



# MELBOURNE PROGRAM GUIDE

Sunday 28th May 2023

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

**06:30 am Turning Point With David Jeremiah** CC PG  
Mature Themes

## ALL NEW EPISODES

### 052823 A Biographical Prophecy – End Times People

Increasing evil will characterize many people in the Last Days, but we can learn how to counter the evil in our world.

**07:00 am Joseph Prince: New Creation Church** CC G

## ALL NEW EPISODES

### 475 - Overflowing Life—keys From Elisha's Story

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church.

**07:30 am Joel Osteen** CC G

## ALL NEW EPISODES

Religious.

**08:00 am Everyday Gourmet With Justine Schofield (Rpt)** CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

**08:30 am Freshly Picked With Simon Toohey (Rpt)** CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

**09:00 am Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**09:30 am Destination Dessert (Rpt)** CC G

From the coastlines to the red centre, discover the best spots to eat, stay and play. Pack your bags and join the team as they explore Australia, reminding you that life is short – make it sweet.



# MELBOURNE PROGRAM GUIDE

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<b>10:00 am</b>	<b>Studio 10: Sunday</b>	CC PG	Start your day with a dose of sunshine and join the feelgood fun with Tristan MacManus.
<b>12:00 pm</b>	<b>To Be Advised</b>		
<b>01:10 pm</b>	<b>Everyday Gourmet With Justine Schofield (Rpt)</b>	CC G	Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.
<b>01:30 pm</b>	<b>Bondi Rescue (Rpt)</b>	CC PG Coarse Language, Mature Themes	It's been a year like no other at Bondi Beach. Beach marshals work with the lifeguards to check numbers and enforce social distancing, but it's a challenge the lifeguards are only too keen to accept.
<b>02:00 pm</b>	<b>Luxury Escapes (Rpt)</b>	CC G	<b><u>Hawaii</u></b> Cameron Daddo is on an enviable escape in Hawaii and the island of O'ahu where he runs into former Australian Bachelor, Jimmy and his partner Holly.
<b>02:30 pm</b>	<b>My Market Kitchen (Rpt)</b>	CC G	Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.
<b>03:00 pm</b>	<b>The Offroad Adventure Show (Rpt)</b>	CC G	This season Borgy, Leash, Jamie and Jess are taking on two epic 4wd adventures crossing the states of NSW and VIC using only the dirt.
<b>04:00 pm</b>	<b>Farm To Fork (Rpt)</b>	CC G	Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.
<b>04:30 pm</b>	<b>Taste Of Australia With Hayden Quinn (Rpt)</b>	CC PG	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.
<b>05:00 pm</b>	<b>10 News First</b>	CC	<b>LIVE</b> Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



# MELBOURNE PROGRAM GUIDE

Sunday 28th May 2023

**06:30 pm The Sunday Project**

CC

## ALL NEW EPISODES

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm MasterChef Australia**

CC PG  
Coarse Language,  
Mild Themes

## ALL NEW EPISODES

Slow and steady keeps their place! Sporting the dreaded black aprons, contestants embark on a 2-day challenge with 45 minutes to prepare an overnight cook and 60 minutes to finish off the next day.

**09:00 pm NCIS: Hawaii**

CC M  
Violence

## ALL NEW EPISODES

### Past Due

The discovery of a dead former MI6 agent uncovers secrets from Tennant's past, forcing her to go to extreme lengths to track down the responsible party.

Starring: Vanessa Lachey, Alex Tarrant, Noah Mills, Yasmine Al-Bustami, Jason Antoon, Tori Anderson

**10:00 pm NCIS: Hawaii (Rpt)**

CC M  
Violence

### Imposter

The NCIS team investigates a cold case involving WWII-era bones on the 80th anniversary of the Pearl Harbor bombings, and are shocked to learn they belong to a 100-year-old survivor of the attack

Starring: Vanessa Lachey, Alex Tarrant, Noah Mills, Yasmine Al-Bustami, Jason Antoon

**11:00 pm The Sunday Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:00 am Home Shopping (Rpt)**

### Home Shopping

**12:30 am Home Shopping (Rpt)**

### Home Shopping

**01:00 am Home Shopping (Rpt)**

### Home Shopping



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**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS Mornings**

CC

### ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burseson.



# MELBOURNE PROGRAM GUIDE

## Monday 29th May 2023

**06:00 am Freshly Picked With Simon Toohey** (Rpt) CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

**06:30 am My Market Kitchen** (Rpt) CC G

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**08:00 am Everyday Gourmet With Justine Schofield** (Rpt) CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

**08:30 am Entertainment Tonight** (Rpt) CC

### SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**09:00 am Judge Judy** (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**09:30 am The Bold & The Beautiful** (Rpt) CC PG

Brooke, Taylor, and Ridge enjoy their blended family. Steffy witnesses something she wishes she didn't.

