



SYDNEY PROGRAM GUIDE

Sunday 02nd January 2022

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Weekly Catholic Mass for those unable to travel to church.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious

07:00 am Joseph Prince CC G

ALL NEW EPISODES

405 - Inside-Out Transformation

Religious program.

07:30 am Joel Osteen CC G

Jo904

08:00 am Toddlers Behaving (Very) Badly (Rpt) CC G

Childcare expert Laura Amies takes on the tears and the tantrums as she teaches toddlers how to listen, have self-control, obedience and good manners.

09:00 am The Offroad Adventure Show (Rpt) CC G

Experience the best of NSW & QLD's 4WD Destinations as our team go head to head in the inaugural Offroad State of Origin series!

10:00 am Pat Callinan's 4x4 Adventures (Rpt) CC G

Australia's foremost 4X4 expert "MR 4X4" Pat Callinan, takes you on some of his all-time favourite four-wheel drive adventures.

11:00 am Australia By Design: Architecture (Rpt) CC G

Australia By Design: Architecture, uncovers the outstanding projects that exemplify excellence in Australian architectural design.

11:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

12:00 pm Luca's Key Ingredient (Rpt) CC G

A very imaginative reflection of his own quirky self, this series will see Luca create some of Italy's finest and most traditional Italian dishes.

12:30 pm Destination Dessert (Rpt) CC G

Join us as we travel across Australia, taking the roads less travelled, supporting local businesses and discovering a world of flavour and adventure in our own backyard.



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01:00 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
01:30 pm	My Market Kitchen (Rpt)	CC G	Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.
02:00 pm	Freshly Picked With Simon Toohey (Rpt)	CC G	Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers.
02:30 pm	Farm To Fork (Rpt)	CC PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
03:00 pm	Taste Of Australia With Hayden Quinn (Rpt)	CC G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.
03:30 pm	Roads Less Travelled (Rpt)	CC G	An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.
04:00 pm	All 4 Adventure	CC PG Mild Coarse Language	ALL NEW EPISODES Jase and Simon, head into the wilds of Western Australia and the Northern Territory for another epic season of off-road and off-shore adventures.
05:00 pm	10 News First	CC	LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:30 pm	Bondi Rescue (Rpt)	CC PG Coarse Language	Tragedy strikes when a husband and wife are washed off rocks by a massive wave. The Lifeguards search desperately for the couple, hoping that the rescue mission doesn't become a body retrieval.



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07:00 pm	Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	Two brothers share an extraordinary tale of how they used resuscitation techniques learned by watching Bondi Rescue on someone who was struck by lightning.
07:30 pm	The Graham Norton Show	CC	<p>ALL NEW EPISODES</p> <p><u>Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy</u></p> <p>Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy.</p>
08:30 pm	FBI	CC	<p>ALL NEW EPISODES</p> <p><u>Unfinished Business</u></p> <p>After Rina is critically wounded, the team discovers that the vengeful Vargas orchestrated the shooting and is targeting the rest of the team and their loved ones.</p> <p>Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner</p>
09:30 pm	FBI (Rpt)	CC M Violence, Mature Themes	<p><u>Trigger Effect</u></p> <p>While investigating a mass casualty incident at a New York City restaurant, the team scrambles to determine if it was racially motivated and if there was more than one gunman.</p> <p>Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner</p>
10:30 pm	FBI (Rpt)	CC M Violence	<p><u>Straight Flush</u></p> <p>When five prominent men are killed playing poker, the team's investigation brings them into contact with a lieutenant in Antonio Vargas' drug cartel, triggering a showdown between Isobel and Vargas.</p> <p>Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner</p>
11:30 pm	FBI: Declassified (Rpt)	CC M Mature Themes	<p><u>20 Days Of Terror: The Austin Bomber</u></p> <p>In 2018, a serial bomber was killing random victims with homemade devices in Austin, Texas. FBI agents reveal the unprecedented effort that was made to stop the bomber before more lives were lost.</p>



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Sunday 02nd January 2022

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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SYDNEY PROGRAM GUIDE

Monday 03rd January 2022

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am Farm To Fork (Rpt) CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Deacon and Hope practice father-daughter martial arts. Meanwhile, An emotional Thomas is reunited with his mother.

08:00 am Studio 10 CC PG

SEASON PREMIERE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG
Coarse Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm The Living Room (Rpt) CC PG

Baz scrubs up a tired old bathroom and transforms an unused space into every teenage girls dream and Miguel adds a taste of home to a classic custard.

02:00 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm My Market Kitchen (Rpt) CC G

Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.



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SYDNEY PROGRAM GUIDE

Monday 03rd January 2022

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

03:30 pm Left Off The Map CC G

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.

ALL NEW EPISODES

04:00 pm Farm To Fork CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

SEASON RETURN

04:30 pm The Bold & The Beautiful CC

Taylor recounts to Steffy how Deacon and Brooke's affair affected Ridge back in the day. Meanwhile, News of Taylor's unexpected return throws Brooke off her game.

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

ALL NEW EPISODES

06:30 pm The Project **NO
CC**

SEASON PREMIERE

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:30 pm FBI: Most Wanted CC M
Frequent Violence

Lovesick

The team attempts to hunt down a family annihilator before he continues his murder spree. Barnes' intrusive mother puts pressure on her marriage.

Starring: Julian McMahon, Roxy Sternberg, Miguel Gomez, Alexa Davalos, Keisha Castle-Hughes



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SYDNEY PROGRAM GUIDE

Monday 03rd January 2022

10:30 pm **The FBI Declassified**

CC M
Drug References

ALL NEW EPISODES

Dangerous Journey On The Silk Road

Discover how the FBI captured the mastermind behind the Silk Road, an illegal online marketplace and multimillion dollar enterprise selling illicit items like drugs, weapons and even murders for hire.

11:30 pm **The Project Encore**

SPECIAL ENCORE PRESENTATION

12:30 am **The Late Show With Stephen Colbert** CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:30 am **Home Shopping** (Rpt)

Home Shopping

02:00 am **Home Shopping** (Rpt)

Home Shopping

02:30 am **Home Shopping** (Rpt)

Home Shopping

03:00 am **Home Shopping** (Rpt)

Home Shopping

03:30 am **Home Shopping** (Rpt)

Home Shopping

04:00 am **Home Shopping** (Rpt)

Home Shopping

04:30 am **CBS Mornings**

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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SYDNEY PROGRAM GUIDE

Tuesday 04th January 2022

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC PG
07:00 am	Judge Judy (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Coarse Language, Mature Themes
01:00 pm	To Be Advised	
03:00 pm	Judge Judy (Rpt)	CC PG
03:30 pm	Left Off The Map	CC G

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

Taylor recounts to Steffy how Deacon and Brooke's affair affected Ridge back in the day. Meanwhile, News of Taylor's unexpected return throws Brooke off her game.

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

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SYDNEY PROGRAM GUIDE

Tuesday 04th January 2022

04:00 pm Farm To Fork CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

Ridge comes to the stunning realisation that Hope isn't the only Logan woman that Deacon wants to reconnect with. Deacon and Hope's sparring session is unceremoniously interrupted.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project NO
CC

ALL NEW EPISODES

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:30 pm NCIS CC M
Violence

ALL NEW EPISODES

Face The Strange

The NCIS team investigates the death of a Navy commander whose body suddenly explodes before Jimmy can examine it

Starring: Mark Harmon, Sean Murray, Wilmer Valderrama, David McCallum, Katrina Law

10:30 pm NCIS(Rpt) CC M
Violence

Gut Punch

Vance assigns McGee, Torres and Bishop to COVID compliance duty at a foreign affairs summit, where they discover a link to another NCIS team's murder case.

Starring: Mark Harmon, Sean Murray, Wilmer Valderrama



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SYDNEY PROGRAM GUIDE

Tuesday 04th January 2022

11:30 pm The Project Encore

12:30 am The Late Show With Stephen Colbert CC PG

01:30 am Home Shopping (Rpt)

02:00 am Home Shopping (Rpt)

02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt)

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am CBS Mornings CC

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

Home Shopping

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SYDNEY PROGRAM GUIDE

Wednesday 05th January 2022

06:00 am	Entertainment Tonight	CC
06:30 am	Farm To Fork (Rpt)	CC PG
07:00 am	Judge Judy (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Coarse Language, Drug References, Mature Themes
01:00 pm	To Be Advised	
03:00 pm	Judge Judy (Rpt)	CC PG
03:30 pm	Left Off The Map	CC G

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SYDNEY PROGRAM GUIDE

Wednesday 05th January 2022

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Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project **NO
CC**

ALL NEW EPISODES

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:30 pm Bull (Rpt) CC M
Violence

Labor Days

As Bull prepares for fatherhood, his work at TAC suffers without his top attorney Benny, who quit in reaction to Bull's romantic reconnection to Isabella.

Starring: Michael Weatherly, Geneva Carr, Jaime Lee Kirchner, Chris Jackson

10:30 pm Bull (Rpt) CC PG
Mature Themes

Fantastica Voyage

An entrepreneur is accused of defrauding investors in her groundbreaking water filtration company. Bull focuses on selecting jurors whose belief systems allow them to see his client as a dreamer.

Starring: Michael Weatherly, Geneva Carr, Jaime Lee Kirchner, Chris Jackson

11:30 pm The Project Encore

SPECIAL ENCORE PRESENTATION



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SYDNEY PROGRAM GUIDE

Wednesday 05th January 2022

12:30 am The Late Show With Stephen Colbert CC PG

01:30 am Home Shopping (Rpt)

02:00 am Home Shopping (Rpt)

02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt)

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am CBS Mornings CC

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

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SYDNEY PROGRAM GUIDE

Thursday 06th January 2022

06:00 am The Talk CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10 CC PG

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Left Off The Map CC G

ALL NEW EPISODES

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.

04:00 pm Farm To Fork CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.



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SYDNEY PROGRAM GUIDE

Thursday 06th January 2022

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project **NO**
CC

ALL NEW EPISODES

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:15 pm Law & Order: S.V.U CC M
Strong Adult Themes

ALL NEW EPISODES

The Five Hundredth

The past won't stay hidden as new DNA technology leads former SVU detective Nick Amaro and Olivia's ex-boyfriend Burton Lowe to seek help to overturn a wrongful conviction in one of Cragen's old cases

Starring: Mariska Hargitay, Ice T , Peter Scanavino

Guest Starring: Aidan Quinn, Dann Florek, Danny Pino

10:15 pm Law & Order: S.V.U (Rpt) CC M
Mature Themes

The Only Way Out Is Through

Benson helps two sisters get closure from a harrowing childhood assault. Kat's cousin reaches out for help.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

11:15 pm Blue Bloods (Rpt) CC M

The Price You Pay

Frank works to vindicate a detective accused of excessive force, while Danny investigates the murder of a rapper's bodyguard, and Eddie goes undercover to help Erin investigate a mysterious cult.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Sami Gayle



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SYDNEY PROGRAM GUIDE

Thursday 06th January 2022

12:00 am The Project Encore

01:00 am The Late Show With Stephen Colbert CC PG

02:00 am Home Shopping (Rpt)

02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt)

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am CBS Mornings CC

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

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SYDNEY PROGRAM GUIDE

Friday 07th January 2022

06:00 am The Talk CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10 CC PG

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG
Sexual References,
Mild Coarse
Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

02:45 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:00 pm Judge Judy (Rpt) CC PG

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SYDNEY PROGRAM GUIDE

Friday 07th January 2022

04:00 pm **Farm To Fork** CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm **The Bold & The Beautiful** CC

ALL NEW EPISODES

05:00 pm **10 News First** CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm **The Project** **NO**
CC

ALL NEW EPISODES

07:30 pm **The Living Room** (Rpt) CC G

We help a deserving young couple - who've sacrificed everything to get their first foothold on the property ladder - transform their squeezey apartment into something much, much roomier.

