



SYDNEY PROGRAM GUIDE

Sunday 11th August 2024

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

06:30 am Key Of David CC PG
Mature Themes

ALL NEW EPISODES

The Key of David covers today's most important events with a unique perspective. Not only does the program tell you what's happening to our society and our world, it tells you why.

07:00 am Joseph Prince: New Creation Church CC G

ALL NEW EPISODES

534 The Rapture Your Blessed Hope In Dark Times

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church in Singapore.

07:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

08:00 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

08:30 am Freshly Picked With Simon Toohey (Rpt) CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

09:00 am Taste Of Australia - BBQ Special (Rpt) CC G

Manly Cove

Hayden starts the day with an early morning run with his running club, before he gets his BBQ on to serve up a glazed salmon side, hot pork rolls, and a mushroom and ricotta pizza.



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Sunday 11th August 2024

09:30 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<u>#4045r - Dan Souza</u> Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guest Dan Souza.
10:00 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<u>#4039r - John Stamos</u> Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guest John Stamos.
10:30 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<u>#4021r - Giada De Laurentiis</u> Host Drew Barrymore brings her infectious brand of humor and positivity to daytime with guest Giada De Laurentiis.
11:00 am	To Be Advised		
12:00 pm	Planet Shapers (Rpt)	CC G	<u>Planet Shapers</u> Sustainability stories about innovating and adapting to create a more sustainable world.
12:30 pm	Cook With Luke (Rpt)	CC G	Your home of quick, tasty, good food. Cooking healthy and delicious meals has never been easier with Luke Hines in your kitchen.
01:00 pm	My Market Kitchen (Rpt)	CC G	Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.
01:30 pm	Good Chef Bad Chef (Rpt)	CC G	Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
02:00 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield.
02:30 pm	Farm To Fork (Rpt)	CC G	Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.



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Sunday 11th August 2024

03:00 pm Hungry (Rpt)

CC PG
Coarse Language

Renowned chef George Calombaris is going back to his roots with an unapologetically candid new series and he's taking restaurateur Sarah Todd along the food journey.

03:30 pm The Big Bang Theory (Rpt)

CC PG
Sexual References

The Positive Negative Reaction

Bernadette reveals her pregnancy to Howard and the rest of the gang.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

04:00 pm The Big Bang Theory (Rpt)

CC PG

The Celebration Experimentation

The gang convinces Sheldon to celebrate his birthday and throw him a party.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

Guest Starring: Stephen Hawking, Adam West

04:30 pm Deal Or No Deal (Rpt)

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Sunday Project

CC

LIVE

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Top Gun: Maverick (Rpt)(2022)

CC M
Violence,
Coarse Language

MOVIE

After 30 years, Maverick is still pushing the envelope as a top naval aviator, confronting ghosts of his past when he leads Top Gun's elite graduates on a mission that demands the ultimate sacrifice.

Starring: Tom Cruise, Jennifer Connelly, Miles Teller, Val Kilmer, Jon Hamm



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Sunday 11th August 2024

10:00 pm Top Gun (Rpt)(1986)

CC M
Sex Scenes

MOVIE

Maverick is a hot young recruit at a prestigious naval training school for fighter pilots and aspires to become the best of the best against all odds.

Starring: Tom Cruise, Val Kilmer, Kelly McGillis, Anthony Edwards

12:05 am The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

01:00 am Home Shopping (Rpt)

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01:30 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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06:00 am My Market Kitchen (Rpt) CC G

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

06:30 am Farm To Fork (Rpt) CC G

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

07:00 am Deal Or No Deal (Rpt) CC G

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SPECIAL ENCORE PRESENTATION

07:30 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

SPECIAL ENCORE PRESENTATION

08:00 am Neighbours (Rpt) CC PG
Mild Themes

Paul receives an offer too good to be true. Aaron navigates fresh heartbreak. Cara learns a painful truth. Holly channels her DNA.

08:30 am The Bold & The Beautiful (Rpt) CC PG
Sexual References, Mild Themes

Brooke worries that Hope's infatuation with Finn will interfere with his and Steffy's marriage. Steffy and Finn are unified in their love and their devotion to each other.

