



SYDNEY PROGRAM GUIDE

Sunday 22nd September 2024

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

06:30 am Key Of David CC PG
Mature Themes

ALL NEW EPISODES

The Key of David covers today's most important events with a unique perspective. Not only does the program tell you what's happening to our society and our world, it tells you why.

07:00 am Joseph Prince: New Creation Church CC G

ALL NEW EPISODES

540 Inside-Out Transformation

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church in Singapore.

07:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

08:00 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

08:30 am Roads Less Travelled (Rpt) CC G

A travel and Road trip series that uncovers the hidden gems in each location that we visit

09:00 am Loving Gluten Free CC G

SEASON PREMIERE

Join Helen Tzouganatos as she shares her expertise in creating delicious gluten-free dishes. From baked goods to quick midweek dinners, Helen's recipes make gluten-free tastier than ever.

09:30 am Intrepid Adventures CC G

ALL NEW EPISODES

Get ready for an exhilarating adventure with Intrepid Adventures, where we dive into the heart of the world's most captivating destinations.



SYDNEY PROGRAM GUIDE

Sunday 22nd September 2024

SPECIAL ENCORE PRESENTATION

10:00 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	#5008 Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.
10:30 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	#5005 Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.
11:00 am	Lingo (Rpt)	CC G	A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.
12:00 pm	To Be Advised		
01:10 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield.
01:30 pm	Good Chef Bad Chef (Rpt)	CC G	Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
02:00 pm	Farm To Fork (Rpt)	CC G	Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.
02:30 pm	National Basketball League	CC	LIVE Round 1: Adelaide 36ers V Sydney Kings Round 1 clash, LIVE from RAC Arena, Adelaide 36ers take on Sydney Kings. Match start time 2:36pm (AEST).
04:30 pm	My Market Kitchen (Rpt)	CC G	Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.



SYDNEY PROGRAM GUIDE

Sunday 22nd September 2024

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm The Sunday Project

CC

LIVE

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

07:00 pm The Amazing Race Australia: Celebrity CC

ALL NEW EPISODES

08:30 pm New: FBI

CC M
Violence,
Drug References

ALL NEW EPISODES

Consequences

When a truck driver is murdered and the drug he was transporting goes missing, the team hunts for those behind the remaining batch.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, John Boyd, Katherine Renee Kane, Alana De La Garza

09:30 pm FBI (Rpt)

CC M
Violence,
Mature Themes

Privilege

All eyes are on the team when they try to find out who kidnapped the only child of a prominent senator. The case also uncovers a link to a similar incident that local authorities pushed to the side.

Starring: Zeeko Zaki, Missy Peregrym, Jeremy Sisto, Alana De La Garza, John Boyd

Guest Starring: Saul Rubinek

10:30 pm FBI (Rpt)

CC M
Violence,
Drug Use,
Mature Themes

Torn

After finding a group of six teenagers dead from a drug overdose, the team races to find the dangerous dealer and his supplier. Meanwhile, OA finds himself questioning where he stands in his faith.

Starring: Zeeko Zaki, Missy Peregrym, Jeremy Sisto, John Boyd, Katherine Renee Kane, Alana De La Garza

11:30 pm The Sunday Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.



SYDNEY PROGRAM GUIDE

Sunday 22nd September 2024

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

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Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

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Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Monday 23rd September 2024

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Deal Or No Deal (Rpt)

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

07:30 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

08:00 am Neighbours (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

Nicolette faces a hurtful betrayal. Paul plays Krista at her own game. Sadie goes undercover.

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Bill visits Poppy in jail and drops the bomb that he's not Luna's father. Deputy Detective Baker gets an unexpected offer of evidence.

09:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

09:30 am The Drew Barrymore Show

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Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

10:00 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

10:30 am The Amazing Race: Celebrity (Rpt)

CC

SPECIAL ENCORE PRESENTATION





SYDNEY PROGRAM GUIDE

Monday 23rd September 2024

12:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

12:30 pm Family Feud CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

01:00 pm 10 News First: Lunchtime CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Wheel Of Fortune CC

ALL NEW EPISODES

Three contestants compete by spinning The Wheel and calling out consonants for money or prizes. Once they have earned money & called out a correct consonant, they are able to buy vowels for \$250 each.