08:30 pm **The Graham Norton Show Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy

Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy.

09:30 pm **Just For Laughs** (Rpt) CC M
Sexual References,
Coarse Language,
Drug References

Just For Laughs Australia recorded live from the Sydney Opera House. Hosted by Nick Cody and featuring Ben Lomas, Melanie Bracewell, Rhys Nicholson, Aaron Chen, Georgie Carroll & Nath Valvo.

10:30 pm **Drunk History Australia** (Rpt) CC M
Sexual References,
Coarse Language,
Mature Themes

Anne Edmonds recounts the history of opera legend Dame Nellie Melba; and Harley Breen retells the expedition of Burke and Wills both while under a boozy influence.

Starring: Anne Edmonds, Harley Breen, Susie Yousseff, James Mathison, Osher Gunsberg, Yvie Jones



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SYDNEY PROGRAM GUIDE

Friday 07th January 2022

11:00 pm **The Project Encore**

12:00 am **The Late Show With Stephen Colbert** CC PG

01:00 am **Home Shopping** (Rpt)

01:30 am **Home Shopping** (Rpt)

02:00 am **Home Shopping** (Rpt)

02:30 am **Home Shopping** (Rpt)

03:00 am **Home Shopping** (Rpt)

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04:00 am **Home Shopping** (Rpt)

04:30 am **Home Shopping** (Rpt)

05:00 am **Home Shopping** (Rpt)

05:30 am **Home Shopping** (Rpt)

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SYDNEY PROGRAM GUIDE

Saturday 08th January 2022

06:00 am	Good Chef Bad Chef (Rpt)	CC G	Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
06:30 am	Leading The Way With Dr. Michael Youssef	CC G	<p>ALL NEW EPISODES <u>2022 - TV Special: Leading The Way In New England</u></p> <p>Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.</p>
07:00 am	Healthy Homes Australia (Rpt)	CC G	Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.
07:30 am	Escape Fishing With ET (Rpt)	CC G	Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.
08:00 am	My Market Kitchen (Rpt)	CC G	Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.
08:30 am	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
09:00 am	Freshly Picked With Simon Toohey (Rpt)	CC G	Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers.
09:30 am	Studio 10: Saturday	CC PG	Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus.
12:00 pm	Pat Callinan 4x4 Adventures (Rpt)	CC G	Explore Australia's most breathtaking destinations off-the-beaten-track with our very own 'Mr 4X4', Pat Callinan.



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SYDNEY PROGRAM GUIDE

Saturday 08th January 2022

01:00 pm All 4 Adventure (Rpt)	CC PG Mild Coarse Language	Jase and Simon, head into the wilds of Western Australia and the Northern Territory for another epic season of off-road and off-shore adventures.
02:00 pm Destination Dessert (Rpt)	CC G	Destination Dessert is the ultimate travel show for the sweet tooth! Exploring NSW in our first series, discovering the sweeter things in life.
02:30 pm Three Blue Ducks (Rpt)	CC PG Coarse Language	Our chefs head to the central west of New South Wales, in search of top quality, ethically produced lamb. Along the way they get some expert lamb cooking tips from the Country Women's Association.
03:00 pm Farm To Fork (Rpt)	CC PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
03:30 pm Taste Of Australia With Hayden Quinn (Rpt)	CC G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.
04:00 pm Waltzing Jimeoin (Rpt)	CC PG Mild Themes	Jimeoin wants to do a comedy tour like no other. With comedian mates, celebrity friends and maybe even his family, Jimeoin will travel around Australia doing standup wherever the tour takes him.
04:30 pm Roads Less Travelled (Rpt)	CC G	An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.
05:00 pm 10 News First	CC	LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:00 pm Bondi Rescue (Rpt)	CC PG Violence, Coarse Language, Mature Themes	The lifeguards take the beach buggy into the streets as they chase down an aggressive beachgoer wielding a knife.



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SYDNEY PROGRAM GUIDE

Saturday 08th January 2022

06:30 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	When monster waves lash Bondi, new team members Boo and trainee Lachie must tackle the dangerous conditions to complete a mass rescue.
07:00 pm Isuzu UTE A-League Men	CC	<p>LIVE</p> <p>Round 9: Western Sydney Wanderers V Perth Glory</p> <p>Tune in for all the Round 9 action of the Isuzu UTE A-League Men as the Western Sydney Wanderers take on Perth Glory from CommBank Stadium. Match start time: 7:45PM (AEDT).</p>
10:00 pm Ambulance (Rpt)	CC M Coarse Language, Mature Themes	Cameras follow crews from England's North West Ambulance Service as they respond to the impacts of the Covid-19 epidemic ravaging the country and flooding in the aftermath of Storm Christoph.
11:00 pm Ambulance (Rpt)	CC M Coarse Language, Mature Themes	As the second wave of Covid-19 grips the country, the pressure mounts on the NHS in Merseyside. With hospitals almost full, ambulance crews know they must try to keep most of their patients at home.
12:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
12:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
01:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
01:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
02:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
02:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
03:00 am Home Shopping (Rpt)		<u>Home Shopping</u>



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SYDNEY PROGRAM GUIDE

Saturday 08th January 2022

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am Home Shopping (Rpt)

05:00 am Hour Of Power

G

Home Shopping

Home Shopping

Home Shopping

ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.



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Sunday 02nd January 2022

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Weekly Catholic Mass for those unable to travel to church.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious

07:00 am Joseph Prince CC G

ALL NEW EPISODES

405 - Inside-Out Transformation

Religious program.

07:30 am Joel Osteen CC G

Jo904

08:00 am Toddlers Behaving (Very) Badly (Rpt) CC G

Childcare expert Laura Amies takes on the tears and the tantrums as she teaches toddlers how to listen, have self-control, obedience and good manners.

09:00 am The Offroad Adventure Show (Rpt) CC G

Experience the best of NSW & QLD's 4WD Destinations as our team go head to head in the inaugural Offroad State of Origin series!

10:00 am Pat Callinan's 4x4 Adventures (Rpt) CC G

Australia's foremost 4X4 expert "MR 4X4" Pat Callinan, takes you on some of his all-time favourite four-wheel drive adventures.

11:00 am Australia By Design: Architecture (Rpt) CC G

Australia By Design: Architecture, uncovers the outstanding projects that exemplify excellence in Australian architectural design.

11:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

12:00 pm Luca's Key Ingredient (Rpt) CC G

A very imaginative reflection of his own quirky self, this series will see Luca create some of Italy's finest and most traditional Italian dishes.

12:30 pm Destination Dessert (Rpt) CC G

Join us as we travel across Australia, taking the roads less travelled, supporting local businesses and discovering a world of flavour and adventure in our own backyard.



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MELBOURNE PROGRAM GUIDE

Sunday 02nd January 2022

01:00 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC	G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
01:30 pm	My Market Kitchen (Rpt)	CC	G	Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.
02:00 pm	Freshly Picked With Simon Toohey (Rpt)	CC	G	Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers.
02:30 pm	Farm To Fork (Rpt)	CC	PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
03:00 pm	Taste Of Australia With Hayden Quinn (Rpt)	CC	G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.
03:30 pm	Roads Less Travelled (Rpt)	CC	G	An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.
04:00 pm	All 4 Adventure	CC	PG Mild Coarse Language	ALL NEW EPISODES Jase and Simon, head into the wilds of Western Australia and the Northern Territory for another epic season of off-road and off-shore adventures.
05:00 pm	10 News First	CC		LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:30 pm	Bondi Rescue (Rpt)	CC	PG Coarse Language	Tragedy strikes when a husband and wife are washed off rocks by a massive wave. The Lifeguards search desperately for the couple, hoping that the rescue mission doesn't become a body retrieval.



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Sunday 02nd January 2022

07:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language,
Mature Themes

Two brothers share an extraordinary tale of how they used resuscitation techniques learned by watching Bondi Rescue on someone who was struck by lightning.

07:30 pm The Graham Norton Show

CC

ALL NEW EPISODES

Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy

Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy.

08:30 pm FBI

CC

ALL NEW EPISODES

Unfinished Business

After Rina is critically wounded, the team discovers that the vengeful Vargas orchestrated the shooting and is targeting the rest of the team and their loved ones.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner

09:30 pm FBI (Rpt)

CC M
Violence,
Mature Themes

Trigger Effect

While investigating a mass casualty incident at a New York City restaurant, the team scrambles to determine if it was racially motivated and if there was more than one gunman.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner

10:30 pm FBI (Rpt)

CC M
Violence

Straight Flush

When five prominent men are killed playing poker, the team's investigation brings them into contact with a lieutenant in Antonio Vargas' drug cartel, triggering a showdown between Isobel and Vargas.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner

11:30 pm FBI: Declassified (Rpt)

CC M
Mature Themes

20 Days Of Terror: The Austin Bomber

In 2018, a serial bomber was killing random victims with homemade devices in Austin, Texas. FBI agents reveal the unprecedented effort that was made to stop the bomber before more lives were lost.



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Sunday 02nd January 2022

12:30 am Home Shopping (Rpt)

01:00 am Home Shopping (Rpt)

01:30 am Home Shopping (Rpt)

02:00 am Home Shopping (Rpt)

02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt)

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am CBS Mornings

CC

MELBOURNE PROGRAM GUIDE

Home Shopping

Home Shopping

Home Shopping

Home Shopping

Home Shopping

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ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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MELBOURNE PROGRAM GUIDE

Monday 03rd January 2022

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC PG
07:00 am	Judge Judy (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC PG
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Coarse Language, Mature Themes
01:00 pm	The Living Room (Rpt)	CC PG
02:00 pm	Entertainment Tonight	CC
02:30 pm	My Market Kitchen (Rpt)	CC G

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

Deacon and Hope practice father-daughter martial arts. Meanwhile, An emotional Thomas is reunited with his mother.

SEASON PREMIERE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

Baz scrubs up a tired old bathroom and transforms an unused space into every teenage girls dream and Miguel adds a taste of home to a classic custard.

ALL NEW EPISODES

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.



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Monday 03rd January 2022

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

03:30 pm Left Off The Map CC G

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.

ALL NEW EPISODES

04:00 pm Farm To Fork CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

SEASON RETURN

04:30 pm The Bold & The Beautiful CC

Taylor recounts to Steffy how Deacon and Brooke's affair affected Ridge back in the day. Meanwhile, News of Taylor's unexpected return throws Brooke off her game.

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

ALL NEW EPISODES

06:30 pm The Project **NO
CC**

SEASON PREMIERE

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:30 pm FBI: Most Wanted CC M
Frequent Violence

Lovesick

The team attempts to hunt down a family annihilator before he continues his murder spree. Barnes' intrusive mother puts pressure on her marriage.

