



SYDNEY PROGRAM GUIDE

Sunday 23rd June 2024

06:00 am Mass For You At Home

CC G

ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

06:30 am Key Of David

CC PG
Mature Themes

ALL NEW EPISODES

The Key of David covers today's most important events with a unique perspective. Not only does the program tell you what's happening to our society and our world, it tells you why.

07:00 am Joseph Prince: New Creation Church

CC G

ALL NEW EPISODES

626 - No Longer A Slave To Fear

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church in Singapore.

07:30 am Good Chef Bad Chef (Rpt)

CC G

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

08:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield.

08:30 am Freshly Picked With Simon Toohey (Rpt)

CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

09:00 am Pooches At Play (Rpt)

CC PG
Mature Themes

Learn how your dog's diet impacts their health, why adolescence is challenging for dog parents too, grooming tips for dogs that shed and the do's and don'ts of supplements for pets.



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09:30 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<p>SPECIAL ENCORE PRESENTATION #4030r-</p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.</p>
10:00 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<p>SPECIAL ENCORE PRESENTATION #4071-</p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.</p>
10:30 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<p>SPECIAL ENCORE PRESENTATION #4160-</p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.</p>
11:00 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<p>SPECIAL ENCORE PRESENTATION</p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.</p>
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12:00 pm	MasterChef Australia Encore (Rpt)	CC G	<p>SPECIAL ENCORE PRESENTATION</p>
01:10 pm	My Market Kitchen (Rpt)	CC G	<p>Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.</p>
01:30 pm	Cook With Luke (Rpt)	CC G	<p>Your home of quick, tasty, good food. Cooking healthy and delicious meals has never been easier with Luke Hines in your kitchen.</p>
02:00 pm	Roads Less Travelled (Rpt)	CC G	<p>A travel and Road trip series that uncovers the hidden gems in each location that we visit</p>



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02:30 pm Food Trail: South Africa (Rpt) CC G

Madikwe Safari

Sprawling across the northern border of South Africa. Madikwe Safari Lodge is home to rhinos and giraffes, Warren cooks a South African inspired dessert, a risotto and a sunset feast in the bush.

03:00 pm Australia By Design: Architecture (Rpt) CC G

We go bush in southern Tasmania to see how a rich heritage of architecturally designed, eco-tourism walker accommodation has been built on.

03:30 pm The Brighter Side: Save. Grow. Dream. (Rpt) CC

SPECIAL ENCORE PRESENTATION

Welcome to The Brighter Side. We meet Australians who share bright ideas and practical tips. From clever side hustles to mealtime ideas & money-saving tips, we'll help you make the most of your money.

04:00 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield.

04:30 pm Farm To Fork (Rpt) CC G

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Sunday Project CC

LIVE

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm MasterChef Australia CC PG
Coarse Language

ALL NEW EPISODES

08:55 pm Tulsa King CC MA15+
Strong Violence

ALL NEW EPISODES

Token Joe

Dwight returns to New York under unfortunate circumstances, where his reunion with family doesn't go quite as expected. Back in Tulsa, Tyson runs into some trouble. Armand gets some news from Roxy.



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09:45 pm **FBI**(Rpt)

CC M
Violence,
Sexual References,
Mature Themes

Victim

The team investigates a series of brutal assaults on women, while OA withholds information about his own attack and mugging from earlier that morning.

Starring: Zeeko Zaki, Shantel Vansanten, Jeremy Sisto, John Boyd, Katherine Renee Kane, Alana De La Garza

10:40 pm **FBI**(Rpt)

CC M
Violence

Flopped Cop

When a wealthy accountant is gunned down for secretly testifying against a notorious drug lord, the FBI's probe leads Tiffany to ask for help from an ex-cop friend who is related to the deadly don.

Starring: Zeeko Zaki, Katherine Renee Kane, John Boyd, Jeremy Sisto, Shantel Vansanten, Alana De La Garza

11:35 pm **The Sunday Project Encore** (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

12:30 am **Home Shopping** (Rpt)

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04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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Monday 24th June 2024

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(Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

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07:00 am The Talk

CC PG
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ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

08:00 am Neighbours Encore (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

Holly reaches her third strike. Aaron makes a risky decision. Leo sinks to a new low.

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Steffy and Hope argue after Steffy makes a serious threat. Meanwhile, Luna receives vital information she's been waiting for.

09:00 am Dr Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

10:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield.

10:30 am Deal Or No Deal (Rpt)

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.



