



# SYDNEY PROGRAM GUIDE

Sunday 15th December 2024

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

**06:30 am Key Of David** CC PG  
Mature Themes

## ALL NEW EPISODES

The Key of David covers today's most important events with a unique perspective. Not only does the program tell you what's happening to our society and our world, it tells you why.

**07:00 am Joseph Prince: New Creation Church** CC G

## ALL NEW EPISODES

### 552 How To Be Blessed God's Way

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church in Singapore.

**07:30 am Good Chef Bad Chef (Rpt)** CC G

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**08:00 am Healthy Homes (Rpt)** CC G

Home, garden, lifestyle or build - Walt Collins and Dani Reilly have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

**08:30 am Food Trail: South Africa (Rpt)** CC G

### The Garden Route

A true hidden gem of South Africa, the Garden Route is a 200km coastal highway. At the Turbine Hotel Warren will cook a South African curry and dessert, and shuck wild oysters with a local legend.

**09:00 am My Market Kitchen (Rpt)** CC G

## SPECIAL ENCORE PRESENTATION

From the iconic fresh food markets, ex MasterChef favourite Laura Sharrad hosts this exciting new season of My Market Kitchen with loads of delicious recipes, plenty of guests and a few surprises.



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**09:30 am Luca's Key Ingredient** CC G

## SEASON FINALE

Luca transforms everyday produce into extraordinary dishes that transport you straight to the Italian countryside. Blending tradition with innovation.

**10:00 am The Drew Barrymore Show (Rpt)** CC PG  
Sexual References,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

### #5120 - Mikel Welch & Fred Hechinger

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime with guests Mikel Welch & Fred Hechinger.

**10:30 am The Drew Barrymore Show (Rpt)** CC PG  
Sexual References,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

### #5112 - Taye Diggs, Oliver Hudson & Sunny Anderson

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime with guests Taye Diggs, Oliver Hudson & Sunny Anderson.

**11:00 am Buy To Build (Rpt)** CC G

Each episode, Walt Collins helps house hunters explore the country's latest display homes and land developments to find the perfect home to suit their needs.

**11:30 am GoRV (Rpt)** CC G

We put three new offroad caravans through their paces to finish off the annual GoRV Off-road Challenge Event thanks to our friends at Sirocco 11.

**12:00 pm Pooches At Play (Rpt)** CC PG  
Mild Themes

Learn how 'trigger stacking' could be affecting your dog's behaviour, how to properly brush your dog's teeth, and the 'alpha' dog training approach is not how to train your dog.

**12:30 pm Cook With Luke (Rpt)** CC G

Your home of quick, tasty, good food. Cooking healthy and delicious meals has never been easier with Luke Hines in your kitchen.

**01:00 pm Everyday Gourmet With Justine Schofield (Rpt)** CC G

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield.

**01:30 pm Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.



# SYDNEY PROGRAM GUIDE

## Sunday 15th December 2024

**02:00 pm Farm To Fork (Rpt)** CC G

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

**02:30 pm NBL - Phoenix V Melbourne United** CC

### LIVE

#### Round 12: S.E Melbourne Phoenix V Melbourne United

Round 12 clash LIVE from John Cain Arena, South East Melbourne Phoenix take on Melbourne United. Tip-off at 2.36pm (AEDT)

**04:30 pm Luxury Escapes** CC G

### SEASON FINALE

#### Canada

Rebecca Gibney and Cameron Daddo enjoy the amazing colours and weather of Canada in Autumn on a luxury escape to Vancouver and Whistler.

**05:00 pm 10 News First** CC

### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm The Sunday Project** CC

### LIVE

Join The Sunday Project hosts Hamish Macdonald, Rachel Corbett, Dave Hughes and Susie Youssef as they dissect and digest the daily news, events and hottest topics.

**07:00 pm Harry And Meghan: The Rise And Fall** CC PG  
Mild Themes

### SPECIAL EVENT

#### Harry And Meghan: The Rise And Fall Part 2

Harry and Meghan's fall appears to be irreversible following their controversial interview with Oprah Winfrey, a Netflix series, a Spotify podcast and publication of Harry's tell-all memoir Spare.

