



SYDNEY PROGRAM GUIDE

Sunday 25th August 2024

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

06:30 am Key Of David CC PG
Mature Themes

ALL NEW EPISODES

The Key of David covers today's most important events with a unique perspective. Not only does the program tell you what's happening to our society and our world, it tells you why.

07:00 am Joseph Prince: New Creation Church CC G

ALL NEW EPISODES

536 Noah, The Real Story

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church in Singapore.

07:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

08:00 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

08:30 am Freshly Picked With Simon Toohey (Rpt) CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

09:00 am Taste Of Australia - BBQ Special (Rpt) CC G

Manly Beach

After a morning surf, Hayden demonstrates the best ways to BBQ over coals, and showcases dishes featuring salmon fillet, chicken thigh, and beef rump steak.



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Sunday 25th August 2024

09:30 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<p>SPECIAL ENCORE PRESENTATION #4269r</p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.</p>
10:00 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<p>SPECIAL ENCORE PRESENTATION #4042r</p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.</p>
10:30 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<p>SPECIAL ENCORE PRESENTATION #4279r</p> <p>Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.</p>
11:00 am	Dogs Behaving (Very) Badly Australia (Rpt)	CC PG Mild Themes	<p>SPECIAL ENCORE PRESENTATION</p> <p>Graeme meets a manic moodle who's terrorizing her family and other dogs, he visits a female dog who's constant humping, and he dons a postie disguise to sort out a German Shepherd named Kobe.</p>
12:00 pm	To Be Advised		
01:00 pm	My Market Kitchen (Rpt)	CC G	<p>Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.</p>
01:30 pm	Good Chef Bad Chef (Rpt)	CC G	<p>Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.</p>
02:00 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	<p>Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield.</p>
02:30 pm	Farm To Fork (Rpt)	CC G	<p>Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.</p>



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Sunday 25th August 2024

03:00 pm	Cook With Luke (Rpt)	CC G	Your home of quick, tasty, good food. Cooking healthy and delicious meals has never been easier with Luke Hines in your kitchen.
03:30 pm	The Big Bang Theory (Rpt)	CC PG	<p><u>The Recollection Dissipation</u></p> <p>Sheldon reaches his limit when he works on projects with Leonard, Howard and Amy in one day. Bernadette has doubts about leaving Halley when she goes back to work.</p> <p>Starring: Jim Parsons, Johnny Galecki, Kaley Cuoco, Simon Helberg, Kunal Nayyar</p>
04:00 pm	The Big Bang Theory (Rpt)	CC PG	<p><u>The Separation Agitation</u></p> <p>Howard and Bernadette have a hard time leaving Halley in daycare when Bernadette returns to work. Bert introduces the gang to his new girlfriend.</p> <p>Starring: Jim Parsons, Johnny Galecki, Kaley Cuoco, Simon Helberg, Kunal Nayyar</p>
04:30 pm	Deal Or No Deal (Rpt)	CC G	Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.
05:00 pm	10 News First	CC	<p>LIVE</p> <p>Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>
06:00 pm	The Sunday Project	CC	<p>LIVE</p> <p>Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.</p>
07:00 pm	Hunted	CC	<p>ALL NEW EPISODES</p>
08:30 pm	The Real CSI: Miami	CC M Violence, Mature Themes	<p>ALL NEW EPISODES</p> <p><u>Game Over</u></p> <p>Detectives analyse the case of James Barry, who was murdered in a house full of his loved ones.</p>



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Sunday 25th August 2024

09:30 pm True Crime: Claremont: A Killer Among Us (Rpt) CC M
Mature Themes

Claremont: A Killer Among Us Part 2

For over 20 years, the Claremont killer managed to escape justice. Through exclusive interviews we tell the inside story of the Claremont investigation, right up to its dramatic conclusion.

