



SYDNEY PROGRAM GUIDE

Sunday 10th December 2023

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

06:30 am Key Of David CC G

ALL NEW EPISODES

The Key of David covers today's most important events with a unique perspective. Not only does the program tell you what's happening to our society and our world, it tells you why.

07:00 am Joseph Prince: New Creation Church CC G

ALL NEW EPISODES

502 - Win Over Guilt And Condemnation

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church.

07:30 am Healthy Homes (Rpt) CC G

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

08:00 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

08:30 am Freshly Picked With Simon Toohey (Rpt) CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

09:00 am Christmas With Australian Women's Weekly (Rpt) CC

SPECIAL ENCORE PRESENTATION

Christmas With Australian Women's Weekly

The Australian Women's Weekly team and friends celebrate Christmas in this one hour TV special. The format brings to life the frivolity of the festive season with fail-safe dishes, craft and incredible table settings.



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10:00 am Studio 10: Sunday CC PG

Start your day with a dose of sunshine and join the feel-good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody.

12:00 pm To Be Advised

01:10 pm My Market Kitchen (Rpt) CC G

Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.

01:30 pm Farm To Fork (Rpt) CC G

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

02:00 pm Food Trail: South Africa (Rpt) CC G

Wine Country

Warren is in the Franschhoek Valley, exploring the endless bounty of Boschendal Wine Estate. After a ride on a tram through the vineyards he dives into a tasting and cooks some decadent lamb shanks.

02:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

03:00 pm Cook With Luke CC G

Your home of quick, tasty, good food. Cooking healthy and delicious meals has never been easier with Luke Hines in your kitchen.

03:30 pm Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:00 pm All 4 Adventure CC

ALL NEW EPISODES

Armed with all-new rigs, Australia's favourite adventurers, Jase and Simon, along with their good mate Jesse, set out to tackle a remote track in the Kimberley.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Sunday 10th December 2023

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm The Bachelors Australia

CC PG
Sexual References,
Coarse Language

ALL NEW EPISODES

As the single dates continue, Ben, Luke and Wes are keen to explore their newfound connections. Then, it's time for the group date where they head to a Spa, to relax and have fun.

08:40 pm NCIS: Hawaii (Rpt)

CC M
Violence

Cabin Fever

After the mysterious death of an astronaut in a highly sensitive Mars simulation, the NCIS team must send Ernie into the habitat to investigate alone before another person winds up dead.

Starring: Vanessa Lachey, Alex Tarrant, Noah Mills, Yasmine Al-Bustami, Jason Antoon, Tori Anderson

09:40 pm NCIS: Hawaii (Rpt)

CC M
Violence

Nighwatch Two

When Lucy receives a strange call on night watch from a man admitting to murder, the NCIS team sets out to find him.

Starring: Vanessa Lachey, Alex Tarrant, Noah Mills, Yasmine Al-Bustami, Jason Antoon, Tori Anderson

10:40 pm To Be Advised

11:30 pm The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

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SYDNEY PROGRAM GUIDE

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02:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Monday 11th December 2023

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

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07:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

07:30 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

08:00 am Farm To Fork (Rpt)

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08:30 am Good Chef Bad Chef (Rpt)

CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

09:00 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

09:30 am The Bold & The Beautiful (Rpt)

CC PG
Mature Themes

Hope and Thomas make a request of Ridge about Hope for the Future. Zende makes a bold move.

10:00 am Studio 10

CC PG

LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.

12:00 pm 10 News First: Middy

CC

LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Middy.



SYDNEY PROGRAM GUIDE

Monday 11th December 2023

01:00 pm Dr Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

02:00 pm To Be Advised

03:10 pm Entertainment Tonight

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04:00 pm Neighbours

CC PG
Mature Themes

ALL NEW EPISODES

Byron receives a rude awakening. Chloe faces a heartbreaking decision. Paul's confronted at the Christmas Fair.

04:30 pm The Bold & The Beautiful

CC PG
Mature Themes

ALL NEW EPISODES

In a special episode, Ridge creates a romantic evening to give thanks to Brooke as they recall their great love story.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project

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ALL NEW EPISODES

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07:30 pm The Bachelors Australia

CC PG
Sexual References,
Coarse Language

ALL NEW EPISODES

Tonight, the girls have some time at the nail salon, where they discuss intimacy. Meanwhile, at golf, Wesley drops a bombshell to the boys.

09:10 pm The Secrets She Keeps

CC M
Coarse Language,
Mature Themes

ALL NEW EPISODES

In prison with Agatha, the grief-stricken Meghan navigates a nightmare, while Agatha's dream of motherhood seems destined to be stripped away by forces outside her control.

