



SYDNEY PROGRAM GUIDE

Sunday 22nd October 2023

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

06:30 am Turning Point With David Jeremiah CC PG
Mature Themes

ALL NEW EPISODES

102223 Will Children Be Raptured?

When a child passes away, our hearts are broken. But Scripture gives us insight into our Father's love for children and His plan for their future.

07:00 am Joseph Prince: New Creation Church CC G

ALL NEW EPISODES

495 - Take Back Your Identity In Christ!

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church.

07:30 am Healthy Homes (Rpt) CC G

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

08:00 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

08:30 am Freshly Picked With Simon Toohey (Rpt) CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

09:00 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

09:30 am My Market Kitchen (Rpt) CC G

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahlan Market cooking a variety of delicious and easy to follow recipes.



SYDNEY PROGRAM GUIDE

Sunday 22nd October 2023

10:00 am Studio 10: Sunday CC PG

Start your day with a dose of sunshine and join the feel-good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody.

12:00 pm 2023 Australian Motorcycle Grand Prix CC

LIVE

10 Sport Weekend

Join Tara Rushton and Scott MacKinnon for an action packed recap of the weekends biggest sporting events, along with live coverage of the MotoGP race at 2pm

03:00 pm Destination Dessert (Rpt) CC G

From the coastlines to the red centre, discover the best spots to eat, stay and play. Pack your bags and join the team as they explore Australia, reminding you that life is short - make it sweet.

03:30 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:00 pm Farm To Fork (Rpt) CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm Taste Of Australia - BBQ Special CC

SERIES FINALE

Sydney Fish Market

Hayden has a day out at the Sydney Fish Market - cooking BBQ dishes with king prawns and mullet and dropping in on an old friend at the Sydney Seafood School.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Sunday Project CC

ALL NEW EPISODES

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.



SYDNEY PROGRAM GUIDE

Sunday 22nd October 2023

07:30 pm To Be Advised

08:30 pm **FBI: International**

CC M
Violence

ALL NEW EPISODES

Imminent Threat - Part ONE

Jubal Valentine and Nina Chase join Forrester’s Fly Team in Rome to gather intel after an American architect who appears to be connected to a brewing terror threat in New York City is abducted.

Starring: Luke Kleintank, Heida Reed, Vinessa Vidotto, Eva-Jane Willis

Guest Starring: Jeremy Sisto, Shantel Vansanten

09:30 pm **FBI**

CC M
Violence

ALL NEW EPISODES

Imminent Threat - Part Two

To aid Scola’s undercover mission to find the terrorists behind the imminent attack in New York, Maggie calls in Remy Scott, whose well-connected informant may be key to moving the operation forward.

Starring: John Boyd, Jeremy Sisto, Zeeko Zaki, Missy Peregrym, Alana De La Garza

Guest Starring: Dylan McDermott

10:30 pm **FBI: Most Wanted**

CC M
Violence

ALL NEW EPISODES

Imminent Threat - Part Three

The clock’s ticking as the FBI agencies hunt down the fugitive terrorists as they get closer to carrying out a plot to destroy a major New York City landmark and cause devastating civilian casualties.

Starring: Dylan McDermott, Alexa Davalos, Roxy Sternberg

Guest Starring: John Boyd, Jeremy Sisto, Zeeko Zaki

11:30 pm **The Sunday Project Encore (Rpt)**

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

12:30 am **Home Shopping (Rpt)**

Home Shopping

01:00 am **Home Shopping (Rpt)**

Home Shopping

01:30 am **Home Shopping (Rpt)**

Home Shopping



SYDNEY PROGRAM GUIDE

Sunday 22nd October 2023

02:00 am Home Shopping (Rpt)

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02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Monday 23rd October 2023

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Farm To Fork (Rpt)

CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:30 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

08:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

08:30 am Good Chef Bad Chef (Rpt)

CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

09:00 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

09:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Donna hides Eric's condition from Katie. R.J. confides in Luna about Eric's tremors.

10:00 am Studio 10

CC PG

LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.

12:00 pm 10 News First: Midday

CC

LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.



