



## SYDNEY PROGRAM GUIDE

### Sunday 13th December 2020

06:00 am **Mass For You At Home** CC G

#### ALL NEW EPISODES

Religious.

06:30 am **Hillsong** CC G

#### ALL NEW EPISODES

Religious.

07:00 am **Joseph Prince** CC G

#### ALL NEW EPISODES

**353 - Can I Ask God To Prosper Me?**

Religious

07:30 am **Joel Osteen** CC G

#### ALL NEW EPISODES

**Jo861 - Letting Go Of Control**

Religious.

08:00 am **Australia By Design: Interiors (Rpt)** CC G

Australia By Design: Interiors takes us into the heart of the design process and looks at the psychology of interpreting space and creating an environment.

08:30 am **The Living Room Encore (Rpt)** CC

Baz scrubs up a tired old bathroom and transforms an unused space into every teenage girls dream and Miguel adds a taste of home to a classic custard.

09:30 am **Studio 10 Sunday** CC PG

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am.

12:00 pm **Destination Dessert (Rpt)** CC G

Destination Dessert is the ultimate travel show for the sweet tooth! Exploring NSW in our first series, discovering the sweeter things in life.

12:30 pm **Roads Less Travelled (Rpt)** CC

An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.



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### Sunday 13th December 2020

**01:00 pm Jamie: Keep Cooking And Carry On** CC G  
(Rpt)

In these unprecedented times, Jamie sets out to help, sharing some incredible recipes that make the most of your kitchen staples and offering helpful substitutions when short on certain ingredients.

**01:30 pm Freshly Picked With Simon Toohey** CC G  
(Rpt)

Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers.

**02:00 pm Pat Callinan's 4x4 Adventures** CC G

### SEASON PREMIERE

Australia's foremost 4X4 expert "MR 4X4" Pat Callinan, takes you on some of his all-time favourite four-wheel drive adventures.

**03:00 pm Emmylou's Christmas Table** CC

### SPECIAL EVENT

#### Emmylou's Christmas Table

Emmylou takes the complicated out of Christmas with her iconic, simple recipes that look and taste incredible. From the perfect pork crackle to the best playlist, Emmylou has got you covered.

**04:00 pm All 4 Adventure** CC PG  
Coarse Language

Jase and Simon, head off the beaten track camping, fishing and bush-cooking their way through another epic season of adventures.

**05:00 pm 10 News First** CC

### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm 10 News First (Rpt)** CC

### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Sunday Project** CC

### ALL NEW EPISODES

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.



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**Sunday 13th December 2020**

**07:30 pm The Graham Norton Show** CC

### ALL NEW EPISODES

Join the hilarious and cheeky Graham Norton as he chats with Lee Mack, Claudia Winkleman, Nicola Coughlan & McFLY.

Guest Starring: Lee Mack, Nicola Coughlan, Claudia Winkleman

**08:30 pm FBI: Most Wanted** CC

### ALL NEW EPISODES

#### Deconflict

Starring: Julian McMahon, Kellan Lutz, Roxy Sternberg, Nathaniel Arcand, Keisha Castle-Hughes

**09:30 pm Blood And Treasure** CC M  
Action Violence

### ALL NEW EPISODES

#### The Shadow Of Project Athena

Danny and Lexi seek out a famed Nazi hunter whose research leads them to Montreal, where they suspect that the last of the Nazis who escaped with Cleopatra may still be alive and in hiding.

Starring: Matt Barr, Sofia Pernas, Katia Winter

**10:25 pm Blood And Treasure** CC M  
Action Violence

### ALL NEW EPISODES

#### The Wages Of Vengeance

After nearly capturing Farouk in a sting operation, Danny and Lexi enlist Hardwick to tap into his underworld contacts in hopes of cornering Farouk before he disappears again.

