



# SYDNEY PROGRAM GUIDE

Sunday 19th November 2023

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

**06:30 am My Market Kitchen (Rpt)** CC G

Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.

**07:00 am Joseph Prince: New Creation Church** CC G

## ALL NEW EPISODES

### 499 - His Healing Is For The Undeserving

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church.

**07:30 am Healthy Homes (Rpt)** CC G

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

**08:00 am Everyday Gourmet With Justine Schofield (Rpt)** CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

**08:30 am Freshly Picked With Simon Toohey (Rpt)** CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

**09:00 am Second Chance Champions (Rpt)** CC

## ENCORE PRESENTATION

### Second Chance Champions

A group of athletes try to win a medal at The World Transplant Games, an Olympics for people who have given or received organ transplants.

**10:00 am Studio 10: Sunday** CC PG

Start your day with a dose of sunshine and join the feel-good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody.

**12:00 pm To Be Advised**



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## Sunday 19th November 2023

**01:10 pm My Market Kitchen (Rpt)** CC G

Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.

**01:30 pm Everyday Gourmet With Justine Schofield (Rpt)** CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

**02:00 pm Food Trail: South Africa (Rpt)** CC G

### **Madikwe Safari**

Sprawling across the northern border of South Africa. Madikwe Safari Lodge (with Rhinos and Giraffes), Warren will cook a South African inspired dessert and a risotto. Also a sunset feast in the bush.

**02:30 pm Australia By Design: Architecture** CC G

### **ALL NEW EPISODES**

We discover a boldly designed party house in Brisbane's hottest suburb of Hamilton, and we shine the spotlight on internationally acclaimed Danish architect, Bjarke Ingles.

**03:00 pm Cook With Luke** CC G

### **ALL NEW EPISODES**

Your home of quick, tasty, good food. Cooking healthy and delicious meals has never been easier with Luke Hines in your kitchen.

**03:30 pm Destination Dessert (Rpt)** CC G

From the coastlines to the red centre, discover the best spots to eat, stay and play. Pack your bags and join the team as they explore Australia, reminding you that life is short – make it sweet.

**04:00 pm Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm Luxury Escapes** CC G

### **SEASON FINALE**

#### **Australia**

Love It Or List It's Neale Whitaker and Andrew Winter take a break on an incredible Aussie getaway, taking in the sights of Sydney, and lounging around on Lizard Island.



# SYDNEY PROGRAM GUIDE

Sunday 19th November 2023

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Sunday Project**

CC

## ALL NEW EPISODES

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Dessert Masters**

CC PG  
Coarse Language

## ALL NEW EPISODES

The contestants face an elimination mystery box where they must feature an ingredient in a frozen element. They can choose from beetroot, berry liquor, rosella, and chilli.

**08:40 pm FBI**

CC M  
Violence,  
Mature Themes

## ALL NEW EPISODES

### Privilege

All eyes are on the team when they try to find out who kidnapped the only child of a prominent senator. The case also uncovers a link to a similar incident that local authorities pushed to the side.

Starring: Zeeko Zaki, Missy Peregrym, Jeremy Sisto, Alana De La Garza, John Boyd

Guest Starring: Saul Rubinek

**09:40 pm NCIS: Hawaii (Rpt)**

CC M  
Violence

### Silent Invasion

When the murder of a captain and his wife echoes a previous case, the NCIS team brings in a former team member who worked the old case to help determine if they are dealing with a copycat killer.

Starring: Vanessa Lachey, Alex Tarrant, Noah Mills, Yasmine Al-Bustami, Jason Antoon

Guest Starring: Jake Weber

**10:40 pm NCIS: Hawaii (Rpt)**

CC M  
Violence,  
Mature Themes

### Good Samaritan

After a Navy deserter accidentally comes out of hiding, his family becomes a target that drives the NCIS team and Charlie-1 to investigate who is after them with plans to kill anyone in their way.

