



# SYDNEY PROGRAM GUIDE

Sunday 28th July 2024

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

**06:30 am Key Of David** CC PG  
Mature Themes

## ALL NEW EPISODES

The Key of David covers today's most important events with a unique perspective. Not only does the program tell you what's happening to our society and our world, it tells you why.

**07:00 am Joseph Prince: New Creation Church** CC G

## ALL NEW EPISODES

### 532 Victory In Your Day Of Trouble

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church in Singapore.

**07:30 am Good Chef Bad Chef (Rpt)** CC G

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**08:00 am Everyday Gourmet With Justine Schofield (Rpt)** CC G

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

**08:30 am Freshly Picked With Simon Toohey (Rpt)** CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

**09:00 am Taste Of Australia - BBQ Special (Rpt)** CC G

### Little Manly Point

Hayden sets up the BBQ in the park at Little Manly Point and has a tasty range of dishes ready to go: butterflied chicken, salmon flatbreads, and rotisserie mushrooms.



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<b>09:30 am</b>	<b>The Drew Barrymore Show</b> (Rpt)	CC PG Sexual References, Mild Themes	<p><b>SPECIAL ENCORE PRESENTATION</b>  <b><u>#4102r - Drew's News With Mark Rober</u></b>            Host Drew Barrymore brings her infectious brand of humor and positivity to daytime, with guest Mark Rober.</p>
<b>10:00 am</b>	<b>The Drew Barrymore Show</b> (Rpt)	CC PG Sexual References, Mild Themes	<p><b>SPECIAL ENCORE PRESENTATION</b>  <b><u>#4167r - Demi Lovato</u></b>            Host Drew Barrymore brings her infectious brand of humor and positivity to daytime, with guest Demi Lovato</p>
<b>10:30 am</b>	<b>The Drew Barrymore Show</b> (Rpt)	CC PG Sexual References, Mild Themes	<p><b>SPECIAL ENCORE PRESENTATION</b>  <b><u>#4168r - Damona Hoffman, Pilar Valdes</u></b>            Host Drew Barrymore brings her infectious brand of humor and positivity to daytime, with guests Damona Hoffman and Pilar Valdes.</p>
<b>11:00 am</b>	<b>To Be Advised</b>		
<b>12:00 pm</b>	<b>Taskmaster Australia Encore</b> (Rpt)	CC	<p><b>SPECIAL ENCORE PRESENTATION</b>            Tonight, Tom Cashman co-stars in the contestants' action-packed short film, secret marshmallows take centre stage in the final live task before a tiebreaker to decide this season's winner!</p>
<b>01:00 pm</b>	<b>My Market Kitchen</b> (Rpt)	CC G	<p>Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.</p>
<b>01:30 pm</b>	<b>Good Chef Bad Chef</b> (Rpt)	CC G	<p>Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.</p>
<b>02:00 pm</b>	<b>Everyday Gourmet With Justine Schofield</b> (Rpt)	CC G	<p>Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield.</p>
<b>02:30 pm</b>	<b>Food Trail: South Africa</b> (Rpt)	CC G	<p><b><u>Paternoster By The Sea</u></b>            Warren is heading into the picturesque town of Paternoster, with a local fisherman to haul a few of South Africa's famous crayfish to make a rich bisque and pasta dish with their sweet meat.</p>



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<b>03:00 pm Hungry</b> (Rpt)	CC G	Renowned chef George Calombaris is going back to his roots with an unapologetically candid new series and he's taking restaurateur Sarah Todd along the food journey.
<b>03:30 pm The Big Bang Theory</b> (Rpt)	CC PG	<p><b><u>The Clean Room Infiltration</u></b></p> <p>Amy hosts a traditional Victorian Christmas Eve dinner as Raj's father comes to visit, while the guys try to shoo out a bird they let into the university clean room.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p>
<b>04:00 pm The Big Bang Theory</b> (Rpt)	CC PG	<p><b><u>The Graduation Transmissio</u></b></p> <p>Howard questions his engineering abilities when he and Sheldon can't get a toy drone to fly. A cancelled flight nearly prevents Leonard from giving the commencement address at his former high school.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p>
<b>04:30 pm Deal Or No Deal</b> (Rpt)	CC G	Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.
<b>05:00 pm 10 News First</b>	CC	<p><b>LIVE</b></p> <p>Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>
<b>06:30 pm The Sunday Project</b>	CC	<p><b>LIVE</b></p> <p>Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.</p>
<b>07:30 pm Jack Reacher: Never Go Back</b> (Rpt) (2016)	CC M Violence, Coarse Language	<p><b>MOVIE</b></p> <p>When Major Susan Turner is framed for treason, Jack Reacher is forced to go on the lam to uncover the truth behind a massive government conspiracy that involves the death of U.S. soldiers.</p> <p>Starring: Tom Cruise, Cobie Smulders, Danika Yarosh, Holt McCallany, Patrick Heusinger</p>