SYDNEY PROGRAM GUIDE

Monday 23rd October 2023

01:00 pm Dr Phil (Rpt)

CC PG
Mild Coarse
Language,
Mature Themes

Dr. Phil speaks with four women on different journeys with alcohol and addresses the stereotypes about women who drink oversimplifying the issue.

02:00 pm To Be Advised

ALL NEW EPISODES

03:20 pm Entertainment Tonight

CC

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:30 pm Everyday Gourmet With Justine Schofield

CC

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

04:00 pm Neighbours

CC PG
Mature Themes

ALL NEW EPISODES

JJ's erratic behaviour becomes increasingly troubling. Jane's new plan hits shaky ground. Reece is paid a visit by an unwelcome guest from home.

04:30 pm The Bold & The Beautiful

CC PG
Mature Themes

ALL NEW EPISODES

Eric and Donna receive distressing news. Luna reveals a part of her past to R.J.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm The Masked Singer Australia

**NO
CC**

ALL NEW EPISODES

08:40 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have our contestants, Ed Kavalee and Sam Pang been paying attention? The guest quizmaster and host Tom Gleisner are about to find out!



SYDNEY PROGRAM GUIDE

Monday 23rd October 2023

09:40 pm	The Betoota Advocate Presents	CC M Coarse Language, Mature Themes	<p>ALL NEW EPISODES</p> <p><u>The Cronulla Riots</u></p> <p>The Betoota Advocate explores the 2005 Cronulla Riots, widely regarded as our 'day of shame'. Clancy & Errol study the causes of the riots, namely racism, testosterone, shock jocks, alcohol and heat.</p>
10:40 pm	FBI: Most Wanted (Rpt)	CC M Violence, Strong Adult Themes	<p><u>Vanished</u></p> <p>A new member joins the team as the FBI begin the hunt for a repeat offender and the child he kidnapped after murdering the boy's mother. Also, Jess tries to move past his awkward exchange with Sarah.</p> <p>Starring: Julian McMahon, Kellan Lutz, Roxy Sternberg, Miguel Gomez, Jen Landon</p>
11:30 pm	FBI: Most Wanted (Rpt)	CC M Frequent Violence	<p><u>ONE-Zero</u></p> <p>The team goes after a serial killer targeting college athletes who has a shocking endgame. Hana is back from her medical leave, while Jess and Sarah's relationship heads to the next level.</p> <p>Starring: Julian McMahon, Kellan Lutz, Roxy Sternberg, Miguel Gomez, Keisha Castle-Hughes, Jen Landon</p>
12:30 am	The Project Encore (Rpt)	CC	<p>SPECIAL ENCORE PRESENTATION</p> <p>Join the Project hosts as they dissect and digest the daily news, events and hottest topics.</p>
01:30 am	The Late Show With Stephen Colbert	CC PG	<p>ALL NEW EPISODES</p> <p>Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.</p>
02:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Monday 23rd October 2023

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Tuesday 24th October 2023

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Farm To Fork (Rpt)

CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:30 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

08:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

08:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

09:00 am The Bold & The Beautiful (Rpt)

CC PG
Mature Themes

Eric and Donna receive distressing news. Luna reveals a part of her past to R.J.

09:30 am Neighbours Encore (Rpt)

CC PG
Mature Themes

SPECIAL ENCORE PRESENTATION

JJ's erratic behaviour becomes increasingly troubling. Jane's new plan hits shaky ground. Reece is paid a visit by an unwelcome guest from home.

10:00 am Studio 10

CC PG

LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.

12:00 pm 10 News First: Midday

CC

LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.



SYDNEY PROGRAM GUIDE

Tuesday 24th October 2023

01:00 pm Dr Phil (Rpt)

CC PG
Mild Coarse
Language,
Mature Themes

Sologamy, also known as "self-marriage", is a ceremony where a person commits to a meaningful and loving relationship with themselves and a promise to give themselves what they often seek from others.

02:00 pm To Be Advised

ALL NEW EPISODES

03:10 pm Entertainment Tonight

CC

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:30 pm Everyday Gourmet With Justine Schofield

CC

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

04:00 pm Neighbours

CC PG
Mature Themes

ALL NEW EPISODES

Mackenzie is forced to confront a horrifying truth. Toadie faces up to the issues threatening the happiness of his family. Reece's time in Erinsborough is at risk due to the meddling of an outsider.