**10:00 am Studio 10** CC PG

### LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.



# MELBOURNE PROGRAM GUIDE

Monday 29th May 2023

**12:00 pm 10 News First: Midday**

CC

## LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

**01:00 pm Dr Phil**

CC PG  
Sexual References,  
Mature Themes

## ALL NEW EPISODES

James connects with models online, but the women get kidnapped before they can meet. Then, he saves the models by sending gift cards to a gang leader to free them. Is James being scammed for money?

**02:00 pm To Be Advised**

**03:30 pm Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**04:00 pm Good Chef Bad Chef**

CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm The Bold & The Beautiful**

CC PG

## ALL NEW EPISODES

Steffy demands the truth from Hope about her feelings for Thomas.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm MasterChef Australia**

CC PG  
Mild Themes

## ALL NEW EPISODES

Contestants try to bowl the judges over by elevating humble breakfast cereals into nostalgic classics. Who will cry over spilt milk with a Pressure Test awaiting the worst cereal offenders tomorrow?



# MELBOURNE PROGRAM GUIDE

Monday 29th May 2023

**08:40 pm Have You Been Paying Attention?**

CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## ALL NEW EPISODES

Have our contestants, Ed Kavalee, Sam Pang, Alex Ward, Lloyd Langford and Kitty Flanagan been paying attention? The guest quizmaster and host Tom Gleisner are about to find out!

**09:40 pm Just For Laughs Australia**

CC MA15+  
Sexual References,  
Coarse Language

## ALL NEW EPISODES

Just For Laughs Australia is back brand new season. Hosted by Nath Valvo and featuring Rhys Nicholson, Pax Assadi and Steph Tisdell. Strap yourselves in for half an hour of non-stop laughs

**10:10 pm FBI: Most Wanted**

CC M  
Violence,  
Mature Themes

## ALL NEW EPISODES

### The Miseducation Of Metcalf 2

The team suspect cult overtones as they search for two missing coeds after their roommate's brother is involved in a homicide. Meanwhile, Hana becomes distracted when she meets someone online.

Starring: Dylan McDermott, Alexa Davalos, Roxy Sternberg, Edwin Hodge, Keisha Castle-Hughes

**11:10 pm FBI: Most Wanted (Rpt)**

CC M  
Violence

### Sport Of Kings

After a prized Kentucky racehorse is stolen and its groomer is taken hostage, the team quickly learns they may be the only ones who consider the young woman's safety a priority over the horse's.

Starring: Julian McMahon, Roxy Sternberg, Miguel Gomez, Alexa Davalos, Keisha Castle-Hughes, Terry O'Quinn

**12:00 am The Project Encore (Rpt)**

CC

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**01:00 am The Late Show With Stephen Colbert**

CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.



# MELBOURNE PROGRAM GUIDE

## Monday 29th May 2023

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**04:30 am CBS Mornings**

CC

### ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





# MELBOURNE PROGRAM GUIDE

## Tuesday 30th May 2023

**06:00 am Freshly Picked With Simon Toohey** (Rpt) CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

**06:30 am My Market Kitchen** (Rpt) CC G

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**08:30 am Entertainment Tonight** CC

### SPECIAL ENCORE PRESENTATION

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Steffy demands the truth from Hope about her feelings for Thomas.

**10:00 am Studio 10** CC PG

### LIVE

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Tuesday 30th May 2023

**12:00 pm 10 News First: Midday**

CC

## LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

**01:00 pm Dr Phil**

CC PG  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

South Florida neighbours are furious at animal lover Darren, who feeds green iguanas that destroy people's yards and plants and damage their property. Will Darren change his ways? Find out today.

