



SYDNEY PROGRAM GUIDE

Sunday 25th August 2019

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious program.

06:30 am Hillsong CC G

ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

07:00 am Joseph Prince New Creation Church CC G

ALL NEW EPISODES

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

07:30 am Joel Osteen CC G

ALL NEW EPISODES

The Love Of The Father

Religious.

08:00 am The Living Room Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Chris Brown is on the hunt for whale snot, Barry Du Bois saddles up and creates an Old West themed kids party and Amanda Keller calls on Miguel Maestre to make a feast worthy of her A-List friends.

09:00 am Places We Go (Rpt) CC G

Places We Go is series about real travel, hosted by real travellers. Jennifer Adams and Clint Bizzell take viewers on a journey to some of most stunning destinations around Australia and the World.

09:30 am Studio 10 Sunday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



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12:00 pm Photo Number 6 (Rpt)	CC G	<p><u>USA - Part 2</u></p> <p>Join Alan Fletcher as he travels the globe looking for the one photograph that captures the heart and soul of each place he visits and the people he meets.</p>
01:00 pm Luxury Escapes (Rpt)	CC G	<p><u>Abu Dhabi</u></p> <p>In this episode spend some quality time in Abu Dhabi. It might be one of the wealthiest cities in the Middle East, but it boasts a level of luxury you don't need to be a millionaire to enjoy.</p>
01:30 pm Australian Survivor Encore (Rpt)	CC PG Coarse Language	<p>SPECIAL ENCORE PRESENTATION</p> <p>The first challenge consists of a series of temptations. What will the hungry Survivors fall for? And one Survivor makes sure that if they're going down...they're going down in flames!</p>
03:00 pm Australia By Design: Architecture	CC G	<p>ALL NEW EPISODES</p> <p>This series gathers some of Australia's top architects and industry leaders to decide what is Australia's ultimate architectural statement of the year.</p>
03:30 pm RPM	CC	<p>ALL NEW EPISODES</p> <p>Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.</p>
04:00 pm Supercars Highlights	CC	<p><u>Supercars The Bend (Sun)</u></p> <p>Highlights of the 2019 Virgin Australia Supercars Championship from the OTR SuperSprint at The Bend Motorsport Park in South Australia.</p>
05:00 pm 10 News First	CC	<p>ALL NEW EPISODES</p> <p>Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>



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Sunday 25th August 2019

06:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language

With a record 234 rescues performed in Bondi on one day, Australia's prettiest playground can quickly become a nightmare for tourists not used to the precarious surf conditions.

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm Australian Survivor

CC

ALL NEW EPISODES

We are well and truly down to an individual game now and this time around, the prize is a brand new car. What lengths will the Survivors go to get their hands on the keys?

09:10 pm Instinct

CC M
Violence,
Mature Themes

ALL NEW EPISODES

Ancient History

Dylan and Lizzie investigate the case of a prominent divorce lawyer who is found murdered in a bizarre ritual.

Starring: Alan Cumming, Bojana Novakovic

10:05 pm Instinct (Rpt)

CC M
Violence,
Mature Themes

Owned

Dylan and Lizzie are under pressure to deliver results when they investigate the death of Jasmine's friend, the owner of a professional basketball team who died when her car went off a bridge.

Starring: Alan Cumming, Bojana Novakovic

11:00 pm The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.



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04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	CBS This Morning	CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 26th August 2019

06:00 am Judge Judy Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

06:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

07:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Hope and Liam deliver devastating news to an unsuspecting Steffy. Meanwhile, Ridge and Brooke interrogate Flo, Shauna and Zoe about the details of their "scheme".

08:00 am Celebrity Name Game Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Alex Jae & Alex Lee

Rove guest hosts Celebrity Name Game which pairs regular Aussies with celebrities in a race to guess names, places and characters from pop culture. Today's celebrities: Alex Jae & Alex Lee.

08:30 am Studio 10 CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil CC PG
Coarse Language,
Drug References,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.



SYDNEY PROGRAM GUIDE

Monday 26th August 2019

01:00 pm	Australian Survivor Encore (Rpt)	CC
02:40 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC

SPECIAL ENCORE PRESENTATION

We are well and truly down to an individual game now and this time around, the prize is a brand new car. What lengths will the Survivors go to get their hands on the keys?

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Ridge rails on Flo and Zoe for ruining so many lives, including Steffy's. Meanwhile, The Logans and the Forresters divide as an emotional Steffy and Hope argue over Beth.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Monday 26th August 2019

06:00 pm Celebrity Name Game CC PG

ALL NEW EPISODES

Vicky Pattison & Ian Dicko Dickson

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebs: Vicky Pattison & Ian "Dicko" Dickson.