Starring: Matt Barr, Sofia Pernas, Katia Winter, James Callis, Oded Fehr, Mark Gagliardi

**11:20 pm The Sunday Project Encore (Rpt)** CC

### SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:30 am Home Shopping (Rpt)**

#### Home Shopping



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04:00 am Home Shopping (Rpt)

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04:30 am CBS This Morning

CC

### ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



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# SYDNEY PROGRAM GUIDE

## Monday 14th December 2020

**06:00 am The Talk**

CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Eve and Carrie Ann Inaba on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Judge Judy Encore (Rpt)**

CC PG

### SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**07:30 am The Bold & The Beautiful Encore (Rpt)**

CC PG

### SPECIAL ENCORE PRESENTATION

**08:00 am Studio 10**

CC PG

### ALL NEW EPISODES

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am.

**12:00 pm Dr Phil (Rpt)**

CC PG  
Coarse Language,  
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm Jamie's Ultimate Veg (Rpt)**

CC G

Jamie is encouraging everyone to stop thinking of vegetables as side dishes to meat. He says vegetables can steal the show and he wants to show us how through a variety of delicious recipes.

**02:00 pm Entertainment Tonight**

CC

### ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm Inside The Children's Hospital**

CC PG  
Medical Procedures

### ALL NEW EPISODES

A behind-the-scenes look at the Royal Aberdeen Children's Hospital, exploring the lives of patients and staff at one of Scotland's busiest hospitals.



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**04:00 pm Farm To Fork** CC PG

#### ALL NEW EPISODES

Courtney Roulston, Michael Weldon and Sarah Todd highlight some of Australia's freshest and best produce to create recipes that will inspire you to recreate at home.

**04:30 pm The Bold & The Beautiful** CC PG

#### ALL NEW EPISODES

**05:00 pm 10 News First** CC

#### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Project** CC

#### ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Bondi Rescue (Rpt)** CC PG  
Coarse Language,  
Mature Themes

No two days are the same at Bondi Beach, and for good reason! The lifeguards are on high alert when a group of monks go missing on the iconic shores.

**08:00 pm Bondi Rescue (Rpt)** CC PG  
Coarse Language,  
Mature Themes

Two brothers share an extraordinary tale of how they used resuscitation techniques learned by watching Bondi Rescue on someone who was struck by lightning.



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## SYDNEY PROGRAM GUIDE

### Monday 14th December 2020

<b>08:30 pm</b>	<b>All Aussie Adventures</b> (Rpt)	CC PG Coarse Language	Over 15 years since he last set fire to a national park, Russell Coight is back! He'll catch up with some old mates, share survival tips & introduce us to some of his favourite species.
<b>09:00 pm</b>	<b>All Aussie Adventures</b> (Rpt)	CC PG Coarse Language, Nudity	Over 15 years since he last set fire to a national park, Russell Coight is back! He'll catch up with some old mates, share survival tips & introduce us to some of his favourite species.
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<b>ALL NEW EPISODES</b>			
<b>10:00 pm</b>	<b>Just For Laughs Australia</b>	CC M Sexual References, Coarse Language, Mature Themes	Just For Laughs Australia recorded live from the Sydney Opera House. Hosted by Nick Cody and featuring Eman El-Husseini, Cam Knight, Geraldine Hickey, Jeff Green, Sam Taunton & Skit Box.
<b>11:00 pm</b>	<b>Kinne Tonight</b> (Rpt)	CC M Sexual References, Coarse Language	Troy Kinne and his friends unpack and poke fun at the messiness and realities of modern life in a new show that is sure to leave you in stitches.
<b>SPECIAL ENCORE PRESENTATION</b>			
<b>11:30 pm</b>	<b>The Project Encore</b> (Rpt)	CC	Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.
<b>ALL NEW EPISODES</b>			
<b>12:30 am</b>	<b>The Late Show With Stephen Colbert</b>	CC PG	
<b>01:30 am</b>	<b>Home Shopping</b> (Rpt)		<b><u>Home Shopping</u></b>



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### Monday 14th December 2020

02:00 am Home Shopping (Rpt)

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02:30 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

### ALL NEW EPISODES

CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



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## SYDNEY PROGRAM GUIDE

**Tuesday 15th December 2020**

**06:00 am The Talk** CC PG  
Mature Themes

### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Eve and Carrie Ann Inaba on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Judge Judy Encore (Rpt)** CC PG

### SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**07:30 am The Bold & The Beautiful Encore (Rpt)** CC PG

### SPECIAL ENCORE PRESENTATION

**08:00 am Studio 10** CC PG

### ALL NEW EPISODES

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am.