ALL NEW EPISODES

09:00 am The Drew Barrymore Show CC PG
Sexual References, Mild Themes

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

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10:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

10:30 am To Be Advised

ALL NEW EPISODES

11:30 am Entertainment Tonight CC

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

12:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

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01:00 pm 10 News First: Lunchtime CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Family Feud CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

02:30 pm Lingo CC

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.





SYDNEY PROGRAM GUIDE

Monday 12th August 2024

03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Finn warns Liam to stay in his lane concerning Steffy. Steffy sets boundaries for Hope regarding her fashion line and Finn.

05:00 pm 10 News First

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Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

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06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Hunted

CC

SEASON PREMIERE

09:10 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

10:10 pm Ghosts

CC PG
Sexual References

ALL NEW EPISODES

The Poltergeist

Alberta hits it off with a poltergeist who is attached to a newly arrived Woodstone guest. Also, Isaac and Nigel have separate bachelor parties.

Starring: Rose McIver, Utkarsh Ambudkar, Richie Moriarty, Asher Grodman, Danielle Pinnoch, Brandon Scott Jones



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Monday 12th August 2024

10:35 pm 10's Late News CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

11:00 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

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07:00 am Deal Or No Deal (Rpt)

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07:30 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

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08:00 am Neighbours (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Sexual References,
Mild Themes

Finn warns Liam to stay in his lane concerning Steffy. Steffy sets boundaries for Hope regarding her fashion line and Finn.

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Sexual References,
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ALL NEW EPISODES

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01:00 pm 10 News First: Lunchtime CC

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Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

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ALL NEW EPISODES

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CC PG
Mild Themes

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Hope is with Finn when he receives news about Sheila. Liam and Steffy stand firm in their belief that Sheila is a murderer.

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Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

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06:30 pm The Project

CC

LIVE

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07:30 pm Hunted

CC

ALL NEW EPISODES

08:40 pm The Cheap Seats

CC M
Coarse Language,
Mature Themes

ALL NEW EPISODES

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

09:40 pm NCIS(Rpt)

CC M
Violence

Daddy Issues

McGee's personal life and professional life intersect when a dad from his children's school is linked to a break-in at a government storage bunker.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen



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04:00 am Home Shopping (Rpt)

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04:30 am CBS Mornings CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





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08:00 am	Neighbours (Rpt)	CC PG Mild Themes	
08:30 am	The Bold & The Beautiful (Rpt)	CC PG Sexual References, Mild Themes	Hope is with Finn when he receives news about Sheila. Liam and Steffy stand firm in their belief that Sheila is a murderer.
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Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

10:30 am To Be Advised

ALL NEW EPISODES

11:40 am Entertainment Tonight CC

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

12:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

12:30 pm Deal Or No Deal (Rpt) CC G

SPECIAL ENCORE PRESENTATION

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01:00 pm 10 News First: Lunchtime CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Family Feud CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

02:30 pm Lingo CC

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.



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03:30 pm 10 News First: Afternoon

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04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG
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ALL NEW EPISODES

Finn stuns Steffy with his thoughts on Sheila's innocence. Poppy eavesdrops as Katie interrogates Bill about Poppy.

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ALL NEW EPISODES

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06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Thank God You're Here

CC

SEASON PREMIERE

08:30 pm Inspired Unemployed (Impractical) Jokers

CC M
Sexual References,
Crude Humour,
Nudity

SEASON PREMIERE

09:00 pm Inspired Unemployed (Impractical) Jokers (Rpt)

CC M
Sexual References

The Inspired Unemployed Impractical Jokers features four mates competing to embarrass each other. In this episode, they become receptionists and create chaos amongst the clients.



SYDNEY PROGRAM GUIDE

Wednesday 14th August 2024

09:30 pm Have You Been Paying Attention? Encore (Rpt)

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

10:30 pm 10's Late News

CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

10:55 pm The Project Encore (Rpt)

CC

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CC PG

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SPECIAL ENCORE PRESENTATION

10:30 am Dogs Behaving (Very) Badly Australia (Rpt) CC G

Graeme meets a mini Fox Terrier who is a real passion killer, a fun loving kelpie named Tilly who has a fear of bicycles, and helps a 9yr old Pomeranian who loves to be the centre of attention.