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Australian Survivor CC

ALL NEW EPISODES

The Survivors enter one of the biggest Tribal Councils of the season as an unexpected move turns the game on its head.

08:30 pm Have You Been Paying Attention? CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have contestants Ed Kavalee, Ash London, Lloyd Langford, Susie Youssef & Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm The Montreal Comedy Festival Just For Laughs (Rpt) CC M
Sexual References,
Coarse Language

2018 Montreal Comedy Festival, Just For Laughs #1

The festival returns for another year of laughs, guffaws and applause, featuring stand up from some of the most famous comedians around the world.

10:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

11:30 pm The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Idris Elba & Maude Apatow. Plus, a musical performance by Perry Farrell.



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04:30 am **CBS This Morning** CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 27th August 2019

06:00 am Judge Judy Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

06:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

07:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Ridge rails on Flo and Zoe for ruining so many lives, including Steffy's. Meanwhile, The Logans and the Forresters divide as an emotional Steffy and Hope argue over Beth.

08:00 am Celebrity Name Game Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Vicky Pattison & Ian Dicko Dickson

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebs: Vicky Pattison & Ian "Dicko" Dickson.

08:30 am Studio 10 CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.



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Tuesday 27th August 2019

01:00 pm	Australian Survivor Encore (Rpt)	CC
02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC

SPECIAL ENCORE PRESENTATION

The Survivors enter one of the biggest Tribal Councils of the season as an unexpected move turns the game on its head.

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Wyatt makes a heartfelt apology to Sally after filling her in on Flo's deceit. A distraught Steffy is in disbelief that Phoebe is being taken away from her.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Tuesday 27th August 2019

06:00 pm **Celebrity Name Game**

CC PG

ALL NEW EPISODES

Umbilical Bros

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Umbilical Bros.

06:30 pm **The Project**

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm **Australian Survivor**

CC

ALL NEW EPISODES

An unlikely duo battle it out in an endurance challenge. All sorts of names are being thrown up for the Tribal Council vote, but the name that keeps coming up the most is one you won't expect.

09:00 pm **NCIS (Rpt)**

CC M

Something Blue

The stress of McGee & Delilah's imminent wedding takes its toll, as Delilah is rushed to the hospital. Also, the NCIS team travels out to sea after a young Petty Officer aboard a Navy destroyer dies.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

10:00 pm **NCIS (Rpt)**

CC M
Violence

Rendezvous

Gibbs, McGee and Torres travel to a remote area of Paraguay, controlled by a violent group of rebels, in an attempt to locate a missing Navy Seal who disappeared during an unsanctioned trip.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

11:00 pm **The Project Encore (Rpt)**

CC

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Tuesday 27th August 2019

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Sofia Vergara & David Cross. Plus, a musical performance by Tove Lo.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

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03:30 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 28th August 2019

06:00 am Judge Judy Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

06:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

07:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Wyatt makes a heartfelt apology to Sally after filling her in on Flo's deceit. A distraught Steffy is in disbelief that Phoebe is being taken away from her.

08:00 am Celebrity Name Game Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Umbilical Bros

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08:30 am Studio 10 CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.



SYDNEY PROGRAM GUIDE

Wednesday 28th August 2019

01:00 pm The Bachelor Australia (Rpt) CC PG
Coarse Language

SPECIAL ENCORE PRESENTATION

One lucky girl gets a playful date with Matt where there's chemistry galore and massages! Matt's best mate arrives to meet some of the girls and the at the cocktail party Matt has a romantic pash!

02:15 pm Entertainment Tonight CC

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm Neighbours Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

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03:30 pm My Market Kitchen CC G

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

04:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

04:30 pm The Bold & The Beautiful CC PG

ALL NEW EPISODES

Ridge and Brooke have opposing emotions, he is sad for Steffy and she is elated for Hope. Meanwhile, Blissful that her family is reunited, Hope confesses to Liam that she never stopped loving him.



SYDNEY PROGRAM GUIDE

Wednesday 28th August 2019

05:00 pm 10 News First

CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm Celebrity Name Game

CC PG

ALL NEW EPISODES

Mel Buttle & Bernard Curry

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Mel Buttle & Bernard Curry.

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Bachelor Australia

CC

ALL NEW EPISODES

There's a private fire dance lesson with sparks & kisses. On the group date the girls are literally falling for Matt & at the cocktail party, one girl is gone before the rose ceremony even begins.

08:45 pm My Life Is Murder

CC M
Drug References

ALL NEW EPISODES

Old School

Alexa's past catches up to her as she returns to her exclusive, private high school to investigate the mysterious death of her much beloved former teacher.

