



SYDNEY PROGRAM GUIDE

Sunday 02nd June 2024

06:00 am Mass For You At Home

CC G

ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

06:30 am Key Of David

CC PG
Mature Themes

ALL NEW EPISODES

The Key of David covers today's most important events with a unique perspective. Not only does the program tell you what's happening to our society and our world, it tells you why.

07:00 am Joseph Prince: New Creation Church

CC G

ALL NEW EPISODES

489 - Win Over Discouragement, Depression And Burnout

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church in Singapore, which has a congregation of more than 31,000 attendees.

07:30 am Good Chef Bad Chef (Rpt)

CC G

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

08:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

08:30 am Freshly Picked With Simon Toohey (Rpt)

CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

09:00 am Pooches At Play (Rpt)

CC G

Get tips & tricks to keep your dog healthy and happy. From scatter feeding to keep their brains and body active, safe and healthy fruits for dogs, the dangers of grass seeds, paralysis ticks and more.



SYDNEY PROGRAM GUIDE

Sunday 02nd June 2024

09:30 am	Healthy Homes (Rpt)	CC G	Home, garden, lifestyle or build - Walt Collins and Dani Reilly have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.
10:00 am	What's Up Down Under (Rpt)	CC G	Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!
11:00 am	Pat Callinan's 4x4 Adventures (Rpt)	CC G	Explore Australia's most breathtaking destinations with our very own "Mr 4X4", Pat Callinan.
12:00 pm	MasterChef Australia Encore (Rpt)	CC PG Mild Themes	SPECIAL ENCORE PRESENTATION
01:15 pm	My Market Kitchen (Rpt)	CC G	Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.
01:30 pm	Cook With Luke (Rpt)	CC G	Your home of quick, tasty, good food. Cooking healthy and delicious meals has never been easier with Luke Hines in your kitchen.
02:00 pm	Destination Dessert (Rpt)	CC G	From the coastlines to the red centre, discover the best spots to eat, stay and play. Pack your bags and join the team as they explore Australia, reminding you that life is short - make it sweet.
02:30 pm	Food Trail: South Africa (Rpt)	CC G	<u>Kruger Safari</u> Warren's first stop is the inimitable Kruger Shalati or "Train on the Bridge", where he shows us the incredible structure, indulges in an unforgettable safari and cooks up a delectable dessert.
03:00 pm	Australia By Design: Architecture (Rpt)	CC G	We explore a theatre in Sydney's West, how Brisbane's overlay preservation gave two engineers an idea, and how two young architects returned to a simple design principle on the Mornington Peninsula.



SYDNEY PROGRAM GUIDE

Sunday 02nd June 2024

03:30 pm The Brighter Side: Save. Grow. Dream. CC G
(Rpt)

SPECIAL ENCORE PRESENTATION

Welcome to The Brighter Side. We meet Australians who share bright ideas and practical tips. From clever side hustles to mealtime ideas & money-saving tips, we'll help you make the most of your money.

04:00 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

04:30 pm Farm To Fork (Rpt) CC G

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Sunday Project CC

LIVE

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm MasterChef Australia CC

ALL NEW EPISODES

08:55 pm Tulsa King CC M
Violence,
Coarse Language,
Drug Use

ALL NEW EPISODES

Center Of The Universe

Dwight, Tyson, and Bodhi go on a road trip to take care of some business, and the group later takes a spontaneous detour. Stacy does some digging into Dwight's past.

09:45 pm FBI (Rpt) CC M

Face Off

Isobel finds herself subject to unwelcome scrutiny when a morning show host is murdered, and the team realize that a serial killer is targeting powerful women.

Starring: Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner, Shantel Van Santen



SYDNEY PROGRAM GUIDE

Sunday 02nd June 2024

10:40 pm **FBI** (Rpt)

CC M
Violence

Ghost From The Past

The murder of a TSA agent leads the team to hunt down a killer who is using drug mules to exploit airport security checkpoints. OA struggles to cope on the 10th anniversary of his army friend's death.

