



# SYDNEY PROGRAM GUIDE

Sunday 13th October 2024

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

**06:30 am Key Of David** CC PG  
Mature Themes

## ALL NEW EPISODES

The Key of David covers today's most important events with a unique perspective. Not only does the program tell you what's happening to our society and our world, it tells you why.

**07:00 am Joseph Prince: New Creation Church** CC G

## ALL NEW EPISODES

### 543 Positioned For His Provision

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church in Singapore.

**07:30 am Good Chef Bad Chef (Rpt)** CC G

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**08:00 am My Market Kitchen (Rpt)** CC G

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

**08:30 am Roads Less Travelled (Rpt)** CC G

A travel and Road trip series that uncovers the hidden gems in each location that we visit

**09:00 am Loving Gluten Free** CC G

## ALL NEW EPISODES

Join Helen Tzouganatos as she shares her expertise in creating delicious gluten-free dishes. From baked goods to quick midweek dinners, Helen's recipes make gluten-free tastier than ever.



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**09:30 am Intrepid Adventures** CC G

## SEASON FINALE

Get ready for an exhilarating adventure with Intrepid Adventures, where we dive into the heart of the world's most captivating destinations.

**10:00 am The Drew Barrymore Show (Rpt)** CC PG  
Sexual References, Mild Themes

## SPECIAL ENCORE PRESENTATION

### #5041

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

**10:30 am The Drew Barrymore Show (Rpt)** CC PG  
Sexual References, Mild Themes

## SPECIAL ENCORE PRESENTATION

### #5042

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

**11:00 am Taskmaster Australia Encore (Rpt)** CC PG  
Sexual References, Coarse Language

## SPECIAL ENCORE PRESENTATION

In episode three, our contestants learn how to blend into the furniture, invent their own sport, and tear cards apart furiously. Rhys has his dreams come true during the live task.

**12:00 pm The Amazing Race Australia: Celebrity (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Only four teams remain as our race continues in the scenic location of Phang Nga, Thailand. Our teams will battle the heat and each other as they kick off in the fight for a place in the finals.

**01:00 pm Everyday Gourmet With Justine Schofield (Rpt)** CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield.

**01:30 pm Good Chef Bad Chef (Rpt)** CC G

Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**02:00 pm Farm To Fork (Rpt)** CC G

Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.



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Sunday 13th October 2024

02:30 pm NBL - Kings V Taipans

CC

### LIVE

#### Round 4: Sydney Kings V Cairns Taipans

Round 4 clash LIVE from Qudos Bank Arena, Sydney Kings take on Cairns Taipans. Tip-off at 2.36pm (AEDT).

04:30 pm Luxury Escapes

CC G

### ALL NEW EPISODES

#### Singapore City & Asia Cruise

Ready Steady Cook's chef Mike Reid & Holly Nicholson venture into the melting pot of luxury that is Asia with a trip to multicultural jewel Singapore, followed by a cruise through Asia and Vietnam.

05:00 pm 10 News First

CC

### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm The Sunday Project

CC

### LIVE

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

07:00 pm The Amazing Race Australia: Celebrity CC

### ALL NEW EPISODES

Our celebrity's race into Phuket to secure a grand final spot. They dive into the real Phuket, from its stunning natural landscapes to the bustling old town, all in a thrilling, nail-biting finish.

08:10 pm To Be Advised

09:10 pm New FBI: International

CC M  
Violence

### ALL NEW EPISODES

#### Touts

A former member of the Irish Republican Army turned U.S. citizen is shot while in London.

Starring: Luke Kleintank, Vinessa Vidotto, Christina Wolfe, Carter Redwood, Eva-Jane Willis



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Sunday 13th October 2024

10:10 pm NCIS (Rpt)

CC M  
Violence,  
Drug References

### Old Wounds

Parker grapples with his emotions when a conman from his past turns up as a prime suspect in the murder of a navy officer transporting millions of dollars' worth of opioids.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen

11:10 pm NCIS (Rpt)

CC M  
Violence,  
Mature Themes

### Unusual Suspects

NCIS probes the death of a ride-share driver who was found after a car accident. Parker's dad, who is temporarily living with him, assists the team in their investigation.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen

12:00 am Home Shopping (Rpt)

### Home Shopping

12:30 am The Sunday Project Encore (Rpt)