09:45 pm Instinct Encore (Rpt)

CC M
Violence,
Mature Themes

SPECIAL ENCORE PRESENTATION

Ancient History

Dylan and Lizzie investigate the case of a prominent divorce lawyer who is found murdered in a bizarre ritual.

Starring: Alan Cumming, Bojana Novakovic



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Wednesday 28th August 2019

10:40 pm Sports Tonight CC

ALL NEW EPISODES

Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.

11:10 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

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12:10 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Former Chicago Mayor Rahm Emanuel & Michael Ian Black.

01:00 am Home Shopping (Rpt)

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01:30 am Home Shopping (Rpt)

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ALL NEW EPISODES

Delusional and confused, Thomas attempts to convince himself that he can win Hope back. Meanwhile, The Logan women express their deep love for Beth, the new and youngest Logan.



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Thursday 29th August 2019

05:00 pm 10 News First

CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm Celebrity Name Game

CC PG

ALL NEW EPISODES

Alan Fletcher & Bonnie Anderson

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06:30 pm The Project

CC

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07:30 pm The Bachelor Australia

CC

ALL NEW EPISODES

Let's get physical! The adrenaline continues on tonight's epic episode. Matt has the girls doing acrobatics from a hanging cloth and repelling face down off a building.

08:40 pm Gogglebox

CC

ALL NEW EPISODES

No show is safe in the brand new season of Gogglebox which takes the audience into the lounge rooms of some of Australia's most opinionated, outspoken, funny and avid TV viewers.

09:40 pm Law & Order: S.V.U (Rpt)

CC M
Mature Themes

Mama

The SVU investigates a rape claim made by a woman living with Alzheimer's Disease. Her mental state brings her allegation into question. Meanwhile, Fin receives his sergeant orders.

Starring: Mariska Hargitay, Ice T, Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Anne Archer, Fionnula Flanagan, Hal Linden, Joe Piscopo



SYDNEY PROGRAM GUIDE

Thursday 29th August 2019

10:35 pm Blue Bloods (Rpt)

CC M
Strong Violence

My Aim Is True

When a series of drive-by murders occurs after six wrongly convicted men are released from prison, Danny and Baez wonder if the murders were orchestrated by the men as an act of revenge.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez, Len Cariou, Sami Gayle

Guest Starring: Tunie Tamara, Morocco Omari

11:30 pm The Project Encore (Rpt)

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03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 30th August 2019

06:00 am Judge Judy Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

06:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

07:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Delusional and confused, Thomas attempts to convince himself that he can win Hope back. Meanwhile, The Logan women express their deep love for Beth, the new and youngest Logan.

08:00 am Celebrity Name Game Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Alan Fletcher & Bonnie Anderson

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Alan Fletcher & Bonnie Anderson.

08:30 am Studio 10 CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil CC PG
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.



SYDNEY PROGRAM GUIDE

Friday 30th August 2019

01:00 pm The Living Room Encore (Rpt) CC PG

02:00 pm Entertainment Tonight CC

02:30 pm Neighbours Encore (Rpt) CC PG

03:00 pm Judge Judy CC PG

03:30 pm My Market Kitchen CC G

04:00 pm Everyday Gourmet With Justine Schofield CC G

04:30 pm The Bold & The Beautiful CC PG

SPECIAL ENCORE PRESENTATION

Miguel and Chris take a food tour of Memphis, where they dine at The King's favourite eatery. Barry helps a couple renovate a room and the team present fresh new gadgets and gizmos on Hot or Not.

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Liam and Bill share a touching father/son moment as Bill holds Beth for the first time. Zoe and Xander face Brooke and Ridge and the consequences for the lie they perpetuated.



SYDNEY PROGRAM GUIDE

Friday 30th August 2019

05:00 pm 10 News First

CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm Celebrity Name Game

CC PG

ALL NEW EPISODES

Matt Burke & David Campese

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Matt Burke & David Campese.

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Living Room

CC

ALL NEW EPISODES

It's Father's Day, and the TLR dads team up to surprise one very special dad. Chris meets the people trying to save koalas and Amanda and Mikey Robins head out for a lunch that's so good, it's sinful.

08:30 pm Have You Been Paying Attention? (Rpt) CC

M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have contestants Ed Kavalee, Ash London, Lloyd Langford, Susie Youssef & Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm To Be Advised

10:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Friday 30th August 2019

11:30 pm The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Amanda Seyfried, Jacob Tremblay, Brady Noon & Keith L. Williams.

