</b>	<b>CBS This Morning</b>	<b>CC</b>

### ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.





# SYDNEY PROGRAM GUIDE

Tuesday 25th August 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>Farm To Fork</b> (Rpt)	CC G
<b>07:00 am</b>	<b>Judge Judy Encore</b> (Rpt)	CC PG
<b>07:30 am</b>	<b>The Bold &amp; The Beautiful Encore</b> (Rpt)	CC PG
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Coarse Language, Mature Themes
<b>01:00 pm</b>	<b>To Be Advised</b>	
<b>02:10 pm</b>	<b>Entertainment Tonight</b>	CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## SPECIAL ENCORE PRESENTATION

Realizing he has a mountain to climb before Brooke will consider, Ridge makes a plea for forgiveness. Thomas convinces Steffy that calling Finn to help ease her pain is the right thing to do.

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

## ALL NEW EPISODES

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# SYDNEY PROGRAM GUIDE

## Tuesday 25th August 2020

<b>02:30 pm</b>	<b>Judge Judy (Rpt)</b>	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.</p> <p><b>ALL NEW EPISODES</b></p>
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.</p> <p><b>ALL NEW EPISODES</b></p>
<b>03:30 pm</b>	<b>My Market Kitchen</b>	CC G	<p>Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.</p> <p><b>ALL NEW EPISODES</b></p>
<b>04:00 pm</b>	<b>Everyday Gourmet With Justine Schofield</b>	CC G	<p>Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.</p> <p><b>ALL NEW EPISODES</b></p>
<b>04:30 pm</b>	<b>The Bold &amp; The Beautiful</b>	CC PG	<p>Finn struggles with whether or not to prescribe Steffy more pain meds. Brooke and Ridge recount the times that one or the other of them has made a ridiculous mistake.</p> <p><b>LIVE</b></p>
<b>05:00 pm</b>	<b>10 News First</b>	CC	<p>Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.</p> <p><b>ALL NEW EPISODES</b></p>
<b>06:30 pm</b>	<b>The Project</b>	CC	<p>Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.</p>



# SYDNEY PROGRAM GUIDE

Tuesday 25th August 2020

**07:30 pm The Masked Singer Australia** CC PG

## ALL NEW EPISODES

Strap in for some fun as Jackie O, Dannii Minogue, Dave Hughes and Urzila Carlson try to decipher the identities of 12 concealed celebrity performers based on mind-bending clues. Host: Osher Gunsberg.

**08:40 pm Miss Congeniality (Rpt)(2000)** CC M  
Violence

## MOVIE

FBI Agent Gracie Hart is swapping her Baretta for a bikini in an undercover quest to hunt out the serial bomber who is planning to create some really explosive fireworks at the Miss USA Beauty Pageant

Starring: Sandra Bullock, Michael Caine, Benjamin Bratt, William Shatner, Candice Bergen

**10:50 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**11:50 pm The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**01:00 am Home Shopping (Rpt)**

**Home Shopping**

**01:30 am Home Shopping (Rpt)**

**Home Shopping**

**02:00 am Home Shopping (Rpt)**

**Home Shopping**

**02:30 am Home Shopping (Rpt)**

**Home Shopping**



# SYDNEY PROGRAM GUIDE

## Tuesday 25th August 2020

**03:00 am Home Shopping (Rpt)**

**Home Shopping**

**03:30 am Home Shopping (Rpt)**

**Home Shopping**

**04:00 am Home Shopping (Rpt)**

**Home Shopping**

**04:30 am CBS This Morning**

CC

### **ALL NEW EPISODES**

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Wednesday 26th August 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>Farm To Fork</b> (Rpt)	CC G
<b>07:00 am</b>	<b>Judge Judy Encore</b> (Rpt)	CC PG
<b>07:30 am</b>	<b>The Bold &amp; The Beautiful Encore</b> (Rpt)	CC PG
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Mature Themes
<b>01:00 pm</b>	<b>To Be Advised</b>	
<b>02:00 pm</b>	<b>Entertainment Tonight</b>	CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## SPECIAL ENCORE PRESENTATION

Finn struggles with whether or not to prescribe Steffy more pain meds. Brooke and Ridge recount the times that one or the other of them has made a ridiculous mistake.