Starring: Julian McMahon, Roxy Sternberg, Miguel Gomez, Alexa Davalos, Keisha Castle-Hughes



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Monday 03rd January 2022

10:30 pm The FBI Declassified

CC M
Drug References

ALL NEW EPISODES

Dangerous Journey On The Silk Road

Discover how the FBI captured the mastermind behind the Silk Road, an illegal online marketplace and multimillion dollar enterprise selling illicit items like drugs, weapons and even murders for hire.

11:30 pm The Project Encore

SPECIAL ENCORE PRESENTATION

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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Tuesday 04th January 2022

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC PG
07:00 am	Judge Judy (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Coarse Language, Mature Themes
01:00 pm	To Be Advised	
03:00 pm	Judge Judy (Rpt)	CC PG
03:30 pm	Left Off The Map	CC G

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

Taylor recounts to Steffy how Deacon and Brooke's affair affected Ridge back in the day. Meanwhile, News of Taylor's unexpected return throws Brooke off her game.

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.



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Tuesday 04th January 2022

04:00 pm **Farm To Fork** CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm **The Bold & The Beautiful** CC

ALL NEW EPISODES

Ridge comes to the stunning realisation that Hope isn't the only Logan woman that Deacon wants to reconnect with. Deacon and Hope's sparring session is unceremoniously interrupted.

05:00 pm **10 News First** CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm **The Project** NO
CC

ALL NEW EPISODES

07:30 pm **I'm A Celebrity Get Me Out Of Here!** CC

ALL NEW EPISODES

09:30 pm **NCIS** CC M
Violence

ALL NEW EPISODES

Face The Strange

The NCIS team investigates the death of a Navy commander whose body suddenly explodes before Jimmy can examine it

Starring: Mark Harmon, Sean Murray, Wilmer Valderrama, David McCallum, Katrina Law

10:30 pm **NCIS(Rpt)** CC M
Violence

Gut Punch

Vance assigns McGee, Torres and Bishop to COVID compliance duty at a foreign affairs summit, where they discover a link to another NCIS team's murder case.

Starring: Mark Harmon, Sean Murray, Wilmer Valderrama



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Tuesday 04th January 2022

11:30 pm The Project Encore

12:30 am The Late Show With Stephen Colbert CC PG

01:30 am Home Shopping (Rpt)

02:00 am Home Shopping (Rpt)

02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt)

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am CBS Mornings CC

MELBOURNE PROGRAM GUIDE

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

Home Shopping

Home Shopping

Home Shopping

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ALL NEW EPISODES

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MELBOURNE PROGRAM GUIDE

Wednesday 05th January 2022

06:00 am Entertainment Tonight CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am Farm To Fork (Rpt) CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Ridge comes to the stunning realisation that Hope isn't the only Logan woman that Deacon wants to reconnect with. Deacon and Hope's sparring session is unceremoniously interrupted.

08:00 am Studio 10 CC PG

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG
Coarse Language,
Drug References,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Left Off The Map CC G

ALL NEW EPISODES

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.



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Wednesday 05th January 2022

04:00 pm **Farm To Fork** CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm **The Bold & The Beautiful** CC

ALL NEW EPISODES

05:00 pm **10 News First** CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm **The Project** **NO
CC**

ALL NEW EPISODES

07:30 pm **I'm A Celebrity Get Me Out Of Here!** CC

ALL NEW EPISODES

09:30 pm **Bull (Rpt)** CC M
Violence

Labor Days

As Bull prepares for fatherhood, his work at TAC suffers without his top attorney Benny, who quit in reaction to Bull's romantic reconnection to Isabella.

Starring: Michael Weatherly, Geneva Carr, Jaime Lee Kirchner, Chris Jackson

10:30 pm **Bull (Rpt)** CC PG
Mature Themes

Fantastica Voyage

An entrepreneur is accused of defrauding investors in her groundbreaking water filtration company. Bull focuses on selecting jurors whose belief systems allow them to see his client as a dreamer.

Starring: Michael Weatherly, Geneva Carr, Jaime Lee Kirchner, Chris Jackson

11:30 pm **The Project Encore**

SPECIAL ENCORE PRESENTATION



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Wednesday 05th January 2022

12:30 am **The Late Show With Stephen Colbert** CC PG

01:30 am **Home Shopping** (Rpt)

02:00 am **Home Shopping** (Rpt)

02:30 am **Home Shopping** (Rpt)

03:00 am **Home Shopping** (Rpt)

03:30 am **Home Shopping** (Rpt)

04:00 am **Home Shopping** (Rpt)

04:30 am **CBS Mornings** CC

MELBOURNE PROGRAM GUIDE

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

Home Shopping

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ALL NEW EPISODES

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MELBOURNE PROGRAM GUIDE

Thursday 06th January 2022

06:00 am The Talk CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10 CC PG

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Left Off The Map CC G

ALL NEW EPISODES

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.

04:00 pm Farm To Fork CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.



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MELBOURNE PROGRAM GUIDE

Thursday 06th January 2022

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project **NO**
CC

ALL NEW EPISODES

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:15 pm Law & Order: S.V.U CC M
Strong Adult Themes

ALL NEW EPISODES

The Five Hundredth

The past won't stay hidden as new DNA technology leads former SVU detective Nick Amaro and Olivia's ex-boyfriend Burton Lowe to seek help to overturn a wrongful conviction in one of Cragen's old cases

Starring: Mariska Hargitay, Ice T , Peter Scanavino

Guest Starring: Aidan Quinn, Dann Florek, Danny Pino

10:15 pm Law & Order: S.V.U (Rpt) CC M
Mature Themes

The Only Way Out Is Through

Benson helps two sisters get closure from a harrowing childhood assault. Kat's cousin reaches out for help.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

11:15 pm Blue Bloods (Rpt) CC M

The Price You Pay

Frank works to vindicate a detective accused of excessive force, while Danny investigates the murder of a rapper's bodyguard, and Eddie goes undercover to help Erin investigate a mysterious cult.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Sami Gayle



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Thursday 06th January 2022

12:00 am The Project Encore

01:00 am The Late Show With Stephen Colbert CC PG

02:00 am Home Shopping (Rpt)

02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt)

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am CBS Mornings CC

MELBOURNE PROGRAM GUIDE

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

Home Shopping

Home Shopping

Home Shopping

Home Shopping

Home Shopping

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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MELBOURNE PROGRAM GUIDE

Friday 07th January 2022

06:00 am The Talk CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10 CC PG

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG
Sexual References,
Mild Coarse
Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

02:45 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Left Off The Map CC G

ALL NEW EPISODES

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.



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MELBOURNE PROGRAM GUIDE

Friday 07th January 2022

04:00 pm Farm To Fork CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project **NO
CC**

ALL NEW EPISODES

07:30 pm The Living Room (Rpt) CC G

We help a deserving young couple - who've sacrificed everything to get their first foothold on the property ladder - transform their squeezey apartment into something much, much roomier.

08:30 pm The Graham Norton Show Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy

Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy.

09:30 pm Just For Laughs (Rpt) CC M
Sexual References,
Coarse Language,
Drug References

Just For Laughs Australia recorded live from the Sydney Opera House. Hosted by Nick Cody and featuring Ben Lomas, Melanie Bracewell, Rhys Nicholson, Aaron Chen, Georgie Carroll & Nath Valvo.

10:30 pm Drunk History Australia (Rpt) CC M
Sexual References,
Coarse Language,
Mature Themes

Anne Edmonds recounts the history of opera legend Dame Nellie Melba; and Harley Breen retells the expedition of Burke and Wills both while under a boozy influence.

Starring: Anne Edmonds, Harley Breen, Susie Yousseff, James Mathison, Osher Gunsberg, Yvie Jones



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Friday 07th January 2022

11:00 pm **The Project Encore**

12:00 am **The Late Show With Stephen Colbert** CC PG

01:00 am **Home Shopping** (Rpt)

01:30 am **Home Shopping** (Rpt)

02:00 am **Home Shopping** (Rpt)

02:30 am **Home Shopping** (Rpt)

03:00 am **Home Shopping** (Rpt)

03:30 am **Home Shopping** (Rpt)

04:00 am **Home Shopping** (Rpt)

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05:00 am **Home Shopping** (Rpt)

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MELBOURNE PROGRAM GUIDE

Saturday 08th January 2022

06:00 am	Good Chef Bad Chef (Rpt)	CC	G	Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
06:30 am	Leading The Way With Dr. Michael Youssef	CC	G	<p>ALL NEW EPISODES <u>2022 - TV Special: Leading The Way In New England</u></p> <p>Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.</p>
07:00 am	Healthy Homes Australia (Rpt)	CC	G	Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.
07:30 am	Escape Fishing With ET (Rpt)	CC	G	Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.
08:00 am	My Market Kitchen (Rpt)	CC	G	Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.
08:30 am	Everyday Gourmet With Justine Schofield (Rpt)	CC	G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
09:00 am	Freshly Picked With Simon Toohey (Rpt)	CC	G	Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers.
09:30 am	Studio 10: Saturday	CC	PG	Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus.
12:00 pm	Pat Callinan 4x4 Adventures (Rpt)	CC	G	Explore Australia's most breathtaking destinations off-the-beaten-track with our very own 'Mr 4X4', Pat Callinan.



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MELBOURNE PROGRAM GUIDE

Saturday 08th January 2022

01:00 pm All 4 Adventure (Rpt)	CC PG Mild Coarse Language	Jase and Simon, head into the wilds of Western Australia and the Northern Territory for another epic season of off-road and off-shore adventures.
02:00 pm Destination Dessert (Rpt)	CC G	Destination Dessert is the ultimate travel show for the sweet tooth! Exploring NSW in our first series, discovering the sweeter things in life.
02:30 pm Three Blue Ducks (Rpt)	CC PG Coarse Language	Our chefs head to the central west of New South Wales, in search of top quality, ethically produced lamb. Along the way they get some expert lamb cooking tips from the Country Women's Association.
03:00 pm Farm To Fork (Rpt)	CC PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
03:30 pm Taste Of Australia With Hayden Quinn (Rpt)	CC G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.
04:00 pm Waltzing Jimeoin (Rpt)	CC PG Mild Themes	Jimeoin wants to do a comedy tour like no other. With comedian mates, celebrity friends and maybe even his family, Jimeoin will travel around Australia doing standup wherever the tour takes him.
04:30 pm Roads Less Travelled (Rpt)	CC G	An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.
05:00 pm 10 News First	CC	LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:00 pm Bondi Rescue (Rpt)	CC PG Violence, Coarse Language, Mature Themes	The lifeguards take the beach buggy into the streets as they chase down an aggressive beachgoer wielding a knife.