Starring: Zeeko Zaki, Jeremy Sisto, Shantel Vansanten, John Boyd, Alana De La Garza, Katherine Renee Turner

SPECIAL ENCORE PRESENTATION

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

11:35 pm **The Sunday Project Encore** (Rpt)

CC

Home Shopping

12:30 am **Home Shopping** (Rpt)

01:00 am **Home Shopping** (Rpt)

Home Shopping

01:30 am **Home Shopping** (Rpt)

Home Shopping

02:00 am **Home Shopping** (Rpt)

Home Shopping

02:30 am **Home Shopping** (Rpt)

Home Shopping

03:00 am **Home Shopping** (Rpt)

Home Shopping

03:30 am **Home Shopping** (Rpt)

Home Shopping

04:00 am **Home Shopping** (Rpt)

Home Shopping

04:30 am **CBS Mornings**

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Monday 03rd June 2024

06:00 am	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.
06:30 am	My Market Kitchen (Rpt)	CC G	Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.
07:00 am	The Talk	CC PG Mature Themes	ALL NEW EPISODES Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.
08:00 am	Neighbours Encore (Rpt)	CC PG Mild Themes	SPECIAL ENCORE PRESENTATION Susan and Terese give voice to their concerns. The Share House deals with an awkward dynamic. Vic's meddling backfires.
08:30 am	The Bold & The Beautiful (Rpt)	CC PG Mild Violence, Mild Themes	Steffy is horrified by Finn's "happy" news that Sheila is alive.
09:00 am	Dr Phil (Rpt)	CC PG Mature Themes	Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.
10:00 am	Good Chef Bad Chef (Rpt)	CC G	SPECIAL ENCORE PRESENTATION Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
10:30 am	Deal Or No Deal (Rpt)	CC G	Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.



SYDNEY PROGRAM GUIDE

Monday 03rd June 2024

11:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

11:30 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

12:00 pm 10 News First: Midday

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

01:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

01:30 pm MasterChef Australia Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

03:00 pm Good Chef Bad Chef

CC G

ALL NEW EPISODES

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

Byron and Nicolette try to patch up their father's mistakes. Mackenzie's patience wears thin.



SYDNEY PROGRAM GUIDE

Monday 03rd June 2024

04:30 pm The Bold & The Beautiful

CC PG
Mild Violence,
Mild Themes

ALL NEW EPISODES

Li comes face to face with her archenemy, Sheila Carter.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Matildas V China PR

CC

LIVE

Matildas V China Pr

Tune in and catch all the Football Friendly action as our Matildas take on China PR. LIVE from Accor Stadium, Sydney. Kick off 7:40PM (AEST).

09:40 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

10:40 pm 10's Late News

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

11:05 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.



SYDNEY PROGRAM GUIDE

Monday 03rd June 2024

12:05 am **The Late Show With Stephen Colbert** CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am **Home Shopping** (Rpt)

Home Shopping

01:30 am **Home Shopping** (Rpt)

Home Shopping

02:00 am **Home Shopping** (Rpt)

Home Shopping

02:30 am **Home Shopping** (Rpt)

Home Shopping

03:00 am **Home Shopping** (Rpt)

Home Shopping

03:30 am **Home Shopping** (Rpt)

Home Shopping

04:00 am **Home Shopping** (Rpt)

Home Shopping

04:30 am **CBS Mornings** CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burseson.





SYDNEY PROGRAM GUIDE

Tuesday 04th June 2024

06:00 am The Drew Barrymore Show Encore
(Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

06:30 am The Drew Barrymore Show Encore
(Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

07:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

08:00 am Neighbours Encore (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

Byron and Nicolette try to patch up their father's mistakes. Mackenzie's patience wears thin.

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Violence,
Mild Themes

Li comes face to face with her archenemy, Sheila Carter.

09:00 am Dr Phil (Rpt)

CC PG
Sexual References,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

10:00 am Good Chef Bad Chef (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

10:30 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.



SYDNEY PROGRAM GUIDE

Tuesday 04th June 2024

11:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

11:30 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

12:00 pm 10 News First: Midday

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

01:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

01:30 pm Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

02:00 pm To Be Advised

03:00 pm Good Chef Bad Chef

CC G

ALL NEW EPISODES

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

Leo suspects a familiar face may be behind his troubles. Mackenzie tries to make amends. Nell embraces her rebellious streak.