CC

### **SPECIAL ENCORE PRESENTATION**

Join the Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

01:30 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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03:00 am Home Shopping (Rpt)

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### Home Shopping

04:00 am Home Shopping (Rpt)

### Home Shopping

04:30 am CBS Mornings

CC

### **ALL NEW EPISODES**

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





# SYDNEY PROGRAM GUIDE

Monday 14th October 2024

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Deal Or No Deal (Rpt)**

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**07:30 am Everyday Gourmet With Justine Schofield (Rpt)**

CC G

## SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

**08:00 am Neighbours (Rpt)**

CC PG  
Mild Themes

## SPECIAL ENCORE PRESENTATION

Terese sets out on a controversial mission. Andrew's frustrations reach boiling point. Holly takes annoyance with a concerned co-worker. Dex gets a surprising offer.

**08:30 am The Bold & The Beautiful (Rpt)**

CC PG  
A Sex Scene,  
Mild Themes

Ridge and Taylor reminisce about their past.

**09:00 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

**09:30 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

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**10:00 am Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.





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<b>10:30 am</b>	<b>The Amazing Race Australia: Celebrity</b> (Rpt)	CC
<b>12:00 pm</b>	<b>Everyday Gourmet With Justine Schofield</b>	CC G
<b>12:30 pm</b>	<b>Family Feud</b>	CC PG
<b>01:00 pm</b>	<b>10 News First: Lunchtime</b>	CC
<b>02:00 pm</b>	<b>Wheel Of Fortune</b>	CC G
<b>02:30 pm</b>	<b>Lingo</b>	CC G
<b>03:30 pm</b>	<b>10 News First: Afternoon</b>	CC

## SPECIAL ENCORE PRESENTATION

Our celebrity's race into Phuket to secure a grand final spot. They dive into the real Phuket, from its stunning natural landscapes to the bustling old town, all in a thrilling, nail-biting finish.

## ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

## ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

## ALL NEW EPISODES

In a thrilling game of skill and luck, contestants compete to solve word puzzles in order to win cash and prizes determined by the Wheel of Fortune! Hosted by Ryan Seacrest.

## ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.

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Monday 14th October 2024

**04:00 pm Neighbours**

CC PG  
Mild Themes

## ALL NEW EPISODES

JJ and Remi are shocked by an accidental discovery. Terese feels the pull of old habits. Holly faces the truth.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

## ALL NEW EPISODES

Captain Deuce Stevens has a run-in with April during an office visit with Finn.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Deal Or No Deal**

CC G

## ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**06:30 pm The Project**

CC

## LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Dessert Masters**

CC PG  
Mild Coarse Language

## SEASON PREMIERE

**08:55 pm Have You Been Paying Attention?**

CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## ALL NEW EPISODES

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

**09:55 pm Taskmaster Australia Encore (Rpt)**

CC PG  
Sexual References,  
Coarse Language

## SPECIAL ENCORE PRESENTATION

In episode three, our contestants learn how to blend into the furniture, invent their own sport, and tear cards apart furiously. Rhys has his dreams come true during the live task.



# SYDNEY PROGRAM GUIDE

## Monday 14th October 2024

**11:05 pm 10's Late News** CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**11:30 pm The Project Encore (Rpt)** CC

### SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:30 am The Late Show With Stephen Colbert** CC PG

### ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

**01:30 am Home Shopping (Rpt)**

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**02:00 am Home Shopping (Rpt)**

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**04:00 am Home Shopping (Rpt)**

**Home Shopping**

**04:30 am CBS Mornings** CC

### ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.







# SYDNEY PROGRAM GUIDE

Tuesday 15th October 2024

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Deal Or No Deal (Rpt)**

CC G

## SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**07:30 am Everyday Gourmet With Justine Schofield (Rpt)**

CC G

## SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

**08:00 am Neighbours (Rpt)**

CC PG  
Mild Themes

## SPECIAL ENCORE PRESENTATION

JJ and Remi are shocked by an accidental discovery. Terese feels the pull of old habits. Holly faces the truth.

**08:30 am The Bold & The Beautiful (Rpt)**

CC PG  
Mild Themes

Captain Deuce Stevens has a run-in with April during an office visit with Finn.