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MELBOURNE PROGRAM GUIDE

Saturday 08th January 2022

06:30 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	When monster waves lash Bondi, new team members Boo and trainee Lachie must tackle the dangerous conditions to complete a mass rescue.
07:00 pm Isuzu UTE A-League Men	CC	<p>LIVE</p> <p>Round 9: Western Sydney Wanderers V Perth Glory</p> <p>Tune in for all the Round 9 action of the Isuzu UTE A-League Men as the Western Sydney Wanderers take on Perth Glory from CommBank Stadium. Match start time: 7:45PM (AEDT).</p>
10:00 pm Ambulance (Rpt)	CC M Coarse Language, Mature Themes	Cameras follow crews from England's North West Ambulance Service as they respond to the impacts of the Covid-19 epidemic ravaging the country and flooding in the aftermath of Storm Christoph.
11:00 pm Ambulance (Rpt)	CC M Coarse Language, Mature Themes	As the second wave of Covid-19 grips the country, the pressure mounts on the NHS in Merseyside. With hospitals almost full, ambulance crews know they must try to keep most of their patients at home.
12:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
12:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
01:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
01:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
02:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
02:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
03:00 am Home Shopping (Rpt)		<u>Home Shopping</u>



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Saturday 08th January 2022

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am Home Shopping (Rpt)

05:00 am Hour Of Power

G

MELBOURNE PROGRAM GUIDE

Home Shopping

Home Shopping

Home Shopping

ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.



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BRISBANE PROGRAM GUIDE

Sunday 02nd January 2022

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Weekly Catholic Mass for those unable to travel to church.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious

07:00 am Joseph Prince CC G

ALL NEW EPISODES

405 - Inside-Out Transformation

Religious program.

07:30 am Joel Osteen CC G

Jo904

08:00 am Toddlers Behaving (Very) Badly (Rpt) CC G

Childcare expert Laura Amies takes on the tears and the tantrums as she teaches toddlers how to listen, have self-control, obedience and good manners.

09:00 am The Offroad Adventure Show (Rpt) CC G

Experience the best of NSW & QLD's 4WD Destinations as our team go head to head in the inaugural Offroad State of Origin series!

10:00 am Pat Callinan's 4x4 Adventures (Rpt) CC G

Australia's foremost 4X4 expert "MR 4X4" Pat Callinan, takes you on some of his all-time favourite four-wheel drive adventures.

11:00 am Australia By Design: Architecture (Rpt) CC G

Australia By Design: Architecture, uncovers the outstanding projects that exemplify excellence in Australian architectural design.

11:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

12:00 pm Luca's Key Ingredient (Rpt) CC G

A very imaginative reflection of his own quirky self, this series will see Luca create some of Italy's finest and most traditional Italian dishes.

12:30 pm Destination Dessert (Rpt) CC G

Join us as we travel across Australia, taking the roads less travelled, supporting local businesses and discovering a world of flavour and adventure in our own backyard.



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BRISBANE PROGRAM GUIDE

Sunday 02nd January 2022

01:00 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
01:30 pm	My Market Kitchen (Rpt)	CC G	Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.
02:00 pm	Freshly Picked With Simon Toohey (Rpt)	CC G	Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers.
02:30 pm	Farm To Fork (Rpt)	CC PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
03:00 pm	Taste Of Australia With Hayden Quinn (Rpt)	CC G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.
03:30 pm	Roads Less Travelled (Rpt)	CC G	An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.
04:00 pm	All 4 Adventure	CC PG Mild Coarse Language	ALL NEW EPISODES Jase and Simon, head into the wilds of Western Australia and the Northern Territory for another epic season of off-road and off-shore adventures.
05:00 pm	10 News First	CC	LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:30 pm	Bondi Rescue (Rpt)	CC PG Coarse Language	Tragedy strikes when a husband and wife are washed off rocks by a massive wave. The Lifeguards search desperately for the couple, hoping that the rescue mission doesn't become a body retrieval.



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BRISBANE PROGRAM GUIDE

Sunday 02nd January 2022

07:00 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	Two brothers share an extraordinary tale of how they used resuscitation techniques learned by watching Bondi Rescue on someone who was struck by lightning.
07:30 pm The Graham Norton Show	CC	<p>ALL NEW EPISODES</p> <p><u>Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy</u></p> <p>Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy.</p>
08:30 pm FBI	CC	<p>ALL NEW EPISODES</p> <p><u>Unfinished Business</u></p> <p>After Rina is critically wounded, the team discovers that the vengeful Vargas orchestrated the shooting and is targeting the rest of the team and their loved ones.</p> <p>Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner</p>
09:30 pm FBI (Rpt)	CC M Violence, Mature Themes	<p><u>Trigger Effect</u></p> <p>While investigating a mass casualty incident at a New York City restaurant, the team scrambles to determine if it was racially motivated and if there was more than one gunman.</p> <p>Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner</p>
10:30 pm FBI (Rpt)	CC M Violence	<p><u>Straight Flush</u></p> <p>When five prominent men are killed playing poker, the team's investigation brings them into contact with a lieutenant in Antonio Vargas' drug cartel, triggering a showdown between Isobel and Vargas.</p> <p>Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner</p>
11:30 pm FBI: Declassified (Rpt)	CC M Mature Themes	<p><u>20 Days Of Terror: The Austin Bomber</u></p> <p>In 2018, a serial bomber was killing random victims with homemade devices in Austin, Texas. FBI agents reveal the unprecedented effort that was made to stop the bomber before more lives were lost.</p>



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BRISBANE PROGRAM GUIDE

Sunday 02nd January 2022

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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BRISBANE PROGRAM GUIDE

Monday 03rd January 2022

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC PG
07:00 am	Judge Judy (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC PG
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Coarse Language, Mature Themes
01:00 pm	The Living Room (Rpt)	CC PG
02:00 pm	Entertainment Tonight	CC
02:30 pm	My Market Kitchen (Rpt)	CC G

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

Deacon and Hope practice father-daughter martial arts. Meanwhile, An emotional Thomas is reunited with his mother.

SEASON PREMIERE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

Baz scrubs up a tired old bathroom and transforms an unused space into every teenage girls dream and Miguel adds a taste of home to a classic custard.

ALL NEW EPISODES

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.



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BRISBANE PROGRAM GUIDE

Monday 03rd January 2022

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

03:30 pm Left Off The Map CC G

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.

ALL NEW EPISODES

04:00 pm Farm To Fork CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

SEASON RETURN

04:30 pm The Bold & The Beautiful CC

Taylor recounts to Steffy how Deacon and Brooke's affair affected Ridge back in the day. Meanwhile, News of Taylor's unexpected return throws Brooke off her game.

LIVE

05:00 pm 10 News First CC PG

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

ALL NEW EPISODES

06:30 pm The Project **NO
CC**

SEASON PREMIERE

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:30 pm FBI: Most Wanted CC M
Frequent Violence

Lovesick

The team attempts to hunt down a family annihilator before he continues his murder spree. Barnes' intrusive mother puts pressure on her marriage.

Starring: Julian McMahon, Roxy Sternberg, Miguel Gomez, Alexa Davalos, Keisha Castle-Hughes



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BRISBANE PROGRAM GUIDE

Monday 03rd January 2022

10:30 pm The FBI Declassified

CC M
Drug References

ALL NEW EPISODES

Dangerous Journey On The Silk Road

Discover how the FBI captured the mastermind behind the Silk Road, an illegal online marketplace and multimillion dollar enterprise selling illicit items like drugs, weapons and even murders for hire.

11:30 pm The Project Encore

SPECIAL ENCORE PRESENTATION

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

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CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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BRISBANE PROGRAM GUIDE

Tuesday 04th January 2022

06:00 am	Entertainment Tonight (Rpt)	CC
06:30 am	Farm To Fork (Rpt)	CC PG
07:00 am	Judge Judy (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Coarse Language, Mature Themes
01:00 pm	To Be Advised	
03:00 pm	Judge Judy (Rpt)	CC PG
03:30 pm	Left Off The Map	CC G

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

Taylor recounts to Steffy how Deacon and Brooke's affair affected Ridge back in the day. Meanwhile, News of Taylor's unexpected return throws Brooke off her game.

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

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BRISBANE PROGRAM GUIDE

Tuesday 04th January 2022

04:00 pm Farm To Fork CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

Ridge comes to the stunning realisation that Hope isn't the only Logan woman that Deacon wants to reconnect with. Deacon and Hope's sparring session is unceremoniously interrupted.

05:00 pm 10 News First CC PG

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project **NO
CC**

ALL NEW EPISODES

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:30 pm NCIS CC M
Violence

ALL NEW EPISODES

Face The Strange

The NCIS team investigates the death of a Navy commander whose body suddenly explodes before Jimmy can examine it

Starring: Mark Harmon, Sean Murray, Wilmer Valderrama, David McCallum, Katrina Law

10:30 pm NCIS(Rpt) CC M
Violence

Gut Punch

Vance assigns McGee, Torres and Bishop to COVID compliance duty at a foreign affairs summit, where they discover a link to another NCIS team's murder case.

Starring: Mark Harmon, Sean Murray, Wilmer Valderrama



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BRISBANE PROGRAM GUIDE

Tuesday 04th January 2022

11:30 pm The Project Encore

12:30 am The Late Show With Stephen Colbert CC PG

01:30 am Home Shopping (Rpt)

02:00 am Home Shopping (Rpt)

02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt)

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am CBS Mornings CC

SPECIAL ENCORE PRESENTATION

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BRISBANE PROGRAM GUIDE

Wednesday 05th January 2022

06:00 am	Entertainment Tonight	CC
06:30 am	Farm To Fork (Rpt)	CC PG
07:00 am	Judge Judy (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Coarse Language, Drug References, Mature Themes
01:00 pm	To Be Advised	
03:00 pm	Judge Judy (Rpt)	CC PG
03:30 pm	Left Off The Map	CC G

SPECIAL ENCORE PRESENTATION

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SPECIAL ENCORE PRESENTATION

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BRISBANE PROGRAM GUIDE

Wednesday 05th January 2022

04:00 pm Farm To Fork CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

05:00 pm 10 News First CC PG

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project **NO
CC**

ALL NEW EPISODES

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:30 pm Bull (Rpt) CC M
Violence

Labor Days

As Bull prepares for fatherhood, his work at TAC suffers without his top attorney Benny, who quit in reaction to Bull's romantic reconnection to Isabella.

Starring: Michael Weatherly, Geneva Carr, Jaime Lee Kirchner, Chris Jackson

10:30 pm Bull (Rpt) CC PG
Mature Themes

Fantastica Voyage

An entrepreneur is accused of defrauding investors in her groundbreaking water filtration company. Bull focuses on selecting jurors whose belief systems allow them to see his client as a dreamer.

Starring: Michael Weatherly, Geneva Carr, Jaime Lee Kirchner, Chris Jackson

11:30 pm The Project Encore

SPECIAL ENCORE PRESENTATION



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BRISBANE PROGRAM GUIDE

Wednesday 05th January 2022

12:30 am The Late Show With Stephen Colbert CC PG

01:30 am Home Shopping (Rpt)

02:00 am Home Shopping (Rpt)

02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt)

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am CBS Mornings CC

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

Home Shopping

Home Shopping

Home Shopping

Home Shopping

Home Shopping

Home Shopping

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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BRISBANE PROGRAM GUIDE

Thursday 06th January 2022

06:00 am The Talk CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10 CC PG

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Left Off The Map CC G

ALL NEW EPISODES

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.

04:00 pm Farm To Fork CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.