**08:30 pm New: The Graham Norton Show** CC M  
Coarse Language

### ALL NEW EPISODES

Get ready for another hilarious, wickedly cheeky season of The Graham Norton Show with guests Billy Crystal, Hugh Bonneville, Emily Mortimer, Pharrell Williams and Michael Kiwanuka.



# SYDNEY PROGRAM GUIDE

Sunday 15th December 2024

09:40 pm **New: FBI**

CC M  
Violence,  
Mature Themes

## ALL NEW EPISODES

**Monumental**

10:40 pm **New: FBI: International**

CC

## ALL NEW EPISODES

**Keen As A Bean**

11:30 pm **The Sunday Project Encore** (Rpt)

CC

## SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts Hamish Macdonald, Rachel Corbett, Dave Hughes and Susie Youssef as they dissect and digest the daily news, events and hottest topics.

12:30 am **Home Shopping** (Rpt)

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**Home Shopping**

04:00 am **Home Shopping** (Rpt)

**Home Shopping**

04:30 am **CBS Mornings**

CC

## ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





# SYDNEY PROGRAM GUIDE

Monday 16th December 2024

**06:00 am The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Deal Or No Deal (Rpt)**

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**07:30 am Farm To Fork (Rpt)**

CC G

### SPECIAL ENCORE PRESENTATION

Michael Weldon, Louis Tikaram and Brent Draper take you on a food journey across Australia seeking the finest local produce and share inspiring recipe ideas to ignite your passion for cooking at home.

**08:00 am Neighbours (Rpt)**

CC PG  
Mild Themes

### SPECIAL ENCORE PRESENTATION

A resident receives their marching orders. Holly spirals in the wake of a revelation. Terese takes a forward step. Paul is given cause for panic.

**08:30 am The Bold & The Beautiful (Rpt)**

CC PG  
Mild Themes

Still unable to undo Hope's firing, Carter makes a convincing case to Ridge.

**09:00 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

### ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

**09:30 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

### ALL NEW EPISODES

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**10:00 am Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.





# SYDNEY PROGRAM GUIDE

Monday 16th December 2024

**10:30 am Harry And Meghan: The Rise And Fall (Rpt)** CC PG  
Mild Themes

## SPECIAL ENCORE PRESENTATION

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**12:00 pm Farm To Fork** CC G

## ALL NEW EPISODES

Michael Weldon, Louis Tikaram and Brent Draper take you on a food journey across Australia seeking the finest local produce and share inspiring recipe ideas to ignite your passion for cooking at home.

**12:30 pm Family Feud** CC PG

## ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

**01:00 pm 10 News First: Lunchtime** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**02:00 pm Wheel Of Fortune** CC G

## ALL NEW EPISODES

In a thrilling game of skill and luck, contestants compete to solve word puzzles in order to win cash and prizes determined by the Wheel of Fortune! Hosted by Ryan Seacrest.

**02:30 pm Lingo** CC G

## ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.



# SYDNEY PROGRAM GUIDE

Monday 16th December 2024

**03:30 pm 10 News First: Afternoon**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**04:00 pm Neighbours**

CC PG  
Mild Themes

## ALL NEW EPISODES

Paul and Terese embark on a journey into the unknown.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

## ALL NEW EPISODES

Ridge feels Carter is indispensable, but Steffy questions his loyalty to the Forresters. Brooke learns a shocking truth.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Deal Or No Deal (Rpt)**

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**06:30 pm The Project**

CC

## LIVE

Join The Project hosts Max Rushden, Georgie Tunny, Sam Taunton and Liz Ellis as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Wheel Of Fortune Australia**

CC G

## ALL NEW EPISODES

Graham Norton welcomes you to Wheel of Fortune Australia as three new players attempt to solve puzzles and spin the wheel to be in with the chance of winning \$50,000!