**02:00 pm To Be Advised**

**03:10 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

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**03:30 pm My Market Kitchen**

CC

## ALL NEW EPISODES

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

**04:00 pm Good Chef Bad Chef**

CC G

## ALL NEW EPISODES

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CC PG

## ALL NEW EPISODES

RJ asks a considerable favor of Thomas concerning Ridge. Determined to shake her attraction to Thomas, Hope overcompensates with Liam.

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**06:30 pm The Project**

CC

## ALL NEW EPISODES

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**07:30 pm MasterChef Australia**

CC PG  
Mild Themes

## ALL NEW EPISODES

Guest chef Donato Toce reveals his superb Viennetta ice cream, and Pressure Test contestants will need ice in their veins to replicate the nostalgic dessert to avoid being frozen out of the kitchen.

**08:40 pm The Cheap Seats**

CC M  
Coarse Language,  
Mature Themes,  
May Contain:

## ALL NEW EPISODES

Taking a fun look at the week that was are The Cheap Seat hosts Melanie Bracewell and Tim McDonald.

**09:40 pm NCIS**

CC

## SEASON FINAL

### Black Sky

Agent Torres finds himself in prison as the team tries to stop an impending terror attack.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen

**10:30 pm North Shore Encore (Rpt)**

CC M  
Coarse Language

## SPECIAL ENCORE PRESENTATION

Abigail and Simon make plans to return home to the UK to lay Sophie to rest, but a last-minute change puts everything on hold. Evidence from an anonymous informant provides a motive for murder.

**11:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

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## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.



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**04:00 am Home Shopping** (Rpt)

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**04:30 am CBS Mornings**

CC

### ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burseson.



# MELBOURNE PROGRAM GUIDE

## Wednesday 31st May 2023

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Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

**06:30 am My Market Kitchen** (Rpt) CC G

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**08:30 am Entertainment Tonight** (Rpt) CC

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Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

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**10:00 am Studio 10** CC PG

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Wednesday 31st May 2023

**12:00 pm 10 News First: Midday**

CC

## LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

**01:00 pm Dr Phil**

CC M

Strong Adult Themes

## ALL NEW EPISODES

For millions of women, the minute they give birth, their instinct is to protect their babies at all costs. However, 1 in 7 women will develop postpartum depression and anxiety after having a baby.

**02:00 pm To Be Advised**

**03:10 pm Entertainment Tonight**

CC

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**03:30 pm My Market Kitchen**

CC

## ALL NEW EPISODES

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**04:00 pm Good Chef Bad Chef**

CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm The Bold & The Beautiful**

CC PG

## ALL NEW EPISODES

Hope defends her character compared with Brooke's to Steffy. Wyatt helps Liam gain clarity on his current situation.

**05:00 pm 10 News First**

CC

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Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



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Wednesday 31st May 2023

**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm MasterChef Australia**

CC

## ALL NEW EPISODES

**08:40 pm North Shore**

CC M  
Coarse Language

## ALL NEW EPISODES

Abigail faces increasing pressure to close the trade deal, and a breakthrough fills a crucial gap in the case timeline.

**09:40 pm Law & Order: S.V.U**

CC

## ALL NEW EPISODES

### Bad Things

Benson and Carisi are baffled when a series of assaults have the same M.O. but different DNA at each crime scene. Muncy believes Elias Olsen has struck again and is determined to prove it.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Octavio Pisano, Molly Burnett, Terry Serpico

**10:40 pm Fire Country**

CC M  
Violence

## ALL NEW EPISODES

### At The End Of My Rope

The crews respond to an explosion at an abandoned mine and learn that three Girl Scouts on an excursion are trapped inside. Plus, Bode faces a difficult decision that could have serious consequences.

Starring: Max Thieriot, Billy Burke, Kevin Alejandro, Diane Farr, Jordan Calloway, Stephanie Arcila

**11:40 pm Bull (Rpt)**

CC M  
Violence

### Goodbye

Bull and the Trial Analysis Corporation team head to court one last time to finalize a negligent homicide defense that will change the nature of their company and their lives forever. Series Finale.