11:00 pm FBI (Rpt) CC M
Violence,
Mature Themes

Family First

The shooting of a corrections officer leads the team to an ex-Marine who has gone rogue ever since he returned from Afghanistan. Tiff's sister looks to her for guidance when their brother lashes out.

Starring: Katherine Renee Kane, John Boyd, Jeremy Sisto, Zeeko Zaki, Missy Peregrin, Alana De La Garza

12:00 am The Sunday Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

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03:30 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

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04:30 am CBS Mornings CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Monday 26th August 2024

06:00 am	My Market Kitchen (Rpt)	CC G	Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.
06:30 am	Farm To Fork (Rpt)	CC G	Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.
07:00 am	Deal Or No Deal (Rpt)	CC G	Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.
			SPECIAL ENCORE PRESENTATION
07:30 am	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.
			SPECIAL ENCORE PRESENTATION
08:00 am	Neighbours (Rpt)	CC PG	A perilous ordeal changes lives forever. Paul is handed an opportunity to play God. One person meets a terrifying fate.
08:30 am	The Bold & The Beautiful (Rpt)	CC PG Sexual References, Mild Themes	Luna lashes out at Katie for the accusations she's making against Poppy. Steffy quickly shuts down Hope's giddiness over Steffy's misfortune.
			ALL NEW EPISODES
09:00 am	The Drew Barrymore Show	CC PG Sexual References, Mild Themes	Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.
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SYDNEY PROGRAM GUIDE

Monday 26th August 2024

10:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

10:30 am To Be Advised

ALL NEW EPISODES

12:00 pm Everyday Gourmet With Justine Schofield CC G

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

12:30 pm Deal Or No Deal (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

01:00 pm 10 News First: Lunchtime CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Family Feud CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

02:30 pm Lingo CC G

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.

03:30 pm 10 News First: Afternoon CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.





SYDNEY PROGRAM GUIDE

Monday 26th August 2024

04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG
Drug References,
Mild Themes

ALL NEW EPISODES

Luna makes a shocking discovery in Poppy's apartment. Finn finds himself in an awkward situation with Hope and Steffy.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Hunted

CC

ALL NEW EPISODES

08:40 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

09:40 pm Inspired Unemployed (Impractical) Jokers (Rpt)

CC M
Sexual References,
Coarse Language,
Crude Humour

SPECIAL ENCORE PRESENTATION

The Jokers roam the supermarket, things get fiery at Teppanyaki, and a knockout MMA punishment

10:10 pm Ghosts

CC M
Violence

ALL NEW EPISODES

The Traveling Agent

Pete discovers a power that he never knew he had - one that brings him closer to his buddy Jay (and further apart.)

Starring: Rose McIver, Utkarsh Ambudkar, Richie Moriarty, Asher Grodman, Danielle Pinnoch, Brandon Scott Jones



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Monday 26th August 2024

10:35 pm 10's Late News CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

11:00 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

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01:30 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

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04:30 am CBS Mornings CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Tuesday 27th August 2024

06:00 am My Market Kitchen (Rpt)

CC G

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

06:30 am Farm To Fork (Rpt)

CC G

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

07:00 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

07:30 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

08:00 am Neighbours (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Drug References,
Mild Themes

Luna makes a shocking discovery in Poppy's apartment. Finn finds himself in an awkward situation with Hope and Steffy.

09:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.

09:30 am The Drew Barrymore Show

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10:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

10:30 am To Be Advised

ALL NEW EPISODES

11:40 am Entertainment Tonight CC

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

12:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

12:30 pm Deal Or No Deal (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

01:00 pm 10 News First: Lunchtime CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Family Feud CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

02:30 pm Lingo CC G

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.