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BRISBANE PROGRAM GUIDE

Thursday 06th January 2022

04:30 pm **The Bold & The Beautiful**

CC

ALL NEW EPISODES

05:00 pm **10 News First**

CC PG

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm **The Project**

**NO
CC**

ALL NEW EPISODES

07:30 pm **I'm A Celebrity Get Me Out Of Here!**

CC

ALL NEW EPISODES

09:15 pm **Law & Order: S.V.U**

CC M
Strong Adult Themes

ALL NEW EPISODES

The Five Hundredth

The past won't stay hidden as new DNA technology leads former SVU detective Nick Amaro and Olivia's ex-boyfriend Burton Lowe to seek help to overturn a wrongful conviction in one of Cragen's old cases

Starring: Mariska Hargitay, Ice T , Peter Scanavino

Guest Starring: Aidan Quinn, Dann Florek, Danny Pino

10:15 pm **Law & Order: S.V.U (Rpt)**

CC M
Mature Themes

The Only Way Out Is Through

Benson helps two sisters get closure from a harrowing childhood assault. Kat's cousin reaches out for help.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

11:15 pm **Blue Bloods (Rpt)**

CC M

The Price You Pay

Frank works to vindicate a detective accused of excessive force, while Danny investigates the murder of a rapper's bodyguard, and Eddie goes undercover to help Erin investigate a mysterious cult.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Sami Gayle



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BRISBANE PROGRAM GUIDE

Thursday 06th January 2022

12:00 am The Project Encore

01:00 am The Late Show With Stephen Colbert CC PG

02:00 am Home Shopping (Rpt)

02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt)

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am CBS Mornings CC

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

Home Shopping

Home Shopping

Home Shopping

Home Shopping

Home Shopping

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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BRISBANE PROGRAM GUIDE

Friday 07th January 2022

06:00 am The Talk CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10 CC PG

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG
Sexual References,
Mild Coarse
Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

02:45 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Left Off The Map CC G

ALL NEW EPISODES

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.



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BRISBANE PROGRAM GUIDE

Friday 07th January 2022

04:00 pm **Farm To Fork** CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm **The Bold & The Beautiful** CC

ALL NEW EPISODES

05:00 pm **10 News First** CC PG

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm **The Project** **NO
CC**

ALL NEW EPISODES

07:30 pm **The Living Room** (Rpt) CC G

We help a deserving young couple - who've sacrificed everything to get their first foothold on the property ladder - transform their squeezey apartment into something much, much roomier.

08:30 pm **The Graham Norton Show Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy

Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy.

09:30 pm **Just For Laughs** (Rpt) CC M
Sexual References,
Coarse Language,
Drug References

Just For Laughs Australia recorded live from the Sydney Opera House. Hosted by Nick Cody and featuring Ben Lomas, Melanie Bracewell, Rhys Nicholson, Aaron Chen, Georgie Carroll & Nath Valvo.

10:30 pm **Drunk History Australia** (Rpt) CC M
Sexual References,
Coarse Language,
Mature Themes

Anne Edmonds recounts the history of opera legend Dame Nellie Melba; and Harley Breen retells the expedition of Burke and Wills both while under a boozy influence.

Starring: Anne Edmonds, Harley Breen, Susie Yousseff, James Mathison, Osher Gunsberg, Yvie Jones



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BRISBANE PROGRAM GUIDE

Friday 07th January 2022

11:00 pm **The Project Encore**

12:00 am **The Late Show With Stephen Colbert** CC PG

01:00 am **Home Shopping** (Rpt)

01:30 am **Home Shopping** (Rpt)

02:00 am **Home Shopping** (Rpt)

02:30 am **Home Shopping** (Rpt)

03:00 am **Home Shopping** (Rpt)

03:30 am **Home Shopping** (Rpt)

04:00 am **Home Shopping** (Rpt)

04:30 am **Home Shopping** (Rpt)

05:00 am **Home Shopping** (Rpt)

05:30 am **Home Shopping** (Rpt)

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

Home Shopping

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BRISBANE PROGRAM GUIDE

Saturday 08th January 2022

06:00 am	Good Chef Bad Chef (Rpt)	CC	G	Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
ALL NEW EPISODES				
06:30 am	Leading The Way With Dr. Michael Youssef	CC	G	<u>2022 - TV Special: Leading The Way In New England</u> Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.
07:00 am	Healthy Homes Australia (Rpt)	CC	G	Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.
07:30 am	Escape Fishing With ET (Rpt)	CC	G	Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.
08:00 am	My Market Kitchen (Rpt)	CC	G	Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.
08:30 am	Everyday Gourmet With Justine Schofield (Rpt)	CC	G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
09:00 am	Freshly Picked With Simon Toohey (Rpt)	CC	G	Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers.
09:30 am	Studio 10: Saturday	CC	PG	Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus.
12:00 pm	Pat Callinan 4x4 Adventures (Rpt)	CC	G	Explore Australia's most breathtaking destinations off-the-beaten-track with our very own 'Mr 4X4', Pat Callinan.



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BRISBANE PROGRAM GUIDE

Saturday 08th January 2022

01:00 pm All 4 Adventure (Rpt)	CC PG Mild Coarse Language	Jase and Simon, head into the wilds of Western Australia and the Northern Territory for another epic season of off-road and off-shore adventures.
02:00 pm Destination Dessert (Rpt)	CC G	Destination Dessert is the ultimate travel show for the sweet tooth! Exploring NSW in our first series, discovering the sweeter things in life.
02:30 pm Three Blue Ducks (Rpt)	CC PG Coarse Language	Our chefs head to the central west of New South Wales, in search of top quality, ethically produced lamb. Along the way they get some expert lamb cooking tips from the Country Women's Association.
03:00 pm Farm To Fork (Rpt)	CC PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
03:30 pm Taste Of Australia With Hayden Quinn (Rpt)	CC G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.
04:00 pm Waltzing Jimeoin (Rpt)	CC PG Mild Themes	Jimeoin wants to do a comedy tour like no other. With comedian mates, celebrity friends and maybe even his family, Jimeoin will travel around Australia doing standup wherever the tour takes him.
04:30 pm Roads Less Travelled (Rpt)	CC G	An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.
05:00 pm 10 News First	CC	LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:00 pm Isuzu UTE A-League Men	CC	LIVE Round 9: Western Sydney Wanderers V Perth Glory Tune in for all the Round 9 action of the Isuzu UTE A-League Men as the Western Sydney Wanderers take on Perth Glory from CommBank Stadium. Match start time: 7:45PM (AEDT).



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BRISBANE PROGRAM GUIDE

Saturday 08th January 2022

09:00 pm Ambulance (Rpt)

CC M
Coarse Language,
Mature Themes

Cameras follow crews from England's North West Ambulance Service as they respond to the impacts of the Covid-19 epidemic ravaging the country and flooding in the aftermath of Storm Christoph.

10:00 pm Ambulance (Rpt)

CC M
Coarse Language,
Mature Themes

As the second wave of Covid-19 grips the country, the pressure mounts on the NHS in Merseyside. With hospitals almost full, ambulance crews know they must try to keep most of their patients at home.

11:00 pm FBI: Most Wanted Encore (Rpt)

CC M
Frequent Violence

SPECIAL ENCORE PRESENTATION

Lovesick

The team attempts to hunt down a family annihilator before he continues his murder spree. Barnes' intrusive mother puts pressure on her marriage.

Starring: Julian McMahon, Roxy Sternberg, Miguel Gomez, Alexa Davalos, Keisha Castle-Hughes

12:00 am Home Shopping (Rpt)

Home Shopping

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

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03:30 am Home Shopping (Rpt)

Home Shopping



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Saturday 08th January 2022

04:00 am Home Shopping (Rpt)

04:30 am Home Shopping (Rpt)

05:00 am Hour Of Power

G

BRISBANE PROGRAM GUIDE

Home Shopping

Home Shopping

ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.



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ADELAIDE PROGRAM GUIDE

Sunday 02nd January 2022

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Weekly Catholic Mass for those unable to travel to church.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious

07:00 am Joseph Prince CC G

ALL NEW EPISODES

405 - Inside-Out Transformation

Religious program.

07:30 am Joel Osteen CC G

Jo904

08:00 am Toddlers Behaving (Very) Badly (Rpt) CC G

Childcare expert Laura Amies takes on the tears and the tantrums as she teaches toddlers how to listen, have self-control, obedience and good manners.

09:00 am The Offroad Adventure Show (Rpt) CC G

Experience the best of NSW & QLD's 4WD Destinations as our team go head to head in the inaugural Offroad State of Origin series!

10:00 am Pat Callinan's 4x4 Adventures (Rpt) CC G

Australia's foremost 4X4 expert "MR 4X4" Pat Callinan, takes you on some of his all-time favourite four-wheel drive adventures.

11:00 am Australia By Design: Architecture (Rpt) CC G

Australia By Design: Architecture, uncovers the outstanding projects that exemplify excellence in Australian architectural design.

11:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

12:00 pm Luca's Key Ingredient (Rpt) CC G

A very imaginative reflection of his own quirky self, this series will see Luca create some of Italy's finest and most traditional Italian dishes.

12:30 pm Destination Dessert (Rpt) CC G

Join us as we travel across Australia, taking the roads less travelled, supporting local businesses and discovering a world of flavour and adventure in our own backyard.



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ADELAIDE PROGRAM GUIDE

Sunday 02nd January 2022

01:00 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC	G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
01:30 pm	My Market Kitchen (Rpt)	CC	G	Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.
02:00 pm	Freshly Picked With Simon Toohey (Rpt)	CC	G	Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers.
02:30 pm	Farm To Fork (Rpt)	CC	PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
03:00 pm	Taste Of Australia With Hayden Quinn (Rpt)	CC	G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.
03:30 pm	Roads Less Travelled (Rpt)	CC	G	An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.
04:00 pm	All 4 Adventure	CC	PG Mild Coarse Language	ALL NEW EPISODES Jase and Simon, head into the wilds of Western Australia and the Northern Territory for another epic season of off-road and off-shore adventures.
05:00 pm	10 News First	CC		LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:30 pm	Bondi Rescue (Rpt)	CC	PG Coarse Language	Tragedy strikes when a husband and wife are washed off rocks by a massive wave. The Lifeguards search desperately for the couple, hoping that the rescue mission doesn't become a body retrieval.



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ADELAIDE PROGRAM GUIDE

Sunday 02nd January 2022

07:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language,
Mature Themes

Two brothers share an extraordinary tale of how they used resuscitation techniques learned by watching Bondi Rescue on someone who was struck by lightning.

07:30 pm The Graham Norton Show

CC

ALL NEW EPISODES

Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy

Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy.

08:30 pm FBI

CC

ALL NEW EPISODES

Unfinished Business

After Rina is critically wounded, the team discovers that the vengeful Vargas orchestrated the shooting and is targeting the rest of the team and their loved ones.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner

09:30 pm FBI (Rpt)

CC M
Violence,
Mature Themes

Trigger Effect

While investigating a mass casualty incident at a New York City restaurant, the team scrambles to determine if it was racially motivated and if there was more than one gunman.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner

10:30 pm FBI (Rpt)

CC M
Violence

Straight Flush

When five prominent men are killed playing poker, the team's investigation brings them into contact with a lieutenant in Antonio Vargas' drug cartel, triggering a showdown between Isobel and Vargas.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner

11:30 pm FBI: Declassified (Rpt)

CC M
Mature Themes

20 Days Of Terror: The Austin Bomber

In 2018, a serial bomber was killing random victims with homemade devices in Austin, Texas. FBI agents reveal the unprecedented effort that was made to stop the bomber before more lives were lost.