**12:00 pm Dr Phil (Rpt)** CC PG  
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm Jamie's Ultimate Veg (Rpt)** CC PG

Jamie is encouraging everyone to stop thinking of vegetables as side dishes to meat. He says vegetables can steal the show and he wants to show us how through a variety of delicious recipes.

**02:00 pm Entertainment Tonight** CC

### ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm Inside The Children's Hospital** CC PG  
Medical Procedures

### ALL NEW EPISODES

A behind-the-scenes look at the Royal Aberdeen Children's Hospital, exploring the lives of patients and staff at one of Scotland's busiest hospitals.



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## SYDNEY PROGRAM GUIDE

### Tuesday 15th December 2020

**03:00 pm Judge Judy** CC PG

#### ALL NEW EPISODES

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**03:30 pm Freshly Picked With Simon Toohey** CC G

#### ALL NEW EPISODES

Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers.

**04:00 pm Farm To Fork** CC PG

#### ALL NEW EPISODES

Courtney Roulston, Michael Weldon and Sarah Todd highlight some of Australia's freshest and best produce to create recipes that will inspire you to recreate at home.

**04:30 pm The Bold & The Beautiful** CC PG

#### ALL NEW EPISODES

**05:00 pm 10 News First** CC

#### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Project** CC

#### ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Ambulance Australia (Rpt)** CC M  
Drug References,  
Mature Themes

A sudden car crash in front of their ambulance forces Pete and Phil to perform one of the most extraordinary resuscitations from a deadly heart attack ever captured on film.



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## SYDNEY PROGRAM GUIDE

**Tuesday 15th December 2020**

**08:30 pm NCIS**

CC

### ALL NEW EPISODES

#### Blood And Treasure

The discovery of two dead bodies in a forest leads the NCIS team into the wild world of modern-day treasure hunting. Also, Gibbs and Fornell get deeper into their search for the opioid kingpin

**09:30 pm NCIS: Los Angeles**

CC

### ALL NEW EPISODES

#### Raising The Dead

**10:30 pm NCIS (Rpt)**

CC M  
Violence

#### In A Nutshell

A Navy officer is murdered the same way his parents were murdered a decade ago and the team stumbles across a storage container filled with dollhouses that display re-creations of murder scenes.

**11:30 pm The Project Encore (Rpt)**

CC

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**12:30 am The Late Show With Stephen Colbert** CC PG

### ALL NEW EPISODES

**01:30 am Home Shopping (Rpt)**

Home Shopping

**02:00 am Home Shopping (Rpt)**

Home Shopping

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Home Shopping

**03:00 am Home Shopping (Rpt)**

Home Shopping

**03:30 am Home Shopping (Rpt)**

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# SYDNEY PROGRAM GUIDE

## Tuesday 15th December 2020

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

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CBS This Morning covers breaking news, politics, health, money, lifestyle and pop culture.



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## SYDNEY PROGRAM GUIDE

### Wednesday 16th December 2020

**06:00 am The Talk** CC PG  
Mature Themes

#### ALL NEW EPISODES

Join hosts Sharon Osbourne, Sheryl Underwood, Eve and Carrie Ann Inaba on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Judge Judy Encore (Rpt)** CC PG

#### SPECIAL ENCORE PRESENTATION

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**07:30 am The Bold & The Beautiful Encore (Rpt)** CC PG

#### SPECIAL ENCORE PRESENTATION

**08:00 am Studio 10** CC PG

#### ALL NEW EPISODES

Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am.

**12:00 pm Dr Phil (Rpt)** CC PG  
Coarse Language,  
Mature Themes

Join Dr. Phil McGraw as he takes aim at the critical issues of our time, including bullying, drug abuse, domestic violence, depression, child abuse, suicide and other various forms of mental illness.

