



SYDNEY PROGRAM GUIDE

Sunday 26th March 2023

06:00 am Home Shopping (Rpt)

Home Shopping

06:30 am Home Shopping (Rpt)

Home Shopping

07:00 am Home Shopping (Rpt)

Home Shopping

07:30 am Key Of David

G

The Key of David covers today's most important events with a unique perspective. Not only does the program tell you what's happening to our society and our world, it tells you why.

08:00 am Roads Less Travelled (Rpt)

CC G

An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.

08:30 am Roads Less Travelled (Rpt)

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An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.

09:00 am Pat Callinan's 4x4 Adventures (Rpt)

CC G

Explore Australia's most breathtaking destinations off-the-beaten-track with our very own 'Mr 4X4', Pat Callinan.

10:00 am Reel Action (Rpt)

CC G

Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.

10:30 am Reel Action (Rpt)

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11:00 am Australia By Design: Architecture (Rpt) CC PG

Now in its fifth season, Australia by Design, uncovers the outstanding projects that exemplify excellence in Australian architectural, interior, landscape and urban design.

11:30 am Exploring Off The Grid (Rpt) CC G

True adventure happens when the road ends, join Rick, Jamie and Johnno for exploration, adventure and a bloody good time.

12:00 pm JAG (Rpt) PG
Violence,
Mild Coarse
Language

Into The Breach

Harm and Mac stumble upon a miscarriage of justice in a 10-year-old case when they tutor a group of cadets in a mock trial.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

01:00 pm JAG (Rpt) PG
Violence,
Mild Coarse
Language,
Mature Themes

Life Or Death

Mac is assigned the personally distasteful task of representing a fellow Marine who is appealing his death sentence for the murder of three other Marines.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

02:00 pm What's Up Down Under (Rpt) CC G

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

02:30 pm All 4 Adventure (Rpt) CC PG
Mild Coarse
Language,
Mature Themes

Jase and Simon rescue stranded travellers north of Cape York. They head off-shore into the Torres Strait before travelling south for a cool change on the wild west coast of Tassie.

03:30 pm MacGyver (Rpt) PG
Violence,
Mature Themes

Father + Son + Father + Matriarch

After Oversight is almost killed in a bombing, he recruits Mac to help him find the suspected bomber. Mac meets his Aunt Gwendolyn.

Starring: Lucas Till, Tristin Mays



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04:30 pm MacGyver (Rpt)

PG
Violence

Code + Artemis + Nuclear + N3mesis

While Mac's friends surround him during his time of grief, Los Angeles' power grid is taken hostage in a ransomware attack resulting in a citywide blackout.

Starring: Lucas Till, Tristin Mays

05:30 pm JAG (Rpt)

PG
Violence,
Coarse Language,
Drug References

Cabin Pressure

Harm is trapped below deck on a sinking ship with a sailor, who has been accused of murder.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

06:30 pm JAG (Rpt)

PG
Violence,
Sexual References,
Nudity

Boomerang (1)

At the request of Lieutenant Commander Brumby, Admiral Chegwidden sends Harm and Bud to Australia to represent a U.S. Naval officer, Kevin Lee.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

07:30 pm NCIS (Rpt)

CC M
WS Violence

Bury Your Dead

The NCIS team uncovers a huge secret, as their mission to capture La Grenouille comes to an explosive and deadly conclusion.

Starring: Mark Harmon, Michael Weatherly, Pauley Perrette, David McCallum, Sean Murray, Cote De Pablo, Lauren Holly

Guest Starring: Armand Assante

08:30 pm NCIS (Rpt)

CC M
WS Violence

Family (Pka Fever)

During an autopsy, Ducky makes a startling discovery that turns the murder of a Petty Officer into a search for a missing infant. Meanwhile, Tony has to deal with his feelings for Jeanne.

Starring: Mark Harmon, Michael Weatherly, Pauley Perrette, David McCallum, Sean Murray, Cote De Pablo, Lauren Holly

09:25 pm NCIS (Rpt)

CC M
WS Violence

Ex-File

Lt. Colonel Mann joins Gibbs in an investigation of the murder of a Marine Captain who had access to highly classified information.

Starring: Mark Harmon, Michael Weatherly, Pauley Perrette, David McCallum, Sean Murray, Cote De Pablo, Lauren Holly

Guest Starring: Robin Dunne



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MOVIE

10:20 pm **Movie: 21 Bridges** (Rpt)(2019)

MA15+
Strong Violence,
Coarse Language

After uncovering a massive conspiracy, an embattled NYPD detective joins a citywide manhunt for two cop killers, but he soon becomes unsure of who to pursue – and who's in pursuit of him.

Starring: Chadwick Boseman, Sienna Miller, J.K. Simmons, Stephan James, Taylor Kitsch

12:20 am **Seal Team** (Rpt)

M
Violence

Siege Protocol Pt.2

Bravo Team rush to the aid of the TOC operatives who have been amushed by Venezuelan soldiers and must fight for their very lives.

Starring: David Boreanaz, Max Thieriot, Jessica Pare, Toni Trucks, Neil Brown Jr., A.J. Buckley

01:15 am **In The Dark** (Rpt)

M
Violence,
Mature Themes

Do You Hear What I Hear?