**08:30 pm New: Matlock**

CC PG  
Mild Coarse  
Language,  
Mild Themes

## ALL NEW EPISODES

### Belly Of The Beast

Matty works on a case with Julian in which a young woman sues after experiencing severe symptoms from a clinical trial. At the company holiday party, Olympia learns a secret about Julian's past.





# SYDNEY PROGRAM GUIDE

Monday 16th December 2024

**09:30 pm New: Five Bedrooms**

CC M  
Sexual References,  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

### ONE Flame

Liz is bearing the brunt of Harry's anger and grief. In an effort to rescue their friendship, she throws herself at the mercy of the last person on earth she would ask for help.

**10:30 pm 10's Late News**

CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**10:55 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join The Project hosts Max Rushden, Georgie Tunny, Sam Taunton and Liz Ellis as they dissect and digest the daily news, events and hottest topics.

**12:00 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

**01:00 am Home Shopping (Rpt)**

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Home Shopping

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# SYDNEY PROGRAM GUIDE

Monday 16th December 2024

**04:30 am CBS Mornings**

CC

## ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



# SYDNEY PROGRAM GUIDE

Tuesday 17th December 2024

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Deal Or No Deal (Rpt)**

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**07:30 am Farm To Fork (Rpt)**

CC G

## SPECIAL ENCORE PRESENTATION

Michael Weldon, Louis Tikaram and Brent Draper take you on a food journey across Australia seeking the finest local produce and share inspiring recipe ideas to ignite your passion for cooking at home.

**08:00 am Neighbours (Rpt)**

CC PG  
Mild Themes

## SPECIAL ENCORE PRESENTATION

Paul and Terese embark on a journey into the unknown.

**08:30 am The Bold & The Beautiful (Rpt)**

CC PG  
Mild Themes

Ridge feels Carter is indispensable, but Steffy questions his loyalty to the Forresters. Brooke learns a shocking truth.

**09:00 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

**09:30 am The Drew Barrymore Show**

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Sexual References,  
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## ALL NEW EPISODES

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**10:00 am Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Tuesday 17th December 2024

**10:30 am Wheel Of Fortune Australia Encore (Rpt)** CC G

## SPECIAL ENCORE PRESENTATION

Graham Norton welcomes you to Wheel of Fortune Australia as three new players attempt to solve puzzles and spin the wheel to be in with the chance of winning \$50,000!

**11:30 am Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**12:00 pm Farm To Fork** CC G

## ALL NEW EPISODES

Michael Weldon, Louis Tikaram and Brent Draper take you on a food journey across Australia seeking the finest local produce and share inspiring recipe ideas to ignite your passion for cooking at home.

**12:30 pm Family Feud** CC PG

## ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

**01:00 pm 10 News First: Lunchtime** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**02:00 pm Wheel Of Fortune** CC G

## ALL NEW EPISODES

In a thrilling game of skill and luck, contestants compete to solve word puzzles in order to win cash and prizes determined by the Wheel of Fortune! Hosted by Ryan Seacrest.

**02:30 pm Lingo** CC G

## ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.





# SYDNEY PROGRAM GUIDE

Tuesday 17th December 2024

**03:30 pm 10 News First: Afternoon**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**04:00 pm Neighbours**

CC PG  
Mild Themes

## ALL NEW EPISODES

Krista is devastated by a friend's betrayal. Yaz lets down her walls. Paul is stung by Terese's behaviour.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

## ALL NEW EPISODES

Remy spies on Will and Electra before surprising her with his presence.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Deal Or No Deal (Rpt)**

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**06:30 pm The Project**

CC

## LIVE

Join The Project hosts Max Rushden, Georgie Tunny, Sam Taunton and Kate Langbroek as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Deal Or No Deal: Celebrity**

CC PG  
Mild Themes

## ALL NEW EPISODES

### Reality

Joining Grant Denyer in Deal or No Deal: Celebrity Jackpot is reality TV star Skye Wheatley, playing to win \$250,000 for her charity, Bully Zero. Can Skye and her team, take out the big dollars?



