



SYDNEY PROGRAM GUIDE

Sunday 19th May 2019

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious program.

06:30 am Hillsong CC G

ALL NEW EPISODES

The Days Of God's Gathering Pt. 2, The Gathering Has Begun Pt. 1

Religious.

07:00 am Joesph Prince New Creation Church CC G

ALL NEW EPISODES

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

07:30 am Joel Osteen CC G

ALL NEW EPISODES

You Promised

Religious.

08:00 am The Living Room Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Miguel Maestre teaches us how to make a special Mother's Day dessert, Chris Brown shares tips on how to make your pets live longer and Peter Walsh helps a single mum declutter her recently empty nest.

09:00 am What's Up Down Under (Rpt) CC G

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

09:30 am Studio 10 Sunday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



SYDNEY PROGRAM GUIDE

Sunday 19th May 2019

12:00 pm **Everyday Gourmet With Justine Schofield** (Rpt) CC G

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

12:15 pm **The Cook's Pantry With Matt Sinclair** (Rpt) CC G

Cook's Pantry With Matt Sinclair, The 4

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

12:45 pm **My Market Kitchen** (Rpt) CC G

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

01:15 pm **MasterChef Australia Encore** (Rpt) CC G

SPECIAL ENCORE PRESENTATION

The bottom team from yesterday are presented with an array of condiments they must identify correctly. The first five to guess incorrectly head into an Elimination cook. Plus Masterclass with Nigella.

03:30 pm **WhichCar** CC PG

ALL NEW EPISODES

Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.

04:00 pm **RPM** CC

ALL NEW EPISODES

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

05:00 pm **10 News First** CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



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Sunday 19th May 2019

06:00 pm Bondi Rescue (Rpt)

CC PG
Violence,
Coarse Language,
Mature Themes

The lifeguards take the beach buggy into the streets as they chase down an aggressive beachgoer wielding a knife.

06:30 pm The Sunday Project

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC PG

ALL NEW EPISODES

It's Legends Week and our cooks have to create a dish using Rick Stein's Mystery Box. Later a fish and potatoes themed Invention Test determines who will face the Immunity Challenge and Pressure Test.

09:10 pm Meghan And Harry Plus One

CC

SPECIAL EVENT

Meghan And Harry Plus ONE

A year since their wedding, Gayle King hears from royal insiders to learn how Meghan and Harry have adapted to married life and how they navigate being a royal couple with baby heir, Archie.

10:10 pm Five Bedrooms (Rpt)

CC M
A Sex Scene,
Coarse Language

SPECIAL ENCORE PRESENTATION

It's the story of five unlikely allies in life, teaming up and buying a house. It's a grand social experiment with one glaring problem: they'll have to actually live with each other.

11:10 pm NCIS (Rpt)

CC M

Family Ties

After McGee and Torres visit the home of a high schooler who witnessed a hit-and-run, her parents, Christopher and Julie Bell, flee with their daughter, leaving NCIS in the lurch.

12:05 am The Sunday Project (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.



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01:00 am Home Shopping (Rpt)

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01:30 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 20th May 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Xander encourages Zoe to trust him enough to share her troubles. Meanwhile, Flo ponders whether or not to accept Hope's offer.

08:00 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Sharna Burgess & Tristan MacManus

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Sharna Burgess & Tristan MacManus.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt)

CC PG

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03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Good Chef Bad Chef	CC G
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05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC PG

ALL NEW EPISODES

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ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Douglas becomes a pawn in Thomas' ploy to be with Hope. Shauna takes the opportunity to wear a Forrester Original when it presents itself.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Courtney ACT & Tahir

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Courtney Act and Tahir.



SYDNEY PROGRAM GUIDE

Monday 20th May 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC PG

ALL NEW EPISODES

Today's Pressure Test has contestants recreating a dessert from culinary legend Clare Smyth. During 4 hours of preparation time there are tears and even a dish that collapses before the judges eyes.

08:45 pm Have You Been Paying Attention?