As Murphy closes in on finding out what happened to Jess, Clemens and Josh move one step closer to finding Murphy.

Starring: Perry Mattfeld, Brooke Markham, Morgan Krantz, Matt Murray, Theodore Bhat, Casey Deidrick

02:10 am **Evil** (Rpt)

M
Coarse Language,
Mature Themes,
Horror

C Is For Cop

After the shooting of an unarmed woman, the team is asked to investigate the police officer who pulled the trigger. Meanwhile, Ben's night terrors worsen, and Kristen's past comes back to haunt her.

Starring: Katja Herbers, Mike Colter, Aasif Mandvi, Christine Lahti, Kristen Connolly, Fred Lehne

03:05 am **48 Hours** (Rpt)

M
Violence,
Mature Themes

Promise To Ahmaud, A

Go inside the trial against the three white men accused of killing a Black jogger and the final guilty verdicts.

04:00 am **JAG** (Rpt)

PG
Violence,
Coarse Language,
Drug References

Cabin Pressure

Harm is trapped below deck on a sinking ship with a sailor, who has been accused of murder.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan



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Violence,
Sexual References,
Nudity

Boomerang (1)

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08:00 am	Healthy Homes Australia (Rpt)	CC G	Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.
08:30 am	Australia By Design: Innovation (Rpt)	CC PG	Now in its fifth season, Australia by Design: Innovations is all about Australian innovation, ingenuity and design excellence, it's about inspiration, disruption and changing the game.
09:00 am	iFish (Rpt)	G	Join the Worstelings as they travel Australia and the world sharing beautiful locations, fishing and of course, the amazing people they meet along the way.
09:30 am	Reel Action (Rpt)	CC G	<u>Townsville Coral Trout</u> Guesty along with cricket legend Andrew Symonds, Jack Nolan and James Forster try a few different techniques to target coral trout.
10:00 am	Reel Action (Rpt)	CC G	<u>Forster Whiting, Flathead And Mulloway.</u> Guesty, Kayla Brown and Jono Bleakley chase whiting on surface lures, flathead on soft plastics but it's the ghosts of the dark big silver mulloway that they really want.
10:30 am	All 4 Adventure (Rpt)	CC PG Coarse Language	Jase and Simon rescue stranded travellers north of Cape York. They head off-shore into the Torres Strait before travelling south for a cool change on the wild west coast of Tassie.



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Violence,
Coarse Language,
Drug References

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Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

12:30 pm NCIS (Rpt)

CC M
WS

Iced

A boy at play on a frozen pond sees the body of a man below the surface. When Gibbs and company investigate, they find three more bodies.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

01:30 pm NCIS (Rpt)

CC M
WS

Untouchable

The NCIS team investigate when a Pentagon cryptographer is found dead. As the investigation continues, the team discovers that she wasn't alone when she died.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

02:30 pm JAG (Rpt)

PG
Violence,
Sexual References,
Nudity

Boomerang (1)

At the request of Lieutenant Commander Brumby, Admiral Chegwidden sends Harm and Bud to Australia to represent a U.S. Naval officer, Kevin Lee.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

03:30 pm MacGyver (Rpt)

PG
Mild Violence

Deep Cover

Most people use inflatable life rafts and flare guns to save lives, how will MacGyver use them to trap drug smugglers and save his buddy?

Starring: Richard Dean Anderson, Dana Elcar

04:30 pm MacGyver (Rpt)

PG
Mild Violence

The Lost Amadeus

MacGyver is usually putting out fires but this time, he needs to start one to escape. He just has to survive the poisonous CO2 extinguishers first.

Starring: Richard Dean Anderson, Dana Elcar



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Monday 27th March 2023

05:30 pm JAG (Rpt)	PG Violence, Sexual References, Mild Coarse Language	<p><u>Boomerang (2)</u></p> <p>The murder and desertion trial of Kevin Lee takes a bad turn after his wife changes her testimony under cross examination.</p> <p>Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan</p>
06:30 pm Scorpion (Rpt)	CC PG Sexual References, Mature Themes	<p><u>The Hole Truth</u></p> <p>Team Scorpion must save a worker teetering on the edge of a massive sink hole that threatens to destroy the Los Angeles water supply forever.</p> <p>Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jadyn Wong, Ari Stidham</p> <p>Guest Starring: Lea Thompson</p>
07:30 pm Bull (Rpt)	CC M Mature Themes	<p><u>Gag Order</u></p> <p>Bull agrees to help Chunk's daughter when her journalism professor faces jail time for stealing proprietary information from a dating app developer.</p>
08:30 pm NCIS (Rpt)	CC M WS Violence	<p><u>Identity Crisis</u></p> <p>When Ducky realises that one of his cadavers used for research is actually a victim of murder, the NCIS team identifies him as a criminal genius who is capable of deleting the past.</p> <p>Starring: Mark Harmon, Michael Weatherly, Pauley Perrette, David McCallum, Sean Murray, Cote De Pablo, Lauren Holly</p> <p>Guest Starring: Joe Spano</p>
09:25 pm NCIS (Rpt)	CC M WS Violence	<p><u>Leap Of Faith</u></p> <p>The NCIS team is called in to stop a naval officer from committing suicide by jumping off a rooftop, but when the suicide attempt turns into a murder, the NCIS team will have to find out who did it.</p> <p>Starring: Mark Harmon, Michael Weatherly, Pauley Perrette, David McCallum, Sean Murray, Cote De Pablo, Lauren Holly</p>
10:20 pm In The Dark	M Mature Themes	<p><u>Expectation Is The Root Of All Heartache</u></p> <p>Murphy finally learns the truth about what happened to Jess and it forces her to take a closer look at who she herself has become.</p> <p>Starring: Perry Mattfeld, Brooke Markham, Morgan Krantz, Matt Murray, Theodore Bhat, Casey Deidrick</p>