Starring: Michael Weatherly, Freddy Rodriguez, Geneva Carr

**12:30 am The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

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**01:30 am The Late Show With Stephen Colbert** CC PG

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**Home Shopping**

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## ALL NEW EPISODES

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# MELBOURNE PROGRAM GUIDE

## Thursday 01st June 2023

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(Rpt)

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**06:30 am My Market Kitchen** (Rpt) CC G

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**08:30 am Entertainment Tonight** (Rpt) CC

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**10:00 am Studio 10** CC PG

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Thursday 01st June 2023

**12:00 pm 10 News First: Midday**

CC

## LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

**01:00 pm Dr Phil**

CC PG  
Mature Themes

## ALL NEW EPISODES

Social media companies should be held accountable for what experts warn is a link between heavy social media use and childrens' mental health issues including eating disorders, depression and suicide.

**02:00 pm To Be Advised**

**03:10 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

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## ALL NEW EPISODES

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CC G

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**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

## ALL NEW EPISODES

Liam voices his concern when he discovers Thomas and Hope are traveling together on Forrester Creations' business. Hope gets overwhelmed by feelings she cannot control.

**05:00 pm 10 News First**

CC

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CC

## ALL NEW EPISODES

**08:40 pm Law & Order: S.V.U (Rpt)**

CC M  
Mature Themes

### Tangled Strands Of Justice

Garland asks Benson to reopen a missing persons case he worked as a rookie officer on the day of 9/11. A victim in one of Carisi's recent cases is busted for theft, but the arrest proves unethical.

Starring: Mariska Hargitay, Kelli Giddish, Peter Scanavino, Octavio Pisano

Guest Starring: Demore Barnes, Ron Canada

**09:30 pm To Be Advised**

**10:30 pm Law & Order: S.V.U (Rpt)**

CC M  
Sexual References,  
Mature Themes

### Did You Believe In Miracles?

When a schoolgirl goes missing, the squad must track down a trusted family friend for answers. As the case progresses, awkward questions arise about the girl's God-fearing parents and her abductor.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Ariel Stachel

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### Home Shopping



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**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS Mornings**

CC

### ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



# MELBOURNE PROGRAM GUIDE

## Friday 02nd June 2023

**06:00 am Freshly Picked With Simon Toohey** CC G  
(Rpt)

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

**06:30 am My Market Kitchen** (Rpt) CC G

Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.

**07:00 am Farm To Fork** (Rpt) CC G

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

**07:30 am Good Chef Bad Chef** (Rpt) CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**08:00 am Everyday Gourmet With Justine Schofield** (Rpt) CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

**08:30 am Entertainment Tonight** (Rpt) CC

### SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**09:00 am Judge Judy** (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**09:30 am The Bold & The Beautiful** (Rpt) CC PG  
Mild Themes

Liam voices his concern when he discovers Thomas and Hope are traveling together on Forrester Creations' business. Hope gets overwhelmed by feelings she cannot control.

**10:00 am Studio 10** CC PG

### LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.



# MELBOURNE PROGRAM GUIDE

Friday 02nd June 2023

**12:00 pm 10 News First: Midday**

CC

## LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

**01:00 pm Dr Phil**

CC M  
Sexual References,  
Mature Themes

## ALL NEW EPISODES

John has spent over 26 years in jail for sexually assaulting his girlfriend's then 9-year-old daughter, Alyssa, who later felt guilty for putting an innocent man behind bars and recanted her testimony.

**02:00 pm To Be Advised**

**03:10 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**03:30 pm My Market Kitchen**

CC

## ALL NEW EPISODES

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

**04:00 pm Good Chef Bad Chef**

CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

## ALL NEW EPISODES

When Hope and Thomas's flight home is delayed, Steffy springs into action, Liam gets anxious, Thomas searches for a solution and Hope attempts to maintain her emotions and composure.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



# MELBOURNE PROGRAM GUIDE

Friday 02nd June 2023

**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Bondi Rescue 2023**

CC PG  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

Lifeguards honour their former colleague Terry with a traditional paddle out. Lifeguards are concerned for the wellbeing of a missing man. Lifeguards compete in their annual run, swim and paddle race.

**08:00 pm Bondi Rescue (Rpt)**

CC PG  
Coarse Language,  
Mature Themes

It's been a year like no other at Bondi Beach. Beach marshals work with the lifeguards to check numbers and enforce social distancing, but it's a challenge the lifeguards are only too keen to accept.

