



SYDNEY PROGRAM GUIDE

Sunday 06th September 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious.

07:00 am Joseph Prince CC G

ALL NEW EPISODES

339 - The Spirit's Rivers Of Provision And Healing

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Jo849 - Special Strength Is Coming

Religious.

08:00 am The Living Room Encore (Rpt) CC G

For Father's Day, The Living Room is celebrating Dads, in all their dagginess. There'll be laughter, tears, some pretty awesome garage storage ideas, and plenty of eye roll worthy Dad jokes.

09:00 am Business As Usual When Nothing Is Usual (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Business As Usual When Nothing Is Usual

Business As Usual, When Nothing is Usual is a business show designed for people interested in the latest news, issues and insights that shape the world of small business in these unprecedented times.

09:30 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm Taste Of Australia With Hayden Quinn (Rpt) CC G

Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.



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Sunday 06th September 2020

12:30 pm Jamie: Keep Cooking And Carry On (Rpt) CC G

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

01:00 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

01:15 pm The Masked Singer Australia Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Tonight our remaining masked celebrities sing Take On Me by AHA, a Lesley Gore anthem, a Selena Gomez heartbreaker and more. As we creep closer to the end, who will be revealed?

02:30 pm Family Feud Encore (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Tonight Emergency Department nurses take on a family of freight workers who have been working around the clock to keep up with the delivery of emergency supplies.

03:30 pm Whichcar CC PG

ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

04:00 pm Supercars: Highlights CC

ALL NEW EPISODES

Supercars Townsville (Sun)

Highlights of the 2020 Supercars Championship from the Townsville SuperSprint at the Reid Park Street Circuit.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm 10 News First (Rpt) CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Sunday 06th September 2020

06:30 pm The Sunday Project CC

ALL NEW EPISODES

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Family Feud CC PG

ALL NEW EPISODES

2020 has been a year many of us would like to forget, but Family Feud would like to make it one to remember, with its biggest prize of \$100,000 on offer to teams of deserving heroes.

08:30 pm FBI CC M
Violence

ALL NEW EPISODES

Codename: Ferdinand

When the team digs into the circumstances surrounding a fatal car crash that resulted in the death of a photographer, they realize there is more than meets the eye.

Starring: Missy Peregrin, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, Ebonée Noel, John Boyd

09:30 pm FBI (Rpt) CC M
Violence

What Lies Beneath

When a controversial senior leader from Egypt comes to New York for a heart transplant, OA struggles to balance his personal opinion with his duties when he is assigned to the security detail.

Starring: Missy Peregrin, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel

10:30 pm NCIS (Rpt) CC M
Violence

Keep Your Friends Close

After the body of a missing Navy commander is found, Vance orders Gibbs and the team to work with former FBI Agent Tobias "TC" Fornell, the private investigator who was hired to locate him.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

11:30 pm The Sunday Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.



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Sunday 06th September 2020

12:30 am The Late Show With Stephen Colbert CC PG

Stephen Colbert welcomes guests Ava DuVernaya, Kristen Bell, with musical performance by Ben Folds

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

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03:30 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

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04:30 am CBS This Morning CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 07th September 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC G
07:00 am	Judge Judy Encore (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC PG
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Coarse Language, Drug References, Mature Themes
01:00 pm	The Masked Singer Australia Encore (Rpt)	CC PG

SPECIAL ENCORE PRESENTATION

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

Shauna dives deep into dedicating herself to be the best wife possible for Ridge. Carter romances Zoe with a sumptuous surprise and an expression of his affection.

ALL NEW EPISODES

Australia's grand lady of country music opens the songbook on her life with Slim Dusty and losing her soulmate - Joy McKean's incredible story.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

SPECIAL ENCORE PRESENTATION

Tonight our remaining masked celebrities sing Take On Me by AHA, a Lesley Gore anthem, a Selena Gomez heartbreaker and more. As we creep closer to the end, who will be revealed?