04:30 pm The Bold & The Beautiful

CC PG
Mild Themes

ALL NEW EPISODES

Hope opens up to Finn about Thomas and Liam. Eric keeps a secret from Donna.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.



SYDNEY PROGRAM GUIDE

Tuesday 24th October 2023

ALL NEW EPISODES

07:30 pm **The Masked Singer Australia**

**NO
CC**

08:40 pm **The Cheap Seats**

CC M
Coarse Language,
Mature Themes,
May Contain:

ALL NEW EPISODES

Taking a fun look at the week that was are The Cheap Seat hosts Melanie Bracewell and Tim McDonald.

09:40 pm **NCIS (Rpt)**

CC M
Violence,
Drug References

Higher Education

NCIS investigates the death of a college student who was killed while running across the street and had connections to McGee's wife, Delilah.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen

10:30 pm **To Be Advised**

SPECIAL ENCORE PRESENTATION

11:30 pm **The Project Encore (Rpt)**

CC

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:30 am **The Late Show With Stephen Colbert**

CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:30 am **Home Shopping (Rpt)**

Home Shopping

02:00 am **Home Shopping (Rpt)**

Home Shopping

02:30 am **Home Shopping (Rpt)**

Home Shopping

03:00 am **Home Shopping (Rpt)**

Home Shopping



SYDNEY PROGRAM GUIDE

Tuesday 24th October 2023

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Wednesday 25th October 2023

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Farm To Fork (Rpt)

CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:30 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

08:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

08:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

09:00 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Hope opens up to Finn about Thomas and Liam. Eric keeps a secret from Donna.

09:30 am Neighbours Encore (Rpt)

CC PG
Mature Themes

SPECIAL ENCORE PRESENTATION

Mackenzie is forced to confront a horrifying truth. Toadie faces up to the issues threatening the happiness of his family. Reece's time in Erinsborough is at risk due to the meddling of an outsider.

10:00 am Studio 10

CC PG

LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.



SYDNEY PROGRAM GUIDE

Wednesday 25th October 2023

12:00 pm 10 News First: Midday

CC

LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

01:00 pm Dr Phil (Rpt)

CC PG
Mature Themes

Recently, Alex Murdaugh was indicted on two counts of murder for the 2021 killings of his wife and youngest son. Dr. Phil and his panel of experts discuss key points and evidence from the trial.

02:00 pm To Be Advised

ALL NEW EPISODES

03:10 pm Entertainment Tonight

CC

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:30 pm Everyday Gourmet With Justine Schofield

CC

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

04:00 pm Neighbours

CC PG
Mature Themes

ALL NEW EPISODES

Byron is forced to question his relationship when he discovers that things are not as they seem. Mackenzie grapples with a devastating loss. A contentious offer leaves Jane reeling.

04:30 pm The Bold & The Beautiful

CC PG
Mature Themes

ALL NEW EPISODES

Deacon makes a hefty promise to Sheila. Meanwhile, Hope reflects on Finn's advice regarding Thomas.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Wednesday 25th October 2023

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm The Amazing Race Australia: Celebrity CC

ALL NEW EPISODES

Far from the comforts of home, eleven celebrities take on The Amazing Race Australia. They'll cross continents that test their character, strength and endurance, as they race to win for their charity.

09:00 pm Heat

CC M
Violence,
Sexual References,
Coarse Language,
Drug References

SEASON FINALE

Fuelled by anger after Sarah confesses her affair, Steve confronts Brad as the fire moves at a deadly pace toward the house. Who will get out alive?

10:00 pm So Help Me Todd

CC PG
Mild Themes

SEASON FINALE

More Fang For Your Chuck

Margaret represents Chuck, who faces 20 years in prison after being accused of fixing a cash prize giveaway at the Portland Widows hockey game. Lyle finds a new love interest in a forensic accountant.