SYDNEY PROGRAM GUIDE

Tuesday 04th June 2024

04:30 pm The Bold & The Beautiful

CC PG
Mild Themes

ALL NEW EPISODES

Backed into a corner, Steffy delivers an ultimatum to Finn.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm MasterChef Australia (Rpt)

CC

ALL NEW EPISODES

08:40 pm The Cheap Seats

CC M
Coarse Language,
Mature Themes

ALL NEW EPISODES

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

09:40 pm NCIS

CC M
Violence

SERIES FINALE

Reef Madness

Parker and Knight discover three bodies on an old Navy ship that's about to be sunk and turned into an artificial reef, when they're suddenly locked inside by a mysterious figure.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Brian Dietzen, Rocky Carroll



SYDNEY PROGRAM GUIDE

Tuesday 04th June 2024

10:40 pm 10's Late News CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

11:05 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:05 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Wednesday 05th June 2024

06:00 am The Drew Barrymore Show Encore
(Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

06:30 am The Drew Barrymore Show Encore
(Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

07:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

08:00 am Neighbours Encore (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

Leo suspects a familiar face may be behind his troubles. Mackenzie tries to make amends. Nell embraces her rebellious streak.

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Backed into a corner, Steffy delivers an ultimatum to Finn.

09:00 am Dr Phil (Rpt)

CC PG
Sexual References,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

10:00 am Good Chef Bad Chef (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

10:30 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.



SYDNEY PROGRAM GUIDE

Wednesday 05th June 2024

11:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

11:30 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

12:00 pm 10 News First: Midday

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

01:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

01:20 pm Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

01:50 pm MasterChef Australia Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

03:00 pm Good Chef Bad Chef

CC G

ALL NEW EPISODES

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

Toadie doubles down, whilst Nell makes an admission. Karl scrambles to clear his name. Leo faces the prospect of losing everything.



SYDNEY PROGRAM GUIDE

Wednesday 05th June 2024

04:30 pm The Bold & The Beautiful

CC PG
Sexual References,
Mild Coarse
Language

ALL NEW EPISODES

Brooke lays into Zende for betraying his cousin R.J. Meanwhile, Luna faces another difficult situation concerning R.J. and Zende.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm MasterChef Australia (Rpt)

CC

ALL NEW EPISODES

08:40 pm NCIS: Sydney

CC M
Violence

ALL NEW EPISODES

Ghosted

When a US Petty Officer's body is found in Sydney's historic Rocks area, a decades old Navy Cross medal holds the clue to solving the murder, leading the team on a wild ghost chase to catch a killer.

09:40 pm FBI: International

CC M
Violence

SEASON FINALE

Fencing The Mona Lisa

When a Russian missile is stolen and put on the black market in Budapest, the Fly Team must secure the weapon before a mysterious American arms broker delivers it into the wrong hands.

Starring: Luke Kleintank, Heida Reed, Carter Redwood, Vinessa Vidotto, Eva-Jane Willis, Greg Hovanessian



SYDNEY PROGRAM GUIDE

Wednesday 05th June 2024

10:40 pm 10's Late News CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

11:05 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:05 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Thursday 06th June 2024

06:00 am The Drew Barrymore Show Encore
(Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

06:30 am The Drew Barrymore Show Encore
(Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

07:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

08:00 am Neighbours Encore (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

Toadie doubles down, whilst Nell makes an admission. Karl scrambles to clear his name. Leo faces the prospect of losing everything.

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Sexual References,
Mild Coarse
Language

Brooke lays into Zende for betraying his cousin R.J. Meanwhile, Luna faces another difficult situation concerning R.J. and Zende.

09:00 am Dr Phil (Rpt)

CC PG
Sexual References,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

10:00 am Good Chef Bad Chef (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

10:30 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.



SYDNEY PROGRAM GUIDE

Thursday 06th June 2024

11:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

11:30 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

12:00 pm 10 News First: Midday

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

01:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

01:20 pm Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

01:50 pm MasterChef Australia Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

03:00 pm Good Chef Bad Chef

CC G

ALL NEW EPISODES

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

Leo spirals as his life continues to implode. Karl is suspicious of an evasive Harold. Jane disappoints her family.