**01:00 pm To Be Advised**

**02:00 pm Entertainment Tonight** CC

#### ALL NEW EPISODES

Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**02:30 pm Inside The Children's Hospital** CC PG

#### ALL NEW EPISODES

A behind-the-scenes look at the Royal Aberdeen Children's Hospital, exploring the lives of patients and staff at one of Scotland's busiest hospitals.

**03:00 pm Judge Judy** CC PG

#### ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.



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## SYDNEY PROGRAM GUIDE

### Wednesday 16th December 2020

**03:30 pm Freshly Picked With Simon Toohey** CC G

#### ALL NEW EPISODES

Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers.

**04:00 pm Farm To Fork** CC PG

#### ALL NEW EPISODES

Courtney Roulston, Michael Weldon and Sarah Todd highlight some of Australia's freshest and best produce to create recipes that will inspire you to recreate at home.

**04:30 pm The Bold & The Beautiful** CC PG

#### ALL NEW EPISODES

**05:00 pm 10 News First** CC

#### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Project** CC

#### ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm The Royals Revealed: Harry & Edward - Princes In Exile** CC PG  
Coarse Language,  
Mature Themes

#### ALL NEW EPISODES

##### Harry & Edward - Princes In Exile

When Harry abdicated his Royal titles, history came back to bite the monarchy. Relationships within the Royal family are as strained now as it was back in 1936 when Edward VIII first caused a crisis.

**08:30 pm Bull** CC

#### ALL NEW EPISODES

##### The Ex Factor



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## SYDNEY PROGRAM GUIDE

### Wednesday 16th December 2020

09:30 pm **Bull** (Rpt)

CC M  
Violence,  
Sexual References,  
Mature Themes

#### Look Back In Anger

Bull looks to select jurors who can empathise with an individual's need for personal privacy when he helps Marissa's friend sue a notable philanthropic businessman for abusing him as a child.

10:30 pm **The Masked Singer USA**

CC

#### ALL NEW EPISODES

Get into the holiday spirit as the final three singers perform never-before-heard holiday songs, and the already unmasked celebrities join together to perform their favourite holiday jingles.

11:30 pm **The Project Encore** (Rpt)

CC

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12:30 am **The Late Show With Stephen Colbert** CC PG

#### ALL NEW EPISODES

01:30 am **Home Shopping** (Rpt)

Home Shopping

02:00 am **Home Shopping** (Rpt)

Home Shopping

02:30 am **Home Shopping** (Rpt)

Home Shopping

03:00 am **Home Shopping** (Rpt)

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04:00 am **Home Shopping** (Rpt)

Home Shopping

04:30 am **CBS This Morning**

CC

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## SYDNEY PROGRAM GUIDE

### Thursday 17th December 2020

**06:00 am The Talk** CC PG  
Mature Themes

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#### SPECIAL ENCORE PRESENTATION

**08:00 am Studio 10** CC PG

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**04:00 pm Farm To Fork** CC PG

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#### ALL NEW EPISODES

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**06:30 pm The Project** CC

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**07:30 pm Jamie's Easy Christmas Countdown (Rpt)** CC G

#### Jamie's Easy Christmas Countdown

Jamie's back again this year to help you get ready for Christmas! Whatever you're planning he has all the tips and tricks you need to take the pressure off and still have a cracking feast.

**08:30 pm Law & Order: S.V.U (Rpt)** CC M  
Violence,  
Strong Adult Themes

#### Murdered At A Bad Address

The case of a teenage girl assaulted in the projects leads to a startling discovery, and Benson puts her trust in someone from her past.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Jamie Gray Hyder

Guest Starring: Wentworth Miller



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**Thursday 17th December 2020**

<b>09:30 pm</b>	<b>Blue Bloods</b>	CC
<b>10:30 pm</b>	<b>Blue Bloods (Rpt)</b>	CC M Violence
<b>11:30 pm</b>	<b>The Project Encore (Rpt)</b>	CC
<b>12:30 am</b>	<b>The Late Show With Stephen Colbert</b>	CC PG
<b>01:30 am</b>	<b>Home Shopping (Rpt)</b>	
<b>02:00 am</b>	<b>Home Shopping (Rpt)</b>	
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<b>04:00 am</b>	<b>Home Shopping (Rpt)</b>	
<b>04:30 am</b>	<b>CBS This Morning</b>	CC

