**Sunday 09 February 2020**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-039+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Matt Doran and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN20-006+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSU20-003+ |

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| 12:00 | **House Of Wellness ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-001+ |

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| 13:00 | **Helloworld (R) ’CC’** Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG** +HELW01-008+ |

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| 13:30 | **2020 Santos Tour Down Under ’CC’** Not just a bike race, the Santos Tour Down Under is home to the largest Festival of Cycling in the southern hemisphere. | +TOUR20-019+ |

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| 14:30 | **TBA:**  | ++ |

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| 16:00 | **Better Homes And Gardens (R) ’CC’** Joh and Pete check out a space-saving home that refines the art of the Tetris puzzle. Karen makes rustic salsa verde with seared ocean trout. Adam shows the most effective way to patch holes in walls. | **G** +BHAG25-003+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF20-012+ |

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| 17:30 | **Sydney Weekender ’CC’** Mike loads up on history, health and happy times at The Coal Loader Centre for Sustainability in Waverton. Mel visits the Vibe Hotel and takes in Chinatown and Darling Quarter. Matt heads to Penrith. | **G** +7SWE27-001+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-040+ |

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| 19:00 | **My Kitchen Rules: The Rivals ’CC’** In a night of tears and tantrums, can childhood friends Sue Ann & Sylvia sing and dance their way to the top of the leader board for House Colin? | +MYKR11-005+ |

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| 20:30 | **Movie: The Greatest Showman ’CC’ (2017) PREMIERE**Celebrates the birth of show business and tells of a visionary who rose from nothing to create a spectacle that became a worldwide sensation. | **PG (A)**+FOXF10-017+ |

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| 22:45 | **TBA:**  | ++ |

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| 00:00 | **The Cosmetic Surgery Show** Follows one of Australia's leading Cosmetic and Dermatological Surgeons, Dr Daniel Lanzer, as he and his team perform incredible procedures. | **MA** +CMCF02-004+ |

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| 00:30 | **Marvel's Agent Carter: The Edge Of Mystery (R)** Peggy tries to trade Jason for the uranium rods that Whitney wants, but her plan doesn't go as intended. Meanwhile, Jarvis vows to kill the person responsible for Ana's injuries. | **PG (V)**+MACA02-008+ |

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| 01:30 | **The Zoo (R) ’CC’** A zebra tries to avoid a pedicure, while the parenting skills of a new tiger mum are scrutinised. | **G** +ZOOT3-003+ |

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| 02:00 | **Home Shopping** | ++ |

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| 03:30 | **RSPCA Animal Rescue (R) ’CC’** In tonight's episode, a boxer dog missing for several weeks is found and reunited with its grateful owners. | **G** +ANRS-002+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-040+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-029+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-029+ |

 **Monday 10 February 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-029+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-016+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-029+ |

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| 12:00 | **Special Event: The 92nd Annual Academy Awards ’CC’ (2020)** Emanating from the Dolby Theatre in Hollywood, this year's ceremony sees several of the past year's biggest films in contention for awards, including Joker, 1917, The Irishman, Parasite and many more. | **PG** +SPEC97-002+ |

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| 15:30 | **Dog Patrol (R)** Delta team Sue and Hades track an offender after an armed holdup, Corrections and Customs drug dogs show off how good they are. | **PG (D,V,L)**+STFC07-002+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-029+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU09-032+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-041+ |

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| 19:00 | **Home And Away ’CC’** Gemma and Ari panic when they assume Nikau is in trouble with the law. Alf and Martha enjoy their relaxed staycation. Colby and Bella are given a reality check by a grieving Jasmine. | **PG (S,A)**+HAAW32-134+ |

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| 19:30 | **My Kitchen Rules: The Rivals ’CC’** Season 6 runners-up Jac & Shaz feel the pressure to do well for House Manu. As the Mount Isa mums question their kitchen output, it's Sophia's performance at the table which gets everyone's attention. | +MYKR11-006+ |

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| 21:00 | **9-1-1: Sink Or Swim ’CC’** A massive tsunami hits the Santa Monica Pier, placing Buck and Christopher's lives in danger. | **M (V,A)**+NINO03-002+ |