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

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# SYDNEY PROGRAM GUIDE

## Wednesday 26th August 2020

**02:30 pm Judge Judy (Rpt)** CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

### ALL NEW EPISODES

**03:00 pm Judge Judy** CC PG

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### ALL NEW EPISODES

**03:30 pm My Market Kitchen** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

### ALL NEW EPISODES

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

### ALL NEW EPISODES

**04:30 pm The Bold & The Beautiful** CC PG

### LIVE

**05:00 pm 10 News First** CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

### ALL NEW EPISODES

**06:30 pm The Project** CC

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

### ALL NEW EPISODES

**07:30 pm The Bachelor Australia** CC PG  
Coarse Language

At another explosive cocktail party, drama has again erupted, setting the stage for more tears with one Bachelorette not sure who she can trust.



# SYDNEY PROGRAM GUIDE

Wednesday 26th August 2020

**08:30 pm Tommy**

CC M  
Violence

## SEASON FINALE

### Cause Of Death

Tommy and her inner circle fight back against an LAPD and city government conspiracy to have her removed as police chief.

**09:30 pm Bull (Rpt)**

CC M

### But For The Grace

Bull takes on a pro bono client who was poorly advised by his public defender to plead guilty to a misdemeanour assault charge and is now facing felony manslaughter after the victim dies.

**10:30 pm The Project Encore (Rpt)**

CC

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**11:30 pm The Late Show With Stephen Colbert** CC PG

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**12:30 am Home Shopping (Rpt)**

Home Shopping

**01:00 am Home Shopping (Rpt)**

Home Shopping

**01:30 am Home Shopping (Rpt)**

Home Shopping

**02:00 am Home Shopping (Rpt)**

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# SYDNEY PROGRAM GUIDE

## Wednesday 26th August 2020

**03:30 am Home Shopping** (Rpt)

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**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS This Morning**

CC

### **ALL NEW EPISODES**

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**06:30 pm The Project** CC

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**07:30 pm The Bachelor Australia** CC PG  
Coarse Language

## ALL NEW EPISODES

What would a season of The Bachelor Australia be without a compatibility test! Will all the ladies play by the rules or will some fudge their answers to fall in line with Locky's?



# SYDNEY PROGRAM GUIDE

Thursday 27th August 2020

08:40 pm Gogglebox

CC

## SEASON PREMIERE

Your favourite armchair critics are back! Will they swoon over new Bachelor, Locky? And what obscure documentaries will catch their eye? Let our Goggleboxers let you know what's worth the watch.

09:40 pm Law & Order: S.V.U

CC M  
Violence,  
Mature Themes

## ALL NEW EPISODES

### Redemption In Her Corner

Kat steps over the line when she suspects a trainer at her boxing gym is taking advantage of his students.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

Guest Starring: Raúl Esparza

10:40 pm This Is Us

CC M  
Mature Themes

## SEASON PREMIERE

### Strangers

11:30 pm The Project Encore (Rpt)

CC

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### Home Shopping

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# SYDNEY PROGRAM GUIDE

## Thursday 27th August 2020

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS This Morning**

CC

### **ALL NEW EPISODES**

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Friday 28th August 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>Farm To Fork</b> (Rpt)	CC G
<b>07:00 am</b>	<b>Judge Judy Encore</b> (Rpt)	CC PG
<b>07:30 am</b>	<b>The Bold &amp; The Beautiful Encore</b> (Rpt)	CC PG
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Coarse Language, Mature Themes
<b>01:00 pm</b>	<b>The Living Room Encore</b> (Rpt)	CC G
<b>02:00 pm</b>	<b>Entertainment Tonight</b>	CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## SPECIAL ENCORE PRESENTATION

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

## SPECIAL ENCORE PRESENTATION

Happy 60th Birthday Baz! Mike Munro pays a visit to present Barry with his very own "This Is Your Birthday" book, and family and friends reminisce and share stories of what makes Baz so special.

