



SYDNEY PROGRAM GUIDE

Sunday 06th October 2024

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

06:30 am Key Of David CC PG
Mature Themes

ALL NEW EPISODES

The Key of David covers today's most important events with a unique perspective. Not only does the program tell you what's happening to our society and our world, it tells you why.

07:00 am Joseph Prince: New Creation Church CC G

ALL NEW EPISODES

542 God Can Reverse Time For You

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church in Singapore.

07:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

08:00 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

08:30 am Roads Less Travelled (Rpt) CC G

A travel and Road trip series that uncovers the hidden gems in each location that we visit

09:00 am Loving Gluten Free CC G

ALL NEW EPISODES

Join Helen Tzouganatos as she shares her expertise in creating delicious gluten-free dishes. From baked goods to quick midweek dinners, Helen's recipes make gluten-free tastier than ever.

09:30 am Intrepid Adventures CC G

ALL NEW EPISODES

Get ready for an exhilarating adventure with Intrepid Adventures, where we dive into the heart of the world's most captivating destinations.



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10:00 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<p>SPECIAL ENCORE PRESENTATION #5035</p> <p>Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.</p>
10:30 am	The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	<p>SPECIAL ENCORE PRESENTATION #5036</p> <p>Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.</p>
11:00 am	Taskmaster Australia Encore (Rpt)	CC PG Sexual References, Coarse Language	<p>SPECIAL ENCORE PRESENTATION</p> <p>Our five contestants gear up for Taskmaster glory: Bring in the cheekiest item, build a wall with big balls, film an emotional drone scene, and hide ten road cones.</p>
12:00 pm	The Amazing Race Australia: Celebrity (Rpt)	CC	<p>SPECIAL ENCORE PRESENTATION</p> <p>Following a virtual pitstop, our celebrities continue the race along the mysterious Skeleton Coast. Fatigue starts to set in for some teams.</p>
01:00 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	<p>Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield.</p>
01:30 pm	Good Chef Bad Chef (Rpt)	CC G	<p>Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.</p>
02:00 pm	Farm To Fork (Rpt)	CC G	<p>Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.</p>
02:30 pm	NBL - Melbourne United V Taipans	CC	<p>LIVE Round 3: Melbourne United V Cairns Taipans</p> <p>Round 3 clash LIVE from John Cain Arena, Melbourne United take on Cairns Taipans. Tip-off at 2.36pm (AEDT)</p>





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04:30 pm **Luxury Escapes** CC G

ALL NEW EPISODES

Indonesia

Jane Hall and Fox Sports presenter Hannah Hollisare on a wildly indulgent Indonesian luxury escape to the untouched island of Sumba, and they also check into one of Bali's best resorts.

05:00 pm **10 News First** CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm **The Sunday Project** CC

LIVE

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

07:00 pm **The Amazing Race Australia: Celebrity** CC

ALL NEW EPISODES

The Dark Horses have already tasted victory, but can those teams maintain their lead as the final five continue the race in Namibia?

08:30 pm **New: FBI: International** CC M
Violence, Sexual References, Mature Themes

ALL NEW EPISODES

Red Light

When a wild night in Amsterdam for three ex-Navy men ends with one found dead in his hotel room, the Fly Team must dive into the red-light district to hunt down his killer.

Starring: Luke Kleintank, Vinessa Vidotto, Christina Wolfe, Carter Redwood, Eva-Jane Willis

09:30 pm **NCIS(Rpt)** CC M
Violence

Bridges

Parker discovers that he's a victim of identity theft while investigating the unusual murder of a Navy ensign. Also, Knight and Jimmy face hurdles in their relationship as their connection heightens.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen

10:30 pm **NCIS(Rpt)** CC M
Violence, Mature Themes

Big Rig

An old pal of Torres' comes to him - disheveled and bloodied - for guidance amidst an undercover FBI operation and then disappears. Also, McGee prepares to be a contestant on a popular game show.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen





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Sunday 06th October 2024

11:30 pm The Sunday Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

12:30 am Home Shopping (Rpt)

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01:00 am Home Shopping (Rpt)

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03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burseson.