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| 22:00 | **S.W.A.T.: Gasoline Drum ’CC’** The team works with a former member to find a woman and her son who are running from an international drug cartel. | **M (V)**+SSWA02-002+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-006+ |

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| 23:30 | **Proven Innocent: Cross To Bear ’CC’** When a white supremacist begs the Injustice Defense Group to help him overturn his wrongful conviction, the team clashes over whether they should take his case. | **M (A)**+PRIN01-005+ |

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| 00:30 | **Hospital (R) ’CC’** With nearly all of St Mary's 297 beds occupied, the hospital must discharge patients before any new ones can be admitted. | **M (A,L)**+LADW01-002+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-041+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-030+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-030+ |

 **Tuesday 11 February 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-030+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-017+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-030+ |

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| 12:00 | **TBA:**  | ++ |

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| 13:30 | **Surf Patrol (R) ’CC’** In Southern Sydney, a mock rescue exercise is cut short when lifesavers receive a real-life call for help. | **G** +SPTL-006+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-011+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-030+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-030+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU09-033+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-042+ |

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| 19:00 | **Home And Away ’CC’** Jasmine is haunted by her memories in the Apartment. Colby's best effort to get Bella psychological help is met with resistance. Maggie and Roo begin their own missing person’s case for Leah. | **PG** +HAAW32-135+ |

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| 19:30 | **My Kitchen Rules: The Rivals ’CC’** Ex-army sisters Kerry & Kaylene are going into battle for Colin. Can they charge to the top of the leaderboard or will they be outflanked? At the table, absent friends return with a vengeance. | +MYKR11-007+ |

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| 21:00 | **Gold Digger ’CC’ SEASON PREMIERE**When Julia meets a much younger man, her family wonder if his intentions are financially motivated. | **M (N,L,S)**+GODI01-001+ |

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| 22:10 | **Deadly Dates: Sharon (R) ’CC’** When 29-year-old Australian mum Sharon Siermans called short a date with a man she met online, he later took revenge by beating her to death with a cricket bat. | **M (A,V)**+SRFM01-002+ |

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| 23:10 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-007+ |

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| 23:40 | **Proven Innocent: A Cinderella Story ’CC’** The Injustice Defense Group takes on the case of a girl convicted for the murder of her mother. Meanwhile, Madeline is trapped in a whirlwind of drama, trying to stop Bellows. | **M (D,V,A)**+PRIN01-006+ |

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| 00:40 | **Marvel's Agent Carter: A Little Song And Dance (R)** Jack comes up with his own plan to stop Vernon and Whitney, but things don't go as he expected. Meanwhile, Jarvis makes a startling confession to Peggy. | **PG (V,L)**+MACA02-009+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-042+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-031+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-031+ |

 **Wednesday 12 February 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-031+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-018+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-031+ |

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| 12:00 | **TBA:**  | ++ |

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| 13:30 | **Surf Patrol (R) ’CC’** A group of novice surfers from Korea create chaos for lifesavers on patrol. Elsewhere, a teenager loses consciousness during her surf rescue exam. Then, a mysterious shape is spotted, causing alarm for beachgoers. | **G** +SPTL-007+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-012+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-031+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-031+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU09-034+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-043+ |

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| 19:00 | **Home And Away ’CC’** Alex drops a bombshell on Willow that could shape their future forever. A new lead in Leah's case has deeply disturbed Justin. Aware Colby is struggling, Roo and Maggie step up to help Bella. | **PG (A)**+HAAW32-136+ |

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| 19:30 | **My Kitchen Rules: The Rivals ’CC’** As besties Roula & Rachael set out to redeem themselves, the House of Manu is divided. Can Manu get his Faves back on track? | +MYKR11-008+ |

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| 21:00 | **First Dates Australia ’CC’** Hoping to find someone to get their hearts racing are these two V8 loving bogans, Ebony and Nick. Also, a brother and sister are duo both searching for the perfect man (not the same one!)  | **PG (L,S,A)**+FDAT04-004+ |

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| 22:10 | **Temptation Island USA: Rock My World ’CC’** New connections are forming on the island, and some temptations are proving too hard to resist. | **MA (L,S,A)**+TIUS01-004+ |