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



# SYDNEY PROGRAM GUIDE

## Friday 28th August 2020

**02:30 pm Judge Judy (Rpt)** CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

### ALL NEW EPISODES

**03:00 pm Judge Judy** CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

### ALL NEW EPISODES

**03:30 pm My Market Kitchen** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

### ALL NEW EPISODES

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

### ALL NEW EPISODES

**04:30 pm The Bold & The Beautiful** CC PG

### LIVE

**05:00 pm 10 News First** CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

### ALL NEW EPISODES

**06:30 pm The Project** CC

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

### ALL NEW EPISODES

**07:30 pm The Living Room** CC PG

The Living Room takes a deep dive into the tiny home movement and explores the great benefits of going small that include smaller footprint, cheaper price and flexibility to move wherever you choose.



# SYDNEY PROGRAM GUIDE

Friday 28th August 2020

**08:30 pm Have You Been Paying Attention? Encore** (Rpt)

CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## SPECIAL ENCORE PRESENTATION

Have Lloyd Langford, Amanda Keller, Kitty Flanagan, Sam Pang and Ed Kavalee been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

**09:30 pm To Be Advised**

**10:00 pm Just For Laughs** (Rpt)

CC M  
Sexual References,  
Coarse Language,  
Drug References

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Rhys Nicholson, Lizzy Hoo, Harley Breen and Tommy Little.

**10:30 pm The Project Encore** (Rpt)

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**11:30 pm The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**12:30 am Home Shopping** (Rpt)

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**Home Shopping**



# SYDNEY PROGRAM GUIDE

## Friday 28th August 2020

<b>02:30 am</b>	<b>Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
<b>03:00 am</b>	<b>Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
<b>03:30 am</b>	<b>Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
<b>04:00 am</b>	<b>Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>Home Shopping (Rpt)</b>	<b><u>Home Shopping</u></b>
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# SYDNEY PROGRAM GUIDE

Saturday 29th August 2020

**06:00 am Reel Action** (Rpt) CC G

## ALL NEW EPISODES

### Inshore Snapper Soft Plastics

Cool weather westerly & winds are a great recipe for Snapper fishing on the mid north coast of NSW. Guesty, Barney & Sammy Hitzke refine their tactics over shallow inshore reef in search of a few reds

**06:30 am Leading The Way** CC G

## ALL NEW EPISODES

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

**07:00 am Whichcar** (Rpt) CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

**07:30 am Good Chef Bad Chef** (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**08:00 am Jamie: Keep Cooking And Carry On** (Rpt) CC G

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

**08:30 am Studio 10 Saturday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

**11:00 am Supercars Townsville** CC

## LIVE

### Supercars: Townsville Day 1

Get revved up and ready for all the thrills and spills of the 2020 Supercars Championship LIVE from the Reid Park Street Circuit, Townsville. Track coverage from 11:00am (AEST).

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



# SYDNEY PROGRAM GUIDE

Saturday 29th August 2020

**06:00 pm To Be Advised**

**07:00 pm To Be Advised**

**08:15 pm To Be Advised**

**09:30 pm Ambulance (Rpt)**

CC M  
Coarse Language,  
Mature Themes

An insight into the ambulance service, from the highly-pressurised control room to the crews on the streets. This is an honest snapshot of the ambulance services daily dilemmas and pressures.

**10:40 pm One Born Every Minute (Rpt)**

CC M  
Mature Themes

Chantell had a troubled upbringing and never thought she'd find love or have a family of her own. Then she met Phil, and now they're having their third child together.