02:30 pm Lingo CC G

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.

03:30 pm 10 News First: Afternoon CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours CC PG
Mild Themes

ALL NEW EPISODES



SYDNEY PROGRAM GUIDE

Monday 23rd September 2024

04:30 pm The Bold & The Beautiful

CC PG
Mild Coarse
Language,
Mild Themes

ALL NEW EPISODES

Starved and weak, Steffy begs for Finn to find her. Finn gets a clue when he visits the Spencer Estate.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm The Amazing Race Australia: Celebrity CC

ALL NEW EPISODES

08:40 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

09:40 pm Inspired Unemployed (Impractical) Jokers (Rpt)

CC M
Coarse Language

SPECIAL ENCORE PRESENTATION

The Jokers take orders in a busy cafe. Punters help with weird texts, before an auction with a twist

10:10 pm Ghosts (Rpt)

CC PG
Drug References,
Mature Themes

Dumb Deaths

When a television documentary crew comes to Woodstone Mansion to shoot an episode of "Dumb Deaths," Pete confronts a hard truth about the day he died.

Starring: Rose McIver, Utkarsh Ambudkar, Danielle Pinnock, Brandon Scott Jones, Asher Grodman, Richie Moriarty



SYDNEY PROGRAM GUIDE

Monday 23rd September 2024

10:40 pm 10's Late News CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

11:05 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:05 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

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03:00 am Home Shopping (Rpt)

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03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





SYDNEY PROGRAM GUIDE

Tuesday 24th September 2024

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

07:30 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

08:00 am Neighbours (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Coarse
Language,
Mild Themes

Starved and weak, Steffy begs for Finn to find her. Finn gets a clue when he visits the Spencer Estate.

09:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

09:30 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

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10:00 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Tuesday 24th September 2024

10:30 am	The Amazing Race Australia: Celebrity (Rpt)	CC
11:40 am	Entertainment Tonight	CC
12:00 pm	Everyday Gourmet With Justine Schofield	CC G
12:30 pm	Family Feud	CC PG
01:00 pm	10 News First: Lunchtime	CC
02:00 pm	Wheel Of Fortune	CC
02:30 pm	Lingo	CC G

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

ALL NEW EPISODES

Three contestants compete by spinning The Wheel and calling out consonants for money or prizes. Once they have earned money & called out a correct consonant, they are able to buy vowels for \$250 each.

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.



SYDNEY PROGRAM GUIDE

Tuesday 24th September 2024

03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Bill gives Finn the clue he needs to realise Steffy is in danger. Steffy is trapped in Luna's cage and begs for release. Luna reveals more secrets to Steffy as she spirals out of control.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm To Be Advised

08:30 pm The Cheap Seats

CC M
Coarse Language,
Mature Themes

ALL NEW EPISODES

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.



SYDNEY PROGRAM GUIDE

Tuesday 24th September 2024

09:30 pm NCIS (Rpt)

CC M
Violence,
Mature Themes

Turkey Trot

After an unknown shooter causes chaos at an annual Thanksgiving 5K, time is of the essence for the NCIS team to find the culprit. Kasie joins Knight for Thanksgiving lunch at Knight's sister's house.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen

10:30 pm 10's Late News

CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

10:55 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

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Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping





SYDNEY PROGRAM GUIDE

Tuesday 24th September 2024

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Wednesday 25th September 2024

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

07:30 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

08:00 am Neighbours (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Sexual References,
Mild Themes

Bill gives Finn the clue he needs to realise Steffy is in danger. Steffy is trapped in Luna's cage and begs for release. Luna reveals more secrets to Steffy as she spirals out of control.

09:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

09:30 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

10:00 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Wednesday 25th September 2024

10:30 am Deal Or No Deal: Celebrity Jackpot (Rpt)

CC PG
Sexual References,
Mild Coarse
Language

SPECIAL ENCORE PRESENTATION

Masterchef

Hot out of the kitchen and onto the podium, MasterChef Australia judges Andy Allen and Sofia Levin are hoping to win \$250,000 for their charity, MND Victoria, in this Celebrity Jackpot episode.

11:30 am Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

12:00 pm Everyday Gourmet With Justine Schofield

CC G

ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

12:30 pm Family Feud

CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

01:00 pm 10 News First: Lunchtime

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Wheel Of Fortune

CC

ALL NEW EPISODES

Three contestants compete by spinning The Wheel and calling out consonants for money or prizes. Once they have earned money & called out a correct consonant, they are able to buy vowels for \$250 each.

02:30 pm Lingo

CC G

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.



SYDNEY PROGRAM GUIDE

Wednesday 25th September 2024

03:30 pm 10 News First: Afternoon CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours CC PG
Mild Themes

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful CC PG
Mild Themes

ALL NEW EPISODES

Finn lays out his theory about Steffy to Li, then questions R.J. about the night of Tom's murder.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Thank God You're Here CC

ALL NEW EPISODES

08:40 pm Inspired Unemployed (Impractical) Jokers CC M
Coarse Language, Crude Humour, Nudity

ALL NEW EPISODES

The Jokers get convincing in a bakery, the get hopping mad at the zoo, a bare all in the punishment.

09:10 pm Just For Laughs (Rpt) CC MA15+
Sexual References, Coarse Language

Just For Laughs Australia is back for a brand new season. Hosted by the highly energetic Nath Valvo and featuring Rhys Nicholson, Pax Assadi and Steph Tisdell.





SYDNEY PROGRAM GUIDE

Wednesday 25th September 2024

09:40 pm Ambulance Australia (Rpt)	CC M Coarse Language, Medical Procedures	Tonight, Ambulance NSW responds to an 88-year old's severe head wound, a hair-raising motorbike accident, a life-saving CPR call, a serious burns incident and a challenging 170kg patient extraction.
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10:40 pm 10's Late News	CC	Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
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11:05 pm The Project Encore (Rpt)	CC	<p>SPECIAL ENCORE PRESENTATION</p> <p>Join the Project hosts as they dissect and digest the daily news, events and hottest topics.</p>
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12:05 am The Late Show With Stephen Colbert	CC PG	<p>ALL NEW EPISODES</p> <p>Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.</p>
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01:00 am Home Shopping (Rpt)	<u>Home Shopping</u>
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01:30 am Home Shopping (Rpt)	<u>Home Shopping</u>
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02:00 am Home Shopping (Rpt)	<u>Home Shopping</u>
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03:00 am Home Shopping (Rpt)	<u>Home Shopping</u>
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03:30 am Home Shopping (Rpt)	<u>Home Shopping</u>
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04:00 am Home Shopping (Rpt)	<u>Home Shopping</u>
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04:30 am CBS Mornings	CC	<p>ALL NEW EPISODES</p> <p>CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.</p>
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SYDNEY PROGRAM GUIDE

Thursday 26th September 2024

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

07:30 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

08:00 am Neighbours (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Finn lays out his theory about Steffy to Li, then questions R.J. about the night of Tom's murder.

09:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

09:30 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

10:00 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Thursday 26th September 2024

10:30 am Dogs Behaving (Very) Badly Australia (Rpt) CC PG
Mild Coarse Language

SPECIAL ENCORE PRESENTATION

Daphne and Buster are over-excited and pulling their owners apart, Bichon Frise Snowflake has a fan fixation, and Springer Spaniel Banjo is too keen on the customers at his owner Viv's pet spa.

11:30 am Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

12:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

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12:30 pm Family Feud CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

01:00 pm 10 News First: Lunchtime CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Wheel Of Fortune CC

ALL NEW EPISODES

Three contestants compete by spinning The Wheel and calling out consonants for money or prizes. Once they have earned money & called out a correct consonant, they are able to buy vowels for \$250 each.