# SYDNEY PROGRAM GUIDE

Tuesday 17th December 2024

**08:30 pm Stand-Up: Just For Laughs**

CC M  
Sexual References,  
Coarse Language

## ALL NEW EPISODES

Just For Laughs Montreal host Tommy Little brings you sets from the world's famous stand-up stars, backstage action and a few surprises.

**09:30 pm The Graham Norton Show (Rpt)**

CC M  
Violence,  
Coarse Language

Get ready for another hilarious, wickedly cheeky season of The Graham Norton Show with guests Paul Mescal, Denzel Washington, Saoirse Ronan and Eddie Redmayne.

**10:30 pm 10's Late News**

CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**10:55 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join The Project hosts Max Rushden, Georgie Tunny, Sam Taunton and Kate Langbroek as they dissect and digest the daily news, events and hottest topics.

**12:00 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

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Tuesday 17th December 2024

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04:30 am CBS Mornings

CC

## ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





# SYDNEY PROGRAM GUIDE

Wednesday 18th December 2024

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

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**07:30 am Farm To Fork (Rpt)**

CC G

## SPECIAL ENCORE PRESENTATION

Michael Weldon, Louis Tikaram and Brent Draper take you on a food journey across Australia seeking the finest local produce and share inspiring recipe ideas to ignite your passion for cooking at home.

**08:00 am Neighbours (Rpt)**

CC PG  
Mild Themes

## SPECIAL ENCORE PRESENTATION

Krista is devastated by a friend's betrayal. Yaz lets down her walls. Paul is stung by Terese's behaviour.

**08:30 am The Bold & The Beautiful (Rpt)**

CC PG  
Mild Themes

Remy spies on Will and Electra before surprising her with his presence.

**09:00 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

**09:30 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

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**10:00 am Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.



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Wednesday 18th December 2024

**10:30 am Deal Or No Deal: Celebrity Encore (Rpt)** CC PG  
Mild Themes

## SPECIAL ENCORE PRESENTATION

### Reality

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**11:30 am Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

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## ALL NEW EPISODES

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**12:30 pm Family Feud** CC PG

## ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

**01:00 pm 10 News First: Lunchtime** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**02:00 pm Wheel Of Fortune** CC G

## ALL NEW EPISODES

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A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.





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Wednesday 18th December 2024

**03:30 pm 10 News First: Afternoon**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**04:00 pm Neighbours**

CC PG  
Mild Themes

## ALL NEW EPISODES

Yaz exploits her new intel. Nicolette's gesture leads to an unexpected outcome. The Varga-Murphys gear up for an adventure. A housemate is left heartbroken.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

## ALL NEW EPISODES

Oblivious to the danger lurking, Electra bumps into an old friend - Remy Pryce. Ridge's disbelief soon turns to anger when Brooke spills Hope and Carter's secret to Ridge.

**05:00 pm 10 News First**

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**06:30 pm The Project**

CC

## LIVE

Join The Project hosts Max Rushden, Georgie Tunny, Sam Taunton and Myf Warhurst as they dissect and digest the daily news, events and hottest topics.

**07:30 pm New: Jamie Oliver: Christmas**

CC G

## SPECIAL EVENT

### **Jamie Oliver: Christmas**

Jamie Oliver hosts a Christmas party for his family and friends serving hearty dishes made with seasonal produce, sure to get all his guests in the party mood!



# SYDNEY PROGRAM GUIDE

Wednesday 18th December 2024

08:30 pm **New: NCIS** CC

### ALL NEW EPISODES

[Hardboiled](#)

09:30 pm **New: NCIS: Origins** CC

### ALL NEW EPISODES

[Vivo O Muerto](#)

10:30 pm **10's Late News** CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

10:55 pm **The Project Encore (Rpt)** CC

### SPECIAL ENCORE PRESENTATION

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[Home Shopping](#)

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**04:30 am CBS Mornings**

CC

## ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



# SYDNEY PROGRAM GUIDE

Thursday 19th December 2024

**06:00 am The Talk**

CC PG  
Mature Themes

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CC G

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**07:30 am Farm To Fork (Rpt)**