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11:15 pm NCIS: New Orleans (Rpt)

M
Violence

Once Upon A Time

After a Molotov cocktail is hurled into Pride's bar, evidence leads him directing to his old nemesis, Sasha Brouard, who has been keeping a secret that will affect his life forever.

Starring: Scott Bakula, Rob Kerkovich, C C H Pounder

12:15 am Home Shopping (Rpt)

Home Shopping

12:45 am Home Shopping (Rpt)

Home Shopping

01:15 am Home Shopping (Rpt)

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02:15 am MacGyver (Rpt)

PG
Mild Violence

Deep Cover

Most people use inflatable life rafts and flare guns to save lives, how will MacGyver use them to trap drug smugglers and save his buddy?

Starring: Richard Dean Anderson, Dana Elcar

03:10 am MacGyver (Rpt)

PG
Mild Violence

The Lost Amadeus

MacGyver is usually putting out fires but this time, he needs to start one to escape. He just has to survive the poisonous CO2 extinguishers first.

Starring: Richard Dean Anderson, Dana Elcar

04:05 am JAG (Rpt)

PG
Violence,
Sexual References,
Mild Coarse
Language

Boomerang (2)

The murder and desertion trial of Kevin Lee takes a bad turn after his wife changes her testimony under cross examination.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan



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05:00 am **Scorpion** (Rpt)

CC PG
Sexual References,
Mature Themes

The Hole Truth

Team Scorpion must save a worker teetering on the edge of a massive sink hole that threatens to destroy the Los Angeles water supply forever.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jacyn Wong, Ari Stidham

Guest Starring: Lea Thompson



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06:30 am Home Shopping (Rpt)

Home Shopping

07:00 am Home Shopping (Rpt)

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07:30 am Home Shopping (Rpt)

Home Shopping

08:00 am Healthy Homes Australia (Rpt) CC G

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

08:30 am Australia By Design: Innovations (Rpt) CC PG

Now in its fifth season, Australia by Design: Innovations is all about Australian innovation, ingenuity and design excellence, it's about inspiration, disruption and changing the game.

09:00 am iFish (Rpt) G

Join the Worstelings as they travel Australia and the world sharing beautiful locations, fishing and of course, the amazing people they meet along the way.

09:30 am MacGyver (Rpt) PG
Mild Violence

Deep Cover

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Mild Violence

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Violence,
Sexual References,
Mild Coarse
Language

Boomerang (2)

The murder and desertion trial of Kevin Lee takes a bad turn after his wife changes her testimony under cross examination.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

12:30 pm NCIS (Rpt)

CC M
WS

Bloodbath

While working on a murder case with the NCIS team, Abby is almost killed by evidence from the case and it becomes clear that someone wants her dead.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

Guest Starring: Vincent Young

01:30 pm NCIS (Rpt)

CC M
WS

Jeopardy

The NCIS team must protect Ziva when a suspect dies while in custody. Things become much more dangerous when the suspect's brother kidnaps Jenny and demands the release of his brother.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

02:30 pm Scorpion (Rpt)

CC PG
Sexual References,
Mature Themes

The Hole Truth

Team Scorpion must save a worker teetering on the edge of a massive sink hole that threatens to destroy the Los Angeles water supply forever.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jadyn Wong, Ari Stidham

Guest Starring: Lea Thompson

03:30 pm MacGyver (Rpt)

PG
Mild Violence

Hearts Of Steel

How will MacGyver use a giant magnet to capture a bunch of kidnapers?

Starring: Richard Dean Anderson, Dana Elcar

04:30 pm MacGyver (Rpt)

PG
Mild Violence

Rush To Judgement

MacGyver has a plan to escape Jury Duty. All he needs is perfume, mannequins and a drink machine to create the perfect distraction.