**09:00 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

**09:30 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

**10:00 am Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.





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Tuesday 15th October 2024

10:30 am To Be Advised

11:50 am Entertainment Tonight CC

### ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

12:00 pm Everyday Gourmet With Justine Schofield CC G

### ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

12:30 pm Family Feud CC PG

### ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

01:00 pm 10 News First: Lunchtime CC

### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

02:00 pm Wheel Of Fortune CC G

### ALL NEW EPISODES

In a thrilling game of skill and luck, contestants compete to solve word puzzles in order to win cash and prizes determined by the Wheel of Fortune! Hosted by Ryan Seacrest.

02:30 pm Lingo CC G

### ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.

03:30 pm 10 News First: Afternoon CC

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Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.





# SYDNEY PROGRAM GUIDE

Tuesday 15th October 2024

**04:00 pm Neighbours**

CC PG  
Mild Themes

## ALL NEW EPISODES

Terese's resolve is tested. Jane heralds in a new chapter. Melanie's forbidden affection grows. Krista's win is short-lived.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Coarse Language,  
Mild Themes

## ALL NEW EPISODES

Taylor visits a connection to reveal a secret.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Deal Or No Deal**

CC G

## ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**06:30 pm The Project**

CC

## LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Taskmaster Australia**

CC PG  
Sexual References,  
Coarse Language

## ALL NEW EPISODES

In episode four, cute faces, hot clubs, and pressure-packed weights test the comedians' resolve.

**08:40 pm The Cheap Seats**

CC M  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

**09:40 pm New: Law & Order: S.V.U**

CC

## SEASON PREMIERE

### Fractured

The SVU investigates an attack on a group of law students. Benson hopes the discovery of a hidden camera will crack the case. Carisi's best chance at conviction is catching the defendant in a lie.





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## Tuesday 15th October 2024

**10:40 pm 10's Late News** CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

### SPECIAL ENCORE PRESENTATION

**11:05 pm The Project Encore (Rpt)** CC

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

### ALL NEW EPISODES

**12:05 am The Late Show With Stephen Colbert** CC PG

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

**01:00 am Home Shopping (Rpt)**

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### ALL NEW EPISODES

**04:30 am CBS Mornings** CC

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





# SYDNEY PROGRAM GUIDE

Wednesday 16th October 2024

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

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**07:00 am Deal Or No Deal (Rpt)**

CC G

## SPECIAL ENCORE PRESENTATION

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**07:30 am Everyday Gourmet With Justine Schofield (Rpt)**

CC G

## SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

**08:00 am Neighbours (Rpt)**

CC PG  
Mild Themes

## SPECIAL ENCORE PRESENTATION

Terese's resolve is tested. Jane heralds in a new chapter. Melanie's forbidden affection grows. Krista's win is short-lived.

**08:30 am The Bold & The Beautiful (Rpt)**

CC PG  
Mild Coarse Language,  
Mild Themes

Taylor visits a connection to reveal a secret.

**09:00 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

**09:30 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

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**10:00 am Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.



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## Wednesday 16th October 2024

**10:30 am Taskmaster Australia Encore (Rpt)** CC PG  
Sexual References, Coarse Language

### SPECIAL ENCORE PRESENTATION

In episode four, cute faces, hot clubs, and pressure-packed weights test the comedians' resolve.

**11:40 am Entertainment Tonight** CC

### ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

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### ALL NEW EPISODES

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**12:30 pm Family Feud** CC PG

### ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

**01:00 pm 10 News First: Lunchtime** CC

### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**02:00 pm Wheel Of Fortune** CC G

### ALL NEW EPISODES

In a thrilling game of skill and luck, contestants compete to solve word puzzles in order to win cash and prizes determined by the Wheel of Fortune! Hosted by Ryan Seacrest.

**02:30 pm Lingo** CC G

### ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.





# SYDNEY PROGRAM GUIDE

## Wednesday 16th October 2024

**03:30 pm 10 News First: Afternoon** CC

### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**04:00 pm Neighbours** CC PG  
Mild Themes

### ALL NEW EPISODES

Jane is confronted by an anonymous gesture. Aaron finds himself in a compromising position.

**04:30 pm The Bold & The Beautiful** CC PG  
Mild Themes

### ALL NEW EPISODES

Steffy senses Taylor has a secret, but Taylor shuts her down. Ridge confesses to Brooke that he made a promise to Steffy about Taylor.