Starring: Vanessa Lachey, Alex Tarrant, Noah Mills, Yasmine Al-Bustami, Jason Antoon, Tori Anderson



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Sunday 19th November 2023

**11:30 pm The Sunday Project Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:30 am Home Shopping** (Rpt)

**Home Shopping**

**01:00 am Home Shopping** (Rpt)

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**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS Mornings** CC

## ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



# SYDNEY PROGRAM GUIDE

Monday 20th November 2023

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Akbar Gbajabamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Everyday Gourmet With Justine Schofield (Rpt)**

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

**07:30 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**08:00 am Farm To Fork (Rpt)**

CC G

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

**08:30 am Good Chef Bad Chef (Rpt)**

CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**09:00 am Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**09:30 am The Bold & The Beautiful (Rpt)**

CC PG  
Mature Themes

RJ breaks down and reveals a shocking truth to Brooke. Meanwhile, Carter reveals that he knows which designer won the fashion challenge.

**10:00 am Studio 10**

CC PG

## LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.

**12:00 pm 10 News First: Midday**

CC

## LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.



# SYDNEY PROGRAM GUIDE

Monday 20th November 2023

**01:00 pm Dr Phil (Rpt)**

CC M  
Sexual References,  
Strong Adult Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**02:00 pm To Be Advised**

**03:10 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**03:30 pm Farm To Fork**

CC G

## ALL NEW EPISODES

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

**04:00 pm Neighbours**

CC PG  
Mature Themes

## ALL NEW EPISODES

The residents of Erinsborough navigate their new reality. Jane's attention turns to an issue very close to home. Reece makes a devastating discovery.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mature Themes

## ALL NEW EPISODES

Ridge receives life-changing information. Meanwhile, Eric and Donna demand to know the results of the contest.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.



# SYDNEY PROGRAM GUIDE

Monday 20th November 2023

**07:30 pm Dessert Masters**

CC PG  
Coarse Language

## ALL NEW EPISODES

Inspired by Amaury Guichon, the King of Chocolate, tonight we're celebrating all things chocolate. The best dish will win their maker Immunity from the next Elimination.

**08:40 pm The Secrets She Keeps**

CC M  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

While Agatha plots to ensure her pregnancy is safe from her enemies inside and outside the prison, Meghan is confronted by her sister Grace's growing suspicions about Baby Ben's paternity.

**09:40 pm FBI: Most Wanted (Rpt)**

CC M  
Violence

## Iron Pipeline

When a family of four from New York is found dead in a Georgia motel room, the Fugitive Task Force investigates a connection between the victims and the sale of illegal firearms.

Starring: Dylan McDermott, Alexa Davalos, Roxy Sternberg, Keisha Castle-Hughes, Rebecca Brooksher

**10:30 pm FBI: Most Wanted (Rpt)**

CC M  
Violence,  
Mature Themes

## Taxman

Rookie agent Ray Cannon struggles to prove himself when he joins the Fugitive Task Force to hunt down a mysterious killer with psychological problems who is targeting IRS officers.

Starring: Dylan McDermott, Alexa Davalos, Roxy Sternberg, Edwin Hodge, Keisha Castle-Hughes

**11:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:30 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.



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## Monday 20th November 2023

**01:30 am Home Shopping** (Rpt)

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**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS Mornings**

CC

### **ALL NEW EPISODES**

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





# SYDNEY PROGRAM GUIDE

Tuesday 21st November 2023

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Akbar Gbajabamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Everyday Gourmet With Justine Schofield (Rpt)**

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

**07:30 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**08:00 am Farm To Fork (Rpt)**

CC G

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

**08:30 am Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**09:00 am The Bold & The Beautiful (Rpt)**

CC PG  
Mature Themes

Ridge receives life-changing information. Meanwhile, Eric and Donna demand to know the results of the contest.

**09:30 am Neighbours Encore (Rpt)**

CC PG  
Mature Themes

## SPECIAL ENCORE PRESENTATION

The residents of Erinsborough navigate their new reality. Jane's attention turns to an issue very close to home. Reece makes a devastating discovery.