Starring: Richard Dean Anderson, Dana Elcar



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Tuesday 28th March 2023

05:30 pm	JAG (Rpt)	PG Violence, Mature Themes	<u>People V. Gunny</u>
Trouble in the JAG office starts when Gunnery Sergeant Victor Galindez, "Gunny," is charged with assault following an off-duty altercation outside a gay bar.		Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan	
06:30 pm	Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	<u>Best Of Special 2</u>
We have witnessed Bondi's Lifeguards deal with an incredible range of experiences. Part two of the Best Of, revisits some of the most enthralling and much-loved stories from over the years.			
07:00 pm	Football: Socceroos V Ecuador		LIVE <u>Socceroos V Ecuador</u>
Tune in and catch all the Socceroos action, as our boys take on Ecuador, this time live from Marvel Stadium, Melbourne. Kick off 7:40PM (AEDT).			
10:00 pm	Seal Team (Rpt)	M Violence	<u>Siege Protocol Pt.2</u>
Bravo Team rush to the aid of the TOC operatives who have been amushed by Venezuelan soldiers and must fight for their very lives.		Starring: David Boreanaz, Max Thieriot, Jessica Pare, Toni Trucks, Neil Brown Jr., A.J. Buckley	
11:00 pm	48 Hours (Rpt)	M Mature Themes	<u>The Yogurt Shop Murders</u>
Could new information finally help solve the case of the four teenage girls that were brutally murdered in a yogurt shop in Austin, Texas?			
12:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
12:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
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02:00 am	MacGyver (Rpt)	PG Mild Violence	<u>Hearts Of Steel</u>
How will MacGyver use a giant magnet to capture a bunch of kidnapers?		Starring: Richard Dean Anderson, Dana Elcar	



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PG
Violence,
Mature Themes

People V. Gunny

Trouble in the JAG office starts when Gunnery Sargeant Victor Galindez, "Gunny," is charged with assault following an off-duty altercation outside a gay bar.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

05:00 am Scorpion (Rpt)

CC PG
Coarse Language,
Mature Themes

Sharknado

Walter and Paige find themselves stranded in the Pacific Ocean and surrounded by sharks after their boat explodes during Team Scorpion's mission to find sunken treasure.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jady Wong, Ari Stidham

Guest Starring: Reiko Aylesworth, Tiffany Dupont, Martin Harris



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Mild Violence

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Violence,
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Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

12:30 pm NCIS (Rpt)

CC M
WS Violence,
Mature Themes

Hiatus Part 1

While working on an assignment, Gibbs is seriously injured in an explosion and taken to a hospital, where he recalls his painful past.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

Guest Starring: Cotter Smith

01:30 pm NCIS (Rpt)

CC M
WS Violence,
Sexual References

Hiatus Part 2

The NCIS team must work on an assignment against a terrorist group without Gibbs, who is still recovering from the explosion.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

02:30 pm Scorpion (Rpt)

CC PG
Coarse Language,
Mature Themes

Sharknado

Walter and Paige find themselves stranded in the Pacific Ocean and surrounded by sharks after their boat explodes during Team Scorpion's mission to find sunken treasure.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jacy Wong, Ari Stidham

Guest Starring: Reiko Aylesworth, Tiffany Dupont, Martin Harris

03:30 pm MacGyver (Rpt)

PG
Mild Violence

Passages

Even in a coma, MacGyver is unstoppable. Stuck on a cruise ship, can he escape using only the safety equipment on board before it's too late?

Starring: Richard Dean Anderson, Dana Elcar

04:30 pm MacGyver (Rpt)

PG
Mild Violence

Tough Boys

A group of young vigilantes is taking explosive measures to blow away the crack ring gripping the neighbourhood.

Starring: Richard Dean Anderson, Dana Elcar



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05:30 pm JAG (Rpt)	PG Violence, Coarse Language	<p><u>The Bridge At Kang So Ri</u></p> <p>Harm and Mac are assigned to investigate charges that American GI's shot and killed civilians during the Korean War.</p> <p>Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan</p>
06:30 pm Scorpion (Rpt)	CC PG Mild Coarse Language, Drug References	<p><u>Keep IT In Check, Mate</u></p> <p>Walter and Sylvester go undercover as competitors at an international chess competition in order to extricate a U.S. spy from a foreign country before her identity is exposed.</p> <p>Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jadyn Wong, Ari Stidham</p> <p>Guest Starring: Jamie McShane</p>
07:30 pm Bull (Rpt)	CC M Mature Themes	<p><u>Redemption, A</u></p> <p>Bull helps a man who changed his identity after unwittingly assisting in a robbery; Bull must convince the jury that the man has redeemed himself by living an upstanding life for years.</p>
08:30 pm NCIS (Rpt)	CC M WS	<p><u>Chimera</u></p> <p>While investigating a mysterious death on a top-secret naval research ship at sea, the NCIS team comes upon an abandoned ship which contains a deadly secret that may cost them their lives.</p> <p>Starring: Mark Harmon, Michael Weatherly, Pauley Perrette, David McCallum, Sean Murray, Cote De Pablo, Lauren Holly</p>
09:25 pm Hawaii Five-0 (Rpt)	CC M Frequent Violence, Mature Themes	<p><u>Hu A'e Ke Ahi Lanakila A Kamaile (The Fire Of Kamaile Rises In Triumph)</u></p> <p>Five-0 must find McGarrett and Alicia when they are kidnapped by the serial killer they've been hunting.</p> <p>Starring: Alex O'Loughlin, Daniel Dae Kim, Grace Park, Jorge Garcia, Chi McBride, Ian Anthony Dale, Elisabeth Rohm</p> <p>Guest Starring: Claire Forlani, Ingo Rademacher, Ryan Locke</p>
10:20 pm Blue Bloods (Rpt)	CC M Violence, Mature Themes	<p><u>Guardian Angels</u></p> <p>Frank takes action to save Gormley's career, Eddie faces off against a man who punched a cop, Erin seeks justice against a vigilante, and Danny tries to help a transgender community under attack.</p> <p>Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Len Cariou</p>



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11:15 pm In The Dark (Rpt)

M
Mature Themes

Expectation Is The Root Of All Heartache

Murphy finally learns the truth about what happened to Jess and it forces her to take a closer look at who she herself has become.