02:30 pm Lingo CC G

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.





SYDNEY PROGRAM GUIDE

Thursday 26th September 2024

03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG
Mild Violence,
Drug References

ALL NEW EPISODES

Panicked after her run-in with Finn, Luna taunts Steffy, attempting to drug her again.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Dogs Behaving (Very) Badly Australia

CC PG
Mild Coarse
Language

ALL NEW EPISODES

Graeme's got to get a stubborn Frenchie to start listening. Can Graeme stop a mini foxy spinning for attention, and convince a mini poodle that all her racket doesn't get her what she wants?

08:30 pm Gogglebox Australia

CC

ALL NEW EPISODES

Australia's favourite armchair critics are back on the couch and ready to share their honest and hilarious reactions to what appeared on television this week.



SYDNEY PROGRAM GUIDE

Thursday 26th September 2024

09:30 pm The Cheap Seats Encore (Rpt)

CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

10:30 pm 10's Late News

CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

10:55 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

[Home Shopping](#)

01:30 am Home Shopping (Rpt)

[Home Shopping](#)

02:00 am Home Shopping (Rpt)

[Home Shopping](#)

02:30 am Home Shopping (Rpt)

[Home Shopping](#)

03:00 am Home Shopping (Rpt)

[Home Shopping](#)

03:30 am Home Shopping (Rpt)

[Home Shopping](#)

04:00 am Home Shopping (Rpt)

[Home Shopping](#)

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Friday 27th September 2024

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

07:30 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

08:00 am Cook With Luke (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Luke Hines creates tasty, healthy and easy 'good food'

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Violence,
Drug References

Panicked after her run-in with Finn, Luna taunts Steffy, attempting to drug her again.

09:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

09:30 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

10:00 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.



SYDNEY PROGRAM GUIDE

Friday 27th September 2024

10:30 am Sort Your Life Out Encore (Rpt) CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

New series: Imagine if the entire contents of your home were laid out before you, so you could decide what to keep and what to throw away. Join the team as they help declutter and transform lives.

11:30 am Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

12:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

12:30 pm Family Feud CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

01:00 pm 10 News First: Lunchtime CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Wheel Of Fortune CC

ALL NEW EPISODES

Three contestants compete by spinning The Wheel and calling out consonants for money or prizes. Once they have earned money & called out a correct consonant, they are able to buy vowels for \$250 each.

02:30 pm Lingo (Rpt) CC G

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.



SYDNEY PROGRAM GUIDE

Friday 27th September 2024

03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Family Feud

CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

04:30 pm The Bold & The Beautiful

CC PG
Mild Violence,
Drug References

ALL NEW EPISODES

Bill and Katie discuss how best to break the news to Will about Luna's paternity. Finn finds Steffy, and Li has a dramatic showdown with Luna.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal (Rpt)

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm New: Sort Your Life Out

CC PG
Mild Themes

SEASON FINALE

New series: Imagine if the entire contents of your home were laid out before you, so you could decide what to keep and what to throw away. Join the team as they help declutter and transform lives.



SYDNEY PROGRAM GUIDE

Friday 27th September 2024

08:45 pm Have You Been Paying Attention? Encore (Rpt)

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

09:45 pm The Real CSI: Miami

CC M
Violence,
Mature Themes

ALL NEW EPISODES

Dire Straits

In Miami's upscale northern suburbs, a doctor-turned-stock market genius is found brutally murdered.

10:45 pm 10's Late News

CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

11:10 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:10 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 27th September 2024

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 28th September 2024

06:00 am What's Up Down Under (Rpt) CC G

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

06:30 am Leading The Way With Dr. Michael Youssef CC PG

ALL NEW EPISODES

#2439 A Heart For God: Part 13 "The God Who Sees"

Religious.

07:00 am Reel Action (Rpt) CC G

SPECIAL ENCORE PRESENTATION

In this episode, Guesty ventures south to the magnificent Snowy Valleys region of NSW with Simon Pender. Fishing spectacular Talbingo Dam set amongst the stunning backdrop of the Snowy Mountains.