CC

ALL NEW EPISODES

Hosted by Tom Gleisner, our series regulars Ed Kavalee, Sam Pang, Anne Edmonds, Marty Sheargold and Susie Yousseff cover off the who, when, where, why & what the...? of a busy week.

09:45 pm Mr Black Encore (Rpt)

CC M
Mature Themes,
Nudity

SPECIAL ENCORE PRESENTATION

It's Angela's birthday so Mr. Black and Fin compete to see who can give her the best present. Fin and Mr. Black realise that they can only settle this one way - a boxing match! Loser moves out!

10:15 pm The Graham Norton Show Encore (Rpt)

CC M
Coarse Language

SPECIAL ENCORE PRESENTATION

Join the hilarious and cheeky Graham Norton as he chats with Kylie Minogue, Keanu Reeves, Suranne Jones, Taron Egerton, Jamie Bell and Michael Rice.

11:15 pm The Project Encore (Rpt)

CC

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Monday 20th May 2019

12:10 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Olivia Wilde and CBS News Correspondent Scott Pelley. Plus catch musical performance by BTS.

01:00 am Home Shopping (Rpt)

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01:30 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 21st May 2019

06:00 am The Talk

CC PG
Mature Themes

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CC PG

SPECIAL ENCORE PRESENTATION

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08:00 am Celebrity Name Game Encore (Rpt)

CC PG

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08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Sexual References,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Today's Pressure Test has contestants recreating a dessert from culinary legend Clare Smyth. During 4 hours of preparation time there are tears and even a dish that collapses before the judges eyes.



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Tuesday 21st May 2019

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04:00 pm	Good Chef Bad Chef	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC PG

ALL NEW EPISODES

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ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Thomas stuns Hope with an unexpected kiss and an admission of love. Meanwhile, Wyatt confronts an emotional Sally about the secrets she's been keeping.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Susie Youssef & Jane Hall

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Susie Youssef and Jane Hall.



SYDNEY PROGRAM GUIDE

Tuesday 21st May 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Matt Sinclair mentors today's Immunity cook which uses only equipment from a typical office kitchen. Best dish enters Round 2 where they will compete against culinary legend Donovan Cooke.

08:45 pm Mr Black

CC

ALL NEW EPISODES

When a Sudanese family move next-door Mr. Black's unconscious racism is exposed. But soon it's revealed that their son has great AFL skills and Mr. Black's racism evaporates.

09:15 pm NCIS

CC

ALL NEW EPISODES

Lost Time

The team investigates the murder of a Marine Sergeant who was hailed as a war hero; Gibbs turns to Dr. Confalone for advice after uncharacteristically abandoning the team at a crime scene.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:10 pm NCIS: Los Angeles

CC

ALL NEW EPISODES

The Guardian

Callen and Sam work with Harmon Rabb, the former JAG who is now the XO captain on the USS Intrepid to stop ISIS sympathizers from attacking U.S. aircraft carriers.

11:05 pm The Project Encore (Rpt)

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Tuesday 21st May 2019

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in for The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Julianna Margulies and Adm. William McRaven. Plus a performance by the Broadway cast of "The Prom".

01:00 am Home Shopping (Rpt)

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01:30 am Home Shopping (Rpt)

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04:30 am CBS This Morning CC

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Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 22nd May 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

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SPECIAL ENCORE PRESENTATION

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07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Thomas stuns Hope with an unexpected kiss and an admission of love. Meanwhile, Wyatt confronts an emotional Sally about the secrets she's been keeping.

08:00 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Susie Youssef & Jane Hall

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Susie Youssef and Jane Hall.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Five Bedrooms Encore (Rpt)

CC M
A Sex Scene,
Coarse Language

SPECIAL ENCORE PRESENTATION

It's the story of five unlikely allies in life, teaming up and buying a house. It's a grand social experiment with one glaring problem: they'll have to actually live with each other.



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Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Wyatt calls Liam and reveals that Thomas is brainwashing Hope against him. Meanwhile, Brooke and Ridge disagree on their children's paths.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.