**10:00 am Studio 10**

CC PG

## LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.



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Tuesday 21st November 2023

**12:00 pm 10 News First: Midday**

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## LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

**01:00 pm Dr Phil (Rpt)**

CC M

Sexual References,  
Strong Adult Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**02:00 pm To Be Advised**

**03:10 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**03:30 pm Farm To Fork**

CC G

## ALL NEW EPISODES

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

**04:00 pm Neighbours**

CC PG  
Mature Themes

## ALL NEW EPISODES

Desperate for justice, the residents of the Share house lead a manhunt. Nell battles with complex emotions. Toadie fights to keep his family together.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mature Themes

## ALL NEW EPISODES

Father and son share an emotional moment when the fashion challenge winner is revealed. Meanwhile, Steffy and Finn are reunited when she returns to Los Angeles.



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Tuesday 21st November 2023

**05:00 pm 10 News First**

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## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Project**

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## ALL NEW EPISODES

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**07:30 pm Dessert Masters**

CC PG  
Coarse Language

## ALL NEW EPISODES

In the third elimination challenge of the season, the contestants are given a list of retro movie titles, and a challenge: they must draw inspiration from one of these films and create a dessert.

**08:40 pm The Cheap Seats**

CC M  
Coarse Language,  
Mature Themes,  
May Contain:

## ALL NEW EPISODES

Taking a fun look at the week that was are The Cheap Seat hosts Melanie Bracewell and Tim McDonald.

**09:40 pm NCIS (Rpt)**

CC MA15+  
Violence

## Evil Eye

In preparation for a role, a world-renowned actress shadows Special Agent Knight and the NCIS team as they investigate a decapitation case.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen

**10:40 pm NCIS: Los Angeles (Rpt)**

CC MA15+  
Violence,  
Mature Themes

## The Body Stitchers

The NCIS team join forces with the FBI when a group of grisly murderers known as "The Body Stitchers" returns after evading capture by NCIS years ago. Also, Sam's dad makes a new friend in Arkady.

Starring: Chris O'Donnell, LI Cool J, Daniela Ruah, Eric Christian Olsen, Gerald McRaney, Linda Hunt

**11:30 pm The Project Encore (Rpt)**

CC

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# SYDNEY PROGRAM GUIDE

Tuesday 21st November 2023

**12:30 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

**01:30 am Home Shopping** (Rpt)

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**03:30 am Home Shopping** (Rpt)

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**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS Mornings** CC

## ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



# SYDNEY PROGRAM GUIDE

Wednesday 22nd November 2023

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Akbar Gbajabamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Everyday Gourmet With Justine Schofield (Rpt)**

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

**07:30 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**08:00 am Farm To Fork (Rpt)**

CC G

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

**08:30 am Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**09:00 am The Bold & The Beautiful (Rpt)**

CC PG  
Mature Themes

Father and son share an emotional moment when the fashion challenge winner is revealed. Meanwhile, Steffy and Finn are reunited when she returns to Los Angeles.

**09:30 am Neighbours Encore (Rpt)**

CC PG  
Mature Themes

## SPECIAL ENCORE PRESENTATION

Desperate for justice, the residents of the Share house lead a manhunt. Nell battles with complex emotions. Toadie fights to keep his family together.

**10:00 am Studio 10**

CC PG

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Wednesday 22nd November 2023

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CC

## LIVE

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**01:00 pm Dr Phil (Rpt)**

CC M  
Mature Themes

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**02:00 pm To Be Advised**

**03:10 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**03:30 pm Farm To Fork**

CC G

## ALL NEW EPISODES

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

**04:00 pm Neighbours**

CC PG  
Mature Themes

## ALL NEW EPISODES

Reece makes a surprising discovery, Toadie grapples with his feelings and high tensions cause sparks to fly.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mature Themes

## ALL NEW EPISODES

Steffy makes a stunning admission to Finn about Sheila. Meanwhile, Luna discloses to Ridge what she found in the archives at Forrester Creations.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



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Wednesday 22nd November 2023

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm To Be Advised**

**09:00 pm My Life Is Murder** CC M

Violence,  
Sexual References,  
Mature Themes

## ALL NEW EPISODES

### Bloodlines

Alexa sets out to prove the innocence of a champion thoroughbred blamed for the death of his handler at a stud farm, where secrets lurk and blood is thicker than water.