SYDNEY PROGRAM GUIDE

Tuesday 27th August 2024

03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Ridge and Brooke make a big splash in Monte Carlo to launch the new Brooke's bedroom line.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Hunted

CC

ALL NEW EPISODES

08:40 pm The Cheap Seats

CC M
Coarse Language,
Mature Themes

ALL NEW EPISODES

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

09:40 pm NCIS (Rpt)

CC M
Violence

Leave No Trace

Agent Knight's past resurfaces when her ex-boyfriend, a National Parks Service agent, teams up with NCIS to investigate a campsite murder.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen



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Tuesday 27th August 2024

10:40 pm 10's Late News CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

SPECIAL ENCORE PRESENTATION

11:05 pm The Project Encore (Rpt) CC

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

ALL NEW EPISODES

12:05 am The Late Show With Stephen Colbert CC PG

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

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01:30 am Home Shopping (Rpt)

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03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

ALL NEW EPISODES

04:30 am CBS Mornings CC

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





SYDNEY PROGRAM GUIDE

Wednesday 28th August 2024

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06:30 am	Farm To Fork (Rpt)	CC G	Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.
07:00 am	Deal Or No Deal (Rpt)	CC G	SPECIAL ENCORE PRESENTATION Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.
07:30 am	Everyday Gourmet With Justine Schofield (Rpt)	CC G	SPECIAL ENCORE PRESENTATION Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.
08:00 am	Neighbours (Rpt)	CC PG Mild Themes	SPECIAL ENCORE PRESENTATION
08:30 am	The Bold & The Beautiful (Rpt)	CC PG Sexual References, Mild Themes	Ridge and Brooke make a big splash in Monte Carlo to launch the new Brooke's bedroom line.
09:00 am	The Drew Barrymore Show	CC PG Sexual References, Mild Themes	ALL NEW EPISODES Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.
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10:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

10:30 am To Be Advised

ALL NEW EPISODES

11:40 am Entertainment Tonight CC

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

12:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

12:30 pm Deal Or No Deal (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

01:00 pm 10 News First: Lunchtime CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Family Feud CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

02:30 pm Lingo CC G

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.





SYDNEY PROGRAM GUIDE

Wednesday 28th August 2024

03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG
Sexual References,
Mild Coarse
Language

ALL NEW EPISODES

Steffy & Hope spiral, arguing while waiting for news of the new line's success. Brooke & Ridge's love is palpable as they hold center stage at a press conference.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

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06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Thank God You're Here

CC

ALL NEW EPISODES

08:40 pm Inspired Unemployed (Impractical) Jokers

CC M
Coarse Language,
Crude Humour

ALL NEW EPISODES

The Jokers serve fast food poorly, fly around the martial arts gym, and have a fiery punishment



SYDNEY PROGRAM GUIDE

Wednesday 28th August 2024

09:10 pm Inspired Unemployed (Impractical) Jokers (Rpt)

CC PG
Sexual References,
Coarse Language

The Inspired Unemployed Impractical Jokers features four mates competing to embarrass each other. In this episode, the jokers become wait staff at a fancy restaurant.

09:40 pm Have You Been Paying Attention? Encore (Rpt)

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

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SYDNEY PROGRAM GUIDE

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Mild Themes

Graeme meets a manic moodle who's terrorizing her family and other dogs, he visits a female dog who's constant humping, and he dons a postie disguise to sort out a German Shepherd named Kobe.

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SYDNEY PROGRAM GUIDE

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02:30 pm Lingo

CC G

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.

03:30 pm 10 News First: Afternoon

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Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG
Sexual References

ALL NEW EPISODES

Ridge & Brooke share a loving moment as they revel in the success of what they created. Finn demonstrates to Steffy that nothing & no one is stronger than their love for each other.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.



SYDNEY PROGRAM GUIDE

Thursday 29th August 2024

07:30 pm Dogs Behaving (Very) Badly Australia CC G

ALL NEW EPISODES

Staffy Cleo's screaming is causing real headaches. Graeme also meets Jack Russel Molly who steals everything, and aerobics legend Marissa Rancan is getting worn out by Border Collie Tommy.