SYDNEY PROGRAM GUIDE

Monday 07th September 2020

02:15 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:30 pm	The Project	CC

ALL NEW EPISODES

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ALL NEW EPISODES

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Delightfully domesticated, Hope and Liam savor the extra time they have with Kelly. Alone and in pain, Steffy flashes back to her life with Liam, realizing how much she's truly lost.

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Monday 07th September 2020

07:30 pm The Masked Singer Australia CC PG

ALL NEW EPISODES

It's the Masked Singer Australia finals and Bushranger bangs out Ariana Grande, Puppet sings a Ricky Martin favourite and Frillneck sing an adored Crowded House tune.

08:40 pm Have You Been Paying Attention? CC M
Sexual References, Coarse Language, Mature Themes, Nudity, May Contain:

ALL NEW EPISODES

Have host Marty Sheargold, Denise Scott, Hayley Sproull, Sam Pang and Ed Kavalee been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:40 pm Just For Laughs Uncut CC M
Sexual References, Coarse Language

SEASON FINALE

Nothing is off-limits in Just For Laughs Uncut where the biggest comics in the business showcase their raunchiest material.

10:10 pm Just For Laughs (Rpt) CC M
Sexual References, Coarse Language

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Colin Mochrie and Brad Sherwood, Zoe Coombs Marr, Dilruk Jayasinha and Tommy Little.

10:40 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

11:35 pm The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guest John Oliver

12:30 am Home Shopping (Rpt)

Home Shopping



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Monday 07th September 2020

01:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
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04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>

04:30 am **CBS This Morning** CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 08th September 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC G
07:00 am	Judge Judy Encore (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC PG
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Coarse Language, Mature Themes
01:00 pm	To Be Advised	
02:10 pm	Entertainment Tonight	CC

SPECIAL ENCORE PRESENTATION

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

SPECIAL ENCORE PRESENTATION

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SPECIAL ENCORE PRESENTATION

Delightfully domesticated, Hope and Liam savor the extra time they have with Kelly. Alone and in pain, Steffy flashes back to her life with Liam, realizing how much she's truly lost.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

ALL NEW EPISODES



SYDNEY PROGRAM GUIDE

Tuesday 08th September 2020

02:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

03:00 pm Judge Judy CC PG

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ALL NEW EPISODES

03:30 pm My Market Kitchen CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

ALL NEW EPISODES

04:00 pm Everyday Gourmet With Justine Schofield CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful CC PG

Concerned for his sister, Thomas pushes Steffy to acknowledge what she's feeling. Steffy blasts Hope when her former nemesis makes an autonomous decision about her daughter.

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

06:30 pm The Project CC

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Tuesday 08th September 2020

07:30 pm The Masked Singer: Unmasked CC PG

ALL NEW EPISODES

Head backstage for interviews with eliminated contestants and explanations of those curly clues. Witness the glitz, glamour, crazy security measures & costume labour that make this show spectacular.

08:30 pm Ambulance (Rpt) CC M
Drug References,
Mature Themes

A sudden car crash in front of their ambulance forces Pete and Phil to perform one of the most extraordinary resuscitations from a deadly heart attack ever captured on film.

09:30 pm NCIS (Rpt) CC M
Drug References

Crossing The Line

The NCIS team investigates a man overboard fatality from a Navy destroyer at sea. Meanwhile, Torres is frustrated with Vance's assignment to mentor three high school students.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:30 pm NCIS: Los Angeles (Rpt) CC M

Where Everybody Knows Your Name

The team partners with the FBI after a Marine is murdered by a rare nerve gas; Deeks shares his dream to quit law enforcement and open a bar.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

11:20 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

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12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guests Former Secretary of State Hillary Rodham Clinton, with musical performance by The Killers



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Tuesday 08th September 2020

01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
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04:30 am **CBS This Morning** CC

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Wednesday 09th September 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC G
07:00 am	Judge Judy Encore (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC PG
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Mature Themes
01:00 pm	To Be Advised	
02:00 pm	Entertainment Tonight	CC

SPECIAL ENCORE PRESENTATION

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ALL NEW EPISODES



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ALL NEW EPISODES

04:00 pm Everyday Gourmet With Justine Schofield CC G

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ALL NEW EPISODES

04:30 pm The Bold & The Beautiful CC PG

Bill opens Liam's eyes to the truth about his situation with Hope and Steffy. Finn offers compassion, and their bond deepens, after realizing the scope of Steffy's pain and suffering.