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 31st August 2019

06:00 am	Reel Action (Rpt)	CC G	Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.
06:30 am	Escape Fishing With ET (Rpt)	CC G	Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.
07:00 am	RPM (Rpt)	CC	Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.
07:30 am	WhichCar (Rpt)	CC PG	Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.
08:00 am	What's Up Down Under (Rpt)	CC G	Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.
08:30 am	All 4 Adventure (Rpt)	CC PG Coarse Language	Jase and Simon return for another action-packed series as they set out to retrace the steps of early explorers deep into the desolate heartland of this vast continent.
09:30 am	Studio 10 Saturday	CC PG	ALL NEW EPISODES See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.
12:00 pm	Jamie's Super Food (Rpt)	CC G	On the Japanese island of Okinawa, Jamie discovers the super food secrets behind local fruit, vegetables, herbs and spices. Later, he cooks up Black Rice Pudding, Green Tea Roasted Salmon & much more!



SYDNEY PROGRAM GUIDE

Saturday 31st August 2019

01:00 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

01:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

02:00 pm Luxury Escapes (Rpt) CC G

Abu Dhabi

In this episode spend some quality time in Abu Dhabi. It might be one of the wealthiest cities in the Middle East, but it boasts a level of luxury you don't need to be a millionaire to enjoy.

02:30 pm Pooches At Play CC G

ALL NEW EPISODES

Brisbane To The Sunshine Coast

Learn what to do with your dog when in Brisbane or travelling to the Sunshine Coast. Meet a Noosa local surfing pup and learn about the Young Diggers Dog Squad helping diggers cope with PTSD.

03:00 pm Places We Go CC PG

ALL NEW EPISODES

Places We Go is series about real travel, hosted by real travellers. Jennifer Adams and Clint Bizzell take viewers on a journey to some of most stunning destinations around Australia and the World.

03:30 pm What's Up Down Under CC G

ALL NEW EPISODES

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

04:00 pm The Living Room Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

It's Father's Day, and the TLR dads team up to surprise one very special dad. Chris meets the people trying to save koalas and Amanda and Mikey Robins head out for a lunch that's so good, it's sinful.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Saturday 31st August 2019

06:00 pm	Luxury Escapes 2019	CC PG	<p>ALL NEW EPISODES</p> <p><u>Thailand</u></p> <p>In this episode of Luxury Escapes, dive into the azure waters of Thailand to discover paradise islands and towering limestone cliffs so impressive, even James Bond couldn't resist a secret visit.</p>
06:30 pm	One Strange Rock	CC PG Mature Themes	<p>ALL NEW EPISODES</p> <p><u>Storm</u></p> <p>Ever wonder how our planet got here? Earth is a very lucky planet. Born in a cosmic storm, the violence could have destroyed us, but instead it made us.</p>
07:30 pm	Saturday Night Rove	CC M Sexual References, Coarse Language, Nudity, May Contain:	<p>ALL NEW EPISODES</p> <p>Rove McManus and the cream of Australian comedy are here to spend Saturday night with you. We don't know much but what we can promise is that Saturday nights are about to get a whole lot looser.</p>
08:30 pm	999: What's Your Emergency	CC MA15+ Sexual References, Coarse Language, Mature Themes	<p>ALL NEW EPISODES</p> <p><u>We Deal With Sleazy Men Every Day Unfortunately.</u></p> <p>Wiltshire's police officers round up suspects in sex crime cases, receiving three times as many reports of voyeurism and male exposure as any other force in the UK.</p>
09:30 pm	Ambulance (Rpt)	CC M Coarse Language, Strong Adult Themes	<p>An insight into the ambulance service, from the highly-pressurised control room to the crews on the streets. This is an honest snapshot of the ambulance services daily dilemmas and pressures.</p>
10:45 pm	Elementary (Rpt)	CC M Violence	<p><u>IT Serves You Right To Suffer</u></p> <p>When Shinwell comes to Holmes and Watson for help after he's framed for a gang killing, they have three days to find the real murderer before he is arrested and sent back to jail.</p> <p>Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn</p>



SYDNEY PROGRAM GUIDE

Saturday 31st August 2019

11:50 pm Todd Sampson's Body Hack (Rpt)

CC M
Coarse Language

Join Todd Sampson as he tackles some of the biggest challenges of his life using science as his guide. In this episode, Todd joins a combat course with a platoon of soldiers in the Amazon rainforest.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Beyond The Search

PG

ALL NEW EPISODES

Beyond Pain - The Search For Answers

Do you want to live a life without pain? Why do bad things happen to good people, or how could a loving God allow pain? Beyond Pain searches for credible answer to this dilemma.

04:30 am Leading The Way With Dr. Michael Youssef

G

ALL NEW EPISODES

Jesus: Know Him And Live Pt.4

05:00 am Hour Of Power With Bobby Schuller

G

ALL NEW EPISODES

Religious program.



SYDNEY PROGRAM GUIDE

Sunday 01st September 2019

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious program.