CC G

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Mild Themes

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CC PG  
Mild Themes

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CC PG  
Sexual References,  
Mild Themes

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Sexual References,  
Mild Themes

## ALL NEW EPISODES

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# SYDNEY PROGRAM GUIDE

## Thursday 19th December 2024

**10:00 am Judge Judy (Rpt)** CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

**10:30 am Jamie Oliver: Christmas Encore (Rpt)** CC G

### SPECIAL ENCORE PRESENTATION

#### Jamie Oliver: Christmas

Jamie Oliver hosts a Christmas party for his family and friends serving hearty dishes made with seasonal produce, sure to get all his guests in the party mood!

**11:30 am Entertainment Tonight** CC

### ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**12:00 pm Farm To Fork** CC G

### ALL NEW EPISODES

Michael Weldon, Louis Tikaram and Brent Draper take you on a food journey across Australia seeking the finest local produce and share inspiring recipe ideas to ignite your passion for cooking at home.

**12:30 pm Family Feud** CC PG

### ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

**01:00 pm 10 News First: Lunchtime** CC

### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**02:00 pm Wheel Of Fortune** CC G

### ALL NEW EPISODES

In a thrilling game of skill and luck, contestants compete to solve word puzzles in order to win cash and prizes determined by the Wheel of Fortune! Hosted by Ryan Seacrest.





# SYDNEY PROGRAM GUIDE

Thursday 19th December 2024

**02:30 pm Lingo** CC G

## ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.

**03:30 pm 10 News First: Afternoon** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**04:00 pm Neighbours** CC PG  
Mild Themes

## ALL NEW EPISODES

Ramsay Street celebrates Christmas. One resident makes a life changing decision. Holly receives a sinister gift. A familiar face reappears. A targeted collision puts the neighbours in deadly peril.

**04:30 pm The Bold & The Beautiful** CC PG  
Mild Themes

## ALL NEW EPISODES

Electra finally lets Ivy in on why she fled home for Los Angeles. Remy works his magic on Deacon, who is intrigued. Ridge reels from Carter's betrayal.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Deal Or No Deal (Rpt)** CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**06:30 pm The Project** CC

## LIVE

Join The Project hosts Max Rushden, Georgie Tunny, Sam Taunton and Jessie Stephens as they dissect and digest the daily news, events and hottest topics.



# SYDNEY PROGRAM GUIDE

Thursday 19th December 2024

**07:30 pm New: Jamie Oliver: Christmas** CC G

## SPECIAL EVENT

### Jamie Oliver: Christmas 2024

As the year draws to a close Jamie Oliver shares spectacular dishes to add to your family Christmas feasts. Best ever roast potatoes and mulled wine pear pavlova, anyone?

**08:30 pm Movie: Mean Girls (Rpt)(2004)** CC M  
WS Mature Themes

Raised in the African bush, Cady Heron thinks she knows all about the survival of the fittest. But the law of the jungle takes on a whole new meaning when she enters high school for the first time.

Starring: Lindsay Lohan, Rachel McAdams, Amanda Seyfried, Lacey Chabert, Tina Fey, Amy Poehler

**10:30 pm 10's Late News** CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**10:55 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join The Project hosts Max Rushden, Georgie Tunny, Sam Taunton and Jessie Stephens as they dissect and digest the daily news, events and hottest topics.

**12:00 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

**01:00 am Home Shopping (Rpt)**

Home Shopping

**01:30 am Home Shopping (Rpt)**

Home Shopping

**02:00 am Home Shopping (Rpt)**

Home Shopping



# SYDNEY PROGRAM GUIDE

## Thursday 19th December 2024

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS Mornings**

CC

### **ALL NEW EPISODES**

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.







# SYDNEY PROGRAM GUIDE

Friday 20th December 2024

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Akbar Gbajabamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Deal Or No Deal (Rpt)**

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**07:30 am Farm To Fork (Rpt)**

CC G

## SPECIAL ENCORE PRESENTATION

Michael Weldon, Louis Tikaram and Brent Draper take you on a food journey across Australia seeking the finest local produce and share inspiring recipe ideas to ignite your passion for cooking at home.