**10:00 pm To Be Advised**

**11:00 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

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**12:00 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

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**01:30 am Home Shopping (Rpt)**

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**03:00 am Home Shopping (Rpt)**

Home Shopping



# SYDNEY PROGRAM GUIDE

## Wednesday 22nd November 2023

**03:30 am Home Shopping** (Rpt)

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**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS Mornings**

CC

### **ALL NEW EPISODES**

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# SYDNEY PROGRAM GUIDE

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CC PG  
Mature Themes

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CC PG

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CC PG  
Mature Themes

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**09:30 am Neighbours Encore (Rpt)**

CC PG  
Mature Themes

## SPECIAL ENCORE PRESENTATION

Reece makes a surprising discovery, Toadie grapples with his feelings and high tensions cause sparks to fly.

**10:00 am Studio 10**

CC PG

## LIVE

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**12:00 pm 10 News First: MIDDAY**

CC

## LIVE

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**01:00 pm Dr Phil (Rpt)**

CC M  
Mature Themes

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**02:00 pm Jamie Oliver: Together (Rpt)**

CC G

## Curry Night

Jamie brings India to your home with a fragrant coconut squash curry with chickpeas and ginger, a fried golden paneer curry served with a spinach and green chilli sauce, and a smoky aubergine daal.

Starring: Jamie Oliver

**03:00 pm Entertainment Tonight**

CC

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**03:30 pm Farm To Fork**

CC G

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Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

**04:00 pm Neighbours**

CC PG  
Mature Themes

## ALL NEW EPISODES

Reece is faced with a heartbreaking decision, Mackenzie makes a difficult sacrifice for her friends and David finds himself between a rock and a hard place.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Violence,  
Mild Themes

## ALL NEW EPISODES



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**05:00 pm 10 News First** CC

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Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

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**09:00 pm Law & Order: S.V.U (Rpt)** CC M  
Mature Themes

## Breakwater

A young lifesaver asks the SVU for help when he suspects his boss is preying on his sister. After tragedy strikes, Velasco tries to convince a reluctant witness to testify in court.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Octavio Pisano, Molly Burnett

**10:00 pm The Cheap Seats Encore (Rpt)** CC M  
Coarse Language,  
Mature Themes,  
May Contain:

## SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seat hosts Melanie Bracewell and Tim McDonald.

**11:00 pm Blue Bloods (Rpt)** CC M  
Mature Themes

## Life During Wartime

Danny probes a series of violent robberies targeting luxury watches, Erin is conflicted about charging a potentially innocent man, and Frank reopens a case in which the officer involved was acquitted.

Starring: Tom Selleck, Donnie Wahlberg, Will Estes, Bridget Moynahan, Vanessa Ray, Marisa Ramirez, Len Cariou

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**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS Mornings**

CC

### **ALL NEW EPISODES**

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



# SYDNEY PROGRAM GUIDE

Friday 24th November 2023

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Akbar Gbajabamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Everyday Gourmet With Justine Schofield (Rpt)**

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

**07:30 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**08:00 am Farm To Fork (Rpt)**

CC G

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

**08:30 am Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**09:00 am The Bold & The Beautiful (Rpt)**

CC PG  
Mild Violence,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

Reece is faced with a heartbreaking decision, Mackenzie makes a difficult sacrifice for her friends and David finds himself between a rock and a hard place.