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

06:30 pm The Project CC

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SYDNEY PROGRAM GUIDE

Wednesday 09th September 2020

07:30 pm The Bachelor Australia

CC PG
Coarse Language

ALL NEW EPISODES

As Love In Lockdown draws to a close, the girls are invited on a virtual group date where they will have the opportunity to introduce their nearest and dearest to Locky.

08:30 pm Bull (Rpt)

CC M

Separate Together

Bull and his romantic rival join forces, when her niece and husband are charged with armed robbery.

09:30 pm Bull (Rpt)

CC M
Violence

Split Hairs

New York's City's chief medical examiner, is charged with tampering with evidence on the case that made her career.

10:30 pm The Project Encore (Rpt)

CC

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11:30 pm The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guests Senator Bernie Sanders, with musical performance by Jon Batiste & Nathaniel Rateliff

12:30 am Home Shopping (Rpt)

Home Shopping

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SYDNEY PROGRAM GUIDE

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CC

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01:00 pm	To Be Advised	
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Liam is stunned to learn that Hope did not keep her commitment. Steffy's desperation begins to show when Finn declines her urgent request.

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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Thursday 10th September 2020

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CC PG
Coarse Language

ALL NEW EPISODES

Locky and the ladies return to the The Bachelor mansion and some things have changed dramatically. For some, deeper connections have been found, while for others initial sparks have fizzled out.

08:30 pm Gogglebox

CC

ALL NEW EPISODES

Looking for the next show to binge? Australia's favourite armchair critics return with their searingly honest critiques of what's on the box.

09:30 pm Law & Order: S.V.U

CC M
Mature Themes

ALL NEW EPISODES

Swimming With The Sharks

The female CEO of a popular wellness company says she was raped, but her business partner claims the accusation is part of an embezzlement cover-up.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino

Guest Starring: Radha Mitchell, Samantha Mathis

10:30 pm This Is Us

CC PG
Mature Themes

ALL NEW EPISODES

Unhinged

Randall is confronted with a tough choice. Kate and Toby adjust to their new home. Miguel and Jack's friendship solidifies.

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CC

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CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guests Former New Jersey Governor Chris Christie; musical performance by Gregory Porter

01:30 am Home Shopping (Rpt)

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12:00 pm	Dr Phil	CC PG Mature Themes
01:00 pm	The Living Room Encore (Rpt)	CC G
02:00 pm	Entertainment Tonight	CC

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04:30 pm The Bold & The Beautiful CC PG

Steffy lets down her guard; Finn sees how vulnerable she. Ridge confronts Bill about his egregious transgressions toward his family.

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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07:30 pm The Living Room CC G

Kabir might look like any other 7-year-old...But Kabir is gifted! With an IQ of 142, he loves science and Kabir's parents want to transform their rental into a new space that inspires Kabir's gifts.



SYDNEY PROGRAM GUIDE

Friday 11th September 2020

08:30 pm Have You Been Paying Attention? Encore (Rpt)

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have host Marty Sheargold, Denise Scott, Hayley Sproull, Sam Pang and Ed Kavalee been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm Just For Laughs Uncut Encore (Rpt)

CC M
Sexual References,
Coarse Language

SPECIAL ENCORE PRESENTATION

Nothing is off-limits in Just For Laughs Uncut where the biggest comics in the business showcase their raunchiest material.

10:00 pm Just For Laughs (Rpt)

CC MA15+
Sexual References,
Coarse Language

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Lehmo, Steph Tisdell, Damien Power and Tommy Little.

10:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

11:30 pm The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guests Former National Security Advisor and Ambassador Susan Rice, with musical performance by Sheryl Crow

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 11th September 2020

02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 12th September 2020

<p>06:00 am Reel Action (Rpt) CC G</p>	<p>ALL NEW EPISODES <u>Offshore Burley And Bait</u> When the fish are spread out, you need to bring the fish to you. Guesty and his mate Wayne Gordon clean the freezer out and try a variety of different bait options looking for snapper and pearl perch.</p>
<p>06:30 am Leading The Way CC G</p>	<p>ALL NEW EPISODES Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.</p>
<p>07:00 am Whichcar (Rpt) CC PG</p>	<p>Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.</p>
<p>07:30 am Good Chef Bad Chef (Rpt) CC G</p>	<p>Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.</p>
<p>08:00 am My Market Kitchen (Rpt) CC G</p>	<p>Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.</p>
<p>08:30 am Jamie: Keep Cooking And Carry On (Rpt) CC G</p>	<p>In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.</p>
<p>09:00 am Destination Dessert CC</p>	<p>ALL NEW EPISODES Destination Dessert is the ultimate travel show for the sweet tooth! Exploring NSW in our first series, discovering the sweeter things in life.</p>
<p>09:30 am Studio 10 Saturday CC PG</p>	<p>See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!</p>



SYDNEY PROGRAM GUIDE

Saturday 12th September 2020

12:00 pm Jamie & Jimmy's Food Fight Club (Rpt) CC G

Jamie Oliver and Jimmy Doherty show you how to make blowout feasts designed to add some serious culinary wow factor to your weekends.

01:00 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

01:30 pm Healthy Homes Australia CC G

ALL NEW EPISODES

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

02:00 pm Pooches At Play CC G

ALL NEW EPISODES

Hosted by Dog Trainer and Behaviourist Lara Shannon and Morgan Burrett, Pooches at Play is a Lifestyle TV Show all about dogs and our relationship with them.

02:30 pm Hotels By Design CC PG

SERIES PREMIERE

Hotels by Design features 35 of Australia's and New Zealand's most fabulously designed Hotels. It's about design experience inspiring those who indulge in immersive design.

03:00 pm What's Up Down Under CC G

ALL NEW EPISODES

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

03:30 pm The Living Room Encore (Rpt) CC G

Kabir might look like any other 7-year-old...But Kabir is gifted! With an IQ of 142, he loves science and Kabir's parents want to transform their rental into a new space that inspires Kabir's gifts.

04:30 pm Taste Of Australia With Hayden Quinn CC G

ALL NEW EPISODES

Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.



SYDNEY PROGRAM GUIDE

Saturday 12th September 2020

LIVE

05:00 pm 10 News First	CC	Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:00 pm To Be Advised		
07:00 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	When monster waves lash Bondi, new team members Boo and trainee Lachie must tackle the dangerous conditions to complete a mass rescue.
07:30 pm Ambulance Australia (Rpt)	CC M Mature Themes	As the calls come in, all sense of quiet turns to chaos. A young man has been found after a suspected seizure. His life is now in the hands of paramedics. Can they treat him in time?
08:40 pm Ambulance (Rpt)	CC M Mature Themes	This episode follows staff on a Friday night shift. With a deadly house fire tying up resources, there are very real concerns that there won't be enough ambulances for all the patients needing them.
09:55 pm One Born Every Minute (Rpt)	CC M Medical Procedures	Rose had a stroke during her pregnancy and now arrives for a planned C-section. Chynna and Spencer are both 21. They're expecting their second child together, with Chynna's mum on hand to help out.
10:55 pm Law & Order: S.V.U (Rpt)	CC M Sexual References, Drug References, Strong Adult Themes	<p>Plastic</p> <p>A woman accuses a celebrity plastic surgeon and his girlfriend of rape. The squad go on the offensive when video emerges of the couple engaging in more apparent instances of rape, .</p> <p>Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino</p> <p>Guest Starring: Mark Feuerstein, Alyssa Sutherland</p>
11:55 pm Law & Order: S.V.U (Rpt)	CC MA15+ Violence, Strong Adult Themes	<p>Dear Ben</p> <p>When a serial rapist strikes again after two decades of silence, Stone discovers that his father worked on the case before it went cold, and resolves to uncover the elusive criminal.</p> <p>Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester</p> <p>Guest Starring: Jude Ciccolella</p>