# SYDNEY PROGRAM GUIDE

## Sunday 28th July 2024

09:55 pm **FBI**(Rpt)

CC M  
Violence

### Protege

Maggie reconnects with an old colleague and mentor as the team investigates the murder of a professional informant who is found dead outside an abandoned factory in Red Hook.

Starring: Zeeko Zaki, Missy Peregrym, Jeremy Sisto, Alana De La Garza, Katherine Renee Kane

Guest Starring: Joelle Carter

10:50 pm **The Sunday Project Encore** (Rpt)

CC

### **SPECIAL ENCORE PRESENTATION**

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am **Home Shopping** (Rpt)

Home Shopping

12:30 am **Home Shopping** (Rpt)

Home Shopping

01:00 am **Home Shopping** (Rpt)

Home Shopping

01:30 am **Home Shopping** (Rpt)

Home Shopping

02:00 am **Home Shopping** (Rpt)

Home Shopping

02:30 am **Home Shopping** (Rpt)

Home Shopping

03:00 am **Home Shopping** (Rpt)

Home Shopping

03:30 am **Home Shopping** (Rpt)

Home Shopping

04:00 am **Home Shopping** (Rpt)

Home Shopping

04:30 am **CBS Mornings**

CC

### **ALL NEW EPISODES**

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



# SYDNEY PROGRAM GUIDE

Monday 29th July 2024

**06:00 am Judge Judy** (Rpt)

CC PG

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

**06:30 am Entertainment Tonight** (Rpt)

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:00 am The Drew Barrymore Show** (Rpt)

CC PG  
Sexual References,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

### **#4133r - Lucy Hale And Nat Wolff**

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guests, Lucy Hale and Nat Wolff.

**07:30 am The Drew Barrymore Show** (Rpt)

CC PG  
Sexual References,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

### **#4134r - Mikel Welch**

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guest Mikel Welch.

**08:00 am Neighbours Encore** (Rpt)

CC PG  
Mild Themes

## SPECIAL ENCORE PRESENTATION

**08:30 am The Bold & The Beautiful** (Rpt)

CC PG  
Mild Themes

The Forrester Fourth of July party sets off fireworks in the sky and of the heart.

**09:00 am Dr Phil** (Rpt)

CC PG  
Sexual References,  
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**10:00 am Everyday Gourmet With Justine Schofield** (Rpt)

CC G

## SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

**10:30 am Deal Or No Deal** (Rpt)

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.



# SYDNEY PROGRAM GUIDE

Monday 29th July 2024

**11:00 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

### #4149r - Chrissy Teigen

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guest Chrissy Teigen.

**11:30 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

### #4150r - Dave Karger

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guest Dave Karger

**12:00 pm 10 News First: Midday**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**01:00 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**01:30 pm Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

**02:00 pm To Be Advised**

**03:00 pm Everyday Gourmet With Justine Schofield**

CC G

## ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

**03:30 pm 10 News First: Afternoon**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**04:00 pm Neighbours**

CC PG  
Mild Themes

## ALL NEW EPISODES

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

## ALL NEW EPISODES

Poppy realises that she may be in serious competition with Katie. Hope is devastated as Eric raises a toast to Paris and Thomas.



# SYDNEY PROGRAM GUIDE

Monday 29th July 2024

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Deal Or No Deal**

CC G

## ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**06:30 pm The Project**

CC

## LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Deal Or No Deal: Celebrity Jackpot**

CC PG  
Sexual References,  
Mild Coarse  
Language

## SPECIAL EVENT

### Masterchef

Hot out of the kitchen and onto the podium, MasterChef Australia judges Andy Allen and Sofia Levin are hoping to win \$250,000 for their charity MND Victoria, in this special Celebrity Jackpot edition of Deal or No Deal.