SYDNEY PROGRAM GUIDE

Monday 07th October 2024

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Deal Or No Deal (Rpt)

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

07:30 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

08:00 am Neighbours (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

A rift opens up between Cara and Remi. A resident fearfully awaits their verdict. Melanie takes a leap of faith.

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Hope's apology to Steffy goes awry. Finn encourages Li to reconcile with Poppy. Brooke fights for Hope's honor with Taylor.

09:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

09:30 am The Drew Barrymore Show

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Sexual References,
Mild Themes

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10:00 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

10:30 am The Amazing Race Australia: Celebrity (Rpt)

CC

SPECIAL ENCORE PRESENTATION

The Dark Horses have already tasted victory, but can those teams maintain their lead as the final five continue the race in Namibia?





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ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

12:30 pm **Family Feud** CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

01:00 pm **10 News First: Lunchtime** CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm **Wheel Of Fortune** CC G

ALL NEW EPISODES

In a thrilling game of skill and luck, contestants compete to solve word puzzles in order to win cash and prizes determined by the Wheel of Fortune! Hosted by Ryan Seacrest.

02:30 pm **Lingo** CC G

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.

03:30 pm **10 News First: Afternoon** CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm **Neighbours** CC PG
Mild Themes

ALL NEW EPISODES

An unannounced return throws a family into turmoil. Melanie's hopes are dashed. Paul realises he's too close to the edge.





SYDNEY PROGRAM GUIDE

Monday 07th October 2024

04:30 pm The Bold & The Beautiful

CC PG
Mild Themes

ALL NEW EPISODES

Liam and Will realise they have shared emotions about Luna, Poppy, Bill, and Katie. Carter, Eric, and Steffy prepare to have a difficult discussion with Hope about the future of her fashion line.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal

CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm The Amazing Race Australia: Celebrity CC

ALL NEW EPISODES

Only four teams remain as our race continues in the scenic location of Phang Nga, Thailand. Our teams will battle the heat and each other as they kick off in the fight for a place in the finals.

08:40 pm Have You Been Paying Attention?

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

ALL NEW EPISODES

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

09:40 pm To Be Advised

10:40 pm 10's Late News

CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.





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Monday 07th October 2024

11:05 pm **The Project Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:05 am **The Late Show With Stephen Colbert** CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am **Home Shopping** (Rpt)

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01:30 am **Home Shopping** (Rpt)

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Home Shopping

04:00 am **Home Shopping** (Rpt)

Home Shopping

04:30 am **CBS Mornings** CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Tuesday 08th October 2024

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

07:30 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

08:00 am Neighbours (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

An unannounced return throws a family into turmoil. Melanie's hopes are dashed. Paul realises he's too close to the edge.

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Liam and Will realise they have shared emotions about Luna, Poppy, Bill, and Katie. Carter, Eric, and Steffy prepare to have a difficult discussion with Hope about the future of her fashion line.

09:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

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10:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

10:30 am The Amazing Race Australia: Celebrity (Rpt) CC

Only four teams remain as our race continues in the scenic location of Phang Nga, Thailand. Our teams will battle the heat and each other as they kick off in the fight for a place in the finals.

11:40 am Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

12:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

12:30 pm Family Feud CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

01:00 pm 10 News First: Lunchtime CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Wheel Of Fortune CC G

ALL NEW EPISODES

In a thrilling game of skill and luck, contestants compete to solve word puzzles in order to win cash and prizes determined by the Wheel of Fortune! Hosted by Ryan Seacrest.





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Tuesday 08th October 2024

02:30 pm Lingo CC G

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.

03:30 pm 10 News First: Afternoon CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Neighbours CC PG
Mild Themes

ALL NEW EPISODES

An apology tour makes its way through Ramsay Street. Paul approaches Susan and Karl with a heartfelt request. Aaron's grand plans hit a snag.

04:30 pm The Bold & The Beautiful CC PG
Mild Themes

ALL NEW EPISODES

Hope is stunned by Steffy's shocking news. Katie creates a scenario for Bill and Will to work out their differences.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Taskmaster Australia CC PG
Sexual References,
Coarse Language

ALL NEW EPISODES

In episode three, our contestants learn how to blend into the furniture, invent their own sport, and tear cards apart furiously. Rhys has his dreams come true during the live task.