**08:00 am The Yes Experiment (Rpt)**

CC

**08:30 am The Bold & The Beautiful (Rpt)**

CC PG  
Mild Themes

Electra finally lets Ivy in on why she fled home for Los Angeles. Remy works his magic on Deacon, who is intrigued. Ridge reels from Carter's betrayal.

**09:00 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

**09:30 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

**10:00 am Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.



# SYDNEY PROGRAM GUIDE

Friday 20th December 2024

<b>10:30 am</b>	<b>Christmas With Australian Women's Weekly</b> (Rpt)	CC
<b>11:30 am</b>	<b>Entertainment Tonight</b>	CC
<b>12:00 pm</b>	<b>Farm To Fork</b>	CC G
<b>12:30 pm</b>	<b>Family Feud</b>	CC PG
<b>01:00 pm</b>	<b>10 News First: Lunchtime</b>	CC
<b>02:00 pm</b>	<b>Wheel Of Fortune</b>	CC G
<b>02:30 pm</b>	<b>Lingo</b> (Rpt)	CC G

## SPECIAL ENCORE PRESENTATION

### Christmas With Australian Women's Weekly

The Australian Women's Weekly team and friends celebrate Christmas in this TV special, bringing to life the fun of the festive season with fail-safe dishes, craft and incredible table settings.

## ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

Michael Weldon, Louis Tikaram and Brent Draper take you on a food journey across Australia seeking the finest local produce and share inspiring recipe ideas to ignite your passion for cooking at home.

## ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

## ALL NEW EPISODES

In a thrilling game of skill and luck, contestants compete to solve word puzzles in order to win cash and prizes determined by the Wheel of Fortune! Hosted by Ryan Seacrest.

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.



# SYDNEY PROGRAM GUIDE

Friday 20th December 2024

**03:30 pm 10 News First: Afternoon**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**04:00 pm Family Feud**

CC PG

## ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

## ALL NEW EPISODES

Ridge calls in high-end attorney Justin Barber to fix the mess that Carter has left. Hope spirals when Brooke shatters her world with the ultimate betrayal.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Deal Or No Deal (Rpt)**

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**06:30 pm The Project**

CC

## LIVE

Join The Project hosts Max Rushden, Georgie Tunny, Sam Taunton and Susie Youssef as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Movie: Daddy's Home 2 (Rpt)(2017)**

CC PG  
Sexual References,  
Coarse Language,  
Crude Humour

Dusty's macho dad and Brad's gentle father join forces to make Christmas perfect for the kids by taking them to a luxury resort for a fun-filled getaway that turns into a hilariously chaotic adventure

Starring: Will Ferrell, Mark Wahlberg, Mel Gibson, John Lithgow, Linda Cardellini



# SYDNEY PROGRAM GUIDE

Friday 20th December 2024

**09:30 pm Matlock Encore** (Rpt) CC PG  
Mild Coarse Language, Mild Themes

## SPECIAL ENCORE PRESENTATION

### Belly Of The Beast

Matty works on a case with Julian in which a young woman sues after experiencing severe symptoms from a clinical trial. At the company holiday party, Olympia learns a secret about Julian's past.

**10:30 pm 10's Late News** CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**10:55 pm The Project Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Join The Project hosts Max Rushden, Georgie Tunny, Sam Taunton and Susie Youssef as they dissect and digest the daily news, events and hottest topics.