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06:00 pm Celebrity Name Game

CC

ALL NEW EPISODES

Ash London & Ed Kavalee

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06:30 pm The Project

CC

ALL NEW EPISODES

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07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Joined by Yotam Ottolenghi, our contestants are cooking street food for 360 people. Each team must hero a different cuisine and the least impressive team will be sent into tomorrow's elimination.

08:45 pm Five Bedrooms

CC M
Coarse Language,
Nudity

ALL NEW EPISODES

As Ben, Ainsley, Harry and Liz kick off their housewarming celebrations, Heather doses herself up on a concoction to combat her urge to return home. Will she last the night or farewell this new life?

09:45 pm Bull

CC M
Violence

ALL NEW EPISODES

Girl Without Feelings, A

Bull confronts his guilt over closing his psychiatric practice to start TAC when his former patient, a young woman who is a clinical sociopath, goes on trial for killing her brother.

10:45 pm Sports Tonight

CC

ALL NEW EPISODES

Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.



SYDNEY PROGRAM GUIDE

Wednesday 22nd May 2019

11:15 pm **Hawaii Five-0**

CC M
Frequent Violence

ALL NEW EPISODES

Pua A'e LA Ka Uwahi O Ka Moe (The Smokeseen In The Dream Now Rises)

As Steve and Danny get ready for the opening of their restaurant, McGarrett investigates a cold case from the 1940s and he tries to deduce how the mystery could have been solved.

Starring: Alex O'Loughlin, Scott Caan, Chi McBride, Meaghan Rath, Ian Anthony Dale, Jorge Garcia

12:15 am **The Project Encore** (Rpt)

CC

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01:10 am **The Late Show With Stephen Colbert** CC PG

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04:30 am **CBS This Morning**

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SYDNEY PROGRAM GUIDE

Thursday 23rd May 2019

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CC PG
Mature Themes

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08:00 am Celebrity Name Game Encore (Rpt)

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ALL NEW EPISODES

Sally lays into Thomas for ruining her relationship with Wyatt as Quinn celebrates the good news. Meanwhile, Flo becomes concerned for Hope.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Olympia Valance & Merrick Watts

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07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Legends week continues as Yotam Ottolenghi hosts a deli item challenge. The first three contestants to incorrectly name a deli item must cook to stay in the competition. Who will be heading home?

08:40 pm Ambulance Australia

CC M
Coarse Language,
Mature Themes

SEASON RETURN

Paramedics are called to a bomb threat at Sydney airport, while good friends Mosh and Kren are called to a 35-week pregnant woman who hasn't felt her baby move in 10 hours and has severe bleeding.

09:40 pm Law & Order: SVU

CC M
Strong Adult Themes

ALL NEW EPISODES

Exchange

Benson helps a teenaged exchange student after she's assaulted by a cab driver.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

10:35 pm Blue Bloods

CC M
Violence,
Mature Themes

ALL NEW EPISODES

Identity

DNA evidence in a murder case leads Danny to identical twins with identical alibis. Frank learns that Nicky has applied for a job at the Justice Coalition, and Jamie visits Eddie's father in prison.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Sami Gayle

11:30 pm The Project Encore (Rpt)

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CC PG
Mature Themes

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CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Sally lays into Thomas for ruining her relationship with Wyatt as Quinn celebrates the good news. Meanwhile, Flo becomes concerned for Hope.

08:00 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Olympia Valance & Merrick Watts

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Olympia Valance and Merrick Watts.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm The Living Room Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Barry challenges Kyal and Kara to a bedroom makeover challenge, Dr Chris Brown takes an off-beat Melbourne tour and Miguel heads to the Murray River where he serves up a delicious and simple dish.



SYDNEY PROGRAM GUIDE

Friday 24th May 2019

02:00 pm	Entertainment Tonight	CC
02:30 pm	To Be Advised	
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Good Chef Bad Chef	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC PG

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Thomas' stunned when Liam returns from Paris and confronts him about his actions. Meanwhile, Wyatt tells Flo that Sally moved out because of a secret.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Peter Rowsthorn & Matty J

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Peter Rowsthorn and Matty J.