**05:00 pm 10 News First** CC

### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Deal Or No Deal** CC G

### ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**06:30 pm The Project** CC

### LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Thank God You're Here** CC

### SEASON FINALE

**08:40 pm Shark Tank** CC

### SEASON PREMIERE

**09:40 pm NCIS (Rpt)** CC M  
Violence

### Reef Madness

Parker and Knight discover three bodies on an old Navy ship that's about to be sunk and turned into an artificial reef, when they're suddenly locked inside by a mysterious figure.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Brian Dietzen, Rocky Carroll



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**10:40 pm 10's Late News** CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

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### ALL NEW EPISODES

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# SYDNEY PROGRAM GUIDE

Thursday 17th October 2024

**06:00 am The Talk**

CC PG  
Mature Themes

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CC G

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**08:00 am Intrepid Adventures (Rpt)**

CC G

Get ready for an exhilarating adventure with Intrepid Adventures, where we dive into the heart of the world's most captivating destinations.

**08:30 am The Bold & The Beautiful (Rpt)**

CC PG  
Mild Themes

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CC PG

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**10:30 am To Be Advised**





# SYDNEY PROGRAM GUIDE

Thursday 17th October 2024

<b>11:30 am</b>	<b>Entertainment Tonight</b>	CC
<b>12:00 pm</b>	<b>Everyday Gourmet With Justine Schofield</b>	CC G
<b>12:30 pm</b>	<b>Family Feud</b>	CC PG
<b>01:00 pm</b>	<b>10 News First: Lunchtime</b>	CC
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## ALL NEW EPISODES

In a thrilling game of skill and luck, contestants compete to solve word puzzles in order to win cash and prizes determined by the Wheel of Fortune! Hosted by Ryan Seacrest.

## ALL NEW EPISODES

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.





# SYDNEY PROGRAM GUIDE

Thursday 17th October 2024

**04:00 pm Family Feud**

CC PG

## ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

## ALL NEW EPISODES

Bill reaches out to Katie to talk about their future.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Deal Or No Deal**

CC G

## ALL NEW EPISODES

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**06:30 pm The Project**

CC

## LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Top Gear**

CC PG  
Mild Coarse  
Language

## SEASON PREMIERE

### Italy

In this episode, Top Gear delves into why the Italians have a monopoly on Supercars. To find out, the three hosts road test a Maserati, a Ferrari, and an \$11 million Pagani.

**08:55 pm Gogglebox Australia**

CC

## SEASON FINALE

Australia's favourite armchair critics are back on the couch and ready to share their honest and hilarious reactions to what appeared on television this week.



# SYDNEY PROGRAM GUIDE

Thursday 17th October 2024

**09:55 pm The Cheap Seats Encore (Rpt)** CC M  
Coarse Language,  
Mature Themes

## SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

**10:55 pm 10's Late News** CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**11:20 pm The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:20 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

**01:30 am Home Shopping (Rpt)**

**Home Shopping**

**02:00 am Home Shopping (Rpt)**

**Home Shopping**

**02:30 am Home Shopping (Rpt)**

**Home Shopping**

**03:00 am Home Shopping (Rpt)**

**Home Shopping**

**03:30 am Home Shopping (Rpt)**

**Home Shopping**

**04:00 am Home Shopping (Rpt)**

**Home Shopping**

**04:30 am CBS Mornings** CC

## ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





# SYDNEY PROGRAM GUIDE

Friday 18th October 2024

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Deal Or No Deal (Rpt)**

CC G

## SPECIAL ENCORE PRESENTATION

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**07:30 am Everyday Gourmet With Justine Schofield (Rpt)**

CC G

## SPECIAL ENCORE PRESENTATION

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

**08:00 am Cook With Luke (Rpt)**

CC G

## SPECIAL ENCORE PRESENTATION

Luke Hines creates tasty, healthy and easy 'good food'

**08:30 am The Bold & The Beautiful (Rpt)**

CC PG  
Mild Themes

Bill reaches out to Katie to talk about their future.

**09:00 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

**09:30 am The Drew Barrymore Show**

CC PG  
Sexual References,  
Mild Themes

## ALL NEW EPISODES

Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.