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12:00 pm 10 News First: Midday

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

01:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

01:15 pm Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

01:45 pm MasterChef Australia Encore (Rpt)

CC PG
Coarse Language

SPECIAL ENCORE PRESENTATION

03:00 pm Everyday Gourmet With Justine Schofield

CC G

SEASON PREMIERE

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

Leo is presented with a tantalising offer. The Share House battle an unwelcome interloper. Out on the festival circuit, Melanie befriends an intriguing stranger.



SYDNEY PROGRAM GUIDE

Monday 24th June 2024

04:30 pm The Bold & The Beautiful

CC PG
Mild Themes

ALL NEW EPISODES

Katie becomes alarmed while discussing Luna with R.J. Meanwhile, Hope declares that she and Steffy are officially at war.

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Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

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06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

08:40 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

09:40 pm Aaron Chen Comedy Special (Rpt)

CC PG
Coarse Language,
Mature Themes

SPECIAL EVENT

Aaron Chen- If Weren't Filmed, Nobody Would Believe

Welcome to Aaron Chen's first stand-up special! Lucky were filmed.

10:35 pm 10's Late News

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



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Monday 24th June 2024

11:00 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

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01:30 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





SYDNEY PROGRAM GUIDE

Tuesday 25th June 2024

06:00 am The Drew Barrymore Show Encore
(Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

06:30 am The Drew Barrymore Show Encore
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Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

07:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

08:00 am Neighbours Encore (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

Leo is presented with a tantalising offer. The Share House battle an unwelcome interloper. Out on the festival circuit, Melanie befriends an intriguing stranger.

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Katie becomes alarmed while discussing Luna with R.J. Meanwhile, Hope declares that she and Steffy are officially at war.

09:00 am Dr Phil (Rpt)

CC PG
Sexual References,
Coarse Language

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

10:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

10:30 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

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12:00 pm	10 News First: Midday	CC	LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
01:00 pm	Entertainment Tonight	CC	ALL NEW EPISODES Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
01:20 pm	Judge Judy (Rpt)	CC PG	Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.
01:50 pm	MasterChef Australia Encore (Rpt)	CC	SPECIAL ENCORE PRESENTATION
03:00 pm	Everyday Gourmet With Justine Schofield	CC G	ALL NEW EPISODES Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.
03:30 pm	10 News First: Afternoon	CC	LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
04:00 pm	Neighbours	CC PG Mild Themes	ALL NEW EPISODES Melanie brings a mysterious new friend to Ramsay Street. Vic stoops to a shock move. JJ makes a game-changing discovery.



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Tuesday 25th June 2024

04:30 pm The Bold & The Beautiful

CC PG
Mild Themes

ALL NEW EPISODES

Brooke and Hope fight to keep the Hope for the Future fashion line alive. Meanwhile, It's a showdown when Li attempts to halt Bill and Luna's paternity test.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

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06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

08:40 pm The Cheap Seats

CC M
Coarse Language,
Mature Themes

ALL NEW EPISODES

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

09:40 pm NCIS (Rpt)

CC M
Violence,
Mature Themes

The Helpers

While investigating the death of an intruder at Quantico, Jimmy and Kasie are exposed to a deadly biotoxin, and the NCIS team calls on Doctor Carol Wilson for help as they race to find the antidote

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Rocky Carroll, Katrina Law



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Tuesday 25th June 2024

10:40 pm 10's Late News CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

11:05 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:05 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

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04:00 am Home Shopping (Rpt)

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04:30 am CBS Mornings CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Wednesday 26th June 2024

06:00 am The Drew Barrymore Show Encore
(Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

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07:00 am The Talk

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ALL NEW EPISODES

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08:00 am Neighbours Encore (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

Melanie brings a mysterious new friend to Ramsay Street. Vic stoops to a shock move. JJ makes a game-changing discovery.

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Brooke and Hope fight to keep the Hope for the Future fashion line alive. Meanwhile, It's a showdown when Li attempts to halt Bill and Luna's paternity test.

09:00 am Dr Phil (Rpt)

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Mature Themes

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10:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

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10:30 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

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CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

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CC

SPECIAL ENCORE PRESENTATION

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CC PG
Mild Themes

ALL NEW EPISODES

Holly's fascination with crime leads her to dangerous territory. JJ makes a disastrous decision as Harold is hit by a loss. A handsome newcomer sets his sights on a Ramsay Street Resident.