06:30 am Hillsong CC G

ALL NEW EPISODES

Discover your God-given potential with Pastor Brian Houston as he shares empowering and inspiring messages from the Word of God.

07:00 am Joseph Prince New Creation Church CC G

ALL NEW EPISODES

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Be Comfortable Not Knowing

Religious.

08:00 am The Living Room Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Miguel and Chris take a food tour of Memphis, where they dine at The King's favourite eatery. Barry helps a couple renovate a room and the team present fresh new gadgets and gizmos on Hot or Not.

09:00 am Places We Go (Rpt) CC PG

Places We Go is series about real travel, hosted by real travellers. Jennifer Adams and Clint Bizzell take viewers on a journey to some of most stunning destinations around Australia and the World.

09:30 am Studio 10 Sunday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



SYDNEY PROGRAM GUIDE

Sunday 01st September 2019

12:00 pm Photo Number 6 (Rpt) CC PG

Morocco

Join Alan Fletcher as he travels the globe looking for the one photograph that captures the heart and soul of each place he visits and the people he meets.

01:00 pm Luxury Escapes (Rpt) CC PG

Thailand

In this episode of Luxury Escapes, dive into the azure waters of Thailand to discover paradise islands and towering limestone cliffs so impressive, even James Bond couldn't resist a secret visit.

01:30 pm Australian Survivor Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

An unlikely duo battle it out in an endurance challenge. All sorts of names are being thrown up for the Tribal Council vote, but the name that keeps coming up the most is one you won't expect.

03:00 pm Australia By Design: Architecture CC G

ALL NEW EPISODES

This series gathers some of Australia's top architects and industry leaders to decide what is Australia's ultimate architectural statement of the year.

03:30 pm Places We Go (Rpt) CC G

Places We Go is series about real travel, hosted by real travellers. Jennifer Adams and Clint Bizzell take viewers on a journey to some of most stunning destinations around Australia and the World.

04:00 pm RPM CC

ALL NEW EPISODES

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Sunday 01st September 2019

06:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language,
Mature Themes

Trainee Lachie will also find out if he has made a big enough impression on Hoppo and the team to earn him a permanent spot on the Bondi lifeguard squad.

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm Australian Survivor

CC

ALL NEW EPISODES

The individual game gets desperate with several Survivors sneaking around camp searching for the idol that will save their game. Secrets aren't staying safe leading into a high-drama Tribal Council!

09:00 pm Instinct

CC M
Violence

ALL NEW EPISODES

ONE-Of-A-Kind

Dylan and Lizzie investigate when a street artist's work is found with a victim's body in the middle of it. Also, Ryan catches a suspect in the Sleeping Beauty Killer investigation.

Starring: Alan Cumming, Bojana Novakovic

10:00 pm Instinct (Rpt)

CC M
Violence

Long Shot

When a woman is shot outside a community centre, Dylan and Lizzie are challenged by the mayor to solve the case in less than 24 hours to quell pressure from the media and special interest groups.

Starring: Alan Cumming, Bojana Novakovic

11:00 pm The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Sunday 01st September 2019

12:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
12:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	CBS This Morning	CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 02nd September 2019

06:00 am Judge Judy Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

06:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

07:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Liam and Bill share a touching father/son moment as Bill holds Beth for the first time. Zoe and Xander face Brooke and Ridge and the consequences for the lie they perpetuated.

08:00 am Celebrity Name Game Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Matt Burke & David Campese

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Matt Burke & David Campese.

08:30 am Studio 10 CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil CC PG
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.



SYDNEY PROGRAM GUIDE

Monday 02nd September 2019

01:00 pm	Australian Survivor Encore (Rpt)	CC
02:40 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC

SPECIAL ENCORE PRESENTATION

The individual game gets desperate with several Survivors sneaking around camp searching for the idol that will save their game. Secrets aren't staying safe leading into a high-drama Tribal Council!

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Flo and Shauna sneak into Brooke's cabin to explain their side of the story to Hope. Shauna goes up against Brooke, Katie and Donna while Hope lashes out at Flo.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Monday 02nd September 2019

06:00 pm Celebrity Name Game

CC PG
Mature Themes

ALL NEW EPISODES

Woody Whitelaw & Will McMahon

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Woody Whitelaw & Will McMahon.

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Australian Survivor

CC

ALL NEW EPISODES

Storms roll over camp and dampen all moods. As we inch closer towards the pointy end of things, old alliances are starting to crack as everyone starts to fight hard for their place in the game.

08:30 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have contestants Ed Kavalee, Abby Coleman, Marty Sheargold, Anne Edmonds & Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm The Montreal Comedy Festival Superstars (Rpt)

CC M
Sexual References,
Coarse Language

2018 Montreal Comedy Festival, Just For Laughs, Superstars #3

Tommy Little presents the 2018 Montreal Comedy Festival Just For Laughs featuring Danny Bhoj, Arj Barker, Kitty Flanagan, Craig Ferguson, Fiona O'Loughlin, Rachel Feinstein, Pete Holmes and more!

10:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Monday 02nd September 2019

11:30 pm The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Jeff Daniels, Katy Tur & Jacob Soboroff.

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 03rd September 2019

06:00 am Judge Judy Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

06:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

07:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Flo and Shauna sneak into Brooke's cabin to explain their side of the story to Hope. Shauna goes up against Brooke, Katie and Donna while Hope lashes out at Flo.

08:00 am Celebrity Name Game Encore (Rpt) CC PG
Mature Themes

SPECIAL ENCORE PRESENTATION

Woody Whitelaw & Will McMahon

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Woody Whitelaw & Will McMahon.

08:30 am Studio 10 CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.



SYDNEY PROGRAM GUIDE

Tuesday 03rd September 2019

01:00 pm	Australian Survivor Encore (Rpt)	CC
02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC

SPECIAL ENCORE PRESENTATION

Storms roll over camp and dampen all moods. As we inch closer towards the pointy end of things, old alliances are starting to crack as everyone starts to fight hard for their place in the game.

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

Hope and Ridge see to it that Flo faces consequences for kidnapping Beth. Meanwhile, Wyatt feels conflicted in regards to his feelings for Flo.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



SYDNEY PROGRAM GUIDE

Tuesday 03rd September 2019

06:00 pm Celebrity Name Game

CC PG

ALL NEW EPISODES

Jimeoin & Damian Walshe-Howling

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Jimeoin & Damian Walshe-Howling.

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Ambulance Australia (Rpt)

CC M
Coarse Language,
Drug References,
Mature Themes

Ambulance Australia follows people in the business of saving lives, going beyond the flashing lights to the heart & soul of heroes.

08:45 pm NCIS (Rpt)

CC M
Frequent Violence,
Mature Themes

House Divided

Two months after Gibbs and McGee were last seen fighting an elusive group of rebels in a Paraguay jungle, the NCIS team in D.C. tirelessly searches for their missing colleagues.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

09:40 pm NCIS (Rpt)

CC M

Twofer

NCIS is called in to investigate when the body of a missing Navy Lieutenant who disappeared a year & a half ago is located by a cemetery grounds crew while they are relocating caskets.

Starring: Mark Harmon, Pauley Perrette, Sean Murray, Wilmer Valderrama

10:35 pm NCIS: Los Angeles (Rpt)

CC M
Violence

Party Crashers

After Hetty turns in retirement papers and then disappears, Executive Assistant Director Shay Mosley arrives in Los Angeles to oversee the team and immediately makes staffing changes.

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Tuesday 03rd September 2019

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Tiffany Haddish & Jared Harris. Plus, a musical performance by The Smashing Pumpkins.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 04th September 2019

06:00 am Judge Judy Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

06:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

07:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Hope and Ridge see to it that Flo faces consequences for kidnapping Beth. Meanwhile, Wyatt feels conflicted in regards to his feelings for Flo.

08:00 am Celebrity Name Game Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Jimeoin & Damian Walshe-Howling

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Jimeoin & Damian Walshe-Howling.

08:30 am Studio 10 CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil CC PG
Sexual References,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm The Bachelor Australia (Rpt) CC

SPECIAL ENCORE PRESENTATION

Let's get physical! The adrenaline continues on tonight's epic episode. Matt has the girls doing acrobatics from a hanging cloth and repelling face down off a building.



SYDNEY PROGRAM GUIDE

Wednesday 04th September 2019

02:10 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Good Chef Bad Chef (Rpt)	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC PG

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Osher Gunsberg & Melody Thornton

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Osher Gunsberg & Melody Thornton.



SYDNEY PROGRAM GUIDE

Wednesday 04th September 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Bachelor Australia

CC

ALL NEW EPISODES

This episode welcomes a bunch of ex-Bachelor and Bachelorette alumni to help Matt pick his dream woman. There's a single date involving chocolate & two girls go head-to-head at the cocktail party.

09:00 pm My Life Is Murder

CC M
Violence

ALL NEW EPISODES

Remains To Be Seen

After a near-death experience, Alexa is confronted by her own mortality as she explores the "Big Death" industry to unravel the secrets of a murdered man whose body was found in someone else's grave.

10:00 pm Bull

CC M
Strong Violence

ALL NEW EPISODES

The Good ONE

Bull defends a medical student who tried to prevent his brother from murdering a judge in order to cause a mistrial for their crime boss father.

11:00 pm Sports Tonight

CC

ALL NEW EPISODES

Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.