Starring: Perry Mattfeld, Brooke Markham, Morgan Krantz, Matt Murray, Theodore Bhat, Casey Deidrick

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Mild Violence

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Violence,
Coarse Language

The Bridge At Kang So Ri

Harm and Mac are assigned to investigate charges that American GI's shot and killed civilians during the Korean War.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan



SYDNEY PROGRAM GUIDE

Wednesday 29th March 2023

05:00 am **Scorpion** (Rpt)

CC PG
Mild Coarse
Language,
Drug References

Keep IT In Check, Mate

Walter and Sylvester go undercover as competitors at an international chess competition in order to extricate a U.S. spy from a foreign country before her identity is exposed.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jacy Wong, Ari Stidham

Guest Starring: Jamie McShane



SYDNEY PROGRAM GUIDE

Thursday 30th March 2023

06:00 am Home Shopping (Rpt)

Home Shopping

06:30 am Home Shopping (Rpt)

Home Shopping

07:00 am Home Shopping (Rpt)

Home Shopping

07:30 am Home Shopping (Rpt)

Home Shopping

08:00 am Healthy Homes Australia (Rpt) CC G

Home, garden, lifestyle or build – Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

08:30 am Australia By Design: Innovations (Rpt) CC PG

Now in its fifth season, Australia by Design: Innovations is all about Australian innovation, ingenuity and design excellence, it's about inspiration, disruption and changing the game.

09:00 am iFish (Rpt) G

Join the Worstelings as they travel Australia and the world sharing beautiful locations, fishing and of course, the amazing people they meet along the way.

09:30 am MacGyver (Rpt) PG
Mild Violence

Passages

Even in a coma, MacGyver is unstoppable. Stuck on a cruise ship, can he escape using only the safety equipment on board before it's too late?

Starring: Richard Dean Anderson, Dana Elcar

10:30 am MacGyver (Rpt) PG
Mild Violence

Tough Boys

A group of young vigilantes is taking explosive measures to blow away the crack ring gripping the neighbourhood.

Starring: Richard Dean Anderson, Dana Elcar



SYDNEY PROGRAM GUIDE

Thursday 30th March 2023

11:30 am JAG (Rpt)

PG
Violence,
Coarse Language

The Bridge At Kang So Ri

Harm and Mac are assigned to investigate charges that American GI's shot and killed civilians during the Korean War.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

12:30 pm NCIS (Rpt)

CC M
WS

Trojan Horse

When Jenny has to attend an overseas conference, Gibbs is made acting director, but he prefers to ignore his duties and lead the investigation of the murder of a man who was found dead in a taxi.

Starring: Mark Harmon, Michael Weatherly, Lauren Holly, David McCallum, Sean Murray, Pauley Perrette, Cote De Pablo

Guest Starring: Armand Assante

01:30 pm Bull (Rpt)

CC M
Violence

Labor Days

As Bull prepares for fatherhood, his work at TAC suffers without his top attorney Benny, who quit in reaction to Bull's romantic reconnection to Isabella.

Starring: Michael Weatherly, Geneva Carr, Jaime Lee Kirchner, Chris Jackson

02:30 pm Scorpion (Rpt)

CC PG
Mild Coarse
Language,
Drug References

Keep IT In Check, Mate

Walter and Sylvester go undercover as competitors at an international chess competition in order to extricate a U.S. spy from a foreign country before her identity is exposed.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jacy Wong, Ari Stidham

Guest Starring: Jamie McShane

03:30 pm MacGyver (Rpt)

PG
Mild Violence

Humanity

MacGyver is taken hostage when an elite corps still loyal to Romania's Ceausescu sabotages a plan to uncover his files.

Starring: Richard Dean Anderson, Dana Elcar

04:30 pm MacGyver (Rpt)

PG
Violence,
Drug References

The Gun

A gun used in an assassination 20 years ago and in a present-day cop killing is sought by MacGyver, who needs it to clear a friend.