**09:30 am Neighbours Encore (Rpt)**

CC PG  
Mature Themes

## LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.

**10:00 am Studio 10**

CC PG



# SYDNEY PROGRAM GUIDE

Friday 24th November 2023

**12:00 pm 10 News First: Midday**

CC

## LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

**01:00 pm Dr Phil (Rpt)**

CC M  
Drug Use,  
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**02:00 pm To Be Advised**

**03:00 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**03:30 pm Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**04:00 pm Farm To Fork**

CC G

## ALL NEW EPISODES

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mature Themes

## ALL NEW EPISODES

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.



# SYDNEY PROGRAM GUIDE

## Friday 24th November 2023

**07:30 pm The Graham Norton Show (Rpt)**

CC M  
Coarse Language

Get ready for another hilarious, wickedly cheeky season of The Graham Norton Show, with celebrity guests Kylie Minogue, Stephen Graham, David Mitchell, Mawaan Rizwan and Mae Muller.

**08:30 pm The Graham Norton Show (Rpt)**

CC M  
Sexual References,  
Coarse Language

It's a night of glamour and celebrity as Graham welcomes Salma Hayek, Julianne Moore, Shania Twain, Johannes Radebe, Lizzo and Tom Grennan to the show. Plus, audience tales from The Big Red Chair.

**09:30 pm To Be Advised**

**10:30 pm Good Sam**

CC M  
Mature Themes

### ALL NEW EPISODES

#### Light In The Storm, A

Sam and her team are forced to make impossible choices about their patients' care when a devastating storm leads to an overflow of patients and limited resources.

Starring: Sophia Bush, Jason Isaacs, Skye P. Marshall, Michael Stahl-David, Wendy Crewson, Edwin Hodge, Omar Maskati

**11:30 pm The Project Encore (Rpt)**

CC

### SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:30 am The Late Show With Stephen Colbert** CC PG

### ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

**01:30 am Home Shopping (Rpt)**

Home Shopping

**02:00 am Home Shopping (Rpt)**

Home Shopping



# SYDNEY PROGRAM GUIDE

## Friday 24th November 2023

<b>02:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>03:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>03:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>04:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>05:00 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>
<b>05:30 am</b>	<b>Home Shopping</b> (Rpt)	<b><u>Home Shopping</u></b>





# SYDNEY PROGRAM GUIDE

## Saturday 25th November 2023

**06:00 am What's Up Down Under** (Rpt) CC G

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

**06:30 am Leading The Way With Dr. Michael Youssef** CC G

### ALL NEW EPISODES

**2347 The Invisible War, Part 02: Your Enemy's Enneagram Of Personality**

Religious.

**07:00 am Reel Action** (Rpt) CC G

Reel Action is a show which focuses on the fish, techniques and the right tools for the job. It is set in great locations accessible to the average angler.

**07:30 am My Market Kitchen** (Rpt) CC G

Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.

**08:00 am iFish** (Rpt) CC G

### SPECIAL ENCORE PRESENTATION

Ifish with BCF follows the journey of Paul Worsteling and his family as they travel around Australia and the globe in search of memorable fishing moments and encounters with classic characters.

**08:30 am Farm To Fork** (Rpt) CC G

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

**09:00 am Everyday Gourmet With Justine Schofield** (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

**09:30 am 10 Minute Kitchen** (Rpt) CC G

The impossible is now possible with 10 Minute Kitchen - a celebration of creative, easy, budget & family-friendly meals that anyone can cook at home.

**10:00 am Studio 10: Saturday** CC PG

Start your day with a dose of sunshine and join the feel-good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody.



# SYDNEY PROGRAM GUIDE

## Saturday 25th November 2023

**12:00 pm** **Luxury Escapes** (Rpt) CC G

### South Africa

MasterChef's Melissa Leong and Camera Daddo take on the thrill of South Africa - from helicopter rides to close encounters with lions on safari.

**12:30 pm** **The Yes Experiment** CC G

### **ALL NEW EPISODES**

We are asking parents to relinquish control and say 'yes' to every wild request from their children, this new phenomenon challenges the norm and sparks a polarising debate among parents.