Starring: Skylar Astin, Marcia Gay Harden, Thomas Cadrot, Madeline Wise, Rosa Arredondo, Inga Schlingmann

11:00 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Wednesday 25th October 2023

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Thursday 26th October 2023

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Farm To Fork (Rpt)

CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:30 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

08:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

08:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

09:00 am The Bold & The Beautiful (Rpt)

CC PG
Mature Themes

Deacon makes a hefty promise to Sheila. Meanwhile, Hope reflects on Finn's advice regarding Thomas.

09:30 am Neighbours Encore (Rpt)

CC PG
Mature Themes

SPECIAL ENCORE PRESENTATION

Byron is forced to question his relationship when he discovers that things are not as they seem. Mackenzie grapples with a devastating loss. A contentious offer leaves Jane reeling.

10:00 am Studio 10

CC PG

LIVE

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SYDNEY PROGRAM GUIDE

Thursday 26th October 2023

12:00 pm 10 News First: Midday

CC

LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

01:00 pm Dr Phil (Rpt)

CC PG
Mature Themes

What do the experts say about a video that police say sounds like a murder confession from Alex Murdaugh? Did police do due diligence in searching for evidence? Plus, hear the housekeeper's testimony.

02:00 pm To Be Advised

03:30 pm Everyday Gourmet With Justine Schofield

CC

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

04:00 pm Neighbours

CC PG
Mature Themes

ALL NEW EPISODES

Reece struggles under the weight of her lies. A huge decision is made on the future of Erinsborough. In an attempt at peace, Cara addresses her issues head-on.

04:30 pm The Bold & The Beautiful

CC PG
Mild Themes

ALL NEW EPISODES

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm The Amazing Race Australia: Celebrity CC

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SYDNEY PROGRAM GUIDE

Thursday 26th October 2023

08:30 pm **Celebrity Gogglebox Australia** CC

ALL NEW EPISODES

Celebrity Gogglebox Australia

Australia's favourite friends and families are here to dissect another week of TV, as the Goggleboxers laugh, shout, cry and increasingly argue about what appeared on television this week.

09:30 pm **Matildas V Iran** CC

LIVE

Matildas V Iran

Tune in and catch all the AFC Olympic Qualifiers action, as our Matildas take on Iran from HBF Park, Perth. Kick-Off starts 9:30PM (AEDT).

12:30 am **The Project Encore (Rpt)** CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

01:30 am **The Late Show With Stephen Colbert** CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

02:30 am **Home Shopping (Rpt)**

Home Shopping

03:00 am **Home Shopping (Rpt)**

Home Shopping

03:30 am **Home Shopping (Rpt)**

Home Shopping

04:00 am **Home Shopping (Rpt)**

Home Shopping

04:30 am **CBS Mornings** CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Bursleson.



SYDNEY PROGRAM GUIDE

Friday 27th October 2023

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Farm To Fork (Rpt)

CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:30 am Entertainment Tonight

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

08:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

08:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

09:00 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

Reece struggles under the weight of her lies. A huge decision is made on the future of Erinsborough. In an attempt at peace, Cara addresses her issues head-on.

09:30 am Neighbours Encore (Rpt)

CC PG
Mature Themes

LIVE

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10:00 am Studio 10

CC PG

LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

12:00 pm 10 News First: Midday

CC



SYDNEY PROGRAM GUIDE

Friday 27th October 2023

01:00 pm Dr Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

The legalization of sports betting has raised concerns about gambling addictions. Are sports fans taking their "love of the game" too far by online gambling. Dr. Phil weighs in on this hot topic.

02:00 pm To Be Advised

03:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:30 pm Everyday Gourmet With Justine Schofield

CC

ALL NEW EPISODES

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

04:00 pm Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

04:30 pm The Bold & The Beautiful

CC PG
Mild Themes

ALL NEW EPISODES

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm The Graham Norton Show

**NO
CC**

08:30 pm Have You Been Paying Attention? Encore (Rpt)

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have our contestants, Ed Kavalee and Sam Pang been paying attention? The guest quizmaster and host Tom Gleisner are about to find out!