SYDNEY PROGRAM GUIDE

Tuesday 08th October 2024

08:40 pm The Cheap Seats

CC M
Coarse Language,
Mature Themes

ALL NEW EPISODES

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

09:40 pm NCIS (Rpt)

CC MA15+
Violence

Evil Eye

In preparation for a role, a world-renowned actress shadows Special Agent Knight and the NCIS team as they investigate a decapitation case.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen

10:40 pm 10's Late News

CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

11:05 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:05 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

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Tuesday 08th October 2024

03:30 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

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04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





SYDNEY PROGRAM GUIDE

Wednesday 09th October 2024

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

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07:30 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

08:00 am Neighbours (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

An apology tour makes its way through Ramsay Street. Paul approaches Susan and Karl with a heartfelt request. Aaron's grand plans hit a snag.

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Hope is stunned by Steffy's shocking news. Katie creates a scenario for Bill and Will to work out their differences.

09:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

09:30 am The Drew Barrymore Show

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Mild Themes

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10:00 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.



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10:30 am To Be Advised

11:40 am Entertainment Tonight

CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

12:00 pm Everyday Gourmet With Justine Schofield

CC G

ALL NEW EPISODES

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12:30 pm Family Feud

CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

01:00 pm 10 News First: Lunchtime

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Wheel Of Fortune

CC G

ALL NEW EPISODES

In a thrilling game of skill and luck, contestants compete to solve word puzzles in order to win cash and prizes determined by the Wheel of Fortune! Hosted by Ryan Seacrest.

02:30 pm Lingo

CC G

ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.

03:30 pm 10 News First: Afternoon

CC

LIVE

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Wednesday 09th October 2024

04:00 pm Neighbours

CC PG
Mild Themes

ALL NEW EPISODES

Jane steps up to protect her children. Holly keeps her escalating trauma close to her chest. Boylesque takes an unexpected turn for Aaron.

04:30 pm The Bold & The Beautiful

CC PG
Mild Themes

ALL NEW EPISODES

Steffy issues Hope a challenging ultimatum. Brooke demands respect from Taylor.

05:00 pm 10 News First

CC

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06:00 pm Deal Or No Deal

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06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Thank God You're Here

CC

ALL NEW EPISODES

08:40 pm Inspired Unemployed (Impractical) Jokers

CC M
Coarse Language,
Crude Humour

SEASON FINALE

The Jokers become bad optometrists, film dodgy video messages, and bring out the laxatives.

09:10 pm NCIS (Rpt)

CC MA15+
Strong Violence

Prime Cut

After discovering the remains of a Marine captain, the NCIS team travels to Texas to interrogate the suspected killer.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Brian Dietzen, Rocky Carroll



SYDNEY PROGRAM GUIDE

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10:10 pm 10's Late News CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

10:35 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

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11:35 pm The Late Show With Stephen Colbert CC PG

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08:00 am Neighbours (Rpt)

CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

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08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Steffy issues Hope a challenging ultimatum. Brooke demands respect from Taylor.

09:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

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Sexual References,
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CC PG

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SYDNEY PROGRAM GUIDE

Thursday 10th October 2024

10:30 am Dogs Behaving (Very) Badly Australia CC PG
(Rpt) Mild Themes

SPECIAL ENCORE PRESENTATION

Bugsy the beagle will devour anything and everything, labradoodle Hughie is driving his family mad chasing shadows, and Ollie is a devil dachshund who barks at everyone and everything.

11:30 am Entertainment Tonight CC

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Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

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04:00 pm Neighbours CC PG
Mild Themes

ALL NEW EPISODES

Terese sets out on a controversial mission. Andrew's frustrations reach boiling point. Holly takes annoyance with a concerned co-worker. Dex gets a surprising offer.

04:30 pm The Bold & The Beautiful CC PG
Mild Themes

ALL NEW EPISODES

Taylor greets Eric for the first time since returning to Los Angeles. Brooke makes a confession to Finn.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal CC G

ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Football: AFC Asian Qualifiers CC

LIVE

Socceroos V China Pr

Tune in and catch all the action of the AFC Asian Qualifiers as the Subway Socceroos take on China PR. LIVE from Adelaide Oval. Kick off 8.10PM (AEDT).