**11:40 pm Law & Order: S.V.U (Rpt)**

CC M  
Violence,  
Mature Themes

**Assumptions**

After a Muslim woman is assaulted inside of a synagogue, SVU searches for two suspects that were spotted fleeing the scene of the crime. Meanwhile, Benson is dismayed to find Rob Miller out on bail.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Titus Welliver

**12:40 am NCIS: Los Angeles (Rpt)**

CC M  
Frequent Violence

**Fool Me Twice**

Callen and the team question CIA Agent Joelle Taylor's backstory after she escapes from a kidnapping and turns to Callen for help.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

**01:30 am NCIS: Los Angeles (Rpt)**

CC M  
Frequent Violence

**Forasteira**

The NCIS team tracks a highly skilled assailant determined to avenge her father's death by killing a Brazilian diplomat.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt



# SYDNEY PROGRAM GUIDE

## Saturday 29th August 2020

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Truth Link**

G

### **ALL NEW EPISODES**

**Take Off**

**05:00 am Hour Of Power**

G

### **ALL NEW EPISODES**

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.



# SYDNEY PROGRAM GUIDE

Sunday 30th August 2020

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Religious.

**06:30 am Hillsong** CC G

## ALL NEW EPISODES

Religious.

**07:00 am Joseph Prince** CC G

## ALL NEW EPISODES

**338 - Run Toward Your Giants Without Fear**

Religious

**07:30 am Joel Osteen** CC G

## ALL NEW EPISODES

**Jo848 - Tursting When You Don't Understand**

Religious.

**08:00 am Taste Of Australia With Hayden Quinn** CC G  
(Rpt)

Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.

**08:30 am Studio 10 Sunday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

**11:00 am Supercars Townsville** CC

## LIVE

**Supercars: Townsville Day 2**

Get revved up and ready for all the thrills and spills of the 2020 Supercars Championship LIVE from the Reid Park Street Circuit, Townsville. Track coverage from 11:00am (AEST).

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



# SYDNEY PROGRAM GUIDE

Sunday 30th August 2020

<b>06:00 pm</b>	<b>10 News First (Rpt)</b>	CC	<p><b>LIVE</b></p> <p>Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>
<b>06:30 pm</b>	<b>The Sunday Project</b>	CC	<p><b>ALL NEW EPISODES</b></p> <p>Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.</p>
<b>07:30 pm</b>	<b>Family Feud</b>	CC G	<p><b>ALL NEW EPISODES</b></p> <p>Tonight Emergency Department nurses take on a family of freight workers who have been working around the clock to keep up with the delivery of emergency supplies.</p>
<b>08:30 pm</b>	<b>FBI</b>	CC M Violence, Mature Themes	<p><b>ALL NEW EPISODES</b></p> <p><b>Undisclosed</b></p> <p>A medical tech company board member of is murdered, and the team tries to find out who had the most to gain from his death. Also, OA is pressured to help a family member who wants to join the police.</p> <p>Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, Ebonée Noel, John Boyd</p>
<b>09:30 pm</b>	<b>FBI (Rpt)</b>	CC M Strong Violence	<p><b>Conflict Of Interest</b></p> <p>The team must take down a dangerous drug ring after an American diplomat is killed while being used as an unwitting pawn in a smuggling operation.</p> <p>Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel</p>
<b>10:30 pm</b>	<b>NCIS (Rpt)</b>	CC M	<p><b>Family Ties</b></p> <p>After McGee and Torres visit the home of a high schooler who witnessed a hit-and-run, her parents, Christopher and Julie Bell, flee with their daughter, leaving NCIS in the lurch.</p> <p>Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama</p>