08:40 pm Gogglebox Australia CC

ALL NEW EPISODES

Australia's favourite armchair critics are back on the couch and ready to share their honest and hilarious reactions to what appeared on television this week.

09:40 pm The Cheap Seats Encore (Rpt) CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

10:40 pm 10's Late News CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

11:05 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:05 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

[Home Shopping](#)

01:30 am Home Shopping (Rpt)

[Home Shopping](#)



SYDNEY PROGRAM GUIDE

Thursday 29th August 2024

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





SYDNEY PROGRAM GUIDE

Friday 30th August 2024

06:00 am My Market Kitchen (Rpt)	CC G	Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.
06:30 am Farm To Fork (Rpt)	CC G	Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.
07:00 am Deal Or No Deal (Rpt)	CC G	SPECIAL ENCORE PRESENTATION Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.
07:30 am Everyday Gourmet With Justine Schofield (Rpt)	CC G	SPECIAL ENCORE PRESENTATION Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.
08:00 am Planet Shapers (Rpt)	CC G	Sustainability stories about innovating and adapting to create a more sustainable world.
08:30 am The Bold & The Beautiful (Rpt)	CC PG Sexual References	Ridge & Brooke share a loving moment as they revel in the success of what they created. Finn demonstrates to Steffy that nothing & no one is stronger than their love for each other.
09:00 am The Drew Barrymore Show	CC PG Sexual References, Mild Themes	ALL NEW EPISODES Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.
09:30 am The Drew Barrymore Show	CC PG Sexual References, Mild Themes	ALL NEW EPISODES Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.



SYDNEY PROGRAM GUIDE

Friday 30th August 2024

10:00 am Judge Judy

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

10:30 am Sort Your Life Out Encore (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

New series: Imagine if the entire contents of your home were laid out before you, so you could decide what to keep and what to throw away. Join the team as they help declutter and transform lives.

11:45 am Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

12:00 pm Everyday Gourmet With Justine Schofield

CC G

ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

12:30 pm Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

01:00 pm 10 News First: Lunchtime

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Family Feud

CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.



SYDNEY PROGRAM GUIDE

Friday 30th August 2024

02:30 pm Lingo CC G

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.

03:30 pm 10 News First: Afternoon CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

04:30 pm The Bold & The Beautiful CC PG
Mild Themes

ALL NEW EPISODES

Luna unburdens her fears to R.J.. While asking difficult questions, Katie stumbles upon an extraordinary answer.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal (Rpt) CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Sort Your Life Out CC PG
Mild Themes

ALL NEW EPISODES

New series: Imagine if the entire contents of your home were laid out before you, so you could decide what to keep and what to throw away. Join the team as they help declutter and transform lives.



SYDNEY PROGRAM GUIDE

Friday 30th August 2024

08:45 pm The Dog Academy

CC PG
Mild Themes

ALL NEW EPISODES

Jack Russell, Bertie, loves to bark, and his brothers are only too eager to join the chorus. Debbie's cockapoo, Freddie is scared of dogs, as is husband Ken.

09:45 pm To Be Advised

10:45 pm 10's Late News

CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

11:10 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:10 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

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SYDNEY PROGRAM GUIDE

Friday 30th August 2024

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping





SYDNEY PROGRAM GUIDE

Saturday 31st August 2024

06:00 am What's Up Down Under (Rpt) CC G

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

06:30 am Leading The Way With Dr. Michael Youssef CC PG

ALL NEW EPISODES

#2435 A Heart For God: Part 09 "Never Out Of God's Sight"

Religious.

07:00 am Reel Action (Rpt) CC G

SPECIAL ENCORE PRESENTATION

In this episode, Russell Babekuhl and Jason Medcalf join Guesty for a look at Lake Monduran, QLD—a renowned impoundment known for its challenging conditions and trophy Barramundi.

07:30 am Escape Fishing With ET (Rpt) CC G

Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.