SYDNEY PROGRAM GUIDE

Friday 27th October 2023

09:30 pm The Graham Norton Show (Rpt) CC M
Mature Themes

Graham brings you Everything Everywhere All at Once with Michelle Yeoh, Elvis star Austin Butler, Slow Horses actor Jack Lowden, Ashley Banjo from Dance Monsters and a performance by Mimi Webb.

10:30 pm Road To The Melbourne Cup Carnival CC

ALL NEW EPISODES

Road To The Melbourne Cup Carnival

Join Michael Felgate, Glen Boss, Britt Taylor and David Gately as they delve into the Melbourne Cup Carnival's history, colour and examine the contenders for the 2023 race that stops a nation

11:00 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 27th October 2023

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 28th October 2023

06:00 am What's Up Down Under (Rpt) CC G

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

06:30 am Leading The Way With Dr. Michael Youssef CC G

ALL NEW EPISODES

2343 Defending A Lion, Part 02

Religious.

07:00 am Reel Action (Rpt) CC G

Reel Action is a show which focuses on the fish, techniques and the right tools for the job. It is set in great locations accessible to the average angler.

07:30 am My Market Kitchen (Rpt) CC G

Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.

08:00 am iFish (Rpt) CC G

Ifish with BCF follows the journey of Paul Worsteling and his family as they travel around Australia and the globe in search of memorable fishing moments and encounters with classic characters.

08:30 am Road To The Melbourne Cup Carnival (Rpt) CC

SPECIAL ENCORE PRESENTATION

Road To The Melbourne Cup Carnival

Join Michael Felgate, Glen Boss, Britt Taylor and David Gately as they delve into the Melbourne Cup Carnival's history, colour and examine the contenders for the 2023 race that stops a nation

09:00 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

09:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

10:00 am Studio 10: Saturday CC PG

Start your day with a dose of sunshine and join the feel-good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody.



SYDNEY PROGRAM GUIDE

Saturday 28th October 2023

12:00 pm Creative Generation 2023 CC G

SPECIAL EVENT

Creative Generation 2023

01:30 pm Healthy Homes CC G

ALL NEW EPISODES

Home, garden, lifestyle or build - Walt Collins and Dani Reilly have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

02:00 pm Buy To Build CC G

ALL NEW EPISODES

Each episode, Walt Collins helps house hunters explore the country's latest display homes and land developments to find the perfect home to suit their needs.

02:30 pm Luca's Key Ingredient (Rpt) CC G

Luca shows us his favourite recipes using today's key ingredient, mozzarella.

03:00 pm What's Up Down Under CC

ALL NEW EPISODES

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

04:00 pm My Market Kitchen CC

ALL NEW EPISODES

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahlan Market cooking a variety of delicious and easy to follow recipes.

04:30 pm Farm To Fork (Rpt) CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Saturday 28th October 2023

06:00 pm	Luxury Escapes	CC
06:30 pm	Jamie Cooks The Mediterranean	CC PG Mature Themes
07:30 pm	The Dog House (Rpt)	CC PG

ALL NEW EPISODES

Thailand

Cameron Daddo and MasterChef winner Diana Chan whip up a Thai getaway that is equal parts decadent and delicious.

ALL NEW EPISODES

Greece

Will Ryan and Katie fall for Kevin the French bulldog, or Sandy the shy terrier? Can a huge Newfoundland find a home with the Coxon family? And a recently-widowed grandmother seeks a canine companion.

08:30 pm	Mission Impossible: Ghost Protocol (Rpt)(2011)	CC M Violence
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MOVIE

The entire IMF agency is disavowed when Ethan Hunt is blamed for the bombing of the Kremlin, causing his new team to go rogue with him to clear their organisation's name and prevent another attack.

Starring: Tom Cruise, Jeremy Renner, Simon Pegg, Paula Patton, Michael Nyqvist

11:10 pm	The Cheap Seats Encore (Rpt)	CC M Coarse Language, Mature Themes, May Contain:
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SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seat hosts Melanie Bracewell and Tim McDonald.

12:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
12:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 28th October 2023

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Authentic

CC PG

ALL NEW EPISODES

What's the point of investing in your future, if everyone's going to die anyway? Shawn Boonstra tackles one of life's biggest questions.

05:00 am Hour Of Power

G

ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.