**10:00 am Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.





# SYDNEY PROGRAM GUIDE

Friday 18th October 2024

**10:30 am Sort Your Life Out Encore (Rpt)** CC PG  
Mild Themes

## SPECIAL ENCORE PRESENTATION

Stacey Solomon and her team help Dan and Julia and their two children transform their home through a life changing declutter.

**11:45 am Entertainment Tonight** CC

## ALL NEW EPISODES

Kevin Frazier and Nischelle Turner bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**12:00 pm Everyday Gourmet With Justine Schofield** CC G

## ALL NEW EPISODES

Elevate your culinary skills with one of Australia's favourite home cooks, Justine Schofield, in an all-new season of Everyday Gourmet.

**12:30 pm Family Feud** CC PG

## ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

**01:00 pm 10 News First: Lunchtime** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**02:00 pm Wheel Of Fortune** CC G

## ALL NEW EPISODES

In a thrilling game of skill and luck, contestants compete to solve word puzzles in order to win cash and prizes determined by the Wheel of Fortune! Hosted by Ryan Seacrest.

**02:30 pm Lingo (Rpt)** CC G

A quiz in which three pairs of contestants go head-to-head, using their powers of deduction quickly to work out the words that appear in the "Lingo" grids and puzzle-words.





# SYDNEY PROGRAM GUIDE

Friday 18th October 2024

**03:30 pm 10 News First: Afternoon**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**04:00 pm Family Feud**

CC PG

## ALL NEW EPISODES

Steve Harvey hosts Family Feud, bringing hilarious moments and families together to compete for a chance to win up to \$20,000 by guessing the most popular answers to questions.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

## ALL NEW EPISODES

Steffy and Hope try to get the better of each other regarding Ridge, Brooke, and Taylor. Will attempts to make sense of the divide between his parents.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Deal Or No Deal (Rpt)**

CC G

Join Grant Denyer in Deal or No Deal, the high-pressure, high-stakes game of risk versus reward where contestants must beat the Banker to win a huge cash prize of \$100,000.

**06:30 pm The Project**

CC

## LIVE

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Sort Your Life Out**

CC PG  
Mild Themes

## ALL NEW EPISODES

Stacey and her team help Grandma Sue and her daughters Nicki and Donna transform their family home through a life changing declutter.





# SYDNEY PROGRAM GUIDE

Friday 18th October 2024

**08:45 pm Have You Been Paying Attention? Encore (Rpt)**

CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## SPECIAL ENCORE PRESENTATION

Have Sam Pang, Ed Kavalee and our contestants been paying attention? Host Tom Gleisner and our special guest quizmaster are about to find out.

**09:45 pm To Be Advised**

**10:45 pm 10's Late News**

CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

## SPECIAL ENCORE PRESENTATION

**11:10 pm The Project Encore (Rpt)**

CC

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

## ALL NEW EPISODES

**12:10 am The Late Show With Stephen Colbert**

CC PG

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

**01:00 am Home Shopping (Rpt)**

**Home Shopping**

**01:30 am Home Shopping (Rpt)**

**Home Shopping**

**02:00 am Home Shopping (Rpt)**

**Home Shopping**

**02:30 am Home Shopping (Rpt)**

**Home Shopping**

**03:00 am Home Shopping (Rpt)**

**Home Shopping**

**03:30 am Home Shopping (Rpt)**

**Home Shopping**

**04:00 am Home Shopping (Rpt)**

**Home Shopping**





# SYDNEY PROGRAM GUIDE

## Friday 18th October 2024

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am Home Shopping** (Rpt)

**Home Shopping**

**05:30 am Home Shopping** (Rpt)

**Home Shopping**



# SYDNEY PROGRAM GUIDE

## Saturday 19th October 2024

**06:00 am What's Up Down Under (Rpt)** CC PG  
Mild Themes

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

**06:30 am Leading The Way With Dr. Michael Youssef** CC PG

**ALL NEW EPISODES**  
**#2442 Encouraging Words In Discouraging Times: Part 1**  
Religious.

**07:00 am Reel Action (Rpt)** CC G

### SPECIAL ENCORE PRESENTATION

Solo fast fishing on the Sea Doo Fish Pro kicks off this episode as Guesty races the elements to hook a Mulloway on a soft plastic before the rain sets in.

**07:30 am Escape Fishing With ET (Rpt)** CC G

Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.