ALL NEW EPISODES

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02:30 pm Lingo

CC

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CC PG
Mild Themes

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG
Mild Violence,
Mild Themes

ALL NEW EPISODES

Steffy's ire rises when she learns Brooke will be the face of the Brooke's Bedroom relaunch. Bill asks Li for a personal favour. Katie questions the accuracy of Luna's paternity test.

05:00 pm 10 News First

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07:30 pm Dogs Behaving (Very) Badly Australia CC G
Mild Coarse Language

ALL NEW EPISODES

Graeme helps pomeranian Hero, who is a hellraiser when visitors come over. Four pugs suffer from a serious case of FOMO, and two fighting fur-babies are turning a happy home into a war zone.

08:30 pm Gogglebox Australia NO
CC

SEASON PREMIERE

09:30 pm The Cheap Seats Encore (Rpt) CC M
Coarse Language, Mature Themes

SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

10:30 pm 10's Late News CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

10:55 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping





SYDNEY PROGRAM GUIDE

Thursday 15th August 2024

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





SYDNEY PROGRAM GUIDE

Friday 16th August 2024

06:00 am	My Market Kitchen (Rpt)	CC G	Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.
06:30 am	Farm To Fork (Rpt)	CC G	Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.
			SPECIAL ENCORE PRESENTATION
07:00 am	Deal Or No Deal (Rpt)	CC G	Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.
			SPECIAL ENCORE PRESENTATION
07:30 am	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.
08:00 am	Pooches At Play (Rpt)	CC	Learn about gut health, signs of anxiety in dogs and cats, role of fat in your dog's diet, co-feeding dog food for greater health, hidden dangers of dog collars, grooming tips, plus more.
08:30 am	The Bold & The Beautiful (Rpt)	CC PG Mild Violence, Mild Themes	Steffy's ire rises when she learns Brooke will be the face of the Brooke's Bedroom relaunch. Bill asks Li for a personal favour. Katie questions the accuracy of Luna's paternity test.
			ALL NEW EPISODES
09:00 am	The Drew Barrymore Show	CC PG Sexual References, Mild Themes	Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.



SYDNEY PROGRAM GUIDE

Friday 16th August 2024

09:30 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

10:00 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

10:30 am Dogs Behaving (Very) Badly Australia (Rpt)

CC G
Mild Coarse
Language

SPECIAL ENCORE PRESENTATION

Graeme helps pomeranian Hero, who is a hellraiser when visitors come over. Four pugs suffer from a serious case of FOMO, and two fighting fur-babies are turning a happy home into a war zone.

11:30 am Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

12:00 pm Everyday Gourmet With Justine Schofield

CC G

ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

12:30 pm Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

01:00 pm 10 News First: Lunchtime

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Family Feud

CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.



SYDNEY PROGRAM GUIDE

Friday 16th August 2024

02:30 pm Lingo CC

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.

03:30 pm 10 News First: Afternoon CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

04:30 pm The Bold & The Beautiful CC PG
Mild Themes

ALL NEW EPISODES

Brooke and Hope worry about Steffy furthering the Logan Forrester feud. Katie makes it her mission to find out about Poppy's past. Steffy allows past hurts to surface and lashes out at Ridge.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal (Rpt) CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Sort Your Life Out CC

ALL NEW EPISODES

Emotions run high as Stacey Solomon and her team help single Mum Steph and her three daughters transform their home through a life changing declutter and budget friendly makeover.





SYDNEY PROGRAM GUIDE

Friday 16th August 2024

08:30 pm The Dog Academy CC

ALL NEW EPISODES

Bear is driving a wedge between owners, Paul & Louise. Trainers Victoria and Adam must tame Bear's aggressive behaviour and 11-year-old chihuahua Gina has a penchant for attacking other dogs.

09:30 pm To Be Advised

10:30 pm 10's Late News CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

10:55 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 16th August 2024

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 17th August 2024

06:00 am What's Up Down Under (Rpt) CC G

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

06:30 am Leading The Way With Dr. Michael Youssef CC PG

ALL NEW EPISODES

#2433 A Heart For God: Part 07 "Trusting God"

Religious.