**08:30 pm Have You Been Paying Attention?**

CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## ALL NEW EPISODES

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

**09:30 pm Ghosts**

CC PG  
Sexual References

## ALL NEW EPISODES

### The Silent Partner

A big investor backs out of Sam and Jay's restaurant, leaving them to turn to the one ghost who has money, Isaac.

Starring: Rose McIver, Utkarsh Ambudkar, Richie Moriarty, Asher Grodman, Danielle Pinnoch, Brandon Scott Jones

**09:55 pm Ghosts (Rpt)**

CC PG  
Mature Themes

### Jay's Friends

Sam gets alarmed when the ghosts suggest Jay's new friends may be part of a cult run by a charismatic leader named Micah. Pete changes his attitude after Sasappis criticizes his unceasing cheeriness.

Starring: Rose McIver, Utkarsh Ambudkar, Danielle Pinnoch, Brandon Scott Jones, Asher Grodman, Richie Moriarty



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Monday 29th July 2024

10:25 pm 10's Late News CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

10:50 pm The Project Encore (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

11:55 pm The Late Show With Stephen Colbert CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

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Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings CC

## ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burseson.





# SYDNEY PROGRAM GUIDE

Tuesday 30th July 2024

**06:00 am Judge Judy (Rpt)** CC PG

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

**06:30 am Entertainment Tonight (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:00 am The Drew Barrymore Show (Rpt)** CC PG  
Sexual References, Mild Themes

## SPECIAL ENCORE PRESENTATION

**#4149r - Chrissy Teigen**  
Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guest Chrissy Teigen.

**07:30 am The Drew Barrymore Show (Rpt)** CC PG  
Sexual References, Mild Themes

## SPECIAL ENCORE PRESENTATION

**#4150r - Dave Karger**  
Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guest Dave Karger

**08:00 am Neighbours Encore (Rpt)** CC PG  
Mild Themes

## SPECIAL ENCORE PRESENTATION

**08:30 am The Bold & The Beautiful (Rpt)** CC PG  
Mild Themes

Poppy realises that she may be in serious competition with Katie. Hope is devastated as Eric raises a toast to Paris and Thomas.

**09:00 am Dr Phil (Rpt)** CC PG  
Coarse Language, Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**10:00 am Everyday Gourmet With Justine Schofield (Rpt)** CC G

## SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

**10:30 am Deal Or No Deal (Rpt)** CC G

## SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.





# SYDNEY PROGRAM GUIDE

Tuesday 30th July 2024

11:00 am	The Drew Barrymore Show	CC PG Sexual References, Mild Themes	<p><b>ALL NEW EPISODES</b></p> <p><b><u>#4107r - Matt Bomer, Jonathan Bailey, Noah J. Ricketts, Jelani Alladin And Allison Williams</u></b></p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guests, Matt Bomer, Jonathan Bailey, Noah J. Ricketts, Jelani Alladin and Allison Williams.</p>
11:30 am	The Drew Barrymore Show	CC PG Sexual References, Mild Themes	<p><b>ALL NEW EPISODES</b></p> <p><b><u>#4108r - Matt Bomer, Jonathan Bailey And Chef Buddha Lo</u></b></p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guests Matt Bomer, Jonathan Bailey And Chef Buddha Lo</p>
12:00 pm	10 News First: Midday	CC	<p><b>LIVE</b></p> <p>Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>
01:00 pm	Entertainment Tonight	CC	<p><b>ALL NEW EPISODES</b></p> <p>Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.</p>
01:30 pm	Judge Judy (Rpt)	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.</p>
02:00 pm	Deal Or No Deal Celebrity Jackpot (Rpt)	CC PG Sexual References, Mild Coarse Language	<p><b>SPECIAL ENCORE PRESENTATION</b></p> <p><b><u>Masterchef</u></b></p> <p>Hot out of the kitchen and onto the podium, MasterChef Australia judges Andy Allen and Sofia Levin are hoping to win \$250,000 for their charity MND Victoria, in this special Celebrity Jackpot edition of Deal or No Deal.</p>
03:00 pm	Everyday Gourmet With Justine Schofield	CC G	<p><b>ALL NEW EPISODES</b></p> <p>Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.</p>
03:30 pm	10 News First: Afternoon	CC	<p><b>LIVE</b></p> <p>Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>