Starring: Richard Dean Anderson, Dana Elcar



SYDNEY PROGRAM GUIDE

Thursday 30th March 2023

05:30 pm JAG (Rpt)	PG Mild Coarse Language	<p><u>Promises</u></p> <p>Harm and Mac face-off in court when a female seaman charged with desertion, claims she left because her recruiter lied to her about what her duties would be.</p> <p>Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan</p>
06:30 pm Scorpion (Rpt)	CC PG Coarse Language, Mature Themes	<p><u>Dirty Seeds, Done Dirt Cheap</u></p> <p>When a mission to protect Greenland's vital Global Seed Vault goes awry, Team Scorpion must save Happy, Sylvester and Cabe, who begin suffering from life-threatening, fear-based hallucinations.</p> <p>Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jadyn Wong, Ari Stidham, Scott Porter</p>
07:30 pm Bull (Rpt)	CC M Strong Violence, Mature Themes	<p><u>Justified</u></p> <p>A friend from Bull's past enlists his services to help convince a jury that a domestic abuse survivor who shot her husband in his sleep is not guilty of murder.</p>
08:30 pm NCIS (Rpt)	CC M WS	<p><u>Requiem</u></p> <p>Gibbs finds himself challenged emotionally when he agrees to investigate a crime connected to a friend of his daughter, who was killed years ago.</p> <p>Starring: Mark Harmon, Michael Weatherly, Pauley Perrette, David McCallum, Sean Murray, Cote De Pablo, Lauren Holly</p>
09:30 pm NCIS: New Orleans (Rpt)	M Violence	<p><u>Choices</u></p> <p>The team investigates the deadly bar bombing and impending criminal turf war. While Pride must come to terms with having Connor in his life, Carter and Hannah work to define their new relationship.</p> <p>Starring: Scott Bakula, Rob Kerkovich, C C H Pounder</p>
10:30 pm Seal Team (Rpt)	M Violence	<p><u>Fog Of War</u></p> <p>Following a mission failure, Bravo Team conducts a high-stakes After Action Review to identify who's responsible for a possible career-ending mistake.</p> <p>Starring: David Boreanaz, Max Thieriot, Jessica Pare, Toni Trucks, Neil Brown Jr., A.J. Buckley</p>



SYDNEY PROGRAM GUIDE

Thursday 30th March 2023

11:30 pm MacGyver (Rpt)

PG
Violence,
Mature Themes

Father + Son + Father + Matriarch

After Oversight is almost killed in a bombing, he recruits Mac to help him find the suspected bomber. Mac meets his Aunt Gwendolyn.

Starring: Lucas Till, Tristin Mays

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am MacGyver (Rpt)

PG
Mild Violence

Humanity

MacGyver is taken hostage when an elite corps still loyal to Romania's Ceausescu sabotages a plan to uncover his files.

Starring: Richard Dean Anderson, Dana Elcar

03:00 am MacGyver (Rpt)

PG
Violence,
Drug References

The Gun

A gun used in an assassination 20 years ago and in a present-day cop killing is sought by MacGyver, who needs it to clear a friend.

Starring: Richard Dean Anderson, Dana Elcar

04:00 am JAG (Rpt)

PG
Mild Coarse
Language

Promises

Harm and Mac face-off in court when a female seaman charged with desertion, claims she left because her recruiter lied to her about what her duties would be.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

05:00 am Scorpion (Rpt)

CC PG
Coarse Language,
Mature Themes

Dirty Seeds, Done Dirt Cheap

When a mission to protect Greenland's vital Global Seed Vault goes awry, Team Scorpion must save Happy, Sylvester and Cabe, who begin suffering from life-threatening, fear-based hallucinations.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jady Wong, Ari Stidham, Scott Porter



SYDNEY PROGRAM GUIDE

Friday 31st March 2023

06:00 am Home Shopping (Rpt)		<u>Home Shopping</u>	
06:30 am Home Shopping (Rpt)		<u>Home Shopping</u>	
07:00 am Home Shopping (Rpt)		<u>Home Shopping</u>	
07:30 am Home Shopping (Rpt)		<u>Home Shopping</u>	
08:00 am Healthy Homes Australia (Rpt)	CC G		Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.
08:30 am Australia By Design: Innovations (Rpt)	CC PG		Now in its fifth season, Australia by Design: Innovations is all about Australian innovation, ingenuity and design excellence, it's about inspiration, disruption and changing the game.
09:00 am iFish (Rpt)	G		Join the Worstelings as they travel Australia and the world sharing beautiful locations, fishing and of course, the amazing people they meet along the way.
09:30 am MacGyver (Rpt)	PG Mild Violence	<u>Humanity</u>	MacGyver is taken hostage when an elite corps still loyal to Romania's Ceausescu sabotages a plan to uncover his files. Starring: Richard Dean Anderson, Dana Elcar
10:30 am MacGyver (Rpt)	PG Violence, Drug References	<u>The Gun</u>	A gun used in an assassination 20 years ago and in a present-day cop killing is sought by MacGyver, who needs it to clear a friend. Starring: Richard Dean Anderson, Dana Elcar



SYDNEY PROGRAM GUIDE

Friday 31st March 2023

11:30 am JAG (Rpt)

PG
Mild Coarse
Language

Promises

Harm and Mac face-off in court when a female seaman charged with desertion, claims she left because her recruiter lied to her about what her duties would be.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

12:30 pm NCIS (Rpt)

CC M
WS Drug References

Angel Of Death

When Jenny returns from her European trip, the entire NCIS team are forced to take a Homeland Security polygraph test, and the deepest secrets of each agent are about to be revealed.

Starring: Mark Harmon, Michael Weatherly, Lauren Holly, David McCallum, Sean Murray, Pauley Perrette, Cote De Pablo

Guest Starring: Armand Assante

01:30 pm Bull (Rpt)

CC PG
Mature Themes

Fantastica Voyage

An entrepreneur is accused of defrauding investors in her groundbreaking water filtration company. Bull focuses on selecting jurors whose belief systems allow them to see his client as a dreamer.