11:30 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Wednesday 04th September 2019

01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	CBS This Morning	CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 05th September 2019

06:00 am Judge Judy Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

06:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

07:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

08:00 am Celebrity Name Game Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Osher Gunsberg & Melody Thornton

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Osher Gunsberg & Melody Thornton.

08:30 am Studio 10 CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil CC PG
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm The Bachelor Australia (Rpt) CC

SPECIAL ENCORE PRESENTATION

This episode welcomes a bunch of ex-Bachelor and Bachelorette alumni to help Matt pick his dream woman. There's a single date involving chocolate & two girls go head-to-head at the cocktail party.



SYDNEY PROGRAM GUIDE

Thursday 05th September 2019

02:40 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	Good Chef Bad Chef (Rpt)	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC PG
06:30 pm	The Project	CC

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

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ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

ALL NEW EPISODES

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Yvie Jones & Scott Tweedie

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Yvie Jones & Scott Tweedie.

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Thursday 05th September 2019

07:30 pm The Bachelor Australia CC

ALL NEW EPISODES

A group date sees the girls draw their battle lines, as they scramble to get time with Matt. Later at an intense rose ceremony, a new rivalry in the house pushes one girl to absolute breaking point.

08:40 pm Gogglebox CC

ALL NEW EPISODES

No show is safe in the brand new season of Gogglebox which takes the audience into the lounge rooms of some of Australia's most opinionated, outspoken, funny and avid TV viewers.

09:40 pm Law & Order: S.V.U (Rpt) CC M
Violence,
Strong Adult Themes

Remember Me

When a young woman takes a man hostage at gunpoint after meeting him at a nightclub, Benson puts herself at risk to defuse the situation and discovers the shocking motive for the abduction.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino

Guest Starring: Genesis Rodriguez, Carlos Miranda

10:35 pm Law & Order: S.V.U (Rpt) CC M
Violence,
Mature Themes

Remember Me Too

Benson's suspicions about a kidnapping victim uncover a criminal network of ruthless sex traffickers determined to silence anyone who gets in their way.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Genesis Rodriguez, Carlos Miranda, Benito Martinez, Carolyn McCormick

11:30 pm Blue Bloods (Rpt) CC M
Violence,
Drug References

Cutting Losses

Danny contemplates retirement until Erin enlists him to help her with a case involving her ex-husband. Jamie investigates deadly party drugs and Frank butts heads with the new mayor of New York City.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez, Len Cariou, Sami Gayle, Peter Hermann

Guest Starring: Lorraine Bracco

12:30 am The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

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SYDNEY PROGRAM GUIDE

Thursday 05th September 2019

01:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

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02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Friday 06th September 2019

06:00 am Judge Judy Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

06:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

07:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

08:00 am Celebrity Name Game Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Yvie Jones & Scott Tweedie

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Yvie Jones & Scott Tweedie.

08:30 am Studio 10 CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm The Living Room Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

It's Father's Day, and the TLR dads team up to surprise one very special dad. Chris meets the people trying to save koalas and Amanda and Mikey Robins head out for a lunch that's so good, it's sinful.



SYDNEY PROGRAM GUIDE

Friday 06th September 2019

02:00 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Good Chef Bad Chef (Rpt)	CC G
04:00 pm	Everyday Gourmet With Justine Schofield	CC G
04:30 pm	The Bold & The Beautiful	CC
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC PG

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

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ALL NEW EPISODES

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ALL NEW EPISODES

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Merrick Watts & Annie Maynard

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Merrick Watts & Annie Maynard.



SYDNEY PROGRAM GUIDE

Friday 06th September 2019

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Living Room CC

ALL NEW EPISODES

Peter Walsh helps a stylist part way with her props, Dr Chris Brown has a photo-off in Tasmania's stunning Cradle Mountain and Miguel Maestre and Barry Du Bois support R U OK? Day by making cruffins.

08:30 pm Have You Been Paying Attention? (Rpt) CC M

Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have contestants Ed Kavalee, Abby Coleman, Marty Sheargold, Anne Edmonds & Sam Pang been paying attention? Our quizmasters & host Tom Gleisner are about to find out!

09:30 pm Montreal Comedy Festival Superstars (Rpt) CC M

Sexual References,
Coarse Language

2018 Montreal Comedy Festival, Just For Laughs, Superstars #3

Tommy Little presents the 2018 Montreal Comedy Festival Just For Laughs featuring Danny Bhoj, Arj Barker, Kitty Flanagan, Craig Ferguson, Fiona O'Loughlin, Rachel Feinstein, Pete Holmes and more!

10:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

11:30 pm The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Friday 06th September 2019

12:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 07th September 2019

06:00 am	Reel Action (Rpt)	CC G	Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.
06:30 am	Escape Fishing With ET (Rpt)	CC G	Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.
07:00 am	RPM (Rpt)	CC	Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.
08:00 am	WhichCar (Rpt)	CC PG	Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.
08:30 am	All 4 Adventure (Rpt)	CC PG Mild Coarse Language	Jase and Simon return for another action-packed series as they set out to retrace the steps of early explorers deep into the desolate heartland of this vast continent.
09:30 am	Studio 10 Saturday	CC PG	ALL NEW EPISODES See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.
12:00 pm	Luxury Escapes (Rpt)	CC PG	Thailand In this episode of Luxury Escapes, dive into the azure waters of Thailand to discover paradise islands and towering limestone cliffs so impressive, even James Bond couldn't resist a secret visit.
12:30 pm	Bondi Vet (Rpt)	CC PG Medical Procedures	Chris faces a heartbreaking case when he treats a young pet lamb who has been savagely mauled by dogs. Tim is called in after a family spots a deadly funnel web spider inside their home.



SYDNEY PROGRAM GUIDE

Saturday 07th September 2019

01:30 pm Healthy Homes Australia CC G

ALL NEW EPISODES

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

02:00 pm Australia By Design: Architecture (Rpt) CC G

This series gathers some of Australia's top architects and industry leaders to decide what is Australia's ultimate architectural statement of the year.

02:30 pm Pooches At Play CC G

SEASON FINALE

Melbourne / Mornington Peninsula

The team check out things to see and do with your pooch in Melbourne & Mornington Peninsula. Lara meets the Australian Search and Rescue dog team that are helping Australia's Emergency Services.

03:00 pm Places We Go CC

ALL NEW EPISODES

Places We Go is series about real travel, hosted by real travellers. Jennifer Adams and Clint Bizzell take viewers on a journey to some of most stunning destinations around Australia and the World.

03:30 pm What's Up Down Under CC G

ALL NEW EPISODES

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

04:00 pm The Living Room Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Peter Walsh helps a stylist part way with her props, Dr Chris Brown has a photo-off in Tasmania's stunning Cradle Mountain and Miguel Maestre and Barry Du Bois support R U OK? Day by making cruffins.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Saturday 07th September 2019

06:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language,
Medical Procedures

Jethro is faced with the most challenging rescue of his career and the Lifeguards suddenly become the ones in danger when the 4WD buggy is swamped by waves.

06:30 pm One Strange Rock

CC

ALL NEW EPISODES

Shield

It's a David and Goliath story - Earth's relationship with its greatest threat: the sun. Hurling devastating particles and deadly radiation at us, how can we survive here against the might of the sun?

07:30 pm Saturday Night Rove

CC M
Sexual References,
Coarse Language,
Nudity,
May Contain:

ALL NEW EPISODES

Rove McManus and the cream of Australian comedy are here to spend Saturday night with you. We don't know much but what we can promise is that Saturday nights are about to get a whole lot looser.

08:30 pm 999: What's Your Emergency

CC MA15+
Strong Coarse
Language,
Strong Adult Themes

ALL NEW EPISODES

He Just Came Back From Iraq So He's Crazy Like

Military crime is rising in Wiltshire, which is home to 15,000 Ministry Of Defense personnel. Squaddies and civilians often fight, and at least one serviceman or woman takes their own life each month.

09:30 pm Ambulance (Rpt)

CC M
Coarse Language,
Drug References,
Mature Themes

Ambulance officers, Helen & Julie do their best to help a homeless teenager and later on a suicidal woman. Staff in the control room must decide if the latest report of a patient is a hoax or not.

10:45 pm To Be Advised

11:45 pm Elementary (Rpt)

CC M
Violence

Pick Your Poison

When Watson is implicated in a DEA investigation into doctors writing illegal prescriptions, she and Holmes search for the person using her medical license to sell drugs.

Starring: Jonny Lee Miller, Lucy Liu, Aidan Quinn



SYDNEY PROGRAM GUIDE

Saturday 07th September 2019

12:45 am Todd Sampson's Body Hack (Rpt) CC M

Join Todd Sampson as he tackles some of the biggest challenges of his life using science as his guide. In this episode, Todd travels to the Himalayas to work with Sherpas 6,000m above sea level.

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Beyond The Search

ALL NEW EPISODES

Beyond Belief - The Search For Truth

Ancient scrolls contain a narrative that places our world in the middle of the cosmic drama. Beyond Belief looks for confirmation that what these texts contain can be trusted as true.

04:30 am Leading The Way With Dr. Michael Youssef G

ALL NEW EPISODES

We Preach Christ

05:00 am Hour Of Power With Bobby Schuller G

ALL NEW EPISODES

Religious program.