# SYDNEY PROGRAM GUIDE

Sunday 30th August 2020

**11:30 pm The Sunday Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:30 am Home Shopping (Rpt)**

**Home Shopping**

**01:00 am Home Shopping (Rpt)**

**Home Shopping**

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**Home Shopping**

**02:00 am Home Shopping (Rpt)**

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**Home Shopping**

**03:30 am Home Shopping (Rpt)**

**Home Shopping**

**04:00 am Home Shopping (Rpt)**

**Home Shopping**

**04:30 am CBS This Morning** CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Monday 31st August 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>Farm To Fork</b> (Rpt)	CC G
<b>07:00 am</b>	<b>Judge Judy Encore</b> (Rpt)	CC PG
<b>07:30 am</b>	<b>The Bold &amp; The Beautiful Encore</b> (Rpt)	CC PG
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Coarse Language, Mature Themes
<b>01:00 pm</b>	<b>To Be Advised</b>	
<b>02:10 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG

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Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

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Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## SPECIAL ENCORE PRESENTATION

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

## ALL NEW EPISODES

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# SYDNEY PROGRAM GUIDE

Monday 31st August 2020

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm The Bold & The Beautiful** CC

## ALL NEW EPISODES

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm The Masked Singer Australia** CC PG

## ALL NEW EPISODES

Strap in for some fun as Jackie O, Dannii Minogue, Dave Hughes and Urzila Carlson try to decipher the identities of 12 concealed celebrity performers based on mind-bending clues. Host: Osher Gunsberg.





# SYDNEY PROGRAM GUIDE

Monday 31st August 2020

**08:40 pm Have You Been Paying Attention?**

CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## ALL NEW EPISODES

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

**09:40 pm Just For Laughs Uncut**

CC MA15+  
Sexual References,  
Coarse Language

## ALL NEW EPISODES

Nothing is off-limits in Just For Laughs Uncut where the biggest comics in the business showcase their raunchiest material.

**10:10 pm Just For Laughs (Rpt)**

CC MA15+  
Sexual References,  
Coarse Language

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Becky Lucas, Peter Helliar, Al Del Bene and Tommy Little.

**10:40 pm The Project Encore (Rpt)**

CC

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**11:40 pm The Late Show With Stephen Colbert**

CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**12:30 am Home Shopping (Rpt)**

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**02:00 am Home Shopping (Rpt)**

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# SYDNEY PROGRAM GUIDE

## Monday 31st August 2020

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**Home Shopping**

**04:30 am CBS This Morning**

CC

### **ALL NEW EPISODES**

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Tuesday 01st September 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>Farm To Fork</b> (Rpt)	CC G
<b>07:00 am</b>	<b>Judge Judy Encore</b> (Rpt)	CC PG
<b>07:30 am</b>	<b>The Bold &amp; The Beautiful Encore</b> (Rpt)	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b>	CC M
<b>01:00 pm</b>	<b>To Be Advised</b>	
<b>02:10 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG

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**03:00 pm Judge Judy** CC PG

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**03:30 pm My Market Kitchen** CC G

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**04:30 pm The Bold & The Beautiful** CC

## ALL NEW EPISODES

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## LIVE

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Tuesday 01st September 2020

**08:40 pm Miss Congeniality 2: Armed And Fabulous (Rpt)(2005)** CC M  
Violence

## MOVIE

FBI agent-turned-reluctant beauty queen Gracie Hart jumps back undercover and into action to save her friends, pageant winner Cheryl and emcee Stan, who have been kidnapped in Las Vegas,

Starring: Sandra Bullock, Regina King, William Shatner, Diedrich Bader, Treat Williams

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# SYDNEY PROGRAM GUIDE

Tuesday 01st September 2020

**04:30 am CBS This Morning**

CC

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# SYDNEY PROGRAM GUIDE

Wednesday 02nd September 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>Farm To Fork</b> (Rpt)	CC G
<b>07:00 am</b>	<b>Judge Judy Encore</b> (Rpt)	CC PG
<b>07:30 am</b>	<b>The Bold &amp; The Beautiful Encore</b> (Rpt)	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Mature Themes
<b>01:00 pm</b>	<b>To Be Advised</b>	
<b>02:00 pm</b>	<b>Entertainment Tonight</b>	CC
<b>02:30 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG

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**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm The Bachelor Australia** CC

## ALL NEW EPISODES

This week's group date goes ahead within the mansion compound, but it's what happens at the cocktail party that shakes the ladies to their core as relationship fractures begin to surface.