Starring: Michael Weatherly, Geneva Carr, Jaime Lee Kirchner, Chris Jackson

02:30 pm Scorpion (Rpt)

CC PG
Coarse Language,
Mature Themes

Dirty Seeds, Done Dirt Cheap

When a mission to protect Greenland's vital Global Seed Vault goes awry, Team Scorpion must save Happy, Sylvester and Cabe, who begin suffering from life-threatening, fear-based hallucinations.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jacyn Wong, Ari Stidham, Scott Porter

03:30 pm MacGyver (Rpt)

PG
Mild Violence

Twenty Questions

MacGyver tries to get a young friend accused of murder to admit she has a drinking problem.

Starring: Richard Dean Anderson, Dana Elcar

04:30 pm Bondi Rescue (Rpt)

CC PG
WS Mild Coarse
Language

Kerrbox, Whippet and Dunstan head to Hawaii for some big wave training. Meanwhile, back at Bondi, Jack must rescue a drunk American and Harry joins the police in catching a few bag snatchers.



SYDNEY PROGRAM GUIDE

Friday 31st March 2023

05:00 pm 2023 Australian Formula 1 Grand Prix (Rpt) CC

LIVE

F1- Australia- Day 1 Live

Watch all the live action here for day one of the 2023 F1 World Championship in Melbourne. Look forward to increased speeds, beautiful cars & spectacular racing. Track coverage from 12:30PM AEDT.

06:00 pm Bondi Rescue (Rpt) CC PG
Mild Coarse
Language,
Nudity

The surf club rescue boat has a spectacular 'upside-down' collision with a reef. And even morphine can't stop an 11 year old boy's painful howls when he suffers a mystery stomach illness.

06:30 pm Scorpion (Rpt) CC PG

Don't Burst My Bubble

The team must save Happy's young friend who lives in a sterile bubble after a severe storm leaves her surrounded by debris that could puncture the bubble and threaten her life.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jadyn Wong, Ari Stidham

Guest Starring: Reiko Aylesworth

07:30 pm Bull (Rpt) CC M
Violence,
Mature Themes

Reckless

Bull's team takes on a seemingly unwinnable case; a mute man faces the death penalty if he's found guilty of murder and arson. Meanwhile, Bull is stunned to learn that his ex-wife is remarrying.

08:30 pm NCIS (Rpt) CC M
WS

Designated Target

A murder investigation of a Navy Admiral takes a shocking turn when a woman, a political refugee, returns home to search for her husband.

Starring: Mark Harmon, Michael Weatherly, Pauley Perrette, David McCallum, Sean Murray, Cote De Pablo, Lauren Holly

Guest Starring: Jonathan Adams

09:25 pm NCIS: Los Angeles (Rpt) CC M
Frequent Violence

Sacrifice

The LAPD calls upon the NCIS team when a raid links a Mexican drug cartel to a wanted terrorist. Sam is distracted when an important item is listed as missing.

Starring: Chris O'Donnell, Li Cool J, Rocky Carroll, Peter Cambor, Daniela Ruah



SYDNEY PROGRAM GUIDE

Friday 31st March 2023

10:20 pm Evil (Rpt)

M
Coarse Language,
Horror

S Is For Silence

The team visit a monastery to study the corpse of Father Thomas, whose body has not decayed in the year following his death. Oh, and they must keep a vow of silence or risk waking a demon in a box.

Starring: Katja Herbers, Mike Colter, Aasif Mandvi, Alexandra Socha, Brian Stokes Mitchell, Frank Wood

11:15 pm MacGyver (Rpt)

PG
Violence

Code + Artemis + Nuclear + N3mesis

While Mac's friends surround him during his time of grief, Los Angeles' power grid is taken hostage in a ransomware attack resulting in a citywide blackout.

Starring: Lucas Till, Tristin Mays

12:15 am Home Shopping (Rpt)

Home Shopping

12:45 am Home Shopping (Rpt)

Home Shopping

01:15 am Home Shopping (Rpt)

Home Shopping

01:45 am Home Shopping (Rpt)

Home Shopping

02:15 am MacGyver (Rpt)

PG
Mild Violence

Twenty Questions

MacGyver tries to get a young friend accused of murder to admit she has a drinking problem.

Starring: Richard Dean Anderson, Dana Elcar

03:10 am MacGyver (Rpt)

PG
Mild Violence

The Wall

MacGyver seeks to reunite an East German expatriate with his granddaughter, who may be in league with ex-Stasi agents who want the old man's gold.