SYDNEY PROGRAM GUIDE

Saturday 12th September 2020

12:55 am NCIS: Los Angeles (Rpt)

CC M
Frequent Violence

Venganza

NCIS investigates the murder of a federal prison inmate who was the adopted daughter of a notorious counterfeiter. Callen is summoned by the ATF to discuss Anna's actions during a joint case.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Truth Link

G

ALL NEW EPISODES

Safety Information Card

05:00 am Hour Of Power

G

ALL NEW EPISODES

Religious.



SYDNEY PROGRAM GUIDE

Sunday 13th September 2020

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious.

07:00 am Joseph Prince CC G

ALL NEW EPISODES

340 - Face Life Without Fear—secrets Unveiled In Isaiah 53

Religious

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Jo850 - Remember What God Said

Religious.

08:00 am The Living Room Encore (Rpt) CC G

Kabir might look like any other 7-year-old...But Kabir is gifted! With an IQ of 142, he loves science and Kabir's parents want to transform their rental into a new space that inspires Kabir's gifts.

09:00 am Taste Of Australia (Rpt) CC G

Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.

09:30 am Studio 10 Sunday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm To Be Advised

01:00 pm Farm To Fork (Rpt) CC G

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.



SYDNEY PROGRAM GUIDE

Sunday 13th September 2020

01:15 pm **To Be Advised**

02:30 pm **Hotels By Design** CC PG

ALL NEW EPISODES

Hotels by Design features 35 of Australia's and New Zealand's most fabulously designed Hotels. It's about design experience inspiring those who indulge in immersive design.

03:00 pm **Jamie: Keep Cooking And Carry On (Rpt)** CC G

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

03:30 pm **Everyday Gourmet With Justine Schofield (Rpt)** CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:00 pm **Whichcar** CC PG

ALL NEW EPISODES

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

04:30 pm **RPM** CC

ALL NEW EPISODES

Scott Mackinnon and Kate Peck share the latest news, views and highlights from the world of motorsport. Guest panellists provide behind the scenes insight into Formula 1, MotoGP, Supercars and more.

05:00 pm **10 News First** CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm **10 News First (Rpt)** CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Sunday 13th September 2020

06:30 pm The Sunday Project CC

ALL NEW EPISODES

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Family Feud CC G

ALL NEW EPISODES

The Kairouz Family are back to take a swing at the cash jackpot. But first, they face the Jains, whose team captain Anika has been working long shifts as doctor in the Blacktown Hospital COVID ward.

08:30 pm FBI CC M
Violence

ALL NEW EPISODES

Salvation

A teacher goes missing after an altercation with a student, and when evidence suggests he has been murdered, the FBI's investigation leads them to the frightening world of a vicious and heartless gang.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, Ebonée Noel, John Boyd

09:30 pm FBI (Rpt) CC M
Violence

Appearances

After a decorated FBI agent is murdered, the team investigates and uncovers clues that the man was leading a double life. Maggie struggles with what information she should reveal to the agent's widow.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward

Guest Starring: Emily Shaffer, Paul Ben-Victor

10:30 pm NCIS (Rpt) CC M

Handle With Care

Gibbs and the team work to clear the name of a retired Marine after cyanide is found in one of the care packages he sent to active-duty Marines.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

11:30 pm The Sunday Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.



SYDNEY PROGRAM GUIDE

Sunday 13th September 2020

12:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>

04:30 am **CBS This Morning** CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 14th September 2020

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	Judge Judy (Rpt)	CC G
07:00 am	Judge Judy Encore (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC PG
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Mature Themes
01:00 pm	To Be Advised	
02:00 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG

SPECIAL ENCORE PRESENTATION

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

Steffy lets down her guard; Finn sees how vulnerable she. Ridge confronts Bill about his egregious transgressions toward his family.