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Tuesday 30th July 2024

**04:00 pm Neighbours**

CC PG  
Mild Themes

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

**05:00 pm 10 News First**

CC

**06:00 pm Deal Or No Deal**

CC G

**06:30 pm The Project**

CC

**07:30 pm Dogs Behaving (Very) Badly Australia**

CC

**08:30 pm The Cheap Seats**

CC M  
Coarse Language,  
Mature Themes

**09:30 pm NCIS (Rpt)**

CC M  
Violence

## ALL NEW EPISODES

## ALL NEW EPISODES

Paris gets busy planning her wedding. Thomas goes to extremes to prove a point to Hope.

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

## ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

## LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

## ALL NEW EPISODES

Can Graeme help rescue pup Leo bond with his human brother? Two loud schnauzers are very bad for a doggy couture business. On the Sunshine Coast, a cocker spaniel is ruining a family's lifestyle.

## ALL NEW EPISODES

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

## Birds Of A Feather

When Agent Parker is framed for murder, the team puts their jobs and lives on the line to buy time and uncover the truth.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll



# SYDNEY PROGRAM GUIDE

Tuesday 30th July 2024

**10:30 pm 10's Late News** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**10:55 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:00 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

**01:00 am Home Shopping (Rpt)**

**Home Shopping**

**01:30 am Home Shopping (Rpt)**

**Home Shopping**

**02:00 am Home Shopping (Rpt)**

**Home Shopping**

**02:30 am Home Shopping (Rpt)**

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**03:00 am Home Shopping (Rpt)**

**Home Shopping**

**03:30 am Home Shopping (Rpt)**

**Home Shopping**

**04:00 am Home Shopping (Rpt)**

**Home Shopping**

**04:30 am CBS Mornings** CC

## ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burses.



# SYDNEY PROGRAM GUIDE

Wednesday 31st July 2024

**06:00 am Judge Judy** (Rpt)

CC PG

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

**06:30 am Entertainment Tonight** (Rpt)

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:00 am The Drew Barrymore Show** (Rpt)

CC PG  
Sexual References,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

**#4107r - Matt Bomer, Jonathan Bailey, Noah J. Ricketts, Jelani Alladin And Allison Williams**

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guests, Matt Bomer, Jonathan Bailey, Noah J. Ricketts, Jelani Alladin and Allison Williams.

**07:30 am The Drew Barrymore Show** (Rpt)

CC PG  
Sexual References,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

**#4108r - Matt Bomer, Jonathan Bailey And Chef Buddha Lo**

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guests Matt Bomer, Jonathan Bailey And Chef Buddha Lo

**08:00 am Neighbours Encore** (Rpt)

CC PG  
Mild Themes

## SPECIAL ENCORE PRESENTATION

**08:30 am The Bold & The Beautiful** (Rpt)

CC PG  
Mild Themes

Paris gets busy planning her wedding. Thomas goes to extremes to prove a point to Hope.

**09:00 am Dr Phil** (Rpt)

CC PG  
Coarse Language,  
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**10:00 am Everyday Gourmet With Justine Schofield** (Rpt)

CC G

## SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.



# SYDNEY PROGRAM GUIDE

Wednesday 31st July 2024

**10:30 am Deal Or No Deal (Rpt)** CC G

## SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**11:00 am The Drew Barrymore Show** CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

### **#4144r - Andie Macdowell, Dermot Mulroney & Mary Stuart Masterson**

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guests, Andie Macdowell, Dermot Mulroney and Mary Stuart Masterson.

**11:30 am The Drew Barrymore Show** CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

### **#4096r - Ross Mathews**

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with Ross Mathews.

**12:00 pm 10 News First: Midday** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**01:00 pm Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**01:30 pm Judge Judy (Rpt)** CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

**02:00 pm To Be Advised**

**03:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.



# SYDNEY PROGRAM GUIDE

Wednesday 31st July 2024

**03:30 pm 10 News First: Afternoon**

CC

**LIVE**

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**04:00 pm Neighbours**

CC PG  
Mild Themes

**ALL NEW EPISODES**

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

**ALL NEW EPISODES**

Steffy, Thomas, Paris, and Douglas share a family moment. Finn helps Hope navigate her feelings towards Thomas.