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ADELAIDE PROGRAM GUIDE

Sunday 02nd January 2022

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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ADELAIDE PROGRAM GUIDE

Monday 03rd January 2022

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am Farm To Fork (Rpt) CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Deacon and Hope practice father-daughter martial arts. Meanwhile, An emotional Thomas is reunited with his mother.

08:00 am Studio 10 CC PG

SEASON PREMIERE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG
Coarse Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm The Living Room (Rpt) CC PG

Baz scrubs up a tired old bathroom and transforms an unused space into every teenage girls dream and Miguel adds a taste of home to a classic custard.

02:00 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm My Market Kitchen (Rpt) CC G

Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.



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ADELAIDE PROGRAM GUIDE

Monday 03rd January 2022

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

03:30 pm Left Off The Map CC G

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.

ALL NEW EPISODES

04:00 pm Farm To Fork CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

SEASON RETURN

04:30 pm The Bold & The Beautiful CC

Taylor recounts to Steffy how Deacon and Brooke's affair affected Ridge back in the day. Meanwhile, News of Taylor's unexpected return throws Brooke off her game.

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

ALL NEW EPISODES

06:30 pm The Project **NO
CC**

SEASON PREMIERE

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:30 pm FBI: Most Wanted CC M
Frequent Violence

Lovesick

The team attempts to hunt down a family annihilator before he continues his murder spree. Barnes' intrusive mother puts pressure on her marriage.

Starring: Julian McMahon, Roxy Sternberg, Miguel Gomez, Alexa Davalos, Keisha Castle-Hughes



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ADELAIDE PROGRAM GUIDE

Monday 03rd January 2022

10:30 pm The FBI Declassified

CC M
Drug References

ALL NEW EPISODES

Dangerous Journey On The Silk Road

Discover how the FBI captured the mastermind behind the Silk Road, an illegal online marketplace and multimillion dollar enterprise selling illicit items like drugs, weapons and even murders for hire.

11:30 pm The Project Encore

SPECIAL ENCORE PRESENTATION

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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ADELAIDE PROGRAM GUIDE

Tuesday 04th January 2022

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am Farm To Fork (Rpt) CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Taylor recounts to Steffy how Deacon and Brooke's affair affected Ridge back in the day. Meanwhile, News of Taylor's unexpected return throws Brooke off her game.

08:00 am Studio 10 CC PG

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG
Coarse Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Left Off The Map CC G

ALL NEW EPISODES

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.



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ADELAIDE PROGRAM GUIDE

Tuesday 04th January 2022

04:00 pm Farm To Fork CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

Ridge comes to the stunning realisation that Hope isn't the only Logan woman that Deacon wants to reconnect with. Deacon and Hope's sparring session is unceremoniously interrupted.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project **NO
CC**

ALL NEW EPISODES

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:30 pm NCIS CC M
Violence

ALL NEW EPISODES

Face The Strange

The NCIS team investigates the death of a Navy commander whose body suddenly explodes before Jimmy can examine it

Starring: Mark Harmon, Sean Murray, Wilmer Valderrama, David McCallum, Katrina Law

10:30 pm NCIS(Rpt) CC M
Violence

Gut Punch

Vance assigns McGee, Torres and Bishop to COVID compliance duty at a foreign affairs summit, where they discover a link to another NCIS team's murder case.

Starring: Mark Harmon, Sean Murray, Wilmer Valderrama



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Tuesday 04th January 2022

11:30 pm **The Project Encore**

12:30 am **The Late Show With Stephen Colbert** CC PG

01:30 am **Home Shopping** (Rpt)

02:00 am **Home Shopping** (Rpt)

02:30 am **Home Shopping** (Rpt)

03:00 am **Home Shopping** (Rpt)

03:30 am **Home Shopping** (Rpt)

04:00 am **Home Shopping** (Rpt)

04:30 am **CBS Mornings** CC

ADELAIDE PROGRAM GUIDE

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

Home Shopping

Home Shopping

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ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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ADELAIDE PROGRAM GUIDE

Wednesday 05th January 2022

06:00 am	Entertainment Tonight	CC
06:30 am	Farm To Fork (Rpt)	CC PG
07:00 am	Judge Judy (Rpt)	CC PG
07:30 am	The Bold & The Beautiful Encore (Rpt)	CC
08:00 am	Studio 10	CC PG
12:00 pm	Dr Phil (Rpt)	CC PG Coarse Language, Drug References, Mature Themes
01:00 pm	To Be Advised	
03:00 pm	Judge Judy (Rpt)	CC PG
03:30 pm	Left Off The Map	CC G

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

SPECIAL ENCORE PRESENTATION

Ridge comes to the stunning realisation that Hope isn't the only Logan woman that Deacon wants to reconnect with. Deacon and Hope's sparring session is unceremoniously interrupted.

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

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ADELAIDE PROGRAM GUIDE

Wednesday 05th January 2022

04:00 pm Farm To Fork CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project **NO
CC**

ALL NEW EPISODES

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:30 pm Bull (Rpt) CC M
Violence

Labor Days

As Bull prepares for fatherhood, his work at TAC suffers without his top attorney Benny, who quit in reaction to Bull's romantic reconnection to Isabella.

Starring: Michael Weatherly, Geneva Carr, Jaime Lee Kirchner, Chris Jackson

10:30 pm Bull (Rpt) CC PG
Mature Themes

Fantastica Voyage

An entrepreneur is accused of defrauding investors in her groundbreaking water filtration company. Bull focuses on selecting jurors whose belief systems allow them to see his client as a dreamer.

Starring: Michael Weatherly, Geneva Carr, Jaime Lee Kirchner, Chris Jackson

11:30 pm The Project Encore

SPECIAL ENCORE PRESENTATION



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ADELAIDE PROGRAM GUIDE

Wednesday 05th January 2022

12:30 am The Late Show With Stephen Colbert CC PG

01:30 am Home Shopping (Rpt)

02:00 am Home Shopping (Rpt)

02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt)

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am CBS Mornings CC

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

Home Shopping

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ALL NEW EPISODES

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ADELAIDE PROGRAM GUIDE

Thursday 06th January 2022

06:00 am The Talk CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10 CC PG

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Left Off The Map CC G

ALL NEW EPISODES

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.

04:00 pm Farm To Fork CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.



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ADELAIDE PROGRAM GUIDE

Thursday 06th January 2022

04:30 pm **The Bold & The Beautiful** CC

ALL NEW EPISODES

05:00 pm **10 News First** CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm **The Project** NO
CC

ALL NEW EPISODES

07:30 pm **I'm A Celebrity Get Me Out Of Here!** CC

ALL NEW EPISODES

09:15 pm **Law & Order: S.V.U** CC M
Strong Adult Themes

ALL NEW EPISODES

The Five Hundredth

The past won't stay hidden as new DNA technology leads former SVU detective Nick Amaro and Olivia's ex-boyfriend Burton Lowe to seek help to overturn a wrongful conviction in one of Cragen's old cases

Starring: Mariska Hargitay, Ice T , Peter Scanavino

Guest Starring: Aidan Quinn, Dann Florek, Danny Pino

10:15 pm **Law & Order: S.V.U (Rpt)** CC M
Mature Themes

The Only Way Out Is Through

Benson helps two sisters get closure from a harrowing childhood assault. Kat's cousin reaches out for help.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

11:15 pm **Blue Bloods (Rpt)** CC M

The Price You Pay

Frank works to vindicate a detective accused of excessive force, while Danny investigates the murder of a rapper's bodyguard, and Eddie goes undercover to help Erin investigate a mysterious cult.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Sami Gayle



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Thursday 06th January 2022

12:00 am The Project Encore

01:00 am The Late Show With Stephen Colbert CC PG

02:00 am Home Shopping (Rpt)

02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt)

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am CBS Mornings CC

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

Home Shopping

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ADELAIDE PROGRAM GUIDE

Friday 07th January 2022

06:00 am The Talk CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10 CC PG

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG
Sexual References,
Mild Coarse
Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

02:45 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Left Off The Map CC G

ALL NEW EPISODES

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.



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ADELAIDE PROGRAM GUIDE

Friday 07th January 2022

04:00 pm **Farm To Fork** CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm **The Bold & The Beautiful** CC

ALL NEW EPISODES

05:00 pm **10 News First** CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm **The Project** **NO
CC**

ALL NEW EPISODES

07:30 pm **The Living Room** (Rpt) CC G

We help a deserving young couple - who've sacrificed everything to get their first foothold on the property ladder - transform their squeezey apartment into something much, much roomier.

08:30 pm **The Graham Norton Show Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy

Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy.

09:30 pm **Just For Laughs** (Rpt) CC M
Sexual References,
Coarse Language,
Drug References

Just For Laughs Australia recorded live from the Sydney Opera House. Hosted by Nick Cody and featuring Ben Lomas, Melanie Bracewell, Rhys Nicholson, Aaron Chen, Georgie Carroll & Nath Valvo.

10:30 pm **Drunk History Australia** (Rpt) CC M
Sexual References,
Coarse Language,
Mature Themes

Anne Edmonds recounts the history of opera legend Dame Nellie Melba; and Harley Breen retells the expedition of Burke and Wills both while under a boozy influence.

Starring: Anne Edmonds, Harley Breen, Susie Yousseff, James Mathison, Osher Gunsberg, Yvie Jones



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ADELAIDE PROGRAM GUIDE

Friday 07th January 2022

11:00 pm **The Project Encore**

12:00 am **The Late Show With Stephen Colbert** CC PG

01:00 am **Home Shopping** (Rpt)

01:30 am **Home Shopping** (Rpt)

02:00 am **Home Shopping** (Rpt)

02:30 am **Home Shopping** (Rpt)

03:00 am **Home Shopping** (Rpt)

03:30 am **Home Shopping** (Rpt)

04:00 am **Home Shopping** (Rpt)

04:30 am **Home Shopping** (Rpt)

05:00 am **Home Shopping** (Rpt)

05:30 am **Home Shopping** (Rpt)

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

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ADELAIDE PROGRAM GUIDE

Saturday 08th January 2022

06:00 am	Good Chef Bad Chef (Rpt)	CC	G	Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
ALL NEW EPISODES				
06:30 am	Leading The Way With Dr. Michael Youssef	CC	G	<u>2022 - TV Special: Leading The Way In New England</u> Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.
07:00 am	Healthy Homes Australia (Rpt)	CC	G	Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.
07:30 am	Escape Fishing With ET (Rpt)	CC	G	Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.
08:00 am	My Market Kitchen (Rpt)	CC	G	Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.
08:30 am	Everyday Gourmet With Justine Schofield (Rpt)	CC	G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
09:00 am	Freshly Picked With Simon Toohey (Rpt)	CC	G	Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers.
09:30 am	Studio 10: Saturday	CC	PG	Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus.
12:00 pm	Pat Callinan 4x4 Adventures (Rpt)	CC	G	Explore Australia's most breathtaking destinations off-the-beaten-track with our very own 'Mr 4X4', Pat Callinan.