# SYDNEY PROGRAM GUIDE

## Wednesday 02nd September 2020

<b>09:00 pm</b>	<b>Bull</b> (Rpt)	CC M	<p><b><u>Separation</u></b></p> <p>Danny enlists her colleagues to help when her boyfriend, Gabriel, is arrested for being in the country illegally and threatened with deportation.</p>
<b>10:00 pm</b>	<b>Bull</b> (Rpt)	CC M Violence	<p><b><u>Higher Law, A</u></b></p> <p>A hit-and-run case is complicated when the priest charged, claims the actual driver confessed to him, but he can't reveal their identity due to the confidentiality that comes with confession.</p>
<b>11:00 pm</b>	<b>The Project Encore</b> (Rpt)	CC	<p><b>SPECIAL ENCORE PRESENTATION</b></p> <p>Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.</p>
<b>12:00 am</b>	<b>The Late Show With Stephen Colbert</b>	CC PG	<p><b>ALL NEW EPISODES</b></p>
<b>01:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>01:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>02:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>02:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>03:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>03:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>04:00 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>CBS This Morning</b>	CC	<p><b>ALL NEW EPISODES</b></p> <p>CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.</p>



# SYDNEY PROGRAM GUIDE

Thursday 03rd September 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b> (Rpt)	CC
<b>06:30 am</b>	<b>Farm To Fork</b> (Rpt)	CC G
<b>07:00 am</b>	<b>Judge Judy Encore</b> (Rpt)	CC PG
<b>07:30 am</b>	<b>The Bold &amp; The Beautiful Encore</b> (Rpt)	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Mature Themes
<b>01:00 pm</b>	<b>To Be Advised</b>	
<b>02:30 pm</b>	<b>Judge Judy</b> (Rpt)	CC PG
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## SPECIAL ENCORE PRESENTATION

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Thursday 03rd September 2020

**03:30 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**04:30 pm The Bold & The Beautiful** CC

## ALL NEW EPISODES

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm The Bachelor Australia** CC

## ALL NEW EPISODES

With production at the mansion shutdown and the remaining Bachelorette's sent home, it's time to shake things up and get love back on track. Welcome to Love In Lockdown!

**08:30 pm Gogglebox** CC

## ALL NEW EPISODES

Our favourite couch critics are back to dissect the week that was in TV with their brutally honest reviews. Get the Goggleboxer's opinions before you start that new series on your watchlist.



# SYDNEY PROGRAM GUIDE

Thursday 03rd September 2020

**09:30 pm Law & Order: S.V.U**

CC M  
Mature Themes

## ALL NEW EPISODES

### I Deserve Some Love Too

Rollins goes undercover to investigate a government worker who is dealing green cards in exchange for sex.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