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Monday 14th September 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Masked Singer Australia CC PG

SEASON FINALE

It's time to find out who is behind the final three masks and who will be crowned the winner of The Masked Singer Australia 2020.

08:40 pm Have You Been Paying Attention? CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!



SYDNEY PROGRAM GUIDE

Monday 14th September 2020

09:40 pm Drunk History Australia

CC M
Sexual References,
Coarse Language,
Mature Themes

SERIES PREMIERE

Anne Edmonds recounts the history of opera legend Dame Nellie Melba; and Harley Breen retells the expedition of Burke and Wills both while under a boozy influence.

Starring: Anne Edmonds, Harley Breen, Susie Yousseff, James Mathison, Osher Gunsberg, Yvie Jones

10:10 pm Just For Laughs (Rpt)

CC M
Sexual References,
Coarse Language

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Rove McManus, Ivan Aristeguieta, Simon Taylor and Tommy Little.

10:40 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

11:40 pm The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Stephen Colbert welcomes guests Speaker of the House Nancy Pelosi, with musical performance by Lucinda Williams

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Monday 14th September 2020

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 15th September 2020

06:00 am	Entertainment Tonight Encore (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC G
07:00 am	Judge Judy Encore (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC M Drug Use
01:00 pm	To Be Advised	
02:15 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG

SPECIAL ENCORE PRESENTATION

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Tuesday 15th September 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Todd Sampson's Body Hack CC M
Coarse Language,
Mature Themes,
Nudity

SEASON PREMIERE

Todd explores the world of extreme drivers, why they risk their lives for their passion, and how they use their minds and bodies to cope with the adrenaline, extreme stress and debilitating fear.



SYDNEY PROGRAM GUIDE

Tuesday 15th September 2020

08:30 pm Ambulance Australia (Rpt) CC M
 Violence, Drug References, Mature Themes
 In the midst of the graveyard shift, the Operations Centre springs into action, when a five-patient stabbing from a home invasion is reported in Brisbane's North.

09:30 pm NCIS (Rpt) CC M
 Violence
Bears And Cubs
 Jimmy is torn between family and work after his father-in-law asks him to tamper with evidence in a current murder investigation. Ed's poker buddy offers to help with the case.
 Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:30 pm The Project Encore (Rpt) CC
SPECIAL ENCORE PRESENTATION
 Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

11:30 pm The Late Show With Stephen Colbert CC PG
ALL NEW EPISODES

12:30 am Home Shopping (Rpt) **Home Shopping**

01:00 am Home Shopping (Rpt) **Home Shopping**

01:30 am Home Shopping (Rpt) **Home Shopping**

02:00 am Home Shopping (Rpt) **Home Shopping**

02:30 am Home Shopping (Rpt) **Home Shopping**

03:00 am Home Shopping (Rpt) **Home Shopping**



SYDNEY PROGRAM GUIDE

Tuesday 15th September 2020

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 16th September 2020

06:00 am	Entertainment Tonight Encore (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC G
07:00 am	Judge Judy Encore (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Coarse Language, Mature Themes
01:00 pm	To Be Advised	
02:00 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG

SPECIAL ENCORE PRESENTATION

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Wednesday 16th September 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Bachelor Australia CC

ALL NEW EPISODES

It's the first group date since everyone returned to the mansion and the ladies finally get to do what they couldn't during lockdown - get physical with Locky! Locky is blindfolded and stripped down to his underwear.



SYDNEY PROGRAM GUIDE

Wednesday 16th September 2020

08:30 pm Bull (Rpt)	CC M Violence	<u>Prior Bad Acts</u> Bull's new relationship with Diana, his on-again romantic rival, is complicated by his renewed feelings for his ex-wife, Isabella, when they're reunited by the sudden death of her and Benny's father.
09:30 pm Bull (Rpt)	CC M Mature Themes	<u>Leave IT All Behind</u> Bull aims to raise reasonable doubt among the jurors when his friend Nathan is tried for his wife's murder.
10:30 pm The Project Encore (Rpt)	CC	SPECIAL ENCORE PRESENTATION Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.
11:30 pm The Late Show With Stephen Colbert	CC PG	ALL NEW EPISODES
12:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
01:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
01:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
02:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
02:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
03:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
03:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
04:00 am Home Shopping (Rpt)		<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Wednesday 16th September 2020