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ADELAIDE PROGRAM GUIDE

Saturday 08th January 2022

01:00 pm All 4 Adventure (Rpt)	CC PG Mild Coarse Language	Jase and Simon, head into the wilds of Western Australia and the Northern Territory for another epic season of off-road and off-shore adventures.
02:00 pm Destination Dessert (Rpt)	CC G	Destination Dessert is the ultimate travel show for the sweet tooth! Exploring NSW in our first series, discovering the sweeter things in life.
02:30 pm Three Blue Ducks (Rpt)	CC PG Coarse Language	Our chefs head to the central west of New South Wales, in search of top quality, ethically produced lamb. Along the way they get some expert lamb cooking tips from the Country Women's Association.
03:00 pm Farm To Fork (Rpt)	CC PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
03:30 pm Taste Of Australia With Hayden Quinn (Rpt)	CC G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.
04:00 pm Waltzing Jimeoin (Rpt)	CC PG Mild Themes	Jimeoin wants to do a comedy tour like no other. With comedian mates, celebrity friends and maybe even his family, Jimeoin will travel around Australia doing standup wherever the tour takes him.
04:30 pm Roads Less Travelled (Rpt)	CC G	An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.
05:00 pm 10 News First	CC	LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:00 pm Bondi Rescue (Rpt)	CC PG Violence, Coarse Language, Mature Themes	The lifeguards take the beach buggy into the streets as they chase down an aggressive beachgoer wielding a knife.



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ADELAIDE PROGRAM GUIDE

Saturday 08th January 2022

06:30 pm Isuzu UTE A-League Men

CC

LIVE

Round 9: Western Sydney Wanderers V Perth Glory

Tune in for all the Round 9 action of the Isuzu UTE A-League Men as the Western Sydney Wanderers take on Perth Glory from CommBank Stadium. Match start time: 7:45PM (AEDT).

09:30 pm Ambulance (Rpt)

CC M
Coarse Language,
Mature Themes

Cameras follow crews from England's North West Ambulance Service as they respond to the impacts of the Covid-19 epidemic ravaging the country and flooding in the aftermath of Storm Christoph.

10:30 pm Ambulance (Rpt)

CC M
Coarse Language,
Mature Themes

As the second wave of Covid-19 grips the country, the pressure mounts on the NHS in Merseyside. With hospitals almost full, ambulance crews know they must try to keep most of their patients at home.

11:30 pm FBI: Most Wanted Encore (Rpt)

CC M
Frequent Violence

SPECIAL ENCORE PRESENTATION

Lovesick

The team attempts to hunt down a family annihilator before he continues his murder spree. Barnes' intrusive mother puts pressure on her marriage.

Starring: Julian McMahon, Roxy Sternberg, Miguel Gomez, Alexa Davalos, Keisha Castle-Hughes

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

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02:00 am Home Shopping (Rpt)

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Saturday 08th January 2022

03:00 am Home Shopping (Rpt)

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am Home Shopping (Rpt)

05:00 am Hour Of Power

G

ADELAIDE PROGRAM GUIDE

Home Shopping

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ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.



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PERTH PROGRAM GUIDE

Sunday 02nd January 2022

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Weekly Catholic Mass for those unable to travel to church.

06:30 am Hillsong CC G

ALL NEW EPISODES

Religious

07:00 am Joseph Prince CC G

ALL NEW EPISODES

405 - Inside-Out Transformation

Religious program.

07:30 am Joel Osteen CC G

Jo904

08:00 am Toddlers Behaving (Very) Badly (Rpt) CC G

Childcare expert Laura Amies takes on the tears and the tantrums as she teaches toddlers how to listen, have self-control, obedience and good manners.

09:00 am The Offroad Adventure Show (Rpt) CC G

Experience the best of NSW & QLD's 4WD Destinations as our team go head to head in the inaugural Offroad State of Origin series!

10:00 am Pat Callinan's 4x4 Adventures (Rpt) CC G

Australia's foremost 4X4 expert "MR 4X4" Pat Callinan, takes you on some of his all-time favourite four-wheel drive adventures.

11:00 am Australia By Design: Architecture (Rpt) CC G

Australia By Design: Architecture, uncovers the outstanding projects that exemplify excellence in Australian architectural design.

11:30 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

12:00 pm Luca's Key Ingredient (Rpt) CC G

A very imaginative reflection of his own quirky self, this series will see Luca create some of Italy's finest and most traditional Italian dishes.

12:30 pm Destination Dessert (Rpt) CC G

Join us as we travel across Australia, taking the roads less travelled, supporting local businesses and discovering a world of flavour and adventure in our own backyard.



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PERTH PROGRAM GUIDE

Sunday 02nd January 2022

01:00 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
01:30 pm	My Market Kitchen (Rpt)	CC G	Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.
02:00 pm	Freshly Picked With Simon Toohey (Rpt)	CC G	Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers.
02:30 pm	Farm To Fork (Rpt)	CC PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
03:00 pm	Taste Of Australia With Hayden Quinn (Rpt)	CC G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.
03:30 pm	Roads Less Travelled (Rpt)	CC G	An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.
04:00 pm	All 4 Adventure	CC PG Mild Coarse Language	ALL NEW EPISODES Jase and Simon, head into the wilds of Western Australia and the Northern Territory for another epic season of off-road and off-shore adventures.
05:00 pm	10 News First	CC	LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:30 pm	Bondi Rescue (Rpt)	CC PG Coarse Language	Tragedy strikes when a husband and wife are washed off rocks by a massive wave. The Lifeguards search desperately for the couple, hoping that the rescue mission doesn't become a body retrieval.



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PERTH PROGRAM GUIDE

Sunday 02nd January 2022

07:00 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	Two brothers share an extraordinary tale of how they used resuscitation techniques learned by watching Bondi Rescue on someone who was struck by lightning.
07:30 pm The Graham Norton Show	CC	<p>ALL NEW EPISODES</p> <p><u>Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy</u></p> <p>Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy.</p>
08:30 pm FBI	CC	<p>ALL NEW EPISODES</p> <p><u>Unfinished Business</u></p> <p>After Rina is critically wounded, the team discovers that the vengeful Vargas orchestrated the shooting and is targeting the rest of the team and their loved ones.</p> <p>Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner</p>
09:30 pm FBI (Rpt)	CC M Violence, Mature Themes	<p><u>Trigger Effect</u></p> <p>While investigating a mass casualty incident at a New York City restaurant, the team scrambles to determine if it was racially motivated and if there was more than one gunman.</p> <p>Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner</p>
10:30 pm FBI (Rpt)	CC M Violence	<p><u>Straight Flush</u></p> <p>When five prominent men are killed playing poker, the team's investigation brings them into contact with a lieutenant in Antonio Vargas' drug cartel, triggering a showdown between Isobel and Vargas.</p> <p>Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner</p>
11:30 pm FBI: Declassified (Rpt)	CC M Mature Themes	<p><u>20 Days Of Terror: The Austin Bomber</u></p> <p>In 2018, a serial bomber was killing random victims with homemade devices in Austin, Texas. FBI agents reveal the unprecedented effort that was made to stop the bomber before more lives were lost.</p>



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PERTH PROGRAM GUIDE

Sunday 02nd January 2022

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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PERTH PROGRAM GUIDE

Monday 03rd January 2022

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am Farm To Fork (Rpt) CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Deacon and Hope practice father-daughter martial arts. Meanwhile, An emotional Thomas is reunited with his mother.

08:00 am Studio 10 CC PG

SEASON PREMIERE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG
Coarse Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm The Living Room (Rpt) CC PG

Baz scrubs up a tired old bathroom and transforms an unused space into every teenage girls dream and Miguel adds a taste of home to a classic custard.

02:00 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

02:30 pm My Market Kitchen (Rpt) CC G

Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.



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PERTH PROGRAM GUIDE

Monday 03rd January 2022

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

03:30 pm Left Off The Map CC G

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.

ALL NEW EPISODES

04:00 pm Farm To Fork CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

SEASON RETURN

04:30 pm The Bold & The Beautiful CC

Taylor recounts to Steffy how Deacon and Brooke's affair affected Ridge back in the day. Meanwhile, News of Taylor's unexpected return throws Brooke off her game.

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

ALL NEW EPISODES

06:30 pm The Project **NO
CC**

SEASON PREMIERE

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:30 pm FBI: Most Wanted CC M
Frequent Violence

Lovesick

The team attempts to hunt down a family annihilator before he continues his murder spree. Barnes' intrusive mother puts pressure on her marriage.

Starring: Julian McMahon, Roxy Sternberg, Miguel Gomez, Alexa Davalos, Keisha Castle-Hughes



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PERTH PROGRAM GUIDE

Monday 03rd January 2022

10:30 pm The FBI Declassified

CC M
Drug References

ALL NEW EPISODES

Dangerous Journey On The Silk Road

Discover how the FBI captured the mastermind behind the Silk Road, an illegal online marketplace and multimillion dollar enterprise selling illicit items like drugs, weapons and even murders for hire.

11:30 pm The Project Encore

SPECIAL ENCORE PRESENTATION

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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PERTH PROGRAM GUIDE

Tuesday 04th January 2022

06:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am Farm To Fork (Rpt) CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Taylor recounts to Steffy how Deacon and Brooke's affair affected Ridge back in the day. Meanwhile, News of Taylor's unexpected return throws Brooke off her game.

08:00 am Studio 10 CC PG

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG
Coarse Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Left Off The Map CC G

ALL NEW EPISODES

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.



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PERTH PROGRAM GUIDE

Tuesday 04th January 2022

04:00 pm Farm To Fork CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

Ridge comes to the stunning realisation that Hope isn't the only Logan woman that Deacon wants to reconnect with. Deacon and Hope's sparring session is unceremoniously interrupted.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project NO
CC

ALL NEW EPISODES

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:30 pm NCIS CC M
Violence

ALL NEW EPISODES

Face The Strange

The NCIS team investigates the death of a Navy commander whose body suddenly explodes before Jimmy can examine it

Starring: Mark Harmon, Sean Murray, Wilmer Valderrama, David McCallum, Katrina Law

10:30 pm NCIS(Rpt) CC M
Violence

Gut Punch

Vance assigns McGee, Torres and Bishop to COVID compliance duty at a foreign affairs summit, where they discover a link to another NCIS team's murder case.

Starring: Mark Harmon, Sean Murray, Wilmer Valderrama



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PERTH PROGRAM GUIDE

Tuesday 04th January 2022

11:30 pm The Project Encore

12:30 am The Late Show With Stephen Colbert CC PG

01:30 am Home Shopping (Rpt)

02:00 am Home Shopping (Rpt)

02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt)

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am CBS Mornings CC

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

Home Shopping

Home Shopping

Home Shopping

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ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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PERTH PROGRAM GUIDE

Wednesday 05th January 2022

06:00 am Entertainment Tonight CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

06:30 am Farm To Fork (Rpt) CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Ridge comes to the stunning realisation that Hope isn't the only Logan woman that Deacon wants to reconnect with. Deacon and Hope's sparring session is unceremoniously interrupted.