08:00 am IFISH (Rpt) CC

SPECIAL ENCORE PRESENTATION

Ifish with BCF follows the journey of Paul Worsteling and his family as they travel around Australia and the globe in search of memorable fishing moments and encounters with classic characters.

08:30 am Australia By Design: Architecture (Rpt) CC G

We discover a boldly designed party house in Brisbane's hottest suburb of Hamilton, and we shine the spotlight on internationally acclaimed Danish architect, Bjarke Ingles.

09:00 am My Market Kitchen (Rpt) CC G

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.



SYDNEY PROGRAM GUIDE

Saturday 31st August 2024

09:30 am	Freshly Picked With Simon Toohey (Rpt)	CC G	Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.
10:00 am	Healthy Homes (Rpt)	CC G	Home, garden, lifestyle or build - Walt Collins and Dani Reilly have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.
10:30 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	SPECIAL ENCORE PRESENTATION Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.
11:00 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	SPECIAL ENCORE PRESENTATION Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.
11:30 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	SPECIAL ENCORE PRESENTATION Host Drew Barrymore brings her infectious brand of humor and positivity to daytime.
12:00 pm	To Be Advised		
01:00 pm	Planet Shapers (Rpt)	CC G	<u>Planet Shapers</u> Sustainability stories about innovating and adapting to create a more sustainable world.
01:30 pm	Good Chef Bad Chef (Rpt)	CC G	Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
02:00 pm	Farm To Fork (Rpt)	CC G	Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.



SYDNEY PROGRAM GUIDE

Saturday 31st August 2024

02:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.
03:00 pm	My Market Kitchen (Rpt)	CC G	Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.
03:30 pm	The Big Bang Theory (Rpt)	CC PG Sexual References	<p><u>The Celebration Reverberation</u></p> <p>Raj and Howard's feud continues as the gang plan Halley's first birthday party. Sheldon's surprise for Amy's birthday goes awry when they get food poisoning.</p> <p>Starring: Jim Parsons, Johnny Galecki, Kaley Cuoco, Simon Helberg, Kunal Nayyar</p>
04:00 pm	The Big Bang Theory (Rpt)	CC PG	<p><u>The Matrimonial Metric</u></p> <p>Sheldon and Amy pick their best-man and maid of honour by experimenting on the gang. Meanwhile, Leonard's self-confidence is still badly damaged after reading his brother's Christmas letter.</p> <p>Starring: Jim Parsons, Johnny Galecki, Kaley Cuoco, Simon Helberg, Kunal Nayyar</p>
04:30 pm	Deal Or No Deal (Rpt)	CC G	Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.
05:00 pm	10 News First	CC	<p>LIVE</p> <p>Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>
06:30 pm	The Dog House (Rpt)	CC PG Mild Themes	Stunner Olaf, a pure white Husky, wows brothers Ben & Harry. Tracey has doubts anything can bring her spark back, Will Buster? Spaniel Storm needs a playmate that will keep up. Is Macie the answer?



SYDNEY PROGRAM GUIDE

Saturday 31st August 2024

07:30 pm To Be Advised

08:30 pm The Dog House Australia (Rpt)

CC PG
Mild Themes

It's love at first sight for the Banken Family but is 3-month-old Jefford's destructive behaviour too much? Lovebirds Meg and Matt are smitten with Travis the staffy but is Travis smitten with them?

09:30 pm Ambulance (Rpt)

CC M
Coarse Language,
Medical Procedures

Ambulance crews struggle to deal with life threatening emergencies while also being the last resort for those who have no one else to turn to.

10:45 pm Ambulance (Rpt)

CC M
Coarse Language,
Medical Procedures

One year on from the beginning of national lockdown, Lancashire ambulance crews attend to patients whose health problems have been bought on or exacerbated by isolation caused by the lockdown.

12:00 am The Cheap Seats Encore (Rpt)

CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

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Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 31st August 2024

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power

G

ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.