10:10 pm FBI: Most Wanted (Rpt)

CC MA15+
Strong Violence

Karma

The team's Thanksgiving plans are put on hold when they are brought in to investigate whether a shooting at a Buddhist temple was a hate crime or something more personal.

Starring: Dylan McDermott, Alexa Davalos, Roxy Sternberg, Edwin Hodge, Keisha Castle-Hughes

11:10 pm FBI: Most Wanted (Rpt)

CC M
Violence

Appeal

When three prosecutors are assassinated outside a bar in their small Arkansas town, Remy's team must determine if this was connected to a case from the local DA's office or if it's a personal vendetta

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12:00 am The Project Encore (Rpt)

CC

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01:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

02:00 am Home Shopping (Rpt)

Home Shopping



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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Tuesday 12th December 2023

06:00 am The Talk

CC PG
Mature Themes

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Join hosts Akbar Gbajabamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

07:30 am Entertainment Tonight (Rpt)

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08:00 am Farm To Fork (Rpt)

CC G

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

08:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

09:00 am The Bold & The Beautiful (Rpt)

CC PG
Mature Themes

In a special episode, Ridge creates a romantic evening to give thanks to Brooke as they recall their great love story.

09:30 am Neighbours Encore (Rpt)

CC PG
Mature Themes

SPECIAL ENCORE PRESENTATION

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10:00 am Studio 10

CC PG

LIVE

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Tuesday 12th December 2023

12:00 pm 10 News First: Middy

CC

LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Middy.

01:00 pm Dr Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

02:00 pm To Be Advised

03:30 pm Farm To Fork

CC G

ALL NEW EPISODES

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04:00 pm Neighbours

CC PG
Mature Themes

ALL NEW EPISODES

Haz jumps to conclusions after seeing something he shouldn't. Terese and Jane navigate uncertain territory. Cara and Remi discover an unsettling truth.

04:30 pm The Bold & The Beautiful

CC PG
Mild Themes

ALL NEW EPISODES

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project

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ALL NEW EPISODES

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07:30 pm The Bachelors Australia

CC

08:40 pm NCIS (Rpt)

CC PG
Violence

09:40 pm NCIS: Los Angeles (Rpt)

CC M
Violence,
Mature Themes

10:40 pm NCIS: Los Angeles (Rpt)

CC M
Violence

11:30 pm The Project Encore (Rpt)

CC

12:30 am The Late Show With Stephen Colbert

CC PG

01:30 am Home Shopping (Rpt)

ALL NEW EPISODES

Butterfly Effect

The NCIS team jumps into motion to investigate who is responsible for a potential bio terror attack at a strip mall parking garage. Also, Knight's father deals with a health scare while in Japan.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen

Survival Of The Fittest

When a Marine falls ill during a training mission due to an attack by a genetic weapon, the NCIS must track down the person responsible for unleashing it.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Eric Christian Olsen, Gerald McRaney, Linda Hunt

Let IT Burn

NCIS investigates an arson attack at Global West Ventures Corp, a naval defense contractor. Also, Rountree connects with an ex and Kilbride gives Callen files on Pembroke.

Starring: Chris O'Donnell, LI Cool J , Daniela Ruah, Eric Christian Olsen, Gerald McRaney, Linda Hunt

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ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

Home Shopping



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02:30 am Home Shopping (Rpt)

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04:30 am CBS Mornings

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SYDNEY PROGRAM GUIDE

Wednesday 13th December 2023

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CC PG
Mature Themes

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07:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

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07:30 am Entertainment Tonight

CC

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08:00 am Farm To Fork (Rpt)

CC G

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08:30 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

09:00 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

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09:30 am Neighbours Encore (Rpt)

CC PG
Mature Themes

LIVE

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10:00 am Studio 10

CC PG



SYDNEY PROGRAM GUIDE

Wednesday 13th December 2023

12:00 pm 10 News First: Midday

CC

LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

01:00 pm Dr Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

02:00 pm To Be Advised

03:10 pm Entertainment Tonight

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03:30 pm Farm To Fork

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04:00 pm Neighbours

CC PG
Mature Themes

ALL NEW EPISODES

Holly faces a new threat following a surprising revelation. Toadie is left shaken by powerful memories. A familiar face returns to Erinsborough.

04:30 pm The Bold & The Beautiful

CC PG
Mild Themes

ALL NEW EPISODES

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project

CC

ALL NEW EPISODES

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Wednesday 13th December 2023

07:30 pm	The Bachelors Australia	CC
09:00 pm	My Life Is Murder	CC M Violence
10:00 pm	My Life Is Murder	CC M Violence, Mature Themes
11:00 pm	To Be Advised	
12:00 am	The Project Encore (Rpt)	CC
01:00 am	The Late Show With Stephen Colbert	CC PG
02:00 am	Home Shopping (Rpt)	
02:30 am	Home Shopping (Rpt)	
03:00 am	Home Shopping (Rpt)	
03:30 am	Home Shopping (Rpt)	

ALL NEW EPISODES

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Breaking Bread

Feuding celebrity bakers put Alexa through her paces when a man is found drowned with a rare flour in his lungs.