SYDNEY PROGRAM GUIDE

Thursday 06th June 2024

04:30 pm The Bold & The Beautiful

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Liam worries that Deacon's joy over Sheila poses a threat to Steffy. Meanwhile, Poppy inserts herself into Luna's woes.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm MasterChef Australia (Rpt)

CC

ALL NEW EPISODES

08:30 pm Taskmaster Australia

CC

ALL NEW EPISODES

Tough-love Taskmaster Tom Gleeson sets Anne Edmonds, Jenny Tian, Josh Thomas, Lloyd Langford & Wil Anderson a series of mind-bending, head-scratching challenges. Who will master the tricky tasks?

09:30 pm The Cheap Seats Encore (Rpt)

CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

10:30 pm 10's Late News

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Thursday 06th June 2024

10:55 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Friday 07th June 2024

06:00 am The Drew Barrymore Show Encore
(Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

06:30 am The Drew Barrymore Show Encore
(Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

07:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

08:00 am The Brighter Side: Save. Grow. Dream.
(Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Welcome to The Brighter Side. We meet Australians who share bright ideas and practical tips. From clever side hustles to mealtime ideas & money-saving tips, we'll help you make the most of your money.

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Sexual References,
Mild Themes

Liam worries that Deacon's joy over Sheila poses a threat to Steffy. Meanwhile, Poppy inserts herself into Luna's woes.

09:00 am Dr Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

10:00 am Good Chef Bad Chef (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.



SYDNEY PROGRAM GUIDE

Friday 07th June 2024

10:30 am Deal Or No Deal (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

11:00 am The Drew Barrymore Show CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

11:30 am The Drew Barrymore Show CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

12:00 pm 10 News First: Midday CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

01:00 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

01:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

02:00 pm Ready Steady Cook Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Ready Steady Cook is back! showcasing the best Australian chefs who team up with home cooks to prepare delicious dishes with a live studio audience deciding who cooked it best!

03:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.



SYDNEY PROGRAM GUIDE

Friday 07th June 2024

03:30 pm 10 News First: Afternoon CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

04:30 pm The Bold & The Beautiful CC PG
Mild Themes

ALL NEW EPISODES

Liam argues that Finn is not supporting Steffy as he should. Meanwhile, R.J. and Luna decide their future.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal **NO
CC**

LIVE

06:30 pm The Project CC

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm To Be Advised

08:30 pm The Graham Norton Show (Rpt) CC M
Coarse Language,
Drug References

Among the guests on Graham's sofa tonight: Patrick Stewart, Oscar-nominated Ralph Fiennes, Layton Williams, brilliant young actor Bella Ramsey, Dame Joan Collins and music from Zak Abel.

09:30 pm The Graham Norton Show (Rpt) CC PG
Mild Coarse
Language,
Mature Themes

Together on Graham's sofa tonight, Judi Dench discusses her book, the Terminator himself Arnold Schwarzenegger, Jack Whitehall, Jay Blades talks about his memoir & music from the legendary Duran Duran

10:30 pm 10's Late News CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Friday 07th June 2024

10:55 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

[Home Shopping](#)

01:30 am Home Shopping (Rpt)

[Home Shopping](#)

02:00 am Home Shopping (Rpt)

[Home Shopping](#)

02:30 am Home Shopping (Rpt)

[Home Shopping](#)

03:00 am Home Shopping (Rpt)

[Home Shopping](#)

03:30 am Home Shopping (Rpt)

[Home Shopping](#)

04:00 am Home Shopping (Rpt)

[Home Shopping](#)

04:30 am Home Shopping (Rpt)

[Home Shopping](#)

05:00 am Home Shopping (Rpt)

[Home Shopping](#)

05:30 am Home Shopping (Rpt)

[Home Shopping](#)



SYDNEY PROGRAM GUIDE

Saturday 08th June 2024

06:00 am **What's Up Down Under** (Rpt) CC G

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

06:30 am **Leading The Way With Dr. Michael Youssef** CC G

ALL NEW EPISODES

2422 Heaven Awaits: Part 08 "On Earth As IT Is In Heaven"

Religious.

07:00 am **On The Fly** (Rpt) CC G

Join Gavin Hurley as he breaks down the secrets of the fly fishing artform while taking you to some of the world's most amazing destinations.

07:30 am **Escape Fishing With ET** (Rpt) CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.

08:00 am **My Market Kitchen** (Rpt) CC G

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

08:30 am **Farm To Fork** (Rpt) CC G

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

09:00 am **Exploring Off The Grid** (Rpt) CC G

True adventure happens when the road ends, join Rick, Jamie and Johnno for exploration, adventure and a bloody good time.

09:30 am **Australia By Design: Innovations** (Rpt) CC PG

Now in its fifth season, Australia by Design: Innovations is all about Australian innovation, ingenuity and design excellence, it's about inspiration, disruption and changing the game.

10:00 am **Ready Steady Cook Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Ready Steady Cook is back! showcasing the best Australian chefs who team up with home cooks to prepare delicious dishes with a live studio audience deciding who cooked it best!



SYDNEY PROGRAM GUIDE

Saturday 08th June 2024

SPECIAL ENCORE PRESENTATION

11:00 am **MasterChef Australia Encore** (Rpt) CC

12:10 pm **MasterChef Australia Encore** (Rpt) CC

01:20 pm **My Market Kitchen** (Rpt) CC G

01:30 pm **All 4 Adventure** (Rpt) CC PG
Coarse Language

02:30 pm **The Yes Experiment** (Rpt) CC G

03:00 pm **What's Up Down Under** CC

03:30 pm **Good Chef Bad Chef** (Rpt) CC G

04:00 pm **Farm To Fork** (Rpt) CC G

04:30 pm **Everyday Gourmet With Justine Schofield** (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

Jase and Simon rescue stranded travellers north of Cape York. They head off-shore into the Torres Strait before travelling south for a cool change on the wild west coast of Tassie.

When daughter Sezal is given the keys to the kingdom for a day it's time to get Mum firmly out of her comfort zone in more ways than one.

ALL NEW EPISODES

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.



SYDNEY PROGRAM GUIDE

Saturday 08th June 2024

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm The Brighter Side: Save. Grow. Dream. CC

ALL NEW EPISODES

Welcome to The Brighter Side. We meet Australians who share bright ideas and practical tips. From clever side hustles to mealtime ideas & money-saving tips, we'll help you make the most of your money.

06:30 pm Ready Steady Cook CC

ALL NEW EPISODES

Ready Steady Cook is back! showcasing the best Australian chefs who team up with home cooks to prepare delicious dishes with a live studio audience deciding who cooked it best!

07:30 pm The Dog House UK (Rpt) CC PG

The team try to convince artist Ron that looks aren't everything when he meets Chip the Pomeranian & Margaux the mongrel. Inseperable pair Poppy & Bron hope to find a home that will accept two dogs.

08:30 pm Ambulance UK CC M
Coarse Language,
Mature Themes

ALL NEW EPISODES

Multiple resources are dispatched to a patient who has fallen 20 feet from a tree and requires urgent treatment for a suspected broken back and open wrist fracture.

09:45 pm Ambulance UK (Rpt) CC M
Coarse Language,
Strong Adult Themes

Emily and Gayle respond to calls regarding an attempted suicide and an 81-year-old who has fallen off his mobility scooter. Things take a turn for the worst when crews find a child in cardiac arrest.

11:00 pm The Cheap Seats Encore (Rpt) CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.



SYDNEY PROGRAM GUIDE

Saturday 08th June 2024

12:00 am **Fire Country** (Rpt)

CC PG
Violence,
Drug References,
Mature Themes

I Know IT Feels Impossible

The Station 42 and Three Rock crews face a number of daring rescues when a massive mudslide tears through Edgewater. Plus, Bode's freedom is on the line at his parole hearing after a failed drug test.

Starring: Max Thieriot, Billy Burke, Kevin Alejandro, Diane Farr, Jordan Calloway, Stephanie Arcila

01:00 am **Home Shopping** (Rpt)

Home Shopping

01:30 am **Home Shopping** (Rpt)

Home Shopping

02:00 am **Home Shopping** (Rpt)

Home Shopping

02:30 am **Home Shopping** (Rpt)

Home Shopping

03:00 am **Home Shopping** (Rpt)

Home Shopping

03:30 am **Home Shopping** (Rpt)

Home Shopping

04:00 am **Home Shopping** (Rpt)

Home Shopping

04:30 am **Home Shopping** (Rpt)

Home Shopping

05:00 am **Hour Of Power**

G

ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.