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| 23:10 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-008+ |

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| 23:40 | **Women Who Kill (R) ’CC’** This documentary secures incredible access to bring you behind the bars and into the cells to learn what drove these women to kill and how they now feel about their actions and their future. | **M (A,V,L)**+WOKI01-002+ |

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| 00:40 | **The Real O'Neals: The Real Halloween (R) DOUBLE EPISODE**When Halloween arrives, Kenny plans to go to BoysTown to watch the festive costume parade. In an effort to prevent Kenny from attending, Eileen agrees to let him throw his own Halloween party at home. | **M (D,S)**+REAL02-003+ |

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| 01:10 | **The Real O'Neals: The Real Move (R)** When VP Murray starts spending time around the house, Pat realises it's time to move out. Meanwhile, Eileen starts her new job at Aunt Jodi's salon. | **PG (S,A)**+REAL02-004+ |

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| 01:40 | **The Zoo (R) ’CC’** A frisky young elephant is on the hunt for a bachelor pad. Then, a baby koala is rescued from the Victorian bushfires. | **G** +ZOOT3-004+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-043+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-032+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-032+ |

 **Thursday 13 February 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-032+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-019+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-032+ |

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| 12:00 | **TBA:**  | ++ |

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| 13:30 | **Surf Patrol (R) ’CC’** Lifesavers in northern NSW are on high alert when an influx of sharks close in on the shore. | **G** +SPTL-008+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-013+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-070+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-032+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU06-060+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-044+ |

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| 19:00 | **Home And Away ’CC’** Willow makes a shock decision. Ziggy is compelled to support a bereft Justin. Tori begins struggling with single-motherhood. Mackenzie is starting to feel the absence of Colby. | **PG (A)**+HAAW32-137+ |

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| 19:30 | **My Kitchen Rules: The Rivals ’CC’** House Colin's high roller siblings Mark & Lauren have talked a big game but is it all just one big bluff? As the poker players' cards are revealed, Ben has a bombshell revelation of his own. | +MYKR11-009+ |

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| 21:00 | **Modern Family: New Kids On The Block ’CC’ NEW EPISODE**Haley is determined to follow the advice in her parenting books, but Phil and Claire think their old methods are better. | +MOFA11-001+ |

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| 21:30 | **Modern Family: Snapped ’CC’ NEW EPISODE**Claire needs to get everyone out of the house before they make her look bad in front of a reporter from an important women's business magazine. | +MOFA11-002+ |

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| 22:00 | **Ramsay's 24 Hours To Hell And Back: Catfish Cabin NEW EPISODE**Ramsay and his team try to revamp Catfish Cabin, a traditional Southern-style restaurant in Memphis, Tenn. | **M (L)**+GRHB02-004+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-009+ |

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| 23:30 | **Hooked On The Look (R) ’CC’** Bulked-up brothers Tony and Alvaro will stop at nothing to beat Arnold Schwarzenegger's massive measurements - including taking a highly risky muscle-building substance, meant for farm animals. | **MA (D,A)**+HOTL01-003+ |

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| 00:00 | **Movie: Crimes Of Passion: Voice From The Grave (R) ’CC’ (1996)** The spirit of a murdered young woman connects with a nurse to help solve the mystery of her death. Starring:APRIL GRACE,DARRYL THEIRSE,MICHAEL RILEY,KEVIN DOBSON,JOHN TERLESKY,TIM GRIMM,MICHAEL MANTELL,MEGAN WARD,KIM DICKENS,KELLI WILLIAMS,JOHN CAROLL LYNCH,ROBERT KNEPPER | **M (V)**+WILF-002+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-044+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-033+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-033+ |

 **Friday 14 February 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-033+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-020+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-033+ |

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| 12:00 | **TBA:**  | ++ |

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| 13:30 | **Surf Patrol (R) ’CC’** When a Japanese tourist in Surfers Paradise finds herself in trouble, a local man comes to her aid, but he too ends up needing help! | **G** +SPTL-009+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-014+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-071+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-033+ |

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| 17:00 | **The Chase Australia (R) ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-003+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-045+ |