**05:00 pm 10 News First**

CC

**LIVE**

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Deal Or No Deal**

CC G

**ALL NEW EPISODES**

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**06:30 pm The Project**

CC

**LIVE**

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm New: Bondi Rescue**

CC PG  
Coarse Language,  
Drug Use

**ALL NEW EPISODES**

New Episode: When surfer Damo is treated for a spinal injury, lifeguards fear the worst. Double episode.

**08:00 pm New: Bondi Rescue**

CC PG  
Coarse Language,  
Mild Themes

**ALL NEW EPISODES**

New Episode: Bluebottles swarm at Bondi, so Harries devises a magical treatment for the stings.



# SYDNEY PROGRAM GUIDE

Wednesday 31st July 2024

**08:30 pm New: Ambulance Australia**

CC M  
Coarse Language,  
Medical Procedures

## ALL NEW EPISODES

Sydney Call Centre is receiving a higher than average number of unusual calls as paramedics respond to a dog bite, a car crashed into a shop, and one of the fastest response times in Ambulance history.

**09:30 pm New: FBI: International**

CC M  
Violence,  
Drug References

## ALL NEW EPISODES

### Remove The Compromise

Assistant Special Agent in Charge Jubal Valentine heads to Budapest to personally help the Fly Team and the CIA take down the cartel that murdered his former girlfriend and colleague.

Starring: Luke Kleintank, Vinessa Vidotto, Christina Wolfe, Carter Redwood, Eva-Jane Willis

**10:30 pm 10's Late News**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**10:55 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:00 am The Late Show With Stephen Colbert**

CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

**01:00 am Home Shopping (Rpt)**

Home Shopping

**01:30 am Home Shopping (Rpt)**

Home Shopping

**02:00 am Home Shopping (Rpt)**

Home Shopping





# SYDNEY PROGRAM GUIDE

## Wednesday 31st July 2024

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS Mornings**

CC

### **ALL NEW EPISODES**

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



# SYDNEY PROGRAM GUIDE

Thursday 01st August 2024

**06:00 am Judge Judy (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

**06:30 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:00 am The Drew Barrymore Show (Rpt)**

CC PG  
Sexual References,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

**#4144r - Andie Macdowell, Dermot Mulroney & Mary Stuart Masterson**

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guests, Andie Macdowell, Dermot Mulroney and Mary Stuart Masterson.

**07:30 am The Drew Barrymore Show (Rpt)**

CC PG  
Sexual References,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

**#4096r - Ross Mathews**

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with Ross Mathews.

**08:00 am Neighbours Encore (Rpt)**

CC PG  
Mild Themes

## SPECIAL ENCORE PRESENTATION

**08:30 am The Bold & The Beautiful (Rpt)**

CC PG  
Mild Themes

Steffy, Thomas, Paris, and Douglas share a family moment. Finn helps Hope navigate her feelings towards Thomas.

**09:00 am Dr Phil (Rpt)**

CC PG  
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**10:00 am Everyday Gourmet With Justine Schofield (Rpt)**

CC G

## SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.



# SYDNEY PROGRAM GUIDE

Thursday 01st August 2024

**10:30 am Deal Or No Deal (Rpt)** CC G

## SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**11:00 am The Drew Barrymore Show** CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

### #4027r - Daymond John

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime and guest Daymond John.

**11:30 am The Drew Barrymore Show** CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

### #4028r - Daymond John And Pilar Valdes

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guests, Daymond John and Pilar Valdes.

**12:00 pm 10 News First: Midday** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**01:00 pm Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**01:30 pm Judge Judy (Rpt)** CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

**02:00 pm Taskmaster Australia Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Tonight, Tom Cashman co-stars in the contestants' action-packed short film, secret marshmallows take centre stage in the final live task before a tiebreaker to decide this season's winner!

**03:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.



# SYDNEY PROGRAM GUIDE

Thursday 01st August 2024

**03:30 pm 10 News First: Afternoon**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**04:00 pm Neighbours**

CC PG  
Mild Themes

## ALL NEW EPISODES

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

## ALL NEW EPISODES

Brooke gives sage advice to Hope about repeating the past. Steffy and Finn share a steamy kiss.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Deal Or No Deal**

CC G

## ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**06:30 pm The Project**

CC

## LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm New: The Dog House Australia**

CC PG  
Mild Themes

## ALL NEW EPISODES

Is Terrier Penny is the perfect match for Josan? Will border collie Gecko develop of deep bond with Abbey? Will ten week old Ember be able to cope with Ben's dog Bronson's rough play style?

**08:40 pm New: Law & Order: S.V.U**

CC M  
Violence

## ALL NEW EPISODES

### Marauder

Agent Sykes struggles to cope on the anniversary of her sister's disappearance. Benson suspects a cold case from Manhattan could help her get closure.

Starring: Mariska Hargitay, Ice T , Peter Scanavino, Octavio Pisano, Jasmine Batchelor, Kevin Kane, Terry Serpico



# SYDNEY PROGRAM GUIDE

Thursday 01st August 2024

09:40 pm **Law & Order: S.V.U** (Rpt)

CC M  
Violence,  
Drug References,  
Mature Themes

### King Of The Moon

A famous writer suffering with dementia confesses to murder, but Benson believes there's more to the case. With squadroom rumours swirling, Fin presses Velasco for the truth about the taped confession

Starring: Mariska Hargitay, Ice T , Peter Scanavino, Octavio Pisano

Guest Starring: Bradley Whitford

10:35 pm **10's Late News**

CC

### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

11:00 pm **The Project Encore** (Rpt)

CC

### SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am **The Late Show With Stephen Colbert** CC PG

### ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am **Home Shopping** (Rpt)

Home Shopping

01:30 am **Home Shopping** (Rpt)

Home Shopping

02:00 am **Home Shopping** (Rpt)

Home Shopping

02:30 am **Home Shopping** (Rpt)

Home Shopping

03:00 am **Home Shopping** (Rpt)

Home Shopping

03:30 am **Home Shopping** (Rpt)

Home Shopping





# SYDNEY PROGRAM GUIDE

Thursday 01st August 2024

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

## ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





# SYDNEY PROGRAM GUIDE

Friday 02nd August 2024

**06:00 am Judge Judy** (Rpt)

CC PG

## SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

**06:30 am Entertainment Tonight** (Rpt)

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:00 am The Drew Barrymore Show** (Rpt)

CC PG  
Sexual References,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

### **#4027r - Daymond John**

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime and guest Daymond John.

**07:30 am The Drew Barrymore Show** (Rpt)

CC PG  
Sexual References,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

### **#4028r - Daymond John And Pilar Valdes**

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guests, Daymond John and Pilar Valdes.

**08:00 am Pooches At Play** (Rpt)

CC

Hosted by Dog Trainer and Behaviourist, Lara Shannon, get all the tips and advice you need to be the best carer and friend to your favourite furry pals.

**08:30 am The Bold & The Beautiful** (Rpt)

CC PG  
Mild Themes

Brooke gives sage advice to Hope about repeating the past. Steffy and Finn share a steamy kiss.

**09:00 am Dr Phil** (Rpt)

CC PG  
Coarse Language,  
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**10:00 am Everyday Gourmet With Justine Schofield** (Rpt)

CC G

## SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

**10:30 am Deal Or No Deal** (Rpt)

CC G

## SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.



# SYDNEY PROGRAM GUIDE

Friday 02nd August 2024

<b>11:00 am</b>	<b>The Drew Barrymore Show</b>	CC PG Sexual References, Mild Themes	<p><b>ALL NEW EPISODES</b> <b><u>#4207r - Millie Bobby Brown</u></b></p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guest Millie Bobby Brown.</p>
<b>11:30 am</b>	<b>The Drew Barrymore Show</b>	CC PG Sexual References, Mild Themes	<p><b>ALL NEW EPISODES</b> <b><u>#4210r - Jack Antonoff</u></b></p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guest Jack Antonoff.</p>
<b>12:00 pm</b>	<b>10 News First: Midday</b>	CC	<p><b>LIVE</b></p> <p>Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>
<b>01:00 pm</b>	<b>Entertainment Tonight</b>	CC	<p><b>ALL NEW EPISODES</b></p> <p>Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.</p>
<b>01:30 pm</b>	<b>Judge Judy (Rpt)</b>	CC PG	<p>Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.</p>
<b>02:00 pm</b>	<b>Dr Phil (Rpt)</b>	CC	<p>Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.</p>
<b>03:00 pm</b>	<b>Everyday Gourmet With Justine Schofield</b>	CC G	<p><b>ALL NEW EPISODES</b></p> <p>Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.</p>
<b>03:30 pm</b>	<b>10 News First: Afternoon</b>	CC	<p><b>LIVE</b></p> <p>Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>
<b>04:00 pm</b>	<b>My Market Kitchen (Rpt)</b>	CC G	<p>Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.</p>





# SYDNEY PROGRAM GUIDE

Friday 02nd August 2024

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

## ALL NEW EPISODES

Poppy and Luna enjoy the finer side of being part of the Spencer family. Tom's backpack is found in a storage closet at Il Giardino.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Deal Or No Deal (Rpt)**

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**06:30 pm The Project**

CC

## LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Have You Been Paying Attention? Encore (Rpt)**

CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## SPECIAL ENCORE PRESENTATION

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

**08:30 pm The Graham Norton Show (Rpt)**

CC M  
Violence,  
Coarse Language

Get ready for hilarious, wickedly cheeky episode of The Graham Norton Show, with celebrity guests Bradley Cooper, Carey Mulligan, Bryan Cranston, Bryce Dallas Howard, Daniel Kaluuya and Kevin Bridges.

**09:30 pm The Cheap Seats Encore (Rpt)**

CC M  
Coarse Language,  
Mature Themes

## SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

**10:30 pm 10's Late News**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



# SYDNEY PROGRAM GUIDE

Friday 02nd August 2024

10:55 pm **The Project Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am **The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am **Home Shopping** (Rpt)

**Home Shopping**

01:30 am **Home Shopping** (Rpt)

**Home Shopping**

02:00 am **Home Shopping** (Rpt)

**Home Shopping**

02:30 am **Home Shopping** (Rpt)

**Home Shopping**

03:00 am **Home Shopping** (Rpt)

**Home Shopping**

03:30 am **Home Shopping** (Rpt)

**Home Shopping**

04:00 am **Home Shopping** (Rpt)

**Home Shopping**

04:30 am **Home Shopping** (Rpt)

**Home Shopping**

05:00 am **Home Shopping** (Rpt)

**Home Shopping**

05:30 am **Home Shopping** (Rpt)

**Home Shopping**





# SYDNEY PROGRAM GUIDE

Saturday 03rd August 2024

<b>06:00 am</b>	<b>What's Up Down Under</b> (Rpt)	CC PG Mild Themes	Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!
<b>06:30 am</b>	<b>Leading The Way With Dr. Michael Youssef</b>	CC PG	<p><b>ALL NEW EPISODES</b>  <b><u>#2431 A Heart For God: Part 05 "Peace Beyond Reason"</u></b></p>
<b>07:00 am</b>	<b>Reel Action</b> (Rpt)	CC PG Coarse Language	<p><b>SPECIAL ENCORE PRESENTATION</b></p> <p>Series 12 kicks off with a competitive Flathead session on the Mid North Coast of NSW. Michael Guest teams up with cricket legend Mark "Tubby" Taylor and Berkley's pro angler Russell Babekuhl.</p>
<b>07:30 am</b>	<b>On The Fly</b> (Rpt)	CC G	Join Gavin Hurley as he breaks down the secrets of the fly fishing artform while taking you to some of the world's most amazing destinations.
<b>08:00 am</b>	<b>IFISH</b> (Rpt)	CC G	<p><b>SPECIAL ENCORE PRESENTATION</b></p> <p>Ifish with BCF follows the journey of Paul Worsteling and his family as they travel around Australia and the globe in search of memorable fishing moments and encounters with classic characters.</p>
<b>08:30 am</b>	<b>Escape Fishing With ET</b> (Rpt)	CC G	Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.
<b>09:00 am</b>	<b>My Market Kitchen</b> (Rpt)	CC G	Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.
<b>09:30 am</b>	<b>Freshly Picked With Simon Toohey</b> (Rpt)	CC G	In this Christmas special, join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.