**01:00 pm** **Good Chef Bad Chef** (Rpt) CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**01:30 pm** **Healthy Homes** CC G

### **ALL NEW EPISODES**

Home, garden, lifestyle or build - Walt Collins and Dani Reilly have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

**02:00 pm** **Exploring Off The Grid** (Rpt) CC PG  
Coarse Language

True adventure happens when the road ends, join Rick, Jamie and Johnno for exploration, adventure and a bloody good time.

**02:30 pm** **Charming China** CC G

### **ALL NEW EPISODES**

A trip along the Yangtze River from Shanghai to Shangri-la, this episode takes viewers to a sacred mountain where the Tigua people originated, the birthplace of the Tigua culture.

**03:00 pm** **What's Up Down Under** CC

### **ALL NEW EPISODES**

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

**03:30 pm** **Luca's Key Ingredient** (Rpt) CC G

Luca shows us his favourite recipes using today's key ingredient, coffee



# SYDNEY PROGRAM GUIDE

Saturday 25th November 2023

**04:00 pm My Market Kitchen** CC G

## ALL NEW EPISODES

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

**04:30 pm Farm To Fork (Rpt)** CC G

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Bondi Rescue (Rpt)** CC PG  
Coarse Language,  
Medical Procedures

Jethro is faced with the most challenging rescue of his career and the Lifeguards suddenly become the ones in danger when the 4WD buggy is swamped by waves.

**06:30 pm Jamie's 5 Ingredient Mediterranean** CC

## SEASON PREMIERE

**07:30 pm The Dog House (Rpt)** CC PG  
Mild Themes

American bulldog Buddy throws his weight around with plucky couple Katie and James. Abandoned terrier Tiddles enjoys a makeover in the hope that his spruced-up look will show that age is just a number

**08:30 pm Ambulance** CC M  
Mature Themes

## ALL NEW EPISODES

A 999 call for a patient driving the wrong way up a slip road kicks off another busy shift for the teams covering the 2,300 square miles of Teesside in England's North East.



# SYDNEY PROGRAM GUIDE

Saturday 25th November 2023

**09:30 pm Ambulance**

CC M  
Mature Themes

## ALL NEW EPISODES

A busy weekend shift in the North East sees ambulance crews attend a number of emotionally charged category one emergencies which begin to take their toll on empathetic paramedics.

**10:30 pm The Cheap Seats Encore (Rpt)**

CC M  
Coarse Language,  
Mature Themes,  
May Contain:

## SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seat hosts Melanie Bracewell and Tim McDonald.

**11:30 pm CSI: Vegas (Rpt)**

CC M  
Violence,  
Medical Procedures

### Burned

A mysterious bigfoot-like footprint found near a crime scene puzzles the CSI team as they work to uncover who - or what - killed a father and son in their home.

Starring: Marg Helgenberger, Paula Newsome, Matt Lauria, Mandeep Dhillon, Ariana Guerra, Lex Medlin

**12:30 am CSI: Vegas (Rpt)**

CC M  
Violence

### Grace Note

Catherine's frustration grows as a lead suspect in Grace's disappearance is murdered. The team exhausts all their skills to figure out who killed the suspect, and if his death will lead them to Grace.

Starring: Marg Helgenberger, Paula Newsome, Matt Lauria, Mandeep Dhillon, Lex Medlin, Ariana Guerra

**01:30 am CSI: Vegas (Rpt)**

CC M  
Violence

### In The White Room

When the bodies of two Regency Romantic Festival attendees are discovered, the CSI team uncovers a shocking link between their murders and previous cases.

Starring: Marg Helgenberger, Paula Newsome, Matt Lauria, Mandeep Dhillon, Ariana Guerra, Lex Medlin

**02:30 am Home Shopping (Rpt)**

### Home Shopping

**03:00 am Home Shopping (Rpt)**

### Home Shopping



# SYDNEY PROGRAM GUIDE

## Saturday 25th November 2023

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Authentic**

CC PG

### **ALL NEW EPISODES**

Discover your most powerful secret to happiness.

**05:00 am Hour Of Power**

G

### **ALL NEW EPISODES**

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.