Guest Starring: Delaney Williams

**10:30 pm This Is Us**

CC PG  
Mature Themes

## ALL NEW EPISODES

### The Pool: Part Two

**11:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**12:30 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

**01:30 am Home Shopping (Rpt)**

Home Shopping

**02:00 am Home Shopping (Rpt)**

Home Shopping

**02:30 am Home Shopping (Rpt)**

Home Shopping

**03:00 am Home Shopping (Rpt)**

Home Shopping

**03:30 am Home Shopping (Rpt)**

Home Shopping

**04:00 am Home Shopping (Rpt)**

Home Shopping

**04:30 am CBS This Morning**

CC

## ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Friday 04th September 2020

<b>06:00 am</b>	<b>Entertainment Tonight</b>	CC
<b>06:30 am</b>	<b>Farm To Fork (Rpt)</b>	CC G
<b>07:00 am</b>	<b>Judge Judy Encore (Rpt)</b>	CC PG
<b>07:30 am</b>	<b>The Bold &amp; The Beautiful Encore (Rpt)</b>	CC
<b>08:00 am</b>	<b>Studio 10</b>	CC PG
<b>12:00 pm</b>	<b>Dr Phil</b>	CC PG Mature Themes
<b>01:00 pm</b>	<b>The Living Room Encore (Rpt)</b>	CC PG
<b>02:00 pm</b>	<b>Entertainment Tonight</b>	CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

## SPECIAL ENCORE PRESENTATION

## ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

## ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

## SPECIAL ENCORE PRESENTATION

The Living Room takes a deep dive into the tiny home movement and explores the great benefits of going small that include smaller footprint, cheaper price and flexibility to move wherever you choose.

## ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



# SYDNEY PROGRAM GUIDE

## Friday 04th September 2020

**02:30 pm Judge Judy (Rpt)** CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

### ALL NEW EPISODES

**03:00 pm Judge Judy** CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

### ALL NEW EPISODES

**03:30 pm My Market Kitchen** CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

### ALL NEW EPISODES

**04:00 pm Everyday Gourmet With Justine Schofield** CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

### ALL NEW EPISODES

**04:30 pm The Bold & The Beautiful** CC

### LIVE

**05:00 pm 10 News First** CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

### ALL NEW EPISODES

**06:30 pm The Project** CC

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

### ALL NEW EPISODES

**07:30 pm The Living Room** CC G

For Father's Day, The Living Room is celebrating Dads, in all their dagginess. There'll be laughter, tears, some pretty awesome garage storage ideas, and plenty of eye roll worthy Dad jokes.



# SYDNEY PROGRAM GUIDE

Friday 04th September 2020

**08:30 pm Have You Been Paying Attention? Encore** (Rpt)

CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## SPECIAL ENCORE PRESENTATION

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

**09:30 pm Just For Laughs Uncut Encore** (Rpt)

CC MA15+  
Sexual References,  
Coarse Language

## SPECIAL ENCORE PRESENTATION

Nothing is off-limits in Just For Laughs Uncut where the biggest comics in the business showcase their raunchiest material.

**10:00 pm Just For Laughs** (Rpt)

CC MA15+  
Sexual References,  
Coarse Language

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Matt Okine, Nikki Osborne, Ivan Decker and Tommy Little.

**10:30 pm The Project Encore** (Rpt)

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**11:30 pm The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

**12:30 am Home Shopping** (Rpt)

[Home Shopping](#)

**01:00 am Home Shopping** (Rpt)

[Home Shopping](#)

**01:30 am Home Shopping** (Rpt)

[Home Shopping](#)

**02:00 am Home Shopping** (Rpt)

[Home Shopping](#)

**02:30 am Home Shopping** (Rpt)

[Home Shopping](#)

**03:00 am Home Shopping** (Rpt)

[Home Shopping](#)



# SYDNEY PROGRAM GUIDE

## Friday 04th September 2020

**03:30 am Home Shopping (Rpt)**

**Home Shopping**

**04:00 am Home Shopping (Rpt)**

**Home Shopping**

**04:30 am Home Shopping (Rpt)**

**Home Shopping**

**05:00 am Home Shopping (Rpt)**

**Home Shopping**

**05:30 am Home Shopping (Rpt)**

**Home Shopping**





# SYDNEY PROGRAM GUIDE

Saturday 05th September 2020

**06:00 am Reel Action** (Rpt) CC G

## ALL NEW EPISODES

### Trolling Live Baits For Mackerel

Spanish and Spotted Mackerel are some of the fastest swimming fish in the ocean. Guesty, Jack Nolan and Jono Bleakley go searching for a big Spanish.