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| 19:00 | **Better Homes And Gardens ’CC’** Joh catches up with Better Homes' new landscape designer at their central coast home away from home. Dr Harry meets with wildlife workers caring for sick and injured koalas. Karen makes ratatouille.  | **G** +BHAG26-002+ |

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| 20:30 | **Movie: Robin Hood (R) ’CC’ (2010)** In 12th century England, Robin and his band of marauders confront corruption in a local village and lead an uprising against the crown that will forever alter the balance of world power. Starring:CATE BLANCHETT,KEVIN DURAND,RUSSELL CROWE,OSCAR ISAAC,MATTHEW MACFADYEN,MAX VON SYDOW,LEA SEYDOUX,WILLIAM HURT,MARK STRONG | **M (V,S)**+NBCR10-006+ |

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| 23:30 | **TBA:**  | ++ |

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| 00:45 | **Movie: Alone With A Stranger (R) ’CC’ (1999)** A jealous man plans to destroy his twin brother, going after his money, power and even his gorgeous wife. Starring:ALEXANDRA LEE,SCOTTY COX,WILLIAM R. MOSES,NIA PEEPLES,MINDY COHN,ALEKSANDRA VUJCIC,BARBARA NIVEN,CHRISTOPHER KRIESA,DAVID SELBERG,ELLEN DUBIN,FREDERIK CAVALLY,LORI NEW,PRISCILLA BARNES,PETER LIAPIS | **M (V,L)**+WILF-053+ |

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| 02:30 | **Home Shopping** | ++ |

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| 04:00 | **The Great Outdoors (R) ’CC’** Caravan and camping holidays as you've never seen them before! | **G** +GO15-005+ |

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| 05:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-045+ |

 **Saturday 15 February 2020**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-045+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Matt Doran and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN20-007+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSA20-004+ |

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| 12:00 | **Seven's Horse Racing: Randwick - Apollo Stakes, Flemington - Lightning Stakes ’CC’ LIVE**Details TBC  | +SHRC20-002+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF20-013+ |

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| 17:30 | **Border Security - Australia's Front Line (R) ’CC’** A man claims he has just had a black magic curse lifted and an officer is surprised to find the evidence that proves it. A Pacific Island high chief has a big problem with some nuts. | **PG** +BORD-153+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-046+ |

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| 19:00 | **Movie: The Martian (R) ’CC’ (2015)** An astronaut becomes stranded on Mars after his team assume him dead, and must rely on his ingenuity to find a way to signal to Earth that he is alive. Starring:CHIWETEL EJIOFOR,KRISTEN WIIG,MATT DAMON,JESSICA CHASTAIN,JEFF DANIELS,MICHAEL PENA,SEAN BEAN,DONALD GLOVER | **PG (L,A)**+FOXF02-009+ |

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| 22:00 | **Movie: Pitch Perfect (R) ’CC’ (2012)** Beca, a freshman at Barden University, is coaxed into joining The Bellas, the all-girls acapella group. But before they take on their competition, The Bellas must revamp their repertoire. Starring:ADAM DEVINE,ALEXIS KNAPP,ESTER DEAN,REBEL WILSON,SKYLAR ASTIN,ANNA CAMP,ANNA KENDRICK,BEN PLATT,BRITTANY SNOW | **M (L,S)**+NBCF27-006+ |

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| 00:20 | **The Catch: The Dining Hall (R) ’CC’ DOUBLE EPISODE**Alice discovers some very hard truths about her brother Tommy and Val is forced to dig into her past in order to help with his case.  | **M (V)**+CATC02-003+ |

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| 01:20 | **The Catch: The Family Way (R) ’CC’** Alice and Ben get caught in each other's crosshairs when they must choose between loyalties. Meanwhile, Alice is forced to confront a past she hoped she'd left behind. | **M (S,V)**+CATC02-004+ |

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| 02:30 | **Home Shopping** | ++ |

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| 04:00 | **My Greek Odyssey (R) ’CC’** Peter continues his journey and makes his way to Kefalonia, the largest of the Ionian Islands.  | **PG** +MYGO01-010+ |

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| 05:00 | **House Of Wellness (R) ’CC’ ENCORE**Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-001+ |