ALL NEW EPISODES

Gaslight Sonata

Alexa and Madison's investigations into the death of a music producer is complicated by the arrival at Alexa's door of a young girl with some very big news.

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Home Shopping

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SYDNEY PROGRAM GUIDE

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Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Thursday 14th December 2023

06:00 am The Talk

CC PG
Mature Themes

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07:30 am Entertainment Tonight (Rpt)

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CC PG

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CC PG
Mild Themes

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09:30 am Neighbours Encore (Rpt)

CC PG
Mature Themes

10:00 am Studio 10

CC PG

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CC PG
Mature Themes

ALL NEW EPISODES

Chloe and Elly make a life-changing decision. Wendy's work crisis has an unlikely saviour. Tensions mount on the street after a change in dynamic.

04:30 pm The Bold & The Beautiful

CC PG
Mature Themes

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07:30 pm Jamie's Christmas Shortcuts

CC G

ALL NEW EPISODES

Christmas Dinner

Jamie shares his recipes for a spectacular Christmas feast: from his fool-proof guide to the ultimate roast turkey to a show-stopping veggie centrepiece that will give the turkey a run for its money.



SYDNEY PROGRAM GUIDE

Thursday 14th December 2023

08:30 pm The Hunt For The Family Court Killer CC M
Violence,
Mature Themes

ALL NEW EPISODES

Police look closely into how the attacks are linked, one suspect grab their attention, a known domestic violence offender engaged in a long custody battle with his ex-wife in the Family Courts.

09:30 pm Law & Order: S.V.U (Rpt) CC MA15+
Violence,
Mature Themes

Better Person, A

Gender identity politics play out in court after the SVU arrests a violent suspect who killed a detective's teenaged child. Meanwhile, Rollins ponders a potential opportunity.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Molly Burnett

Guest Starring: Greg Grunberg

10:30 pm Blue Bloods (Rpt) CC M
Violence

Heroes

Frank probes a cop about his inaction during an armed robbery, Danny investigates a violent mugging with some unwanted help from Jamie and Anthony's daughter is the sole eyewitness to a fatal shooting

Starring: Tom Selleck, Donnie Wahlberg, Will Estes, Bridget Moynahan, Vanessa Ray, Steve Schirripa

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CC

ALL NEW EPISODES

Get ready for another hilarious, wickedly cheeky season of The Graham Norton Show, with Celebrity guests Ricky Gervais and celebrity chef Jamie Oliver.



SYDNEY PROGRAM GUIDE

Friday 15th December 2023

08:30 pm The Graham Norton Show (Rpt)

CC PG
Sexual References,
Mild Coarse
Language

Compilation #1

Join Graham Norton and some of his top guests including Taylor Swift, Daniel Craig, Eddie Redmayne, Lashana Lynch, Bono, Kate Hudson, Sir Ian McKellen, Colin Farrell, Bruce Springsteen and many more.

09:30 pm To Be Advised

10:30 pm To Be Advised

11:30 pm Good Sam

CC M
Mature Themes

ALL NEW EPISODES

The Griffith Technique

The surgical team preps for a rare high-profile surgery that could take Sam's career to the next level. Lex confronts Griff about his betrayal, and Malcolm sets his sights on his mother's board seat.

Starring: Sophia Bush, Jason Isaacs, Skye P. Marshall, Michael Stahl-David, Wendy Crewson, Edwin Hodge, Omar Maskati

12:30 am The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

01:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping



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Friday 15th December 2023

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 16th December 2023

06:00 am What's Up Down Under (Rpt) CC G

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

06:30 am Leading The Way With Dr. Michael Youssef CC G

ALL NEW EPISODES

2350 The Invisible War, Part 05: The Three Temptations

Religious.

07:00 am Reel Action (Rpt) CC

Reel Action is a show which focuses on the fish, techniques and the right tools for the job. It is set in great locations accessible to the average angler.

07:30 am My Market Kitchen (Rpt) CC G

Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.

08:00 am iFish (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Ifish with BCF follows the journey of Paul Worsteling and his family as they travel around Australia and the globe in search of memorable fishing moments and encounters with classic characters.

08:30 am Farm To Fork (Rpt) CC G

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

09:00 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

09:30 am 10 Minute Kitchen (Rpt) CC G

The impossible is now possible with 10 Minute Kitchen - a celebration of creative, easy, budget & family-friendly meals that anyone can cook at home.

10:00 am Studio 10: Saturday CC PG

Start your day with a dose of sunshine and join the feel-good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody.