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07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

08:40 pm NCIS: Sydney

CC M
Violence

ALL NEW EPISODES

Bunker Down

A glitzy tech launch turns into a disaster, leaving half of NCIS: Sydney trapped underground, and the others scrambling to save the day before the clock ... and the oxygen ... runs out!

09:40 pm FBI: International

CC M
Violence

ALL NEW EPISODES

Maggie

A lavish sweet sixteen celebration is cut short after the mother of the birthday girl is found dead near their European estate, the Fly Team heads to Monaco to find the woman's murderer.

Starring: Luke Kleintank, Vinessa Vidotto, Christina Wolfe, Carter Redwood, Eva-Jane Willis



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SYDNEY PROGRAM GUIDE

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06:30 am Entertainment Tonight (Rpt)

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04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

Holly comes face to face with terror. Wendy embraces uni life. JJ makes a selfless sacrifice.

04:30 pm The Bold & The Beautiful

CC PG
Mild Themes

ALL NEW EPISODES

Ridge makes a surprising offer to Brooke. Hope vows to Steffy that Steffy will not get rid of the Logans. The identity of Luna's father is revealed.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Taskmaster Australia

CC

ALL NEW EPISODES

Tonight, Jenny plays duck, duck, goose, Wil once again shows off his love for sketch comedy, and contestants head to the live task-party trying to drop the least amount of hundreds and thousands!

08:40 pm Law & Order: S.V.U

CC M
Violence,
Mature Themes

ALL NEW EPISODES

Third Man Syndrome

A brutal assault in the street leads Carisi to pursue hate crime charges. Benson must support a homebound witness too scared to speak up.

Starring: Mariska Hargitay, Ice T, Peter Scanavino, Octavio Pisano, Jasmine Batchelor, Kevin Kane, Terry Serpico



SYDNEY PROGRAM GUIDE

Thursday 27th June 2024

09:40 pm Law & Order: S.V.U (Rpt)

CC M
Violence,
Mature Themes

Soldier Up

While Benson tries to help the young BX9 gang member who attacked her, Duarte reveals a shocking piece of evidence in the case. Fin is tasked with hiring new detectives for the Bronx SVU.

Starring: Mariska Hargitay, Ice T , Peter Scanavino, Octavio Pisano, Terry Serpico, Kevin Kane

10:30 pm 10's Late News

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

10:55 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Thursday 27th June 2024

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Friday 28th June 2024

06:00 am Judge Judy (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

06:30 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:00 am The Drew Barrymore Show (Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

07:30 am The Drew Barrymore Show (Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

08:00 am The Brighter Side: Save. Grow. Dream. (Rpt)

CC

Welcome to The Brighter Side. We meet Australians who share bright ideas and practical tips. From clever side hustles to mealtime ideas & money-saving tips, we'll help you make the most of your money.

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Ridge makes a surprising offer to Brooke. Hope vows to Steffy that Steffy will not get rid of the Logans. The identity of Luna's father is revealed.

09:00 am Dr Phil (Rpt)

CC PG
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

10:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

10:30 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.



SYDNEY PROGRAM GUIDE

Friday 28th June 2024

11:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

11:30 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

12:00 pm 10 News First: Midday

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

01:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

01:30 pm Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

02:00 pm Ready Steady Cook Encore (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Miguel Maestre is joined by Adam D'Sylva and Anna Polyviou in the RSC kitchen. In Round one, they cook with five ingredients, Round two, the chefs must create a dish inspired by an old classic.

03:00 pm Everyday Gourmet With Justine Schofield

CC G

ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Friday 28th June 2024

04:00 pm My Market Kitchen (Rpt)

CC G

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

04:30 pm The Bold & The Beautiful

CC PG
Mild Themes

ALL NEW EPISODES

Li gives Katie a cryptic warning about Poppy. Meanwhile, Steffy clarifies her perspective when Finn defends Hope.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal (Rpt)

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Have You Been Paying Attention? Encore (Rpt)

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

08:30 pm The Graham Norton Show (Rpt)

CC M
Coarse Language

Get ready for another hilarious, wickedly cheeky episode of The Graham Norton Show, with celebrity guests Julia Roberts, Timothee Chalamet, Hollywood great Tom Hanks and music legend, Cher!

09:30 pm The Cheap Seats Encore (Rpt)

CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.



SYDNEY PROGRAM GUIDE

Friday 28th June 2024

10:30 pm 10's Late News CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

10:55 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 28th June 2024

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 29th June 2024

06:00 am **What's Up Down Under** (Rpt) CC G

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

06:30 am **Leading The Way With Dr. Michael Youssef** CC G

ALL NEW EPISODES

2425 Hope Mexico Celebration TV Special

Religious.