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 17th September 2020

06:00 am	Entertainment Tonight Encore (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC G
07:00 am	Judge Judy Encore (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Coarse Language, Drug References, Mature Themes
01:00 pm	To Be Advised	
02:00 pm	Entertainment Tonight	CC
02:30 pm	Judge Judy (Rpt)	CC PG

SPECIAL ENCORE PRESENTATION

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Thursday 17th September 2020

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Bachelor Australia CC

ALL NEW EPISODES

Only five women remain in the race for Locky's heart, and the pressure is on as he contemplates the difficult decision of who to take through to Hometowns.



SYDNEY PROGRAM GUIDE

Thursday 17th September 2020

08:30 pm Gogglebox CC

09:30 pm To Be Advised

10:00 pm Just For Laughs (Rpt) CC M
Sexual References,
Coarse Language

ALL NEW EPISODES

Just For Laughs featuring stand-up comedy from the most famous comedians from Australia and beyond. Starring: Greg Proops, Gen Fricker, Sam Campbell and Tommy Little.

10:30 pm This Is Us CC PG
Mature Themes

ALL NEW EPISODES

Flip A Coin
Kevin reflects on his past. Rebecca visits Randall at college. Beth's mom comes to visit. Kate and Toby share new experiences with baby Jack.

11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Thursday 17th September 2020

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 18th September 2020

06:00 am	Entertainment Tonight Encore (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC G
07:00 am	Judge Judy Encore (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil	CC PG Coarse Language, Drug References, Mature Themes
01:00 pm	The Living Room Encore (Rpt)	CC G
02:00 pm	Entertainment Tonight	CC

SPECIAL ENCORE PRESENTATION

Andy Allen, Michael Weldon and Courtney Roulston take you on a food journey to find the freshest produce and create inspiring recipes in the kitchen.

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Start your day off right with Sarah Harris, Kerri-Anne Kennerley, Joe Hildebrand, Angela Bishop, Denise Drysdale and Narelda Jacobs - 8.30am weekdays on 10.

ALL NEW EPISODES

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

SPECIAL ENCORE PRESENTATION

Kabir might look like any other 7-year-old...But Kabir is gifted! With an IQ of 142, he loves science and Kabir's parents want to transform their rental into a new space that inspires Kabir's gifts.

ALL NEW EPISODES



SYDNEY PROGRAM GUIDE

Friday 18th September 2020

02:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

03:00 pm Judge Judy CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

03:30 pm My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

ALL NEW EPISODES

04:00 pm Everyday Gourmet With Justine Schofield CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful CC

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

06:30 pm The Project CC

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

ALL NEW EPISODES

07:30 pm The Living Room CC

Barry turns a bathroom from a non-functional mess, into a little piece of luxury, Miguel whips up an oyster feast and Chris goes on a damp dark adventure exploring the wonderful world of glow worms.



SYDNEY PROGRAM GUIDE

Friday 18th September 2020

08:30 pm Have You Been Paying Attention? Encore (Rpt)

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have our contestants been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm To Be Advised

10:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

11:30 pm The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

12:30 am Home Shopping (Rpt)

[Home Shopping](#)

01:00 am Home Shopping (Rpt)

[Home Shopping](#)

01:30 am Home Shopping (Rpt)

[Home Shopping](#)

02:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

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04:30 am Home Shopping (Rpt)

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SYDNEY PROGRAM GUIDE

Friday 18th September 2020

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 19th September 2020

06:00 am Reel Action (Rpt) CC G

ALL NEW EPISODES

Golden Trevally On Soft Plastics

Justin takes Guesty and Barney for a day out targeting extra large golden trevally with big soft plastics. The mayhem of a double hook-up kicks off the morning and the action doesn't stop.

06:30 am Leading The Way CC G

ALL NEW EPISODES

Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.