SYDNEY PROGRAM GUIDE

Saturday 16th December 2023

12:00 pm	Luxury Escapes (Rpt)	CC G	<p><u>Fiji</u> Rebecca Gibney and Selling Houses Australia's Wendy Moore embark on the ultimate Fiji holiday, dining on a private island, getting spa treatments, and an epic helicopter tour.</p>
12:30 pm	The Yes Experiment	CC	<p>ALL NEW EPISODES <u>Singh Family</u> We are asking parents to relinquish control and say 'yes' to every wild request from their children, this new phenomenon challenges the norm and sparks a polarising debate among parents.</p>
01:00 pm	Taste Of Australia - BBQ Special (Rpt)	CC G	<p><u>Manly Beach</u> After a morning surf, Hayden demonstrates the best ways to BBQ over coals, and showcases dishes featuring salmon fillet, chicken thigh, and beef rump steak.</p>
01:30 pm	Exploring Off The Grid (Rpt)	CC PG Mild Coarse Language	<p>True adventure happens when the road ends, join Rick, Jamie and Johnno for exploration, adventure and a bloody good time.</p>
02:00 pm	Planet Shapers	CC	<p>ALL NEW EPISODES Sustainability stories about innovating and adapting to create a more sustainable world.</p>
02:30 pm	Good Chef Bad Chef (Rpt)	CC G	<p>Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.</p>
03:00 pm	Healthy Homes (Rpt)	CC G	<p>Home, garden, lifestyle or build - Walt Collins and Dani Reilly have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.</p>
03:30 pm	Luca's Key Ingredient (Rpt)	CC G	<p>Luca shows us his favourite recipes using today's key ingredient, Parmigiano Reggiano</p>
04:00 pm	My Market Kitchen	CC G	<p>ALL NEW EPISODES Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.</p>



SYDNEY PROGRAM GUIDE

Saturday 16th December 2023

04:30 pm Farm To Fork (Rpt)

CC G

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language

It's Christmas at Bondi and hordes of revellers overwhelm lifeguards. Jake racks up hundreds of rescues on his jet ski and Jackson must run through the packed crowd to rescue a drunk woman in a rip.

06:30 pm Jamie Oliver: Cooking For Less

CC G

ALL NEW EPISODES

Jamie shares meals that keep costs down and flavour up; from a scrumptious fish pie, to a spicy one-pan chicken supper, Minestrone with cheese stuffed pesto bread & super-quick chocolaty microwave pud

07:30 pm The Dog House (Rpt)

CC PG
Mild Themes

Rosie the lively Jack Russell chases after 10-year-old Mitchell. Could Raksha be Lottie the spaniel's soul sister? Plus, a storm brews when Hurricane the husky meets excitable lurcher puppy Peaches.

08:30 pm Ambulance

CC M
Mature Themes

ALL NEW EPISODES

The call centre team work tirelessly to deliver care to the people of the North East as staff shortages and an increasing number of 999 calls stretch the service to the limit.

09:45 pm Ambulance

CC M
Coarse Language,
Drug References,
Medical Procedures

ALL NEW EPISODES

A busy night begins with call handler Jen guiding a patient through childbirth. Then, paramedics respond to multiple 999 calls for patients at breaking point and struggling with their mental health.



SYDNEY PROGRAM GUIDE

Saturday 16th December 2023

11:00 pm CSI: Vegas (Rpt)

CC M
Medical Procedures

We All Fall Down

Medical examiner Sonya's life is in jeopardy when she is exposed to a mysterious poison as the CSI team races to find the antidote and the silver ink murderer who appears to be targeting the Crime Lab

Starring: Marg Helgenberger, Paula Newsome, Matt Lauria, Mandeep Dhillon, Ariana Guerra, Lex Medlin

12:00 am CSI: Vegas (Rpt)

CC M
Violence

The Promise

When the body of a young girl who was killed over 40 years ago is discovered at the bottom of Lake Mead, Max Roby promises her mother that the CSI team will finally find justice for her daughter.

Starring: Paula Newsome, Matt Lauria, Mandeep Dhillon, Ariana Guerra, Lex Medlin

Guest Starring: Eric Szmanda

01:00 am CSI: Vegas (Rpt)

CC M
Violence

Fractured

The CSI team investigates a bomb that detonated during a masquerade party for wealthy investors at the site of a new casino. Folsom faces a dilemma when a dead body is found at his friend's apartment.

Starring: Marg Helgenberger, Paula Newsome, Matt Lauria, Eric Szmanda, Ariana Guerra, Lex Medlin

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Authentic

CC PG

ALL NEW EPISODES

Want to find out what God is really like? You should really look at the Christmas story.



SYDNEY PROGRAM GUIDE

Saturday 16th December 2023

05:00 am Hour Of Power

G

ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.