### ALL NEW EPISODES

**In The Name Of The Father**

### **Ripple Effect**

A medium claims to know what happened to a woman who was found dead of an apparent suicide. Meanwhile, Jamie and Eddie help a woman who bought cheap insulin online that nearly killed her son.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray

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## SYDNEY PROGRAM GUIDE

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**03:30 pm Freshly Picked With Simon Toohey** CC G

#### ALL NEW EPISODES

Host Simon Toohey presents a lovely mix of fresh delicious recipes in his own kitchen with beautiful location footage of some of Australia's fresh produce producers.

**04:00 pm Farm To Fork** CC PG

#### ALL NEW EPISODES

Courtney Roulston, Michael Weldon and Sarah Todd highlight some of Australia's freshest and best produce to create recipes that will inspire you to recreate at home.

**04:30 pm The Bold & The Beautiful** CC

#### ALL NEW EPISODES

**05:00 pm 10 News First** CC

#### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Project** CC

#### ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm The Living Room** CC PG

#### ALL NEW EPISODES

The Christmas spirit is in the air this week and the team drop in to visit the Trans! A delightful family with Vietnamese heritage who love to give back to the community, but now it's their turn.



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# SYDNEY PROGRAM GUIDE

## Friday 18th December 2020

08:30 pm To Be Advised

09:30 pm **Office Christmas Party** (Rpt)(2016) CC MA15+  
Sexual References,  
Coarse Language,  
Drug Use,  
Crude Humour,  
Nudity

### MOVIE

When the CEO decides to close her hard-partying brother's branch, he and his fired up co-workers decide to throw an epic office party to land a VIP client and save everyone's jobs.

Starring: Jennifer Aniston, Jason Bateman, T.J. Miller, Kate McKinnon, Olivia Munn, Courtney B. Vance

11:30 pm **The Project Encore** (Rpt) CC

### SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am **The Late Show With Stephen Colbert** CC PG

### ALL NEW EPISODES

01:30 am **Home Shopping** (Rpt)

**Home Shopping**

02:00 am **Home Shopping** (Rpt)

**Home Shopping**

02:30 am **Home Shopping** (Rpt)

**Home Shopping**

03:00 am **Home Shopping** (Rpt)

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# SYDNEY PROGRAM GUIDE

## Friday 18th December 2020

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



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## SYDNEY PROGRAM GUIDE

### Saturday 19th December 2020

<b>06:00 am</b>	<b>Reel Action</b> (Rpt)	CC	<p><b><u>Jigging Cobia And Golden Trevally</u></b></p> <p>Guesty and Barney have an amazing day out light tackle jigging for extra large golden trevally and even a cobia.</p>
<b>06:30 am</b>	<b>Leading The Way</b>	CC G	<p><b>ALL NEW EPISODES</b></p> <p>Dr. Michael Youssef preaches spiritual advice and provides biblical clarity to modern social and political issues.</p>
<b>07:00 am</b>	<b>RV Daily Foodie Trails</b> (Rpt)	CC G	<p>Welcome to RV Daily's Foodie Trails, where we scratch beneath the surface of regional Australia to find the best-kept food secrets and meet the authentic local characters behind them.</p>
<b>07:30 am</b>	<b>All 4 Adventure</b> (Rpt)	CC PG Coarse Language	<p>Jase and Simon, head off the beaten track camping, fishing and bush-cooking their way through another epic season of adventures.</p>
<b>08:30 am</b>	<b>Pat Callinan's 4x4 Adventures</b> (Rpt)	CC G	<p>Australia's foremost 4X4 expert "MR 4X4" Pat Callinan, takes you on some of his all-time favourite four-wheel drive adventures.</p>
<b>09:30 am</b>	<b>Studio 10 Saturday</b>	CC PG	<p>Start your day with a dose of sunshine and join the feelgood fun with Sarah Harris and Tristan MacManus weekdays from 8am.</p>
<b>12:00 pm</b>	<b>Jamie's Easy Christmas Countdown</b> (Rpt)	CC G	<p><b><u>Jamie's Easy Christmas Countdown</u></b></p> <p>Jamie's back again this year to help you get ready for Christmas! Whatever you're planning he has all the tips and tricks you need to take the pressure off and still have a cracking feast.</p>
<b>01:00 pm</b>	<b>Left Off The Map</b> (Rpt)	CC G	<p>Discover the untold stories, the quirky characters and the spectacular food of the island of Tasmania.</p>
<b>01:30 pm</b>	<b>Emmylou's Christmas Table</b> (Rpt)	CC	<p><b><u>Emmylou's Christmas Table</u></b></p> <p>Emmylou takes the complicated out of Christmas with her iconic, simple recipes that look and taste incredible. From the perfect pork crackle to the best playlist, Emmylou has got you covered.</p>
<b>02:30 pm</b>	<b>10 Travlr Northern Territory</b> (Rpt)	CC G	<p><b><u>10 Travlr Northern Territory</u></b></p> <p>Discover the people and places of the breathtaking Northern Territory. Explore all the ways this sunburnt region is unique in every sense and learn that Summer in the NT is not what you might expect.</p>