SYDNEY PROGRAM GUIDE

Thursday 10th October 2024

10:30 pm 10's Late News	CC	Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
SPECIAL ENCORE PRESENTATION		
10:55 pm The Cheap Seats Encore (Rpt)	CC M Coarse Language, Mature Themes	Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.
SPECIAL ENCORE PRESENTATION		
11:55 pm The Project Encore (Rpt)	CC	Join the Project hosts as they dissect and digest the daily news, events and hottest topics.
ALL NEW EPISODES		
01:00 am The Late Show With Stephen Colbert	CC PG	Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.
02:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
02:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
03:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
03:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
04:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
ALL NEW EPISODES		
04:30 am CBS Mornings	CC	CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



SYDNEY PROGRAM GUIDE

Friday 11th October 2024

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Deal Or No Deal (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

07:30 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

08:00 am Cook With Luke (Rpt)

CC G

SPECIAL ENCORE PRESENTATION

Luke Hines creates tasty, healthy and easy 'good food'

08:30 am The Bold & The Beautiful (Rpt)

CC PG
Mild Themes

Taylor greets Eric for the first time since returning to Los Angeles. Brooke makes a confession to Finn.

09:00 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

09:30 am The Drew Barrymore Show

CC PG
Sexual References,
Mild Themes

ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

10:00 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.





SYDNEY PROGRAM GUIDE

Friday 11th October 2024

10:30 am Sort Your Life Out Encore (Rpt) CC PG
Mild Themes

SPECIAL ENCORE PRESENTATION

Stacey Solomon and her team help childhood sweethearts Dan and Char and their two daughters, Mia and Cece transform their family home through a life changing declutter.

11:30 am Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

12:00 pm Everyday Gourmet With Justine Schofield CC G

ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

12:30 pm Family Feud CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

01:00 pm 10 News First: Lunchtime CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Wheel Of Fortune CC G

ALL NEW EPISODES

In a thrilling game of skill and luck, contestants compete to solve word puzzles in order to win cash and prizes determined by the Wheel of Fortune! Hosted by Ryan Seacrest.

02:30 pm Lingo (Rpt) CC G

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.





SYDNEY PROGRAM GUIDE

Friday 11th October 2024

03:30 pm 10 News First: Afternoon

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

04:00 pm Family Feud

CC PG

ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

04:30 pm The Bold & The Beautiful

CC PG
A Sex Scene,
Mild Themes

ALL NEW EPISODES

Ridge and Taylor reminisce about their past.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Deal Or No Deal (Rpt)

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

06:30 pm The Project

CC

LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm Sort Your Life Out

CC PG
Mild Themes

ALL NEW EPISODES

Stacey Solomon and her team help Dan and Julia and their two children transform their home through a life changing declutter.

08:45 pm Have You Been Paying Attention? Encore (Rpt)

CC M
Sexual References,
Coarse Language,
Mature Themes,
Nudity,
May Contain:

SPECIAL ENCORE PRESENTATION

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.



SYDNEY PROGRAM GUIDE

Friday 11th October 2024

09:45 pm The Graham Norton Show (Rpt) CC M
Coarse Language

Get ready for another hilarious, wickedly cheeky episode of The Graham Norton Show, with celebrity guests Julia Roberts, Timothee Chalamet, Hollywood great Tom Hanks and music legend, Cher!

10:45 pm 10's Late News CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

11:10 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:10 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping





SYDNEY PROGRAM GUIDE

Friday 11th October 2024

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 12th October 2024

06:00 am What's Up Down Under (Rpt)	CC PG Mild Themes	Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!
ALL NEW EPISODES		
06:30 am Leading The Way With Dr. Michael Youssef	CC PG	#2441 A Heart For God: Part 15 "Sufficient In All Circumstances" Religious.
SPECIAL ENCORE PRESENTATION		
07:00 am Reel Action (Rpt)	CC G	Guesty teams up with Wayne and young Darcy Gordon on the Mid North Coast of NSW, as they set about exploring one of the key local estuary systems.
07:30 am Escape Fishing With ET (Rpt)	CC G	Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.
SPECIAL ENCORE PRESENTATION		
08:00 am IFISH (Rpt)	CC	Ifish with BCF follows the journey of Paul Worsteling and his family as they travel around Australia and the globe in search of memorable fishing moments and encounters with classic characters.
08:30 am The Chef's Garden (Rpt)	CC G	Massimo pairs delicious Tongola goat curd with freshly-picked beetroot and vegetables. Joshua and Tony from Tasmanian Oyster Co. join where Massimo samples some of the world's best oysters.
09:00 am My Market Kitchen (Rpt)	CC G	Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.
SPECIAL ENCORE PRESENTATION		
09:30 am The Drew Barrymore Show (Rpt)	CC PG Sexual References, Mild Themes	Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.