**12:00 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

**01:00 am Home Shopping** (Rpt)

Home Shopping

**01:30 am Home Shopping** (Rpt)

Home Shopping

**02:00 am Home Shopping** (Rpt)

Home Shopping

**02:30 am Home Shopping** (Rpt)

Home Shopping

**03:00 am Home Shopping** (Rpt)

Home Shopping

**03:30 am Home Shopping** (Rpt)

Home Shopping

**04:00 am Home Shopping** (Rpt)

Home Shopping





# SYDNEY PROGRAM GUIDE

## Friday 20th December 2024

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am Home Shopping** (Rpt)

**Home Shopping**

**05:30 am Home Shopping** (Rpt)

**Home Shopping**



# SYDNEY PROGRAM GUIDE

## Saturday 21st December 2024

<b>06:00 am</b> <b>What's Up Down Under</b> (Rpt)	CC	Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!
<b>06:30 am</b> <b>Reel Action</b> (Rpt)	CC PG Coarse Language	Series 12 kicks off with a competitive Flathead session on the Mid North Coast of NSW. Michael Guest teams up with cricket legend Mark "Tubby" Taylor and Berkley's pro angler Russell Babekuhl.
<b>07:00 am</b> <b>Escape Fishing With ET</b> (Rpt)	CC G	Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.
<b>SPECIAL ENCORE PRESENTATION</b>		
<b>07:30 am</b> <b>On The Fly</b> (Rpt)	CC	Join Gavin from Hurley's Fly Fishing as he breaks down the secrets of the fly fishing artform while taking you to some of the world's most amazing destinations.
<b>SPECIAL ENCORE PRESENTATION</b>		
<b>08:00 am</b> <b>IFISH</b> (Rpt)	CC G	Ifish with BCF follows the journey of Paul Worsteling and his family as they travel around Australia and the globe in search of memorable fishing moments and encounters with classic characters.
<b>08:30 am</b> <b>Everyday Gourmet With Justine Schofield</b> (Rpt)	CC G	Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield.
<b>09:00 am</b> <b>My Market Kitchen</b> (Rpt)	CC G	Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.
<b>SPECIAL ENCORE PRESENTATION</b>		
<b>09:30 am</b> <b>The Drew Barrymore Show</b> (Rpt)	CC PG Sexual References, Mild Themes	Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.





# SYDNEY PROGRAM GUIDE

Saturday 21st December 2024

<b>10:00 am</b>	<b>The Weekly Kick-Off</b> (Rpt)	CC
<b>10:30 am</b>	<b>Wheel Of Fortune Australia Encore</b> (Rpt)	CC G
<b>11:30 am</b>	<b>Deal Or No Deal: Celebrity Encore</b> (Rpt)	CC PG Mild Themes
<b>12:30 pm</b>	<b>Good Chef Bad Chef</b> (Rpt)	CC G
<b>01:00 pm</b>	<b>10 Minute Kitchen</b> (Rpt)	CC G
<b>01:30 pm</b>	<b>The Yes Experiment</b>	CC
<b>02:00 pm</b>	<b>Pat Callinan's 4x4 Adventures</b>	CC

## SPECIAL ENCORE PRESENTATION

Tune in and catch up with Network10's football experts, as they discuss and dissect all the news with football in Australia.

## SPECIAL ENCORE PRESENTATION

Graham Norton welcomes you to Wheel of Fortune Australia as three new players attempt to solve puzzles and spin the wheel to be in with the chance of winning \$50,000!

## SPECIAL ENCORE PRESENTATION

### Reality

Joining Grant Denyer in Deal or No Deal: Celebrity Jackpot is reality TV star Skye Wheatley, playing to win \$250,000 for her charity, Bully Zero. Can Skye and her team, take out the big dollars?

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

The impossible is now possible with 10 Minute Kitchen - a celebration of creative, easy, budget & family-friendly meals that anyone can cook at home.

## ALL NEW EPISODES

## ALL NEW EPISODES

Join Pat Callinan as he makes an ambitious run across Australia to places you can only access with a 4X4. You'll be captivated by the destinations and learn tips from Australia's 4X4 guru.