07:00 am Whichcar (Rpt) CC PG

Whether you're a car enthusiast, influencer or intender, you will find everything you need on Which Car TV.

07:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

08:00 am My Market Kitchen (Rpt) CC G

Celebrated Chef Ben O'Donoghue sets up in one of Australia's oldest and most iconic fresh food markets, cooking amazing dishes with all of the atmosphere and drama of a working market.

08:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

09:00 am Destination Dessert CC

ALL NEW EPISODES

Destination Dessert is the ultimate travel show for the sweet tooth! Exploring NSW in our first series, discovering the sweeter things in life.

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne, Ding Dong and Narelda. Fiery debates, big exclusives and a whole lot of fun - with this gang you never know what will happen next!

12:00 pm Creative Generation 2020 CC G

SPECIAL EVENT

Creative Generation 2020

State School students from across Queensland showcase their creative talents in this annual arena music spectacular.



SYDNEY PROGRAM GUIDE

Saturday 19th September 2020

01:00 pm Jamie: Keep Cooking And Carry On CC G
(Rpt)

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

ALL NEW EPISODES

01:30 pm Healthy Homes Australia CC G

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

ALL NEW EPISODES

02:00 pm Pooches At Play CC G

Hosted by Dog Trainer and Behaviourist Lara Shannon and Morgan Burrett, Pooches at Play is a Lifestyle TV Show all about dogs and our relationship with them.

ALL NEW EPISODES

02:30 pm Hotels By Design CC PG

Hotels by Design features 35 of Australia's and New Zealand's most fabulously designed Hotels. It's about design experience inspiring those who indulge in immersive design.

ALL NEW EPISODES

03:00 pm What's Up Down Under CC

Travel and lifestyle programme celebrating the Australian pastime of Caravanning, Camping and Holiday Parks.

03:30 pm The Living Room Encore (Rpt) CC

Barry turns a bathroom from a non-functional mess, into a little piece of luxury, Miguel whips up an oyster feast and Chris goes on a damp dark adventure exploring the wonderful world of glow worms.

ALL NEW EPISODES

04:30 pm Taste Of Australia With Hayden Quinn CC G

Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.



SYDNEY PROGRAM GUIDE

Saturday 19th September 2020

LIVE

05:00 pm 10 News First	CC	Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:00 pm To Be Advised		
07:00 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Medical Procedures	Jethro is faced with the most challenging rescue of his career and the Lifeguards suddenly become the ones in danger when the 4WD buggy is swamped by waves.
07:30 pm Ambulance Australia (Rpt)	CC M Violence, Mature Themes	A shortage in ambulances. Long wait times for patients. A horrific motor vehicle accident. Brain injury. A house fire. Suspected domestic violence. All this in the day-in-the-life of a paramedic.
08:40 pm Ambulance Australia (Rpt)	CC M Violence, Coarse Language, Drug References, Mature Themes	Paramedics, Rick and Amie's easy morning is shaken by a serious call: a 51 year old male is suffering a heart attack & they are the closest responders. It is a race against the clock to save his life.
09:50 pm One Born Every Minute (Rpt)	CC M Medical Procedures	Twenty-somethings Nadia and Jaedon, are expecting their second baby and are desperate to fly the nest and start life together. Their mums have other ideas though...
10:55 pm To Be Advised		
11:55 pm Supercars: Highlights (Rpt)	CC	<u>Supercars The Bend (Sat)</u> Highlights of the 2020 Supercars Championship at The Bend Motorsport Park.
12:55 am NCIS: Los Angeles (Rpt)	CC M Violence	<u>Line In The Sand, A</u> After Sam is shot during a firefight with the cartel, a suspect is interrogated and reveals new information on the whereabouts of Spencer Williams, the man who kidnapped Mosley's son five years ago. Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Linda Hunt



SYDNEY PROGRAM GUIDE

Saturday 19th September 2020

02:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
04:30 am	Truth Link	G	ALL NEW EPISODES <u>Surviving 36000 Feet</u>
05:00 am	Hour Of Power	G	ALL NEW EPISODES Religious.