SYDNEY PROGRAM GUIDE

Saturday 12th October 2024

10:00 am The Drew Barrymore Show (Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

10:30 am The Drew Barrymore Show (Rpt)

CC PG
Sexual References,
Mild Themes

SPECIAL ENCORE PRESENTATION

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

11:00 am The Amazing Race Australia: Celebrity (Rpt)

CC

SPECIAL ENCORE PRESENTATION

The Dark Horses have already tasted victory, but can those teams maintain their lead as the final five continue the race in Namibia?

12:30 pm Are You RV Safe?

CC

ALL NEW EPISODES

Recovery And Breakdown

Breakdowns on the road test Jessica, Evan, and Martin's recovery skills. Can they handle the pressure and stay safe?

01:00 pm Silvia's Italian Masterclass

CC G

ALL NEW EPISODES

Soothing And Comforting

Join Silvia in her kitchen, where she loves nothing more than share what she has learned from her family and friends, so you too can master the beauty of simple Italian home cooking.

01:30 pm Good Chef Bad Chef (Rpt)

CC G

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

02:00 pm Planet Shapers (Rpt)

CC G

Sustainability stories about innovating and adapting to create a more sustainable world.

02:30 pm Buy To Build

CC G

ALL NEW EPISODES

Zsolt moved from Hungary to Australia years ago settling in Brisbane, with his now wife & two children. They've spent years doing the hard yards in town houses and tiny apartments in Brisbane's CBD.



SYDNEY PROGRAM GUIDE

Saturday 12th October 2024

03:00 pm What's Up Down Under CC

ALL NEW EPISODES

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

03:30 pm Australia By Design: Innovations CC G

ALL NEW EPISODES

Australia By Design: Innovations gives an in-depth look at some amazing design innovations around Australia. The show travels far and wide to meet the entrepreneurial innovators in their environment.

04:00 pm My Market Kitchen CC

ALL NEW EPISODES

From iconic fresh food markets ex MasterChef favourite, Laura Sharrod hosts this exciting series of My Market Kitchen with loads of delicious recipes, plenty of guests, characters, and a few surprises.

04:30 pm Cook With Luke CC G

ALL NEW EPISODES

Luke Hines creates tasty, healthy and easy 'good food'

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Dog House (Rpt) CC PG

it's a double date as Londoners, Roshni and Jay meet two very different dogs, Bella the playful Staffie and Cech the shy, cuddly terrier. Bella seems to prefer Jay, but who'll get the final say?

07:30 pm Thank God You're Here Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

08:30 pm The Dog House Australia (Rpt) CC PG
Mild Themes

Will gentle giant Tessa the Bull Arab, a cruelty case rescue find love with the Doyle family? And are newlyweds Craig and Rodney the right fit for bonded pair Zoe and Buster? find out on The Dog House



SYDNEY PROGRAM GUIDE

Saturday 12th October 2024

09:30 pm Ambulance Australia (Rpt)	CC M Mature Themes	When a motorbike rider falls traveling at high speed, his injuries are so severe that highly trained paramedic, Aaron, must turn the side of the road into an operating theatre to save his life.
10:45 pm Ambulance (Rpt)	CC M Mature Themes	A busy weekend shift in the North East sees ambulance crews attend a number of emotionally charged category one emergencies which begin to take their toll on empathetic paramedics.
12:00 am The Cheap Seats Encore (Rpt)	CC M Coarse Language, Mature Themes	<p>SPECIAL ENCORE PRESENTATION</p> <p>Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.</p>
01:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
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04:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
04:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
05:00 am Hour Of Power	G	<p>ALL NEW EPISODES</p> <p>Hour Of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.</p>