# SYDNEY PROGRAM GUIDE

Saturday 03rd August 2024

<b>10:00 am Deal Or No Deal Celebrity Jackpot (Rpt)</b>	CC PG Sexual References, Mild Coarse Language	<p><b>SPECIAL ENCORE PRESENTATION</b> <b><u>Masterchef</u></b> Hot out of the kitchen and onto the podium, MasterChef Australia judges Andy Allen and Sofia Levin are hoping to win \$250,000 for their charity MND Victoria, in this special Celebrity Jackpot edition of Deal or No Deal.</p>
<b>11:00 am Healthy Homes (Rpt)</b>	CC G	<p>Home, garden, lifestyle or build - Walt Collins and Dani Reilly have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.</p>
<b>11:30 am The Drew Barrymore Show (Rpt)</b>	CC PG Sexual References, Mild Themes	<p><b>SPECIAL ENCORE PRESENTATION</b> <b><u>#4149r - Chrissy Teigen</u></b> Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guest Chrissy Teigen.</p>
<b>12:00 pm The Drew Barrymore Show (Rpt)</b>	CC PG Sexual References, Mild Themes	<p><b>SPECIAL ENCORE PRESENTATION</b> <b><u>#4150r - Dave Karger</u></b> Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guest Dave Karger</p>
<b>12:30 pm The Drew Barrymore Show (Rpt)</b>	CC PG Sexual References, Mild Themes	<p><b>SPECIAL ENCORE PRESENTATION</b> <b><u>#4107r - Matt Bomer, Jonathan Bailey, Noah J. Ricketts, Jelani Alladin And Allison Williams</u></b> Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guests, Matt Bomer, Jonathan Bailey, Noah J. Ricketts, Jelani Alladin and Allison Williams.</p>
<b>01:00 pm Good Chef Bad Chef (Rpt)</b>	CC G	<p>Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.</p>
<b>01:30 pm Farm To Fork (Rpt)</b>	CC G	<p>Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.</p>



# SYDNEY PROGRAM GUIDE

Saturday 03rd August 2024

**02:00 pm Pooches At Play** CC

## ALL NEW EPISODES

Hosted by Dog Trainer and Behaviourist, Lara Shannon, get all the tips and advice you need to be the best carer and friend to your favourite furry pals.

**02:30 pm Everyday Gourmet With Justine Schofield (Rpt)** CC G

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

**03:00 pm My Market Kitchen (Rpt)** CC G

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

**03:30 pm The Big Bang Theory (Rpt)** CC PG

### The Maternal Combustion

Personalities collide when Leonard and Sheldon's mothers meet for the first time. Bernadette reaches her limit with Howard and Stuart.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

Guest Starring: Christine Baranski, Laurie Metcalf

**04:00 pm The Big Bang Theory (Rpt)** CC PG  
Sexual References

### The Commitment Determination

As Sheldon presses Leonard and Penny to set a wedding date, he encounters major changes in his relationship with Amy. Meanwhile, Howard and Bernadette struggle to ask Stuart to move out.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

**04:30 pm Deal Or No Deal (Rpt)** CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



# SYDNEY PROGRAM GUIDE

Saturday 03rd August 2024

**06:00 pm Bondi Rescue Encore (Rpt)**

CC PG  
Coarse Language,  
Drug Use

## SPECIAL ENCORE PRESENTATION

New Episode: When surfer Damo is treated for a spinal injury, lifeguards fear the worst. Double episode.

**06:30 pm Bondi Rescue Encore (Rpt)**

CC PG  
Coarse Language,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

New Episode: Bluebottles swarm at Bondi, so Harries devises a magical treatment for the stings.

**07:00 pm The Dog House (Rpt)**

CC G

Harry is hoping to find a best friend that likes to play fetch, and Ollie the Spaniel seems perfect. Roz & John want to help their recently blind Cockapoo Marnie. Will she accept guidance from Bella?

**08:00 pm To Be Advised**

**09:00 pm Ambulance UK (Rpt)**

CC M  
Coarse Language,  
Drug References,  
Mature Themes

An urgent call from someone threatening to use a nerve agent against the emergency services leads to major incident standby being declared.

Voices: Christopher Eccleston

**10:15 pm Ambulance UK (Rpt)**

CC M  
Coarse Language,  
Drug References,  
Mature Themes

With junior NHS doctors on strike, ambulance crews respond to several road traffic accidents, including one where a man requires advanced pain relief after severely injuring his penis and testicles.

Voices: Christopher Eccleston

**11:30 pm The Cheap Seats Encore (Rpt)**

CC M  
Coarse Language,  
Mature Themes

## SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

**12:30 am Home Shopping (Rpt)**

**Home Shopping**



# SYDNEY PROGRAM GUIDE

## Saturday 03rd August 2024

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power

G

### ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.