**08:00 am IFISH (Rpt)** CC

### SPECIAL ENCORE PRESENTATION

Ifish with BCF follows the journey of Paul Worsteling and his family as they travel around Australia and the globe in search of memorable fishing moments and encounters with classic characters.

**08:30 am The Chef's Garden (Rpt)** CC G

Massimo heads out to sea with fisherman Bryan Denny in search of Southern Rock Lobster. Bringing this culinary journey to a close, Massimo ends with two family favourites: panna cotta and zeppole

**09:00 am My Market Kitchen (Rpt)** CC G

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.





# SYDNEY PROGRAM GUIDE

Saturday 19th October 2024

<b>09:30 am</b> <b>The Drew Barrymore Show</b> (Rpt)	CC PG Sexual References, Mild Themes	<b>SPECIAL ENCORE PRESENTATION</b>  Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.
<b>10:00 am</b> <b>The Drew Barrymore Show</b> (Rpt)	CC PG Sexual References, Mild Themes	<b>SPECIAL ENCORE PRESENTATION</b>  Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.
<b>10:30 am</b> <b>The Drew Barrymore Show</b> (Rpt)	CC PG Sexual References, Mild Themes	<b>SPECIAL ENCORE PRESENTATION</b>  Host Drew Barrymore brings her infectious brand of humour and positivity to daytime.
<b>11:00 am</b> <b>The Amazing Race Australia: Celebrity</b> (Rpt)	CC	Our celebrity's race into Phuket to secure a grand final spot. They dive into the real Phuket, from its stunning natural landscapes to the bustling old town, all in a thrilling, nail-biting finish.
<b>12:30 pm</b> <b>Good Chef Bad Chef</b> (Rpt)	CC G	Hosts Dr Joanna McMillann, Tim Bone, Jacqueline Alwill and Mike Reid present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
<b>01:00 pm</b> <b>Planet Shapers</b> (Rpt)	CC G	Sustainability stories about innovating and adapting to create a more sustainable world.
<b>01:30 pm</b> <b>Australian Motorcycle Grand Prix</b>	CC	<b>LIVE</b> <b><u>Round 17 - Qualifying</u></b>
<b>04:00 pm</b> <b>My Market Kitchen</b> (Rpt)	CC PG Mild Coarse Language	Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.
<b>04:30 pm</b> <b>Farm To Fork</b> (Rpt)	CC G	Courtney Roulston, Michael Weldon and Louis Tikaram take you on a food journey across Australia seeking the freshest and best produce to create inspiring recipes in the kitchen.





# SYDNEY PROGRAM GUIDE

Saturday 19th October 2024

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Dog House (Rpt)**

CC PG

Big boy Shane, the slobbery bulldog claims ownership of proud singleton Lisa by sitting on her, all 40 kilos of him. Meanwhile, Pebbles the sofa addict is matched with David the workaholic ex-athlete.

**07:30 pm Thank God You're Here Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

**08:30 pm The Dog House Australia (Rpt)**

CC PG  
Mild Themes

Will Johnny and Eva get to surprise their teenager Jude with a rescue when they can't agree on the breed? And what about Sophie the cavalier, can she win the timid heart of Martin the maltese cross?

**09:40 pm Ambulance Australia (Rpt)**

CC M  
Mature Themes

A woman stranded on a remote walking track, unable to make her way out, must rely on the help of Emergency Services and a devastating house fire causes a severe case of smoke inhalation.

**10:55 pm Ambulance (Rpt)**

CC M  
Mature Themes

The North East Ambulance Service and Great North Air Ambulance Service work as a team after multiple urgent 999 calls alert them to a crash on the motorway and a gas explosion in a Sunderland house.

**12:10 am The Cheap Seats Encore (Rpt)**

CC M  
Coarse Language,  
Mature Themes

## SPECIAL ENCORE PRESENTATION

Taking a fun look at the week that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald.

**01:00 am Home Shopping (Rpt)**

Home Shopping

**01:30 am Home Shopping (Rpt)**

Home Shopping



# SYDNEY PROGRAM GUIDE

## Saturday 19th October 2024

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Home Shopping** (Rpt)

**Home Shopping**

**05:00 am Hour Of Power**

G

### ALL NEW EPISODES

Hour Of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.