SYDNEY PROGRAM GUIDE

Friday 24th May 2019

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm The Living Room CC

ALL NEW EPISODES

Cherie Barber helps three sisters get their parents home ready for the market, Dr Chris Brown jumps head first into island life in Tahiti and Miguel serves up a double shot of coffee and cookies.

08:30 pm The Graham Norton Show CC

ALL NEW EPISODES

Join the hilarious and cheeky Graham Norton as he hosts Will Smith, Naomi Scott, Kevin Hart and Octavia Spencer.

09:30 pm To Be Advised

10:30 pm To Be Advised

11:00 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 24th May 2019

01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 25th May 2019

06:00 am Australian Fishing Championships CC PG
(Rpt)

Welcome to the Australian Fishing Championships, where the best anglers in Australia go head-to-head. AFC is hosted across the Mackay and Whitsundays region in northern Queensland.

06:30 am Escape Fishing With ET (Rpt) CC G

Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.

07:00 am RPM (Rpt) CC

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

08:00 am WhichCar (Rpt) CC PG

Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.

08:30 am What's Up Down Under (Rpt) CC G

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

09:00 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.

ALL NEW EPISODES

12:00 pm Dr. Phil CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.



SYDNEY PROGRAM GUIDE

Saturday 25th May 2019

01:00 pm The Living Room Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Cherie Barber helps three sisters get their parents home ready for the market, Dr Chris Brown jumps head first into island life in Tahiti and Miguel serves up a double shot of coffee and cookies.

02:00 pm Buy To Build CC G

ALL NEW EPISODES

Buy to Build offers a look at the country's latest display homes and land developments and matches the perfect combination for our weekly couple.

02:30 pm The Home Team (Rpt) CC G

Tune in and get inspired to do that job you've been putting off for too long... The Home Team are your team of dedicated DIYers. Learn affordable ways to make your home stylish, cozy and sustainable.

03:00 pm The Cook's Pantry With Matt Sinclair (Rpt) CC G

Cook's Pantry With Matt Sinclair, The 5

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

03:30 pm What's Up Down Under CC G

ALL NEW EPISODES

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

04:00 pm Bondi Vet (Rpt) CC PG
Medical Procedures

At SASH, Laura is confronted with a shocking case of animal cruelty. In the Hunter Valley, Tim and the team are struggling to round up wild bush camels who need urgent attention.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm To Be Advised



SYDNEY PROGRAM GUIDE

Saturday 25th May 2019

06:30 pm To Be Advised

07:00 pm To Be Advised

07:30 pm Ambulance

CC M
Coarse Language,
Mature Themes

ALL NEW EPISODES

During a 12-hour night shift with North West Ambulance Service, call handler Elly tackles an increasing volume of calls, and there are surprises for paramedics April and Clare.

08:45 pm One Born Every Minute

CC

ALL NEW EPISODES

Dawn and Scott have seven children between them and are expecting their first baby together. But Dawn is terrified; it's 10 years since she had her last one.

09:45 pm Ambulance (Rpt)

CC M
Coarse Language,
Drug References,
Mature Themes

On a busy Friday night, the crew is already on its 3rd cardiac arrest & a 4th stabbing victim. But it is an elderly man without medication & an alcoholic refusing attention that take up the most time

11:00 pm NCIS: New Orleans

CC M
Frequent Violence

ALL NEW EPISODES

The River Styx, Pt. 1

Starring: Scott Bakula, Lucas Black, C C H Pounder, Daryl Mitchell, Rob Kerkovich, Vanessa Ferlito

12:00 am Supercars Highlights (Rpt)

CC

Supercars Winton (Sat)

Highlights of the 2019 Supercars Championship from the Winton SuperSprint at the Winton Motor Raceway in Victoria.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 25th May 2019

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power With Bobby Schuller

G

ALL NEW EPISODES

Religious program.



SYDNEY PROGRAM GUIDE

Sunday 26th May 2019

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Religious program.

06:30 am Hillsong CC G

ALL NEW EPISODES

The Days Of God's Gathering Pt. 2, The Gathering Has Begun Pt. 2

Religious.