# SYDNEY PROGRAM GUIDE

## Saturday 21st December 2024

<b>03:00 pm Expedition Tasmania</b> (Rpt)	CC G	<p><b><u>Expedition Tasmania</u></b></p> <p>Join the captain and crew of the Coral Discoverer on an expedition around Tasmania.</p>
<b>03:30 pm My Market Kitchen</b>	CC G	<p><b>ALL NEW EPISODES</b></p> <p>From the iconic fresh food markets, ex MasterChef favourite Laura Sharrad hosts this exciting new season of My Market Kitchen with loads of delicious recipes, plenty of guests and a few surprises.</p>
<b>04:00 pm All 4 Adventure</b>	CC	<p><b>ALL NEW EPISODES</b></p> <p>Armed with all-new rig upgrades, Australia's favourite adventurers Jase &amp; Simon, along with their good mate Jesse, explore the hidden secrets of breathtaking K'Gari before heading north.</p>
<b>05:00 pm 10 News First</b>	CC	<p><b>LIVE</b></p> <p>Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>
<b>06:00 pm Jamie's Christmas Shortcut</b> (Rpt)	CC G	<p><b><u>Betwixmas</u></b></p> <p>Jamie turns to the period between Christmas and New Year, transforming leftovers into delicious dishes. From vegetable tarte tatin and a Brussels sprouts Caesar salad to winter-veg gnocchi.</p>
<b>07:00 pm The Dog House</b> (Rpt)	CC PG Mature Themes	<p><b><u>Christmas Special</u></b></p> <p>The team at Woodgreen make their abandoned dogs feel extra special this time of year with their very own doggy Christmas dinner! But will they find their guests a perfect home in time for Christmas?</p>
<b>08:00 pm The Dog House</b> (Rpt)	CC G	<p><b><u>Christmas Special</u></b></p> <p>The Dog House returns for more matchmaking at Woodgreen Pets Charity this festive season, as the team continue their mission to find homes for their abandoned dogs in time for Christmas.</p>





# SYDNEY PROGRAM GUIDE

Saturday 21st December 2024

## ALL NEW EPISODES

<p><b>09:00 pm</b> <b>The Dog Hospital With Graeme Hall</b></p>	<p>CC PG Medical Procedures</p>	<p>Tonight, on The Dog Hospital, 5-year-old Dachshund, Vader has become very unsteady on his back legs and needs life-changing spinal surgery to give him the chance to get back on his feet.</p>
<p><b>10:00 pm</b> <b>Ambulance Australia</b> (Rpt)</p>	<p>CC M Coarse Language, Mature Themes, Nudity</p>	<p>A crash on a busy intersection sees a severely broken leg front and centre, but paramedics fear the patient may also have spinal cord injuries. Plus, a patient sufferis from potentially deadly sepsis.</p>
<p><b>11:00 pm</b> <b>Ambulance</b> (Rpt)</p>	<p>CC M Mature Themes</p>	<p>A busy night shift for the Ambulance Service as they are alerted to an infectious disease outbreak at Fairfield General Hospital, while waiting times stretch out into the early hours of the morning.</p> <p>Voices: Christopher Eccleston</p>
<p><b>12:30 am</b> <b>Home Shopping</b> (Rpt)</p>		<p><u><b>Home Shopping</b></u></p>
<p><b>01:00 am</b> <b>Home Shopping</b> (Rpt)</p>		<p><u><b>Home Shopping</b></u></p>
<p><b>01:30 am</b> <b>Home Shopping</b> (Rpt)</p>		<p><u><b>Home Shopping</b></u></p>
<p><b>02:00 am</b> <b>Home Shopping</b> (Rpt)</p>		<p><u><b>Home Shopping</b></u></p>
<p><b>02:30 am</b> <b>Home Shopping</b> (Rpt)</p>		<p><u><b>Home Shopping</b></u></p>
<p><b>03:00 am</b> <b>Home Shopping</b> (Rpt)</p>		<p><u><b>Home Shopping</b></u></p>
<p><b>03:30 am</b> <b>Home Shopping</b> (Rpt)</p>		<p><u><b>Home Shopping</b></u></p>
<p><b>04:00 am</b> <b>Home Shopping</b> (Rpt)</p>		<p><u><b>Home Shopping</b></u></p>



# SYDNEY PROGRAM GUIDE

Saturday 21st December 2024

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power

G

## ALL NEW EPISODES

Hour Of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.