07:00 am **On The Fly** (Rpt) CC G

Join Gavin Hurley as he breaks down the secrets of the fly fishing artform while taking you to some of the world's most amazing destinations.

07:30 am **Escape Fishing With ET** (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.

08:00 am **Farm To Fork** (Rpt) CC G

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

08:30 am **MasterChef Australia Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

09:40 am **My Market Kitchen** (Rpt) CC G

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

10:00 am **Ready Steady Cook Encore** (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Miguel Maestre is joined by Adam D'Sylva and Anna Polyviou in the RSC kitchen. In Round one, they cook with five ingredients, Round two, the chefs must create a dish inspired by an old classic.



SYDNEY PROGRAM GUIDE

Saturday 29th June 2024

11:00 am Australia By Design: Innovations (Rpt) CC PG

Now in its fifth season, Australia by Design: Innovations is all about Australian innovation, ingenuity and design excellence, it's about inspiration, disruption and changing the game.

SPECIAL ENCORE PRESENTATION

11:30 am The Drew Barrymore Show (Rpt) CC PG
Sexual References,
Mild Themes

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

SPECIAL ENCORE PRESENTATION

12:00 pm The Drew Barrymore Show (Rpt) CC PG
Sexual References,
Mild Themes

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

SPECIAL ENCORE PRESENTATION

12:30 pm The Drew Barrymore Show (Rpt) CC PG
Sexual References,
Mild Themes

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

SPECIAL ENCORE PRESENTATION

01:00 pm The Drew Barrymore Show (Rpt) CC PG
Sexual References,
Mild Themes

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

SPECIAL ENCORE PRESENTATION

01:30 pm The Drew Barrymore Show (Rpt) CC PG
Sexual References,
Mild Themes

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

ALL NEW EPISODES

02:00 pm Pooches At Play CC

Hosted by Dog Trainer and Behaviourist, Lara Shannon, get all the tips and advice you need to be the best carer and friend to your favourite furry pals.

02:30 pm The Yes Experiment (Rpt) CC G

When Dad Chris decided to take part in The Yes Experiment, he didn't expect his children Miles, Austin, Minnie and Floyd to include something special for him.



SYDNEY PROGRAM GUIDE

Saturday 29th June 2024

03:00 pm What's Up Down Under CC

03:30 pm Good Chef Bad Chef (Rpt) CC G

04:00 pm To Be Advised

05:00 pm 10 News First CC

06:00 pm The Brighter Side: Save. Grow. Dream. CC

06:30 pm To Be Advised

07:30 pm The Dog House (Rpt) CC PG
Mild Themes

08:30 pm Ambulance UK CC M
Coarse Language,
Mature Themes

09:45 pm Ambulance UK (Rpt) CC M
Mature Themes

ALL NEW EPISODES

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

ALL NEW EPISODES

Welcome to The Brighter Side. We meet Australians who share bright ideas and practical tips. From clever side hustles to mealtime ideas & money-saving tips, we'll help you make the most of your money.

Deaf parents Hannah and Craig and their mischievous boys Oliver and Felix meet cheeky cockapoo puppy Percy. Tiny Yorkie terrier pair Lola and Bailey show size doesn't matter when it comes to love.

ALL NEW EPISODES

t's Easter bank holiday weekend and the Ambulance service receive a spike in the number of mental health related calls.

A crew attend to a 20 weeks pregnant woman who has contracted Covid-19, while the North West Ambulance Call Centre is forced to take emergency calls from London, which is swamped with Covid cases.



SYDNEY PROGRAM GUIDE

Saturday 29th June 2024

11:00 pm **The Cheap Seats Encore** (Rpt)

CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

12:00 am **Home Shopping** (Rpt)

Home Shopping

12:30 am **Home Shopping** (Rpt)

Home Shopping

01:00 am **Home Shopping** (Rpt)

Home Shopping

01:30 am **Home Shopping** (Rpt)

Home Shopping

02:00 am **Home Shopping** (Rpt)

Home Shopping

02:30 am **Home Shopping** (Rpt)

Home Shopping

03:00 am **Home Shopping** (Rpt)

Home Shopping

03:30 am **Home Shopping** (Rpt)

Home Shopping

04:00 am **Home Shopping** (Rpt)

Home Shopping

04:30 am **Home Shopping** (Rpt)

Home Shopping

05:00 am **Hour Of Power**

G

ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.