07:00 am Reel Action (Rpt) CC G

SPECIAL ENCORE PRESENTATION

This episode is all about exploring the mighty Manning River. Guesty catches up with gun Bass angler Dave Seaman.

07:30 am Escape Fishing With ET (Rpt) CC G

Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.

08:00 am IFISH (Rpt) CC

SPECIAL ENCORE PRESENTATION

Ifish with BCF follows the journey of Paul Worsteling and his family as they travel around Australia and the globe in search of memorable fishing moments and encounters with classic characters.

08:30 am Australia By Design: Architecture (Rpt) CC G

We explore a theatre in Sydney's West, how Brisbane's overlay preservation gave two engineers an idea, and how two young architects returned to a simple design principle on the Mornington Peninsula.

09:00 am My Market Kitchen (Rpt) CC G

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

09:30 am Freshly Picked With Simon Toohey (Rpt) CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.



SYDNEY PROGRAM GUIDE

Saturday 17th August 2024

10:00 am	Healthy Homes (Rpt)	CC G	Home, garden, lifestyle or build - Walt Collins and Dani Reilly have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.
SPECIAL ENCORE PRESENTATION			
10:30 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.
SPECIAL ENCORE PRESENTATION			
11:00 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.
SPECIAL ENCORE PRESENTATION			
11:30 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.
SPECIAL ENCORE PRESENTATION			
12:00 pm	To Be Advised		
01:30 pm	Good Chef Bad Chef (Rpt)	CC G	Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
02:00 pm	Farm To Fork (Rpt)	CC G	Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.
02:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.
03:00 pm	My Market Kitchen (Rpt)	CC G	Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.



SYDNEY PROGRAM GUIDE

Saturday 17th August 2024

03:30 pm	The Big Bang Theory (Rpt)	CC PG Sexual References	<p><u>The Hot Tub Contamination</u></p> <p>Howard and Bernadette are forced to holiday at home when she falls ill and keeps it a secret, unaware Raj and Stuart planned to use their hot tub.</p> <p>Starring: Jim Parsons, Johnny Galecki, Kaley Cuoco, Simon Helberg, Kunal Nayyar</p>
04:00 pm	The Big Bang Theory (Rpt)	CC PG	<p><u>The Fetal Kick Catalyst</u></p> <p>Howard starts to freak out about parenthood after feeling the baby kick. Penny is surprised by her popularity when her movie, 'Serial Ape-1st' is featured at a Van Nuys comic book convention.</p> <p>Starring: Jim Parsons, Johnny Galecki, Kaley Cuoco, Simon Helberg, Kunal Nayyar</p>
04:30 pm	Deal Or No Deal (Rpt)	CC G	<p>Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.</p>
05:00 pm	10 News First	CC	<p>LIVE</p> <p>Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>
06:30 pm	The Dog House (Rpt)	CC PG Mild Themes	<p>Cockapoo pup Annie is a whirlwind - 7yr old Lottie is immediately in love. Will the rest of her family agree? Paul is mourning his dog Baxter, and his wife is sure the only solution is another dog.</p>
07:30 pm	To Be Advised		
08:30 pm	The Dog House Australia (Rpt)	CC PG Mature Themes	<p>Can itchy Millie fulfill Lisa's longing for a dog? Will Jerry's shyness scupper her chance at a life with Chris and Ollie? Will boisterous puppy Reil prove too much for the Steele family to handle?</p>



SYDNEY PROGRAM GUIDE

Saturday 17th August 2024

09:30 pm Ambulance (Rpt)

CC M
Coarse Language,
Mature Themes

Multiple resources are dispatched to a patient who has fallen 20 feet from a tree and requires urgent treatment for a suspected broken back and open wrist fracture.

10:45 pm Ambulance (Rpt)

CC M
Coarse Language,
Mature Themes

Crewmates Dec and Nicole are urgently dispatched to a baby who has stopped breathing, and they also attend to a 12-year-old patient with a history of being bullied.

12:00 am The Cheap Seats Encore (Rpt)

CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

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Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power

G

ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.