**08:30 pm To Be Advised**

**09:30 pm The Graham Norton Show (Rpt)**

CC M  
Sexual References,  
Coarse Language

Graham Norton welcomes Michelle Williams, Brendan Fraser. Helena Bonham Carter, Russell T Davies, Oti Mabuse and singer Cat Burns. Plus, more wild audience tales in the world-famous Big Red Chair.

**10:30 pm The Graham Norton Show (Rpt)**

CC M  
Coarse Language

Join the hilarious and cheeky Graham Norton as he chats with guests Ricky Gervais, Cate Blanchett, Ant & Dec, Elvis Costello & The Imposters.

**11:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:30 am The Late Show With Stephen Colbert**

CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.



# MELBOURNE PROGRAM GUIDE

## Friday 02nd June 2023

<b>01:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>02:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>02:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>03:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>03:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>05:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>05:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>





# MELBOURNE PROGRAM GUIDE

## Saturday 03rd June 2023

<b>06:00 am</b>	<b>Reel Action</b> (Rpt)	CC G	Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.
<b>06:30 am</b>	<b>Leading The Way With Dr. Michael Youssef</b>	CC G	<p><b>ALL NEW EPISODES</b>  <b><u>2323 Enduring Wisdom: Part 1</u></b>            Dr Michael Youssef speaks about the Word of God and offers hope.</p>
<b>07:00 am</b>	<b>Freshly Picked With Simon Toohey</b> (Rpt)	CC G	Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.
<b>07:30 am</b>	<b>Escape Fishing With ET</b> (Rpt)	CC	Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.
<b>08:00 am</b>	<b>Everyday Gourmet With Justine Schofield</b> (Rpt)	CC G	Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.
<b>08:30 am</b>	<b>What's Up Down Under</b> (Rpt)	CC G	Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!
<b>09:00 am</b>	<b>Farm To Fork</b> (Rpt)	CC PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
<b>09:30 am</b>	<b>Good Chef Bad Chef</b> (Rpt)	CC G	Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
<b>10:00 am</b>	<b>Studio 10: Saturday</b>	CC PG	Start your day with a dose of sunshine and join the feelgood fun with Tristan MacManus.
<b>12:00 pm</b>	<b>To Be Advised</b>		



# MELBOURNE PROGRAM GUIDE

## Saturday 03rd June 2023

<b>01:10 pm</b>	<b>My Market Kitchen</b> (Rpt)	CC G	Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.
<b>01:30 pm</b>	<b>Pat Callinan's 4X4 Adventure</b> (Rpt)	CC G	Explore Australia's most breathtaking destinations with our very own "Mr 4X4", Pat Callinan.
<b>02:30 pm</b>	<b>Everyday Gourmet With Justine Schofield</b> (Rpt)	CC G	Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.
<b>03:00 pm</b>	<b>What's Up Down Under</b>	CC	<b>ALL NEW EPISODES</b> Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!
<b>03:30 pm</b>	<b>Good Chef Bad Chef</b> (Rpt)	CC G	Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
<b>04:00 pm</b>	<b>Farm To Fork</b> (Rpt)	CC G	Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.
<b>04:30 pm</b>	<b>Taste Of Australia With Haydne Quinn</b> (Rpt)	CC G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.
<b>05:00 pm</b>	<b>10 News First</b>	CC	<b>LIVE</b> Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
<b>06:00 pm</b>	<b>The Dog House</b>	CC PG Mild Themes	<b>ALL NEW EPISODES</b> Duchess the basset hound is on the prowl for a new owner. Can Laura and Martin see past lurcher Sam's size and find a place for him in their hearts? Plus, Albie the Jack Russell puppy's second chance!



# MELBOURNE PROGRAM GUIDE

**Saturday 03rd June 2023**

**07:00 pm Isuzu UTE A-League Grand Final** CC

**Grand Final: Tbc V Tbc**

Grand Final

**11:00 pm To Be Advised**

**12:00 am Home Shopping** (Rpt)

**Home Shopping**

**12:30 am Home Shopping** (Rpt)

**Home Shopping**

**01:00 am Home Shopping** (Rpt)

**Home Shopping**

**01:30 am Home Shopping** (Rpt)

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**02:00 am Home Shopping** (Rpt)

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**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am Hour Of Power**

G

## **ALL NEW EPISODES**

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.