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## SYDNEY PROGRAM GUIDE

### Saturday 19th December 2020

**03:00 pm Taste Of Australia With Hayden Quinn** CC G  
(Rpt)

Hayden explores hidden gems of Australia through the stories of those that inspire him. He visits stunning locations, interesting people and makes the food we all love to enjoy.

**03:30 pm Roads Less Travelled** CC

#### ALL NEW EPISODES

An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.

**04:00 pm The Living Room Encore** (Rpt) CC PG

The Christmas spirit is in the air this week and the team drop in to visit the Trans! A delightful family with Vietnamese heritage who love to give back to the community, but now it's their turn.

**05:00 pm 10 News First** CC

#### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Family Feud** CC G

#### ALL NEW EPISODES

Who most deserves to win \$100,000? Survey says, our frontline workers! Family Feud is back, giving Aussie battlers the chance to win our biggest cash prize ever.

**07:00 pm Bondi Rescue** (Rpt) CC PG

It's been a long hot summer and as Bondi swells with beach lovers, the lifeguards feel the pressure. This year's unpredictable events are really going to test the boys and girls in blue.

**07:30 pm Ambulance** (Rpt) CC M  
Drug References,  
Mature Themes

While most enjoy a hot May bank holiday weekend in Manchester, North West Ambulance Service paramedics Gary and Claire need face matters of life and death.



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## SYDNEY PROGRAM GUIDE

### Saturday 19th December 2020

**08:30 pm Ambulance** (Rpt)

CC M  
Mature Themes

North West Ambulance Service faces the pressure of the busiest day of the winter so far with an overwhelming volume of calls including one who says he has a hand grenade and is threatening to use it.

**09:30 pm 999: What's Your Emergency?**

CC M  
Violence,  
Coarse Language,  
Mature Themes

#### SEASON FINALE

##### **She Kicked Her In The Face And Everything**

In Wiltshire, offenses committed by women have risen by 63% in the last 5 years. What's driving this female crimewave?

**10:35 pm Mary Magdalene** (2018)

CC M  
Mature Themes

#### MOVIE PREMIERE

In the first century, free-spirited Mary Magdalene flees the marriage her family has arranged for her, finding refuge and a sense of purpose in a radical new movement led by Jesus.

Starring: Rooney Mara, Joaquin Phoenix, Chiwetel Ejiofor, Ryan Corr

**01:00 am Home Shopping** (Rpt)

**Home Shopping**

**01:30 am Home Shopping** (Rpt)

**Home Shopping**

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am Truth Link**

G

#### ALL NEW EPISODES



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# SYDNEY PROGRAM GUIDE

**Saturday 19th December 2020**

**05:00 am Hour Of Power**

G

## **ALL NEW EPISODES**

Religious.



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