07:30 am Escape Fishing With ET (Rpt) CC G

Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.

08:00 am IFISH (Rpt) CC G

SPECIAL ENCORE PRESENTATION

Ifish with BCF follows the journey of Paul Worsteling and his family as they travel around Australia and the globe in search of memorable fishing moments and encounters with classic characters.

08:30 am The Chef's Garden (Rpt) CC G

From factories to farmland Massimo unravels the secrets behind Tasmanian cheeses, olives and the freshest produce straight from his garden. Then, he serves up three mouthwatering Italian recipes.

09:00 am My Market Kitchen (Rpt) CC G

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.



SYDNEY PROGRAM GUIDE

Saturday 28th September 2024

09:30 am The Drew Barrymore Show (Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

10:00 am The Drew Barrymore Show (Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

10:30 am The Drew Barrymore Show (Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

11:00 am To Be Advised

12:00 pm Planet Shapers (Rpt)

CC G

Sustainability stories about innovating and adapting to create a more sustainable world.

12:30 pm Are You RV Safe?

CC

ALL NEW EPISODES

Rv Pitstop

Roadside repairs become the focus as Jessica, Evan, and Martin learn essential skills to keep their RVs running smoothly.

01:00 pm Good Chef Bad Chef (Rpt)

CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

01:30 pm Farm To Fork (Rpt)

CC G

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.

02:00 pm The Dog Down Under

CC

ALL NEW EPISODES

See what it really means to work like a dog as we countdown Australia's Top 10 Hardest Working Dogs. These hardworking hounds have their nose to the grindstone to improve our lives and keep us safe.



SYDNEY PROGRAM GUIDE

Saturday 28th September 2024

02:30 pm **Everyday Gourmet With Justine Schofield** (Rpt) CC G

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

ALL NEW EPISODES

03:00 pm **What's Up Down Under** CC

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

03:30 pm **Island Dreaming** (Rpt) CC G

Join Jessie James and Tony Howell for an adventure in the enchanting Cook Islands. From vibrant Polynesian culture, heartfelt stories and local cuisine to the turquoise waters of the South Pacific.

ALL NEW EPISODES

04:00 pm **My Market Kitchen** CC

From iconic fresh food markets ex MasterChef favourite, Laura Sharrod hosts this exciting series of My Market Kitchen with loads of delicious recipes, plenty of guests, characters, and a few surprises.

ALL NEW EPISODES

04:30 pm **Cook With Luke** CC

Luke Hines creates tasty, healthy and easy 'good food'

LIVE

05:00 pm **10 News First** CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm **The Dog House** (Rpt) CC G

Miniature Pinscher Rocky lives life in the fast lane, but can biker Dean be his new sidekick? Furry siblings Benji & Phoebe have to convince retired nurse Julie that two is better than one.

SPECIAL ENCORE PRESENTATION

07:30 pm **Thank God You're Here Encore** (Rpt) CC





SYDNEY PROGRAM GUIDE

Saturday 28th September 2024

08:30 pm The Dog House Australia (Rpt)

CC PG
Mild Themes

Will corgie, Maggel, be the right fit for Kristy costal life? Nick's recently moved out, but is puppy Hugo the right fit? Ron questions whether senior border collie cross, Macca, is the right fit?

09:30 pm Ambulance Australia (Rpt)

CC M
Violence,
Drug References,
Mature Themes

In the midst of the graveyard shift, the Operations Centre springs into action, when a five-patient stabbing from a home invasion is reported in Brisbane's North.

10:45 pm Ambulance (Rpt)

CC M
Medical Procedures

The number of category 1 emergency calls on a shift puts the North East Ambulance Service and the hospitals in the region under constant pressure, as a huge car crash stretches resources to the limit.

12:00 am The Cheap Seats Encore (Rpt)

CC M
Coarse Language,
Mature Themes

SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

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Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 28th September 2024

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power

ALL NEW EPISODES