08:00 am Studio 10 CC PG

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG
Coarse Language,
Drug References,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Left Off The Map CC G

ALL NEW EPISODES

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PERTH PROGRAM GUIDE

Wednesday 05th January 2022

04:00 pm **Farm To Fork** CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm **The Bold & The Beautiful** CC

ALL NEW EPISODES

05:00 pm **10 News First** CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm **The Project** **NO
CC**

ALL NEW EPISODES

07:30 pm **I'm A Celebrity Get Me Out Of Here!** CC

ALL NEW EPISODES

09:30 pm **Bull (Rpt)** CC M
Violence

Labor Days

As Bull prepares for fatherhood, his work at TAC suffers without his top attorney Benny, who quit in reaction to Bull's romantic reconnection to Isabella.

Starring: Michael Weatherly, Geneva Carr, Jaime Lee Kirchner, Chris Jackson

10:30 pm **Bull (Rpt)** CC PG
Mature Themes

Fantastica Voyage

An entrepreneur is accused of defrauding investors in her groundbreaking water filtration company. Bull focuses on selecting jurors whose belief systems allow them to see his client as a dreamer.

Starring: Michael Weatherly, Geneva Carr, Jaime Lee Kirchner, Chris Jackson

11:30 pm **The Project Encore**

SPECIAL ENCORE PRESENTATION



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PERTH PROGRAM GUIDE

Wednesday 05th January 2022

12:30 am **The Late Show With Stephen Colbert** CC PG

01:30 am **Home Shopping** (Rpt)

02:00 am **Home Shopping** (Rpt)

02:30 am **Home Shopping** (Rpt)

03:00 am **Home Shopping** (Rpt)

03:30 am **Home Shopping** (Rpt)

04:00 am **Home Shopping** (Rpt)

04:30 am **CBS Mornings** CC

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

Home Shopping

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ALL NEW EPISODES

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PERTH PROGRAM GUIDE

Thursday 06th January 2022

06:00 am The Talk CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10 CC PG

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Left Off The Map CC G

ALL NEW EPISODES

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.

04:00 pm Farm To Fork CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.



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PERTH PROGRAM GUIDE

Thursday 06th January 2022

04:30 pm The Bold & The Beautiful CC

ALL NEW EPISODES

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project **NO
CC**

ALL NEW EPISODES

07:30 pm I'm A Celebrity Get Me Out Of Here! CC

ALL NEW EPISODES

09:15 pm Law & Order: S.V.U CC M
Strong Adult Themes

ALL NEW EPISODES

The Five Hundredth

The past won't stay hidden as new DNA technology leads former SVU detective Nick Amaro and Olivia's ex-boyfriend Burton Lowe to seek help to overturn a wrongful conviction in one of Cragen's old cases

Starring: Mariska Hargitay, Ice T , Peter Scanavino

Guest Starring: Aidan Quinn, Dann Florek, Danny Pino

10:15 pm Law & Order: S.V.U (Rpt) CC M
Mature Themes

The Only Way Out Is Through

Benson helps two sisters get closure from a harrowing childhood assault. Kat's cousin reaches out for help.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

11:15 pm Blue Bloods (Rpt) CC M

The Price You Pay

Frank works to vindicate a detective accused of excessive force, while Danny investigates the murder of a rapper's bodyguard, and Eddie goes undercover to help Erin investigate a mysterious cult.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Sami Gayle





PERTH PROGRAM GUIDE

Thursday 06th January 2022

12:00 am The Project Encore

01:00 am The Late Show With Stephen Colbert CC PG

02:00 am Home Shopping (Rpt)

02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt)

03:30 am Home Shopping (Rpt)

04:00 am Home Shopping (Rpt)

04:30 am CBS Mornings CC

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

Home Shopping

Home Shopping

Home Shopping

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Home Shopping

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



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PERTH PROGRAM GUIDE

Friday 07th January 2022

06:00 am The Talk CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Sheryl Underwood, Carrie Ann Inaba, Jerry O'Connell, Amanda Kloots and Elaine Welteroth on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

07:30 am The Bold & The Beautiful Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

08:00 am Studio 10 CC PG

LIVE

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8:00AM.

12:00 pm Dr Phil (Rpt) CC PG
Sexual References,
Mild Coarse
Language,
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

01:00 pm To Be Advised

02:45 pm Entertainment Tonight CC

ALL NEW EPISODES

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

03:00 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Left Off The Map CC G

ALL NEW EPISODES

Left Off the Map will celebrate the very best of Tasmania and shed light on the untold stories, the quirky characters and exciting ideas that have never been heard across the shores of the island.



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PERTH PROGRAM GUIDE

Friday 07th January 2022

04:00 pm **Farm To Fork** CC PG

ALL NEW EPISODES

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

04:30 pm **The Bold & The Beautiful** CC

ALL NEW EPISODES

05:00 pm **10 News First** CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm **The Project** **NO
CC**

ALL NEW EPISODES

07:30 pm **The Living Room** (Rpt) CC G

We help a deserving young couple - who've sacrificed everything to get their first foothold on the property ladder - transform their squeezey apartment into something much, much roomier.

08:30 pm **The Graham Norton Show Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Nye Show: Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, The Divine Comedy

Join the hilarious and cheeky Graham Norton as he chats with guests Jessica Chastain, Claire Foy, Peter Dinklage, Cush Jumbo, Joe Lycett, Michael Sheen & The Divine Comedy.

09:30 pm **Just For Laughs** (Rpt) CC M
Sexual References,
Coarse Language,
Drug References

Just For Laughs Australia recorded live from the Sydney Opera House. Hosted by Nick Cody and featuring Ben Lomas, Melanie Bracewell, Rhys Nicholson, Aaron Chen, Georgie Carroll & Nath Valvo.

10:30 pm **Drunk History Australia** (Rpt) CC M
Sexual References,
Coarse Language,
Mature Themes

Anne Edmonds recounts the history of opera legend Dame Nellie Melba; and Harley Breen retells the expedition of Burke and Wills both while under a boozy influence.

Starring: Anne Edmonds, Harley Breen, Susie Yousseff, James Mathison, Osher Gunsberg, Yvie Jones



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PERTH PROGRAM GUIDE

Friday 07th January 2022

11:00 pm **The Project Encore**

12:00 am **The Late Show With Stephen Colbert** CC PG

01:00 am **Home Shopping** (Rpt)

01:30 am **Home Shopping** (Rpt)

02:00 am **Home Shopping** (Rpt)

02:30 am **Home Shopping** (Rpt)

03:00 am **Home Shopping** (Rpt)

03:30 am **Home Shopping** (Rpt)

04:00 am **Home Shopping** (Rpt)

04:30 am **Home Shopping** (Rpt)

05:00 am **Home Shopping** (Rpt)

05:30 am **Home Shopping** (Rpt)

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

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PERTH PROGRAM GUIDE

Saturday 08th January 2022

06:00 am	Good Chef Bad Chef (Rpt)	CC	G	Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
ALL NEW EPISODES				
06:30 am	Leading The Way With Dr. Michael Youssef	CC	G	<u>2202 - TV Special: Leading The Way In New England</u> Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.
07:00 am	Healthy Homes Australia (Rpt)	CC	G	Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.
07:30 am	Escape Fishing With ET (Rpt)	CC	G	Escape with Andrew Ettingshausen as he travels Australia and the Pacific, hunting out the most exciting species, the most interesting spots and the most fun mates to go fishing with.
08:00 am	My Market Kitchen (Rpt)	CC	G	Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.
08:30 am	Everyday Gourmet With Justine Schofield (Rpt)	CC	G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
09:00 am	Freshly Picked With Simon Toohey (Rpt)	CC	G	Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers.
09:30 am	Studio 10: Saturday	CC	PG	Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus.
12:00 pm	Pat Callinan 4x4 Adventures (Rpt)	CC	G	Explore Australia's most breathtaking destinations off-the-beaten-track with our very own 'Mr 4X4', Pat Callinan.



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PERTH PROGRAM GUIDE

Saturday 08th January 2022

01:00 pm All 4 Adventure (Rpt)	CC PG Mild Coarse Language	Jase and Simon, head into the wilds of Western Australia and the Northern Territory for another epic season of off-road and off-shore adventures.
02:00 pm Destination Dessert (Rpt)	CC G	Destination Dessert is the ultimate travel show for the sweet tooth! Exploring NSW in our first series, discovering the sweeter things in life.
02:30 pm Three Blue Ducks (Rpt)	CC PG Coarse Language	Our chefs head to the central west of New South Wales, in search of top quality, ethically produced lamb. Along the way they get some expert lamb cooking tips from the Country Women's Association.
03:00 pm Farm To Fork (Rpt)	CC PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
03:30 pm Taste Of Australia With Hayden Quinn (Rpt)	CC G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.
04:00 pm Waltzing Jimeoin (Rpt)	CC PG Mild Themes	Jimeoin wants to do a comedy tour like no other. With comedian mates, celebrity friends and maybe even his family, Jimeoin will travel around Australia doing standup wherever the tour takes him.
04:30 pm Roads Less Travelled (Rpt)	CC G	An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.
05:00 pm 10 News First	CC	LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:00 pm Bondi Rescue (Rpt)	CC PG Violence, Coarse Language, Mature Themes	The lifeguards take the beach buggy into the streets as they chase down an aggressive beachgoer wielding a knife.



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PERTH PROGRAM GUIDE

Saturday 08th January 2022

06:30 pm Bondi Rescue (Rpt)	CC PG Coarse Language, Mature Themes	When monster waves lash Bondi, new team members Boo and trainee Lachie must tackle the dangerous conditions to complete a mass rescue.
07:00 pm The Dog House (Rpt)	CC PG	Follow a team of devoted matchmakers pairing homeless dogs with hopeful companions and explore the magic that can occur between people and dogs. The Dog House is heartwarming TV at its furriest.
08:00 pm Ambulance (Rpt)	CC M Coarse Language, Mature Themes	Cameras follow crews from England's North West Ambulance Service as they respond to the impacts of the Covid-19 epidemic ravaging the country and flooding in the aftermath of Storm Christoph.
09:00 pm Ambulance (Rpt)	CC M Coarse Language, Mature Themes	As the second wave of Covid-19 grips the country, the pressure mounts on the NHS in Merseyside. With hospitals almost full, ambulance crews know they must try to keep most of their patients at home.
10:00 pm FBI: Most Wanted Encore (Rpt)	CC M Frequent Violence	<p>SPECIAL ENCORE PRESENTATION</p> <p><u>Lovesick</u></p> <p>The team attempts to hunt down a family annihilator before he continues his murder spree. Barnes' intrusive mother puts pressure on her marriage.</p> <p>Starring: Julian McMahon, Roxy Sternberg, Miguel Gomez, Alexa Davalos, Keisha Castle-Hughes</p>
11:00 pm FBI Encore (Rpt)	CC	<p>SPECIAL ENCORE PRESENTATION</p> <p><u>Unfinished Business</u></p> <p>After Rina is critically wounded, the team discovers that the vengeful Vargas orchestrated the shooting and is targeting the rest of the team and their loved ones.</p> <p>Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza, John Boyd, Katherine Renee Turner</p>
12:00 am Home Shopping (Rpt)		<u>Home Shopping</u>



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PERTH PROGRAM GUIDE

Saturday 08th January 2022

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power

G

ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.



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