Starring: Richard Dean Anderson, Dana Elcar



SYDNEY PROGRAM GUIDE

Friday 31st March 2023

04:05 am JAG (Rpt)

PG
Mild Coarse
Language,
Mature Themes

Drop Zone

Mac prosecutes a SEAL jumpmaster who is charged with causing the drowning death of a trainee during a parachute mishap by being hung over and is defended by Bud.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

05:00 am Scorpion (Rpt)

CC PG

Don't Burst My Bubble

The team must save Happy's young friend who lives in a sterile bubble after a severe storm leaves her surrounded by debris that could puncture the bubble and threaten her life.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jacyn Wong, Ari Stidham

Guest Starring: Reiko Aylesworth



SYDNEY PROGRAM GUIDE

Saturday 01st April 2023

06:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
06:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
07:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
08:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
08:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
09:00 am	MacGyver (Rpt)	PG Mild Violence	<u>Twenty Questions</u> MacGyver tries to get a young friend accused of murder to admit she has a drinking problem. Starring: Richard Dean Anderson, Dana Elcar
10:00 am	Studio 10: Saturday	CC PG	Start your day with a dose of sunshine and join the feelgood fun with Tristan MacManus.
12:00 pm	Escape Fishing With ET (Rpt)	CC G	Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.
12:30 pm	iFish (Rpt)	G	Join the Worstelings, as they travel Australia and the world sharing beautiful locations, fishing and of course, the amazing people they meet along the way.
01:00 pm	MacGyver (Rpt)	PG Mild Violence	<u>The Wall</u> MacGyver seeks to reunite an East German expatriate with his granddaughter, who may be in league with ex-Stasi agents who want the old man's gold. Starring: Richard Dean Anderson, Dana Elcar



SYDNEY PROGRAM GUIDE

Saturday 01st April 2023

02:00 pm A-Leagues All Access

02:30 pm Beyond The Fire (Rpt)

CC PG
Mature Themes

Beyond The Fire follows Australia's unsung heroes as they band together to create life from ashes following the Black Summer Bushfire Crisis.

03:00 pm JAG (Rpt)

PG
Mild Coarse
Language,
Mature Themes

Drop Zone

Mac prosecutes a SEAL jumpmaster who is charged with causing the drowning death of a trainee during a parachute mishap by being hung over and is defended by Bud.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

04:00 pm Scorpion (Rpt)

CC PG

Don't Burst My Bubble

The team must save Happy's young friend who lives in a sterile bubble after a severe storm leaves her surrounded by debris that could puncture the bubble and threaten her life.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jady Wong, Ari Stidham

Guest Starring: Reiko Aylesworth

05:00 pm Escape Fishing With ET

CC G

Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.

05:30 pm Reel Action (Rpt)

CC G

Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.

06:00 pm JAG (Rpt)

PG
Mild Coarse
Language,
Mature Themes

The Witches Of Gulfport

Mac goes undercover to help Harm investigate charges of sexual misconduct against Chief Petty Officer Merker who is the leader of the Wiccans.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan



SYDNEY PROGRAM GUIDE

Saturday 01st April 2023

07:00 pm Football: Sydney FC V Western United

LIVE

Round 22: Sydney Fc V Western United

Tune in for all the Round 22 action of the Isuzu UTE A-League Men as Sydney FC take on Western United from Allianz Stadium. Match start time: 7:45PM (AEDT).

10:15 pm MacGyver (Rpt)

PG
Violence,
Drug References

Tesla + Bell + Edition + Mac

When Mac is put into a dream state to help him recall key evidence found in Nikola Tesla's secret lab that could stop Codex's deadly plot, he encounters Nikola Tesla, Alexander Graham Bell and his mum

Starring: Lucas Till, Tristin Mays

11:10 pm 48 Hours (Rpt)

M
Mature Themes

Chasing Catherine Shelton Pt 1

For nearly three decades, controversial Texas attorney Catherine Shelton, now disbarred, has been dogged by mysterious circumstances surrounding the deaths of various men in her life.

12:05 am Seal Team (Rpt)

M
Violence

Fog Of War

Following a mission failure, Bravo Team conducts a high-stakes After Action Review to identify who's responsible for a possible career-ending mistake.

Starring: David Boreanaz, Max Thieriot, Jessica Pare, Toni Trucks, Neil Brown Jr., A.J. Buckley

01:00 am NCIS: New Orleans (Rpt)

M
Violence

Choices

The team investigates the deadly bar bombing and impending criminal turf war. While Pride must come to terms with having Connor in his life, Carter and Hannah work to define their new relationship.

Starring: Scott Bakula, Rob Kerkovich, C C H Pounder

02:00 am What' Up Down Under (Rpt)

CC G

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

02:30 am Evil (Rpt)

M
Coarse Language,
Horror

S Is For Silence

The team visit a monastery to study the corpse of Father Thomas, whose body has not decayed in the year following his death. Oh, and they must keep a vow of silence or risk waking a demon in a box.

Starring: Katja Herbers, Mike Colter, Aasif Mandvi, Alexandra Socha, Brian Stokes Mitchell, Frank Wood



SYDNEY PROGRAM GUIDE

Saturday 01st April 2023

03:00 am 48 Hours (Rpt)

M
Mature Themes

Killer In The Family Tree, A

48 Hours investigates how a genealogist used a woman's DNA uploaded to a genealogy database to help police crack a double homicide 31 years after it happened.

03:30 am iFish (Rpt)

G

Join the Worstelings, as they travel Australia and the world sharing beautiful locations, fishing and of course, the amazing people they meet along the way.

04:00 am JAG (Rpt)

PG
Mild Coarse
Language,
Mature Themes

The Witches Of Gulfport

Mac goes undercover to help Harm investigate charges of sexual misconduct against Chief Petty Officer Merker who is the leader of the Wiccans.

Starring: David James Elliott, Catherine Bell, Tracey Needham, Zoe McLellan

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping