



SYDNEY PROGRAM GUIDE

Sunday 09th June 2024

06:00 am Mass For You At Home

CC G

ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

06:30 am Key Of David

CC PG
Mature Themes

ALL NEW EPISODES

The Key of David covers today's most important events with a unique perspective. Not only does the program tell you what's happening to our society and our world, it tells you why.

07:00 am Joseph Prince: New Creation Church

CC G

ALL NEW EPISODES

585 - The Beauty Of Our Servant King

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church in Singapore, which has a congregation of more than 31,000 attendees.

07:30 am Good Chef Bad Chef (Rpt)

CC G

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

08:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

08:30 am Freshly Picked With Simon Toohey (Rpt)

CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

09:00 am Pooches At Play (Rpt)

CC PG
Mature Themes

Lara and the team provide advice on managing dogs at home that don't get along, Springtime grooming, how fasting can improve your dog's health. Meet the dogs of remote indigenous communities.



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09:30 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<p>SPECIAL ENCORE PRESENTATION #4225</p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.</p>
10:00 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<p>SPECIAL ENCORE PRESENTATION #4307</p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.</p>
10:30 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<p>SPECIAL ENCORE PRESENTATION #4308</p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.</p>
11:00 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<p>SPECIAL ENCORE PRESENTATION</p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.</p>
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12:00 pm	MasterChef Australia Encore (Rpt)	CC	<p>SPECIAL ENCORE PRESENTATION</p>
01:15 pm	My Market Kitchen (Rpt)	CC G	<p>Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.</p>
01:30 pm	Cook With Luke (Rpt)	CC G	<p>Your home of quick, tasty, good food. Cooking healthy and delicious meals has never been easier with Luke Hines in your kitchen.</p>
02:00 pm	Roads Less Travelled (Rpt)	CC G	<p>A travel and Road trip series that uncovers the hidden gems in each location that we visit</p>



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02:30 pm Food Trail: South Africa (Rpt) CC G

Eating Johannesburg

Warren indulges in vibrant flavours and surrounds of the Sandton neighbourhood. He's chowing in Zioux, a hip eatery and bar with a South American flair. Followed by cooking some incredible recipes.

03:00 pm Australia By Design: Architecture (Rpt) CC G

Discover how a Perth architect decided he had to build a demo house to prove medium density is the future, and we visit a house built in the clouds above the Great Ocean Road.

03:30 pm The Brighter Side: Save. Grow. Dream. (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Welcome to The Brighter Side. We meet Australians who share bright ideas and practical tips. From clever side hustles to mealtime ideas & money-saving tips, we'll help you make the most of your money.

04:00 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

04:30 pm Farm To Fork (Rpt) CC G

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Sunday Project CC

LIVE

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm MasterChef Australia CC

ALL NEW EPISODES



SYDNEY PROGRAM GUIDE

Sunday 09th June 2024

08:45 pm Tulsa King

CC M
Violence,
Coarse Language

ALL NEW EPISODES

Caprice

Dwight takes note of a possible new business opportunity. Later, a routine errand has an explosive, unexpected outcome. Stacy opens up to Dwight about what led her to Tulsa.

09:35 pm FBI (Rpt)

CC M
Violence

Kayla

When a retired DEA agent is shot, the team works to determine if one of the victim's past cases is connected to the murder. The probe leads Nina and Tiffany to clash over the use of an informant.

Starring: Katherine Renee Turner, Shantel Vansanten, Jeremy Sisto, Alana De La Garza, John Boyd, Zeeko Zaki

10:30 pm FBI (Rpt)

CC M
Violence

Prodigal Son

As the FBI investigates a deadly robbery that garnered a cache of automatic weapons for the killers, the team discover one of the perps is a classmate of Jubal's son, who is reluctant to cooperate.

Starring: Zeeko Zaki, Jeremy Sisto, Shantel Van Santen, John Boyd, Katherine Renee Turner, Ben Shenkman

11:30 pm The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:30 am Home Shopping (Rpt)

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01:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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Sexual References,
Mild Themes

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07:00 am The Talk

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Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

08:00 am Neighbours Encore (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

Leo spirals as his life continues to implode. Karl is suspicious of an evasive Harold. Jane disappoints her family.

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Liam argues that Finn is not supporting Steffy as he should. Meanwhile, R.J. and Luna decide their future.

09:00 am Dr Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

10:00 am Good Chef Bad Chef (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

10:30 am Deal Or No Deal (Rpt)

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.



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12:00 pm 10 News First: Midday

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

01:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

01:15 pm Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

01:45 pm MasterChef Australia Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

03:00 pm Good Chef Bad Chef

CC

ALL NEW EPISODES

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03:30 pm 10 News First: Afternoon

CC

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04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

Susan talks Terese off a ledge. JJ seeks out a new opportunity. Things take a dangerous turn for Nicolette and Byron.



SYDNEY PROGRAM GUIDE

Monday 10th June 2024

04:30 pm The Bold & The Beautiful

CC PG
Mild Coarse
Language,
Mild Themes

ALL NEW EPISODES

News breaks that Deacon and Sheila are engaged. Meanwhile, Hope expresses her frustration that Steffy encouraged Thomas and Douglas to leave Los Angeles.

05:00 pm 10 News First

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Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

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06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

08:30 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

09:30 pm Rove McManus: Loosey Goosey

CC M
Coarse Language

SPECIAL EVENT

Rove McManus- Loosey Goosey

Rove is back on stage doing what he does best, making you laugh with a brand-new hour of high energy comedy. Get ready to get loose!

10:50 pm 10's Late News

CC

LIVE

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11:15 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:20 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:30 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings CC

ALL NEW EPISODES

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(Rpt)

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08:00 am Neighbours Encore (Rpt)

CC PG
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08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Coarse
Language,
Mild Themes

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09:00 am Dr Phil (Rpt)

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10:00 am Good Chef Bad Chef (Rpt)

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12:00 pm 10 News First: Midday CC

LIVE

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01:00 pm Entertainment Tonight CC

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01:20 pm Judge Judy (Rpt) CC PG

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SPECIAL ENCORE PRESENTATION

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03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

The Share House crew speak too soon. Jane's confronted by conflicting emotions. Holly does a little digging.

04:30 pm The Bold & The Beautiful

CC PG
Mild Coarse
Language,
Mild Themes

ALL NEW EPISODES

Finn and Hope have conflicting emotions about a difficult decision. Meanwhile, Steffy vents to Liam about Hope's possible influence over Finn.

05:00 pm 10 News First

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06:30 pm The Project

CC

LIVE

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07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

08:40 pm The Cheap Seats

CC M
Coarse Language,
Mature Themes

ALL NEW EPISODES

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.



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Tuesday 11th June 2024

09:40 pm	AFC World Cup Qualifiers	CC
12:30 am	10's Late News	CC
12:55 am	The Project Encore (Rpt)	CC
02:00 am	The Late Show With Stephen Colbert	CC PG
03:00 am	Home Shopping (Rpt)	
03:30 am	Home Shopping (Rpt)	
04:00 am	Home Shopping (Rpt)	
04:30 am	CBS Mornings	CC

LIVE

Socceroos V Palestine

Tune in and catch all the AFC World Cup Qualifiers action as the Subway Socceroos take on Palestine. LIVE from HBF Park, Perth. Kick off 10:05 PM (AEST).

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

SPECIAL ENCORE PRESENTATION

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ALL NEW EPISODES

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Home Shopping

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ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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Wednesday 12th June 2024

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SPECIAL ENCORE PRESENTATION

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08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Coarse
Language,
Mild Themes

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09:00 am Dr Phil (Rpt)

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Coarse Language,
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10:00 am Good Chef Bad Chef (Rpt)

CC

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10:30 am Deal Or No Deal (Rpt)

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01:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

01:20 pm Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

01:50 pm MasterChef Australia Encore (Rpt)

CC

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04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

Leo takes drastic action. Nell, Dex and JJ find themselves in a tangle. Remi butts heads with a difficult colleague.



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Wednesday 12th June 2024

04:30 pm The Bold & The Beautiful

CC PG
Mild Themes

ALL NEW EPISODES

Steffy is distraught to learn that Deacon and Sheila are getting married. Meanwhile, Finn assists Hope with a medical issue.

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ALL NEW EPISODES

08:40 pm NCIS: Sydney

CC M
Violence

ALL NEW EPISODES

Doggiiccino Day Afternoon

A hostage situation at a dog cafe takes NCIS: Sydney into the world of puppaccinos and paw-tein balls, as the team race to save one of their own whilst investigating a connected bank heist.

09:40 pm FBI: International

CC M
Violence

SEASON PREMIERE

June

The Fly Team, with the help of their new intel analyst, Amanda Tate, works to clean up the pieces left behind after a massive explosion rocks headquarters and their key suspect slips away.

Starring: Luke Kleintank, Vinessa Vidotto, Christina Wolfe, Carter Redwood, Eva-Jane Willis



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CC PG
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04:00 pm Neighbours

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ALL NEW EPISODES

A startling new development casts doubt on Leo's theory. Remi is faced with a moral dilemma. JJ is disappointed to find that he and Dex share a common interest.



SYDNEY PROGRAM GUIDE

Thursday 13th June 2024

04:30 pm The Bold & The Beautiful

CC PG
Mild Violence,
Mild Themes

ALL NEW EPISODES

Brooke, Ridge, and Steffy attempt to reason with Hope. Meanwhile, Sheila makes an outlandish request of Finn.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Taskmaster Australia

CC

ALL NEW EPISODES

Tonight, Tom Gleeson instructs contestants to 'get low', Anne shows off her sporting prowess, and our live task sees contestants disguise their childhood memories with autotune.

08:40 pm Law & Order: S.V.U

CC M
Violence,
Sexual References

ALL NEW EPISODES

Carousel

The SVU must track down a mysterious suspect targeting tourists staying in hostels and race to identify one woman's attacker before she opts to go home.

Starring: Mariska Hargitay, Ice T, Peter Scanavino, Octavio Pisano, Jasmine Batchelor, Kevin Kane, Terry Serpico

09:40 pm The Cheap Seats Encore (Rpt)

CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.



SYDNEY PROGRAM GUIDE

Thursday 13th June 2024

10:40 pm 10's Late News CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

11:05 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:05 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





SYDNEY PROGRAM GUIDE

Friday 14th June 2024

06:00 am The Drew Barrymore Show Encore
(Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

06:30 am The Drew Barrymore Show Encore
(Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

07:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

08:00 am The Brighter Side: Save. Grow. Dream
(Rpt)

CC G

Welcome to The Brighter Side. We meet Australians who share bright ideas and practical tips. From clever side hustles to mealtime ideas & money-saving tips, we'll help you make the most of your money.

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Violence,
Mild Themes

Brooke, Ridge, and Steffy attempt to reason with Hope. Meanwhile, Sheila makes an outlandish request of Finn.

09:00 am Dr Phil (Rpt)

CC PG
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

10:00 am Good Chef Bad Chef (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

10:30 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.



SYDNEY PROGRAM GUIDE

Friday 14th June 2024

11:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

11:30 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

12:00 pm 10 News First: Midday

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

01:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

01:30 pm Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

02:00 pm Ready Steady Cook Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Ready Steady Cook is back! showcasing the best Australian chefs who team up with home cooks to prepare delicious dishes with a live studio audience deciding who cooked it best!

03:00 pm Good Chef Bad Chef

CC

ALL NEW EPISODES

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Friday 14th June 2024

04:00 pm Everyday Gourmet With Justine Schofield (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG
Mild Themes

The marriage ceremony of Sheila Carter and Deacon Sharpe commences.

LIVE

05:00 pm 10 News First

CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal (Rpt)

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

LIVE

06:30 pm The Project

CC

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm To Be Advised

08:30 pm The Graham Norton Show (Rpt)

CC M
Sexual References,
Coarse Language

Among the guests on Graham's sofa tonight: Succession star Sarah Snook; pop legend Boy George; actor Greta Lee; and the irrepressible Miriam Margolyes. Plus, Music from CMAT.

09:30 pm The Graham Norton Show (Rpt)

CC M
Sexual References

Get ready for another hilarious, wickedly cheeky episode of The Graham Norton Show, with celebrity guests Michael Fassbender, Jennifer Saunders, Daisy Haggard and Take That.

LIVE

10:30 pm 10's Late News

CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Friday 14th June 2024

10:55 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

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Home Shopping

03:00 am Home Shopping (Rpt)

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03:30 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 15th June 2024

06:00 am **What's Up Down Under** (Rpt) CC G

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

06:30 am **Leading The Way With Dr. Michael Youssef** CC G

ALL NEW EPISODES

2423 Heaven Awaits: Part 09 "The Return Of Christ"

Religious.

07:00 am **On The Fly** (Rpt) CC G

Join Gavin Hurley as he breaks down the secrets of the fly fishing artform while taking you to some of the world's most amazing destinations.

07:30 am **Escape Fishing With ET** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.

08:00 am **My Market Kitchen** (Rpt) CC G

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

08:30 am **Farm To Fork** (Rpt) CC G

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

09:00 am **Exploring Off The Grid** (Rpt) CC G

True adventure happens when the road ends, join Rick, Jamie and Johnno for exploration, adventure and a bloody good time.

09:30 am **Australia By Design: Innovations** (Rpt) CC PG

Now in its fifth season, Australia by Design: Innovations is all about Australian innovation, ingenuity and design excellence, it's about inspiration, disruption and changing the game.

10:00 am **Ready Steady Cook Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Ready Steady Cook is back! showcasing the best Australian chefs who team up with home cooks to prepare delicious dishes with a live studio audience deciding who cooked it best!



SYDNEY PROGRAM GUIDE

Saturday 15th June 2024

11:00 am MasterChef Australia Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

12:10 pm My Market Kitchen (Rpt) CC G

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

12:30 pm The Drew Barrymore Show (Rpt) CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

01:00 pm The Drew Barrymore Show (Rpt) CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

01:30 pm The Drew Barrymore Show (Rpt) CC PG
Sexual References,
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02:00 pm The Drew Barrymore Show (Rpt) CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

02:30 pm The Drew Barrymore Show (Rpt) CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

03:00 pm What's Up Down Under CC

ALL NEW EPISODES

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

03:30 pm Good Chef Bad Chef (Rpt) CC G

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.



SYDNEY PROGRAM GUIDE

Saturday 15th June 2024

04:00 pm	Farm To Fork (Rpt)	CC G	Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.
04:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield in an all new season of Everyday Gourmet.
05:00 pm	10 News First	CC	LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:00 pm	The Brighter Side: Save. Grow. Dream.	CC G	ALL NEW EPISODES Welcome to The Brighter Side. We meet Australians who share bright ideas and practical tips. From clever side hustles to mealtime ideas & money-saving tips, we'll help you make the most of your money.
06:30 pm	Ready Steady Cook	CC	ALL NEW EPISODES Ready Steady Cook is back! showcasing the best Australian chefs who team up with home cooks to prepare delicious dishes with a live studio audience deciding who cooked it best!
07:30 pm	The Dog House UK (Rpt)	CC PG	Sammy the retriever is moping again as yet another of his dog-friends has found a new home. Could Max the lonely sheepdog and his owners be his new best buds?
08:30 pm	Ambulance UK	CC M Coarse Language, Mature Themes	ALL NEW EPISODES The Ambulance service responds to two separate calls for patients with severe burns, both in need of urgent treatment at the region's only specialist burns unit.



SYDNEY PROGRAM GUIDE

Saturday 15th June 2024

09:45 pm Ambulance UK (Rpt)

CC M
Coarse Language,
Mature Themes

Cameras follow crews from England's North West Ambulance Service as they respond to the impacts of the Covid-19 epidemic ravaging the country and flooding in the aftermath of Storm Christoph.

11:00 pm The Cheap Seats Encore (Rpt)

CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

12:00 am FBI: Most Wanted (Rpt)

CC MA15+
Violence

Covenant

The team's new leader, charming but formidable Special Agent Remy Scott, takes charge as they investigate a series of homicides tied to a forbidden love between a young teen and her older boyfriend.

Starring: Dylan McDermott, Miguel Gomez, Alexa Davalos, Keisha Castle-Hughes

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power

G

ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.