07:00 am Joesph Prince New Creation Church CC G

ALL NEW EPISODES

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

07:30 am Joel Osteen CC G

ALL NEW EPISODES

God Is Your Source

Religious.

08:00 am The Living Room Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Barry challenges Kyal and Kara to a bedroom makeover challenge, Dr Chris Brown takes an off-beat Melbourne tour and Miguel heads to the Murray River where he serves up a delicious and simple dish.

09:00 am Buy To Build (Rpt) CC G

Buy to Build offers a look at the country's latest display homes and land developments and matches the perfect combination for our weekly couple.

09:30 am Studio 10 Sunday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



SYDNEY PROGRAM GUIDE

Sunday 26th May 2019

12:00 pm **Everyday Gourmet With Justine Schofield** (Rpt) CC G

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

12:20 pm **The Cook's Pantry With Matt Sinclair** (Rpt) CC G

Cook's Pantry With Matt Sinclair, The 9

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

12:50 pm **My Market Kitchen** (Rpt) CC G

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

01:20 pm **Everyday Gourmet With Justine Schofield** (Rpt) CC G

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

01:50 pm **MasterChef Australia Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Legends week continues as Yotam Ottolenghi hosts a deli item challenge. The first three contestants to incorrectly name a deli item must cook to stay in the competition. Who will be heading home?

03:00 pm **WhichCar** CC PG

ALL NEW EPISODES

Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.

03:30 pm **RPM** CC

ALL NEW EPISODES

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.



SYDNEY PROGRAM GUIDE

Sunday 26th May 2019

04:00 pm Supercars Highlights	CC	<p><u>Supercars Winton (Sun)</u> Highlights of the 2019 Supercars Championship from the Winton SuperSprint at the Winton Motor Raceway in Victoria.</p>
05:00 pm 10 News First	CC	<p>ALL NEW EPISODES Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.</p>
06:00 pm Bondi Rescue (Rpt)	CC PG	<p>It's Christmas Day on Bondi Beach and the lifeguards patience is being tested by beachgoers. Later on, will Trainee Tommy be able to wrangle a highly venomous sea snake before it does any damage?</p>
06:30 pm The Sunday Project	CC	<p>ALL NEW EPISODES Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.</p>
07:30 pm MasterChef Australia	CC	<p>ALL NEW EPISODES It's Secrets Week on MasterChef and after a quick workshop with Din Tai Fung's Edward Yulianto, our cooks must create a tasty dumpling dish and later invent a dish that incorporates a secret. Shhh...</p>
09:10 pm FBI	CC M Violence	<p>SEASON RETURN <u>Identity Crisis</u> After a judge and her daughter are gunned down in the street, Maggie's search for the killer leads her to reconnect with a former FBI classmate who is struggling with her undercover identity. Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Sela Ward, Ebonée Noel</p>
10:05 pm NCIS (Rpt)	CC M Violence	<p><u>Keep Your Friends Close</u> After the body of a missing Navy commander is found, Vance orders Gibbs and the team to work with former FBI Agent Tobias "TC" Fornell, the private investigator who was hired to locate him.</p>



SYDNEY PROGRAM GUIDE

Sunday 26th May 2019

11:00 pm The Sunday Project (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

12:00 am Home Shopping (Rpt)

Home Shopping

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 27th May 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Thomas' stunned when Liam returns from Paris and confronts him about his actions. Meanwhile, Wyatt tells Flo that Sally moved out because of a secret.

08:00 am Celebrity Name Game Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Peter Rowsthorn & Matty J

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Peter Rowsthorn and Matty J.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

It's Secrets Week on MasterChef and after a quick workshop with Din Tai Fung's Edward Yulianto, our cooks must create a tasty dumpling dish and later invent a dish that incorporates a secret. Shhh...



SYDNEY PROGRAM GUIDE

Monday 27th May 2019

02:40 pm	Entertainment Tonight	CC
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Good Chef Bad Chef	CC G
04:30 pm	The Bold & The Beautiful	CC
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC

ALL NEW EPISODES

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ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

Quinn expresses pleasure that Sally's out of Wyatt's life. Meanwhile, Liam rallies to defend his marriage as Thomas expresses that Hope belongs to him.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Tom Ballard & Lucy Durack

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Tom Ballard & Lucy Durack.