**06:30 am Leading The Way** CC G

## ALL NEW EPISODES

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

**07:00 am Whichcar** (Rpt) CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

**07:30 am Good Chef Bad Chef** (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**08:00 am My Market Kitchen** (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

**08:30 am Jamie: Keep Cooking And Carry On** (Rpt) CC G

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

**09:00 am Destination Dessert** CC G

## SEASON PREMIERE

Destination Dessert is the ultimate travel show for the sweet tooth! Exploring NSW in our first series, discovering the sweeter things in life.

**09:30 am Studio 10 Saturday** CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

**12:00 pm Jamie & Jimmy's Food Fight Club** (Rpt) CC G

Jamie Oliver and Jimmy Doherty show you how to make blowout feasts designed to add some serious culinary wow factor to your weekends.



# SYDNEY PROGRAM GUIDE

Saturday 05th September 2020

**01:00 pm Business As Usual When Nothing Is Usual** CC

## SPECIAL EVENT

### Business As Usual When Nothing Is Usual

Business As Usual, When Nothing is Usual is a business show designed for people interested in the latest news, issues and insights that shape the world of small business in these unprecedented times.

**01:30 pm Healthy Homes Australia** CC G

## ALL NEW EPISODES

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

**02:00 pm Pooches At Play** CC G

## ALL NEW EPISODES

Hosted by Dog Trainer and Behaviourist Lara Shannon and Morgan Burrett, Pooches at Play is a Lifestyle TV Show all about dogs and our relationship with them.

**02:30 pm Farm To Fork (Rpt)** CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

**03:00 pm What's Up Down Under** CC

## ALL NEW EPISODES

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

**03:30 pm The Living Room Encore (Rpt)** CC G

For Father's Day, The Living Room is celebrating Dads, in all their dagginess. There'll be laughter, tears, some pretty awesome garage storage ideas, and plenty of eye roll worthy Dad jokes.

**04:30 pm Taste Of Australia With Hayden Quinn** CC G

## ALL NEW EPISODES

Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.



# SYDNEY PROGRAM GUIDE

Saturday 05th September 2020

Time	Program	Rating	Notes
			<b>LIVE</b>
05:00 pm	10 News First	CC	Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:00 pm	To Be Advised		
07:00 pm	To Be Advised		
08:15 pm	To Be Advised		
09:30 pm	Ambulance (Rpt)	CC M Coarse Language, Mature Themes	During a 12-hour night shift with North West Ambulance Service, call handler Elly tackles an increasing volume of calls, and there are surprises for paramedics April and Clare.
10:40 pm	One Born Every Minute (Rpt)	CC M Mature Themes	Dawn and Scott have seven children between them and are expecting their first baby together. But Dawn is terrified; it's 10 years since she had her last one.
11:40 pm	Supercars: Highlights (Rpt)	CC	<b>Supercars Townsville (Sat)</b> Highlights of the 2020 Supercars Championship from the Townsville SuperSprint at the Reid Park Street Circuit.
12:40 am	NCIS: Los Angeles (Rpt)	CC M	<b>All Is Bright</b> The team investigates a ransomware attack that takes out the entire power grid for west L.A. and paralyses the city. Also, as the first holiday season since the death of Sam's wife approaches  Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt
01:30 am	Home Shopping (Rpt)		<b>Home Shopping</b>
02:00 am	Home Shopping (Rpt)		<b>Home Shopping</b>



# SYDNEY PROGRAM GUIDE

## Saturday 05th September 2020

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Truth Link**

G

### **ALL NEW EPISODES**

**Lounge Access**

**05:00 am Hour Of Power**

G

### **ALL NEW EPISODES**

Bobby Schuller's call to you, no matter how wounded, broken or 'unwanted' is to 'believe in the God that believes in you.' This message goes out to nearly 5 million people around the globe every week.