SYDNEY PROGRAM GUIDE

Monday 27th May 2019

06:30 pm	The Project	CC
07:30 pm	MasterChef Australia	CC
08:40 pm	Have You Been Paying Attention?	CC
09:40 pm	Kinne Tonight	CC
10:10 pm	To Be Advised	
10:40 pm	To Be Advised	
11:40 pm	The Project Encore (Rpt)	CC
12:40 am	The Late Show With Stephen Colbert	CC PG

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

ALL NEW EPISODES

3 contestants face today's pressure test and will cook a paella based on an award-winning dish by Leno Lattarulo from Melbourne's 'Simply Spanish'. Simple right? Wrong. It is Secrets Week after all...

ALL NEW EPISODES

Hosted by Tom Gleisner, Have You Been Paying Attention? is a fast-paced and irreverent look at the news with five comedians competing to see who can remember the most about the events of the week.

SEASON PREMIERE

Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.



SYDNEY PROGRAM GUIDE

Monday 27th May 2019

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 28th May 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Quinn expresses pleasure that Sally's out of Wyatt's life. Meanwhile, Liam rallies to defend his marriage as Thomas expresses that Hope belongs to him.

08:00 am Celebrity Name Game Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Tom Ballard & Lucy Durack

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Tom Ballard & Lucy Durack.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

3 contestants face today's pressure test and will cook a paella based on an award-winning dish by Leno Lattarulo from Melbourne's 'Simply Spanish'. Simple right? Wrong. It is Secrets Week after all...



SYDNEY PROGRAM GUIDE

Tuesday 28th May 2019

02:00 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Good Chef Bad Chef	CC G
04:30 pm	The Bold & The Beautiful	CC
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC

ALL NEW EPISODES

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SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

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ALL NEW EPISODES

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Yvie Jones & Gina Liano

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Yvie Jones & Gina Liano.



SYDNEY PROGRAM GUIDE

Tuesday 28th May 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC PG

ALL NEW EPISODES

Today's Immunity rounds involve sauce, secrets and citrus. A contestant will face off against an established chef that will be kept secret from everyone, including the judges, until the very end.

08:45 pm Mr Black

CC

ALL NEW EPISODES

After a fight between Mr. Black and Fin over the house gun, Mr. Black encourages his daughter to take up recreational shooting for stress relief.

09:15 pm NCIS

CC

SEASON FINALE

Daughters

Fornell pleads with Gibbs to do whatever is necessary to take down drug dealers in the area after his daughter is hospitalized from a drug overdose; Gibbs is haunted by aspects of the case.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:10 pm NCIS: Los Angeles

CC

SEASON FINALE

False Flag

11:05 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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12:05 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

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SYDNEY PROGRAM GUIDE

Tuesday 28th May 2019

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

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Home Shopping

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03:00 am Home Shopping (Rpt)

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03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 29th May 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

08:00 am Celebrity Name Game Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Yvie Jones & Gina Liano

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Yvie Jones & Gina Liano.

08:30 am Studio 10

CC PG

ALL NEW EPISODES

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12:00 pm Dr. Phil

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Today's Immunity rounds involve sauce, secrets and citrus. A contestant will face off against an established chef that will be kept secret from everyone, including the judges, until the very end.



SYDNEY PROGRAM GUIDE

Wednesday 29th May 2019

02:00 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
04:00 pm	Good Chef Bad Chef	CC G
04:30 pm	The Bold & The Beautiful	CC
05:00 pm	10 News First	CC
06:00 pm	Celebrity Name Game	CC

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

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Brendan "Jonesy" Jones & Casey Donovan

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places & characters from pop culture. Today's celebrities: Brendan "Jonesy" Jones & Casey Donovan



SYDNEY PROGRAM GUIDE

Wednesday 29th May 2019

06:30 pm The Project

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm MasterChef Australia

CC

ALL NEW EPISODES

Each team is allocated a 'secret weapon' and must create a four-course Italian meal for forty diners. Whichever team serves the least impressive meal will go into tomorrow's pressure test.

08:45 pm Five Bedrooms

CC M
Coarse Language,
Mature Themes,
Nudity

ALL NEW EPISODES

Living arrangement boundaries have been pushed just a little too far. Nudie strolls, hygiene complaints and a general lack of self awareness see everyone, bar Ainslie, ready to kick Ben out.

09:45 pm Bull

CC M

ALL NEW EPISODES

But For The Grace

Bull takes on a pro bono client who was poorly advised by his public defender to plead guilty to a misdemeanour assault charge and is now facing felony manslaughter after the victim dies.

10:40 pm Sports Tonight

CC

ALL NEW EPISODES

Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.

11:10 pm Hawaii Five-0

CC M
Violence

ALL NEW EPISODES

Lele Pu Na Manu Like (Birds Of A Feather)

Thanksgiving brings Grover's parents and brother Percy Jr. to Oahu for a visit tainted by sibling rivalry, and Five-0 investigates a thief who is crushed to death by an empty safe.

Starring: Alex O'Loughlin, Scott Caan, Chi McBride, Meaghan Rath

Guest Starring: Louis Gossett Jr, Gladys Knight



SYDNEY PROGRAM GUIDE

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12:05 am The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

01:05 am The Late Show With Stephen Colbert CC PG

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02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

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03:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

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04:30 am CBS This Morning CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 30th May 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

08:00 am Celebrity Name Game Encore (Rpt)

CC

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08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm MasterChef Australia Encore (Rpt)

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Each team is allocated a 'secret weapon' and must create a four-course Italian meal for forty diners. Whichever team serves the least impressive meal will go into tomorrow's pressure test.



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Thursday 30th May 2019

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02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	My Market Kitchen	CC G
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06:00 pm	Celebrity Name Game	CC

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CC

ALL NEW EPISODES

Secrets Week closes with yesterday's losing team facing a blind-folded taste test. The first five to guess incorrectly have a 60-minute open pantry cook but one last secret will ruffle some feathers.

08:40 pm Ambulance Australia

CC M
Coarse Language,
Mature Themes

SEASON FINALE

It's one of the busiest days of the year for paramedics, Australia Day. Faced with an increase in alcohol related calls Sam & Tammy attend to a man passed out in the middle of the road in his car.

09:40 pm Law & Order: SVU

CC

ALL NEW EPISODES

Diss

When a pop star is assaulted in her home, the SVU investigates the public feud between her rapper husband and a competing record artist. Meanwhile, Fin's family ties to a suspect takes him off the case.

Starring: Mariska Hargitay, Ice T , Peter Scanavino

Guest Starring: Snoop Dogg, Amber Stevens West, Orlando Jones

10:35 pm Blue Bloods

CC M
Violence

SEASON FINALE

Something Blue

As Jamie and Eddie's wedding day approaches, Erin interviews a witness whose story leads her to doubt Eddie's honesty. Danny and Baez unravel the complicated love life of a young man who was murdered.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray

11:30 pm The Project Encore (Rpt)

CC

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Denise Drysdale & Jessica Rowe

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08:30 am Studio 10

CC PG

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12:00 pm Dr. Phil

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Coarse Language,
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Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm The Living Room Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Cherie Barber helps three sisters get their parents home ready for the market, Dr Chris Brown jumps head first into island life in Tahiti and Miguel serves up a double shot of coffee and cookies.



SYDNEY PROGRAM GUIDE

Friday 31st May 2019

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ALL NEW EPISODES

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ALL NEW EPISODES

Johnny Ruffo & Rhonda Burchmore

Celebrity Name Game pairs regular Aussies with celebrities in a race against the clock to guess names, places and characters from pop culture. Today's celebrities: Johnny Ruffo & Rhonda Burchmore.



SYDNEY PROGRAM GUIDE

Friday 31st May 2019

06:30 pm The Project CC

ALL NEW EPISODES

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07:30 pm The Living Room CC

ALL NEW EPISODES

08:30 pm The Graham Norton Show CC

ALL NEW EPISODES

Join Jack Whitehall as he hosts on behalf of Graham Norton. Guests: Gwendoline Christie, Luke Evans & Sam Fender.

09:30 pm To Be Advised

10:30 pm To Be Advised

11:00 pm To Be Advised

11:30 pm The Project Encore (Rpt) CC

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01:30 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 31st May 2019

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SYDNEY PROGRAM GUIDE

Saturday 01st June 2019

06:00 am Australian Fishing Championships CC PG
(Rpt)

Welcome to the Australian Fishing Championships, where the best anglers in Australia go head-to-head. AFC is hosted across the Mackay and Whitsundays region in northern Queensland.

06:30 am Escape Fishing With ET (Rpt) CC G

Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species and interesting spots with his mates.

07:00 am RPM (Rpt) CC

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

07:30 am WhichCar (Rpt) CC G

Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.

08:00 am What's Up Down Under (Rpt) CC G

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

08:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

09:00 am Everyday Gourmet With Justine Schofield (Rpt) CC G

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

09:30 am Studio 10 Saturday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



SYDNEY PROGRAM GUIDE

Saturday 01st June 2019

12:00 pm **The Living Room Encore** (Rpt) CC

01:00 pm **My Market Kitchen** (Rpt) CC G

01:30 pm **The Home Team** (Rpt) CC G

02:00 pm **Healthy Homes Australia**

02:30 pm **The Renovation King** (Rpt) CC G

03:00 pm **The Cook's Pantry With Matt Sinclair** (Rpt) CC G

03:30 pm **What's Up Down Under** CC G

04:00 pm **Bondi Vet** (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Join Masterchef winner 2016, Elena Duggan and Masterchef 2018 favourite Khanh Ong as they teach you their favourite recipes with the freshest ingredients you could find at your local market.

Tune in and get inspired to do that job you've been putting off for too long... The Home Team are your team of dedicated DIYers. Learn affordable ways to make your home stylish, cozy and sustainable.

SEASON PREMIERE

The Big Kitchen

Every home is a castle, whether it's taken a few knocks, desperately in need of expansion or crying out for a little TLC. Barry Du Bois is the man with a plan to turn the humblest place into a palace.

Cook's Pantry With Matt Sinclair, The 6

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

ALL NEW EPISODES

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

Chris treats Aku the Fijian Iguana at a busy Cairns clinic. Meanwhile at the Reptile Park, Tim and his team have to carry out one of their most dangerous jobs yet



SYDNEY PROGRAM GUIDE

Saturday 01st June 2019

05:00 pm 10 News First

CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm To Be Advised

06:30 pm To Be Advised

07:00 pm To Be Advised

07:30 pm Ambulance

CC M
Coarse Language,
Mature Themes

ALL NEW EPISODES

A suspected terror incident requires a large-scale response and brings back memories of the Manchester Arena attack for the paramedics.

08:45 pm One Born Every Minute

CC M
Medical Procedures

ALL NEW EPISODES

Rose had a stroke during her pregnancy and now arrives for a planned C-section. Chynna and Spencer are both 21. They're expecting their second child together, with Chynna's mum on hand to help out.

09:45 pm Ambulance UK (Rpt)

CC M
Coarse Language,
Drug References,
Mature Themes

A patient is discovered to be having a massive heart attack after she called in about pain in her stomach. A despatcher receives a call from a woman has gone into labour in a car on the side of a road

11:00 pm NCIS: New Orleans

CC

SEASON FINALE

The River Styx, Pt. 2

Starring: Scott Bakula, Lucas Black, C C H Pounder, Daryl Mitchell, Rob Kerkovich, Vanessa Ferlito

12:00 am Elementary (Rpt)

CC M
Violence

The Worms Crawl In, The Worms Crawl Out

The duo suspects a murdered zoologist was killed because of his numerous affairs or his trailblazing research; Holmes finds himself the victim of identity theft after his medical records are stolen.



SYDNEY PROGRAM GUIDE

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01:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
01:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
02:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
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ALL NEW EPISODES

05:00 am	Hour Of Power With Bobby Schuller	G	Religious program.
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